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## Cue. Volume III, Issue 9 July 5, 1968

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# THE CUE

Volume III

July 5, 1968

Issue 9

You will notice that this issue of the CUE is without headings. The CUE has no stylus.

A stylus is a pointed instrument for writing on wax or other similar surfaces, such as a stencil. The missing stylus are red and green handled with stainless steel tips.

It is quite evident that stylus are of no use to anyone but the CUE while at Winnebago State Hospital. Any information as to where the stylus are would be rewarded by the CUE.

In the event that the stylus have been stolen, CUE promises the party that no questions will be asked if the property is returned quietly.

Again, CUE emphasizes the need of these articles in order to put out a first-class, bi-weekly newspaper. Any effort contributed to the return is greatly appreciated.

## HOOTENANY

Last Friday evening, the Canteen was jumping as an unusually large crowd gathered for a fun-filled hour and a half of singing, mingling, eating--most everything except dancing.

The Hootenany in the entrance section was lead by Jim Fung, a summer employee, who is adept on the guitar and who brought along a varied repertoire of songs. In comfortable positions on the blanketed floor, both patients and personnel sang, whistled, hummed, swayed and twitched to the rhythms of "Kumbaya", "Supercalifragilisticexpialidocious" and many more.

Those in the main room who chose not to join in the singing enjoyed the music just as much as the enthusiastic singers.

We thank Jim for giving of his time and talent to make for a very enjoyable evening.

## MOVIE

Thursday, July 18th 7:00 P.M.  
Hughes Hall Gym  
"The Alamo"

## HOUSEKEEPING DEPARTMENT

The W. S. H. Housekeeping Department is headed by Mr. John J. Schober; the whole department is subordinate to the W.S.H. Business Office as are all non-clinical services of this hospital. The Housekeeping Department is subdivided into three parts: Building Services, headed by Mr. Tom Vienola; the Laundry Service, headed by Mrs. Ann Wynn; and Allied Crafts, headed by Mr. Ed Youngwirth. Transportation, headed by Mr. John Grade, is subordinate to Building Service; the Sewing Room, headed by Mrs. Lucy Woldt, is subordinate to the Laundry Service. The Upholstery Shop, headed also specifically by Mr. Ed Youngwirth and the Shoe Shop, headed by Mr. Mike Nie, are the two allied crafts. If the organizational distinctions are overlooked, there are then actually six units of the Housekeeping Department which we can separately consider; Building Service, Transportation, the Laundry, the Sewing Room, the Upholstery Shop, and the Shoe Shop. Don't confuse Building Service with the Service Building! Four of these six units have their headquarters in the Service Building. The exceptions are the Upholstery Shop

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## CHAPLAIN'S MESSAGE

## HAPPY BIRTHDAY TO:

How many times have we heard people say, "Oh if I could just get away from it all". Consequently during the summer months millions of people with camera in hand, loaded with fishing gear, or just "traveling light" head for some remote place because they want a change.

Many are tired of their jobs, their environments, and even themselves. And consequently a vacation in a quiet place seems to be the way out. But remember this, that wherever you go you still take your disposition, your thought patterns, your deceitful heart along with you. You have to live with yourself.

An alcoholic soon finds that he didn't leave his craving for liquor at home. The lustful individual finds that temptation lurks wherever he may be. A nervous hot tempered woman soon finds that there is plenty to upset her wherever she may be.

The Psalmist David felt his need to get away from it all. He knew the pressure of responsibility and the tension that comes from trying to satisfy people. In Psalm 11:1 he sighed "HOW SAY YE TO MY SOUL, FLEE AS A BIRD TO YOUR MOUNTAIN"? But soon he realized that the strength and the calmness he needed would not be found in escaping from his post of duty. He discovered that real soul rest does not come from around but from above; not just a new view, but a different viewpoint; not altitude, but attitude. He expressed it in this way: "I will lift up mine eyes unto the hills, from whence cometh my help. My help cometh from the Lord, which made heaven and earth"; Psalm 121:1, 2. David didn't look to the hills; he looked above the hills to his helper and strength -- God.

Someone has pointed out that we often ask the Lord to change our circumstances or other people, but we seldom ask Him to change ourselves. God is interested in changing people. "IF ANY MAN BE IN CHRIST HE IS A NEW CREATURE OLD THINGS ARE FAST AWAY, BEHOLD ALL THINGS ARE BECOME MEN".

MEN

4 Milton  
4 Richard  
4 Walter  
5 Miguel  
6 Richard  
7 Emmet  
7 Carl  
9 Harold  
10 James  
10 Edward  
12 Martin  
12 John  
13 Donald  
  
15 Frederic  
15 Gottlieb  
15 Gerald  
16 Roy  
18 Marvin

WOMEN

4 Sally  
4 Donna  
5 Grace  
5 Angeline  
6 Connie  
7 Joyce  
9 Mary  
10 Irene  
10 Gladys  
10 Jamie  
  
11 Laura  
11 Elizabeth  
  
13 Nina  
13 Betrice  
13 Delores  
15 Addell  
15 Frances  
16 Jeanette  
16 Laura  
16 Rose  
17 Kathleen  
18 Terrie

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THE FAITH YOU PUT IN GOD

When you are worried you can always turn to the one above you. He knows all things and will give you grace if you turn to him. The trouble is that he is higher than we are. If you turn to him, he will never forget you, for he loves you. It's the faith you put in God that helps you have faith in yourself.

Carol

May you learn the secret of committing your way unto Him and he will direct your path. This comes through earnest believing prayer.

Rev. J.B. Windle  
Protestant Chaplain

## EMPLOYEE OF THE MC "

## WATERWOOD NEWS

Dear Cue:

I wish to nominate as Employee of the month, Mr. Dave Kloiber.

Mr. Kloiber is an exception among aids. Each day he does his best to help those patients on his ward and that are under his care. He is always friendly and in general just pleasant to be around.

I'm just one of the many patients that come through here (Winnebago State Hospital) but, I think that if there were more aides who took the care about their jobs as Mr. Kloiber does there would be far less patient complaints about staff apathy.

Yours truly,

Anonymous

The Cue office received a very warm and affectionate letter nominating Mr. Dave Kloiber employee of the month. Mr. Kloiber has been an employee at Winnebago State Hospital for almost nine years. It will be nine years. It will be nine this June.

The most pleasant things that Mr. Kloiber likes about this work is the "air-conditioning" in the summer and "being able to help when help is needed."

When asked about some of the changes that had occurred in the hospital over the last nine year period he noted that the "biggest change is in more freedom to the patients."

Dave informs us that he likes to spend some free time hunting, fishing, camping with the family, and enjoying all sports in general.

Mr. Kloiber's family consists of his wife, Letrice; one girl, Debbie 10, two boys, Dan 2 and Dean 8.

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On June 11th Summer School classes began at Waterwood School in Hughes Hall B. Approximately 100 students are participating. The Classes vary in length from two weeks to ten weeks and all will close August 23rd.

Four of the regular teachers and themselves attending summer school. A team of eleven teachers and five LTEs (Limited Term Employees) are employed for the summer session.

Three of the eight classes are being offered for the first time at Waterwood School. They are Driver's Education, Art and Speech.

Driver's Education for one-half credit, consists of approximately forty hours from classroom instruction (thirty hours are required by law) and prepares the student for a learner's permit and behind the wheel experience at age 16 and after release from the hospital.

Art utilizes a wide variety of mediums and encourages the students to be as original and expressive as possible in all their projects.

There are four accredited make-up classes offered--Science, English, United States and American History and Remedial Reading, giving the student with credit deficiencies an opportunity to "catch up".

Recreation (Physical Education) course of instruction, practice and participating in golf, archery, tennis, fishing and badminton. All summer school students take Recreation at some time during the summer session. More Waterwood news in July 19th issue.

Donna

## SPORTS

## THE GOLDEN VIEW

...for our senior citizens

KEMPSTER VS HUGHES HALL B

Saturday June 22. It was a one sided battle as Kempster defeated Hughes Hall B 20 to 3. There was quite free substitution on both sides. Kempster used 16 players and Hughes used 13. Langer homered for Kempster. Hughes Hall also had a power man as J. homered also.

D.

As a member of the team that has played Waupun's farm team, I must say I have never had a more enjoyable time playing baseball. They are a very competitive team and a nice bunch of fellows. Their sportsmanship is superb and they have been very kind in letting us use their equipment when we didn't have enough to go around. I have heard some fellows say they play baseball because they would probably do anything to get away from their dreary surroundings. This may be true, but I think they love to play ball as much as we do. So let's hear it for those guys. Now all we have to do is beat them for once.

D.

JACKIES BEAUTS OUTLAST WINNEBAGO

Jackies Beauts defeated Winnebago Local 8-2 in Oshkosh, Friday, 21. Winnebago collected 11 hits and left nine men stranded on base. John blasted a home run over the right field fence -- for the only bright spot in a somewhat dismal evening.

S.

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EDITORIAL STAFF

Doug  
Sam  
Vicki  
Jerry  
Evelyn  
Ralph  
Donna  
Ula  
Dick  
Glen

HOW MANY THINGS WE HAVE SEEN IN

THE PAST, SOME SEEMINGLY UNIMPORTANT TO US IN THIS COUNTRY, OTHERS OF GREAT INTEREST AROUND THE WORLD.. LET US LOOK AT SOME PAST HEADLINES.

1922 - TUTANKHAMEN'S TOMB DISCOVERED BY LORD CARNOVON AND HOWARD CARTER. THE UNTOUCHED TOMB OF AN ANCIENT RULER BORN A MAN - BURIED A GOD. MANY BOOKS HAVE BEEN WRITTEN ABOUT THIS EVENT, TELLING US MUCH OF THE HABITS OF THAT TIME AND INCREASING OUR KNOWLEDGE OF ANCIENT HISTORY.

1925-SCOPES EVOLUTION TRIAL HELD IN DALTON, TENNESSEE. JOHN T. SCOPES PROSECUTED BY WILLIAM JENNINGS BRYAN FOR TEACHING EVOLUTION IN TENNESSEE SCHOOLS: DEFENDED BY CLARENCE DARROW, SCOPES WAS CONVICTED BUT DECISION LATER SET ASIDE.

1952 - GEORGE VI DIES: HIS DAUGHTER BECOMES ELIZABETH II. SINCE HER CORONATION SHE HAS PROVEN HERSELF AS BRILLIANT A RULER AS HER ANCESTOR ELIZABETH I.

IN THESE DAYS OF FRANTIC HEADLINES: IT IS VERY INTERESTING TO LOOK BACK AT THESE EVENTS AND HOW THEY HAVE ADDED TO AND CONTRIBUTED TO OUR LIVES.

Dick



## WOMEN'S PAGE

WHY YOU GET THAT TIRED FEELING

Want to know the best way to fight fatigue? Regular physical activity increases your working capacity. The more you do the more you can do.

We get our energy from the sun. It's captured by plants to combine carbon dioxide from the air with water and minerals from soil into carbohydrates.

Research found that when you work your adrenal gland (atop the kidneys) produce secretions that cause a buffering action for most of the lactic acid in muscle. What little remains stimulates you to breathe in more oxygen, which in turn causes a buffering action for most of the lactic acid in muscle. What little remains stimulates you to breathe in more oxygen which in turn helps to dispose of more acid by oxidation.

Regular exercise does more than increase muscle size. Muscles at work use oxygen 50 times faster than they do at rest. To get more oxygen carrying blood to the muscles; heart-pumping efficiency is increased.

Boredom is one of the chief causes of fatigue. When work is uninteresting is another cause for fatigue.

Here are some hints:

1. Have a complete physical.
2. Regular exercise.
3. Take a short break from routine.
4. Plan evenings in advance.
5. Take a good look at your mental attitude.

(Reader's Digest)

DON'T LET THAT TIFF GROW INTO A FIGHT

Sometimes a small disagreement can be fanned into a flaming argument. Here's what happens: A young couple are talking. It is the end of a day which has been tough for him at the office and rugged for her at home, so their voices aren't as smooth as usual.

He complains because he hadn't been able to find the suit he wanted that morning. One was at the cleaner's; one had a loose button. The whole thing could have ended right there if she had said, "I'm sorry dear. I'll pick up your gray suit at the cleaner's tomorrow. And, from now on, be a dear and tell me when a button gets loose." End of scene.

But no. She is tired and not thinking too clearly, so she says "These things wouldn't happen if your mother hadn't spoiled you so. She always took care of your clothes as though you were still a four-year-old. Well, that does it! "Please, leave my mother out of this," says he. "Perhaps if your mother had trained you.."

And there it was, a real fight unpleasant and entirely unnecessary. It's always safest to put a boundary around a disagreement. The smaller you keep it, the sooner you'll cool it. (GOOD HOUSEKEEPING)

BANANAS FOSTER

- $\frac{1}{4}$  cup butter or margarine
- $\frac{1}{2}$  cup light brown sugar
- 4 ripe bananas split lengthwise
- $\frac{1}{8}$  teaspoon cinnamon
- $\frac{1}{2}$  cup white rum
- $\frac{1}{4}$  cup banana liqueur  
(creme de banana)

Melt butter and brown sugar in flat chafing dish or attractive skillet. Add bananas in a single layer, and saute, turning once. Until tender about 5 minutes.

Sprinkle with cinnamon; pour in rum and banana liqueur. Ignite with match; remove from heat, and baste bananas until the flame burns out. McCall's Magazine

"Why don't you make love to me like that?" she nudged her husband in the movie during a love scene.

"Do you realize how much he is paid for that?" he countered.

## AROUND THE GROUNDS

ORCHIDS TO PARSLEY-OUR GREENHOUSE

On a recent call on Mr. Ira Carlson in the greenhouse we found out many things. Mr. Carlson, who has been in charge of the greenhouse for the last 30 years, told us that as far as he knows, there has been a greenhouse operating since the Hospital opened in 1872.

All the plants on the grounds in beds, borders etc. come from the greenhouse. All the plants in the lobbies, offices and wards come from the greenhouse. Plants for these areas are obtainable by signed requisition at the greenhouse from rubber plants to geraniums.

There are many plants and flowers growing in the greenhouse, from parsley for food garnish to beautiful orchids.

Dick

MOVIES FOR G. H. S. P.

The fellows in Gordon Hall South Psych wish to thank community members and the Marcus Theatre Company for the donation of 48 theatre tickets. Eight tickets are used each trip, day or night, and there is no service charge on the tickets.

This is a wonderful way for us to become used to going into the community. Again all our thanks, and we hear that when the tickets are used up, more will be forthcoming.

Dick

BIKE TRIP

On June 12, Mr. Daggett, Mr. Johnson and six fellas from H.H. took a bike trip around Lake Winnebago. The distance traveled was about ninety-five miles.

Those that made the trip were as follows: Frank John, Dave, Bill, Mark and Randy

The group carried canteen of water but no food. At about 12:30

they stopped at a drive-in in Fond du Lac where five members of the group decided they were too tired to continue. The remaining three, and pushed on to the hospital, arriving at their destination at about 4:30 P.M. The remainder of the group returned to Winnebago in a State vehicle.

Ralph

HOUSEKEEPING DEPARTMENT

Continued from Page 1

located in the Maintenance Building. and the Building Service Supervisor's office located under the A-1 ward of Hughes Hall. Mr. Schober's office is also in the Service Building, Employees who work for the Housekeeping Department all wear the characteristic green shirt and green trousers or dress. Patients have I.T. (Industrial Therapy) assignments in all the units of the Housekeeping Department except the Upholstery Shop and Shoe Shop. We will next take a look at the ways in which these six units of the Housekeeping Department serve the hospital, starting with Building Service next issue.

Jim

EMPLOYEE OF THE MONTH

Continued from Page 3

Mr. Kloiber plans to retire from Winnebago in 35 years. He said, "As long as I've been here I've enjoyed my work. It's a good career." Mr. Kloiber, we who are in your groove fully agree. Thanks for the memories!

John

## READER'S RHYMES

THE STORMS AND PATHS OF LIFE

When in the paths of life I walk  
 Seeing people and hearing talk  
 I wonder what life means for me  
 Upon this world's deep blue sea

I have heard or so been told  
 That the water is deep and cold  
 It is refreshing to the throat  
 And gives the buoyancy to your boat

It is a tragedy for me to think  
 That so many a able ship does sink  
 Because the captain of his life  
 Would not for her sake endure the  
 strife

There too are tales of life's sea  
 when rough  
 How people fought the battles tough  
 And how the storms' fearsomeness would  
 then break  
 Finding those people in the calmness  
 of its wake

But what I wonder is how on earth  
 Some people are so filled with joy and  
 mirth  
 We all have the storms of life to  
 weather  
 Why do some glide through them while  
 others wither

Do these people have less water to  
 tread  
 What makes them battle with the  
 coolest of heads  
 Is it that they have weaker storms to  
 conquer  
 That they never meet Davy Jones's  
 locker

I do not know what the rest of life  
 thinks  
 But I do not think a boat is born with  
 the jinks  
 One makes his own life my dad would  
 say  
 So then it is their boats that they  
 build not to sway

Early in life they fashion their life  
 To endure every storm and all strife  
 They do not squander their youth  
 But use it seeking after the truth

This then is what makes men fearless  
 It also makes life a little less  
 tearless  
 It gives courage to the men in danger  
 And shows great kindness to the ship  
 of a stranger

Gary

IF ONLY FOR A WHILE

Again a friend reminded me--  
 How many days are few--  
 For him who suddenly becomes--  
 A special friend to you--  
 You get together, and you wish--  
 Through all your smiles and tears--  
 That you had known each other for--  
 At least a hundred years--  
 And then you greet each other for--  
 A little while or so--  
 And suddenly there comes the time--  
 For one of you to go--  
 Some friendships last for many years--  
 And some for just a day--  
 But who are we to question God--  
 And his mysterious way?--  
 And in the last analysis--  
 We thank him with a smile--  
 For one more friendship on this earth--  
 If only for a while.

As usual James Metcalfe expresses my  
 feelings far more eloquently than I  
 could myself.

Submitted by Flora

AN IRISH BLESSING

May the road rise to meet your feet,  
 May the wind be always at your back,  
 May the rain fall softly, on your crops,  
 And the sun beam gently on your face,  
 And, until we meet again,  
 May God hold you in the palm of his  
 hand.

Anonymous



## ON THE SOBER SIDE

## A REPORT FROM THE ALCOHOLIC TREATMENT CENTER

THE IMPORTANCE OF BEING SOBER

It's been said that in this life there are only two things really sure. Death and taxes. But for the unrecovered alcoholic this is oversimplified. There is still a third absolute pertinent to sure things. That is the fact that an alcoholic is only one drink away from a drunk. Once a person has realized and accepted this fact as an ultimate truth, the first great stride toward recovery has been made.

There are myriad reasons a person may utilize when they are not drinking and these same alibis may be used when they are drinking. Be it marital problems, financial difficulties, trouble with the authorities or what have you. But, until this fact is faced head-on and an earnest attempt made to avoid just the first drink, the chances for a meaningful sobriety are very limited.

Since a handicap (such as non-adherence) is not an asset at anytime, it would follow that a self analysis in depth should be undertaken by any person who is sincerely interested in sobriety. And, for those who are sincere in this desire, the AA portals are always open. An honest effort, a lot of learning, and continuing application can make the Twelve Steps ~~transpire~~ a life.

Jerry

## PATIENT: (

DATE OF ADMISSION: Anytime, 1968

DIAGNOSIS: Acute Alcoholism

PROGNOSIS: Indeterminate

CASE HISTORY: Admitted to hospital in custody of local sheriff's deputies. Disheveled, incoherent, suffering from several lacerations and contusions. Given medical attention, assigned a bed. Several days of extreme anxiety followed. Exhibited by tremors, continued pacing, insomnia, accompanied by a highly nervous state. Occasional violent nausea with intermittent regurgitation of blood. Symptoms gradually subsided after prolonged absence of any alcohol in patient's system.

DOCTOR'S REMARKS: Medically, on release patient is no longer physically depen-

dant on alcohol. Personal health is reasonably good, although continued abuse would alter this quickly. Recovery can be effected with patient cooperation, but strict adherence to the program outlined during treatment and therapy is absolutely vital. Non-adherence will probably result in recommitment.

Jerry

PATIENT ATTITUDES TOWARD GROUP THERAPY

I think it's all up to an individual. It's not everyone who cares about discussing their problems in front of a group. I think some people would be very embarrassed to talk about things in this way.

Actually, I don't think a person tells everything at a meeting like that. You can talk to another person a lot easier than a group. On the whole, the group meetings help to a degree.

At some of the meetings you get a lot of understanding, but some of them are a lot of malarkey. If you don't get something out of a group meeting it isn't beneficial. I feel we should discuss the reasons why we do what we do.

I think they're a good idea, especially for the newcomer. They can get a better idea of the scope of the problems, and they find that there are other people who have the same problems.

Jerry

NO THANKS

If you knew what a drink would do to me, you'd take "No, thanks" for an answer.

One drink in my case means a fate worse than cancer. I can not tell you one-half the hell caused by this deceiving romancer. Please understand I can't stop at one. I can't handle booze-it handles me! So thanks for taking "No, Thanks" for my answer.

Glen

# THE WEEK AHEAD

HOSPITAL ACTIVITIES FOR THE WEEK OF JULY 8 JULY 15, 1968

July 8 Monday	1:15 pm 2:30 - 4:00 pm 3:45 pm 6:30 pm 7:00 pm 7:00 pm	SH 5-6 HH Music Room GH AT Area HHB 1-4, OT Area SH 5-6 GH AT Area	Menasha Red Cross Record Listening Catholic Mass Wood Working Outagamie Red Cross Bridge & Sheepshead
July 9 Tuesday	10:30 am 2:30 - 4:00 pm 7:30 pm 7:30 pm	GHS HH Music Room 2-W 1-W	Luthern Ward Service Record Listening Gray Ladies Jaycettes of Oshkosh
July 10 Wednesday	1:15 pm 2:00 pm 2:30 - 4:00 pm 3:00 pm 4:30 pm 6:30 pm 7:00 pm	SH 1-2 NC HH Music Room Kem. Rec. Room HH Cafeteria Kempster Diamond Chapel	Appleton Red Cross Menasha Vocational School Homemakers Record Listening Patients Planning Canteen Social Chairmen Dinner Meeting Girls Softball Luthern Service
July 11 Thursday	10:00 am 2:30 - 4:00 pm 7:30 pm	GHN HH Music Room GHSP	Protestant Ward Service Record Listening Mercy Hosp. Student Nurses
July 12 Friday	2:30 - 4:00 pm 3:45 pm	HH Music Room Chapel	Record Listening Catholic Mass
July 13 Saturday	10:00 am 10:30 pm To be announced To be announced 2:30 pm SOFTBALL - 9:30 am	GHS GHN To be announced To be announced HHA-3 Kempster Diamond Main Ball Park	Favorite Hymn Recital Favorite Hymn Recital Catholic Confessions Catholic Mass Rachel Circle Kemp. & GHSP vs Sherman HHA & GHNP vs HHB & Ward A-2
July 14 Sunday	8:45 am 10:00 am	Chaple Chapel	Protestant Service Catholic Mass

LISTEN TO THE DISC JOCKEY SHOW - 12:30 - 1:00 - DAILY

Mrs. Delaine Talbot, R. M.  
Museum,