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Cue. Volume IV, Issue 12 August 8, 1969

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CUE

A Special Feature Edition!

PUBLISHED BY AND FOR THE
PATIENTS BI-MONTHLY.

VOLUME IV August 8, 1969 Issue 12

POST CARNIVAL WILDLIFE OR PARK

Better late than never! Schedules published in the last issue of the Cue were re-adjusted due to the tremendous effort in setting up the numerous booths on the Midway. Activity Therapy Department workers spent several hours in the morning and the last booth was made ready about 1 p.m. Activities began at 1:30 p.m. amid the Carnival music carried via the PA system.

Long lines were formed on the grounds awaiting the issuance of free tickets. Approximately 7236 tickets were dispensed. Ticket holders had their hand marked and were presented with an Hawaiian lei.

"The Dunking Tank" and "Sock em to Me" sponsored by the Activity Therapy department and "Knock off the Hat" by the Medical staff highlighted the games on the colorful midway.

An overcast sky with rain clouds was present but a tricky maneuver by Don pulled the rain clouds away.

The only gripe of the day came from Dr. Treffert as he wanted a can of beer to hold and drink while walking around the grounds.

The success of the Carnival was due in part to the spirit of the participants and largely to the cooperation and coordinative efforts of the employees in all the departments of W. S.H. as well as by patients who helped to staff the booths.

The possibility of obtaining title to 56 acres of Winnebago State Hospital land as a wildlife preserve is under study by the State of Wisconsin and the County park committee.

A conference held July 24 would have the State Conservation Division purchasing the 56 acres of hospital land for a county park. Approximate 20 acres of this land consist of prime wild life area, cattail marsh and wetland where ducks and pheasants are raising their young.

Dick Harris, Oshkosh, who is supervisor of the 17-county area for the conservation division, expressed concern that this wildlife habitat would be destroyed if a public park with picnic area were developed next to it. The tract is opposite the conservation division carp pond, on the north side of the state road.

There would be a problem of administration if the wildlife area becomes part of a county park. At present the marsh is state hospital property.

The approximately \$20,000 to purchase the proposed park land is provided in the park committee's 1969 budget. The July meeting between Harris, the park committee and Paul Thies, state hospital business manager, was scheduled so that a mutual understanding could be worked out between the three parties on policies for operation of the proposed county park concerning hunting, fishing and wildlife areas within the park land.

Approximately 435 feet of the proposed park tract front is on Lake Winnebago. Harris indicated that if the 56 acres is bought by the conservation division that the lake frontage would probably be developed into a picnic area, which includes a good stand of mature oak trees.

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READ

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IT'S WHAT'S HAPPENIN'

Outside Teens on prowl for odd-ball labels to add to their collection of national branded soft drink and beer cans. They stack 'em along a bedroom wall. More inventive ones add sand or dirt to make them more "stack-able." Others mount the cans in pop art colleges, "a litter bit!" and "The Can Collecting Clan." Its aim: to help out the ever growing problem of disposable containers. They are a blight on almost every lanscape-- even around some spots on our hospital grounds. Let's try not to be a "litter bug!"

The biggest reason for a boy to clear up his skin...is girls!

Some guys have that certain personality. When they turn it on, it turns you on.

It kind of discourages a Teen-ager when we are trying our best to act and think like adults, only to have someone treat us like a child. We believe a little firm control over Teen-agers does help, but you can overdo it... and that's bad. One purpose of being a Teen-ager is to gain confidence and self-respect.

Today's generation has coined a phrase which in our estimation is the exact definition of style... "do your own thing"... This is style... "your own thing." ... "your own mannerisms, your own dress, your very own you."

Style is actually personality. You can TEST your personality by being "your very own you, "when you associate with other Teen-agers. If they respond to you, there is no need to worry about your personality.

We all have problems. Try understanding your problems and your own will work out. Ever think that you may be your own problem, and your own worse enemy?

The girl who devotes every minute of her time to her boyfriend and neglects her girlfriends, may soon find herself with no friends at all.

It is never easy to get over feelings that have been hurt... in love or any other situation. Don't dwell on your wounds. One day you'll meet
(Continued Page 4.)

TOBY THE PLAYER!

Once upon a Baseball Inning--with the other team a winning

There was one on second, one on third.. Both praying with strong fate - For there was "Toby" at home plate!!

"Hit a home run!" - her teammates did shout - "Come on Toby - remember we have two outs!"

So there "Toby" stood - her hands around the bat really tight - and the pitcher standing there with a look of fight!

Then he pitched the ball - and with a soar - But "Toby" hit it with galore!

Off she ran - and someone yelled "slide"

But she slipped... Well... ER... One can't really say that--cause what she did do... was flipped!

One screamed -- "She's Out!"

"No..." "She's Not! Both teams did shout..."

Then someone did run up to her ...

Ah! Yes, they came!

And yelled, "She's not out ... she's in pain!!!"

"Toby" laved there ... for awhile ... As the crowd and teams gasped! But then she slowly got up ... And they all stood, smiled and clapped.

She didn't cry, scream or say anything at all ... She just stumbled back to Sherman Hall ...

And... so "Toby" do not fear ... Cause everybody still are saying it's the greatest play of the year!

(And remember kid ... you were safe ... and at least got home!)

Observer

To those who I played baseball with at Sherman Hall ...
I was one Hellofa riot!

Thanks,

Toby

Be sure to read ON THE BOTTOM...

a true account of an addict. Page 6.

CUE

The Patient's Newspaper
Winnebago State Hospital

 EDITORIAL DEPARTMENT

D. ; J. ; T. Con-
tributing Editors.

Donna ; Teen Age Editor

Helen ; Associate Editor

Roy ; Editor Pro-Ten

Sue Vande Loo; Acting Advisor

FAREWELL!

What do you write to your readers, many of whom became good friends during our period of hospitalization. What do you tell them in your final editorial?

We have tried to keep you informed...entertained...in our own writing style. It was difficult at times to supply you with fresh-news...inasmuch we publish bi-monthly...and the news we did print may have been old-hat by the time you read a particular issue of the CUE.

We were fortunate in having capable assistance...and we are indeed grateful to Helen Beidleman for her constant high-grade performance as a contributing editor. She never hesitated to accept an assignment as a reporter, and interviewed many staff members for important articles that she wrote and stenciled...ready for printing. She worked at any job that was required without a murmur. Helen developed excellent ideas and was an asset to the CUE.

We also thank Donna for her good work. She was always ready to lend a hand...whatever the specific task may be. She worked long hours and never complained. The CUE received compliments on Donna's work. She could be classified as an editor's girl-"Friday"...as she was always on hand to work daily.

There were other editorial men and women who served on the CUE, but are now working in different towns throughout the state. These folk also served the CUE well and we appreciated them.

This scribe worked under top-notch Advisors...Chuck Lemieux...and Mrs. Sue Vande Loo. Thus we are very grateful for their supervision in the preparation of the CUE.

To our new members of the Editorial Department...Dick Peck; Seamus O'Harra; Tim McHugh and others who may be assigned to the CUE, we extend a warm welcome and best wishes. We feel that all of you will uphold the fine traditions that our former editors established.

The CUE is published by and for the patients. The interest of the patient comes first. This has been our policy and we have followed it to the letter. By adhering to this policy, we ran into two or three detractors who leaped before they looked into the substantiation of a published letter, and we were subjected to unnecessary criticism. However, a seasoned newspaper man doesn't scare easily and the grumblers have their own conscience to live with. We have been verbally insulted on many occasions in our productive life because we published the truth. Some people are rather sensitive to the truth.

On the sunny side of the street, we received many commendations on the general format of the CUE, and the articles, editorials, and other material published in the past few months. It was a team-job, and our editorial department deserves the credit. We were especially delighted by the encouragement we received from a hospital employee with a keen sense of humor. Recently, he told us, "Guilt is quickly discovered when a controversial article is published, for the guilty person finds what he is looking for and thus reveals his guilt. The innocent person merely reads without looking for motives."

On that excellent piece of advice we bid you FAREWELL and the best of good wishes to all our readers.

Goodnight, Sweet Princess!

STRIKE HISTORY

The first strike on record is that of New York bakers in 1741. The bakers were their own masters, however and properly a wing of labor. The first strike of employees against private employers occurred in 1786.

(Concluded from Page 2)

someone who will make you forget your past hurts.

The generation gap of our time is something different from what it was in the past. Teen-agers are not just saying to adults, "you don't understand us. "Instead, they're saying, "What are you doing to improve the world? Why isn't it better? Why don't you care?"

The hardest part ahead is making the best of the time you have. If you aren't doing anything right now except trying to think up reasons for not doing something, stop and think again. You're the Now generation, the generation with power to spare!

(Concluded from Page 1)

At present, the county park committee is charged by the County Board with purchase of the state hospital land, 56 acres, for a park. The legislature passed a bill two years ago authorizing the State Department of Social Services to sell the land to Winnebago County for \$300 an acre for county park purposes only.

Harris said that he would present the idea of the conservation division purchasing the hospital tract for a wildlife and game preserve to the conservation commission at its next meeting this month. Information as to the commission's feeling on the proposal should be available to county supervisors prior to the August 19th County Board meeting.

Thies emphasized that the state hospital staff is interested in seeing that the park area be kept a relatively quiet area and that it be properly supervised. Harris asserted that the sheriff's department through the years has been asked many times to police the road near the carp pond at night.

During the discussion park committee offered the idea that the park committee be allowed to use the \$20,000 for the state hospital land purchase to buy a park area or areas in other parts of the county.

Harris will present his proposal in writing for presentation to the County Board on August 19.

STELLA SCHENK RETIRES

An evening dinner, July 29, at the Holiday Inn in Oshkosh honored Mrs. Stella Schenk who is retired after 41 years service to Winnebago State Hospital.

Now holding the title of administrative assistant, Mrs. Schenk began hospital employment on April 4, 1928, immediately following business school training.

She began work, she says, with an admonition from her sister to prove herself she must stay employed for at least one year!

Her first title was assistant clerk stenographer. Living at the hospital as did most employees, she worked 12 hours a day at a beginning salary of \$45 a month plus maintenance. Ten years later she was promoted to junior clerk stenographer.

In 1950, the 44 hour work week was discontinued. The clerks no longer worked Saturday mornings with the establishment of the 40 hour work week.

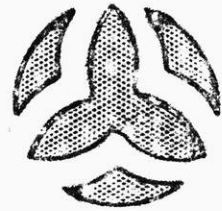
Mrs. Schenk was later classified as senior clerk stenographer and then promoted to the title, stenographer three. In addition to her other duties, at one time she was responsible for all payroll records in the hospital prior to the establishment of the personnel office.

She officially became registrar on January 1, 1960, although she had been working in that capacity for some years. Recently she was classified to administrative assistant two.

Invited to the dinner were all hospital personnel and their spouses. Arrangements for the dinner party were made by Peggy Schuster, Ruth Czeschke, Dorothy Marth, Flo Parker, Margie Borgardt and Jarlath Wolf.

The Daily Northwestern featured a picture of Stella Schenk in three-column size in the society section of the Oshkosh newspaper. Also shown, were Dr. Darold Treffert, Dr. Edward Loftus, Paul Thies, Charles Brethover, and Mrs. Phylliss Van Malsen.

A TRUE ACCOUNT OF AN ADDICT



FORWARD

This is not a pretty story...but it is a true account of Sadie's life ... and present predicament. We can only hope it will serve as an object lesson to any reader pondering the use of narcotics when released from this hospital.

--The Editor



ON THE

BOTTOM

WRITTEN AS IT HAPPENED - -



START

PAGE 6



Jail is no joke! It is hot during the summer months and the steel and iron cell provides no comfort. You never see sunlight and the food is terrible. Sadie, and that's not her real name, reclined on the iron bunk reflecting on her life that caused her present confinement.

"I'm glad I got picked up," she mused. "I was at the bottom. Its for my own good."

For Sadie, the bottom was a tangled list of shameful deeds she never meant to do. Her police record is stained with unthinkable crimes, mostly felonies. At the root of it all is the drug habit ...

Born in southern Wisconsin, Sadie never saw her father. He died before she was born. Her mother died when Sadie was two, leaving behind 10 children. Sadie knew that none of her brothers and sisters had the same father. This information came from her own grandmother.

She spent her childhood at a Home for Dependent Children in her own home town.

At 14, Sadie was put in a foster home a few miles away. She recalled her foster parents were nice people and one day took her to church. She had thought the services hilarious and laughed out loud. For this indiscretion she was punished by being forced to remain in her foster home for a month.

She ran away the first day her foster parents permitted her to play in the backyard. Authorities found her in Chicago at her sister's house and took Sadie to another foster home. She was now 18.

She had been afraid of her new foster mother and especially a big rooster that was kept in the front yard. She thought how mean he was ...

just like a dog. After 18 months she ran away. State authorities put her in an Industrial School for girls.

Six months later Sadie and nine other girls ran away. She now wondered why?

The 10 girls lived in a city's alleyways until hunger drove them to steal vegetables from a garden. Within five minutes they were in police custody.

After a week in solitary confinement at the Industrial School, Sadie was placed in the custody of a brother in Wisconsin. She was still 18.

But she ran away to Chicago again and was picked up by authorities and taken to the State Home for Women in Wisconsin.

When she was 21, Sadie was released. For the first time she was on her own. She again went to Chicago to live with her sister.

That year she became a drug addict.

Her first experience was with the marijuana cigarette. She was standing on a corner when Bob, a man she had met in Wisconsin, drove by and asked her to join him.

She remembered she had taken the cigarette mainly out of curiosity, but it had made her feel elated.

Shortly after that she had her first "fix." It was with the same man in the downtown Chicago hotel.

There she took a boy-girl - cocaine and heroin mixed. She recalled his words: "You're gonna get hooked, girl. Someday you're gonna wake up screaming."

But when it wore off...all she could think of was getting more of the same stuff.

During the next few months she quit her job as a nurse's aid, stopped eating and settled down to finding money to pacify her urge for drugs. She decided to enter the oldest profession in the world--prostitution.

At 23, Sadie turned herself in to federal authorities, and asked to be sent to the National Narcotics Hospital in Kentucky.

There, she called to mind, she
(Continued on Page 7. Column 1.)

(From Page 6 - Column 2)

lived through four drugless months and the horror of withdrawing--which the patients nicknamed "cold turkey." She finally got into a fight with another addict, and was asked to leave the hospital. She was cured physically, but not mentally; she just thought at the time of her release.

She returned to Chicago and Bob. A few years later he was arrested for sale of drugs and she for armed robbery. Her next five years were spent in an Illinois prison. When paroled, she returned to lower Wisconsin, got a job and was determined to go straight.

But the drug habit started all over again. She lost her job, gave up her apartment and became immersed in the day-to-day struggle for money.

When the police picked her up recently they found a plastic bag in her purse containing a hypodermic needle, syringes, and eyedropper and heroin. She was charged with possession and sentenced.

Authorities informed her she could enter the Federal Hospital instead of going to the State Home for Women.

Sadie might make it this time. She just might, but then again she might not. It isn't easy to kick years of drug addiction. If she does get cured at the hospital, she'll face years of parole when released

I can do it, she thinks now in a jail cell, I got to do it. I got strength. I can feel it. I'll come up from the bottom and do right again with God's help.

FINIS

You don't get rid of your temper when you lose it.

People who show good form should live in glass houses.

The future tense of marry seems to be divorce.

The mosquito is like a child. When he stops making noise you know he's getting into something.

An adult is one who has stopped growing except in the middle.

Read The CUE! It's good for you!

PSYCHIATRY RESIDENCY OFFERED

Winnebago State Hospital this past month became the first institution outside of Madison and Milwaukee to offer a residency training program for psychiatrists.

Dr. George Lysloff, assistant clinical director in charge of education and research, announced that the hospital now has a one-year training program and hopes to have a three-year one by next summer.

Winnebago, Marquette University... Milwaukee, and the University of Wisconsin, Madison, are the only three centers in Wisconsin for training psychiatrists.

The Winnebago program is affiliated with the University of Wisconsin... where the doctors will go after completing their year at the state hospital.

At present three physicians are taking part in the program which has four openings. They are Dr. Arthur Brenner, New York; Dr. Paul Derboven, Brussels, Belgium, and Dr. Hermann Pecher, Frankfurt, Germany.

Dr. Lysloff pointed out that the residency program is only the first step in the five-year training of a psychiatrist. The year at Winnebago will be followed by two years in Madison or another two at the state hospital if the American Medical Association approves a three-year program.

The psychiatrists would then return to Winnebago for two more years of staff experience before they would be eligible to take special examinations for certification as psychiatrists.

While pointing out that Winnebago has had training programs in social services, psychology, nursing and activity therapy for years, Dr. Lysloff said he felt the hospital was in a... unique position for offering a residency program.

Community psychiatry is the trend of the future, he said, indicating... that psychiatrists practicing privately in the area will help with the program.

FOUR ★ SPORTS

FOOTBALL SEASON UNDERWAY

The game played between the New York Jets and College All-Stars last Friday evening signaled the start of the 1969 football season.

From now on in, exhibition games will grab sport-page headlines in outside newspapers, and the regular Pro and College teams will be playing regular scheduled games in September.

Currently, we are reading about scrimmages, outstanding rookies, fans lining up for season-tickets, and articles like Vince Lombardi coaching --the Redskins, and Joe Namath back... with the Jets.

The following article on football should prove interesting to our fans, especially the teen-aged boys and the young men who enjoy the game.

The pastime of kicking a ball around goes back beyond the limits of recorded history. Ancient savage-tribes played football of a primitive kind.

There was a ball-kicking game ... played by Athenians and Spartians and Corinthians 2500 years ago and the famous Greeks had a name for it: Episkuros. The romans had somewhat similar game called Harpastum and are supposed to have carried the game with them ... when they invaded the British Isles in the First Century, B.C.

Undoubtedly the game known in the United States as Football traces directly to the English game of Rugby, though the modifications have been many and rather sweeping in some directions. There was informal football on our college lawns well over a century ago and an annual Freshman-Sophomore series of "scrimmages" began at Yale in 1840. But the first annual intercollegiate football game in this country was the Princeton-Rutgers con-

test at New Brunswick, N.J., on Nov 6, 1869, with Rutgers winning by 6 goals to 4.

In those old days games were played with twenty-five, twenty, fifteen or eleven men on a side by mutual agreement. In 1830 there was a football convention at which Walter Camp of Yale persuaded the delegates to agree to a rule calling for eleven players on a side. In 1882 there was adopted the rule requiring the offensive team to make 5 yards in three downs or surrender the ball to its opponents. The game grew so rough that it was attacked as brutal by many critics and some colleges abandoned the sport. Conditions were so bad in 1906 that President Theodore Roosevelt an enthusiasts for all sports, called a meeting of Yale, Harvard, and Princeton representatives at the White House in the hope of reforming and improving the game, with the forward pass introduced and some other modifications of the rules inserted, became faster and cleaner.

Professional football, now firmly established, is an outgrowth of inter-collegiate football. The first professional game was played in 1895 at Latrobe, Pa. The National Football League was founded in 1921. The All-American Conference went into action in 1946. At the end of the 1949 season the two major play-for-pay circuits merged, retaining the name of the older league. In 1960, a rival circuit, The American Football League began operations. In 1966, The National and American Leagues announced plans for a merger, which would be launched with a world championship game at the end of the 1966 season, and be fully implemented by 1970.

WINNEBAGO LOCALS OFF

DROPS GAME TO LOFT

It was one of those topsy-turvy Friday nights again, July 25, when it seems everything you try goes by the way of Sandusky. As the result of this incredible series of events, the Winnebago Locals 48, hit the dust at the low end of a 15-3 tally when they (Continued next page. Column 1.)

tangled with The Loft.

The Locals tried as they managed to collect 9 hits off of Jay Anasov, the Loft's hurler. They brought in two runs in the second and one in the fifth. Meanwhile, however, The Loft staged an 18-hit attack, doubling the Locals' efforts.

The Loft scored in every inning except the fifth. Their big innings were in the fourth and sixth, when they tallied nine runs. The remaining six runs were gained in the first three innings.

Frank went 3-for-3 for the Locals, while Dave and Windal each ripped two safeties.

There just has to be better days ahead for Winnebago. They have the nucleus and the CUE hopes a well-balanced team is in the offing.

| | | | | | | | |
|-----------------|----|-----|-----|---|---|----|----|
| Winnebago Local | 48 | 020 | 010 | 0 | - | 3 | 9 |
| The Loft | | 321 | 504 | x | | 15 | 18 |

Batteries: Dave Daggett and Frank

WHITE SOX CAMP

The Chicago White Sox Boys Camp is an outstanding attraction on the eastern shore of Lake Winnebago. It was developed by Hugh Wise.

Approximately 660 boys, ages 10 to 16, from throughout the United States use the superb facilities on the beautifully-landscaped 62-acre camp-grounds this summer.

The White Sox, who own and operate the camp, are probably the only major league team involved in such an endeavor, and Wise is primarily responsible for its success says George Sobek, the camp director.

Wise, a White Sox scout, for the last seven years, has spent 43 years in pro ball, and was sent to Lake Winnebago six years ago to develop a swampy tract of farmland. He planned and designed the camp, "Brothertown", and has done all the landscaping himself. Today, it is impossible to tell a farm once existed on the site.

The camp includes two Little League diamonds, a Pony League diamond ...a major league size field, eight basketball courts including four shel-

tered ones, a football field, three tennis courts, a championship size swimming pool, trout-stocked ponds, a 9-hole golf course, plus pitching and batting equipment.

The youngsters have access to canoes and a kayak; can play volleyball, ping pong, badminton, cage ball, soccer and horseshoes; can go horseback riding; can learn camping skills in a camp craft program, and take part in an overnight camp out.

The philosophy of the camp is for the kids to be on their own away from home and to make and live with new friends, according to Sobek. A secondary purpose is to develop the skills of the youngsters in the sports they are interested in. The staff stresses sportsmanship, believing that good sportsmanship goes hand in hand with achieving success as an athlete.

Sobek is quite proud, and justifiably so, of the low rate of homesickness despite the fact that for many of the youngsters, this is the first extended period of time away from home. "I think this shows that we have something here they like," says Sobek.

(Editor's Note: We think the above article should prove interesting to our boys in the 10 to 16 age group. We have our own Recreation Department who work hard with our youngsters. Our lads are also "on their own away from home" and they also learn to make and live with new friends." It takes a lot of work and practice to develop into an athlete and becoming a man.)

SCHAEFER SHUNTS SIRENS

Chuck "Rainbowers" with shipshape Karen hurling another masterly performance, turned back the skillful "Sirens", 10-6, in a mix-match softball game the evening of July 28.

(These guys and gals games are gaining rapidly in popularity. When word of the contest was announced in the wards of Sherman Hall, a grand rush to the Main Ball Park quickly followed. Credit is due Chuck for staging tilts where young ladies and men not only obtain needed exercise, but gain the
(Continued on Page 14, Column 1.)

SONG OF THE POET

THE SWEETEST THINGS ON EARTH

"What are the sweetest things on earth?
 "Lips that can praise a rival's worth;
 "A fragrant rose that hides no thorns;
 "Riches of gold untouched by scorn;
 "A happy little child asleep;
 "Eyes that can smile though they may weep;
 "A brother's cheer, a father's praise;
 "The minstrelsy of summer days;
 "A heart which never anger burns;
 "A gift that looks for no returns;
 "Wrongs overthrown, pains swift release;
 "Dark footsteps guided into peace;
 "The light of love in lovers eyes;
 "Age that is young as well as wise;
 "An honest hand that needs no ward;
 "A life that rings in true accord;
 "A hope--but waxing into joy;
 "A happiness without alloy;
 "A mother's kiss. A baby's mirth--
 "These are the sweetest things of earth."

INTEGRITY

No one sees the world go by
 except the ones that yell
 they accept the under world
 but take note of chime and Bell
 for they believe that they've the high
 and we're the extremely low,
 We shape up and face the world
 And watch our nation grow.
 We become decent citizens without help
 We learn to love and not to hate
 For we take our nation free
 We are equal, through thick and thin
 Yes for you and me
 Brave enough to take a stand?...and say,
 I am a citizen of the United States of
 America,
 and will defend its rights.

I shall try hard to improve to make
 a strong nation, for I am a man,
 I am man enough to defend its quality
 through thick and thin,
 through rain or snow,
 I will protect this land given to us
 by God.
 I will preserve my morale both
 spiritually,
 and for humanity
 For I am a citizen of this Great Country
 the U.S.A.

Bill

ONE LITTLE CANDLE

One little candle in my heart does
 burn,
 I tried and tried that I would
 learn,
 just how to make it shine so
 bright,
 so everyone around could see my
 light.
 I hope he will not be ashamed of
 me,
 when I give my candle to thee.
 For when it comes time for me to
 give my gift,
 from my heart my candle I'll
 lift.
 And I hope he will not think me
 bad,
 because one little candle is all
 I had.

Judith

HIATUS

Silent stems the purple tide,
 The swirling waters cease to flow,
 The sun's no longer to be seen,
 And of late has set, its afterglow
 Behind blue purple velvet cloud-masqued sky.
 Into moonless darkling summer night,
 Where the land meets the sea in all its
 night.

James

The bank sent my statement
 last month,
 The Sheet was a sight of great awe.
 Their figures and mine might have
 balanced,
 But I was too quick on the draw!

on the Sober side

GHN ELECTIONS

The Gordon Hall Alcololic Ward... self governing patients, recently elected the following new officers:

Ward Chairman...Harold
Vice Chairman...David
Secretary.....Margaret

In the order of office written above the outgoing officers were Ted Wimmer, Ben Guyette, and Kathy Richter.

The special meeting called for this election came up very suddenly due to the fact that all of the incumbents were taken off of ward duty for weekday outside work.

We believe that unless it is expedient to do otherwise, patients should be given a maximum amount of time to consider and choose their preferred candidates.

In "quickie" elections like this last one, too often candidates are elected by clique popularity, sheep instinct, or even outside influence i.e. staff coercion.

And now, since we are all legal adults, let's have our elections by ballot rather than a perfunctory and often inaccurate "show of hands" count.

"To be "A" or "B" is to be.

Patients in Gordon Hall North, Winnebago's alcololic ward, are divided into two treatment groups: "A" and "B".

Group "A" seeks the answers, the truth the reality and subsequent rehabilitation (making it) on the outside thru Alcololics Anonymous. Group "B" seeks the same thru group psychotherapy.

For this issue of "Cue" we asked several members of group "A" for their sincere and unbiased answer to the following question:

WHAT DO YOU THINK OF AA HERE.....
AND ARE YOU GETTING ANY BENEFIT FROM IT?

"...It could be improved. We need new movies on alcoholism. I'm getting very little benefit from it."
Harold B.

"...To anyone who hasn't been to AA on the outside before, here it will give them a bad impression because you are forced to go with people who don't want to go and don't pay any attention to the meeting. They talk among themselves and make a lot of noise in getting up and down to pour their coffee.

I'M not getting any benefit from it (AA) here but I hope to on the outside.

Ray H.

"...If you can grasp just one word or one sentence which will benefit you now or later on, AA is very worthwhile. To me AA is life itself and without it the hope for a good life would be very dim."

David B.

"AA here is a shambles! Disinterest, unconcern, and misunderstanding is prevalent...needs direction. Very little, if any effort is shown by Hospital Personnel and should be obvious to Medical Staff.

AA sessions and group meetings are disorganized. Occasionally counselors don't show up for meetings for no apparent reason. And when conducting meetings digress on unrelated subjects of their own personal interest. Everything is done for the convenience of the employee with lack of regard for the patient.

Conclusion: until the situation is remedied, the success of the AA program at WSH will continue to be negative

Gene

"...AA here is fine if you can concentrate on it. However, I believe I can benefit more from the outside groups where there is more freedom of choice and the meetings are more intimate.

Ted W.

"...I feel that if the groups were smaller, you could hear the sp-

(Continued on page 15)

THE MOON WILL NEVER

BE THE SAME AGAIN

With Country Music writers at Nashville, Tennessee, turning out new "Moon Songs" by the dozens, and the science-fiction moon now a reality, there is no question that the moon will never be the same again.

It is already apparent that America's faith has been renewed and refreshed and that the limitless Era of accomplishment has been opened on the lunar threshold. All of a sudden mankind feels both smaller and bigger and it is a giddy experience. One of the new Country Music songs says something about "Walking my sweetheart under the sea of tranquillity!" We selected our heading from the title of another new moon song. Now that romantic reverie has appeared in new form by the music writers, and flamboyant youth's fancy satisfied, we publish for the last time the "old" story of the moon:

The earth is the planet nearest to the sun of all the planets which have moons. The two planets nearer the sun, Mercury and Venus, do not have any moons. The next planet farther out, Mars, has two very small moons. Jupiter has four major moons and presumably many minor ones, of which eight are now known. Saturn, the ringed planet, has nine known moons, of which one (Titan) is larger than the planet Mercury. Uranus has five known moons (four of them large), while Neptune has one large and one small moon. Pluto is moonless and considered by some a "runaway moon" of Neptune.

Our own moon, with a diameter of 2,160 miles, is one of the large moons in our solar system and is especially large when compared with the planet around which it goes. In fact the common center of gravity of the earth-moon system is only about 1,000 miles below the earth's surface. The closest our moon can come to us (perigee) is 221,463 miles; the farthest it can go away (apogee) is 252,710 miles. Like all the other moons in our solar system the period of rotation of our moon is equal to its period of revolution around the earth. Hence from the earth we can see only one hemisphere of the moon. Both periods are 27 days, 7 hours, 43 minutes and 11:47 seconds. But while the rotation of

the moon is regular, its velocity in its orbit is not, since it moves more slowly in apogee than in perigee. Consequently some portions near the which are not normally visible will appear briefly. This phenomenon is called "libration," and by taking advantage of the librations astronomers have succeeded in mapping approximately 59 per cent of the lunar surface. The other 41 per cent can never be seen from the earth but should be well mapped by circumlunar camera-carrying rockets within a few years.

Though the moon goes around the earth in the time mentioned, the interval from new moon to new moon is 29 days, 12 hours, 44 minutes and 2.78 seconds. This delay of nearly two days is due to the fact that the earth is moving around the sun, so that the moon needs two extra days to reach a spot in its orbit where no part is illuminated by the sun, as seen from earth.

If the plane of the earth's orbit around the sun (the ecliptic) and the plane of the moon's orbit around the earth were the same, the moon would be eclipsed by the earth every time the moon is "new" (it would be better to call it the "black moon" when it is in this position). But because the two orbits do not coincide, the moon's shadow normally misses the earth and the earth's shadow misses the moon. The inclination of the two orbital planes to each other is 5 degrees. The tides are, of course caused by the moon, but in the open ocean they are surprisingly low, amounting to about one yard. The very high tides which can be observed near the shore in some places are due to funnelling effects of the shorelines. At new moon and at full moon the tides raised by the moon are reinforced by the sun; these are the "spring tides." If the sun's tidal raising power does not reinforce that of the moon we get the low "neap tides."

A new twist has been added to the "Man Walking on the Moon" article... Specialists claim that man is now reaching out to contaminate the moon.. He has spread his own bacteria onto its surface.

CHAPLAIN'S MESSAGE

HAPPY BIRTHDAY TO EVERYONE

LOVE IN LIFE

Out of Christianity come certain convictions that are timeless, yet especially timely in relation to today's understanding of people.

The love of God is the answer to most if not all personal ills, and is basic to health and existence.

The love of God works in all the processes of life, and often through a personal relationship.

The individual person has importance, dignity, and worth, which can not be violated without unfortunate consequences.

God has given man tremendous capacities for healing, for growth, for creativity. These can frequently be released by the experience of love.

Understanding and forgiveness are more powerful and transforming than strictness and condemnation.

Because God wants us so much and we cannot be completely good of ourselves, He accepts us as though we were entirely good, through His loving provision in Christ.

This same principle of acceptance becomes active in human life when one person accepts another in love and understanding, and in spite of faults.

Chaplain D. G. Van Deusen

RIDING HIGH

"I will make you ride upon the heights of the earth."
Isaiah 58:14

One of the rules learned by an airline pilot is to fly against the wind when taking off or landing his aircraft, or when seeking to climb above a storm.

Men learned this rule from the birds. In ordinary flying the bird goes with the wind. But if it meets danger it turns into the wind, even if it means flying directly into the sun.

WOMEN

- 2 Kathleen
- 4 Mary
- 11 Adella
- 12 Ella
- 19 Augusta
- 21 Diana
- 21 Cheryl
- 23 Evelyn
- 26 Henrietta

MEN

- 6 Richard
- 6 George
- 7 Carlos
- 7 Earl
- 7 Seamus
- 8 Jack
- 10 Clarence
- 14 James
- 14 Jerome
- 14 Martina
- 17 Florence
- 25 Russell
- 29 Erwin
- 30 Charles
- 31 Peter
- 31 David
- 31 Alfred
- 31 Laverne

A man was quite angry because his daughter was out all night.

"Well, young lady, explain yourself. Where have you been all night?" he asked.

Said the modern daughter: "Oh, Daddy dear, I was sitting up with the sick son of the sick man you are always telling mamma you sat up with."

If an aggressive reporter cannot blast some rather widely held long sacred, firmly entrenched economic or social programs or dynasties, he had better quit and start driving a truck.

What to do?...Read the CUE!

(concluded from page 9. SPORTS)

opportunity of sport-like good fellowship. Chuck gives everyone who is interested a chance to play in the twilight games.

There's a masculine opinion that the feminine gender lack the ability to engage in athletic activities, however, the last three softball games has proven beyond doubt that the girls are possessed with physical strength, speed and skill. This, in no way, removes the same ability in sports that the boys hold. After all, both teams have lineups made up of girls and boys.

It all simmers down to chance. It is the unexpected hit, missing an easy catch, calculating plays, overthrowing the ball, and plain foolish errors, that turns out a loss in any softball game. Of course, pitching has a lot to do with determining the winner, and such was the case the evening of July 28.

Karen Schaefer went the route and emerged fresh as a blooming-rose when the fray ended. She is a determined competitor on the mound and a splendid young lady both on and off the diamond. Other girls who gave their all in this contest, were heavy-hitter Pat Olson, nifty Nancy Glanzman, jolly Janet King, terrific Tammy Mapes, marvelous Maureen Shelton, and classy Cheryl Snover.

Mike Christner, a student male nurse, also showed a lot of moxie in softball. He has the frame that home run hitters have and should develop into a reliable bat wielder.

Thus another thrilling mix-match fray entered the CUE'S book of events for July, 1969.

THEY

DO

LAUGH HERE

According to Hoyle

A breakfast quest was surprised to see his host pour his tea out of his cup into a saucer. To be polite the quest followed suit.

The host then added cream and sugar to the tea in the saucer. The

quest was about to do likewise, when the host set the saucer on the floor for his dog!

Special Service

A telephone service girl received this unusual request from an elderly lady: "My telephone cord is too long. Would you please pull it back at your end?"

Lack of Assembly

He: "Are you unattached?"
She: "No, I'm just put together sloppily."

Better Luck Next Time

Patient: "Hey! That wasn't the tooth I wanted pulled!"
Dentist: "Just be patient. I'm coming to it."

Man of Action

The trucker had just been served his meal in a roadside restaurant when a trio of motorcycle hoods entered the place. One grabbed the trucker's steak, another his salad and the third his pie and coffee. The trucker left his stool, paid his bill and walked out without uttering a word. "Boy, what a chicken!" one hood sneered. "He sure ain't much of a fighter."

"Ain't much of a driver, either," the counterman added as he gazed out of window. "He just ran his truck over three motorcycles."

Experienced Nurses

Two new nurses came into Sherman Hall Ward five. One day they were asked by a patient to help make her bed. The nurses full of confidence from past experience started to make the bed when the patient left. When the patient returned she thanked the nurses then looked at the bed. The bedspread was hanging on the floor. "Good!" replied the patient now I don't have to wait in line for the dust mop.

(Continued from Page 11)

eakers and gain more. Yes, I feel that I have benefited from it immensely. I learned that I am not alone with my problem and can have the help I need and when I need it.

I am no longer alone and, at last have a future to look forward to now. And much more so than when I came in if I give it a chance.

Kathy R.

The following question was asked of members of group B, GHN.

WHAT DO YOU THINK OF GROUP PSYCHO-THERAPY HERE...AND ARE YOU GETTING ANY BENEFIT FROM IT?

"...If the unit of people are problematic and concerned enough with their inner conceptions they can engulf as in one to overpower pathetic terrorizations often set in the inner mind."

Are you?

Dennis G.

"...I think it is good as it deals more with more of the facts as to why we drink in an attempt to deal with the problem.

And yes, I think I've benefited very much from it."

Jerry N.

"...Group therapy seems to be helping. I am going to continue with this treatment after I am released. However, I don't see much difference between group therapy and confiding with a good friend.

Dean S.

"...I think group therapy here is good and I have derived a great deal of benefit from it. I do not believe any problem is too personal in group therapy. In placing trust in the group a heavy burden is lifted from your shoulders. Once you have "spilled your guts" the other members then endeavor to help you deal with your problems most effectively.

Bill P.

"...The class is alright for the type of people who need it. As far as I'm concerned it stinks. No foul talk is needed in group discussions.

Dr., you're no failure but I just wasn't the type that needed it.

Katy M.

"...In my personal opinion, group therapy is good even tho some things discussed are petty and childish. But you must put something into this group in order to profit from it. For me it is the most interesting class of the program I have been exposed to.

GHN Patient

"...It's a groovy gig, man. Each swinging symposium blows my mind and expands my conscious awareness to the microcosmic ecology of my existential like the kiss of the hops never did.

And, what's more, rapping with a group of hip brother and sister alkies all in the pursuit of makin' it straight, shows me a lot more soul than a lousy six-pack of beer.

Eddie W.

(The differences and similarities of the group A method and the group B method will be outlined in a later edition of the "Cue".)

Incidentally, group psychotherapy is, by no means, a new "thing". Consider the Australian aborigenes squatting on their hams around a stewing pot of kangaroo chops...or the American Indians, sitting crosslegged, in a circle around their chief...the English Knights of the Round Table with King Arthur as moderator...any U.S. of A. corporation, board of directors meeting overseen by their chairman.

In each society the participants are relating to and helping one another in the, hoped and prayed, for successful culmination of a common pursuit; THE HUNT.

Their game; meat, scalps, glory gold.

Our game; MAKIN' IT.

There should be some kind of antibiotic pill for politicians, psychologists and used car salesmen which, aftrer they were "on it" would percipitate a violent, terrifying and nauseous effect if they told a lie.

And if you crossed an alcoholic, a kleptomaniac and a philanthropist, what would you get?

A drunken Robin Hood.

Mrs Julian Farrow
R. N. Nursing

THE WEEK AHEAD

HOSPITAL ACTIVITIES FOR THE WEEK OF AUG. 11 - AUG. 17, 1969

| | | | |
|------------------------|---|---|--|
| August 11 Monday | 10:00 am 1:15 pm 2:30 - 4:00 pm 7:00 pm | KH Wards SH 5-6 HH Music Rm. SH 7-8 | Book Cart Menasha Red Cross Record Listening Outagamie Red Cross |
| August 12 Tuesday | 10:30 am 2:30 - 4:00 pm 7:30 pm 7:30 pm | GHS HH Music Rm. 2-W 1-W | Lutheran Ward Service Rev. Winter Record Listening Grey Ladies of Oshkosh Jaycettes of Oshkosh |
| August 13 Wednesday | 1:15 pm 2:30 - 4:00 pm 3:00 pm 3:45 pm 4:30 pm 6:00 pm | SH 1-2 HH Music Rm. Ken. Rec. Rm. Auditorium GH Classroom SH Wards | Appleton Red Cross Record Listening Patients Planning Catholic Mass Canteen Social Chairman Dinner Meeting Book Cart |
| August 14 Thursday | 10:00 am 2:30 - 4:00 pm 7:00 pm 7:15 pm | GHS HH Music Rm. Canteen Gym | Protestant Ward Service Rev. Windle Record Listening Sing-A-Long Movie - Samson and Delilah |
| August 15 Friday | 2:30 - 4:00 pm 6:45 pm | HH Music Rm. Auditorium | Record Listening Lutheran Communion Rev. Winter |
| August 16 Saturday | | SOFTBALL | |
| | 9:30 am 9:30 am | Kempster Diamond Main Ball Park | HHA & GHNP vs KH & GHSP Sherman vs HHB & Ward A-2 |
| | 10:00 am 6:00 pm 6:30 pm | GHS Auditorium Auditorium | Favorite Hymn Recital Mr. Korn Catholic Confession Catholic Mass |
| August 17 Sunday | 8:45 am | Auditorium | Protestant Service Rev. Winter |

Canteen Hours:

9:00 am - 8:00 pm Mon. thru Thurs.
4:00 pm - 8:00 pm Friday
9:00 am - 4:15 pm Sat. & Sun.