



## DeForest Area Public Library. 2005

[s.l.]: [s.n.], 2005

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MADISON PUBLIC LIBRARY



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DeForest Area Public Library

702.81  
SIX  
bk.21





**The Sixty Books Project** is a collaborative book arts, writing and journaling project for the people of south central Wisconsin, hosted by the South Central Library System (SCLS), and produced by the Bone Folders' Guild (BFG), a book arts group based in Madison. This project is supported by a Madison CitiARTS grant.

The BFG book artists have created sixty hand made blank books. One of these books will be catalogued into each of the sixty libraries in the South Central Library System. Unlike other library books, patrons are invited to write, draw, paint or collage in the books. Subsequent patrons will add their own stories, drawings, and so forth, creating community-wide collaborative works of art. After the launch of the project these books will be available for checkout by library patrons until August 15, 2006.

At the close of the circulation period, the 60 books will be removed from the SCLS collections and brought together for a traveling exhibit. This exhibit will have its debut in Madison as part of the Fifth Annual Wisconsin Book Festival (October 18-22, 2006).

To contact us: [www.valleyridgeartstudio.com/bone\\_folders/](http://www.valleyridgeartstudio.com/bone_folders/)

## Instructions

- Check out this book as you would any other library book for a two-week period. Be sure to return it in the protective wrapper provided.
- Write a poem. Make a journal entry. Write political thoughts. Compose a short story. Collage. Paint a page. Be creative.
- Be respectful of these books. They are hand bound and bear delicate musings on the pages.
- Be aware of what has been done on the other side of the page that you are working on. For example, don't "sew" onto someone else's work.
- When you are gluing or painting put a piece of wax paper under the page you are working on. This will protect the other pages of created art.
- Before closing the book, be sure your page is dry.
- We encourage you to sign and date your work.
- Please, no perishables on the pages.
- Be advised that SCLS and BFG reserve the right to remove and/or delete any questionable material. Please be nice.
- Warning: You will incur a \$125.00 library fine if this book is not returned!



"YEAR OF  
THE DOG"  
(Chinese)

It's the last hour of 2005

and we are having a party.

Loud music (Sleater Kinney)  
beatniks everywhere. Fireworks  
at midnight.

T-30 minutes to 2006

PINK ELEPHANTS, PINK ELEPHANTS ON PARADE!

11:40, ~2005

{ THE BEAT NIX ARE HAVIN

A PARTY... IT'S SEXY. WHOLE

LOTTA SHAKIN GOIN ON.

THERE'S A LITTLE CHICKEN ON THE GRILL}

## A game of "Destroy"

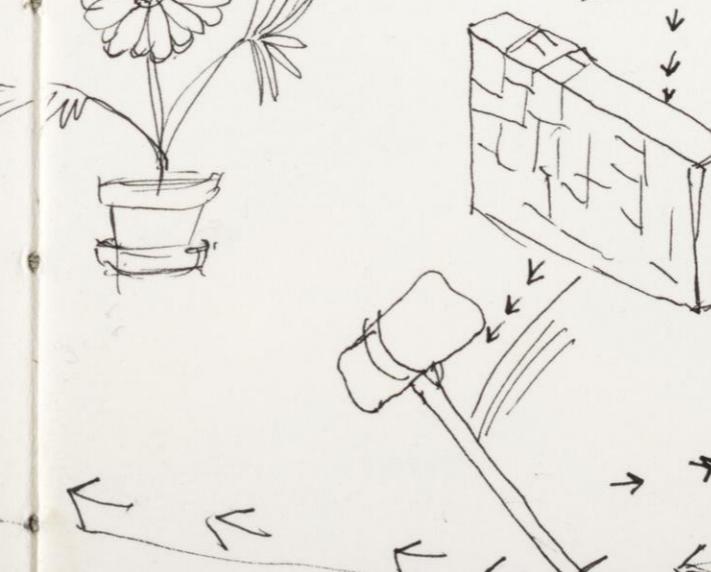
Played by Russ, Gayle, Lora,  
Mike, Jill & Fred on 7/1/06



(STAR)



GUN  
CONTRO  
BILL



Healthy

Wealthy

Wise

Bottles and cups skittering through the air  
Like saxophones blaring in spasms  
Wild delight and good friends' smiles  
Glow like nowhere tree in a freaky  
wasteland of jailbound fascists.



I Love Lava Lite.

Soothing Colors and Shapes.

It's also like being in the future.

Like Doctor Who.

It's 2006 Damn it!

We should have jet packs!

Foam Houses NOW!

>EXPLETIVE DELETED <

Be peaceful and beautiful  
like a Lava Lite.



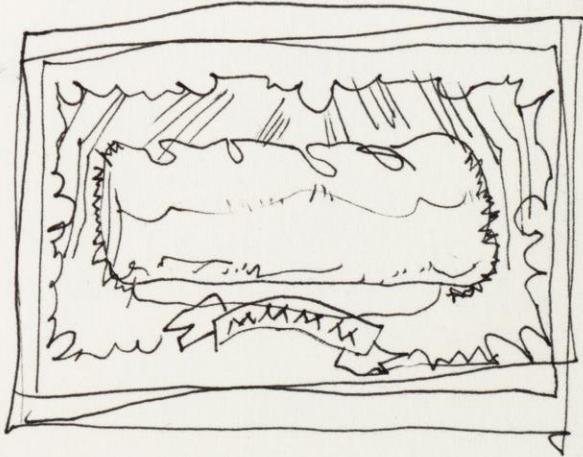
# Norweigen Tea Bread

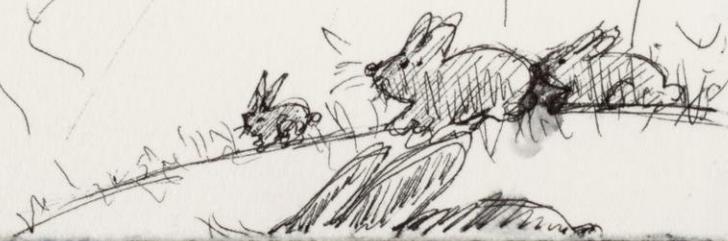
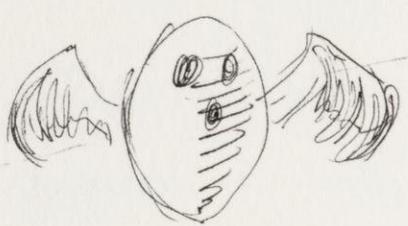
It's hard and sweet

Kind of like a mom

Rick's mom, that is

Our just desserts !





# An ode to a WWF SuperStar George "The Animal" Steele

They called you an animal  
but you were no savage.  
Your tongue painted green  
A weaker man could not manage.

Knowing the truth, he would snap  
he would lose his humanity.  
Yet you embraced the role  
and somehow kept sanity.

You had your lapses  
But don't we all?  
An eaten turnbuckle here,  
a pet teddy bear there,  
(eccentric problems quite small).

In the grand scheme of things  
You were more than a wrestler  
You were more than a beast  
You were a teacher, an artist  
And a man not the least.

MINE! You would say.  
How true! How rare!  
The world is yours, Mr. Steele.  
We are honored to share.

-Kyle Swenson 11/10/05

A Hopeful Pessimist Turns 30 and Whatever Comes After 2/1/08

It's a delicate matter, this  
When every sunset steals a little something from you,  
no matter how brilliant, no matter how orange

It's more delicate still, this  
When every summer day gives you one moment back,  
a hopeful reminder, a memory earned

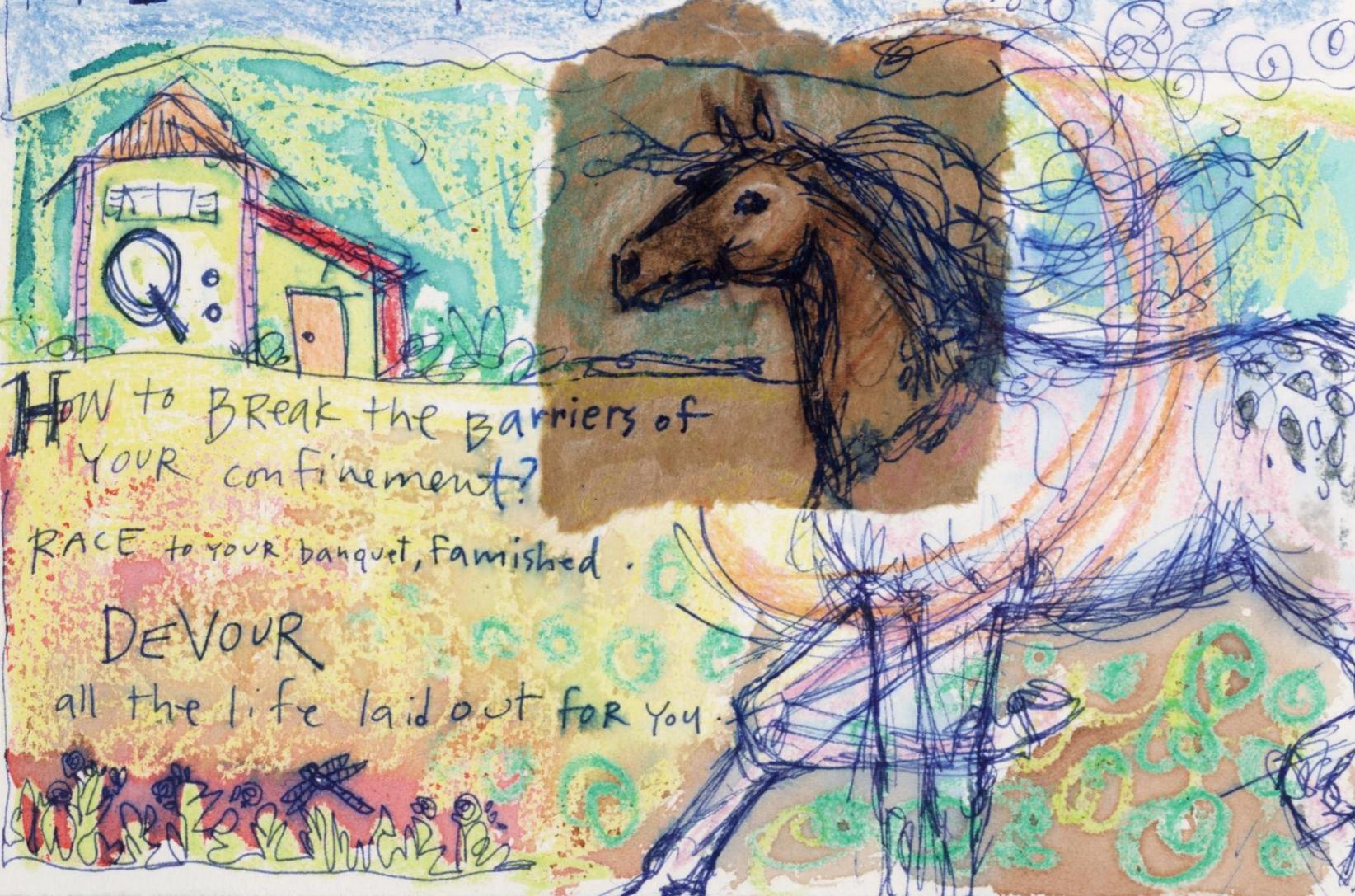
and I'm hopeful,  
so I collect my sunshines  
and pocket them  
for dusk...  
for that moment when the sunset comes to lost.

A  
hopeful  
pessimist  
→



B. Shaffer

PAGE 1. SARA light February 23rd. 2006



HOW to Break the Barriers of  
YOUR confinement?

RACE to your banquet, famished.

DEVOUR

all the life laid out for you.

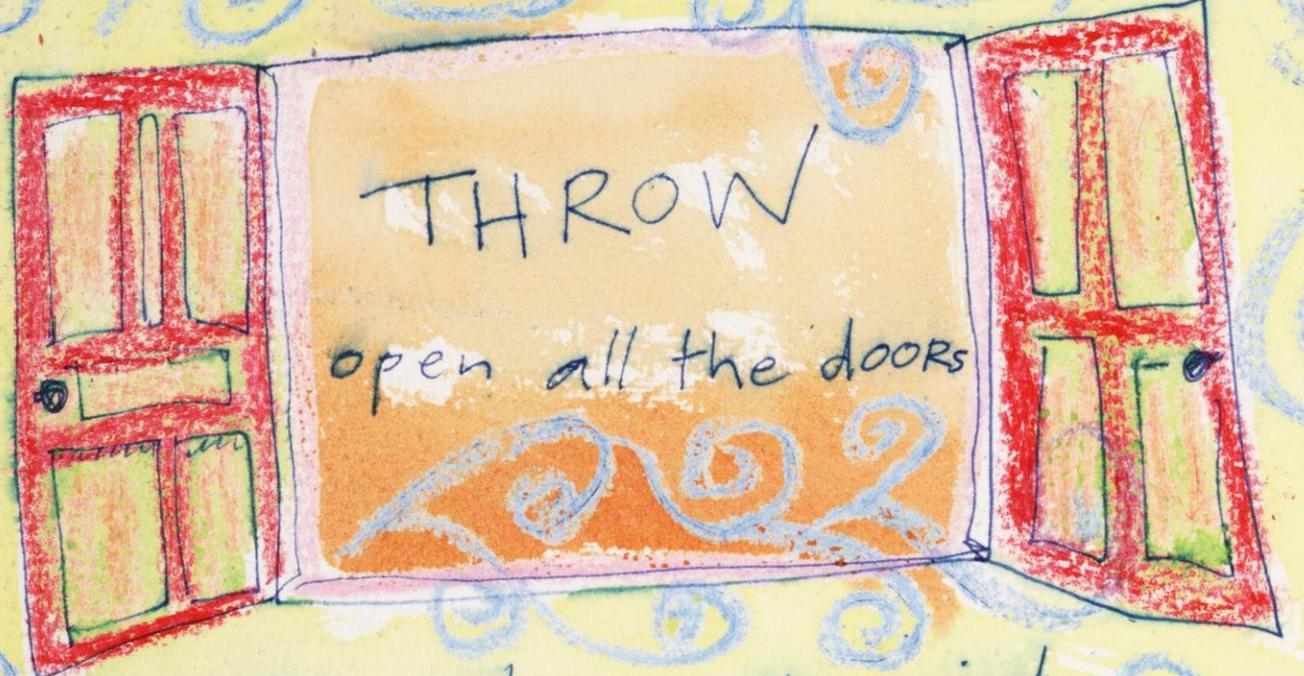
this is a

poem by Lenendra J. Carroll, from her wonderful book: The ARCHitecture  
of All Abundance



plunge Headlong into YOUR deep  
falling upon YOURSELF

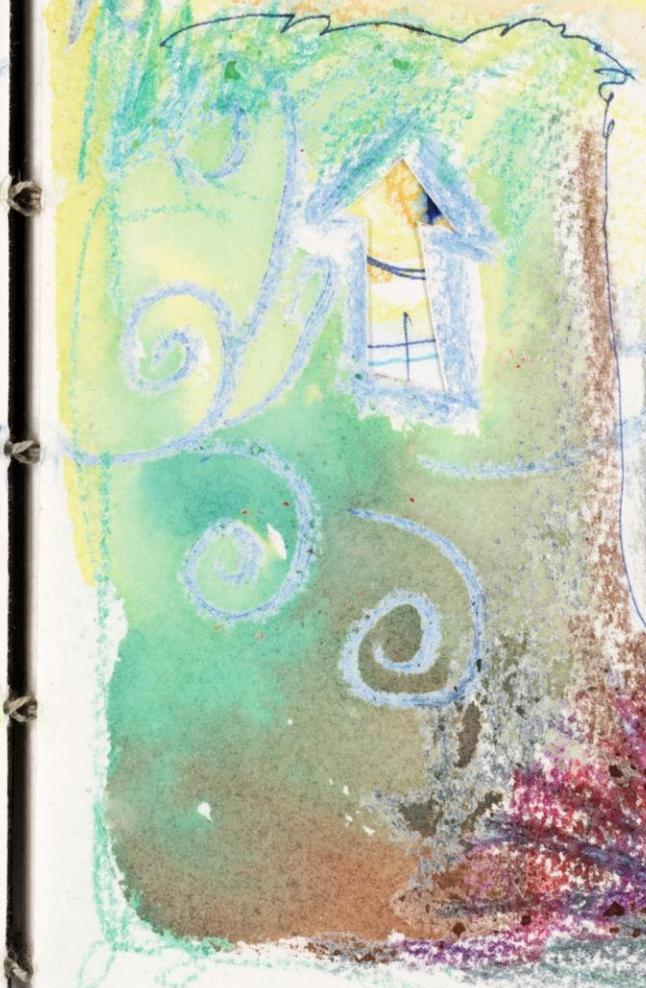
laughing in the face  
of YOUR folly



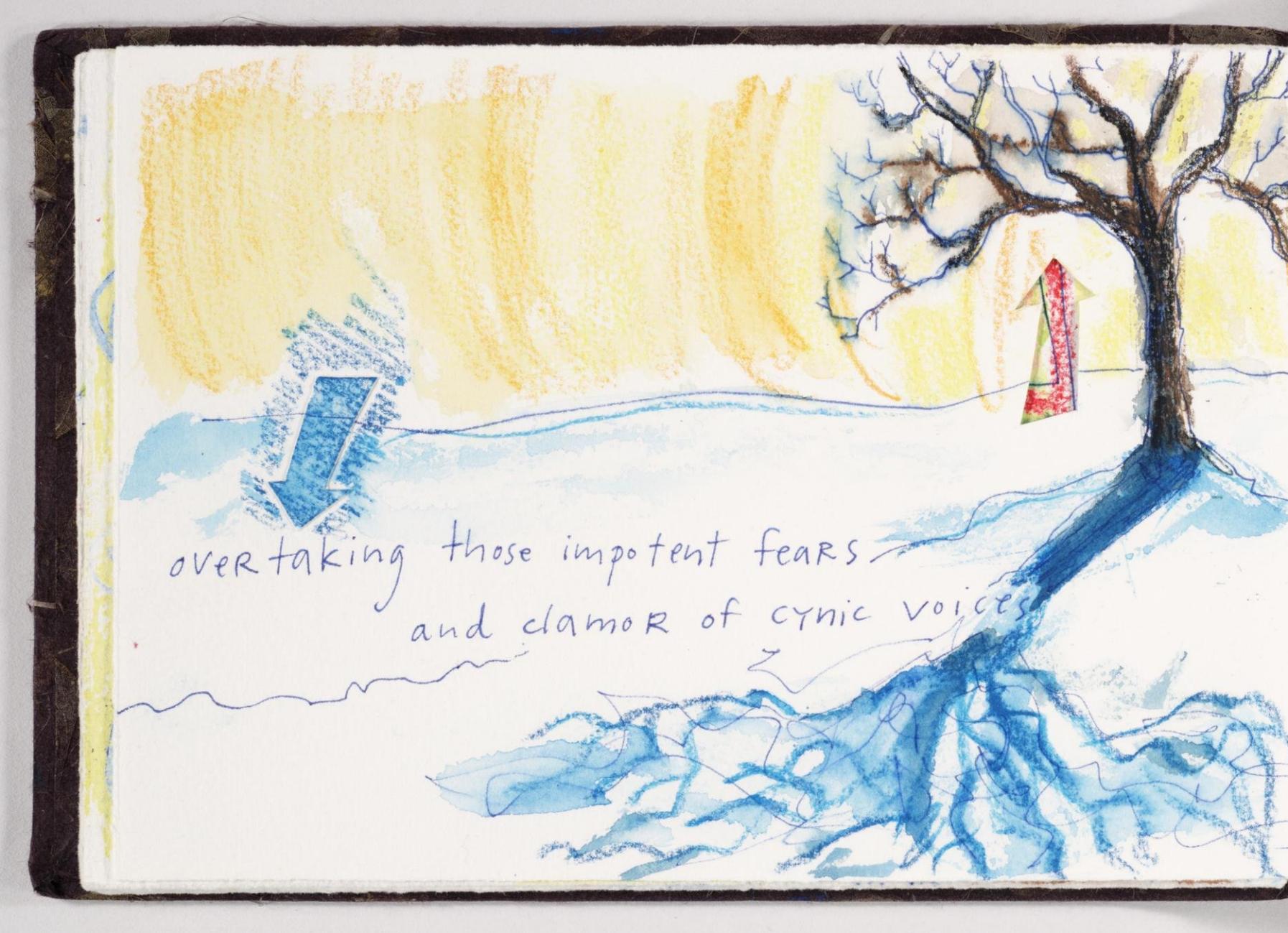
THROW  
open all the doors

let them bang in the wind  
that gushes in and sucks out  
the whole of your truth.

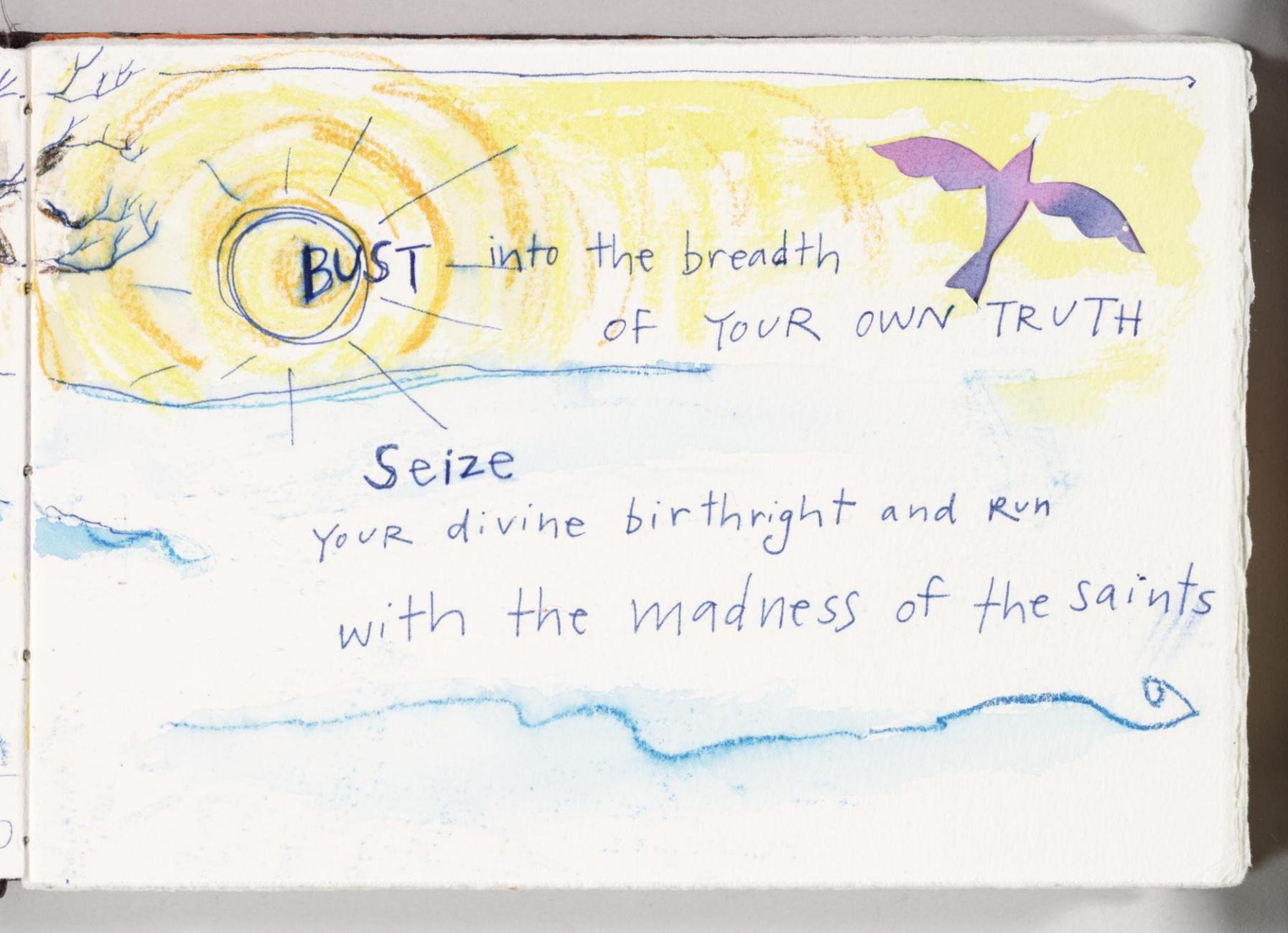
RUSH YOUR HEIGHTS



STORM  
YOUR  
valleys



overtaking those impotent fears  
and clamor of cynic voices



BUST - into the breadth  
of your own TRUTH

Seize  
your divine birthright and run  
with the madness of the saints



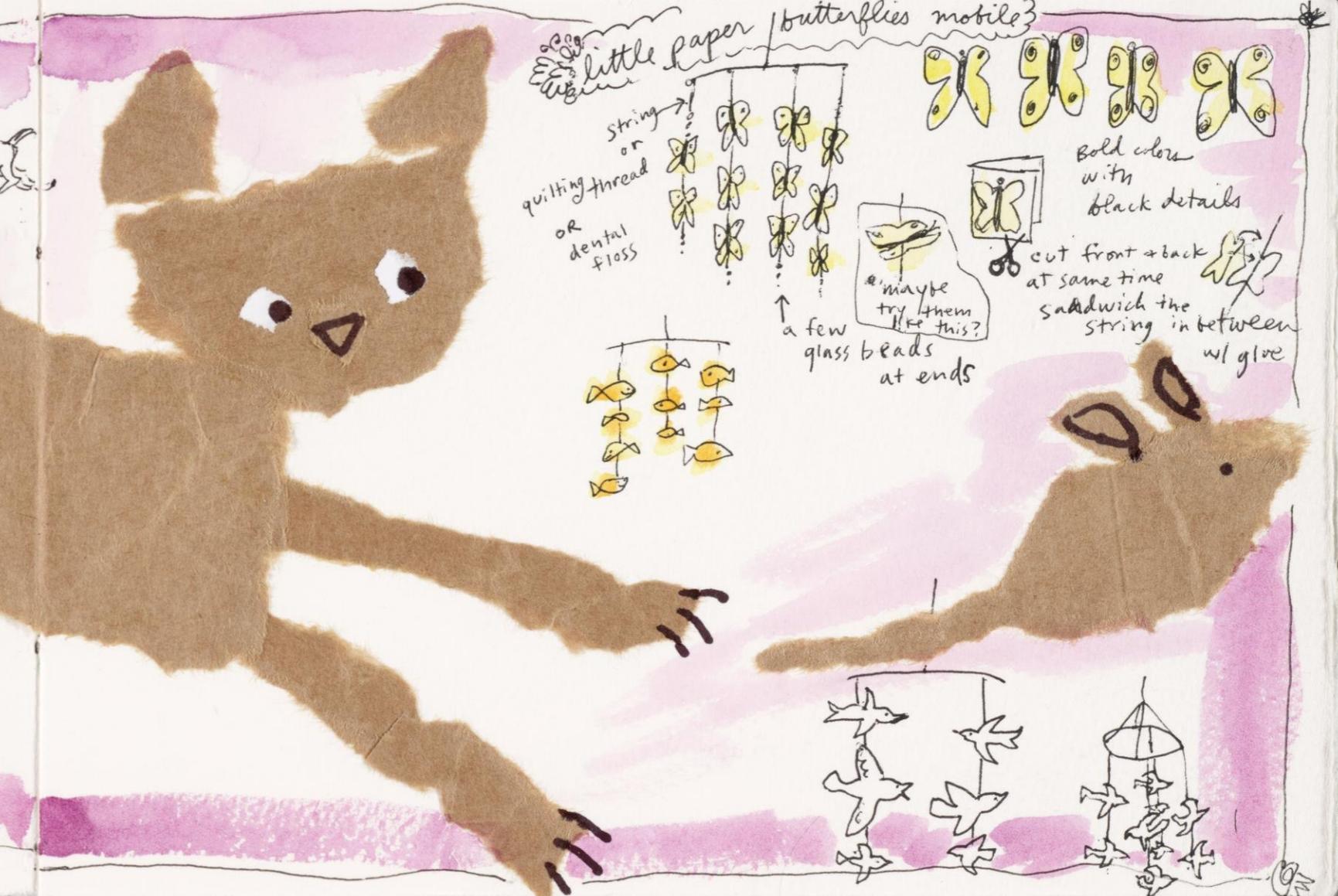
Abandon Reason  
Loosen intellect

surrender  
surrender  
SURRENDER

It is FAR  
MORE simple  
than it seems.

Lenedra J. Carroll

Sara Licht MARCH 1st 2006

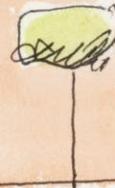
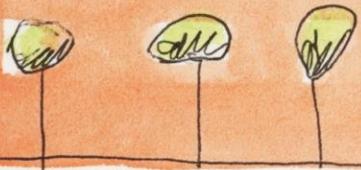


Sigalit 2006



"There is a vitality, a life force, an energy a quickening that is translated through you into action and because there is only one of you in all time, this expression is unique and if you block it, it will never exist through any other medium, and it will be lost, the world will not have it. It is not your business to determine how good it is, nor how valuable nor how it compares with other expressions. It is your business to keep it yours clearly and directly and to keep the channel open."

Martha Graham



" whatever you want to be,  
start to develop that pattern now.

You can instill any trend in your consciousness right now,  
provided you inject a strong thought in your mind;  
then your actions and whole being will obey  
that thought."



-Paramahansa Yogananda

iiiiiiiiiiiiiiiiiiiiiiii



me and my *dark side.* (my monster)



optimistic playful  
generous laughing  
gracious loving  
brave

critical  
hopeless  
grumpy  
feels unwanted

FEARFUL  
he's really just  
depressed  
scared.



health



love



forgiveness



peace



gratitude



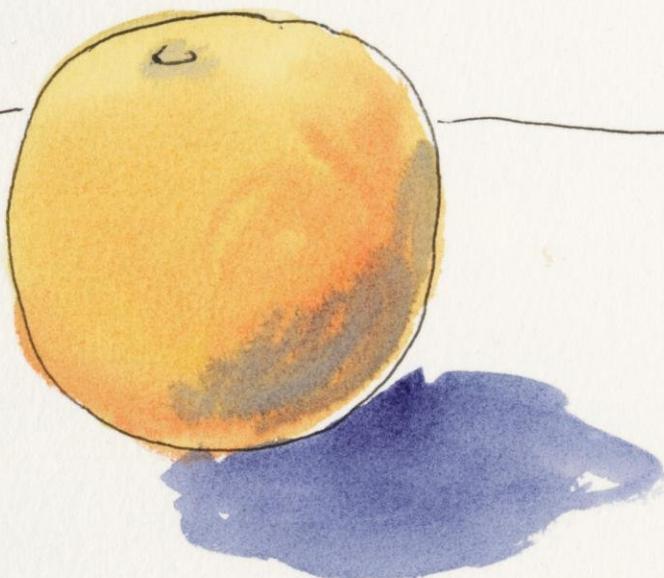
love



wonder



acceptance



Sara Licht 2006

— ♥ — ♥ — ♥ — ♥ — ♥ — ♥

in clinical studies using Kirlian photography,  
an orange being eaten with attention and appreciation  
showed wavelike rays emanating from the fruit  
in all directions.

One that was eaten quickly while the subject thought of  
events of the day showed minimal, dull wave activity.

Note to self: slow down. pay attention to what is before you right now.  
also, check out this book by Leonard Laskow:

Healing with Love, which further explores the idea  
that food consciously blessed before eating is  
measurably different than food that is not.

Remember <sup>the book about</sup> Dr. Imoto's Water experiments' (also featured in <sup>the film</sup> "What the <sub>G!!\*</sub> do we know?")

"In divine friendship, there is  
ever-increasing respect;  
each one thinks only of the highest  
welfare of the other."

- source unknown.

I aspire and agree with this! Then my MONSTER comes out and I feel GRUMPY and horrible and it spills out and then I feel this when I see my friend and I think "MY friend is causing this awful feeling!! He's driving me crazy! I can't bear another minute around him!" And my monster GROWS and causes more pain (he's hungry for pain, it feeds him.) I send my friend away for his own sake before I do more damage. Then I have a look at this monster in me: where did it come from? I thought it was gone, securely locked away. I guess it takes somebody who you really care about to get to those vulnerable spots and that unlocks the monster too. My monster wants something more - I think it wants to be loved, accepted, healed. It comes from deep fear - Maybe we are ultimately NOT LOVEABLE!



and after 9/11 of that is understood  
instead of locking up my monster, I say  
"okay, you exist." I thank it for showing me  
those fears. I console him & say "those things  
aren't true!" (those fears you have about being unlovable)

and it is like a miracle that my friend loves me  
and accepts me and comes back even after seeing  
my horrible-est monster side.



HAVE YOU EVER BEEN TO ABSOLUTELY ART? They give profits back to the community, and their gallery is FULL of AMAZING ART by local artists. 2322 Atwood Ave, next to Café ZOMA

SHAMELESS SELF PROMOTION but for a great cause (and lots of fun for everyone who participates!)

FRIDAY MARCH 17<sup>th</sup>, 2006

### SPRING BREAK KIDS CLASS:

make ;FRIENDLY MONSTER Puppets; with Sara Licht, artist and puppeteer



adults and  
kids, come make  
YOUR OWN MONSTER puppet!

children under 7 must be  
accompanied by an adult

stations' and cool-melt  
glue guns make it easy  
to create YOUR OWN lively  
puppet in less than  
an hour.

at the WILLY STREET CO-OP  
(drop-in) 1:30 - 4:30

\$10.00 FOR CO-OP MEMBERS  
\$13.00 FOR NON MEMBERS

please  
PRE-REGISTER BY calling 251-6776 by MARCH 15<sup>th</sup>

I Love  
the Willy Street  
CO-OP.



SARA Licht grew up in McFarland, WI but she doesn't seem to be stopping "growing" anytime soon. (like all of us, right?)

She makes art with kids and adults and all by herself too. In the summers and when she travels to pleasant climates during Wisconsin winters, she works with horses, teaching them about how to act with humans using good <sup>horse</sup> manners. Each horse is unique and has a special gift, a special thing to teach us. Besides training horses to ride, drive, and be considerate of people, she also loves teaching people how to better understand and communicate with ~~other~~ horses. Soon she hopes to combine the ART exploration classes with playing with horses classes and see where that takes her!

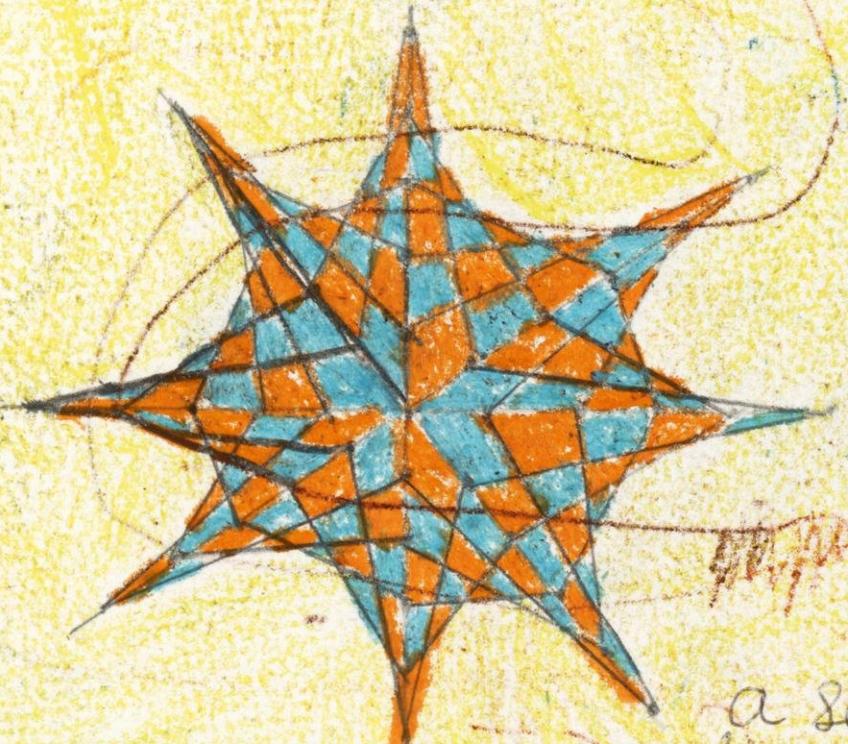
Thanks again for creators and participants in the Go Books Project. ☺SARA Licht

email: [SaraLicht@juno.com](mailto:SaraLicht@juno.com)

subject: horse training or art classes  
<http://www.saralicht.com>



A series of straight lines creates a curved line.



A series of straight lines creates a curved line.

115 315  
Anne Gibbons 3/4/06



Carter 2/5 2/9

The future is in our  
hands

Carter + Ansel kraft

3-5-06

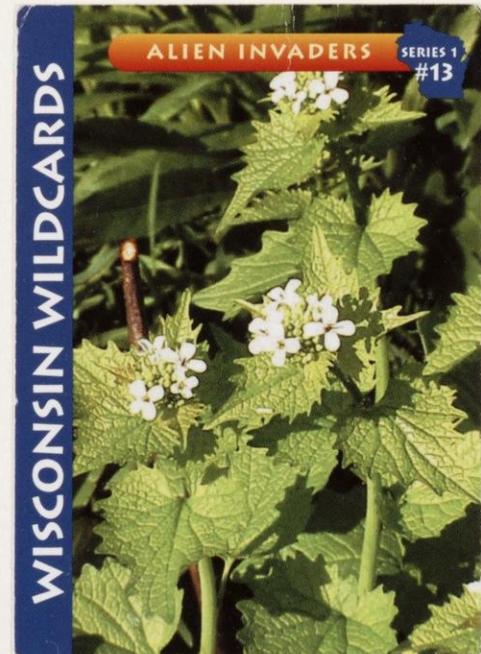


ANSEL 2 1/2



Carter 5 1/2

I think I've finally found a volunteer niche that fits. This year I joined the Madison Area Weed Warriors, seeking out garlic mustard in conservation parks around town, ripping it out by the roots, stuffing it into trash bags, chanting Die Garlic Mustard, Die, Die, DIE!! ... um, ahem. Actually I only heard about the chant after the second work party I joined, when we were told to chant for the group photo instead of saying "cheese." We're a pretty quiet bunch. Well, there were the kids who shrieked when they found worms, and then competed to each find one for a pet ("I'm naming mine Jimmy!") - but that only happened once. And then there was the time I was in the woods by myself and a man came crashing thrashing through the honeysuckle, roses, gooseberries, raspberries and I don't know what else (ouch) - hauling a bicycle no less (why?) -



and asked me,  
"Can you tell me  
how to get out of  
here?" But that  
only happened once,  
too.

#### GARLIC MUSTARD

*Alliaria petiolata*

**BASIC ID** This cool-season, biennial herb grows 12"- 40" tall, has triangular shaped leaves with toothed edges and smells of garlic when crushed. It has clusters of small flowers with 4 petals. First year plants are low rosettes with rounded leaves.

**HISTORY** An invasive European species, it prefers forested areas. Rapidly spread by seed, it is a serious problem in forests in eastern and southern WI and is spreading elsewhere.

#### MANAGEMENT

- Hand pull before flowering or pull and bag up when flowering
- Apply herbicides in early spring or late fall
- Prevent any plants from going to seed

**FOR MORE INFORMATION**  
[www.dnr.state.wi.us/land/er/invasive/](http://www.dnr.state.wi.us/land/er/invasive/)

Photo: Joanne Kline, WI DNR  
Recycled paper



PUB-FR-218m 2002



I've been with 4 of the work parties so far. During the first one I heard one of the other women talk about working by herself in those woods sometimes, and how peaceful it is. I thought hmm, I could do that too.

I have more free time than is good for me or my bank account, and I need something (well, I need a job, but the job hunt isn't going so well) positive

and satisfying to do. So I have been going to different parks on my own in between work parties. It's not hard to find the mustard. It's everywhere. **EVERYWHERE**, not just the woods; along the bike paths, next to streets, around playgrounds and



in people's yards, in flower beds, even creeping into Olbrich Gardens. Aaaagh! I told them about it at Olbrich and they said "Oh thanks, someone mentioned it last year too." Maybe they'll pull it next week - they haven't done it yet.

I know I've gone overboard with this garlic mustard thing. Often when I close my eyes I can still see the stuff. I have a new callus on the side of my index finger from gripping the stems. I look around at all the garlic mustard, and the small groups of us battling it, and I think, "EVERYONE should be doing this!" But I know that's not realistic. Most people, it seems, have more of a life than I do right now. And there are plenty of people who don't like getting their hands in the dirt, or who have bad knees or bum backs or whatever.

But there's so much garlic mustard. I've been thinking, man, if I could get paid for doing this I'd make a good living. At least until the end of May, or maybe it's June, when the evil weed goes to seed and pulling the plant would only help scatter the seeds.

## #1 Public Park Enemy



### Garlic Mustard

- ✓ Displaces native woodland plants
- ✓ Produces thousands of seeds
- ✓ Seeds can remain viable for 5 years

I don't know what I'll do when I have to stop pulling garlic mustard. Suffer withdrawal probably. Meanwhile I am getting acquainted with the woods here in Madison, for the first time in 18 $\frac{1}{2}$  years of living here. That's a good thing. Today I saw toothwort in bloom, and trout lilies and may apples and jack in the pulpit. Other days I've uncovered columbine and ferns and bee balm (I think), and bumble bees and garter snakes. I've seen sandhill cranes and red tailed hawks, heard lots of bird song, only some of which I can identify. I'm looking forward to the trilliums in May.

Wendy Frances

4-29-06



Anoli July 23, 2006

Some of

# My Favorite Series Books

- Harry Potter by J.K. Rowling
- A Series of Unfortunate Events  
by Lemony Snicket
- Artemis Fowl by Eoin Colfer
- Deltora Quest, Deltora Shadowlands, Dragons  
of Deltora by Emily Rodda
- Children of the Red King by Jenny Nimmo



## Old Boyfriend

The last time I saw  
your face,

I found it in a  
dusty place.

Long forgotten with  
corners frayed,  
Your youthful looks  
never aged.

I wonder how your  
life has been,  
passing time  
recaptured again.

Wistfully treasuring  
moments like these,

I welcome  
happy memories.

-mgw

What I am looking for is not "out there."

It is in me.

The past has no power over me.

Negative thoughts have no power over me.

The Christ (within) is the power in my world.

Today is a wonderful day and a new beginning.

I choose to make it so.

*Nobody Does It Better* by Jan Freed

# Thirty-Fifth Poem for Alison

by Tim Danks

books books books books  
books books books books

and zines.

calligraphy by D. Browne

## Colophon

*A bone folder is an essential tool for book makers.  
It creases paper to a nice, crisp fold.*

Originating in Madison, Wisconsin, the Bone Folders' Guild is a group of people who share a love for the book as art. The Bone Folders' Guild was founded in February 2001 by a group of artists who desired to meet like-minded book artists to learn, support, and encourage each other artistically. We share a passion for creating books as a form of artistic expression.

Members of the Bone Folders' Guild who created  
the Sixty Books include:

Suzanne Berland, Susie Carlson, Carol Chase Bjerke,  
Nan Killoran, Laura Komai, Kathy Malkasian,  
Nancy Schoenherr, Tricia Schriefer, Karen Timm,  
Alexis Turner, Marilyn Wedberg,  
Carey Weiler, Kristin Yates.

The text block paper used in all books is Arches Cover White, 270 gsm.,  
35.25" x 24.75" 100% cotton, acid free paper. Cover paper, cloth and other  
original embellishments were chosen by the book artists.

The Bone Folders Guild would like to thank Alison Jones Chaim for her thoughtful guidance through this process. Huge thanks to the South Central Library System for their cooperation with this project. Also, we send a gracious thank you to Madison CitiARTS for its financial support.



