

### Cue. Volume III, Issue 23 February 7, 1969

[s.l.]: [s.n.], February 7, 1969

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VOLUME III

FEBRUARY 7, 1969

ISSUE 23

#### NATIONAL LEADERSHIP

As a special tribute to two exceptional men who, prior to their death, were in our "national spotlight," of former President of the United States, John F. Kennedy and Senator Robert F. Kennedy of New York, we wish to say their leadership was outstanding and will long be remembered. It is now a part of our history.

During their tenure of office, in the area of civil rights, they, along with other Americans, fought a a bitter battle for the negroand other minority groups in this country.

As the Attorney General of the United States, Robert F. Kennedy received an idea from the Department of Justice which he presented to the President for consideration, and which actually spared us and possibly the world during the Cuban Missile Crisis.

It was the eventual presentation, promotion, and implementation of this which displayed fine leadership in time of crisis.

The "blockade" was among several plans considered, and the "Kennedys, along with Defense Secretary Mac-Namara, pushed with the Department of Navy for the blockade, the best plan to bring this crisis to an end. We eventually had to give up bases in Turkey as a result of the blockade...but we didn't need them anyway.

To our departed friends, J.F.K.,s and R.F.K., who gave us the benefit of their fine leadership....our very humble "thanks" for a job well done.

C. Gloria

#### TRANSITION

In mid-February of 1969 the last stages of razing "Old Main: will occur with a bit of nostalgia felt by patients and employees. One reason for this is that its magnanimous dome, for so long a landmark for both patients and employees since its erection in 1873, will come down, and with it an enduring form of architecture which was patterned after Dr. Kirkbride's own ideas of what a mental hospital should be, inclusive of architecture.

Also, two statues that have been revered for many years while located at the front center of Old Main: They have become a symbol of affection for both patients and employees and are now displayed at the entrance of the new Administration Building. They now occupy separate niches as part of the hospital's decor since they were Brought back from the Visconsin Exhibit at the St. Louis World's Fair in 1904. The new Administration Puilding, now occupied, has three floors with some 27,000 square feet of floor space, at a total cost of \$850,000.

Robert

#### MUSIC PROMISED SCON

Completion of wiring of the music facilities piped to wards will soon be finished, to the complete joy and satisfaction of the patients.

Promised within two weeks, according to Chief Engineer Knutsen of the hospital, floating strains of music will emanate via AM/FM radio and also tape recordings.

Marion

Chaplains

Letters to the Editors

#### SOMETHING TO PRAY FOR

Eternal God, when our world grows phony with velvet flatteries, hollow smiles, and empty words, lead us back to the gruine -- with talk that means something, smiles that beam true, and promises that do not crack. Amen.

Help us to face the morning with gladness, O God, for today comes as a fresh page. Help us to sign it with the gaiety of a cardinal bird, the courage of a sparrow, and the cleanness of a dove. Amen.

Our Father, relax our home that everyone in it may feel free to make a merry sound, to retell an often-told story, and to pray with the easy rhythm of a child who knows no fear. Amen.

Keep my livable today, 0 God, that I not continue to be an interminable borrower, nor a grinder of other people's feelings, nor a cloudburst on someone's enthusiasm; nor a disaster when everyone cooperates. Be kind, and keep me as an asset. Amen.

Forgive us, our Father, for our enthusiasms for the illegal and the impossible things—jet speeds on the crowded highways—private arithmetic to use on tax forms—and the hope that pies and cakes do not add inches. So root us in the facts of life, and discipline us to face the awful truths we would hide from. Amen.

When love has grown cold, O God, life is like a cinder hill and ashes in my mouth. By Thy infinite mercy, relight the fires in me that I will care again, laugh again, share again; and find life like a green hill and my heart like a glowing coal. Amen.

Richard Wong ... in "Prayers from an Island" (published by John Knox Press).

#### FROM THE IM-PATIENT'S NOTEBOOK

I've been looking at the Canteen for some attractive picture post cards of this extablishment to mail to friends back home... something I could send along with the traditional message: "Having wonderful time. Wish you were here."

In line with the present trend toward liberalization of hospital procedures in a manner calculated to further the patient's ultimate satisfactory adjustment to the big bad world outside, let me submit that the extablishment of a coeducational open ward would be a significant step in the right direction. How about it, girls?? Even those helpful creatures on the outside who try to get rid of their spouses by putting them in here would probably think twice before doing it in the future under such circumstances.

The current movie series here has apparently been well received by patients and staffers to date, and we think it's a great idea. One wonders, indeed, whether it couldn't even be augmented now and then with a special "Historic Feature"--that is, a particularly famous film out of the past such as "King Kong" (starring Fay Wray); "The Snake Pit" (with Olivia de Havilland), and so on. The world of movies and the world of mental institutions, you know, both present such magnificent caricatures of the real world outside that we believe the two have a great many things to learn from each other.

A good deal of information pertinent to our own cases, it has been suggested, can still be gained through continued research in animal psychology——the study of rats in mazes, cats on alcohol, and all that. Perhaps so. But one suspects a major discrepancy here: the maze is nearly always programmed to include at least one possible correct answer; real life—at least on the human level——is not.

(Continued on page 5)

# ISSUES CANSWERS

#### WHAT ARE YOUR THOUGHTS REGARDING

#### SPORTSMANSHIP?

Many of us are probably a little confused when it comes to defining—just what is sportsmanship? The dictionary defines sportsmanship as the character, practice, or skill of a sportsman, and the conduct one displays at winning or losing. Too many people find themselves in a rather sour situation when it comes to displaying the proper sportsmanlike conduct in many events. I believe we all like to win in any given contest; whether it be ping-pong, pool or basketball, but one fact is fairly certain; namely, that in every contest we enter we also must be able to accept the fact that we may not come out the winner.

Then, I believe, it is safe to say that when we enter a contest, we should go in with the attitude: "I will play my best, and do my best to win, but if I lose I will also accept the fact that maybe next time, with a little more practice and more under standing of what is expected of me, I will do better to win; but will also keep control of myself if I do not win."

Sherm

In the span of half a lifetime one encounters many friends and numerous acquaintances. Some are recalled and regarded with joy, and others with sorrow or a bit of ill will. Let me relate an experience I had while duck hunting with two people. One of them always shared the task of paddling the canoe while we exchanged the job of riding shotgun in the prow of the canoe. The other always placed himself in the prow no matter how often we hunted together, and only grudgingly took his turn with the paddle. And, so, now I'm none the worse for the latter's failing conduct and all the better for the former's sportive manners.

In boxing, fear disappears after the first punch. Without it there would be no excitement of anticipation and, consequently, no interest. With it, appreciation of what may occur gives it magnetic charm. Therefore, respect, not fear, wins a sporting event.

Stephen

It is a must in younger years to have healthy, competitive activities that bring out the talents in sports as well as the habits of fair play, because the greater part of life is competition -- as well as learning habits, and ought be expected to be basic in any endeavor founded on Greco-Roman culture. The very fact that patients enter this hospital and are still here over a period of months or years is that they have given up, so to spe k, the "fighting spirit", that is cohesive with fair play, consistency, and intelligent manners. They allow their regularity of manners and experience depend more on the doctors, nurses, aides and other patients than on themselves.

Tom

#### LOCKER ROOM LAWYERS

In athletics there is a phrase, "Locker Room Lawyer", which is used to denote a person who has an answer for everything in the form of a second-guess.

Here at WSH we have all run into Locker Room Lawyers in our own groups. The "lawyer" can always do better than the aide, nurse, doctor or fellow-patient. The only trouble is that the original problem has been met or solved.

Consideration should be given to the ability of the person who made the original solution. Maybe it wasn't done with the most finesse. Maybe the individual could have been more tactful or less abrupt.

# around the srounds

#### DOMESTICS

Besides seeing that we have our meals on time, our Domestics at Winnebago are also very nice to work with.
I have worked with them in three different cafeterias. In each of them I
found new friends. I'm certainly happy I've had the chance to work with
and enjoy all of them.

Sandra

#### THANK YOU - GRAY LADIES

We, as patients, would like to thank the Gray Ladies for all their work and all the help they give us, with projects to work like sewing, making lovely gifts for loved ones, helping us with grooming such as nails, hair-dos, etc. Thank you all.

Sandra

#### MEN'S BOWLING RECORD SET

Kempster Hall's perfect bowling record was broken January 25, but it took the highest team score ever bowled on WSH alleys to do it.

The Al. Unit, paced by Frawley's 179 came thru with a whopping 718 to top Kempster's 582. Also contributing to this new "high" were ders,

This new record was made at a time when criticism of the condition of the alleys was extremely high. Because of location and varying bowling habits it is difficult to maintain bowling alleys for even the best of bowlers, however, this 718 score shows what can be done and gives the other Keglers something to "strike" at.

Kempster had the consolation of winning the second game.

Dar

#### HAIRDO'S STATE HOSPITAL STYLE

A "big bouquet" from the "Cue", and a special "thank you" to the beauticians in our hospital beauty shop from our lady patients for those lovely coiffures...which are so very pretty and complimentary to the individual that I feel our beauticians are deserving of much praise.

The ladies certainly take a personal interest in each patient and are so pleasant to everyone, it is a real pleasure to have a hair-do there.

One thing I would like to touch upon which was brought to our attention on the "Cue", is the tinting of hair. Where a patient is used to having this done, psychologically this is important to her...for a "color-lift" to drab or faded hair...gives any gal a lift!

We live in a modern society today ..this is a modern hospital here...and the tinting of hair is up-to-date and an accepted beauty aid throughout the world.

One of the simplest methods of tinting the hair is the shampoo tint. It is easy to apply and is not harmful to normal hair and scalp.

The shampoo tint, I would recommend is Lady Clairoil, Quick and Easy Shampoo tints. It comes in assorted shades that are naturally beautiful... and should please most people. about once a month is all that would be necessary for an application, and the shampoo tint could be provided by the patient and applied either in the hospital beauty shop, by another patient, or herself.

Comments, girls???

C. Gloria

#### TAILOR

We have a tailor presently with us on GHNP who can make all alterations to clothing. Anything that's obtained from the Fashion Corner can be altered if necessary. He is offering his services free or for donations to supplement the coffee fund.

Thomas

# Eround the scounds

#### NURSES AND PATIENTS - HAVE NEW IDEAS

With the advent of the New Year, the "Cue" thought by interviewing the nursing staff and patients alike. we might come up with some brand spanking new ideas from people who are in and associated with this hospital...an exchange of ideas on recreation, hobbies and ideas which might improbe the present program. This is a good way to start out another New Year. Actually there isn't an organization, business, or hospital anywhere that couldn't use some fresh new ideas for good health and a happy outlook on life... to keep from growing stagnant.

The following are the results of our query of the nursing staff and patients—selected at random.

May we introduce:

#### Mrs. Lola Morgan: Registered Nurse

Mrs. Morgan is from Oshkosh, Wisconsin. She trained at Baptist Hospital; Memphis, Tennessee. For recreation she enjoys hiking, especially in the fall of the year; and is a baseball fan who enjoys going to games.

The hobby Mrs. Morgan enjoys most is cooking; and during the spring and dummer she loves gardening. The hospital program for patients she feels is adequate.

### Miss Ginny Vilski: Student Nurse

Miss Vilski is from Hawkins, Wisconsin. She is presently in training at Mercy School of Nursing. Oshkosh; and spending three months of her training here at Winnebago State Hospital.

For recreation in the summertime, Miss Vilski is a water-skiing enthusiast, swims, and in the winter loves to go snowmobiling.

As for participation in sports, she sometimes plays volleyball, and attends football games throughout the fall season.

Miss Vilski's hobby is collecting stuffed animals, but she also enjoys "number" painting and reading. As for new ideas or improvements in Winnebago's hospital frogram for patients, she would like to see more dances and more field trips—to include, for example, Community Theatre presentations and various programs at the Oshkosh University. In regard to meal planning, she would like to see a less starchy diet served patients.

#### Mrs. E. Krings: Nurse's Aide

Mrs. Krings is from Winneconne, Wisconsin. She trained for a staff position here at Winnebago Hospital and at night school.

For recreation, Mrs. Krings enjoys bowling and camping, and plays golf and volleyball. When the football season is with us, she is at the stadium cheering for her favorite team.

For a hobby, Mrs. Krings collects Indian relics and antiques of any kind.

In regard to the present hospital program for patients, she felt more field trips on buses to points of interest would be beneficial to patients here.

She would also like to see a small launderette with washer and dryer installed in Kempster 2-West and other wards, plus a fully-equipped kitchen.

Further, Mrs. Krings stated that a better selection of movies would be most acceptable to everyone.

She could not think of anything already in the program that should be eliminated.

C. Gloria

#### IM-PATIENT'S NOTEBOOK (from page 2):

Looking out the window, one notes that WSH's squirrel population seems to be holding its own nicely over winter. The squirrels obviously appreciate a place that has as many nuts as this: and unihhibited by orderlies, paperwork, or Mellaril they are out to make the most of it.

# around the grounds

#### CANTEEN SOCIAL CHALLMEN MEET

At the weekly dinner-meeting of the Canteen Social Chairmen, January 29, Miss Marshall, staff supervisor of the group, brought out three important points which cannot be repeated too often.

- l. This group was formed jtet one year ago as a trial venture to prove the patients can supervise the canteen activities as their own facility. Needless to say, the improved behavior of those persons availing themselves of the canteen's service and the increased patronare of the canteen has proved the venture sound and deserving of recognition by the WSH staff.
- 2. For those patients and visitors visiting the canteen, there is a list of rules. These rules are not stringent but rather are a code of conduct similar to that which a person would follow in his own home.
- 3. The most important point which was explained governed the selection and approval of each social chairman.

First, he or she may be proposed by any staff member or another social chairman on the basis of appearance, conduct, leadership ability, resource - fullness, ability to assume authority and interest in and consideration of others.

The proposal having been made it is next necessary to obtain approval of the individual's doctor, the O.T., M.T., R.T., I.T., ward staff, etc. (Apparently the only person who does not have to approve is the second brakeman on the Chicago and Northwestern slow freight)

h. Once having been approved, it is the responsibility of the social chairman to maintain those attributes leading to his or her selection.

The main responsibility is service to other patients in the canteen for in addition to setting an example for, and maintaining appropriate behavior in the canteen, each social chairman assumes the role of host or hostess and tries to make patients and visitors feel welcome and comfortable and to help them

enjoy themselves and want to return.

All in all, because the requirements and responsibilities are seemingly great, it is indeed an honor and privilege to be accepted for this work. It proves that responsible people have confidence in you and your abilities and gives a deserved feeling of pride.

D.

Continued from Page 5-- "NEW IDEAS":

#### Miss Marita Chapman: Nurse's Aide

Miss Chapman is from Lac Du Flambeau, Misconsin. For recreation she likes to watch basketball, but not on TV. Her hobbies are singing and collecting Elvis Presley records. She would like to see more dances and more liberty cards here at the hospital for everyone. Also she said it would be fun to have a talent show given by the patients and/or employees here. As a whole she likes the hospital the way it is.

#### Miss Vicki High School Senior

Miss is from Wisconsin hapids, Misconsin. Her hobby is dencing and she does not participate in sports. She does like to watch baseball and basketball. She collects pictures of cats. As for changes here in the hospital, she would like a dance every week and basketball games for patients to see, more trips to the canteen and more socializing privileges for everyone. Also more groups to the booking alley. "I like everything about the hospital, with these few additions. Also, the nurses and aides could be more understanding with the patients."

## Mr. Thomas Installs Automatic Sprinkler Systems

Mr. is from Milwaukee, Misconsin. His hobbies are fishing, hunting and radio control. He enjoys all sports as a spectator. is for changes in the hospital, he says a pool table is needed in Gordon Hall or the use of the pool table in Kempster Hall a few nights a week would be fine. On the whole, the hospital is fine the way it is.



Memories of an early day bid me turn and pause in praise Of lilac twining from the earth and fires crackling in a hearth Of feathered siblings winging free and waves churning in ecstasy Of flowers gliding from their beds where earth and sky serenely wed Of falling snow and drifted clime next paths tred with a steeping rhyme Of hued leaves' appetite for fun with children 'neath a golden sun Of every season's magic thrift in cycle with each hallowed gift. Such as these before my eye bid me memember who am I

RJK

It's with the burden that I'm in which stirs my knowing turning over and over my thought that he was once there, by his picture on the wall and its guile misleading with accent only assenting and assent only ascending heavy with a hot breath at my heels.

RJK

Yea, all ye stars, fashioned from the Warrior's arm and the heartbeat behind the west moon from spellbound turn and spin from the ankle, scintillating, and fly a new-found course of freedom from the fired strength of starbones that emulate the zephyr where the quiet breath of heaven meets the snows.

ROCK, BABY ROCK

Motivation:

A bird's next full of bees in the trees

can't match the tease I get from Marie's knees.

Sensation:

This terse little verse is not in

Erse.

Sense and Tense:

Only if you want it

that way.

Mood:

Present indicative and plenty of it,

man.

Prologue:

None.

See Slug cut the rug. He's mean but she's keen, Hair's teased, wearin' beads, Not he but she.

Listen to the geetar twang,
The crooner's slang.
Beatle hair,
Don't have a care--like Ringo.
But not Johnny.

Maid of Babylon, mine, (Doesn't talk, just babbles on), Rise, sing and swing, And rock, Baby, rock!

Don't lose your cool,
All men are fools---anyway.
Shake but don't break,
It's the best form of rec--any day.

Tired feet but happy souls,
But my little June's no longer in
tune.

I'll get you home on time tonight, Dear.
Let's hurry, walk a little faster
Being late could be disaster!

James

RJK

#### EDITORIAL STAFF

Bob Sandra Gloria George M. J. Corinne Norman Dan

Advisor: Chuck Lemieux

#### ISSUES AND ANSWERS (contd. from p. 3)

BUT, in the stress of the times—and that same stress has been present throughout the ages—there is not enough time to stop and analyze each minute item and arrive at a satisfactory solution in a reasonable length of time. Of course, with indefinite time to reconsider one's own actions, or those of another, faults can be found, or a better solution obtained. So what! While one person is doing the job, someone else is wasting time criticizing.

One might say that without second guessing there would be no progress. But nothing could be further from the truth. Second-guessing, per se, is another method of criticizing, which in turn destroys the value of the original act or word. Progress comes not from authorative second-guessing but from improvement, without destroying the basic idea.

The Model A Ford was not a second guess on the Model T, but rather an improvement on the basic patentable idea. So should it be with our opinions of the methods of others.

It is not a case of saying, "He should have done it this way." Rather, the thought should be, "He did it and deserves credit while I didn't or couldn't.

To return to the opening of this article: the daily life of any individual can be compared with the sportsmarship of an athlete. No athlete likes disparaging remarks about another member of his team any more than the average human cares to hear any friend or stranger ridiculed. No athlete likes, moreover, to listen to a "locker room lawyer" any more than the everyday man likes to listen to a self-centered orator -- and that's what a fault-finder is--expound on someone else's failings. Finally, the "locker-room lawyer" takes home his wages only in the form of the disgust of others.

Life is the hardest-fought of all games and requires that much more sportsmanship from each player. You can't be 100% a sportsman and still find time for nit-picking. Take your choice, for primarily you live with yourself.

BOWLING

Since outdoor activities are non-existent during most winter months, the one activity which attracts most patients is bowling. At the proper time it is the hope of the recreational therapy department to have every patient try his skill at bowling.

The bowling alleys were built and installed in Hughes Hall rumpus room about four years ago. The two alleys are equipped with electric-powered pin-setters, although the actual picking up of the pihs and putting them into the racks has to be done by pin-setters. The ball must also be placed in the return. The job of pin-setter is good for anyone who wants some good body-toning and trimming exercise.

As is the case with so many activities at the hospital, the amount of use that is given to bowling is limited by the presence of hospital personnel. Most of the recreational activities scheduled require the presence of a member of the staff.

Norman

#### HOW TO STAY YOUNG

- 1. Avoid fried meats which angry up the blood.
- If your stomach disputes you, lie down and pacify it with cool thoughts.
- Keep the juices flowing by jangling around gently as you move.
- 4. Go very light on the vices, such as carrying on in society. The social ramble ain't restful.
- 5. Avoid running at all times.
- 6. Don't look back. Something might be gaining on you.

by: Leroy (Satchel) Paige

Dan

#### THE WEEK AHEAD

### HOSPITAL ACTIVITIES FOR THE WEEK OF FEB. 10 - FEB. 16, 1969

February 10					
Monday	2:30	1:15 pr - 4:00 pr 6:30 pr 7:00 pr 7:00 pr 7:30 pr	om om om	SH 5-6 HH Music Room Barracks HHB SH 7-8 GH AT Atea	Menasha Red Cross Record Listening HHB 1-4, Woodworking Gamma Sigma Sigma Outagamie Red Cross Card Club
February 11 Tuesday	2:30	10:30 a - 4:00 p 7:30 p 7:30 p	om om	GHS HH Music Room 2-W 1-W	Lutheran Service Record Listening Gray Ladies Jaycetter of Oshkosh
February 12 Wednesday	2:30	1:15 p - 4:00 p 3:00 p 4:30 p	om om	SH 1-2 HH Music Room Kem.Rec.Room HH Cafe	Appleton Red Cross Record Listening Patients Planning Canteen Social Chairmen Dinner Meeting Menasha Vocational
		6:30 p 7:00 p 7:30 p	om om	SH 3-4 GH AT Area GHNP	Homemakers Gamma Delta Lutheran Service Lantern Organization
February 13 Thursday		10:00 a - 4:00 p 6:45 p 7:30 p	om om	GHN HH Music Room Gym GHSP	Protestant Service Record Listening Movie - Dark of the Sun Mercy Hospital Student Nurses
February 14 Friday					
TTTGAY	2:30	- 4:00 F		EH Music Room GH AT Area	Record Listening Catholic Mass
February 15 Saturday		9:15 a 9:15 a		Gym - Volleyball Rumpus Room - Bo	
		10:00 a 10:30 a	am To	GHS GHN be announced be announced	Favorite Hymn Recital Favorite Hymn Recital Catholic Confession Catholic Mass
February 16 Sunday		8:45 £ 10:00 £		GH AT Area GH AT Area	Protestant Service Catholic Mass

Mrs. Julaine Farrow, R. N. Nursing

THE TOTAL PROPERTY.