

Cue. Volume III, Issue 11 August 2, 1968

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the

CUE

Volume III

August 2, 1968

Issue 11

IT'S CARNIVAL TIME AGAIN! Wednesday, August 7th, will see that quiet and peaceful wooded area between the service building and Kempster Hall transformed into a colorful and thrilling midway abound with entertainment to watch, games to play, prizes to win and goodies to eat.

Kicking off the festivities will be an extravaganza "Fanciful Aspirations" featuring unrivaled talent gathered from far and wide. You will marvel at mystifying magic, swing or sway to familiar strains, howl with delight at the antics of a comedy/tragedy performer, cheer to victory the group of musicians you fancy in a unique "Battle of the Bands", and witness the debut performance of undiscovered Stars of Tomorrow.

The action on the midway starts immediately after the big show. Along with the ever-popular Dunking Tank - "See your dreams come true! Cool off your favorite staff member with an accurate pitch!" - and the Bell and Hammer - "Test your strength! Ring the Bell and win!" - several new games have been added. Everyone is a winner at the Duck Pond while at the "Hit the Clown" the staff once again stick out their necks to provide enticing targets this time for soppy wet sponges. Skillful winners at other games can claim as their reward one of over 4000 exciting prizes that have been purchased or donated for this special occasion. In order to take part in the fun pick up your packet of free tickets at the ticket booth where additional tickets will also be available at 5¢ apiece.

All this can make a person mighty hungry and thirsty, but the Canteen has the answer. Open for business as usual in the service building they have as a special for the day, "Sno Cones" in your favorite color. But don't get carried away with the goodies because the evening meal will be a picnic and headlining the menu are those world renowned Wisconsin Brats.

To round out the day's events, that crowd-pleasing band "Midnight Serenades" will play for a pavement dance from 6:30 to 8:30 P.M. in the Food Service area.

Make the scene! Get in on the action! You can't be too young and you're never too old to enjoy a Carnival.

OUR EDITORIAL

Nearly 20,000 persons are presently patients in the 3 state and 35 county mental hospitals and the 3 colony training schools for the retarded in the state of Wisconsin. The majority are hospitalized by court action. The CUE staff consulted Mrs. Joann Toll, the legal advisor at Winnebago State Hospital, about the various legal aspects of hospitalization. This and two consecutive articles will attempt to elucidate the legal aspects of admission procedures, patient's rights under the law and discharge procedures.

In recent years, great strides have been made in the treatment of mental illness, the nation's number one health problem. The public is slowly gaining awareness of the efforts and achievements involved in the mental health program. This involves resources of the available local and community agencies and out-patient treatment facilities. Theoretically, one need consider admission to a mental health institution only when all community resources are exhausted or prove inadequate.

Hospitalization could carry with it legal complications and social stigma. The purpose of laws and procedures presently in effect is to protect the individual. The legality of procedural admittance policy firstly aims to consider the individual as a citizen while he is being treated as a patient.

Admission to a mental hospital is under either of two categories - voluntary or non-voluntary.

A voluntary patient is one who seeks help and is referred to the hospital by his or her private physician as needing more intensive care and treatment than can be given elsewhere.

A non-voluntary patient is one who is committed to the hospital by court action initiated by the individual's family, guardian or other responsible adults, or as a result of a criminal charge or offense. To further sub-categorize the non-voluntary commitments, the individual is either enebriate (alcoholic), drug addicted, mentally ill (insane), mentally infirm (senile) or mentally deficient (retarded).

After the initial court action, there is an observation period, the length of which is determined by the circumstances and the proceedings of the particular court. During this observation period, the individual must submit to an examination by two court-appointed physicians. After their findings are reported to the court, the individual is either discharged, held for further observation up to a maximum of 90 days, or held for treatment at a state or county hospital or a state training school with psychiatric facilities until such time as the treatment team and the hospital staff feels the problem is arrested or solved and the individual is no longer a threat to himself or to society.

A voluntary patient could become a non-voluntary patient. A voluntary patient must give a 5-day written notice of his intention to leave the hospital. If the treatment team disagrees, and can justifiably document their reasons, a court order can be obtained and the voluntary patient, now a non-voluntary patient, will be detained.

The circumstances of no two cases are identical and therefore each must be given individual consideration by the treatment team and the court. With this in mind, we have attempted to relate to you in non-medico-legal terms, a general thread of similarity in the procedures of admissions to mental hospitals in the state of Wisconsin.

In the next issue we will deal with the rights and privileges of patients.

Chaplain's Message

HAPPY Birthday

The beauty and grace of all creation are in some small way a reflection of the grandeur of our God. St. Paul, in his letter to the Romans, chides those gentiles who could and should have come to the knowledge of God from their observance of the created order, even though He had never made any direct revelation of Himself to them.

Each of us must labor to cultivate a sense of the beautiful, an appreciation of the splendor and harmony of the world around us. Philosophers call this the AESTHETIC SENSE. As we develop this, we sound new depths within ourselves, enhancing our capacity to enjoy whatever is good and true and beautiful. So much of our surroundings which previously we may have taken for granted can become for us a new source of delight - the gentle warmth of the summer sun, the majesty of the stately oaks, the freshness of an early evening breeze, the restfulness of a deep blue sky, the soft beauty of a summer flower in full bloom. Our spirit will respond to all this in silent awe and contemplation. And, as truly religious persons, we can, while still savoring the beauty, transcend to the spiritual realm and acknowledge a dynamic Personal Source of it all. To explain away this assemblage of color and form as though it were pure chance seems too inconclusive. The only further tragedy would be not to notice the loveliness at all.

Could we ever be so heartless and obtuse as to conclude that a sunrise merely marks the start of a new day's supply of energy for our hemisphere? Or are we dazzled by its gorgeous brilliance breaking through a bank of clouds, acknowledging how it stirs and lifts us from our very depths? We believe most profoundly that Our Loving Father has directly intended this boost to our drooping spirit, that He has blessed us abundantly with the magnificence of this created order - and that as we contemplate it, we can catch a glimpse of the warmth, gentleness, power and sensitivity of its Author.

To the ladies - - -

1	Donna
2	Marcell
3	Elaine
4	Mary
4	Diana
4	Helen
7	Ruth
7	Susan
15	Marie

And to the gentlemen - - -

3	Oren
4	Francis
5	Richard
6	Victor
7	Erwin
8	Arthur
9	Henry
12	Arthur
14	Terry
15	Ronald
16	Norman
16	Mark

Father Nelson

Around the Grounds

HOUSEKEEPING - PART 3

Mr. John Gradle is in charge of transportation, cleaning in the Service Building and property storage, which serves the entire hospital in the storage of hospital property, but is located in the basement of Gordon Hall.

There are fifteen employees in Mr. Gradle's unit, five of them have also been counted among the Building Service personnel because they do the cleaning on the second floor of the Service Building. The work is distributed into nine overlapping shifts which together last from 5:30 in the morning to 6:30 at night. The job assignments of all fifteen employees can be changed; they are not always on transportation or cleaning, but can be placed where they are needed; shifts can also be changed to have more men available when they are needed. Ten men are directly involved in transportation and drive tractors and an outside pickup truck. There are about seven patient I. T. assignments within the unit, usually of helping and riding with a driver.

The machine complement is four battery-operated tractors and two battery-operated automatic scrubbers. The tractors are charged six to eight hours every night. There are in all fifty carts; not all of them are used but this number includes twenty-two flat carts and eight food carts, some of which are cold carts for fruit dishes, salads and desserts, etc., and the others, steam carts which can be plugged in at their destinations to keep hot foods warm. Too, sometimes three food carts are sent to each of the major buildings having dining areas, for each meal with the exception that only the noon meal is served in the Service Building. Transportation also delivers medicine, records, mail, laundry, furniture, supplies, and furnishings. Carts are pulled train-style behind a tractor, sometimes as many as seven carts. The automatic scrubbers are used in all the areas served by Housekeeping that are accessible by the hospital's tunnel system, and can actually be used on

(Continued on Page 8)

ON THE FOOD SCENE

The CUE met with Mr. Oberts, Food Service Director, Mrs. Schober, Food Service Supervisor, Mrs. Doepke, Dietician, and Mr. Frue, Food Production Manager, last week and discussed the science of mass food production.

Much planning goes into the food served to us in the cafeterias. The basis of our diet is meat--the most expensive item--prepared one serving per person. The rest of the menu is planned to complement the meat course and nutritionally balance the meal. Seasonal foods are served when possible for variety and practicality.

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EMPLOYEE OF THE MONTH

Dear Editor:

After knowing Mr. Newton for more than two years, I find that he has much patience. You will find very few people that do not like him.

He seems to have a certain way of motivating a person and making him feel improved. When playing baseball he does an extremely good job of making it a sport among the patients.

The hospital is very fortunate to have an employee like Mr. Newton.

The employee of the month is Mr. Newton on Wards 3 and 4. During the seventeen years he has worked here there have been many improvements.

Mr. Newton has bowling and fishing as his hobbies. He is married and has two boys and 4 girls. His home time is probably never dull. He lives in Oshkosh with his family.

The individual must help himself because tranquilizers can only do so much. It takes time to make patients better and it shouldn't be rushed.

Ralph

ON THE SOBER SIDE

YOU'RE LUCKY!

Would not the cancer sufferer, facing a lonely painful death, gladly take your place? Or the sufferer from a heart condition, knowing the end will come suddenly and without warning be glad to change with you. Or the cripple, facing a life of pain and immobility, wish he were an alcoholic instead?

The cancer victim can rarely escape his fate; The heart sufferer, though he spend his fortune, knows his days are numbered; The cripple must be dependent on others and provided with special equipment, all of which must be paid for.

But you, an alcoholic don't have to spend a penny, and your disease need never cause you any suffering or pain, never needs any treatment, and will certainly never kill you unless you let it.

All you have to do is go one day without one drink! You're lucky!

(A.A. Grapevine)

IMAGINE SUCH A DISEASE

If some new and terrible disease were suddenly to strike us here in America - a disease of unknown cause possibly due to noxious gas or poison in our soil, air, or water, it would be treated as a national emergency, with our whole citizenry uniting as a man to fight it.

Let us suppose the disease to have so harmful an effect on the nervous system that five million people in our country would go insane for periods lasting from a few hours to weeks or months and recurring repetitively over periods of from fifteen to thirty years.

Let us further suppose that during these spells of insanity, acts of so destructive a nature would be committed that the material and spiritual lives of whole families would be in jeopardy with a resultant twenty-five million persons cruelly affected. Work in business, industry, professions and factories would be crippled, sabotaged

Cont'd. IMAGINE SUCH A DISEASE

or left undone, and each year more than one and one-quarter billion dollars would need to be spent merely to patch up in some small way the effects of the disease on families whose breadwinners have been stricken.

Finally let us imagine this poison or disease to have the peculiar property of so altering a person's judgment, so brain-washing him, that he would be unable to see that he had become ill at all; actually so perverting and so distorting his view of life that he would wish with all his might to go on being ill.

The dread disease envisioned above is actually here. It is alcoholism.

(A.A. Grapevine)

DISEASE OR DISGRACE

To be an alcoholic you don't need any special qualifications. It's a disease that takes old and young, rich and poor, Madison Avenue executive as well as the common laborer. In some cases it takes years before it shows and in others, a short time. But to those of us who are afflicted with it, it is a disease and not a disgrace. Alcoholism is a progressive disease. It cannot be cured but it can be arrested. If anyone of us were in severe pain with a ruptured appendix, we wouldn't hesitate to have it removed, and have the pain ended. But yet we go through life with much physical pain and mental torture caused by the over indulgence in alcohol. Some of us have to be near actual death before they realize something has to be done about their drinking. Some have to lose their jobs homes, and loved one before they realize something has to be done. If we could only realize sooner that alcoholism is a disease that can be arrested with the help of A.A., then the disgrace of being an alcoholic would be very small indeed!

Doug

WOMEN'S PAGE

HIP HOUSEKEEPING

1. Don't scream if you scorch your best white pants, just sponge the dark spot away with a piece of cotton soaked in mild-volume peroxide (This solution won't stain again when you iron over it.)

2. Ever try spray starching a black linen dress or other dark garments? less you spray on the wrong side; then do your ironing on the right side.

3. How to avoid plowing through the entire contents of your handbag every time you want your door key: Sew a piece of narrow elastic through the little hole in the top of the key and pin the elastic to the lining or your purse.

4. There is a way to stop the struggle of making a bed with contour sheets! After you've tucked in the first corner, do the corner diagonally opposite this takes away the strain on the sheet. A few more steps may be required to make a bed this way, but you won't slip a disk raising the mattress to stuff the sheet into that last corner.

5. To keep your suitcase from getting musty-smelling between weekend jaunts, put a bar of scented soap inside.

6. Underarm stains on nylon slips come out with rubbing alcohol (On a piece of cotton) and lots of rubbing!
(Cosmopolitan)

CHOCOLATE MILK-SHAKE CUPS

- 1 envelope unflavored gelatin
- 2 cups milk
- 2 envelopes chocolate flavor milk shake mix
- 1 bar plain milk chocolate candy

Sprinkle gelatin over cup of the milk in a small saucepan; heat slowly, stirring constantly, until gelatin dissolves. Remove from heat.

Combine remaining 1 cup milk with milk-shake mix in a jar with a tight lid; stir into gelatin mixture.

Pour into 6 five-ounce custard

SUMMER HAIR CARE

Hair should be shampooed more often in the summer. Clean hair keeps your head cooler and your hair set better.

Protect your hair, it needs safeguarding from the sun, water damage and windburn. Keep it covered with a scarf or a hat. Strong winds can dry your hair.

When you set your hair, avoid sharp implements and roll ends gently and carefully in end papers. Turn hair dryer heat to low and keep drying time at a minimum.

Control your hair, don't let it control you, one way is to get a good permanent wave, and there are many hair sprays, get the one that you like best.

Vicki

WAYS TO BE MORE BEAUTIFUL

Keep your complexion lovely all day by first smoothing on a film of tropical moist oil before applying make-up. Stroke the beautifying fluid from the base of the throat in an upward direction.

Add more moist oil of Olay as necessary until the whole complexion is covered with a dew-like film from the neck to the hairline and including the lips and eyelids. This unique Olay oil helps to smooth your skin so that your complexion retains its soft look of velvet smoothness and radiance all day long beneath your make-up. (Family Circle)

Con'td. CHOCOLATE MILK-SHAKE CUPS

Pour into 6 five-ounce custard cups or individual desert dishes. Chill at least 2 hours, or until set.

Just before serving, break candy bar coarsely. Sprinkle over top of each dessert. (Family Circle)

There is nothing more frightful than ignorance in action.

—Goethe

Reader's Rhymes

REFLECTIONS

Upon sitting upon a rock at the side of a
placid emerald pool.

O, again to pass the time sitting upon a rock
At the side of a tree shaded emerald pool.
A gull swoops, ducks paddle about on the water,
The mild wind tickles thru the trees.

It is mid-summer and even though night falls,
The summer warmth endures thru the night.
Crickets chirp, an occasional fish jumps and the splash is heard.
Gnats swarm here and there, but their nuisance does not subtract
From the beauty of the placid emerald pool
and the microcosmic tones of intermixed colors at sunset.

James

FROM THE SOUL

If the trials of dreams
Could only be spoke;
What an understanding
Each heart could provoke.

All that we know
But little to see;
Comes from the soul
Yearns to be free.

Cling to your hopes
Die for a cause;
There isn't much more
For life's but a pause.

If having done this
Your life's not fulfilled;
May God save the least of us
Nothing else will.

Nancy

MY PRAYER

If I could walk a million miles
Across this land of mine
I'd not be happy anywhere
Unless you'd help me find

The happiness I long for
The heartaches gone away
And happy times forever
Behind each door, I pray.

Marie

Live each day to the fullest. Get
from each hour, each day, and each age
of your life. Then you can look for-
ward with confidence, and back without
regrets.

Be yourself -- but be your best
self. Dare to be different and to
follow your own star.

And don't be afraid to be happy.
Enjoy what is beautiful. Love with
all your heart and soul. Believe that
those you love, love you.

Forget what you have done for
your friends, and remember what they
have done for you. Disregard what the
world owes you, and concentrate on
what you owe the world.

When you are faced with a decis-
ion, make that decision as wisely as
possible -- then forget it. The mom-
ent of absolute certainty never
arrives.

And above all, remember that God
helps those who help themselves. Act
as if everything depended upon you,
and pray as if everything depended
upon God.

S. H. Payer

Submitted by Miss G. Wendt
Student Nurse

SPORTS

QUIPS FROM COACH X

Mr. Z inquired at the CUE about the player who sits the bench game in and game out. What does he learn from a ball game if he watches every contest? How does he benefit by being on the team? Is he receiving the full benefit of athletics? CUE decided to question Coach X about the above statements. Coach X responded, "This individual plays a very important role in the stream of athletics. His job is a very special one. Player Y must sit on the bench and cheer; he must create enthusiasm. He must play his utmost in practice; your first team is only as strong as the reserves. He must keep himself mentally ready to go into every game; He needs patience and tenacity. He must assist in coaching; he should look for weaknesses in the opponents.

So, in essence, even though the substitute or player Y does not play every game the player still participates as a cheerleader, a coach and a probable player."

WINNEBAGO LOCAL SCORES

Friday, July 19, Winnebago Local dropped Penny's Bar 15-7 on 19 hits. Again, Chuck Lemieux and John blasted home runs while Dave and Dave went 3 for 4.

Friday, July 26, the Local fell before Jackies Beaus 17-2. The only bright spot in the contest was John home run in the second inning.

INTRAMURAL SCORES

Kempster	7	Hughes Hall A 2
Sherman	7	Hughes Hall A 0 forfeit
Kempster	17	Hughes Hall B 2

SWIMMING LESSONS

Swimming lessons are available for those who are interested. Come down to the BEACH and one of the lifeguards will assist you.

Lydia, Bill, Steve

HOUSEKEEPING cont..

the wards, although they are usually seen being used in the basements and tunnels.

Mr. Gradle's unit handles its own cleaning, greasing and maintenance of tractors and maintenance of batteries; also, carts are cleaned and the wheels greased. Mr. Gradle's personnel are also the Building Service crew that changes the windows or screens of eight state residences every spring and fall. His unit also services Pinnic Point by picking up trash and emptying trash barrels.

The outside truck is used to reach buildings not served by the tunnel (out-buildings) and provides the same services as the tractors in the tunnels, but delivers no food for meals. There are laundry pickup and delivery and trash pickup for the eight state residences (weekly), trash pickup for the hospital, milk and mail deliveries for the hospital, deliveries for the hospital, deliveries to the Maintenance Building and the Power House, and carting of supplies from the rail spur just east of the Power House to the hospital store (storehouse) in the Service Building. Furniture is delivered to the Upholstery shop for repair. The outside truck serves in all these ways. The hospital also owns other trucks, but these other trucks are operated by the Maintenance Department.

James

SUPPORT OUR TEAM

The patient employee softball team, playing under the name W.S.E.A. Local 48, has entered in the Oshkosh city-wide slow pitch tournament. This is the same team that plays in Friday Twilight League in Oshkosh and is supported by our local union. The tournament will be played August 17, 18, 24 and 25 and tickets are available here at the hospital for \$1.00. Anyone interested please contact David Daggett, extension 420. We would certainly appreciate a good turnout!!

GOLDEN VIEW

This writer recently interviewed a very interesting gentleman who at one time was a clown in some of the biggest traveling circuses in the United States. His name is Charles

He performed with such shows as Barnum and Bailey as a clown in the high aerial act. He also worked with the Ringling Brothers where he also was a clown. In working with the Big Top, Mr. used the trade name -- Charlie. In between working for the bigger shows he had his own troupe, which was made up of his brother and his wife. This group went under the trade name of "The Troupe". Charlie traveled all over the United States and Canada. He speaks French fluently which he used exclusively for his Canadian performances. He was also a rodeo clown in the Patty Burns Rodeo Show. Being in a rodeo can be a very dangerous profession as those of us who have ever seen a rodeo clown trying to attract the attention of an enraged Burma bull which has thrown a contestant can attest to. So Mr. has many fine memories to cherish of an exciting career he has led as a clown performing all over the United States and Canada.

Doug

On the Food Scene Cont. from p. 4

Though the nutritional level is always high, there is no leeway in the financial aspect of mass food production. An amount is allotted per person per year. Therefore, a tight budget and controls must be maintained.

Seconds are served on all items except meat, desserts, and butter. Food is prepared for the actual number to be served and no more. There is very little waste. Of course, anything taken on a tray is disposed of immediately. All other food is sent back to the central kitchen and the perishable foods are disposed of at once. The remainder is used for soft diets and lunches for the working patients.

We think Mr. Oberts and his staff should be commended for doing an excellent job in serving food to such a large number of people. We would also like to thank them for being so cooperative in our meeting with them.

Vicki

EDITORIAL STAFF

Doug	Ralph
Sam	Donna
Helen	Jeannie
Vicki	Ula
Jerry	

Advisor: Jim Fung

HUMAN ANXIETIES

Men are born and men do die.
And in between a life
time flies
Full of pain and full of
sorrow
With little promise of
a better tomorrow.
The pain is bad, but smile
they must
For their faith is
great, and in hope do they
trust
Life is too short, to be spent
in tears
For with the rising sun
You have their classes.

____Anonymous

THE WEEK AHEAD

HOSPITAL ACTIVITIES FOR THE WEEK OF AUG. 5 - AUG. 11, 1968

August 5				
Monday	2:30 - 4:00 pm	HH Music Room	Record Listening	
	3:45 pm	GH AT Area	Catholic Mass	
	6:30 pm	HHB 1-4, OT Area	Wood Working	
	7:00 pm	SH 5-6	Outagamie Red Cross	
August 6				
Tuesday	10:30 am	GHS	Luthern Service	
	2:30 - 4:00 pm	HH Music Room	Record Listening	
	7:00 pm	2-W	Gray Men	
August 7				
Wednesday		* CARNIVAL DAY *		
	1:00 - 2:00 pm	Variety Show		
	2:00 - 5:00 pm	Booths Open		
	5:00 pm	Bratwurst Supper		
	6:30 - 8:30 pm	Street Dance		
	1:00 pm	Carnival	Appleton Red Cross	
	2:00 pm	Carnival	Oshkosh Catholic	
			Women's Club	
	7:00 pm	Chapel	Luthern Service	
August 8				
Thursday	10:00 am	GHF	Protestant Service	
	2:30 - 4:00 pm	HH Music Room	Record Listening	
	7:30 pm	GHSP	Mercy Hosp. Student	
			Nurses	
August 9				
Friday	2:30 - 4:00 pm	HH Music Room	Record Listening	
	3:45 pm	Chapel	Catholic Mass	
August 10				
Saturday	10:00 am	GHS	Hymn Recital	
	10:30 am	GHF	Hymn Recital	
	2:30 pm	HHA-3	Rachel Circle	
		To be announced	Catholic Confession	
		To be announced	Catholic Mass	
SOFTBALL -	9:30 am	Kempster Diamond	HHB & Ward A-2 vs	
		Main Ball Park	Kempster	
			HHA & GHF vs	
			Sherman	
August 11				
Sunday	8:45 am	Chapel	Protestant Service	
	10:00 am	Chapel	Catholic Mass	

LISTEN TO THE DISC JOCKEY SHOW - 12:30 to 1:00 pm - M thru F