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Robaxin-750 advertisement.

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basic therapy in low-back pain

bed...



board...



heat...



Whether low-back pain is in the chronic or acute phase, the appropriateness of bed rest for such a patient is beyond controversy.

Boards placed under the mattress, for a firmer bed to further immobilize the spine, are another common recommendation. And most investigators consider heat beneficial—moist heat in particular.¹⁻⁵

It has been noted that low-back disorders frequently "...are caused by truly mechanical conditions which yield to conservative treatment."¹ Basic to this conservative treatment are bed rest, a board for the bed, and applied heat. In addition, a good muscle relaxant is often helpful, as "...muscle relaxants are useful in chronic as well as acute low backaches."⁴

Robaxin (methocarbamol) has relieved spasm and pain in cases where the patient "had not responded to conservative measures prior to drug therapy."⁶ A 100-patient study showed that Robaxin (methocarbamol) provided greater relief of muscle spasm for a longer period of time without adverse reactions than the other relaxants tested.⁶

A well-tolerated⁷ skeletal muscle relaxant with "specificity of action,"⁷ methocarbamol leaves normal muscle tone unaffected. Moreover, there is little likelihood of sedation⁷—a considerable advantage for the patient who must remain active and alert on his job.

Significantly, clinicians advise using a muscle relaxant "early and in adequate dosage."⁸ In this regard, Robaxin (methocarbamol)—*particularly in the two 750 mg. tablet q.i.d. dosage*—offers optimal therapeutic benefits without a significantly increased incidence of side effects. And just as it works well as part of the basic regimen for low-back pain, so also does Robaxin (methocarbamol) often provide prolonged muscle relaxation in such conditions as musculoskeletal injury, chronic neurological disorders, and orthopedic situations.



and Robaxin[®]-750

(methocarbamol 750 mg.) (CAPSULE-SHAPED TABLETS)

BRIEF SUMMARY—Robaxin (methocarbamol) Tablets: Contraindicated in hypersensitive patients. Side effects (light-headedness, dizziness, drowsiness, nausea) may occur rarely, but usually disappear on reduced dosage. Hypersensitivity reactions develop infrequently.

ALSO AVAILABLE:

Robaxin[®] Tablets (methocarbamol, 500 mg.), Robaxin Injectable (methocarbamol, 1 Gm./10 cc.).

Robaxisal[®] (methocarbamol with aspirin) and Robaxisal-PH Tablets (methocarbamol with Phenaphen[®]).

REFERENCES: 1. Soto-Hall, R.: Med. Sci. 14:23, 1963. 2. McCarrol, H.R.: Paper read at the Annual Meeting of The American Medical Association, Atlantic City, June 16-20, 1963. See Medical News: J.A.M.A. 185:39 (July 13) 1963. 3. Gordon, E.J.: Med. World News 5:54, 1964. 4. Cozen, L.: GP 26:82, 1963. 5. Larson, C.B.: Postgrad. Med. 26:142, 1959. 6. Forsyth, H.F.: J.A.M.A. 167:163, 1958. 7. Weiss, M., and Weiss, S.: J. Amer. Osteopath. Ass. 62:142, 1962. 8. Rowe, M.L.: J. Occup. Med. 2:219, 1960.

Robins