## Cue. Vol. VI, Issue 15 August 27, 1971

## [s.l.]: [s.n.], August 27, 1971

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Vol. VI
Issue 15
August 27, 1971


LABUR DAY -- the recognition of what its founder, Pete J. Maguire, called "the industrial spirit...the great vital force of every nation, "-has been a notional holiday for 76 years.

The wish of the A.F.L. that "it shall be as uncommon for a man to work on that day as on Independence Day," very quickly came true.

Peter J. Maguire said "It was reserved for the fmerican people to give birth to Labor Day. In this they honor the toilers of the earth and pay homage to those who from rude nature have delved and carved all the comfort and grandeur we behold."

More than all, the thought--the conception-yes, the very inspiration of this holiday came from men in the ranks of the working people...men active in uplifting their fellows and leading them to better conditions. It came from a little group in New York City, the Central Labor Union, which
had just been formed and which in later years attained widespread influences.

Lebor Day marched a long way since that first Labor Day. It is still, as Maguire intended, a "festel" one, a long weekend for workers. Banners that were in abundance in Labor Day parades, are not so much in favor as in the early days, but if they were, they would now carry many messages of world-wide impact, to fit the broadening problems and conditions that concern labor as well as everybody else.

The eight-hour dey has long been in effect; a thirty-hour week is now a possible goal; but Labor Day and the forces behind it are now not only protesting wrongs and demanding rights, but are acting with other citizens of this country for peace and prosperity.

Labor Day was first observed as a legal holiday in New York on September 5, 1887. By act of Congress, June 28, 1894, the first Monday in September was made an annual legal holiday.

## CUE



Are you looking for something to occupy your time? If so you may have the opportunity to work in a relaxing atmosphere with wonderful people for 2 hours a day, 4 days a week, that is, if you come and work for the CUE. This is a challenging but pleasant activity for anyone who has the ability. If interested, contact your doctor or someone from Industrial Therapy.

CUE'S EDITORIAL DEPARTMENT
Published By and For the Patients Bi-Monthly
Five Years Old, But New Every Two Weeks
iz
Advisor:
Chuck Lemieux
CUE'S CREED: It is the individual's duty to hold out for what he knows is right and it is society's duty to listen to him.


HOW DO YOU SFEND YOUR LEISURE HOURS?
Leisure timo is spent at the Canteen listening to music, talking to frionds and smoking cigarottes. Leisure time is also spont playing catch, playing cards and snoking cigarettes.

My loisure tine is spent playing cards, watching $T$. V., reading and trying to answer my lettors.

I spend my loisure hours watching T.V., going to the Canteen and waiting for my medicine.

I listen to records while at the Canteen. I also get into convorsations and read on occasion.
a Going to tho Cantoen or down by the lake.
$\cdots 3.3$
Writing, singing and playing songs.

Thero really isn't much to do except go to the Canteen or for walks, especially on weok-ends. I do go to the Chapel at least once a day. Bocause of the heavy load of I. T. assignments I have, I da not havo a lot of leisure time. I do wish there were more planned activities for week-ends though. I do enjoy spending as much time as possible with my friends from all areas of the hospital.

Sitting around with nothing to do.
I read, watch Television, go for walks, go to the Canteen, engage in conversations and generally try to keep myself busy.


## A BisEBrLL DELIGHT

On Thursday fugust l.2th, a group from Kempster Hall attended a Midwest League Professional Baseball game in Appleton.

It was a "booster night game" for the Appleton Foxes, who are the Chicago White Sox farm team, so the excitment and enthusiasm of the fens was at an all time peak, which helped to contribute to an ll-6 win by the Foxes.

The Foxes were Champions in their league in 1960, '64, '66, '67 and '69, so anyone attending any game is sure to see an outstanding team play.

For any group from the hospital who are interested in attending future games Ed Holtz, the Foxes Business Manager, has extended an open invitation to the hospital to reserve a section of grandstand seats, free of charge, for any game.

Any hospital staff member who is interested in taking a group to a game may obtain a game schedule from Bill McClellan.

Those who attended this game all truly enjoyed themselves and wish to thank Bill McClellan, Sue Abrahamson and Eric Daneils for making the arrangements and adding to our evening of fun.

## DASIES IN THE DUGUUT

Un Friday, August 13 a group of adult women from Sherman and Kempster played a slow-pitch softball game with the girls from Hughes Hall. It was a real slug fest with Hughes winning 2114.

Marlene Ness and Jeanie Marshall were the leading hitters for the adult units. Marlene had a perfect day at the plate going $3 \times 3$--two singles and $a$ home man. Jeanie was $2 \times 2--$ both doubles.

The Hughes girls were paced by and (
were hit by all with 95 . Home runs

## SHERMAN DOWNS EMPLUYEES 15-14

On Wednesday evening, August 15, Sherman Hall brought down the curtain on what proved to be an extremely successful softball campaign by taking on and defeating an all-star employee team. For the "Shermanites" it was their 13th. consecutive victory (12 in league play) without a setback.

The game itself, played at the Main Bell Field before an enthusiastic throng of spectators, was packed with action, as the 15-14 final would indicate. On the strength of an 8 run outburst in the second inning, Sherman set the pace throughout. However at the final out the employee nine had the tying run resting on third base.

Offensively, the victors put out a real team effort with every player figuring in the scoring. Defensively, : ..... Sherman 3rd. sacker made two sparkling plays at the hot corner, snuffing out employee rallys on each occasion.

Congratulations to the following members of the Championship team:

SHERMAN HALL'S FUN DAY
On Thursday the 19th of August Sherman Hall held a FUN DAY in its ball park. 'Twas a gala event that started at 10:00 a.m. and lasted until 3:00 p.m., most of the while under threatening skies.

The morning ${ }^{\circ} s$ activities included several relays. First patients from various wards competed with each other in a rope tugging contest. This activity was followed with such competitions as the throwing and catohing of water balloons, bicycling race, walking race during which woter ladened ballons were carried on a spoon, and a ballcon breaking cortest.

A delicious pienic lunch was served under the trees of Scuth C ttage at 11:30 a.m. It consisted of a charccal grilled hamburger on a bun, shoestring potatoes, vegetable sticks, watermelon and Kool-aid. ifter lunch all were serensded by lr. Clarence Weber who played the accordion.

This noon hour was followed by a girls" softball game. Then heavy competition between the Sherman Hall ball team and the employees ${ }^{\circ}$ ball tean took place. Both sides played a great game that was enjoyed by all who took in this exciting contest. At the end of the first three innings the game was close with Sherman having sx runs and the employees having seven runs.
But in the bottom of the 4th, 5th and 6th innings the patients ran away with the gaine scoring a total of twenty four points. The final score to this event which concluded the afternoon ${ }^{\circ}$ s activities was employees eight, and patients thirty.

## SON OF A BEECH

Hello: I can talk. I haven ${ }^{\circ} t$ been cut down at all-like you people. Why does no ne care for me? Should I go on being an old tree?

Without a name - I wish to be a flowering tree, maybe a magnolia, from Washington State where delicious apples are srown. Oh me: Oh my: what shall I cry?

I may still be used for stopping flying people when they fall out of an airplace or maybe $I$ stand for a signal. As long as I stand there will be hone to look for life again.

If it says a troe can live 1000 years, then why havo wo got such a
short life? So hop on my train to haul the tree away - it is reminding me I have no hope to live - cut me down or else get me birds and a house.

Wake me useful again. Remember when Iflowered ilso a magnolia tree? Remerber the doer came to talk and be petted? henember the snow bunnies who sat under ne for rotection? Then no one could hurt them.

Yes, we trees always go with the climate. We change cloths and store up sap and bloom again come spring. Some faster and sore live longer.

Why don ${ }^{\circ} t$ you help me to reep alive. Yes, "Jehovah God" sent his light and that was Jesus - to mold us like a tree. Now are we tall and straight?

I am a tree stump now and wo uld like to know, will I have the right fruit here or urdesirable libe the twisted oak. Which one are you?

## BI:GO PAIITY

On Saturday fugust 14 th at $6: 45 \mathrm{p} . \mathrm{m}$. in the canteen was heard the first call of "Binge". approximately 150 people from all ovor the hospital attended the "Binge arty" that was put on by the Canteon Social Cheimen. Everyone seened quite alort as they all wanted to be a winner for prizes of: $15 \neq$ canteen credit ladies eye makeup, lipstick, plas tic cigarette holders, and compacts. Although te prizes were mostly for women, the non had just as nuch fun play ing and winnine. $\quad$ of 2 E was the luckiest as ne won "bingo: twice along with sincle winnors *


In a recent experiment, two identical cars were driven 1000 miles from Germany into Italy. One driver was told to make the best time he could within the limits of safety. The other was told to take it safe and easy. The first finished only 21 minutes ahead of the other driver with a total driving time of 20 hours and 12 minutes. The experiment was repeated over an 300 mile course and again the time "ifference was 21 minutes. The frast driver used 10 more gallons of gasoline than the slow driver.

## TINNEBAGO BLUES

I'm not wild, but tame as a lamb
And being in this hospital is a terrible jam.
Outside of windows freedom I see
Freedom for others, but not for me. Pills of all colors and shapes to take By mouth you'd better for your own sake Meals we stand all in a line
Hungerly waiting-hardly ever on time. State clothes for those who need Their buttons are off-sad shape indeed.

## By: Anoriymous

ONE SOLITARY LIFE-His and Mine
He was born in an obscure village and I was born in a small town.
He worked in a carpenter shop until He was thirty and
I worked in an office until I was thirty.
He became an itinerant preacher and
I became a social child care worker.
He never held an office and
I never held an office, either.
He never had a family of His own or owned a home and
I never had a family nor owned a fully paid home, either.
He didn't go to college and
I went to college; however,
He had no credentials but himself and
I havo no crodontials fat mysclf.
Nineteen centuries have come and gone and
Today He is the central figure of my life and
That of the entire human race.
All the armies that have ever marched,
And all the navies that have ever sailed,
All the parliaments that have ever sat,
And all the kings that have ever reigned
Have not affected the life of man, your Iife, my life on this entirs earth as much as that of our Savior,
His One Solitary Life.
By: Anne
COURTEST By: R.W.Dale
Be happy and considerate. It's the one thing you can do even if your broke. Courtesy is contagious.

Love By: Bijl
Lorc make me an instrument of Thy peace
Where there is hatred let me sow love:
Where there is injury, pardon:
Where there is doubt, faith:
Where there is despair, hope:
Where there is darimess, light:
And where there is sadness, joy:
Divine Master,
Grent that I may not so much seek to be consoled as to console:
To be understood as to understand:
To be loved as to love:
For it is in giving that we recoive:
It is in pardoning that we are pardoned
And it is in dying thet we are born to eternal life.

*     *         *             *                 *                     *                         *                             *                                 *                                     *                                         *                                             *                                                 *                                                     *                                                         *                                                             *                                                                 *                                                                     *                                                                         * **

COURACE AND PATIENCE
Have courage for the great sorrows of life,
And patience for the small ones.
And when you have finished your daily task,
Go to sieep in peace.
God is awake.
By: Victor Hugo

Baby child as a man
As a living grajn of sand...
Sitting on the ever changing shore, Greeting the sunrise...
Picked up upon the Gypsy woman,
Hoir flaming night as ravens even sleep... rainbow cloth.
Tambourine complimenting her chant and choise of graces,
And love her God...
Actually looked upon her on my right... comming forth.
And Baby Child then secondly looked his left to eye
And 11 or 12 women. men and little ones approached:
They clad in their masters wish;
Thite robes swaying to be baptized.
These two worlds crossed each other in front of mo, when
Afterwards, Baby Child sipped a heartful of ocean...
Spat out its waste and walked upon the New Day.


Treffic morning, New Rochello, N.Y.: "Go slow, this is ? onc-hoarse tow."

A tourist ms introduced at Albuquorque to an Indion with a roputodly perfect menory. Skoptical, the tourist asked : "hnt did you hive for broakfast on Jet. 4. 1913?" The Indian answ ored, "oges." Tho man scoffed. "Everyone onts oggs for broakfest. Ho's a freud." Eight yerss intur the trevolor's train stoppod agein nt ilbuquerque, and he saw the samo Indion Lounging on the plntiorm. The tourist went up to him and suid Jovinlly, "How!"
The Indien ensworod, "Scramblod."
A Hollysood producor mes dtormined. to give his mothor a birthday prosent that vould outshino the luxurious gifts his brothors wore giving her. Ho road about an amazing mynch bird, which hed a vocabulary of 4,000 words dram from severol lenguages and could sing three oporatic ries. Hc imnodiately bought the bird for $\$ 50,000$ no sont it to his mothor.
The duy fiter hor birthdey , he telephoned. "Mnt cid you think of the bird, iothor?" he asked ongorly. Sho ropliod, " delicious!"

Tho int minn and his ifo wore roturn ing to thoir sents in tho theater after intormission.
"Did I stop on your toos as I ront out? he aslod the men at the end of the row. "You cortainly dice!" roplicd the men, grimly, owpucting an apology.
"All right, in ry," soid the fat men, turnine to his sific. "This is our rov.

A Burly bum camo hiking up the road to ? frmhouse getc. Hic stopped and asked tho formor's wifo for e hendout. "Opon tho gite and como right into the yard," said tho frmor's mife.
The bum gazed ponsively at the matchdog that stood in the yard, and the whetchdog watcinco tho bum.
" Oh, como in," ropeated the farmor's rifo.
"Ir, what about your dog , me am? Till ho bito?"
" I don't know. I only got him this morning, and that's what I'm trying to find out."

（This is a repeat of an article from the August 28，1970，issue of the CUE）

## STiFFTNG TO DISCHARGE

Were you frightened at your first staff meeting？Did the staff members present remind you of a court room on television where the final witness is badgered unmercifully？

Perhaps we can alleviate any fear you might have of staffing by placing things in proper perspective．

The staff works as a team with one objective－－a new and better life for you．In order that they may achieve this goal，they must have knowledge regarding your old life．To accom－ plish this，they talk to you as first－ hand information is always preferable． They do not sit in moral judgment of you nor do they congregate to satisfy morbid curiosity．Their one purpose is to help you．

The staff－team consists of your doctor，a representative from Social Service，members of the Nursing Ser－ vice，a counselor from Vocationnl ．Re－ habilitation and members of the Activ－ ity Therapy Department．The latter is comprised of in Occupational therapist， an Industrial therapist，a Recreational therapist and a Music therapist．

In order that you understand the ef－ fort made by the team，let＇s explore the contribution made by the Occupa－ tional Therapy therapist．

First，an Occupational therapist must know in advance the history and nature of a patient＇s illness so they can adeauately determine the program which would best fit the individual＇s needs as well as harmonizing with the overall－program decided upon．For in－ stance，an aggressive person will en－ joy the resistance of materials and thus would be channeled into woodwork－ ing．The passive patient would enjoy－ softer materials，etc．Also im－ portant for the therapist is that he be clued into personalities in order to detemine the approprinte arproach so vitenl on initial wontact．

Once the program is under way，the therapist must make constant cbserva－ tions of the reactions and interaction of the patient in this milieu．Evalu－ ation meetings are held weekly with other members of the Activity Therapy Department．

The team holds regular meetings so that all information can be integrated into the whole picture．When this is accomplished，decisions can be reached regarding the effectiveness of the progrem and whether or not it should be continued or altered．Periodically formal written analyses are submitted． The scope of the report includes，Men－ tal and Physical processes，Practica－ bility of Activity，Psochological Evaluation，Adaptability，etc．

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## HAPPY BIRTHDAY

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September


## TEAM THREE GRADTTME

Once in a while you meet a man who you are proud to be able to say, "I knew him when--" I know of such a men I am proud to have walked the halls with him... For the last four months he has been fighting the fight of his life for his own personal gratification. His fight, like many of us in Gordon Hall, was to maintain sobriety. There was something else though, something ll $_{3}$ that separated him from the others. He had a dream. Not the impossible dream of blue sky and happiness ever after. He wanted what many of us have forgotten we even had. He wanted what all of us take for granted. He had to fight for something that was given to us without question. It was his dream.

On Friday the 13, a 38 year old man was graduated from high school with honors. Nonths of dedication, $f \in a r$ of failure; Undor the ster:7- ntmosphere of the hospital, he taught himself the hardest thing a man has to learn. To be willing to be taught and to learn from those teachings.

As you read this, he will be gone. His drive and enthusiasm will carry him on to other dreams and accomplishments. It was good to walk and talk with him. This man named Joe from Team Threc.

## WIKE UP CHILDREN

Why does the staff treat us like shildren? We have silly rules such as if we miss medication we get restricted to the ward for 24 hours, we are put in robe and pajamas. How about that! Even though it's a silly pill such as a vitemin our doctor prescribed. If we don't want our clothes marked up with ink, (it's only a form of identification) whon we have someone bring our clothes from home--same thing.

Yet, though some rules seem silly we forget that they were written out by our fellow alcoholics, who were for us and not against us. The staff follows rules and standards set by someone above them. Yet, we blome them for following their orders. These rules seem silly but who's to blame?

Want to know something else? We are sunpose to be mature zdults, yet we don't seem to know how to follow simple rules like making our beds or not carrying coffee down the hallways, woking up on time, not missing medication or meetings. We break these simple rules regularly--like children. Why do you suppose we are treated like such?

Think about this for a few minutes. Open your minds. Staff should be met at least halfway. They are humen also. Though they have problems they act mature and not childish. We too should act like mature adults and maybe we'll be treated like such.

If you can come up with some better rules, bring them up with the staff. If not, follow the ones we have as others do. Wake up children. Your oldor than you think!

Anonymous


HOSPITAL ACTIVITIES FOR THE WEEK OF AUG. 30 - SEPT. 5, 1971

*ALL activities in CAFITAL IETTERS are for ALL patients.
Patient Library, SH Basement: 9:00-4:00 M-T.W-F

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