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Boston, Mass: The Priscilla Company, May, 1925

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# Modern Priscilla

May  
1925  
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Twenty  
Cents

No Other  
Magazine  
Like it in  
The World





**\$100 Reward**

There is only one "Congoleum." It is manufactured by Congoleum-Nairn Inc., and identified by a Gold Seal pasted on the surface of every pattern. All "Seconds" are identified by a Red Label.

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When your friends admire your furnishings you know you've made the right choice. And Gold-Seal Congoleum Rugs are so rich and colorful in design—so sanitary in the way they are made—that they always win approval.

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The elaborate Oriental pattern illustrated in this living-room is but one of many attractive designs—gay floral motifs, conventional tiles,

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9 x 12 ft. 18.75		

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 New Orleans London Paris Rio de Janeiro  
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Pattern No. 518




Pattern No. 556



Pattern No. 552

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Gold Seal   
**CONGOLEUM**  
 REG. U. S. PAT. OFF.  
**ART-RUGS**

# The Modern Priscilla

With which has been Combined  
Home Needlework Magazine and Everyday Housekeeping

PUBLISHED MONTHLY BY THE PRISCILLA COMPANY  
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MAY—1925

VOL. XXXIX. NO. III

## Child Health Day

"MAY DAY"—May 1—has been chosen by organized Child Welfare workers as "Child Health Day".

He would be an unthinking person indeed who would say that this or any other country has a greater asset than its children. As future citizens, they should be given everything that will help them to better the achievements of their fathers and mothers. Only thus can humanity move on toward bigger and finer attainments. And health is surely a powerful aid to such progress.

But let us be sure, before we lay our plans, that we see the problem in its broadest aspect. Health is something more than a well developed, vigorous body. Back of that there must be a clean, well balanced, right thinking mind. Medical men of to-day, the very best of them, are stressing more and more the influence of the mind on the body. As one noted physician and educator recently put it—"The mind alone can produce symptoms of any disease."

If this be so, can we be too careful what we put into children's minds? Play, exercise, fresh air, nourishing

food, plenty of sleep—all these things are needed, and merit the careful thought and attention of parents. But always and ever there remains in the background the inquisitive, absorbing, developing mind to be considered.

You do not teach your child arithmetic by calling his attention to the fact that two and two does *not* make five. You impress on his mind and memory the fact that two and two *does* make four.

You do not rehearse for his benefit all the lies you can think of to make him truthful. On the contrary, *truth*, not lies, is what you talk about.

So why teach your child to think about disease? Why not put health in the foreground? That your child will be the better for this cannot be doubted. That the world he is to grow up in will also profit is a conclusion that can hardly be gainsaid.

"Child Health Day" by all means! But let us not forget that no better foundation for health throughout life can be laid than a mind trained in childhood to reject thoughts of disease.— C. B. M.

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# The Editors' Page

I WONDER if you have discovered how delightfully "listening in" on the radio combines with needlework. I spent three hours at the opera the other evening (via radio), and while my soul was drinking in the beautiful music of "The Jewels of the Madonna" my fingers were busy with some needlework which I had long wanted to find time to do. It's a wonderfully satisfying combination. You can't read and "listen in", nor can you talk or play bridge, if you really want to hear what is going on, but you can knit or crochet or embroider or darn stockings and have a most peacefully happy time while doing it.

What with social welfare and politics, clubs and lodges, to say nothing of automobiles, there hasn't seemed of late to be much time in which to sit peacefully at home and do needlework; but now along comes the radio. David in high school builds his own, father gets the fever and soon the family gathers round to "listen in" when the big programs come on in the evening. This is the time to make that set of luncheon linens you have long wanted, or to embroider the kiddies' clothes or to make a new sports sweater. Keep your work bag handy.

And now, like a radio announcer, before you turn the following pages, I want to tell you a bit about some of the "feature" numbers.

First of all there is the beautiful wall hanging on page 5. As you may perhaps know, present day decorators are using textiles of various sorts very extensively for wall decoration. Sometimes a silky Oriental rug, or again a woven tapestry or a piece of crewel embroidery or grandmother's sampler. This wall hanging has been designed to meet the need for something which can be done in a reasonably short time, is not technically difficult and yet in design and coloring is worthy to hang upon the wall as one would hang a picture. Be the first in your locality to take up this new crayon work.

Punched work is back. If you want to lead in having the newer embroideries take for your summer's work the beautiful luncheon set on page 6, and have it ready for bridge parties next fall.

For use at summer parties you will want the butterfly rainbow sets shown in color. They are as dainty and pretty as can be, and just no work at all.

Now turn way over in the back of the book and look at the "ship curtains". If you visit the Proving Plant this month you will see these dainty blue and white curtains in the breakfast room. They are quite as effective for this purpose as are the popular ship pictures.

Now let's talk just a minute about a subject in which we are all especially interested just at this time—summer clothes. Two very different types of cotton dresses which will be worn this summer are featured in this number—one the simple one-piece dress, so easy to get into, which can be put on in the morning and worn all day in the country and makes the prettiest sort of house dress all the year round; the other is the tunic dress, of voile or linen. If you want to be very smart, quite Parisian, you will wear your bright colored linen tunic with a black satin slip.

The crocheted trims for children's clothes can be made quickly, and transferred as garments are outgrown. Mothers will appreciate also the roomy raglan sleeve dresses and the little made-up tub hats. If only you could actually see them!

*Christina Terry*

Needlework Editor.

ONE hundred dollars in prizes to be given to women who will write a letter to the Housekeeping Editor about the way in which they clean their houses.

Only thirty-six out of every hundred homes wired for electricity own vacuum cleaners, according to the latest statistics. This is to us, at the Priscilla Proving Plant, an amazing statement. Women in all the other sixty-four homes are, presumably, doing their cleaning by old-time methods. Some, perhaps, have a non-electric vacuum cleaner. We hope they have. But that any woman, in these days of modern housekeeping, should still use a broom with which to clean seems to us little short of tragedy. Without a continuous, consistent, backaching and heart-breaking war against the enemy, no house can possibly be kept clean by broom and hands alone. And then there is the damage that such a warfare entails. Rugs that are beaten will break. Draperies that are put out to whip will show the effect of such treatment in time. Cushions and upholstery that are whipped will soon show a worn and ugly surface. And at that, the house and its furnishings are not clean.

This is what we believe because it is what we have proved. Now we want to know what *you* believe. We are constantly working on home-making problems, the results of which we pass on to you. You are engaged in the same pursuits—cooking, sewing, cleaning. We want to know what you are finding out through your experience. The only way we can learn this is by the letters you write us and the visits you make us. Because most of you live so far away that you can't visit us, we must rely on your letters. And to make it worth your while to write us we are offering prizes for the best letters—this time on the subject of cleaning. Other subjects are to come later. The prize-winning letters will be printed in later months. Here are the prizes for this month's contest. Twenty-five dollars for the best experience letter from the woman who *has no vacuum cleaner*.

Ten dollars for the second best letter.

Two five dollar prizes for the third and fourth best letters.

Five one dollar prizes for the five next best letters.

A total of fifty dollars in prizes for letters from women having no vacuum cleaner.

Twenty-five dollars for the best experience letter from the woman who *has a vacuum cleaner*.

Ten dollars for the second best.

Two five dollar prizes for the third and fourth best letters.

Five one dollar prizes for the five next best letters.

A total of fifty dollars in prizes for letters from women having vacuum cleaners.

Here are the points to cover: How many rooms you have.

How many in your family. Rugs or carpets on the floors.

Whether you hire outside help. If so, what you pay.

Your method of cleaning. How often you clean your house.

Hours spent each week.

Physical reaction, tired or not.

Personal appearance while cleaning.

Whether or not you enjoy your cleaning.

Is your house *clean* when finished?

You have a month in which to study your subject, study your own method, then write your letter and mail it on or before June 15th, to Mrs. Lutes, Housekeeping Editor, MODERN PRISCILLA, Boston, Mass.

*Della Thompson Lutes*

Housekeeping Editor.

## ADVERTISING GUARANTEE

"As Represented or Money Back"

The Publishers of THE MODERN PRISCILLA guarantee the reliability of every advertisement appearing in this magazine.

Household appliances, food products and textiles that have been tested and approved by the PRISCILLA PROVING PLANT are marked with this seal of approval. You can purchase all such goods with a feeling of absolute security.

Every article advertised in PRISCILLA, which by its nature cannot be tested, or for any reason has not been tested, is guaranteed by us to be as represented. If you purchase goods as a result of an advertisement in MODERN PRISCILLA, and they do not prove to be true to the claims made for them, we guarantee that the advertiser shall adjust the matter or refund your money, or we obligate ourselves to do so for him.

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**No Service to Compare with Ward's**

"We have been dealing with you for more than ten years and our dealings have always been satisfactory and pleasant. Nowhere can we get such an ironclad guarantee, or such bargains—all first class merchandise. I have worn a pair of your guaranteed work shoes for eleven months and they are still good. There is no service—mail or home—to compare with Ward's."

Herman J. Dieckman,  
Sample, Ky.

**Best Mail Order House**

"I have been ordering goods from Ward's for twenty years, and I have found it the best mail order house in the United States. Recently I ordered a suit of Stillson Worsted for \$17.85 and found the cloth much better than in a suit I would have paid \$35 for here. I am using a Riverside Cord tire that is the best tire money can buy."

Ira Nelson,  
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**Five Dollars goes far at Ward's**

"My last order was a dress, a pair of shoes and a flashlight, and I still had 81c left out of my \$5. About twenty-five years ago Charlie Miller of Rockport bought a shot gun of you for \$5. It has had constant use, winter and summer, and no special care, and it shoots today as good as any automatic made. It was low in price and high in quality as all Ward's merchandise is."

Harry Standley,  
Newton, Ia.

**Quick Service on Every Order**

"I wish to express my appreciation of the service rendered on my recent order. It was mailed the afternoon of February 13 and received on February 15, so I had to wait only three days for my order. It was a small order too, proving that small orders are given just as much consideration as the large ones. I saved \$3.50 to \$4 on the electric iron alone by ordering from you."

A. M. Johnson,  
Gilmore City, Ia.

**Ward's 24 Hour Service Pleases**

"I want to thank you for your promptness in sending my incubator. I live six miles from town and three days after I sent my order my incubator was at my door. My mother has bought goods from Ward's ever since I can remember, and she, like myself, was always satisfied. When you send an order to Ward's you get exactly what you have ordered."

Mrs. Henry Treese,  
Houstonia, Mo.

# Ward's Catalogue is saving millions of dollars for the American People



## Millions of people are saving millions of dollars by using Ward's Catalogue

ARE you one of them? Do you turn to this Catalogue for *everything* you need to buy?

Millions of people are today *living better* because their money goes farther at Ward's. Read the letters on this page. Thousands of people write us the same story of larger savings, better goods and better service when they send their orders to Ward's.

**"We never sacrifice Quality to make a Low Price."** Ward's saves you money on everything you buy. But

we do not offer you price baits on "cheap" unserviceable merchandise. We sell only *reliable* goods—the kind that stands inspection and use. "We never sacrifice quality to make a low price."

You, too, may as well profit by the saving your Ward Catalogue offers. You, too, may as well take advantage of Ward's Catalogue to get *reliable* goods, a larger saving and quicker service. Your patronage is always appreciated at Montgomery Ward & Co. So use your Catalogue. Start sending all your orders to Ward's.

# ESTABLISHED 1872 Montgomery Ward & Co.

The Oldest Mail Order House is Today the Most Progressive

Chicago      Kansas City      St. Paul      Portland, Ore.      Oakland, Calif.      Fort Worth



Beauty is  
fragile

## Specialists advise *simple* care for your skin

EXPERIMENTS are all right in laboratories, where failures are expected as a part of the day's work. But your complexion is too precious and too delicate to risk. Where its care is concerned, it is well to take the advice of unbiased men of science.

Dermatologists like Dr. William Allen Pusey\* and health authorities like the Life Extension Institute tell you the scientific truth when they say that the first requisite in the care of the skin is cleanliness, that pure soap and warm water are the best friends your complexion has; that soap's function is to cleanse, not to cure; that you cannot "nourish" your skin with soap or oils or "skin foods." Their advice is worth following. Any other kind of advice may be seriously open to question.

Cleanliness is fundamental. A skin that is not clean cannot be beautiful. The use of soap is necessary for perfect cleanliness.

\*Author of "The Care of the Skin and Hair"

And pure soap is harmless to your skin. Ivory's purity and mildness are universally known. For Ivory is pure. Ivory contains no medicaments, coloring matter or strong perfumes. It keeps your skin clean without harm. It keeps its promises to the letter.

### The scientific basis for the use of soap

The following set of principles has been endorsed by 1169 physicians of highest standing and is offered as an authoritative guide to women in their use of soap for the skin:

- 1 The function of soap for the skin is to cleanse, not to cure or transform.
- 2 Soap performs a very useful function for normal skins by keeping the skin clean.
- 3 If there is any disease of the skin which soap irritates, a physician should be seen.
- 4 To be suitable for general daily use, a soap should be pure, mild and neutral.
- 5 If the medicinal content of a soap is sufficient to have an effect upon the skin, the soap should be used only upon the advice of a physician.
- 6 In all cases of real trouble, a physician's advice should be obtained before treatment is attempted.

The safest, gentlest and most effective cleansing treatment you can give to your complexion is to bathe it once or twice daily with Ivory Soap and warm water, following this with a thorough rinsing and a dash of cold water. Then dry with a soft towel. If you have a very dry skin, rub in gently a little pure cold cream. Do not expect the oil in any soap to act as an emollient, for oil mixed to make soap ceases to be oil and becomes soap.

If you have been persuaded to experiment with more elaborate treatments, accept this simple, natural way and see if your complexion does not improve.

Procter & Gamble



New Size

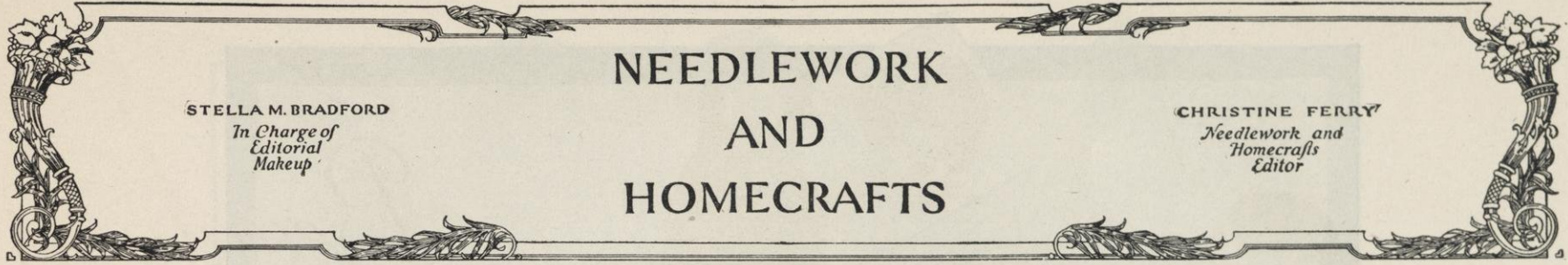
Guest IVORY



Guest Ivory, the dainty new cake of Ivory made especially for face and hands, costs but 5 cents.

# IVORY SOAP

99 <sup>1</sup>/<sub>100</sub> % Pure It Floats



STELLA M. BRADFORD  
*In Charge of  
 Editorial  
 Makeup*

NEEDLEWORK  
 AND  
 HOMECRAFTS

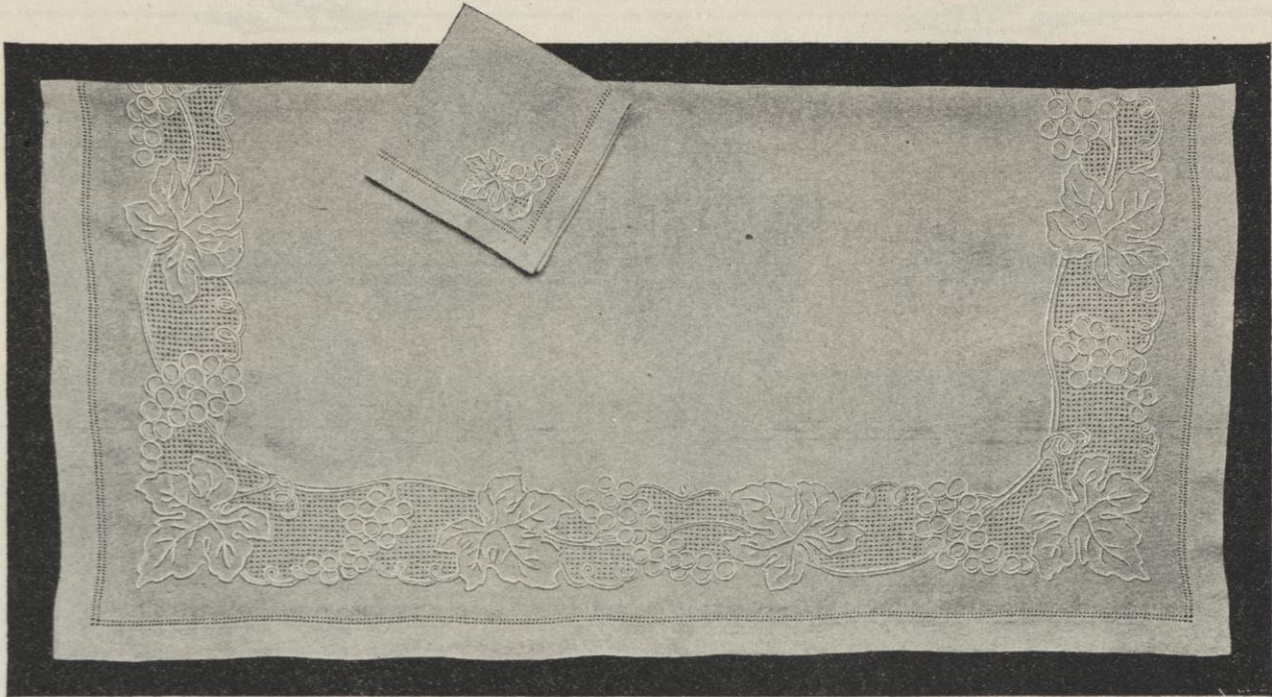
CHRISTINE FERRY  
*Needlework and  
 Homecrafts  
 Editor*



*Try the New Crayon-craft—Fascinatingly Easy to Do*

*On page 18 Kate Mann Franklin Tells How to Make This Beautiful  
 Wall Hanging and Other Delightful Things for Your Home*





## A Luncheon Cloth of Which You Will Always Be Proud

*Grapes and Leaves Are Thrown Into Strong Relief  
by the Lacy Texture of the Punched Work Background*

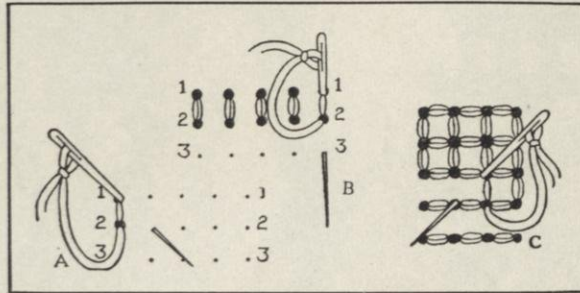
By ELEANOR F. BLIEFLING

**S**IMPLE outline stitch, with the thread kept to the left of the needle so as to fall in a smooth satiny line, and the succession of back stitches which constitute punched work are all the stitches one needs to know in order to do the embroidery on this very beautiful cloth. By using Italian hemstitching to top the hem the "feeling" of the lacy punched work background is carried into the edge, which is always desirable, although simple hemstitching can be done if one likes.

The material is creamy linen of just the right texture so that the threads will separate easily when doing the punched work, something which must always be taken into consideration when doing this type of needlework. White embroidery cotton is used for outlining and a fine linen thread for the punched work. When finished the cloth measures about 40 inches square and each of the napkins about 14 inches.

Do the outlining first and then work the background. Last of all straighten the edges and do the Italian hemstitching.

If punched work, which was so much in vogue several years ago, is unfamiliar to you, study the stitch details above. The dots come stamped on the material. Take a length of thread (not too long), tie it to the eye of the large needle which is used for this work in order to force the threads apart, and begin work at upper left-hand corner, as shown in De-



tail A. Bring needle through from back in first dot of second row, send it down in dot just above and tie end of thread tightly so it cannot slip, bring needle through again at same place as before and take a second stitch, bringing needle through at next dot to right (A). Work in this way across row, two vertical stitches in each group on front, and connecting diagonal stitches on back. Always draw vertical stitches as tightly as possible. At end of row carry needle down to third row (B) and work back from right to left following dots of second and third rows. Go back and forth in this way until space is covered, then turn work so that top becomes side and repeat the process (C), forming a checkerboard pattern. It is all very easy to do and the details show the process

perfectly. Plan to fasten off and start with a new thread at end of row and secure end with a fine needle.

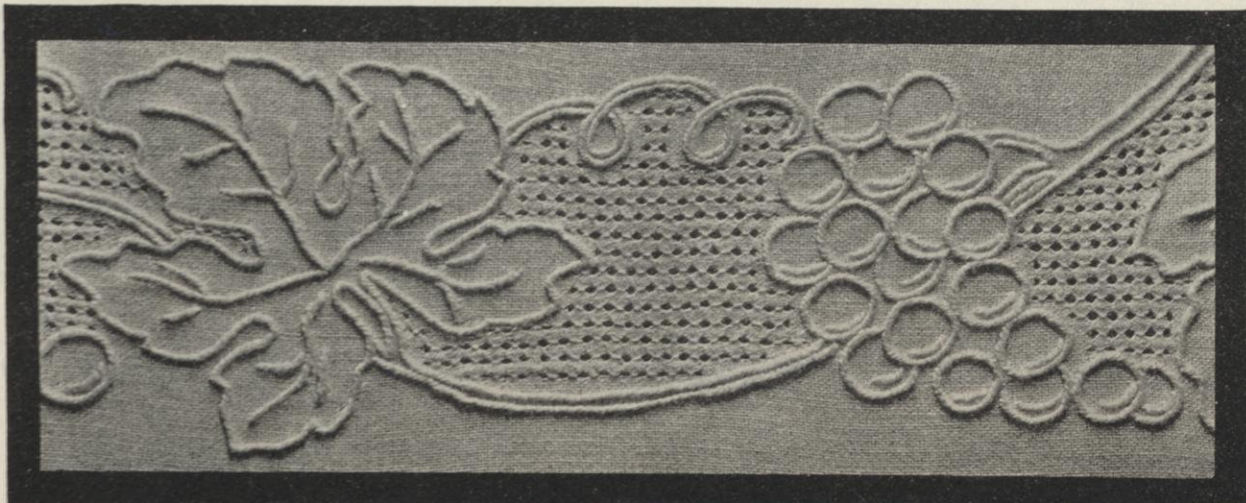
Try to keep the tension of the stitches the same throughout so that the tiny squares of material and the bars connecting them will be even. There is a certain resemblance between this pulled thread work and the lovely Italian work with drawn thread background, so very popular but so costly because of the time necessarily spent in drawing and wrapping the threads. No doubt this similarity of effect is responsible for the revival of punched work, which is infinitely easier to do and less taxing on the eyes. To the Parisians must be given the credit for the revival of this interesting work.

The illustration above shows the cloth folded once through the centre; the napkin is folded in quarters. It is a beautiful design, the texture of the linen is especially lovely and altogether the set is something which the lover of fine table linens will delight to possess. The detail below is reduced about one-half actual size.

To finish the edge, leave an inch margin outside the embroidery, draw threads for the row of Italian hemstitching and turn the hem up to it, mitring the corners.

A large punched work needle will be sent with the materials. For \$1.00 additional, embroidery will be commenced on either cloth or napkins.

No. 25-5-56.  
Luncheon Cloth.  
Stamped cream  
linen, 45 x 45  
inches, \$3.85.  
Embroidery ma-  
terials, \$1.40.  
Perforated  
stamping pat-  
tern, one-half  
design (rever-  
sible), 50 cents.



No. 25-5-57.  
Napkin. Stamp-  
ed cream linen  
cut 15 x 15  
inches, six for  
\$2.35. Emb-  
roidery mate-  
rials, 50 cents.  
Perforated  
stamping pat-  
tern, 20 cents.



No. 25-5-47

No. 25-5-48

No. 25-5-49

## A Trio of Tunics Favored by Paris for Summer Wear

By PAUL E. GOODRIDGE and HELEN PERRY CURTIS

PARIS has found the tunic idea too good to abandon after one winter of silk and velvets and beaded chiffon creations, and now turns her attention to smart versions for summer wear in wash materials, linens being first in favor always with the French, and voiles running a close second, especially in designs for the American market.

Now that every woman's wardrobe contains one black satin slip, and usually a white one, and not unusually a colored one, the addition of a tunic provides a costume which is unquestionably smart, and economical, too. It is surprising what variety you can achieve on a limited clothes allowance with a good slip and several inexpensive tunics. Incidentally, a black baronet satin will give you wonderful service as an underslip — and we might add that our Paris correspondent says that pink linen worn over the black satin is the favorite of the *couturiers*.

It goes without saying that *everything is embroidered* — and it just has to be, for the utter simplicity of the straightline tunics and frocks demands a distinctive touch.

These three tunics may be had in a lovely range of colors in either linen or voile as you choose, the embroideries being effectively worked out in black and white. The details of the stitchery shown at the bottom of the page are actual size and show you how very easy the work is to do, and you can readily see how rapidly it covers the ground.

Possibly the design on the first model, which was originally developed in a green linen, suggests a braiding pattern to

### Materials and Prices

No. 25-5-47 to No. 25-5-49 (inclusive) Tunics. Sizes 34 to 42. Any one design with cutting lines stamped on peach, orchid, yellow, green, blue, pink, or white fine cotton voile, \$2.00; green, pink, apricot, or Chinese blue linen, \$4.00. Embroidery cotton; black and white for No. 25-5-47, 65 cts.; white for No. 25-5-49, \$1.20; black yarn for No. 25-5-48, 45 cts. Voile for an underslip, \$2.00 extra; linen for an underslip, \$4.00 extra.

NOTE. — Material for binding the tunics is included. Be sure to state size and color desired, when ordering.

you. This method of embroidery gives the effect of braiding and you can do it in less than no time. The design is simply lined out with three threads of black rope cotton couched on with white as the detail shows. The embroidery follows the neck line and makes a corner motif at each side of the long slash at the front of the tunic.

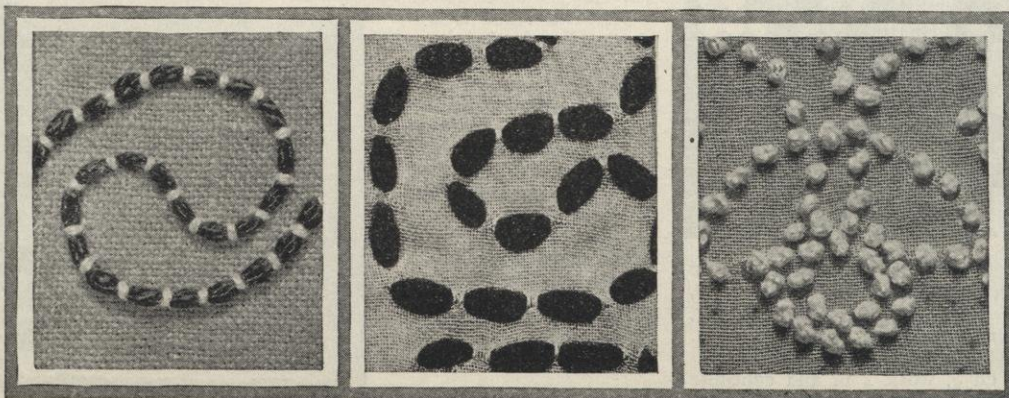
The band of running stitch on the second tunic worked with two threads of black wool is particularly effective on the voiles. If you like black and white effects, this is a stunning pattern to use. This band runs completely around the bottom of the tunic.

Replete with *chic* in both embroidery and line is the third tunic. It wears pearly white French knots, not only because French knots are in vogue, but because they give the effect of a fine beaded pattern, and the beaded tunic is still a popular fashion feature. The knots are made with a heavy cotton, used once around the needle. This is the only model with the demure V-neck.

All the tunics have just a suspicion of sleeve, all are bound with self material, and all are so easy to make that any schoolgirl could put them together. Many will want to make slips to match their tunics instead of wearing silks, and this material will be provided as specified in the prices.

On model No. 25-5-48, a little plait is laid under the arms and held by four flat jet buttons set in a row at each side.

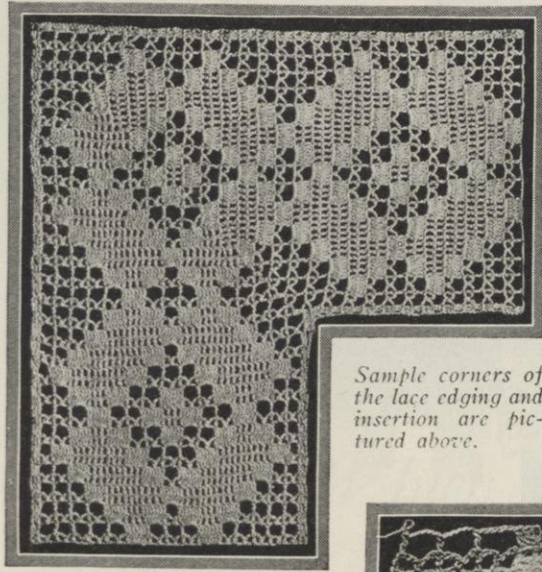
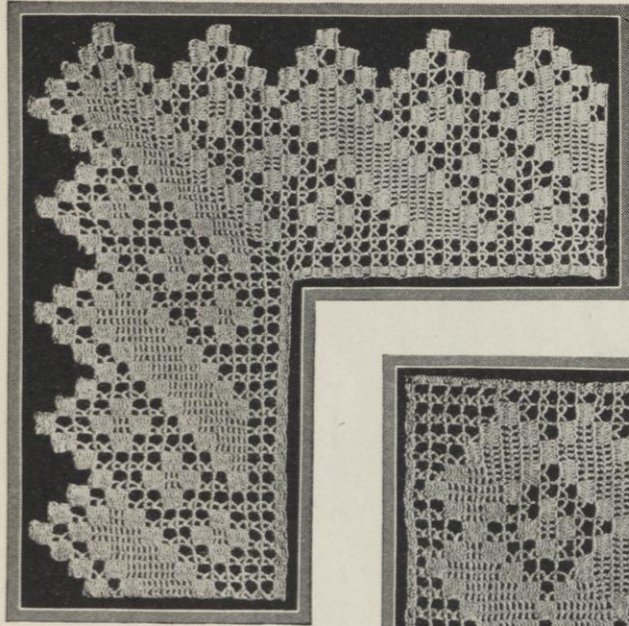
You will probably like to wear one of the new wide belts with No. 25-5-49, it adjusts the fullness, and keeps that smart long slash where it belongs.



# Tea Cloth Laces in Effective Crochet

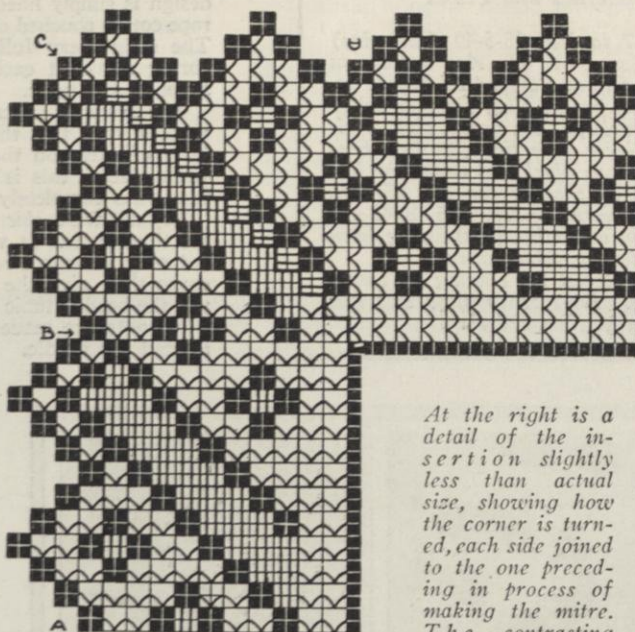
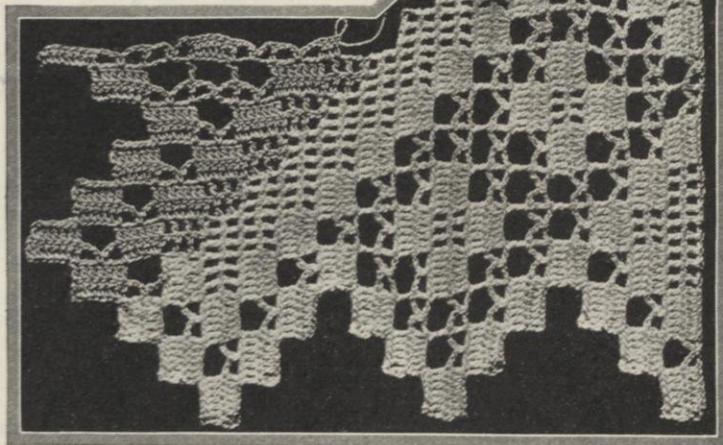
Patterns in Lacet Stitch and Filet Crochet  
Featuring Mitred Corners

By M. PINTNER



Sample corners of the lace edging and insertion are pictured above.

The method of mitring the edging is pictured below. Contrasting thread was used to show joining.



edge with 2 lacet stitches. Then turn and ch 8 for t and first bar in next row, work 2 bl, and continue, following block pattern. The next row ends with 3 narrow sp, lacet st (this leaves the lacet st and bar of last row free), turn. Chain 8 for t and first bar, work 3 narrow sp and continue, following pattern. Work next row, ending with 6 narrow sp (this leaves the lacet st and bar of last row free), turn. Chain 4 for the first of 6 narrow spaces. Continue mitring corner ending first part with 2 bl at C.

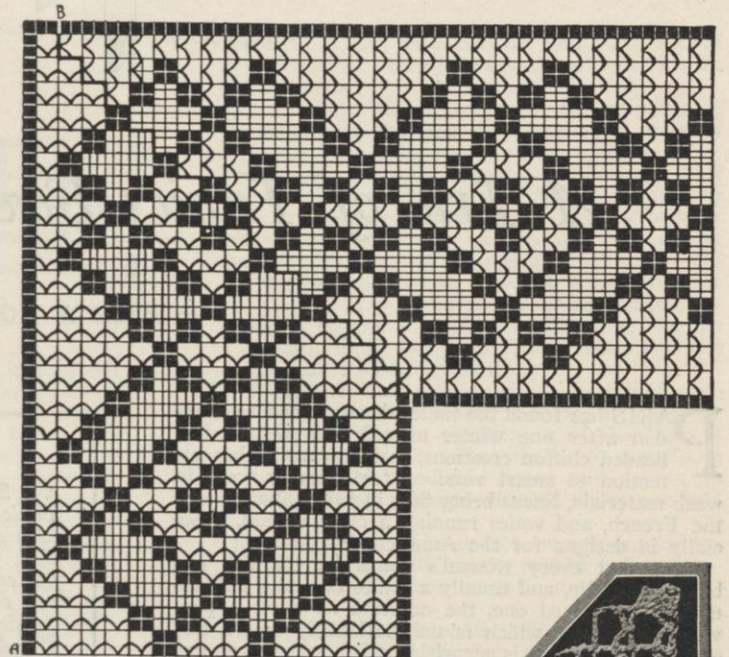
To continue, turn block pattern so that C-B is base, sl st over the 2 bl just made; ch 9 and add 2 bl, lacet st over side of 2 bl, sl st in 4th of 7 t, sl st in each of 3 t, turn; ch 5 for bar, 2 bl, turn; ch 9 and add 2 bl, lacet st, 2 bl over bar, 2 narrow sp into side of next 2 bl, ch 1, sl st from second sp to point, turn; 3 narrow sp, 2 bl, bar, 2 bl, turn; sl st over 2 bl, ch 3, 2 bl, lacet st, continue, following block pattern. At D work 2 bl, lacet st, 2 bl, 2 lacet sts, 2 bl, 6 lacet sts, sl st along side of last bl made for inner edge, then continue, repeating from D for length required.

INSERTION. — Start at A working 1st row from outer edge toward inside. Turn rows for mitred corner as directed for edging.

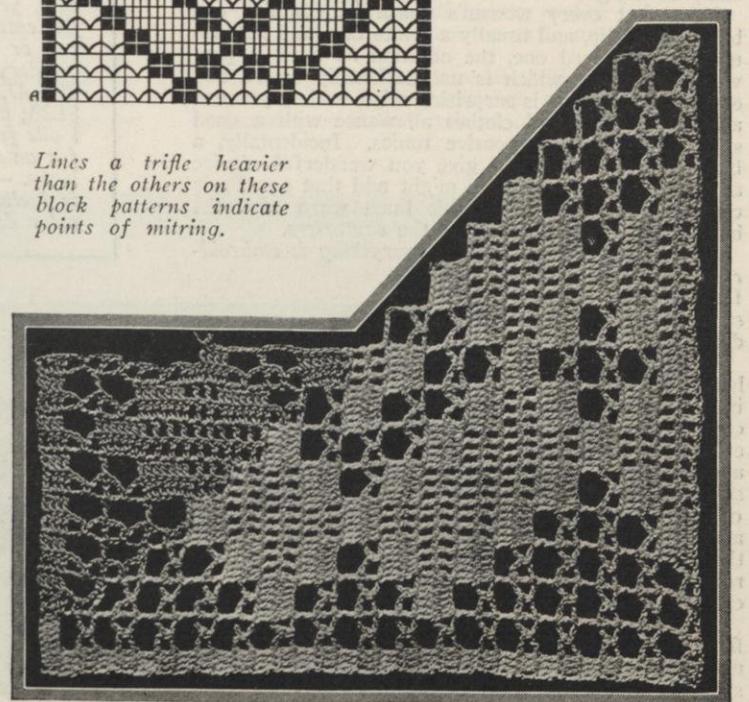
The detail shows clearly each step of the zig zag line. When following 23rd row of the block pattern work 4 lacet sts at inner edge and turn.

Chain 8 for t and first bar in next row, work t in t forming the first step of mitre, then continue, following block pattern. End next row with 4 lacet sts, leaving first bar of last row free. Continue mitring in this way, chaining 4 if row starts with a narrow space. The first half of the corner ends with 3 bl at B.

To work second half, turn block pattern so that A-B is base. Work a bl into side of last bl made, lacet st, skip 2 of 8 ch, sl st into each of 3 ch, turn, ch 5 for bar, bl, turn. In next row work a bl, 2 lacet sts, sl st in each of 3 ch, turn, ch 5, t in t, ch 5, bl. Continue, following the block pattern and detail until corner is completed. Slip stitch along side of last block made at inner edge. Continue following the block pattern.



Lines a trifle heavier than the others on these block patterns indicate points of mitring.



At the right is a detail of the insertion slightly less than actual size, showing how the corner is turned, each side joined to the one preceding in process of making the mitre. The contrasting thread again shows the joining of the rows of one side to the "steps" of the other.

FOR the crocheter, here are two unusually interesting and attractive trims, either of which will turn a plain linen tea cloth into a thing of charm and beauty. It is for you to choose whether you prefer a lace-edged cloth or one with an insertion set in above a deep hem, or if you will use the two in combination. No. 70 hard-twist crochet cotton is suitable for most table linens, and both edging and insertion made of it will be four inches wide if worked eight file meshes to the inch. With No. 70 cotton, use a No. 14 steel hook. The amount of cotton required will depend on the amount of lace you need.

These laces have other uses beside the trimming of table linens, however. While their patterns are not identical, they are sufficiently like in design and type of work to be used together on a bedspread, the insertion applied on top of the bed as a border or frame for embroidery, and the edging whipped to the sides.

Mitred corners are a feature of these two trims, and the mitring is really very simple. The lace is narrowed to a point, step by step, and the next side built up by widening on this point row by row to the original width by working into the "steps" of the first side. The crocheting is done in the width, in a combination of lacet stitch, filet blocks and spaces, the latter made by skipping one chain between trebles instead of two as is usual.

An explanation of crochet stitches will be found on page 55.

EDGING.—Begin at A with 72 chains (ch). 1st row — Working from outside edge toward inside make a treble (t) in 4th ch from hook, t in each of 5 sts forming 2 blocks (bl); \* ch 3, skip 2, double (d) in next, ch 3, skip 2, t in next, repeat from \* once making 2 lacet sts, t in each of 6 sts, (ch 1, skip 1, t in next) 3 times (for 3 narrow spaces which equal in size 2 bl), (2 bl, 2 lacet sts) twice, 3 t. 2d row — ch 3, (to count for first t), 3 t, \* ch 5 for bar over lacet st, t in t, ch 5, t in each of 7 t, repeat from \* once, 3 narrow sp 2 bl, ch 5, t in t, ch 5, 7 t. 3d row — ch 9, t in 4th st from hook, t in each of 5 ch, t in t (adding 2 bl), 4 lacet sts, 2 bl, 2 lacet sts, 2 bl, 3 narrow sp, 2 lacet sts, 1 bl. Continue, following block pattern. At beginning of 9th row decrease by slip stitching over 2 bl, then ch 3, work 2 bl and continue as before until corner is reached, ending the row marked B at inner

# Crocheted Trims for Little Clothes

*Some Show Embroidery on a Crocheted Foundation*

*Others Are Worked in Two Colors*

By MARY S. TRACY

**I**F you can make double crochet stitches, these trims will be as easy to make as the proverbial "rolling off a log"; and if you can make the simplest of embroidery stitches, you have unlimited possibilities for decoration.

The doubles are made in a manner a bit out of the ordinary, working a double into the back loop only of the double of the previous row. This method gives your work two surfaces quite unlike but equally attractive and equally usable. The side you use for decoration depends on the stitchery you wish to use, and the effect you wish to obtain. Trims Nos. 5 and 7 give you a very clear idea of the appearance of the two surfaces, and all the pictured trims are sufficiently large to show you which surface of each model was decorated if decoration was used.

A wide variety of cottons and sizes of cottons may be used, depending on the garment you wish to trim and the nature of the trimming—hard-twist, soft-twist, pearl, even yarns that are not too heavy; and it is quite permissible and often very effective to combine cottons of more than one kind.

The crocheting is never turned as you work. If you are making straight strips, as for pocket tops, or lengths of braid or binding, it will be necessary to break the thread at the end of each row, and to start again at the beginning of the previous row. If, however, you are making bands for sleeves, bloomers, or necks of dresses, you can work in rounds without breaking your thread; and in case you are using more than one color for crocheting, simply change color at the beginning of the new round without breaking the thread.

A foundation chain of desired length is the first step in making any of these trims when they are to

be sewed on. When worked directly into an edge, the edge must be turned and covered with a preliminary row of doubles. If a very long strip is required, and you are uncertain of the length, it is advisable to use two balls of cotton, one for the chain and one for the doubles. Then the chain may be lengthened without trouble if it proves too short. A double is worked into each stitch of the foundation chain, or into the preliminary row of doubles, and the firmer you work them the more charming and easily embroidered your crochet will be.

Especially good for children's clothes, these trims may also be used on adult apparel, notably Nos. 1, 3, and 8, used on sports clothes.

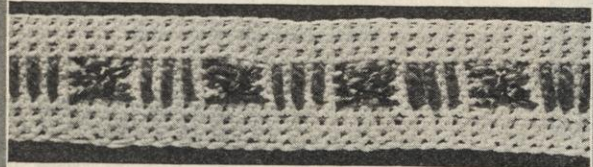
An explanation of crochet stitches will be found on page 55.



No. 4. An applied "hankie" pocket.



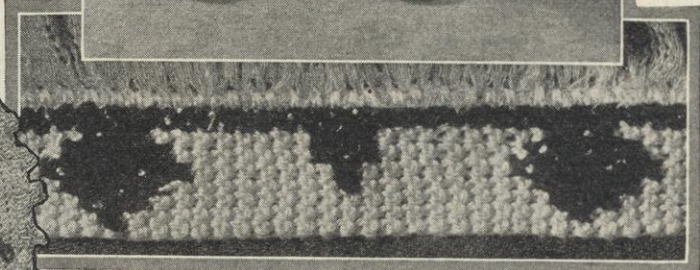
No. 1. A braid edging in two colors.



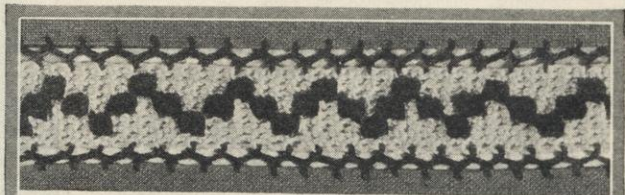
No. 2. Banding interestingly embroidered.



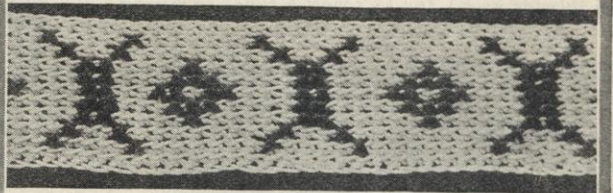
No. 3. A braid and matching binding.



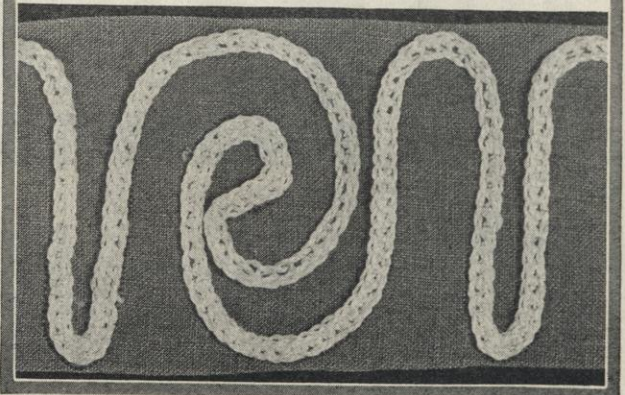
No. 5. Cross-stitched edge used above.



No. 6. An insertion embroidered in blocks.



No. 7. Cross-stitching is very effective.



No. 8. A narrow embroidery braid.

### How the Model Trims Were Made

No. 1 is made with No. 5 crimson soft-twist and No. 10 white hard-twist cotton and a No. 8 steel hook, and is 3/4-inch wide. The foundation row and the first row of doubles is crimson, followed by five alternating rows of crimson and white, topped with two rows of crimson. Other widths may be made by increasing or decreasing the alternating rows of white and crimson, and, of course, any number of color combinations are possible.

No. 2 is made with white hard-twist cotton No. 10 and a No. 9 steel hook, and is 9 rows of doubles deep (3/4-inch). Red and green embroidery silk were used for the alternating groups of three single stitches, done on the three middle rows of crochet—red for the vertical stitches, green for the horizontal. The horizontal stitches are knotted together by taking a single stitch vertically over the group of three, and a tight buttonhole stitch over this new vertical stitch.

No. 3 is made with No. 8 soft-twist cotton and a No. 11 steel hook. The binding is worked 13 rows wide (1 inch), and the braid 3 rows wide (1/4-inch). The model was worked entirely in yellow.

(Continued on page 47)

# Some Variations of the Ever Popular Swedish Weaving

*Suitable for the Decoration of Towels, Table Linens  
and Covers of Various Sorts*

By NOUVART TASHJIAN

**S**WEDISH Weaving or Oriental Drawn Work, as it is sometimes called, is a most satisfactory method of decorating household linens and distractingly fascinating to do. Either name may be quite properly used, for the patterns are worked (or darned) over and under fabric threads which are left after cutting and drawing the threads which run in the opposite direction. So it may be considered as weaving or darning or drawn work, as one pleases. The fact that it often appears on Syrian and Eastern European embroideries explains why it is sometimes called Oriental.

Any fabric may be used from which it is easily possible to draw the threads. Huck toweling, linens of plain weave, scrim and voile, all are suitable. Children's dresses made of the last named material may be very delightfully decorated with narrow borders.

The weaving thread is naturally chosen to correspond with the texture of the fabric. Linen embroidery thread, which is now to be had in a variety of colors, is very satisfactory to use with huck and the coarser linens. Three threads of stranded cotton are suitable with fabrics of finer weave.

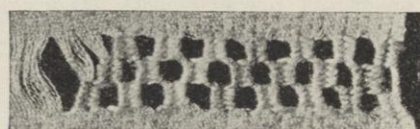
Make allowance for the desired width of the hem, then draw threads for the width of the border you wish to make. You are now ready to weave back and forth over two, three or more groups of threads as required to form the patterns. The huckaback weave naturally separates into little groups of threads, and it is easily possible to judge other weaves with the eye as one works, but if the drawn thread space is edged with the square stitch, familiarly known as Italian hemstitching, the threads are formed into groups ready for weaving and the stitch adds much to the appearance of the border. Several of the patterns illustrated are handled in this way.

When starting with a thread, leave an end, to be later secured by weaving into the work already done and fasten off in the same way. Work with a blunt-pointed needle with a large eye.

Have a needle for each color used and carry from point to point by running inside work already done or along edge in inconspicuous fashion. The back of the work should look as well as the front.

No. I. Yellow linen huck worked with orange, white and yellow linen threads in successive rows.

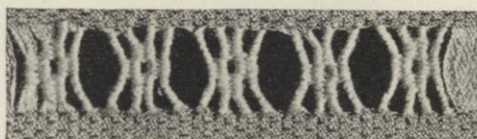
Allow an inch wide hem and draw threads for space of one-half inch. Commence at upper right corner and with orange weave under and over back and forth over two groups of threads (5 threads each) for  $\frac{1}{3}$  space, 5 times each way.



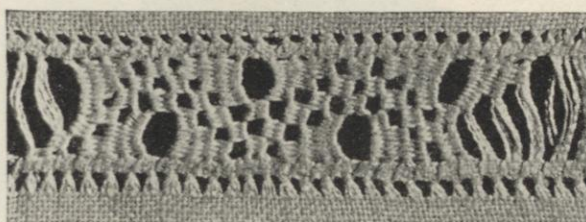
No. I. Worked Diagonally from Top to Bottom.



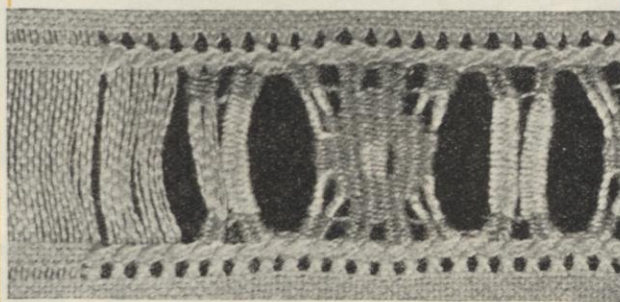
No. II. This One Commences at Centre of Space.



No. III. Wrapping Combined with Weaving.

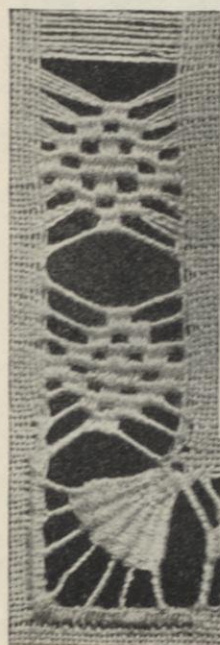


No. IV. The Italian hemstitching which borders this pattern must be worked first.

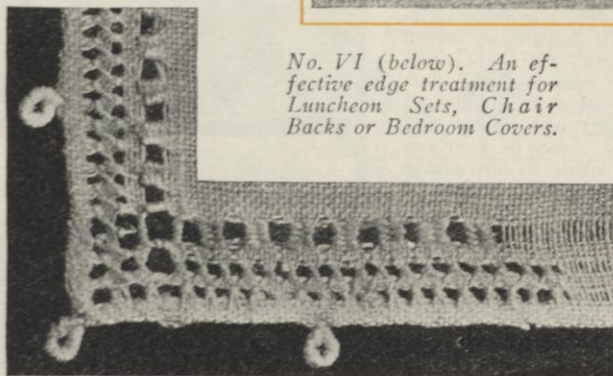


No. V (above). This detail shows closely the several stages in working a pattern which is bordered on both edges with Italian hemstitching.

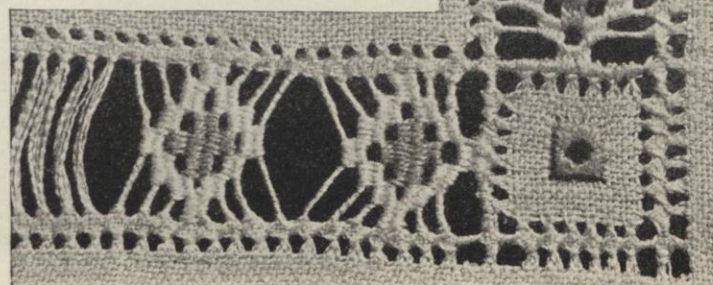
No. VIII (below). Another way to turn a corner is to leave a square of material framed by the rows of Italian hemstitching which edge the border.



No. VI (below). An effective edge treatment for Luncheon Sets, Chair Backs or Bedroom Covers.



No. VII (left). To fill the space left when turning this corner, a fan shaped figure has been woven on seven threads radiating from inner to outer edge.



Drop one group at right, add a group at left, and weave in same way, drop one more group at right, add a group at left, and weave the third black. Repeat pattern changing the color of thread after each diagonal row.

No. II. Pale pink huck worked with white linen thread. Draw threads for  $\frac{1}{2}$  inch space. Commence at centre of space and weave under and over back and forth over two groups, 5 times each way. Drop one group at right, add one group at lower left, and weave in same way. Carry thread through to upper side of this woven square, drop one group and add one group at centre left and weave another square, drop the left group, add a group at right and weave another square, ending the last row of weaving on the left side. Weave over four groups at left five times each way, drop a group at each side and weave over the two centre groups, add a group at each side and weave over the four groups. Carry thread through the weave to the upper side of last group and repeat pattern.

No. III. Blue linen huck worked with white stranded cotton. Draw threads for  $\frac{5}{8}$ -inch space, and weave the four squares as described for No. II. As the space is wider, the woven squares will not fill. After all the woven squares are made, with two strands of cotton and pointed needle, wrap closely each group of threads carrying needle through the woven squares when going from one side to the other.

No. IV. White linen worked with white and colored linen thread. Loosely woven square weave is best where Italian hemstitching is combined with Swedish weaving. Draw 2 threads, leave 4, draw threads for about  $\frac{5}{8}$  inch space, leave 4, draw 2.

ITALIAN HEMSTITCHING.—Start work at right working toward left. Bring needle through upper drawn line; insert in second line directly below (one side of square); bring out 4 threads to left; insert in same place as last (bottom of square); bring out in upper drawn line 4 threads to left. (This gives a diagonal stitch on back.) Make a backstitch into space where first stitch started (top of square), which brings needle out ready to make a perpendicular stitch into lower drawn line, completing first square and beginning second by bringing out needle again under 4 threads to left on same line.

After making the Italian hemstitching at both sides, begin to weave over these groups of four threads formed by the hemstitching. Start at upper right edge, and with white weave over 2 groups of four threads each, 5 times each

(Continued on page 49)

# An Interesting Scarf for Your Living Room Table

*Appliqué, Embroidery and Crochet Enrich This Handsome Scarf of Heavy, Lustrous Cream Linen*

By KATE MANN FRANKLIN

**D**OES your list of spring embroideries include a new scarf for the living room or library table — a scarf not too expensive nor difficult to make, dignified and beautiful? Then in No. 25-5-46 you will find that happy combination of the simple, the unusual, and the interesting that expresses charm and enduring beauty.

The material is a heavy, lustrous linen, firmly and evenly woven, and a warm cream in tone. The texture of the fabric may be seen in the pictured detail. The decoration, formal and quite out of the ordinary in design, is carried out in cotton crêpe of excellent quality, in big, gorgeous flowers of rose and peach, and simple embroidery in soft, rich hues done with a medium-weight cotton. The original model, which is pictured, was done on a wide piece of Spanish hand-woven fabric.

There is not a difficult stitch anywhere. The edges of the patches are simply turned in, and irregular whipping stitches of harmonizing color used to secure them. How simple and how quickly done the remaining stitches are you may see for yourself in the pictured detail. A color-placing diagram is sent with each pattern and with the stamped linen.

On the narrow scarf the borders come close to the design, and on the wide scarf they appear as pictured. The sides of the narrow scarf have a selvage finish, the sides of the wide one require hemming.

This scarf is offered in two sizes, one wide and shorter and one long and narrow. The size you choose will, of course, depend on the table to be "fitted." The wide scarf is suitable for the top of a forty-five-inch table, and the narrow one for a fifty-four-inch table, where crocheted ends will hang over.

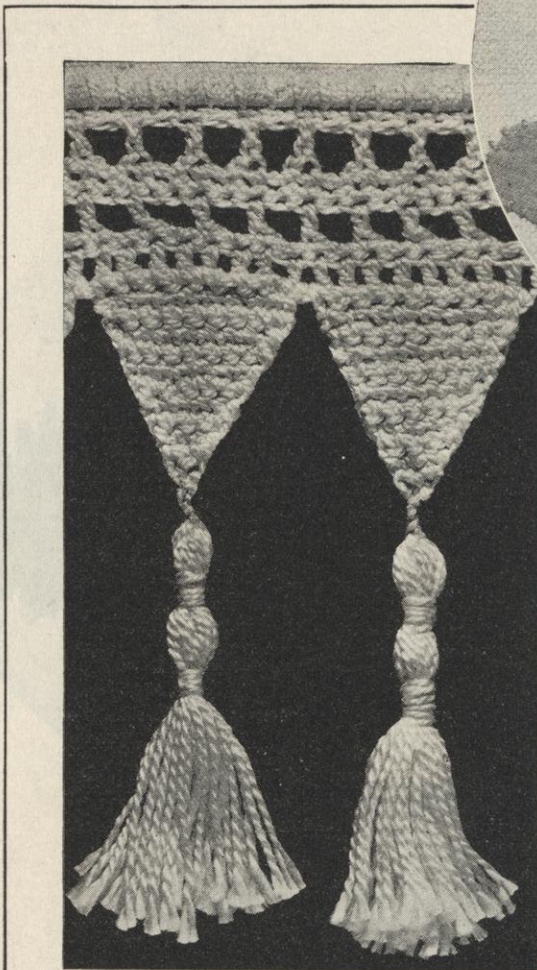
Any deep fringe may be used as a finish for the ends, but if you crochet you will want the fringe pictured with its deep points and long tassels. The detail pictures them two-thirds actual size, and shows how the trim is whipped to the rolled or turned-down hem which has been covered with blanket stitches of white as a foundation.

White soft-twist crochet cotton No. 3 and a No. 3 steel hook is used for the trim. Two balls of cotton will be required for the long narrow scarf, and three for the shorter, wide one.

An explanation of crochet stitches will be found on page 55.

Work a row of doubles (d) into blanket stitches across the ends. *2d row* — Chain (ch) 4, treble (t) in 2nd d, ch 1, skip 1, t in next; repeat across. *3d row* — ch 1, d in each space and in each t. *4th row* — ch 1, d in each st. Repeat 2nd and 3rd rows. *7th row* — ch 3, t in each st. To make the points, work d in each of 10 sts, turn, \*\* ch 1, skip first d, d in each d, turn, \* ch 1, skip first d, d in each d, repeat from \* ending with one d, turn, slip stitch (sl st) along side of point, d in each of 11 sts, turn and repeat from \*\* across.

*At the right is a detail of the embroidery, about half actual size, in which is clearly seen the method of appliqué, and the simple stitchery which is done in pink, and shades of yellow and brown.*



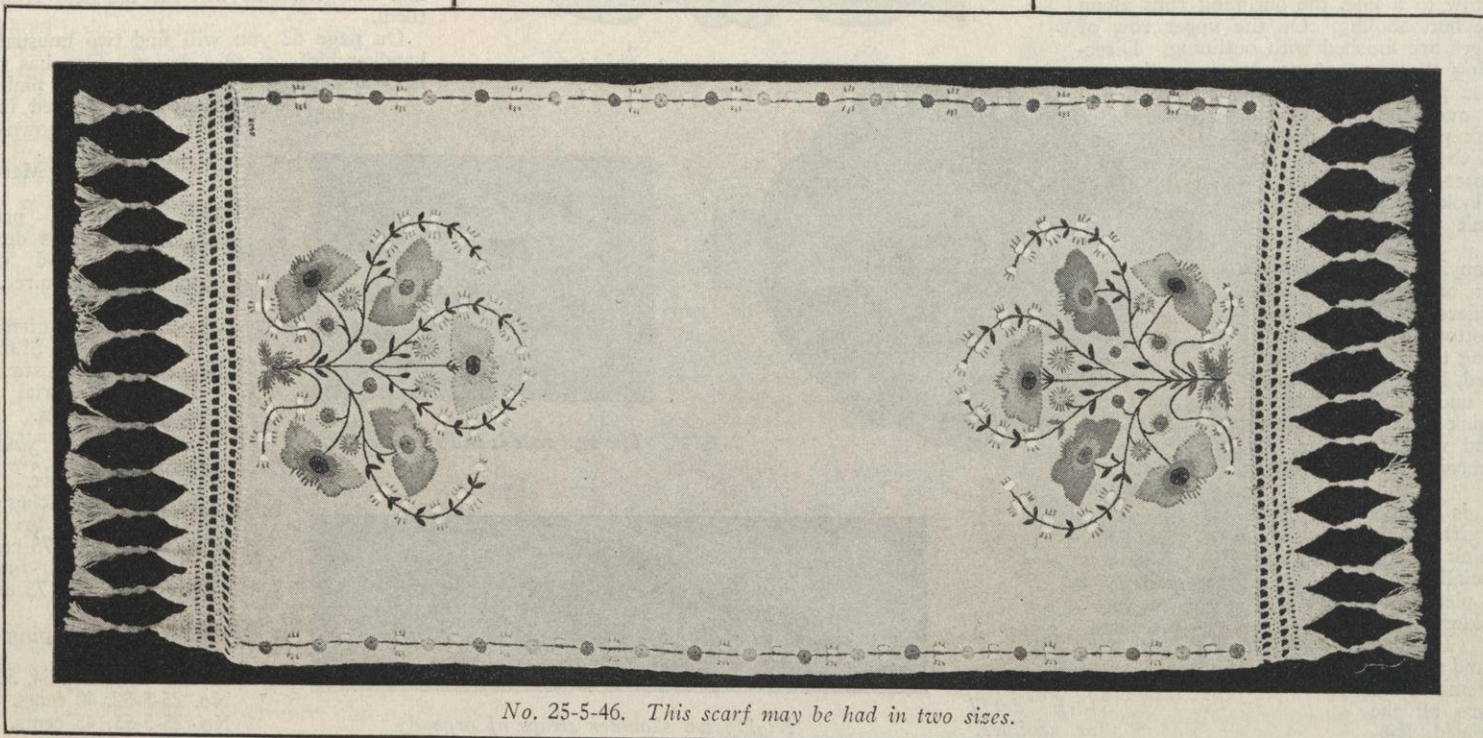
*Section of crocheted trim for ends.*

**TASSEL.** — Wind thread twenty-five times over a four-inch piece of cardboard. Tie at the top with a generous length of the same cotton, slip off cardboard and cut the strands at the bottom. Tie the tassel thus made to the point of the lace by drawing the ends of the cotton used for tying through the tip, one end in each direction; carry the two ends of the tying thread down the tassel with its strands. Wrap the tassel three-quarters of an inch from the top to form a head, and three-quarters below this point wrap again. If you left a sufficiently long end for tying, this thread may be used for the wrapping and carried down through the tassel to the bottom.

**Materials**

No. 25-5-46. TABLE SCARF. Stamped cream linen, with crêpe for appliqué, 27 x 45 inches, \$1.65; 18 x 54 inches, \$1.50. Embroidery cotton, either size, \$1.35. Soft-twist crochet cotton, 35 cents a ball.

A perforated stamping pattern of the design can be supplied for 45 cents, either size. Stamping Outfit (paste and poncet), 25 cents.



No. 25-5-46. This scarf may be had in two sizes.

# Rose Shower Gifts for June Brides or Graduates

*Dainty Things Which Will Delight Any Girl's Heart*



No. 25-5-50. Nightgown.

No. 25-5-52. Negligee.



No. 25-5-53. Vest.



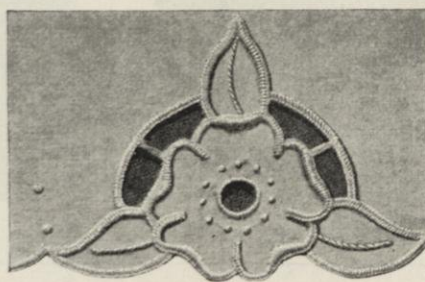
No. 25-5-54. Shirtee.  
No. 25-5-55. Step-ins.

**F**IRST among these lovely handmade greetings for bride or graduate friends is a "nightie" of fine, soft white nainsook, cut high and straight at the neck, bound with pink bias-fold and decorated with a rose pocket and rose shoulder straps of pink organdy, both embroidered double for the sake of firmness and lustre. A strap is pictured half actual size below. The pocket is a 5½-inch rose, made in the same way, blind-stitched to the gown along the lower edges. The embroidery is done in pink and yellow, with two threads of stranded cotton.

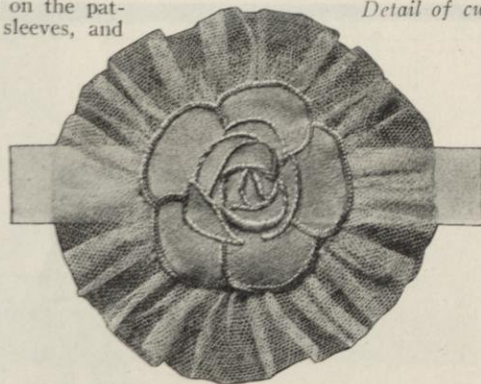
We can't imagine a girl who wouldn't be "simply wild" over a negligee of exquisite blush rose cashmere, the top fashioned like a double rose, and embroidered with pink silk in stitchery as shown below. Where the petals narrow to a line, the outlining runs along the top of the buttonholing. On the upper row of petals both edges are finished with outlining. Directions for cutting the garment are given on the pattern. The rose petals fall in graceful sleeves, and extra fullness over the hips is laid in inverted box plaits. The delicate lovely color of the fabric just belongs to girls and roses — it's a shade you can wear and look like a rose in even when pink isn't your color; it has that quality.

The accompanying bandeau is made of three pink organdy roses, made double, embroidered with two threads of pink. Following the paper placement-pattern provided, baste the foundation of blonde net under a 2-yard length of inch-wide pink satin ribbon, gather net footing and whip to inside line, then tack embroidered roses above footing.

A silk vest is always an acceptable gift. This one is of pink rayon (fibre)—a specially good quality with plenty of "give"—embroidered with the favorite Parisian French knots and a bit of satin stitch. Hems at top and bottom are all the making-up required. Rib-



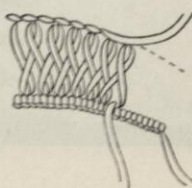
Detail of cutwork on shirtee.



Above, rose on bandeau.



The vest rose is in French knots.



Stitch detail for negligee.



Nightgown shoulder straps of organdy.

bon shoulder straps to harmonize may be attached. Now that everyone has tried cutwork, everyone likes to do it, so here is an adorable rose design to be worked in white on nainsook shirtee and step-ins. The half-size detail is so clear that no further explanation is needed. The shirtee is cut in two pieces, the step-ins in one. Work buttonhole loops for ribbon on wrong side of shirtee, under French knot dots. Finish top of step-ins with heading for elastic.

Why not send gift roses like these to friends who are soon to be brides or graduates? You can fashion them so easily, inexpensively, and beautifully by hand that you will get as much pleasure from the making and the giving as will the recipient from possessing them.

On page 62 you will find two unusual little gift handkerchiefs of rose design. One has rosebud corners in cutwork and the other is a pink linen rose, waiting to be tucked into the rose pocket of the nightgown on this page.

### Embroidery Materials

The following prices cover stamped material as described, embroidery floss and color-placing diagrams when required. Satin ribbon not included.

- No. 25-5-50. NIGHTGOWN. Sizes 34 to 42, \$1.65.
- No. 25-5-51. BANDEAU. Stamped material and paper pattern, 50 cents.
- No. 25-5-52. NEGLIGEE. Sizes 34 to 42, \$5.25.
- No. 25-5-53. VEST. Size 38 x 27 inches, \$1.50.
- No. 25-5-54. SHIRTEE. Sizes 34 to 40, 75 cents.
- No. 25-5-55. STEP-INS. Sizes 34 to 40, 75 cents.

### Perforated Stamping Patterns

- Nos. 25-5-50 and 54, 35 cents each.
- No. 25-5-52, 40 cents.
- No. 25-5-55, 45 cents.

# Flower Favorites for Pastime Embroideries Easy and Inexpensive

*"Growing" Them Is Heaps of Fun, and You'll Like Them When They're Done*

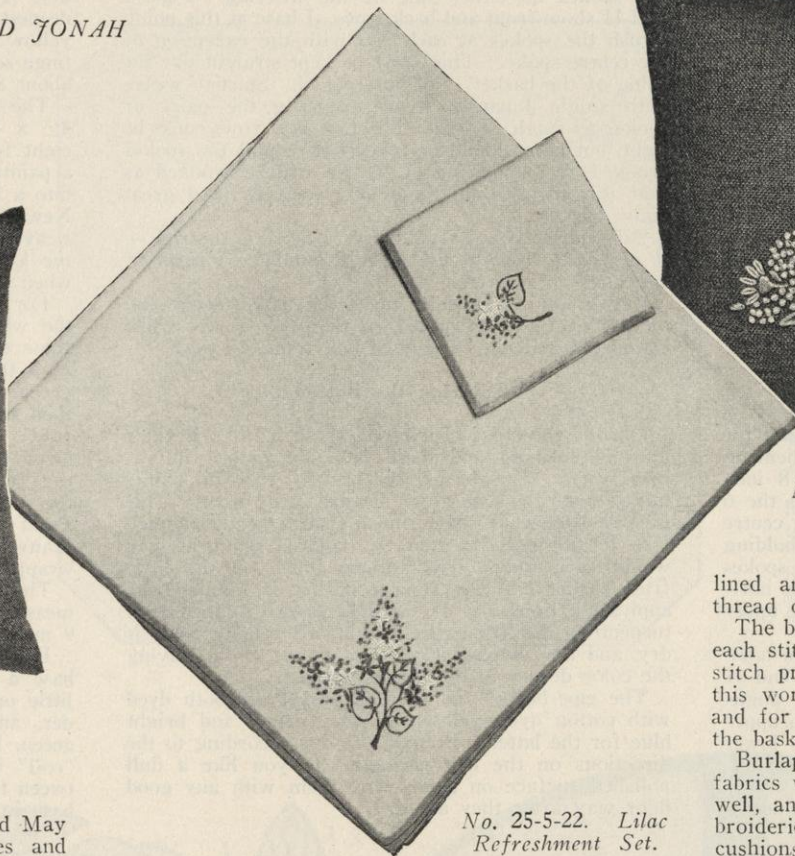
By BERTHA GIFFORD JONAH



No. 25-5-20. Goldenrod Handy Bag.



No. 25-5-21. Clover Cushion.



No. 25-5-22. Lilac Refreshment Set.



No. 25-5-23. Daisy and Goldenrod Cushion.

THE Spring is here—the delicate footed May with its slight fingers full of leaves and flowers—and we are minded to swing the old hammock again and recover its cushions, and make it gay and comfy with new pillows. We repaint the porch chairs and the little table; and the smell of lilacs mingles with turpentine in the clean spring air. We have an urge in our hands to do—but not our household tasks—Mercy, no! We want play-work that goes with the season. So we sit in the sun and busily plant posies with our needles, growing big pinky clovers, and daisies, and lilacs, and bright goldenrod, faster than old Mother Nature herself can possibly do it. It's a spring sport that doesn't necessitate special clothes or club dues or an extra column on our budget list when we indulge in it—and it's a sport that leaves pretty things in its wake to rejoice the heart of the little woman who loves to see the work of her hands adding beauty to her home.

While French knots are enjoying such a vogue, we can indulge ourselves in the type of floral design which they express so perfectly. All the knots on the burlap pieces are big plump fellows, that fill up the spaces in less than no time. Use heavy rope cottons with two threads in your needle used double. This makes four threads in each knot. Carry the thread around your needle *once* only. This is the right way, and the quickest and easiest. What you really do when you make these knots is to twist the needle around with the thread looped over it. Figures I, II, and III show the progress of a French knot in the making.

All other embroidery stitches employed are as familiar as the French knots. Foliage on the bag consists of outlined stems done with one thread of the rope cotton, leaves being filled in with slanting satin stitch worked across the smaller leaves and from outer edges to mid-veins on the larger.

Leaves and stems on the clover pillow are out-

lined and veined with single stitches using one thread of cotton.

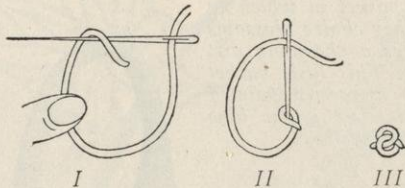
The basket is worked in overlapping outline stitch, each stitch going well back to the beginning of the stitch preceding. One thread of cotton is used for this work, for making the lazy-daisy flower petals, and for working the satin stitch leaves and spots on the basket, and outlining the flower stems.

Burlap is one of the inexpensive but good looking fabrics which comes in pleasing colors, which wears well, and which takes kindly to boldly simple embroideries; so we have chosen it for the two flower cushions and the handy bag. You will like the sprays of yellow goldenrod on the dark brown burlap bag with its yellow lining. The soft old blue burlap used for the two cushions is enriched by the deep rose tints of the clover clusters, and makes a perfect background for a gray basket loaded with goldenrod and yellow hearted field daisies.

These cushions are simply seamed and turned, as all cushions for the porch or sunroom should be devoid of "frills". The bag is made simply, but staunchly, and will carry books, embroidery, or all manner of parcels from a morning's shopping. It is well to stitch along the stamped outlines of these pieces before embroidering. This keeps the loosely woven material from fraying while you work.

Seam the bag at the sides and turn; then turn in and baste the top of the bag. Three-eighths of an inch has been allowed on the pattern for turning in. Seam the strap handles, turn right side out, and press flat. Turn in the pointed ends, and then stitch all around handles about 1/8 inch from the edge. Place handles as indicated on bag and stitch firmly in place, placing a small square of unbleached cotton or other firm material on the inside of the bag where it will come under the ends of the straps so that they will be reinforced and will not pull the material. After handles are in place, seam lining, turn in top and whip to burlap with tiny stitches just inside edge of bag.

Unbleached cotton is another good-looking, long wearing, yet inexpensive fabric, and its creamy white tint is always a joy to the eye, especially when combined with lovely lilac shades. For informal lunches on the veranda the Refreshment Set, No. 25-5-22, is cool and inviting. The lilac buds are French knots made with a heavy cotton. The open blossoms are lazy-daisy stitches with yellow knots for their hearts. Foliage is worked in outlining with small overlapping stitches and the stem is filled in with slanting satin stitch. Edges are bound with lilac bias-fold.



### Much Pleasure for Little Price

No. 25-5-20. BAG. (13 x 11 inches.) Stamped dark brown burlap, 30 cts. Embroidery cotton, 45 cts. Yellow sateen for lining, 25 cts. extra.

No. 25-5-21. PILLOW. (17 inches square.) Stamped dark blue burlap, material allowed for back, 30 cts. Embroidery cotton, 55 cts.

No. 25-5-22. REFRESHMENT SET. Stamped unbleached cotton for one 36 x 36 inch cloth, and four 12-inch napkins, 95 cts. Embroidery cotton and binding, 75 cts.

No. 25-5-23. PILLOW. (16 x 21 inches.) Stamped blue burlap, material allowed for back, 40 cts. Embroidery cotton, 80 cts.

Perforated Stamping Patterns for any one of the burlap pieces, 35 cts.; for Refreshment Set, 40 cts. Stamping outfit (paste and poncet), 10 and 25 cts. per box. Transfer pattern, either blue or yellow, for any one of burlap pieces, 20 cts.; for Refreshment Set, 25 cts.

A color diagram will be sent with each order.



# House and Garden Baskets in Useful Shapes and Sizes

By EDNA SELENA CAVE



No. 25-5-25. Fruit Basket.



No. 25-5-26. Sewing Basket.

# Summer Classes In Basketry Will Enjoy These Sturdy Models

**B**ASKETRY is steadily growing in popularity as a summer craft. Almost every girls' camp and cottage community has its special classes and instructors in the fascinating art. Then the basket appeals to many workers as a marketable piece of handicraft. Well made baskets of good shapes and interesting colorings are irresistible merchandise to display in summer gift shops, and when filled with goodies can frequently be sold at roadside markets.

Although the baskets vary in shape, size of reed, and color they have one thing in common, that is the Oval Base. Figure I shows the upper side of this base. Figure II shows the underside with the reed making the single diagonal line.

The directions which follow are for a theoretical base with three crosses as the diagram shows. The number of crosses and the size of the reeds vary in the different baskets and this information is supplied in the directions which are sent with the reed for the baskets.

### To Make an Oval Base

From No. 4 reed cut six 6 inch spokes and five 8 inch spokes. Use No. 0 reed for weaver. Split the 6 inch spokes through the centre and thread them on one of the 8 inch spokes. Push two more 8 inch spokes through the same openings. Separate the 6 inch spokes in pairs about 3/4 inch apart along centre of the 8 inch spokes. Take the weaver and, holding the 8 inch spokes vertically and the 6 inch spokes horizontally, push the end down through the horizontal spokes next to the vertical spokes at the upper left.

Now turn the 8 inch spokes so that they are horizontal, the 6 inch spokes vertical and the long end of the weaver extending from the lower left angle. Take the weaver across the front diagonally to upper right angle, down back of the 8 inch spokes to lower right angle, across front diagonally to upper left, down across back diagonally to lower right. Wrap weaver around 8 inch spoke as many times as neces-

sary to fill space between 6 inch spokes, taking care to start the next cross over the 6 inch spokes from the lower left. When the last group of 6 inch spokes is crossed, push a supporter (8 inch spoke) through the spokes on either side of the weaving. Figs. I and II show front and back rows of base at this point. Crush the spokes at each end with the exception of the centre spoke. This must be kept straight or "the spine of the basket" will be crooked. Start to weave with single Japanese weave counting the pairs of spokes as single spokes. The first few rows must be tight, but care should be taken not to pull the spokes crooked or the placing of handle will be crooked as that is controlled by these first weavers in a great many baskets.

Add more spokes if a longer basket is desired — it is usually best to use an odd number of pairs of spokes — 3, 5, 7, etc.

Care should be taken to make the spokes at the end of the oval evenly spaced so that the basket when completed will not be pointed but a smooth oval.

### Coloring the Baskets

One of the chief charms of these baskets is their unusual coloring and these tints are gained in various ways. For the painted baskets, tube oil paints mixed with a semi-gloss enamel are used. This gives a somewhat softer finish than a heavy enamel. Use it sparingly to thin the colored paint as you would turpentine. The antique finish on the little fruit basket and the sewing basket is obtained by applying a light coat of Vandyke brown thinned with turpentine over the entire basket, after body color is dry, and then wiping it off with a soft cloth, leaving the color deeper in the depressed parts.

The egg basket and carryall basket are both dyed with cotton dyes, yellow for the former and bright blue for the latter. Prepare the dye according to the directions on the dye package. If you like a dull polished surface on these, wax them with any good floor wax after they are dry.

The small fruit basket is painted with Orange Vermillion and Yellow. The vermillion tint is first applied and allowed to dry, then the yellow is painted on and wiped off with a soft cloth before it is wholly dry. Finally the antique finish is given. Thus in the deepest crevices the orange red shows warmly, the yellow tinge lights the high places, and the brown tinge softens it all beautifully. This basket measures about 8 x 9 1/2 inches.

The sewing basket is an adorable little thing, about 4 1/2 x 4 1/2 inches at the base and 2 inches high, just right for your sewing kit. The colorings begin with a painting of mauve in the centre of the lid, working into a blue green (a mixture of Emerald Green and New Blue) in the Japanese weave, then bands of triple weave in mauve and the rest in the blue green. Paint the lower part of the basket on the same plan, and when paint is dry, give it an antique finish.

For the Culling Basket, mix a small amount of the white enamel with Chrome Green in one dish, some Old Gold in another, and a tiny bit of Mauve in a third. Paint entire under side of basket with green. Start on right side with old gold in centre, then paint a band of the green out to the first "arrow." Over this green work in a little old gold to blend the colors next the centre, and use mauve next the "arrow." Paint a band of Old Gold between the "arrows" and over the open work and border. Paint the "two-ply weave" with the green and use Mauve over it. Make the handle green with Old Gold wrappings. Basket measures about 8 1/2 x 11 inches.

The egg basket, small garden basket, or fruit basket measures 7 1/2 x 10 1/2 inches. The carryall basket is 9 inches deep, 13 inches long and 7 inches wide.

For the serving tray, paint the upper side of the base a gray green (blue green with Mauve and a little orange added) at the centre, arrows and border, and the sections of the base between in blue green. For the sides of the tray paint two "arrows" and "coil" in blue green; and the "pairing" weave between these, the space for handles, and under side of base in black enamel.

### Prices for Materials

The prices listed below include reed of proper sizes, directions for making the basket, and Special Service Sheet, No. 30, explaining various weaves used.

- No. 25-5-25. Small Fruit Basket, \$1.15.
- No. 25-5-26. Sewing Basket, \$1.00.
- No. 25-5-27. Culling Basket, 95 cents.
- No. 25-5-28. Egg Basket, \$1.60.
- No. 25-5-29. Carryall Basket, \$1.85.
- No. 25-5-30. Serving Tray, \$1.45.

*For the garden lover a culling basket in which to gather her choice blossoms is always a charming gift thought. This little basket is most attractive painted in shades of green blue and ochre yellow.*



No. 25-5-27. Culling Basket.

*This big carryall basket painted a lovely soft horizon blue makes a picturesque and stalwart servant to bear all the luscious new green things from the market place. Iced tea and sandwiches are doubly tempting served in this gray green tray.*

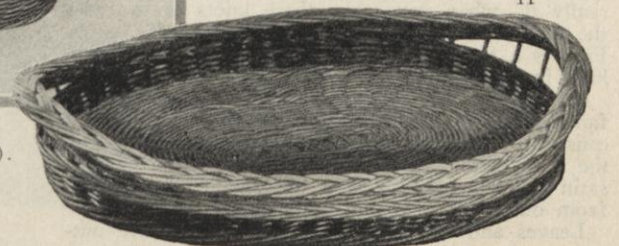
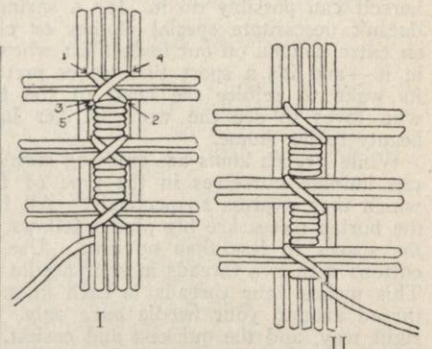


No. 25-5-28. Old-fashioned Egg Basket.

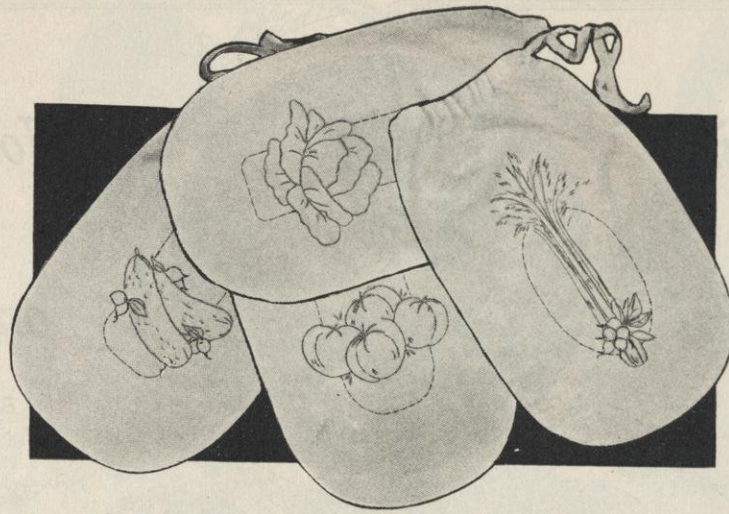


No. 25-5-29. Carryall Basket (above).

No. 25-5-30. Reed Serving Tray.



*Simple Stitchery  
Clever Designs  
and Low Prices*



No. 25-5-31. "Cucumber" Bag. No. 25-5-32. "Lettuce" Bag. No. 25-5-33. "Tomato" Bag. No. 25-5-34. "Celery" Bag.

*All Lend Appeal  
To Embroideries  
of a Popular Type*

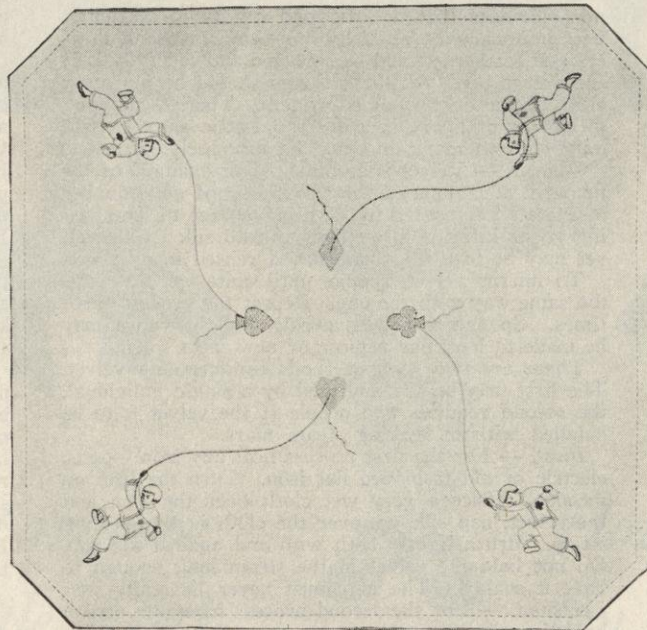
**S**ALAD bags to keep your vegetables fresh and crisp in the ice box, decorated so that you can tell "what's what" in a jiffy, a card table cover for the verandah bridge game, a sectional luncheon set adjustable to different sized tables—all these are waiting for your needle. The materials are favorites of long standing, and the prices are so moderate that no pocketbook can resist them.

For your salad bag you may choose among four designs. All the bags are the same size, 11 inches wide and 18 inches deep, and the material is Calcutta cloth, a superior sort of cheese cloth. The embroidery is largely outline, though there are touches of satin stitch and running stitch here and there, and a very few lazy daisies.

Red, black and green are the embroidery colors: red for tomatoes and radishes, green for cucumbers and celery and lettuce, and black for the frames of running stitch. All the embroidery is done with three threads of stranded cotton. The satin stitch should be done diagonally across the little tomato leaves. Finish bags with one-inch hems and run tape through once for drawstring.

The 36-inch card table cover is of that ever-popular material—white linen-finish cotton, and the clever design pictures four little Chinese children flying kites, each kite a playing card symbol. Each child bears in satin stitch on his jacket a corresponding symbol. Two of the children wear blue suits, and two wear red, and the kites are in red and black. Gold buttons on each little coat give added touches of color, and the balance of the design is worked in black. The embroidery is done chiefly in outlining, which makes the cover very easy to do and very quickly made. Use three threads of stranded cotton throughout. Turn hems back to stamped line and secure with running stitches of black. Tapes may be tacked at corners to hold cover in place.

A sectional luncheon set is something of an innovation and is pictured at the bottom of the page on a 52-inch table. It consists of four mats and four 13½-inch napkins, and is made of white linen-finish cotton embroidered in soft, rich colors with a medium



No. 25-5-35. Card Table Cover.

weight mercerized thread. If you like you can join the four sections into one round cloth with lace insertion or strips of colored material. The design is placed so that when the table service is laid the garlands will come just above. The detail shows how simple the embroidery is, and it is heartening to know that most of it is done in outlining, although blanket, lazy daisy, single, satin stitch and French knots have their place. The embroidery colors run from palest mahogany, which is a brownish pink, to deep mahogany, through tan, orange, blue, lavender and green with touches of black. Turn ¼-inch hems and cover closely with doubles, making a 4-chain picot every ¼ inch.

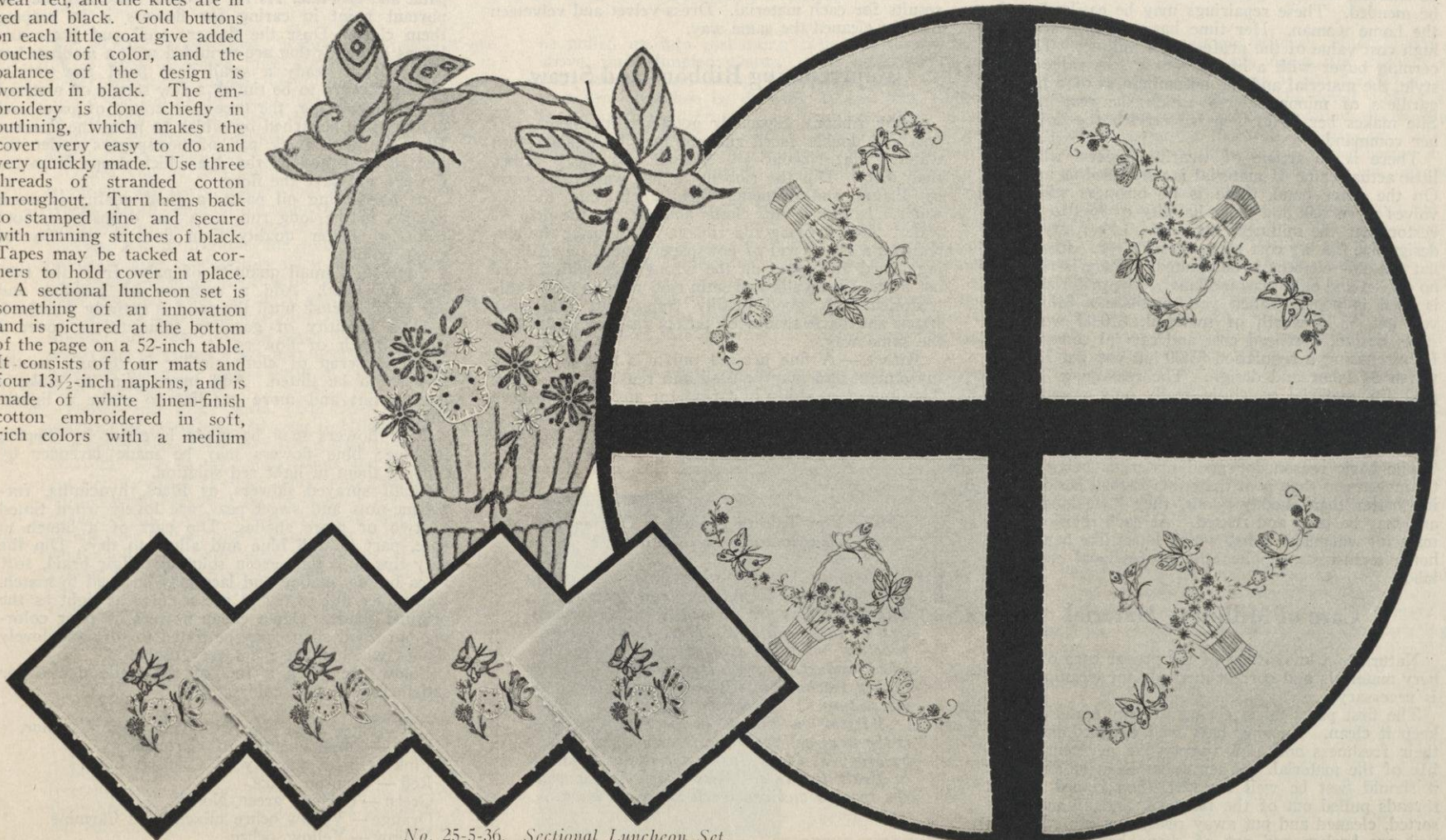
**Materials**

Nos. 25-5-31 to 34, inclusive. SALAD BAGS. Stamped Calcutta cloth, embroidery cotton and tape, 35 cents each.

No. 25-5-35. CARD TABLE COVER. Stamped linen-finish cotton, 60 cts. Embroidery cotton, 25 cts.

No. 25-5-36. LUNCHEON SET. Stamped linen-finish cotton for mats and four napkins, \$1.50. Embroidery cotton, \$1.40. Crochet cotton, 40 cents.

PERFORATED STAMPING PATTERNS. No. 25-5-35, 40 cents; No. 25-5-36, 50 cents.



No. 25-5-36. Sectional Luncheon Set.

## Care and Remodeling of Hats and Millinery Material



## No. V of a Series of Articles on Hat Making

By JANE HEDDEN LOEWEN

WE are too poor to afford cheap materials" is a favorite maxim of a woman I know who is the wife of a minister and the mother of four sturdy children. Any woman who keeps a large family well fed and adequately and tastefully clothed on the negligible income of most professional men of to-day knows this theory to be utterly true.

In order to get the most for the money, materials for all garments should be selected with quality, not price, as the standard. A well made, well designed child's dress of good unbleached muslin is an infinitely better investment than a dress of cheap linen, which will fade, or one of cheap silk that can stand no wear.

Just so, a hat of good taffeta is much better than one of cheap velvet, cheap straw or brocade. A cheap hat is only purchased because of the urgency of the moment and because we think that we cannot afford a better one. A shoddy garment is poor enough even at the moment of purchase and gets worse with every wearing.

### Quality versus Price

Be it understood that "cheap" is applied to the quality, not the price of a hat. Very often the careful buyer will find excellent value at a low price, if she makes her millinery purchases in off seasons. A hat may have been marked down because the facing is soiled, a rose faded, or the lace torn. The facing may be cleaned, the rose replaced or retinted, the lace may be mended. These repairs may be easily done by the home woman. Her time has not, as a rule, the high cost value of the professional milliner. The discerning buyer with a limited purse sees value in the style, the material and the becomingness of a hat, regardless of minor defects which she may remedy. She makes her brain help her stretch the dollars at her command.

There is no article of wearing apparel where so little actual value of material is purchased as in a hat. On the other hand, there is no business which involves more risk and more liability of loss to the investor than the millinery business. Labor, style, and design are the big cost elements of a hat. In a cheap hat the cost element is eliminated. There is no style, no design and only machine labor. The material which is used is poor. When you purchase a \$15.00 hat you get \$5.00 worth of material, \$10.00 worth of style, design, overhead cost and careful construction. In purchasing a regulation \$5.00 hat you get 75 cents worth of labor and design. The remaining \$4.25 is paid for material which is really only worth \$1.15, and overhead. In a \$5.00 hat you get very little of what you pay for, a little shoddy material and no style.

The basic reason for good materials being a better investment than poor materials is that, beside looking better than shoddy goods, they have longer life and may be used and reused. At each revision good material will make a hat which looks like new. The home seamstress supplies the professional expensive labor.

### Care of Millinery Material

Naturally a knowledge of the proper care of millinery materials and correct methods for cleaning them is necessary.

The first principal in caring for any material is to keep it clean. Keeping hats well brushed preserves their freshness and adds twenty-five per cent to the life of the material. When a hat is to be discarded it should first be well brushed, then ripped up, all threads pulled out of the material, and all materials sorted, cleaned and put away ready for use. Frames that are broken and out of shape have no further

use. Frames that are in good condition, all wires, wire joiners, and pressed crowns, braids, ribbons, flowers and feathers should be salvaged and carefully kept for future use. All these things should be put away clean and in dust proof containers. There is no point in storing millinery in a dusty old attic where it will only take on more dust and be ultimately burned.

VELVET. — Velvet is an outstanding example of the financial advantage of the purchasing of good quality of material compared to the disadvantage of purchasing goods inferior in quality. An all silk Lyons velvet may be brushed, steamed and reused many times.

To mirror velvet, sponge until quite wet and iron the same way with the nap. Repeat the process three times. Sponge and press evenly and the velvet may be made to look like a piece of new satin soiled.

There are two home methods for steaming velvet. The first may be accomplished by a single individual, the second requires two people if the velvet is to be handled without making steam mars.

First. — For the first process heat any iron — gas, electric or old-fashioned flat iron. Turn the iron on its side. Place a very wet cloth over the iron and the velvet, nap side up, over the cloth in the ensuing steam. Brush lightly both with and against the nap. Do not hold the velvet in the steam long enough to have it soaked. The nap must never be really wet.

Second. — For the second process have one person hold the velvet over the steam from a teakettle spout while a second does the brushing. The velvet should be moved back and forth so that the entire surface gets the steam. A little experimenting will soon show the exact amount of steam which gives the best results for each material. Dress velvet and velveteen may be cleaned the same way.

### Rejuvenating Ribbons and Straw

Many ribbons, especially good quality moire, taffeta and double faced ribbons, may be cleaned with water. Hat ribbons are mussed and dusty rather than dirty. Dip the ribbons in hot water and rinse by lifting and dropping them again into the hot water. Lift onto dry cloths and pat out the drip of water. Never wring silk ribbon. Now place the ribbons on a heavy pad of newspaper placed on an ironing board and press on the wrong side with a very hot iron. Cheap silk and satin ribbons split under this treatment. A good quality comes out like new. Black and dark shades of taffeta may be cleaned in the same way.

MILAN. — A fine pressed milan is always a good investment and may be used and reused many times. The important thing in caring for any hat is to keep it clean. To clean a hat which is slightly soiled is

a very easy matter. To clean one badly soiled is always more difficult and the result less certain.

To clean a milan hat remove all loose dirt with a stiff brush. Place the hat flat on a table or any hard surface. Place three tablespoons of sulphur in a small container — a tea cup or sauce dish will do. Cut a lemon in half and dip in the sulphur. The juice of the lemon absorbs a light coat of the sulphur. Rub the hat with the cut centre of the lemon until the coat of sulphur is spread onto the straw. Dip and rub again until the entire hat is covered. Allow the hat to stand for one hour. The acid of the lemon combined with the sulphur bleaches and cleanses. Again using a stiff brush remove all the sulphur. All dirt and dust will be brushed off with it.

PANAMAS. — Panamas may be cleaned with wall paper cleaner using wall paper methods, or with rye bread. Cut off the end (about 5 inches) of a day old loaf of rye bread. Using the crust end as a handle place the cut end on the hat and rub. The rye bread crumbs have a gummy consistency and stick to the hat, absorbing the dirt. Brush the crumbs off the hat and the dirt will peel off with them. Panama hats should be cleaned frequently to get the greatest amount of service from them.

### Faded Flowers Restored

Flowers that are in good shape but faded may be made like new by tinting them in a solution of oil paint and gasoline. As for all other materials, the important point in caring for flowers is in keeping them clean. Dust the flowers well and press any leaves or petals that are wrinkled with a medium hot iron. Have ready a small deep bowl for tinting, all the flowers to be tinted, a few scraps of material for trial coloring, the necessary colors of paint and a short line stretched on which to hang the flowers. Place an inch thick pad of newspapers under the line to catch any of the dye which drops from the flowers and save the floor.

In purchasing oil paints a good quality is much cheaper in the long run, as a few drops give more color of better quality than does a quantity of cheap paint.

Squeeze a small quantity of paint from the tube into the bowl. Add a teaspoon of gasoline and stir with a brush until the paint is entirely dissolved. Add a quantity of gasoline sufficient to cover a single bunch of flowers.

Try a scrap of cloth similar in texture to the flowers to be tinted. Add more paint to make a darker tint and more gasoline to make a lighter shade.

Pink flowers may be made lavender by dipping in blue; blue flowers may be made lavender by dipping them in light red solution.

Small sprayed flowers, as lilacs, hyacinths, forget-me-nots and sweet peas, are lovely when tinted in two or more shades. Dip part of a bunch in rose, part in dull blue and allow to dry. Dip the very tips in a dull green solution. Hair braid, soft visca braids, maline and lace may be dyed to match. Remember not to try to use a color as light as the original shade. Often cheap flowers of poor coloring but good shape may be tinted to soft and lovely shades which make them very usable.

Below are given a few of the trade names for satisfactory flower colors.

Old Blue — New blue with very little Carmine.  
Rose — Small quantity of Carmine.  
Pink — Small quantity of Crimson Lake.  
Red — Crimson Lake.  
Green — Chrome green No. 3.  
Orange — Yellow ochre mixed with Carmine.  
Yellow — Yellow ochre.

### Are You Taking Priscilla's Course in Dressmaking and Millinery?

PRISCILLA has for some time been giving monthly lessons in millinery and dressmaking. The instructors are nationally known authorities in their subjects. Mrs. Loewen knows practical millinery from fundamental to finished product. There is a simplicity and clarity to her teaching which makes each lesson as interesting as it is instructive.

A lesson on "Hems" in the June PRISCILLA is the next article in the Dressmaking Course by Mary T. Clark, Instructor in Dressmaking at Pratt Institute. Miss Clark knows what she teaches and can teach what she knows.



*A Summer Wardrobe  
For Your Little Girl*

*How to Dress Her Well  
On Nine Dollars a Season*

By HELEN GRANT

**V**OILE, crêpe, jersey, pongee and chambray are used for these little dresses in the order in which they appear (from left to right) across the top of the page. All have raglan sleeves, so that they are not quickly outgrown; all are cut a generous 20 inches in length and come in a size suitable for ages from 2 to 4 years.

Unless you let The-Lady-Across-the-Way into the secret she will never surmise that Joan's five little new frocks are all made on the same pattern, for the clever variations in neck lines, sleeve lengths, plackets and pockets, not to mention the telling touches of embroidery, quite conceal this aid to busy mothers. We all know how much easier it is to put any small garment together after we have used the pattern once.

There's a complete wardrobe in these five frocks, suitable for every form of sport or social activity in which one of tender years may properly engage — so why not make the whole outfit at once and "have it over" for the season!

Here's the white voile (No. 25-5-15) with the peachy pink cross stitch to wear to Hildegard's party. The white crêpe (No. 25-5-16) is sure to be a "favorite frock" with its gay orange bands, and the long peasant sleeves will keep one's arms from getting too sunburned when one plays on the beach. The pretty cool pongee (No. 25-5-17) with cunning duckies cross-stitched on its two nice pockets, and its demure little white collar, we can wear afternoons at the playground or visiting Aunt Bet. Mornings we will wear our clean lavender chambray (No. 25-5-18). Of course, the white collar and cuffs and fancy pockets make it look crispy and smart. Then for cool days and motor trips, we will wear brown woolen jersey with rust color bands and wool embroidery.

Four cotton frocks for \$6.00 plus a wool jersey sport frock at \$3.00 equals \$9.00. — Nine dollars for a whole wardrobe! Even if she prefers all silk pongee, instead of cotton pongee, for her afternoon frock (No. 25-5-17), it only adds \$1.75 to the budget.

The differentiating details of these frocks are interesting and easily achieved. Sleeves on the voile are short and finished with 3/4-inch hems topped by a casing run with pink ribbons or cords, so that they can

be pulled up into enchanting little puffs with frills above one's dimpled elbows. The neck is finished with this hem and casing, too, and is easily adjusted to a becoming line by drawing up the pink ribbons and tying them in front. The front opening is bound with a bias fold of the voile. Two shades of lovely peachy pink are used for the cross-stitch embroidery.

Orange crêpe makes the deep bands on sleeves and skirt, as well as the neck band, of the white crêpe dress. Lines of orange feather stitching follow the shoulder seams, top of cuffs, and neck band. The feather stitching gives almost a little yoke effect where it confines the fullness just a bit below the neck band. The placket is at the back in this model in order not to interfere with the medallion at the front, which is embroidered in orange and green with touches of black. Three threads of cotton are used, and the work

is done in such simple stitches as outlining, satin stitch, French knots, lazy daisy, and blanket stitch.

The pongee frock opens at the back, too, and is planned for long sleeves. The small girl in a blue gown feeding her funny little yellow ducks, and the ducklings parading on the pockets are all cross stitched with three threads of stranded cotton in pretty soft colors, with much yellow, brown, orange and blue in the composition.

On the lavender chambray dress we have the regulation white sports collar and the front opening is faced back with white. Pockets are white with lavender tops. The detail of the embroidery pictured here shows its simplicity, and the rose, lavender and black combination of color is very smart. Four strands of cotton are used for this work. Little black jet buttons with a loop made of embroidery cotton will provide an attractive finish for the front.

The jersey frock chooses to open at the side front for variety. Bands of rust colored wool crêpe are used on the short puffy sleeves and pocket and at the neck. This straight band at the neck gives that little stand-up-collar effect greatly favored for grown-ups and kiddies just now. The crowning touch is the bit of crewel embroidery in the rusty red, old gold, brown and green colorings worked as the detail shows.

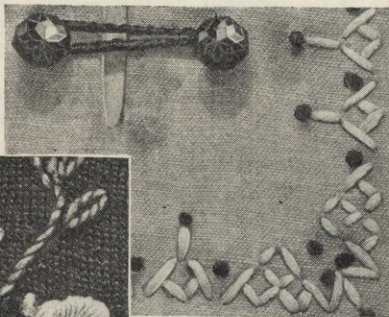
**Materials and Prices**

These dresses all come in one size only, suitable for children of from two to four years. All cutting lines, as well as the embroidery designs are stamped on the material. Embroidery cottons and color placing diagrams are included in every case in prices listed below.

Four cotton dresses at \$1.50 each are stamped on following materials: No. 25-5-15. Fine white voile. No. 25-5-16. White and orange crêpe. No. 25-5-17. Natural color (tan) mercerized pongee with white linen for collar. No. 25-5-18. Lavender chambray with white linen for collar, cuffs, and pocket.

No. 25-5-19. Stamped on all-wool jersey cloth with brick wool crêpe for trimming, \$3.00.

No. 25-5-17. Can also be had stamped on natural color silk pongee for \$3.25.



Detail above shows the single stitch and French knot embroidery effectively used on No. 25-5-18. Detail at left shows the crewel embroidery on the jersey dress No. 25-5-19.

# Try the New Crayon-Craft — Fascinatingly Easy to Do

*Designs Are Tinted on Fabric with Wax Crayons, and Outlined with Running Stitches — a Quick, Artistic and Economical Way to Secure Delightful Color Effects*

By KATE MANN FRANKLIN



No. 25-5-12

**D**IDN'T you love to color pictures with crayons when you were a kiddie? Wouldn't you like to have an excuse to indulge in that little girl pastime again? Here's your chance — and at the same time here's your opportunity to create lovely things with remarkably little effort and at remarkably low cost. From the dignity and beauty of the wall hanging (shown on page 5) to the practical little table cover, there isn't a thing about this work that a kindergarten youngster couldn't accomplish. The designs are stamped on the fabrics, color diagrams are sent with the materials. These diagrams tell you exactly what color to fill in every space and what color embroidery cotton to use to outline it.

First tint in the design with your crayons (these must always be wax crayons), and when the tinting is done, press the work on the wrong side with a hot iron. This sets the color. The wax crayon, you see, really "melts" into and becomes a part of the fabric, blending perfectly, and making it look, at a casual glance, like a painted or stenciled fabric. Use an old cloth underneath when you do this pressing, as the color will come off somewhat. As you press each section of a design move along to a clean spot on the cloth so you will not smooch the fabric.

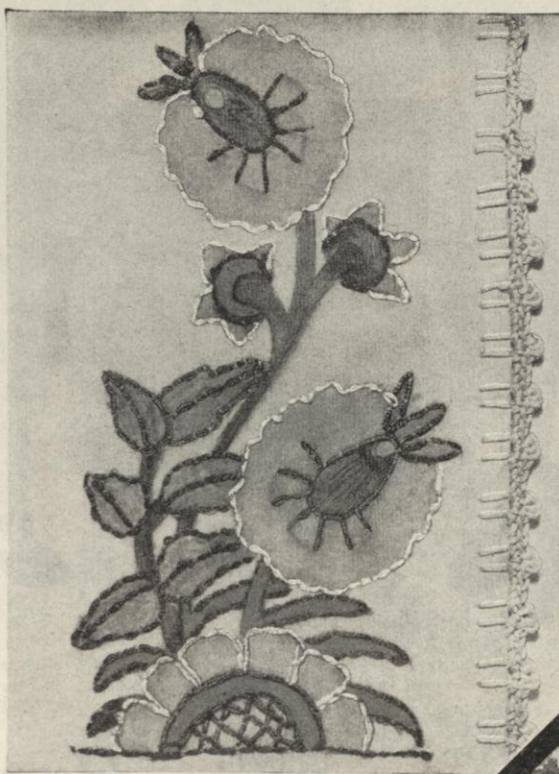
When the crayon work is done, run the outlines of the design with color and cottons specified.

## The Wall Hanging

Wall hangings have heretofore savored of luxury, almost forbidden luxury to many of us, because the beautiful tapestries, petit point things, rare batiks, even the beautiful imported pictorial chintzes or silk damasks, which many decorators are now using, are fearfully and wonderfully expensive. Yet we do want these lovely color effects for the walls of our own little homes. There's a waiting space over the fireplace mantel which demands just this type of treatment, something no framed picture can give.

The wall hanging on page 5 is fine enough in color and design for a room of dignity and elegance, yet not too overpowering in color or size for the average home. It is done on a silky, softly lustrous mohair of a warm neutral tan shade, and the color effect as a whole is a blending of rose and blue shades with touches of green and pale yellows which assure it a welcome in almost any living room.

The design itself is one of charm, one of which the eye will never tire. Here the tree of life appears as it does in so many of the Jacobean tapestries. Spring housekeeping seems to be well under way in the branches of the old tree, with the little yellow birdies billing and cooing on the verandas of their blue and mauve houses. Strange and gay flowers bloom all about, butterflies, dragon flies, and bees flit joyously among them — it is all like capturing a gleam of a long summer day. And all this can be yours for coloring the pretty patterns with crayons and running around all the little figures with six threads of stranded cotton in your needle. When it's done, press it carefully, turn back the hem to the first line of the embroidery and line with a tan sateen or some such material.



No. 25-5-13

On the tan linen hollyhock bag, you'll use your vermillion crayon mostly, with some yellow for blossom centres and buds, and a little of the light green for foliage. There is a little flower cluster on the back of the bag to make things interesting. Flowers are run with deep rose shades, a single thread of heavy pearl cotton being used for this work. The crocheted trims at top and bottom match the tan linen. Line the bag preferably with some shade of rose used in the flowers. Use a piece of feather bone in the casing at each side of the top, gathering the bag in a bit as you see in the illustration. Seam and line the bag, then whip the sides in two directions with self color embroidery cotton thus giving a finish that looks like cross stitch along the edge. Blanket stitch both top edges and across bottom of bag.

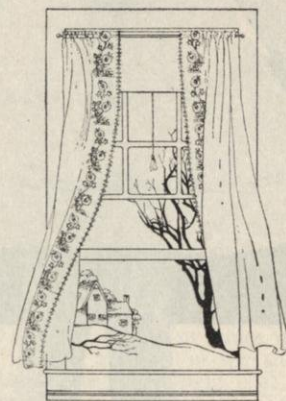
With heavy tan mercerized cotton and a No. 6 steel hook crochet into the blanket stitching across the bottom as follows: First work a row of doubles (d), turn. 2d row — Chain (ch) 4, skip a d, treble (t) in next, \* ch 2, skip 1, t in next, repeat from \* to end of row. (If the doubles in 1st row are worked closely skip 2 d for each space in order to have 39 spaces.) \*\* In next row ch 3, 3 t in each of 4 sp, turn, ch 3, skip 1st t, t in each of 11 t, turn, ch 1, skip 1st t, d in each of 10 t, slip stitch along side of these 2 rows, d in same space where 12th t was made, 2 d in next sp. Repeat from \*\*.

For the top of the bag: Work a row of d as for bottom, then a row of spaces and finish with a row of trebles worked into the spaces.

Line the strap handles and blanket stitch the edges and sew them on firmly to the inside of the bag just where the feather bone comes.

## Window Hangings of Fine Gingham

When there are several windows, as is often the case in our sun parlors, we sometimes think we haven't time to put elaborate hand work on hangings, but crayon-craft makes it easy. We have chosen an exceptionally fine gingham for these hangings, so lovely in color and texture that the effect is almost that of silk. The colors are exquisite, and despite all their delicacy are sun proof and tub proof. There is the corn color, a pale clear yellow, the peach tint, a beautiful green, and a blue like summer skies. On all these curtains we use a border down the front edge only, not across the bottom. The repeating motif of this border is shown in the illustration, the quaint orange petaled



No. 25-5-14

posies have purple and yellow centres, foliage is tinted in two shades of green, and all the pattern is run with six threads of stranded cotton.

A pretty finish for the front edges of your curtains is made by blanket stitching over a  $\frac{3}{8}$ -inch hem, grouping stitches by twos as illustration shows. Then with six strands of cotton and a No. 3 hook work loosely \* 2 doubles (d) into the blanket stitching (d, 4 ch, d) into the next stitch and repeat from \*.

For the table on the porch the unbleached cotton cover, No. 25-5-14, has the gay effect of the peasant embroideries. We tinted ours with the red crayon and used six strands of crimson cotton to run the design. No color diagram is needed with this design.

## Materials and Prices

No. 25-5-11. WALL HANGING. (38 x 54 inches finished.) Stamped tan mohair, \$4.00. Embroidery cotton, \$2.40.

No. 25-5-12. BAG. (12 x 14 inches finished.) Stamped tan linen, 75 cts. Cotton for embroidery and crochet, 60 cts.

No. 25-5-13. CURTAINS. Stamped peach, rose, green, corn color, or blue everfast gingham, two parts, each 18 x 90 inches (for one window), \$2.35. Cotton for embroidery and crochet, \$1.35.

No. 25-5-14. LUNCHEON CLOTH. Size 36 inches finished. Stamped unbleached cotton, 65 cts. Red embroidery cotton, 55 cts.

Wax crayons, 24 assorted colors, 30 cts. a box. Perforated Stamping Patterns: No. 25-5-11, 75 cts.; No. 25-5-12, 35 cts.; No. 25-5-13, 50 cts.; No. 25-5-14, 75 cts. A transfer pattern may be had for Bag No. 25-5-12 only, price 25 cts.

**EVERYDAY**

**HOUSEKEEPING**

*At the Priscilla Proving Plant*

Staff Chemist: PROF. ALPHEUS G. WOODMAN  
Mass. Institute of Technology

Staff Engineer: PROF. GORDON B. WILKES  
Mass. Institute of Technology

MRS. DELLA THOMPSON LUTES  
Housekeeping Editor

MRS. ELIZABETH STONE MACDONALD  
Field Editor

## Betty Shares With You Her Lesson On The Use of Lobster

By LILY HAXWORTH WALLACE

*Recipes Tested at the  
Priscilla Proving Plant.*



*Lobster Farci is too good to miss. If a fresh lobster is unavailable, canned lobster meat baked in "scallop shell" dishes may be substituted.*

BETTY arrived one morning in dire distress! "I want to know something about lobsters!" she told us. "Are they really as difficult to prepare as people say — and how am I to know a good lobster when I meet it — and must I kill it myself?" she wailed. We told her we would try to put her on speaking terms with the lobster if she could come over to the Proving Plant for a lesson the next day. Of course she did come and here are some of the things we told her about the pluto-cratic crustacean.

As Mrs. Glass of ancient culinary fame remarked, "First catch your hare," so in this instance let us follow her sage advice by at least selecting our lobster.

Incidentally, the largest and best specimens are found in North Atlantic waters ranging from Northern Maine to New Jersey, and are perhaps most abundant on the rocky Maine and Massachusetts coasts. They are caught in traps set on the ocean

or salt river bottoms. The average lobster weighs about two pounds, although in past years before they were in such demand, a weight of twenty to twenty-five pounds was not unusual. Each coastal state has its own laws governing lobster protection, and as a general rule they are not allowed to be taken under nine to ten inches in length. Lobsters are obtainable throughout the year but are best from March to November. Their size increases with their age and in making a selection look for the ones that are heavy in proportion to their size. The meat of a light weight lobster is apt to be tough and stringy.

Lobsters when taken from the water usually are of a very dark mottled bluish green color, unless they come from a sandy waterbed when they may be reddish brown in appearance. They have great strength in their large claws, therefore these are usually wedged open by driving wooden plugs into the joints of the claws to prevent them from nipping.

### To Boil a Lobster

If sea water is obtainable use it by all means. If it is not obtainable have ready a large pan containing an abundance of furiously boiling fresh water to which a tablespoonful of salt for each two quarts has been added. Plunge the lobster, head first, into this and cook from twenty to thirty minutes according to size. But beware of overcooking, as this renders the meat tough and stringy. As soon as it touches the water the lobster turns a brilliant red color.

After cooking place on a platter, claws down, to drain; then wipe dry and set aside until cool enough to handle.

### To Open a Lobster

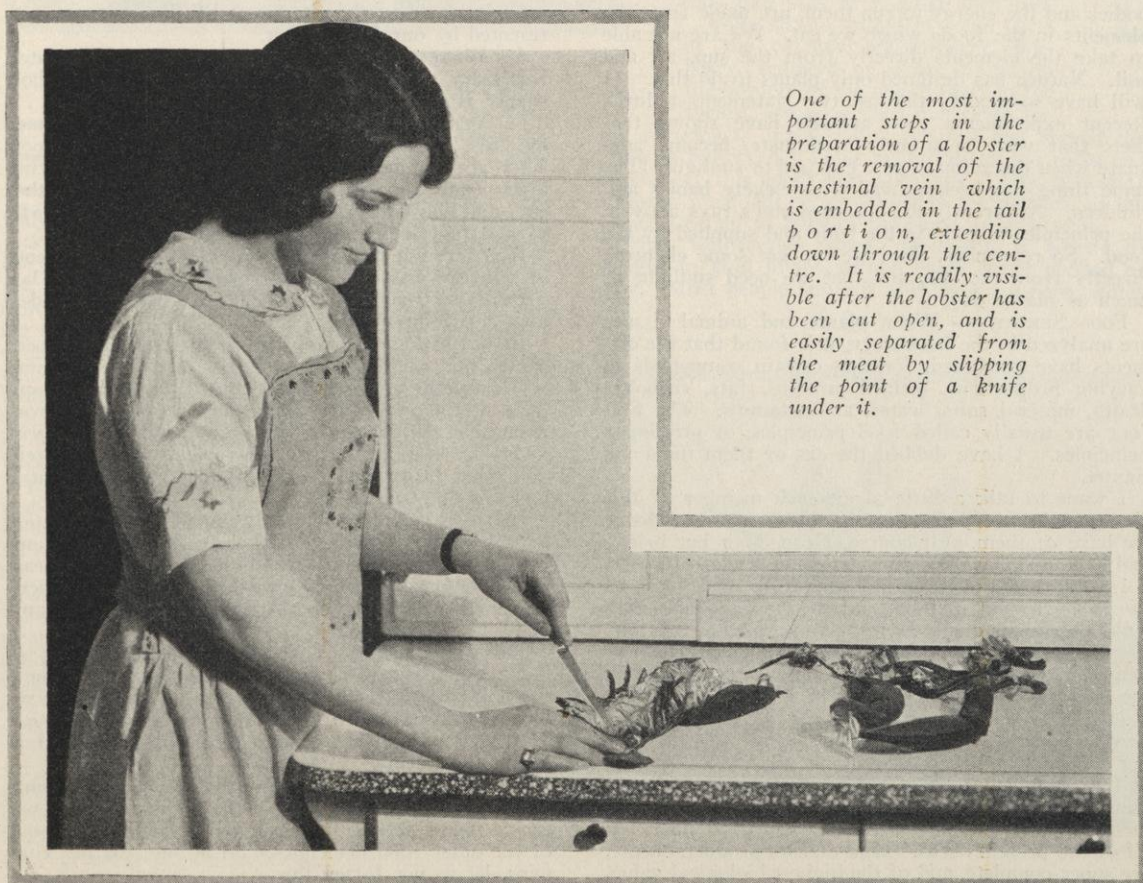
Place the boiled lobster on its back on the table and remove both large and small claws. If to be broiled, split lengthwise from the head right down through the body to the tip of the tail, using a large sharp knife. (Some boil the lobster before broiling, others split the uncooked lobster; but in the latter case it is wiser to let the fish dealer attend to this for you). If to be used for entrées or salad, separate the head or body portion from the tail at the point where these join by giving a sharp twist with the hands. With a sharp knife open the tail by cutting through the thin cartilage, beginning at the body end and working downwards. Scissors may be used in place of a knife if preferred. After removing the thin shell or cartilage the meat in the tail portion is fully exposed, and can readily be lifted out of the shell. The only part to be discarded from this section of the lobster is the intestinal cord which runs right down the very centre of the back and which may be a dark greenish color, or may have but very little color.

Lay the tail meat aside and open the body. This too should be split right down the centre. (The female or hen lobster will probably contain a portion of lobster coral and as this is very decorative when used in salads and sauces, it should be carefully kept). The feathery gill-like portions sometimes referred to as "fingers" which lie around the meat close to the shell must be taken out, as also must the sandbag, stomach or "lady" as it is commonly called. This sandbag will be found in the centre of the body and is a tough cartilage-like portion, compact and grayish green in color.

In a well-nourished lobster there will also probably be found quite a little soft fat; this too is grayish green in appearance but entirely unlike the "lady" as it is soft and tender while the latter as already stated is tough and wiry.

There should be quite a fair quantity of white meat in the body and this is best separated from the cartilage by means of a sharp-pointed knife and a nut pick. Any meat or fat adhering to the shell should be carefully scraped out with a teaspoon, and the shell together with that of the tail portion set aside for

*(Continued on page 35)*



*One of the most important steps in the preparation of a lobster is the removal of the intestinal vein which is embedded in the tail portion, extending down through the centre. It is readily visible after the lobster has been cut open, and is easily separated from the meat by slipping the point of a knife under it.*



# Woman's Biggest Job

Fifth Article in 1925 Series

## The Home and Its Food Foundation

By LULU HUNT PETERS, M. D.

*Dr. Peters is one of the most prominent, most popular, and most sought after writers on the subject of food, health, and diet in the United States to-day. She is spoken of by her publishers as "the best known and best beloved woman physician in America." She is author of "Diet and Health with Key to the Calories," a book that has brought her most prominently into public notice; and "Diet for Children."*

*Dr. Peters was graduated from the Eastern Maine State Normal School, as teacher; from the University of Southern California, as Bachelor of Arts; from the University of California, as Doctor of Medicine; and has taken post-graduate work in the New York and Chicago colleges and at Harvard.*

WHEN we think of an ideal home, we immediately picture a happy, healthy family—a father and mother with their children, and perhaps grandparents. Is there a food foundation which has to do with keeping this family happy and healthy? Yes, emphatically yes, there is. If there is any one factor which is most important in making this home healthy, happy and contented, then it is the food foundation for this home.

Now, perhaps immediately you think, "Oh, no, that's not true." You may think that the dispositions, temperaments and characters of the members of a family have more to do with the making of contentment and happiness than does the food which they eat. You will admit that physical health is determined to a great extent by diet, but not mental and moral health. But have you ever thought how far mental and moral health is dependent upon physical health? Do you know that the so-called "problem" children, who can disrupt entire families, may be the result of nervous and glandular systems that have become unstable because starved for proper food? Are you aware that much of the irritability and moroseness and bad habits of the adult members of a family may be brought about in the same way? Yes, indeed, the food of a home has more to do with its happy foundation than is commonly supposed.

Of course, we know that adequate sleep, rest, exercise, fresh air, as well as proper moral atmosphere, have to be intimately linked up with proper nutrition, to make it most effective.

In this article I am going to give you a food foundation which will adequately supply the needs of the children and the adult members of your family, and what is equally important, I am going to give you the scientific reasons for considering it a foundation.

But possibly you are one of those who thinks that the scientific study of nutrition is superfluous, that the race got along pretty well when it ate purely by instinct, and when there was no knowledge of proteins, vitamins, and the like? Perhaps you smilingly tell me, "Methuselah ate what he found on his plate, and never as people do now, did he keep any track of the calorie count; he ate because it was chow?" Then let me point out that in the times when instinct furnished a fairly reliable guide for food, conditions were much different than they are to-day. In the pre-machinery and pre-living-in-towns-and-cities days, man lived out of doors much more; he literally earned his bread by the sweat of his brow, and the foods he consumed were natural foods—*not refined* (and thereby partially devitaminized and demineralized—in another word devitalized), as many of our foods are to-day.

We can truly say that instinct is not a safe guide to food selection either in amounts or qualities now. If it were so, there would not be so many of our adult population overweight, with its accompaniment of degenerative diseases (diabetes, heart and kidney diseases, hardening of the arteries and many others), so many of our children underweight and so much illness, both acute and chronic, due in a large measure to incorrect diet. "The two chief causes of disease and death are food and drink. Hindheide says this and he is a great internationally known authority on nutrition.

Before I give you what we believe is a foundation diet, let us talk a little of the average American diet. It consists largely of white bread, meat, potatoes, and sweets, doesn't it? In the language of the ads, what's wrong with this picture?

It's filling, surely? Yes, it's filling. Filling doctors' and dentists' offices, hospitals and sanatoria and

premature graves. Not so good! Though you overeat, you are starving on this diet.

White bread, meat, potatoes, and sweets. What's wrong with that combination?

*First*, it is sadly deficient in the mineral elements necessary for good teeth, bones, and proper functioning. *Second*, it is sadly deficient in vitamins necessary for proper functioning and disease resistance. *Third*, it is deficient in roughage necessary for exercise for the teeth and the intestinal tract. *Fourth*, with the exception of potatoes, all those foods leave an acid reaction, and with the acid predominating, acidoses of varying degrees with their train of troubles are brought about. *Fifth*, excess meat and white bread and sweets favor intestinal putrefaction and its train of troubles.

Enough of our troubles. I must go on with my story. In order for you to understand the foundation, I will have to give you a bird's-eye view, so to speak, of some of the fundamentals of dietetics.

**THE ELEMENTS.**—The human body is composed of the following elements: Oxygen, Carbon, Hydrogen, Nitrogen, Calcium, Phosphorus, Potassium, Sulphur, Sodium, Chlorine, Magnesium, Iron, Iodine, Fluorine, and Silicon.

I want you to remember Phosphorus, Iron, Calcium, Nitrogen, Iodine and Calcium again. Notice the way I have these arranged. The initials spell the word PICNIC. That's for remembrance. We'll come back to our Picnic.

Of course, it is self-evident that the tissues in our bodies and the energy to run them, are made from the elements in the foods which we eat. We are not able to take the elements directly from the sun, air and soil. Nature has designed only plants to do that. (I will have to modify the last two statements a little. Recent experiments with animals have shown that diets that were apparently inadequate, became adequate when the animals were exposed to sunlight. The same thing has been proved with rickety babies and children. Apparently the absorbed sun's rays activate the principles already in the body and supplied by the food. So remember, then, we can get some elements directly from the sun, and that we need sunlight as much as plants do.)

**FOOD SEXTET.**—When plants and animal tissues are analyzed in the laboratory, it is found that the elements have combined, forming certain compounds in varying proportions, termed proteins, fats, carbohydrates, mineral salts, water, and vitamins. The first four are usually called food principles, or proximate principles. I have dubbed the six of them the Food Sextet.

I want to talk a little about each member of this Sextet and give you some of the newer knowledge we have of them. Of course, I can do it but briefly and you will have to continue your studies further.

1. **PROTEIN FOODS.**—We can think of Protein as the meat element in food, and we have to have it to build and repair our body meat—in other words, our tissues and muscles. Meat, fish, milk, cheese, egg whites, nuts (except chestnuts), and legumes contain the highest proportion of protein in their make-up.

*Not all proteins are of equal value for building purposes.* Some of them do not contain all of the building elements and therefore are incomplete. The animal proteins, meat, fish, milk, eggs, and nuts contain complete protein, but the cereals and legumes are incomplete, so they should not be depended upon for all of the protein needs. Milk and its product, cheese, are super-complete, and of the highest biological value. Meat is deficient in vitamins and calcium and an

excess amount tends to intestinal putrefaction and acidosis. Less meat, more milk, cheese and nuts, then, to improve the protein part of the diet.

2. **CARBOHYDRATES.**—Energy foods. Starches and sugars. These are furnished largely in the cereals, breads, sweets, fruits, and vegetables, especially the legumes (beans, peas, lentils) and tubers such as potatoes, beets, turnips.

Too much of our energy food comes from white flour which is largely demineralized and devitaminized, and sugar (this includes candy, of course), which is wholly demineralized and devitaminized. While they are good energy foods in moderation, in excess they cause trouble. Substituting whole grain cereals and breads, and sweets as they are found in their natural state in dried fruits, honey, and the like, will improve our energy foods. (You should have a knowledge of Calories, the unit that measures the energy value of foods. It is especially important in over- or under-weight).

3. **FATS.**—Growth and energy foods. Cream, butter, egg yolks, vegetable oils, and animal fats.

Cream, butter, and egg yolk fats are best for the children for they are very high in the growth vitamins. Too much free fat (cream and egg yolk are not free fats) upsets the digestion and interferes with the absorption of iodine and may be a factor in causing simple goiter (McCarrison). (More on the Iodine later).

4. **MINERAL SALTS.**—For the bones, teeth, and for general functioning. Foods containing the largest amounts same as the vitamins. I'll discuss those represented by our Picnic later.

5. **WATER.**—The body is over two-thirds water. Necessary? Rather. Better take enough so the whole supply is renewed often.

6. **VITAMINS.**—The vitamins have been termed the "live" principle and the "ignition sparks" of food. They are obtained from the vegetable kingdom primarily (animals get them from plants which they eat) and they are vitally necessary for normal growth, normal functioning, and disease resistance.

It is through the study of vitamins that the science of nutrition has advanced so markedly within the last fifteen years, and the knowledge we have obtained is almost revolutionary.

In the biological nutrition laboratories, it has been shown that animals fed on a diet lacking in vitamins will succumb to tuberculosis germs, while other animals of the same litter and under the same environment, but fed properly, will be able to resist them. This has been proved of tuberculosis and dysentery and other infections. If this is true of animals, it is undoubtedly true of man.

It has also been proved by animal experimentation that bone and tooth softening, pyorrhœa, inflammation of the mucous membranes, disordered heart and other organs, can be brought on by deficient diets. If deficient diets can do that in various types of animals, it can in man.

This work makes us realize that deficient diets so lower the tissue resistance that infections can gain a foothold, and it furthermore makes us realize that we have placed too much stress upon germs as the cause of infections and not enough stress upon the soil in which they grow.

However, it has been found that though an animal be fed to the limit with all of the vitamins, it will not thrive unless it has sufficient and a balanced amount of the other food principles. So in our zeal for vitamins, let us not forget this.

(Continued on page 43)

## Tasty Dishes From Common Weeds

*The sun loves you, you think, just as the rose,  
He never scorned you for a weed,— he knows!  
The green-gold flies rest on you and are glad,  
It's only cross old gardeners find you bad.*  
To a Weed — GERTRUDE HALL.

By MARY HAMILTON TALBOTT



Burdock



Yarrow



Pokeweed



Milkweed

It is delicious if cooked and served like asparagus on toast with a drawn butter sauce. Any that is left over may be scalloped as follows: Cut the stalks into one-inch lengths, butter a baking dish and put a layer of the milkweed in the bottom, cover with cream sauce, some chopped hard-cooked eggs and crumbs, and repeat until the dish is full. Bake in a quick oven. You may vary the breakfast omelet by adding to it some left-over milkweed or by putting it in the scrambled eggs. You thus add a tonic as well as a pleasing flavor. An attractive salad may be made by boiling the milkweed until tender, draining and cooling. Then cut rings one-third of an inch wide from a bright red pepper; place three or four shoots in each ring, arrange on lettuce or other salad green and serve with French dressing, to which has been added half a tablespoon of tomato catsup. The tips of the leaves, pulled when they are very young, are most tasty when crisped and served with mayonnaise or French dressing. The wild milkweed is usually not good after the middle of June, as it gets too tough and the flavor deteriorates after the blossoms appear. When cultivated — as it is in foreign countries with a cool climate — and sown at intervals like peas, it is good until fall.

Poke shoots, called in some parts of the country pigeon-berry, ink-berry, redweed or scoke, found on the borders of the woods early in the spring, are good until the leaves begin to uncurl. They can be cooked and served the same as milkweed. Later in the season the roots and berries of this plant are poisonous. This delicately flavored weed can be purchased in the markets of the South tied up in bundles the same as asparagus.

That well-known weed, dandelion, is worth its weight in gold in the spring, eaten either cooked or raw. Most people serve it only as a pot-herb, which

is a matter for regret as there are so many ways of using it in our menus. I have eaten dandelions in France prepared as follows: Cook young dandelion leaves in boiling salted water about twenty-five minutes. Drain and chop fine. Reheat with four tablespoons of butter to which has been added three tablespoons of flour blended with two-thirds of a cup of chicken stock. Season with one teaspoon of powdered sugar, salt, pepper, a little nutmeg, and a few gratings of lemon rind. A good way to serve this green for luncheon or supper is to make very thin pancakes and spread them with the cooked greens chopped fine. Roll them, then put in a buttered dish and pour over them some sour cream. Bake for twenty minutes and serve immediately. In place of sausages for breakfast on a spring morning cook some young dandelion leaves and press them quite dry by putting them in a colander with a weight on them. Add them to the well beaten yolks of two eggs, a little cream, and salt and pepper to taste. When thoroughly heated in a frying pan spread the mixture over slices of stale bread and fry them quickly in hot drippings and serve at once. A good sandwich filling is made by chopping fine the tender stalks and young leaves of the uncooked dandelions, adding a few drops of onion juice, a bit of celery salt and moistening with mayonnaise. Put between thin slices of buttered bread.

The wild yellow dock, which grows at almost every roadside, if well cooked makes a delicious green. The leaf of this weed is long

(Continued on page 37)

EVERY spring, millions of people turn their attention to tonics and spend millions of dollars for "invigorators" and "body builders" containing the very properties which Nature lavishly provides and which can be had at no cost but the picking. People at large do not know the value of the wild green things which we call weeds, but which are really no more weeds than are many of the so-called vegetables. We pass them by not realizing that in addition to whatever medicinal properties they may have they possess great food value. From the time the snow leaves and green things peep up through the ground, many weeds that make delicious pot-herbs and salads may be found by the roadside, and in the fields, the woods, and marshes.

Wild greens, like the cultivated kinds, are best when young and tender. If they are used when they have attained larger growth only the inner leaves and stalks should be eaten, or the flavor will be too strong to be agreeable. Always wash them carefully in several cold waters, and if not to be used at once drain them, wrap in a damp cloth, and put in a cool place. Before the final cooking it is well to plunge wild greens into boiling water, boil five minutes, and drain; then put into hot water again and cook until tender.

Milkweed may be served in a variety of ways. Cook the shoots in boiling salted water until tender. Drain and place in a buttered baking dish with a little grated cheese between the layers. Chop a small onion fine, fry in butter, spread over the milkweed, sprinkle with cheese and crumbs, and brown in a hot oven.



Yellow Dock





*Coffee Spanish Cream made with evaporated milk is a variation of a favorite dessert. A ring mold and a garnish of whipped cream dresses it up for company.*

## The Milky Way Leads Through a Cleanly Can

### Why and How We Use Evaporated Milk

*Recipes Tested at the Priscilla Proving Plant*

**F**RANKLY our reasons for using evaporated milk at the Priscilla Proving Plant are not primarily scientific—they are the reasons any housewife gives first for choosing any product—we use it because we like it and find it a convenience. It has a richness, a smoothness of texture and a distinctive flavor which add something new to many a well-known dish. The recipes on this page are a few of those for which we have found evaporated milk particularly well adapted. Some we have originated ourselves; others have been suggested by readers.

#### Coffee Spanish Cream

- 1½ cups evaporated milk
- 1½ cups strong coffee (cold)
- 2 tablespoons gelatine
- 3 eggs
- ¾ cup sugar
- Pinch salt
- 1 teaspoon vanilla

Mix evaporated milk with the coffee and add gelatine. Heat in a double boiler. Beat yolks of eggs, add sugar and salt, and gradually pour on the milk mixture. Return to double boiler and cook until thickened, stirring constantly. Fold in stiffly beaten egg whites and add vanilla. Turn into a mold and let stand until firm.

Recipe makes six servings.

#### Pineapple Muffins

- 2 cups flour
- 3 tablespoons sugar
- 4 teaspoons baking powder
- ½ teaspoon salt
- 2 eggs
- ¾ cup evaporated milk
- ⅓ cup water
- ¾ cup crushed pineapple, drained
- 3 tablespoons shortening

Mix and sift dry ingredients. Beat eggs, and add evaporated milk and water. Add to the dry ingredients and beat until smooth. Add pineapple and melted shortening. Bake in muffin pans in a hot oven.

Time in cooking, 30 minutes.

Temperature, 425 degrees.

Recipe makes twelve muffins.

#### Two-Minute Icing

- 5 tablespoons brown sugar
- 4 tablespoons evaporated milk
- 2 tablespoons water
- 1 tablespoon butter
- Confectioners' sugar

Put first four ingredients in a saucepan and bring to the boiling point, stirring constantly. Cool and add confectioners' sugar to make of the right consistency to spread. Flavor with vanilla if desired.

#### Vanilla

#### Burnt Almond Ice Cream

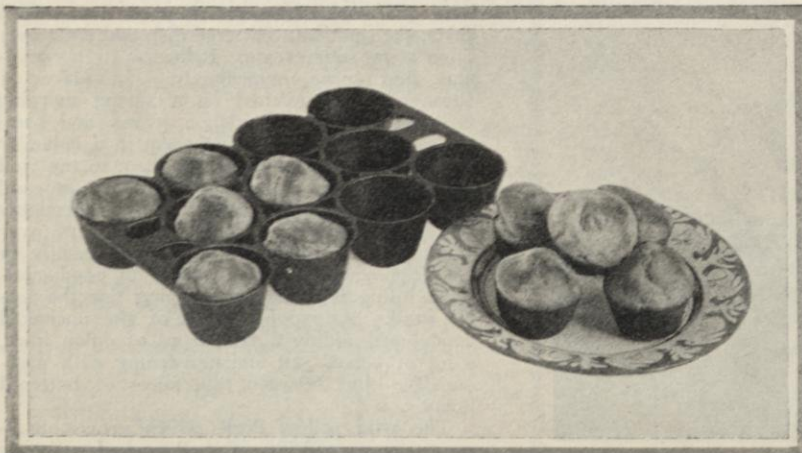
- |                        |                               |
|------------------------|-------------------------------|
| 1 cup sugar            | ⅛ teaspoon salt               |
| 1 cup boiling water    | ¾ cup chopped roasted almonds |
| 3 cups evaporated milk | 2 teaspoons vanilla           |
| 2 eggs                 |                               |

Caramelize half a cup of the sugar, add the boiling water, and stir until sugar is dissolved. Add evaporated milk and heat in a double boiler. Beat egg yolks, add the remaining half cup of sugar and the salt, and add to the milk mixture. Cook until thickened, stirring constantly. Cool and add nuts and vanilla. Pack in three parts ice to one of salt and freeze.

Recipe makes eight servings.

These recipes suggest only a very few of the places which evaporated milk has in everyday cookery. Oyster stew, chowders, cream soups, cream sauces, cocoa, custards, and many other dishes made with evaporated milk rival the rich thickness and smoothness which expensive pure cream produces. Expert candy makers use evaporated milk for the creamy texture and fine flavor which result from perfect blending.

**NOTE.**—On page 38 Miss Agnes Olson, a food specialist, gives more technical reasons for the use of evaporated milk, tells of its place in relation to nutrition, and reassures us of its high quality.



*Try hot Pineapple Muffins for breakfast or luncheon or serve tiny ones with the afternoon cup of tea or coffee.*



*It is no trouble at all to frost a cake with Two-Minute Icing. This is a "never fail" recipe.*

# The soup when you're hungry!



Campbell's Vegetable Soup! We show these vegetables to give you some idea of the many delicious and tempting ingredients blended in this famous soup.

It's a luncheon. It's a supper. It's a good part of the dinner. It's ideal for the school-children's midday meal. It is served for many an extra meal.

Thirty-two ingredients in all! Such substantial food, so inviting, so convenient to serve!



21 kinds

12 cents a can





## Butterfly Luncheon Set In Crepes of Rainbow Hue

By E. MARION STEVENS

**SPECIAL PRICES:** Luncheon Set, No. 25-5-24, including 29-inch cloth and any *four* of the 14-inch napkins (order by letters A to H) stamped on cotton crepe, with materials for appliqué and all necessary embroidery cottons included, only \$1.50. — Price of four additional napkins, stamped on crepe, with appliqué materials, 75 cents. Luncheon Cloth only, stamped on crepe, with materials for appliqué, and embroidery cottons, 95 cents. — Color-placing diagrams sent with each order.

“AREN’T they dainty!” “Aren’t they dear!” “Exquisite!” “What a charming idea!” “Where did you find them?” Can’t you hear the rapid fire of delighted comment as your guests discover these airy little butterflies on their befringed napkins—and how happy it does make the hostess to have her prettily appointed table appreciated as heartily as the goodies she serves her guests.

There is something delightfully in keeping with the season in soft crepes of rainbow tints, in slender grasses and a fairy flock of butterflies; and there is almost as much joy in making the pretty things as in possessing them. Such happy thoughts in luncheon things go far to prove that a little needlework is a wondrous help in providing beauty for the household on a small budget. Cotton crepe, though inexpensive, comes in a lovely range of colors, and we all know how it simplifies the laundry problem.

Every stitch used in embroidering this set is an old familiar friend. The multicolored butterflies are bits of colored crepe appliqué, except in case of the black wings which are a black handkerchief linen. The embroidery on the wings is done before applying. When this is done, cut out the appliqué sections one-fourth inch beyond the stamped line, turn in



to the line and whip down with a single strand of the embroidery cotton in a matching color. Two or three threads of the stranded cotton, as your pattern indicates, are used in working the butterflies and grasses, as delicacy of stitchery is one of the chief charms of these designs.

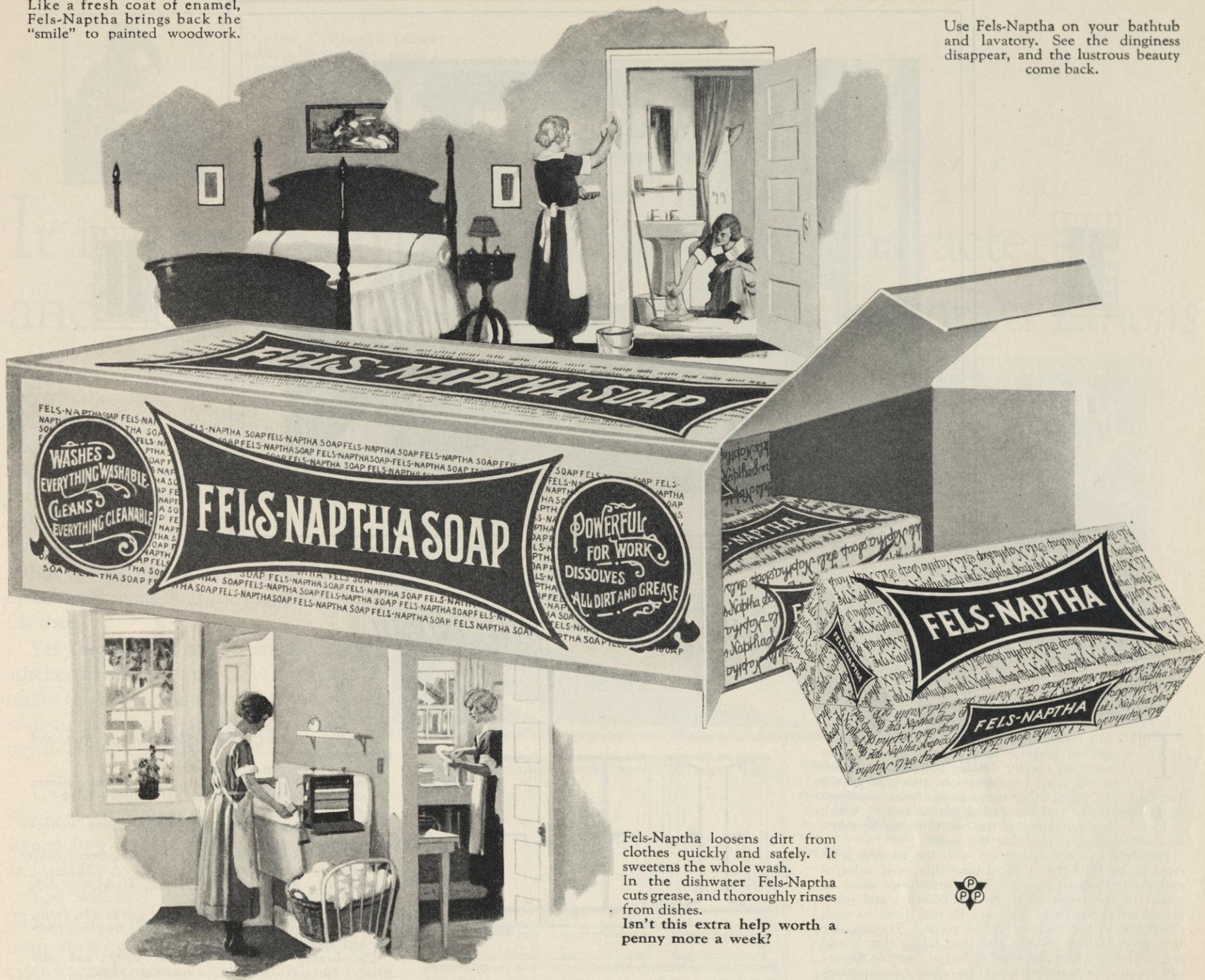
Satin stitch, outlining, and sometimes single stitches are employed to bring out the markings on the butterfly wings. The wider blades of grass are done in a slanting satin stitch, the stems of the weeds in an overlapping outline stitch (that is with each stitch taken well back toward the beginning of the one preceding). Weed tips are tiny single stitches, and there are a few lazy-daisy blossoms here and there, as well as a little French knot clover bloom.

On one of the three corners of the cloth, which you cannot see, appears a black butterfly; on another corner, a bright orange fellow; and on the third corner, a green one; all poised above the slender grasses. The fourth corner you see pictured here.

When embroidery is finished, fringe the edges of the cloth to a depth of one inch and the napkins to a half-inch, press your work neatly, and then there won’t be another thing to do except to call in the neighbors to admire.

Like a fresh coat of enamel, Fels-Naptha brings back the "smile" to painted woodwork.

Use Fels-Naptha on your bathtub and lavatory. See the dinginess disappear, and the lustrous beauty come back.



Fels-Naptha loosens dirt from clothes quickly and safely. It sweetens the whole wash. In the dishwater Fels-Naptha cuts grease, and thoroughly rinses from dishes. Isn't this extra help worth a penny more a week?



# Extra help to make housecleaning easier!



Smell the naptha in Fels-Naptha

### What temperature for wash water?

Use water of any temperature with Fels-Naptha. Boil clothes with Fels-Naptha, if you wish. You are bound to get good results. The real naptha in Fels-Naptha makes the dirt let go, no matter whether the water is cool, lukewarm or hot.

Housecleaning! Who doesn't shrink from it? A disagreeable job at best! Curtains to be washed. Winter clothes to be cleaned so thoroughly that they will not invite moths when put away for the summer. Paints to be made sunshiny. Floors to be made spotless. Rugs to be brightened. The house to be made wholesome from top to bottom. If ever you needed Fels-Naptha—it is right now!

All women need the extra help of Fels-Naptha at this time. For housecleaning, it is help you can always depend upon. It does a quick, safe, thorough job.

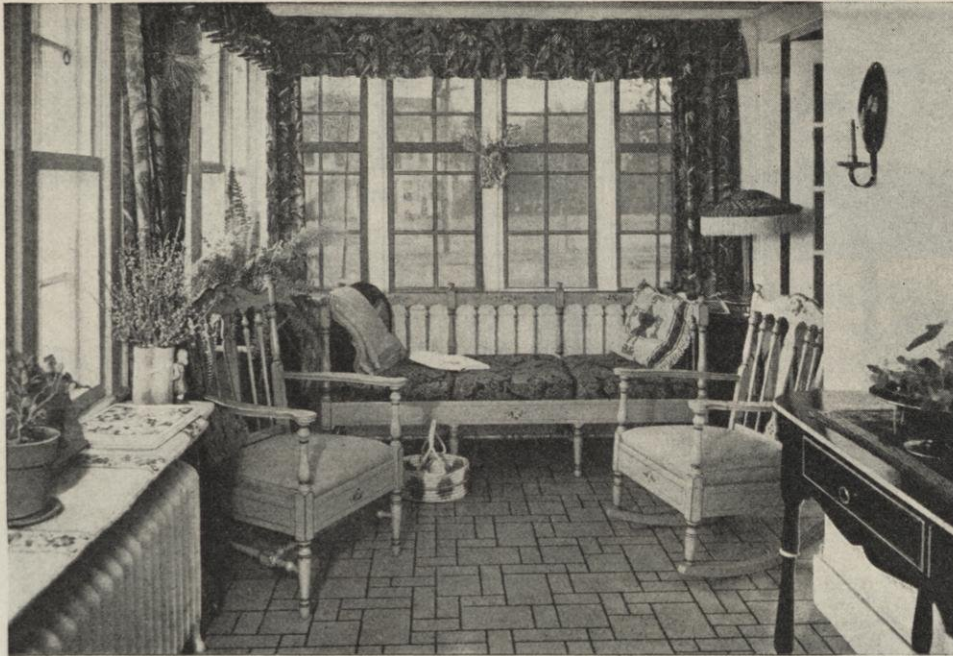
Naptha is a wonderful dirt-loosener. So is good soap. And when the two are combined to work together in Fels-Naptha—you get extra cleaning-value that you cannot get in any other form.

Housewives everywhere, who pride themselves on the cleanliness of their homes, feel that nothing can take the place of Fels-Naptha. Order a carton of ten bars from your grocer today! It'll prove the most economical help you can get for the Spring cleaning.

SEND 2¢ in stamps for a sample bar to test the helpfulness of Fels-Naptha. Address Fels-Naptha Soap, Philadelphia.

# FELS-NAPTHA

THE GOLDEN BAR WITH THE CLEAN NAPTHA ODOR © Fels & Co. Philadelphia



## Furnishing the Sun Room

By ROSS CRANE

THE sun room, like other rooms, is designed for a specific purpose and for the comfort and pleasure of certain definite individuals; therefore the same considerations that govern the furnishing of every other room in the house dominate in the furnishing and decorating of this one — which is to say that suitability is the one thing to be taken into account when planning the room.

Suitability — not decoration — is the guiding principle to be followed in furnishing this most colorful and decorative of rooms. The furnishings must be suited to the room itself, to the comfort and preference of the persons who are to use them, to each other and to the purpose of the room. The massive furniture, Italian pottery and iron tables that would appropriately grace the high ceilinged, marble floored sun room of a mansion would be wholly incongruous in the humble porch — that is easy to see. So too, the chair which is the last word in luxurious lounging comfort for six-foot "Father" would be most uncomfortable for "Mother." It is likewise manifest that a delicately shaped, polished mahogany table will not assimilate with reed, willow and painted furniture. And finally the room, while it is a living room, is an out-door living room; and this close association with the colorfulness and informality of nature herself constitutes a demand for more color and vivacity in sun room furnishings.

With these ideas in mind doesn't it seem perfectly clear that the three things to seek in furnishing and decorating a sun room are first, comfort; second, color; and third, character?

Perhaps the greatest service I can render in this article is to enumerate some of the various furnishings and accessories which are available and suitable for sun room use, and then show how they can be mobilized to secure the maximum of these three attributes — comfort, color and character.

Comfort first, of course, in any living room. And the furnishings requisite are:

Easy chairs with good springs and cushions.  
Davenport, chaise longue, day-bed or couch long enough to recline on.

Tables and smoking stands convenient to the chairs.  
Reading lamps, and provision for adequate heating in winter.

Writing desk, of some sort, properly equipped and lighted.

Hanging book cases or other styles, magazine racks, and the like.

Color can be more lavish and vibrant in the sun room than elsewhere in the house, but always restrained and harmonized by conformance to a carefully studied plan or scheme. Among the available color resources are:

Painted walls and woodwork.

Floors. Tile, marble, brick, concrete, painted wood or linoleum in tile effect.

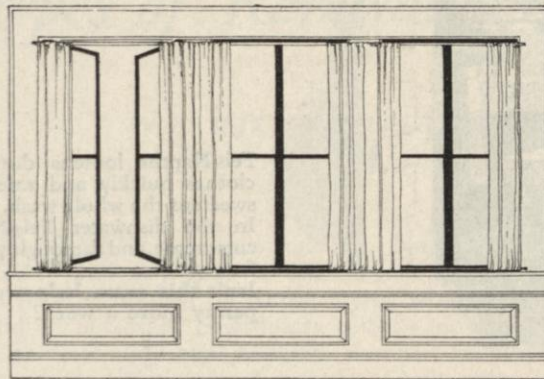


Figure I

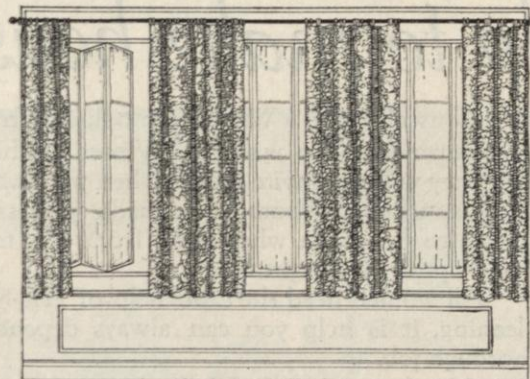


Figure II

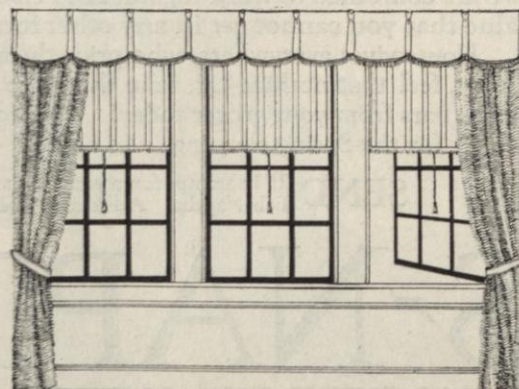


Figure III

Furniture. Reed, fibre, willow, rattan, iron, and painted wood.

Rugs. Grass, rush, linen, and fibre.

Draperies. Stripes in sunfast materials; block linen or cretonne in bold patterns and brilliant colors of which there are many to choose from.

Shades. Striped crêpe mohair, glazed chintz or Austrian cloth.

Curtains. Semi-transparent sunfast casement cloth in colors.

Awnings. Solid colors or stripes. Made in a style to suit the house.

Painted flower and ivy pots; gold fish bowls, ferns, vines, and potted plants. (Don't forget morning glories and nasturtiums).

Upholstery. Patterned materials, stripes and solid colors; extra cushions in contrasting colors.

Bird cages and hanging flower bowls of brass, copper or basket weave.

Lamps. Iron or decorated wood standards for floor lamps; iron, wood or pottery for table lamps.

Lamp Shades. Parchment or silk, decorated in colors of the room.

Lighting Fixtures. Ceiling fixtures in the form of hanging baskets with the light bulbs concealed in artificial vines; iron lanterns, inverted Japanese umbrellas (in high ceilinged rooms) or hanging baskets, lined with silk. Wall brackets may be of wrought iron or painted wood. They may take the form of wall baskets.

Shades. Painted parchment; rectangular, cup shape or cut out and painted to resemble bouquets of flowers.

Character is the third attribute of the sun room (as it is of any room), and by this term I refer to the specific idea for which the sun room stands. This idea may best be represented by enumerating some of the objects which are associated with this next-to-the-out-of-doors room.

Lattice and trellis work; novel lighting fixtures; Italian iron tables.

Wall fountains (sometimes a fountain in the centre of the room).

Growing vines, flowers and ferns. (The finest decoration for a brick wall is lattice work with vines trailing over it).

Hanging baskets and wall pockets for these vines and ferns; also iron and reed fern stands and tall tripod corner stands for vines and flowers.

French and Italian pottery with designs in blue, green, yellow, and orange.

The reader may notice that some of the furnishings used to add character to the room are also included in the list of furnishings given as resources for color. In fact, everything which enters the room is a color asset or a color liability — all depending on the skill displayed in selection.

(Continued on page 40)



ON HER CHERISHED DOWRY LINENS the Lacemaker, painted by Vermeer, wrought her exquisite needlework with linen thread.

With this new linen thread . . .

# It is easy to give your work the character and richness you admire in Costly Imported Linens

SO lovely are the new linens that just to come upon them in fascinating little shops in Paris, Milan or Siena is one of the thrills of a trip abroad. While the hostess who finds them displayed in Fifth Avenue windows can hardly resist their beauty for guest room or dining room.

But though they wear for years they do seem extravagant at the prices asked for them!

Yet the patterns are so simple, the stitches so easy that the clever woman makes them herself and now has dozens of distinctive linens for what she would pay for a single imported piece.

*And it's so quick, so easy to do!*

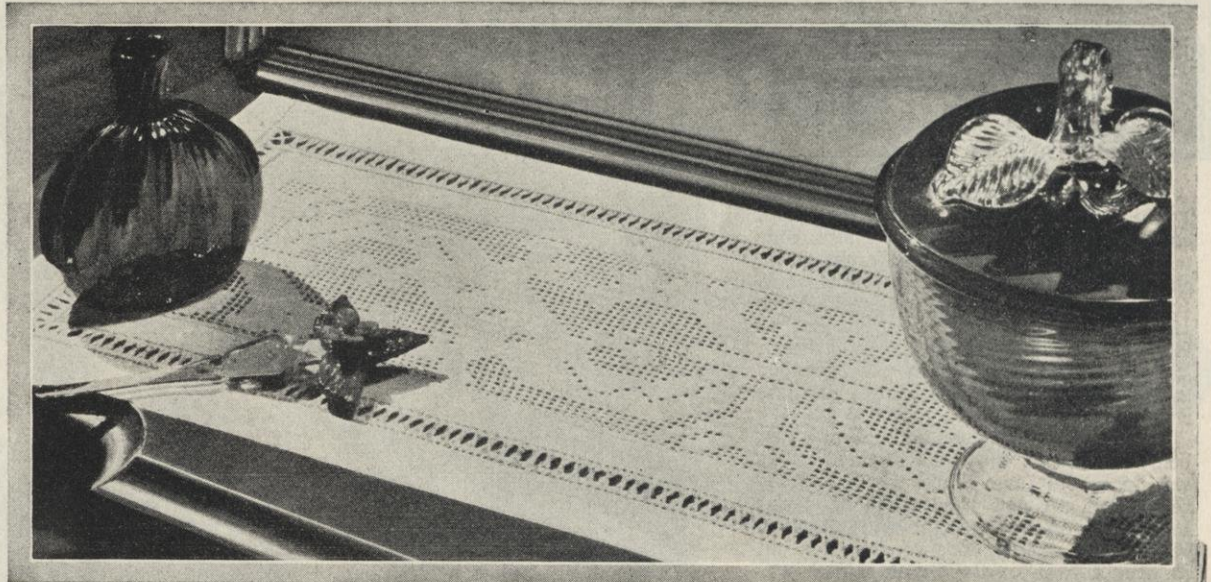
For here is a new linen thread especially designed to give that same delightful richness and quality to your own needlework.

You will find Barbour's Art Needlework Threads in department and dry goods stores, or in the cozy little art shops, in skeins of the most wanted colors as well as in balls of white, ecru and natural.

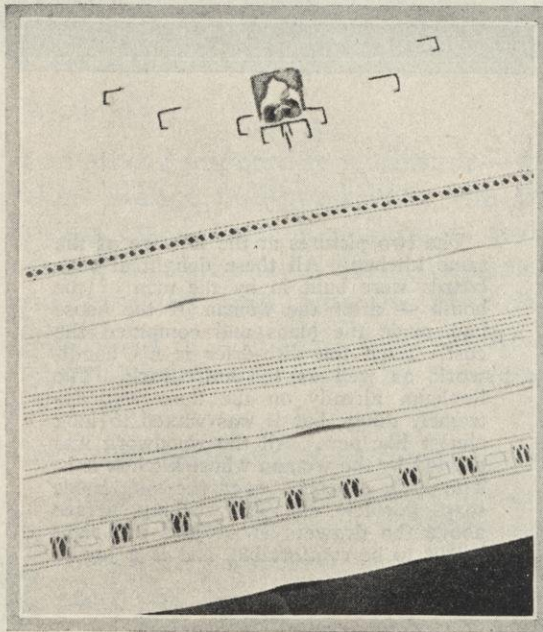
There is a new delight before you in using it. Strong, lustrous, responsive to your needle, it has all the rich qualities that characterize fine linen. And how it wears! Even its colors withstand years of tubbing.

### The newest ideas in linen needlework

How to do Italian hemstitching, Swedish weaving, Armenian edge and other popular stitches, is shown in this new Barbour book. Illustrations in color, simple directions and pictures make it all so easy. Send ten cents in stamps to The Linen Thread Company, Department M14, 96 Franklin St., New York.

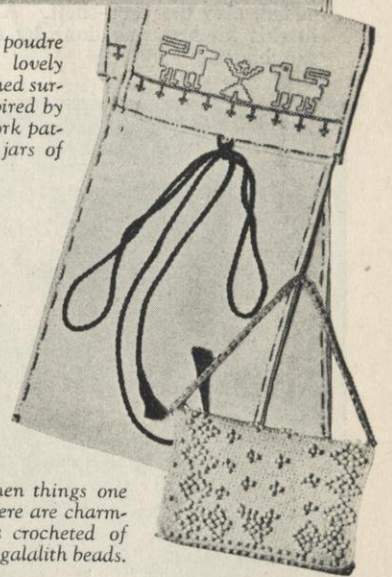


The last gracious touch for poudre or dressing table is the lovely linen laid across its polished surface. Here linen filet inspired by an ancient Italian cut work pattern welcomes boxes and jars of sparkling glass.



Colored linens finished with rows of contrasting hemstitching, or stitchery wrought of colored linen, fashion the towels found in this season's trousseau chests.

Any traveler will delight in shoe bags of linen crash with animals from foreign lands outlined in colored linen.



To carry with the cool linen things one loves for summer wear there are charming little envelope purses crocheted of linen and decorated with galalith beads.



### For the new Linen Needlework

You can get linen thread in balls of white, ecru and natural in sizes from No. 10 to No. 50, and in skeins of red, coral, pink, yellow, gold, lavender, medium brown, natural linen color, china blue, willow green, black and white.



# BARBOUR'S

*Linen Thread*

FOR ART NEEDLEWORK



SEND today for the Barbour book full of new ideas in needlework.

THE LINEN THREAD CO., Dept. M14,  
96 Franklin Street, New York

Please send me the new Barbour book on linen needlework for which I enclose ten cents in stamps.

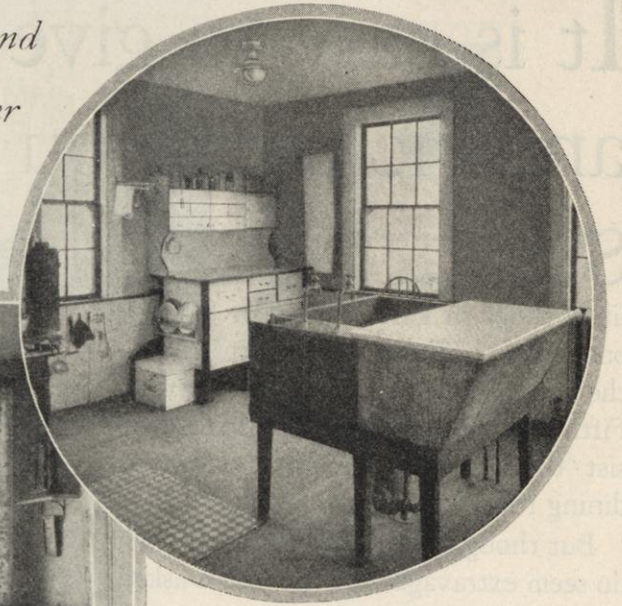
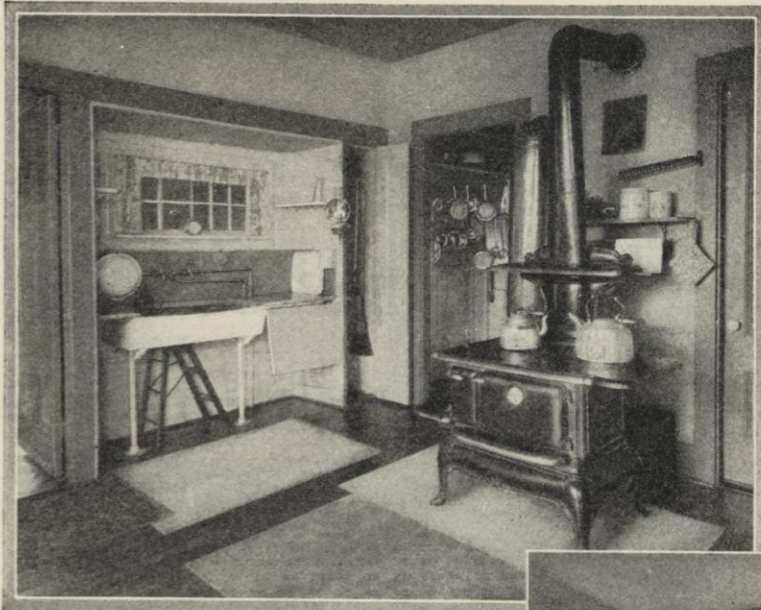
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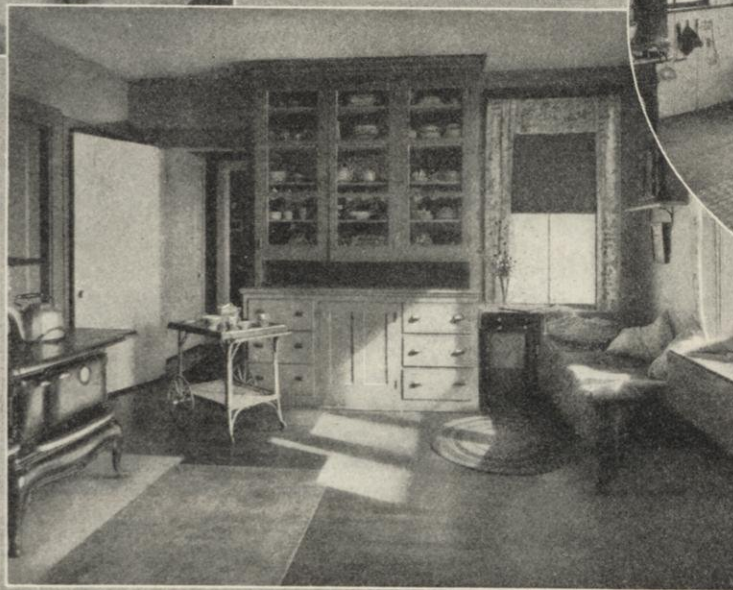
## Prize Winning Kitchens in Remodeling Contest

*An Inspiration and  
Example for Other  
Homemakers*



Shown here are pictures of four prize winning kitchens in Home Economics contests of the past year. These contests took place in several different states and were directed by the Home Economics Extension Service of these states. Your Housekeeping Editor was privileged to visit several prize kitchens in Eastern Massachusetts, and with a photographer in her wake, was able to bring you these results.

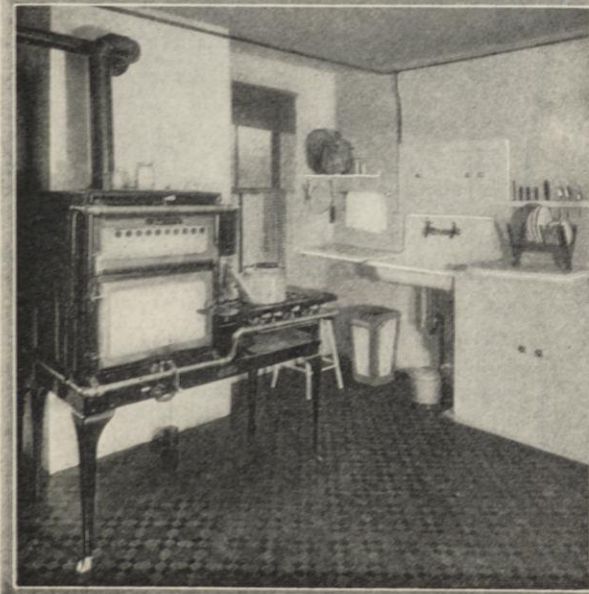
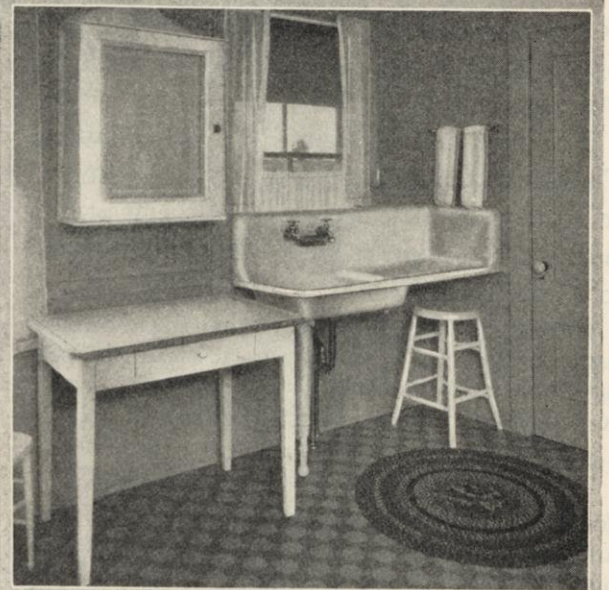
The illustration above, and the one just below it, are of the same kitchen. This was in an old farm house which is being remodeled. A new hard wood floor was laid over one of rough, wide, uneven boards, and waxed. The window was put in over the sink; the broom closet was added, also the drop-shelf. All the work in this kitchen was done by the men of the house.



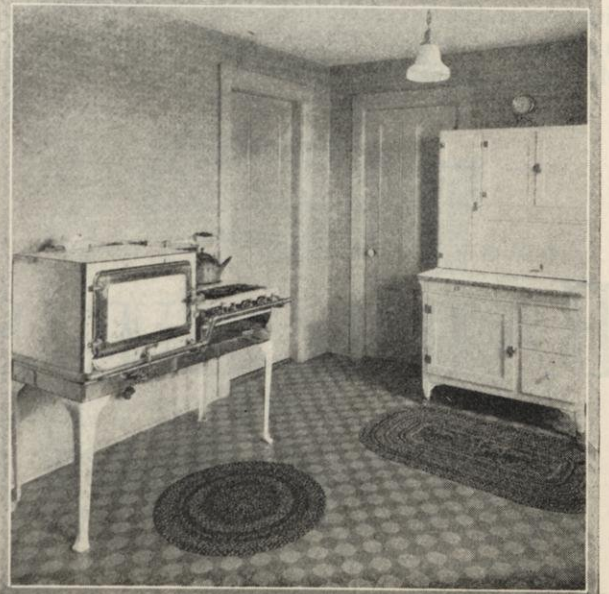
The kitchen above was the hardest of any to bring to a really "better" condition. It is in a house nearly two hundred years old, and was very dark and dreary. In the work of "bettering" it was decided to bring the sink from its dark corner out into the room, with the laundry tubs behind it. With plenty of white paint and uncovered windows this kitchen became a cheerful place.

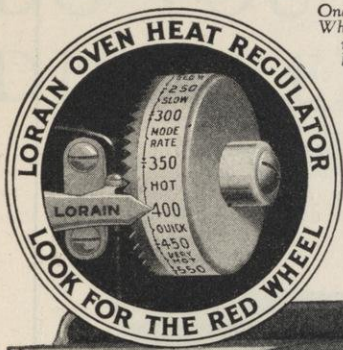


The two pictures at the left are of the same kitchen. All these delightful cupboards were built in by the man of the house — after the woman of the house had made the plans and computed the cost. Even the dish-drier is his handiwork, as well as the knife rack. The linoleum already on the floor was extremely dingy, but it was waxed to look almost like new. All the woodwork was painted by the woman whose kitchen it is. The little cupboard over the sink holds soaps, powders, etc. The working surface above the drawers is of just the right height to be comfortable, and is a joy to the worker.



The woman who "did over" the kitchen shown in the two pictures at the right deserves a crown, and, in the pride of her husband in what she has done, and in her own satisfaction, she gets it. This was a very dark room, walls and woodwork of dark paint, the floor old and rough. The new sink was put in and the window cut over it. The woman who remodeled this kitchen actually laid the linoleum herself, and did a perfect job. A pattern was first cut, fitting exactly every tiniest corner or jog of moulding. It is properly cemented down and waxed. She also papered the walls herself, with a varnished paper, and painted the woodwork, thus bringing down to a very considerable degree, the cost of remodeling





One easy turn of the Lorain Red Wheel gives you a choice of 44 measured and controlled oven heats for any kind of oven cooking or baking.

Unless the Regulator has a Red Wheel it is NOT a LORAIN.



# Lives there a man?

LIVES there a man (father, husband, brother, son) who hasn't loved some woman just a wee bit more because she made the best strawberry shortcake in the world?

Ideas may vary as to how the best strawberry shortcake should be made. But who can resist the old-fashioned kind, made in light, tender, golden-brown layers—covered with oodles of crushed, sweetened strawberries—and crowned with whipped cream!

Any woman can make this favorite American Dessert just this way, every time, if—she follows three simple rules: Good Ingredients; Correct Mixing; Baking for an exact Length of Time at an exact Temperature.

The first two rules you've undoubtedly followed since you first learned to cook.

But baking for an exact length of time at an exact temperature—have you ever tried that? It's the ONE rule that insures repeated success with any dish cooked in the oven.

To measure Time is easy. An ordinary clock will do that! But, baking

at an exact Temperature is difficult—without a Gas Range equipped with the famous Lorain Oven Heat Regulator, a device invented by American Stove Company. It automatically maintains the heat of a gas range oven at any exact temperature which the housewife may select, by the setting of a Red Wheel.

The magic performance of these Lorain Self-regulating Ovens makes too long a story to tell here. But wherever gas is available you'll find a Lorain Agent who'll gladly tell you the whole story of the Red Wheel and prove his statements by actual demonstration.



Look for the RED WHEEL

WHEN Gas is not available, oil is the most satisfactory cooking-fuel provided you use an oil stove equipped with Lorain High Speed Burners, which apply a clean, odorless, intense heat directly against the cooking-utensil.

**LORAIN**  
HIGH SPEED OIL BURNER

Now is the time to buy a handsome, new Lorain-equipped Gas Range. Then you can use the easy Lorain Oven Method of Canning and cook Whole Meals in the oven while you're miles away enjoying the sunshine.

Every reader is invited to send in the coupon below for a free copy of the Lorain "Time and Temperature Recipe" for delicious Old-fashioned Strawberry Shortcake. Follow its directions and you can't fail.

These famous Gas Stoves are equipped with the Lorain Oven Heat Regulator:

- QUICK MEAL—Quick Meal Stove Company Div., St. Louis, Mo.
- RELIABLE—Reliable Stove Company Div., Cleveland, Ohio.
- CLARK JEWEL—George M. Clark & Company Div., Chicago, Illinois.
- DANGLER—Dangler Stove Company Div., Cleveland, Ohio.
- DIRECT ACTION—National Stove Company Div., Lorain, Ohio.
- NEW PROCESS—New Process Stove Company Div., Cleveland, Ohio.

The Lorain Time and Temperature Cook Book contains 128 pages of recipes for oven-cooked foods, including Whole Meals and Oven Canning, also Time and Temperature Chart. Bound in cloth, attractively illustrated. Issued by the Research Kitchens of American Stove Co. Price fifty cents, postpaid, stamps accepted. Mark, sign and mail the coupon.



Introductory Price

50c

AMERICAN STOVE CO., 829 Chouteau Ave., St. Louis, Mo.  
Largest Makers of Gas Ranges in the World

We manufacture coal stoves and the celebrated Lorain High Speed Oil Burner Cook Stoves for use where gas is not available, but the Lorain Regulator cannot be used on these.



# LORAIN

## OVEN HEAT REGULATOR

AMERICAN STOVE COMPANY  
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Please send me free copy of Lorain "Time and Temperature Recipe" for delicious Old-fashioned Strawberry Shortcake.  
 Enclosed find 50c in \_\_\_\_\_ for Copy of Lorain Time and Temperature Cook Book.

Note: Check which you wish and Print name and address plainly.

Name \_\_\_\_\_  
Street \_\_\_\_\_  
City and State \_\_\_\_\_



# If your Husband HAD to Cook



## He'd Insist on KitchenAid

He wouldn't endure the drudgery connected with cooking—not when he could get KitchenAid to do that work for about 1¢ an hour. Even though your husband may never try to cook, if he only knew what KitchenAid would mean in time-saving and wife-saving, he would want you to have one.

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A marvelous fatigue-saver. Enthusiastically endorsed by leading magazines, colleges, and thousands of users. Mixes dough—beats batters—stirs—whips—cuts—chops—slices—strains—freezes—etc.—all by electricity—with a speed and thoroughness that can't be duplicated by hand.

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This cheese salad with its unusual combination of flavors makes a tempting main course for a spring luncheon. Molded in individual forms and garnished with crisp curly lettuce and stuffed olives, it is most attractive in appearance.

## A Few of My Best Recipes

By ELSIE FJELSTAD RADDER

Recipes Tested at the Priscilla Proving Plant

### Cheese Salad

- 1 tablespoon gelatine
- 1/2 cup cold water
- 1/2 cup grated pineapple
- 1/2 cup grated cheese
- 1/2 cup cream
- 1/2 cup stuffed olives
- Salt and pepper

Soak the gelatine in the water. Heat the pineapple and add the gelatine to it. Then add the grated cheese, cream, olives, cut in two, and the seasonings. Mold. Serve on lettuce with mayonnaise or boiled dressing.

Recipe makes six servings.

### Fudge Bars

- 1/2 cup shortening
- 3/8 cup sugar
- 2 eggs
- 2 squares chocolate
- 1/2 cup flour
- 1 teaspoon vanilla
- 1/2 cup broken walnut meats

Cream the shortening and add the sugar gradually. Add the eggs, slightly beaten, melted chocolate and flour. Then add the vanilla and nut meats. Bake in shallow pans in a moderate oven. Cut in squares like fudge.

Time in cooking, 30 minutes.  
Temperature, 350 degrees.  
Recipe makes thirty squares.

### Butter Frosting

- 2 to 4 tablespoons butter
- 2 cups confectioners' sugar
- Pinch salt
- 1 egg
- Flavoring to taste

Work the butter through the sugar. Add the salt and egg and beat until very creamy. Add the flavoring and spread on the cake. This recipe may be varied by adding coffee, cocoa, or maple flavor. It may also be colored.

Recipe makes frosting for one cake.

### Peanut Drops

- 1 pound peanuts
- 1 cup sugar
- 1 tablespoon flour
- 2 eggs

Shell the peanuts, leaving the brown skin on. Salted peanuts may be used, but much of the salt should be removed by shaking them in a wire strainer. It may be necessary to use more egg, with the salted peanuts, too. Put the peanuts through the meat grinder, using whatever cutter you wish. Add the sugar and flour. Moisten with the beaten eggs. Drop by spoonfuls on to a greased tin, and bake in a moderate oven.

Time in cooking, 15 minutes.

Temperature, 350 degrees.

Recipe makes two dozen cookies.

### Chocolate Coconut Drops

- 3 egg whites
- 1/2 pound confectioners' sugar
- 3 ounces chocolate
- 1 tablespoon flour
- 1/2 pound coconut
- 2 teaspoons vanilla

Beat the egg whites until very stiff. Add the confectioners' sugar, chocolate and flour. Mix until free from lumps. Add the coconut and mix again, with a fork. Add the vanilla. Drop by spoonfuls on to a buttered baking sheet. Bake in a moderate oven.

Time in cooking, 15 minutes.

Temperature, 350 degrees.

Recipe makes two and one-half dozen cookies.

### Excellent Coffee Cake

- 1 yeast cake
- 1/2 cup lukewarm water
- 1 cup hot milk
- 1/4 cup shortening
- 1/2 tablespoon sugar
- Flour
- 2 eggs
- 1/2 cup raisins
- 1/2 cup sugar
- Rind of one lemon

- Brown or white sugar
- Chopped nuts
- Melted butter
- Cinnamon

Allow the yeast cake to stand in the warm water — with a pinch of sugar added — for five minutes. Make a smooth batter of the milk, shortening, one-half tablespoon sugar and two cups of flour. Add the yeast and allow to rise until doubled in bulk. Then add the beaten eggs, raisins, sugar, lemon rind and flour, and allow to rise again until doubled in bulk. Then put in a frying pan a one-half inch thick layer of brown or white sugar and one-half cup chopped nuts. Roll out the dough to one-half inch thickness. Spread with melted butter, cinnamon and sugar. Roll up and cut as for cinnamon rolls. Place cut end down, close together in pan. Let rise and bake in a moderate oven. Turn out and cut as any cake.

Time in cooking, 35 minutes.  
Temperature, 350 degrees.

### Ice Chest Cake

- 2 squares chocolate
- 3 tablespoons boiling water
- 4 eggs
- 2 tablespoons confectioners' sugar
- Pinch salt
- 1/2 tablespoon vanilla
- 1 1/2 dozen lady fingers
- 1 pint whipping cream

Melt the chocolate in the boiling water. Add the beaten egg yolks, the confectioners' sugar, salt, and vanilla. Then add the egg whites, beaten stiff. Line a pan with oiled paper. Stand the lady fingers around the edge and on bottom. Put in a layer of the mixture, and then a layer of lady fingers, and repeat until all the mixture is used. Finish with a layer of lady fingers. Let stand on ice twenty-four hours. Two hours before serving, turn out on a platter and cover with sweetened whipped cream.

Recipe makes eight servings.

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NEW YORK

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To make your luncheons or teas just a little more interesting, simply use Premier.\*



Other women will ask you how you do it—if you use Premier.\*

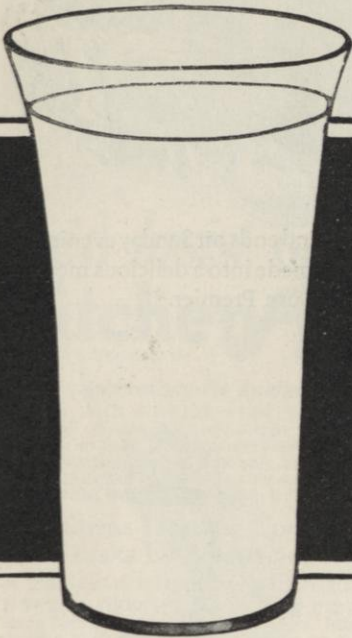
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SALADS, sauces, sandwiches, cold meats—of course all these can be made more appetizing by the magic of Premier's distinctive flavor.

But so can baked potatoes. So can Welsh rarebits. So can croquettes. So can scores of other things you probably have never associated with a salad dressing.

The unusual flavor of Premier makes possible many dishes that you would not otherwise have on your table. It is this flavor which has made Premier the most widely used salad dressing in America.

**Knox Gelatine gives  
23% more nourishment  
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ONE teaspoonful of pure, unflavored, unsweetened gelatine dissolved and added to a glass of milk will increase the obtainable nourishment by about 23%!

Leading doctors are prescribing the addition of Knox Sparkling Gelatine to milk for infants, children and grown-ups, because it makes the milk more easily digested.

**HOW TO ADD GELATINE TO MILK**

Soak for ten minutes one level tablespoonful of Knox Sparkling Gelatine in 1/2 cup of cold milk taken from a quart of milk; cover while soaking; then place the cup in boiling water, stirring until gelatine is fully dissolved; add this dissolved gelatine to the quart of cold milk from which it was taken. For smaller quantities of milk reduce gelatine in proportion. In infant feeding, add the dissolved gelatine to the regular formula prescribed by the physician.

Gelatine also makes other foods easier to digest, and should be a part of the family's daily meals.

**KNOX  
SPARKLING  
GELATINE**

"The Highest Quality for Health"

A Valuable Book for Mothers "The Health Value of Gelatine"—is a book that gives important information on the health of infants, children, and grown-ups. Sent Free with other interesting books for your grocer's name.

HEALTH DEPT.

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114 Knox Avenue, Johnstown, N. Y.

Both packages contain the same plain Sparkling Granulated Gelatine, but the "Acidulated" has an extra envelope containing lemon flavoring.



*The Wedding Cake Must Be  
Made Early*

Recipes by FLORENCE TAFT EATON

Tested at the Priscilla Proving Plant

PERHAPS the simplest way to procure a wedding cake is to order it from the caterer; but if you do that you are cheating yourself of one of the most interesting details of the wedding preparations — and besides, a home-made wedding cake is a most fitting adjunct to a home wedding. In order to ripen properly the cake must be made weeks before the wedding. Consequently it does not interfere with any of the last minute preparations, and it is one of the easiest of cakes to make. Being largely fruit, held together with a little batter, lightness is not one of its characteristics, so a deft touch in handling is unnecessary. There is no breathless suspense as to whether it is going

- 1/2 cup white grape juice, cider, or coffee
- 2 pounds seeded raisins
- 2 pounds currants
- 1 pound thinly sliced citron

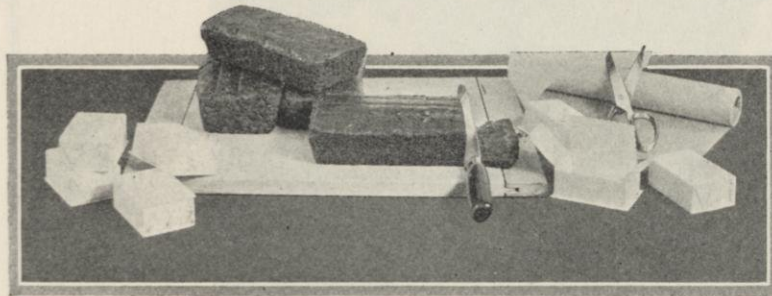
Cream shortening and add sugar gradually. Add eggs well beaten, and molasses. Reserve one-half cup flour, and with the rest sift the remaining dry ingredients. Add to the first mixture alternately with the fruit juice. Mix the fruit with the half cup of flour and add to the whole.

Bake in three or four loaves in a slow oven.

Time in cooking, 2 1/2 hours.

Temperature, 300 degrees.

Recipe makes ten pounds.



The little individual boxes for wedding cake are of white moiré or grosgrain paper.

to fall because it will never rise appreciably. There is a good deal of labor involved in getting ready to mix wedding cake, but this can be turned into a regular party. Let the whole family — and friends, if you want to extend the privilege — gather round the kitchen table or assemble on the porch to cut up raisins, slice citron and pick over currants, while the strongest right arms take turns creaming the butter and working in the sugar. With all this help it is not much of a task for the chief cook to mix up the batter and put it in its pans.

Unless you want the wedding cake to be kept whole for a decorative feature of the refreshment table, bake it in small pans. Small loaves are easier to handle and do not present the storage problems that a large cake does, and after ripening will be just as moist. Line the pans with two or three layers of oiled paper (not thin paraffin paper, but ordinary brown paper thoroughly greased) so that the cakes can be removed from the pans without breaking. Peel off the paper while the cake is still hot. A stone crock makes an ideal storage place for fruit cake, but any other closely covered utensil will do — an iron roaster is good or a tin box, the cover of which may be sealed with adhesive tape. Leave cake to ripen in a place where the temperature is moderate.

**Wedding Fruit Cake, No. 1**

- 1 pound (2 cups) butter or margarine
- 3 cups brown sugar
- 10 eggs
- 1 cup molasses
- 4 cups pastry flour
- 1 teaspoon soda
- 2 teaspoons cinnamon
- 1 teaspoon clove
- 1 teaspoon nutmeg
- 1/2 teaspoon mace

**Wedding Fruit Cake, No. 2**

- 2 cups butter or margarine
- 2 cups sugar
- 10 eggs
- 1 cup molasses
- 1 1/2 cups fruit juice or coffee
- 4 cups pastry flour
- 3 teaspoons cinnamon
- 2 teaspoons clove
- 2 teaspoons nutmeg
- 1 teaspoon mace
- 1 teaspoon salt
- 3 pounds muscatelle raisins, seeded and chopped
- 3 pounds currants or seedless raisins
- 1 1/2 pounds citron, thinly sliced

Cream shortening and add sugar gradually. Add eggs well beaten and the molasses. Add liquid alternately with the dry ingredients, which have been mixed and sifted. Add fruit and mix thoroughly. Bake in three or four loaves in a slow oven.

Time in cooking, 3 hours.

Temperature, 275 degrees.

Recipe makes eleven pounds.

If the wedding cake is to be cut and put in individual boxes it should not be frosted. However, if you want to use the cake whole the following icing will be appropriate.

**Almond Icing**

- 1/2 pound shelled almonds
- 3 drops rose water
- 2 or 3 drops almond extract
- 2 egg whites
- 1 1/4 cups confectioners' sugar

Blanch the almonds and pound to a paste, moistening with rose water and almond extract while doing it. Beat until smooth and add to icing made with egg whites beaten stiff with sugar, reserving a small amount of plain icing before adding the almonds. Spread on the cake, and cover with the plain icing.

**One package of  
Knox Gelatine will make  
four different salads or  
desserts each enough  
for a family of six**



SPANISH CREAM

A "company" dessert which will insure the success of the meal.

RICE MEAT LOAF



Using up the "leftovers" in a way which is not only attractive but extremely nutritious, as well as economical.



A DELICIOUS  
FRUIT SALAD

There are no flavors equal to the real fruit juices, fresh or canned, that go in the Knox recipes.

CHOCOLATE SPONGE



A favorite with the whole family.

**KNOX SPARKLING GELATINE** should form a part of the daily menu. Its goodness will please the family, and you will be delighted with the economical effect on your table budget, because each package is sufficient for four meals.

Try this recipe. It is easy to make — and so delicious!

**CHOCOLATE SPONGE**

- 1/2 envelope Knox Sparkling Gelatine
- 1/4 cup cold water
- 1/4 cup boiling water
- 1 teaspoonful vanilla
- 2 squares chocolate or 6 tablespoonfuls cocoa
- 1/4 cup of sugar
- 3 eggs
- Few grains salt

Directions: Soak gelatine in cold water until soft, then dissolve in boiling water. Add cocoa or melted chocolate. Beat egg whites until stiff and add well-beaten egg yolks gradually, to the whites. Add sugar, then the dissolved gelatine, which has been beaten well. Beat and add flavoring. Pour into wet mold, chill and serve plain or with milk, whipped cream or whipped evaporated milk.

**KNOX  
SPARKLING  
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Both packages contain the same plain Sparkling Granulated Gelatine, but the "Acidulated" has an extra envelope containing lemon flavoring.





No. 25-5-1

No. 25-5-2

No. 25-5-3

No. 25-5-4

**What! Only \$2.00? - Yes, Only \$2.00!**

*For a Smart Summer Frock of a New Fast Color Fabric*

*Easy to Make and Quickly Embroidered*

**W**HEN you can make a frock for two dollars that looks like ten-times-two dollars when it's done, it is a profitable, prideful adventure in feminine finance! Every one of these frocks is an assured successful adventure, too. The making is all "plain sailing," the embroidery stitches are all old familiar friends. But with all their simplicity every frock lays claim to a certain clever variation which gives interest, distinction and style to the model. The material is one of the new cottons which are much like linens in appearance and yet remain crisp, fresh, and unwrinkled long after a linen frock would be hopelessly mussed. Best of all, this cotton is guaranteed fast color, both sun proof and tub proof — just the thing for vacation days.

These frocks follow the fashionable straight line mode, but are blessed with a comfortable amount of fulness nevertheless. This fulness is adjusted at each side at a low waistline except in the model 25-5-3, which has the new inverted box plait arrangement at each side of the skirt where it is smartly topped by embroidered motifs. All bindings are of self material.

The narrow girdles are slipped through bound slots on the first three models, but tacked

*Designed by PAULET*

*Everything You Need*

What you get for two dollars is everything you need to make a dress, as follows: Any one of these dresses (fabric stamped with cutting lines and embroidery design), in any size (34, 36, 38, 40, or 42), in any color shown in the picture (rose, peach, lavender, or green), with enough embroidery cotton to work the design as you see it here (black and white), an embroidery needle of the right size for the cotton called for, all bias binding needed to finish, and a spool of sewing cotton to match the fabric. All this for \$2.00.

Be sure to state size and color wanted, as well as the style dress you prefer. And remember!—each of these four dresses can be had in any of the four colors shown, and all the material supplied is of really excellent quality.

under the plaits at the side back and front on 25-5-4. Two slots are used at each side front on dress 25-5-3, and the girdle is drawn through and knotted lightly to define the low waist line. Short set-in sleeves are used in every case except 25-5-1 which has brief kimono sleeves.

Darts at the line of the bust give ease and shapeliness to the straight little model 25-5-3.

The embroidery in every case is a combination of the simplest stitches, and is interestingly placed. No. 25-5-1 is done in flat, unpadded satin stitch with a bit of outlining worked with four threads of stranded cotton. All other frocks are worked in pearl cotton. Buttonholing slightly spaced is used liberally for flower and leaf forms, scrolls are usually chain stitched, lazy daisy stitches are useful for flower centres. Model 25-5-3 takes on a few big cross stitches and some French knots. The motif on 25-5-4 is repeated at the back, as the little picture on the wall indicates.

The neck lines are of the three favored types, — the V-neck and softly rolling collar so popular for sports apparel, the demure round collar so becoming to the boyish types, and the Jenny oval which is almost universally becoming. There is certainly a place in your wardrobe for one, or more than one, of these smart, simple, easily made frocks.

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Your chamber will be refreshingly different this spring and summer with one of these colorful new bed sets. Material is heavy Crinkle Cloth (no ironing) with Blue, Rose, Orchid or Gold stripes. Scalloped edges, split corners. Spread for double bed, 81x90 inches, with sham to match, only \$4.89. Spread for single bed, 72x90 inches, with sham to match, only \$4.69. Be sure to state size and color wanted. No. 710

No. 711

White Voile curtains, with Rose, Blue, Orchid or Gold colored ruffling are new, correct and delightfully different. Excellent quality Voile, absolutely sun-fast, tub-fast. Length 2½ yds. Made-up Curtain, complete with Valance, Tie Backs, for one window, only \$2.85 postpaid.



No. 712. Here's a little apron that is so attractive and so unusual that you can send it to the June bride and know that she will be delighted to find it among her gifts—providing you can bring yourself to part with it! Notice the hot dish holder which buttons to the apron when not in use. Design and cutting lines, stamped on unbleached cotton. Emb. Floss, diagram and instructions, specially priced at only 95 cents postpaid.



No. 715. To Protect His Majesty from troublesome flies is the mission of this most attractive Bassinet Cover. See offer below.

Design stamped on a 72-inch square of white net, with blue patches and binding included, for only \$1.39.



Your piazza or sun porch will be a gay and restful spot this summer with these colorful cushions. Everything necessary for making No. 714, boat design, only 75 cents. Two for \$1.39. Everything necessary for making No. 713, cross-stitch peacock design, 89 cents. Two for \$1.69. Stamped material and Emb. Floss for chair backs, to match either design, only 89 cents a pair.

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FIRST PRIZE \$500.00

ADELE EDWARDS, 23 Winant Avenue,  
Port Richmond, S. L., N. Y.

FIRST PRIZE RECIPE

**G. Washington's Coffee** ½ cup of butter, 1 cup sugar, 2 eggs, 1½ cups flour, 2 teaspoons baking powder, ¼ teaspoon salt, ½ cup milk, 1 teaspoon G. Washington's Coffee. Cream butter, add sugar gradually, then eggs well beaten. Next sift and add flour, baking powder and salt, alternately with the milk in which the G. Washington's Coffee has been dissolved. Beat thoroughly and bake in moderately hot oven in two greased square layer cake pans.

**G. Washington's Coffee** 1 pound apples, pared and grated, 1 pound powdered sugar, rind and juice 3 lemons, ¼ pound sweet butter, 2 well-beaten eggs, 1 tablespoon G. Washington's Coffee, 1 cup finely chopped pecans (optional). Put apples, sugar, rind and juice of lemons with butter into upper vessel of double boiler, place over hot water over moderate fire, and when butter is melted add well-beaten eggs and cook until thick—about 15 minutes—stirring frequently. When cooked add the G. Washington's Coffee, dissolved in 1 tablespoon hot water, and the pecans if used. When cold spread between layers of cake.

**G. Washington's Coffee Frosting** ¾ teaspoon G. Washington's Coffee, dissolved in ¾ cup boiling water, grated rind 1 orange, 1 tablespoon orange juice, 1½ cups brown sugar, ½ cup butter, ¾ cup thin cream, 1 egg yolk. Cook together all ingredients except egg yolk until a little tested in cold water forms soft ball. Cool slightly, add beaten egg yolk and beat until thick enough to spread.

2nd Prize \$250.00 Mrs. Huldah McKee  
4435 Clara Street  
New Orleans, Louisiana

4th Prize \$50.00 Nina de Sola Mendes  
Pelham  
New York

3rd Prize \$75.00 Mrs. Henry B. Graybill  
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5th Prize \$25.00 Mara Serriov  
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It gives us pleasure to announce the above awards. Recipes came in by the thousands—from every State of the Union. The contest proved a revelation as to the many different ways in which G. Washington's Delicious Instant Coffee can be used.

While all could not win prizes, we believe that every contestant has discovered that G. Washington's Delicious Instant Coffee is a prize in itself as a handy dessert helper.

In demonstrating that G. Washington's Delicious Instant Coffee is marvelous as a flavoring for desserts, don't forget that it makes most delicious coffee. Just pure, unadulterated coffee that dissolves instantly in water, hot or cold. No grounds, no boiling, no waste, no worry. No coffee pot or percolator needed.

We have prepared a folder of the prize winning recipes and names of all winners which will be sent upon request.



Sold in three sizes—  
small, medium  
and large  
G. WASHINGTON  
COFFEE  
REFINING CO.  
522 Fifth Avenue  
New York

## Betty's Lobster Lesson

(Continued from page 19)

future use. In preparing lobster farci and certain other dishes these are often used as containers in which the lobster meat is baked. Or the shells and trimmings may serve as a base for a lobster bisque.

The meat from the large claws is just as firm as that of the body. The claws must either be broken with a hammer or cracked with nut crackers, the flesh carefully removed, the central thin bone taken from it and the shells and cartilage set aside for the bisque.

While it is true that there is a little meat in the small claws this is so little that the average person does not consider it profitable to spend the time necessary for opening them. However, if they are to be opened, split lengthwise with scissors and remove the meat, otherwise lay them also aside for the soup pot. These small claws, though, are very decorative and with the long feelers help to garnish and decorate a dish of salad, farci or baked lobster.

Now let us see what we have to work with: 1. A large solid portion of tail meat. 2. A number of smaller pieces taken from the large claws. 3. Flavorful fat and small pieces of fat from the body. 4. A pile of shell and trimmings.

Obviously only one or two dishes can be prepared from the meat of one lobster, but that was no reason why we should not pass on to Betty recipes for a number of other dishes, which she could prepare for herself once she understood the intricacies of separating the lobster from his cardinal robe, so here they are:

### Lobster Farci

- 1 cup lobster meat
- 1 hard-cooked egg
- 2 teaspoons minced parsley
- 1 cup white sauce
- Slight grating of nutmeg
- Salt
- Paprika
- 4 tablespoons buttered crumbs

Cut the lobster meat into small dice and add to it the finely chopped white of the egg, the yolk passed through a sieve, the minced parsley, white sauce and seasonings. Split the body shell lengthwise so as to form two portions and fill these and the tail shell with the lobster mixture. Sprinkle generously with the buttered crumbs and bake in a moderately hot oven.

Time in cooking, 15 minutes.  
Temperature, 375 degrees.  
Recipe makes six servings.

### Lobster Cutlets

- 1 cup cooked lobster
- ⅔ teaspoon salt
- ¼ teaspoon paprika
- 1 tablespoon lemon juice
- Slight grating of lemon rind
- 2 tablespoons butter
- 2 tablespoons flour
- ⅔ cup milk
- Egg
- Stale bread crumbs
- Frying fat

Chop the lobster meat fine and add to it the salt, paprika, lemon juice, and rind. Blend together the butter and flour and when smoothly mixed add the milk, a little at a time. Stir until boiling, cook for three minutes, and then add the seasoned lobster meat. Cool and shape into six cutlets—pointed at one end and broader at the other like a flattened pear. After all are shaped, coat with egg and bread crumbs and fry in deep fat. Drain thoroughly and insert in the pointed end of each cutlet an inch piece of the lobster feeler to simulate a bone. Garnish with parsley and cut lemon.

Time in cooking, 6 minutes.  
Temperature, 375 degrees.

(Continued on page 41)



## When 5,000,000 Women

turn to a new way in personal hygiene, surely  
you owe it to yourself, at least to try that way

By ELLEN J. BUCKLAND, Graduate Nurse

If you believe the testimony of five million American women, you too will want to know about this new way in personal hygiene. At least will want to try it, for yourself.

Today countless thousands of women are learning for the first time, what these millions know. Everywhere, they are finding new personal immaculacy, new freedom, relief from embarrassment. Today this amazing new way has been adopted by 8 in 10 women in the better walks of life.

This new way is Kotex, and doctors, nurses everywhere advise its use. It is Science's solution of woman's oldest problem, supplanting the old-fashioned sanitary napkin and other dangerous makeshift methods.

### These scientific features

Many discomforts common to women are directly traceable to makeshift sanitary methods. Much of the loss of charm, of the feminine immaculacy expected at all times, is chiefly due to the same reason. Every woman knows this to be true.

Kotex is a sanitary pad made of Cellucotton, the world's super-absorbent. It absorbs 16 times its own weight in moisture. It is five times as absorbent as cotton.

Each Kotex pad is impregnated with a new secret deodorant which our scientists recently discovered. It is the result of years of laboratory experiment and research.

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Kotex is germ-proof, packed in sanitary

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Today, get Kotex, deodorized. Learn what it has come to mean to the millions of women who have adopted it. Or if you will write to me, I will send you free a sample of the new deodorized Kotex, and an interesting booklet, written by an eminent doctor on this important subject. Your letter will be treated confidentially, of course, and the sample will come in plain, unmarked wrapper. Just address me

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# K O T E X

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## No more pitiful wails

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Babycries because his flower-like skin is miserable — all chafed, or inflamed, or rubbed raw.



Mennen Borated Talcum forms a silky, cooling film over tender infant flesh, protecting it from the agony of friction—from the continual rubbing of damp clothes and bedding and the chafing of baby's own chubby skin-folds.

Because each downy fleck of Mennen's is as porous as a little fairy sponge, it dries all hidden, irritating moisture from the skin. Every last particle of harmful perspiration, urine and bath-water is absorbed.



And in this soft, pure powder are blended five wonderfully mild, healing preparations which help to prevent infection by keeping baby's skin in healthy condition.

Sprinkle Mennen Borated Talcum into the chubby skin-folds frequently. Shower it liberally all over the lovely dimpled body. For it brings relief and comfort to baby and enables mother, too, to protect her health—to get her proper rest and leisure.

Mothers call the Mennen Baby Book the simplest, most helpful work on infants ever published. While the new edition lasts we will send a copy in plain package for only 25c. Write today.

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## Homemaking — the Center of Civilization

By The FIELD EDITOR

LET us never belittle homemaking experience. Trivial details must not grow large enough in our lives to crowd out the wider vision. For years homemaking has meant cooking and sewing to some people, with dusting and dishes ever waiting to be done. To be sure it includes these routine activities, but they are no more homemaking than hands and feet are the sum of a vibrant, stimulating, human personality. We cannot too strongly emphasize the necessity for beginning with the larger ideas and working from them back to details. If we begin with details there is the danger that we may drown there before we learn to swim. To do our everyday duty contentedly, some vision of its ultimate importance is needed. Without the vision the days are monotonous, irksome and drab. We either slight our housework or else, in morbid furiousness, make it an end in itself and create havoc with comfort by making a fetish of immaculate order.

Homemaking is the central one of the five institutions which civilization has slowly and painfully evolved and established. The others are religion, politics, education, and industry. None of the four but have their rise in the home, and all depend upon the stability of the home for their own firm standing. As O. T. Mason says, "All the social fabrics of the world are built around women. The first stable society was a mother and her helpless infant, and this little group is the grandest phenomenon in society still." He also adds that, "To attach the man permanently to this group for the good of the kind has been the struggle of the ages."

A brief review of the homemaker's responsibility to the other four institutions helps in getting a truer perspective on every day's routine.

### The Homemaker and Religion

In primitive days women, like men, walked hourly among the gods. The spirit world was ever close beside them. Each tree, each boulder, each rushing stream concealed a being from another sphere. Sun, moon, and stars were deities. The wind that caressed the cheek was a Spirit's breath.

In daily life each commonest act was a form of worship. Even the washing of dishes was done under the witnessing eye of a god and in the performance of this trivial routine lay the fearful consciousness of the danger of offending the higher powers as well as the eager desire to please them. This consciousness lifted the exhausting routine of a primitive woman's day into a realm above the material. It transformed endless work to constant worship.

From the dawn of history religion has been natural to women. The circumstances of a woman's life bring her closer than a man to the great mysteries. Birth she knows as no man can, — it is incarnate in her flesh. Women also, from immemorial ages, have attended death and first cared for the body from which the spirit fled. In the Smithsonian Institution at Washington, among a collection of geological survey records, is a photograph startling in its chance record. Amid a tumbled pile of rocks sits an Indian woman, motionless, an empty cradle at her feet. Her woeful eyes look out, with sad questioning, toward the infinite. A life came to her out of mystery and to that mystery it has returned. No man can share, in the

most intimate sense, a woman's nearness to worlds that, through faith alone, we dimly apprehend.

The man's part in religion has been more intellectual. To women the heart is a living spring of faith. Man has been the interpreter, women the preserver of ideals. None of the great book religions has admitted women to the priesthood and yet all have depended upon women, like the Vestal Virgins, to attend the sacred flame.

In this field modern ways have lifted no responsibilities from women's shoulders. Some limitations are now removed. A Maude Royden is accepted, as a man would be, standing in the pulpit. Yet, for the most part, woman's share will be to keep family and community altar steadily and joyfully alight, to conserve ideals by action and example rather than speech, to transmit belief by the promptings of the heart more than by intellectual argument or exposition. Theology is man's, faith is woman's part. It is in proportion to our possession of a faith, as alive as in days when wonder was new, that the salt of life grows in savor and the perfume of spiritual experience through routine daily action rises in fragrance to transform the air. "Who sweeps a room as for Thy laws makes that and the action fine." Housework, done in consecration to high ideals, may exhaust the body but it has no power to weary the soul.

### The Homemaker and Politics

The homemaker's activity in politics is one for which her past has not prepared her in any technical sense. Public affairs have been traditionally segregated from women's lives. We have stood behind a barred gate watching the tides in the affairs of state ebb and flow. Our influence laid no enduring barrier against the breaking of the waves. In "The Homemaker" a woman's magazine that followed Godey's Lady's Book into a fragrant literary tomb, we find an article published in 1889, "Should Women Vote?" The question is answered in a decided negative on "personal, social and moral" grounds. In our present insouciant delight in sport clothes, it is hard to get the picture of our corseted and bustled sisters, trailing their trains, saying that they could not go to the polls, "in common justice to their health — they cannot set aside the frequent physical disabilities which unfit them for exposure to climatic conditions such as men can brave with impunity. Nor can any woman contend with the crowd of rough, indecent, profane men who infest our voting places—"

Whether we have welcomed the vote or not we feel the responsibility that follows the franchise — not only to vote, but to vote intelligently and impartially, for the cause and the candidate recommended by the unique experience in discriminating between fundamental right and wrong which comes to every home-keeping woman.

### The Homemaker and Education

Here, as in religion, we have an age-old inheritance. Even in savage tribes boys were left with their mothers for their first five years and modern psychology tells us that, by seven years of age, the warp of life has practically all been threaded. The succeeding years merely weave the pattern on that foundation. We teach the child to eat, to walk, to talk, and do it all within the four

walls of home. We give it a share in the family activities and direct its thoughts and ideals.

In a recent examination paper a college senior said, "It seems to me that it ought to be the pride of any mother to be the Domestic Science teacher herself and see that her daughter had graduated with honor from *Mother's Domestic Science School*." This sentiment we subscribe to with enthusiasm. No class room will ever equal the home kitchen when it is presided over by a mother who combines an open and vigorous mind with joyful experience.

We are of those who view with alarm the public washing of necks and brushing of teeth, as a community affair done in the school, and we point with pride to an older day when, even though but once a week for the bath, such rites were privately celebrated as a responsibility confined within each household. The home must consider the proper grounds of its jurisdiction, not narrowly, but thoroughly. It may be that not less education but more should be carried on in the family circle.

One most important point lies in training a boy to have the right attitude toward homemaking. The father's responsibility here is greater than the mother's. By his father's example of happy cooperation and his consciousness that to-day's work is all human not "man's" or "woman's" the child is made ready to command the love of the woman he will want to marry some years hence.

### The Home and Industry

Industry, of all the civilized activities, has changed most radically. Because of the machine we are happily forced to revise some of our hoariest homemaking attitudes and processes. That girl who is to marry your son will be far more critical of him than she was before the advent of the machine. By the machine women have come into industry and consequently into opportunities for self-support fairly comparable to man's. To command the respect and continued affection of a woman who can earn her own living is surely a challenge which will raise male standards of behavior as husbands. Men will be free at last to think as much of providing kindness and patience, and self-control, and idealism as of earning dollars and cents.

Another far-reaching effect of industrial opportunity is the chance women may take now of getting some business experience before marriage. The personal pay envelope teaches the value of money. It also provides training in the ethics of loyalty and gives unequalled experience in adjusting our own views to those of others. Finally it brings home the comic futility of personal sensitiveness. All these are priceless assets in homemaking.

No responsibilities have been lifted from the modern homemaker but the pack she carries happily has been shifted from her hands to her head. In that lies the promise of great things just ahead for better American homemaking.

With an economic reorganization of the home the wife and mother will cease to be a jill-of-all-trades, and become, in partnership with her husband, a specialist in religious, political, educational, and industrial training of future citizens during their first seven years.



**"Easiest—and Quickest!"**

"I CAN keep my floors spotless easier and quicker with my Bissell than in any other way. And it saves me much dusting." This is the verdict of scores of women who take the trouble to write to us praising the Bissell for its efficiency.

Good housekeepers who pride themselves on the immaculacy of their homes prefer the Bissell. It is always ready for instant use. Easy to handle. Sweeps thoroughly without causing fatigue. And it is durable. 10 to 15 years is the average. Many last longer. Any woman who owns one will tell you that it is indispensable.

The "Cyco" ball bearings in the Bissell add to its long life and make it run lightly. "Cyco" Ball Bearing Bissells at around \$6. Other grades for less. Play-size (toy) Bissells for a few dimes. At furniture, hardware, housefurnishing and department stores. Booklet on request.

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**Carpet Sweeper**



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Absolutely Waterproof—Not Rubber



Soft, Warm, Durable. Easy to clean and wipes dry quickly

Stork Sheeting is a specially prepared material that will outwear any other waterproof sheeting. It is soft and durable and will not irritate or sweat the most delicate skin. Stork Sheeting is recommended by physicians and nurses. Hygienic—Aseptic—Sanitary. It is the best sheeting to use in nursery, sickroom or for invalid beds.

Stork Sheeting comes in four weights—Light—Medium—Heavy and Heavy double coated. Width—36—45—and 54 inches.

GET THE GENUINE—Look for the registered STORK Trade Mark on every half yard of the selvage. It protects you from inferior goods and substitutions. Insist that your dealer sells you the original Stork Sheeting. If he hasn't it, send direct to us for folder of samples and prices, giving us your dealer's name.

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**BABY CHICKS** Best paying, pure bred, heavy egg producing breeds. Low prices. Catalog, full information free. Established 1914.  
**MILLER HATCHERY, Box 121 Hoyworth, Ill.**

*Tasty Weed Dishes*

(Continued from page 21)

and curly, which distinguishes it from the short, thick-leaved dock that is not edible. Lamb's-quarters and purslane, too, will be found excellent cooked in the ways suggested for dandelions. They are also good cold, served as a salad with French dressing.

Sorrel soup is a stand-by in old Dutch and German families. Its slightly acid flavor makes it most appetizing. Wash well a pint of sorrel leaves, mince them and place in a saucepan with five large outside leaves of lettuce, a sliced onion, a few sprigs of parsley and two tablespoons of butter. Toss over the fire a few minutes, then sift into the pan two tablespoons of flour and blend well. Pour in gradually, stirring constantly, three quarts of boiling water and cook gently fifteen or twenty minutes. Add a cup of hot milk and a cup of mashed potatoes. Season with salt and pepper and a dash of nutmeg. Sorrel also makes a good sauce to serve with boiled meats. Press the cooked leaves through a sieve and add to any good white sauce. To make a sorrel salad which is both piquant and good to look at, wash and drain the leaves and chill them; then crisp and drain a head of lettuce and arrange the leaves in a serving dish, over which scatter the sorrel thickly. Garnish with celery tips and diced beets and serve with French dressing.

Another "wild grass" which makes an excellent flavoring for salad is wild pepper grass, known to most people as wild mustard. It can be used in combination with other greens as a salad and it is delicious in meat sandwiches of any kind.

Some weeds which at first thought seem impossible are really most tasty. For instance, burdock, a pest to the gardener and farmer, has a stem which — if used when young and the outer fuzzy coat scraped off — is crisp and delicious, and may be eaten with salt as one does celery. A pint of the stems combined with about three-quarters of a cup of shredded cabbage and one chopped onion and served with mayonnaise or French dressing makes a good salad.

The jaded appetite will appreciate the zest which leeks add to the menu. Chop them and add to creamed potatoes or to scrambled eggs or even cook them in boiling water and serve on toast with a cream sauce. They are as good as early onions served in this way, and any one who has not tried this method of utilizing spring onions has missed a delicate dish. Cream of leek soup is delicious and is made as follows: Cut one bunch of leeks and a small bunch of celery into very thin slices and cook in two and one-half tablespoons of butter for ten minutes, stirring constantly. Add to one quart of milk and cook in a double boiler for forty minutes. Cook in boiling water for ten minutes two and one-half cups of potatoes cut in small pieces. Melt two tablespoons of butter and blend with it two tablespoons of flour, add the milk mixture and potatoes, and cook until the potatoes are soft. Season with salt and cayenne pepper.

The root of the wild golden thistle is a valuable vegetable, that tastes somewhat like salsify. Like carrots, turnips and other tubers it is an all-the-year-round food. To serve, scrape the roots and throw them into acidulated water. (This is water to which vinegar or lemon juice is added in the proportion of one tablespoon to one quart of water.) Cut into pieces and boil until tender in salted water to cover.

(Continued on page 44)



GUESTS arriving at a supper dance, given for a New York debutante, at New York's most fashionable restaurant on Park Avenue.

Investigation shows that among New York's one hundred and sixty debutantes of the season, Woodbury's Facial Soap is more than three times as popular as any other soap.

**One Hundred and Two New York and Boston Debutantes tell why they use Woodbury's Facial Soap**

IN the social registers of the big New York newspapers one hundred and sixty debutantes were listed this season—a list unusually large, for the number of young girls presented in a season to what is authentically known as "society" in New York rarely mounts to more than a hundred. In Boston the list came to ninety-eight.

We wanted to know how these young society girls take care of their skin. What toilet soap do they use? Why do they choose it? And what are the qualities in a soap that especially appeal to them?

*224 girls answer the questions*

To learn the answers to these questions we submitted them to each of the 258 girls. All but 34 replied to our inquiries.

The results were extremely interesting. Twenty-three different brands of soap were used; but whereas 122 girls scattered their choice over 22 different kinds of soap—an average of a different soap to every 5 girls—the remaining 102 girls all used Woodbury's.

Among the New York debutantes Woodbury's was more than three times as popular as any other soap. Among the Boston debutantes Woodbury's was nearly five times as popular as any other soap.

Forty-three girls said they used Woodbury's to overcome definite skin defects

such as enlarged pores, blackheads, excessive oiliness, etc.

Seventy-six girls gave the purity of Woodbury's as their reason for using it, or its beneficial effect on the skin in general cleansing. Two girls used it because it had been recommended by their physicians.

Two points are noticeably brought out by the investigation: one is the constantly recurring testimony to the purity and fineness of Woodbury's Facial Soap. The other is the efficacy of the special Woodbury treatments for overcoming common skin troubles.

*Why Woodbury's is unique in its effect on the skin*

A skin specialist worked out the formula by which Woodbury's is made. This formula not only calls for absolutely pure ingredients. It also demands greater refinement in the manufacturing process than is commercially possible with ordinary toilet soap. In merely handling a cake of Woodbury's one notices this extreme fineness.

Around each cake of Woodbury's Facial Soap is wrapped the booklet, "A Skin You Love to Touch," containing special treatments for overcoming common skin defects. Get a cake of Woodbury's today and begin your treatment tonight. A 25-cent cake lasts a month or six weeks.

*Free! A guest-size set of three Woodbury skin preparations, with new large-size trial cake of Woodbury's Facial Soap*



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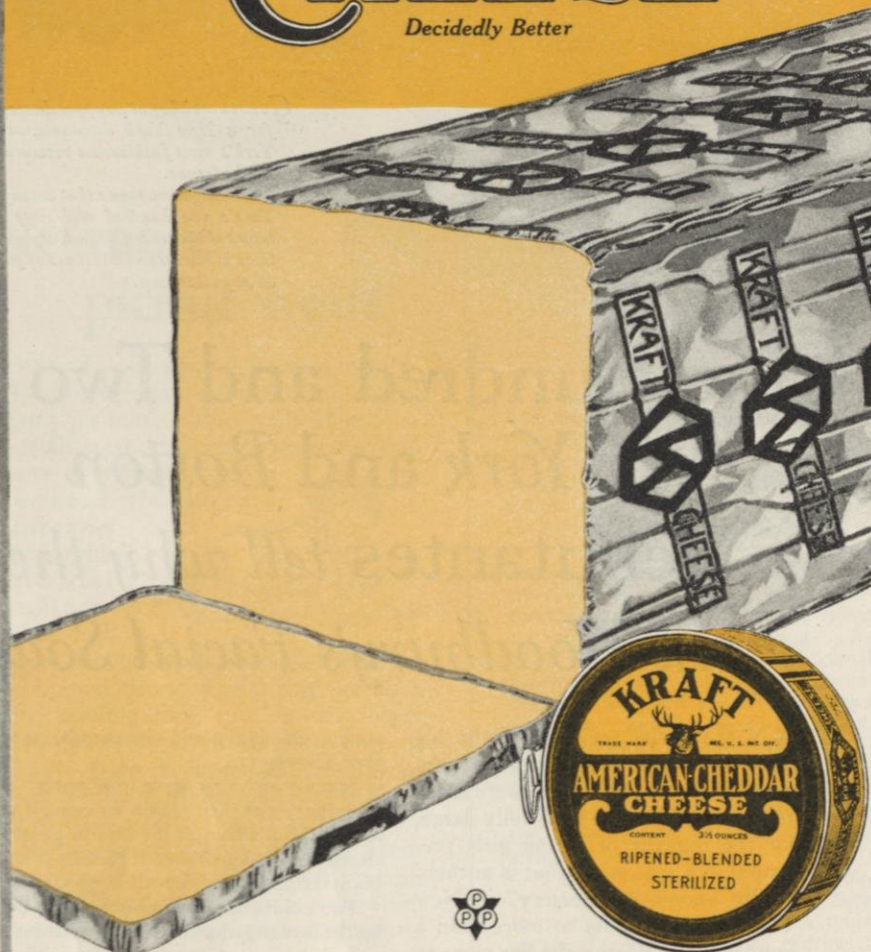
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8105 Spring Grove Ave., Cincinnati, Ohio  
Please send me FREE  
The new large-size trial cake of Woodbury's Facial Soap, samples of Woodbury's Facial Cream and Facial Powder, and the treatment booklet, "A Skin You Love to Touch."  
If you live in Canada, address The Andrew Jergens Co., Limited, 8105 Sherbrooke St., Perth, Ont.  
English Agents: H. C. Quetch & Co., 4 Ludgate Square, London, E. C. 4.

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# KRAFT CHEESE

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## Invisible Quality

ONLY a very few of the things that make Kraft Cheese superior are visible.

The size, shape and style of package of Kraft Cheese are readily apparent and easily imitated. But care in selection, in curing and ageing, in blending, and the facilities to do it properly, are not so easily seen; neither are the years of practical experience apparent, nor the knowledge and skill that produces its unequalled quality. So the flavor and quality of Kraft Cheese are never successfully imitated.

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American Pimento Swiss Brick  
Old English (Sharp American) in tin foil loaf  
Also 5 varieties in tins

Send 10 cents for Illustrated Recipe Book D. 5

## What Is Evaporated Milk?

By AGNES M. OLSON

EVAPORATED milk is fresh milk from which about 60% of the water has been removed by evaporation. (Fresh milk is 87% water.) Nothing is added to it. Nothing but water is taken from it. This concentration makes it more than twice as rich as ordinary milk. After it is thus concentrated, it is put in air tight containers and sterilized.

The distinction between evaporated and condensed milk is frequently not understood. Condensed milk is a combination of milk and cane sugar; evaporated milk is milk only. The method of preserving differs. Sugar forms the preservative for condensed milk. For evaporated milk heat only is the preservative. The cans of evaporated milk are sterilized in steam for a sufficient length of time to kill all bacteria.

Everyone knows that only fresh, firm fruit and vegetables can be successfully canned. It is the same with milk. Only fresh, pure milk can be concentrated and sterilized successfully. This explains why evaporating plants are always in the country close to the "source of supply"—the grazing herds. In addition to requiring freshness, these plants test all milk as it comes into the plant to make sure that the milk they use is rich in butter fat. The fat and milk solids content of evaporated milk is regulated by federal standard, just as meat is subject to government inspection. Thus it is that pure, rich milk is canned while it is much fresher than the bottle milk delivered to your home.

Cleanliness is a great factor in making evaporated milk. The cows and farms supplying the milk to the evaporating plants are regularly inspected by experts. At the plants uniformed attendants clean the empty milk cans in steam before the drivers return them to the farms. Indeed, speed and scientific care seem to be the watchwords in the successful production of evaporated milk.

This double rich milk we know as evaporated milk receives the further safeguard of sterilization, after it has been evaporated and hermetically sealed in tins. Evaporated milk, therefore, is always pure, fresh, bacteria-free milk when it comes to your kitchen or nursery. Because there are no bacteria present in the milk when taken down from your pantry shelf and opened, it will keep much longer after opening than bottled milk will after it is delivered to your home.

### Even Distribution of Cream

In addition to freshness and purity, the outstanding quality of evaporated milk is the even distribution of the cream. A remarkable machine was perfected a few years ago which breaks up the butterfat into infinitesimal particles and distributes it evenly through the milk. This homogenization explains why there is no separation into cream and skim milk. This uniform consistency in every spoonful in the can results in uniformly grained and uniform tasting food. More important still is the effect on digestion—the even distribution of fat, together with the absolute purity, help to make evaporated milk an easily digested and safe milk for infants, children, and grown-ups.

### Food Value of Evaporated Milk

The indispensable place of milk

in the diet is known to young and old. That all people do not use milk is regrettable. Equally regrettable is the delusion of many people that they are getting the utmost in food value from milk for their children when they pour off the top milk to use as coffee cream, and give the children the skim milk instead of whole milk to drink. The fat content of bottle milk varies too much for this form of food economy.

Since the standard of richness of evaporated milk is set for the housewife by the government, and since the butterfat has been evenly blended with the milk solids, the first spoonful of milk taken from a can of evaporated milk is as rich as the last spoonful. The milk constituents—fat, sugar, proteins, and minerals are more than twice as great in evaporated milk as in ordinary milk. This fact holds true every day and month of the year, as well, for the food value of every can of every brand of evaporated milk is constant. The food value of market milk varies with localities and seasons of the year. The uniformity of evaporated milk makes it more dependable for all purposes.

### Convenience of Evaporated Milk

There is an enviable independence in the marketing methods of the housewife who frees herself as much as possible from dependence on items affected by weather conditions and frequent delivery. Evaporated milk can be bought in quantity and kept indefinitely. In airtight containers it is protected against every adverse element. When opened, each can is as sweet and fresh as milk just entering the milking pails.

The ever increasing number of careful housewives who permit no guesswork in the grade of the food and the energy value of the dishes they serve their families, appreciate the concentrated form of evaporated milk. If they desire cream quality, evaporated milk is used "straight". If they desire a very rich milk, one part of evaporated milk is diluted with an equal amount of fresh water. Should the ordinary grade of milk be sufficient, one part of evaporated milk to from one to two parts of water is the economical and general rule of measure.

### Economy

In many instances a tall can of evaporated milk costs less than a quart of ordinary market milk and contains more nourishment. It also affords an additional saving above the buying cost, for, because of its richness, it may be used undiluted as cream. Again, because of its greater keeping qualities, due to perfect sterilization, still another advantage is enjoyed by the users of evaporated milk.

### How We Use Evaporated Milk

Evaporated milk answers every milk and cream need. Because it is perfectly sterile and because the fat has been evenly distributed with the other milk solids, it is a safe and digestible food for infants.

Wherever the recipe calls for milk, evaporated milk can be used. Keeping in mind the double richness of this milk, one dilutes with an equal amount of water for a rich milk and with one to two parts of water for the average milk.

## Important Announcement

*Club Programs for Club Leaders.  
A New and Complete Service  
Furnished by MODERN PRISCILLA.*

**B**EGINNING with the opening of the club year, September, 1925, MODERN PRISCILLA will provide a special service for the Home-making Departments of Women's Clubs. This will take the form of a complete program covering from forty to sixty minutes, and comprising one subject paper, which will take about twenty minutes to read, and two short talks or discussions of the subject of about five minutes each.

These papers will be typewritten in full. The topics may be assigned to members of the club and the papers read by them, or the subject matter can be studied and a digest given, as may be preferred. These programs will be prepared under the direction of Mrs. Della Thompson Lutes, Housekeeping Editor of MODERN PRISCILLA, and Miss Myra Jane Robinson, a prominent lecturer and educator well known both in Home Economics and other educational fields.

Mrs. Lutes has organized and presided over clubs for a good many years, understands the needs of club women, and the difficulty often experienced in getting just the right kind of material to make an afternoon or evening meeting both interesting and profitable. She is the author of several well known books, the most recent and most popular being, "The Gracious Hostess — A Book of Etiquette" and "A Home of Your Own," a book on household management, most helpful to the homemaker, and also one that will prove valuable for supplementary club work.

Miss Robinson travels constantly from state to state addressing women's clubs, colleges, and Universities on all manner of homemaking and educational subjects. She is not only a University woman, but a woman with home economics training and a wealth of practical experience as well.

The programs that have been outlined and are now under preparation for this unusual and valuable service will be based on the combined experience of these two women, who are fitted as are few women in the whole country to render such service. MODERN PRISCILLA takes great pleasure in announcing this new service which is nowhere else, to our knowledge, duplicated.

Nine complete programs will be prepared, September to May inclusive, and the whole service is absolutely free. All you have to do is to let us know in plenty of time so we can have your program ready

for you. These programs will not appear in the magazine. They are much too long to be handled in that manner. They will be mailed to you direct.

Every Home Economics club will, we are sure, be glad to receive this service. Every Home Economics department of every Woman's Club, also. Every Woman's Club, as well, which includes even one program a year on homemaking subjects. A monthly program, entirely complete, the subjects prepared by women whose positions are at the very heart of homemaking problems, papers all written out ready to be read or studied, is too valuable a service to be missed.

If you would like to enroll on our club program list, please fill out the attached blank. In return, an outline of the nine programs will be sent you so you can arrange your meetings accordingly. Some of the programs cover such important and timely subjects as Budgeting, Kitchen Arrangement, Color Schemes for the Living Room, Clothing, Balanced Menus, and so on. Every program covers some subject in which every homemaking woman is interested.

The programs will not be sent all at once. They will be sent on the first of each month. There is no expense whatever connected with this service. It is yours for the asking, another evidence of the desire of MODERN PRISCILLA to be of the utmost help to homemaking women.

Your name and address on the following blank will bring you immediately a list of the programs, and on the first of every month beginning with September, a complete program all ready for your meeting will be sent you.

These programs, you understand, do not consist merely of the names of subjects worthy of discussion, but are the papers themselves, written by experts, and ready for delivery. All you have to do is to choose the person to read them, or to digest and deliver their contents. This club service is yours for the asking.

Modern Priscilla, 85 Broad Street, Boston, Mass. (Club Service).

Please enter my name for the complete series of club programs for 1925-26, beginning with September.

Name .....

Street .....

State .....



## Growing Children Need this rich breakfast

**QUICK QUAKER—Savory, flavory, delicious**  
Cooks in 3 to 5 minutes!



**H**ERE is the "oats and milk" breakfast authorities say no growing child should be denied—cooked, ready and served as quickly as plain toast.

Because of lack of time, many mothers were serving oats too seldom. So Quaker Oats experts perfected Quick Quaker, a new kind of Quaker Oats.

As an emergency food, no other breakfast surpasses. As an early morning enticement, none compares. Rich, full flavored and enticing, it tempts the most indifferent appetite.

All the fine Quaker flavor is retained, all the luscious smoothness. The grains are cut before flaking and rolled very thin. They cook faster. That's the only difference.

Order Quick Quaker today—you will be delighted.

Remember, your grocer now has two kinds of Quaker Oats—the kind you have always known and Quick Quaker.

Standard full size and weight packages—

Medium: 1 1/4 pounds;  
Large: 3 pounds, 7 oz.

**Quaker Oats**

The kind you have always known



**Quick Quaker**

Cooks in 3 to 5 minutes



**P**RISCILLA'S House-keeping Editors live and work in a home that is owned and maintained by the publishers of THE MODERN PRISCILLA. Here they try out every recipe before it is published; here they test all sorts of household ideas and devices; here they test foods and methods of food preparation — and all this for the benefit of PRISCILLA readers. When a food, food preparation or household device has passed the rigid test of actual use in the "PRISCILLA PROVING PLANT," that being the name of the home where our Housekeeping Editors live, a



certificate is issued to the manufacturer, and he is given the right to use the P. P. P. insignia here illustrated. Whenever you see this little merit mark in an advertisement in THE MODERN PRISCILLA or elsewhere, you may know that the article advertised is O. K. in every respect. This does not mean that goods advertised without the mark may not be O. K. also, but it does mean that the manufacturer using the mark has a product that meets our high standard—a product that we have found worthy of recommendation to our readers.



“and really, it's no work at all, this new, easy way”

“Did you really have a good time at my little party last night? I've just finished touching up the floors after the dancing. No, it isn't any trouble at all—only took me twenty minutes.

“My floors were a sight when the children went back to school. They had danced all over the house and I was almost discouraged. Then one day I read about the new, easy Johnson method and decided to try it. Now my floor troubles are over! And it's so easy and clean. No mess—no rags or pails—no soiled hands. Why, you don't even have to stoop.

“And, best of all, it's the most economical floor treatment I know. You just get a Johnson Floor Polishing Outfit which includes the Liquid Wax—a lambs-wool mop for applying it and a Weighted Brush for polishing. That's all you need.

“First you pour a little of the Liquid Wax onto the lambs-wool mop—a few gliding strokes and the wax is on the floor. Then a few minutes of brisk polishing with the Weighted Brush—and the floor is transformed!

“Since I started waxing my floors they require only about half the care. Ordinary dry dusting keeps them immaculate. You see, the wax finish is so hard and dry that dirt and dust can't work in—it just lays lightly on the surface and dusts off clean.

“And I've gotten rid of those ugly spots in the doorways and corridors! I just re-wax these places when they start to show wear. It isn't necessary to wax the whole floor—just touch up the traffic spots.

“The book claims this treatment will eliminate expensive refinishing. So Jack says all we save on floor finishing I can have to spend for new rugs and furniture.

“Yes, do try it! I know you'll never be sorry.”

Any store displaying this Sign can furnish the Johnson Floor Polishing Outfit. These stores also carry a full line of Johnson's Artistic Interior Wood Finishes. They will gladly give you a FREE copy of the Johnson 25c Book on Home Beautifying and are competent to answer questions and give advice on the proper finishing of wood.



## \$6.65 Floor Polishing Outfit, \$5.00

It's the new, easy way to have beautiful waxed floors and linoleum. This Outfit Consists of:

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“The Wood Finishing Authorities” (Canadian Factory: Brantford)



# JOHNSON'S LIQUID WAX

## Furnishing the Sun Room

(Continued from page 26)

### Window Treatment the Paramount Issue

The walls of the sun room, consisting mainly of windows, as they do, make the window and its treatment a paramount issue and a prime source of perplexity. The perplexity vanishes, however, in the face of this practical common sense question, “Just what do you want curtains or draperies to do for your windows?”

If you want merely to be able to temper the light at will, why not put up draw curtains of semi-opaque materials as shown in Figure 1? These may be of the commonly used pongee colored casement cloth or of the new sunfast casement cloths which come in small figures and in soft but rich colors. These should be finished at the top with a French heading and hung on rods which are attached to the face of the window casing, instead of the sash itself. (In passing let me say that as a finish for curtains and draperies of all materials there is nothing quite so smart or professional in its appearance as the French heading).

If you feel a need for more color and decoration than the above treatment will supply, the schemes shown in Figures 2 and 3 will interest you.

The windows in Figure 2 are hung with draperies instead of curtains,—draperies of ample fullness to be drawn completely across the window if desired. They may be of hand blocked linen or cretonne, as shown, or of a sunfast weave in stripes; they may be hung from a decorated wooden pole as in the illustration or finished at the top by a valance. These draperies may constitute the entire decorative treatment of the windows or they may be accompanied by glass curtains of transparent material, such as net or gauze (not forgetting the effectiveness of theatrical gauze in sun rooms).

In Figure 3 a group of windows is framed by a valance and side draperies. The windows may extend across the entire length of the room or fill three sides; in which case the valance will follow suit and the side draperies will form a frame for the room itself, as well as for the windows. In this treatment there are no intervening draperies, as in Figure 2, and the side draperies extend to the floor instead of being cut off at the lower line of the apron. Unless the windows are very high the valance board should be set high up on the wall above the casing, as in this instance, and the valance dropped just low enough to conceal the top window casing.

In Figure 3 the shades are of sunfast striped crepe mohair, taking the place of the customary glass curtains, and in themselves constitute a feature of refreshing interest. This material is quite appropriate for shades in other rooms as well, and is bound to become increasingly popular because of its attractiveness, practical qualities, and modest price. When shades of this sort are used the valance, which comes in such close contact with them, should be of plain material; an attractive finish for it being a two-tone drapery fringe in colors of the shade. The same fringe may be used as a finish for the bottom of the shade also, as well as for the shade tassel. The side draperies may be of plain materials similar to the valance, in the same or a contrasting color, or, if desired, a patterned material may be used in colors harmonizing with those in the shade and valance.

The treatment illustrated by Figure 3 is utilized in the following

colorful sun room scheme I have seen, in which many interesting features are embodied.

### Sun Room in Blue-Green, Black and Red-Orange

Walls. Tapestry brick, red shades predominating, with vines on lattice work.

Floor. Dull red tiles with black mortar joints.

Rug. Linen rug in small black and green checkers.

Draperies. Side draperies to floor of blue-green, mercerized, sunfast weave; valance of black finished with a wood bead fringe in green, Chinese red, blue, and tan. Tie-backs same as valance.

Window shades. Striped sunfast, crepe mohair, with tassel of six strands of wood beads to match valance fringe.

Furniture. Painted black with line decorations in apple-green and gold.

Upholstery. Day bed and one chair covered with heavy black twill, with Jacobean floral pattern in green, rose, red-violet and old French blue.

One chair upholstered in solid green, one in red-orange, one in old blue.

Lamps. Table lamp, base black pottery; shade, black parchment with medallions of quaint, old-fashioned roses, joined together by lines of apple-green. Floor lamp, black and gold wooden standard; pumpkin-colored silk shade finished top and bottom with one inch bias black satin edging, and embellished with five-inch fringe of wooden beads to match valance fringe.

Cushions on day bed. Solid colors of green, red-orange, French blue, gold, and black.

Accessories. Ferns in and on stands. Black reed hanging baskets adorned with tassels and filled with morning glories in red-violet and pink with green foliage.

### The Effect

While the colors are brilliant they are so skillfully chosen and so subtly blended and keyed that they produce an effect of complete harmony. Yet with all the lively color and opulence of decoration the room is filled with a sense of homelike comfort, due to the comfortable easy chairs; the arrangement of the furniture in chair, table and lamp groupings; the presence of books and magazines; the well appointed desk, and the soft cushioned day-bed.

### Effectiveness with Economy

If a marble, tile or concrete floor is too expensive there are bold tile designs in linoleum that are astonishingly effective. Old floors can be transformed by a handy man with a can of paint, a paint brush, and a good idea. Visualize, for example, a green linen or grass rug surrounded by a floor border of black. Nondescript tables, desks and chairs by the magic of paint can be made objects of interest and usefulness in the sun room. Think, too, of a black iron lamp standard painted green, red-orange, or blue to form a color accent. Lattice work made of painted laths can easily be constructed by home talent. Vines, ferns, and plants are as cheap as they are decorative and appropriate.

The sun room is an out-of-doors living room. Put into it the color, and freshness, the very breath of the out of doors as its chief decoration and attraction.

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*Betty's Lobster Lesson*

(Continued from page 35)

**Devilled Lobster**

- 1/3 cup butter
- 1 teaspoon dry mustard
- 1 tablespoon lemon juice
- 1/2 teaspoon salt
- 1 tablespoon Worcestershire sauce
- 2 cups firm lobster meat

Cream together the butter, mustard, lemon juice, salt and Worcestershire sauce so as to blend them thoroughly. Then turn the mixture into the upper part of a double boiler or chafing dish, melt over hot water, add the lobster which has been cut into large dice, and cook for six minutes. Serve on toast garnishing with parsley and halved lemon.

Recipe makes six servings.

**Lobster Newburg**

- 1 tablespoon butter
- 2 cups firm lobster meat
- 1 cup light cream
- 2 eggs
- 1/4 teaspoon salt
- 1/8 teaspoon cayenne
- 1 tablespoon lemon juice
- 2 tablespoons sherry flavoring

Melt the butter in the upper part of a double boiler or chafing dish, place this directly over the fire, add the lobster which has been cut into medium-sized pieces and toss it about in the pan until the butter is absorbed. Now add the cream, place over hot water, and when thoroughly heated stir in the beaten eggs, and cook until the mixture thickens like custard, but do not allow it to boil. Add the seasonings and last of all stir in the sherry flavoring. Blend thoroughly and serve with or on crackers or strips of toast.

Recipe makes six servings.

**Lobster Bisque**

- Trimmings and shell of lobster
- 1 sliced onion
- 1 bay leaf
- 2 stalks coarse celery, diced
- 3 cups water
- 3 tablespoons butter or substitute
- 2 tablespoons flour
- 2 cups milk
- 3/4 teaspoon salt
- 1/8 teaspoon paprika
- 1/3 cup light cream (optional)
- 1/2 teaspoon minced parsley

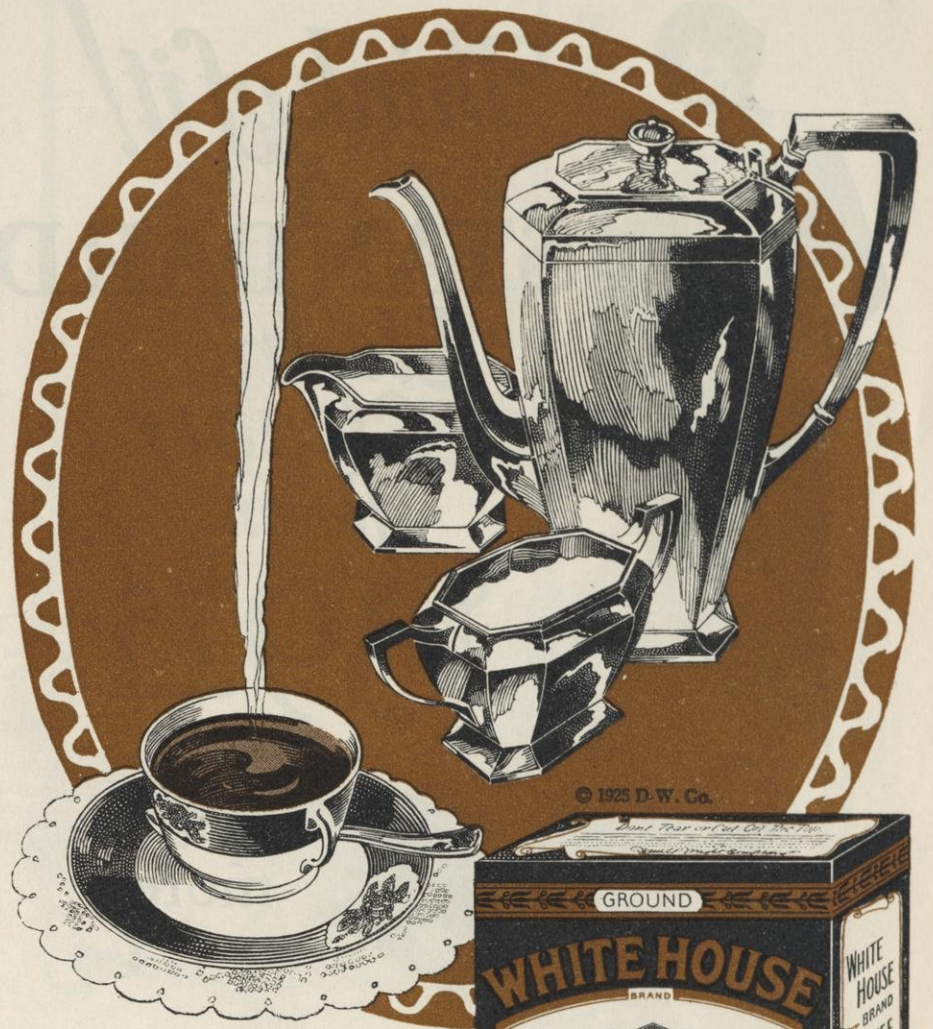
Break the lobster shell into small pieces and cook it with the onion, bay leaf, celery and water for one and one-half hours, keeping the pan closely covered and adding more water if this appears to boil away rapidly. Strain the mixture—there should be about two cupfuls. Blend the butter and flour smoothly together, add the milk slowly, bring to boiling point, stirring constantly, and simmer for ten minutes. Add the strained lobster liquor, season with salt and paprika, and if the cream is used add it just before serving the bisque. Sprinkle minced parsley over each serving.

Recipe makes six servings.

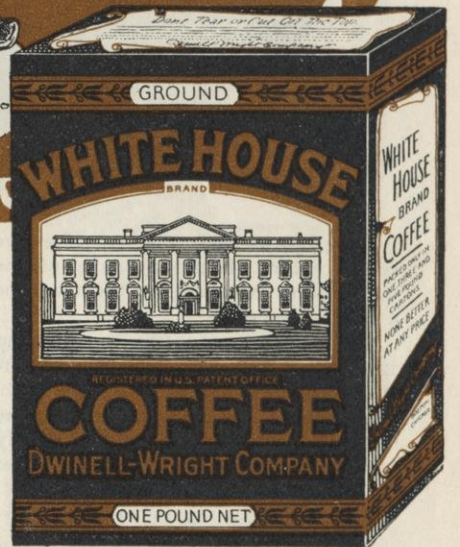
**Lobster Savory**

- 3 tablespoons butter
- 2 cups diced lobster meat
- Juice 1 lemon
- 1/4 teaspoon salt
- Dash of cayenne
- Strips of toast or Crisp crackers

Melt the butter, add the lobster and cook the two together for five minutes. Season, pile on the toast or crackers and serve very hot. Recipe makes six servings.



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**Think of it!**  
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**Cleaner**  
for only  
**\$39.75**  
why  
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Long ago we said, "Cut the excessive cost of selling electric cleaners and the high prices now asked for them will be a thing of the past."

Today over 400,000 thrifty women and 12,000 alert dealers know we have actually accomplished what we set out to do. They give enthusiastic proof that the standard quality Bee-Vac, selling at only \$39.75, is priced \$10 to \$30 below other cleaners of comparable quality.

### Big selling commissions eliminated

We learned long ago the cause of high cleaner prices.

We learned that the big commissions paid home demonstrators—plus the costly selling system which invariably goes with them—add \$10 to \$30 to the price of each cleaner, without adding a thing to quality or cleaning efficiency.

You need not pay an exorbitant price in order to get a standard, quality cleaner. Bee-Vacs are never sold in this wasteful way. They are sold by dealers as cleaners should be sold—like other standard merchandise.

**BIRTMAN ELECTRIC COMPANY, Dept. N-6, Chicago, U.S.A.**

### Some Bee-Vac Facts

- ① Light, easy to handle.
- ② Cleans thoroughly, quickly, safely.
- ③ Convenient tools and dust bag.
- ④ Positive dependability.
- ⑤ Guaranteed two years.
- ⑥ Made by one of the oldest and largest manufacturers.



**Bee-Vac**  
**Electric**  
**Iron**

Bee-Vac tilted handle permits added pressure, without wrist strain. A quality iron. At your dealer's **\$5.75** Complete

You buy them to the happy refrain of only \$39.75. You save the big selling commissions. You get real value.

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When some canvasser or factory resale man, at your door or in a store, says, "You can't get a quality cleaner under \$60 to \$70," just make up your mind to try the Bee-Vac.

Bee-Vac dealers gladly let you try it—in your home—without obligation. You test it in every way—and compare it, if you wish, with any other cleaner, regardless of make, name or price.

If Bee-Vac doesn't equal the best and surpass most of them, you simply return it. But if you are delighted and want to keep it, the price is only \$39.75. And you get a legal two-year guarantee—twice as strong and good for twice as long as any other cleaner guarantee.

### Free Book for Children

See your Bee-Vac dealer. Or mail the coupon for his name and interesting book of "Bedtime Jingles for Children."



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Gentlemen: Please send name of a nearby Bee-Vac dealer; also your interesting book of "Bedtime Jingles for Children."

Name.....  
Town.....  
State.....

### Helps for Housekeepers

When emptying the vacuum cleaner bag, try slipping the open end into a large paper sack. Then the cleaner bag may be shaken with but little danger of spilling the lint and dust. — Mrs. M. K. R., Massachusetts.

Before I wash scrim curtains I baste the edges together, having the material folded down the centre. I leave them this way until after they are ironed, then remove the basting threads, and the edges can be no other way but even. It takes only a short time to do the basting with long stitches. — Mrs. C. T. H., Indiana.

The following method of stretching curtains has proved very simple and satisfactory. I drive four stakes into the ground, making the distances between them conform to the original measurements of the curtains. After the curtains are washed I run a rod in each end and hook them over the stakes. The curtains will hang as straight as when new and will not have the little pin holes along the edges as they do when put on ordinary stretchers. — Mrs. T. C. A., Kansas.

My two little girls disliked drinking milk until I got for their own special use an iced tea set. Now they usually call for a second glass as it is such fun to use a different colored sipper with each glass of milk. It is fun, too, to see which one will be the first to finish. The last one through has to wash the sippers and glasses. — Mrs. F. J. H., Connecticut.

I find an electric percolator very convenient for heating a small amount of water, and the process does not injure the percolator in the least. — Mrs. A. A. F., Texas.

A bit of peanut butter dropped in the centre of each graham muffin or whole wheat gem, just before putting them in the oven, gives a new and nutty flavor that is a surprise. — Mrs. J. H., Michigan.

A discarded toothbrush is the handiest kind of implement for keeping the wicks of the oil stove clean. — Mrs. R. M. G., Missouri.

I use a long shoe buttoner to pull pans forward in the oven, finding it more convenient than anything else I have ever tried. — Mrs. C. B. W., Pennsylvania.

I find a quart fruit jar a convenient receptacle in which to keep soap flakes for dish washing. First I put a strip of adhesive tape around it, half way up, to keep it from slipping out of a wet hand. — Mrs. W. L. B., Massachusetts.



When you turn your old shades bottom side up, tack a strip of gummed tissue along the edge of the linen. This will hold it more firmly and prevent it from tearing loose easily at a sudden jerk, while still permitting it to roll up smoothly. — F. M. S., Oregon.

After several hours of shopping or travel I have frequently sought to remove the traces of dirt and smoke, only to find there was no soap in the rest room to meet the emergency. Now I keep a tube of shaving cream in my bag. This takes up little room and is neater and more convenient to carry than soap. — Miss I. E. H., New York.

When in need of hot compresses try using a potato ricer for wringing the cloths. Very hot water can then be used without hurting the hands. — Mrs. D. A. P., California.

Try using narrow elastic at the top and bottom of your sash curtains. It is strong and very satisfactory. — Mrs. H. L. T., Texas.

My family is very fond of milk toast. To make a change I sometimes add to the thickened milk half a cup of raisins which have been stewed until soft. — E. G., Massachusetts.

The kitchen table usually has a drawer where the every-day silver or kitchen cutlery is kept. If this drawer is lined with several thicknesses of paper, the top sheet can be lifted out when it becomes soiled and another will be ready for use, thus saving the petty annoyance of frequently having to cut papers to fit the drawer. The same idea can be used with a bird cage. — Mrs. O. O., Illinois.

A time saver on cleaning day is a market basket divided into sections to hold dust cloths, oiled dusters, window cloths, soaps, powders, and brushes. — Mrs. G. L. N., Missouri.

When moving from place to place I have found nothing better than cereal cartons for packing fruit jars, empty or full. These cartons are also excellent for storing fruit if you have no dark closet, and in any case they keep the cans clean. Write the name of the fruit on the lid or on the side of the carton for convenience. — Mrs. D. C., Michigan.

To be sure that the labels will remain in place on jelly glasses and fruit and vegetable jars dip them in hot paraffin and quickly stick them on. — Mrs. W. E. D., Pennsylvania.

For every Help published in these columns we will pay \$1.00 upon acceptance. Do not submit anything that has been published in other magazines. Suggestions must be original. Address the Editor, Helps Department. Sign your name on each sheet and write on one side only. Please note especially these two rules.

1. Helps manuscript will not be returned. Keep a copy therefore, and do not enclose stamps. Decisions will be made as soon as possible, but no acknowledgment will be made unless the manuscript is accepted.
2. To avoid confusion, the author's initials and the State in which she lives will be printed with each Help.

## Woman's Biggest Job

(Continued from page 20)

Fresh fruits and vegetables, especially tomatoes, cabbage, and spinach (the vitamins in tomatoes and spinach are not destroyed to any great extent by cooking); bran and germ of grains (these also contain a large share of the mineral elements); milk and egg yolks, and the glandular organs of animals, furnish most of the vitamins.

Practically all the fresh vegetables are nice raw, if sliced thin or grated and served as a salad. Children instinctively like raw vegetables. Let them have them and take more yourself. See that they are thoroughly masticated. Don't cook your vegetables until they are mushy. Long cooking destroys the vitamins. And don't use baking soda in cooking vegetables, for it also destroys the vitamins. Don't throw out the water in which the vegetables are cooked, for you will throw out a part of the vitamins and mineral elements. Don't throw out vegetable skins. Scrub them well and put in your soup pot and thereby save vitamins, mineral elements, and flavor.

**THE PICNIC.** — We'll come back to our Picnic now. The reason I want you to remember the elements this word represents is that they are extremely important and the average diet is deficient in them. When the diet is deficient in these minerals, it is deficient in vitamins also. Instead of "Have you had your Iron to-day?" let us say, "Have you had your PICNIC to-day?" I'll briefly go through the list so you will know their importance.

**PHOSPHORUS** combined with calcium is what gives hardness to the bones and teeth. It is also necessary for all the other tissues of the body, especially the nervous system. The foods, compared weight for weight, that are highest in phosphorus are cheese, egg yolks, peanuts, almonds, walnuts, lean meat, baked beans, oatmeal, whole wheat, dried prunes, and milk.

The phosphorus of milk is especially good. If an adequate amount of milk is taken, it brings the milk high in the list of phosphorus bearing foods. Notice that the milk product, cheese, heads the list. That is because cheese is concentrated milk.

Of these foods highest in phosphorus, milk, cheese, egg yolks, whole wheat are high in Vitamin A, that vitamin necessary for growth and resistance to infections. The milk and eggs and nuts are also high in Vitamin B, the anti-neuritic and appetite-stimulating vitamin.

**IRON.** — Every one knows the importance of iron for the blood and that "the blood is the life." However, not every one knows that the average diet is deficient in it. I'll give you a list of the foods highest in iron in order of the greatest proportions.

**Vegetables:** Spinach, string beans, cabbage, Brussels sprouts, celery, tomatoes, carrots, peas, and potatoes.

**Animal Foods:** Egg yolks have a very high percentage (they have to make a live chicken!); lean meats.

**Cereals:** Whole wheat and oatmeal.

**Nuts:** Almonds, peanuts, and walnuts.

**Fruits:** Fresh fruits, while they do not contain a high percentage of iron, have it in a valuable form. Dried fruits — dates, figs, prunes, and raisins — are relatively high.

While milk is relatively low in iron, its iron is of a superior qual-

ity and when enough of it is taken, its iron content can be reckoned upon. There seems to be a direct relationship between the availability of iron in the body and the calcium content in the body. The high content of calcium in milk is one of the reasons given for its iron being of superior quality.

Most of the foods containing iron are high in all of the vitamins.

**CALCIUM.** — Sherman states that the American diet is probably more deficient in calcium than in any other element. As calcium is absolutely necessary for the blood, and the normal activity of the heart as well as for the teeth and bones, you can see how important it is to supply sufficient amounts, especially for children. They need more in proportion to their weight than adults.

Foods especially rich in calcium are milk, cheese (cheese is very high because it is concentrated milk), egg yolks and almonds. The fruits and vegetables are also fairly rich in calcium. Milk is so high in calcium that if you have two and one-half glasses of milk every day, you needn't worry about your supply.

The foods rich in calcium are high in Vitamin A.

**NITROGEN** is the characteristic principle in protein and is absolutely necessary for life. I put it in our Picnic list because I want you to remember that it is highly important to have a sufficient amount of protein to get this nitrogen, and that all proteins are not equal in biological value, as I have explained.

**IODIN.** — It is only in recent years, since it has been found that a form of goitre is due to an insufficient amount of iodine in the system, that we have realized the importance of iodine in the foods. It is especially important during adolescence and pregnancy.

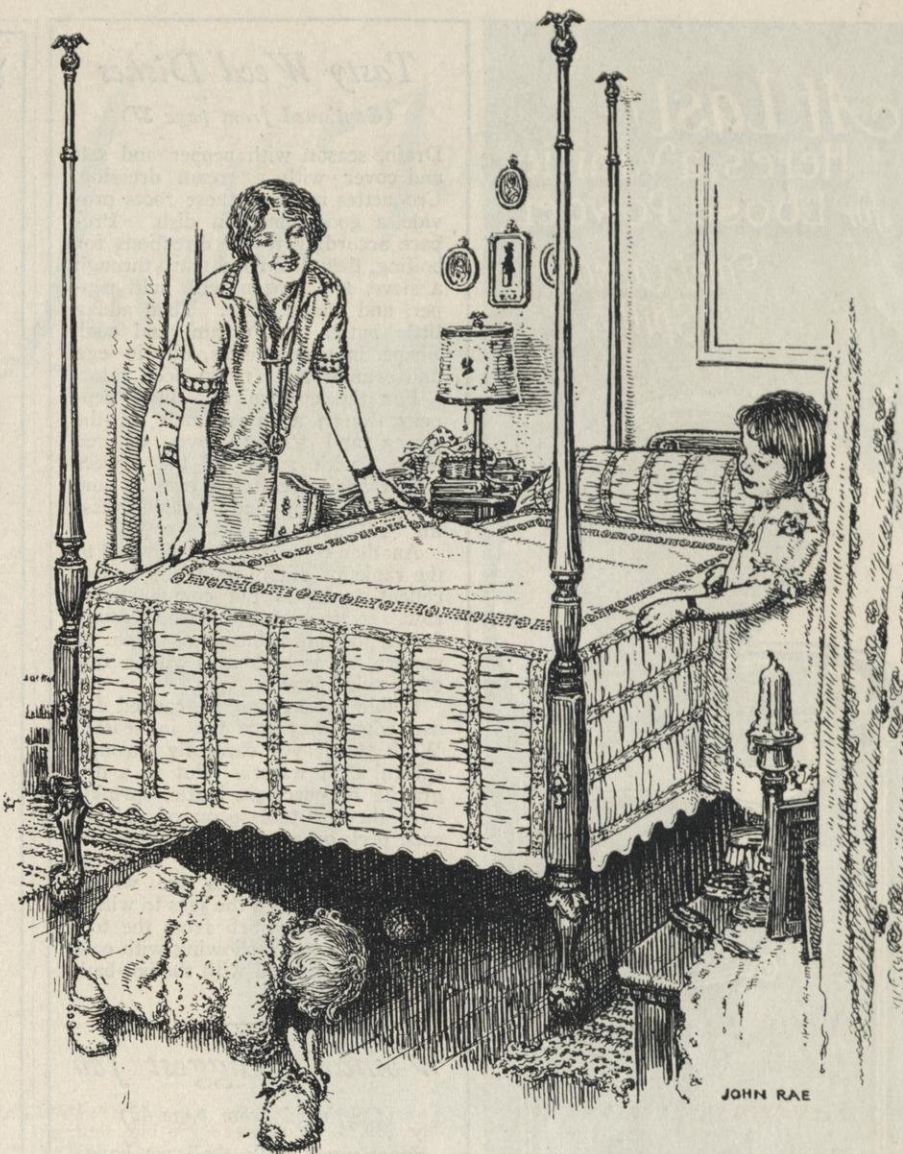
As the supply of iodine comes primarily from the sea water, naturally things grown in sea water are high, so sea food such as fish, oysters, clams, and the edible sea weeds are highest in iodine. Other foods high in iodine are lettuce, oatmeal, beets, turnips, green peas, radishes, and tomatoes. Carrots, parsley, and potatoes do not contain as much as the others listed, but they do have some. Sherman believes that MILK must contain some iodine although our methods of analysis are not sufficiently delicate to demonstrate it.

If you live in certain inland regions — the so-called goitre belts — where the iodine in the soil has probably been washed out, then the vegetables will not contain sufficient iodine and you may have to see that you get your iodine supplied otherwise. The salt manufacturers are now putting out an iodized salt which will supply this lack. Our ordinary table salt is so purified that the iodine has all been eliminated. Read again what I wrote about the free fats and iodine.

**CONCLUSIONS.** — We've had our Picnic. Drawing conclusions from it, we know the props for the foundation diet for the home.

If we have sufficient milk to safeguard the calcium, phosphorus, vitamins, and complete protein; and if we have nuts and eggs (instead of so much meat) for more complete protein, good fat and mineral elements; vegetables and fruits for iron and other minerals and vitamins; whole grain cereals and whole grain breads for their minerals and energy value, we are going to have our foundation for health.

(Continued on page 44)



Before you buy a bedspread—  
be sure it's SEAMLESS!

A seam in a bedspread (like the seam in a bed sheet or in a rug) is a sure sign of trouble to come!

The strain of washing and wearing does not trouble a seamless spread, but is likely to bring the career of a seamed spread to a swift and inglorious conclusion.

And remember, a seam is a make-shift and looks it!

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They are made in one piece on wide Jacquard looms specially built to make fine bedspreads, and for no other purpose.

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*Tasty Weed Dishes*

(Continued from page 37)

Drain, season with pepper and salt and cover with a cream dressing. Croquettes made of these roots provide a good luncheon dish. Prepare according to the directions for boiling, then drain and mash through a sieve, and season with salt, pepper, and lemon juice. Then add a little butter and cream, and cool. Shape into croquettes, dip in egg and crumbs and fry in deep fat.

For the epicure who likes peppery things, a salad made of the young and tender leaves of red clover, with some of the flowers pulled apart, scattered over it, and served with any kind of salad dressing will make a strong appeal.

Another common weed elevated to the ranks of edible food, and an excellent tonic, is the common yarrow. It must be eaten when young for it becomes bitter as soon as mature. It is best used with a few other salad leaves.

Edible greens may be canned for use when they are not in season. Wash the leaves carefully through several cold waters. Put in a dry granite or porcelain kettle, sprinkle over them a tablespoon of salt to each peck of greens; cover the kettle and place it over very moderate heat until the leaves are wilted. Drain them and fill the jars to within a quarter of an inch from the top, fill the jars to overflowing with cold water, and proceed with the hot-bath method.

*Woman's Biggest Job*

(Continued from page 43)

How much milk shall we have? A quart a day for the children and at least a pint a day for adults, is a good rule. This need not all be taken in the form of a beverage, but in custards, sauces, cheese, and other dishes containing milk. Do not consider milk expensive nor a luxury, no matter how expensive it may be. It is important, of course, that it is good, clean milk. Better take the Pasteurized milk (unless you can afford the Certified), and make up the anti-scurvy vitamins which it lacks by the foods that are rich in them.

We must have vegetables, especially the green leaf vegetables (the vitamins are more concentrated in the active growing parts of the plants), not in sauce dish sizes, but in soup plate sizes, and a good part of them raw. McCollum calls green vegetables, milk and eggs the PROTECTIVE foods, for having liberal amounts of them in the diet protects against possible deficiency of other foods.

Sherman, in his book, Food Products, says that a family should first set aside the money for a constant milk supply sufficient to provide a quart of milk a day for every child, and a pint for every adult; then divide the rest of the food money into three approximately equal parts, one for fruits and vegetables, one for breadstuffs and cereals and for butter and other fats, and one for meats, eggs, sweets, and miscellaneous.

This may mean that you will have to spend less on meat and fowl, and it may mean that you will have to allow more for your food budget than you have been doing, but I assure you that if you do so you will have so firm a food foundation that it will be rocked so infrequently by doctors' and dentists' bills that you will be able to save the extra money. And you will be repaid a thousand fold, by the improvement of the health and happiness of your family.



# 100% Usable

When we tell you that MODERN PRISCILLA is a magazine that is 100% usable we mean that the advertising pages—because they are a directory of worth-while merchandise—are as useful as the text pages.

But it is only when you let MODERN PRISCILLA's advertising pages help you solve your buying problems—as the text pages help solve your homemaking problems—that this magazine becomes 100% useful to you.

You can save money, prevent disappointments, avoid wasting time in exchanging unsatisfactory merchandise—by buying goods advertised in MODERN PRISCILLA—

Because products which fail to give satisfaction in actual home use at the Priscilla Proving Plant, and which do not meet the approval of an expert engineer or chemist, as the case may be, are rigidly excluded from the advertising pages of MODERN PRISCILLA.

Manufacturers of products which do pass the Proving Plant tests, however, are given a Certificate of Approval, and the right to use the Priscilla Seal on the goods and in their advertising.

So the Priscilla Seal of Approval  
and this emblem



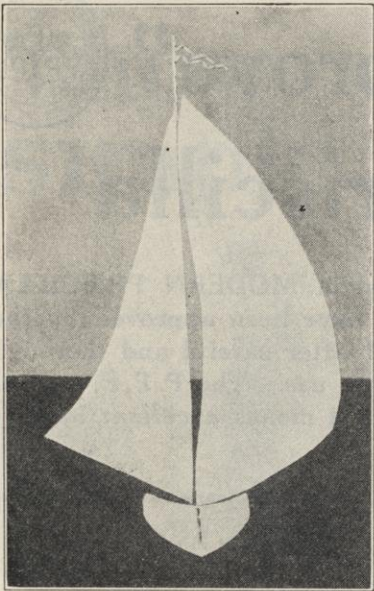
—which marks the advertisements of approved products—are insurance policies that safeguard your household funds.

Before you buy, make sure that the article you are considering has been advertised in MODERN PRISCILLA. It will save you time, money and trouble. The P P P seal together with our guarantee makes you doubly secure.

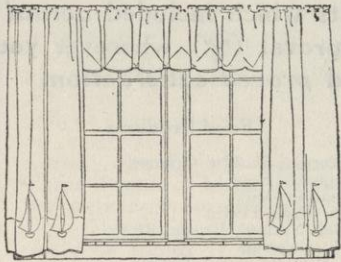
## Modern Priscilla

The Trade Paper of the Home





*Ships That  
Make Port in the  
Dining Room*



No. 25-5-5. "Regatta" Dutch Casement Curtains come in casement length for either single or double windows. The material for upper part of sides and valance is light blue gingham, and for the bottom bands, deep blue gingham. The yachts are patches of white cotton. There is very little embroidery and the curtains are very easily made. Bottoms and inside edges of side drapes and valance are bound with the novelty bias-fold pictured.

stranded cotton are used for the blanket stitching which secures fabric inside upper edges of binding. The "Mayflowers" on the luncheon set are hemmed down with tiny stitches, and outlining and single stitching in blue and white is done with two threads of cotton, except for the halcyards, where only one is used. "Cable" frames are white single stitches whipped with blue. Napkins of plain white crepe may be used, fringed to the depth of an inch. Two 14-inch ones can be cut from a width of the fabric.

**Materials**

No. 25-5-5. Stamped gingham for two sides, each 32 x 72 inches, and valance 16 x 32 inches when finished, \$2.65; for two sides, and valance 16 x 62 inches when finished, \$2.95. Binding, single window, 35 cents; double window, 40 cents. Embroidery cotton, either size, 28 cents. Perforated stamping patterns: single window, 50 cents; double window, 65 cents. No. 25-5-6. Stamped linen for 19-inch centre and four 10 x 15 inch place mats, \$1.25. Embroidery cotton, 45 cts. Binding, 40 cts. Perforated stamping pattern, 35 cts. Cotton crepe, 50 cts. a yard.

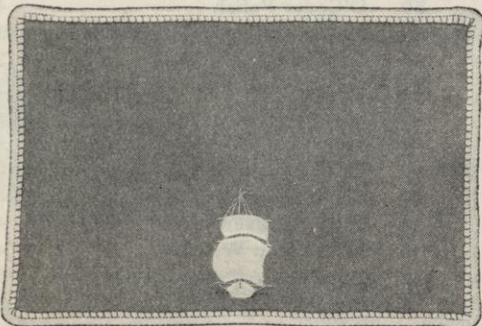
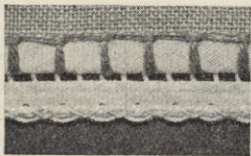
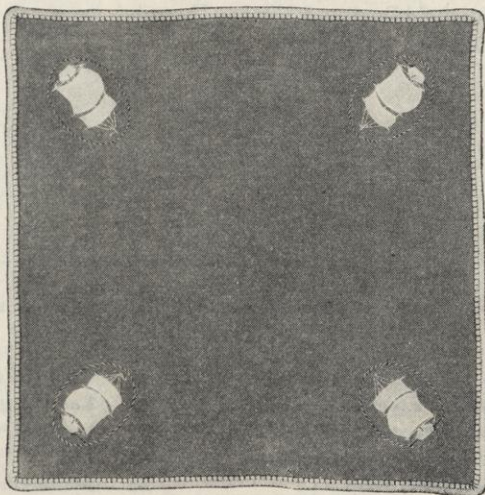
SHIP ahoy, ye needlework mariners! The vogue for ship models, ship paintings and ship literature has spread to include ship embroideries, and here we have Dutch casement curtains for your summer dining room or sun parlor, and a five-piece luncheon set featuring boats and ships.

While not exactly of the same design, the blues of the gingham harmonize so closely with the blue of the linen that curtains and luncheon set may be satisfactorily and effectively used together. Both yachts and ships are white, and the same binding is used for curtains and luncheon set.

The bands are seamed to the bottom of the curtain sides, outlines of yachts matching, and the patches hemmed down. The bow and the mast are outlined with six threads of stranded cotton, and the pennant is single-stitched with the same.

The two parts of the valance are cut in points, matched and seamed together.

Four threads of



No. 25-5-6. "Mayflower" Luncheon Set, of lustrous, medium-weight, deep blue linen, with little white linen appliquéd ships. The set consists of a centre and four place mats. There is hardly any embroidery to do, and edges are bound with the bias-fold pictured above.

*Lovely Teeth!*



*Treasures  
You Never  
Can Replace*

**Protect them with Colgate's**

Prevention is the new aim in dental science—prevention that safeguards both health and beauty against the serious results of tooth decay.

And with this new development Colgate's Ribbon Dental Cream is closely allied. This preventive dentifrice is safe, thorough and pleasant to taste. Don't wait until tooth trouble starts. Prevent it. Use Colgate's. It removes causes of tooth decay.

**"Washes," Polishes, Protects**

By its gentle "washing" action, Colgate's safely removes clinging particles that might start decay. It contains no harsh grit, for grit scratches enamel. It contains no strong drugs to disturb the normal condition of the mouth.

Colgate's is manufactured sensibly, advertised sensibly, and sold at a sensible price—25c for the large tube. It is on sale everywhere. A generous trial tube will be sent if you mail the coupon.



*Truth in advertising  
implies honesty in manufacture*

**CLEANS  
TEETH THE RIGHT  
WAY**

**COLGATE & CO.**

Dept. 425

581 Fifth Ave., New York City

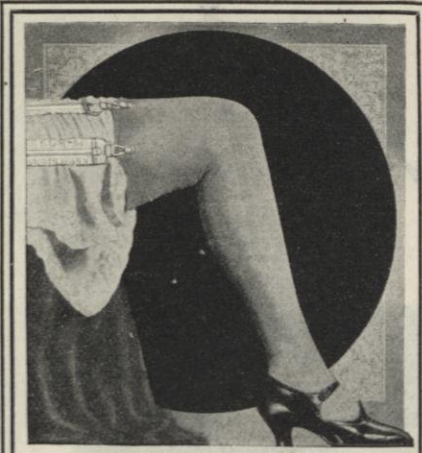
Please send me, free, a trial size of  
Ribbon Dental Cream.

This offer good only in U. S. A.

Name

Address





**Velvet Grip  
Hose Supporters**

Are preferred and bought by women who know, principally because the quality of webbing and workmanship never varies and it is always the very best. The All-Rubber Oblong Button keeps stockings taut, eliminates runs and tears.  
"Baby Midget," the smallest Velvet Grip for infants. Has non-rusting clasp. Send to us direct if you cannot obtain them at your store. Silk 18c. Lisle 12c. Postpaid.  
George Frost Company—Boston, Makers of the Famous Boston Garter for Men.

**Gray Hair  
Unnecessary**

**As I Have Proved**

I proved it many years ago by renewing the original color in my own prematurely gray hair with the Restorer I now offer you. This time-tested preparation never fails, as hundreds of thousands of gray haired people have learned.

There is not space in this advertisement to tell my story. Send for Free Trial bottle and learn all.

Mary T. Goldman's Hair Color Restorer is a clear, colorless liquid, clean as water. No interference with shampooing. Nothing to wash or rub off. Application easy, renewed color perfect, in any light.

**MAIL COUPON TODAY** for special patented Free Trial outfit and full instructions for making the convincing test on one lock. Indicate color of hair by X. If possible, enclose lock of your hair in your letter.



**Trial Bottle  
Absolutely  
FREE**

**FREE TRIAL COUPON** Please print your name and address—  
**MARY T. GOLDMAN**  
486-F Goldman Bldg., St. Paul, Minn.  
Please send your patented Free Trial Outfit. X shows color of hair. Black....dark brown....medium brown....auburn (dark red)....light brown....light auburn (light red)....blonde....  
Name.....  
Street.....City.....

**Infants' Wear**

STYLE BOOK FREE. Pictures everything to outfit babies and children (up to 6 years). Also nursery furniture. Prices very low. Money back if not satisfied. Style Book sent FREE. Write TODAY.



**Lane Bryant** Address Dept 63  
38-St. at Fifth Ave. New York



**Safe  
Milk**

For Infants,  
Children, Invalids,  
Nursing Mothers  
Avoid Imitations



**Colson Wheel Chairs  
and Cripples' Tricycles**

Models for All Needs  
**The COLSON Co.**  
345 Cedar St., Elyria, O. Catalog Free

**STAMPED LINENS** Latest Designs, Hemstitching, Pleating, Buttons, Etc. Send 20cts. for our illustrated catalogue for 1925, No 60.  
**KENWOOD LINEN CO., 1060 Granville Ave., Chicago, Ill.**

12 BIRTH ANNOUNCEMENTS, hand-colored, with envelopes, sent prepaid for fifty cents. Colonial Gift Shop, Dorchester 24, Mass.

*Voici Bécassine!*

**R**OUND eyed with wonder at the gay sights of the city was little Bécassine from Brittany—and Paris liked little Bécassine, straight-away she became the vogue, even Patou embroidered her on one of his models, and now she becomes a vanity bag. She wears a red and black skirt, a white apron and cap. You'll need about twelve inches of red ribbon 2 3/4 inches wide for the skirt and 9 inches of black ribbon 3/4 inches wide for the band of the skirt; a 2 inch scrap of white ribbon 1 1/2 inches wide for the apron; a wee piece of crinoline for her crispy cap. For her body use one round plain wooden bead for the head (about 1/2 inch diameter), three small wooden beads for hands and neck, one long black oval bead for body and four smaller ones for arms, and a 2 inch powder puff.

To "string" Bécassine, thread a big needle with heavy yellow silk, fasten in puff; run silk up through body



*Vanity Bag Closed.*

bead; out through left arm beads and back through arm beads; through neck bead; up through hole at right side of head bead and out left side; wind silk two or three times around neck and run through left side of neck bead; out through right arm and back; through neck bead; down through body bead and fasten in puff. Make cap of strip of crinoline, gathered at back and



*Bag Open Showing Puff.*

fastened on by a thread run through the head. Ink in round eyes and features, and give her red cheeks.

The bag made of red ribbon is simply gathered about a 2 inch ribbon covered disk at the bottom. Another small puff to hold the powder, or a compact, may be fastened to the disk on the inside. Run black ribbon about an inch from bottom of bag. Baste apron to front of bag. Run a tiny hem for a casing at top of bag, taking in apron at same time. Make two tiny holes in the casing about 1/4 inch in from each end of apron and run with a silk cord or bobinette. Cross ends of cords as you bring them out so to draw up bag by pulling cords in opposite directions. To open the bag just give her apron a tweak.



**"I Approve"  
Says Priscilla**

The following goods, advertised in MODERN PRISCILLA during the past twelve months, have been approved by the PRISCILLA PROVING PLANT after careful and thorough tests which included actual home use. The P.P.P. seal of approval (P.P.P.) wherever you see it means excellent quality and proved satisfaction.

**Food Products**

- California Sunkist Oranges
- Campbell's Soup
- Carnation Milk
- Certo Fruit Pectin
- Comet Natural Brown Rice
- Cox's Gelatine
- Del Monte Canned Fruits
- Gold Medal Flour
- Hawaiian Pineapple
- Hires Household Extracts
- Jell-O
- Karo
- Kitchen Bouquet
- Knox Sparkling Gelatine
- Kraft Cheese
- Mapleine
- Minute Tapioca
- National Biscuits
- Nucoa
- Pet Evaporated Milk
- Pillsbury's Pancake Flour
- Postum
- Post Toasties
- Premier Salad Dressing
- Quaker Rolled Oats
- Roman Meal
- Rumford Baking Powder
- Sealdsweet Oranges and Grapefruit
- Sun-Maid Raisins
- Swans Down Cake Flour
- Underwood Pure Deviled Ham
- G. Washington's Prepared Coffee
- White House Coffee & Tea

**House Furnishings**

- Alaska Freezer
- Armstrong's Linoleum
- Armstrong Table Stove
- Automatic Rapid Elec. Range & Fireless Cooker
- Auto Vacuum Ice Cream Freezer
- Chambers Fireless Gas Range
- Combination Table Wagon
- Congoleum Art Rugs
- Glenwood Gas Range
- Gould Flat Curtain Rods
- International Silver
- Kirsch Flat Curtain Rods
- Nesco Perfect Oil Cook Stove
- Olson Velvety Rugs
- Roper Gas and Electric Ranges
- Self-Seal Pressure Cooker
- Wayne Cedar Paper Wardrobes
- Victrola

**Household Devices & Kitchen Utensils**

- Ajax Plural Socket Plugs
- Dainty Pie Crust Flaker
- "Good Luck" Fruit Jar Rubbers
- Hanson Scales
- Kitchen Aid
- Ladd Egg Beater
- Lorain Oven Heat Regulator
- "Ritz" Gift Box of Household Aids
- Spaso Savo Dishes
- Viko Aluminium
- Vollrath Enamel Ware
- White Mop Wringer

**Vacuum Cleaners & Carpet Sweepers**

- Bee-Vac Electric Cleaner
- Bissell Carpet Sweeper
- Hoover Vacuum Cleaner
- Imperial Vacuum Cleaner
- Vacuette Suction Sweeper

**Soaps & Cleaners**

- Bon Ami
- Chipso
- Fab
- Fairy Soap
- Fels Naptha Soap
- Gold Dust
- Ivory Soap
- Lux
- Lysol
- Old Dutch Cleanser
- P and G White Naphtha Soap
- Rinso
- Sani-Flush
- Sapolio

**Paints, Polishes & Lubricants**

- Alabastine
- Butcher's Boston Polish
- Johnson's Prepared Wax, Waxer & Polishing Brush
- Kyanize Products
- Liquid Veneer & Mop
- Nyol
- Old English Floor Wax & Waxer Polisher
- O'Cedar Polish & Polish Mop

**Dyes**

- Colorite Fabric Dyes
- Sunset Soap Dyes

**Toilet**

- Kotex
- Nestle Lanoil Outfit

**For The Baby**

- Better Baby Crib
- Gordon Motor Crib
- Mennen's Borated Talcum

**Textiles**

- Esmond Honeycomb Covers
- Indian Head Cloth
- Ipswich Hosiery
- Nashua Blankets
- Novelite Spreads
- Nufashond Products
- Peter Pan Gingham
- Pequot Sheets and Pillow Cases
- Wright's Bias Fold Tape

**Miscellaneous**

- Embro Adjusto Embroidery Hoops
- H. Heminway & Sons Textile Rope
- Kleinert Rubber Goods
- LePages Glue
- Nujol
- Payson's Indelible Ink
- Wiss Scissors and Shears
- Safety Step Ladder
- Sentry Anti-Moth

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# how simple



Just sprinkle a little Sani-Flush into the toilet bowl—follow directions on the can—flush. The job is done—and done thoroughly. What could be easier? No scrubbing. No hard work.

Sani-Flush removes every mark, stain and incrustation. It makes the toilet bowl sparkle.

The hidden trap is unhealthful if it is not kept clean. Sani-Flush cleans it and makes it sanitary—destroys all foul odors. Nothing else will do this work.

Sani-Flush will not harm plumbing connections. Always keep a can handy in the bathroom.

Buy Sani-Flush at your grocery, drug or hardware store, or send 25c for a full-size can.

## Sani-Flush

Cleans Closet Bowls Without Scouring  
THE HYGIENIC PRODUCTS CO.  
Canton, Ohio

## Crocheted Trims

(Continued from page 9)

No. 5 is also made with No. 8 soft-twist cotton—cream white this time—and a No. 11 steel hook, and is 8 rounds wide (5/8-inch). This trim was worked directly on to the dress. Turn back the edges to be trimmed (sleeves, neck and the like) and gather as much as is necessary to insure the desired shape. Work a row of doubles closely all around the turned-back-and-gathered edge on the right side of the garment, and turn. Now work 8 rounds of doubles on the wrong side. Shape the neckband by working 2 doubles into corner stitch and by skipping 2 for point at front. Pocket tops will, of course, be broken at the end of each row, but they too are worked directly into the material. Three threads of black stranded cotton were used for the cross stitching. The design is solid and may easily be copied from the pictured model.

No. 6 is made with No. 8 cream white soft-twist cotton and a No. 11 steel hook, 8 rows wide (5/8-inch). The decorative blocks were done with six threads of stranded cotton, each block covering 2 stitches and 2 rows of the crocheted foundation, making the decoration 6 rows deep and leaving a row at each edge by which the insertion can be fagotted to the fabric with 3 strands of black cotton.

No. 7 is made with No. 10 white hard-twist cotton and a No. 9 steel hook, and is 11 rows deep (7/8-inch). The cross-stitch design, small motifs in deep red, large in bright blue, can easily be picked out from the pictured model, each stitch, done with three threads of stranded cotton, covering one stitch and one row of the crochet.

No. 8 is made with soft-twist cotton No. 8 and a No. 11 steel hook. Soft-twist cotton is preferable to hard-twist because the braid is more supple. One row of doubles worked into the foundation chain makes the braid. When applying to design, stitch with foundation row against line of stamping and on that edge only.

### A Little Girl's Pocket

This must be the sister of the pocket that Lucy Locket lost and Kitty Fisher found, for it's both attachable and detachable, and very cunning. It is really a circular crocheted mat, folded over on one side to make a straight edge for the top of the pocket.

With No. 10 hard-twist cotton and a No. 9 steel hook, ch 3, and work 8 d in 2nd ch. In 2nd round work 2 d in each st (16 d). In 3rd round work (d in first st, 2 d in next) 8 times. In 4th round work (d in each of 2 sts, 2 d in next) 8 times. Continue increasing 8 sts in each round (but not always in the same place, to avoid making corners) until the circular piece measures 4 1/2 inches in diameter.

In the last round which forms the edging work \* d in each of 4 sts, (d, ch 3, d) in next st. Repeat from \* around. Turn down the upper edge of the circle you have made to form top of pocket.

Embroider with clusters of closely placed French knots in two shades each of lavender, blue, pink and yellow, and set green lazy daisy leaves about them. On the model, the clusters from left to right were lavender, yellow, pink, blue, lavender, the deeper shade in the centre and a green knot in the very middle of each flower. Use six threads of stranded cotton twice around the needle for each knot and three threads for leaves. A bow of narrow black velvet ribbon is the finishing touch.

## Be sure to get genuine

### Kirsch Curtain Rods

#### Three ways to tell them

Three-Color Box

Beautiful Stipple-Tone Finish

Name "Kirsch" on Rod



"There is no substitute for Kirsch Quality and Service."

#### Better Curtain Rods At No Higher Price

You instantly recognize Kirsch Rods by the rich and distinctive Stipple-Tone Finish. The most beautiful Curtain Rods you ever saw, providing the utmost help in window draping. A fit for every window, a fixture for every effect.

Unless you see the name "Kirsch" on the box and on the rod, you know it's an imitation.

Look for the 3-color box—Stipple-Tone Finish—name "Kirsch" on Rod

KIRSCH MFG. COMPANY, 180 Prospect Avenue, Sturgis, Mich., U.S.A.  
Kirsch Mfg. Company of Canada, Ltd., 351 Buller St., Woodstock, Ont.

### FREE Wonderful BOOK of Window Draping Helps

A 32-page book packed with practical aid for window draping. Ideas for every room and every kind of window—single, double, triple, casement, bay, odd shaped windows and doors, French Doors, etc. 24 color schemes for living rooms, dining rooms, bed rooms, sun rooms, etc. Instructions for measuring windows, making valances and headings; how to sew on Kirsch hooks and rings; how to put up draw curtains on Kirsch Rods. It's our 9th annual book of window draping help. A book of real service.

If the booklet doesn't give all the help needed, write the Kirsch Interior Decoration Service Bureau.



### UNDECORATED GREY IRON CASTINGS

You may decorate in oil colors, enamel or bronze.

LOT P-1 pair Candlesticks, 1 pair Book Ends, 1 Sun Dial (11 1/2" diam.), 1 Door Stop, 1 pair Candle Holders. F. O. B. Albany

Remittance must accompany order. Weight 18 pounds packed. State how to ship—Express or parcel post. If parcel post include charges. 170 numbers of Book Ends, Door Stops, Door Knockers, Lamp Bases, Candle Sticks, Candle Holders, and many miscellaneous castings. Send for complete catalog. ALBANY FOUNDRY COMPANY, DEPT. M. ALBANY, NEW YORK.

### LIBRARY OF BOOKS ON BEAD WORK

Allen Book of Beads (with Music) 36 pages . . . 10c  
Modern Beaded Bags and Chains, 31 pages . . . 12c  
Direction Book with Eleven Beaded Bags . . . 12c  
Elizabeth Book of Bags, Purses, Bead Tassels etc. 28c  
Direction Book with Nineteen New Beaded Bags 12c  
Priscilla Bead Book, 48 Pages of Bead Work . . . 38c  
La Croix Direction Book for Woven Chains, etc. 17c  
Valeire Book of 8 Bags, Girdle, Shoe Buckle, etc. 12c  
Apache Bead Book, Fob Designs, Initials . . . 28c  
If you order either of the above books, you will receive FREE pictures and directions for several new articles made of beads with FREE samples of the beads used, also Tile Mat Beads and pattern sheet. Allen's Boston Bead Store, 8 Winter St., Boston, Mass.

## PISO'S for coughs

Quick Relief! A pleasant effective syrup 35c and 60c sizes. And externally, use PISO'S Throat and Chest Salve, 35c

We invite you to write for our samples of hand engraved Invitations and Announcements.

Correct in quality and every detail. Also Imitation Styles, \$3.50 a 100. Visiting Cards, \$1.00 for the 100.

M. OTT ENGRAVING CO., 1046 Chestnut St., Philadelphia, Pa.

## "OLD BLEACH"

**IRISH EMBROIDERY LINENS**

write for samples to

**The "OLD BLEACH" LINEN Co., Ltd.**  
44 EAST 25th ST.  
NEW YORK CITY

Obtainable where good linens are sold!

**8 OIL COLORS \$1.00**

Direct from makers

Black, White, Green, Red, Violet, Bluish Green, Greenish Blue, ("Harding") and Orange. Quality guaranteed by New England's oldest paint makers. Good sized tubes. Two good brushes included. Just the outfit you need for lamp shade work, stenciling on all kinds, and general home decorative work. Big value. Send order and dollar bill today.

WADSWORTH, HOWLAND & CO., Inc., 141 Federal St., Boston, Mass.

DOLLEUS-MIEG & CO. SOCIETE ANONYME

COTTON

FLAX & SILK

FOR EMBROIDERY · CROCHET · KNITTING

D·M·C

REG. U.S. PAT. OFF.

SPECIALITY IN FAST DYES

ARTICLES OF THE BEST QUALITY

FOR ART NEEDLEWORK

MULHOUSE · BELFORT · PARIS

The D·M·C Threads and Tapes can be procured from all Art Needlework Stores.

LADD EGG BEATER

4 SIZES

8 BEATING BLADES · SMOOTHER & QUICKER

ENTIRELY SUPERIOR · TAKE NO OTHER

ALL or UNITED ROYALTIES CORP. DEALERS 1133 BROADWAY, NEW YORK

Clear Your Skin With

Cuticura

Soap to Cleanse Ointment to Heal Absolutely Nothing Better

A Joy to Mop

when you use a Brockton Mop Wringer. Just press the foot lever and the mop is wrung perfectly dry. No bending over—no wetting the hands. Made of Galvanized Iron, the Brockton Mop Wringer outlasts a dozen ordinary pails. Has pleased thousands of women. Price \$3.75. Sent C. O. D. Order today.

THE BROCKTON MOP WRINGER CO. 299 Montello Street, Brockton, Mass.



## Girls of 18 Should Plan to Stay Girls at 55

By Edna Wallace Hopper

As a girl, I started a world-search for the best beauty aids in existence. Thus I made myself a famous stage beauty, gained a glorious career.

For forty years I have maintained that search for the best that science offers. I have spent nine years in France. As a result, I retain my beauty at my grand old age. I still look like a girl.

Now I am placing those identical helps at every woman's call. And I am offering samples free for testing to anyone who asks. I hope in this way to bring to millions some of the benefits I gained.

### My Rosy Bloom

I found in France a liquid cleanser, used by famous beauties there. It contains no animal, no vegetable fat. It cannot assimilate in any way with the skin. It simply cleans to the depths, then departs. I call this product my Facial Youth. One use will give you a new conception of what a clean skin means.

I use a super-cream called my Youth Cream. It contains a dozen ingredients which experts have advised for me. These include products of both lemon and strawberry. Also the best that science knows to foster, feed and protect the skin. A test of Youth Cream will amaze and delight you.

### White Youth Clay

Clay is the greatest help that women can employ. But not the crude and muddy clays so many have applied. I use a clay which is the final result of 20 years of scientific study. It is white, refined and dainty. And it combines many helps beside clay.

I call it my White Youth Clay. It purges the skin of all that clogs and mars it, the causes of blackheads and blemishes. It combats all lines and wrinkles. It causes a rosy afterglow by bringing the blood to the skin. Many women seem to drop ten years in one application. No girl or woman can look her best without the use of clay.

### My Envid Hair

My hair is thick, lustrous and luxuriant. The thousands who see me daily on the stage wonder at its glory. I have never had falling hair or dandruff, never a touch of gray. In fact, my hair is finer far than 40 years ago.

This I owe to my Hair Youth. It combines many helps in one. I apply it directly to the scalp with an eyedropper. There it combats all that stifles the hair roots. It stimulates and tones. I never met a woman who found anything to bring comparable results. I wish all women who love beautiful hair would learn what Hair Youth does.

All druggists and toilet counters now supply Edna Wallace Hopper's beauty aids exactly as I use them. Mail this coupon for a sample of any, stating which you want. My Beauty Book will come with it. If the sample delights you, get my products at your store. Clip coupon now.

### Your Choice Free

Mark sample desired. Mail to Edna Wallace Hopper, 536 Lake Shore Drive, Chicago, Ill. 915-M.P.

- White Youth Clay     Youth Cream  
 Facial Youth         Hair Youth

Name.....

Address.....

## Ready-Made Wash Hats for Little Folks

By PAUL E. GOODRIDGE



NO. 25-5-37. Buddy wears a pink chambray model bound with white which can be unbuttoned at the sides and spread out flat for laundering. The obstreperous puppy and the tortoise are simply to be outlined in black with three threads of stranded cotton.



NO. 25-5-38. Betty has pink chambray for crown top and outer brim of her hat and creamy unbleached cotton for side crown and inside brim. On the detachable crown use lazy daisies, outlining, and French knots in cream color with touches of black.

These little wash hats, beautifully made, nicely lined with white, are only 75 cents each with the design stamped on them, embroidery materials included. (Head size, 18 to 20 inches).



NO. 25-5-39. Little Ann has caught the flapper craze for high crowns with bows perched aloft, however she prefers white piqué to felt. She likes the embroidery wreath that goes round about in shades of blue outlining with gay yellow French knots at the posy centres. The rolling brim is soft and becoming and narrows gradually toward the back. The "top knot" is a strip of the piqué with picoted edges. Fullness in the crown is taken in by plaits which give a six-section effect. It is engagingly smart and practical as can be.

NO. 25-5-40. Dolores' dark eyes shine out entrancingly solemn from under her apricot tinted *chapeau*. Good sunfast and tubfast cottons are used for this jaunty model which goes in for the high crown, too. Your embroidery grows the crop of white lazy daisies with black French knot centres, also the outlined stems and satin stitch leaves. You'll like the way the brim sweeps high at one side and low at the other where it is cut sharply and lapped cleverly.

NO. 25-5-41. Nancy wears a demure poke of white Swiss with scarlet dots. It is "all bound 'round" with red bias-fold and little white appliqué spots on the brim are embroidered with red lazy daisies and chain stitch foliage. To bring out the patches sharply they are outlined with black at tips and centres. The crown is snapped on to the brim section. These snap fasteners are not sewed on or supplied, but a little diagram is sent with each pattern to show exactly where the fastens should be attached on both the crown and brim.

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Fultonville, New York  
Canadian Factory: Paris, Ont.

## Swedish Weaving

(Continued from page 10)

way, \* drop one group, add a group at left and weave another square, repeat from \* until you reach the other side of insertion after making 6 squares in all, carry the thread through to the upper side of last square, and weave in same way until you reach upper edge. Repeat this pattern diagonally up and down.

With yellow linen thread commence next to the first white square made, weave over 4 groups, 5 times each way, then over 3 groups, then 2 groups, then again the next 2 groups, carry the thread through to the upper side of last square, and reverse the pattern for the other half of the figure. Repeat the same pattern for the other side of border.

No. V. Rose pattern in red, green, yellow and white linen thread on white linen. Draw 2 threads, leave 4, draw  $\frac{7}{8}$  inch space, leave 4, draw 2. Make Italian hemstitching as described for No. IV. On both sides of insertion, work the whole length with green and weave a square over two separate groups each time. With red weave next to the green over 4 groups, 5 times each way, then add a group at each side and over these 6 weave 5 times each way, drop 4 groups at left, add 1 at right, weave over these 3 groups; drop last group, add 4 groups at left and weave over these 6 groups, drop a group at each side and weave over the 4 groups, carry thread through weave and weave over the three centre groups left at left. Weave with yellow over 2 groups left at centre. Weave with white the two long straight bars of 2 groups until space is covered, then repeat rose pattern, and finally wrap with white the groups of uncovered threads surrounding the rose.

No. VI. For the Italian hemstitching,  $\frac{3}{4}$  inches inside edge, draw 2 threads, leave 4, draw 2, and for the weaving leave 4, draw 4. Work the Italian hemstitching in white linen thread, as described for No. IV. The woven squares are done over 2 groups of 4 threads, 5 times each way, alternately with white and orange linen threads.

Roll the edge on the wrong side tight to the hemstitching, and hem it with a fine thread. The picot loops spaced about  $1\frac{1}{2}$  inches apart are worked in white in roll stitch, winding thread 20 times around needle.

No. VII. First buttonhole each corner  $\frac{3}{4}$  inch on each side to a thread, then cut and draw out threads for width of border ( $\frac{3}{4}$  inch) in each direction. With 3 strands of white embroidery cotton weave the 12 squares that form the frame of the diamond, and with yellow weave centres, then wrap bars with white, carrying thread through weave from one side to the other.

To fill the open space at corner start with white from the inside corner, carry thread to opposite side twice and wrap back. Lay 7 of these bars  $\frac{1}{8}$  inch apart as illustrated, then weave about  $\frac{1}{2}$  inch with white, and  $\frac{1}{8}$  inch with yellow.

No. VIII. First draw out the threads only for the 2 rows of Italian hemstitching, which are  $\frac{3}{4}$  inch apart. Work with white as described for No. IV to the point where the inner rows intersect. From here to the outer edge take an over and under stitch in every thread of the weave, and in the opposite direction a backstitch after every fourth stitch. This forms a firm bar which will not fray when threads are cut along one side for woven border. Weaving is same as described for No. VII. In centre of corner work a yellow satin stitch square, the stitches radiating from centre over same number of threads in each direction.

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No. 2148-5. An easily made porch dress, cut in coat style, closing at left side. A belt across sides is simulated by slashed underarm edges which are gathered and joined. Designed for sizes 16 years and 36 to 42. Requires 4 3/8 yards of material.

No. 2233-5. A variation of the tight-fitting basque frock has a front panel cut in one with the waist, and an attached full skirt. The neck is slashed and turned away at the front to form revers, and cap sleeves may be long instead. Designed for sizes 14 and 16 years and 36 to 40. Requires 3 1/4 yards of material.

No. 2287-5. Quaint and simple is this little basque frock with its narrow kerchief collar and its row of buttons from neck to hem. Kimono sleeves, seamed on the shoulder, may be made long if preferred. Designed for sizes 14 and 16 years and 36 to 40. Requires 3 1/2 yards of material.

No. 2296-5. Making smart use of

the jabot mode, this tunic dress features a separate blouse with a bateau neckline and cascade drapery from neck to hem. A narrow belt slips through slots at the side front and side back and closes under a buckle at the left side. The slip is made camisole style. Designed for sizes 16 years and 36 to 42. Requires 3 7/8 yards of material.

No. 2309-5. A simple dress for springtime wear is slashed down the front, faced and turned back, finished with a straight, stand-up collar. Tiered flounces running from front to back are a smart note. Designed for sizes 16 years and 36 to 44. Requires 4 7/8 yards of material.

No. 2318-5. Modish indeed is this one-piece model, having its right front lengthened with a circular flounce. Single stitch decoration at the neckline is pleasing. Designed for sizes 16 years and 36 to 44. Requires 4 1/2 yards of material.

Estimates are for medium sizes and 36-inch materials.

Cutting Patterns or Embroidery Transfer Patterns may be purchased by mail at 15 cents each, postage prepaid, if you address The Priscilla Company, 85 Broad Street, Boston, Mass.



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*A Smart Simply-Knitted Jumper  
Features a Narrow Scarf*

By PEARL M. BRUMBACH

VERY youthful and jaunty and strictly up-to-the-minute is this handsome knitted jumper of honeydew trimmed with white. It is made in one piece, in the popular French fashion, seamed up the sides and under the arms. The scarf effect is secured by a long, narrow strip of plain knitting attached to the neck-band just in front of the left shoulder, where it falls to the back or front, as one fancies. Strands of yarn are knotted into the stitches at the bottom of the strip for fringe. This scarf may be omitted, though it adds greatly to the charm of the garment, contributing that ever-desirable touch of the unusual. The bands at the bottom of the jumper, at the neck and around the sleeves are done in plain knitting, and the body and sleeves are given a wide ribbed effect by alternating a knitted row with a row of knit 1, purl 3.

A medium weight yarn loosely twisted with threads of rayon makes a lovely jumper. You will need six ounces of honeydew and two ounces of white, with two No. 3½ and two No. 5 bone or amber needles.

Directions are for size 36.

BACK. — Cast 101 sts on No. 3½ needles (16 inches) and knit (k) 32 rows or 16 ridges, making a 2½-inch border. Change to No. 5 needles and start pattern. *1st row* — Knit. *2d row* — (This will be the wrong side of the jumper), \* k 1, p 3, repeat from \* ending row with k 1. Repeat 1st and 2nd rows alternately until work (including border) measures 17 inches. Now cast on 16 sts on each end for sleeves.

On 133 sts work 24 rows or 3 inches.

FRONT. — On right side of work knit 52 for right shoulder and sleeve, k 29 for back of neck and slip all these sts on to a stitch-holder. On the remaining 52 sts work left shoulder and sleeve in the following manner: decrease one st at neck edge in every other row, 3 times, then knit, following pattern, 20 rows (2¾ inches) without decreasing. Now increase by casting on 2 sts toward neck edge in every other row, 3 times. Slip these 55 sts on to stitch-holder and work right shoulder to correspond, leaving the 29 sts for back of neck on stitch-holder.

Join both fronts casting on 31 sts. Knit, following pattern, about 20 rows or until sleeve measures 10½ inches. Bind off 16 sts on each side and continue working front to correspond to back, changing to No. 3½ needles for border.

SLEEVE BAND. — Pick up 80 sts along lower edge of sleeve. With white yarn and No. 3½ needles, starting on right side of work, k 7 rows and bind off.

NECK. — Pick up 76 sts for front of neck from centre of right shoulder across front to centre of left shoulder. With white yarn and No. 3½ needles, starting on right side of work, knit 21 rows and bind off on wrong side. Then pick up 18 sts on back of left shoulder, slip 29 sts from stitch-holder on to needle and pick up 18 sts on right shoulder. Work back to correspond to front.

SCARF. — At left shoulder pick up 10 sts, 1 st for each ridge along edge  
(Continued on page 52)

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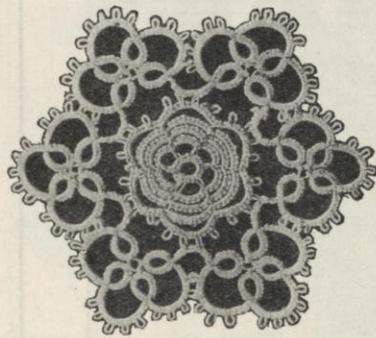
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## Tatted Rose Medallion

THIS rose medallion requires the use of shuttle and ball thread to make. Any preferred size of thread may be used, and the size of medallions vary with the thread chosen. Medallions may be joined to form borders or used singly as insets.

To make centre of rose, ring (r) 5 picots (p) separated by 3 double stitches (ds), close. Turn ring downward and make chains (ch) to form petals. 1st round — \* ch 5 ds and join by shuttle thread to next p, repeat from \* 5 times, joining the 6th ch to starting point. 2d round — \* ch 7 ds, join by shuttle thread between two petals, repeat from \* 5 times. 3d round — Like 2nd round,



chaining 9 ds. 4th round — (ch 3 ds, 4 p, separated by 2 ds, 3 ds) for each of the 6 chains and join between petals.

Join both threads to 2nd p of next ch, ch 2 ds, join ball thread to next p of same ch, ch 3 ds, turn; r 6 ds, p, 6 ds, close, turn; \* ch 3 ds, 5 p separated by 2 ds, 3 ds, turn; r 6 ds, join to first r, 6 ds, close, turn; repeat from \* twice; ch 3 ds, join ball thread to 2nd p of next petal, ch 2 ds, join to next p, ch 3 ds, turn; r 6 ds, p, 6 ds, close, turn; ch 3 ds, join to corresponding p of opposite ch, 2 ds, join (2 ds, p) 3 times, 3 ds, turn; r 6 ds, join to r, 6 ds, close, turn; repeat from \* and join to starting point.

## A Smart Jumper

(Continued from page 51)

of front neck-band. With white and No. 3½ needles knit first the front and then the back of each st. On 20 sts knit plain for 12 inches and bind off.

FRINGE. — Wind white yarn 40 times over a 5½-inch piece of cardboard and cut along one edge. Double two strands together and knot into each stitch across end of scarf.

Sew up neck-band at shoulders, also side seams and under arms.

## Handkerchief Verses

(Illustrated on page 54)

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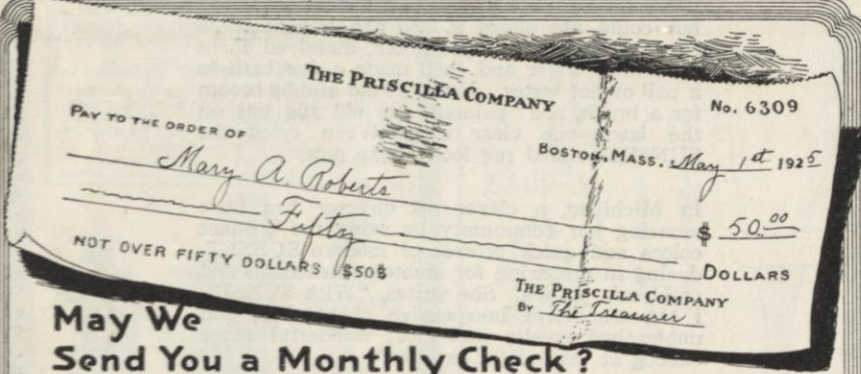
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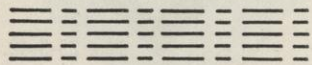
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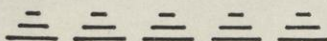
### Border Stitches

By COLENA MICHAEL ANDERSON

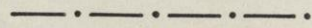
NOW that the spring sewing season is at hand, we are especially interested in the smart little touches we can give to the children's clothes, and our own frocks. Seams, hems and bindings can be made ornamental by combining familiar embroidery stitchery and using contrasting colors in the work, or two shades of the dress color, or black which is so often just the emphatic touch a dress needs. These little borders are equally good for decorating household linens.



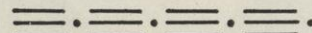
Running stitch in five colors



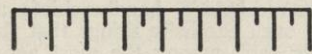
Running stitches of varying lengths



Running stitches and French knots



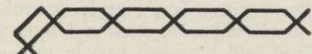
A wider border of the same



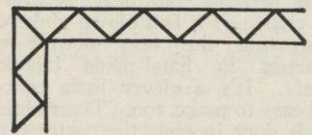
Long and short Blanket stitching



Try this in color and black



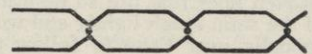
Crosses joined with Running stitches



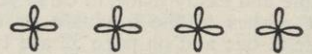
Back stitch edges. Singles inside



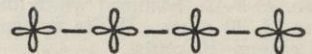
Single stitches and French knots



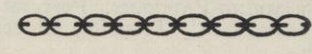
This arrangement is also pretty



Lazy daisies work up quickly



Put contrasting color between



Chain stitches with contrasting Running stitch at joinings

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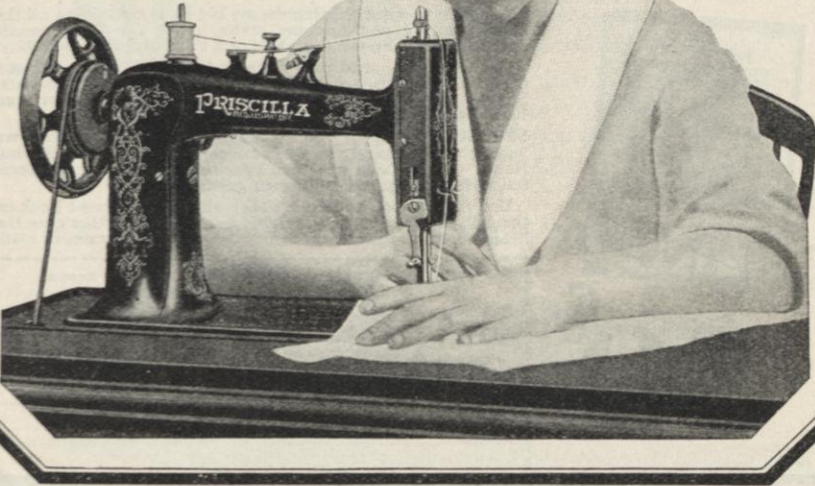
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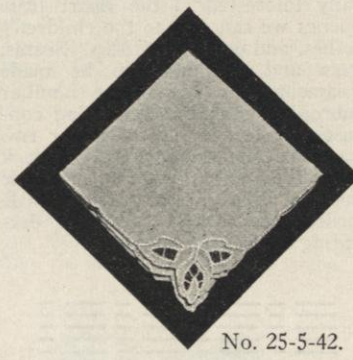
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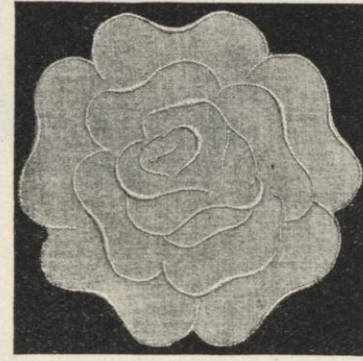
Am. School of Home Economics, 839 E. 58th St., Chicago, Ill.

## Rose Handkerchiefs For the Rose Shower

By BERTHA G. JONAH



No. 25-5-42.



No. 25-5-43.

NOWADAYS handkerchiefs are such exquisite things that they easily rank among the most appreciated of small gifts, and surely nobody can resist tucking one of these dainty rosebud fripperies among the rose shower gifts for the rose-time bride or the rose-time graduate.

Both handkerchiefs are made of sheer handkerchief linen, white for the rosebud one, and a soft, delicate pink for the blown rose.

The former has simple, exquisite cut-work corners, each a single unfolding bud between two leaves—a cut-work gift any girl can make and any girl will be delighted to receive. The simple bars are all wrapped and the other parts of the design, including the edges between corners, are buttonholed.

Or perhaps your heart is won by the charm of a full blown pink rose, expressing the very newest and smartest in hand-made handkerchiefs. It's a clever little conceit, and easy to make, too. The embroidery is done in pink, the centre petals worked in outline and satin stitch and the outside edges buttonholed. Use overlapping outline stitch, in which the thread is carried above the needle and each new stitch taken only a very little in advance of the previous one, but carried well back beyond the end of it. This type of outlining will give you the strong, unbroken lines that are so desirable. Pad the satin stitch lightly and work diagonally over them to follow the slant of the outlining.

These are as perfect little gifts as you could wish, dignified and simple and easily made, to carry your best wishes to the graduate or the bride-to-be; and on page 52 are two little verses to send with them.

**Materials**

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- No. 25-5-43: HANDKERCHIEF. Stamped pink linen, 10 x 10, 20 cts. Pink embroidery cotton, 10 cents.
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- Netting Book
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The price of the perforated stamping pattern, No. 25-5-44, a two-inch, three-letter monogram as illustrated is 85 cents. Stamping paste and directions for using with perforated patterns, 10 and 25 cents per box. (Perforated patterns can be used indefinitely if handled with care.)

*Explanation of  
Crochet Stitches*

**SLIP STITCH** (sl st). Hook through at st indicated; draw thread through work and loop on hook at same time.

**DOUBLE** (d). Hook through work, thread over, draw through, making two loops on hook, over, and draw through both.

**HALF TREBLE** (h t). Thread over, hook through work, over and draw through, giving 3 sts on hook, over and draw through all 3 sts at once.

**TREBLE** (t). Thread over, hook through work, over and draw through, giving 3 sts on hook, (over and draw through two) twice.

**DOUBLE TREBLE** (d t). Thread over twice, hook through work, over and draw through (4 sts on hook) \* over and draw through 2 sts, repeat from \* twice.

**LONG TREBLE** (l t). Over three times, hook through work, thread over and draw through, over and work off by twos.

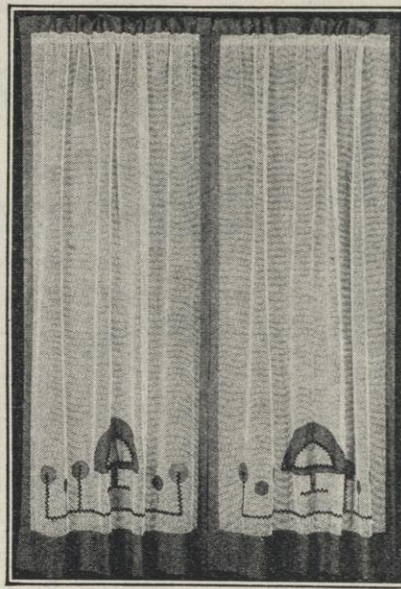
**FILET CROCHET** consists of spaces (sp), 2 t with 2 ch between, and blocks (bl) of 4 t. Any number of bl contains three times that number of t, plus one; when made over a sp, t in t, 2 t in sp, t in t. A foundation ch is 3 times the number of sp in 1st row, plus 6 if row begins with a sp, (t in 9th st from hook for 1st sp) or plus 4 if row begins with a bl, (t in 4th st for 2nd t of bl). Chain 5 if next row begins with a sp; ch 3 if with a bl.

**TO ADD A SPACE** at beginning of a row, ch 8, t in first t of previous row; to add several spaces, ch 3 times the number of sp plus 5, t in 9th st for 1st sp.

**TO ADD SPACES** at the end of a row, ch 2, a lt in same st where last t was made, \* ch 2, lt in middle of last lt repeat from \*.

**TO DROP A SPACE OR BLOCK** at beginning of a row, ch 3 instead of ch 5, t in next t. To drop a number of spaces or blocks, slip st in each stitch to sp or bl preceding beginning of next row, ch 3, t in t.

**TO DROP SPACES OR BLOCKS** at end of a row, keep two loops of last t on hook, thread over twice, skip 2 stitches (2 t or 2 ch), insert hook in t, thread over, draw through, thread over, draw through two loops twice, thread over again and draw through remaining three loops.



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QUAKER Craft NET*

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Do you need money? National organization. Fireside Industries, has a few openings for new members. Wonderful, easy way to earn money every day right in your own home. Fascinating, pleasant work. No experience needed. We teach you everything.

**FREE Book Tells How**

Beautiful FREE Book explains how to become a member of Fireside Industries, how you earn money in spare time at home decorating Art Novelties, how you get complete outfit without one penny of extra cost. Write today, enclosing 2c stamp.

**FIRESIDE INDUSTRIES, Dept. 125, Adrian, Mich.**

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THE HOOP THAT NEVER NEEDS TO BE WOUND - IT HOLDS TIGHTLY

VELVETY, non-slip cork cushions—strong spring tension—patented shield preventing pinching—light, strong, beautiful. Approved by MODERN PRISCILLA Proving Plant, NEEDLECRAFT MAGAZINE and FARM & HOME Testing Station. Made in 3, 4, 5, 6, 7" rounds, 20c each, \$1 set. If your dealer can't furnish, send his name, price, state sizes wanted, and we will send post-ADJUSTO LOCK paid (add 5c each west of Rockies). Also made in "ADJUSTO" model (positive screw lock) at 25c each, \$1 set—4, 5, 6, 7" rounds. Either set fine for gifts, prizes, etc.

**THE EMBRO MANUFACTURING CO., Canton, Ohio**

*Fascinating  
Butterfly Art Work*

Decorate—with Nature's beautiful Creations. So simple to design. So artistic in effect.

Illustrated circular Free Book of instructions, 10c.

"Sun Jewels"  
**THE BUTTERFLY BOX, 7 Bromfield Street, Boston, Mass.**

**WANT WORK AT HOME?**

Earn \$18 to \$60 a week RETOUCHING photos. Men or women. No selling or canvassing. We teach you, guarantee employment, and furnish WORKING OUTFIT FREE. Limited offer. Write today. **Artcraft Studios, Dept. 33, 3900 Sheridan Rd., Chicago.**

**2 Real LINEN TOWELS \$1.89**  
Size 19 x 35 Inches Pair

They are the very same kind of linens as sold in many New York City Stores, but our prices are lower. We sell genuine all linen HUCK TOWELS, per pair, \$1.29; DAMASK NAPKINS, \$1.85 per half dozen; BRIDGE SETS, \$3.75 complete; LUNCH CLOTHS, \$1.79 each. Many other real linen items exceptionally low priced.

**We Take ALL Risk**

Order today; pay your postman. If not satisfied return linens within 5 days and your money will be promptly refunded. You take no chances. We take all risk. Write today for special folder describing our bargains.

**SEWARD LINEN HOUSE**  
12 Wall Street Madison, Conn.

**Freckles** banished or Money Back

Stillman's Freckle Cream, double action, not only removes all your freckles, but whitens the skin. Gives you fresh, clear complexion. Guaranteed to remove freckles or money refunded. Most widely used cream in world for this purpose. Delicately perfumed, a pleasure to use. 50c and \$1 at all druggists. Send for free booklet "Beauty Parlor Secrets" and read what your particular type needs to look best. Stillman Co., 40 Rosemary Lane, Aurora, Ill.

Write for "Beauty Parlor Secrets"

**Art Corner Your Pictures-Album** in an Angel

where you can keep them safe and enjoy them always.

5 Styles [Art Corners] Colors are on sale at Photo Supply and Album counters everywhere. They are the only Quick, Easy, Artistic. No Folds, No Fold way to mount Kodak Prints. A dime brings 100 samples to try. Write for FREE ENCEL MFG. CO. 100 Dept. 37-5, 4711 N. Clark St., Chicago

**TEA ROOMS** MAKE MONEY Train now to start or manage a Tea Room or Cafeteria. The only school operating a successful Tea Room in connection. Resident and Correspondence courses. Send for Booklet Y. Ware School of Tea Room Management, 62 W. 39th St., N. Y. C.

# THE SCRAP BAG

Odds and Ends of Information  
that Everyone Can Use

Edited by  
AMY V. RICHARDS



## "Stuck-On" Applique

IT is a chore to baste a whole flower garden of appliqué pieces in place, and if you pin them, you're sure to pull them askew as you sew — but here is a joyful way to make the patches "stay put" like a charm. Cut out all your patches. Smear the back of each patch with warm, boiled starch in which a little white soap has been dissolved and pat smoothly in place on the material. When all are placed, cover with a dry cloth and press with a warm iron. Remove cloth gently and then press patches until perfectly dry. The patches now seem actually a part of the material and can be buttonholed, outlined, or chainstitched on the edges as your pattern determines. The starch will wash out completely at the first tubbing, leaving the material soft and wrinkleless.

**HOUSEHOLD PARKING ORDINANCE.** Mother got tired of saying — "Rob, is this your chisel on the kitchen cabinet?" "Margery, please don't leave your sweater on the banister!" "Harry, that table is no place for your gloves!" — So she adopted modern methods to bring order to her household without "nagging." She posted a set of "Parking Regulations" which applied to the possessions of young and old in the home. Garments, toys, or tools parked where the ordinance forbade were "jailed" in a locked closet until Saturday night. The only possible means of immediate rescue of such possessions was the payment of an arduous "fine" in the form of "chores." After a few months of strict enforcement of these "Regulations," the jail was found empty and the legitimate "Parking Spaces" habitually used.

**Bettering a Bargain**  
EVER notice how often pieces of Val lace insertion, rather than the edging, are to be found on bargain counters? Sometimes you can buy it for a penny or two a yard; and if a body knows what to do with this insertion, a body will invest in haste at such a price. If you have any use for dainty narrow laces, buy the insertion, choosing patterns with a firm and well defined design running through the centre. Then cut away the lace along one edge of the design and you will find you have a pretty little lace edging. The edge will not fray if you are careful never to cut into the solid mesh of the pattern.

**A Magic Wand for the Sick-abled Lady**  
AN independently minded invalid lady discovered that she could "go fishing" from her bank among the pillows very successfully with one of those slender little ten-cent bamboo canes with curved handles that flourish around the beaches where pennons are sold, and when the local orders parade on the "Fourth." The little cane will hook the dishes nearer on your tray or bedside table; hook up books, magazines, and work bag from the foot of the bed, or a lost "hanky" from the floor; and do ever so many little services that save steps for the kindly feet that willingly answer many calls. Hung from the head board it is within easy reach always.

## Have You Any Scraps?

ONCE upon a time every household had a scrap bag. Remember Grandmother's — the big one made from the calico skirt that once sailed along over Aunt Mary's hoops? Remember how the rain drummed on the eaves while you dug into bottomless depths of the swaying old bag for "doll rags"? Remember the war story that went with the piece of blue felt and the tarnished silver button? And the love story that went with Aunt Leah's pink dimity? Every family scrap bag bulges with romance, though it be but the badge of homely thrift. And only a housewife knows how priceless its store of scraps can be. Said I to a friend, who was re-assembling a home after losing everything in the great Salem fire — "Anna, what do you miss most of all your things?" "My scrap bag!" she groaned. "Just try to keep house for a week or two with three youngsters and not a scrap of cloth in the house you can lay hands on!"

Now you all know Priscilla keeps house thriftily, as becometh her name, so it is both logical and altogether fitting that she should have a scrap bag. An editorial scrap bag may suggest a tall steel filing cabinet, instead of an ancestral hoop skirt, but you'll find it just as fascinating and surprising and useful a place to dig for ideas. I wish you could see my desk since the news of this Scrap Bag page was broadcasted in our Editorial Offices! Every one has big envelopes full of ideas, and flocks of little manuscripts, and choice parts of big manuscripts — all waiting for a chance to get into print. The Needlework Editor donated a grist of wisdom from the people who have good ideas on sewing and embroidery; the Housekeeping Editor unloaded a store of scraps about everything under the sun from bringing up babies to baking pies and building houses; even my secretary timorously brought me a little poem which really should have been marched right back to its mother — tho' I've half a mind to keep it. Why *shouldn't* there be poetry in a Scrap Bag? I'm expected to be intensely practical with my scraps, of course, but it is Spring. Please write to me just as soon as you can and tell me whether I shall keep a little scrap of a poem now and then and tuck it in, or whether you like "all prose" best.

Have you any scraps? I want to collect scraps for my Scrap Bag from every one who has a scrap of an idea to spare about any phase of needlework or housekeeping. Your pet economies may make good copy, or some new game for a child's party, or ways you've found to make pin money, or a garden note, or clever things for bazaars and gifts. Never mind the literary flourishes; the idea is what we want. But just remember this — that I can't use *long articles* — nothing over three hundred words.

As for pay — every idea I can use will be worth at least a dollar, and the Managing Editor says I may pay quite a bit more than this when something specially good comes along. Remember, please, that no manuscripts can be returned. Non-acceptance will be indicated by a post card notice. Payment for accepted articles will be made monthly. No author's names will be published, as practically all manuscripts will be rewritten and quite possibly combined with other material.

I know I've stolen a lot of precious space this month to tell you about our new "Scrap Bag" — but I won't chatter so much again, I promise you. Don't fail to look in the "Scrap Bag" every month; send me a scrap whenever you think you have a good one; and *do* tell me how you like the idea.

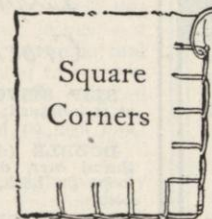


A Lazier Lazy Daisy  
der tip stitch, carry down to base, under to next petal, through tip stitch, and down and so on. This saves thread, too.

## Yarns About Curtains

THIS is especially good to use when tips of flower petals are to be done with a different color, and when material is heavy so that the under stitches won't show through. Make all the little tip stitches on the petals first. Then begin at the base of the petal as usual but simply slip thread under tip stitch, carry down to base, under to next petal, through tip stitch, and down and so on. This saves thread, too.

PLAIN file mesh curtains (that 1/8-inch mesh we use so much) are always neat — but don't you long for a little dose of gaiety with your neatness now and then — especially in the spring? Here's a notion for putting a cheery note of color into your file curtains with little work and less money. Use the colors suggested or a combination to fit your own color scheme. Beginning at the top of the hem on the bottom of the curtain run 13 rows of meshes with colored wools. Run wool in every fourth mesh from side to side. This arrangement is pretty: black, blue, rose, tan, peach, pale green, bright green, pale green, peach, tan, rose, blue and black. Tie backs made double, 1 1/2 inch wide when finished, are run with black, blue, rose, peach pale green, bright green, blue and black. If you don't think it too much color or too much labor, run the bands up the front of the curtains as well as across the bottom.



DON'T make a diagonal stitch at the corner when blanket stitching a hem, but take a tiny invisible stitch toward the left through the very corner of the cloth. Bring the floss out under the last floss along the edge, then back through so as to tie a simple knot in the floss exactly at the corner. Then proceed with your next stitch around the corner as usual.

## Rivals the Cooky Jar

SCRAPS of bread this time — buttered generously, cut in little dice as you would croutons, dusted lightly with cinnamon and sugar, then set into the oven to brown for a few minutes, and finally popped into a tin candy box and left on the pantry shelf. You should see the kiddies make them disappear. No need to keep chickens to eat up bread scraps if you try this scheme.

## Measured Music for Baby

SPOONS have been favored toys for infants for many ages and have banged melodiously on high chair trays. Sometimes the best silver is thus maltreated. But give His Majesty a whole set of aluminum measuring spoons (those held together with a ring through the handles) and he will sit happily for hours jingling the spoons together and solemnly fitting one into the other. Better buy a private set for baby, then you can cook fully equipped while he is happily employed.



*At Two O'clock*

Set the heat regulator, and you can leave a whole meal cooking all the afternoon while you are out.



**The 3-oven Glenwood**  
*A new Gas Range equipped with*  
**2 Glenwood ROBERTSHAW**  
**Oven Heat Controls**



*At Six O'clock*

Your dinner will be done without your having to watch it or think of it at all.

## When you get back your cooking will be done

**T**HIS new 3-oven range was planned to give you long afternoons off—free from your cooking. Notice that it has been equipped with *two* Glenwood Robertshaw oven heat controls, one on each side, to watch over and regulate every minute of your baking and broiling.

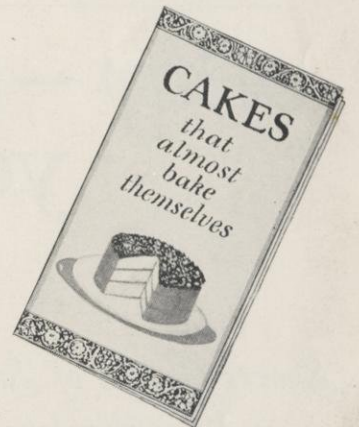
In its two roomy baking ovens and broiler you will find all the space you'll ever need for full-meal cooking. Put your whole dinner in these ovens, turn the regu-

lating dials and come back when it's done.

Completing its great capacity this Glenwood gas range has *six* burners and *two* simmerers in the cooking top; also a convenient warming closet and canopy shelf. Your dealer will show you this new model in either the standard black finish or in full porcelain enamel, inside and out.

**GLENWOOD RANGE COMPANY**  
 Taunton, Mass.

Western Branch, 666 Lake Shore Drive, Chicago



### A New Book of CAKE RECIPES

May we send you a copy? These luscious new recipes have been thoroughly tested to work out easily and successfully. Just write and ask for "The Cake Book."

# Glenwood Ranges make cooking easy

COAL, GAS, WOOD AND OIL RANGES — WARM AIR HEATING SYSTEMS



# Today — all your clothes deserve the care you give to fine fabrics —

## Sports Clothes of Silks and fine Woolens

Whisk one tablespoonful of Lux into thick lather in half a washbowl of hot water. Cool to lukewarm. Press suds repeatedly through soiled spots. Rinse in three lukewarm waters. Squeeze water out—*do not wring*. Roll in towel—when nearly dry press with warm—never hot—iron.

To wash blankets, 2 tablespoonfuls of Lux to every gallon of water for rich, live suds, necessary. Dissolve Lux thoroughly, whisk thick lather, cool to lukewarm. Press suds through soiled spots—*never rub*. Rinse in three or more lukewarm waters. If possible let blankets drip dry—it makes them fluffier. Never twist them. To avoid stretching, hang blanket double, lengthwise, pinning at regular intervals.

### Important Uses for Lux

In addition to the well-known uses—washing silks, woolens, fine cottons and linens—use Lux for dishes, the family laundry, shampoo, babies' milk bottles, paint, porcelain, woodwork, rugs and linoleum.

FOR years and years your darling blouses, your exquisite hosiery in its myriad shades, your filmy lingerie—have been like new again after each washing!

Silk sweaters, fresh and unstretched, at the end of the season—costly little sports suits with their flannel soft and unshrunk—Lux took care of them all!

Today that same good Lux works its magic with *all* your laundry. For nowadays every single thing of yours that's washable is so nice it simply cannot be trusted to ordinary soap!

Today your gay little house dresses, your sweet muslin underclothes, the children's darling little gingham, bright as Easter eggs, your nice sheets and fine, monogrammed towels—*all* must go into plentiful, softly cleansing Lux suds! These sparkling suds keep the colored pieces so fresh and unfaded, the sheets and towels so snowy white! Everything is like new again.

And with even everyday things so expensive nowadays,

they just have to be taken care of. And how faithfully they wear when you use Lux! Each fibre is so tenderly cleansed by Lux—cottons and linens respond to this just as much as woolens and silks.

*So little Lux will do your biggest wash — do you realize?*

A whole tub brimming with swirling, cleansing suds—plentiful, thorough Lux suds that foam softly through each fibre of the garment you dip lightly in and out—all from that little bit of Lux you use!

You know what amazing suds even a speck of Lux has always given you! That's why Lux is so economical for your laundry—you really need so little. When you look at that great pile of snowy clothes—it seems like magic that it took so little Lux

And your hands—everyone who uses Lux knows how blessed its velvet suds are after stinging kitchen soap! Whether you're washing just a bit of finery or the whole laundry Lux leaves your hands sweet and soft.

Lux won't harm anything pure water alone won't harm. Lever Bros. Co., Cambridge, Mass.



Now the Big New Package too



*A little Lux goes so far it's a real economy to use it*