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## Cue. Volume IV, Issue 2 March 21, 1969

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# CUE



VOLUME IV

March 21, 1969

ISSUE 2

## SPRING AT THE HOSPITAL

Have you taken your first walk around the grounds for Recreational Therapy? Have you gotten hold of a basketball and taken a few shots at the outside buckey? Have you gotten outside? If you have, you must have noticed it. Yes, it's spring. That long awaited season has finally arrived and the hospital staff is just as anxious as you to see you outside and involved in as many activities as possible.

Some of the people have already jumped for the opportunity by asking for permission and the utensils and equipment for an outside barbecue. Only a shortage of supplies kept it from coming off. But with spring there will be plenty of opportunity for both patient and staff cook outs. Picnics and camping can also be arranged at the picnic area and lake cottages.

To help keep people outside longer liberty hours will be arranged by nursing service. By mid-summer liberty can be extended until 8:00. This will give people a good chance to pitch horse shoes at the pits, play miniature golf, get out to the baseball diamond, and get in a good game of tennis at the courts.

Right now the hospital has started a bowling tournament. This past Saturday saw the start of men's teams, doubles, and singles. For the spring and summer slow pitch softball will be the game. After intramurals a hospital all-star team will be formed to play in the city league. A league dispensation will allow a changing team to play.

The children's unit will also have its spring field day. Patients will get to play staff, boy's will get to play girls, and all have a good time in relays and games. A day will also be set aside for the spring picnic.

Patients will also get a chance to be active outside of the hospital. A visit to the Sports Show in Oshkosh is planned for April. The hospital has also obtained State Park stickers for the buses and camping trips to State Parks are being planned.

Back at the hospital both therapy and ward groups will have adequate chance to make use of lovely Lake Winnebago. Hopefully, fishing equipment will be available for check-out.

## SOCIAL CHAIRMEN MEET

Attending a March 18 meeting of the Canteen Social Chairmen were several visiting dignitaries from Madison. These gentlemen were here in response to an article written and submitted by our own illustrious Miss Jean Marshall, (at Dr. Kelley's request,) about the hospital's patient supervised canteen.

The general topic of the meeting centered on the duties of a social chairman: The qualifications, behavior, mode of dress, and the willingness to cooperate and accept responsibility. This was done mainly for our new members and for our distinguished visitors.

There seemed to be a general feeling of uneasiness at first but this didn't last as Miss Marshall is very capable at setting people at ease and drawing them out.

It was also brought out for the benefit of our new members and visitors alike that before a person is selected as a social chairman, his or her qualifications are investigated. Patients who are social chairmen are those whom the staff feel are ready to accept and assume the added responsibility. Miss Marshall also added

# EDITORIAL

After having made a study of the nightly attendance at the Canteen during the months of February and March, we found that the average attendance per week night was 51. This figure according to Miss Jean Marshall is below average compared to other figures taken previously.

To get this average we picked at random, 13 week nights to try to determine whether or not the Canteen was being made use of as much as possible.

During the following page, "Issues and Answers", one can get a general idea as to some of the patients' feelings regarding their use of the Canteen whether escorted or unescorted by an aide.

We must realize and take into consideration that there may be a lack of staff personnel to accommodate some of the patients' desires to attend. Especially on those wards that require a patient needing an escort.

We of the Cue will be the first to admit, as in the past, that it certainly is no easy matter to bring certain wards to the Canteen. There may be other reasons why some patients are not, or cannot, be taken to the area as often as they might desire.

Let me list just a few of the complaints voiced anonymously by some of the patients:

Why do patients who have at least partial liberty need an escort to attend the Canteen in the evening?

Doesn't the staff feel they are ready to assume this responsibility?

Some patients felt that they didn't get a chance to see their doctors often enough to ask for more privileges.

Some patients feel that certain aides are unwilling to take the time to escort them to the Canteen.

However, let me interject here that there are aides who are to be commended for their attitudes and willingness to help in any matter if at all possible. Permit me to direct your attention once more in case some may have forgotten that at times the wards are under-staffed to permit as much liberty as some patients undoubtedly desire.

Certainly many of the patients' complaints are justifiable, but I wonder if maybe some aren't spoiled and a mite selfish at times concerning their wants or wishes.

However, the Canteen is to be used for social purposes, as well as other purposes such as shopping for certain desired articles, telephone calls, listening to the juke-box, dancing, getting change to use in the various vending machines placed throughout the hospital, and perhaps sometimes to just sit down and relax away from the confinement of the ward.

Therefore, we feel that patients in general should be allowed to attend the Canteen as much as they are possibly permitted. Whether escorted or unescorted.

There is another aspect to consider in regard to this problem. We understand the employees of the Canteen are paid out of proceeds taken in. Therefore, we conclude that if more patients were allowed to attend this area of the hospital

# ISSUES & ANSWERS

## ARE YOUR CANTEEN PRIVILEGES ADEQUATE?

No. The Canteen should be open on Saturday and Sunday night until 8:15. Why have it open on weekdays until then and closed on weekends when there is nothing to do. Also, I feel it should open at 8:30 A.M. With classes beginning at 9:30 this would give me a place to go.

Yes. I don't feel it's necessary to be in the Canteen all the time. The ward has things planned for us which I like just as well.

No. The number of patients going to the Canteen must exceed 2 or 3 in number or the aides will not bother to escort us.

Yes. I have no reason to go to the Canteen other than to buy things, listen to music, or rest.

No. I believe the Canteen should be open later on weekends. We have no other recreation at that time.

Yes. After being on a fully locked ward anything feels adequate.

No. The Canteen should be kept open later on Saturday and Sunday evenings. We need it then even more than during the week. There is no place where we can take our weekend visitors.

No. They never let me out at night. I feel there is no reason why. I don't get into any trouble. I don't start any fights.

I'm from an open ward. After 6:00 P.M. we can check out with the aide and stay until 8:00 when the Canteen closes. I have no complaint. If the Canteen continues to be littered in the afternoon, I hope people will volunteer to clean it and keep it open.

alley

I have no privileges.

I enjoy the Coke machine but it is always out of cuns or soda, or both.

They're all right. I have liberty so I have no worry about going to the Canteen.

Basically they're all right. My complaint is with the vending machines by the bowling alleys. They never work!

No. Because most of the time the aides are unwilling to bring us to the Canteen. Especially at night.

No. I have to check in every hour and I think it's a bunch of B.S.

No. I'm expected to work all day and yet I'm not allowed to go to the Canteen at night. This checking in every hour is rotten.

No. The time allotted is not sufficient for me to do everything I'd like to do. Listening to records and visiting friends is important to me.

# Chaplain's Message

Happy  
Birthday

The beauty and grace of all creation are in some small way a reflection of the grandeur of our God. St. Paul, in his letter to the Romans, chides those gentiles who could and should have come to the knowledge of God from their observance of the created order, even though He had never made any direct revelation of Himself to them.

Each of us must labor to cultivate a sense of the beautiful, an appreciation of the splendor and harmony of the world around us. Philosophers call the AESTHETIC SENSE. As we develop this, we sound new depths within ourselves, enhancing our capacity to enjoy whatever is good and true and beautiful. So much of our surroundings which previously we may have taken for granted can become for us a new source of delight--the gentle warmth of the summer sun, the freshness of an early evening breeze, the restfulness of a deep blue sky, the soft beauty of a summer flower in full bloom. Our spirit will respond to all this in silent awe and contemplation. And, as truly religious persons, we can, while still savoring the beauty, transcend to the spiritual realm and acknowledge a dynamic Personal Source of it all. To explain away this assemblage of color and form as though it were pure chance seems too inconclusive. The only further tragedy would be not to notice the loveliness at all.

Could we ever be so heartless and obtuse as to conclude that a sunrise merely marks the start of a new day's supply of energy for our hemisphere? Or are we dazzled by its gorgeous brilliance breaking through banks of clouds, acknowledging how it stirs and lifts us from our very depths? We believe most profoundly that our Loving Father has directly intended this boost to our drooping spirit, that He has blessed us abundantly with the magnificence of this created order - and that as we contemplate it, we can catch a glimpse of the warmth, gentleness, power, and sensitivity of its author.

Father Nelson

LADIES

MARCH

26

28

31

GENTLEMEN

22

25

25

25

27

27

29

26

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EDITORIAL STAFF



# S P P O R T S

MEN'S INTRAMURAL LEAGUE

Included in the Oshkosh line-up

FINAL STANDINGS

VOLLEYBALL

<u>TEAM</u>	<u>W</u>	<u>L</u>	<u>PCT.</u>
Kempster Hall	32	8	.800
Hughes Hall	22	18	.550
Sherman Hall	15	25	.375
Alcoholic Center	9	31	.223

BOWLING

<u>TEAM</u>	<u>W</u>	<u>L</u>	<u>PCT.</u>
Kempster Hall	12	2	.857
Alcoholic Center	11	5	.681
Sherman Hall	4	12	.250
Hughes Hall	3	11	.214

Congradulations to Kempster Hall on a fine performance...

BASKETBALL ACTION

The basketball team from Kempster engaged in two games recently with teams from Oshkosh.

In a game played on March 6, in the Hughes Hall Gym, the hospital team lost a close game to Ron Johnke's dart ball team. The game was played in six minute quarters and found the team from Oshkosh winning 27 - 26 after holding a 16 - 10 halftime advantage.

Peter Sickels was high scorer for

The dart ball players from Osh-

In a game played against a YMCA team on March 10, the Kempster five was beaten by a 34 - 27 margin. The YMCA squad held leads of 10 - 6, 17 - 11, and 24 - 21 at the end of the first three quarters.

group to the hospital for the contest.

Bill McClellan, recreational therapist from Kempster was in charge of the two contests.

G.H.N.P. KEGGLERS CAPTURE TOURNNEY CROWN

A group of bowlers from G.H.N.P. captured the title in the Men's Team Bowling Tourney held on Saturday March 15, by rolling a 580 game. 1-East, placed second with a 570 followed by 2-East #1 with 523.

paced  
in-  
in the  
in-  
were  
as follows:

Other team leaders were:

Larry cleaned up the 4-5 split while Don topped the 2-7.

A total of 40 bowlers took part in the tournament which found the winners awarded individual trophies for their fine effort.

March 22 will find the men going at it again in the Doubles Tournament followed by the singles tabbed for Mar 29. An All-Events Champion will be crowned at the close of the Tourney.

# On the Sober side

## THINGS I MISS

The first awakening in the morning with the anxious attempt to recall yesterday's happenings.

The shaking hands until the first drink.

The blurred, bloodshot eyes.

The effort consumed daily in getting the necessary bottle (no, not to this store today, I was there before this week).

As the day wears on and the drinking continues, the beginnings of the gnawing worry of being found out.

The energy and inventiveness wasted in locating another hiding place for the bottle, followed by the frenzied search for it the next day ---and the next--- Oh, yes, Those Were The Good Old Days!  
Anonymous

## A NIGHTMARE RE-LIVED

The beginning of the nightmare actually was Saturday night, although admittance to Hughes Hall came on Monday afternoon. Yes, on Saturday night the same old thing had happened - drunk again. The distraught husband, finding himself helpless in the face of this recurring horror, called on his doctor and a friend who is a member of A. A. They came to the home and decided the step must be taken: Commitment! The wife overheard snatches of their conversation and realized what was before her. All that night, Sunday, and Sunday night as she became more sober, a deepening, a dreadful fear and despair came over her. Yet, on Monday morning she was prepared to accept the inevitable.

The first day at Hughes, she witnessed her first "Alcoholic Seizure". The second day and the third were highlighted by a patient, drunk and violent yelling and banging and throwing furniture. The third night another patient in the next room spent the night in delirium tremors, spewing forth from his tortured body, confined by straps, all the foulness within him. Then, through - out the fourth night, the agony of a dying

man crying out his suffering with the "dry heaves", and finally on the fifth day, the mercy of death. On the sixth and seventh day, a calmness prevailed - a time for re-appraisal. And at last, on the seventh night, the blessed gift of laughter returned.

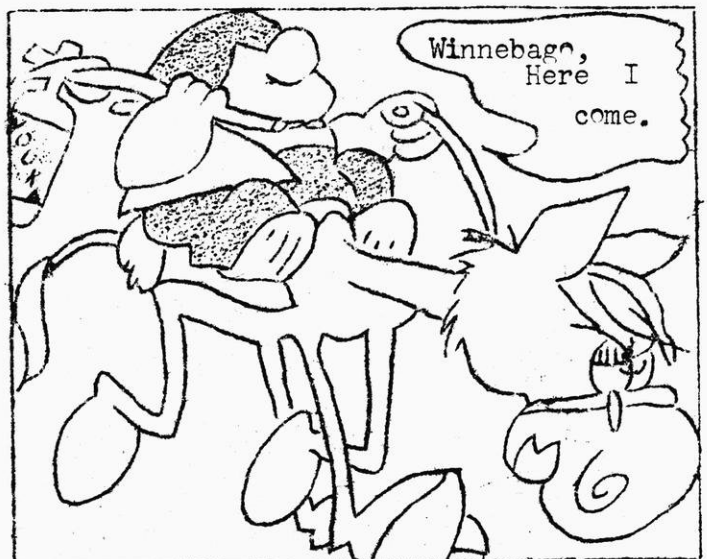
Who knows, perhaps what was thought to be the beginning of the nightmare was, instead, its end!

Anonymous

## THE B.R

The name of each saloon's a Bar  
The fittest of it's names by far  
A Bar to heaven, a door to hell;  
Whoever named it named it well.  
A Bar to manliness and wealth;  
A door to want and broken health.  
A Bar to honor, pride and fame,  
A door to grief and sin and shame.  
A Bar to hope, a Bar to prayer,  
A door to darkness and despair.  
A Bar to honored useful life,  
A door to brawling, senseless strife.  
A Bar to all that's true and brave,  
A door to every drunkard's grave.  
A Bar to joys that home imparts,  
A door to tears and aching hearts;  
A Bar to heaven, a door to hell,  
Whoever named it, named it well.

Written by a convict in  
Joliet, Illinois prison



# Food For Thought

## PERSONAL MOTIVATION....

A patient without goals . . . definite aims and achievements he is determined to accomplish, is like a ship without a rudder.

Goal-setting is not to be confused with day-dreaming; it is not engaging in fantasy. These activities are escapes from reality—devices man uses to get away from it all. He never intends to take any action on a dream or a fantasy. But genuine goal-setting is the first step to **taking** positive, overt action. Goals may be imaginative and visionary, but not in the same sense as fantasy and daydreams. The goals a patient sets for himself or herself are a prelude to action, a track to run on, a course to take; they are not a substitute for reality. They are an expression of the noblest quality of man; they are an exercise of his desire to achieve, to improve his lot, and to be a bit better tomorrow than he is today.

It is obvious that any person is more apt to accomplish goals he sets for himself than he is likely to reach goals set for him by others. If goals are to be related to personal needs, they must be personal and internal. But there is an even deeper meaning implied when we say that the goals you set must be your own.

Goals must be those things you really want to have or want to become. They cannot be a mere list of objectives you have made up to impress other people. There is little or no objective value in an athlete's breaking the record in his sport, but there may be a great deal of intrinsic value to him.

To say that goals must be realistic is not saying that they should be low, mediocre, or commonplace. By being realistic, we mean they must represent an objective toward which you are both able and willing to work.

There is no paradox in **having** goals that are very high and at the same time very realistic. Just how high your goal should be is a matter only you can decide, but be sure the

goal represents substantial progress.

Some people fail to realize that a high goal is easier to reach than a low one, but this is true. The lower the goal, the lower it's motivational value.

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Do not call a man a weakling because he falls. If he had known beforehand that he had a weakness, he would have taken precautions to strengthen himself for the storm ahead. One should be thankful for the man ahead of him who stumbles, for in his stumbling, those of us who follow are warned of the loose flagstone in life's stair which we all must climb.

## SOCIAL CHAIRMEN

Continued from Page 1

that if it weren't for the **social** chairmen the canteen would not be open evenings and weekends.

A question was asked by Dr. Frank Rundle on whether or not the patients felt that they were given enough responsibility and authority. In response, several patients voiced complaints as to the attitude of the canteen employees regarding the patients handling more of the situations which arose infrequently before calling in staff help. In general, most felt they should be given more leeway or time to correct certain situations on their own.

Certain patients are capable of assuming more responsibility and using discretion. One patient felt that the chairmen should set up the schedule, perhaps set up programs or even conduct the meetings themselves. **This** would certainly give a person a feeling of confidence which is so necessary in getting along on the outside.

Our wholehearted thanks go out to

Continued on Page 8



# Library Corner

The patients' library has received several new books and among them are the following which should be of special interest to girls and women:

THE WORLD OF BUDGET DECORATING: Edited by Jo Ann Francis and containing exciting new ways to use color, fabrics, lighting, floor coverings. THE WORLD OF BUDGET DECORATING opens up a whole wide world of choices for creating a warm, welcoming home or apartment. (That's what budget means; not "cheap", not "second best", not practicing false economics.)

WATER COLOR: Written by William B. Schimmel. This lavishly illustrated, practical guide will be hailed by beginners, Sunday painters and the host of amateurs who have never mastered the fundamentals of this fascinating medium.

OIL PAINTING FOR EVERYONE: Written by Frank Slater with 15 pages of illustrations. More and more people are discovering the fun and relaxation that painting can bring. And they are learning that painting can satisfy the creative urge that most of us have. This book tells you how you can satisfy that creative urge as a hobby-or perhaps as a full time vocation if you so desire. This is a book aimed at all beginners.

THE DRAW ANYTHING BOOK: Written by Arthur Zaidenberg is a book that will enable anybody to draw anything. It is a basic art primer for the beginner and a practical source of information for the student and professional artist. This book has more than 5,000 drawings showing the various stages of development, and the different angles and positions of figures, animals and common objects.

## EDITORIAL

Continued from Page 2

perhaps the wages could be better for those smiling faces behind the counter.

We might add that if more patients would take their guests to the Canteen this would be a great help, also.

The number of people using this area during the day cannot be determined because there is no one who keeps count as in the evenings. We do know there is a mixture of patients and hospital employees.

The Canteen of late has been kept much cleaner due, we feel, to an increased awareness of its' privileges and cleanliness prompted by a notice posted in the juke-box area as well as the main area. This became necessary due to the untidy way the whole area was left prior to the posting of the notice.

Much more could perhaps be said regarding our Canteen but we shall assume that enough has been said to promote a better understanding of existing problems.

We certainly don't feel this editorial will bring about a likeness of heaven but help to induce patients and staff to cooperate with one another.

Both sides must be willing to do this but I would mention that more is expected of the patient.

## SOCIAL CHAIRMEN

Continued from Page 7

Dr. Rundle, Dr. McKinley and Dennis Rasmussen for the genuine interest they displayed.

THE WEEK AHEAD

HOSPITAL ACTIVITIES FOR THE WEEK OF MAR. 24 - MAR. 30, 1969

March 24

Monday

2:30 - 4:00 pm	HH Music Rm.	Record Listening
6:30 pm	Barracks	HHB 1-4, Woodworking
7:00 pm	SH 7-8	Outagamie Red Cross
7:00 pm	HHB	Gamma Sigma Sigma
7:00 pm	GH AT Area	Card Club
7:30 pm	SH 3-4	Oskosh Gray Ladies

March 25

Tuesday

10:20 am	GHS	Lutheran Ward Service
2:30 - 4:00 pm	HH Music Rm.	Record Listening
6:30 pm	SH Basement	Fashion Korner will be open

March 26

Wednesday

1:15 pm	1-E	Appleton Red Cross
3:45 pm	Auditorium	Catholic Mass
2:30 - 4:00 pm	HH Music Rm.	Record Listening
3:00 pm	Kem. Rec. Rm.	Patients Planning
4:30 pm	HH Cafe	Canteen Social Chairmen Dinner Meeting
6:30 pm	SH 3-4	Gamma Delta
8:00 pm	GHSP	St. Vincent DePaul

March 27

Thursday

10:00 am	GHS	Protestant Ward Service
2:30 - 4:00 pm	HH Music Rm.	Record Listening
6:30 pm	Sherman Wards	Patients' Library Book Cart (Jaycettes)
7:15 pm	Gym	Movie - Devil's Brigade
7:30 pm	GHSP	Mercy Student Nurses

March 28

Friday

2:30 - 4:00 pm	HH Music Rm.	Record Listening
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March 29

Saturday

9:15 am	Rumpus Rm.	Bowling Tournament
10:00 am	GHS	Favorite Hymn Recital
10:30 am	GHN	Favorite Hymn Recital
6:00 pm	Auditorium	Catholic Confession
6:30 pm	Auditorium	Catholic Mass

March 30

Sunday

Palm Sunday Services:

8:45 am	Auditorium	Protestant Service
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Mrs. Juliane Farrow, R.N.  
Nursing