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Cue. Vol. VI, Issue 7 May 7, 1971

[s.l.]: [s.n.], May 7, 1971

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CUIE

Vol VI, Issue 7

May 7, 1971



EDITORIAL

Spring signifies something different to everyone. "Renewal of Life" during the Easter season, warm rains, green grass, the first flowers blooming, budding trees and shrubs. To the ground keepers of the hospital it means a lot of hard work and to the hospital gardeners a great deal of planning for the planting season ahead.

Many of us rebel at the quote "Our home away from home", but in essence this is what the hospital is to us. We should all endeavor to do our part in helping to make the hospital a more pleasant place to be. If everyone of us would put forth just a little more effort to keep everything a little more neat and clean we would all benefit from it.

Ask yourself, would you litter your yard at home the way you do here? There is not one of us that could truthfully answer the question "yes". If each and everyone of us would take care of our own litter, plus doing a little each day to clean-up the grounds after those who do not seem to care, think of how much more pleasant it would be for all of us now that we can spend so much more time outside.

We would all find too, that when our visitors and the groups that tour the hospital comment on how well kept the grounds are, we will all be able to feel an inner pride in that we have taken a small part in helping to make the hospital another one of the lovely "waysides" in Wisconsin - and most important, another "wayside" in our lives.

CUE'S EDITORIAL DEPARTMENT

Published by and for the Patients Bi-Monthly

May 7, 1971

Five Years Old, But New Every Two Weeks

Lucio Jeffers,
Chuck Lemieux

Advisors

CUE'S CREED: It is the individual's duty to hold out for what he knows is right and it is societ's duty to listen to him.

GOOD - BYE BARRACKS

The actual tearing down of the barracks was already thought of two years ago. Originally the barracks were given to the State Prison Farm by Truax Field with their own option of tearing it down or dismantling it and using it for their own purposes. After much consideration they decided there was not much use for it.

The children's unit decided on having work projects to dismantle it and use the lumber on their farm. They started the interior dismantling last fall (August, 1970). The interior walls, doors, and paneling were trucked out. The work was stopped due to the cold weather that developed.

Then the Maintenance Department took it upon themselves to remove the asbestos siding and slate roof because they are not burnable. They also removed the sash because of the danger of people getting cut while handling the debris.

Then the prison farm reentered the scene and is taking over again by removing and burning the debris on the first rainy day. Barracks 1 is first to go; Barracks 2 will follow suit. The excavation will be filled with sand and will be leveled. Money will be saved by piecemealing the tear-down as fast as possible because the expense for repairing would be too great.

The barracks have an even more interesting history besides what has already been mentioned. In 1946 male patients who were above average in caring for themselves without much supervision stayed in the barracks. There were 72 beds (24 in each barracks) divided into 2 two-bed dorms. A patient trustee was assigned to the barracks when the patients were transferred there.

The patients all had work assignments such as the greenhouse, mason shop, kitchen, yard, and laundry.

Aides worked one to a shift. There were 2 shifts covering the hours from 6 A.M. through 10:30 P.M.

Their main duties were to supply bedding and clean-up implements. At ten P.M. the trustee made a final check with the aide going off duty. The watchman (trustee) also continued checking for fire every hour till 5:30 A.M.

The patients had liberty from six A.M. through 8 P.M. After 8 P.M. there was a check to see if any patients were missing. The patients had the responsibility of getting their own meds at Old Main Building on Ward 2 South. They were also to report need for medical attention on their own by notifying the nurse on duty on 2S although at times an aide would escort them to the ward where the nurse worked. There was no smoking after 10 P.M. lights out except in the bathrooms.

There was a fire hazard in the barracks. Also there was danger of accidents due to such conditions as sunken floors. Therefore, the patients were moved out of the barracks.

After this the barracks were used temporarily for storage and later as an O.T. shop by Mr. O'Reilly. After all its uses it is now good-bye barracks.

Our thanks go to Mr. Vandergeeten of the Maintenance Department and Mr. Louis Woldt, an aide on GHN who formerly worked at the Barracks, for providing this information.

THANKS FOR THE HELP

To the CUE

I hope you will publish this letter.

I want to thank the hospital staff and the people I worked with when I stayed there. I hope I can come back as a visitor some day.

May God guide all of you.

Yours truly,

P.S. Thank you for the help you gave me.

Readers' Rhymes

Catch the Wind

In the chilly hours and minutes
 Of uncertainty, I want to be
 In the warm hold of your lovin' mind
 To feel you all around me,
 And to take your hand, along the sand.
 Ah, but I may as well try and catch
 the wind.

When sundown pales the sky,
 I want to bide awhile, behind your
 smile
 And everywhere I look your eyes I find.
 For me to love you now
 Would be the sweetest thing, would
 make me sing.
 Ah, but I may as well try and catch
 the wind.

When rain has hung the leaves with
 tears,
 I want you near, to kill my fears,
 To help me to leave all my blues
 behind,
 For standing in your heart
 Is where I want to be, and long to be,
 Ah, but I may as well try and catch
 the wind.

* * * * *

Sight

As I look upon mature ways
 I sit back and count the days.
 The days that have passed me by
 because I wouldn't open my eye.

There are many oftimes I'd like to cry
 Because I stood back and watched these
 days die.

Tomorrow I wonder what it will bring
 Hope the birds, I love to hear them sing.
 Hope the winds blow through tree tops,
 Hope that sound, it never stops.

There are many of times I'd like to cry
 Because I stood back and watched these
 days I can see

* * * * *

Be the labor great or small;
 Do it well, or not at all.

Reality of Life

If you fear to face reality,
 It's going to hurt you later,
 Because, when its faced,
 Things often go alot straighter.

Life is hard,
 And it does get rough,
 But, when you can face it,
 That shows you are tough.

But, don't take steps,
 Too fast and quick.
 Because, sometimes often,
 You'll fall and trip.

But, you've got to show people
 You can face it and take it.
 Because, when you face it yourself,
 That's usually when you'll make it.

* * * * *

Leisure

What is this life if, full of care,
 We have no time to stand and stare.

No time to stand beneath the boughs
 And stare as long as sheep or cows.

No time to see, when woods we pass,
 Where squirrels hide their nuts in
 grass.

No time to see, in broad daylight,
 Streams full of stars, like stars at
 night.

No time to turn at Beauty's glance,
 And watch her feet, how they can dance.

No time to wait till her mouth can
 Enrich that smile here eyes began.

A poor life this if, full of care,
 We have no time to stand and stare.

* * * * *

Here's to the day when it is May
 And care as light as a feather,
 When your Little shoes and my big boots
 Go tramping over the heather.

SOCIAL SERVICES DEPARTMENT

What You Should Know

The social worker's primary interest is to keep a patient in touch with his family and community during the period of hospitalization. Anticipating the time when you will leave the hospital, the social worker will assist you in your preparation to return home and to your work, and in picking up where you left off.

At the time of admission your social worker will meet with you and your family to explain about the hospital, your treatment program, and try to gather information which will be of help to our staff in formulating your individual treatment program and discharge plan.

During your hospitalization your social worker will be available to talk with you about your discharge plans as well as keep your family apprised of your progress. With the shortened length of hospitalization, your discharge and aftercare (treatment after you leave the hospital) becomes a vital part of your total recovery. Therefore plans should be made for your aftercare treatment well before you are ready to leave the hospital. Your social worker will talk with you about the mental health resources in your community and provide you with names, addresses, and phone numbers, and may even arrange an appointment if you wish.

Question: What should the average patient look forward to after his or her release from the hospital?

Answer: Most often patients return to the situation from which they came. This means that they would go back to their family, old job, and generally pick up where they left. The social worker might be helpful here in arranging transportation, aftercare, and sometimes housing and employment or even temporary financial aid until you get back on your feet.

Question: What is the average length of stay? Do many patients return to the hospital?

Answer: The length of stay for a patient varies with the individual and his circumstances of course, but the

average is about two months. Sometimes the court specifies the length of hospitalization, as with a 30 - 60- or 90 day observation. As for the return rate, it runs around 30% which compares with the national averages. Returning to the hospital for further care sometime in one's life is not a disaster as some would imply! We return to a general hospital for a recurring physical problem as needed, and the same should be true for emotional problems. The voluntary patient is discharged outright.

Question: Is financial assistance available?

Answer: Not from our hospital. Financial family assistance generally comes from one's county department of social services. Our hospital social worker can give you specific information about this, or help you to apply for this kind of aid if necessary. Our hospital, however, has no funds for these purposes.

Question: What about followup care?

Answer: Followup care (or the treatment that you receive after you leave the hospital) it is felt, is the most important component of your total recovery. When you return home and to work, you will have stresses and problems--because that is a part of life. With out-patient followup care one can find support, emotional first aid, and be helped to bridge the minor upsets and perhaps avoid further hospitalization. Followup care is never a routine matter but depends on the individual, his needs and his community. This is why your social worker endeavors to assist you with these matters.

"The world is a looking-glass, and gives back to every man the reflection of his own face. Frown at it, and it in turn will look sourly at you; laugh at it, and with it, and it is a jolly, kind companion."

William Thackeray..

Laugh at yourself and smile at others.

FROM OUR GRAVEYARD

A LAUGH & A HALF

BEGINNING WITH THIS ISSUE THE CUE WILL REPRINT ARTICLES TAKEN FROM OUR GRAVEYARD OF BACK EDITIONS. THE FOLLOWING ARTICLE APPEARED ON MAY 29th, 1969.

Remember! Today is the first day of the rest of your life!

If you spread enough happiness around you can be sure some will rub off on you.

Have you noticed the look on faces that were impressed by you. Good sign. Nervous tensions are released. Frustrations are at a minimum. Such was the case with this writer as he sat in the Lobby awaiting to see the admission clerk.

Since our arrival we've had the opportunity to observe the relationship between patients and staff. We found a comfortable and friendly atmosphere here. Patients are constantly being encouraged to participate in various activities and this involves a great deal of loving care.

As is normal with human nature, a new arrival is usually confused by new surroundings and some are deeply fearful of the immediate future. Many feel alone and rejected. It can be a highly emotional experience. We feel that more credit should be given to the highly proficient staff in making the patient's initial adjustment such a pleasant one.

We were impressed by the skilled nursing care available around the clock. It is quite evident that our nurses are chosen for their humane understanding of the manifold problems that beset so many patients. This writer has yet to encounter a nurse without a warm smile and a kind word.

It may seem strange, but there is genuine companionship among groups of patients. They are eager to discuss personal problems with each other, but are sometimes hesitant to talk when an "outsider" is present. Group therapy is gradually solving this problem.

Perhaps more observations on patient-staff relations can be covered in future issues.

Be sure you have a fast left before you insist on your rights.

Life has become a struggle between keeping your weight down and your spirits up.

Woman, at bridge table, to friend: "I never use sleeping pills--I just have Henry tell me again how he made a hole-in-one."

I'm against sex education in the schools, and I'll tell you why. When I went to school, I learned algebra - and algebra has bored me ever since.

A young woman whose car had recently had a major tune-up drove into the repair shop where I worked. I asked her what seemed to be the trouble now. "Well," she said, "It's hard to explain. But it sort of chokes up like I did when I got the repair bill."

The auto salesman announced to his son there would soon be a new baby in the house.

"I suppose," said the little fellow, "that means I'll have to be traded in."

One neighbor to another: "I don't need an automatic garage door opener on my garage for my wife. When they see her coming up the driveway, they fly open in sheer terror."

Two men were arrested the other nite in the theft of a carload of girdles. If convicted they face a ten year stretch.

An optimist is a fellow who assumes that the car ahead of him is going to turn in the direction the blinkers indicate.

New neighbor to little girl next door: "What's your name?": Little girl, "My name is Penney, but I don't like it.": New neighbor, "Oh I think that's a very pretty name.": Little girl, "But it doesn't make any sense."

Mail Call - My wife brought in the mail, and as she leafed through the unsolicited advertisements I heard her say, "Well, we sure hit the junk-pot today!"

LIBERTY HOURS DURING DAYLIGHT SAVINGS TIME

From the start of Daylight savings Time in the spring until the day after Labor Day, patient liberty hours will be from 7:00 a.m. to 8:00 p.m. (Children's Unit will designate its own hours.)

Starting the day after Labor Day and through October, hours will be from 7:00 a.m. to 6:00p.m.

Upon the return to Standard Time in October, the hours will be from 7:00 a.m. to 6:00p.m.

REMINDER

Patients on liberty do not have to stay out for the entire day. If the patients prefer to return to the ward earlier, they may do so at any time.

Gertrude Bengston, RN
Director of Nursing

CHANGES IN A. T. STAFF ASSIGNMENTS

In order that you may be better informed regarding the changes in A. T. department supervision assignments, Nancy Norgord notified the CUE of these details. On May 5th they were official, although the past few weeks has seen the therapists being involved in cross training. With this it has been hoped that the transition can be made very smoothly and easily.

Ken Iles is now at Hughes Hall having moved from Kempster Hall. He will retain his connection with Gordon Hall South.

Jan Janecek has begun work at Sherman Hall. She had been assigned to Hughes Hall. The patients library and Music Therapy will remain her responsibility.

Kempster Hall is now the area to find Jeanie Marshall. She has left Sherman Hall but will retain her involvement with the A.T.U. of Gordon Hall North.

* * * * *

The CUE reporters sincerely appreciate all the fine contributions made by the staff for the ISSUES AND ANSWERS column in the last issue of the CUE.

KEMPSTER PICNIC

Ten patients from Kempster were given the privilege of going on a chaperoned picnic at Monominee Park in Oshkosh from 4:30 - 7:30 p.m., Monday April 26. A few of the girls baked cookies the previous morning in addition to preparing other foods for this happening.

Not only was the food good, but also the people present enjoyed the freedom of doing such fun things as going down the slippery slide, swing, and playing with a Frisbee. Everyone there enjoyed this outing and the patients really appreciate the fact that the staff was so considerate to them.

* * * * *

Excerpts taken from 1001 QUESTIONS ANSWERED ABOUT TREES

What were some of the typical shade trees of fifty years ago? American elm, oak, sugar maple, horsechestnut, linden, sycamore, ash, catalpa, walnut, cottonwood.

Is there any home tree that can be grown from coast -to- coast? Yes, the trembling aspen. No other tree grows naturally from Maine to California. This tree, a form of poplar, can be easily identified, for its leaves flutter in the slightest breeze.

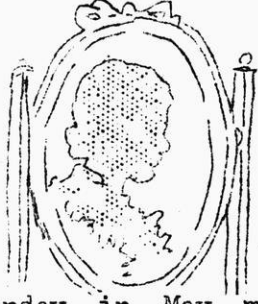
What are some attractive evergreens for ornamental purposes? Arbor vitae, boxwood, firs, hemlock, American holly, junipers, and cedar. Austrian pine, mugho pine, Scotch pine, and white pine are also good. Yews are among the most useful evergreens for ornamental use.

Should different kinds of trees be planted along the same avenue? No. The effect would be spotty and uncomfortable for there would be a series of accents competing with each other for attention. The best plan for unifying and beautifying a street is to plant trees of the same species at fixed intervals.

* * * * *

Frank Lloyd Wright is famous for two reasons. One, he is the father of modern architecture. Two, he is the grandfather of Anne Baxter, the movie star.

MOTHER'S DAY



On the 2nd Sunday in May, many families and churches make a special point of honoring mother. Many people follow the custom of wearing a carnation on Mother's Day. If the person wears a colored carnation, it means the mother is living. If they wear white carnations, it indicates their mothers have passed away.

Mothering Sunday came in mid-Lent in England, Yugoslavia, and some other countries. Julia Ward Howe made the first known suggestion for an official Mother's Day in 1872. She suggested June 2nd, as a day dedicated to peace. She held an annual Mother's Day meeting in Boston. In Kentucky a school teacher, Mary Sasseen started conducting Mother's Day celebrations in 1887. Frank E. Hering of South Bend, Ind., launched a campaign for the observance of Mother's Day in 1904. Three years later, Anna Jarvis of West Virginia began a campaign for a nationwide observance of Mother's Day and began the custom of wearing carnations. Also, she chose the 2nd Sunday in May. The Methodist churches introduced a resolution recognizing Anna Jarvis as the founder of Mother's Day.

Mother's Day was signed by a joint resolution of Congress in 1914. And President Wilson was authorized to proclaim Mother's Day as an annual national observance.

* * * * *
TO MY MOM

Just words will never suffice to pay a true and complete tribute to my Mom on Mother's Day. There isn't a card or a gift that could ever express my most inner thoughts of gratitude.

Now in my greatest time of need for her love, she has given me so much inspiration and courage there will never be enough time to repay her for all her kindness and concern.

I am so thankful that the good Lord saw fit to present me to one of the greatest Moms' in the world.

A NIGHT ON THE TOWN

During the week of April 14th, several groups of patients were treated to a trip to the Green Bay Sports Show. The last several years Mr. Farr, the manager of the arena, has extended an open invitation to the hospital thru Chuck Lemieux, a hospital Activity Aide, to have as many patients as possible attend the sports show - - free of charge.

This reporter was one of the patients that shared in this most delightful outing. The entire group from Kompster Hall that attended all enjoyed themselves tremendously and wished they could have had more time to spend looking over all the exhibits.

Most of the gals were completely intrigued by the unusual display of jewelry at the Wisconsin Dells booth. The array of camping trailers and equipment caught the curiosity of some of the more rugged "outdoor type" gals too.

The display of boats of all types and sizes and the camping equipment booths of course was where the fellows spent most of their time.

The big event of the evening was the Stage Show. We were all amazed at the variety of outstanding performances put on by the entertainers. A drill team started out the entertainment followed by a comedian - juggler, trained dog acts, a trapeze artist, an excellent trained seal act, with a big finale of a death defying aerial act.

We hope all the staff in the hospital realize what a tremendous morale boost all the planned activities off grounds are to us. We all gain a great deal in that we are given a chance to get away from the hospital for a few hours and to show we are responsible patients, given the opportunity and can conduct ourselves as adult human beings.

Our thanks go to B. McClan, Sue Abrahamson, Mr. Smith and Mrs. Gauger for escorting us and joining in the fun we all had.



MEN'S INTRAMURAL SOFTBALL

KEY:

- Kempster. Team 1
- Hughes. Team 2
- Sherman Team 3
- ATU Team 4
- - - - -
- Kempster Field KF
- Main Ball Park MBP

(1st Round)

- | | | | |
|-----------------|-----|------------------|-----|
| May 12 - 1 vs 2 | KF | June 2 - 1 vs 2 | MBP |
| 3 vs 4 | MBP | 3 vs 4 | KF |
| May 19 - 1 vs 4 | KF | June 9 - 1 vs 4 | MBP |
| 2 vs 3 | MBP | 2 vs 3 | KF |
| May 26 - 2 vs 4 | KF | June 16 - 2 vs 4 | MBP |
| 1 vs 3 | MBP | 1 vs 3 | KF |

June 23 - OPEN DATE

(2nd Round)

- | | | | |
|------------------|-----|------------------|-----|
| June 30 - 1 vs 2 | KF | July 21 - 1 vs 2 | MBP |
| 3 vs 4 | MBP | 3 vs 4 | KF |
| July 7 - 1 vs 4 | KF | July 28 - 1 vs 4 | MBP |
| 2 vs 3 | MBP | 2 vs 3 | KF |
| July 14 - 2 vs 4 | KF | Aug. 4 - 2 vs 4 | MBP |
| 1 vs 3 | MBP | 1 vs 3 | KF |

Aug. 11 - Playoff between 1st and 2nd round champs.

Aug. 18 - All Stars vs Staff.

Official softball rules will govern league play with two exceptions:

The pitch will be slow and teams will have 10 players each.

Games will begin promptly at 6:15 P.M.

One employee will be allowed to participate on each team and play at any position other than pitching.

After 5 full innings or any complete inning thereafter, the game will be called if one team is leading by 10 runs or more.

August 25 - AWARDS BANQUET!!

miss Juliana & arrow R.W.
nursing

THE WEEK AHEAD

HOSPITAL ACTIVITIES FOR THE WEEK OF MAY 10 - MAY 16, 1971

May 10 Monday	9:00 am - 4:15 pm	CANTEEN OPEN*
	9:30 am	Book Cart
	1:15 pm	Menasha Red Cross
2:30 -	4:00 pm	RECORD LISTENING
	6:30 pm	Book Cart
	6:30 pm	Woodworking
	7:00 pm	Altrusa Club
	7:00 pm	Outagamie Red Cross
	7:00 pm	CARD CLUB

May 11 Tuesday	9:00 am - 4:15 pm	CANTEEN OPEN*
2:30 -	4:00 pm	RECORD LISTENING
	4:15 pm	Canteen Social Chairmen
		Dinner Meeting
	7:00 pm	Kempster Choir

May 12 Wednesday	9:00 am - 8:00 pm	CANTEEN OPEN
	1:15 pm	Appleton Red Cross
	1:30 pm	Lutheran Ward Service
		Rev. Winter
2:30 -	4:00 pm	RECORD LISTENING
	7:00 pm	LUTHERAN SERVICE
		Rev. Winter
	7:30 pm	Lantern Organization

S O F T B A L L

	6:15 pm	KH vs HH	Kempster Field
		SH vs ATU	Main Ball Park

May 13 Thursday	9:00 am - 8:00 pm	CANTEEN OPEN
	10:00 am	Protestant Ward Service
		Rev. Windle
2:30 -	4:00 pm	RECORD LISTENING
	6:30 pm	Zeta Beta Tau
	7:00 pm	SING-A-LONG

May 14 Friday	9:00 am - 8:00 pm	CANTEEN OPEN
2:30 -	4:00 pm	RECORD LISTENING

May 15 Saturday	10:00 am	Favorite Hymn Recital
		Mr. Korn
	9:00 am - 8:00 pm	CANTEEN OPEN

May 16 Sunday	8:45 am	PROTESTANT SERVICE
		Rev. Van Deusen
	9:00 am - 8:00 pm	CANTEEN OPEN
	7:00 pm	CATHOLIC MASS
		Fr. Pierce

ALL activities in CAPITAL letters are for all patients

Patients Library, SH Basement open: 9:00 - 4:00 M-T-W-F
9:00 - 2:00 Thurs.