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THE OFFICIAL PAPER.

The Daily Cardinal.

UNIVERSITY OF WISCONSIN.

VOL. IV.—No 24.]

MADISON, WIS., TUESDAY, OCTOBER 9, 1894.

[PRICE THREE CENTS.

WATCH FOR OFFICIAL POINTS

THE CARDINAL NOW THE OFFICIAL ORGAN.

ELEVEN HUNDRED STUDENTS REGISTERED.

Some of the Results of the Faculty Meeting.

The faculty held its first regular Monday afternoon meeting yesterday in the law building. Several matters of interest were brought up.

Prof. Birge presented statistics showing the total number of students so far registered in the colleges of letters and science, law, and engineering, and the school of pharmacy, as 1,100. This is the largest registration which the university has ever had, being an increase of about a hundred and twenty-five over last year. This increase in attendance is fully provided for by the extended and enlarged facilities of the university.

One of the very important transactions of the faculty at this meeting was the adoption of the Cardinal as the official paper of the university. Such was the report which was adopted as presented by Prof. Barnes. This means that in the future all official notices from the professors and instructors to the students will be published in the Cardinal before being placed on the bulletin boards.

Fuller details of the new scheme will be given in a short time.

AN OFFICE ON THE HILL.

The Cardinal Has Secured Quarters in Main Hall.

The need of an office for the Daily Cardinal in one of the college buildings has long been felt. Such a room has now been secured in Main hall. It is the east room on the fourth floor,—the one occupied by the Phoenix society last year. The reporters will meet here to receive assignments and write out copy, and the editors can then put in an hour in the forenoon in getting copy ready for the printer, thus making it possible to get the paper out in time and under less pressure. When friends of the paper have an item of news they can simply go up in the office and write it out or give the facts to one of the editors or reporters. In this way the pleas of "don't have time," or "it isn't worth going down town for," which have been some of the disagreeable features of a down-town office, will no longer be valid.

—C. B. Rodgers, '95, and ex-Congressman Burr W. Jones will address a democratic mass meeting at Belle-ville, this county, Thursday night.

—The Democratic club will have a grand rally Saturday night in the Assembly hall. George Lewis, candidate for congress in the seventh district and John Elward, democratic candidate for district attorney in Dane county, will make speeches.

PREPARING FOR MUSIC

The Madison Choral union held its first meeting for this year at library hall last evening. The attendance was small owing to many other attractions in the city, but it is expected soon to have a strong chorus of at least 150 voices. Prof. F. A. Parker will be director of the chorus, as heretofore, and Prof. W. G. Sires accompanist. Prof. Parker announced last evening that more work will be done this year than last. Two concerts will be given during the year. One of them will be Haydn's oratorio of the Creation; the other has not yet been decided upon. Those present last evening went over several of the choruses in the Creation.

FROM THE GYM.

Prof. Elsom has examined about 200 students already. He states that he finds them in very good condition, well developed and in good health in most cases. He has found a few cases of heart trouble and cases of color blindness of which one was total. The rooms are warmed now and students can make appointments with him.

There will be a meeting of the committee on athletics and military affairs on Friday evening at 7:30 in Prof. Elsom's office at the gymnasium. The committee consists of Prof. Elsom, Col. Chynoweth, Prof. Barnes, Prof. Slichter and Prof. Van Hise.

LAWS TO TALK POLITICS.

A debate has been arranged between democratic and republican law students. The debate will occur in the near future at Lodi. A Wartner and C. R. Orvis will speak for the democrats and T. W. King and D. E. Cook for the republicans.

BALL GAME TOMORROW.

The senior-sophomore ball game will be played Wednesday instead of Tuesday on account of Gov. McKinley's speech today.

SONNET.

To Oliver Wendell Holmes.

Master, whose touch so delicate and kind,
So tender and instinct with balm, we bear
Unshaking on our very hearts and find
No hurt occasion though it linger there,
Thine is a blessed power which knows to wake
With soft persuasion in the worldly breast
New gentleness. Whose sweet surprises break
Into the soul how'er in armor dressed,
The gleam of quick and radiant wit shines through
Thy verse as glow-worms glimmer thro' the dew
Or stars enkindle when the night is new,
Or more as summer lightnings, thunderless,
Open the night's shy deeps, thy strains confess,
And gild in showing all earth's tenderness.

—Charles Noble Gregory.

BIG REPUBLICAN RALLY

GOVERNOR MCKINLEY GIVEN A ROUSING RECEPTION.

THOUSANDS OF PEOPLE FILL ARMORY HALL.

University Republicans out in Full Force—Large Delegations from out of Town.

Thousands of people from Madison and the surrounding towns turned out this afternoon to hear Governor McKinley, and he was given one of the most rousing receptions ever accorded a public man in this city. The large hall at the gymnasium was filled



to overflowing with the large and enthusiastic crowds that gathered to hear the great Republican speaker. Many were unable to obtain admittance to the hall.

Governor McKinley and his party arrived in the city on a special train over the Chicago & Northwestern railroad shortly after 2 o'clock this afternoon. As he alighted from the train he was greeted by prolonged cheers from the thousand or more men who were waiting to escort him to the hall. The University Republican club was out in full force, one hundred strong, all carrying red umbrellas.

His arrival at the gymnasium occasioned renewed expressions of enthusiasm from the big crowd which had gathered there.

Governor McKinley was escorted to the platform occupied by Major Upham, Hon. H. A. Taylor, President Adams, R. M. La Follette, Chairman Thom and others. He was introduced by President G. M. Sheldon of the University Republican club and for several minutes the hall echoed with prolonged applause. The governor gave a rousing and vigorous speech which was liberally punctuated by cheers and applause. His speech was devoted to the discussion of national issues and to an exhaustive arraignment of the democratic policy and administration. Considerable amusement was occasioned by a reference made to one of the speeches of Senator Vilas who unawares to the governor was seated in the stair leading to the gallery and in full sight of the audience.

Major Upham spoke a few words

at the close of Governor McKinley's address. The party left on the special train for Milwaukee, where Governor McKinley will speak this evening, this being his last appearance in Wisconsin.

AMERICAN ARISTOCRACY.

Paper by Dr. Ely before the Madison Literary Club.

The Madison literary club held its first regular monthly meeting of the year 1894-95 last evening at the residence of Senator R. M. Bashford. It was also the annual meeting at which the election of officers occurs. Prof. J. W. Stearns was elected president, taking the place so long and faithfully held by the late Dr. Joseph Hobbins. Mrs. Sarah Fairchild Conover and Mr. Charles N. Gregory were elected vice-presidents, and old officers were re-elected as follows: Secretary, Mr. Reuben G. Thwaites; treasurer, Mrs. C. N. Brown. The report of the treasurer showed the financial standing of the club to be excellent.

The paper of the evening was read by Dr. Richard T. Ely. It was A Plea for an American Aristocracy.

Attention was called by Dr. Ely to the treatment of questions of government by Plato and Aristotle, each of whom was shown to be an aristocrat in his social and political philosophy. It was stated that a great current of thought could be traced from these Greek writers to the present and that modern institutions had been influenced by the political philosophy of Greece. Reference was made to Gladstone, who said that one of the three writers from whom he had learned the most was Aristotle. Another great current of thought was brought to mind by the mention of Christianity and this also was held to be in many important respects aristocratic; that is to say, a government of the few with a view to the common interest. Christ himself the founder of this religion was ready to sacrifice himself for all but he demanded implicit obedience. He and his apostles also enjoined obedience to civil authority as something of divine origin.

The French political philosophy of the eighteenth century was found to be of a different character. It asserted the fundamental equality of man. It was often forgotten that this equality was a goal to be slowly and gradually approximated rather than a fact. Consequences flowing from this false philosophy were briefly described.

The political philosophy of the founders of the American republic was characterized and Jefferson was quoted to the effect that the real test of a democracy was its capacity to select the best for rulership. A democracy arose, however, which was a perversion of the true democracy described by Jefferson in the quotation, and this democracy acted upon the assumption that all men were equally fit for office. The result was that office came to be degraded. Office was no longer held to be a trust but merely booty. There was an attempt on the part of the American people to avoid a class of office holders, but the office holders still existed as a class. The class of office holders, however, instead of being composed of superior men, trained for their duties, was comprised largely of ward heelers. Rulership was inevitable.

Continued on fourth page.

The Daily Cardinal.PUBLISHED DAILY (SUNDAYS EXCEPTED)
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friends. Call for blank wrappers to
direct. Incomplete files can be com-
pleted by calling at the office for the
missing numbers.A valuable and exhaustive paper on
the subject of bathing, by H. H.
Everett, instructor in gymnastics, will
be found in this issue. Students will
do well to read what Mr. Everett has
to say on this important subject.For some unknown reason interest
in lawn tennis continues to lag. If
the game is to remain at the university
it is very necessary that a decisive step
should be taken at once. If nothing
is done when spring arrives it will be
found even more difficult to revive
the sport. Why would it not be ad-
visable for such purpose to hold a home
tournament this season? So far as is
known the authorities have as yet
done nothing toward this end. Surely
it would tend to bring out many new
men besides all the older members
who have previously been interested
in home tournaments. Should this plan
not meet the requirements of the man-
agement let some other scheme be in-
vented, for surely, we cannot afford to
drop tennis from the list of sports
at the university.A special offer by the business man-
ager will be found elsewhere in this
issue. For the remainder of this term
the Cardinal will be delivered to any
address for only seventy-five cents.
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the vote of the faculty to make the
Cardinal the official university publica-
tion, in order that all the students may
be enabled to take the paper and thus
keep posted on university affairs. We

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the Cardinal needs your support, but
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to the fact that the Cardinal has been
made the official paper of the university.
Hereafter the first appearance of
the notices and instructors' announce-
ments will be made in the Cardinal.
Arrangements have been made by
which the notices for each day will be
received by the Cardinal in time for
publication in the issue of the even-
ing before. In this way the readers of
the Cardinal will be able to keep up
with everything much better than be-
fore.

The use of the front room on the
fourth floor of University hall has also
been secured by the Cardinal. An of-
fice on the hill has long been needed
and it is expected that this will result
in an improvement of the Cardinal.
Most of our exchanges will be kept
in the university office where they
can be consulted by the students.

LITERARY NOTES.

The latest publication by the Ameri-
can Academy of Political and Social
Science are papers by Rev. Graham
Brooks and Chester A. Reed entitled
respectively "The Future Problem of
Charity and the Unemployed," and
"Peaceable Boycotting." Mr. Brooks,
who spent several years abroad studying
European methods of providing for
the unemployed, gives his views of the
methods we must adopt if we would
solve the problem which is growing
more serious every year. Mr. Reed dis-
cusses the phase of the strike question
brought up by the Ann Arbor strike,
and shows on what grounds the courts
decided against peaceable boycotting.
He then defends the rights of railway
employees to join in such boycotts.

The frontpiece of the October Review
of Reviews is a reproduction of a
photograph of William Cullen Bryant,
taken shortly before his death,
and now published for the first time.
The centennial anniversary of the
poet's birth is the occasion of the ap-
pearance in this number of the Review
of an appreciative article on Bryant's
place in our literature from the pen
of Mr. William R. Thayer. The
Review commends to our public
schools and other institutions the cel-
ebration of our anniversary day, No-
vember 3, or Friday the 2d, if more
convenient, as a proper tribute of re-
spect to the memory of the Nestor of
American letters. Among the topics
of timely interest singled out for edi-
torial comment in the "Progress of
the World," is the Elmira Reformatory
system. The editor takes the
ground that whether or not Superin-
tendent Brockway has erred in certain
details of administration, the signal
service rendered by him in the build-
ing up of such an institution are not
to be ignored.

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HOW TO TAKE BATHS.

A Valuable Article by Instructor
Everett.

In regard to time, manner and tem-
perature of bathing there is a great
variety of opinions, especially among
the laity.

Aside from the value of bathing as a
means of cleanliness it is of great
value as a medical remedy, and prop-
erly taken is of great good, and im-
properly taken is productive of many
evils. No one can say that a hot bath
or a cold bath can always be taken.
A bath that produces a certain effect
on one day will the next produce an
opposite effect; hence the only way
to use the bath properly, unless under
the care of a trainer or physician, is
to study the value of each and be
your own trainer.

The primary benefit is to remove the
sebaceous or oily matters excreted
from the skin, which if allowed to re-
main clog the pores of the skin and
prevent the evaporation of moisture
and throws the work usually performed
by the skin upon the kidneys and
liver. If the closing of these pores
is sudden it produces internal inflam-
mations and congestion or general
poisoning of the blood; hence it is
always advisable to begin the bath
with water as warm as the tempera-
ture of the body, where the object is
cleanliness.

It is a well-known fact that wild
animals will travel for miles to get
around rather than cross a stream of
cold water.

A cold water bath is always dangerous,
especially if taken before break-
fast when the whole system is at a
low ebb, the heart has been resting
for eight or ten hours and no food
has been taken for twelve hours. The
effect of such a bath is a contraction
of the blood vessels of the skin. The
blood is driven towards the center
of the body and calls for a great in-
crease in the activity of the heart
and nervous centers when they are in
an unnourished condition. The internal
organs are overladen with blood
which will remain for hours unless
the heart be exceptionally strong and
able to drive the blood back again
to the skin. From such a shock lung
diseases are contracted and the liver
is unable to act on account of the over-
fullness.

There are, however, several baths
that can be taken with benefit to one
of ordinary strength and health. These
are the various kinds of friction baths.
A wet friction bath is considered a
tonic and can be used with a coarse
towel or bath mittens, wrung out in
cool water about five or ten degrees
lower than the temperature of the body.
This should be passed quickly but
not harshly over the surface of the
body, then dried with a soft towel
and the friction finished with the dry
hands, always rubbing towards the
heart in the direction which the venous
blood is flowing. The body should be
rubbed perfectly dry and a feeling of

warmth should follow. If it is desired
to make the bath stimulating a little
ammonia or alcohol can be added.
This is undoubtedly the most beneficial
for the morning bath.

If it is necessary to bathe during the
day in cold weather a cool sponge
followed by a light rub is prefer-
able as it leaves the pores and blood
vessels contracted and prevents con-
gestion in the cold air. A cool sponge
over the upper part of the body is
one of the best safeguards against
taking cold. The head and feet must
be thoroughly dried before going into
the cold air.

A hot bath is a tonic and is used
in fatigue, muscle soreness, sprains
and in the early stages of a cold. It
should be taken just before retiring,
and then serves as a hypnotic.

A cold bath is not safe as has been
explained. It demands more reactive
power than the ordinary person pos-
sesses. The strain on the nerves is
bound to tell some day. For a weak
person a warm bath with the precau-
tions of cooling and drying the body
are the safest, especially if the lungs
and heart are weak. The best time
for a light tonic bath is in the morn-
ing, a cool bath about eleven in the
morning, a cold bath never, a warm
bath one hour before supper, a hot
bath just before retiring. The bath
should be taken one hour before eat-
ing excepting the friction bath, and
not sooner than one hour after eat-
ing. A cold foot bath followed by
brisk rubbing is also a good means of
warding off colds, and taken with a
little tincture of belladonna generally
cures sweating feet.

The bath as generally used by pro-
fessional masseurs and trainers is as
follows: The patient is usually in a
warm or sweaty condition from exer-
cise, active in the strong and passive
in the weaker patients, a warm or hot
salt rub is given followed by a tepid
and cool shower or sponge. The body
is then dried and rubbed with alcohol
or hammamelis. If the bath is more
especially for the purpose of strength-
ening the patient and increasing the
weight cocoa oil is used. Where mas-
sage is given it usually precedes the
alcohol, etc. This bath cleanses and
stimulates the skin, strengthens the
nerves and with the use of massage
strengthens and develops the muscular
system. If the rubbing be done by an-
other person the benefit of any bath
is increased tenfold.

The above are the baths common to
gymnasium and home use. Other
baths such as Russian, Turkish, mud,
pack, vapor, hot air, medicated, mineral
and many others should always be
taken under a physician's directions.

H. H. Everett.

President Harper wrote a letter to
President Eliot of Harvard the other
day, from which a certain enterprise
newspaper correspondent is about to
conclude that Harvard is to become
an affiliated school of the University
of Chicago.—U. of C. Weekly.

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Continued from first page.

ble and all that we could do was to take our choice between the kinds of rulers we would have.

Passing on to the condition of wage-earners, it was found that the false hypothesis of equality had worked harm and injustice; needed factory legislation had been opposed on the hypothesis of equality. It was held erroneously that free contract could advantageously regulate all relations between employer and employed; whereas, the equal strength which free contract as a social theory implies, was wanting. Attention was called by Dr. Ely to the fact that the vast majority of men must always engage in physical toil and it was stated that the true problem was to render all the conditions of this toil as wholesome as possible. Occasionally a blacksmith might become a great preacher like Robert Collyer and it had happened that a rail-splitter had become a president of the United States; but these were exceptions of no account to the ordinary man. No amount of thrift or diligence could bring it about that the many could secure positions of wealth and prominence. The true social aim was to render the lot of the many, while pursuing their ordinary avocations, a desirable one. Sanitary reform was mentioned. The diffusion of education of every sort was also held to be a proper social aim. Art in its various forms, it was claimed by Dr. Ely, could be rendered accessible to all. Finally the responsibilities of those having gifts of any sort above the average were emphasized; for our responsibilities must be commensurate with our possibilities, declared Dr. Ely in closing.

The paper was discussed by President Adams, Professor C. R. Van Hise, Dr. J. D. Butler and Colonel W. F. Vilas. At the close of the discussion Dr. Ely again stated his position on the subject.

Following the literary feature refreshments were served and President and Mrs. Adams extended to the club an invitation to assemble at their residence in two weeks when an Oliver Wendell Holmes program would be given. Papers will be prepared by several of the members of the club.

UNIVERSITY CALENDAR.

Tuesday, October 9.

Ball game, Randall Field, 3 p. m.
Lecture on History, Prof. Haskins, Science hall, 4 p. m.

Wednesday, October 10.

Lecture on biology, Prof. Barnes, Science hall, 4 p. m.

Thursday, October 11.

Ball game, Randall Field, 3 p. m.
Lecture on Early History of English Drama, Prof. Hubbard, Science hall, 4 p. m.

HISTORY SYNOTPIC: Prof. Haskins' synoptical lecture in history will be given Wednesday instead of Tuesday.

CO-OPERATIVE ASSOCIATION: The Co-operative association will meet Friday afternoon at 4 p. m., Library hall.

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ADDRESSES WANTED.

The associate dean would be obliged for the city addresses of the following law students. They are needed for the college directory about to be published:

Juniors: De Bower H. T., Henning E. J., Manson N. J., Mill A. W., O'Brien N. A., Runkel L. W.; Seniors: Burkhardt G., Edward R. A. C. N. Gregory, Associate Dean.

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