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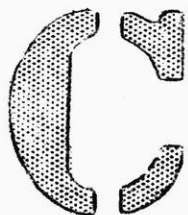
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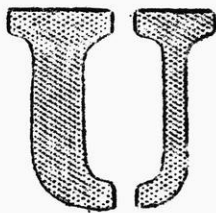
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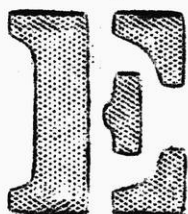


# Thank you, Dr. Loftus



TO: the CUE

Members of the 44th General Hospital USAR and myself have read with interest your article on the Army Reserve participation in the operation of Winnebago State Hospital.



We are gratified that you have recognized this contribution to the hospital and we in turn thank the hospital, its staff and patients for allowing us to participate in this on the job training. You will note that these "Men in White" are receiving practical experience and hopefully are making a contribution to patient care in this institution.

All members of this unit have received medical training while on active duty and special care is exercised to see that they are appropriately supervised both by army nurses and Winnebago State Hospital staff so that we can always be confident that all ethical principles are upheld. No violation of confidentiality will occur and hopefully we may continue in a mutually advantageous program.

Many thanks to the CUE for their recognition of this group and for your article. -- E. R. Loftus, M.D. 11/17/70.

Vol V Issue 20  
Nov. 20, 1970

## PATIENTS MAY HAVE RELATIVES

### WITH THEM FOR THANKSGIVING

Patients who are not going home on Thanksgiving may have relatives with them for dinner, it was announced today by Mrs. Gertrude Bengston, director of Nursing Service.

Football fans will have a field day on November 26 with the Packers at Dallas. Channel 2 will carry this game starting at 2 P.M. with a pre-game show.

At 11 in the morning, Channel 5 will carry the Oakland Raiders v. Detroit Lions game at Detroit.

Channel 11 will carry the Houston's Cougars v. Seminoles of Florida State at Tampa at 6:30 P.M.

If you like parades, be sure to watch the 44th Macy's Parade from New York City. Starting at 8 A.M. on Channel 2, this event will start a host of parades on television, including Gimbel's from Philadelphia, J. L. Hudsons from Detroit, and Eatons

famous Santa Claus Parade from Toronto Canada.

At 7 P.M. Thanksgiving Day, Channel 2 will televise "Oklahoma" --the famous Rodgers and Hammerstein's Broadway classic with Gordon MacRae and Shirley Jones and an all-star cast. Don't miss this TV treat!

You'll have a choice of watching "Oklahoma" for a half-hour before the Ford Festival is televised on Channel 5. This live show begins at 7:30 P.M. and will have Andy Williams, Pearl Bailey, Ernie Ford, and a bevy of other well-known stars.

The Thanksgiving dinner menu is as follows: Spiced tomato juice; roast tom turkey with sage dressing; rich natural gravy; mashed potatoes, candied yams; cranberry sauce; buttered green beans; assorted relish tray and pumpkin pie with whipped topping.

## 102 GIVE TO BLOOD BANK

Mrs. Ruth Shrock, R. N. supervisor, reported that 102 pints of blood was donated on Nov. 6.

# Let's Be a Thanksgiver

CUE'S CREED: It is the individual's duty to hold out for what he knows is right  
and it is society's duty to listen to him.

# Sounding Board ---

## WHAT CAN YOU DO ABOUT IT?

There was much written about Charles de Gaulle since his passing, but we always liked what he said about politics on one occasion.

"Politics," he said, "is a matter too serious to be left to politicians."

Nearly everything that matters most to us and our families is determined by the men and women we elect to our local, state, and national governments. They decide (either by taking action or neglecting to take action) whether we pay larger taxes, choke on smog, get bad schools, or are poisoned by the bitter harvest of city slums.

Knowing this, why is it that so many of us shy away from politics except to vote? And even our voting record isn't particularly good; a smaller percentage of people votes in the United States than in many of the world's other democracies.

Out of the total of 124 million persons of voting age, only 57 million -- or less than 50 per cent -- cast their ballots in the November 3 election. This means that 67 million stayed from the polls as compared with the 47 million who did not vote in the presidential election in 1968.

Millions of us who do vote live out our entire lives without any other political activity. One explanation is that some people don't see the close connection between their own lives and the political process. A second, is that most of us dislike controversy. A third, is timidity. A fourth, is political apathy -- that politics is "dirty."

What can YOU do about it? Become a part-time politician and try to transform your neighborhood into becoming involved in politics. Join a political party and go to its meetings. Work for specific objectives. Join civic-minded or public-spirited organizations or groups. Work as an individual. One well-reasoned letter to your state legislators or to your congressman or senators in Washington may have more impact than a hundred votes at election time.

The limits of your political activity are set only by normal rules of behavior, your courage, and your imagination. Don't wait, get started now!

When you and others like you become part-time politicians, the sky will be the limit. And the sky, when that day arrives, may even be unpolluted!

You do count -- so become involved as a part-time politician. (RM)

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## CUE'S EDITORIAL DEPARTMENT

Published By And For The Patients Bi-Monthly

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Four Years Old, But New Every Two Weeks

Chris  
Elissa

Roy

Vivian  
Special Correspondent

Chuck Lemieux  
Lucie Jeffers  
Advisors

\* \* \* \* \*

YOUR DOCTOR AND SOCIAL WORKER

# What You Should Know

While in the Admission Unit, you may wonder why you're in this specific ward. For instance, a male patient admitted to Sherman Hall would have to come from one of the following counties:

Ashland, Bayfield, Brown, Calumet, Door, Fond du Lac, Iron, Kewaunee, Manitowoc, Marinette, Oconto, Outagamie, Ozaukee, Price, Shawano-Menominee, Washington and Winnebago.

A female patient admitted to Sherman Hall would come from one of these counties:

Brown, Calumet, Door, Fond du Lac, Kewaunee, Manitowoc, Marinette, Oconto, Outagamie, Ozaukee, Shawano-Menominee, Washington and Winnebago.

On the other hand, a male patient admitted to Kempster Hall would have to come from one of the following counties:

Dodge, Florence, Forest, Green Lake, Sawyer, Langlade, Lincoln, Marathon, Marquette, Milwaukee, Oneida, Portage, Racine, Taylor, Vilas, Waukesha, Waupaca, Waushara, Wood and Sheboygan.

A female patient admitted to Kempster Hall would come from one of these counties:

Ashland, Bayfield, Dodge, Florence, Forest, Waushara, Green Lake, Iron, Sawyer, Langlade, Lincoln, Waupaca, Marathon, Marquette, Milwaukee, Oneida, Portage, Wood, Price, Racine, Taylor, Vilas and Waukesha.

It is only natural that you would want to know the doctor who is assigned to you for the duration of your stay.

Dr. Ping is the Service Chief for wards 1-2 and 3-4 in Sherman Hall. Working with him are Dr. Haque and Dr. Strefling. Dr. Lee will tend to your medical needs.

Dr. Bachhuber is the Service Chief for wards 5-6 and 7-8 in Sherman Hall. Dr. Lee is also assigned to these wards.

Dr. Kuhs is the Service Chief for all patients from Winnebago County.

Dr. Meyer is the Service Chief for wards 1-East and 2-East in Kempster Hall. Working with him are Dr. Hull, Dr. Minnihan and Dr. Foust.

Dr. Dachtera is the Service Chief for wards 1-West and 2-West in Kempster Hall. Serving with her is Dr. Dzubay.

Dr. Kubiak is the Service Chief for the Alcoholic Treatment Unit in Gordon Hall. Working with her are Dr. Kracen and Dr. Biboso.

Dr. Hoyer is the Service Chief for the Geriatric Unit. He is assisted by Dr. Foust and Dr. Case.

Dr. Stafford is assistant clinical director for the Children's Unit. Dr. McAndrew, Dr. Gammell, Dr. Derozier, and Dr. CoBabe are all Service Chiefs, and Dr. Case and Dr. Kayute are also assigned to this Unit in Hughes Hall.

Social workers at Sherman Hall include Mary Lane and Bill Chitwood for male patients, and M. Claggett and Don Beerbaum for female patients.

Luanne Curley and Dan Blackwood are social workers for male patients on 1-East and 2-East in Kempster Hall and Martha Barton and Charles Moore serve 1-West and 2-West among other duties.

Social workers in Hughes Hall include Ed Wasco, Al Meschefske, G. Ramsfield, and Mrs. Catherine Mulholland. Mrs. Mary Ellen Kearney works in the children's Consultation Service.

Jarlath Wolf and Terry Laib are the social workers for the Geriatric Unit and the Medical-Surgical Unit.

(continued on next page.)

(FROM page 3.)

Your social workers in the Alcoholic Treatment Unit are D. Daumueller, Jeff Evans and James Howman. Mrs. Tony Shimer works part-time.

WSH's Social Service Department is directed by Jerry Stein who maintains offices in the Administration Building. Martha Barton is in charge of Family Care.

Bernice Straub, who was recently promoted to Social Service Administrator I, is in charge of administrative and supervisory responsibilities for the social workers in Kempster and Sherman Halls.

Social workers for Winnebago County residents are Miss Straub and B. Secor.

#### NEW SOCIAL WORKERS

Social workers who recently joined WSH are: Al Meschefske, Mrs. Mary Ellen Kearney, Mrs. Catherine Muhonen, James Howman, Charles Moore, Mrs. Tony Shimer and Bernice Straub.

#### HOW TO SEE YOUR DOCTOR

If you have a legitimate request, see the head nurse on your ward and she will contact your doctor. You must remember that being a doctor in a mental hospital requires much more than merely meeting and talking to a patient.

One thing you should know, however, is that your doctor will not ignore a legitimate request regardless how busy he or she may be. If your problem is not pressing, write a note and have the nurse place it in your chart. Your doctor will call you if it is necessary. Above all, don't bother your doctor with minor things that an aide could take care of.

You can be assured that everyone from the doctor to an aide is here to help you recover and to help you solve your problems.

#### WHEN YOU NEED GLASSES

If you feel you need an eye examination or glasses, you must first contact your doctor.

Your doctor will make out a referral slip which is sent to Mrs. Ratch-

man. She will then make an appointment for you with an Oshkosh optometrist who will notify her regarding the date and time of your appointment.

Your nurses' station will advise you of your appointment and transportation will be furnished by WSH. VS

\* \* \* \* \*

#### MEET CHARLES MOORE

Charles Moore is one of seven new social workers at WSH. He was born May 5, 1948 in Sparta, Wisconsin and is single.

He received a B.S. degree in Psychology and Sociology from U. W.-La-Crosse and was employed by the Veterans Administration Hospital at Tomah, Wisconsin as a psychology trainee before joining WSH. He plans to be here for a year or two before returning to graduate school for further education and his Master's degree.

Charles Moore, although being here a short period of time, feels that WSH has excellent progressive psychiatric care facilities.

He believes that he can help the patients most by acting through supportive services which allows the social worker to act as a bridge between the hospital and the patient community.

He says that appointments can be made at any time when patients desire his services. Of course, this is for patients assigned to him.

He pointed out how the psychiatric team works together in an effort to help formulate the most effective treatment approach which would assist the patient toward an early release.

We extend our good wishes to this personable social worker and welcome him to WSH. -- Vivian

\* \* \* \* \*

#### PACKER'S ON TV

November 22 - Can the Packers make it two in a row over the Minnesota Vikings? Tune in at 1 P.M.

November 26 - The Dallas Cowboys meet the Pack at 2 P.M.

# Pant suit

## we're for 'em

Why all the hubbub over the new pant suit? We're for 'em!

If they refuse us the sheer delight of a mini skirt, let's have more young ladies in pant suits.

A recent issue of the Daily Northwestern pictured three ladies from our nursing service in different versions of the trim styles in the popular pant suit.

According to Mrs. Gertrude Bengston, director of nursing, the new outfits have caused "lots of comment" ranging from approval to disapproval.

WSH isn't the only place where the pant suit is being discussed and worn. A survey published in October by the Atlanta Journal-Constitution shows that 83.6% of the employers interviewed -- including all of the city's major banks -- allow women employees to wear pants. And about 40% of those bucking the trend admit that they are not sure how long their opposition will hold up.

In many cases, male executives mourn the passing of the mini, but prefer pants to the dowdy look of the midi. Business Week reports, "I miss miniskirts," says Los Angeles City Councilman Billy G. Mills, "but pants sure beat the midi."

At the First National Bank of Chicago, Chairman Gaylord Freeman made the command decision to dress the bank's usherettes and hostesses in pants uniforms. "It's a hedge against the midi," explains David J. McElroy, a vice-president. "If the midi does not last, the pants will. And either way, we won't have to buy another uniform for a while."

Roy B. Miner, president of Cleveland-based Cook United, Inc., is following the same decision-making process on pants as he did with the mini. "I couldn't care less what the girls here wear -- there are a couple I'd

like to see wear nothing," he says. "But I've given the pants decision to my wife. Who else do I ask?"

Much of the opposition to women in pants seems to come from supervisors who are uncertain about company's policy. Inevitably, as female employees persist; the decision is bumped upward until it reaches the top. At Chicago's Northern Illinois Gas Co., a young married woman was chastised by her supervisor for wearing pants. The tenacious female appeared again two days later in pants; and, when confronted by the supervisor, she marched off to the ladies' room, slipped off her pants and donned a raincoat. That afternoon, still wearing her raincoat, she demanded to take her case to Marvin Chandler, the utility's chairman. Chandler's decision: The pants were in keeping with the company's policy of clean, decent clothing that does not interfere with job effectiveness.

A few companies decree that jackets must be kept on at all times and be long enough to cover a secretary's womanly wiggle. The usual rebuttal: "If a man can remove his suit coat at the office, why can't a woman?"

Many chief executives seem to have as much trouble formulating a policy on pants as they have writing the annual stockholder's address. As a Los Angeles public relations man puts it: "They're afraid that if they say no to pants, they'll look square, and if they say yes, they'll look radical." Some are turning to their trade associations to learn what other companies are doing. "We've been driven nuts with this question," says Burnett Reed, director of the Cincinnati Industrial Institute.

But as winter comes and fashion gives way to practicality, the anti-pants forces seem destined to defeat.

If you accept a mini skirt, on what basis do you forbid a pants suit?

-- (RM)

# reader's RHYMES

## FALSE MAN

I've played the part so well  
 Being untrue to all my friends  
 What shall I do now, repent?  
 I may have hit on something here  
 I'm not absolutely sure. I must  
 turn it all over in my mind.

And if I get the answer to it, I'll  
 alter my thinking a bit. -

## COMMAND ROYALE

The orders we give repeat to us  
 The desires and wishes of God  
 The works we do repeat to us  
 The things He declares we must  
 do

And if we are satisfied in those acts  
 And obey the voice when it calls  
 Then all of us will be wealthy and  
 Rejoice in full measure of truth

If we could know the false from the  
 true  
 We'd end the war 'twixt me and you.  
 -- J. "Ocho"

## UP ABOVE

Flying high and really free --  
 We're up above the lonely tree  
 Into light then gently dark  
 Happy as a singing lark

One may wonder what we are  
 As they view us from afar  
 We're seldom heard very loud  
 As we're just a soft fluffy  
 cloud.  
 -- V.

## MY BABY BOY -- TIMOTHY

A beautiful little baby boy  
 Just what I was wishing for  
 And do you know how I got my wish  
 It was one of God's great gifts

Such a great gift that God has  
 bestowed  
 Upon a heart that was growing  
 cold

But now I have him, as you can see  
 And I'm naming by little boy  
 Timothy!

-- Marg

## LIFE

Life could be beautiful, if all of us  
 try  
 To keep one objective first in our  
 eye  
 Let's pick up the litter that covers  
 the land  
 Let everyone give each other a hand  
 Let's get together and strive for  
 world peace  
 This way, life would get a new lease  
 If not, I'm afraid  
 The destiny of our world is already  
 made.

-- D.

## WHAT IS LOVE

Love is life  
 Love is joy  
 Love is conflict  
 Love is hope  
 Love is peace  
 Love is happiness  
 Love is quiet  
 Love is relaxing  
 Love is confusion  
 Love is charity  
 Love is faith  
 Love is ugly  
 Love is beauty  
 Love is restful  
 But most of all  
 Love is good!

-- Randy

## MY LOVE

To me you seem so handsome  
 Although you won't admit it  
 With you I'll never be lonesome  
 I hope you don't mind my saying  
 so

You say you like my sweet smile  
 You say you like my handsome face  
 I say for you I'd walk a mile  
 For to know you is no disgrace.

-- L.

## A LETTER TO GOD

Forgive me for asking, but are you  
 watching? There is so much unfairness  
 in the world today. Friends are par-  
 ted who care for each other. They  
 would give up all to be together. Will  
 you please help, dear God? LR & FM

# non compos mentis

Dear Non:

Did you know that Snoopy works for peanuts?

Dear Compos:

By a wife's face it may be shown that a good provider she doth own.

Dear Mentis:

You can say one thing about the women's liberation movement - there is a lot of movement!

Dear Non:

I long for the days when a light in the window meant something. Now it's only the reflection from the TV.

Dear Compos:

Would you go so far to say that a miniskirt is a calculated risque?

Dear Mentis:

Everyone talks about killing time, but it's time that kills us.

Dear Non:

A hypochondriac is that kind of person who wakes up every morning feeling like a million pennies.

Dear Compos:

Football players leave their violence on the field, youngsters leave their violence on the dance floor.

Dear Mentis:

The many horror movies has changed the name of Hollywood and Vine to Hollywood and Vein.

Dear Non:

Hospitals today have the recovery room situated in the wrong place. It should be in the cashier's office.

Dear Compos:

Drive carefully on the highways.

Otherwise, YOU as well as your car may be recalled by the maker.

Dear Mentis:

I can't wait for the war in Vietnam to end so our boys can come marching home from Sweden and Canada.

Dear Non:

A hippy's definition of counterfeit money is "homemade bread."

Dear Compos:

There's a dry cleaning shop in Madison with a sign "Let us be your press agent!"

Dear Mentis:

Have you noticed how some people's mouths work faster than their brains. They say things they haven't thought of yet.

Dear Non:

National Indigestion Season begins on November 26 and continues through January 1. Just thought I'd let you know.

Dear Compos:

About the time a boy grows old enough to do as he pleases, he gets married and does as the little lady pleases.

Dear Mentis:

Some people are like a bag of assorted nuts, different in a way but still nuts.

Dear Non:

Ten cents used to be a lot of money years ago. My, how dimes have changed.

Dear Compos:

Then there was the aide who went shopping for a thermometer and told the clerk "I want a good brand name -- give me a fahrenheit."



FREE				SYMPHONY MUSIC				WORDS			
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- DOWN**
- Opera singer
  - Biblical character
  - Unconsciousness
  - Hungarian re-tainer
  - Sum up
  - Insect
  - Duration of office
  - Symphony by Beethoven
  - Nobleman
  - Auction
  - Arabian seaport
  - Seine
  - Moslem noble
  - English composer
  - Level of "Boris Godunov"
  - Miss Stevens
  - Character in Bible
  - Country of Kathleen Mavourneen
  - Rigoletto composer
  - Mineral tar
  - American publisher
  - Famous English school
  - Sit for painting
  - Whitesmith
  - Famous opera star
  - Fabulous bird
  - Time period
  - Competent
  - Mongolian desert
  - Musical pause
  - Region
  - Canvas shelter
  - Estonian
  - Dessert
  - Hostelry

- ACROSS**
- Johann Sebastian
  - German Composer
  - Lohengrin's bride
  - Siouan Indian
  - English River
  - Highway
  - Memory nudger
  - Shield bearing
  - Moslem decree
  - Lass
  - Shoshonean
  - Program director (abbr.)
  - Journey
  - Taxable
  - One of the Silvers
  - Eagle (Bib.)
  - Wheel track
  - "\_\_\_'s Tot" by
  - Young salmon
  - Habitat (prefix)
  - Rebuilt
  - Norman town
  - Exists
  - \_\_\_ Gershwin, song writer
  - "Tannhauser" composer
  - Harangue
  - Black
  - Connoisseurs
  - German river
  - Transgression
  - Transmitted
  - Bleaching vat (var.)
  - Number
  - Affirmation

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(Answers to PUZZLE that appeared Nov. 6)

# CROSSROAD

We Americans take a lot for granted, it's only natural. We've forgotten how far we've come.

Think back. With few exceptions, the people who came to America were those lacking in wealth, education, or highly developed skills. Many had been denied opportunities because of their religious or political beliefs. Or simply because they were poor.

Nothing happened overnight. Generations of American people worked themselves to death just eeking out a living in this country. The skills came painfully. And, at the expense of luxuries, people saved a little of what they earned. It wasn't much. But it was enough.

In CUE'S November 6 issue, we ran David [redacted]'s editorial regarding the difference between conservative liberalism and radical liberalism. He believes that a true conservative liberal is really his brother's keeper and we go along with this thesis.

A generation ago, man was not indifferent to another man's poverty or the plight of his neighbor - whether that neighbor was living next door or in some far-off land gnawed by the pangs of hunger. Our neighbors were always willing to lend a hand with whatever had to be done.

[redacted] holds that the state is the servant and not the master of the people -- that government exists for the benefit of the people and not for the benefit of those individuals who happen to hold governmental power.

We have witnessed an attempt to muzzle the press this past year. There was a campaign to interfere with the freedom of the press by regulating it so as to compel support for the party in power.

We also witnessed attacks on television networks. There were those who advocated revoking licenses to broadcasting stations unless they buckled under to governmental regulations on the basis of political favor and special privilege.

If we are to continue with repre-



"I wish to make one thing clear. . .  
What happened? . . .

sentative government, we must make progress year after year toward a better and better society wherein all men are free to acquire wealth and yet are encouraged to regard private ownership of property as a trusteeship in whose custody has been placed the common good of all. (RM)

## HANDWRITING ON THE WALL?

Nov. 6, 1970 - Frankfort, Ky. For the first time since the Depression in the 1930s, the Kentucky State Banking Department has ordered the closing of a bank.

Commissioner E. G. Adams said the action on Farmers Bank of Petersburg was taken because it was insolvent "beyond any reasonable hope of recovery."

Nov. 7, 1970 - Washington, D.C. The total number of unemployed remained almost unchanged from September's four million 300 thousand, but seasonal factors resulted in a rise in the unemployment rate to 5.6% of the work force. In January 1931, unemployment was estimated between 4 and 5 million by Col. Arthur Woods, head of the committee for Unemployment Relief.

# Thanksgiving 70

We wrote a feature the day before Thanksgiving some years ago and it had to do with people living peacefully with other nations despite fundamental disagreements.

A day after Thanksgiving, we were stopped on the street by one of our readers who praised the article. "I think coexistence is great," he said. "Did you ever stop to think that the farmer practices coexistence with his turkeys until Thanksgiving."

Be that as it may, what are your plans for Thanksgiving Day? Most of the men we talked with are going to watch the Oakland - Lions game and the Packers - Dallas game on television. It will be a long afternoon of pro football. If you'd rather watch college football, Houston plays Florida State at 6:30 P.M. Nov. 26.

There always were harvest celebrations this time of year, and thanks were given, but Thanksgiving Day did not become nationally celebrated until October 3, 1863 during the presidency of Abraham Lincoln. In 1789 President Washington, at the request of Congress, had proclaimed November 26 for the purpose, but the day was observed in the Northern states only. Only in 1864, when Lincoln set aside the last Thursday in November, did Thanksgiving Day become an established holiday. So much an established holiday, in fact, that in 1939 when President Franklin D. Roosevelt changed the day from the fourth to the third Thursday of the month, there was nation-wide consternation, and by 1941 Thanksgiving was back where it always had been.

It is the most natural thing in the world for people to laugh and sing when they have their barns filled and when their work in the hot summer sun is over -- when the harvest is home. No words could describe the reason for a holiday of thanksgiving more accurately than the words of an old English song "Harvest Home." The jubilant people sang the simplest kind of song--but it tells the story:

Harvest home! Harvest home!  
We've ploughed, we've sowed,  
We've reaped, we've mowed,  
We've brought home every load.  
Hip, hip, hip, harvest home!

Little wonder they dressed themselves up in grain sheaves, had fantastic parades in honor of the last wagon in from the fields, and contended in all kinds of rustic sports--much as had the Romans before them when their barns were full. As far back as history reaches, "harvest home" has called for merrymaking and for honoring the gods who foster crops. In Rome the goddess was Ceres and her day, October 4, was the "Cerialia" (which shows us where our word, "cereal," originated.) In ancient Greece the goddess was Demeter, responsible for the soil and all that grew therein. Athens was wonderfully gay on those three days in November when Demeter was presented with a cow and a sow, as well as honey, poppies, corn, and fruit. The Canaanites, in the Book of Judges in the Bible, "went out in the field, and gathered their vineyards, and trod the grapes and held festival, and went into the house of their God, and did eat and drink." And in the Middle Ages there was the Feast of St. Martin of Tours, on November 11, now Martinmas.

Roast goose was the thing to eat on St. Martin's Day -- "Martin's goose" they called it. And nothing must be drunk but "Saint Martin's wine," the first wine made from the grapes of the recent harvest. Goose remained for a long time the traditional thanksgiving fare.

Now, we eat turkey. What would Thanksgiving be without turkey and the fixin's -- the gravy and the dressing (oyster dressing, chestnut dressing, or whatever is the favorite with your family); mashed potatoes, sweet potatoes, turnips, creamed onions, and every other vegetable you can think of; celery and olives, both the ripe ones and the stuffed; not to mention mince pies, pumpkin pies, and a dozen other things! Have a good Thanksgiving! RM

INDUSTRIAL THERAPY

# ==== Your Job Here =====

Your assignment to a job was initiated by the Industrial Therapy department. If you wonder why you're working at a particular job, it's because the therapist feels you need something meaningful and productive to do. Although WSH has the need for patient help, it does not influence the therapist when he places you on a specific detail.

In a recent survey, CUE learned that out of 539 patients, there were 242 working in 23 job areas, including cafeterias at Kempster, Hughes, Gordon and Sherman Hall, the Food Service, Bakery and Paring Room. Other areas included the Laundry, Store, Transportation, Outside Truck, sewing room, Greenhouse, Larson and Brown's detail, Beauty Shops, Escort Service, Music Therapy, Offices, Kempster recreation room, South Cottage, Maintenance and the CUE.

Working patients constitute 45% of the total patient population. The majority appreciate having a job during their stay at the hospital.

"It would be boring," one patient said, "if there was nothing to do."

The basic philosophy of work as therapy appears to be founded on the age old belief in the inherent benefit of work. It was Sigmund Freud who said that work has a greater effect than any other technique of living in the directing of binding the individual more closely to reality; in his work, at least, he is securely attached to a part of reality, the human community.

The planned utilization of work in the treatment of the mentally ill has a long history, with hospital reformers of the late 18th and early 19th centuries giving the patients the opportunity to participate in work activities.

Over the years the therapeutic potentials of work became evident, until the use of work in a therapeutic framework emerged in the 20th century.

Work may be viewed as growing out of play, modified by the demands of reality. Both work and play provide the expression of aggression for the relief of physical and psychological states of tension. Both give a feeling of achievement and recognition. Both control and self-discipline must develop from a need to adopt to society. Work is primarily then a sociocultural demand. Of all the methods available for absorbing the aggressive energies of man in a useful direction, work takes first place.

Industrial Therapy was accepted, in a survey, by nearly eighty per cent of the hospitals as being effective enough to justify its existing as a separate department. When an I.T. therapist gives you a job assignment, it is with the hope that you'll gain more self-confidence in your abilities so you can face the "outside" world with only minimum difficulty. It is the oldest and the only form of therapy that was available to patients here for many years.

Although work clearly is but one part of the overall therapeutic program, it is one that is importantly related to our sociocultural norms. When you work, you're a respectable citizen, but if you don't work you are liable to be called a shiftless-bum. It has been said that it is idleness rather than poverty that is considered the work of the devil.

-- V.

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## HERO-WORSHIP

There is a vast difference between "looking up to greatness" and "hero-worship." Looking up to greatness means finding a model we can shape our actions upon, whereas hero-worship means expecting someone else to act out our frustrations, hopes, angers, and dreams of power. RM

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You can depend on the CUE for NEWS!



## NEW CALENDAR OF HOLIDAYS

### EFFECTIVE JANUARY 1, 1971

Effective on January 1, 1971, a federal law passed in 1968 establishes four Monday holidays by shifting Washington's Birthday from February 22 to the third Monday in February; Memorial Day from May 30 to the last Monday in May; Veterans Day from November 11 to the fourth Monday in October, and by making Columbus Day a national holiday for the first time and changing the date from October 12 to the second Monday in October.

So there will be at least five three-day week-ends every year when you count Labor Day, which traditionally falls on the first Monday in September.

Legally, the new holiday law applies only to the District of Columbia and federal employees, wherever they are. Wisconsin has not yet accepted the new calendar of holidays, although 35 other States have done so. It is possible that Wisconsin will approve the new calendar in 1971.

Here are the federal public holidays for 1971:

New Year's Day, Friday, January 1.  
 Washington's Birthday, Monday, February 15.  
 Memorial Day, Monday, May 31.  
 Independence Day, Sunday, July 4.  
 Labor Day, Monday, September 6.  
 Columbus Day, Monday, October 11.  
 Veterans Day, Monday, October 25.  
 Thanksgiving Day, Thursday, November 25.  
 Christmas Day, Saturday, December 25.

As you can see from the above calendar, New Year's Day, Independence Day, Thanksgiving Day and Christmas will fall on their traditional dates. In the case of Independence Day, however, since the Fourth is a Sunday,

federal employees and workers in many States will get Monday off.

It will be interesting to see what the Legislature does in Wisconsin with regard to these new holidays. In the meantime, everything will be status quo at WSH.

## VIVIAN STANTON NAMED

### SPECIAL CORRESPONDENT

Vivian was assigned new duties this week as special correspondent for the CUE.

She will cover activities in Kempster Hall and will prepare material for feature articles, interviewing staff employees together with gathering news on specific departments.

Contact Miss if you have news for the CUE.

## REGIONAL CLERGYMEN

### ATTEND DRUG SEMINAR

Approximately 350 clergymen hailing from the eastern half of the state attended the 10th annual clergy seminar held at WSH on November 9-10.

The seminar was sponsored by WSH chaplains to assist pastors in their role as counselors in their respective communities, especially in helping them recognize emotional problems of their parishioners.

Last week's seminar on drugs had Dr. Treffert reviewing the drug scene and Rev. Thomas MacLachlan, director of the Pastoral Counseling Center in Appleton, speaking on "How Shall One Relate?"

The Rev. Edmund Vojtik, associate pastor of Holy Rosary parish in Milwaukee, spoke on the "Effects of Living in the Counter-Culture, the Wrong Side of Thirty."

## FIRST SANTA CLAUS

Santa Claus came sliding down the chimney six weeks early and delivered an attractive artificial green Christmas tree to the girls on 2-West Kempster. Santa's early visit resulted from the Bake Sale held by the girls.

: : : : : : : : : : WHAT IS NEW TOMORROW IS NEWS IN THE CUE TODAY : : : : : : : : : :

WSH APPROVED FOR A  
THREE-YEAR RESIDENCY

WSH received approval last week for a three-year residency training program from the American Medical Association's Committee of Medical Education --Section on Neurology and Psychiatry.

The new three-year independent program will replace the hospital's existing one-year program which is affiliated with the University of Wisconsin--Madison.

It is the third such program in the State of Wisconsin and the only program not in a university setting, said Dr. George Lysloff, director of training and research at WSH.

At a time when the American Medical Association is moving away from approving such programs in a non-university setting, "It indicates they were favorably impressed with us," Dr. Lysloff said.

The training program, "is important in terms of the needs of Wisconsin doctors already practicing in the community" who wish to return to specialize in psychiatry.

In addition to training in institutional psychiatry, the residents receive training in community service. Blocks of time will be spent working at a general hospital, guidance center and with community-based psychiatrists.

The program provides the extra benefits of attracting a high caliber staff, Dr. Lysloff said. It also means a benefit to the patients. "It prevents stagnation. You can't let the trainees grow over your head. It means a high level of service for the patient," he said.

LADIES ON TWO-WEST

ENJOY FRUITS OF LABOR

The girls on 2-West in Kempster Hall enjoyed a social repast the evening of Nov. 9. They had sponsored a bake sale on Nov. 6 and took the proceeds to stage the party.

The ladies were treated to fresh root beer with hot beef or barbecue beef sandwiches as the main dish. It was a mouth-watering occasion, according to Vivian , special correspondent to the CUE.

STUDENT NURSES HOST

PARTY FOR WARD 5

Student nurses from the Fond du Lac Technical Institute gave a party the evening of their departure for the ladies on Ward 5 in Sherman Hall.

Games were played and a delicious lunch was served. Festive decorations bedecked the day room. The practical student nurses were dressed in street clothes and were very attractive.

-- Alice

NEW BEAUTY SHOP SCHEDULE

The Beauty Shop schedule has been updated, the CUE learned this week.

On Monday, the Geriatric Beauty shop is open during the morning and the Gordon ATU shop in the afternoon.

Wards 7 & 8 will be serviced on Tuesday mornings and Wards 5 & 6 in the afternoon. The same schedule for these wards will be observed on Wednesdays; 7-8 in the morning and 5-6 in the afternoon.

If you're on 2-West Kempster Hall you will be serviced on Thursday morning. Ladies on 1-West will be serviced on Thursday afternoon. 2-West is also serviced on Friday.

Appointments are made for 3-K patients either Thursday morning or on Friday. Hughes Hall girls are taken when they are free and an appointment is made for them.

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Attention! Residents of Hughes Hall! Word was just received from Clarence Weber, acting chairman of Music Therapy, that the "Blue Horizons" --a terrific rock group--has been booked for the Christmas party!

SCIENTISTS CLAIM PHYSICAL  
MENTAL ILLNESSES LINKED

Scientists who wrestle with psychosomatic mysteries now believe there is no fundamental difference between mental and physical illness and all illnesses have both psychological (mind) and somatic (body) components, according to a news service report.

One of these scientists, Dr. Chase Patterson Kimball of Yale University, found this agreement in surveying the 1970 state of psychosomatic science. He found it concentrating on the interrelations in any illness among the physical, the mental and the social.

The general scientific opinion now is that "all illnesses have psychosocial aspects that influence their cause, precipitation, manifestation, course and outcome," he said.

Psychosomatic science used to be preoccupied "with single factors, either psychological or physical, in the cause of disease" -- in identifying personality types especially susceptible to such physical diseases as peptic ulcer, rheumatoid arthritis, and bronchial asthma.

But now a major psychosomatic research effort is "the study of how an individual adapts to stresses biologically and psychologically and on what underlying factors these responses depend."

Any person falling ill "is confronted with a catastrophic disruption" in his adjustment, Kimball said. He "invariably experiences the shock of his own vulnerability, which in essence is a suggestion or recognition of his own proximate mortality."

And this, Kimball went on, "invokes a grieving process that includes disbelief, shock, intellectual acceptance, anger, guilt, repudiation, denial, withdrawal and various attempts directed at self-restitution."

This process extends to family and his other social situations. The ill person must resolve it in order to "adapt to his and society's changed precept of him."

If he can't resolve it, "by expressing his feelings and thoughts with

his physician and other supporting individuals, he may be less likely to meet the psychological and physical adjustments necessary for survival."

Kimball made his survey for annals of Internal Medicine, journal of the American College of Physicians.

BINGO-BIRTHDAY PARTY

FOR SOUTH GORDON RESIDENTS

Geriatric patients together with the working men housed in southwest Gordon enjoyed a bingo-birthday party in the main dayroom on Tuesday evening.

The Business Women of Oshkosh sponsored the event and joined with nurse and aide staff as hostesses.

The evening began at 6:30 with five tables filled with eager-beaver bingo players, including a CUE reporter. The CUE table with four players captured 12 prizes, with John winning five. John drew the biggest laugh of the party when he yelled "Bingo!" as the caller started a new game. She paused in her "B-14" call and was evidently surprised. John said he had a "jumping corn" that crossed the squares in two seconds flat. After the laughter subsided, the games continued for another hour.

Residents noting birthdays in November were the recipients of gifts. They were: John and Peter from the southwest ward, and Miss , Leo and Mrs. Dora of the Geriatric Unit.

A delicious luncheon was served at 7:45 P.M. Participants enjoyed cake, coffee and cold drinks.

Mrs. Mary Anderson, head nurse of the Unit, was dressed in a colorful purple pant suit. She was kept busy throughout the event as she pushed a cart loaded with prizes from table to table. Prizes included jewelry, Xmas Cards, cigarettes and cigars, candy, ball-point pens, kerchiefs, and a host of other items.

There was no question that the senior citizens truly had a wonderful time as their smiling faces reflected their happiness. RM

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RESEARCHER PREDICTS EPIDEMICOF DRUG-CAUSED DISEASE

A medical researcher predicts large numbers of young people will soon require long-term care for a frequently fatal disease caused by heavy use of a drug known to its addicts as "meth" or "speed," a news service reported this week.

The disease, for which no effective cure is known, causes inflammation of the arteries and leads to failure of major organs such as the liver, kidneys, pancreas and small intestines.

It is attributed to the effects of methamphetamine, or a combination of that and other drugs.

"We are going to have to change our attitudes towards drug addicts from one of acute care, for such things as the overdose, to long-term care," Dr. B. Phillip Citron told newsmen. He is a member of the eight-man Los Angeles County-University of Southern California research team that discovered the new disease -- necrotizing angitis.

Citron wrote a research report on it that appeared this past week in the New England Journal of Medicine.

"Our concern in the past with drug abuse has been educational--to prevent drug use--and then acute care--treating the hard-core addict or the overdose," he said. "But now, we are going to be flooded with a group of patients, most of them young, who are going to require long-term therapy. And it's all going to require more money."

In the medical journal report, the doctors told of 14 young drug users with the disease, four of whom died.

In later research not reported in the medical journal, they found the disease among 30 young people in a group of 50 drug users. They said they expect from 10 to 30 per cent of this group to die.

The study found that use of heroin alone or barbiturates alone did not produce the disease. It appeared only with heavy use of methamphetamine alone or in combination with other drugs such as LSD and heroin.

The disease resembles another ar-

terial ailment, periarteritis nodosa, known for over a hundred years, which occurs mainly in late and middle age, and is usually fatal.

"In drug abuse patients we see they have identical lesions--changes in arteries--on autopsy that periarteritis nodosa causes," Citron said. "But instead of 40 and 50-year-olds, we're dealing with teen-agers and 20-year-olds."

Methamphetamine is one of the amphetamines, a class of drugs often prescribed by physicians for control of weight, fatigue and certain emotional states and for hyperactive children. One form, known as "bennies" is commonly used by truck drivers and students cramming for exams to keep themselves awake.

30 GIRLS FROM SHERMAN HALLATTEND HOLIDAY ON ICE SHOW

On Thursday, Nov. 12, approximately 30 ladies from Sherman Hall attended the "Holiday on Ice" show held in the Arena at Green Bay.

The "Holiday on Ice" celebrated its silver anniversary at this occasion. Carol and Clive Phepon starred in the "Roman Holiday" and "Autumn" series. In "Roman Holiday," the Warriors, the Slave Girls, the Nautch dancers, the feminine favorites of the Emperor were all on ice.

The Call to Arms, the Clarion Procession, the Gold Parade, and the Golden Goddess presented a spectacle of triumphant color as the entire Court took part in the madness that was Rome.

In the Christmas Act the entire cast participated in a beautiful and unusual skating spectacular that best exemplified the most joyous of all seasons. It was a beautiful show that the audience enjoyed immensely. There was also a salute to St. Valentine, Easter, a salute to the operas, halloween time and several others.

The show was a refreshing change from evenings spent on the ward. The girls who attended the show wish to thank the staff for making the trip to Green Bay possible.

-- Chris

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DR. TREFFERT ON TV

# Hotline

CANTEEN CLOSES 4:15 P.M.

DR. TREFFERT APPEARS ONPUBLIC-AFFAIRS TV PANEL

Dr. Darold Treffert, superintendent of WSH, joined an industrialist, a policeman, a high school student, a school principal, and two college students for a public-affairs program on Channel 2 last week.

The program, billed as "Youth vs. Establishment," focused attention on ways and means of opening up avenues of communication between youth and adults, rather than deepening the polarization.

Television viewers were invited to phone in questions for the panel. The questions directed to Dr. Treffert were answered in a clear and concise manner. It seemed most of the questions concerned the philosophy of one of the college students. The latter gave perfunctory answers, but as a whole the television panelists performed admirably.

DR. KELLEY SPEAKS TOBERLIN ROTARIANS

Dr. Thomas Kelley, clinical director, spoke on the use and abuse of drugs to the Berlin Rotarians last week.

"Use of harmful drugs has increased 300 per cent in the last year," he said. "In addition to the drugs commonly mentioned, heroin, LSD, marijuana, there are a great number of chemicals bringing about the same effects, that are being experimented with by young people. Some of these chemicals are common household items.

"The types of people who take drugs fall in three categories. They are the experimenter, the loser or failure and the hard addict.

"Tensions that affected people two generations ago are entirely different than those people face today," he

pointed out. "In those days, the family held together as a necessity. The older people acquired a certain amount of property which the young generation did not have, making them more or less dependent upon them for their daily bread. Today with the affluent society there are bigger issues to influence the younger generation, which have produced much higher tensions.

"Use of alcohol has no real medicinal use other than preserving other types of medicines, but our culture has accepted alcohol for use in our daily lives," he said. "Therefore, the question comes up as to where the line can be drawn on the use of various chemicals and drugs which have been culturally accepted.

"At present there are five million alcoholics in the United States and another 65 million moderate or social drinkers."

ALONG THE NEWS BEAT: Everyone is planning to attend the big Thanksgiving dance on Monday night. The featured vocalist, Dick Miller, is reported way out. He is sure to please the feminine heart. You get to the Rumpus Room in Hughes Hall via the tunnel. This dance is for adult patients only! (Rated "R"). The kids will have their turn when the "Blue Horizons" play for their big Christmas party. This is a terrific rock group. . . . Buy what you need during the day on Thanksgiving, Nov. 26, as the Canteen will CLOSE at 4:15 P.M. There'll be no Sing-a-long that night. . . . Bob Yost and his combo have been booked for a dance to be held next month. . . . Lenas Larson accompanied five patients from his Yard detail to Oshkosh last week for a bountiful supper held at the Knights of Columbus. . . . 23 girls attended the regular Card Club on Monday evening. They'd like to see more men joining this interesting Card Club. They meet in the A. T. room in Gordon Hall. . . . Dr. Minahan now occupies room 1074 in Kempster Hall. His extension phone is 270. . . . Although Kempster Hall cafeteria is the smallest of all cafeterias, they serve 204 patients each meal. The food service

(continued next page)

workers employed at Kempster do a real fine job. . .Light snow fell yesterday --Nov. 19--marking the first time the soft stuff fell on that date. . .Have a nice Thanksgiving. The first public Thanksgiving was held Feb. 22, 1631 in the Massachusetts Bay Colony, though many private celebrations had been recorded before this date.

#### DO YOUR CHRISTMAS SHOPPING

#### IN THE CANTEEN AND SAVE

You'll save money by getting all your Christmas gifts at the Canteen! Here are a few money-saving suggestions:

A Russian Leather Gift Set with 4 oz. Cologne and 4 oz. After-Shave in Travel Kit -- only \$3.00.

Clothes Brush-Shoe Horn combination -- a real buy at \$1.04.

A Leather Tobacco and Pipe Pouch-- for only \$1.04. A Sportsmen's Lighter at just \$1.49.

Midnite Gift Sets at \$1.75 and \$1.95. Tiffany and Red Garter Perfume at only \$5.95. Tiffany Purse-size Perfume for just \$2.00. Windsong Cologne at \$2.60 for 2 oz. Desert Flower Cologne and Intimate Cologne at only \$2.60 each for 2 oz.

You'll find a variety of RADIOS at discount prices -- \$6.95 to \$25.00.

Get a watch! Men's, Ladies, or Youth watches -- discount prices from \$7.95 to \$36.95.

See the Toy Animals and Dolls at \$1.04 and up. Picture Puzzles are only 82¢.

Look over the Christmas Cards and Gift Wrap. Shop early and save at the Canteen -- convenient and well-stocked in gifts for Christmas!

#### U. S. SUPREME COURT RULING

The U. S. Supreme Court, in a ruling handed down on November 9, forbids the long-standing practice of sending mental patients back to their old home states. Heretofore, a patient new to a state was sent back to his home state.

You Get the NEWS in the CUE!

BIG  
Shindig!  
monday  
Nov. 23  
Casuals--  
with Dick  
Rumpus  
Room

## THE WEEK AHEAD

## HOSPITAL ACTIVITIES FOR THE WEEK OF NOV. 23 - NOV. 29, 1970

Nov. 23		
Mon.	9:00 am - 4:15 pm	CANTEEN HOURS*
	9:30 am KH Wards	Book Cart
2:30 -	4:00 pm HH Music Rm.	RECORD LISTENING
	4:30 pm GH AT Area	Canteen Social Chairmen Dinner Meeting
	6:00 pm SH Wards	Book Cart
	7:00 pm SH 7-8	Outagamie Red Cross
	7:30 pm SH 3-4	Oshkosh Gray Ladies
	7:30 pm Rumpus Rm.	Dance - Clarence Fouske "The Casuals" ( <u>ADULTS ONLY</u> )
Nov. 24		
Tues.	9:00 am - 4:15 pm	CANTEEN HOURS
2:30 -	4:00 pm HH Music Rm.	RECORD LISTENING
	6:45 pm HH Gym	MOVIE - "WILL PENNY"
Nov. 25		
Wed.	9:00 am - 8:00 pm	CANTEEN HOURS
	1:30 pm GHS	Lutheran Ward Service Rev. Winter
2:30 -	4:00 pm HH Music Rm.	RECORD LISTENING
	7:00 pm Chapel	Lutheran Service Rev. Winter
	7:30 pm 1-E	St. Vincent DePaul
	8:00 pm Chapel	CATHOLIC MASS
Nov. 26		
Thurs.	THANKSGIVING	
	9:00 am - 4:15 pm	CANTEEN HOURS
	8:45 pm Chapel	Protestant Thanksgiving Service - Rev. Winter
Nov. 27		
Fri.	9:00 am - 8:00 pm	CANTEEN HOURS
2:30 -	4:00 pm HH Music Rm.	RECORD LISTENING
Nov. 28		
Sat.	10:00 am GHS	Favorite Hymn Recital Mr. Korn
	11:30 - 8:00 pm	CANTEEN OPEN
Nov. 29		
Sun.	8:45 am Chapel	PROTESTANT SERVICE Rev. Windle
	11:45 am - 8:00 pm	CANTEEN HOURS
	7:00 pm Chapel	CATHOLIC MASS Fr. Pierce

\*ALL activities in CAPITAL LETTERS are for ALL Patients

Patient Library - SH Basement: 9:30-11:45, 1:00-4:00 M-T-W-F

*Supervisor's Office  
Carm Brady*