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UNIVERSITY OF WISCONSIN-MADISON

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CUE

OUR

7th

There may not be the roar of mighty printing presses, but every two weeks for seven complete years, the W.S.H. news paper, CUE has been printed and disseminated with its news, editorials, expressions and other features. Strictly a patient project, the CUE is designed, written and printed by patients.

The first issue had two pages and a schedule of activities when it came out March 11, 1966. It started out as a project of the Activity Therapy Department. Its principal adviser then and now is Chuck Lemieux, under whose guidance the paper plays an effective role in the overall hospital picture.

Now a paper of 12 to 18 pages, the CUE has provided an acceptable means for patients to speak out on issues that directly or indirectly concern them, whether it be in praise, recognition, disagreement or total dissatisfaction.

(Continued on Page 2)

YEAR

EDITORIAL

I didn't want to confront Ms. Joyce Marsh, the Patients Library's soft spoken librarian. She is a forgiving person, but how much of my behavior can any librarian stand? I wanted to write about the library more than I feared her disapproval. Just because of overdue books.

Here is my confession: I'm a chronic case of acute bibliophilia. Or translated I am obsessed by a love for printed material, especially books. The best Ms. Joyce Marsh of the Patients Library located under Sherman Hall, or Ms. Joyce Kleinke of the Childrens Library, or even the librarian at the Medical Library on 2nd floor of the Administration Bldg can do is lock the doors and turn out the lights when they see me coming.

But even a confrontation with Ms. Marsh is worthwhile. Now I can tell you about the therapeutic and rehabilitating effects of the new Library. The fines I used to pay! The lost, stolen, or strayed Books! Then, finally my downfall--Booklifting! Now that is all in my colorful past. I've reformed, changed my evil ways, at the Patients Library.

I'm in here because of financial worry. I realize now that I spent 75% of my income on library fines for the past 10 years. (The other 25% went toward necessities like Superman, Tarzan and Zap Comics). Recently I put away the foolish things of my youth. The Public Library was too expensive a habit. My funds were too low for the luxury of an overdue, lost, or stolen book. My family put an advertisement in the paper. "We are not responsible for any of Kris Library Fines!" I was seored by the fact that I was and still am depriving the Public Library of its main source of income--my pocket book.

Here, at the new Patients Library there are no fines charged. They do want their books back in good shape and within the 2 week check out time, (When you want a book longer than that, report back to the Patients Library and have it renewed). Fiction paperbacks have No due date, but the reader is expected to return them, also.

I'm quite upset by a low, sneaky habit I have. Have you ever shop-lifted? The answer is irrelevant. What I want to know is: Have you ever booklifted? Having burned my Library Card in despair and protest, I began borrowing books illegally. Just lifting one lovely little book, "The Art of Chinese Ink Drawing", and I was on the bad road to crime and damnation. My parents were so ashamed when they discovered my habit!!

(Continued on Page 11)

(CONTINUED FROM PAGE 1)

The CUE is an outlet for expression, opinion and a means of communication among patients and is an honored member of the communications system of W.S.H. It likes to think that it has found problems and submitted articles that have changed certain conditions of livability for patients here. The news is gathered by the staff and democracy and free speech are its cornerstones.

Letters to the CUE are printed and careful attention is paid to their content for editorial value. In the past, CUE editorials have proven invaluable in not only informing the patients, but also bringing about much needed change and reform.

With approximately 100 patients a

year on the staff, all oriented by Mr. Lemieux, the paper still maintains a reasonable continuity. Its staff performs a variety of activities and consists of reporters, typists, artists, stencil cutters, collators, mimeographers and staplers. Equipment consists of typewriters, mimeograph, mimeoscope and associated tools. Its office is located on the ground floor of Kempster Hall.

The CUE is the second publication in the hospital's 100-year history. The first was called the "Winnebago Chatter." This was discontinued in 1964.

CUE is patient-oriented, and, because of this policy, is your voice.

E.H.

whats your opinion ?

WHAT WOULD YOU CALL THE LIBRARY IF YOU
COULD CHANGE THE NAME?

"Book Corner."

Cindy

"The Reading World."

Diana

"Sherman Library."

Randy

"Book Shop."

Mr.

"Winnebago Public Library."

Margo

"Bending Road."

Rosemary

"Sherman Library."

"Residents Library."

Julie

"Knowledge World."

Penny

"Sherman Institute Public Library."

"The Knowledge Room."

Andrew

"Andy's Library."

Ernie

"The Book Shelf."

Jim

The Babbling Brook of Information."

Jim

"The Library."

Dave

"The Steady."

Sandy

"I don't think it should be changed."

Carol

"I don't think it's necessary to change
the name."

Darlene

"The Bookshelves."

Sue Fox, Student Nurse

The following answers are anonymous.

"Winnebago Libra ry."

"The Knowledge Spot."

Beats Mo!"

Winnebago Nut House Library."

"Inside-out House."

"Land of Books."

"Media Center." (Philip

Area of Quietness."

Weird Scenes Behind the Hard-Cover."

"I really don't have any idea."

"Gray's Library."

"The General."

Winnebago State Library."

"I would call a library a library."

"That's really one of the dumbest ques-
tions I ever heard."

"What do you call a library except a
library?"

Torn Pants Hole."

Read the Wah Wah Land.

We heard that Dr. Barney had to call in
sick yesterday. It seems he walked
through a screen door and strained him-
self...

SHARE THE GOOD NEWS

Sermon on Fighting Fear by Chaplain David F. Carlson on Feb. 11, 1973

As the preceding hymn was sung, we were admitting a very human need. We want the spirit and presence of God in our lives. This is a common, human outlook. Many things can overwhelm us when we are lonely or afraid.

When we are alone or afraid, we want to know that God is really with us. Our Scripture Reading, the 27th Psalm, deals with the experience of fear. So many of us experience fear for our life, for our health. Fear is a common experience, but it is not comfortable. It is often very painful.

The Psalmist opens with praise-- "The Lord is my light and salvation." He reflects on his past battles, fights with enemies aries, and his fear of physical attack. It seems a real and personal experience he is reliving (probably a military battle).

What really might the Psalmist mean by his mention of these physical things of fear? In a poetic sense, an enemy might be disease, or other fault in ourselves. Enemies, warring armies, and attack could occur inside ourselves. They could appear in a human relationship or a family situation. The Psalmist may have been afraid of a real flesh and blood, armed enemy. He may have feared the surrounding camp of the enemy. And we can see many occasions of fear reflected in the Psalmist's story of his fear.

We must trust--then we'll live fearlessly in the presence of God. We acknowledged our fears, now we must also TRUST God. We can trust him to give us comfort and strength. With our trust, our God becomes able to help us. With our trust in God, we can walk even thru the Valley of the Shadow of Death, never alone. The author of the 23rd Psalm knew also that God will protect him.

The Psalmist can triumph over his enemies. He sings and praises the Lord, his deliverer. God wants us to deal with our fears and He wants to share every experience with us, whether it be joy or fear. We can live in His presence and know He does walk every step with us. Some of our moments are vital and enthusiastic. In these and in all moments of insecurity and loneliness, we are never alone, if our God is with us.

God can do good in us, thru us, and for us. Let's become aware our life is lived in God's House. It's a glorious experi-

ence. FEAR is replaced by TRUST.

Have you heard the saying, "Fear knocked at the door, Faith opened it, nothing was there." Let your faith and trust open every door.

Your Birthday: A Rebirth

I woke predawn, sleepless, thinking. I had to get up, wash and dress to stop thinking of you. The night aide comes in. I'm sitting up in bed, trying to write my love to you. I'm dressed in our favorite color, royal blue, in honor of your day. It's hours til my scheduled day starts, jogging in the tunnels. I'll run my best for you today.

My face is burned. I put lotion and makeup on to cover the red. I washed my face too much last night. The burn keeps me awake. I am thinking of you and water, cleansing, cool water.

Is our life very much like the river? Water may be the essence or source of all life. People get baptized with it. John was in the river baptising Jesus.

(Childhood stories flash through my mind's eye.) Sidhartha meditating at the end of his life, by the river. The Little Prince finding the life sustaining well in the desert. Oddly a fairy tale Uncle Walter sent me. The youngest brother wants to find the source of a beautiful, a powerful river. He is mocked by his older brothers. He finds the source at the peak of a mountain--a walnut from which all of the river's water flows. He stuffs it shut with moss and pockets it. The river is gone. Why would a child want power?

I have very little power. Certainly not the supernatural power over floods, or over rivers. Certainly I have little power over my mind.

For I see myself treading water, trying to keep from drowning. Then I see you, David, and I start swimming, desperate to reach safety and life.

David is the source of my life in a real sense. David means "Beloved." A name my earthly father has, a brother has, and a man who was killed has. All 3 of these men make my life important.

I see David watching the Pacific Ocean, water and salt. Like the seas from which our amphibious ancestors evolved. Like the amniotic fluid of the womb. Water and salt.

David is a little boy watching the
Continued on Page 8.

PATIENT JOBS

The CUE would like to familiarize and inform its readers of the many and varied jobs that are available through out the hospital. Beginning in this issue and in subsequent issues, the CUE will focus in on a particular job area in which patients are assigned to work.

In this issue the CUE features the Food Service Department which also includes the bakery and the paring room.

The Food Service Dept. is responsible for all regular and diet trays for every patient on each ward in the entire hospital. It also provides bag lunches for those who work off grounds and food for all of the ward parties.

The large dining room, where nurses, staff and hospital employees eat is a patient work site. It is here that approximately five women will work from 9:30 to 1:15, serving salads and desserts and assisting with wiping tables and general clean up.

In the bakery, all cakes, pies and bread are made from scratch. The men employed there begin their work day at 6:00 a.m. There is a variety of things to be done, such as placing bread dough in pans, putting rolls and buns on baking sheets, leveling batter and icing cakes. They also stack the bread after it is baked, and grease pans and sheets for the following day's baking. The clean-up detail is responsible for cleaning the mixer and divider and doing the sweeping and mopping.

In the paring room an average of 15 women work daily. The number working there has been as high as 29. The women arrive at 9:00 a.m. and work until 11:00. Some of the jobs performed are cleaning and cutting vegetables, such as onions, carrots and celery. The eyes are removed from potatoes to ready them for the automatic potato peeler. Apples are washed and wiped for eating and oranges are peeled for desserts, such as ambrosia. Cooked potatoes are sliced or diced for potato salad, hash browns, American fries and other potato dishes.

We would like to take this opportunity to salute the Food Service Dept. for the quantity and quality of the meals served every day of the year.

Mary

SERVICES AVAILABLE TO PATIENTS

KNIPSTER BARBER SHOP

When I went to have my hair trimmed this morning, I asked the barber, Harold Ramaker, if he would give me an interview, since barbering is one of the services being offered to the male patients. Harold said he would be honored in giving us all the duties and other likes and dislikes and beliefs he has experienced as a licensed barber.

Mr. Ramaker is a veteran barber and began his career thirty - nine years ago, on January 10, 1934. He stated that barbering then was similar to an assembly line, whereas the male patients were given a one-style hair cut. Electric razors were not used and he was giving shaves with honed razors. Hair cuts were given once, every fourth week, compared to a weekly schedule, which is now offered throughout the hospital.

Mr. Ramaker states that barbering is not as profitable as it used to be. One of the biggest reasons for this is the majority of men today are letting their hair grow longer and go to special hair stylists. There are only a few men that still get their weekly trims; but Mr. Ramaker feels that short hair trends are coming back, even though it is slow in the process. Businessmen and entertainers can afford hair stylists are approximately \$7.50, but the mill workers can't afford it. Those workers still appreciate good grooming and the barbering trade is still active, but not as happy as they were years ago, when short hair was the trend.

Mr. Ramaker has an assistant, who has worked with him for 15 years. His name is Richard and is a patient residing at Gordon Hall. Richard should be recognized also, because he is an accomplished veteran of barbering and is a big help to Mr. Ramaker.

Mr. Ramaker is married, has two sons, one daughter and six grandchildren. His interests are cabinet making furniture, refinishing, antique collecting and refinishing, summer gardening, fishing and traveling. He is hoping to retire January 1, 1977, so he can devote more of his time to fishing and traveling to newer horizons, that he has yet to see.

Continued to page 11

EXPRESSIONS

WHAT THEN

When the plants of our mighty cities
Have turned out their last finished
work;

When our merchants have sold their
yardage

And have dismissed the last tired
clerk,

When our banks have raked in their
last dollar

And paid out their last dividend;

When the fudge of the earth says,
"closed for the night."

And asks for a balance--what then?

When the choir has sung its last
anthem,

And the preacher has made his last
prayer,

When the people have heard their last
sermon

And the sound has died out on the
air;

When the Bible lies closed on the
altar,

And the pews are all empty of men,
And each one stands facing his record--
And the Great Book is opened--what
then?

When the actors have played their last
drama,

And the mimic has made his last pun

When the film has flashed its last
picture,

And the scoreboard displayed its
last run,

When the crowds seeking pleasure have
vanished

And gone out into the darkness
again--

When the Trumpet of the Ages has
sounded,

And we stand up before Him--what
then?

When the bugle's call sinks into
silence,

And the long-marching columns stand
still;

When the captain has given his last
orders,

And they've captured the last fort
and hill,

And the flag has been hauled in from
the masthead,

And the wounded afield have checked
in,

And a world that rejected its Savior,
Is asked for a reason--what then?

--Submitted by
Greg

Gaining faith, pure delight. The
heavens burn with peace tonight.

Jeanie Train

GRANDFATHER

I blew his mind out in a pink police
car

I (own a block in ST. John Wood)
(And though I seemed very scared),
Everything got two me in a card.
La, la, la, la, he saw the moon
in June.

What a tear.

Jack

Test me

And make me strong
Show me the light
And where I belong

Jeanie

YOU

Thinking

Pain-burned nerve endings
Short-circuited spark gaps
Brain dynamo's engines out
Memory cycles
crossing
now feelings

Unrequited Love

Dean

GROW OLD WITH ME

Grow old along with me!

The best is yet to be

The last of life, for which the first
was

Out times are in his hand,

Who saith, "a whole I planned,"

Youth shows but half; trust God;

See all or be afraid.

Gary

TAKE YEARS AS THE SPRING

The years as the spring,

And days at the morn,

Mornings at seven;

The hills-sides dew-pearled

The snail's on the thorn:

God's in his Heaven,

All's right with the world.

Robert Browning

WHAT NOW

Soon to go

Remember well the lesson

The years will test

The strength of the man

And prove his God

Dean

"PATIENT"

Guidelines

There are some of us who do not like to be referred to as a patient. The word patient has received an undesirable connotation over the years of which people have developed a stereotyped image of a patient as being one who is "crazy," "off his rocker," "mentally ill," or somewhat of a "thing" segregated from the human race. The image we have of a patient, whatever it may be, is hard to change once we have developed that image and have kept it for years. But we can change that image by taking a look at what a patient objectively and maturely.

Patient, as defined purely and simply, is one who is under medical treatment. Medical treatment consists of being treated by an M.D, psychologist, psychiatrist, neurologist, and being involved in R.T., O.T., I.T., and G.T., whatever other treatment methods are used. A "patient" undergoes these treatment methods to be able to help himself, to realize his, her problems, and to help him, her to return to "society" and do the necessary things required to have a happy and fruitful life. In essence, most people want to achieve this but some of us are thrown off the path either by ourselves or situations or both. Therefore we need therapy and guidance to help us help ourselves.

Patient is merely a term used to classify someone just as is baseball player, artist, singer, professional, laborer, sweetheart, etc. We are patients but most important we are human beings with individual personalities. We have the freedom to choose what we want to do and the power to decide. What we do with these is up to each one of us. As the saying goes "we can make it or break it." But the best way to overcome our problems is to open up and help someone else. When we lighten the burden of someone else we lose our burden.

Greg

* * * * *

Choose the words you speak with care
Or chose them loosely, if you dare.
Words are powerful tools that do
Bring back what you say, to you.

Anonymous

DR. MARTIN M. CROSSACK'S 18 SUGGESTIONS THAT MAY HELP YOU FROM BECOMING EMOTIONALLY UPSET.

1. Don't take yourself too seriously.
2. Don't make a tragedy out of things that don't go your way.
3. Don't think you are the center of the universe and everything revolves around you.
4. Don't expect to get everything you want.
5. Realize that people make mistakes and this is to be expected--be tolerant of yourself and others.
6. Don't think people have to like you at all times.
7. Don't think you have to please everyone.
8. Don't be angry with yourself and other people. Anger creates problems rather than solves them.
9. Don't feel guilty about your past and present, also don't be ashamed about them.
10. Don't feel sorry for yourself.
11. Be willing to compromise.
12. Don't live in the past.
13. Be tolerant of other peoples' weaknesses and your own.
14. Don't feel you must do anything.
15. Sometimes be willing to do what you think is best even if others don't like it.
16. Don't compare yourself with others in terms of money and clothes.
17. Realize we live in a sick society and that you are a socially produced individual, not as different from others as you think you are.
18. Don't expect to change other people.

Submitted by Greg

* * * * *

Strange that creatures without backbones have the hardest shells.

(Continued from page 4)

waves, seeing the tide rise and fall hearing the wind sighing, like the breathing of an invisible person.

You shiver from the wonder of water and the cold of a West Coast morning. White sea gulls wheel overhead, and the sun breaks through the clouds and blesses your upturned face, so small and open. Open to life and growth.

Now, in winter, ice covers the water. My Davids are gone. My father is in prison. My brother is in another country. The last is locked in the country of the dead. Ice locked souls. All four of us. Maybe more. David, we have not seen, touched, or spoken to each other since the summer water froze. I need each of you, Now.

FLASH FORWARD

We can go back to the Ocean, David. I'll take us there. To play as children in the golden sand, splash in the surf, dig for clams, find coral branches. Together in a salt garden of innocence, we can grow young again.

"You are the salt of the earth; but if the salt loses its strength, what shall it be salted with?"

ON MY RADIO'S 5 A.M. SIGN-ON:

"Unless man is born of water of the spirit, he will not come to the kingdom of God."

FLASH OF THE SPIRIT

"Let's swim in God's Ocean. Together at last, in the Spirit. I'm crying on my father's 47th birthday. A baptism of, a rebirth of all our spirits. Tears; salt and water. Happy Birthday to us all. Amen."

NEW WORSHIP OPPORTUNITIES

If you like variety in church, you will enjoy a new series of services to be held in our Chapel. A youth group from Bethel Baptist Church in Oshkosh will be coming out on Sunday evenings, once a month. The first service will take place on March 4 at 6:30 p.m. This is a very interested group of young people, and we anticipate that they will provide an enjoyable experience. You are cordially invited to attend.

PING-PONG TOURNAMENT

The Canteen & Social Chairmen are sponsoring a hospital wide, singles Ping-Pong Tournament. If you like to play P.P., sign up with either a Social Chairman on your ward or on the bulletin board in the Canteen.

HOSPITAL PAMPHLET AVAILABLE

If you are interested in knowing more about Winnebago State Hospital, there is a new pamphlet available on the care and services here.

The pamphlet, called "An Introduction to Winnebago State Hospital," can be picked up at the CUE office, located on the ground floor in Kempster Hall. The CUE staff also is distributing the pamphlet.

You had better live your best, think your best and do your best today--for today will soon be tomorrow and tomorrow will soon be forever.

CUE EDITORIAL STAFF

- John
- Doris
- Jim
- Mary
- Ethel
- Dean
- Kris
- Dominga
- Greg
- Chuck Lemieux (Advisor)

Not to decide is to decide.

Janis Joplin



Dear Granny,



Dear Granny: All my friends, relatives and everyone I know things I'm crazy, and they put me in Winnebago. I'm not crazy.

Desperate

GRANNY'S COLUMN

Dear Des: Of course your not crazy. The rest of those people are. But there isn't room at Winnebago for all of them so you have to be here.

Dear Granny: I am lost and confused at W.S.H. Can you help me out?

Confused

Dear Granny: I feel that I'm all in pieces and the Staff is trying to put me back together again.

Humpty Dumpty

Dear Confused: Which way did you come in?

Dear Hump: Don't loose any of the pieces.

Dear Granny: I am 23 years old and I have so many girls I don't know what to do with them all.

Too Attractive

Dear Granny: I have four boy friends at the hospital. Should I continue seeing them all or what?

Popular

Dear Too Attractive: If you're 23 and you don't know what to do with girls by now, don't bother me.

Dear Popular: What!

Dear Granny: I feel my whole world is falling down around me.

Dear Granny: If I use my deoderant, will people talk to me at the hospital?

Right Guard

Tim Bor

Dear Tim Bor: Maybe you're falling up.

Dear R.G.: If you don't use it, they may talk about you.

* * * * *

Dear Granny: Yesterday I drank my meds and then had a hot bath afterwards. I feel terrible.

Nauseated

DR. BLOOM: "Why do you keep clapping your hands?"

Dear Nauseated: You should not have drunk the hot bath.

PATIENT: To keep the elephants away."

DR. BLOOM: "But there aren't any elephants within 1,000 miles of here.

PATIENT: "See, it works!"

Dear Granny: If I take my meds and eat my meals, will I get well?

Hoping

Dear Hoping: Stick to the meds.

Dear Granny: Is it true they put salt-peter in the soup?

Oversexed and Underloved

Dear O & U: Yes, but they also put Spanish fly in the milk.

Dear Granny: Everytime I ask my doctor a question, he responds with a question.

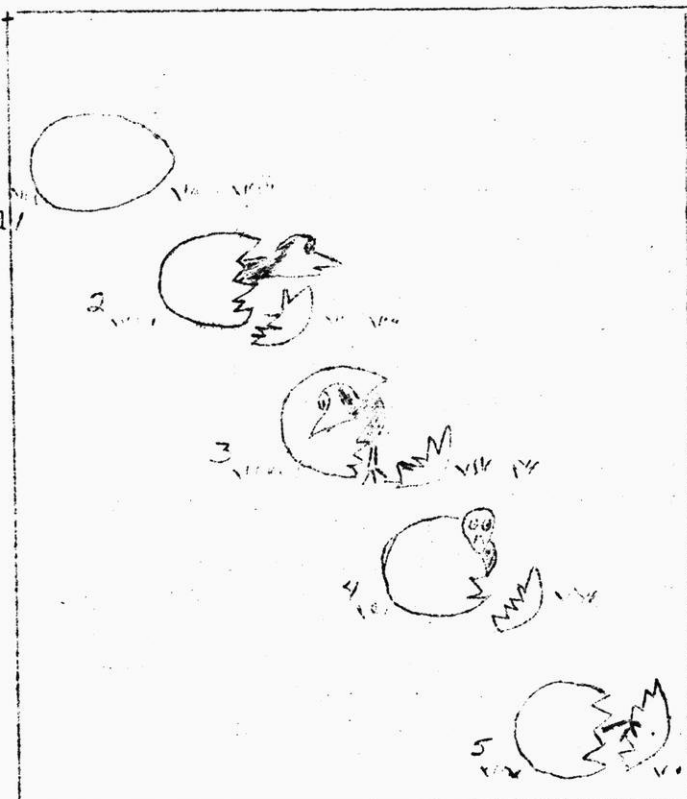
Anxious

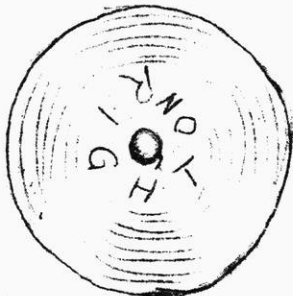
Dear Anxious: How does that make you feel?

Dear Granny: I am always forgetting things. People think I'm a perfect idiot.

Forgetful

Dear Forgetful: Nobody's perfect.





TOP TEN ALBUMS

1. Dont Shoot Me, I'm Only The Piano Player--E. John
2. Deliverance--Soundtrack
3. More Hot Rocks--Rolling Stones
4. No Secrets--Carly Simon
5. Thommy--Various Artists
6. Hot August Night--Neil Diamond
7. The World Is A Ghetto--War
8. Prelude Deodato--Deodato
9. Seventh Soujourn--Moody Blues
10. Home Coming--America

TOP TEN POP SONGS

1. Dueling Banjos--Deliverance
2. Big City Miss Ruth Ann--Gallery
3. Lights Out In Georgia-- Vicki Lawrence
4. Rocky Mountain High--John Denver
5. Don't Expect Me To Be Your Friend-- Lobo
6. Love Jones--Brighter Side Of Darkness
7. Last Song--Edward Bear
8. Killing Me Softly With His Song--
9. Daddy's Home--Jermaine Jackson
10. Cover Of "The Rolling Stone"-- Dr. Hook And The Medicine Show

The Best In The Country

1. Wonder If They Ever Think Of Me-- Conway Twitty
2. Do You Know What It's Like To Be Lonesome--Merle Haggard
3. She Needs Someone to Hold Her-- Conway Twitty
4. Rated X--L. Lynn
5. Neon Rose--Mel Tillis
6. Love's The Answer/Jamestown Ferry Tanya Tucker
7. Any Old Wind That Blows--J. Cash
8. Love's The Look You're Lookin For-- Connie Smith
9. You Took The Ramblin Out Of Me-- Jerry Reed
10. Good Things--David Houston

D.V.R.

The Department of Vocational Rehabilitation is a valuable facet of Winnebago State Hospital. It enables the patients to be sifted back into society with a means of income and the knowledge that he has a place of employment to go to. D.V.R. which is headed by Sylvester Verbe ten. John Thorton, Jeff Olmstead is a well put together program which is geared entirely to the individual needs of the patient. Each individual's needs, skills, and interests are carefully gone over and evaluated. Perhaps the patient will be sent to a workshop for evaluation. This is a necessary step in order to make sure the patient is not thrown into a job he can not handle. The patient has a wide variety of jobs to choose from.

He may be trained to be a skilled laborer, sent to college, or may be just evaluated and sent to his job. Again this depends upon the individual and his situation. What about the individual who doesn't know what he wants to do? Well, for this individual there are testing facilities available in which the individual can be tested and a job can be found for which he is best suited. Who is qualified for D.V.R.? There are three basic criteria the patient must meet to become eligible for D.V.R. First, he must have a physical or mental disability. Second, he must have a substantial handicap to employment. Third, a reasonable expectation that Vocational Rehabilitation services may render the individual fit to engage in a gainful occupation.

The D.V.R. program is basically the same throughout the hospital with the exception of the Alcoholic Unit. In the Alcoholic Unit the treatment program is stressed even by Mr. Verbeten, the person in charge of D.V.R. on that unit. The possibility of the Alcoholic going back to drinking and loosing his job has caused D.V.R. to become very concerned with the individual's treatment program. The program is concerned with the Alcoholic stabilizing his drinking before going back to society to work and live. All of the things he has going for him are looked into. Things such as his treatment program, his home, his work, love, AA, Antabuse, are all considered.

Jim Crane

(Continued from Page 2)

Ms. Marsh is used to my kind, or she is very tolerant. She answered a few questions I had and really warmed up on her area of competence--the new Patients Library. She says the 450 books she lends out each month are very rarely turned back in a damaged condition. She has all of the Library's 112 Art Prints lent out now. She takes care of 120 newspapers per week. (75% of these newspapers are the weekly papers of the States' small towns. This month we also have 30 current titles of magazines. 22 are donated, and 8 are a regular subscription.

Ms. Marsh says non-fiction is as popular as fiction. There is a stress on the self help, psychology for the layman type books. You have a variety of that sort of book at the Pts Library I'd say a healthy smattering of subjects.

I would urge the patients here to look over the Patients Library. It just opened in Dec., 1972. The reference section has two encyclopedias, lots of other good source books, from "The Complete Guide to Fishing in North America" to Art, design, crafts, Music "How To" books. There are foreign language dictionaries, psychology books, religious works, and a big stack of almanacs. Look at the variety you've got!

Have a look in some day. The Patients Library can be reached through the Tunnel under Sherman Hall. Enjoy. Browse. Use your library. And if you want to change its name as we brought up in What's Your Opinion, have a look at what you're renaming. Have a good time. Enjoy your Library.

Kris

(Continued from Page 5)

Mr. Ramaker feels that hair cuts should be therapeutic and not be thought of as punishment, as some patients have reason to believe. To look well-groomed is one of the necessary steps toward good hygiene. The majority of patients prefer shorter, trimmed hair cuts and more are coming to him, as compared to before.

I asked him what he feels about having a vocational barbering course for male patients. Mr. Ramaker said it would be a good idea, but most patients have too many other activities and the majority stays only a short time, which wouldn't be time enough to finish a shop managers course.

Barbering requires a lot of book reading and testing, along with the actual cutting or trimming of hair, scalp treatments, facial packs and head massaging. Mr. Ramaker states

that he only cuts hair and repairs Norelco electric shavers, with which each ward is supplied. No scalp treatments are given by him, because each ward doctor treats these problems, along with the others he is medically associated with.

As to the schedules, Mr. Ramaker stated that a daily time pattern for hair cuts is impossible, because with all the different activities the patients are listed for. Therefore, a weekly schedule is used. The present schedule is as follows:

Every third Monday a.m.'s--Gordon Hall.

Thursday p.m.'s--Sherman Hall.

All other times--Kempster Hall, ground floor.

The reason that Kempster Hall is mostly used during the week is due to its being centrally located, according to Mr. Ramaker. He said whenever he is needed, he can be paged for he is available at most any given time.

Every third Friday in the afternoons, Mr. Ramaker calls on the isolated patients of 3-K in Kempster Hall. He dons a cloth gown, cap and mask, as a surgeon does before he enters surgery. After the patients are over their hair cuts, he has his clothing sterilized and his tools cleaned to prevent possible infections etc., that could be transferred if such a situation occurred.

Mr. Ramaker's working hours are from 7:30 a.m. to 4:00 p.m., Monday through Friday each week. So, anytime anyone desires his services, please feel free to call on him. From his experience and friendly, courteous services he gives to one and all, I'm sure everyone desiring to remain well-groomed will find this can be done with the skills he has to offer. If anyone likes to fish, you'll be able to get not only a good haircut, but you will also have a good time discussing the sport of fishing with him.

This concludes one part of the many services offered to the patients during our stay here.

J.

Doctor Raque became confused when he asked a patient how many student nurses he had and the patient replied most of them.