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CUIE



I'm off with a beat
For ,
Who's left quite a trail
Of heart throbs in her path.

She's not just so young,
Yet not very old;
What keeps her so chipper
I've never been told.

But at such a good age,
Can one still break a heart?
For, loving past forty
She could fall apart!

EDITORIAL

I had been curious about what the religious attitudes of the patients were between being on the outside and after coming to the hospital. So, to some of the patients was posed the question, "What effect, if any, has your hospitalization had on your religious experience?" Some of the answers proved to be very interesting. It seems that the majority of those interviewed remained basically the same after coming, which was usually religious in a Christian sense before coming and after, although with not much actual contemplation or further personal involvement.

Some of the patients became closer to their particular belief or faith after coming. One patient who was admittedly very religious before coming said that he completely rejected his beliefs after coming here and then only lately began to return to his faith, only to a higher degree. The older patients rarely gave it a thought, probably because they were usually pretty much set in their religious ways.

If indeed anyone used his religious beliefs as part of his attitudes here, it seems like it was more a practical application of his/her beliefs. Religious attitudes usually are brought out in interpersonal relationships, but probably not anywhere else. In other words, being in the hospital was not considered a hazard or threat to their religious beliefs. Patients might find out something about themselves or other people which might be catalogued under this practical application of religious beliefs, but apparently no where else.

Religious beliefs and practices at the hospital to many people seem to be a continuation of what they practiced before coming, which was more interest in the participation in the institutions such as church or synagogue. Many people don't attend the services here. It appears that the only toll the hospital has taken would be in the area of church attendance.

EDITORIAL STAFF

Editor: [faded]

Assistant Editor: [faded]

Editorial Board: [faded]

Editorial Staff: [faded]

Editorial Board: [faded]

Advisor:

Chuck Lemieux

ISSUES AND ANSWERS

WHAT EFFECT IF ANY, HAS HOSPITALIZATION HAD ON YOUR RELIGIOUS ATTITUDE?

With some of the patients you can notice daily change toward recovery with the help of the faith they must have. Not only in themselves and others but apparent faith in God from whom all good comes.

I

Church services here inspire me in believing that God is with me and that eventually, if not on earth, but in heaven, I will find what I'm looking for.

My religious attitude has increased since I've been hospitalized because I can talk with the chaplain who is likeable and easy with which to confer. I also get to church regularly.

Hospitalization often makes or influences a person towards an attitude that favors a religious feeling of security. When we feel a need in ourselves we often tend to turn towards religion. This is true of myself.

In order to experience the joy that there is in having our confidence in Divine help, we must arrive at the place wherein we are forgetful of ourselves, and a steadfast gaze on the Force of Him who hath promised, "And we know that all things work together for good, to them that love God, to them who are the called according to His purpose."

Since coming to WSH, I find myself more open-minded concerning religious issues. Now I am interested in other ways of participating in worship and religion. It seems that religion is less apt to be thought of as something that is separate from the individual. For example, the Chaplains haven't pressured me to do anything; their non-directive approach has made me more interested in religion. I look upon them more as equals, or just friends, or more acceptant of individuals than before having had this experience.

An anonymous

Upon being admitted to WSH, one of the things I first noticed was the lack of religious material available to the patient. The chaplain does contact you, however, I think it would be helpful to have more literature on religious topics available to the patients. Perhaps a rack of religious literature located at the chapel would be the solution.

I find myself attending church more often than I did on the outside. I figured it would help me to feel better inside and its proven successful.

Being in the hospital made me think more about religion. More than when I was on the outside. I'm stronger toward my faith now.

I do not think hospitalization has affected my religious attitudes or has improved them. I think religion is a very positive attitude in a person's life and gives direction in a positive way.

I would say that it has increased and deepened my personal relationship with Christ, our Saviour. Just being here gives me an idea of what Christ meant when he said that we should love one another. My stay here has helped me to realize that our kingdom is certainly not of this world.

Religious life here has been rather depressing compared to participating actively in community life where I live. One of the main reasons is simply because I have remained here longer than anticipated or expected. It could be that I will get off, so to speak, this 'plateau' before I return...it's difficult to say presently.

An anonymous

ISSUES AND ANSWERS

WHAT ARE YOUR IMPRESSIONS OF WSH? (Staff Comments)

I enjoy working with the people in the hospital. I think the hospital is trying ways to help the patient staying here. The hospital needs some changes. In a large institution such as a state hospital, the changes come slow, but they will come about. The drug program is one of the changes that will point out to the hospital where the changes can come.

I wouldn't have worked here so long if I didn't think it was a good hospital. I get satisfaction when a patient I have been involved with leaves the front door. Changes must be made for progress. The patients should criticize, but they should have something better to put in place. This is also true of the student nurses. I favor some of the material changes, such as the rejuvenated R.T. room.

Yes, the hospital is doing a good job. Many people get an understanding about their goals in life. They leave the hospital with something.

WSH offers challenging encounters with psychiatric help for the majority of the patients. In general, the entire paramedical and medical staff are deeply concerned and involved actively in the treatment of each patient. Unfortunately, some patients are sent home too soon, thus, they return in a short time for additional care. Conversely, some patients are kept here much longer than necessary considering that from which they benefit while here.

Anonymous

I think its a well run hospital. We do everything we can to help the patients here for a better future. We try to make it as much like home as possible.

Anonymous

Alot of improvemnts could be made.

Anonymous

To me I think it's pretty nice. That's all I can really say about it.

Anonymous

I have no complaints. I think its pretty good. As far as I'm concerned I think the Administration is doing darn good.

Anonymous

My impressions of the hospital are good. I think it could be improved in some areas.

Anonymous

More professional help as far as doctors are concerned. Because patients do not get enough chances to see their doctor.

Anonymous

There have been many changes in WSH since I first began as an aide. The buildings and size factors are just scratching the surface. Potential for being helpful has greatly increased with the many changes. Ground privileges, extended RT and OT programs, in-town recreation are just a few of the many areas in which there have been improvements—for those employed as well.

There is no cooperation amongst the employees. However, I feel the patients are treated allright.

Anonymous

As far as I can see there's nothing wrong with the hospital.

Anonymous

* * * * *

ESCORT

Escort is where I work;
Sometimes we deliver things,
To people that sometimes lerk.
And joy and happiness I try to bring
To everyone who needs our service.
WE DELIVER FOR A PURPOSE!

WHAT YOU SHOULD KNOW

SOCIAL SERVICE DEPARTMENT

The social worker's primary interest is to keep a patient in touch with his family and community during the period of hospitalization. Anticipating the time when you will leave the hospital, the social worker will assist you in your preparation to return home and to your work, and in picking up where you left off.

At the time of admission your social worker will meet with you and your family to explain about the hospital, your treatment program, and try to gather information which will be of help to our staff in formulating your individual treatment program and discharge plan.

During your hospitalization your social worker will be available to talk with you about your discharge plans as well as keeping your family apprised about your progress. With the shortened length of hospitalization, your discharge and aftercare (treatment after you leave the hospital) becomes a vital part of your total recovery. Therefore, plans should be made for your aftercare treatment well before you are ready to leave the hospital. Your social worker will talk with you about the mental health resources in your community and provide you with names, addresses and phone numbers, and may even arrange an appointment if you wish.

WHAT SHOULD THE AVERAGE PATIENT LOOK FORWARD TO AFTER HIS OR HER RELEASE FROM THE HOSPITAL?

Most often patients return to the situation from which they came. This means that they would go back to their family, old job, and generally pick up where they left off. The social worker might be helpful here in arranging transportation, aftercare, and sometimes housing and employment or even temporary financial aid until you get back on your feet.

WHAT IS THE AVERAGE LENGTH OF STAY? DO MANY PATIENTS RETURN TO THE HOSPITAL?

The length of stay for a patient varies with the individual and his circumstances of source, but the average is about two months. Sometimes the court specifies the length of hospitalization, as with a 30 - 60 - or 90 day observation. As for the return rate, it runs around 30% which compares with the national averages. Returning to the hospital for further care sometimes in one's life is not a disaster as some would imply! We return to a general hospital for a recurring physical problem as needed, and the same should be true for emotional problems.

IS FINANCIAL ASSISTANCE AVAILABLE?

Not from our hospital. Financial family assistance generally comes from one's county department of social services. Our hospital social worker can give you specific information about this, or help you to apply for this kind of aid if necessary. Our hospital however, has no funds for these purposes.

WHAT ABOUT FOLLOWUP CARE?

Followup care (or the treatment that you receive after you leave the hospital) I feel, is the most important component of your total recovery. When you return home and to work you will have stresses and problems - because that is part of life. With out-patient followup care one can find support, emotional first aid, and be helped to bridge the minor upsets and perhaps avoid further hospitalization. Followup care is never a routine matter but depends on the individual, his needs and his community. This is why your social worker endeavors to assist you with these matters.

POETRY PAGE

THE THRILL OF IT ALL

You tried pot out of curiosity, and
 found it released your anxiety.
 Then for a few additional thrills,
 you begin by dropping a couple of
 pills.
 Some put you up, some put you down,
 either way you'll never frown.
 Soon as a so called friend asks you,
 want to try something cool?
 You think it over, then say, "What
 the Hell."
 Up to now, everything has gone real
 swell.
 You jump at first when the needle goes
 in, but at once the feelings of the
 drug begin.
 Before you're done unrolling your sleeve
 you feel so good its hard to believe.
 The next day you awake feeling fine
 although just one thought is on
 your mind.
 It was really good, too good, in
 fact, but willpower is one thing
 you lack.
 So off to see your smiling friend
 who knows he'll see you again.
 You continue for a month or two but
 then it has the best of you.
 Once or twice you might decide to kick
 but you change your mind once you
 get sick.
 You lose you friends and your job,
 start to steal, beg, borrow, and rob.
 No longer do you love, help, or care,
 just make sure that next fix is there.
 You wake up in the morning feeling ill,
 and you'll get that jive if you have
 to kill.
 Now what happens in the future, is hard
 to say, possible over dose or even DOA
 Or you might get busted and thrown in a
 cell. Then go through withdrawal which
 is a living Hell.
 Then again you might quit, God Bless and
 Amen. The odds are against you, less
 than 1 out of 10.
 But whichever course you wish to take
 remember, its your life to make or
 break.
 No matter how you feel, think, or if you
 take it, I've been through it, my
 opinion, drugs don't make it!

TAKE TIME

Take time TO THINK.
 It is the source of power.
 Take time TO PLAY.
 It is the secret of perpetual youth.
 Take time TO READ.
 It is the fountain of wisdom.
 Take time TO LOVE & BE LOVED.
 It is a God given privilege.
 Take time TO BE FRIENDLY.
 It is the road to happiness.
 Take time TO LAUGH.
 It is the music of the soul.
 Take time TO GIVE.
 It is too short a day to be selfish.
 Take time TO WORK.
 It is the price of success.

It seems that so many patients are
 in such a rush to leave WSH. Why?
 So many of us are so busy counting
 days, hours, even minutes, until we
 completely overlook our treatment pro-
 gram. I realize it is hard to except
 confinement, but it is for our own
 good. I have used guide lines to
 help make my stay more comfortable may-
 be they can help you.

A FAMILY AND A TREE

A tree spreads its seeds and grows.
 A family grows in a mutual way. They
 grow in size and strength.
 They face the dangers of storm and
 fire.
 They are both affected by the toxic
 fumes.
 They face destruction from cars, free-
 ways.
 Disease takes its toll of the wooden
 giants, as in strong families as
 well.
 What can man and nature do to survive
 this toll taken by wars, ignorance
 and the destruction of our earth, and
 all its growing families, and crea-
 tions of nature?

KEMPSTER WARDS

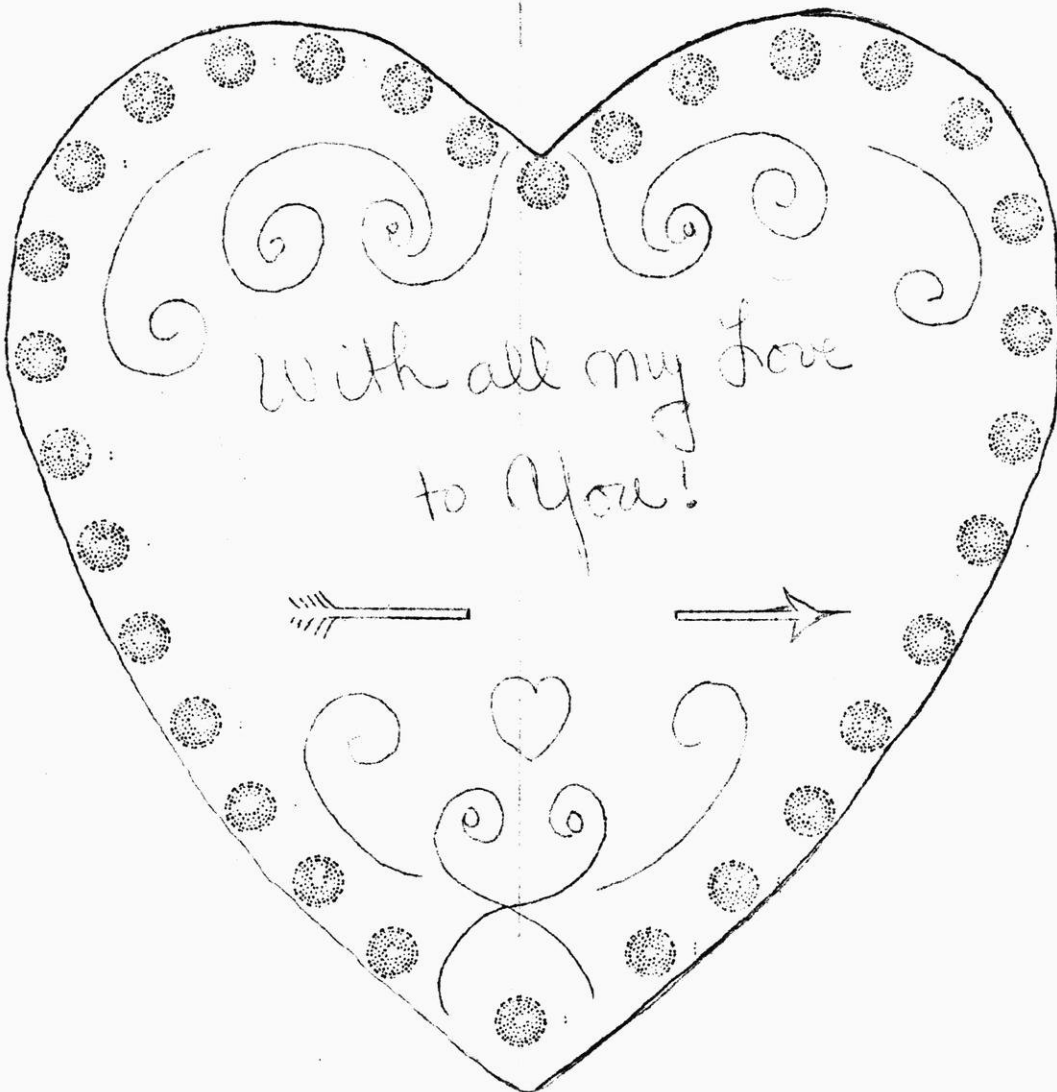
It has come to our attention that patients and staff have been using the elevator from basement to third floor. This elevator is for emergencies and third floor use exclusively. Remember, walking is good exercise.

E. J. Meyer M.D.

* * * * *

FOR YOUR CONVENIENCE THE CUE HAS INCLUDED A VALENTINE BELOW.
CUT IT OUT AND MAIL IT TO A LOVED ONE. THEY'LL BE GLAD TO
HEAR FROM YOU.

↙ CUT HERE ↘



HAPPY BIRTHDAY

LETTER TO THE DEEDITOR

FEBRUARY

WOMEN

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MEN

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HUGHES HALL

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The staff acts real cold if you come back a second time for drugs, alcohol or a criminal offense. They should realize that drugs and alc.hol are a desease or illness.

Some of the staff do not treat like like a human being. They cut you down by calling you names or making false accusations. They should realize that some patients are very sensitive towards this.

Many of the staff do to much ordering of the patient. At times it's more like the army than a hospital.

Some of the staff jump to conclusions if they see a patient doing something and will not take time to reason with the patient.

Some of the staff should learn to mind their own business at times.

An answer to some of the Comments to the "Issues and Answers" in the last issue of the ue: I think Winn-ebago State Hospital is a very good hospital. I don't think it's a dictators paradise. They have to have some rules here which are not very strict. In some cases perhaps not strict enough. There may be a few of these people all over. They sure take good care of one here. When one is sick and are rally concerned. One must take into consideration that nurses and aides have their off days too. They may not be feeling or are tired or just out of sorts. They are human too. I am not signing my name.

anonymous

* * * * *

VALENTINE SPECIALS

Many an explosion has been caused by the appearance of an old flame.

She used to be the heart's delight, but now she's the light that failed.

Reverend Windle

The Rev. J.B. Windle, 52, of 1235 High Avenue, pastor of Bethel Baptist Church was pronounced dead on arrival at Mercy Medical Center early Saturday, January 15, during the evening. He was playing basketball in the Winneconne High School gym when stricken with a heart attack.

Pastor of the local church the past 16 years, he was a developing force in expanding the facilities of a growing mission congregation that was started here in 1950.

He was born July 11, 1919, son of John and Ida Windle, in Youngstown, Ohio, and was married to Thelma McAlister in Echo, Minn., on July 11, 1942.

He graduated from St. Paul Bible College, then attended Bethel Seminary, St. Paul, Minn. The Rev. Mr. Windle received a call to the Oconto Gospel Church in 1950, becoming pastor at Bethel Baptist on Jan. 17th, 1956.

President of the Wisconsin Independent Baptist Mission, he has served the past 14 years as chairman of the Wisconsin Sunday School Association. A former member of the board of directors of Oshkosh Community YMCA, University of Wisconsin Oshkosh Flying Club and Chaplain at Winnebago State Hospital. He broadcasted each Sunday morning over radio WOSH. A memorial has been established. Burial was in Lake View Memorial Park.

Taken from the Oshkosh Northwestern

THE DUSTY CIRCLE

Three school age boys were seen squatting at the local playgrounds. A puree, steelee, and an oversized marble were their treasured shooters. One flip of the thumb determined each their fates many times; the destination—a small leather bag with a drawstring, a handkerchief with its ends tied, and a bulging pocket-full of smaller agates, purees and steelees. The Spring was early that March and Cigar Boxes were few and far between for carrying such wares. Yes, the marble kingdom was here to stay. Spring was here another year.

Anonymous

MORE POETRY

WHAT IS HAPPINESS?

Happiness is to have enough for each day's need and something left to share.

With those who have not, it is to possess the love of friends and to bring them joy. It is to love and be loved.

Happiness is to have some worthwhile task to do, however small and to have the courage to meet life's challenges.

It is to cherish the gifts of laughter and to see truth and beauty in most things.

Happiness is to be content with one's fortune, to live in peace with it, and to live in peace with all of mankind.

-LOVE-

As the time for hearts approaches
As romance and love are given,
We think, what is love for people,
And how is it related to our heaven?

Is love only our infatuation,
A mere fleeting feeling?
Or is there something for our generation,
In wisdom received for our hearing?

Should we give our love to everyone?
Should romance be at first glance?
How should our romantic self be run?
How can this life be enhanced?

Are we general property
To be handed off at leisure,
Something not regarded sweetly
A cheap and common measure?

Can our evaluation be on the surface,
Regarded only in terms of "nice looking"?
Isn't there something more than the face,
Do we think highly of ourselves in thinking?

We must be friends with everyone,
Romance must be a delayed thing,
Let's not call each one "honeybun",
Tested before comes the ring.

Let's have value in our love
A treasured and secure thing,
Accepted by God above,
A gift to make the heart sing.

STAFF TRIUMPHS IN WELL-PLAYED GAME

Tuesday nights at Winnebago have turned out to be night of the big staff patient basketball game, and last Tuesday's game turned out to be the best played yet. The game ended with the staff winning, 59 to 40. High scorers for the staff were Gauger with 8 points, Rudolph with 9, Florek with 8, Weber with 6, Singsauk with 13, Chitwood with 2, and Ping with 4, Peterson with 2, Vege with 2, Samson with 12, Sorenson with 4, Waren with 2, and Keyser with 3.

Much improved was the patient defense, which held the tough staff down compared to previous games. Coaching the patients was Chuck Radtke, formerly with the staff all stars, who should be given credit for organizing the patient squad so well. Hopefully, the Tuesday night game could be an integral part of the hospital schedule.

PRESIDENTIAL PRIMARIES

There may be added dimension to the political spectrum this year in terms of new parties and splintering of the Dems. This may be a healthy change considering the American past with generally two main parties representing the vast majority of the electorate. It's difficult to forecast since Europe is the closest example toward which we may compare. However, issues, the divided Dems, or 'sawdust level,' and the wide range of regional concerns may make this year's Presidential Election a very special year.

There are many positive and negative arguments associated with more than two major political parties. Perhaps the most interesting feature of this year's election will be the race for vice-president, and the switching of electoral votes near the climax of various presidential elections and primaries.

WHAT IS LOVE?

Love is some giving;

Love is some taking;

For many this seems

Downright heartbreaking.

A I M U D B O O
A N D
A I M U D B O O

Adam was always trusted by Eve until he ate the apple. One night shortly after this episode, he stayed out quite late wandering in his new environment. When he came home late, he was questioned by Eve who acted as a sly detective. "Where were you Adam?" she asked several times.

"Out enjoying the scenery." Adam replied. That night when Adam was sound asleep, she recounted his ribs to make sure only one was missing.

Reporter: "And how did you win the Distinguished Service Cross?"

Private: "I saved the lives of my entire regiment."

Reporter: "Wonderful! And how did you do that?"

Private: "I shot the cook."

A lawyer was reading the will of a multi-millionaire, recently deceased, to the surviving members of his family. "And to my playboy son, Stanley, whom I promised to remember - "Hi there, Stan!"

If love is blind, why are so many men attracted to a beautiful woman?

Doctors say love can cause high blood pressure or a stomach ache. Is this maybe the reason why so many young couples look sick?

Love is not a thing to be taken lightly. Maybe that's why lovers like to turn out the light.

We have nothing against mothers-in-law, generally speaking, except that they are generally speaking.

Most women get terribly upset over how close the fellow up ahead of her is driving to her.

The thing that most women drivers dislike about parking is the noisy crash.

After she's parked her car, her big problem is which of the three parking meters she should put her dime in.

Our private opinion is that women are a problem - but they are the king of problem that men like to wrestle with.

THE WEEK AHEAD

HOSPITAL ACTIVITIES FOR THE WEEK OF FEBRUARY 14 - FEBRUARY 20, 1972

Feb. 14			
Monday		9:00am - 4:15pm	CANTEEN OPEN
	2:30 -	4:00pm HH Music Rm.	RECORD LISTENING
		3:00 pm 2-W	Book Cart
		4:30 pm GH-AT Area	Canteen Social Chairmen
			Dinner Meeting
		6:30 pm HH Boys	Woodworking
		1:15 pm SH 5-6	Menasha Red Cross
		7:00 pm SH Wards	Outagamie Red Cross

Feb. 15			
Tuesday		9:00am - 4:15pm	CANTEEN OPEN
	2:30 -	4:00pm HH Music Rm.	RECORD LISTENING
		3:45 pm 2-E	Book Cart
		6:30 pm SH 1,2,3,4,7,8,	
		2-E, 3K	UWO Student Volunteers
		7:00 pm Rec. Rm.	DANCE

Feb. 16			
Wednesday		9:00am - 8:00pm	CANTEEN OPEN
		1:15pm SH 7-8	Appleton Red Cross
		1:30 pm GHS	Lutheran Ward Service
			Rev. Winter
	2:30 -	4:00pm HH Music Rm.	RECORD LISTENING
		3:45pm 2-E	Book Cart
		7:00pm Chapel	LUTHERAN SERVICE

Feb. 17			
Thursday		9:00am - 8:00pm	CANTEEN OPEN
	2:30 -	4:00pm HH Music Rm.	RECORD LISTENING
		7:00pm Canteen	SING-AND-SWING

Feb. 18			
Friday		9:00am - 8:00pm	CANTEEN OPEN
	2:30 -	4:00pm HH Music Rm.	RECORD LISTENING
		6:45 pm Chapel	LUTHERAN COMMUNION
			Rev. Winter

Feb. 19			
Saturday		12:00 - 8:00pm	CANTEEN OPEN
		10:00 am GHS	Favorite Hymn Recital
			Mr. Korn

Feb. 20			
Sunday		8:45am Chapel	PROTESTANT SERVICE
			Rev. Winter
		12:00am - 8:00pm	CANTEEN OPEN
		7:00pm Chapel	CATHOLIC MASS
			Fr. Barrett

*Activities in CAPITAL LETTERS, are for all patients.

PATIENT LIBRARY, SH Basement: Open 9:00-4:00 M thru F