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ANNUAL REPORT

TO THE

STATE BOARD

OF

PUBLIC WELFARE



WINNEBAGO STATE

HOSPITAL

OCTOBER 25, 1961

Annual Report
of the
WINNEBAGO STATE HOSPITAL
to the
STATE BOARD OF PUBLIC WELFARE

October 25, 1961

PREFACE

Winnebago State Hospital is one of three State mental hospitals serving the population of Wisconsin. By Administrative Order we serve 32 counties in the northeastern portion of the state. In addition, we are designated as the institution for women committed as mentally ill following criminal charges.

Wisconsin hospitals are somewhat unique in that they transfer chronically ill patients to the various County hospitals for continued treatment. As such, this hospital is essentially an acute, intensive treatment hospital. The population is approximately 1080, the annual budget is 3.9 million dollars. 2006 patients were admitted and 1799 patients released last year.

The hospital was established in 1873. Two of the three patient buildings may be considered as modern. The old Main Building, housing approximately 50% of the patients, is 88 years old. The hospital is located on a 150-acre tract bordering the west bank of Lake Winnebago. Since 1954 our farm operation has been drastically curtailed. Presently there is in operation only an orchard and approximately 65 acres of truck crops.

Since World War II there has been a marked shift in hospital function. There has been ever-increasing appropriation, number of employees, and admissions and discharges.

During the past year our average daily population increased 36. In part this increase can be explained on the basis of:

1. Economic recession, which made release of patients somewhat more difficult;
2. Increased transfers from and decreased

transfers to county hospitals, in part related to decreasing county hospital vacancies; 3. Lack of adequate medical staff to promptly evaluate and treat admissions.

While primarily responsible for psychiatric treatment, the hospital is essentially a self-contained unit with adequate medical and surgical facilities for all conditions other than gynecological and obstetrical. Gynecological procedures are performed at our expense at the University Hospitals in Madison, and obstetrical procedures, likewise at our expense, at Mercy Hospital, Oshkosh.

Psychiatric treatment is quite diverse. It includes limited somatic treatments of insulin and electric shock, extensive use of the tranquilizers, and to an extremely limited degree psychotherapy. Of major importance are the various ancillary services such as occupational therapy, recreational therapy, music therapy, and industrial therapy. Social Service is quite active in case work therapy and discharge planning. Nursing Service, particularly the aide staff, are quite active in milieu and remotivation treatment of the patient.

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Personnel by Function on June 30, 1961

	<u>1961</u>	Change from <u>1960</u>		<u>1961</u>	Change from <u>1960</u>
Administration			Social Service	10	
Superintendent	1		Laboratory	3	
Business Office	5		X-Ray	3	
Clerical	26	+ 1	Physicians		
Tel. Operators	<u>5</u>		Full-time	* 10	+ 1
	37		Part-time	<u>8</u>	
Nursing Service				18	
Nurses			Engineering		
Full-time	63	- 3	Power Plant	12	+ 1
Part-time	9	+ 9	Craftsmen	<u>22</u>	- 2
Licensed Practical				34	
Nurses	4	+ 1	Food Service	59	- 1
Aides	<u>298</u>	+ 2	Housekeeping	38	+ 1
	374		Laundry	22	- 4
Activity Therapy			Canteen	3	
Therapists	11	- 1	Farm	3	
Aides	<u>9</u>	- 1	Pharmacy	1	
	20		Watchman	1	
Volunteer Coordinator	1	+ 1	Motor Vehicle Operator	1	
Psychology					
Psychologists	3	+ 1			
Dental					
Dentist	1				
Assistant	<u>1</u>				
	2				
Chaplains (Part-time)	3				
			Total	636	+ 6

There are 7 active medical consultants

** 7 L.T.E. Employees

* 6-30 was the last working day for 3 physicians

** Includes 4 medical students, 1 psychology student, and 1 dietetic student

There were $4\frac{1}{2}$ resignations, and $1\frac{1}{2}$ additions to the Medical Staff during the past year. $7\frac{1}{4}$ of the 16 full-time, and 3 part-time M.D. positions were vacant.

TREATMENT PROGRAM

Our treatment program can be divided into two major areas: Medical treatment, and psychiatric treatment.

Medical

One internist with a $\frac{1}{2}$ -time assistant and a $\frac{3}{4}$ general surgeon care for all the medical and surgical problems in the hospital.

Major surgical procedures	86
Minor surgical procedures	<u>275</u>
Total	361
Clinic Visits	2054
Medical and surgical consultations	587

In February, 1961, the County surgical program became active without outside assistance. 33 patients were transferred from the county hospitals specifically for surgical and medical care.

Psychiatric

The psychiatric staff, composed of 4 formally trained psychiatrists and 3½ general practitioners, were responsible for the admission, physical and mental evaluation, treatment and disposition of 2006 patients. Of these patients admitted, 26 received insulin shock treatment, a decrease of 47%; 192 electric shock treatments, an increase of 13%; and the vast majority received one or more of the so-called tranquilizers.

In a hospital of this type, much of the physician's duty is of necessity supervisory and administrative. As such, the intimate relationship of patient-to-doctor as is frequently expected by the patient and his family does not occur.

Dental Treatment

All dental care is given by one dentist and one aide assistant. There were a total of 9771 dental examinations and treatments. One of the major functions of the dental department is supervision of dental hygiene on the wards. ½-time dentist position is now available. When filled this dentist will spend much of his time on prophylaxis.

MEDICAL RECORDS LIBRARY

We are again without a medical records librarian, the librarian resigning after 15 months of service. Recruitment in this area is difficult but highly necessary for an effective Medical Records Librarian is one of our most effective tools for assaying therapeutic efficiency and increasing the effectiveness of the physicians. It is, of course, also necessary for our accreditation.

LABORATORY

Technicians:	3
Total Procedures	31,443

Essentially all necessary laboratory procedures are performed in our laboratory.

X-RAY

X-Ray Technicians	2
Electroencephalographic Technician:	1
X-Ray Examinations	12,257
Electrocardiograms	601
Electroencephalograms	269
Basal Metabolism Determinations	120

VOLUNTEERS

Volunteers contributed 13,000 hours of service during the year. This included conducting social affairs, arts and crafts, personal assistance to the patients such as writing letters, giving manicures, facials, etc. Volunteers designated as "staff aides" assisted in non-patient areas performing clerical duties and did some special tutoring assignments.

SOCIAL SERVICE

Social Workers: 10

Average number of major casework services provided per month, 210. 40 individuals per month are receiving casework outside the hospital.

During the year the Family Care Program was expanded to include 19 placements. 10 of the 19 placements were terminated during the year, three by conditional release, 6 by return to the hospital and 1 transfer to Green Bay Reformatory.

Consistent with Divisional policy and our own needs, Social Service is becoming more "inner-directed" in that the Social Service Department is becoming more active in intake procedures on patients, and planning with patients and families for discharge. More emphasis will be placed upon the use of District Consultants and outside social agencies to care for the patients' and their families' extramural needs.

NURSING SERVICE

Registered Nurses	72
Licensed Practical Nurses	14
Women Aides	142
Men Aides	156
Barber	1
Beauty Operators	3
Secretary	<u>1</u>
Total	389

The combining of the Nursing Program has increased communication and cooperation between in-service education, student nurses education, and nursing service. This has resulted in improvement in nursing care, as well as improved evaluation and control of nursing personnel. Still needed is a simpler assignment schedule and more effective placement and supervision of personnel. There appears to be some merit to the removal of non-nursing functions from the nursing department, such as mail-handling, custody of patients' clothing, and certain clerical duties.

217 student nurses completed a twelve-week psychiatric nursing affiliation.

PSYCHOLOGY

Psychologists: 1 (2 resigned in Sept. 1961)

1068 psychological tests were administered to 244 patients. In addition, the members of the Psychology Department delivered lectures to student nurses, student practical nurses, and employees in the in-service training program, and supervised the Alcoholics Anonymous program.

Three of the four psychology positions are now vacant. It appears that recruitment will be difficult due to active competition throughout the country for the limited number of psychologists available.

ACTIVITY THERAPY

The most important change in Activity Therapy is an attempt to reduce the size of patient groups to a more wieldy size. Presently there are 64 groups averaging 12 patients per group that are seen two-to-three times a week. It is thought that being seen in a relatively small group will result in a more therapeutic impact upon the individual patient.

PHARMACY

Pharmacists: 1

Total Purchases \$82,335.00 11.5% Increase

Psychochemicals purchased 52,618.35 31.1% Increase

Total pharmacy costs are 22.3¢ per day per patient. This increase in utilization of pharmaceuticals is in part explained by an 8.4% increase in admissions and a 3.67% increase in resident population. The amount of drugs furnished free by drug companies has decreased by about \$4000.00.

REGISTRAR'S OFFICE

The Registrar's office is functioning quite satisfactorily although under considerable pressure to keep current statistical reports, daily census, correspondence, admission, discharge and transfer paper work. Consideration is being given to expansion of the Registrar's Office to take over non-nursing functions now performed by the nursing department. This would entail transfer of positions as well as duties.

FARM AND GARDEN

Personnel: 3

In addition to the routine care of the grounds, the farm and garden operation produced 203.5 tons of fruits and vegetables. By means of an outside contract, some of the most hazardous tree limbs were removed. Farm and garden crew removed the trees necessary for the new building.

FIRE AND SAFETY

This committee was quite active in simplifying fire reporting, continuing education in the area of fire prevention and disaster.

60 fires were reported during the year. 3 of them were considered to be major, requiring assistance of the Oshkosh Fire Department. They were:

1. Barracks, electrical short
2. Hughes Hall, patient-set, clothing room
3. Main Building, patient-set, clothing room.

Cost:

City of Oshkosh Fire Department	\$1276.67
Damage by fire	<u>425.40</u>
Total	\$1703.07

There were no injuries to patients or employees as a result of fire. The increase of almost 300% in reported fires is felt not to be an absolute increase in fires but due to more complete reporting. 43 $\frac{1}{3}$ % of the fires occurred between 4:30 P. M. and 7:00 A. M. or on Saturdays and Sundays. This is of concern for many employees comprising the volunteer brigade are not on duty during these hours or days.

MAINTENANCE AND ENGINEERING

Building Maintenance

The maintenance of the Main Building has been kept to a minimum, doing only such as is necessary to keep it in a presentable condition.

Major activities included re-flooring the creamery, enclosing 3rd Floor Kempster porches, renovation of the Chapel, rebuilding the Kempster incinerator, removing the Medical Library and remodeling the old Library for X-ray, modification of the sewage system, and completion of approximately 4800 work requisitions.

The following activities were by means of outside contracts:

1. Installation of the new conductive floor in surgery
2. Razing of the old boiler and laundry rooms at the rear of the main building
3. Replacement of hydraulic elevator cylinder in Hughes Hall
4. Extensive repair to Well No. 3
5. Continuation of the repiping in Kempster Hall.

General

As yet control of water corrosion has not been complete. \$30,000 has been allotted by the Bureau of Engineering for filtration plant to remove oxygen and iron, which hopefully will resolve our problem.

PROGRAM CHANGES DURING THE YEAR

Clinical Director

The position of Clinical Director was filled after a delay of over 18 months. This has resulted in considerable improvement in operation and coordination of the clinical departments.

Social Service

There is a gradual evolution in Social Service philosophy toward more activity within the hospital and less extramural services. This for at least two reasons: 1. Rather severe shortage of physicians which requires additional assistance of the Social Service department; and 2. Development of the District Consultants to be responsible for extramural activities.

Infirmary Building

During the year plans were completed, contracts let, and construction begun on the 200-bed Infirmary Building. Construction began on August 15, 1961. Completion date is March 15, 1963. Included in this contract is razing a portion of the north wing of the old main building.

Children's Unit

This unit was officially authorized as of July 1, 1961. It is estimated that there will be 90 - 100 patients ranging in age from 5 to 18. The basic program will include:

1. Formal classroom education
2. Activity Therapies
3. Psychotherapy (both Individual and Group)
4. Psychological evaluation
5. In-service education.

Personnel Approved:

1 Psychiatrist	July 1961
1 Psychologist	July 1961
1 Teacher-Superintendent	July 1961
3 Teachers	July 1961
1 Recreational Therapist	July 1961
1 Stenographer	July 1961
1 Social Worker	July 1962
1 Occupational Therapist	July 1962

Recruitment is in progress to fill these positions. The Bureau of Personnel approved one teacher; however, subsequent teachers will be hired on the basis of published specifications which are being formulated by the Bureau of Personnel in conjunction with the State Department of Public Instruction.

Tentative plans have been drawn for structural and engineering projects to develop Wings B-2 and B-4 in Hughes Hall Basement, at an estimated cost of approximately \$23,000.

A request for these funds was presented to the Building Commission who approved the expenditure of funds necessary to develop final plans and agreed to consider allocation of additional funds in January 1962.

Approval was given for the following funds in the current 1961-1962 budget:

Supplies	\$1800
Miscellaneous Expense	\$540
Furniture, etc.	\$1000
Educational Equipment	\$1000

Preliminary development of program and estimating of materials, supplies and dollars required were made with the assistance of a representative from the State Department of Public Instruction.

Food Service

The general dining room in Kempster Hall was opened, allowing the closing of three serveries in that building. We now feed patients in eight separate areas. The five additional Food Service positions allowed in the present biennium helps considerably, although the need of patient assistance still remains. Upon the recommendation of the Infection Committee, all patients working with food preparation or serving receive standard screening for infectious diseases as required by Public Health for regular employees.

Housekeeping

Increased housekeeping services have been required in the Surgical suite and the Medical-Surgical wards as indicated by periodic bacterial counts. This of necessity has resulted in a reduction of housekeeping services in other patient areas.

Chaplains' Service

The Lutheran Welfare Society of Wisconsin has offered us the services of a full-time Lutheran chaplain, effective September 1962. At least initially, this chaplain's salary will be paid in its entirety by the Lutheran Welfare Society. Arrangements have been made to increase Catholic chaplaincy coverage to 75%. It is hoped that the Protestant chaplaincy can also be increased in the near future.

Physicians

Apparently as a result of the new salary plan there has been a change in the composition of physicians. The total number of physicians has not increased, but now the majority of our staff are formally trained psychiatrists.

PROBLEMS

Our problems as we see them remain essentially as were reported last year. Specifically:

Employee Shortage

This is particularly critical in the physician, psychology and clerical areas. We presently also have considerable need for a dietitian and a medical records librarian.

Follow-up Care

Our readmission rate is slightly less than 42.44%. While this is not an appreciable change from last year's readmission rate (43%), we have already begun to feel some impact of the District Consultants and the various community Mental Hygiene Clinics. We hope to develop a formal out-patient department in the coming year.

Children

During the year the number of individuals under age 18 has increased by 30%. It is expected that our Children's Unit will be formally in operation by the spring of 1962.

Alcoholism

This large segment of our admissions (23%) is still not being treated as effectively as we would like.

Accreditation

We are still working toward accreditation. The new building will help. Still needed is more medical staff.

Patient Help

A position of Industrial Therapist has been developed and an individual certified to this position. He will begin employment November 1, 1961. During the past year the therapeutic aspects of productive employment and effective utilization of patients as workers were explored. We believe our attitude towards patient work is now more realistic and will be of benefit both to the hospital and the individual patient.

WINNEBAGO STATE HOSPITAL

1960 - 1961

	<u>Rated Bed Capacity</u>	<u>Population June 30, 1961</u>
Main Building	319	528
North Cottage	46	46
Barracks	51	63
Kempster Hall	189	185
Hughes Hall	<u>196</u>	<u>197</u>
	801	1019

POPULATION MOVEMENT

The following summary does not include Home Visits

<u>Additions</u>		<u>Separations</u>	
First Admissions	1113	Releases	1301
Readmissions	784	Deaths	81
Transfers In	109	Transfers Out	264
	<u>2006</u>	Other	<u>153</u>
			1799

Increase in Admissions over last year	8.4%
Increase in Resident population	3.67%
Percentage of Readmissions, Less than	42.44%
County Hospital Surgical Transfers	33
Transfers from Wisconsin Home for Women	13
Section 957 commitments (Criminal)	22
Number of autopsies	37
Percentage of autopsies	45.6%

