

Things in Motion ...

All things are in motion and nothing is at rest...you cannot go into the same (river) twice. --Heraclitus (540?-480?)B.C.

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COINCIDENCE? HARDLY!

As we travel the roads of our lives from birth to death most of us never pause to question occurrences that we know deep down are outside the realm of probability—we accept what happens as luck, or fate and continue on our way lest we come face to face with something that scares us. And make no mistake—*the things that we cannot explain often terrify us*.

Fear of the unknown may be a learned part of ancient survival skills, yet we cling either willingly or unwillingly to many of the old superstitions that have plagued mankind for all of known history. Many children, as well as their parents never overcome their fear of the dark. In today's society the criminal element has prompted a resurgence of such fears. We continue to associate darkness with evil, just as we did ages ago. *How much of the evil encountered in the dark was created by our expectation?*

Our day-to-day lives may often include incidents that we have come to take for granted as sheer coincidence. Perhaps we should look deeper for the reasons behind a lot of events and not automatically assign all happenings to the working of luck ... or fate.

When we experience a problem that we are unable to solve and we struggle to decide our best course of action, the solution may suddenly appear. Most of us can with effort, recall incidences of this nature throughout our lives; the time when a mechanic came by and quickly fixed a mechanical problem for us; the time we took a wrong turn and exited the expressway in frustration only to find that a tragic accident occurred at the spot we would have occupied had we not exited; the flight we missed that later went awry; even the times we unexpectedly found a parking space—were all, or any of these things mere accidents? *Not on your life!*

Without any contention contrary to any of the world's religions, it seems obvious to me that life itself comes complete with built-in features, and among those features is the capacity of an individual to create events in his life. For example, one who firmly believes that he can accomplish whatever he undertakes to do will, in fact, do just that. It may well be that "luck" or "fate" gets the credit because our root belief is one that we hold unconsciously. Such beliefs operate as an automatic quality in our lives, and a "bad" belief will be manifested the same as a "good" one. All of us remember the caution to be careful what we wish for—a valid word of warning. Successful people have learned to use their life "features" and know that their experiences will surely follow their expectations. *Life is what you make it!*



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