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Cue. Volume III, Issue IV April 26, 1968

[s.l.]: [s.n.], April 26, 1968

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the

CUE

VOLUME III

APRIL 26, 1968

ISSUE IV

OPEN HOUSE

May 4th through May 11th will be open house at Winnebago State Hospital. There will be three short tours each day at 9:30 A. M., 1:30PM. and 6:30PM. But these tours will be shorter in course this year than they have been in past years making it possible to have a slide viewing period.

Open House is the period each year when the public has a chance to become familiar with the working of this hospital and to some extent the personnel. The aim of open house is to try to establish better relations with the public neighbors.

The hospital will use patient guides to direct the people around and through the various areas. We are all sure they will do a fine job as they have in the past.

J. M. ...

THE ADMINISTRATION BUILDING

This article on the Administration Building is part of a continuing series in The CUE on the major buildings of Winnebago State Hospital. In the last issue we took a Cook's tour of Kempster Hall. The next issue will spotlight Gordon Hall.

Among the many services to the entire hospital housed at the Administration Building are the Switchboard, Information Service, Vocational Rehabilitation and the Mailroom. The Teletype Service diffuses information instantaneously about various state hospitals. The switchboard also offers the fine service of selling newspapers from other cities such as Milwaukee and Appleton.

It should be noted in passing that for some the Administration Building is also known as the Main Building, or simply as the "Old Building." As Shakespeare said, "What's in a name?"

Also in The Administration Building is the office of the Superintendent, Dr. Treffert, as well as the offices of our four chaplains, the Reverends Nelson, Van Deusen, Windle and Winter.

Likewise located on the first floor is the Registrar's Office. What does the Registrar do? She answered, "We are responsible for the legal aspects of admissions and discharges. We compile statistics for the hospital and for our Madison office."

Continued on page 13.

PATIENT PLANNING COMMITTEE

Evidence to the fact that the patients help with the deciding and management of their own activities is the Patients Planning Committee. Supervised by Art Cuisinier, it is a patient organization of, by, and for the patients. Members of the committee can take pride in the fact that the activities, provided for the patients to make their stay a little more enjoyable as their responsibility.

Among recreational outlets deemed suitable by the committee, is the Bridge Club. For variety's sake and because many people don't play bridge a Sheeps Head Club will be started. This new program will be tested and bridge club attendance will be measured to see if it is possible to keep both clubs in existence. Recently the idea of a patient band has been brought to the attention of the P.P.C, and any musically inclined patient with a desire to contribute his efforts for the benefit of the patients, is invited to report to Mr. Cuisinier at the A. T. department. A ward employee could do it if the patient is too busy. No matter what instrument you play or what type of music you like, you are invited to try out.

Continued on page 14.

Editorial

Editorial: Does the Ward Staff take the Patients off the Wards enough to go to the Canteen and other evening activities?

Except for activities of a limited appeal (like Bridge Club on Mondays), there is not a single evening activity per week that is open to all the patients!

The weekly dances have been dropped. They now take place about once a month or less.

There is a movie every second week. We presume that on the average locked ward the ward staff takes the patients to the Canteen once a week. This could still mean that on the week the movie is not shown the patient has to stay on the ward six of the seven nights of the week!

It is important to realize that the locked wards (or non-open wards) make up about two-thirds of the adult wards at the hospital. (For some an open ward is known as a liberty ward.)

By reading the following page, "Issues and Answers," one can readily see that the patients on the locked wards do not feel that they are taken off the ward enough for evening activities.

We realize that on some wards there may be a lack of staff personnel. The staff would like to take the patients off the locked wards during the evenings but there just is not enough help to go around. The patients could be taken to the canteen, to the recreation rooms or halls, bowling, or the women to the gym for recreation on Wednesdays.

Here is the weekly schedule of evening activities of a mental hospital in North Dakota. The hospital is called "one of the top hospitals in the nation." These activities are open to all the patients:

Monday	Square Dancing (every second week)
Tuesday	Open Lounge
Wednesday	Card Tournaments
Thursday	Dance Night
Friday	Ball Games (depending on the season)
Saturday	Nothing
Sunday	Movie (in the afternoon)

We made a study of the daily attendance reports at the Canteen during the evenings. The study covered the period from March 28 to April 17, 1968. The period covered was three weeks (12 Canteen nights). The daily attendance reports for the nights of April 1 and April 8 did not specify the patient attendance by wards. The other 10 reports did specify the individual wards. Hughes Hall B was not considered in this study, nor were the open wards Hughes A One, A Four, Sherman Four and Eight, and Gordon Hall South Psyche.

Here are some of the results of our study:

Attendance at the Canteen in Three Weeks

North Cottage	5 (times attended)	Gordon South	1
Kempster Two East	4	Kempster Two West	1
Kempster One East	3	Gordon North	0
Sherman Five-Six	3	Sherman Seven	0
Kempster One West	2	Sherman Three	0

We of The CUE will be the first to admit that it is not easy to bring over certain wards to the Canteen, the geriatrics wards for example. There may also be other factors why patients are not, or cannot, be taken to the Canteen.

Issues & Answers

ARE YOU TAKEN OFF THE WARD OFTEN ENOUGH BY THE WARD STAFF TO ATTEND EVENING ACTIVITIES?

No. "They take us to activities that are scheduled, but in my opinion there is a need for more. We all look forward to going to the canteen in the evening and are very seldom taken."

Janet

No. I believe that if the girls were to attend more functional activities, they would have a better freedom sense and would cooperate more readily with treatment.

Shirley

No. I have been here twelve days and still haven't been allowed to attend an evening activity.

Linda

Yes. We are taken but there aren't enough of them, especially the canteen.

Carol

Yes. I would say so, but the off ward activities are certainly limited in this hospital.

Nancy

No. I haven't had any evening activities and it increases my tension.

Mary

No. I will when I deserve it.

Barbara

No. I think it is an injustice that I have not left the ward for any activity in the four weeks I have been in the hospital. It is a very frustrating thing to sit in the ward all the time.

Mary

Yes. I am taken off the ward for all scheduled evening activities, but I feel strongly that more are indicated. Going to the Canteen is a most enjoyable break but happens infrequently.

Anonymous

No.

Harvey

Yes. A little time, about two hours, off the ward is all right. I go to the Canteen once in a while.

John

No. I'd like to see the Thursday night dances back.

Vernon

No. I'm not taken off the ward enough.

Anonymous

Yes. I go to the Canteen.

Anonymous

Yes. I like to go to the square dance.

William

No. Most of us who are saying this have no recreation and they have been here over a period of one to two months.

Joan

Kathy

Trudy

Doris

Sadie

No. I have only been to the Canteen in the evening, once in thirty days. Also, I feel that there should be evening activities, more dances, etc.

Harold

No. It seems there is too great a shortage of aids to take us to evening activities. It takes four, two to escort and two to remain on the ward.

Tom

No. I have been here over thirty days. I have not been taken off the ward. I am in a wheel chair most of the time.

Anonymous

No. We are not taken off the ward, but I have been here only a week.

Anonymous

Chaplain's Kappy Message Birthday

THE RESURRECTION

We are still living in the Easter season, and Easter means resurrection to the Christian. Christ had emphasized the fact again and again that He, the Son of man, "would be raised on the third day." And on the third day after the crucifixion of our blessed Redeemer the angelic messenger assured the sorrowing women who were standing in the empty tomb of Christ's resurrection. "Do not be amazed", said he, "you seek Jesus of Nazareth, who was crucified. He is risen, He is not here; see the place where they laid him."

And much depends upon Christ's resurrection! St. Paul writes: "Now of Christ is preached as raised from the dead, how can some of you say that there is no resurrection of the dead? But if there is no resurrection of the dead, then Christ has not been raised; if Christ has not been raised then our preaching is in vain and your faith is in vain. We are even found to be misrepresenting God, because we testified of God that He raised Christ, whom He did not raise if it is true that the dead are not raised. For if the dead are not raised, then Christ has not been raised. If Christ has not been raised, your faith is futile and you are still in your sins. Then those also who have fallen asleep in Christ have perished. If for this life only we have hoped in Christ, we are of all men most to be pitied. But in fact Christ has been raised from the dead, the first fruits of those who have fallen asleep." 1 Cor. 15, 12-20.

When our loved ones fall asleep in Jesus and the question arises: "If a man dies, shall he live again?" We naturally are reminded of the Christ who said: "I am the resurrection and the life"--"Because I live, ye shall live also", then we review the resurrection story of our blessed Redeemer as well as St. Paul's resurrection chapter in First Corinthians and gain the assurance that the dead in Christ.

Woman

- 15 Edna
- 16 Delores
- 16 Ruth
- 16 Ira
- 18 Elizabeth
- 22 Estelle
- 23 Durana
- 24 June
- 25 Jeanine
- 30 Linda Rajawski

Men

- 16 Bill
- 16 August
- 17 James
- 18 Oscar
- 18 Richard Steger
- 19 William
- 19 Arthur Nitzke
- 22 Willie
- 23 Alvin
- 23 Donald
- 24 James
- 25 Donald
- 25 Antone Kystofek
- 26 Lester

Continued on Page 10

Women's Page

FLOWER ARRANGING

In preparation, cut your flowers (preferably in the late afternoon) and immediately place them in deep warm water, which the flowers take up more quickly than the cold. Allow flowers to soak for an hour or two, or even overnight, before arranging.

Cut flowers when blossoms are just opening, before the pollen has ripened and spilled into the cups. Remove only a leaf or two along with your tulips and narcissuses as garden bulbs need their foliage to help produce food for next years flowers. Before placing in water remember to wipe away drops of liquid at the base of the stems of tulips and narcissuses, as this sticky substance may seal the stem end and prevent the uptake of water.

After flowers are conditioned. Choose a container that will complement the flowers. Make sure the container will hold at least 2" of water. Provide a large needlepoint holder to hold many items without crowding. Fasten your needlepoint holder to the container with floral clay, making sure that all surfaces are dry--your hands, the holder, and the container. Make a thin roll of clay about the thickness of your little finger. Fit it around the edges of the needlepoint holder and press clay and holder firmly onto the bottom of the container.

Outline an arrangement with 2, 3, or more flowers or branches so that if you draw an imaginary line around the edges, you have a silhouette. With this outline set, add flowers to strengthen and fill it in.

Use the smaller lighter forms--buds or small flowers - on the outside and the larger forms in through the middle and down low. This helps to establish satisfactory balance.

Combine shapes and colors for pleasing effects. Grouping colors and shapes rather than scattering them helps to unify the arrangement. Using more of one color than any other also helps avoid a spotty effect. Cut stems at different lengths; place

some forward, some back, to develop third dimension.

Replace water daily. There is no need to recut stems or change the water. You may freshen flower heads and leaves by spraying with a fine mist of cool water.

April 1968 Family Circle

WOMEN'S BOWLING

April 13th, Women's Doubles were held at the Hughes Bowling Alleys. It was a fine day for the team of Marge and Sadie who jointly tallied a very respectable 215.

Second place went to the teams of Doris and Kathy and Delores and Joan who posted equally a 198. A third place went to the team of Bonnie and Laura with a total of 160.

Congratulations to all.

SPRING IDEAS

START A DRIED-FLOWER COLLECTION

Preserved flowers needn't look like those withered brown corsages saved as souvenirs of senior proms. Treated with moisture-absorbing crystals called silica gel, they retain their original shape - and although certain colors change somewhat after drying, the results are usually lovely.

Packaged blends of silica-gel granules, sold at larger garden-supply stores under various brands names, come complete with detailed instructions, plus a list of flowers and foliage that preserved well this way. (While rather expensive initially, silica can be used indefinitely). Drying takes from two to eight days, depending on flower texture and maturity: Snapdragons, being heavy, require eight days; zinnias, only two or three. (When specimens feel crisp, they have completely dehydrated.)

Farm News

PROBLEMS OF THE INDEPENDENT FARMER

We have stated that the three major areas of concern for the independent farmer are price, marketing, and credit.

Last week we discussed the area of price. In this issue we shall outline some of the problems in the area of marketing and we shall derive some solutions to the problems.

In order to obtain factual information this reporter went right to the "horses mouth", so to speak, and interviewed Marvin who is presently "enjoying a rest" on ward 4 at Sherman Hall.

Marv owns and operates, in conjunction with his Father, a 160 acre spread. The primary production on the farm provides milk for dairy products.

Marv is a very quiet and at times it was difficult for this reporter to hear him during normal conversation. Shy and quiet like as he is, Marv was able to communicate effectively when conversation concerned his "frames of reference". He came up with the following responses when he was asked to give some of his ideas on the marketing problems confronting the independent farmer of today.

Some of Marv's ideas are as follows: "You have to get new products. You have to make products that we now have - better. We have to stop importing because our products are mixed with theirs and makes our products poorer than they are. You have to train yourself real well and keep up to date with all marketing changes coming and going. You have to use all science to come out ahead. The middle man has to become more efficient so that farmers can make more money or else if a farmer could eliminate and sell direct then the farmer could make out real well".

Marv also stated that his Father was adamant about these ideas.

We can see by some of the problems Marv outlined, in this particular instance, that the domineering attitudes of "Big Business" must be modified if our independent Farmer is to recover his initiative.

Next issue will carry an interview conducted with another guest at Sherman 3&4. The subject: Credit.

wayne

FARMING TODAY THE CO-OP WAY

The farmers of today have to be united like a co-op for instance. I belong to the Wisconsin Feeder Pig CO-OP and that is the only way I would sell my pigs because I have to work out besides farming in order to make a living and if I had to go to a pig fair there wouldn't be much profit left. If I sell to "pig jobbers" they will all stick together and pay what they want.

Thru the Co-op we establish our own market and we always sell at 40 lbs. The "pig jobbers" will say the pigs ain't heavy enough and I'll be back next week. By then the ones that were heavy enough will weigh 50 lbs. and you don't get a darn cent extra for them.

If we do it the Co-op way, they pick up whenever the pigs reach 40 lbs. and if the pigs are over weight, we get ten cents per pound extra.....

.....To put it bluntly, if it weren't for Wisconsin Feeder Pig CO-OP, I would have been "kaput" a long time ago.

Harvey
Pig Farmer
Sherman #3

ON THE SOBER SIDE

A REPORT FROM THE ALCOHOLIC TREATMENT UNIT

THE FOUR HORSEMEN OF THE ALCOHOLIC

TIME

The Four Horsemen of the Apocalypse have ridden throughout time spreading their individual reign of terrors. For the alcoholic four riders appear on the horizon, with an equal amount of human destruction in their saddle bags. They are "Self-pity", "Inability to solve day to day problems", "Remorse", and "Hostility".

For most people the ability to ward off these horsemen of destruction is relatively simple, but for the alcoholic his inability to cope with these riders is most always fatal.

For the alcoholic, the ride with the horseman of "self-pity" comes easy. The time, situation, and the place to exercise this feeling is most readily found in his constant companion, the bottle.

After a ride around the tavern with "Self-Pity" it is easy to obtain a ride with the next horseman, "Inability to solve day-to-day problems". He may appear in the form of a past due bill, a family spat, or a problem at the office. This ride usually ends at the local "gin Mill", or a return trip to the stables to remount "Self-Pity".

"Remorse" is a most dangerous horseman and usually appears after an extended round of drinking, or shortly after rides with the first two horses.

Hostility is one of the alcoholics favorite horses. A ride on this horse gives him an opportunity to exercise and put into use all the lessons he has learned from the other horsemen. He can ride with this horseman through a variety of scenes; at home, at work, with friends and foes alike.

All four horsemen, to the alcoholic resemble a merry-go-round, a continuing circle leading him into a world within himself filled with fear and anxiety.

Each alcoholic must mount his own steed and do battle, and defeat each horseman in turn before he can return to a life of respectability and peace of mind. His greatest help is his attendant in these jousts, a power higher and greater than himself who stands by his side with the banner of faith and forgiveness. If the alcoholic heeds this attendant's words he will defeat the Four Horsemen of The Alcoholic.

h. paul

Few people live with zest or enjoyment. The majority always seem to be regretting the mistakes of yesterday or worrying about the problems of tomorrow. They have become so tired and nervous that they are incapable of getting any enjoyment out of their day and they completely forget that the time to live is now.

We all have the same allowance of time in our day--twenty-four hours. By a little planning, we can learn how to get the most out of that twenty-four hours without the exhaustion or confusion that comes with trying to do too much in too little time. The reward: We shall have more time.

If we plan our time, we will have more time. If we rush about complaining that we "never have a minute" then it is time we looked into the matter, because we have twenty-four hours a day--and that is all the time there is. We should ask ourselves what we are doing with it.

Being rushed is not a virtue; it is a sign of bad management. The art of living consists not in stuffing the day as full as possible but in getting through the day with a sense of achievement, of enjoyment, and without excessive fatigue.

Life is not a sentence, it is an adventure. We can get out of our twenty-four hours only what we put into them. It depends on us alone whether the day's activities will be regarding or a burgen.

A.A. Grapevine

Give him strong drink, until he wink,
That's sinking is despair;
And liquors guide to fire his blood,
To hide his grief and care;
There let him drink, carouse and roan;
With glasses flowing o're,
Till he forgets his loves or debts,
And minds his griefs no more!

Anonymous.

May we, God helping us, be part
of the answer, not part of the problem.

Peter

Letters to the Editors

FARMING IS A WAY OF LIFE

I just finished reading an article in the CUE about the problems of the farmer in this locality.

Well, I've been a wheat farmer in North Dakota, a rancher in Montana, and a dairy farmer in Wisconsin and North Dakota.

Most farmers know and realize we have a big problem in the market place and another on the farm front. But, I maintain that the farmers in the United States are the happiest, healthiest, wealthiest and wisest people in the entire world. The farmer tills the soil, plants the seed and watches a miracle take place. I'm sure there isn't a sight in the world that will compare for a grain farmer to look out over the prairie and see golden grain on all sides of him -- as far as the eye can see.

The cattle rancher looks out over a beautiful valley and sees a hundred head of whit faced cattle with their calves at their side. It's the most beautiful and satisfying sight I've ever seen and I've seen nearly every state in this wonderful country of our's.

People from the big cities can't understand why we work for a dollar an hour on the farms and ranches, in this day and age. Sure, we're not dumb. We could move into the cities and take most of the city peoples' jobs away from them, but, we wouldn't be happy. In fact, I wouldn't raise my family in a big city if they gave me the whole noisy mess.

Farming and ranching are a big business today but above all, it's a way of life and we like our way of life. Yes, we have hard life, but whoever said that the person that has an easy life is happy? Yes, I've raced the Stork eleven times for ninety miles each time. I assure you, it's not an easy thing to watch the one you love go through hell and not be able to do a thing about it. Yes,

we drive through mud in the spring, buck snow in the winter and battle dust storms in the summer. But we

Dear Cue,

Recently I moved from G.H.N.P. to ward SH-8. Upon arriving there I found too much friction between the aides and the patients. Sure, we have a ward meeting on Monday evenings but it's more of a social gathering where nothing is decided upon. Nobody will put forth any effort to contribute to their open ward. At G.H.N.P., we all contributed to bring about something constructive.

At G.H.N.P. there were aides who would talk with us when we had a problem. They didn't look for things to jump down our backs at. Besides helping us with our problems, they were there to socialize with. We need aides! Not merely a new face everyday

These comments are solely my own.

Dee (

LET'S GET SOME ACTION OUT OF OUR ACTIVITY DEPARTMENT!

I would like to hear from some other patients to see if they have the same opinion as I have about our recreation department. I can't understand why we can't have more activities in the evening as those of us that work can't take part in things they have during the day. I spoke to one of the activity therapists and she said "I don't like to work nights." I don't blame her for that, but I think personnel could find someone to supervise evening activities if they tried. I'm sure there are a lot of employees here at the hospital that would donate their time. Let's say, probably once a month. We have some Aides and R.N.'s on our ward, Sherman-3, that appear dedicated to their work. I may be wrong but I think that some of them, when their not very busy, would be glad to see their patients have a good time. I'm not speaking just for myself. I'm thinking mostly of the teenagers and young people on these wards. Also, of those who do not have liberty. I maintain that if you give them something to do beside "twiddle their thumbs", you'll eliminate a lot of the

The Golden View

FOR OUR SENIOR CITIZENS

The Personnel Speaks

"SO IF WE ARE GOD'S CHILDREN WE OUGHT NOT TO IMAGINE THAT THE DIVINE NATURE IS LIKE GOLD WROUGHT BY HUMAN ART AND THOUGHT".

ANYONE SPENDING A FEW MOMENTS WITH "MY PEOPLE" IN GORDON HALL WILL READILY SENSE THE FEELING OF FRIENDSHIP AND GOODWILL WHICH FLOWS FROM TABLE TO TABLE, WHETHER IT BE IN THE DINING HALL OR IN THE ARTS AND CRAFTS ROOM. IT IS SO REFRESHING TO SEE SO MANY PEOPLE GENUINELY INTERESTED IN THE WELL-BEING OF THOSE AROUND THEM. "MY PEOPLE", WHO HAVE REACHED THE "GOLDEN YEARS" HAVE LEARNED A LESSON, WHICH SO MANY PEOPLE LIKE MYSELF ARE STILL TRYING TO LEARN. THE LESSON OF THE GOLDEN RULE.

WHILE WATCHING SOME OF THE LADIES PREPARING MAY BASKETS AND BRONZE PLAQUES TO GIVE TO THEIR CHILDREN AND TO THOSE DEAR TO THEM IT WAS HEARTWARMING TO SEE NEIGHBOR HELPING NEIGHBOR EACH DOING HIS OR HER PART TO ACCOMPLISH THE TASK WITH EVERY TALENT TAKING PART. MANY OF US SHORT ON TALENT AND PATIENCE SHOULD HEED THE LESSON IN THE PREFACE TO THIS ARTICLE AND PRACTICE IT DAILY AS THESE PEOPLE ARE DOING, FOR AS I HAVE LEARNED IN MY FEW SHORT

In response to your recent query about the fate and state of the adult dances, I want to explain that the dances are not discontinued as such. They are still being held and shall continue to be held but with a different focus. They are now scheduled to coincide with holidays or seasons. As you probably have noticed, decorations (provided by patient groups) and on occasion refreshments have been included as part of the theme. In addition, teenagers enrolled in the school programs do go to dances sponsored by the student council of Waterwood School. The next adult dance is scheduled for May Day, May 1st.

The request for more evening activities is pertinent and not just recreation therapy but the entire activity therapy department is sympathetic to the problem. In fact, approximately 90% of the activity therapy staff on the adult services has rearranged work schedules in order to meet this need. Also, the canteen social chairmen are helping to provide evening activity since it is through their willingness to work evenings that the canteen has been able to extend itself to evening hours. In addition to this, both nursing service and activity therapy supervise a variety of off-grounds activities. The gamut of activities offered ranges from softball to bridge, from OT to movies, from Symphonies to camping trips. Volunteers also provide evening activity as the weekly calendar shows. The wards are supplied with recreation equipment and supplies, in addition I would like to, rather than bemoan the lack of activities available, express our thanks to the nurses, aides, volunteers and most especially the patients for their help in expanding evening activities to reach as many patients and wards as possible.

Nancy Norgord
Activity Therapy Coordinator

Around the Grounds

BICYCLING

As the first signs of spring start to show, green grass, longer day light and generally warmer weather, ones thoughts tend to think of the outside activities as baseball, golf, fishing and of course bike riding. Here at the hospital the later is offered not only in a constructive manner. The hospital grounds are made to order for good bicycling. This type of activity has many benefits but primarily it is excellent for muscle toning, improving coordination and balance, and generally for good physical fitness. It is a very constructive outlet for excess energies. Many communities are seeing a growing interest for bicycling and are constructing special riding areas for bicycles only. This not only applies to local governments but to state and county governments as well.

The hospital bicycles can be checked out Monday thru Friday, 8:00 A.M. to 4:00 P.M. at Ground East Kempster Hall, and on weekends at the supervisors office in the Main Building. However, these are for adult patients only. Along with privileges go, responsibilities and there are those unavoidable nasty rules and regulations.

1. Bikes checked out for only one hour.
2. Ride only within limits of normal liberty areas.
3. The person that checks out a bike is responsible for the lock, key and the bike. Treat it as your own.
4. All bikes must be back at 4:00 P. M. (no exceptions.)

Any of the above violations could result in a loss of this privilege.

Tom Mulvey
Activity Therapy

THANK YOU

We would like to take this opportunity to thank those who participated in the recent "Candy Sale" sponsored by the Children's Unit, for the purpose of gaining funds to send our kids to camp.

Heading the list are the ladies in the hospital laundry service who purchased the most number of boxes. These people are always willing to support all worthy causes. Our own children's unit staff also did an excellent job but came in second.

Two people donated a dollar and a special thanks goes out to them. The real thanks will come from seeing all the happy faces of the children returning from camp, however.

Oh yes, for those who purchased candy and are watching their figures—Good Luck!

Wayne Matsche
A. T. Children's Unit

ANNIVERSARY AT KEMPSTER CAFE

On Thursday, April 11th, Mrs. Mary Nohelty, Food Service Supervisor at Kempster Hall, celebrated her 25th year of service to Winnebago State Hospital.

Kempster Hall Food Service Domestics planned the surprise celebration which included hand made decorations, a money tree, coffee and anniversary cake. Guests at the party were mainly from the Food Service Dept., also included in the festivities were the Patient employees of Kempster Cafe—headed by Marie (Grandma) Bruns and others.

The event was a highlight for "Our Mary" and was enjoyed by all. Best wishes from all of us to Mary Nohelty:

Max

CHAPLAIN'S MESSAGE - Continued from
Page 4

shall come back, they shall be raised up, - for that is what the work resurrection means.

Chaplain Louis A. Winter

HAPPY BIRTHDAY - Continued from
Page 4

26 Dennis 26 Richard
30 Howard - linton

Around the Grounds

THE POWER OF INFLUENCE

Influence is meant to be good but often you will find your neighbor influencing you into what is not right. Influence is something that is upon you every moment of the day. It goes on in peoples voices and peoples actions. Influence can be a suggestion in another voice often you will hear someone tell you not to do wrong and yet there is often in the person's voice the opposite. What I am arriving at here is that with another's voice and also actions there is an influence brought upon you, be wise don't be taken, observe your neighbor's actions and listen to his or her voice. Sometimes the direct opposite is hidden or behind the action and voice.

Dave

MOVIETIME

Howard Hawks rides out off the West, via T.V. scenery to bring us El Dorado. This poor imatation of the War Wagon has John Wayne in the role of an alcoholic sheriff; staggering and reeling his way through scenes which are all too familiar to the T.V. western fan. Robert Mitchem does his part to add more "suds" to an already soap filled horse opera. With the exception of the opening scene, which fortunately was shot out of doors, the rest of the background is left almost, solely to the viewers imagination, with the stage director adding little to remedy an already tragie piece of film. My vote of sympathy goes to the audience and John Wayne's horse.

h. paul

Movie showing time - 7:15 Fri.
April 26.

MOTHERS DAY COFFEE HOUR

In honor of Mothers Day, arrangements have been made for the serving of coffee and cake from 2:00-4:00 on Sunday, May 12th. Patients having visitors during that time are encouraged to invite them to participate. A short

program of recitations, music, skits, etc. appropriate for the occasion and using the talents of patients and staff personnel are being planned on some wards. Anyone interested in helping in the serving or participation in the program is urged to contact the ward personnel.

Each ward will conduct the Activity in its own way. Plans and arrangements were made by the Seasonal Planning Committee.

HOSPITAL RADIO STATION

THE PATIENT HOSPITAL RADIO STATION BROADCASTS DAILY MONDAY THRU FRIDAY AT 12:30 P.M. JUST TURN THE CHANNEL SELECTOR SWITCH IN YOUR DAYROOM TO POSITION 3 AT 12:30 P.M. AND YOU'LL BE TUNED IN ON ONE OF THE FINEST MUSICAL PROGRAMS IN THE LOCALITY.

THIS WEEK WE ARE CONDUCTING A REQUEST SURVEY. PLEASE DROP US A NOTE AND LET US KNOW WHAT YOU WOULD LIKE.

WHO IS YOUR FAVORITE RECORDING ARTIST? WHICH SELECTION WOULD YOU LIKE TO HEAR?

MENS SINGLES

On Saturday afternoon, April 20, the mens singles tournament was held. It proved to be a take away afternoon for D. [redacted] who rolled a 153 to take home the trophy. Second place went to C. [redacted] who tallied 143, ten pins short of the leader. Third place went to L. [redacted] who was just one pin short of Sandstrom with a 142. Honorable mention went to J. [redacted] and P. [redacted] who finished with a pair of 138's.

After all scores were tabulated it was found that D. [redacted], with a limited number of trophies, second place man L. [redacted], with a 392 was awarded the trophy. Third place All Events honors went to J. [redacted] with a 389.

Two highlights of the days bowling were the spare clean-ups by C.

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Reader's Rhymes

If I could give love

Freely from deep

Within.

Not expect or demand

Love in return

I would receive a

Deeper, freer love

#

You can slow time

With immobility

You can slow growth

By starvation

You can slow hate

With understanding

HOW DOES ONE SLOW

LOVE

By

b.

In her blind eyes she saw
 Her ancient cranies sitting
 By her side on an eternal
 Bus ride through the wintery afternoon
 While all around her the young
 Heedless pained people ignored her
 Pleas for orientation in the confusion
 Of her bus ride in a hospital room
 The naked anguish on her wrinkled face
 Borne of years of putting off confrontation
 With the dogs of emotional war, could
 Not be staved with words or prayer
 And the price she pays is obvious only
 To others

Anonymous

YEARS COME AND GONE

Dewdrops on my window
 Rainbows 'round my heart
 The joy of you
 Was all I knew
 It's that way at the start

An image held in high esteem
 A great and wonderous flower
 This love for you
 Was oh so new
 I feared perhaps I'd cower

Years have come and gone now
 But oh it's still so sweet
 Love for you
 Kept e're so true
 Still blossoms so complete.

I wonder why it is
 That through the time has passed
 This love for you
 Known by so few
 Is never mine at last.

Nancy

In the midst of a day
 There are so many delays
 Because of so many chiefs
 And not enough indians

In war the chiefs were lord
 When dead the war would end
 Now in war there chiefs galore
 And not an indian to be seen

Dee

Feeble minded fool of
 Cunning creature of fool no less
 Life is but a game to win
 Holy God and grievous sin
 There is only one way to win this fight
 By day, but not by darkest nite
 Foul is struck and you must pay
 A foul of nite, not by day

Feeble mined fool of flesh
 Now I lay you to your rest
 Your life is over, you have not won
 External hell has just begun.

Bruce

LETTERS TO THE EDITORS

Continued from Page 8

But, we wouldn't think of trading places with our city cousins -- with all their luxury and noise, smog and filthy air. We like to get up at 4:30 AM and smell the roses blooming in the front yard or the Lilac bush behind the old "privy".

I hope I've made myself clear. I don't condemn city dwellers, coal miners or any other way of life. In fact, I feel very sorry for them because I think we farmers have the best life of anyone in the world. We may get the dirty end of the stick in the market place but we have pure air to breathe, clean fresh food to eat, and above all, a good place to raise our children.

Carl
Sherman 3

LETTERS TO THE EDITORS

Continued from Page 8

I am in hope that some of you people from locked wards will write to your newspaper and voice your opinion on this. Remember the old saying "All work and no play makes Don a dull boy".

Carl
Sherman 3

THE GOLDEN VIEW

Continued from Page 9

VISITS WITH MY NEW FOUND FRIENDS, THE
DIVINE NATURE IS NOT LIKE GOLD WROUGHT
BY HUMAN ART AND THOUGHT, BUT A GOLD
MORE PRECIOUS THAN ANY FOUND HERE ON
THIS EARTH, WITH THE EXCEPTION OF COURSE
TO THOSE AROUND US WITH A GOLDEN TOUCH
A GOLDEN THOUGHT, AND A GOLDEN VIEW!

h. paul

THE ADMINISTRATION BUILDING

Continued from Page 1

The Administration Building was begun in 1871 and completed in 1873. At that time it had facilities for 105 patients. (Today the hospital has

about 750 patients.) In 1875 the south wing was added to the center and north wing.

Other offices which call the Administration Building home are the Medical Records Office, Cashier for Patient Accounts, Personnel office for Employees and the Credit Union for Employees.

Again, The CUE wishes to acknowledge the assistance of Mrs. J. Farrow in the compiling of information for this article. Mrs. Farrow is one of our finest hospital historians around.

Other hospital services housed in the Administration Building are the Legal Assistant, Escort Service, the Fire and Safety Inspector and the Systems Analyst (A Management Consultant or kind of "Efficiency Expert").

Our readers may be interested to know that the new Administration Building will be finished in late 1968 or early 1969. Like the present building it will house no patients.

Some other services which make the Administration Building their home are Industrial Therapy, Personnel Health Clinic, Accounting, Inventory, and the Medical Library.

It may be surprising to learn that their are approximately 30 services housed in the Administration Building which benefit the entire hospital. The "hub of the hospital" it seems.

The Administration Building also houses the Special Activities Coordinator (Public Information and Public Relations), the Director of Nursing, the Nursing Supervisor's Office. The Timekeeper's Office handles employee schedules, vacations, etc.

On the third and fourth floors we have Employees' living quarters as well as living quarters for some male student nurses.

Finally, the Administration Building contains the House of God, the Chapel.

Gerry

PATIENT PLANNING COMMITTEE

Continued from page 1

Singers are wanted too. The committee would also like to see time pass faster on the weekends by having dances at that time.

Other functions of the P.P.C. include judging Christmas ward decorations and for the May first dance.

Any idea or suggestion that the patient brings up when attending a meeting will be taken into consideration. Anybody wishing to submit a question or suggestion may come to the Kempster Hall Recreation Room on Wednesdays. The committee would like to urge more ward representatives to come. The more people that attend the greater the wealth of P.P.C. ideas will be. Y'ALL COME!!!

Bob

, knocking down a 3-10, and D. , with a fine showing on a 4-7 toughie.

Thanks men, for the fine 54 man turn out and from the CUE congratulatory to all.

Just a reminder to the women bowlers, the Women's singles will be held this Saturday, April 27. See your Activity Therapy Representative and register. Good luck ladies.

J. - H.

EDITORIAL

Continued from Page 2

However, perhaps the most eloquent conclusion from our study still stands: the majority of the locked wards get taken to the Canteen on an average of less than once a week ! (Be careful with those exclamation points!)

A few suggestions from The CUE editorial staff may not be out of place here. Perhaps the patients could help supervise the bowling alleys in the same successful manner in which they supervise the Canteen. This might help open up the bowling alleys to the patients without the need for extra hospital employees.

Also, some ward staff members are known on the ward for their willingness and initiative in taking patients off the ward. Perhaps this spirit of willingness and initiative could spread to more members of the ward staff.

If both ward staff and patients pull together our hospital can be made a happier, more pleasant place. Not Camelot, but a happier place.

Gerry

EDITORIAL STAFF

- Delores
- Carol
- Barbara
- Harry
- Wayne
- John
- Herb
- Gerry
- Max
- Bob
- Jim
- Chuck Lemieux (Staff Advisor)

THE WEEK AHEAD

HOSPITAL ACTIVITIES FOR THE WEEK OF APRIL 29 - May 5, 1968

April 29 Monday	2:30 -	1:30 pm 4:00 pm 3:45 pm 6:30 pm 7:00 pm 7:00 pm	SH 1-2 HH Music Rm. GH AT Area HH OT Area GH AT Area SH 5-6	Catholic Daughters Record Listening Catholic Mass Wood Working Bridge Club Outagamie Red Cross
April 30 Tuesday	2:30 -	10:30 am 4:00 pm	GHS HH Music Room	Luthern Ward Service Record Listening
May Day - 1st Wednesday	2:30 -	2:00 pm 1:15 pm 4:00 pm 3:00 pm 4:30 pm 7:00 pm 7:30 pm 7:00 pm	NC 1-W HH Music Rm. Kem. Rec. Rm. HH Cafeteria Chapel Rumpus Rm. SH 3-4	Oshkosh Catholic WC Appleton Red Cross Record Listening Patients Planning Canteen Social Chair man Dinner Meeting Luthern Service Dance - Clarence Fauske Orchestra Mercy Hosp. Student Nurses #1
May 2 Thursday	2:30 -	10:00 am 4:00 pm 3:30 pm	GHS HH Music Rm. Chapel	Protestant Ward Service Record Listening Catholic Mass
May 3 Friday	2:30 -	4:00 pm 6:45 pm	HH Music Rm. Chapel	Record Listening Protestant Communion
May 4 Saturday		10:00 am 10:30 am To be Announced To be Announced	GHS GHN	Favorite Hymn Recital Favorite Hymn Recital Catholic Confession Catholic Mass
May 5 Sunday		8:45 am 10:00 am	Chapel Chapel	Protestant Service Catholic Mass

Listen to the DISC JOCKEY SHOW - 12:30 - 1:00 pm - Mon thru Fri.

Monday - April 29 Open Fire Two Guitars Artist: Johnny Mathis
 Tuesday - April 30 This is Glenn Miller
 Wednesday - May 1 The Six Fat Dutchmen, Old Time Waltzes
 Thursday - May 2 More of the Monkees
 Friday - May 3 Dance and Stay Young Artist - David Carrol

Mrs. Julaine Farrow, R. N.

Nursing