



## Lippincott 2002 Nursing Drug Guide advertisement.

[s.l.]: [s.n.], 2000

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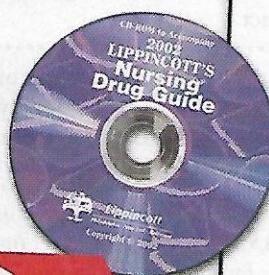
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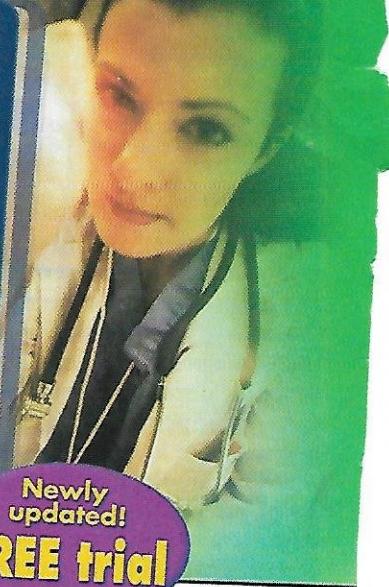
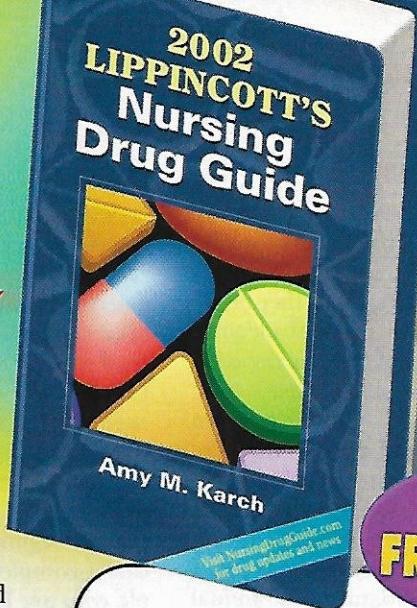
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Mail the attached postpaid card to receive your free-trial copy of *2002 Lippincott's Nursing Drug Guide*, with CD-ROM.

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685 ■ liothyronine sodium

### Drug-specific teaching points

- Take drug on an empty stomach, 1 h before or 2±3 h after meals. Take the drug with a full glass of water.
- Take prescribed course. Do not stop taking without notifying your health care provider.
- The following side effects may occur: nausea, vomiting (small frequent meals may help); superinfections in the mouth, vagina (use frequent hygiene measures, request treatment if severe); rash, flu-like sickness (report if severe).
- Report severe or watery diarrhea, inflamed mouth or vagina, skin rash or lesions.

### Contraindications/cautions

- Contraindications: allergy to active or extraneous constituents of drug, thyrotoxicosis, and acute MI uncomplicated by hypothyroidism.
- Use cautiously with Addison's disease (treat hypoadrenalinism with corticosteroids before thyroid therapy) and lactation.

### Dosage

**Available Forms:** Tablets—5, 25, 50 µg; injection—10 µg/ml. 25 µg equals approximately 65 mg (1 grain) thyroid.

### ADULT

• **Hypothyroidism:** Initial dosage: 25 µg/d PO. May be increased every 1±2 wk in 12.5- to 25-µg increments. Maintenance: 25 to 75 µg/d.

• **Myxedema:** Initial dosage: 5 µg/d PO. Increase in 5- to 10-µg increments every 1±2 wk. Maintenance: 50 to 100 µg/d.

• **Myxedema coma and precoma:** 25 to 50 µg IV q4±12h; do not give IM or SC.

• **Simple goiter:** Initial dosage: 5 µg/d PO. May be increased by 5- to 10-µg increments every 1±2 wk. Maintenance: 75 µg/d.

• **T<sub>3</sub> suppression test:** 75 to 100 µg/d PO for 7 d, then repeat I-131 uptake test. I-131 uptake will be unaffected in the hyperthyroid patient but will be decreased by 50% or more in the euthyroid patient.

### PEDIATRIC

• **Cretinism:** Infants require replacement therapy from birth. Starting dose is 5 µg/d PO with 5-µg increments q3±4 d until the desired dosage is reached. Usual maintenance dosage: 20 µg/d PO up to 1 y of age; 50 µg/d for 1±3 y of age. Adult dosage after 3 y.

**GERIATRIC:** Start therapy with 5 µg/d PO. Increase by only 5-µg increments, and monitor patient response.

### Pharmacokinetics

Route	Onset	Peak	Duration
Oral	Varies	2-3 d	3±4 d
IV	Rapid	End of infusion	

**Metabolism:** Hepatic; T<sub>1/2</sub>: 1±2 d

**Distribution:** Does not cross placenta; enters breast milk

**Excretion:** Urine

### If the card is missing, reply to...

Lippincott, P.O. Box 1600, Hagerstown, MD 21741. Include your name, address, book title, and code A1Z57901.

Also available where quality nursing references are sold. Your purchase may qualify as a professional expense for tax purposes. Price subject to change. Subject to credit approval.