

Tsi? Náhte? I·yékskwe ne?n Ukwehu·wé Tat Uskah Tewʌ?nyáwe.

[s.l.]: [s.n.], 1970/1979

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What the Oneidas used to Eat maybe a Hundred Years Ago

The main thing they used was corn. It was the biggest thing in our bread, called cornbread. And there was cornsoup and many other things they used to cook with and then our meats, fish, and mainly prairie chicken. There was animal meat and various kinds of birds with turkey being the most important. We shouldn't forget all the fruits they used to eat. I'll name a few of them: blackberry, raspberry, blueberry, and cranberry. That's enough for now that I'll name.

I should say a little bit about telling what the Oneidas used to eat when the white man first showed up on our continent. He would have starved if the Oneidas hadn't fed him. The Oneidas gathered up food with a big kettle of turkey and chicken and cornbread as well, whatever they like. There were all sorts of pies and they made their pastries with cranberries. As far as sweetening goes they cooked with maple syrup and maple sugar. These days each year in the fall they have what they call a thanksgiving. This isn't a new story and it doesn't mean it's just for the white man. They all pray, white people and Oneidas as well give thanks. It had begun and always continues each year that we give thanks. The news comes from Washington for the whole country to give thanks. Now that's what I've told about what they used to eat.