EIGHT COURSES FOR OCTET: A FARM TO TABLE LISTENING AND TASTING MENU

by

Lucas Tuazon

A written project submitted in partial fulfillment of the requirements for the degree of

Doctor of Musical Arts
(Music Performance: Composition)

 $$\operatorname{at}$$ the UNIVERSITY OF WISCONSIN-MADISON \$2022\$

Date of Final Oral Examination: 4/25/2022

This written project is approved by the following members of the Final Oral Committee:

Laura Elise Schwendinger, Professor, Music Composition

Brian Hyer, Professor, Music Theory

Leslie Blasius, Professor, Music Theory

David Crook, Professor, Musicology

Table of Contents

Acknowledgements	ii
Abstract	iv
Historical Context	. 1
Notes on Menu and Program	. 18
Collaborative Process	.51
Ensemble Justification	. 53
Bibliography	. 54
Appendix A: Facsimile of Movement VI Sketch	. 57
Appendix B: Instrumentation Percussion Map, Setup, and Prefatory Notes	. 58
Score	
Title Page	62
open road	63
kale three ways	. 72
the hunt and the furrow	. 86
ode to a root vegetable	. 100
something cooling	. 109
warm and floral	. 118
game	. 130
decadence	. 143

Acknowledgements

The completion of this project was made possible by the important community I was surrounded by at the Mead-Witter School of Music, faculty and student alike.

First, I'd like to thank my teacher, Dr. Laura Schwendinger, who has always helped push me out of my comfort zone and to help me grow as a composer. Thank you for always offering me a fresh perspective on my music and giving me the courage to expand my musical language while still being able to write music that was thoroughly in the lexicon of my own voice.

I'd like to thank the other three members of my Doctoral Research Committee: Dr. Brian Hyer, my minor professor in Music Theory and a supervising professor of my teaching assistantship; Dr. Leslie Blasius, another supervising professor of my teaching assistantship; and Dr. David Crook. I've learned so very much from each of you and am extraordinarily grateful for the opportunities you've given me during my time here at UW-Madison. Through your collective guidance, I've become a far better educator and ambitious researcher.

Many thanks to Rosalyn Darling, the professional chef that I collaborated with to help me bring this menu to life. Our conversations about music and food, and your expertise about the culinary world unlocked many thought-provoking ideas that I was able to explore to make this project possible.

My family who has supported me throughout my educational journey, especially my mother and father. Without your love and support, I would not have had the courage to follow through.

Many friends and colleagues provided invaluable assistance. That assistance took the form of feedback on my music, proofreading and editing of the score, recording some of the music, and encouragement during a period where I had very little mental bandwidth left. Thank you very much to Dr. Mary Mixter, Brianna Ware, Dr. Anne McAninch, Joachim Austin, Matthew Honas, and Mengmeng Wang.

Finally, thank you to my loving partner and wife, Kyli Wagner, who has stuck with me in all things, including moving our lives together from Washington, D.C. to Madison, WI for me to be able to pursue my passions through this program. She helps foster my creativity with her love, support, and our mutual desire to find the absolute pinnacle of tasty foods everywhere we go. Without her, this project would not have been possible.

Abstract

The Doctoral Performance and Research submitted by Lucas Tuazon, under the direction of Laura Schwendinger at the University of Wisconsin-Madison, in the fulfillment of the requirements for the degree Doctor of Musical Arts consists of the following:

I. Written Project – Chamber Ensemble Score

"Eight Courses for Octet: A Farm to Table Listening and Tasting Menu"

This 100-page written project is a set of eight movements for chamber ensemble (octet) with a programmatic element of food added to the listening experience. The work is designed to have each movement be paired with a specific course in a tasting menu with the overall goal being both experiences, listening and eating, occurring simultaneously. By doing so, the sense of taste – the only sense that has largely been relegated to a less than prominent role in a concert experience – becomes elevated in the performance and therefore broadening the audience member's experience into something that is pansensory.

II. Written Project – Supplemental Paper to the Score

The paper submitted along with the score gives historical context to the connection between music and food. It also outlines the program in both the coursed tasting menu and each movement of the chamber work. The notes on the individual movements give explanations on the motivic material used and its development. Additionally, there are notes on the collaborative process and the ensemble that is utilized for this work.

III. Lecture-Recital, 4/11/2022, via Zoom

"Eight Courses for Octet: Approaching Writing for Music and Food"

A lecture recital that dives deeper into my compositional process and approach in pairing the musical and culinary elements of my dissertation. This lecture recital also included a theoretical analysis of two movements of the project. Additionally, it included a recorded performance of the two movements along with a score for the audience members to read while listening.

- ii. "kale three ways"
- iii. "the hunt and the furrow"

(Major Professor's Signature of Approval)

Laura Schwendinger

Historical Context

In this section, I discuss the historical and intimate relationship between music and food. I consider the relationship that developed between the two seemingly separate entities, how that connection evolved over centuries, and the impact that bond has had on our shared human history. Finally, I examine the utilitarian relationship between the two through the lens of several different cultures, and in what state that bond exists in today.

Early Food/Music Connections

As societies around the world became more sophisticated, so too has the food they eat matured and the manner in which it is prepared become more sophisticated. Indeed, it is fairly well known that at times of celebration and feasting throughout the medieval period the meals were often accompanied by a form of entertainment, including live music played by minstrels. These events were exciting affairs that were not only meant for celebrations but also for noble families to assert social rank and power over their guests. One way we know of that these performances happened during feasts is through the art of the time. Across mediums — woodcuts, tapestries, paintings — we see depictions of musicians playing as noblemen eat. Pictured on the title page of this paper is one such depiction — a facsimile of a woodcut from Spiegel der Menschen Behältniss compiled by Peter Drach. As you can see, there are musicians performing in front of the nobility while a servant brings out the food.

The Wedding of Wilhelm V of Bavaria to Renata of Lorraine

¹ Stephen Mennell, *All Manners of Food: Eating and Taste in England and France from the Middle Ages to the Present* (Oxford: Basil Blackwell Ltd, 1985), 57-58.

² Maggie Black, *The Medieval* Cookbook (London: The British Museum Press, 1992), 8-19.

As mentioned above, feasts typically coincided with times of celebration. It was common to have the guests entertained throughout the festivities and especially during the consumption of the feast. Indeed, the playing of music during dinner was part of a set of dinner expectations for well-to-do households. William Edward Mead writes, based on parallels from feasts he discovered in book of Esther, "The eighth [rule] is mirth of song and instruments of music.

Noblemen use not to make suppers without harp or symphony." Although there are several notable feasts throughout this time period, one in particular tends to stand out. The famous wedding between Wilhelm V and Renata of Lorraine was undoubtedly a spectacle, so much so that there exists not one but three firsthand accounts.⁴

Writers were often hired to document such important events.⁵ Among those there is one in particular that places a distinct emphasis on the food and entertainment during the main feast which was written by Massimo Troiano.

In Troiano's *Dialoge*, he recounts seemingly every detail of this important wedding from the weather to gory descriptions of each course that was served. These descriptions provide us with depictions of the sheer excess of these celebratory feasts. Beyond detailed descriptions of the food that was served, he also recounts the entertainment that punctuated each course, of which there were "at least ten."

³ William Edward Mead, *The English Medieval Feast* (Boston, MA: Houghton Mifflin Company, 1931), 137-139.

⁴ Astrid Pajur, "Spectacular Marriages: Early Modern Festival Books and the 1568 Wedding of Wilhelm V of Bavaria and Renata of Lorraine" (PhD diss., University of Edinburgh, 2012), 5.

⁵ Pajur, 5.

⁶ Horst Leuchtmann, ed. and trans., *Die Münchner Fürstenhochzeit von 1568, Massimo Troiano Dialoge, Italienisch/Deutsch*, Studien zur Landes- und Sozialgeschichte der Musik 4 (Munich: Katzbichler, 1980), 125–69.

The first course, a salad and wurst course, contains no less than 60 unique salad dishes served on either a platter or in a bowl. Each unique dish in this course was replicated between 15-40 times to ensure as many people got to try them.⁷ While the guests ate all these different varieties of salads and meats, they were entertained with a display of 3 large replicas of ships which depict the 10 ages of man. As they enjoyed both the visual sensations of the ships and the taste of their meals, they indulged in listening to several 7-voice motets written by Orlando di Lasso.⁸

Troiano proceeds to describe 9 other courses in equally vivid detail, and included detailed lists of the music and other entertainment. It is interesting to note that included in that list is a play written by Orlando di Lasso which possibly starred Wilhelm V himself, though there are some discrepancies in the accounts that exist on that fact. What is clear in his account is the magnitude of the events. It was purposely designed to achieve a form of sensory overload.

Central to that goal is the pairing of music with the meal.

Tafelmusik: Rise and Fall

Since it was considered common practice to have music performed during feasts, it is not surprising that that same idea became the catalyst for a type of merriment made in the homes of families of all stations in life. The term *Tafelmusik* — sometimes referred to as *Muzik zur Tafel* or *musique de table* and translated as 'Table Music' — soon became the term used to describe the whole affair of music being performed during feasts, though its use would not become fully

⁷ Leuchtmann, 125-129.

⁸ Pajur, 29-30.

⁹ Pajur, 30-31.

codified until the mid-16th century.¹⁰ It also became the term one would use to describe the collection of music brought and performed at one of these evenings.¹¹ The earliest known collections published of this 'Table Music' was in 1538 in Lyons by the printing company Jacques Moderne. Their collection titled *Le parangon des chansons* (1538) included a subtitle "zur Tafel," or "For the Table."¹²

One of the most famous anthologies of *Tafelmusik* was released in 1617 by a composer named Johann Hermann Schein. His *Banchetto Musicale* was written specifically for aristocratic circles, which helped the whole genre become solidified. Four years after *Banchetto Musicale* was released, two more collections with the same expectations 'to be performed during a meal' were released. These collections were titled *Musicalische Tafelfeudt* by Issac Posch (d. 1623) and *Taffel Consort* by Thomas Simpson (ca. 1582-1628). The act of making music and feasting as a small intimate group remained an important social event throughout the entirety of the 17th-century and well into the first half of the 18th-century — when the term *Tafelmusik* became the standard term.

As this social phenomenon continued and grew in popularity, I would assert that a defining moment in its history was in 1733 when Georg Philipp Telemann releases three collections titled *Musique de table*. Telemann, arguably one of the preeminent composers during the Baroque period, would have brought an entirely new life to these social gatherings. I contend

¹⁰ Hubert Unverricht, "Tafelmusik (i)," in *Grove Music Online*, accessed 15 December, 2018. http://www.oxfordmusiconline.com.ezproxy.library.wisc.edu/grovemusic/view/10.1093/gmo/9781561592630.001.0 001/omo-9781561592630-e-0000027362.

¹¹ Unverricht.

¹² John Morehen, Richard Rastall, and Emilie Murphy, "Table-book," in *Grove Music Online*, accessed 15 December, 2018. https://doi-org.ezproxy.library.wisc.edu/10.1093/gmo/9781561592630.article.27341.

¹³ Anna G. Piotrowska, "Dining and Drinking Scenes in European Operas, Operettas and Ballets," in *A Symphony of Flavors: Food and Music in Concert*, ed. By Edmundo Murray (Tyne: Cambridge Scholars Publishing, 2015), 83-89.

¹⁴ Unverrict.

that it is entirely possible that Telemann had conceived the different pieces in his collections as coinciding with typical foods served in a coursed meal. One could conclude — if they consider that each collection contains an overture, suite, quartet, concerto, trio sonata, solo sonata, and a "conclusion" — that the layout of Telemann's pieces parallels the typical order of a coursed meal (appetizer, salad, first dish, main course, dessert, etc.). However, an in-depth analysis of this possibility is outside the scope of this paper.

It is around the 1740s that the utilitarian function of *Tafelmusik* begins to morph in an irreversible way. Specific foods start to become the focus, most notably desserts, and Divertimentos and serenades begin to fulfill the same function as *Tafelmusik*. ¹⁶ This occurs for a couple of reasons. The first is that *Tafelmusik* was meant to be light and entertaining, and because of that, other genres that fit that requirement and push musical boundaries are a logical next step. ¹⁷ Another reason is a shift away from the entertainment value of the 'get-together.' In 1809, Carl Friedrich Zelter founds the first all-male vocal ensemble *Liedertafel*. There is evidence that in these early meetings, the meal was still present but the focus of the gathering was only on vocal repertoire. Zelter's ambition with his *Liedertafel* was to advance German song and poetry. Throughout the first half of the 19th-century, other *Liedertafels* sprang up all over Germany, including in Frankfurt, Leipzig, and Hamburg. ¹⁸

By the middle of the 19th-century, the utilitarian aspect becomes a shadow of its former self. Instead of gathering to make music and feast, it becomes popular to enjoy light music in

¹⁵ Georg Philipp Telemann, Musikalische Werke, vol. 12-14, Tafelmusik (Kassel: Barenreiter, 1962).

¹⁶ Unverricht.

¹⁷ Unverricht.

¹⁸ Ewan West, "Liedertafel," in *Grove Music Online*, accessed 15 December, 2018. http://www.oxfordmusiconline.com.ezproxy.library.wisc.edu/grovemusic/view/10.1093/gmo/9781561592630.001.0 001/omo-9781561592630-e-0000016620?rskey=LE8K92&result=1.

cafes, which bears a close resemblance to today's cafes and other public spaces. A Polish writer, Leonard Zenon Fisz, writes in his *Listy z podróży* ("Letters from the Trip") that he encountered a lovely and relaxing atmosphere in many Viennese cafes. ¹⁹ It's not a stretch to think that the sound of music spilling out onto the street is monetarily motivated in order to get customers into the restaurant. Another way *Tafelmusik* became somewhat morphed and specialized was through a strong tradition of drinking songs that sprang up specifically in Germany and Sweden. These *Trinklied* were sung in pubs and homes and maintains that communal music making tradition. ²⁰

One more reason, and quite possibly the most important, that the utilitarian function of *Tafelmusik* became looked down upon was due to a shift in the perception of what music was supposed to represent and achieve. The term *Musikwissenschaft* began to appear around 1827 and implies a scientific attitude towards music.²¹ The name implies that music should be a serious artform, a concept which directly opposes the purpose of *Tafelmusik*. The more prevalent this attitude became, the more extramusical ideas fell out of favor. In fact, at a certain point it became distasteful to have anything extramusical at all. This culminated in what is known as absolute music. Carl Dahlhaus remarks in his essay *The Idea of Absolute Music*, "In fact, it would hardly be an exaggeration to claim that the concept of absolute music was the leading idea of the classical and romantic era in music esthetics."²²

¹⁹ Leonard Zenon Fisz, *Listy z podróży*, vol.1 (Wilno: Józef Zawadzki, 1859), 440.

²⁰ Hans Ritte, *Das Tinklied in Deutschland und Schweden* (München: Wilhelm Fink Verlag, 1973), 7-11.

²¹ Vincent Duckles and Jann Pasler, "I. The Nature of Musicology," in *Grove Music Online*, accessed 15 December, 2018.

 $http://www.oxfordmusiconline.com.ezproxy.library.wisc.edu/grovemusic/view/10.1093/gmo/9781561592630.001.0\\ 001/omo-9781561592630-e-0000046710.$

²² Carl Dahlhaus, *The Idea of Absolute Music*, trans. Roger Lustig (Chicago: The University of Chicago Press, 1989), 3.

It is clear that this is when the two forms of art — music and food — move away from one another. Beyond the notion of absolute music, it must also be stated that at this time when music becomes a high art form that the act of cooking is considered commonplace activity. Not only is it commonplace, and therefore banal, but historically it was a woman's position to cook and it was the man's job to be served the food. Stephen Mennell remarks on the history whereby men who cook become chefs and women who cook do so for domestic purposes. Moreover, I would argue that the imbalanced relationship toes the line with the sexist notion that men were the ones who were more readily able to create true art. Thus, it would be absurd to mix a high art form like music with something trivial like eating. To combine the two is antithetical to those early Romantic ideals and was looked down upon with great disdain.

Tafelmusik: After the Fall

Throughout the latter half of the 19th century the utilitarian function between food and music is completely phased out and early in the 20th century the term *Tafelmusik*, unsurprisingly, becomes synonymous with an old style of music. This is evidenced by a couple different composers. Erik Satie wrote three sets of music in which he satirizes the genre titled *Musique d'ameublement* (1917, 1920, 1923) which loosely translates to "Furniture music" or "Music for Furniture." Besides blatantly poking fun at the name of *Tafelmusik*, the real joke was in the construction of the music. Each set was composed of very short musical segments that could repeat an indefinite number of times. In doing so, it compared *Tafelmusik* to that of background

²³ Stephen Mennell, *All Manners of Food: Eating and Taste in England and France from the Middle Ages to the Present*, 200-204.

noise — or background music — which most people tune out. It becomes a statement on our search for music that serves a "useful" need.²⁴

Paul Hindemith, in his suite *Plöner Musiktag* (1932), has a movement which is titled *Tafelmusik* in which there contains a march, intermezzo, trio, and a waltz. The instrumentation for each sub-movement changes reflecting the old tradition of a collection of different musicians taking turns making music together. Additionally, he has written in genres that are typically a little lighter and upbeat. In doing so, he creates that "old style" that this music represents.²⁵

Lawrence Ferrara, in discussing the theorists responsible for absolute music (Edward Hanslick²⁶ and Edmund Gurney²⁷) and referential meaning in music sums up nicely why the utilitarian aspect — in addition to all extramusical ideas — were phased out. He states that the emotional responses that music elicits "cannot be systematically and objectively analyzed... In their view, referential meaning in the form of emotion in music resides within the domain of the subjective; any exploration into such a dimension of *musical meaning* is fruitless and irrelevant."²⁸ Italics added for emphasis)

The developments and influences of *Tafelmusik*— a massive topic of research in its own right — offers only a small sample of the connections between food and music. There are a

²⁴ Hervé Vanel, *Triple Entendre: Furniture Music, Muzak, Muzak-Plus* (Urbana, IL: University of Illinois Press, 2013), 32.

²⁵ Paul Hindemith, *Sämtliche Werke*, vol. 8.1, *Sing- und Spielmusik*, ed. Gerd Sannermüller (Mainz: Schott Musik International, 2000).

²⁶ Edward Hanslick, *The Beautiful in Music*, 1891, trans. By Gustave Cohen, edited and with an "Introduction" by Morris Weitz, Eighth Edition (New York: The Liberal Arts Press, 1957).

²⁷ Edmund Gurney, *The Power of Sound*, 1893 (New York: Basic Books, Inc., 1966).

²⁸ Lawrence Ferrara, *Philosophy and the Analysis of Music: Bridges to Musical Sound, Form, and Reference* (New York: Greenwood Press, 1991), 3-4.

multitude of other food/music connections outside the European realm. In the following section, I will highlight a couple of very important cultural connections in several different countries.

Food and Music Outside of Europe

There is one connection that tends to be consistent in many cultures: the seemingly inseparable act of singing during the preparation of a meal. Edmundo Murray, in his introductory essay of *A Symphony of Flavors*, posits that this is due to the act of singing during repetitive actions like sowing seeds, harvesting crops in the field, and grinding those grains to make flower.²⁹ Indeed, I would agree that all of those actions can be seen as part of the lengthy act of meal preparation. This connection is present in almost all of the cultures discussed hereafter.

In Latin American countries, there are several very strong connections between food and music. In his other essay found in *A Symphony of Flavors*, Edmundo Murray explores the cultural values that are represented in Latin American countries by examining over 200 songs that all have food as a subject matter. Murray closely examines the lyrics of each song to which reveals certain "attitudes and behaviors in different social groups." Ultimately, he examines the relationship in two ways: 1) music in food and 2) food in music.

With music permeating the food world, he sees four strong connections throughout Latin America. First, the music is sung (elaborated above). Second, food is sold on the streets. Street food vendors will sing, improvising lyrics in order to sell their wares. It is a means of calling attention to themselves and entice people to purchase from their stand. Third, the dining

²⁹ Edmundo Murray, "Introduction: Singing While Sowing," in *A Symphony of Flavors: Food and Music in Concert*, ed. Edmundo Murray (Newcastle upon Tyne: Cambridge Scholars Publishing, 2015), 1-16.

³⁰ Edmundo Murray, "'Sabrosura': Pleasure, Humor and Tradition in Latin American Food Songs," in *A Symphony of Flavors: Food and Music in Concert*, edited by Edmundo Murray (Newcastle upon Tyne: Cambridge Scholars Publishing, 2015), 164.

locations themselves. In food courts and near food stands there is live music performed by either a single street performer or a band. It is a common trope in films and television, where we see protagonists visit local bars or restaurants and a live band is playing music that reflects the protagonist's mood. Thus, it is fairly easy to affirm this connection. The fourth and final connection Murray suggests is Salsa, which is both the genre of music and dance, and a food we commonly eat with tortilla chips.³¹

Looking at the connection in the opposite direction, food permeating the music world, there are real connections between the two, albeit some on the metaphorical side. Starting with a more concrete permeation — food becomes the subject of the music. One of the primary points of Murray's essay is to examine all the different ways food has been sung about. Some lyrics talk about the consumption of food while others tell the tales of its cultivation and preparation. Some even talk about the food itself or the woes of digesting it. However, there is a distinct parallel between food in music. When we are hungry we eat, and when we eat we are satiated.³² That same experience is something we find in music. When musical tension arises (hunger) we seek a resolution (eating), and when we finally reach the end of a work and the tension is fully resolved when we are presented with the final cadence or moment in the music, we feel that same satisfaction (satiation).

In his essay "Gastronomy, Music and Dance in the Cape Verdean Life Cycle," Manuel Brito-Semedo takes an anthropological approach to connecting food and music, using the island of Cape Verde off the western coast of Africa as his focus. Brito-Semedo states that the life on Cape Verde is experienced through the senses, specifically through taste and sound. Taking a

³¹ Murray, 188-192.

³² Murray, 193-196.

close look at how both the food and music have been influenced by both white and black cultures helps define the essence of Cape Verdeans. The planning of feasts and festivals to celebrate births, weddings, and deaths is an important tradition. The reasons for those traditions can be traced back to cultures that intermingled during the slave trade. Though born from an ugly period of human history, it created a unique culture unto itself. Brito-Semedo concludes his chapter saying, "The island people celebrate the joys and festivity of life, as well as the tears and sadness of death... What is characteristic of Cape Verdeans...result[s] from their mixed race."³³

Finally, Syria also displays strong cultural connections to food and music. In her essay titled "The Deliriously Tempting Complementary of Syrian Food and Music," Rihab Kassatly Bagnole describes a Syrian tradition called *sahret tarab wu inshirah* which loosely translates to "an evening of music and enchantment." The evening has many aspects to it which culminates into sensory overload and ecstasy. First, this style of meal is called *meza*. The *meza* consists of a variety of dishes of different food which are served both cold and warm. The recipes are part of the long cultural history of many Arab countries (*lebane, hummus, baba ghanouj, olives*, etc.) and their plating and placement on the table is meant to create as visually pleasing aesthetic as one can make. As Bagnole puts it, "A feast for the eyes..."

In addition to the food, a traditional alcoholic drink called *arak* is served alongside the meal. The preparation of the drink is as important as the drink itself. The correct glassware must first of all be used and the order in which you make the drink is to pour the *arak* in the glass first, then add water, and ice last (dropped in carefully so as not to spill!). It is fairly common for one

³³ Manuel Brito-Semedo, "Gastronomy, Music, and Dance in the Cape Verdean Life Cycle," in *A Symphony of Flavors*, ed. Edmundo Murray (Newcastle upon Tyne: Cambridge Scholars Publishing, 2015), 112-127.

³⁴ Rihab Kassatly Bagnole, "The Deliriously Tempting Complementarity of Syrian Food and Music," in *A Symphony of* Flavors, ed. Edmundo Murray (Newcastle upon Tyne: Cambridge Scholars Publishing, 2015), 21-25.

person to become the bartender for the evening.³⁵ Also accompanying the meal is the *argile*, a water pipe with flavorful tobacco to be smoked between bites. The smoke is cooled as it passes through the water and the unique bubbling sound that is created is thoroughly integrated into the sounds of the evening and through repeated association becomes an intoxicating stimulus unto itself.³⁶

Lastly, the music. The notion of *tarab* in Arab countries is one that developed alongside its history. Essentially, the goal of *tarab* is to enter a trance-like state when listening to the music — the genre is often called *tarab* as well — and in doing so, you are spiritually transcended. This is where the food and the music intersect. The transcending effect of the *tarab* combined with the intoxicating effects of the *arak* and *argile*, and multitude of dishes of the *meza*, provide stimulation to all five of our senses. Therefore, the *tarab* is achieved not solely through the music but in combination with the food as well.

Food/Music Connections in the 21st Century

In the 21st century, there is a noticeable slackening in the ideals from the previous generation of composers and theorists. New music today faces the same challenge as it did hundreds of years ago; how will the music of this century be defined in the history books? The music and the attitudes of the 20th century still very much have an influence on the music today, but there is a lot more that is accepted today than there was before. If today I chose to write a dodecaphonic piece, there is an audience that will be challenged by and appreciate that. If the next day, I decide to start writing something in the standard four-movement symphonic form,

³⁵ Bagnole, 25-27.

³⁶ Bagnole, 27-28.

there is an audience for that as well. The point is that polystylism is becoming a well excepted stance in the short 22 years since the turn of the century.

Finally, we will examine the state of the food and music relationship today. Despite the drastic measures composers and theorists took in the 19th century to completely walk away from extramusical ideals, that relationship between food and music is alive and well. In fact, Tina Frühauf, who is the Associate Executive Editor at Répertoire International de Littérature Musicale (RILM) and teaches at Columbia University, has noticed this increased trend in food and music which led to a new set of search criteria within RILM in order to accommodate that area of scholarship.³⁷ Additionally, Frühauf has written about this connection and the different ways it has manifested throughout American history.³⁸ Discussed next are some of the ways the food/music relationship exists.

Sciences

Between 2010 and 2012, there were a series of studies done in order to find out precisely how music impacts the human perception of food. Anne-Sylvie Crisinel and Charles Spence created and executed three experiments to figure that out. One of the major questions they wanted to answer was whether certain music influenced the 'how' we perceive flavors. In their experiment, published as "As Bitter as a Trombone: Synesthetic Correspondences in Nonsynesthetes Between Tastes/Flavors and Musical Notes" in the periodical *Attention*, *Perception*, & *Psychophysics*, they discovered that certain timbres did indeed have an effect on

³⁷ Tina Frühauf, *Dining with RILM* (New York: Répertoire International de Littérature Musicale, 2015), ix-xvi.

³⁸ Tina Frühauf, "Food and Music," in *Music in American Life: An Encyclopedia of the Songs, Styles, Stars, and Stories That Shaped Our Culture*, vol. 2, ed. Jacqueline Edmondson (Santa Barbara, CA: Greenwood, 2013), 457-461.

our perception of whether a food tastes more or less bitter/sweet. Low notes played on a trombone will make us think a food tastes more bitter, while music played on the high register of the piano increases our perception of things tasting sweet.³⁹ They further explored this idea in an experiment named "A Sweet Sound? Food Names Reveal Implicit Associations Between Taste and Pitch," which discovered that there is a "robust cross-modal association between certain sounds and basic tastes."

The application of these findings has sparked a new realm of scientific scholarship: how music can be leveraged to change our own eating behaviors. This is of great interest to restauranteurs and owners of other establishments where food is purchased and consumed. It can cause us to stay longer and eat more, yes, but it can also help facilitate that elusive "experience" some of us constantly seek. Crisinel and Spence attempted to explore that crossmodal association by attempting to isolate the correlation between pleasantness and a certain pitch. In their study, "The Impact of Pleasantness Ratings on Crossmodal Associations Between Food Samples and Musical Notes," they discovered a noticeable correlation between how pleasant participants found the pieces of chocolate they tasted when done so with a chosen tone than when the tone was absent. 42

³⁹ Anne-Sylvie Crisinel and Charles Spence, "As Bitter as a Trombone: Synesthetic Correspondences in Nonsynesthetes Between Tastes/Flavors and Musical Notes," *Attention, Perception, & Psychophysics, 72*, no.7 (October 2010): 1994-2002.

⁴⁰ Anne-Sylvie Crisinel and Charles Spence, "A Sweet Sound? Food Names Reveal Implicit Associations Between Taste and Pitch," *Perception*, 49, no.3 (2010): 417-425.

⁴¹ Nancy Maes, "Menus and Setting Influence Restaurant Music Choices," *Chicago Tribune*, April 2, 2014, https://www.chicagotribune.com/dining/ct-xpm-2014-04-02-ct-restaurants-playlists-20140403-20140403-story.html.

⁴² Anne-Sylvie Crisinel and Charles Spence, "The Impact of Pleasantness Rating on Crossmodal Associations Between Food Samples and Musical Notes," *Food Quality and Preference*, 24, no.1 (April, 2012): 136-140.

Vladislava Bajic continued this line of research, but did so with hopes to find a way to leverage these crossmodal relationships in order to affect the rate in which we eat and the overall perception of "health food." In her study "The Experience of Eating: The Effects of Music on Food-Taste, Food-Pleasantness, and the Rate of Mastication," using the same music written for the Crisinel and Spence experiments, found that these same perception shifts could indeed help the way we perceive the taste of very bland food.⁴³

Pairing of Food and Music in Recent Years

Just as it was done in the medieval period, the presence of music is fairly standard in restaurants. Typically, it is music played over a speaker system. However, there are certain attempts to pair food and music in different ways today. Take the cookbook *No Fret Cooking* by Marilynn Carter, for instance. Her husband is a composer and she got so used to listening to his music while she cooked that she recorded his music and paired specifics pieces to meals. So when you cook any given recipe out of the cookbook, there is a playlist that accompanies the preparation of the meal as well as the meal itself.⁴⁴

Other people have been attempting to create a tertiary programmatic element onto existing music. The head brewer of Bell's Brewery, Larry Bell, is a fan of classical music and one of his favorite pieces is Gustav Holst's orchestral suite *The Planets*, Op. 32 which contains seven movements, each titled after one of the planets in our solar system. So, Bell's Brewery released a series of seven beers over the course of a year which coincided with the seven movements of the orchestral suite. It was clear, having tasted them all while listening to the

⁴³ Vladislava Bajic, "The Experience of Eating: The Effects of Music on Food-Taste, Food-Pleasantness, and the Rate of Mastication," (PhD diss., University of Kent, Kent, 2018), 1-8.

⁴⁴ Marilynn Carter, *No Fret Cooking: Something for Everyone, A Blending of Simple, Healthy, Yummy Recipes. Community and Music* (West Conshohocken, PA: Infinity Publishing, 2012).

music, that Bell tried to capture the musical characteristic in the taste of each beer.⁴⁵ Despite the subjective nature of that goal, this is another area that food and music can be paired in the future.

Wesley Allan Johnson, on the other hand, decided that new music would be more appropriate to explore a food/music relationship. In his piece *Sedap Cycle*, piano four hands, he recreates the typical meal structure in Malaysian culture. There are usually 2 teas and 4 meals in a day, so Johnson structured his *Sedap Cycle* in 6 movements and each movement is named after a popular Malaysian dish. He wrote this as a reaction to his experience of the Malaysian culture but one of things he does not mention is whether or not this music is meant to be played during the consumption of each dish. 46

Conclusion

Determining just how closely, and in what ways, music and food have been historically related informs my approach when composing my own music. My goal became to write a new multi-movement work which will pair with a carefully curated tasting menu designed by a professional chef. The way I pushed the food/music genre further was to harken back to the days of those medieval feasts and have my project be a singular experience, where the food affects the way we perceive the music, and the music affects the way we perceive the food. Facilitating that type of experience will allow the listener/eater a portal into a new type of programmatic event, creating what John Dewey refers to as, "an experience."

⁴⁵ "Bell's Planet Series, Inspired by Music of Gustav Holst, Will Debut in August," Bell's News, June 6, 2014, https://www.bellsbeer.com/news/bell-s-planet-series-inspired-music-gustav-holst-will-debut-august.

⁴⁶ Wesley Allan Johnson, "Sedap Cycle: A Multi-Movement 'Composition Tour' of Malaysian Cuisine," *Malaysian Music Journal*, 6, vol.1 (Winter, 2017): 73-75.

Dewey states, "A piece of work is finished in a way that is satisfactory; a problem receives its solution; a game is played through; a situation... is so rounded out that its close is a consummation and not a cessation. Such an experience is a whole and carries with it its own individualizing quality and self-sufficiency. It is *an* experience." Therein lies what I believe to be the real purpose of connecting music with food. To be able to transcend in *tarab*-like fashion while satisfying that basic human feeling of hunger, to achieve that ever present tension and release in music coincided with the satiation one feels at the conclusion of the meal can create a feeling of satisfaction that allows us to have *an* experience.

⁴⁷ John Dewey, *Art as Experience* (New York: Capricorn Books, 1934), 35.

Notes on Menu and Program

Eight Courses for Octet is a chamber work written for an octet (more on the ensemble below) in eight movements with a programmatic element involving a corresponding tasting menu. Each movement is to coincide with a course of said tasting menu. Specific ingredients or the different preparations are reflected as musical ideas — melodies, textures, gestures, tempi, etc. The intention is to create a new type of performance art in which the music, played live by the octet, is "consumed" at the exact same time as each individual course. Thus, the multimovement work and the multi-coursed tasting menu coalesce to become a singular event. The music can be performed on its own without the food physically present, but the audience should be made aware of the specific courses that were developed alongside the music. However, a full performance of this work would include the full menu prepared for members of the audience, served to them at precise times marked in the score and coursed out as the music progresses from movement to movement.

A primary factor in attempting this type of performance art was my realization that in a concert setting, unlike the other four senses, the sense of taste has been largely relegated to a less than prominent role in the overall experience. We can see the musicians, hear the musicians, feel the sense of space of a concert hall, notice the smell of concert hall, feel the touch of the seats, or feel the vibrations of the music; but taste is not something that is inherently present. One could go out to a nice meal beforehand, but again that's not directly *part* of the concert experience itself. Of course, you could nibble on the program a bit, though I doubt that would do much to improve the overall experience. So, it became a point of focus to elevate the sense of taste and bring it more into a position of prominence. For clarification, my goal was never to find a combination of pitches, rhythms, and orchestration to represent a particular ingredient. The result

of such an effort would likely yield a lively, yet subjective, discourse, where one's opinion of how a carrot sounds musically would ultimately disagree with mine. Rather, my goal was to use programmatic elements — stories, personal or otherwise, replete with ideas that I thought musical to influence the use of musical gestures, timbres, and moods.

My approach to writing music specifically meant to coincide with food/culinary ideas was handled in two ways, both of which create elements of a program within the music. The first approach was to start with a musical idea stemming from an extramusical idea, which gave way to use specific ingredients. Commonly, what I've done is to try and capture a mood or story within the context of the music. It is not designed to be an exhaustive account but rather offers the listener a lens into the way I view the story or mood, as subjective or objective as that may be. The second approach was to consider an ingredient or ingredients on their own terms and have that help me generate musical ideas. This approach was a manifestation of conversations I had with Rosalyn Darling, the chef that helped me prepare and design the menu. In the several conversations I had with the chef, I realized that the way I described previous culinary experiences that affected me profoundly were often done using musical terminology. Often, I would find myself comparing a meal that I thoroughly enjoyed to a piece of music. It is possible that this thought was the inception of the entire idea of this project and dissertation! Therefore, using this approach, I prepared an ingredient at home in as many ways as possible to see how it transformed using several different processes and techniques. This gave me a better sense of the range of a particular ingredient or ingredients and how they can be utilized within the scope of the music.

Below is a complete list of the movements and courses in the menu that Chef Rosalyn Darling and I collaborated to create (see below for more notes on this collaboration) and following that is more information on the programmatic elements of each movement:

- **I. open road:** amuse-bouche local cured beef, soft cream cheese base, crunch fried cracker, and fat-washed liquor aperitif
- **II. kale three ways**: crisp, oven-baked kale, massaged kale salad, and kale balsamic granita
- III. the hunt and the furrow: seared venison over smoldering rosemary and sweetgrass, earthy demi-glace, puffed wild rice, garnished with microgreens
- **IV. ode to a root vegetable**: fried beet zoodle nest with roasted parsnip sphere, carrot everything spice
- **V. something cooling**: soft flatbread, preserved lemon Greek yogurt with cucumber foam, pickled fennel, za'atar spice, and sorrel leaves
- VI. warm and floral: corn bisque with squash blossoms and chickpea/bean croutons
- VII. game: sous vide duck, cherry Chinese five-spice chutney
- VIII. decadence: chocolate ganache with liqueur center, topped with Italian meringue

Movement I: open road

The first movement, *open road*, is based on my own personal journey driving across the country from my previous home in Washington, D.C. to my new one in Madison, WI to start my DMA program in Music Composition at University of Wisconsin-Madison. The course that accompanies this movement is an *amuse-bouche* dish of locally produced cheese and cured meat on a crunchy fried cracker served with a fat-washed liquor aperitif. Cheese and charcuterie boards are a common menu item, especially in Wisconsin. Therefore, I wanted the ingredients selected for this movement to showcase that classic Wisconsin fare — cheese and meat served on a cracker. The brevity of this movement reflects the size of the corresponding course: a

singular bite. The aperitif utilized alongside this course follows culinary tradition and is used as a tool to open one's sense of taste and to make one more receptive to flavors that will follow.⁴⁸

In the music, feeling of movement is one of

Ex

ge
the key characteristics of this opening, but also a

feeling of uncertainty. As mentioned above, I relied on

my own experiences driving across the country to get to

Madison, WI to start this program, an experience that was

rife with apprehension. Would I be successful in my

program? Would people react well to my music? To me

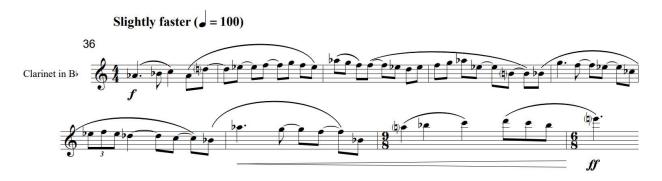
as a person? Thus, the pizzicato in the Viola and Cello in

a compound meter — which to my ear always has a

Example 1.1: *open road*, ms. 9-10: Question gesture in Flute and Clarinet, a truncation of main melody



feeling of forward momentum — begins the piece. Out of that arises a question in the Flute and Clarinet, with the Percussion striking the triangle as if it were the actual question mark punctuation to the question in Example 1.1. This question is a fragmentation of the main melody of this movement, which is seen in its full state for the first time in ms. 36-44 in the Clarinet (Example 1.2)



⁴⁸ Wendy Rose Gould, "Apertif and Digestif: The Bookends of Your Meal," Tales of the Cocktail Foundation, last modified November 10, 2017, https://talesofthecocktail.org/culture/aperitif-digestif-bookends-yours-meal/.

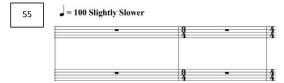
The melody is supported by an echo-like thematic idea, which is an extension of the repeated pizzicato figure at the very beginning of the movement. It develops into its own thematic self in m. 55, after the tune discussed above has been fully stated and a cadence in m. 52-53 has been reached (see Example 1.3). The *sforzandi* used on offbeats bear a strong connection to the syncopated nature of the melody itself see in Example 1.2.

Since the size of the course is miniscule, being only an amuse-bouche, this opening

movement is quite brief. This reflects what an amuse-bouche does in a culinary sense. This movement serves as an introduction to the composer's style the same way the amuse-bouche would serve as an introduction to the chef's style. Therefore, the melodic material and the secondary thematic material that supports the Example 1.3: open road, ms. 55-56: Echo-like

melody are minimally developed to leave the audience member room to want to hear — and taste — more.

thematic idea starting in Viola and Cello growing with the addition of the Violin, Euphonium, and Horn



Movement II: *kale three ways*

As the name of the movement suggests, *kale* three ways, the second movement is triptych for the ingredient kale and utilizes the second approach to writing described above. Kale is a hearty leafy green with a bitter taste. However, there was something about the growing patterns of kale that struck me; when the plant experiences the harsh cold temperatures of a frost,





its signature bitterness tends to fade away as the flavor changes into something sweeter. In fact,

kale is said to become much sweeter after the plant experiences that frost.⁴⁹ This is likely due to a survival mechanism the plant utilizes, converting starches into sugar to act as a type of anti-



Example 2.3: *kale three ways*, ms. 131-134: Section B builds and transitions to B' by transforming eighth note into sixteenth–dotted eighth gesture

freeze.⁵⁰ The course is designed in a way to showcase how kale can transform from its crisp and bitter form to something a little sweeter. The first bite of kale that the audience gets is oven-baked kale and topped with a blend of spices designed to bring out the bitterness slightly. The second bite uses oil to start breaking down the fibrous nature of the leafy green and it acts as an intermediate stage between the crisp texture of the first bite and the cooling sweet nature of the

⁴⁹ Benjamin Watson, *Taylor's Guide to Heirloom Vegetables* (New York: Houghton Mifflin Company, 1996), 199-201

⁵⁰ "The Nutrition Source – Kale," Harvard T.H. Chan School of Public Health, https://www.hsph.harvard.edu/nutritionsource/food-features/kale/.

third, which is a semi-frozen savory sorbet of kale and balsamic vinegar. This third bite is meant to evoke that sense of the frost and the overall affect it has on the taste of the plant. The hope is that listeners take their time working their way through each bite of kale prepared in different ways as they listen to the three distinct sections of the movement.

The form of this second movement is divided into three distinct sections, where each section is meant to be accompanied by a bite of the ingredient kale prepared in three very different ways. As mentioned above, the idea was to capture the way kale tastes at different stages of its growing process. Thus, this movement takes on an ABB' form with ms. 1-38 acting as an introduction to the movement.

The A section starts properly at m. 39 and spans all the way to m. 100. This first bite of kale leans into the crisp, crunchy, and bitter flavor of kale. That crunch in the course is achieved by baking the kale into crisp chips. Musically, that texture is reflected with timbres that decay quickly. A highly coordinated and lengthy string pizzicato is utilized heavily throughout the A section. Additionally, at m. 39, the percussionist is at the marimba striking the instrument with dead head to stifle the vibration of the bars as much as possible while still being able to hear the

Example 2.1: *kale three ways*, ms. 39-41: Dead head marimba technique used to stifle vibration and resonance

fundamental pitch they've played (Example 2.1).



Much like the movement that precedes this one, changing meters between simple and compound meters are used, which can also be observed in Example 2.1. In the case of this movement, I wanted them to not only evoke the sense of movement but also wild growth. This combination, with the addition of a syncopated articulated melody, first showing up in the Clarinet in m. 43 (Example 2.2), that gets passed around, imitated, elongated, and truncated encompasses much of the material of the A section. Overall, this section captures the texture of kale by utilizing timbre in the music to match.

The B section begins in m. 101 and spans all the way until m. 130. This B section follows this path of matching the texture of the music to that of the second bite of kale, which is raw kale, but

Example 2.2: *kale three ways*, ms. 43: Section A melody that gets developed

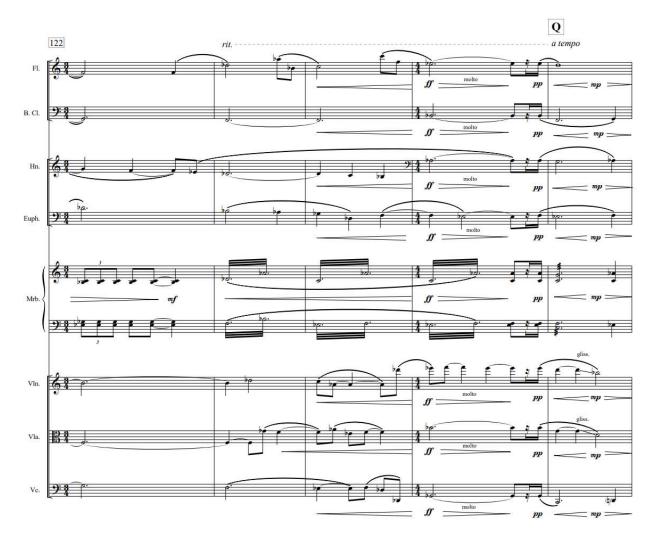


massaged with oil so the leafy green becomes far softer and much more palatable. It is then dressed and seasoned, a very simple presentation, but effective in its flavors.

The B sections also serves as a major contrast to the feeling of movement and decaying timbres starting with the low gutty sound of the strings. A glacially slow increase in rhythmic activity occurs throughout this section. At the beginning the duration of sonorities are lengthy, often spanning a full measure of 44 BPM or more, but as more instruments of the ensemble are folded into the texture, the rhythmic tempo increases from dotted half notes to quarter notes, and then eventually eighth notes. Eventually the rhythmic composite becomes entirely eighth notes

across the ensemble. This can be seen in Example 2.3. The composite eventually reaches consistent eighth notes across the full measure in m. 124, but it does not last for very long.

Example 2.3: *kale three ways*, ms. 122-126: Section B rhythmic composite reaches achieves consistent eighth notes.



Just as soon as the eighth note rhythmic composite is reached a change is made. The anacrusis to m. 126 transforms that eighth note quality once more to introduce a sixteenth note. This lays the groundwork for a transition into the B' section, which spans from m. 130 all the way to the end of the movement. In the same way the eighth note is passed around the ensemble,

the sixteenth–dotted eighth note figure follows. In both ascending and descending form, the rhythmic motive takes on a similar style of the eighth note from the B section, but with a new energy (Example 2.4).

Example 2.4: *kale three ways*, ms. 131-134: Section B builds and transitions to B' by transforming eighth note into sixteenth–dotted eighth gesture



Movement III: the hunt and the furrow

Movement three, *the hunt and the furrow*, is an example of the first compositional approach, relying on story elements that influence the program. I knew that I wanted to write

something that dealt with this notion of civilizations moving away from a hunting-centered, nomadic lifestyle to a more stationary way of living with the advent of agricultural practices. I began writing with the express desire to capture both of those stories: feelings of hunting and those of a more agrarian lifestyle. Evoking the notion of hunting in the music led to the use of venison as part of the dish. In fact, the word "venison" stems from the Latin word *Venari*, which means "to hunt," so it was an easy decision to use that ingredient. However, if the idea was to depict that social shift of moving towards agriculture-centered societies, I would need to pair that venison with ingredients that were the product of early agricultural practices. We chose a grain that was indigenous to North America, wild rice. ⁵¹ The final course is a cut of seared venison served on top of a bed of smoldering rosemary and sweetgrass, coated with earthy demi-glace, puffed wild rice, garnished with microgreens.

Movement III is built in a contrasting binary form. As mentioned above, the goal was to evoke that social shift between a hunting-centered society to one that relies more on agricultural practices and a stationary lifestyle. To do this, I established the A section as a version of a "hunting song" replete with heavily featured Horn. This eventually builds into a cacophonous moment in which other instruments are imitating the horn sounds. The hunting theme is then contrasted with a B section that deals with this notion of agriculture with a far more pastoral sound.

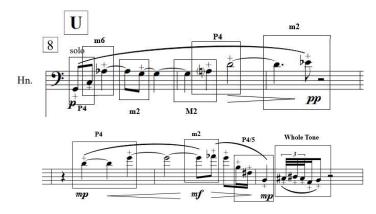
There were three distinct ways in which I generated musical material for the "hunt" A section. The first was to feature the Horn due to the historic relationship between that instrument and hunting. Not wanting to shy away from the connection between hunting songs and the horn,

⁵¹ "Alternative Field Crops Manual – Wild Rice," University of Wisconsin-Extension, last modified December 2, 1997, https://hort.purdue.edu/newcrop/afcm/wildrice.html#:~:text=History%3A,in%20the%20Great% 20Lakes%20region..

it should come as little surprise that the horn is featured heavily. In Example 3.1, you will see the opening phrase of the Horn solo. The intervallic DNA that

Comprises this phrase tells us much about how I built the harmonic language throughout the section. The intervallic makeup comprises entirely

Example 3.1: *the hunt and the furrow*, ms. 8-15: Opening horn phrase and its intervallic DNA

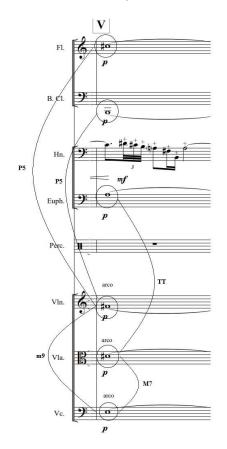


major and minor seconds, perfect fourths and one instance of its inversion, a perfect fifth, and minor sixths. Additionally, there is an embedded tritone between A on the second beat of m. 9

and the Eb that rises from the preceding D. Those intervals then ended up being orchestrated out throughout the ensemble during large harmonic moments (Example 3.2). As shown, the inversions of those intervals will often make their way into the harmony (ex. minor seconds inverted into a major seventh) due to the range of the instrument a given pitch was assigned, but by and large the primary focus of these harmonic moments was to maintain the overall tone that the Horn was utilizing in its solo.

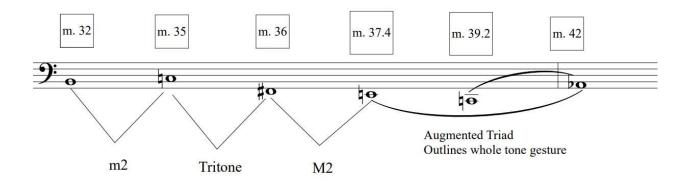
Hunting musical material was also generated through a type of progression that gets parsed out throughout this section. The term progression is used somewhat loosely, mainly because the figures shown are

Example 3.2: *the hunt and the furrow*, m. 19: Horn solo interval DNA translated into harmony



not moments where key areas are explored, but rather where the bass acts as anchor points that the harmony built above it is shifting with. In Example 3.3, a reduction of the bass movement is shown. These pitches in the measures provided can all be found in either the Bass Clarinet or the Cello. There will be some familiar intervals by which the bass moves, largely the intervals introduced in the opening horn solo.

Example 3.3: the hunt and the furrow, m. 32-42, reduced: Bass movement utilizes Horn intervallic DNA



This "progression" will return in the B section but in a much more linear fashion and will be discussed below. Finally, in order to generate a "hunting song" sound, I included quotes from a choral song by Felix Mendelssohn. In his

Example 3.4: the hunt and the furrow, m. 30-32: Quote from Mendelssohn's Op. 59, No. 6

Op. 59, No. 6 Jagdlied — a hunting song — there were some driving motivic ideas that lent themselves well to the feeling I was working to achieve. One such example can be seen below in Example 3.4, where you can see Mendelssohn's music in the first line, and below that you

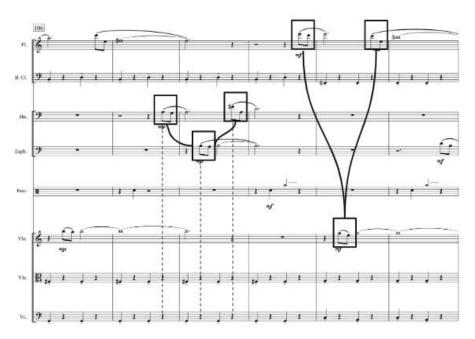
32: Quote from Mendelssohn's Op. 59, No. 6 *Jagdlied*

2 Bald Dun_kel



will see how I changed it to better fit with my own compositional voice in ms. 30-32. I have maintained the duet-like nature of the figure while altering the pitch content.

The B section of *the hunt and the furrow* begins properly at m. 104 with a lengthy transition from ms. 78-103. This transition gives the energy built up at the end of the A section space to slowly simmer back down before the B begins. Without it, the start of B was far too disjunct and abrupt. Therefore, I decided to use a more percussive timbre of slap tongue in the Bass Clarinet, to act as an extension of the cacophonous nature of the preceding music while also giving shape to the "columns of sound" motive that defines the character of B. In Example 3.5, you can see the homophonic pulsations that occur primarily in the Bass Clarinet, Viola, and Cello between the dotted lines. As annotated in the example, they look like the furrows, or trenches, in the fields of farmland that give the unique look of neat parallel lines that go on for acres. That was the precise imagery that was in my mind when I approached pastoral and agrarian music. Between those furrows is a tune that gets hocketed between instruments in the

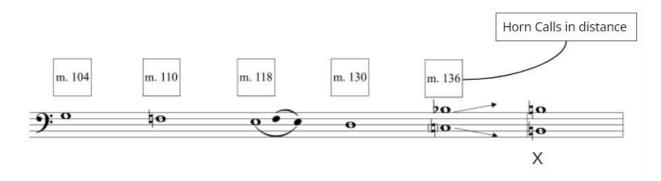


boxes and connected with lines.

Example 3.5: *the hunt and the furrow*, m. 106-111: Homophonic pulsations acting as columns of sound/furrow imagery

The "progression" from the A section makes a return in the B section. In the reduced music of Example 3.6, the progression intervals have been flattened out to create a much more linear shape. The same as the "progression" from the A section, all these pitches can be read directly from the Bass Clarinet and Cello line, and they have also been displaced by an octave to accommodate ledger lines. In the actual score, these pitches all occur one octave below where written in the example. The pitch 'B' acts as a tonal center for this whole movement. The

Example 3.6: *the hunt and the furrow*, m. 104-136, reduced: "Progression" from A section continues, all pitches are played by Bass Clarinet and Cello and shown an octave above where written



example shows how this progression is slowly working towards that goal. However, right after m. 136 an evaded cadence occurs with an interruption of the Horn calls returning fully stopped and sounding as if in the distance again. After this Horn call interruption, the progression begins once again on G and eventually makes it down to 'B' to settle back into the tonal center.

Movement IV: *ode to a root vegetable*

Uncertainty and indeterminacy were the central focuses of movement four, *ode to a root vegetable*, which considers vegetables that grow underground. I fell in love with the idea of growing something that we are largely unable to see. Once you pull it out of the ground, no matter what state of maturity it is in, that is the product you are left with. Pull it from the ground

too quickly and you risk something underdeveloped. Pull it too late and it might have been subject to rot. The entire course only utilizes vegetables that grow in this way — beets, parsnips, and carrots. To reflect that uncertainty when growing these vegetables, the music utilizes indeterminacy and often eschews typical notation (more below in Notes on Each Movement). Visually, this course is intended to look otherworldly and relies on a range of contrasting colors for the ingredients themselves. The use of some type of smoke/steam/fog in the course presentation enhances that otherworldly feeling of obscurity.

The pitch material of *ode to a root vegetable* is straightforward in the sense that it is entirely atonal, and dissonances are specifically utilized to create a constant sense of disorientation. An example is from ms. 3-4 in the Viola and Cello, the pitch content from their pizzicato figures is meant to conflict with one another. Note in Example 4.1 the B\(\beta\) in the Cello will sometimes conflict with the Bb in the Viola, as well as the B in the Cello against the C in the Viola. Despite the atonal nature, the key ideals of this movement are the use of "noise" and indeterminacy.

Example 4.1: ode to a root vegetable, m. 3. Viola and Cello: Free use of dissonance



The use of noise in this movement takes on a couple different forms. One of the more obvious was to utilize the instruments in ways that are atypical to the standard way of playing the instrument (extended techniques). For example, I ask the string players to tap the body of their instrument to gain a different types of percussive "wood" sound. I could simply ask the percussionist to create this on different pitched woodblocks, but that sound is fairly familiar. I wanted to utilize a timbre that was unexpected. Other extended techniques for other instruments

get used, such as the Jet Whistle in the flute at several moments and the use of Key Clicks in both the Flute and the Clarinet. However, one of my favorite ways in creating this noise was the use of "lip gliss-like" gestures in both the Bass Clarinet and the Euphonium.

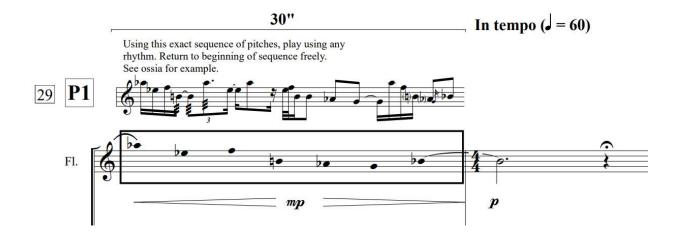
Since the movement is atonal and dissonances are freely used, pitch centers also become less important. The "lip gliss-like" gestures, which first show up in m. 8 in the Bass Clarinet and m. 10 in the Euphonium, play around with a blending of pitches and their fundamental sound being blurred due to the rapidity of the gesture. The player plays the gesture intermittently as fast as it is feasible for that player. Thus, the rate of speed of the gesture will be different between players, and a rhythmic composite becomes complex and unpredictable.

Through the layers of noise that ramp up towards a climax at ms. 23-25, indeterminate melodies peak out of the texture. Example 4.2 shows one such moment where the Flute uses a sequence of pitches, improvising any rhythm and articulation, to create a tune for thirty seconds. Although it would be easy to write out a melody that sounds improvisatory in nature, this indeterminacy was meant to coincide with the program of this movement. There is a level of obscurity between the naked human eye and the vegetable that is growing underground. You never truly know what it is going to look like until you pull it out of the ground, and when you finally do, what you see is entirely what you get. In that same spirit, certain players throughout this movement will be challenged to do precisely that same level of improvisatory playing. For the comfort of the player, an ossia is given as an example.

Also seen in Example 4.2 is the use of timed measures. For ease of the players and conductor, all moments that are "in tempo" are in 60 BPM, so the pulse throughout this movement is maintained throughout.

This movement is mostly through-composed with some timbres from the opening moments returning at the very end. The culmination of this movement in terms of mood evokes that feeling of obscurity. Essentially, this creates a sound environment where there are noises occurring, but you cannot see them at all due to your field of vision being mostly obscured. It is somewhat of a terrifying thought, but not one that isn't worth exploring musically.

Example 4.2: *ode to a root vegetable*, ms. 29-30, Flute player asked to play improvisatory tune for thirty seconds using a sequence of pitches, an ossia as example is given



Movement V: something cooling

The fifth movement, *something cooling*, as the name suggests, is another example of the second, ingredient-first compositional approach. Rather than consider a single ingredient, I focused on a range of ingredients that had a cooling effect on the palate. The course utilizes ingredients that have those cooling effects, but also employs elements of acidity and brightness to enhance that effect. Greek yogurt, already tangy, with preserved lemon and cucumber foam creates a type of spread to be paired with bread and served with other accourrement to further enhance those flavors. Thus, the myriad of ingredients pickled together — fennel (more acidity), zaatar spice (a blend of spices often found in Middle Eastern dishes with a big emphasis on the

spice sumac for more tanginess), and sorrel leaves (often described as having intense lemony tang).

Movement V, something cooling, and the one that follows it, warm and floral, were written early in the compositional process and were used as a case study in writing music that felt cool vs. warm. Although an entirely subjective endeavor, it was worthwhile in the sense that first compositional approach of thinking of a programmatic element first before writing or deciding on ingredients that would make up the course that would accompany it. In fact, the title of this movement was something I said directly to Chef Rosalyn, which was probably something to the effect of, "I want one of these movements to have something cooling about it that can be reflected in the food." And to do this, I began writing music that had a little bit of a jazz aesthetic in terms of the close harmonies used and syncopation used at homophonically loud moments (ex. ms. 22-28), but also to have melodies almost effortlessly and smoothly rising out of those tight harmonies.

This occurs at the very beginning of the movement. Example 5.1 shows the first five measures of the score and those close harmonies encompass most of them. However, in the fifth measure, the Flute is suddenly a few dynamics louder and begins a smooth triadic rise out of the texture. The range called for in the flute begins in the mellow low range and quickly rises out in the middle range. Later, the Euphonium becomes the center of attention at m. 37. Supported only by the Viola for a short while, the Cello eventually takes over the supporting role from the Viola and begins a duet with the Euphonium (Example 5.2).

Example 5.1: *something cooling*, ms. 1-5, Close texture harmonies where a melody eventually rises out, as seen in the flute in m. 5



Example 5.2: *something cooling*, ms. 37-48, Melody in the Euphonium makes its way into the foreground of the texture with support from Viola and duet with Cello



Despite the mostly mellow nature throughout the first half of this movement, there needed to be a contrasting section to achieve a balance. As such, the descending motivic figure from m. 1 (see Example 5.3) gets developed into what occurs in m. 81 in the Flute. This maintains that descending diatonic stepwise motion, but also gives the figure a rising feeling, like the way the melodies would rise out of the texture. This is precisely what occurs in the flute in the following measures. Diatonic figure maintains that syncopated feeling while quickly rising into the upper register of the instrument in m. 85. From that point forward, it becomes a race to the finish of this movement.

Example 5.3: *something cooling*, ms. 1-2, reduction (first staff) and m. 81 (second staff), Flute: Descending diatonic figure (upward stems) developed into syncopated Flute gesture in m. 81



The energy built up in this section was quick and intense. The movement felt like it was ending and there was not enough space or time to expend that energy gained while still feeling like a true end to the movement. To address this, the movement ends with an *attacca* so the energy spills over the measure line and into the next movement, where it has space and time to expend. This links these two movements together, bringing the audience along in the cool vs. warm case study.

Movement VI: warm and floral

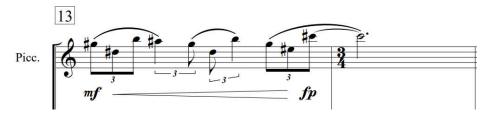
Movement six, warm and floral, is an outgrowth of the previous movement, once again using the ingredient-first approach. Where the previous course relies heavily on cool and tangy flavors, this movement counteracts it with warm flavors that are also quite floral. Therefore, a hearty soup course served warm. The movement emulates the richness in flavors, textures, and, most importantly, the use of spices (heat). Using spices that give off heat (for example, dried chilies and cayenne pepper) within the bisque as well as the croutons it is served with evoke warmth in another way. Additionally, created a contrast with the fermented aromas of the last movement with aromas that are fresh and floral. Utilizing squash blossoms achieved that end visually as well as olfactorily.

The continuation of energy spilling into this movement from the previous one manifests in a couple ways: the use of a constant beat from the Percussion starting in the first measure of this movement, the head fully muted to create a non-resonant and percussive sound, and *sforzandi* in the low registered instruments (Bass Clarinet and Cello) beginning in m. 5. Another connection to the fifth movement can be seen in Example 6.1.1 and 6.1.2. Example 6.1.1 is a rhythmic gesture utilized quite a bit at the end of fifth movement, a diatonic descending figure that sequences upwards derived from the opening material of that fifth moment. Below that in Example 6.1.2 is the gesture as it exists in the sixth movement, still maintaining the descending contour and syncopation, but utilizing leaps more regularly. Both figures are taken from the Flute/Piccolo line. The figure has a termination point on a weak part of the beat structure to further emphasize the syncopation.

Example 6.1.1: *something cooling*, ms. 85-86, Piccolo: Rhythmic gesture that gets developed in subsequent movement



Example 6.1.2: warm and floral, ms. 13-14, Piccolo: Result of rhythmic development from previous movement



The Percussion is featured much more prominently in this movement, often with short solo moments that act as the connector between contrasting moments in the music. In Example 6.2, the percussion is isolated after the arrival at the apex of an upwards sweeping gesture in ms. 29-30 by the Flute, Horn, Violin and Viola. Directly after that arrival, the Percussionist has a measure solo that connects to a contrasting moment of the movement, which will be discussed further below. The idea behind these small Percussion solos was influenced by drummers in jazz bands. Those "fills" that occur were moments where the drummer can show off their skills as an improvisor, bringing a type of flare to the music, but also a moment where they can deliver the ensemble to a new section of the song/piece they were playing.

Example 6.2: *warm and floral*, ms. 29-31, reduction: Percussion "fill" in m. 31 after ensemble reaches an apex



This movement contrasts its predecessor by eventually eschewing the close harmonies parsed throughout the entire ensemble. Example 6.3 shows this contrast, where two instruments engage in a duet made up entirely of major ninths, a far more open interval to the tight harmonies in the previous movement. Later, other duets of varying combinations of ensemble members join to create a pointillistic texture. That pointillism was one of the ways I conceived of heat spice in the music. Oftentimes, the heat starts slow and can ramps up to something uncomfortably hot. The pointillistic texture was meant to evoke that slow burn as the capsaicin in the chiles envelops the palate.

Example 6.3: warm and floral, ms. 37-42: Pointillistic texture referencing heat spice enveloping the palate



That same pointillistic texture described above translates quite well to the metallic instruments in the Percussion part. As can be seen in Example 6.4, the Percussionist takes over the angular pointillistic shape established at the beginning of this section, though it is worth noting they are again solo at ms. 62-66 rather than duetting with another member of the ensemble. The bright resonant quality of those metallic instruments — striking the bell of the suspended cymbal, the break drum, and sizzle cymbal — creates a type of harmony in its own right as the mid- and low-toms are also struck. This way, the many different instruments called for in the Percussion act somewhat melodically.

Example 6.4: warm and floral, ms. 62-66: Metallic percussive timbres utilized for their bright and resonant quality



The movement has a return to the beginning material starting in m. 120 with the Percussionist on the muffled tom and the *sforzandi* in the low-registered instruments, this time the Euphonium and Cello. Despite the change in rhythm, the eighth notes at m. 120 create a return to Tempo I, in a way, due to the tempo being about half what it was at the start of the movement (79 BPM). Similar upward sweeping gestures return as well as variations of the same rhythmic gesture discussed above in Example 1.

Movement VII: game

The penultimate seventh movement, *game*, was a blend of the two compositional approaches. Bird calls have long been part of the composer's vernacular. Although I don't use a specific species of bird's unique call, I wanted to write music that evoked sounds that were bird call-like. This led me to consider a dish utilizing some form of poultry. The decision to use duck was somewhat selfish on my part because duck happens to be one of my absolute favorite proteins. Having settled on duck, I went out into my neighborhood and began observing them as they paddled on lakes and canals throughout Madison, WI. I was particularly struck with the way a large group of ducks moved on the water together. Often, a pair of ducks would swim together for a short period of time, then another duck would intercept them. Not only would a direction change occur, but also a change in partnership. Usually, the pair would split, and a new pair would swim together for a short while. It was like an intricate puzzle of ever-changing combinations. These seemingly endless combinations inspired a blending of flavors as well, especially in the use of Chinese five-spice to season the duck. This blend brings incredible depth of flavor with the star anise, clove, and cinnamon.

Movement seven is the most obviously programmatic in terms of the narrative that was in mind as I was writing it. Much of the motivic material relies on bird-like behavior and since the

course that accompanies this movement utilizes duck, it made sense to work some of those programmatic elements into the music. The bariolage technique is used heavily at the beginning of the movement in the strings evokes the perpetual motion birds in flight have while flapping their wings. This establishes a slow, but constant, stream of energy being expended from a seemingly bottomless reserve until a major textural change occurs at m. 40.

A solo in the Flute emerges, eventually joined by the Bass Clarinet. This duet spans from ms. 40-64. Due to the physics of flying and navigating the air stream, or wind, to defy gravity, I decided to use the two woodwinds of the ensemble. The Clarinet player uses their auxiliary instrument, Bass Clarinet, during this time and the low register represents the ground passing below the bird, while the Flute represents the view from up high in the sky. Therefore, the contour and character of the Flute during this duet is meant to sound birdcall-like. From an aerial perspective of the bird as it flies at a single altitude, a hill or mountain may appear to rise and fall from the earth. The Bass Clarinet evokes those geological objects, both the peaks of those mountains/hills and the low valleys and fields. Example 7.1 shows one such moment during this duet.

Example 7.1 *game*, ms. 55-60: Excerpt from Flute/Bass Clarinet duet representing a bird in flight and the earth below



The ducks on the water often swim in pairs for a short while, preceding frequent changing combinations of swimmers. It was like a kaleidoscope of combinations, eventually too complicated to track the precise movement of every bird. To reflect this, I paired instruments

together for short periods of time. This supports the thematic idea of the duet between the Flute and Bass Clarinet. One of my primary goals, however, was to ensure that no combination of instrument was ever repeated during this time. This meant that the system could go on in twenty-eight iterations without a repetition. Appendix A below shows precisely how I mapped out those connections with the different instruments at the top, a general triad I wanted the chosen combinations of instruments to work with on the left, the instrument combination itself down the center, and the order in which it those combinations would enter based on the Arabic numeral by the bracket. Example 7.2 shows the beginning of this system from the score. The annotated circles are the entrances of the instrument combinations. The figures created for this moment are also meant to sound birdcall-like, though not specific to any particular genus.

Example 7.2 game, ms. 85-89: First four combination of instruments meant to be similar to the combinations of waterfowl on the water constantly changing



There is a distinct absence of a melody that gets developed. Even the duet material of the Flute and Bass Clarinet doesn't return or develop much at all. Moving away from melody in this movement was done purposefully and presented a challenge. In part, this was a way to challenge my own compositional skills because much of my music contains melodies and tunes. I also wanted the music to sound unpredictable in a way, as if the music was not guaranteed to stay grounded for any extended period, like the music could take off and move in an entirely different direction on a whim. The music is through-composed in that right. Even the bariolage that defined the opening of this movement doesn't return in its original form. Rather, in ms. 123-137, an augmentation of similar music occurs. The change only hints at the material from the beginning while also feeling like a new and natural extension of what came before.

Movement VIII: decadence

The final movement, *decadence*, is the dessert course. And no meal is complete without a dessert! The use of chocolate and meringue were decided early in the collaborative process because I wanted to evoke a richness in the texture of the music, which would complement the richness of the texture of the course. The liqueur center of this dessert calls back to the aperitif in movement one, creating bookends at the start and end of the experience.

Movement eight was thoroughly thought of through the first compositional approach. Something described as decadent is often also an indulgence. A little something special and extra. Thus, I wanted to write music that captured all the richness of a dessert course while also being somewhat indulgent for me, the composer. The motive shown in Example 8.1 is a figure I have played around with for years — probably since my undergraduate years! — but never

utilized in any composition of mine until now. It is simple and used in a repeated way that strikes a post-minimalist tone, and the progression that gets cast below it has its roots in music that is firmly in the pop realm. Additionally, the Percussion writing suggests something like a trap set, which stems from my own experience as a percussionist and drummer in grade school through my undergraduate stages of my education.

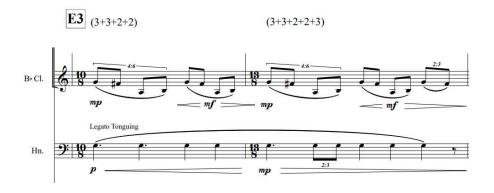
The shifting compound meters were one of the other things I loved about this motive. I rather enjoy the feeling of "in four" or "in five" that these meters are built in because it makes it feel like a standard common time meter, for example, is conducted in two different tempos. That push and pull between groupings of three eighth notes and two eighth notes eventually creates a groove that the ensemble falls into. The motivic rhythm gets repeated over and over like a mantra. The groove is meant to be so ingrained that when the music eventually shifts back into a simple meter for good at m. 53, the nature of returning to simple quarter notes as the beat feels somewhat jarring.

Ms. 53-70 begin a sudden shift in energy quickly dissolving that groove and replacing it with dramatic undulating figures building towards a grandiose finish to the piece. We reach an apex dynamic of triple forte. Out of that massive block of sound, the marimba emerges with a simple ostinato with the same exact pitches from the first measure of the first movement (originally pizzicato in the Viola and Cello). A calming understated postlude flows from and follows a musical moment that is all intensity and energy. For me, it is one solution to the compositional problem of where to expend musical energy that has built up. Depending on the amount of energy built up, some fraction of that time is needed to let the music fall gracefully down in an organic fashion. However, in this movement, the energy hangs out in the ether while the music shifts gears into something entirely different.

For the most part, this postlude follows that understated mood with one exception. Example 8.2 shows the Flute and Percussionist on Glockenspiel suddenly shimmer within this mellow texture. This gesture was conceived as a device to slowly allow the confines of the musical and culinary journey to slowly fade away until all that is left in the final measure of the piece is a chord that suggests something between a whole tone cluster and an E dominant seventh chord.

The final movement, *decadence*, was thoroughly thought of through the first compositional approach. Something described as decadent is often also an indulgence. A little something special and extra. Thus, I wanted to write music that captured all the richness of a dessert course while also being somewhat indulgent for me, the composer. The motive shown in Example 8.1 is a figure I have played around with for years — probably since my undergraduate years! — but never utilized in any composition of mine until now. It is simple and used in a repeated way that strikes a post-minimalist tone, and the progression that gets cast below it has its roots in music that is firmly in the pop realm. Additionally, the Percussion writing suggests something like a trap set, which stems from my own experience as a percussionist and drummer in grade school through my undergraduate stages of my education.

Example 8.1, decadence, ms. 13-14: Main motivic idea of eighth movement.



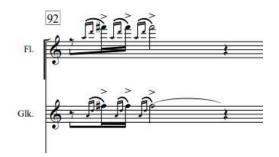
The shifting compound meters were one of the other things I loved about this motive. I rather enjoy the feeling of "in four" or "in five" that these meters are built in because it makes it feel like a standard common time meter, for example, is conducted in two different tempos. That push and pull between groupings of three eighth notes and two eighth notes eventually creates a groove that the ensemble falls into. The motivic rhythm gets repeated over and over like a mantra. The groove is meant to be so ingrained that when the music eventually shifts back into a simple meter for good at m. 53, the nature of returning to simple quarter notes as the beat feels somewhat jarring.

Ms. 53-70 begin a sudden shift in energy quickly dissolving that groove and replacing it with dramatic undulating figures building towards a grandiose finish to the piece. We reach an apex dynamic of triple forte. Out of that massive block of sound, the marimba emerges with a simple ostinato with the same exact pitches from the first measure of the first movement (originally pizzicato in the Viola and Cello). A calming understated postlude flows from and follows a musical moment that is all intensity and energy. For me, it is one solution to the compositional problem of where to expend musical energy that has built up. Depending on the amount of energy built up, some fraction of that time is needed to let the music fall gracefully down in an organic fashion. However, in this movement, the energy hangs out in the ether while the music shifts gears into something entirely different.

For the most part, this postlude follows that understated mood with one exception.

Example 8.2 shows the Flute and Percussionist on Glockenspiel suddenly shimmer within this mellow texture. This gesture was conceived as a device to slowly allow the confines of the musical and culinary journey to slowly fade away until all that is left in the final measure of the

piece is a chord that suggests something between a whole tone cluster and an E dominant seventh chord.



Example 8.2, *decadence*, m. 92: Shimmering gesture that rises out of texture, signals the dissolution of the performance façade

Collaborative Process

As a composer, manipulating musical elements has been at the forefront of everything I have done in my program. Outside the confines of the educational environment, I am an avid home cook. However, there were certain culinary blind spots that I had whether due to lack of education in the culinary arts, or not enough experience with certain styles or techniques.

Admitting this shortcoming of my own was what led me to seek out a partner to collaborate with to elevate the food aspect of this project.

The professional chef that I collaborated with to bring the menu of this project to life is Rosalyn Darling. She received a culinary degree from the International Culinary School at the Illinois Institute of Art Chicago, and has worked in test kitchens in Chicago, IL and Denver, CO, among others. Food education has played a central role in her career where she has had to come up with creative ways to think about ingredients based on availability and the audience that will be preparing and eating it, making her an excellent person to engage in a collaboration of this type.

Our collaboration, which occurred entirely over the phone since Rosalyn was in Denver, CO most of the time, occurred in three stages. The first stage was planning and setting expectations. There were certain expectations that I held in my mind when thinking of this as a total event that were not feasible from a pacing standpoint. For example, one of the reasons there are always several measures before the 'Service' mark is to accommodate the preparation and plating of those dishes. However, before we were even able to get to that point, I had to hear from the chef what is typically expected of a coursed prix fix menu. Suffice to say, before we decided on an ingredient or I had even written a note, the two of us had to be on the same page on how to move forward with this project. In fact, there were several chefs that I spoke with

around the same time who backed out of the being a part of this collaboration because their expectations did not align with my own.

The second stage is where the two of us were able to exist in a creative space. Often, I would have sketches or ideas written that I could play on the piano or make a recording of to see how that sound was striking Rosalyn's ear. We would debate if, or how, certain sounds or timbres could translate into textures or tastes, and to what extent we wanted to either go in a particular direction to support those connections or move away from them to subvert expectations. The culmination of our work during this stage of the collaboration totaled twelve possible courses to pursue, each one with a compositional sketch or mood associated with it.

The third stage, and the one that took the most work, was how we went about settling on what the course would be. At this point, there were some movements that I had already begun writing. In fact, at this point *kale three ways* and *something cooling* were largely complete. This was necessary due to the desire that the music be the driving force of this project — after all this project is done in part to receive a DMA in Music Composition! — and because in order to truly design the course from a chef's standpoint, Rosalyn needed to hear how the music was actually paced out. The knowledge of how prix fix menus are paced was invaluable. For example, I had originally planned for the third movement, *the hunt and the furrow*, to be the penultimate movement and *game* to precede it. The use of two game meats in a course caused some issues thematically in terms of the menu for Rosalyn. After debate the movements and courses were pieced together so they made sense thematically and narratively both musically and culinarily. And the menu, as it is listed above, and the music in the score below are the result of that collaboration.

Ensemble

The makeup of this piece's ensemble is a variation of the Pierrot ensemble that became popular from the titular work by Arnold Schoenberg, *Pierrot Lunaire*, Op. 21 (1912). The original ensemble consisted of Flute, Clarinet in A, Violin, Cello, Piano, and Soprano. Several variations of this ensemble have been used by just as many composers. The addition of Percussion and instrument doublings such as the Flute and Piccolo and the Clarinet and Bass Clarinet are just two ways the ensemble evolved over time.

In my octet, the Flute/Piccolo, Clarinet/Bass Clarinet, Percussion, Violin, and Cello are all widely accepted as part of the Pierrot ensemble. The Horn and Euphonium are a little bit of a departure from the norm, though. The decision to add these brass instruments was due in part that I was not going to include a singer. I wanted to include another set of instruments that have a lyrical quality to them but also due to their bore type. The Horn is a cylindrical bored instrument and the Euphonium a conical bored instrument, meaning the quality of their lowest and highest registers have a large difference timbrally. The Horn's lower register tends to be a looser quality of sound⁵² while the Euphoniums is broad and rich.⁵³ They also have a lovely blend in their high ranges is used frequently in the octet.

There is no real replacement for the piano in the original ensemble other than the fiveoctave marimba this piece calls for. The marimba is far quieter than a piano but the range and percussive nature that can be achieved through alternate playing styles and different mallets brings some of that quality to the fore.

⁵² Kent Kennan and Donald Grantham, *The Technique of Orchestration* (New Jersey: Prentice Hall, 2002.), 128.

⁵³ Kennan and Grantham, 350.

The only other instrument added that isn't standard to the Pierrot ensemble is the Viola. The addition of this was done to complete the trio of string instruments to get the full compliment. Additionally, the Viola brings in a gutty yet rich low-mid range timbre that can be incredibly effective.

Bibliography

- Bagnole, Rihab Kassatly. "The Deliriously Tempting Complementarity of Syrian Food and Music." In *A Symphony of Flavors: Food and Music in Concert*, edited by Edmundo Murray, 17–45. Newcastle upon Tyne: Cambridge Scholars Publishing, 2015.
- Bajic, Vladislava. "The Experience of Eating: The Effects of Music on Food-Taste, Food-Pleasantness, and the Rate of Mastication." PhD diss., University of Kent, Kent, United Kingdom, 2018. ProQuest Dissertations & Theses Global.
- Bell's Beer. "Bell's Planet Series, Inspired by Music of Gustav Holst, Will Debut in August." Bell's News. June 6, 2014. https://www.bellsbeer.com/news/bell-s-planet-series-inspired-music-gustav-holst-will-debut-august.
- Black, Maggie. The Medieval Cookbook. London: The British Museum Press, 1992.
- Brito-Semedo, Manuel. "Gastronomy, Music, and Dance in the Cape Verdean Life Cycle." In *A Symphony of Flavors*, ed. Edmundo Murray, 112-134. Newcastle upon Tyne: Cambridge Scholars Publishing, 2015.
- Carter, Marilynn. No Fret Cooking: Something for Everyone, A Blending of Simple, Healthy, Yummy Recipes, Community and Music. West Conshohocken, PA: Infinity Publishing, 2012.
- Compton, Joe F. "New Orleans Jazz & Heritage Festival: Music, Food and the Stories We Can Tell." *Dirty Linen*. (August 1991): 46-51.
- Crisinel, Anne-Sylvie and Charles Spence. "A Sweet Sound? Food Names Reveal Implicit Associations Between Taste and Pitch." In *Perception*, 49, no.3 (2010): 417-425.
- Crisinel, Anne-Sylvie and Charles Spence. "As Bitter as a Trombone: Synesthetic Correspondences in Nonsynesthetes Between Tastes/Flavors and Musical Notes." In *Attention, Perception, & Psychophysics*, 72, no. 7 (October 2010): 1994-2002.
- Crisinel, Anne-Sylvie and Charles Spence. "The Impact of Pleasantness Ratings on Crossmodal Associations Between Food Samples and Musical Notes." In *Food Quality and Preference*, 24, no.1 (April 2012): 136-140.
- Dahlhaus, Carl. *The Idea of Absolute Music*. Translated by Roger Lustig. Chicago: The University of Chicago Press, 1989.
- Dewey, John. Art as Experience. New York: Capricorn Books, 1934.
- Duckles, Vincent, and Jann Pasler. "I. The Nature of Musicology." In *Grove Music Online*. http://www.oxfordmusiconline.com.ezproxy.library.wisc.edu/grovemusic/view/10.1093/g mo/9781561592630.001.0001/omo-9781561592630-e-0000046710?rskey=osrsDj&result=1.
- Ferrara, Lawrence. *Philosophy and the Analysis of Music: Bridges to Musical Sound, Form, and Reference*. New York: Greenwood Press, 1991.

- Fisz, Leonard Zenon. *Listy z podróžy*. Vol. 1. Wilno: Józef Zawadzki, 1859.
- Frühauf, Tina. *Dining with RILM*. New York: Répertoire International de Littérature Musicale, 2015.
- Frühauf, Tina. "Food and Music." In *Music in American Life: An Encyclopedia of the Songs, Styles, Stars, and Stories That Shaped Our Culture*, vol. 2, 457-461. Edited by Jacqueline Edmondson. Santa Barbara, CA: Greenwood, 2013.
- Gurney. The Power of Sound. New York: Basic Books, Inc., 1966.
- Hanslick, Edward. *The Beautiful in Music*, trans. Gustave Cohen, ed. Morris Weirz. New York: The Liberal Arts Press, 1957.
- Harvard T.H. Chan School of Public Health. "The Nutrition Source, Food Features, Kale." Accessed March 18, 2022. https://www.chicagomanualofstyle.org/turabian/turabian-notes-and-bibliography-citation-quick-guide.html.
- Hindemith, Paul. *Sämtliche Werke*. Vol. 8.1, *Sing- und Spielmusik*, ed. Gerd Sannermüller. Mainz: Schott Musik International, 2000.
- Johnson, Wesley Allan. "Sedap Cycle: A Multi-Movement 'Composition Tour' of Malaysian Cuisine." In Malaysian Music Journal, 6, vol.1 (Winter, 2017): 73-97.
- Kennan, Kent, and Donald Grantham. *The Technique of Orchestration*. New Jersey, Prentice Hall, 2002.
- Horst Leuchtmann, ed. and trans., *Die Münchner Fürstenhochzeit von 1568, Massimo Troiano Dialoge, Italienisch/Deutsch*, Studien zur Landes- und Sozialgeschichte der Musik 4, 1980.
- Maes, Nancy. "Menus and Setting Influence Restaurant Music Choices." *Chicago Tribune*, April 2, 2014. https://www.chicagotribune.com/dining/ct-xpm-2014-04-02-ct-restaurants-playlists-20140403-20140403-story.html.
- Mead, William Edward. *The English Medieval Feast*. Boston, MA: Houghton Mifflin Company, 1931.
- Mennell, Stephen. *All Manners of Food: Eating and Taste in England and France from the Middle Ages to the Present.* New York: Basil Blackwell Ltd., 1985.
- Morehen, John, Richard Rastall, and Emilie Murphy. "Table-book." In *Grove Music Online*. http://www.oxfordmusiconline.com.ezproxy.library.wisc.edu/grovemusic/view/10.1093/g mo/9781561592630.001.0001/omo-9781561592630-e-0000027341?rskey=BSIEQ5&result=1.
- Murray, Edmundo. "Introduction: Singing While Sowing." In *A Symphony of Flavors: Food and Music in Concert*, edited by Edmundo Murray, 1–16. Newcastle upon Tyne: Cambridge Scholars Publishing, 2015.

- Murray, Edmundo. "'Sabrosura': Pleasure, Humor and Tradition in Latin American Food Songs." In *A Symphony of Flavors: Food and Music in Concert*, ed. Edmundo Murray, 164-218. Newcastle upon Tyne: Cambridge Scholars Publishing, 2015.
- Pajur, Astrid. "Spectacular Marriages: Early Modern Festival Books and the 1568 Wedding of Wilhelm V of Bavaria and Renata of Lorraine." PhD diss., University of Edinburgh, Edinburgh, 2012. Academia.edu
- Piotrowska, Anna G. "Dining and Drinking Scenes in European Operas, Operettas and Ballets." In *A Symphony of Flavors: Food and Music in Concert*, edited by Edmundo Murray, 79–111. Newcastle upon Tyne: Cambridge Scholars Publishing, 2015.
- Ritte, Hans. Das Trinklied in Deutschland und Schweden: Vergleichende Typologie der Motive, Bis 1800. München: Wilhelm Fink Verlag, 1973.
- Telemann, Georg Philipp. *Musikalische Werke*. vol. 12-14, *Tafelmusik*. Kassel: Bärenreiter, 1962.
- Unverricht, Hubert. "Tafelmusik(i)." in *Grove Music Online*. http://www.oxfordmusiconline.com.ezproxy.library.wisc.edu/grovemusic/view/10.1093/g mo/9781561592630.001.0001/omo-9781561592630-e-0000027362.
- University of Wisconsin-Extension, Cooperative Extension University of Minnesota: Center for Alternative Plant & Animal Products and the Minnesota Extension Service. "Wild Rice." Accessed March 18, 2022, https://hort.purdue.edu/newcrop/afcm/wildrice.html#:~:text=History%3A,in%20the%20 Great%20Lakes%20region..
- Watson, Benjamin. *Taylor's Guide to Heirloom Vegetables*. New York: Houghton Mifflin Company, 1997.
- West, Ewan. "Lidertafel." In *Grove Music Online*.

 http://www.oxfordmusiconline.com.ezproxy.library.wisc.edu/grovemusic/view/10.1093/g
 mo/9781561592630.001.0001/omo-9781561592630-e0000016620?rskey=vgY8xc&result=1.
- Vanel, Hervé, *Triple Entendre: Furniture Music, Muzak, Muzak-Plus*. Urbana, IL: University of Illinois Press, 2013.

Appendix A: Facsimile of Movement VI Sketch



Appendix B: Instrumentation, Percussion Map, Setup, and Prefatory Notes

Instrumentation

Flute, with aux. Piccolo

Clarinet in B-flat, with aux. Bass Clarinet

Horn in F

Euphonium

Percussion

- Marimba (5-octave)
- Glockenspiel
- Suspended Cymbal (x2)
- Sizzle Cymbal
- Hi Hat
- Tam-tam
- Snare Drum
- Medium Tom
- Low Tom
- Kick drum (set up with double bass extension, or x2)
- Break Drum
- Wind Chimes
- Slap Stick
- Sandpaper Blocks
- Woodblock
- Triangle

Violin

Viola

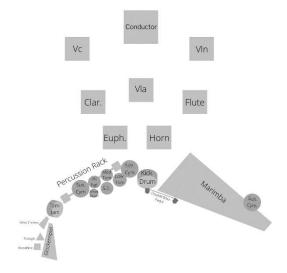
Cello

Percussion Map



Possible Setup

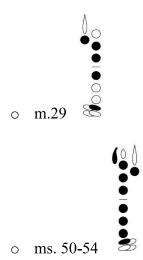
Below is a suggested setup for the ensemble, most notably the percussion. The needs may be different between performances spaces, so it is encouraged to move the players around as is needed.



Prefatory Notes

- The score is entirely a C-Score except for the Piccolo. All Piccolo parts are written one octave below where they sound to accommodate for ledger lines
- All metrical shifts between Simple and Compound meters are e = e unless otherwise notated
- "Service" markings in the score refer to approximately when the course of a given movement should be placed in front of the audience member
- Movement IV: Music enclosed in ______ designates moments of aleatory.

 Detailed instructions for the players are provided _______
- Movement IV: Diagonal slash through stems and beams (ex. gesture should be played as fast as is feasible for the player
- Movement IV: Two multiphonics in the Clarinet occur in this movement. Below are possible fingering charts to achieve them:



- Percussion: Due to the nature of some rapid instrument changes, it is recommended using something similar to Vic Firth Dual Tone Drumsticks with wooden drumstick beads on one end and a felt mallet on the other
- Movement VIII: All measures in can be conducted in a modified 4-pattern of (3+3+2+2) and all measures in (3+3+2+2+3)

Lucas Tuazon

Eight Courses for Octet:

a farm to table listening and tasting menu

2022

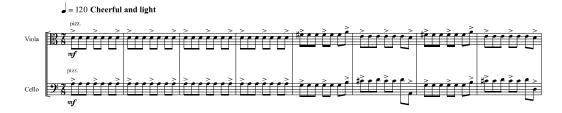
Score in C

Duration ca. 50 minutes

Eight Courses for Octet

Score in C Lucas Tuazon

I. open road

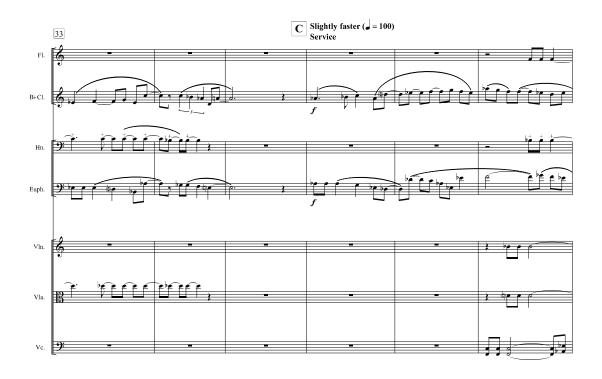






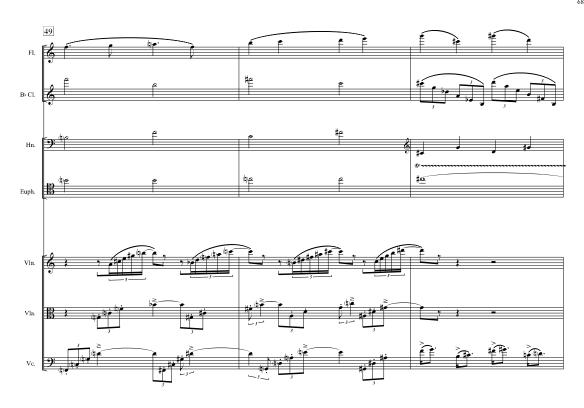




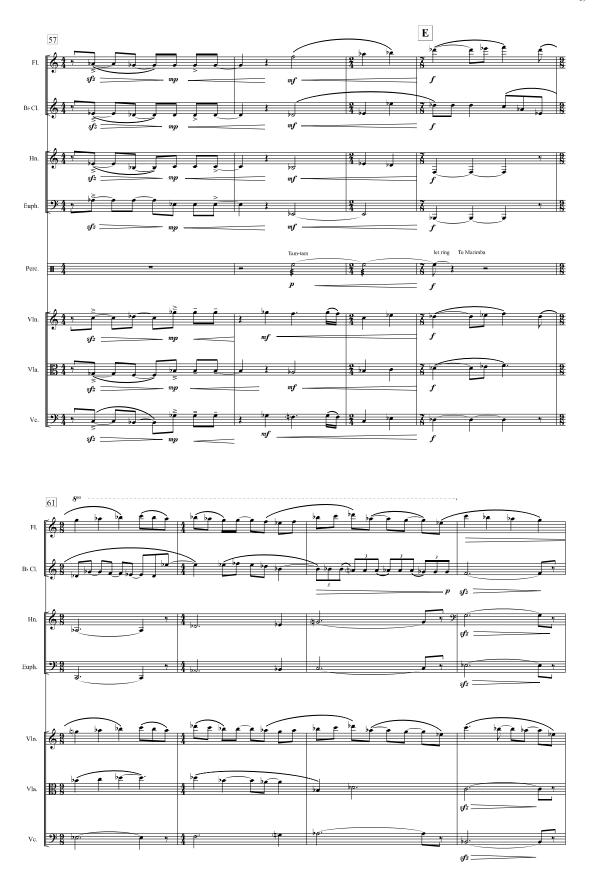












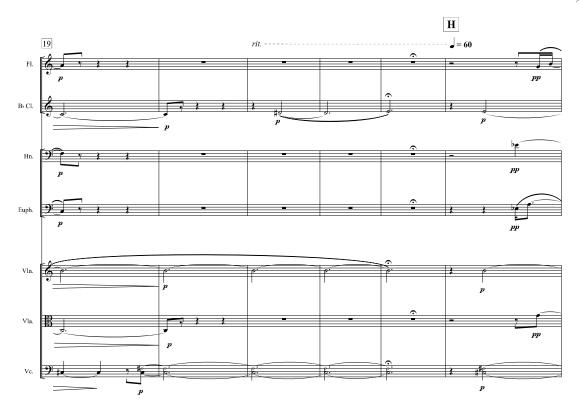




II. kale three ways



























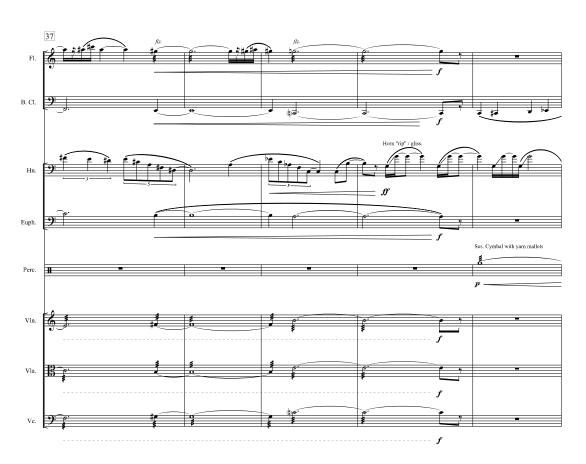
















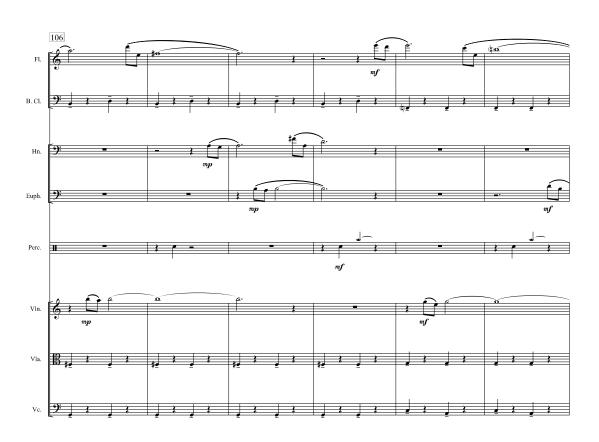


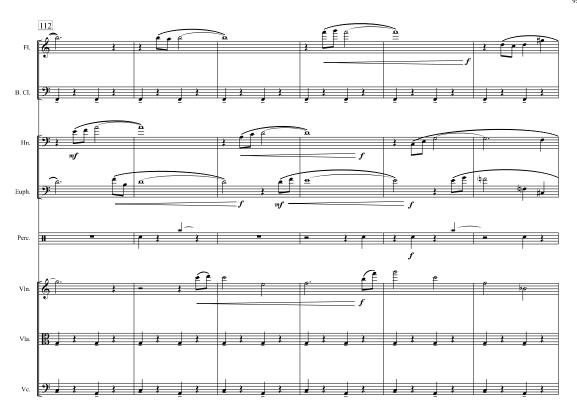






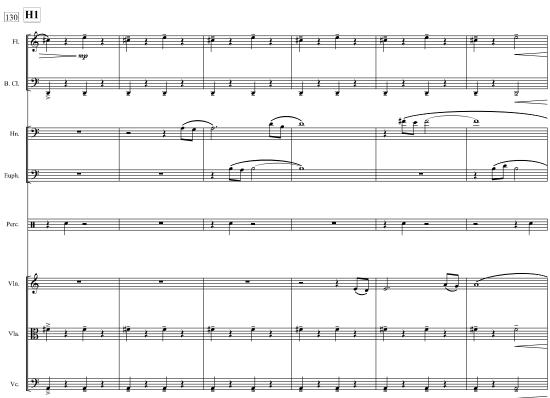








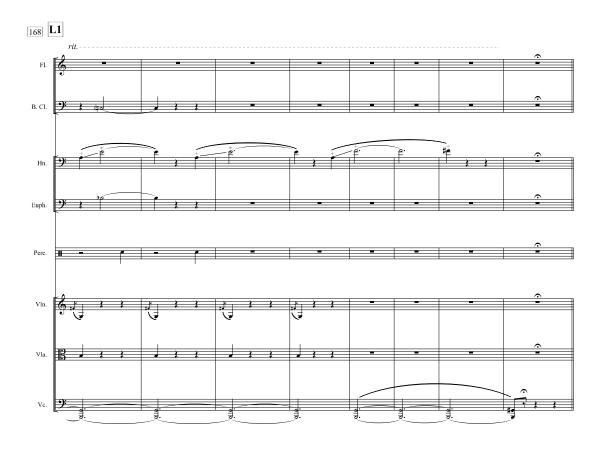


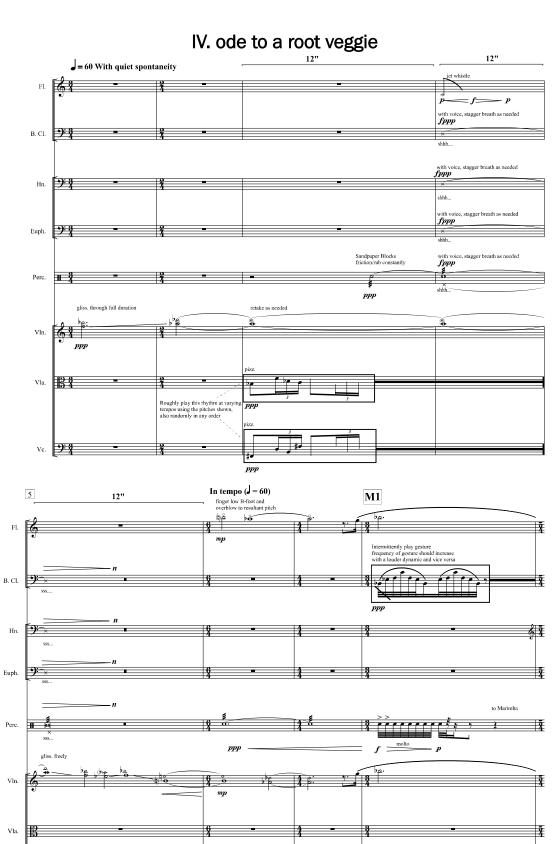




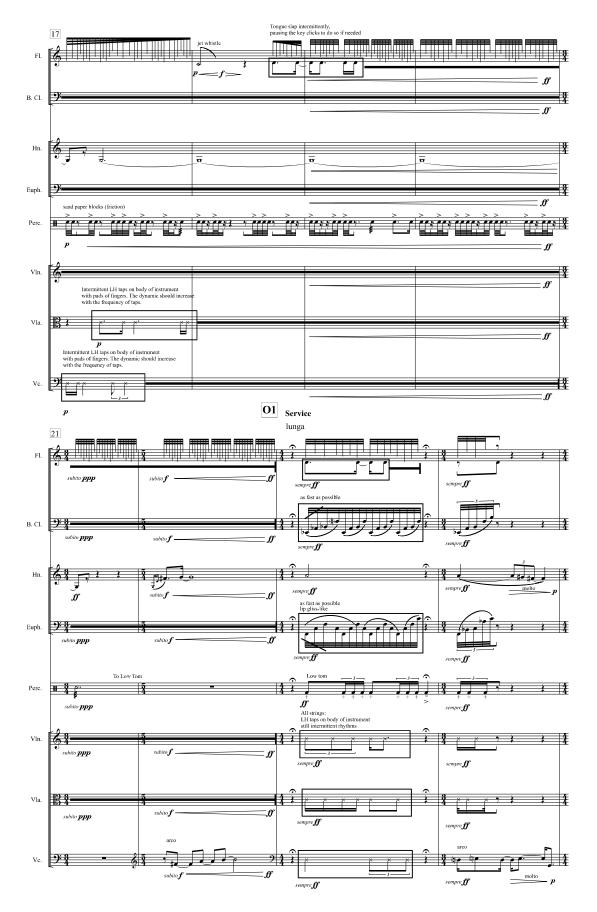


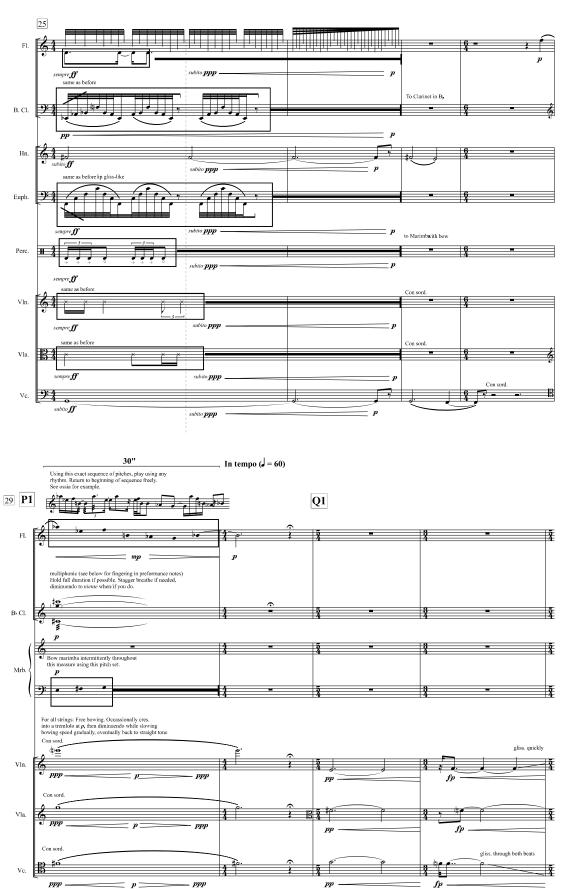












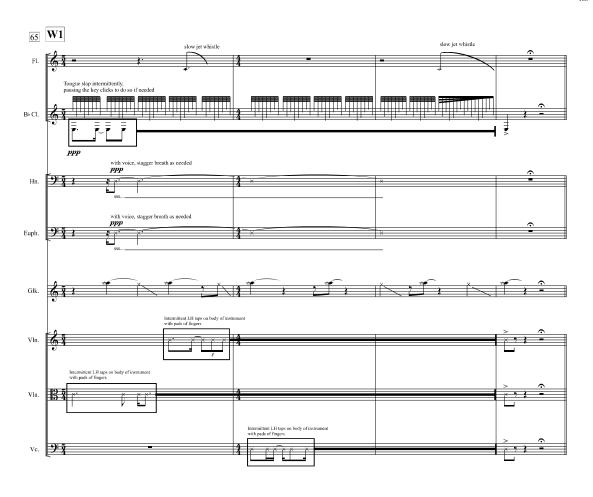


 $mp \longrightarrow p$







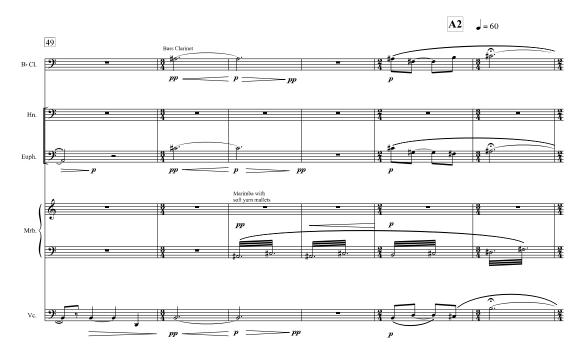














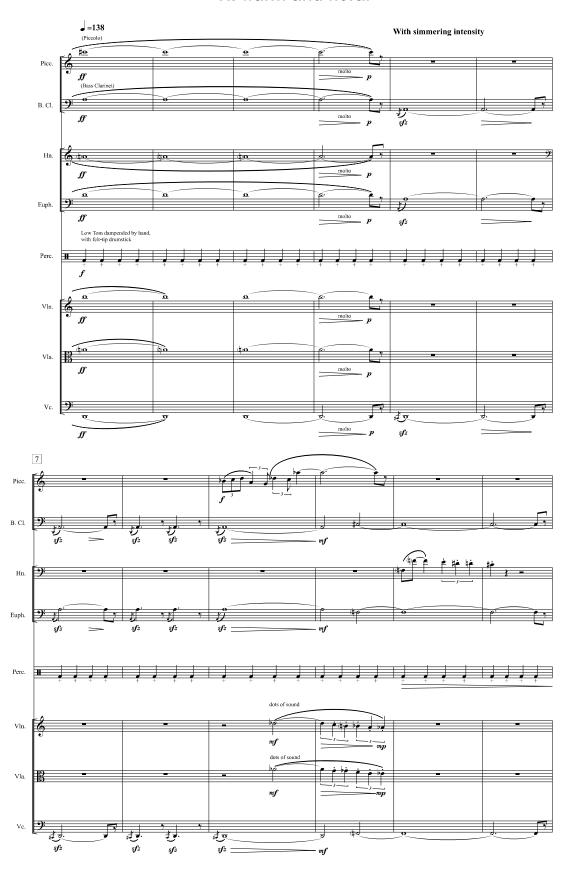




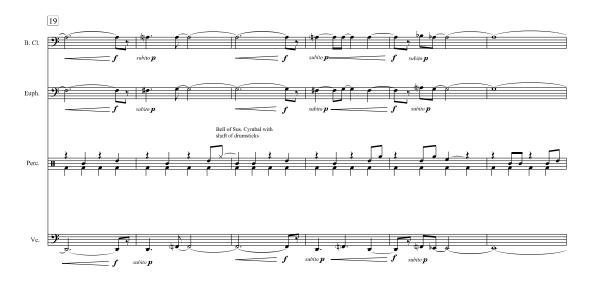




VI. warm and floral





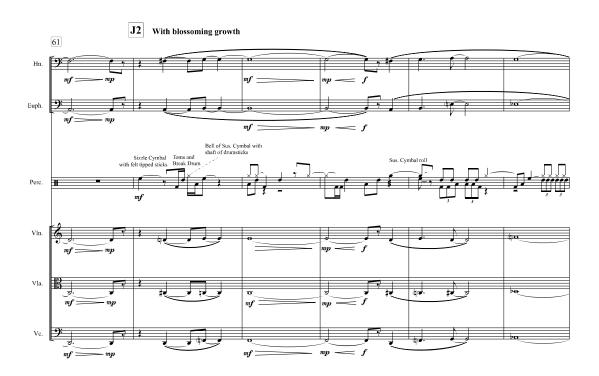






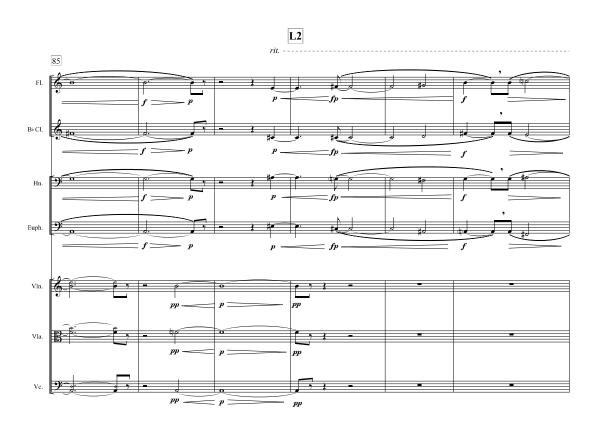




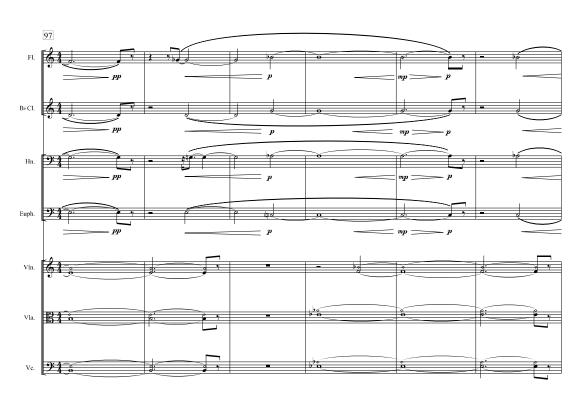






















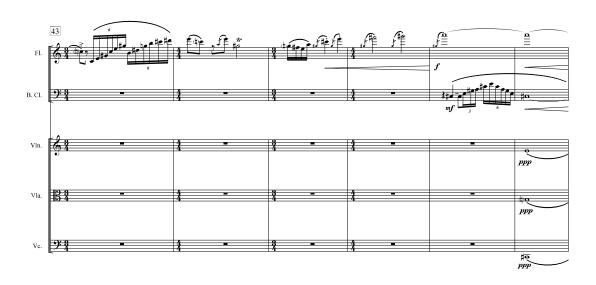
VII. game























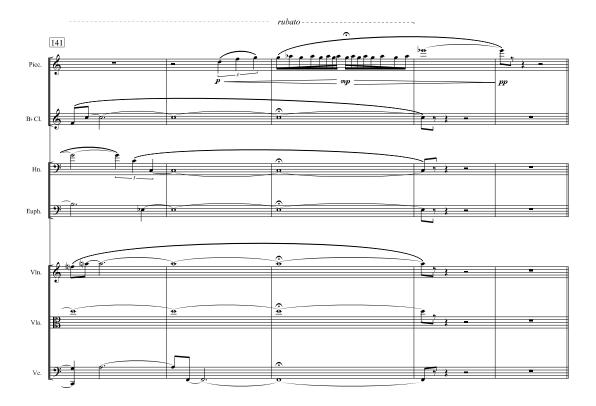












VIII. decadence

