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Cue. Volume III, Issue 20 December 6, 1968

[s.l.]: [s.n.], December 6, 1968

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THE CUE

VOLUME III

DECEMBER 6, 1968

ISSUE 20

NEW INTERNS

Our hospital has the extreme good fortune to have two fine interns in our Psychology Department. It was my pleasure to interview both of them for the Cue and for you.

Dr. Mohiuddin Ahmed is a native of Pakistan. He has received his Ph. D. from the University of Pittsburgh. He came to this country as an exchange student on a Fulbright Scholarship.

Mr. Mark Worden is our other intern and he, too, will be with us until next September. He is a graduate of Washington State University and upon the completion of his doctoral dissertation will receive his Ph. D. His major field of interest is behavioral modification.

Dr. Ahmed finds that although we operate and are organized with a rigid structure, it is very flexible. His involvement here is with the effectiveness of the treatment program, with special interest in behavior therapy and clinical research. His duties and Mr. Worden's include participation in staff meetings, in seminars for the department and as a training therapist with student nursing sensitivity groups and psychological diagnostic work with group therapy.

Mr. Worden, an English major and former teacher, gives a great deal of his time to the Children's Consultation Service. This group which includes Dr. Moore and Dr. Cautley and Mrs. Cohen, a social worker, do referral work for children with behavior problems. He also spends a half day with the Winnebago County Guidance Center located in Neenah.

Dr. Ahmed found the building more attractive than he expected and he likes the farms of the neighboring com-

munity. Dr. Ahmed is single and lives in Oshkosh.

Mr. Worden is married and has a little girl. He has been greatly impressed by our physical plant and progressive attitudes among his colleagues. He also says that he was surprised at the large number of people in the community and the flatness of the surrounding country. This, he says, is surprising to someone who was brought up in Utah and educated in the State of Washington.

Sally

MAIL ROOM REPORT

The mail room staff was very cooperative in presenting us with information as to the incoming mail and packages received during the Christmas season.

It is anticipated that the mail for Christmas will more than triple itself. It was stated that packages from the open wards should be mailed at the mail room in the Main Building. Closed ward patients should contact a ward attendant.

For patients who are wrapping gifts to send out, you can get wrapping paper and string through your ward staff. When you address your mail remember to use your zip code.

It is also suggested that patients should mail their packages as early as possible, in order to avoid any unnecessary delay in the mail.

Wm.

Chaplain's Message

Kappy Birthday

THE CHRISTMAS MESSAGES

One of the great gifts of Christmas is its quickening of the capacity for astonishment. That is a gift desperately needed in a world where the capacity for amazement is becoming more and more depleted. The decline of the ability to wonder, to be astonished, is partly the result of the tragedy of growing up, of losing much of that rich fund of curiosity with which the child is endowed.

Oldsters can so easily become a Society for the Suppression of Astonishment. The vision, splendid in the child's eye, so often fades into the light of very common day. So it is fitting that Christmas, the festival of the Child, should bring the gift of astonishment restored.

The Christmas story began with wonder. The shepherds were "sore afraid". That is, they were stunned with astonishment. The whole affair was fantastic. Chesterton sensed the very genius of the Day: "the things that cannot be and are."

And how sorely we need an increased ability to wonder! Ours is a world surfeited with facts and information and entertainment. We have an unceasing parade of novelties, but also a rapidity of things going stale. It is one of the strange paradoxes of our time that a world full of wonders has lost the sense of wonder. The two are quite different. We gaze at a bewildering succession of marvelous machines, but there is little of the deep amazement felt on the Judean hills so long ago. One reason religion to so many becomes stale, flat and wearisome is that the sheer wonder is left out.

Increasingly we live in a push-button world; no surprises, no fantastic wonders; just common sense, which gets to be as stale as a left-over biscuit. But Christmas knocks a

routine world of order topsy-turvy. Everything is gloriously out of place: a song in the sky, a baby in a barn. That out-of-placeness brings astonishment to lives needing badly the thrill of wonder. For life is truly measured not by the number of breaths taken, but by the number not taken, the occasions when breath is stopped in amazement. This is the breathtaking astonishment of Christmas. (From Halford E. Luccock's book, Living without Gloves.)

Chaplain Van Deusen

HAPPY BIRTHDAY

2 Beryl
5 Augusta
7 Barbara
9 Sally W
10 Joanne
11 Bessie
12 Sharon
12 Joanne
13 Luanne
14 Jane Z
14 Lorraine
22 Margaret
23 Alice
23 Ada S
23 Adoline
25 Zella
26 Bernice
27 Jean D
30 Vera S

1 Ronald
2 Fred K
2 Alfred
2 Harvey
4 Leslie
8 Edward
10 Joel
13 Wendell
18 Richard
21 Daniel
21 Donald
27 James
27 Thomas
29 Gerald

Issues & Answers

WHAT DO YOU LIKE MOST ABOUT THE
FOOD SERVED AT CASH AND WHAT ITEM/OR
ITEMS WOULD YOU LIKE TO SEE SERVED?

I thought the barbecued chicken is very good. I would like to see malts and hamburgers on the menu.

Merlin

I think it would be groovy to have grilled cheese sandwiches once in awhile. The pizza is yummy.

Judy

How about some new cooks?

Rose

The swiss steak is good, the bakery is always excellent, and I appreciate the orange juice. I would like to see breaded pork chops and more ice cream.

Anonymous

I really like those turkey pot pies. I would like to see spaghetti served more often.

Tony

I would like to see tacos and breaded veal cutlets. I would like to see different kinds of juices such as apple or pineapple. Once in awhile I wish we could have some hot chocolate. I like the pies and cakes.

Carolyn

I get a little tired of roast beef each Sunday. Although it really has a good flavor, I think it's served too often. I think all the pastries are excellent. I think ravioli would taste good occasionally.

R. Lee

I would like better pizza. I don't appreciate the way it is because it is kind of coarse at times.

Dave

The food is O.K.

Raymond

My favorite is turkey pot pie. I would like to see some green stuffed peppers once in awhile.

Bob

I don't like the food; however, I don't know what I would like on the menu.

Karen

The food is very good. I really like the pizza. I would like to have more Chinese foods and fortune cookies.

James

I wish we could have two pats of butter. I like the dry cereal because they can't goof it up.

David

In my opinion the food is bland, lacking spice and is served in irregular combinations.

Tom

I would like to see more chicken and rib roasts done deliciously.

Naomi

I would like to see more of those beef sandwiches, sloppy joe hamburgers and fish and cheese sandwiches.

Frank

The food should be served when it's done and full of flavor, rather than steam-heated past its taste.

Tony

The menu is varried and well balanced.

Sherman

Women's Page

TOO WELL LOVED. DOLLS GIVEN NEW LIVES

by Mildred Freese
of the Journal Staff
Nov. 24, 1968

Cindy had a crack in her face fixed, a broken leg mended and was resplendent in a fresh lavender flowered dress of a turn of the century design.

Cindy was waiting to be taken home from Mrs. Pekrul's doll hospital which is in her home and goes under the name of Ann's Doll Hospital, 5904 W. Mitchell St.

Cindy was an antique. Her head was of German bisque---hard fired glasslike ceramic ware. Her body was of white kid leather. She was valuable and her prettiness would grace a woman's collection of antique dolls.

There were other dolls that to little girls are much more important, especially at this time of the year.

One's hair needed to be shampooed and set, another needed a new wig, another had a broken arm. Others had such ailments as sick tummies which caused their innards to malfunction.

There just isn't enough time to repair both the antiques and the little girls' favorites, and the little girls won't be disappointed if she can help it.

Dolls of all kinds filled the cases and lined the walls in the small annex to Mrs. Pekrul's house. Next year she said, she is going to "tear down that wall and have a bigger place."

She makes a small profit, but it's mostly a hobby.

She likes to sew and has the ability to look at a picture and cut her own patterns from it. She also has a doll collection of her own.

* * * * *

Maybe the trouble with college kids today is they're not sending their laundry home in boxes anymore.

WIG WORRY

Mrs. Laretta Doman, of the Beauty Shop, appreciates the interest of patients here wishing to have their wigs cleaned and styled; however, "we are not equipped for it nor are we trained in this field."

Here are some pointers. Brush your wig gently with a natural bristle brush after each wearing, but don't overdo it. To clean it, use a wig cleaner; never shampoo it. Set with water only, using smooth rollers and end papers. You can then use a hair dryer. If an instant hairsetter is used, do not leave rollers on for more than a minute and use wig conditioner liberally. Use a wig conditioner, mostly on the ends of the wig, whenever the hair begins to feel dry. Wig spray is fine to hold the finished style, but use it in moderation.

Hair-Do Magazine, Nov., 1968

CHRISTMAS NUT TREE

This makes a beautiful ornament for Fall and the festive holidays.

Buy a supply of mixed nuts. Hunt for some acorns and chestnuts. Bake these nuts in the oven at 225 degrees for about 1½ hours. Take a small drill and drill a hole in each nut at different angles. Take a round toothpick and stick it in each hole. Varnish each nut with high gloss varnish. Place on a box, with small holes punched in, to dry. Buy artificial miniature fruits. Wrap wire of the fruits around the toothpicks. Stick into a 12 inch styrofoam cone. Place the nut tree on a metal stand to fit.

Helen .

* * * * *

Usually it's a lot easier to nod as if you agree with someone than it would be to explain why you don't.

If it isn't fattening, it isn't dessert.

on the Sober side

... a report from the alcoholic treatment center

CHANGING SCENE AT THE ATU

The hospital has announced major staff changes within the Alcoholic Treatment Unit at Hughes Hall, effective as of December 1. Dr. George Lysloff, now assistant clinical director in charge of education and research at WSH, has been additionally re-assigned to administrative responsibilities within the unit. Dr. Lysloff is replacing Dr. Mary Kubiak and Dr. Meredith Keller; Dr. Kubiak, who has been director of the ATU for the past two months, has been temporarily re-assigned to her former clinical duties at the Kempster Services. Dr. Keller has assumed a new post as medical director of an industrial firm in the Chicago area, having served as staff physician at the ATU since last April. Both the patients and the staff employees at the center will miss the time, help, understanding and spirit that Dr. Kubiak and Dr. Keller contributed to the ATU; we hope they will always keep in touch with the general scene and progress at Hughes Hall.

Joining the unit as staff physicians at this time are Dr. Arthur Brenner and Dr. Quentin Case and we welcome both of them:

Dr. Brenner was born in New York City, attended high school there, and received his Bachelor of Science degree at the University of Miami at Coral Gables, Florida. He was in army service from 1944 to 1946 and was graduated from the University of Vienna Medical School in 1963. Dr. Brenner did post-graduate work in New York and took his internship at Misericordia Hospital in Winnepeg, Manitoba, Canada, and served on the physical medical staff for two years at the Manitoba Rehabilitation Hospital in Winnepeg. Dr. Brenner joined the WSH staff earlier this year and has served on both the Sherman and Kempster Hall units. He enjoys travel and sports - especially archeology (he's been on several "diggings" in Europe) and fishing.

Dr. Case received his Bachelor of Science degree at St. Louis University in St. Louis, Missouri, receiving his M.D. there in 1956. He served in the United States Air Force from 1959 to 1963, after he trained at St. Louis

City Hospital and the Milwaukee Childrens' Hospital. Dr. Case practiced medicine in Racine, Wisconsin from 1963 through 1966. He joined the WSH staff in 1967 and has worked at Kempster Hall and more recently the Hughes Hall childrens' unit in pediatrics, which is his specialty. Dr. Case enjoys outdoor sports such as skiing and is proud to report that during a trip to Alaska this summer he bagged two moose and a caribou while bow-and-arrow hunting in the wilds.

Dr. Lysloff will continue with the newly formed alcoholic research project here; when he gets his program into full swing there will be 20 research projects of sub-projects underway. He will incorporate unto the program his own experience in the treatment of alcoholics along with the best professional procedures from other parts of the United States and European countries. It is hoped that eventually Winnebago State Hospital research on alcoholism will prove something concrete as to proposals for effective treatment.

An open house has been planned for Monday, December 9 from 1:00 p.m. to 3:00 p.m. at the ATU at Hughes Hall and in the alcoholic ward at Gordon Hall North. This will be followed by a lecture at the Food Service Building by Dr. John L. Norris, Medical Director of Eastman Kodak. Dr. Norris, who has served as Director of the National Council on Alcoholism and as a director of the Board of Trustees of A.A.'s General Services Board, will conduct the program, "Local Alcoholism Programs - From Concept to Reality," with questions and participation from the audience. WSH staff members and interested community members are invited to attend.

Ellen

Employee of the Month

Library Corner

Mrs. Lee has been an employee at Winnebago State Hospital for twenty-one and a half years. Starting as a domestic for two and a half years, she was transferred to the aide service and during her time here she was charge aide of ward seven in the old administration building for thirteen and a half years. From there she went to admissions on one west Kempster and moved with them when the unit was changed to Sherman seven and eight.

Mrs. Lee says she likes admissions because the patients are all different and one never knows what to expect. She finds it a challenge to all medical and nursing team members as they help all types to recover. She is most enthusiastic about the new medications and encourages all patients to take advantage of the opportunities offered by different medicines and therapy departments.

Mrs. Lee lives on a nearby farm with her husband and two sons. One of her boys is now in military service and the other is a student at Oshkosh Technical Institute. Besides homemaking, Mrs. Lee likes to refinish antiques and especially likes doing little tricky things in the baking line.

On Monday Mrs. Lee will take a group of patients from seven and eight to her farm where they will spend the day baking Christmas breads and making candy. These things will then go on sale as they were last year. With the money that is made, something will be bought for the wards. It is hoped that this year we will be able to get a waste basket for every bedroom.

Mrs. Lee has long been a favorite of her many patients. Her bright red hair seems more to indicate her happy sense of humor than a fiery temper, although when she puts her foot down it is really down. We are happy to have Mrs. Lee as employee of the month and hope that it will someday be your good fortune to know her as well as we do.

Sally

Mrs. Joyce Marsh, Patient Librarian, tells us of a few of many new books for young adults recently received by the library in Sherman Hall basement:

"The Open Heart" by Nikolai Amosov. Life and death drama fills this absorbing personal diary of two days and nights in the life of a compassionate Russian heart surgeon.

"Landslide" by Desmond Bagley. Arnesiac Bob Boyd, a geologist who goes to British Columbia, struggles to find out who he really is in an adventure, mystery and suspense novel.

"U.S.S. Mudskipper: The Submarine that Wrecked a Train" by William Marion Hardy. A psychopathic World War II submarine captain takes his crew on shore and blows up a tiny Japanese train to add one more trophy to his collection.

"One Summer in Between" by Melissa Mather. Harriet Brown, a Negro college student, working temporarily for a white family in Vermont, is shocked when she recognizes her own prejudice.

"The House of Tomorrow" by Jean Thompson. In a home for unwed mothers Jean overcomes despair and faces many decisions about her future and that of her unborn child.

Editorial Staff

Tony
Robert
Margaret
David
Helen
Sally
Jean
Wm.
Ellen

Advisor:
Chuck Lemieux

Reader's Rhymes

DESIRE

I ask grant of patience
Yet in desiring want none
Rather would I
Impetuous hasten
Promises to fulfillment.

When desire unanswered must be
Wanting unfulfilled brings quiet
anguish
Knowing it shared
Turns low the flame
That seeks to blaze
Untethered and unchecked eternally
Until the hour of its bloom.

--Frances!

MORNING PRAYER

O God of the dawn of all beginnings,
Hold forth this day unto me
From Thy glorious throne
Through this vale of travails, and,
For as the day's evil is sufficient
unto itself,
Let me not take fear for tomorrow,
But rather to sleep o' night at day's
end,
Under Thy fatherly providence and
watchful eye
And dream unto the next unto Thy
Kingdom
That it also may be fulfilled on
earth,
Which can only be fulfilled in
entirety,
Together with Thee and Thy family,
In Thine everlasting abode in heaven;
To seize the opportunities of this
day,
That it may come to a perfect close,
But to put my trust in Thee,
Lest I see Thee not through my eyes of
faith,
For these passing tribulations. Amen.

--James C

BEATNIK MONOLOGUE:

O predatory things of the age!
You have vetoed the human soul.
My soul, my harassed beast,
You rush through the city ways,
Like a pup with a bit of leash,
You whine like a beast at bay.

--Wm.

AFFIRMATION OF THE LIVING:

Farewell, you time of outskirts!
Life's slag--for each it's turn.
Life burns us all to ashes.
To live--it means to burn.

All's burned to the foundation.
Sighers sitting in a row.
All's over?
It's beginning!
To the movies let us go!

--Wm.

TO PATIENCE AND PRUDENCE

O Lord, who lovest all men, the good,
the righteous, and willest not
harm,
Make me as patient as the day is long,
Even as Luther, Thy servant, was
patient,
That I may be long lived upon the
earth,
For the meek, not the weak shall
inherit.
Do Thou strengthen me, O Lord,
and make me patient; strengthen
me,
Quench my ignorance with Thy
truth,
Quell my naive longings and tensions
with Thy patience and
prudence and watchful care. Amen.

--James C

ANSWER TO THE CHANT OF KINGS

Thou art our God, and oh Lord
Thou art near. Thou did come to the
place where I waited. Mine own
eyes have seen the perfection of
Thy beauty. My soul was satisfied.
I will thirst no more. My bread
will I eat in silence. I will not
hunger for the truth. Pleasant
things are before me. The light of the
Lord hast shown in the hour of
despair. He is present with me,
my bosom is stilled with His peace.

--John

Around the Grounds

HUGHES HALL A.T.U. CLEANUP

On Monday morning the 18th of November the Hughes Hall Alcoholic Treatment Unit started house cleaning with a great deal of success. Curtains were washed, floors scrubbed and waxed, walls cleaned, bathrooms cleaned, windows washed, all rooms dusted and scrubbed out. It was cleanup day at the Unit. More than one-half the ward participated. All in all, it was a great success.

Wm.

FAREWELL PARTY

The student nurses entertained Sherman 5 with a dance and refreshments in the Day Rooms Monday night. The men were from Wards 3-4. The students made corsages out of tissue for the women and boutonnières for the men. For music we had the record player. Those who didn't dance enjoyed watching. The students had baked cupcakes on their weekend at home. Coolade was also served. The cupcakes were simply delicious.

The group of patients had a good time.

Thanks for the traditional farewell parties. We patients appreciate them.

Helen

HAIL, COLLEAGUES

To the anticipation of music buffs here, "The Colleagues," a mod group of musicians and professionals in their own right, from Dayton, Ohio, have volunteered to come back to WSH for a return engagement around December 17th.

Their first appearance on the afternoon of September 19th was enthusiastically received. The quartet features drums, sax, organ, bass, clarinet, flute and guitar.

Their program will consist of an hour's variety of music with the last 10-20 minutes featuring Christmas music. The Colleagues will play on one of the following days: December 17, 18 or 19.

Bob

MOVIE REVIEW

"THE CINCINNATI KID"

This high-powered film, starring Steve McQueen, Edward G. Robinson, Ann-Margaret, Karl Malden and Tuesday Weld, will be shown in the Hughes Hall Auditorium at 7:30 p.m., Thursday, December 5. Plot: With New Orleans as a background, circa 1936, the Kid (Mc Queen), an expert gambler, is determined to take the crown from the dapper little King of stud poker, Robinson, who is known as The Man. In the few days waiting time before the actual game, The Kid, nervous and restless, whiles away time while being pursued by the two women. When the big poker game finally arrives, all are ready. It goes on for several days with attempts by Malden to cheat in his dealings on behalf of McQueen. The latter finds out about it and honorably insists that Malden desist. Apart from the drama of the contest between the steely-eyed veteran and his brash young challenger, the film offered an intriguing look at those circles in which a love of gambling and jazz make all men equal.

OSHKOSH BARBERSHOPPERS

A unique concert was presented to WSH patients on Wednesday, November 20 in the Music Therapy auditorium at Hughes Hall: 35 members of the Oshkosh mixed barbershop (all male) chorus sang out old and new favorites with full abandonment of hearts and lungs. The group has met for about 30 years and its members come from all walks of life in the Oshkosh area.

The entire mixed chorus first presented "When You're Smiling," "Just a Little Street Where Old Friends Meet," "Baby Face," "Alexander's Rag Time Band" as well as the moving "Jesus, My Lord, My God, My All." Next appeared a quartette who wryly called themselves the "Grin and Tonics" and who swung into gusty versions of "We Feel a Song Comin' On," "Them There Eyes," "My Buddy," and "Caberet." Another quartette, "The Colonels of Corn" followed with "Hey Johnnie," and "What This Whole World Needs." The group's four-man combo (with bass fiddle and folk guitar) ended the rousing evening with "Honey" and "Alabama Jubilee." The Barbershoppers will return for a repeat performance on Thursday December 12.

Ellen

THE WEEK AHEAD

HOSPITAL ACTIVITIES FOR THE WEEK OF DEC. 9 - DEC. 15, 1968

| | | | |
|-------------|----------------|-----------------|--|
| December 9 | 1:15 pm | SH 5-6 | Menasha Red Cross |
| Monday | 2:30 - 4:00 pm | HH Music Rm. | Record Listening |
| | 3:45 pm | GH AT Area | Catholic Mass |
| | 6:30 pm | Scout Barracks | Woodworking-Boys |
| | 7:00 pm | SH 7-8 | Outagamie Red Cross |
| | 7:00 pm | HMB | Gamma Sigma Sigma |
| | 7:30 pm | GH AT Area | Card Club |
| December 10 | | | |
| Tuesday | 10:30 am | GHS | Lutheran Service |
| | 2:30 - 4:00 pm | HH Music Room | Record Listening |
| | 7:30 pm | 1-W | Jaycettes of Oshkosh |
| December 11 | | | |
| Wednesday | 1:15 pm | SH 1-2 | Appleton Red Cross |
| | 2:30 - 4:00 pm | HH Music Room | Record Listening |
| | 3:00 pm | Kem. Rec. Rm. | Patients Planning |
| | 4:30 pm | HH Cafeteria | Canteen Social Chairmen Dinner Meeting |
| | 2:00 pm | North Cottage | Menasha Vocational Homemakers |
| | 6:30 pm | SH 3-4 | Gamma Delta |
| | 7:00 pm | Chapel | Lutheran Service |
| | 7:30 pm | Kempster Hall | Episcopal Church Caroling |
| December 12 | | | |
| Thursday | 10:00 am | GHS | Protestant Service |
| | 7:00 pm | HH Gym | Barbershoppers - Caroling |
| | 7:30 pm | GHSP | Mercy Student Nurses |
| December 13 | | | |
| Friday | 2:30 - 4:00 pm | HH Music Room | Record Listening |
| | 3:45 pm | Chapel | Catholic Mass |
| December 14 | | | |
| Saturday | 9:15 am | Kumpus Room | Bowling - ATU vs HH |
| | 9:15 am | Gym | Volleyball - Sher. vs Kemp/GHS |
| | 10:00 am | GHS | Hymn Recital |
| | 10:30 am | GHN | Hymn Recital |
| | | To be announced | Catholic Confession |
| | | To be announced | Catholic Mass |
| | 2:30 pm | HHA-3 | Women of First English Lutheran Church |
| | 3:00 pm | HHA Wards | Caroling |
| December 15 | | | |
| Sunday | 8:45 am | Chapel | Protestant Service |
| | 10:00 am | Chapel | Catholic Mass |
| | 7:00 pm | SH and NC | Caroling |

LISTEN TO THE DISC JOCKEY SHOW 12:30 - 1:00 PM

Monday thru Friday

Mrs. Julaine Farrow, R. N.
Nursing