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MECHANICSVILLE ILL  
AZ13265 209 R

# MODERN Priscilla

Seasonable  
Housekeeping  
Needlework  
Crafts ~ Clothes

Fiction:  
"Miss Martin  
Hands Him Back"  
By Elizabeth  
Jordan  
"Cleared Vision"  
By Christine  
Whiting Par-  
menter

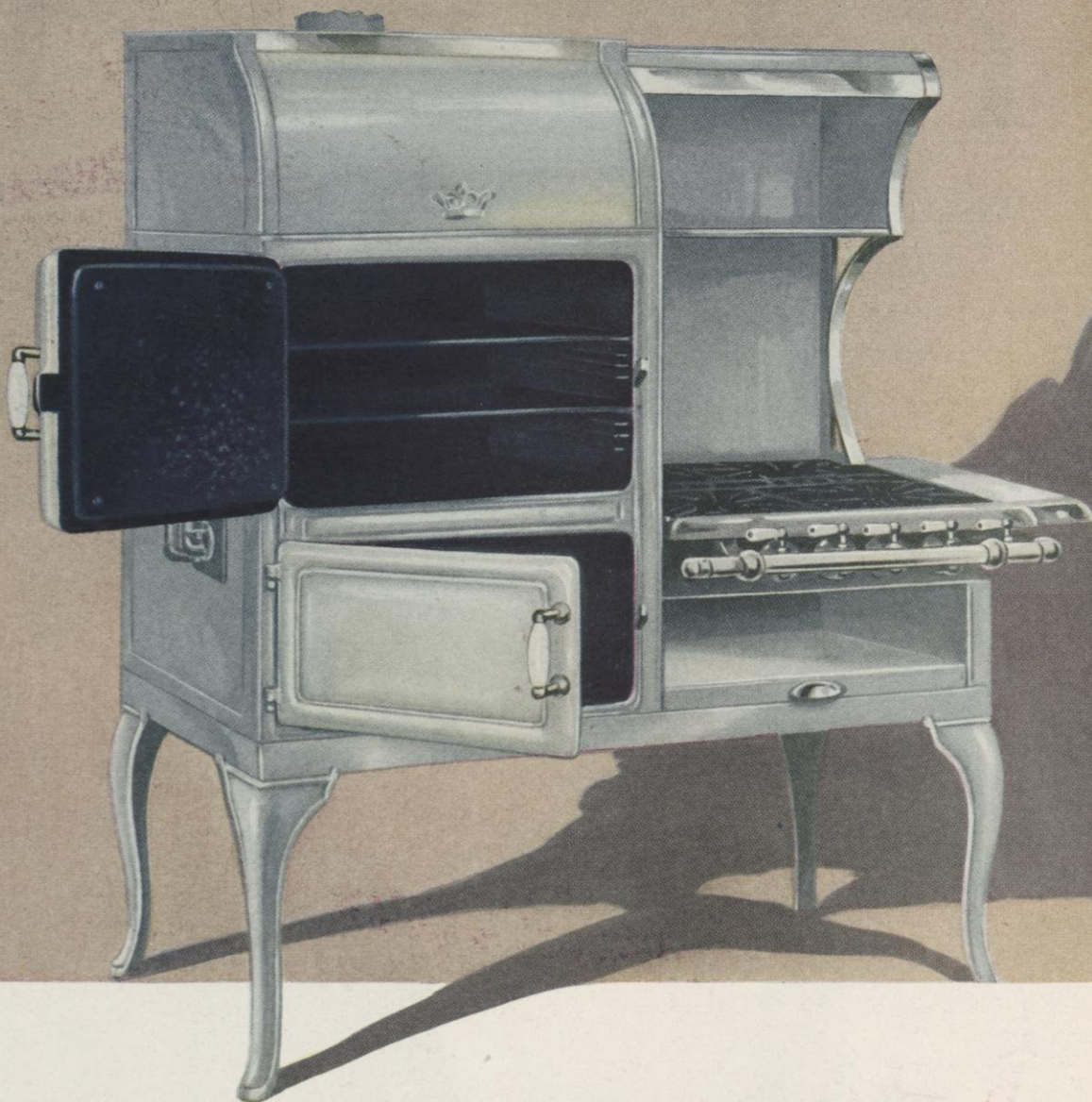


May 1927

20 Cents

# These Ovens are *INSULATED*

To make  
*less gas*  
*do more*



### A Cooler Kitchen

You will appreciate the comfort of Insulated Oven Cooking in summer. Its economy, though, is year-round.



### Bake and Boil at the Same Time

Wonderfully even heat and faultless ventilation make this possible. Use this oven instead of the top burners.



### Insulated Heat-Tight Walls

Even with a baking heat inside, you can lay your hand comfortably on the outside of this oven.

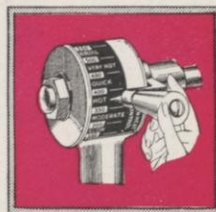
## The New Insulated Glenwood {with Warming Closet}

**Y**OU cannot see the heat that escapes through the thin walls of an ordinary oven. If you could, or if you had ever baked in a comfortably cool Insulated Glenwood, you would realize the difference.

In this new Glenwood, both the broiler and the baking oven are heavily insulated with solid walls of mineral wool, nearly two inches thick, so that the heat is held inside and kept at an almost perfectly even temperature throughout.

Thus you can bake at the bottom of the oven just as well as at the top. You can boil and bake at the same time in

this oven. You can even broil fish in an Insulated Glenwood without the usual odors that escape into the house.



Equipped with Glenwood ROBERTSHAW Heat Control

Have you a worn-out, thin-walled range that gets sizzling hot every time you light the oven? If you have, ask to see the new Insulated Glenwood at the office of your local Gas Company. Your kitchen will be cooler and all your oven cooking will be easier and better if you make up your mind to have a new Insulated Glenwood this summer.

For further particulars, send for an illustrated folder fully describing Glenwood Insulated Ranges

GLENWOOD RANGE CO. DEPT. H  
TAUNTON, MASSACHUSETTS



# Glenwood Ranges

## MAKE COOKING EASY

PUBLISHED MONTHLY BY THE PRISCILLA COMPANY  
470 ATLANTIC AVENUE, BOSTON, MASSACHUSETTS

## The Modern Trend In Decorative Methods



**NEEDLEWORK-**ERS of today may be divided into two groups, one consisting of those who delight in the technique of the needle and take the keenest pleasure in spending many hours on elaborate pieces of embroidery and the other of those who like to achieve decorative effects as speedily as possible and regard the needle merely as a means to this end.

Textile painting is a type of decoration which has become very popular with this latter group both because of its decorative qualities and the ease with which even very elaborate effects can be secured. It has been featured many times in MODERN PRISCILLA and no doubt you have already succumbed to its fascination and tried your hand at the decoration of a silk scarf or shawl or perhaps a wall hanging. Even so you have only begun to sound its possibilities. Any embroidery design can be used, as you know, the surface painted and the edges concealed with a raised outline of a plastic-like substance which is applied with a paper cone and then dusted with a metallic or colored powder, but the variety of articles which can be so decorated are seemingly endless. Embroidery stitches can be reproduced in cone work in a most realistic fashion and applied to articles which it might be difficult to embroider with the needle, such as slippers, silk or leather hand bags, hats of various textures, and parasols. It is also suitable for use on paper and has been successfully used for the decoration of lamp shades, and one of the latest applications which has come to my attention is the monogramming of stationery. From another source comes the suggestion to outline motifs on printed dress fabrics with the metallic cone work to form border effects. Another development of this idea would be the application of stitchery in cone work to large patterned cretonne hangings, a treatment which would be especially effective if applied to designs typical of Jacobean needlework.

So it would seem that those who want to achieve decorative effects with little expenditure of time have abundant opportunity to do so, and every issue of PRISCILLA presents designs for the use of these popular mediums. Let us know if you do not find exactly what you are looking for.



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*Christine Terry*

Needlework and Crafts Editor.

## The Editors' Page

### Something Personal



**I**F I could talk this morning to every woman who regularly reads MODERN PRISCILLA — and I wish I might — I am sure I should have something to say about advertising. For I believe there are still many misconceptions with regard to it, and the subject is one in which I have been keenly interested for a good many years.

You might find it hard to believe, but every publisher occasionally gets letters from readers asking why the space devoted to advertising cannot be used for something else — usually something in which the writer is particularly interested.

Do you realize that scarcely a magazine comes into your home which is not sold for less than it actually costs. If you or I were in the grocery business, we should know that unless we could sell our goods for substantially more than they cost us we should be headed straight for bankruptcy. It would be the same with the publishing business were it not for the fact that the advertiser who wants to get his message before your eyes pays enough for that privilege to enable publishers to sell you their magazines at very low prices. If it were not for the advertiser, your magazines would cost you many times what they do now; so on this score alone you owe the advertiser a real debt of gratitude.

But that is not the whole story — nor half of it. The advertising you see in MODERN PRISCILLA, where every advertiser is guaranteed to be trustworthy, and where scores of articles advertised have been put through the rigid tests of the Priscilla Proving Plant and found worthy of approval and recommendation, should be of as much interest to you as the editorial text.

Advertising is news. It is educational. From a practical standpoint it offers you help in solving many a household problem. It often places before you real money saving opportunities. Without it the world would be living back in the middle ages. It merits your earnest attention; not this month only, but every month.

Please think this over. Please read PRISCILLA advertisements. Please answer those advertisements when they interest you. And please do not fail to tell the advertiser that you saw his announcement in MODERN PRISCILLA. Thank you.

C. B. M.

## May Day Is Child Health Day



**M**AY DAY is Child Health Day. Not that the child's health is regarded as a matter to be considered on but one day out of the year, but by focussing public attention on the question, a consciousness of what the Child Health Association is doing throughout the year to stimulate public responsibility is aroused.

Not too much thought has been given in years past to the child's physical development. When I was a girl parents didn't even think of taking a child to a dentist every few months to have its teeth examined. Toothache was accepted as one of the human ills to which a child was heir.

Diphtheria and scarlet fever epidemics strode frequently through most localities and were dreaded for the scourges of death that they were. Rickets, eczema — the name of every ill to which innocent and helpless childhood was prone were familiar upon the tongue.

As to serious consideration of a child's diet, what particular foods he should have to produce certain qualities of health, and what he should and must not have to prevent certain disastrous conditions — but yesterday marked the beginning of such growth in our consciousness of adult responsibility toward the child's health. Now we are awake. Nutritionists, dietitians, home economists, teachers — educators from every angle are stressing the importance of a sound health foundation.

The child has certain definite rights not heretofore altogether recognized. A right to healthy blood, good parentage, harmonious home influences, intelligent character training, proper physical development, a spiritual awakening.

The searchlight of investigation is being thrown on the home and upon the parent, and too often they are found wanting. Then from every side comes the prod and jab, the urge and encouragement of the times. Nursery schools are being formed, not as "parking places" for the babies, but as a methodical supplement to the home in the child's development. Colleges and magazines are turning their attention to the subject. Books are written. Lectures are given.

Observance "Days," like special "Weeks," are becoming so common that their value may be lost in frequency, and yet it seems well to us to call attention to a movement that means health and happiness in the homes of the future.

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*Della Thompson Latta*

Housekeeping Editor.



The illustration above shows the door of this attractive house in detail. It brings out strikingly the clean cut mouldings that are used and that do much to make the house distinctive. The architects have used simple inexpensive materials throughout, and through good proportions have attained excellent results

The illustration at the right shows the porch end of the plan, ideally located for this particular spot with the big tree for shade. Porch curtains the color of the shutters would give a unifying effect, and also at times make the porch cosier and more livable



# A Small House of Unusual Charm

R. C. Hunter and Bros., Architects

**T**HIS is a well-designed little house along Dutch Colonial lines that looks as though it had grown up in just the right spot. It's not enough to build a house on a level piece of ground; we must visualize it with trees and planting and gardens which will tie it to the site if we want a satisfactory whole.

A well-designed house on the right site is a credit to the architects, the owner, and to the community in which it is built, and it really costs no more to build an attractive house than it does to build an ugly one, in spite of the fact that we see every day ugly houses going up in no small numbers.

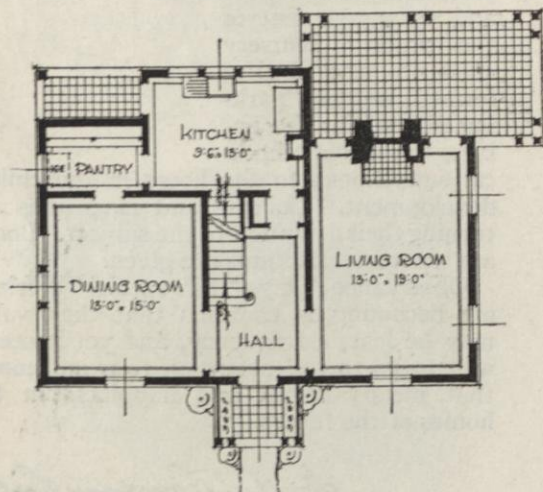
The house illustrated here is a good example of what can be done along these lines. It is interesting to notice that the architects have used only simple (but good) inexpensive materials and that through good proportions and detail they have attained a charming, cosy little home.

The gambrel roof is well proportioned, and the broad dormer gives full use of the second floor space, which not always can be said of the Dutch Colonial.

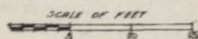
The entrance detail brings out strikingly the clean cut crisp mouldings, and marks one of the distinctive features of this house. It really is just as easy to obtain a moulding of pleasing contour as one that is ugly, for there are just as many good ones to choose from as there are ugly ones.

The house is finished with wide white shingles, and the roof is of shingle, stained green. Blinds and shutters are painted a faded green.

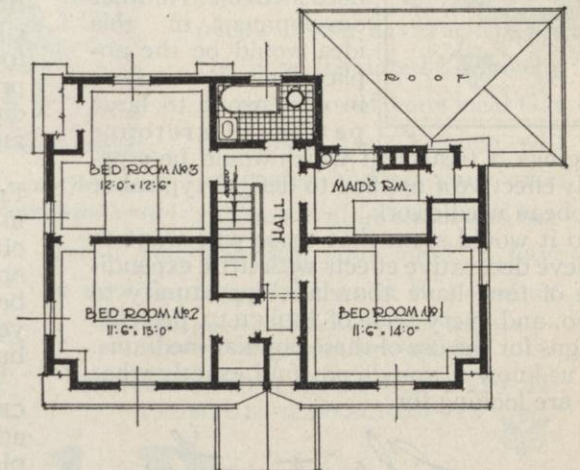
For further information regarding this house, write to the Home Building Editor, Modern Priscilla, 470 Atlantic Avenue, Boston, Mass., inclosing a stamped return envelope. Working drawings and specifications are available at a nominal charge.



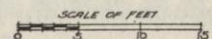
FIRST FLOOR PLAN



Conservation of space is the secret of planning so small an area. A careful study of this plan shows it to be an economical one with unbroken wall surfaces, simple framing, and concentrated plumbing. The living room is excellently placed for light and air with windows on two sides, doors opening onto the porch, and still with plenty of wall space for furniture. Many will like the feature of the hall running through to the kitchen



SECOND FLOOR PLAN



*Photograph  
of a woman cooking  
dinner for  
a family of six*



## You Weren't Meant for Cooking DRUDGERY

COOKING need not be a drudgery. It is so simple a matter to free yourself from those endless hours in the kitchen and at the same time from all worry about scorched or underdone food. Certainly you deserve afternoons of leisure for those things any woman would prefer to do—motoring, playing golf, going to a matinee, being a companion to her children. And you can have more leisure time—and still serve better and less expensive meals.

### A STRIDE AHEAD IN COOKING

The Chambers Fireless Gas Range—and let us say at once that there is no more beautiful range made—is built to release women from kitchen slavery. It has a heavily insulated oven and Thermodome hood (a lever slips the Thermodome down over top-of-the-stove cookery).

You place a roast, say, in the oven, turn the gas on for fifteen to twenty-five minutes, according to the weight of the meat—then TURN OFF THE GAS, and leave the kitchen! When you are ready to serve dinner, the roast is ready—*hot*, and so tender and savory that it melts in HIS mouth.

Vegetables on top the range—7 to 10 minutes of gas, with less water, and never any fear they will dry out, scorch or even lose their color. Stewed

fruits and cereals—10 minutes with the gas on (the evening before, for instance)—and ready for breakfast when you want them.

### YOUR GAS BILLS CUT IN HALF

You can easily see why. Most of the cooking is being done by *retained* heat instead of by *direct* heat.

But not only a saving in gas! Food cooked on a Chambers Fireless Gas Range loses much less weight with cooking. You buy a smaller roast—and serve a larger. You cook less vegetables—yet serve more.

And the flavor is infinitely better because the savory juices have not been lost. (This is one reason why even women who have cooks will not do without a Chambers. Not even an *incompetent* cook can spoil a meal that demands no attention after the first few minutes.)

### A CHAMBERS FIRELESS GAS RANGE WILL PAY FOR ITSELF

Ask your dealer to prove to you that it costs less to buy a new Chambers than to continue to use your old-fashioned one which wastes not only gas, but food, and food flavor!

If you do not know the local Chambers dealer, write us for his name.

*"Come out of  
the Kitchen"*



**CHAMBERS**  
*Fireless-* Gas Ranges



*Cook With The Gas Turned Off*



# \$500.00 stockings? There really are!

AND THIS IS THE EXTRA-CARE THEY  
NEED, ACCORDING TO A FAMOUS SHOP

"DO you sell any of these stockings?" we marveled, as the manager of a famous Fifth Avenue shop recently showed us hosiery priced at \$50, \$150, \$250, \$500 a pair! "Do women really wear them and wash them like other stockings?"

"We do sell them," he affirmed. "And they are worn and washed too. Of course, they need special care."

Those almost magical silken treasures! Spun of the clearest silk. Enriched with inserts of frost-like lace upon which a woman in France had worked for nearly a year. Flawless and delicate—they seemed designed for only fairy-tale princesses.

And the special care?

The most gentle handling, said the manager, and cleansing in the mildest possible cool suds. He suggested *Ivory*.

*Your own stockings need the same safe care!*

Ivory was recommended for these rare stockings be-

cause Ivory is pure, mild, gentle. For the same reasons it is recommended everywhere by manufacturers and salespeople of all kinds of fine hosiery. For actually, whether stockings cost \$2 or \$500, the silk of which they are fashioned is amazingly sensitive. It is quickly injured by hot water, perspiration, and by soaps which are not-quite-safe.

For longest wear, all silk stockings should be washed after every wearing. *And the soap should be the purest:* otherwise, such frequent cleansing with even a slightly harsh soap weakens the silken fibers.

Ivory, of course, is so pure and safe that doctors everywhere recommend it to bathe tiny new babies. Naturally, it is safe for any fabric which pure water will not harm. With an Ivory cleansing after every wearing you can be sure that your own stockings will wear their longest—for Ivory gives to all delicate silks the extra-protection of a fine face soap.

PROCTER & GAMBLE



## Ivory is kind to everything it touches

IVORY FLAKES IS  
PURE IVORY SOAP

© 1927, P. & G. Co.



# The Modern Priscilla

A MAGAZINE OF NEEDLEWORK, HOMECRAFTS AND HOUSEKEEPING  
FEATURING EXPERIMENTAL WORK AT THE PRISCILLA PROVING PLANT



*He quoted poetry as they sat together on the highest bluff*

WHEN Stephanie Rhodes was twenty years old she attended a course of lectures on modern poetry at the state university. At that time the college buildings were the only beautiful thing in Mayburn, which was a flat, uninteresting manufacturing town in the Middle West. These buildings stood on three sides of an acre of unnourished-looking grass, which did duty as campus and boasted a score of stunted elm trees, beneath whose scanty shade the students were wont to saunter during the spring term. This was north of the town, at the beginning of the residential section, where rows of ugly French-roofed mansions sheltered the elite of Mayburn. Their only virtue lay in the fact that one and all stood well back from the street, land in the Middle West being cheap and plentiful at the time of Mayburn's prosperity.

In one of the older mansions lived Cyrus G. Rhodes and his daughter Stephanie. Theirs was a brick house, a long, straight path leading from the street to the front steps, which were guarded by two slender stone deer; while ornamenting the lawn was an iron fountain, representing three cherubs who seemed to be eternally spouting water from their unnaturally plump cheeks.

These cherubs had been Stephanie's beloved playmates during her lonely childhood. Her mother died when she was five years old. Her father, always gruff and domineering, grew more so as the years passed, and seldom unbent, even to his motherless little girl. Her timid advances never met with encouragement, and she passed from nurse maid to governess, from governess to finishing school, and returned at eighteen to the big unhome-like house and a father who rarely noticed her existence save when she did something that annoyed him.

This was not often, for his occasional bursts of wrath were not to be tempted. Stephanie's request that she might go to college, since it was almost at their front door, was met with a stern refusal. "Woman's place," he thundered, "was in the home!" Her mother had never gone to college, nor had he. What was good enough for her parents was good enough for

## Cleared Vision

(A Complete Story)

By Christine Whiting Parmenter

her; and when the girl gave in with apparent passivity, he raised her allowance.

Then she made a discovery. If she neglected asking her father's consent, she might have much enjoyment hitherto denied her. At first her innate honesty rebelled, but she was young, and youth craves its own kind and pleasures. Stephanie had few friends, however. Her father did not want young people about, and the only young man who ever ventured to call upon her, found such a frigid atmosphere in the big brick house, that he never repeated the experiment.

Hence she was thrown back upon books for companionship. In an old black walnut bookcase she found volumes that had been her mother's; poetry: Tennyson, Whittier, Mrs. Browning, Jean Ingelow and Adelaide Proctor, the small blue and gold edition that most libraries of that period possessed. One by one she carried these books to her own room, filling their spaces with anything she could lay hands on, trusting that her father's shrewd eyes would not detect her act.

Stephanie loved rhythm. In these small, blue books she tried, almost without her own knowledge, to save her soul, yet she did not utterly succeed. Constant association with a man of Cyrus G. Rhodes's type, is not nourishing food for youth. The time came when she believed that her beloved poems had no relation to life as it really is. They were a beautiful dream in which she could lose herself for a while — in which she could for-



get the big brick mansion that seemed a prison — her father's hard, unsympathetic glance — even her well-filled pocketbook, which was, she thought, the only pride her father had in her.

She had ceased to worry about the deceptions she sometimes practiced, but the hardness that had entered into her had not yet stamped itself upon her face. She had the face of a madonna: fair hair parted meekly above blue and gentle eyes; a sad droop to her mouth which gave an appealing charm to a face that might have been beautiful had she been happy.

It was at this time that she chanced one day into the college lecture hall, where Professor Wilmer, a graduate of some Eastern university, was giving a summer course on the present day poets. Stephanie had read very little modern poetry. With a glance at her watch to be sure it was not time for her father's return, she sank into a chair near the door, and drank, as a thirsty plant drinks water, the professor's words.

**T**HERE were eight lectures by Professor Wilmer. After the first two, through which she sat in breathless silence, Stephanie shyly joined in the discussion that sometimes followed. The time came when these discussions dissolved into tête-à-têtes with the professor. Following these were walks upon the bluffs that bounded Mayburn on the east, which were then thought too far out for the dwellings that appeared upon them later.

Needless to say, these walks took place during the hours when Cyrus G. Rhodes was occupied with business. Professor Wilmer (his Christian name was Clive), soon learned the story of Stephanie's lonely girlhood. He quoted poetry as they sat together on the highest bluff. He wrote sonnets dedicated to the "misty aureole of her hair." He called her his "lily maid," his thrilling voice bringing color to her cheeks that belied his words.

By the time the lectures were completed they were practically engaged. Stephanie had been carried along on a wave of emotion such as she had never dreamed of. For the first time in her poor, starved life she found human sympathy. Indeed, she was beginning to believe that her beloved poetry was more than hollow words, when, without warning, her castles dissolved in air.

It was a note from the professor that wrought the havoc. He stated in characteristically impassioned terms, that, owing to cruel circumstances over which he had no control, he must leave Mayburn immediately, never to return. He need not tell her that this was as unexpected as it was devastating. Let her forgive and forget him. As for himself — never, never would he forget the golden hours they had spent together.

If Stephanie had not been thoroughly steeped in misery, she would have noticed her father's efforts at geniality in the days that followed. He attempted conversation at the table; asked if she needed money, and if she cared to accompany him to Chicago when he attended the convention of hardware merchants. But his advances fell on barren ground, and the girl would excuse herself immediately after dinner to seek refuge in her bedroom, where, once alone, she gave way to such anguish as might be felt by an escaping prisoner who has been captured and returned to his dungeon.

Of one thing she was confident: some calamity had befallen her hero which he was too noble to let her share. She never doubted his goodness — was he not a poet? — but she doubted the goodness of a Providence that would hold food before starving lips, only to snatch it back. A hard light began to creep into her blue eyes, of which, in later years, people used to speak. The lovely madonna look was gone, replaced by a surface as beautiful as cloisonné, and as impenetrable.

It was some weeks after the mysterious departure of Professor Wilmer, that Stephanie received a message from her father announcing a guest for dinner. This was an event without precedent. The girl wondered what musty business connection her father could be entertaining, and was amazed a few hours later to find herself face to face with a good looking young fellow who might have quickened her heart beats before the advent of her poet professor.

**"T**HIS is my daughter Stephanie," said her father, using what was for him a genial tone. "Stephanie, this is Tom King, the new electrician at the factory, and a coming man. He has already saved me enough to keep an extravagant daughter in shoe leather.

He laughed at his own witticism, led the way to the dining room, and began a discussion of affairs at the factory that left Stephanie free to study the young man. Compared with the perfections of her lost professor, Tom King did not make a favorable showing. In light of the absent Clive's ruddy love-locks, she looked somewhat scornfully on Tom's close-cropped head. In memory of that soft shirt and flowing tie, Tom's correct collar and blue four-in-hand seemed artificial. His clothes, too, instead of being individual garments like the professor's, were what any man might wear; but she had to admit that his features were good, and his smile honest and winning.

After dinner her father excused himself on pretext of speaking with his gardener, and left them for the best part of an hour. It was then that Stephanie saw through his scheme, and the knowledge filled her with such indignation that she could not talk. It was, indeed, a relief to both herself and the young man, when Cyrus G. saw fit to interrupt the tête-à-tête. Later

when the guest had departed, and Stephanie started for her bedroom, her father called her back.

"Sit down," he commanded, though his voice still held the new geniality. "What do you think of him?"

"Mr. King?" asked Stephanie, on her guard. "I haven't thought of him at all."

His brows gathered in their customary frown. "Well, you'd better think about him! He's a man — Tom King, no piffing lady-killer. Only twenty-eight, mind you, a graduate of Boston Tech, and has already written two books on the science of electricity."

"I thought you didn't believe in college education," retorted Stephanie with unexpected temerity.

Her father cleared his throat. His eyes looked angry, but he managed to reply: "Tech teaches a man something he can turn into money. Well, go to bed. King will be dining here again on Wednesday. We've some business to go over."

In the following months it came to be the custom for Tom King to dine at the big brick mansion twice a week. It was so evident to Stephanie that her father was trying his unskillful hand at match-making, that she wondered the young man submitted so tamely, and scorned him in consequence. However, as she grew used to his presence she reached the point where she looked forward to his coming. At least, it broke the monotony of her drab existence.

But she was true to the professor. Day after day she watched eagerly for the postman, hoping that by some miracle her dream might yet be resurrected. Hope died hard, and inward bitterness began to stamp itself on her lovely face. Sometimes, when she and King were together, she would glance up to find him staring at her so piercingly that she felt he had read her inmost thoughts.

**I**T was one of these times, some six months after his first appearance, that he asked Stephanie to marry him. April had come, and Cyrus G. had wandered outdoors for his after-dinner pipe. Tom, who did not smoke, and had been moving aimlessly about the big parlor, at last sat down at the piano and played a few bars of the "Melody in F."

This brought an exclamation of surprise from Stephanie.

"Why, Tom! I didn't know you played!"

He laughed, leaving the piano to stand beside her. "I don't. That was the last sad relic of music lessons taken in the prehistoric age; but some day, when I've made my fortune and have time to burn, I'm going to learn to play . . . Stephanie . . . will you marry me?"

Surprised at the abruptness of the words she turned and faced him; but she couldn't meet his eyes. She was thinking of another wooing — of the professor's impassioned fervor, and her heart was torn. This then, was the man to whom her father would give her — a man who breathed no word of love, but said brusquely: "Stephanie, will you marry me?" Her lips trembled, but as she looked into Tom's face her eyes were hard as steel.

"I suppose that from a business standpoint," she said coldly, "it would be the wisest thing that you could do."

She meant the words to sting, and was gratified to see the color burn his face, but he answered steadily: "Perhaps — but I wasn't thinking of that, Stephanie."

"Of what, then?" questioned the girl.

"Of you — partly."

"What do you mean?" she asked, startled into curiosity at his tone.

"Just this." Tom looked straight at her, and something in his dark eyes stirred an answering spark in hers. "I care a lot about you, Stephanie. I know that's nothing to you, but — I could give you a home of your own, and I wouldn't bother you too much. At any rate, it would be better than — this."

He made a slight, comprehensive gesture that seemed to express all that the big brick house was — and was not.

"But — I don't love you," she said breathlessly.

"No; but I'll take a chance on that. We're young, you know, both of us; and so long as you don't dislike me . . ."

"Oh, I don't dislike you!" breathed Stephanie. She was thinking hard and rapidly. She had no hope of a resurrected romance. Never again, she thought bitterly, could she feel what she had felt for the professor. In her heart she would always be true to him; but the life she was leading was intolerable. If she had her own home — could do as she pleased — if she might drop the petty deceptions that she hated . . .

"Well?" urged Tom.

"You would be making a bad bargain," she said honestly.

"But I'd make it with my eyes open, and — and I can't bear to see you starving, as you are now."

The words were steady, and Stephanie could not know that it was an effort to make them so.

"Well," she hesitated, "as you say, it would be better than — this." Then recklessly: "I'll marry you, Tom."

He drew a quick breath, then asked, almost shyly: "May — may I kiss you, dear?"

Her heart recoiled! Then she laughed, a short, metallic laugh that stabbed him cruelly. After all, she was thinking, it was only the price she must pay for freedom; and with averted eyes she lifted her face to his.

**I**T seemed the irony of fate that Tom should select the bluffs as the sight of their new home. At first Stephanie demurred. It was too far out. Nobody had ever built upon the bluffs. Then, as he insisted that it was the only spot in Mayburn with an apology for a view, she relented; and it was to the new home that they returned in late October, after a honeymoon in the mountains of New Hampshire.

Stephanie felt very nearly happy. During the past month her eyes had lost their hardness; and as she stepped across her own threshold such a sense of peace descended on her, that, lifting Tom's hand, she held it close against her cheek a moment, an act symbolic of the change in her.

Then her eyes fell upon a package lying on the hall table, and she dropped her husband's hand. It was a small package, addressed to "Miss Stephanie Rhodes," in a familiar, slanting script that she had not seen for a long year. Stephanie grasped it, staring as if she beheld a ghost.

"A belated wedding gift?" asked Tom.

"I — suppose so." She caught her breath. "I'll open it upstairs, Tom, while you see about the trunks."

Once in her room, a room that faced the very scene that she and her poet lover had often gazed upon, she tore off the wrapping of her package. It was a little book — a book bound in limp leather, a reddish brown leather that vaguely resembled the professor's clothes. "A Sheaf of Sonnets — by Clive Wilmer" ornamented the cover in gilt letters; and as her trembling hands opened at the dedication, she beheld three words printed in fine old English type: "To A Memory."

Tears sprang to her eyes. He had remembered — while she had been marrying another man! A flood of shame at her own faithlessness swept over her; a passion of pity for the professor; a feeling of repulsion toward her husband. It was then that Tom, whistling the Bridal Chorus from Lohengrin, walked in upon her.

"Some view, this," he commented happily, glancing from the window. "Say, Steve, what was the present?"

"Just a book." The blood was pounding at her temples.

"What book?" And then, quite unconcernedly, Tom's profane hands lifted the little volume. "A Sheaf of Sonnets," he read aloud, "by Clive Wilmer. Creamy name, that. Never heard of him. Who sent it, dear?"

"There — there was no card."

"Funny." Tom turned a page or two. "I wonder what they're like. Here's one 'To S . . .' Perhaps that means you, Steve, and it's not a bad description, either:

"Dear heart, that aureole of palest gold  
Above a brow as white as —"

"Stop!" gasped Stephanie in a choking whisper.

"Why, what's the matter?" Tom dropped the book carelessly upon the dresser, and moved to his wife's side. "You're not ill, are you?"

"Don't touch me!" she cried, cringing from him.

Tom's face whitened.

"Stephanie, don't speak like that, dear, when — when we've just got home."

**"H**OME!" she said bitterly. "Now I shall never have a home! I was a wicked girl to marry you, because — because," (she looked up at him defiantly), "I love another man."

"You love — another man!" echoed Tom dazedly.

Then, after a minute: "Why didn't you tell me, Stephanie?"

"Did I pretend to love you?" was her weak defence.

"No, but," (he was trying desperately to be just) "you implied that I had a chance, didn't you? Was that fair to me?"

"No!" she cried passionately, "but I have never had a fair chance myself. You know what my life has been. I think it warped me. I had to deceive my father in order to enjoy the simplest pleasures. Then — then he came. It was the only happiness I ever knew, and even that was snatched from me in some mysterious way. Life seemed more dreary than ever, and — and when you asked me to marry you I thought — perhaps — it was the way out. I was almost happy; but now — now I know that I have only added another stone to my prison wall."

"Don't!" cried Tom. "Don't look at me like that! Your eyes are as cold as ice! And I could have sworn that within the hour you were — fond of me. I don't know what cursed thing has come between us, Stephanie, but I won't have you call our marriage a stone in your prison wall."

He walked to the window, looking down on the cloud of smoke that rose from Mayburn's chimneys. At last he turned, but he didn't touch her.

"My dear — you warned me, didn't you, that I was making a bad bargain? So you need not reproach yourself too much. But you've done me a wrong, Stephanie, the biggest wrong a woman can do a man, so I'm going to ask something of you: Try to be happy — won't you? You're very young, and time, they tell us, is a great healer. Get what pleasure you can out of the new freedom, for it will be freedom, Stephanie. I'll see to that. Live your own life. I shall ask nothing of you but friendship and the right to protect you; but I can't promise that I sha'n't try to make you love me — some day."

And thus, in bitterness and tears, began Stephanie's life in her new home.

(Continued on page 33)



Textile paints and the plastic-like substance applied with a paper cone for raised outlines and dusted with a metallic or colored powder, make possible very realistic embroidery effects. When the knack of handling the cone is acquired—a simple process—all sorts of paste "stitchery" is possible, and it can be done much more quickly than needlework. Forms can be filled in with lines after the manner of satin stitch, outlines of forms or edges of materials can be blanket stitched, flowers can be made in daisy stitch and French knots

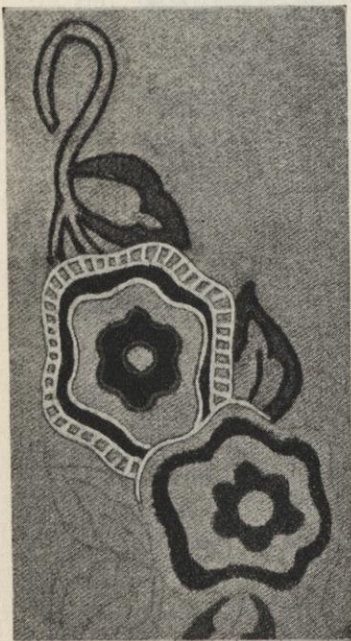
## New Costume Decoration

Designs by Paul E. Goodridge

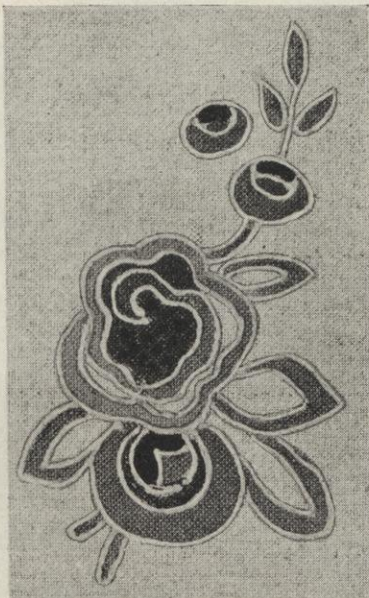
The three models in the centre of this group come in all sizes from 16 years to 42 inch bust measure. Long close sleeves with turnback cuffs are included with patterns 2993-5 and 2985-5. The bolero model, 2997-5, is sized from 16 years to 40 inch bust and the needs of the larger woman are provided for in 2992-5, which comes in sizes from 18 years to 46 inch bust

Front plaits provide extra skirt fullness in four of these models, but in every instance the back is plain. The skirt of the popular jumper model (2985-5) may be made of the same material as the blouse or it may contrast both in color and fabric

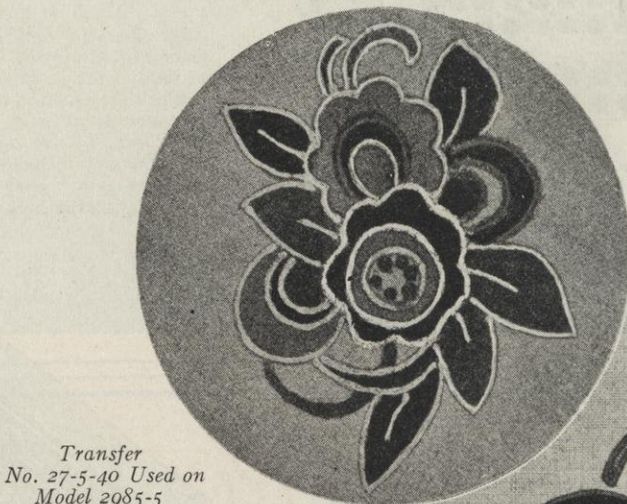
Plastic stitchery can be used on all kinds of dress materials, silk, wool, or silk and cotton or rayon fabrics, and it can be laundered or dry cleaned successfully. You can often obtain a delightful variety of effects by painting in the motif with the fabric paint and then outlining with the plastic stitchery. Colors will, of course, be determined by your dress material. For example No. 27-5-40 on a blue flannel might have a deep red petaled flower outlined in silver, with a blue centre outlined in blue and dotted with purple; green-blue leaves outlined with lavender, deep green with blue; orange flowers outlined with red, or blue with lavender



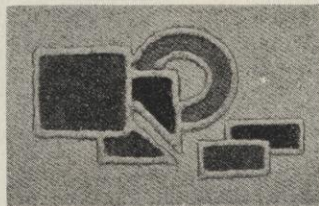
Section of Transfer No. 27-5-41  
Used on Model 2992-5



Section of Transfer No. 27-5-42  
Used on Model 2993-5



Transfer  
No. 27-5-40 Used on  
Model 2985-5



Section of Transfer No. 27-5-43  
Used on Model 2994-5



Section of Transfer No. 27-5-44  
Used on Model 2997-5



Design No. 27-5-7

## The Versatile Charm of Decorated Net

Designs by Mary Frances Brackett

*Lacy effects for table dress are greatly favored by the up-to-the-minute hostess. These lacy effects range all the way from priceless great dinner cloths of Point Venise to simple luncheon sets of made-in-America net run with dainty, formal patterns such as these*

*Our luxurious great chairs and big cushiony couches need guards for their backs and arms. These chair backs and arm guards should not be over-emphatic in a room, but nevertheless they should be attractive in their simplicity. Darned net is ideal for this purpose*

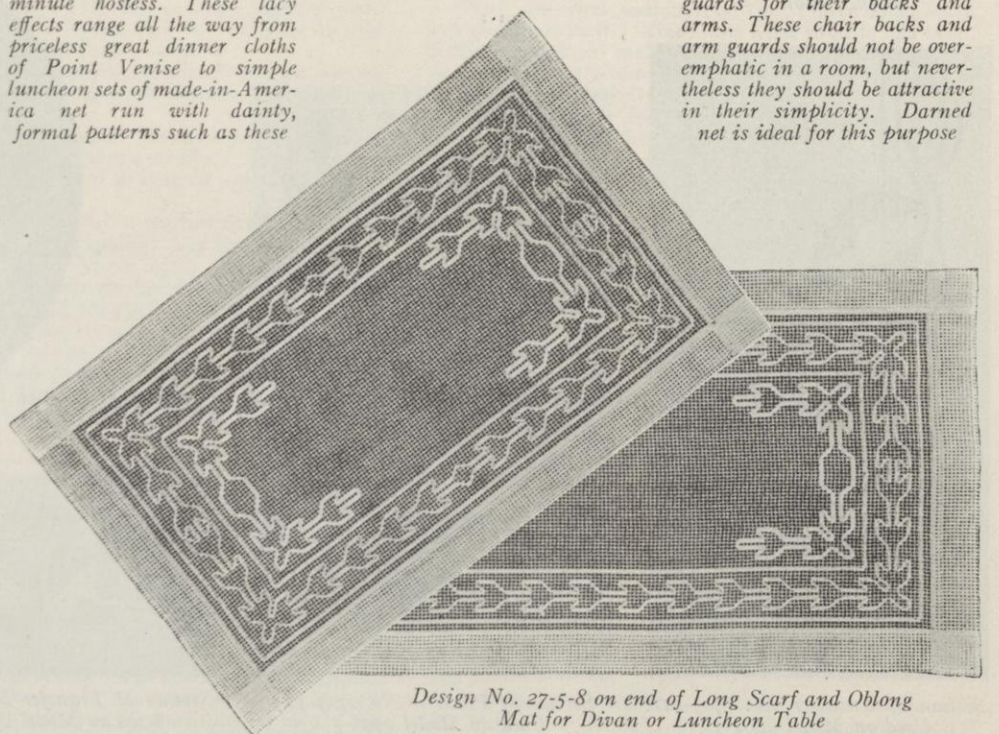
**A**MONG the nicer new ideas for home decoration we find the heavy netted laces used in a variety of ways. One of the most attractive expressions of this fashion we have seen are these simple but pleasing designs darned on the square mesh craft net, as is Design No. 27-5-7, or on the plain filet of a somewhat smaller mesh, as is Design No. 27-5-8. Such decoration is easy to live with and is in good taste.

Although the designs illustrated are shown only as applied to table sets and chair and divan protectors, they are dainty and desirable for window curtains, door panels, and the between-room glass doors. As both sides of the darned-in lace look alike, it is readily seen how desirable this decoration is for curtaining purposes. White or ecru net run with self color is equally desirable.

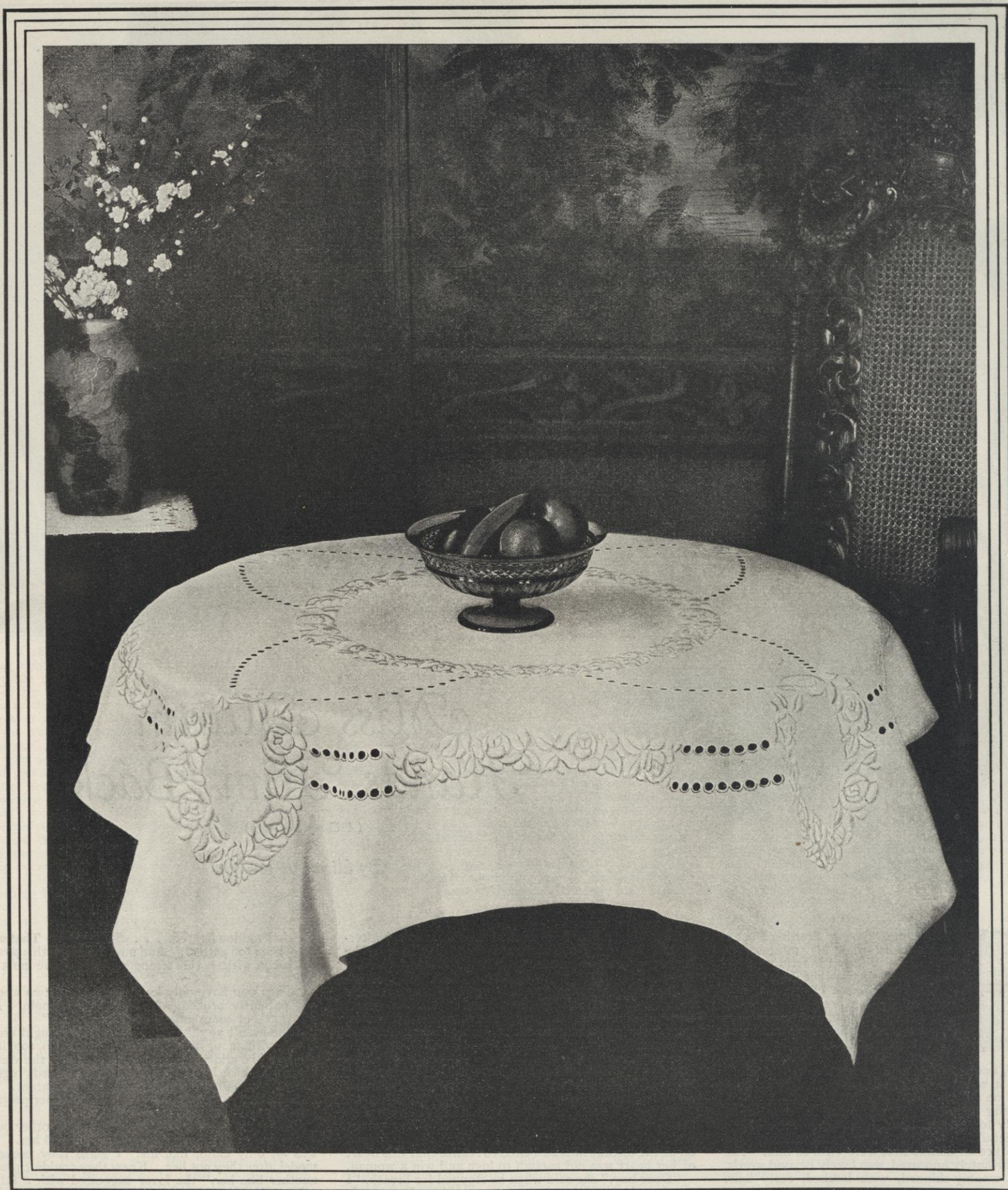
This darning on net is pretty work and well worth the doing as these nets are most serviceable, and have years of wear in them. You use a blunt pointed needle for the work and soft twist mercerized cotton. A large, easily followed, working diagram and directions are included with the materials.

Can you imagine anything more charming for the luncheon table than this set of craft net with the centerpiece (about 15 inches square) and four 11 x 17 inch place mats — unless it be a set with a long centre scarf (about 13½ x 50 inches) and four place mats (13½ x 22 inches) darned on the finer filet mesh in Design No. 27-5-8. Those who have the new oblong tables will be especially pleased with the latter group. Everyone finds these transparent covers a delightful change from familiar linens.

For your pet arm chair you will want Design No. 27-5-7 done on the 15 inch square for the chair back and two of the 11 x 17 oblongs for arm guards; and, for the divan back, the long scarf worked in Design No. 27-5-8, with two mats for the arms.



Design No. 27-5-8 on end of Long Scarf and Oblong Mat for Divan or Luncheon Table



*Luncheon Cloth, No. 27-5-1*

## A Simplicity that Spells Perfection

By Elizabeth Gronbeck

WEATHS and garlands of snow white roses strung together with jewels — those large eyelets glimpsing the shining mahogany beneath — wholly worked out in lustrous soft twist cottons on white linen sheeting — this fifty-two inch luncheon cloth is a beautiful illustration of the possibilities of simple stitchery and gracious lines. The flat unpadded satin stitch done with the heavy cotton fills in the motifs quickly, and this grade of linen is a joy to the touch, as every needleworker knows. Run these large eyelets as for cut work then cut the centres "pie fashion" in eight sections, but do not cut quite up to the stamped line. Turn back the bits of linen with your needle as you embroider the edge of the eyelet and clip away the little points when the work is done. Work these eyelets with a finer cotton than used for the roses. Plain hems an inch and a quarter wide done with finest cotton and infinitesimal stitches will give you an edge finish which is dignified, but so unobtrusive that it will not draw the eye from the lovely expanse of the decoration. Note the nice arrangement of this design either for service at the table or for the buffet luncheon.



"You didn't care for my son"

## Miss Martin Hands Him Back

(A Complete Story)

By Elizabeth Jordan

**H**ER name," young Sterling Busbee ecstatically told his mother, "is Winnie—Winifred Martin. And—O, mother, she says she'll have me!" Honore Busbee closed her eyes and caught her breath, as if under the effect of a blow. In that instant she felt that she had received a blow. The announcement was so unexpected. The next instant she remembered, and smiled into her son's shining eyes.

"That's a wonderful beginning, my boy," she said. "Now tell me all about it."

The young man told her all about it. He talked breathlessly for half an hour, bringing in none of the practical details she wished to hear but dwelling with a lover's rapture on details that were vital to him. The girl, it immediately appeared, was lovely beyond words, blue-eyed, creamy-skinned, with bobbed, curly hair. Young, of course,—oh, around twenty or so—with a smile that made one's heart turn over. Small—just the right size, and playing the best game of tennis and the best game of golf of any girl he'd ever known. No handicap for her. Had all he could do to beat her. In fact lots of times he couldn't beat her. She could drive a car, too, and sail a boat; and swim. She was the best sport in the world. Simply couldn't stand a dare and took chances that made his hair rise. Now he'd have to stop that sort of thing, of course. Couldn't have her risking her life, though she was as cool as a cucumber when she was doing it. Why, only the other day, when they found themselves out in that storm in the leaking boat—hadn't he written his mother about it? Why, so he hadn't! But so many things had happened since then. It was Winnie's coolness in that scrape which made him realize what a thoroughbred she was. Almost as soon as they were both pumped out he had asked her to marry him—oh, yes, they had been in the water. Hadn't he said so? Rather a nasty business, the whole

thing. They had been rushed to the hospital afterwards, but were out the next day. That's why he hadn't got home sooner to tell his mother the big news.

Suddenly observing that lady's pallor he remorsefully stopped to kiss her. He had been an idiot to spring such stuff on her so abruptly, he admitted, but it was all over and she had only to cock an eye at him to see that he was right as rain. So was Winnie, and treating the whole experience as a lark. That was Winnie, all right, all right. Why she had actually made the rescuers drag him from the water first. Of course, he hadn't realized that was happening!

He was off again, this time with Winnie's courage as the theme, and his mother, seated beside him on the wide front veranda of their home, listened and looked off at the distant hills and tried to realize that this heart of her heart was old enough to love and win a woman.

"Dear boy," she said when he stopped for breath, "I see that she is a marvel of sportsmanship. But who is she? How long have you known her? Where does she come from?"

He turned and stared at her almost resentfully. As if such things mattered! It was clear that they had not touched his own mind. In some ways Sterling Busbee, only son of a brilliant and masterful woman, was singularly immature.

"Why, she's—she's a classmate of Cassie Braddon's. That's where I met her—at the Braddons'. She's spending her vacation with Cassie."

Mrs. Busbee drew a breath of relief. So far, so good. The Braddons of Mercersburg were the salt of the earth, and Cassie Braddon's mother had been Honore Busbee's closest friend up till the time of Mrs. Braddon's death a few years ago. The fact that Mercersburg was seventy miles away had not interfered with the intimacy of the association. Sterling and young Jack Braddon had been class-mates at college and Mrs. Busbee had dreamed a dream in which Sterling and

Cassie Braddon figured. . . . She sighed. That would have been too perfect. And now there was this stranger to reckon with—this stranger of whom she must hear more.

"Then you have only known her about two weeks?" she patiently probed. "Who are her people? After all, that's of some importance, you know."

"She hasn't any." The young man brought out the words with an air of triumph. "A good job, too, if you ask me," he added, tilting back the legs of the veranda chair on which he sat and clasping his hands together behind his head with an air of increased content. "No in-laws to consult or to butt in. WE'll be her people—just you and I."

"But surely she has some one—" his mother began.

"Not a soul," Sterling cheerfully assured her. "She was an only child, like me. I guess they broke the model after they got her. Knew they couldn't produce another like her," the lover suggested with a fatuous grin. "Her father and mother, I mean, of course. They were killed two years ago in an automobile accident—that was mighty hard on the poor kid." His care-free face sobered. "A friend took her abroad the first summer after their death. And this summer she's at the Braddons'. She hasn't got much money," he deigned to explain. "Just enough to pay her living and school expenses. She said she was going to work as soon as she finished college, but of course that's all changed now," he added complacently. "Just the same, she's an extravagant little tike. Hasn't the faintest idea of the value of money. I heard Judge Braddon giving her an awful wiggling the other day about some bills she's run up. He's acting as guide, philosopher, and friend to her, you know. Winnie says she gets her extravagance from her father. It seems he was a big automobile agent. Earned twenty-five thousand a year and spent every penny."

"I hope you'll break her of that, too, while you're breaking her of recklessness," his mother commented

rather drily. "We haven't an unlimited amount of money ourselves, you know."

"We've got enough." Her son brought his chair back to the level of the veranda and spoke with a sudden tightening of the lips that reminded her of his father in his stubborn moods. Indeed, in all his moods he made her marvel that a being she had brought into the world could be so unlike herself. "And I don't mind saying I'm mighty glad Dad left me an independent income," he coolly added. "I'd have hated like the dickens to come to you hat in hand, begging you to help me out so I could get married. And I don't suppose my salary will keep Winnie in shoes," he finished more lightly.

HIS mother's heart sank. She knew Sterling and she accepted his words as what undoubtedly he had meant them to be — a quiet ultimatum. Much as he loved her, great as her influence over him was, in this matter he would tolerate no interference. He desired and hoped for her approval — but with or without it he meant to marry the mysterious Miss Winifred Martin.

"Will you motor me over to Mercersburg tomorrow to meet her?" she asked. "And do you think she will be willing to come to us for a little visit, so that we can all get better acquainted?"

"You bet I will — and she will." He gaily ignored the last sentence, his good humor wholly restored. Sterling was always good-humored when he was having his own way. "It's just what I knew you'd do," he testified, "and you'll love her, mother, the minute you see her. You simply can't help it, anymore than she can help loving you. But don't expect her to fall on your neck," he added as an after-thought. "She hates sentimentality as much as you do."

Honore Busbee laughed, and hoped he was right about their liking each other. She was conscious of an unusual mental confusion — of an inability to get a clear impression of the girl from her son's recital. That was due partly to his incoherent outpouring, she reflected, but there was no doubt that it was due also to the condition of her own health — the condition of which the old family physician was so constantly and gravely warning her. She must avoid all worry, all excitement, he urged. She had promised that she would try to do so. Yet at any cost she must know that Sterling was making no mistake in this crisis of his life. If she must leave him, she must leave him in the right hands. If she found he had made the wrong choice, she must eliminate that choice. She must do this if it was the last thing she ever did, and if it took the last flicker of her ebbing vitality. And she must do it in such a way that Sterling would be as unconscious of her achievement as he was of the condition of her health.

But she was a just woman, and she would not make the mistake of assuming that the big job needed to be done. She would withhold judgment and decision till she had met the girl, till she had watched and studied her under her own roof. Much her son had told her had appealed to her. She had experienced a pang over the child's motherless condition. She had liked the reports of her courage, and she admired the independence that made Miss Winifred Martin decide to fight her way in the world. She might be the ideal wife for Sterling — the one sent in answer to her own unspoken prayers. The deepest pang in connection with her approaching fate had been the thought of leaving her boy alone. . . . Yes, this whole affair *might* be the working out of a benign plan. . . . She would wait and hope.

But the first meeting of mother and fiancée was distinctly disappointing. The mother was gracious, cordial, yet it must be admitted, unmistakably a kindly judge deferring judgment. The girl was casual, indifferent, flippant, almost hard. She was pretty, admirably dressed — too well-dressed, indeed, the sick heart of Honore Busbee assured her, and she was not in awe of her lover's mother. She did not intend to be patronized, and she wore her young independence and aggressiveness like a flaunting banner. Moreover, the older woman's anxious eyes looked in vain for any trace of sentiment in the girl for the man she had promised to marry. She was as off-hand and as careless in her manner toward him as she would have been with a brother.

HONORE BUSBEE was too sophisticated to attach great importance to this — no doubt the girl was merely running true to the form of her type and period — but it had its effect. And the mother's depression over a confidence made by Cassie a little later closed around her like a buttoned garment.

"I can't imagine what Sterl is thinking about," Cassie burst forth, when the lover had lured his beloved out to the garage to pass on some imaginary mishap to his car. "They haven't a single thing in common except their love of sport — and they can't play games all the time. Of course, Winnie is a wonder," Cassie went on more quietly, "and I'm simply devoted to her. But one look at her shows anybody of intelligence that she hasn't the makings of a wife for any man — least of all for Sterling Busbee. Why, she's a perfect man-eater! She doesn't know what it feels like to have less than five suitors trailing after her, and, take it from me, she isn't going to change just because some minister reads the marriage service over her."

"Does she care for Sterling?" Honore Busbee asked the question with lips that felt stiff. Cassie frowned.

"Oh, how can one tell about that sort of thing nowadays?" she said, almost irritably. "I suppose she does — in her way. But I'm afraid she's thinking more of Sterling's money and social position than of anything else. She has never had either, you know." Cassie broke off, and drew a quick breath. "I feel like a cat to be saying these things about her," she confessed. "But at least I'm not a hypocrite. She knows how I feel, for I've said exactly the same things to her. Sterl's like my own brother, and I simply can't stand back and see him ruin his life —"

Mrs. Busbee put an arm around the young shoulders and for a moment held the girl close. Then she spoke with her usual easy tolerance.

"We're going entirely too fast, my dear," she pointed out. "We must not make up our minds so quickly that there has been a mistake. Miss Martin may have splendid qualities —"

Cassie nodded. "She has good qualities all right," she admitted, "and I know exactly what they are — courage, and sportsmanship, and a sense of fair play. But as a wife to any man she's a joke and I've told her so."

"What did she say to that?"

"Laughed it off, as she laughs everything off. I know she thinks I'm half in love with Sterl myself, but it isn't that. I resent just as much the way she has treated the Mercersburg boys. There isn't one of them who knows whether he's on his head or his feet since she came here," poor Cassie ended bitterly. "That's why I don't want to go to your house with her. Engaged or not, she'll flirt with every man that comes there — from the grocer's boy to the old minister. I'm fed up with that sort of thing."

Young Busbee's mother listened thoughtfully. "I shouldn't think Sterling would like it, either," she mused aloud.

"He doesn't — that is, he does and he doesn't. He's torn by conflicting emotions, as the novelists say. He's terribly proud of her, and terribly pleased to have carried her off over the heads of all the others. I suppose that sort of thing means a lot to any young fellow. But I could see that she had him on tenterhooks lots of times. So perhaps we are making a lot of fuss over nothing," Cassie ended with a sudden gleam of hope. Miss Braddon's gloom never lasted very long. "I'm not at all sure she'll take him if some other lad comes along that offers her just as much or more," she cheerfully ended.

Such grim comfort as there was in this prediction Honore Busbee took home with her that afternoon. She also took the outline of a plan and the memory of an odd look in Winifred Martin's eyes as they said goodbye.

"Till next Tuesday, then," was the girl's off-hand farewell. "So good of you to ask me."

Her manner was that of the most casual acquaintanceship. She was definitely serving notice that she was not to be patronized and that if judging was to be done in this encounter there would be two judges. But even as she spoke her eyes had met Mrs. Busbee's with an expression in them that made the older woman momentarily thoughtful. What was it? Appeal? Emphatically, no. Fear? Never in the world. Loneliness? Possibly — just possibly a hint of that, quickly checked by pride. Something more. Understanding. An odd suggestion that these two had read each other.

AT home again, Honore methodically proceeded to develop her plan of campaign. It was a simple bit of strategy, neatly designed to leave a line of retreat open to her even during the height of her operations. She must and would be just. But if this new-comer in Sterling's life proved to be a menace instead of a blessing, that menace must and should be removed. His escape from it might be his mother's last gift to him. It would be a worth while gift, and one justifying the possible shortening of a life already near its end. She would be just, but if necessary she would also be ruthless. There were times when justice called for the companionship of ruthlessness.

She spent the days between her return home and Miss Martin's coming at her desk and telephone, sending out invitations for tea, dinners, luncheons. She made a careful list of all the attractive and eligible young men within a hundred miles, including several she knew her son intensely disliked. Sterling, however, watched her preparations with a contented smile. It was eminently fitting that his mother should do all this for the girl he was to marry, but not every mother, he knew, would have gone to so much pains. He monologued blissfully of the future, taking it for granted that he was to bring his bride to the family home and that she and his mother would reign there together.

"Winnie isn't much on domestic stunts," he candidly admitted. "I don't think she'll cramp your style. She'll be only too glad to have you keep on looking after things."

To this sanguine view Miss Martin's conduct after her arrival lent considerable color. Though Mrs. Busbee deferred to her on every point, asking her advice and opinion as to decorations, menus, guests and other details, it seemed clear that the bride-to-be had no domestic flair. In her own vernacular she "side-stepped the practical issues."

"What's the use of my butting in on all that?" she asked her lover. "Your mother knows the social game backward, forward, and upside down. She couldn't

do anything wrong or leave anything undone if she tried. Why should we worry?"

She showed, however, a gratifying desire to win the liking of her new friends, and especially that of the young men who, true to Cassie's predictions, increasingly filled the house. Her interest being apparently centered on them, it became natural that the hostess should discourse upon them, seeing to it in the most casual manner that Miss Martin was informed of the incomes, family connections and prospects of all the visitors. The topic, Honore observed with relief, invariably held the guest's attention. This was fortunate, for the mother could not yet bring herself to discuss her son with his fiancée and any topic save that of sports and men seemed to leave Winifred Martin cold.

In more ways than by polite attention to the older woman's biographical bits did the house guest show her interest in her new circle. Cassie, Honore decided, had not exaggerated the girl's flirting propensities. Winifred Martin could have given valuable points to any siren of history. Her hostess brought young men to her in battalions, as it were, and watched them go down before her like bowling pins under a ten strike. She also watched the increasing uneasiness of her son, and observed how rarely his lips lost the tight and sullen line that made him look so much like his father.

"MUST we have all those asses here all the time," he fiercely demanded at the end of a fortnight in which he had rarely seen his fiancée alone for more than an hour or two in the morning. His mother permitted herself a glance of surprise.

"You want Miss Martin to enjoy her visit, don't you?"

"Of course I do, but —"

"She's very gay, and she loves to have a lot of young folks around her."

"I'll say she does," the lover groaned. "Naturally I assumed that you wanted her to have what she most enjoyed," his mother went on. "But if you think she's getting tired of it —"

"Winnie getting tired! Don't make me laugh!" her son urged wearily. "But that's not saying I'm not getting infernally tired of it myself," he went on with a rush. "Do you realize that she danced eight times with Jim Gleason last night, and only twice with me?"

"Did she?" His mother's heart-beats quickened. He was open-eyed at last!

"Yes, she did. And yesterday afternoon she played golf with George Blakely from three to six, and I didn't have a look-in."

"I know she admires George's game," Honore conceded.

"It's no better than mine. I suppose she admires Spencer's driving, too. She was off with him all Tuesday morning. The day before that she went fishing with Bob Ripley, and today she's doing it again. Yesterday, if you please, she went on a basket picnic with that angle worm from Chester — the Evans chap Blakely brought here. I guess you know about that, for you packed their luncheon basket," he added gloomily. He waited for a comment but she made none and he went on. "I'm as modern as the next man, and I can stand a lot. But when the girl I'm going to marry goes in for fourteen days of twosing with every man I know it gives me the pip."

The hearer's conscience pricked, but she spoke with casual cheerfulness.

"I'm afraid I can't help you, dear. Young folks nowadays are so different from what they used to be that I don't pretend to understand what they do."

"It takes some understanding," her son admitted with a black look into the future.

Honore mounted slowly to the second floor of the big house. She was not sleeping well these nights and the brief interview had taken something out of her. She would seek the haven of her own room and lie down for an hour. The need of often lying down had increasingly presented itself during the past fortnight. She caught a glimpse of her face as she passed a mirror and was shocked by its bluish pallor. Then a familiar and terrible stab of pain went through her and she tottered to a davenport and dropped upon it with a heavy groan. She heard a quick tap on her door, suddenly realized that she had not latched it, saw it open, and frowned in combined agony and annoyance.

"Don't — call — anyone. Don't — raise — — an alarm," she found strength to gasp, when she recognized the new-comer.

"Of course not." The voice and manner of her house-guest were so matter-of-fact that the sufferer experienced an immediate untangling of nerves. "What do you take?" it went on practically. "Shall I find it in your bathroom closet?"

"Yes — lowest shelf — paste-board — box. Crumble — one — tablet —"

"I know. Don't say any more." There was a moment's delay, then the cool young voice again. "Here it is. Don't talk. I'll sit beside you."

When the blessed relief from pain had come the visitor made her brief explanation.

"I was in the hall passing your door and heard you. Keep very quiet for a little while. I'll look after you. I know about these attacks. I saw my mother's sister go through several of them —"

"And die in the last, I suppose," the sufferer murmured. "No, indeed," the matter-of-fact voice assured her. "She died of something quite different."

(Continued on page 55)

# Pictorial Stenciling for Busy Homecrafters

By Paul E. Goodridge

STENCILS are part of every home decorator's stock in trade for they make it possible to work wonders with inexpensive cotton fabrics which are often most attractive in texture and color, such as unbleached muslin, Italian art cotton, soisette, burlap, voile or scrim, and the sun and tubfast cottons used so satisfactorily for porch things. Pongee or the lighter tub silks take delightfully to stenciling for window hangings. The ways in which a clever woman can make use of these delightful pictorial stencils are countless and diverting. One color or several may be combined in a picture, and often sections of a design may be used where one does not need the whole motif. The little ships of Lief the Lucky could be happily used on curtains in a boy's room, or for a frieze around the walls, or they might appear on crisp white bath room curtains. The village maiden would be delightful on a bag, topping screen panels in a girl's room, on a fibre waste basket, perhaps, or the wee houses might be used separately on a breakfast set with the little lady on the napkins. For the rustic camp, the forest scene might be effectively used for curtains, chair back, and screen panel done in tawny shades of brown on unbleached muslin or tan art cotton with brown bindings. Turkey red or orange awning cloth with black is also good. The wee cottage with its inviting glimpse of road is, of course, most

charming for summer curtains; done on thin fabrics, scrim or marquissette, it looks as well from the outside as the inside. It is cunning, too, for panels on the kitchen cabinet, or for little fir balsam pillows or a burlap bag.

This stenciled parchment lampshade is given an interesting treatment which disguises the fact that it is done with a stencil pattern and suggests freehand work of a type much liked at present. Using the fabric paints for the stenciling also gives an uneven texture to the paint which produces a lovely crackled effect. The background tinting is in sunset colorings shading from a lovely rose and mauve to deep yellow at the horizon. The old castle is stenciled in with deep orange tints, and wonderful blue greens appear in foliage and detail. After the stenciling is done, the whole picture is thrown into sharp relief by outlining it with black India ink and then scratching fine pen lines in spaces between colors, as indicated on the diagram which comes with the shade. This should be done freely and sketchily, and is a very artistic type of "scribbling." The background tint is not applied until the stenciling and sketching have been done and are thoroughly dry. Tinting the inside of the shade with a deep rose accents the lovely sunset flush when the shade is lighted. This shade measures 9 inches in diameter across the top, 13 1/2 across the bottom and is 8 1/2 inches high.



No. 27-5-23. (Motif 3 3/4" x 5")



No. 27-5-25 (Two sizes, 2 1/4" x 8" and 4" x 12")



No. 27-5-26. (Motif 4" x 5")

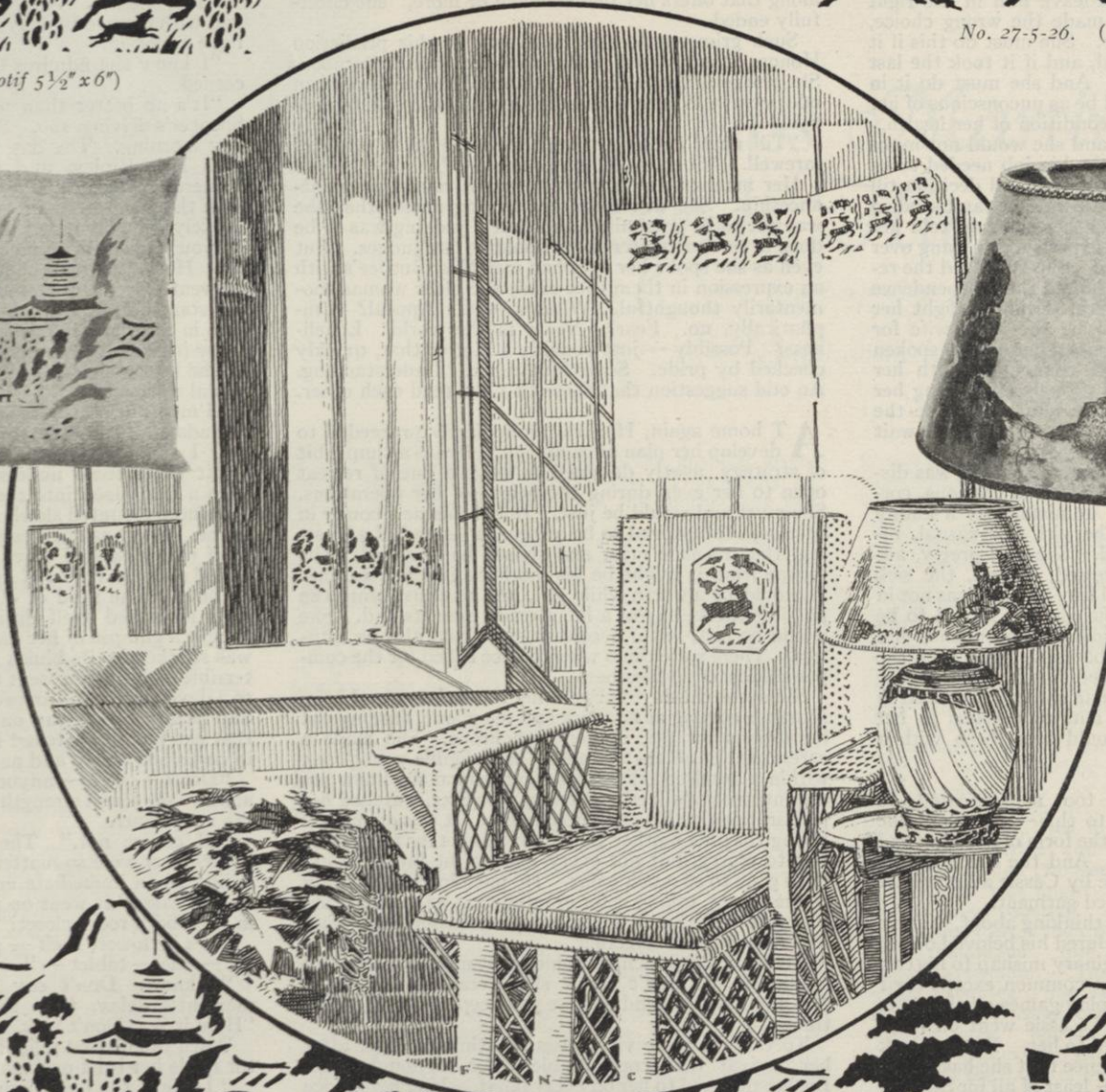


No. 27-5-24. (Motif 5 1/2" x 6")



No. 27-5-28

The Chinese motif is lovely enough to use on the nicest fabrics. It is exactly right for summer cushions used as a single picture, and it makes a very decorative repeating motif for a sunroom or a summer living room frieze. Blue, green, red and black are used in the composition, but the stencil is made all in one piece

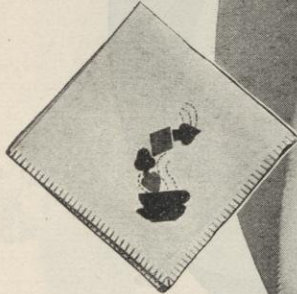


No. 27-5-27 (Motif 6" x 9 1/2")

Fabric paints, or the regulation tube oil paints thinned with a stenciling medium, and a No. 4 stencil brush may be used for this work. No. 27-5-25 is a three-part stencil and No. 27-5-27 a two-part. Stencils made in more than one piece are as easily used as a stencil cut in one piece. Each section is painted in turn and little holes serve as a key in placing

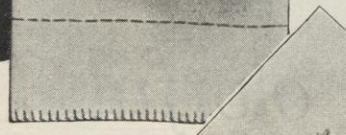


No. 27-5-28 (Motif 8" x 14")



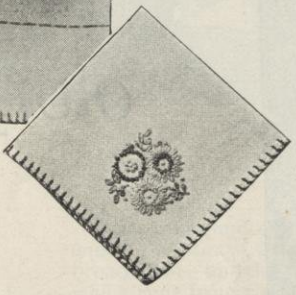
No. 27-5-17  
Bridge Luncheon Set

Red and black is the winning color scheme for the white set, No. 27-5-17, with its appliquéd tea things and aces "going up in smoke." A few lines of running stitch complete the simple decorative treatment. The quarter-inch hems are blanket stitched with red, using six strands of cotton, and the purled edge is overcast with black



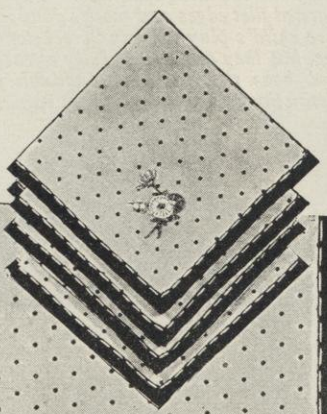
No. 27-5-18  
Refreshment Set

Creamy tinted art cotton gaily wreathed with rose, lavender, and blue flowers with spring green foliage is the happy choice for set No. 27-5-18. The detail below shows the simple stitchery which is quickly worked. Lattice and border stitches are in black and hems are buttonholed with black and the purled edge of the stitches overcast with white



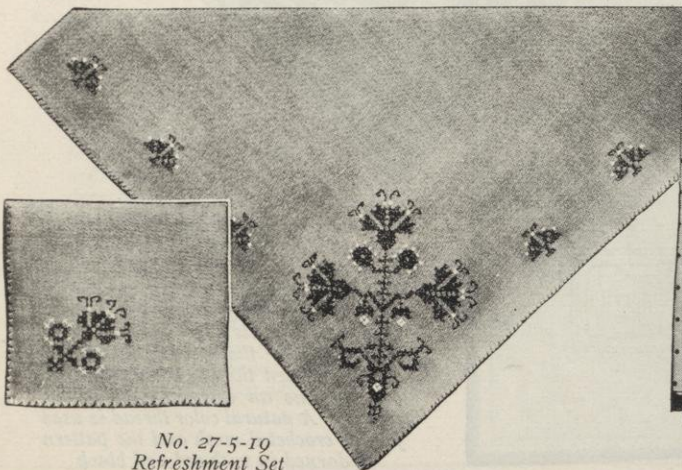
## Gay Little Sets for Gala Occasions

Green linen cross-stitched in black with brightening touches of orange is used for the set, No. 27-5-19. Narrow hems are overcast in two directions, one way with orange and one with black giving a cross-stitched effect to the edge. Linen thread is used for the embroidery and both design, stitchery, and coloring suggest the smart small linens our traveling friends are bringing home from France and Italy. This is a five piece set with a 36-inch cloth and 12-inch napkins, as are all the other sets illustrated

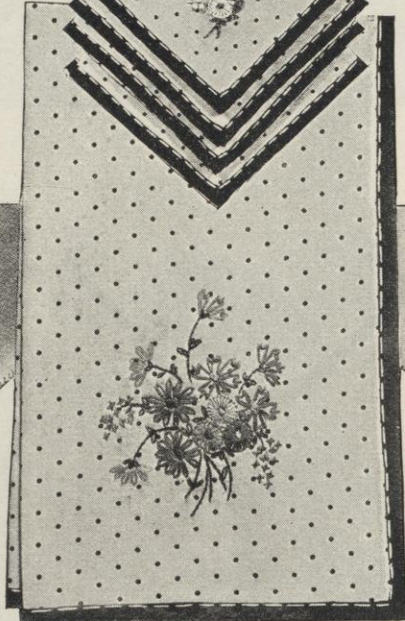


No. 27-5-20 succeeds in being unexpectedly different. Black dotted percale is the interesting fabric choice, and cheery old-fashioned bouquets in simple sketchy stitches worked with six threads of stranded cotton are used in each corner. Hems are turned on the right side and bias binding is applied flat to cover them, then the inner edge of the binding is run with white

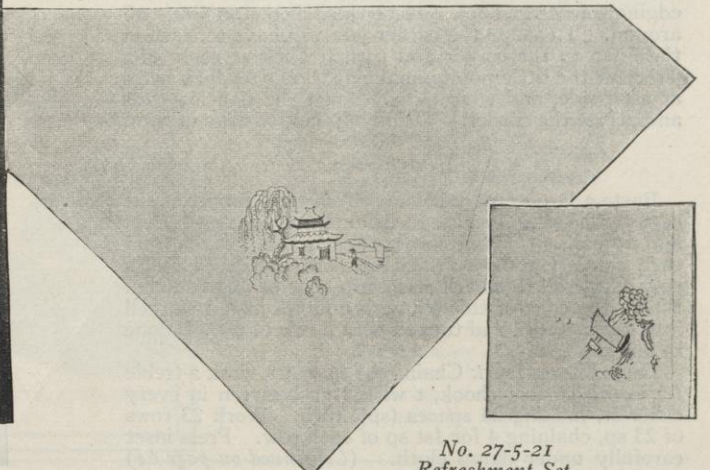
No. 27-5-21 abandons needlework for the pen and ink work which is so popular just now and so easily and quickly done. A different motif is used in each corner. Simply trace on the design with carbon paper and ink in the outlines with black ink on this blue material. A round pointed pen comes with the "embroidery ink." Finish cloth with inch-wide hems and napkins with half-inch



No. 27-5-19  
Refreshment Set



No. 27-5-20 Refreshment Set



No. 27-5-21  
Refreshment Set



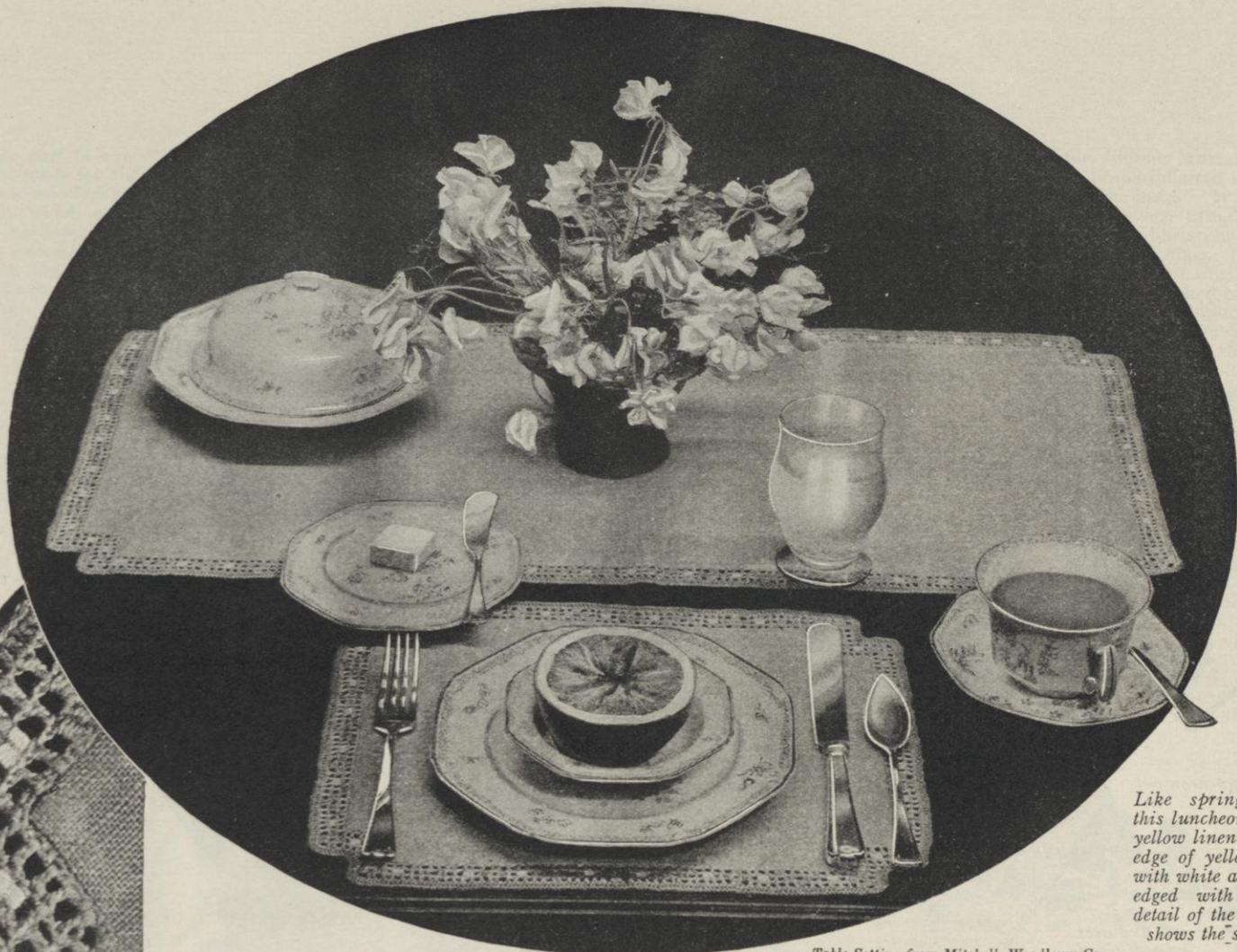
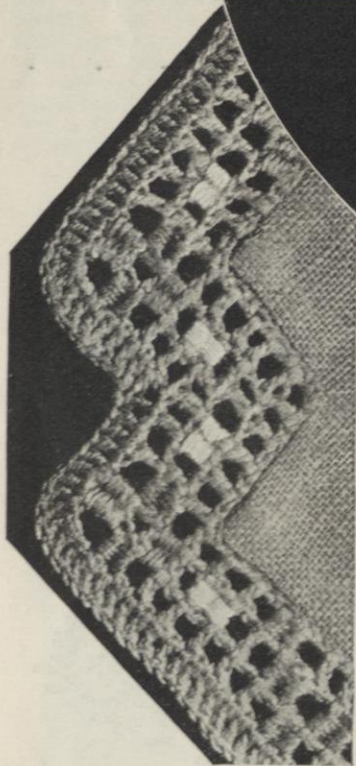


Table Setting from Mitchell, Woodbury Co.

Like spring sunshine is this luncheon set of canary yellow linen with its pretty edge of yellow filet darned with white and orange, and edged with orange. The detail of the edge at the left shows the simple pattern



## Colorful Darning on Crocheted Filet

By Helen Perry Curtis

THE filet trims of the refreshment and luncheon sets are done in No. 30 linen thread with a No. 12 steel crochet hook; but the same size crochet cotton might be used instead. The filet spaces consist of 2 trebles (t) with 1 chain (ch) between and the design is darned into that filet ground. This darning is simply a back-and-forth weaving stitch taken over the sides of the mesh and worked either vertically or horizontally, filling the mesh. Keep the number of stitches which you use to fill the mesh uniform throughout the pattern. The details of these trims show the stitchery very clearly and on page 61 you will find little diagrams which show stitch color and direction.

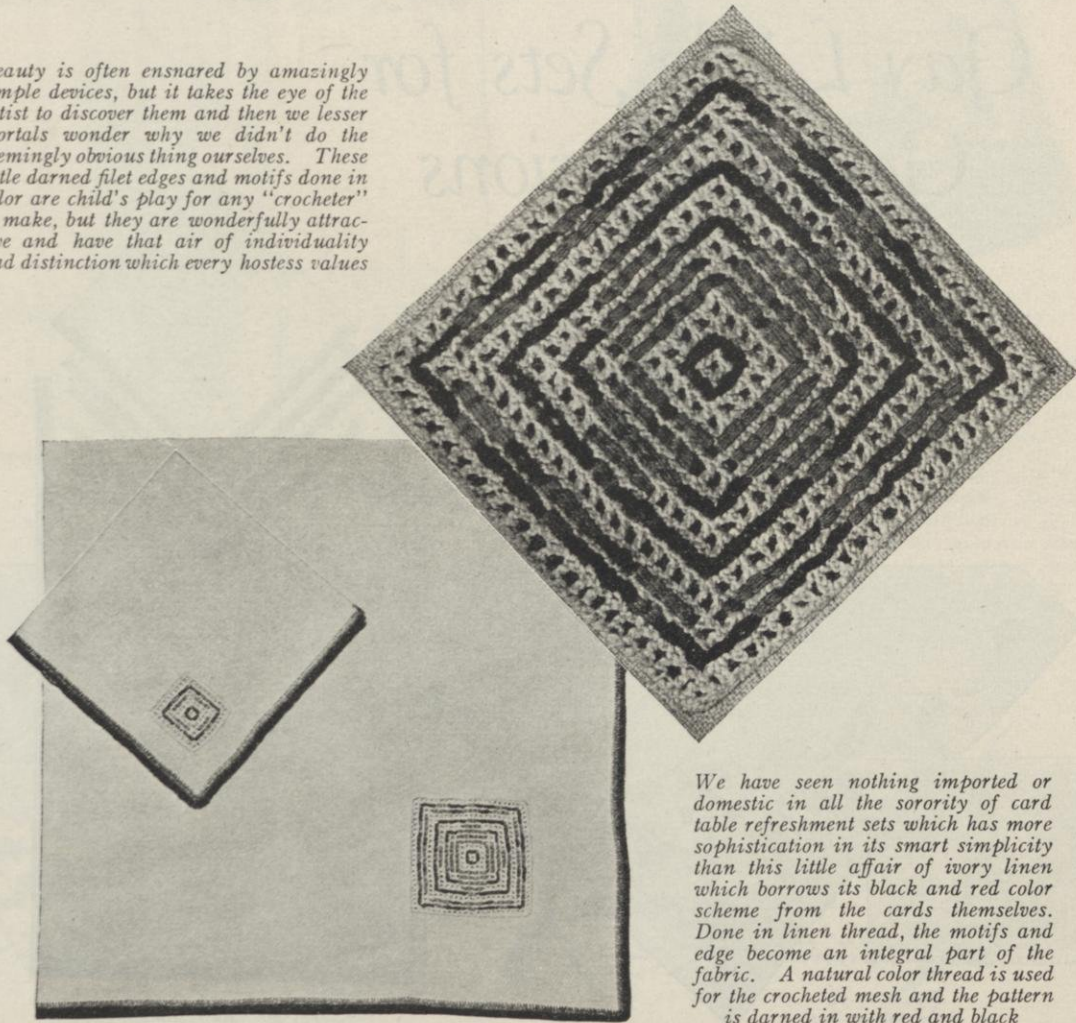
After completing the edgings for the yellow luncheon linen and pressing them carefully, lay them on the linen, "true to a thread," pin them fast and then trace a line with a soft pencil lightly along the inner edge. Remove edging and turn back quarter inch hems on linen all around. To shape the corner you will have to slash in the linen to the corner and turn it back at each side. Trim off the little points, make neat quarter inch hems at each side, and whip closely down the slanting ends and across the corner. Then whip lace to edge of hem.

### Bridge Set

Baste a large square filet motif on each corner of the card table cover 3 inches from the edge at each side, and a small one on one corner of the napkin 1 inch from each side. Cut away linen beneath motif, all but a tiny edge, roll this back and whip edge of filet to linen. Finish the edge of this set with doubles in red worked into the material and topped with a row of trebles done in black.

*Large Corner Inset:* Chain (ch) 51, turn, work a treble (t) in 6th ch from hook, t with 1 ch between in every other st, making 23 spaces (sp), turn. Work 23 rows of 23 sp, chaining 4 for 1st sp of each row. Press inset carefully under damp cloth. (Continued on page 61)

Beauty is often ensnared by amazingly simple devices, but it takes the eye of the artist to discover them and then we lesser mortals wonder why we didn't do the seemingly obvious thing ourselves. These little darned filet edges and motifs done in color are child's play for any "crocheter" to make, but they are wonderfully attractive and have that air of individuality and distinction which every hostess values



We have seen nothing imported or domestic in all the sorority of card table refreshment sets which has more sophistication in its smart simplicity than this little affair of ivory linen which borrows its black and red color scheme from the cards themselves. Done in linen thread, the motifs and edge become an integral part of the fabric. A natural color thread is used for the crocheted mesh and the pattern is darned in with red and black

# Frocks and Hats for Your Four Year Old

By Isabel Ingraham



Jane No. 27-5-11



Jean No. 27-5-12



Joan No. 27-5-13

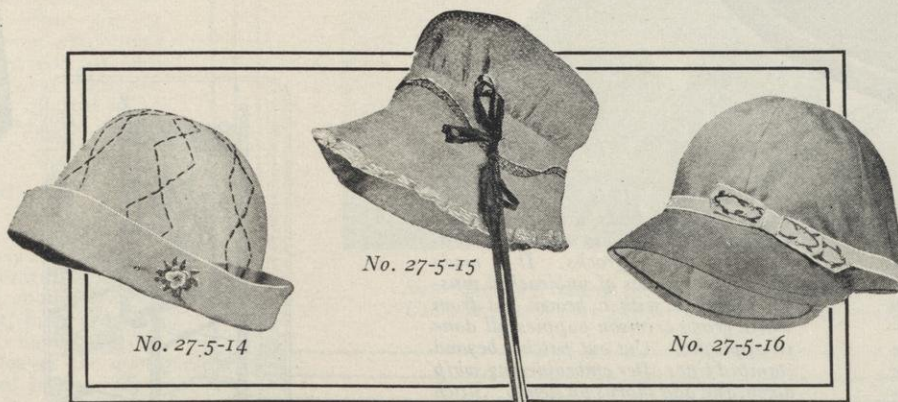
ALL these little outfits are designed in a four-year size, but are cut amply large with kimono sleeves so that they will not be quickly outgrown. All have matching bloomers finished with straight bands at the knees, and Jane's knickers have a handy pocket which is simply irresistible from the small girl's standpoint.

Jane wears a cool green chambray with collar, cuffs and knicker bands of white English broadcloth. The back of her dress is embroidered exactly like the front. Long running stitches in black are quickly worked and most effectively used as the major part of the decoration. The white trims are run with black stitches taken about a quarter inch in from the edge. The dainty pink blossoms and wee pink and blue buds are buttonholed and have yellow French knot centres, and the green leaves are filled with rather sketchy outline stitches. Two threads of stranded cotton are used for the flower embroidery, but a heavy pearl cotton for the running stitch. Isn't that one wee posy on her little hat brim an adorable touch? This hat, No. 27-5-14, is made with a six section crown and softly rolling brim.

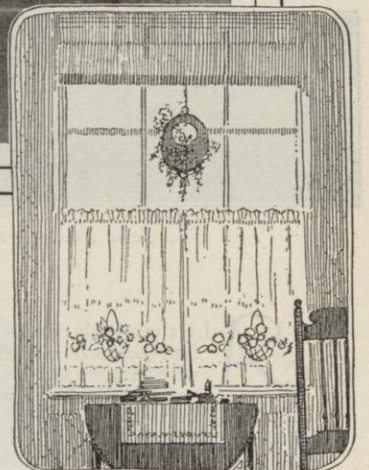
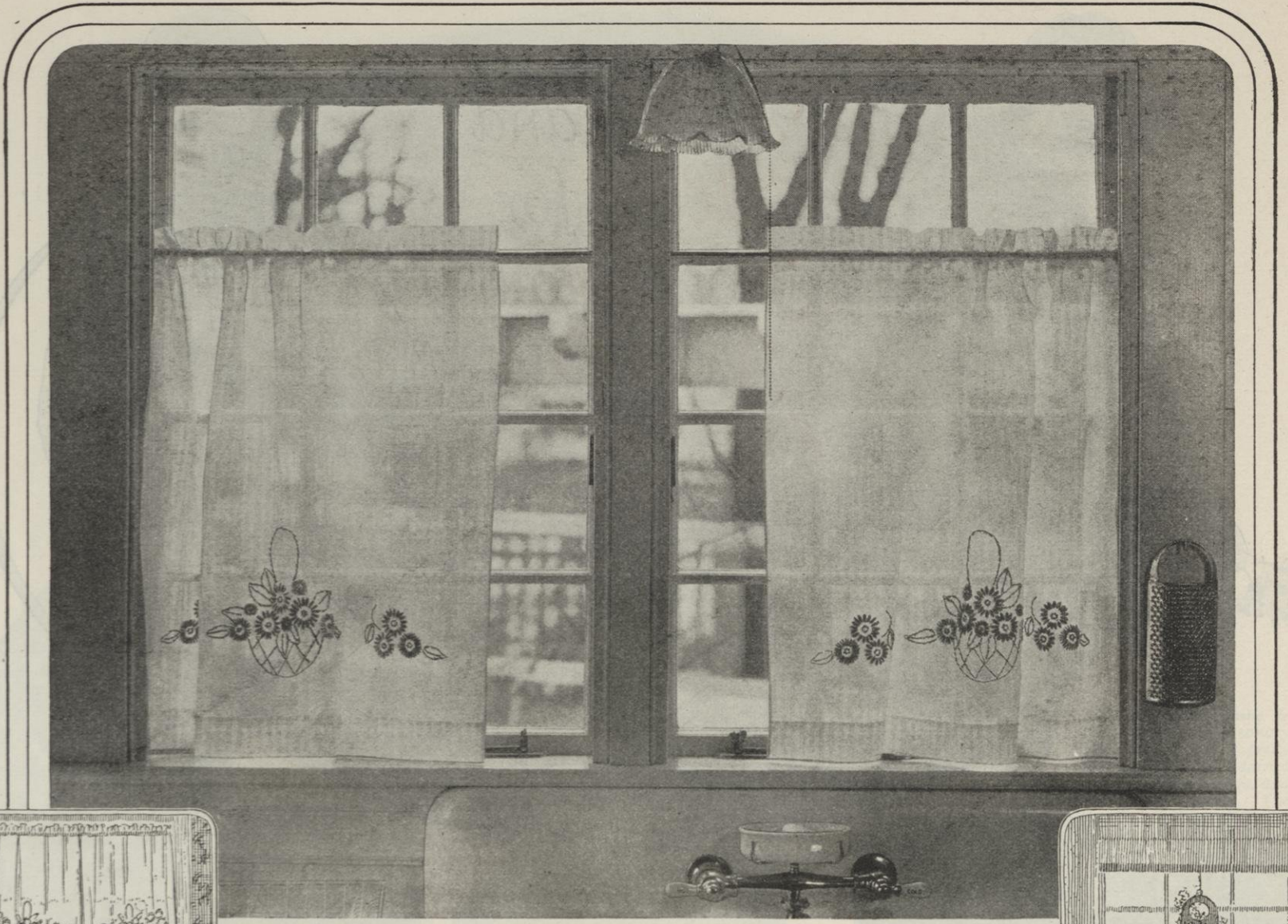
Very sweet and clean looks Jean in her lavender chambray with trims of white English broad cloth—and the prettily embroidered band, which runs from the shoulder, ends in a clever pocket which any kiddie will love. Green foliage in daisy stitch and outlining, dotted with tiny satin stitch spots of bright color makes the long garland from which hangs the brown basket of gay little satin stitch fruits. The frock is made up in the popular peasant style. The lower part of the sleeve is set on to the long kimono shoulder. The white bands at neck and sleeves are used as casings for little cords made of twisted threads of embroidery cotton (orange, violet, lavender, and black) which gather in the bands to fit. Along the edges of all the white trims the stitching is covered by a double row of outlining done in violet and orange. Jean's hat is fashionably brimless at the back, and is made like Jane's as to crown, but the lavender brim is faced with white and the stitching outlined with the violet and orange. A fold of the broadcloth with an embroidered tailored bow is used for trimming.

Joan's dear little white dotted Swiss is embroidered at both back (Continued on page 57)

It doesn't cost a penny more to dress little girls well and differently, than it does to dress them indifferently well. A chambray frock, cut on the most approved lines of childish simplicity and roomy comfort, ready for hard playing and hard tubbing, can be as interesting and smart as even those of unlimited means could wish for their small daughters

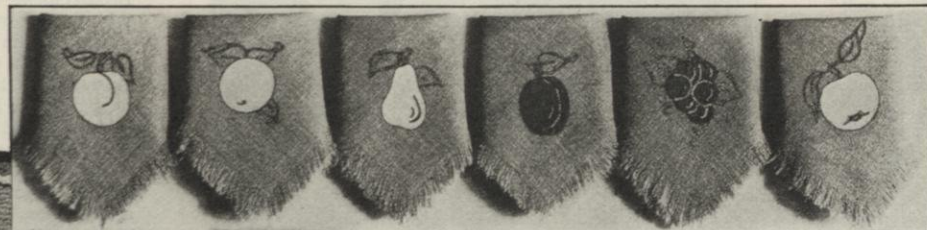


It costs but little to add a matching wash hat to the frock, but effect of the hat and dress ensemble invariably excites flattering comments in motherhood circles—and as for the youngsters themselves, these light, cool, dainty chapeaux are much loved. Even a four-year-old piece of femininity will choose among all others her "hat dress!" Directions for making the hats are sent with the materials



Kitchen Curtains No. 27-5-33

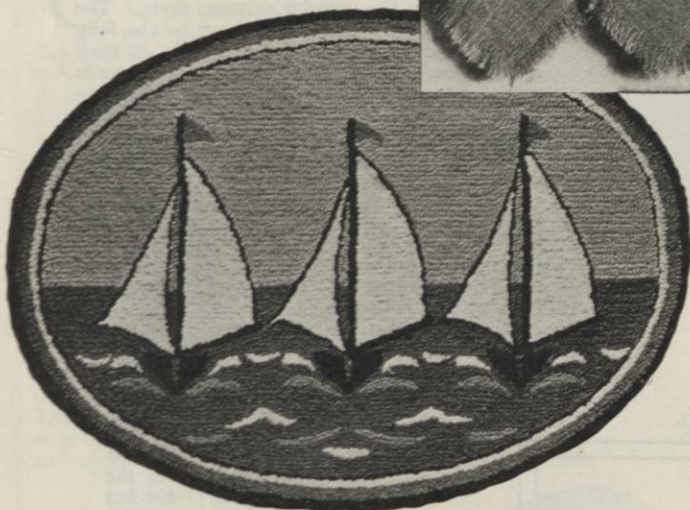
## A Delightful Miscellany



No. 27-5-34

No. 27-5-34. Fruit napkins of a soft pinkish tan crepe — so near the color of fruit juices that stains won't show — are decorated with little appliqué fruits of gingham — a rosy apple, peachy pink peach, a yellow pear, a blue plum, purple grapes, and a nice orange orange. The patches are cut out a quarter inch beyond the stamped line, turned in to the line and whipped down. Work the bit of outlining on each fruit and the foliage on the napkin before applying the patches. Fringe the napkin edges to the depth of half an inch

No. 27-5-33. Dainty little cross-bar muslin sash curtains with bright flowers, geranium pink, daffodil yellow, and gentian blue, worked in daisy stitch and radiating single stitches. Black French knots make flower centres; black running stitch, the basket; and green, the foliage. The work is quickly done with six threads of stranded cotton. These cheery affairs offer a choice of window treatments. (See sketches, and picture of curtains as used at the Priscilla Proving Plant)



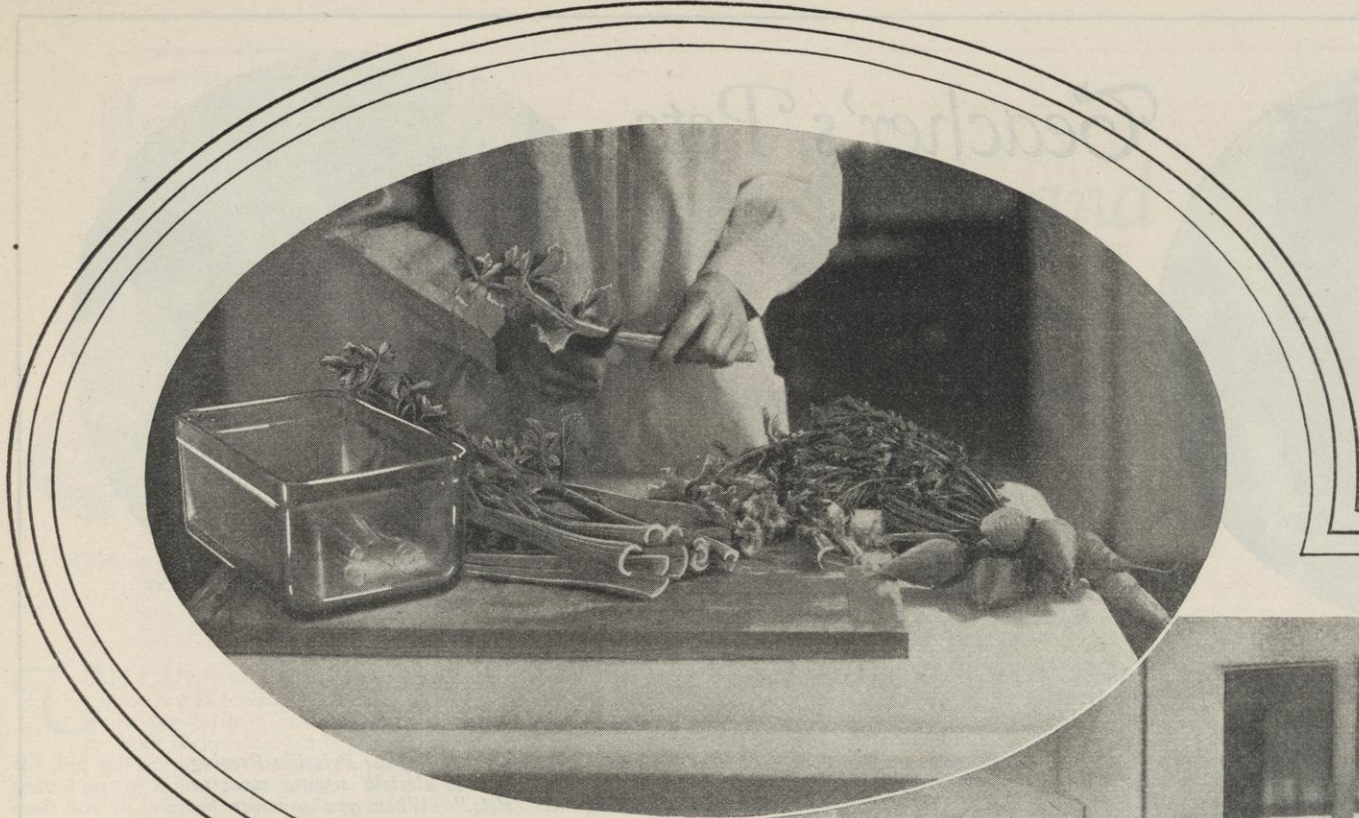
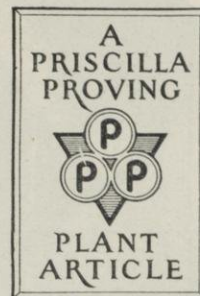
No. 27-5-35

No. 27-5-35. Here is the jolliest little hooked rug — a stiff breeze in every white sail — a deep blue ocean flecked with green and white, a soft tan sky. Hulls, masts, and spars in black, sails outlined with black give a sharp silhouette to the picture. Scarlet pennants, and a scarlet stripe in the white and black of the border, add zest to the composition. The finished rug measures 20x27 inches

No. 27-5-36. This veranda chair-back not only adds to the gaiety of things in general but acts as a protector for dainty frocks. It is made of two thicknesses of unbleached muslin bedecked with a brown pot from which grows crimson poppies all done in appliqué. Cut out patches beyond stamped lines after embroidering, whip down, and add thorns on stems. Stitch back to front, outline with black



No. 27-5-36



# Making the Most of Your Refrigerator

By Ruth Axtell Chalmers

**T**HE possession of an efficient mechanical refrigerating system or ice refrigerator does not necessarily mean that the maximum of efficiency in refrigeration has been reached. To get the most out of a refrigerator it must be treated with consideration for the principles on which its operation is based.

### Keep the Refrigerator Clean

The first essential is to keep the refrigerator clean. The primary need for refrigeration is to check the growth of bacteria in food, and cleanliness as well as cold helps in attaining the desired results. Bits of food that are spilled in spite of careful handling, crumbs that somehow collect in corners provide sustenance for these organisms and they will grow and multiply if they have half a chance. At least once a week the box should be emptied, the shelves removed and the interior washed quickly with a lukewarm solution of baking soda and water and wiped dry. With the seamless linings used in modern refrigerators there is no necessity for scalding and scrubbing. This process but heats the box so that it is not thoroughly chilled again for several hours.

As a preventive measure rinse the outside of milk and cream bottles and wipe them dry before putting them in the refrigerator, see that dishes in which food is put away are free from grease, have no food particles clinging to the outside or drops running over the edges. Do not fill dishes so full that a slight jar will make them run over. Of course anything that is spilled should be wiped up immediately.

### Keep the Doors Closed

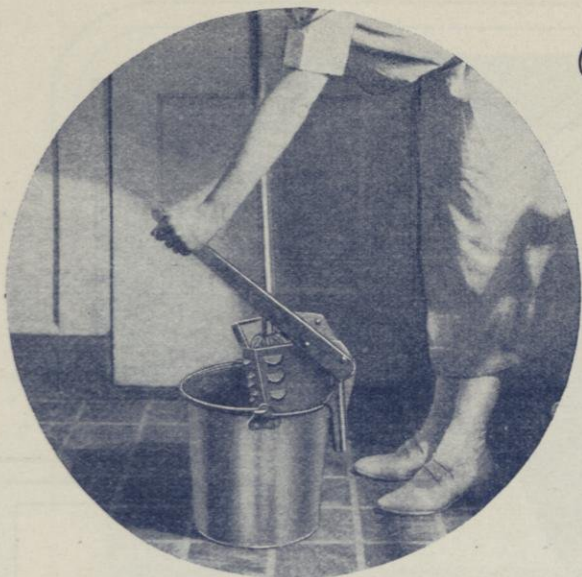
The second point is concerned with a very different but equally important subject. This is the matter of maintaining the lowest possible temperature with the least expenditure for refrigerant. A good refrigerator is carefully built to shut out heat, but expensive materials and the finest workmanship have been put into it to no avail if a careless user leaves the doors open unnecessarily.

*(Continued on page 42)*



*Save space by cutting the tops from vegetables before putting them away. Use a tray to collect quickly all the materials needed for the task at hand.*

# Teacher's Pets



The mop is an accepted utensil in most homes. It is despised merely because wringing it is such a distasteful job. The mop wringer illustrated fits the average pail and makes "wiping up the floor" a task that leaves the manicure undisturbed and the user with the feeling that she is still a lady. Place the mop in the container, press the lever and it is squeezed dry



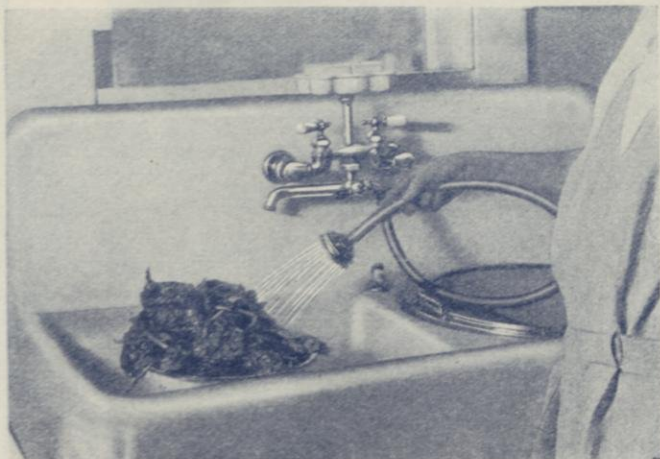
The Assistant Director of the Priscilla Proving Plant, numbers the electric sewing machine among her "Pets." When you consider the number of curtains continually under test here you can understand her enthusiasm for both the machine and its attachments. When not in use for sewing the head disappears, the top folds over and presto, there is a bedside table of pleasing design which harmonizes perfectly with the walnut finish of the bedroom furniture



The cedar chest became a "pet" because of its many worthy qualities. The graceful construction and excellent mahogany finish make it a decorative piece of furniture. The cedar lining with its attending virtues protects the contents of the chest and emits a delightful fragrance. Nothing can compare with a chest as a storage place for soft fluffy blankets which in most climates are subject to call upon rather short notice

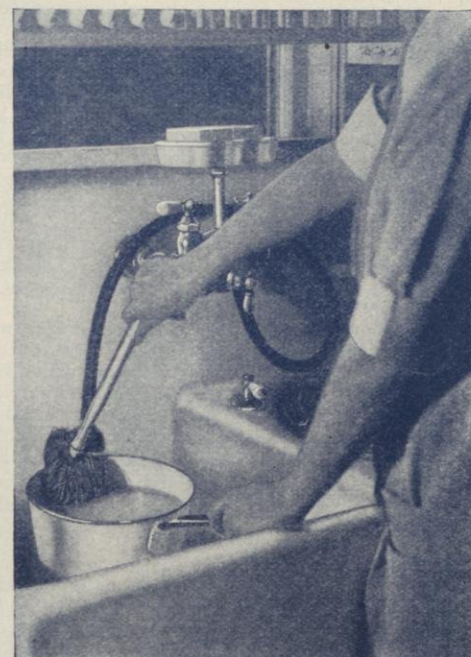


Any woman would consider it a pleasant task to bring out the beauty of a floor, as well as to afford it protection, by an application of wax. There is no drudgery attached to polishing when aided by this efficient electric polisher which performs equally well on hardwood or linoleum. It glides merrily over the floor leaving a lustrous surface. The ease with which it can be operated encourages frequent use resulting in well kept floors. It may be conveniently stored in the broom closet



This device is Everybody's pet. It is a rubber hose with spray, and is used for countless things. Here it is washing spinach — as it can be done in no other way. Betimes it fills the dish washer, cleans the vegetables, rinses the dishes. A similar one in the laundry tubs is equally handy. Here it is used to "stuff the suds," acting on soap chips like an egg beater. A third is used in the bath room to rinse the hair

The Assistant Director of the Proving Plant has a weakness for nice looking hands. She also believes in very hot water for dish washing. Therefore, when the occasion arises for her to put on her overalls and "dig in" (as we all do) and when only a dish or two is to be done so that the use of the dishwasher is hardly justified, she looks around for devices that will keep her hands out of the water. This little mop is one. Names of all the articles on this page will be sent upon request





When we buy fresh vegetables and fruits we are buying vitamins

# The Cook and the Vitamins

By Walter H. Eddy, Ph. D.



Vitamin values may be destroyed by the wrong method of cooking

VITAMINS may be destroyed by cooking the foods which contain them. To buy vitamins in the form of fresh fruits, vegetables, and milk is therefore not complete assurance that the diet will contain an adequate supply of them as presented on the dining room table. We had to teach the cook how to prepare a beefsteak to retain the palatable juices. Some pastries are leather to the teeth and others melt on the tongue. It is not surprising then to learn that the method of cooking may determine the conservation or destruction of vitamin values and that cooks need instruction in method in this respect as well as in the preparation of other food qualities.

Suppose, then, that I have bought a particularly attractive batch of spinach or head of cabbage or mess of string beans. Must I eat them raw to get my vitamin quota out of them, or is there a way to cook them and conserve their vitamin values? Certainly a practical problem and deserving of a practical answer, but do we know the answer?

## The Effect of Cooking on Vitamins a Result of Very Recent Research

When we realize that vitamin B is only fifteen years old and vitamin E only six years old, we have one explanation of why the effect of cooking is a matter of very recent investigation. When vitamins were first discovered and their nutritive importance began to be realized we were primarily concerned in learning their distribution, relative abundance in foodstuffs and their physiological behavior. We also met an unexpected difficulty. It is relatively easy to demonstrate the sugar or lime value of a foodstuff, for we can separate the sugar or lime from a given mass of food, weigh it and know the proportion. We can then treat the food or the pure sugar and lime to various methods of cooking and see what happens to them. We have worked long and diligently in the past fifteen years to isolate these vitamins from their food sources, but to date no one has succeeded in isolating in pure form even the fraction of a grain of vitamins A, B, C, D or E. We cannot therefore try the simple expedient of separating vitamin C from a pound of cabbage before and after cooking and tell you what happened to it.

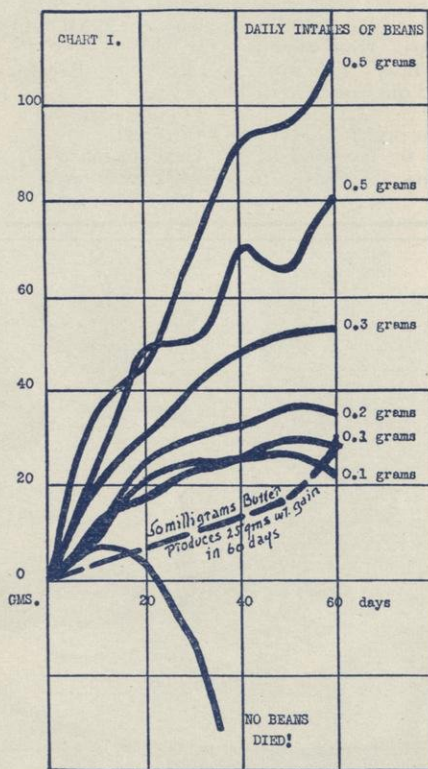
This important difficulty has greatly delayed our progress in both the cooking field and the therapeutic field. Methods had to be devised for measuring vitamin potency with other instruments than balance and test tube.

## Experiments with Animals Our Only Means for Assaying Vitamin Values

I can detect the theft of sugar from the sugar bucket by measuring what is left. I can prove that the water in which cabbage is cooked has protein and mineral value by separating those nutriments from it, but in order to show that it has robbed the cabbage of vitamins I must feed it to animals under rigorously controlled conditions and wait at least eight weeks before my animals will tell me the answer. The principle of this method of testing is easily comprehensible. First, secure animals which will respond to such feedings in the same way if they receive the same food values. Second, prepare a basal diet for them that will contain all the known factors except the vitamin for which you are testing, so that when that is added the growth response will be in direct proportion to the amount of vitamin supplied. Otherwise differences in weight increase will be due to other factors than variations in vitamin supplied. It is easier to state than to accomplish. First, we had to breed a race of animals that would give consistent results. Second, we had to devise diets that would not only contain all the known food values, but which could be eaten in adequate amounts by the animals bred. That meant concentrated foods for such small animals as the white rat and the guinea pig, and entirely different

mixtures for the pigeon and the rat, the chick and the guinea pig. The very numbers of animals required made the choice of kind necessarily limited to those of small size, adaptability to confinement, etc. But a multiplicity of workers under certain talented leaders has overcome all of these difficulties. Today we can measure differences in vitamin small enough to prove that 1/1400th of an ounce of butter contains as much vitamin A as 1/1450th of an ounce of fresh raw spinach and know just how much change in weight to expect in a rat 8 weeks old if his sole supply of vitamin A is that 1/1400 ounce of butter per day. (See Chart I).

The Chart



How Animals Tell Us Vitamin Values

Each curve is the weight curve of a single rat fed on a diet complete in all known food factors except vitamin A. The Vitamin is supplied by daily doses of beans fed separately. Note that it takes 0.2 grams of raw string beans to produce the same rate of growth as 0.05 grams of butter. Hence we know that raw string beans contain one-fifth the vitamin A of an equal weight of butter

Today we know that by selecting amounts below the normal requirements we can obtain variations in weight curves which are directly proportional to the amount of vitamin present even though the experimental animal could never eat enough of the food in one day to maintain normal growth on it as a source of that particular vitamin. Chart I illustrates some recent results from the author's laboratory by means of which we have demonstrated that raw string beans have about one-fifth the vitamin A value of butter.

## Problems Raised by Earlier Applications of Tests to Cooking Problems

Vitamin A was for a considerable time believed to be practically unaffected by any cooking process and to withstand temperatures far above boiling without loss of potency. Osborne and Mendel reported that the A in butter fat was not affected by passing live steam through it for two and one-half hours. Later, however, several workers were able to render fats and oils practically A-free by heating them in the presence of air or oxygen and we were warned that the cooking of such fats might reduce their A content unless precautions were taken to eliminate oxygen during the heating process.

Vitamin B was shown to be very heat resistant in neutral or acid solution but to succumb more or less rapidly to heating if an alkali was present, and some claimed that like A it was affected by a combination of oxygen and heat.

Vitamin C early claimed attention as being particularly sensitive to the heating process. Pasteurizing of milk was found to reduce the antiscorbutic potency of the milk, and boiling cabbage for an hour in an open kettle produced as high as 95 per cent destruction of this vitamin in the product. Acid products, like tomato juice, withstood heating destruction better than alkaline juices, but on the other hand the addition of vinegar to boiling mixtures such as cabbage failed to change the destruction appreciably.

These observations were suggestive rather than conclusive, for in many cases the tests lacked delicacy and accuracy of measurement. They did, however, formulate the cooking problem in wider terms than that of temperature and heat duration.

Their greatest value was to focus attention on the problem of how vitamins are inactivated, and what are the factors in a given cooking process that may be expected to operate in this loss of potency.

## The Heat Stability of Vitamin C (The Antiscorbutic Vitamin)

In Table I, I have summarized the results of recent experiments of Sherman, Lamer and Kenny (1) on the heat stability of the vitamin C in tomato juice. They show clearly that the most potent factor in vitamin C destruction is the presence of oxygen, and that even in small amount it will enable the heated juice to rapidly become impotent as an antiscorbutic. They show that this destruction can be accelerated if the acidity is lowered, and they also show that even if all the oxygen is removed the heating process still occasions some destruction. These quantitative results explain why milk pasteurized in vacuo retains a large part of its antiscorbutic potency, why the elimination of oxygen in the commercial canning process permits longer heating and higher temperatures with less destruction than in the open kettle. They also show that removal of oxygen will not entirely eliminate heat destruction and that we must expect some loss of vitamin C in cooking even if we can eliminate the oxygen factor. Experiments with fireless cookers, pressure cookers and other cooking appliances need repetition with this factor in mind both for information and for improvement in construction.

## The Heat Stability of Vitamin A (The Anti-Xerophthalmic)

The experiments referred to above suggested that vitamin A like C was protectible from heat destruction to a degree if air (oxygen) were excluded during cooking, but it may be noted that experiments which suggest this are based entirely on studies of animal sources of this vitamin. Vitamin A in vegetable sources behaves somewhat differently than when dissolved in animal fats. McCollum found it difficult to extract A with ether from vegetable sources, (Continued on page 39)

# Three Meals a Day for the Child

By May E. Foley

State Nutrition Specialist for Massachusetts

ONE of the problems of the American mother is to get her child to eat good wholesome food after she has prepared it. And this difficulty occurs more often in homes where the income is fair or large than in homes where the father earns a very small salary. A study was recently made at the University of Chicago, of the eating habits of one hundred children in good homes. Out of these hundred, only nineteen were normally hungry. The others were so little interested in their food that they had to be coaxed, threatened, scolded or in other ways managed to get them to eat anything at all. In some cases it was almost impossible to decide why the child would not eat, but in other cases the reasons were evident. Some of these reasons were:

1. Poorly balanced meals.
2. Illness, or physical defects, as colds, diseased tonsils or adenoids, intestinal upsets, or bad teeth.
3. Over-fatigue.
4. Over-stimulation or excitement.
5. Too little fresh air.

These children are typical of thousands of children in this country today. To remedy these difficulties, the mother should see that:

1. Food is well planned.
2. Any causes for infection are removed.
3. Child does not become over-fatigued. The pre-school child should go to bed at seven and sleep the clock around, with an hour's nap in the daytime, and the child of grammar school age

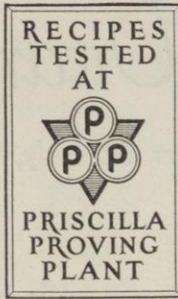
needs at least eleven hours' sleep.

4. Child lives normal, quiet life and is not over-stimulated.
5. As much of the waking time as possible is spent in the open air and sunshine and that windows are open at night.

Before we begin to talk about the child's menus we want to ask ourselves, "Why do we feed him at all, and what are his needs for a day?" Some mothers still seem to have an idea that they feed their children simply to appease the appetites and keep them from being too troublesome for a few hours. They do not stop to ask themselves what the food does to the body. We must always remember that the child builds his body with the foods he eats and with nothing else. A house is only as good as the materials we put into it, and this is just as true of a child's body. In addition to building materials, he must have food for repair, for fuel to carry on his activities, and to regulate his various bodily processes.

Every child should have in his diet every day:

- MILK—one quart.
- VEGETABLES—three, one of which may be potatoes. One should be green or raw. Tomatoes should be served once or twice a week.
- FRUITS—two, one preferably raw. Oranges should be included at least once or twice a week.



MEAT—or a meat substitute, as fish, eggs, cheese, or dried peas or beans, one or two servings daily.

WHOLE GRAIN PRODUCTS—at least one serving daily.

WATER—Four glasses daily for the average child, one glass immediately upon arising.

Too many children go to school with little or no breakfast. This is the

most important meal of the day for the child who is inclined to be underweight, who tires easily, or who uses up a great deal of energy. The choice of foods for the breakfasts and suppers of the school child, will depend upon whether he carries a cold lunch, has a hot lunch at school, or comes home and has his heavy meal of the day at noon. In planning breakfasts and suppers it is necessary to include the noon meal also, or we are not sure the child is getting everything he needs. These menus are planned for the child who has a light meal at noon. Noon and night meals may be transposed if this seems wise.

## MONDAY

### Breakfast

- Orange juice
- Oatmeal
- Graham toast
- Milk to drink and for cereal

### Lunch or Supper

- Creamed eggs on toast
- Lettuce, cut fine
- Dates
- Milk

### Supper or Dinner

- Round steak, ground
- Boiled potatoes
- Spinach
- Bread and butter
- Milk

## TUESDAY

### Breakfast

- Prunes
- Poached egg
- Whole wheat toast
- Milk to drink

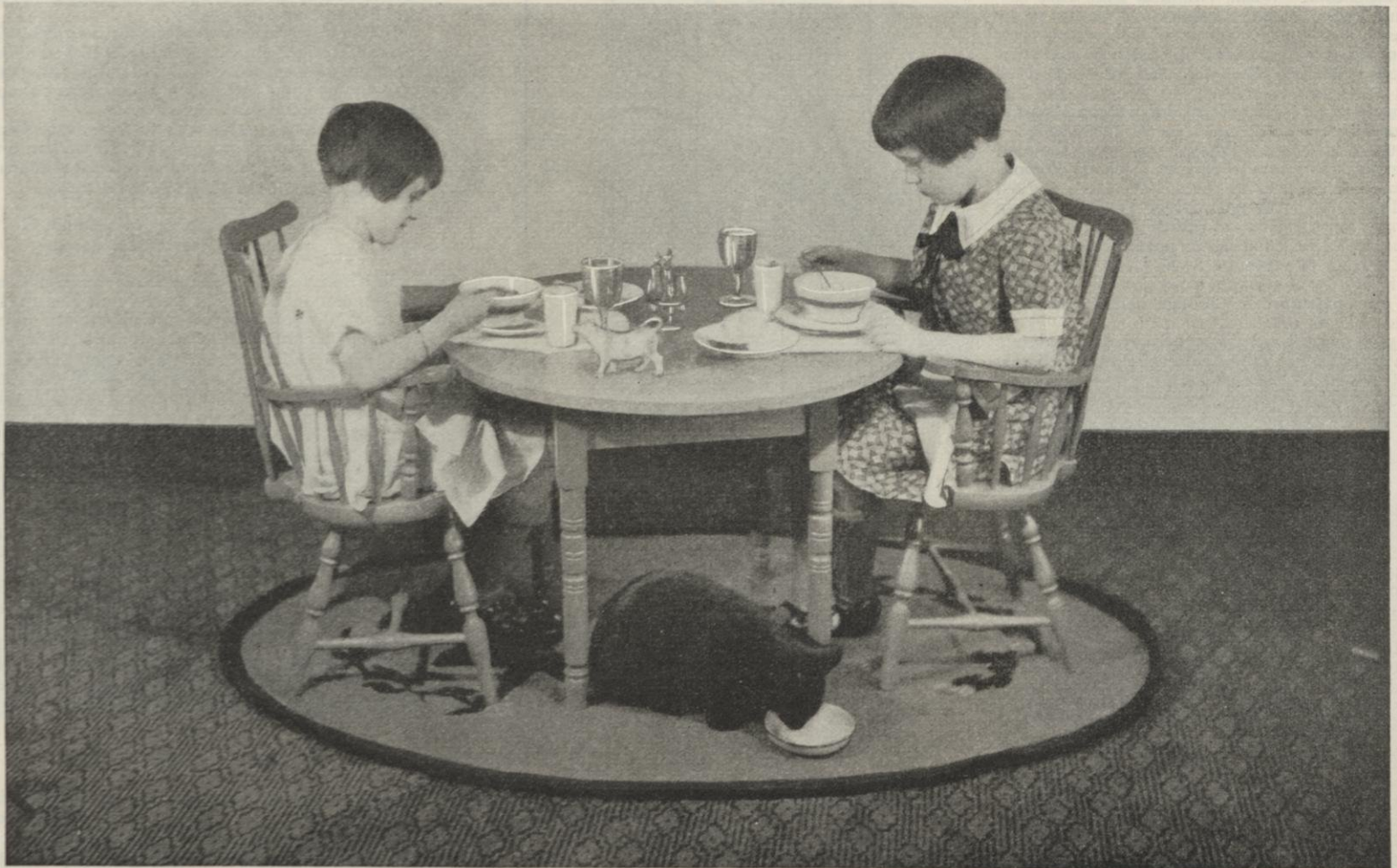
### Lunch or Supper

- Raw cabbage sandwich
- Carrot and peas
- Bread and butter
- Plain cake
- Cocoa

### Supper or Dinner

- Lamb chop
- Creamed potatoes
- Cabbage, cut fine
- Whole wheat bread and butter
- Stewed apricots
- Milk to drink

(Continued on page 35)



"Janey" of the Priscilla Nursery, her daily playmate, Susannah, and the black Priscilla cat "Hebe," share their supper together

# Pea Soup with the freshness of spring!



12 cents a can

*With the meal or as a meal soup belongs in the daily diet*



Dainty little peas—sweet, nutritious, inviting.

Culled and selected with greatest care to meet the exacting Campbell's standard of strict quality. Blended by skilled French chefs and cooked in imported tureens of solid nickel, in kitchens famous for their spotless cleanliness.

Rich golden butter, fresh from the country, imparts its flavor and its nutrition. The seasoning gives just the proper delicate touch to the whole blend.

For wholesome, delicious vegetable food Campbell's Pea Soup should be a regular "fixture" on every table—especially in a home where there are children.

### **Cream of Pea Soup is easily prepared with Campbell's!**

Heat contents of can of Campbell's Pea Soup in a saucepan and stir until smooth. Heat an equal quantity of milk or cream to the boiling point separately, and add to the soup . . . a little at a time, stirring constantly . . . (using a spoon or Dover egg beater) to keep soup smooth. Serve immediately. Especially attractive topped with whipped cream.

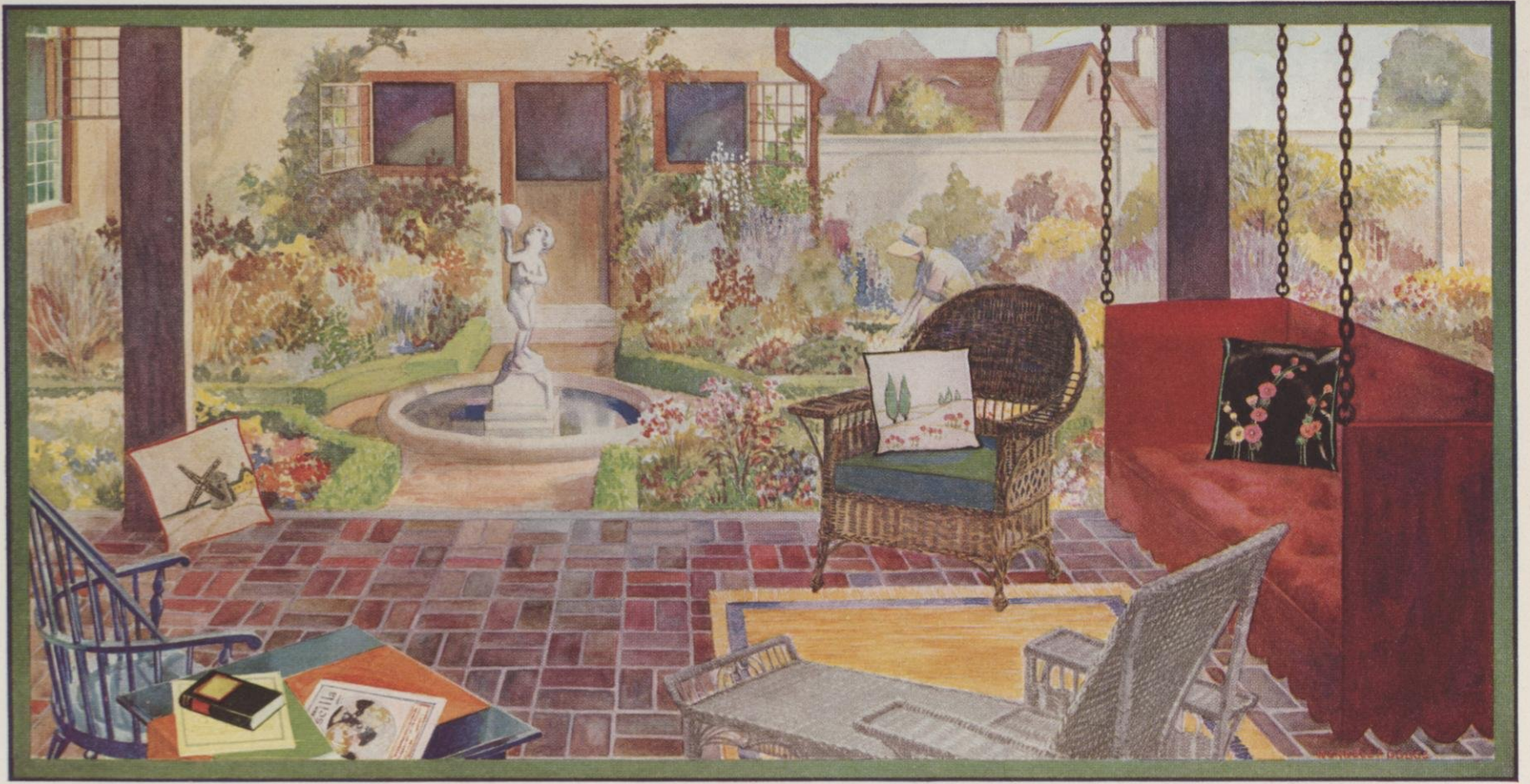
# Campbell's SOUPS

LUNCHEON

DINNER

SUPPER





## Patchwork Pictures for Porch Pillows

*Inexpensive, quickly made, simple in design and stitchery are these pillows, yet charmingly distinctive, decorative, colorful, and admirably suited for the country house, the out-door living room, or the open porch. A creamy white Italian art cotton, pleasing to work upon and good to look upon may be used for all the pillows, but the flower cushions, Nos. 27-5-4 and 27-5-6, are also attractive developed in a heavy quality, very lustrous black sateen.*

By Marie E. Ivins

*Sunfast and tubfast materials have been used for the appliqué, and as these pillow covers are washable it is well to finish one edge with snap fasteners so that they can be easily removed.*

*These appliqué patches are cut out a quarter inch beyond the stamped lines, turned in to the lines, and whipped down. The touches of embroidery are heavily sketched in with long free stitches using six threads in the needle most of the time. Long stemmed blanket stitches fill in the leaves on the flower pillows, and outlining, running stitch, single stitches, a bit of satin stitch for hollyhock centres, and French knots complete the stitch program. Two of the pillows are bound with bias fold, the others are trimmed with the bias fold sewed on flat.*



No. 27-5-2



No. 27-5-3



No. 27-5-4



No. 27-5-5

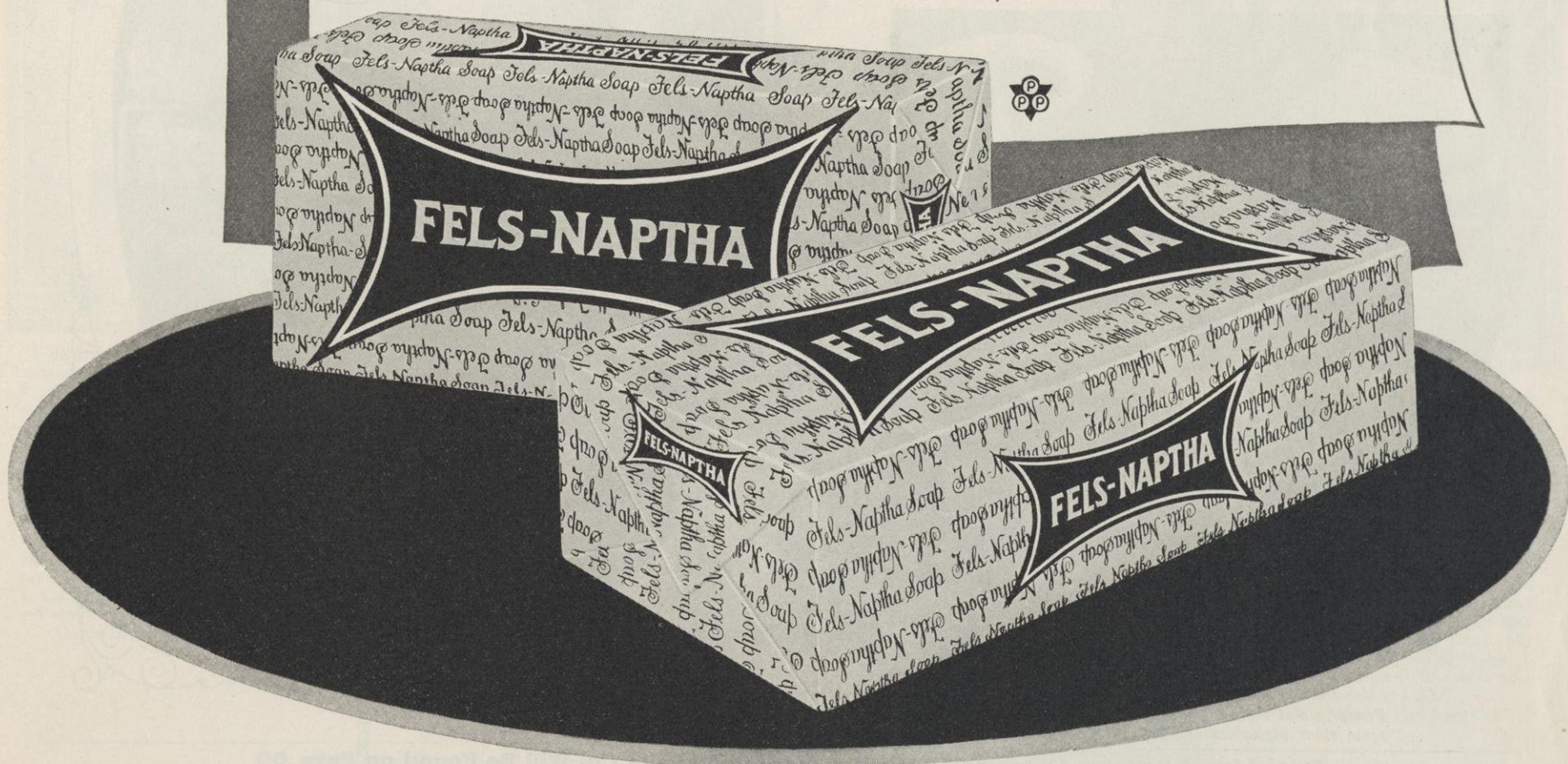


No. 27-5-6

**E**xtra washing help! The Golden Bar of Fels-Naptha makes work easier for millions of women every day! It gives them extra help in washing and cleaning they'd hardly expect from any other soap.

Fels-Naptha is more than soap. Unusually good soap and plenty of dirt-loosening naptha, working together, make things clean more quickly, more easily! Isn't this extra help worth a penny more a week? It's cheaper in the end! Buy it—and see.

© Fels & Co.



# The Priscilla Nursery

## Billy's Food



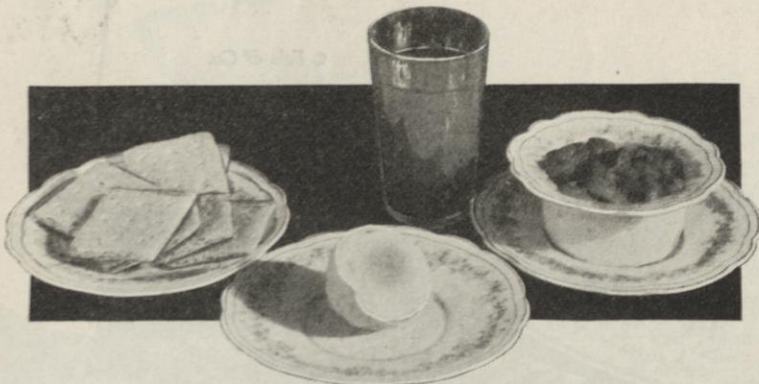
Billy's cereal cooks for one hour in this small white enamel double boiler. Either oatmeal, farina, wheatena or cream of wheat are used. These, strained and served with a little of his formula for moisture, constitute a healthful meal which Billy thoroughly enjoys, and of which he never tires



Prune or pineapple juice and the pulp of scraped apple are important factors of his diet



Strained orange juice (plus a little sugar if the fruit is sour) is a favorite. The quantity varies with the juiciness of the orange



Graham crackers, the juice of cooked tomatoes or peas or half the yoke of a hard-cooked egg are of utmost importance



Properly and thoroughly cooked potato, celery, spinach, carrot, string beans, and some other vegetables are very necessary for proper development of the baby

BILLY is now nine months old and, like the rest of his sex, thinks well of his food.

His "pièce de résistance" is still milk — a formula prescribed by his doctor. There is no need to discuss this, since formulas vary so greatly to suit the individual baby's needs.

Upon a baby's diet depends his physical, and to a large extent, his mental development. Careful study should therefore be given to both the baby and his food.

At this age Billy's food is all strained — and his formula used instead of plain milk to moisten such foods as require it.

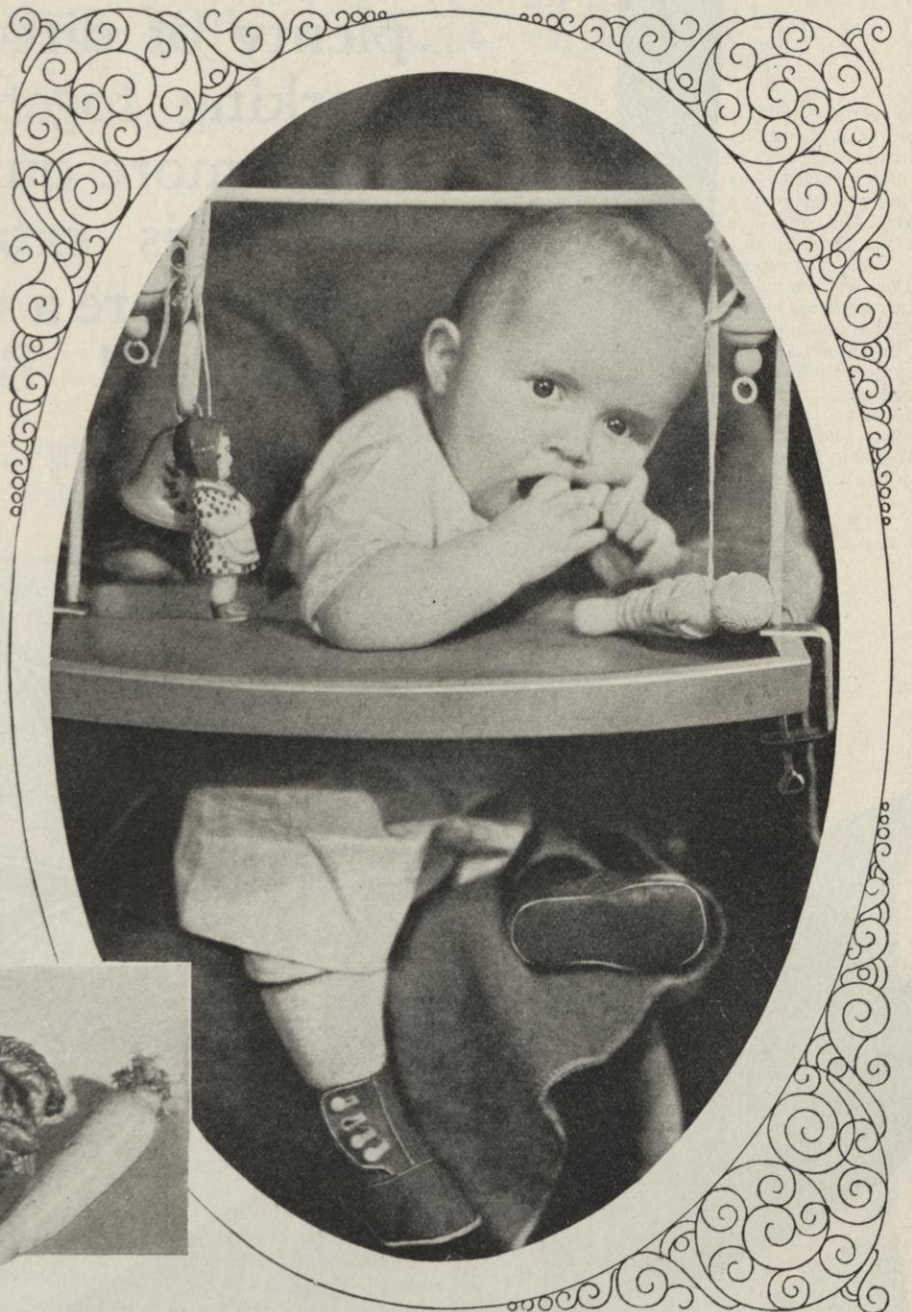
The strained juice of almost any cooked fruit, or the scraped pulp of such fresh fruits as apples or thoroughly ripe bananas, are great favorites and very important. With the exception of potato which is always baked until mealy, the vegetables are preferably cooked without water (or with very little) so that Billy gets their full benefit. What water there is is given him rather than thrown away. These with the strained fruit juices have a laxative effect on the digestive system, and at the same time furnish necessary vitamins and minerals.

When Billy is constipated graham crackers and oatmeal take the place of the wheat crackers and other cereals. These are better than medicine.

The crunching and chewing of crusts of bread, zwieback, or hard educator crackers is invaluable in the development of the teeth and jaws. Egg-yolk and beef juice (pressed from tender steak) give the proteins that complete a well rounded diet and furnish additional iron. A chicken bone with all meat removed to suck or gnaw is a treat.

Cod liver oil is so rich in vitamins that Billy's doctor calls it "Bottled Sunlight". Billy gets a teaspoonful daily and likes it, too, when it is kept and served cold.

Water is of the utmost importance and babies often suffer from lack of it. At least four ounces of good pure water, boiled and cooled but never ice cold, should be given the baby every day.



# "Foolishly . . . I thought it never could help me"

Everywhere tired, nervous, despondent people have found thrilling health again . . . *easily, naturally*

"MY PAINTING makes it necessary for me to do a great deal of travelling. I may have a commission for a portrait in New York and then one in California.

"This constant travelling, in connection with the continued strain entailed by my work itself, resulted, a short time ago, in my feeling always tired, run down, nervous.

"While in this plight I was advised by some friends to try eating Fleischmann's Yeast. I had long known of yeast, of course, but somehow had not thought it would do me any good. Nevertheless, I decided to try it, and I started at once to eat it regularly every day.

"The result, I am happy to state, passed all my expectations. My tired feeling disappeared, my nerves grew strong, and today I begin each day's work with a zest that I had not known for many years."

LATTANZIO DI FIRMIAN, New York City

HOW simple and easy it proved to be! —for him, as for the thousands more who have found perfect health through this amazing fresh food.

Fleischmann's Yeast does two things. It keeps the system internally clean. And it helps to keep it healthily active.

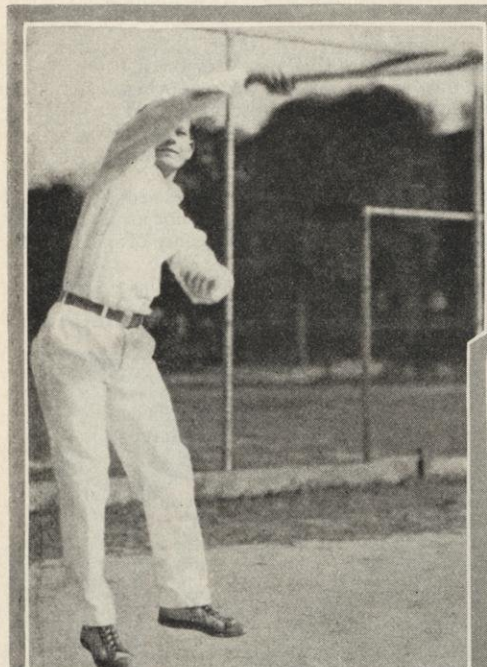
A corrective food—that is what yeast is. A living plant. Unlike medicines, which stimulate the system to temporary, abnormal activity, yeast is the easy, natural way to banish constipation. It purifies the digestive tract, preventing the absorption of dangerous poisons by the body. It strengthens sluggish intestinal muscles, aiding the processes of elimination.

Start today: make Fleischmann's Yeast a part of your regular diet. Your digestion will become normal, your sleeplessness will disappear, your skin will resume its rightful freshness—soon you will look and feel your old self again!

All grocers have Fleischmann's Yeast. Buy two or three days' supply at a time and keep in a cool dry place. Write for a free copy of the latest booklet on Yeast for Health. Health Research Dept. H-40, The Fleischmann Company, 701 Washington Street, New York City.



COUNT LATTANZIO FIRMIAN, Italian painter, at work on a sketch of a beautiful Chinese girl in one of California's famous gardens.



"I BECAME a regular hermit: I was so ashamed of the pimples on my face that I gave up dancing and sports. I used practically every known article to try to cure myself but instead of getting better my face got worse. One day I happened to glance at an advertisement of Fleischmann's Yeast. I sent for a booklet and read it through and through. Four months have passed now and my face is entirely free of boils and pimples. But I am still taking Yeast, and always will. I eat it plain, one cake before every meal. It has the same effect as candy on a child—I always want it."

DAVID H. SAFER, Jacksonville, Fla.



MISS LEONA ERRICO of St. Louis sends us the snap-shot below, taken on her recent Round-the-World Cruise. Miss Errico writes that for several years she suffered from stomach trouble. "I was unable to eat any highly seasoned foods," she says, "without being troubled by indigestion. This condition lasted until a friend suggested the use of Fleischmann's Yeast. I began eating two or three cakes every day. Within a very short time all traces of indigestion disappeared, and I can truthfully say that this simple remedy has toned up my entire system. I have now been eating Yeast for many months and I have recommended it highly to many of my friends."

LEONA ERRICO, St. Louis, Mo.



"I WAS actually afraid I should have to stay out of high school, I felt so wretched. After trying all kinds of remedies I almost despaired of ever finding anything that would rid me of my constipation. I was practically a nervous wreck . . . And then, on the advice of my cousin, I started eating Fleischmann's Yeast. Today I feel fine. My friends all notice the remarkable change in me. I am strong and full of energy—no longer always tired and nervous. I feel like a different person. Fleischmann's Yeast has helped me back to splendid health. I gladly recommend it to others who may be suffering as I did."

DORIS WHITE, San Jose, Calif.

*Do this—to regain the joy of radiant health*

Eat three cakes of Fleischmann's Yeast regularly every day, one cake before each meal: just plain in small pieces, or on crackers, in fruit juice, milk or water. For constipation physicians say to dissolve one cake in hot water (not scalding) before meals and at bedtime. (Be sure that a regular time for evacuation is made habitual.) Dangerous cathartics will gradually become unnecessary.





## How Do We Eat—and Where?

By Della C. Lutes—Director of the Priscilla Proving Plant

A FEW months ago we sent out from the Proving Plant a questionnaire asking the following questions:

1. Has your home a dining room?
2. How many times a day is it used?
3. Where do you eat breakfast — in what room?
4. What kind of breakfast cloth do you use?
5. Do you always have a fresh centerpiece on the table?
6. What kind of cloth do you use for dinner?
7. What kind of centerpiece do you use?
8. Who arranges it?
9. Do you give much thought and care to its daily arrangement?
10. When do you prepare your dinner menu?
11. How long a time do you allow yourself for the preparation of dinner?
12. Do you feel that your breakfast hour, brief though it may be, starts all the members of your family off pleasantly for the day?
13. Do you take pains in setting your table to have it as attractive and lovely as you are able to do?
14. Do you observe accepted rules of usage in serving meals?
15. Is the dinner or supper hour (the evening meal) in your home a pleasant and orderly one — one to which your family looks forward with pleasure and satisfaction?

The time spent in planning and cooking the meals and in washing consequent dishes, as well as the manner in which these meals are eaten, is, we believe, a matter of vital importance to family life. Let us take these questions one by one and see, if we can, what value they have to us as housekeepers and homemakers.

The first question is, "Has your home a dining room?" and is followed by another, "How many times a day is it used?"

The second question explains why the first is asked — to learn, if a house has a dining room, what use is made of it. And the answer turned out like this:

Out of one thousand houses nine hundred had dining rooms — only ten percent had not.

Out of these nine hundred dining rooms thirty percent are used three times a day; thirteen percent twice a day; and fifty-seven percent (over half) once a day or "seldom." In the replies which gave this last and major percentage, various comments were made, such as:

"We use our dining room only for company."

"For Sunday dinner only."

"Only in summer."

Now right here, in this first question we find a situation which, it seems to us, is a reflection on good household management.

A dining room costs money. Money to build, to furnish, to heat. And it costs labor and time, if not actual money to keep it clean. How is this cost to be justified if it is used but once a day or "seldom?"

The breakfast room or "nook" is an architectural feature growing in popularity, as is proven by another question. Sometimes only breakfast is eaten here, sometimes both lunch and breakfast, sometimes all three meals. The use of the "nook" or even of the kitchen table for breakfast may quite well be justified, and a dining room used but twice a day may



not be classed as an extravagance, but where the "nook" or breakfast room is used for two meals a day — or it may be where mother and children lunch alone — the dining room, it would seem, should be put to some other use than for the one meal. Where it is used "only for company," or "only once in a while," it is not only an extravagance but dead waste.

In asking what kind of breakfast cloth is used the object was to find out whether women are being economical of time and labor as well as of material, also whether they are trained to both a sense of fitness and of beauty.

Small cloths cost less to make or buy than large dinner cloths. The use of them saves time and energy in laundering. In gay, bright colors they are more artistic for the more informal meals, and they are in every way more suitable.

Breakfast is the most important meal of the day. On it men go from the haven of home (where it is a haven) to the vicissitudes of business life, and children to the adventure of school. Whether they go fortified with courage and sustained by nourishment depends on the food they have eaten and the manner in which it has been served.

A pretty cloth costs no more than an ugly one. A colored cloth is more desirable (for breakfast) than a white one. Such cloths may be made at small cost. A prettily set table for the morning meal is a sight to cheer the eyes and brace the spirits. And yet, out of one thousand replies, five hundred and thirty-eight used a "regular white cloth;" three hundred and eighty-nine used "oil cloth;" one hundred and ten did not answer at all, and the remainder used doilies, runners, "odd cloths" and similar things. Only fifteen said they used "breakfast cloths," giving such the correct name.

By "oil cloth" may have been meant some of the very attractive colored sanitas articles which are quite appropriate and attractive, but "white oil cloth" is cold, shiny and unattractive. It may be easier to wipe off a piece of white oil cloth than to wash and iron a small breakfast cloth, but it may be less economical in the long run when we get to considering true economy.

The question about centerpieces again turns upon the aesthetic, the artistic, the spiritual, in homemaking. Food is the essential thing when you sit down at table, and well prepared food at that. But even the best of food may be so thrown upon the table that it will produce a sympathetic indigestion just to look at it. By the same token, the plainest fare, delicately prepared and daintily served may offer so great a satisfaction that its simplicity will go unnoticed.

A centerpiece, in the common acceptance of the word, consists of some ornament placed in the middle of the table to arrest the eye and please the senses. And to please the senses, or rather, to satisfy the soul is quite as important as to appease the appetite.

A centerpiece may be elaborate or simple, but the simple one is more suitable and more desirable. It may consist of fruit, flowers, leaves, or of some ornament. It should be frequently changed in order to provide surprise and interest, and it should be a pleasure to prepare.

This question was apparently ambiguous to many. A great number seemed to think of a centerpiece as an embroidered doily. Old-fashioned needlework used to provide such a piece of linen (Continued on page 34)

# What the "Chipso way" does for 7 women

1. "Has added 10 years to my life."
2. "No more hard hand-rubbing."
3. "A ½-hour's soaking and dirt takes wings."
4. "A full day's work by noon."
5. "I no longer hate dishwashing."
6. "Washes my dishes while I'm at business."
7. "The children love to do the dishes now."

OUT of the bushel-basketfuls of letters that have come to us about Chipso's help, we have chosen the seven quoted here to illustrate the one theme that runs through them all: "Chipso helps me do my work more quickly, more easily, and better, than any other soap I have ever used."

1. A Lakewood, Ohio, woman says, "My neighbors marvel at the whiteness of my clothes on the line and I tell them it is all due to Chipso. I call Chipso the 'wonder soap.'"

2. A mother of eight children whose husband works in a machine shop says: "I have four boys and the cuffs of their blouses and my husband's shirts get so dirty. I used to rub so much by hand, but with Chipso in the machine I seldom need to rub even these dirty edges."

3. A woman in Cleveland wrote us that she was fast becoming so nervous from housework that her doctor said she must give it up.

"Then Chipso came," she says, "like a good little fairy with its wand of quick suds, making housework like a pleasant story."

## Chipso soaks her clothes clean

"Now instead of rubbing until my back and arms are stiff and aching as I used

to do, I let Chipso suds *soak* my clothes clean. I simply put Chipso flakes in the tub, turn on the hot water, add cold water until the suds are lukewarm, and let the clothes soak about half an hour.

"Then all I have to do is squeeze the sudsy water through them, wring out and rinse. Dirt seems to take wings and fly away in Chipso suds before I have time to get tired."

4. A woman in St. Louis tells us that by washing the Chipso way all her clothes are on the line and everything cleaned up by noon on washday—a full day's work well done in half a day now.

## Quick, safe, yet how little Chipso costs!

Perhaps, when you know how much work Chipso saves—and how safe it is for colors and fabrics, both—you will think it costs more to use than your present soap. But no. For instance, there is enough soap in the big 25-cent Chipso box to do from six to eight family washings—3 to 4 cents per washing!

## Sparkling dishes in much less time for less than 1¢ a day

Chipso offers just as much help in dishwashing as in clothes washing, say women everywhere.

5. For example, a letter says, "I have a friend with a particular aversion to washing dishes. But when I showed her the Chipso way, she was amazed to find she could do the dishes in exactly half the time, and her hands not reddened."

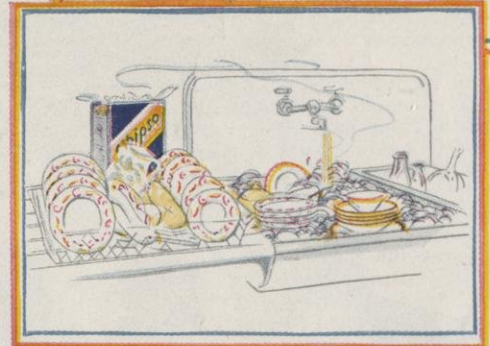
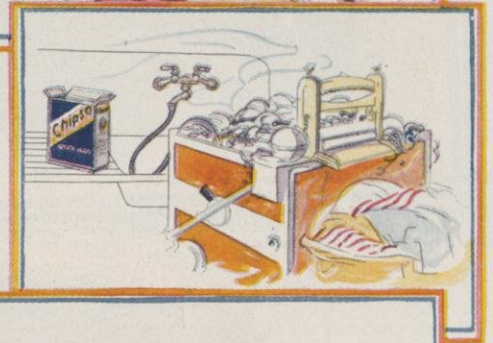
6. A business woman with two children in school writes, "Before we go out in the morning, the children stack the dishes in the dishpan in hot Chipso suds, cover it with another pan and leave it until they return from school in the afternoon. A hot rinse and the dishes are done in a jiffy—shiny and clean, too."

7. Another mother who needs help from her children says, "Now there is always an argument as to *which* of the children shall wash the dishes. They love the Chipso suds. It is quite different from the old way of rubbing a cake of soap on the cloth, then on the dishes and washing it off again. Chipso does the hardest part of the work."

And, from the pocket-book point of view, Chipso for dishwashing is as interesting as Chipso for clothes washing. In the big 25-cent package there is enough soap for a whole month of dishwashing—*less than one cent a day!*

Don't you think you ought to try Chipso right away—and see for yourself how it saves time, energy and money?

PROCTER & GAMBLE



## Helpful suggestions for better laundering

Colored clothes (unless known to be fast) should be washed in lukewarm Chipso suds by squeezing and light hand-rubbing. *Fast-colored materials may be soaked like white clothes.*

*If you use a washing machine:* Make suds. Put in clothes and proceed as usual. Chipso's quick suds and quick cleansing save much time in machine washing.

*A quick boiler method:* Put the boiler over the fire with a little water, add the Chipso and when dissolved fill two-thirds full with cold water. While still cool or lukewarm, put in dry clothes and let them come to a boil. The slow heating in Chipso suds will draw out the dirt.

*Suds at the turn  
of the faucet . . .  
for soaking clothes  
clean and speeding  
dishwashing.*



The most amazing success in the history of household soap

# "Kitchen-tested" by us first for every kind of baking

Here is a flour that takes the  
guess work out of all your baking—  
our "**Kitchen-test**" is your assurance  
of perfect results

**Gold Medal Almond Cream Angel Cake**—Unusually exquisite and delicious. One of the many delightful recipes constantly created in the Gold Medal Kitchen. "Kitchen-tested" Recipes with "Kitchen-tested" Flour—perfect results always! Read our special offer.



## Special Offer— "Kitchen-tested" Recipes —relieve baking monotony and offer new delights

As we test all Gold Medal Flour in our kitchen we also create and test delightful new recipes. We have printed these "Kitchen-tested" recipes on cards and filed them in neat wooden boxes, handy for your kitchen.

We will be glad to send you one of the new Gold Medal Home Service Recipe Boxes, complete with recipes, for only \$1.00 (less than this service actually costs us). Twice as many recipes as in original box. Just send coupon with check, money order, or plain dollar bill.

If you prefer to see first what the recipes are like, we will be glad to send you selected samples for 10 cents to cover cost of packing and mailing. Check and mail the coupon for whichever you desire.



*Betty Crocker*



**T**HE satisfaction of knowing—once you have tried a recipe—that you can stake your reputation on it! This "Kitchen-tested" flour now gives you this assurance. It cuts the cause of baking failures in half. For this reason:

Half your baking "luck" depends upon how your flour acts in the oven. Two batches of the same brand of flour may seem identical by every possible scientific test. Yet—in your baking—they often give different results. This is half the cause of all baking failures.

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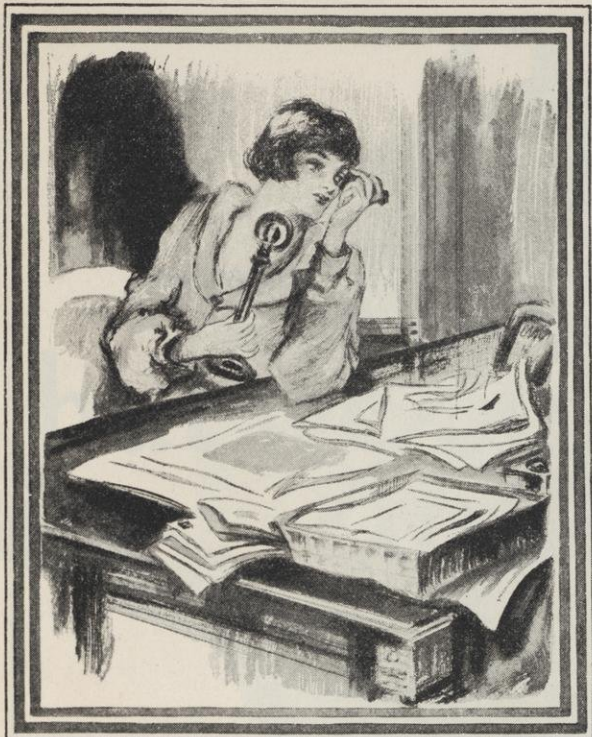
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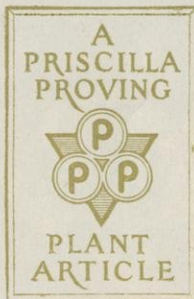
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# Canning Questions and Answers



**F**ROM the time when rhubarb becomes plentiful until the last quince has been used, the Priscilla Proving Plant mail box is full and the telephone busy with requests for help with canning and jelly making problems. Not infrequently, indeed, does a reader appear at our very door, a jar of canned fruit or vegetable in her hand, to ask for a diagnosis of some failure. The points that perplex one housewife are quite sure to be of equal interest to others, so we have selected, for the benefit of all Priscilla readers, a few of the questions which have been received, together with the answers we have given.

*When using a water bath for cold pack canning, is it necessary to have the jars completely covered with water?*

It is best to have the water come an inch above the tops of the jars. This insures even temperature and helps to keep the liquid in the jar from being drawn out.

*When I take jars from my pressure cooker after processing them for the required time they are only partly filled with liquid. What can be done to prevent this, and should I fill the jars with boiling water before sealing them?*

It is rather difficult to prevent liquid from being drawn out of jars to a greater or less extent when the pressure cooker is used. The solution of the problem is to keep the pressure absolutely constant during the processing period. At the end of the period let the pressure go gradually down to zero without opening the petcock. Never open a jar after the cooking is completed. To do so would provide an opportunity for the entrance of bacteria and defeat the purpose of the sterilizing process. Even though a jar is not completely filled its contents will keep perfectly if the procedure was correctly carried out.

*I have read that fruits may be processed in the oven at a temperature of 250-275 degrees. I have cherries in my electric oven now and the juice has run out and burned until the house reeks of it. What is wrong with my procedure? I put the boiling fruit in the jars and fastened one clamp, as for the hot water bath. The jars were completely filled. How can the bubbling out be avoided?*

It is true that fruits can be successfully canned in an oven with temperature control. The difficulty experienced in this instance can be traced to the fact that the jars were completely filled. For the oven method of canning a space of an inch should be left to allow for the boiling which occurs. It is a wise precaution to set the jars in a baking pan so that if an accident should occur the task of cleaning

the oven would be avoided.

*I have a cooking thermometer and want to use it in jelly making. To what degree should jelly be cooked?*

Jelly should be cooked until the thermometer registers 221-223 degrees.

*Nearly all the jellies and preserves I made last year have crystallized. What is the trouble with them? I have tried pectin but the results were not good.*

The formation of crystals in grape jelly is often due to the presence of tartaric acid in the fruit. To eliminate these crystals let the juice stand over night after it has been extracted and then pour it off carefully, discarding the dregs which have settled to the bottom.

When crystals appear in jellies and jams other than grape they are probably due to too large a proportion of sugar. The amount of sugar needed for jelly making depends upon the amount of pectin in the fruit, and this it is impossible to determine accurately by home method. As a rule currant, green apple, and grape jellies require equal quantities of sugar and juice, while for other fruits only two-thirds to three-quarters as much sugar as juice is needed. If the juice seems thin and watery boil it down until it thickens slightly before measuring it. It is best to have the juices sufficiently concentrated so that it will not have to be cooked with the sugar for more than ten minutes.

For jams in general three-quarters as much sugar as fruit pulp is needed.

We recommend trying the commercial pectin method again. So many interest-

ing combinations are made possible by it, and if it is accurately followed successful results are assured.

*I want to find a method of canning strawberries so that they keep their color and flavor. Can you help me?*

The most satisfactory simple method of canning strawberries that we have used is to pre-cook them a few moments and then sterilize them in jars. To every pound of berries, washed and hulled, add from one-fourth to one-half pound of sugar, depending upon how sweet you like your canned fruit. Bring slowly to the boiling point, stirring just enough to prevent sticking, but taking care not to break or crush the fruit. Do not add any water. Boil for five minutes. Pack immediately in hot, sterilized jars and partially seal as for cold pack canning. Cover the jars with boiling water and boil for five minutes. Complete the seal and invert to cool.

*The jelly that I made yesterday is still syrupy so I'm going to add commercial pectin to it. How much shall I use?*

It is useless to try to remedy a failure in jelly making by the use of commercial pectin, because you cannot determine just what proportions of sugar, acid, and pectin are already present in the mixture. You might possibly hit upon a combination that would prove successful, but chances are that the materials would be wasted. The directions for using pectin have been carefully worked out by laboratory method, and it is absolutely necessary to adhere to them.

*I want to can blueberries to use for pies next winter. How can I prevent having a surplus of juice? Is it necessary to use any sugar?*

We have canned blueberries successfully with no sugar at all, and with very little water. For each quart of berries add one-fourth cup of water. Cover and bring to the boiling point. Pack in hot, sterilized jars, partially seal and process in a water bath for fifteen minutes. Complete seal and invert to cool. The addition of a little sugar will perhaps improve the flavor of the fruit. Use from one-fourth to one-half cup to every quart of berries, and add more when making the pies.

*Will you please tell me how to prepare fresh citron so that I can use it in cakes in place of the kind I usually buy?*

We have used successfully the following recipe for candied citron:

- 1 pound citron (prepared for cooking)
- 1 pound sugar
- 1 cup water

Prepare the citron by paring and removing seeds. Cut in pieces and blanch for 2 minutes in boiling water. Make a syrup of the sugar and water, add citron and boil rapidly 15 minutes. Let stand over night and boil again for 10 or 15 minutes. Repeat this process every day for from 4 to 6 days, until the fruit looks plump and transparent. Then drain off the syrup and dry the citron in a shallow tray in the sun or in a warm oven.

This candied citron will not be just like the commercial variety but it is a good substitute, and, if citron melons are raised in the home garden, less expensive.

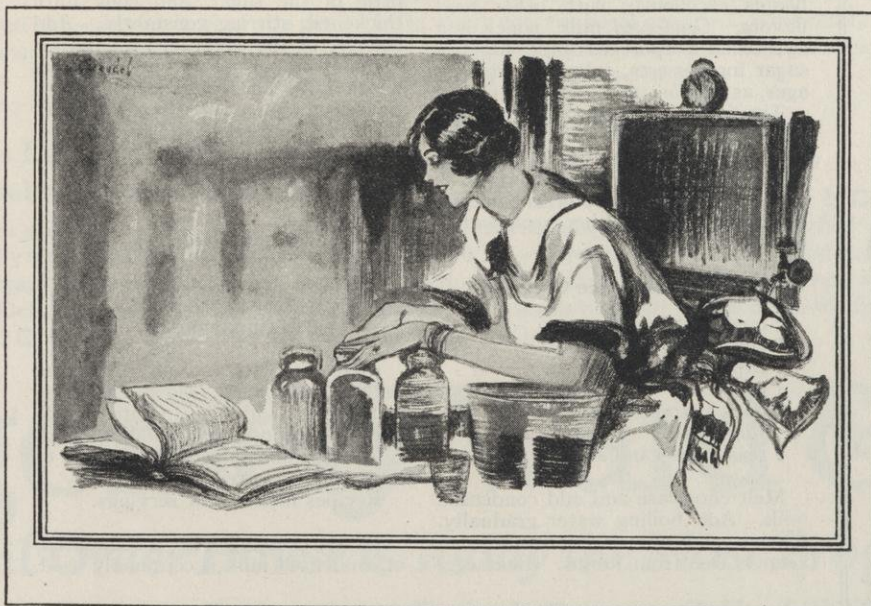
*Why is it considered necessary to buy new jar rubbers every year? I have sometimes used old rubbers and have never had disastrous results.*

You have been lucky. Sometimes a rubber will stand up under two years use but such service is more than it is reasonable to expect. It takes a very good rubber to stand the long boiling to which it is subjected in canning and the subsequent ageing on store room shelves. The cost of jar rubbers is so slight that it is false economy to risk a jar of food for the sake of making one do double duty.

*I know that when canning is done at high altitudes more time must be allowed for processing.*

*Is there a rule to follow in adapting a time table to different altitudes?*

Canning time tables are usually given for altitudes of not more than 1000 feet. For every additional 500 feet increase the processing time by 10 per cent. A pressure cooker is especially desirable for high altitudes because of the higher temperatures which it makes possible.





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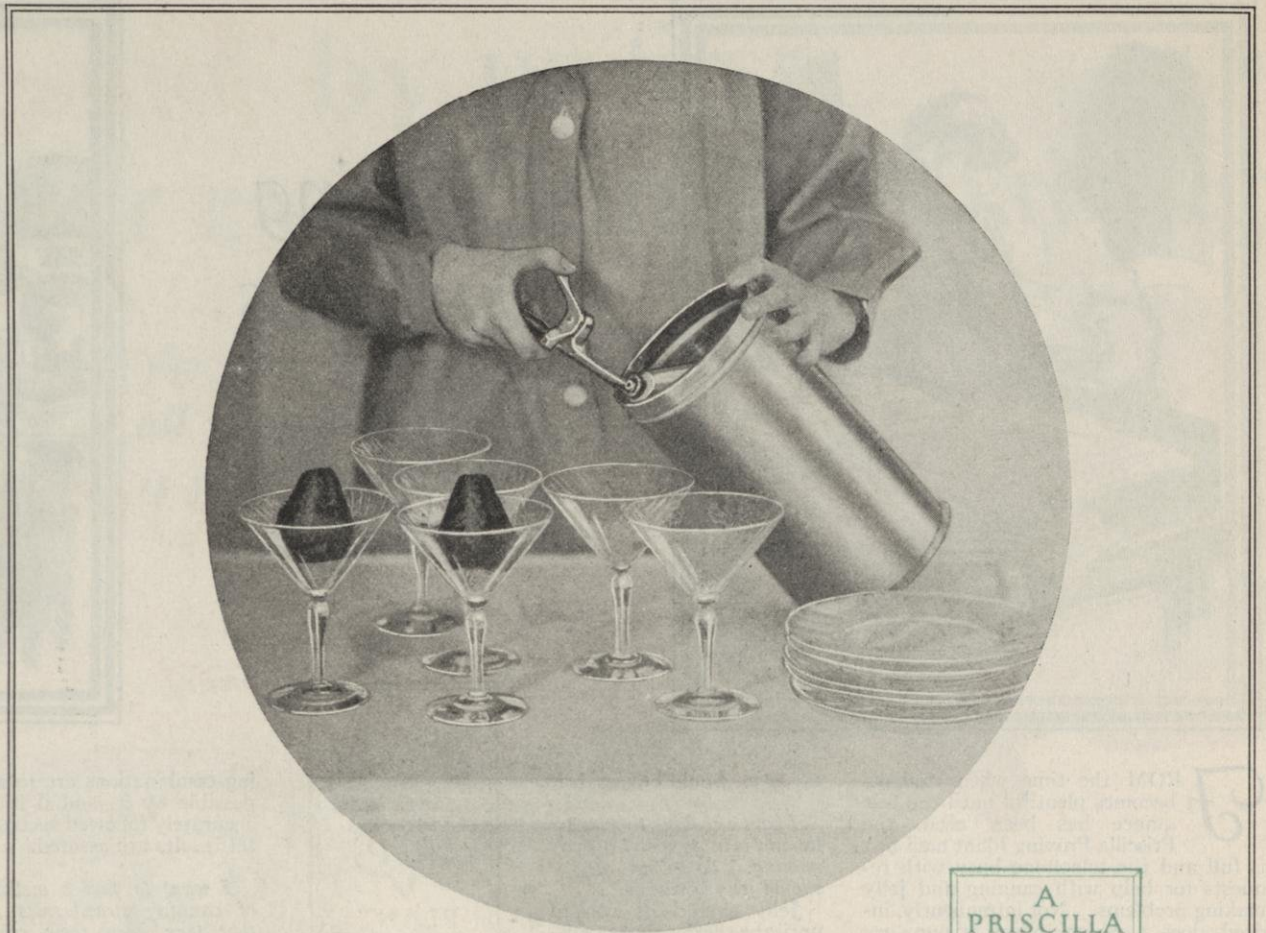
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and many others



## Consider Canned Milk

By Ruth Axtell Chalmers



KNOWLEDGE of the facts connected with the production and distribution of canned milk is widespread. Every modern housewife has a realization of the standards of cleanliness that are upheld at the canneries; she knows that canned milk is of high quality and perfectly sterilized so that it is an absolutely safe source of milk, entirely dependable even in the most remote parts of the world; the convenience of the product is obvious. But there is still another point worth consideration—the special value of canned milk, both evaporated and condensed, as an ingredient in cookery. Because water has been removed and the cream evenly distributed, evaporated milk has a richness and a smooth texture that makes it, undiluted, almost like cream. The flavor which is developed in the evaporation process is pleasantly suggestive of caramel and blends excellently with other food flavors. Condensed milk, which is a sweetened evaporated milk, supplies sugar for desserts, cakes, and beverages, as well as adding its own flavor.

The following recipe for chocolate ice cream is a good illustration of these points. There is not a bit of cream in the mixture but the result is a smooth, velvety ice cream with a delicious flavor. Other recipes follow:

### Chocolate Ice Cream

2 ounces chocolate  
1 cup condensed milk  
1 cup boiling water  
1 egg  
2 cups evaporated milk  
Pinch salt  
2 teaspoons vanilla

Melt chocolate and add condensed milk. Add boiling water gradually, stirring the mixture constantly to keep it free from lumps. Beat egg,

add a little of the evaporated milk to it and add to the hot mixture. Cook until thickened, stirring constantly. Add the rest of the evaporated milk, salt and vanilla. Cool and freeze.

Recipe makes eight servings.

In this banana ice cream, too, evaporated milk blends well in flavor and makes necessary only a small amount of cream.

### Banana Ice Cream

2 cups evaporated milk  
½ cup water  
1 egg  
1¼ cups sugar  
4 bananas  
3 tablespoons lemon juice  
½ cup cream

Heat the milk and water in a double boiler. Add the egg, beaten with a little of the sugar, and cook until thickened, stirring constantly. Add the rest of the sugar and stir until it is dissolved. Cool and add bananas which have been rubbed through a sieve, lemon juice and cream, whipped. Pack in ice and salt and freeze.

Recipe makes eight servings.

### Spanish Chocolate

1 ounce chocolate  
¼ cup condensed milk  
1¼ cups strong coffee  
1 cup evaporated milk  
Pinch cinnamon

Melt chocolate and add condensed milk. Add coffee slowly, stirring constantly. Add evaporated milk and heat almost to the boiling point. Add cinnamon just before serving or omit it if preferred.

Recipe makes four servings.

Boiled dressing with a foundation of condensed milk is commonly used,

but here is something a little different—an uncooked combination, high in caloric value, but without the oil that is sometimes objectionable.

### Uncooked Salad Dressing

½ cup butter  
½ can condensed milk  
½ cup vinegar (diluted)  
Dry mustard  
Salt

Cream the butter until it is very soft and slowly beat in the milk. Add the vinegar slowly and a little mustard mixed with vinegar. Do not have the vinegar too strong or the dressing will curdle. Add salt to suit the taste.

In any custard, bread or cereal pudding condensed milk may be used to good effect in place of fresh milk and sugar. The following rice pudding with figs is one served recently at the Proving Plant.

### Fig Rice Pudding

1 cup cooked rice  
1 egg  
6 tablespoons condensed milk  
¾ cup water  
½ teaspoon salt  
1 tablespoon lemon juice  
½ cup figs

To the rice add the beaten egg. Mix condensed milk and water together and add to the rice mixture. Add salt, lemon juice, and the figs cut in small pieces. Bake in a moderate oven. This pudding may be served with lemon sauce, cream or top milk.

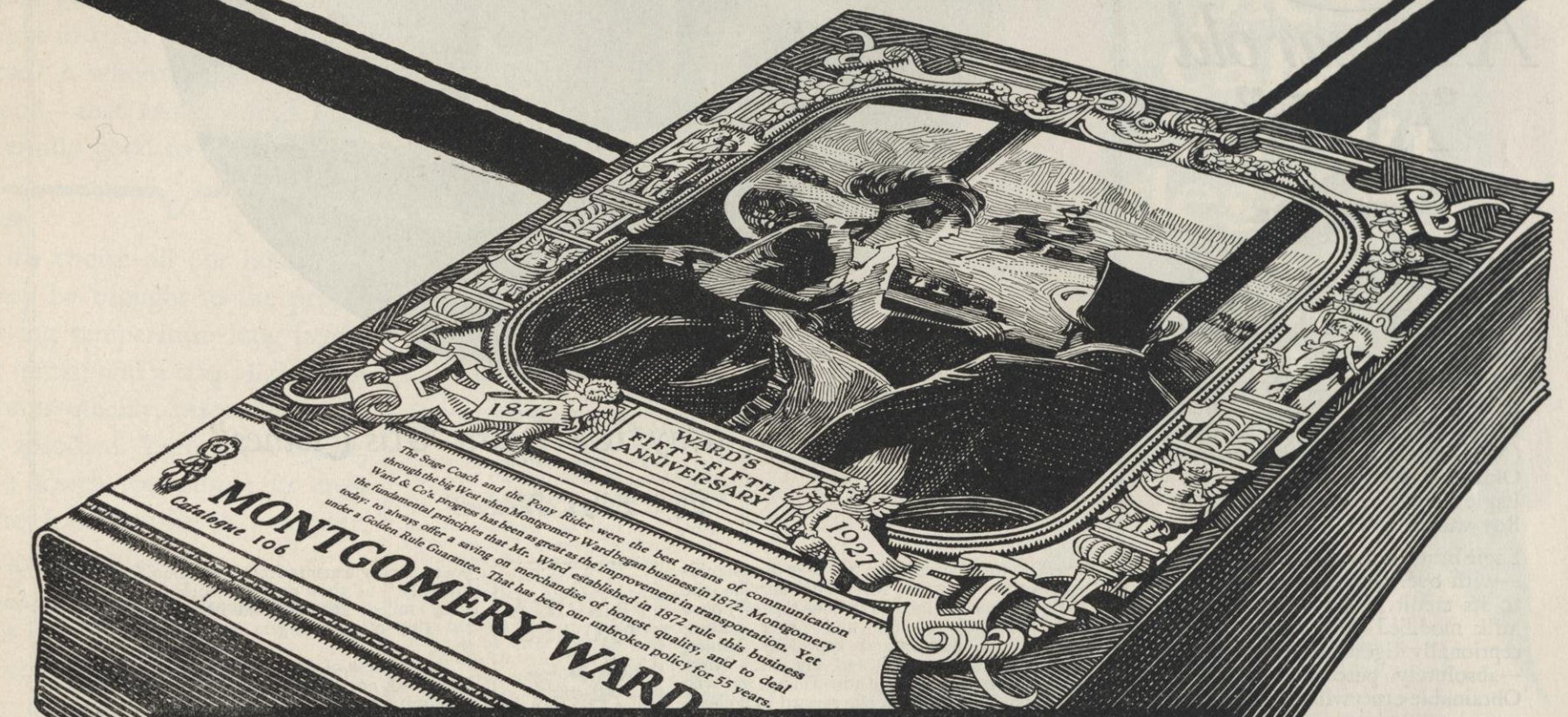
Time in cooking, 25 minutes.

Temperature, 325 degrees.

Recipe makes four servings.

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"This is the Way We Wash His Clothes"

By "Billy's Mother"

**F**OR the new mother, there is dire significance in what Mrs. D'Urberville (the mother of Hardy's famous "Tess") once said: "Always washing and never getting finished." Children, and especially babies, mean just this—day in and day out. There never seems to be an end to washing; yet who can dispute the value of the reward in a clean, sweet baby?

When there is a task like this to be done, we need to learn how to do it in the best way, not only to reach the immediate and desired end, but that we may also save steps and conserve energy for other things.

Good equipment saves time, strength, and health. Regardless of whether or not a machine does the actual labor, however, there are three fundamentals to be remembered:

- First: Use plenty of good, pure soap.
- Second: Use lots of water for rinsing.
- Third: Never blue (with the possible exception of dresses) or starch baby's clothes.

With these rules firmly in mind, the next step is to know the methods which will get the best results with each article of the baby's clothing.

Diapers are, without doubt, the biggest problem; that is, of course, if they are to be kept as spotlessly clean and white as they should be. Rinsing the diapers as soon as they are taken off, and then placing them to soak in a covered pail of cold water, makes the task much easier. Boiling, although not always necessary, is a sanitary measure that insures absolute cleanliness. Freezing in winter, and laying on the grass in summer, are safe and effective methods of bleaching.

Diapers, because of the nature of their use, must be washed in absolutely pure soap and thoroughly rinsed. No chemicals must ever come in contact with them. In localities where the water is unusually hard, a little borax or ammonia may safely be added to the wash water since these two chemicals serve only to soften the water and thus help the soap do its full duty. When it is possible, diapers should be hung out of doors in the sun and wind, for there is no better germicide than direct sunlight and pure air. Folded neatly as they are taken from the line, they retain their fresh airy smell and are quite usable without ironing.

Flannels, woolens, and woolen mixtures present a quite different problem. These should be washed most carefully. Sudsing up and down in lukewarm water (100 F) and thoroughly rinsing in water of the same temperature insures the minimum shrinkage, and pre-



vents such garments from becoming hard and "boardy," as they do when improperly done. Very soiled spots should be massaged with the tips of the fingers and a paste of the soap.

The process of drying woolens should never be forced nor unduly retarded. Room temperature (68-70 F) is ideal for this. There are frames or forms of standard sizes that can be purchased on which these little garments may be placed to dry, and the use of which would insure original measurements.

For stockings—which should never be much too large nor ever too small—such frames are of double value since they not only keep the foot in its proper shape and size, but they also insure the necessary proportions of the leg.

In the absence of frames, it is advisable to lay woolens and woolen mixtures flat to dry after first adjusting them to their original dimensions. If this is not possible, they may be hung on coat hangers or from the shoulders, placing the clothespins so that the full breadth of the shoulders is maintained. Sweaters and knitted articles should be dried by alternately rolling them in bath towels and then shaking them, until excessive moisture has disappeared. They should then be laid flat upon a fresh towel to dry, accurately adjusting all measurements.

Dresses made of dainty cotton fabrics are the easiest of all to launder. These may be faintly blued if desired, but they should never be starched. The ironing is such a simple job that there is really no excuse for slighting it, with the excuse that anything is "good enough," just because it will soon be soiled again.

Baby's towels and bedding are as much a part of his personal washing as are his clothes and should be treated with as much care. They should never be mingled with the "family wash." Observing the general rules, there is but one other thing to be remembered: the sheets, if wet when removed from the bed, should be well rinsed in cold water before placing in hot suds.

Rubber sheets, bibs, and pants follow quite a different procedure. If washed off each time they are used with tepid soap solution, followed by clear rinses of the same temperature, these rubber articles may be kept in excellent condition—the period of durability being noticeably increased at the same time. It should be remembered, too, that the material should never be allowed to crease or fold when drying. Rubber garments should be kept separated until dry.

What advertisers often give away you can't afford to be without.

**WHEN FRIED FOODS ARE  
A FAMILY FAILING**

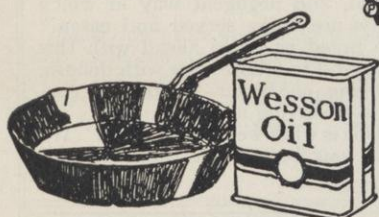
In households where the family has a *penchant* for fried foods it is especially important that the cook know *how* to fry—how to make the food as wholesome and digestible as fried foods can be.

There is no better way to fry than with Wesson Oil—a clear, light-in-color salad oil that is itself a wholesome, nourishing food—that makes things wonderfully good to eat.

This choice oil (or liquid fat) may be brought to the proper frying temperature long before it burns; and a crisp, light crust forms quickly, before much fat is absorbed. There is no smoke, no scorch, but inside its crust the food cooks to a tender, digestible goodness.

Cooks find it more convenient, of course, to fry with Wesson Oil—a fat they do not have to melt before the cooking is done. And more economical. Wesson Oil can be used again and again for frying, after it has been strained to remove the crumbs. It does not retain the odor of foods cooked in it—not even fish or onions.

Frying with a fine salad oil is the modern way to fry. Good cooks are prompt to recognize its merits.



(Continued from page 6)  
YES, she was young. As the months passed, and Tom remained hardly more than a guest in his own house, Stephanie began, timidly at first, to enjoy her new position. The house was beautiful, almost the first beautiful house in Mayburn, and Stephanie furnished it with a lavish hand. Being accustomed to a well-filled pocket-book, she did not realize that her expenditures were more of a drain on Tom than they would have been upon her father. She began to buy exquisite clothes—to mingle in the social life of Mayburn—to entertain, simply at first, but more extravagantly as the years went by.

And Tom made no complaints. She might in time have become a normal, happy woman, had it not been for a small, brown volume on her bedside table. It was a reminder that she had been less true to her poet lover than he to her—a constant source of nourishment for the bitterness she felt against life.

There were other reminders, too. On one shelf of her wall bookcase was a row of little volumes bound in blue and gold; on the other, three more books of verses by Clive Wilmer, and two rather heavy works on feminism by the same author. These had not come by the route of the little leather volume. Stephanie had bought them with money given her by her father, some elusive code of honor making her shrink from sending the bill to Tom.

To tell the truth, she was shocked by the works on feminism. Professor Wilmer's views on marriage seemed to have changed since the days when he had quoted poetry to her. She wondered if it were sorrow at her failure to remain true to him, that had changed those views. In some subtle way she felt responsible for statements in those books that seemed unworthy of him.

For she had never doubted that he knew of her marriage. She would have felt less shame, she thought, had she married someone who even faintly resembled him; but to have sold herself (as she harshly put it in unhappy moments) to a mere business man—a man who read the daily papers assiduously, and who wrote nothing more ennobling than text books on electricity—well—her consolation was that the absent Clive couldn't possibly scorn her any more than she scorned herself.

Yet she was fond of Tom. His un-failing courtesy and good-nature were things she came to lean on. Once, almost apologetically, he had shown her a notice of his latest book on some branch of electrical science. It was a flattering notice. Stephanie felt vaguely surprised that anyone should say such things of her husband, and she asked abruptly, why she had never seen the book.

"You would find it dull reading," he replied simply, and Stephanie, returning the notice to him, had promptly forgotten all about it.

They had been married five years, when, attending a lecture at the Woman's Club one afternoon, Stephanie heard the announcement that two nights later there would be a special, unexpected number: a lecture on feminism by Professor Clive Wilmer of New York!

IT was, perhaps, an ironic fact, that when she reached home in a state of palpitation, it was to find Tom standing by her bookcase, turning the pages of Professor Wilmer's book on feminism. He did not often cross her threshold, and, on an ordinary occasion, his presence would not have displeased her as it then did. She wanted to be alone in order to sense the overwhelming fact that after all these years she was to come face to face with her lost idol; and there stood Tom, Tom with his stiff collar and close-cropped head, his lips curved in a smile of critical amusement as he turned the pages of the professor's book.

He greeted her with an absent-minded nod, laid the book upon the table and remarked casually: "Stephanie, what makes you read such rot?"

His unfortunate expression was the last straw.

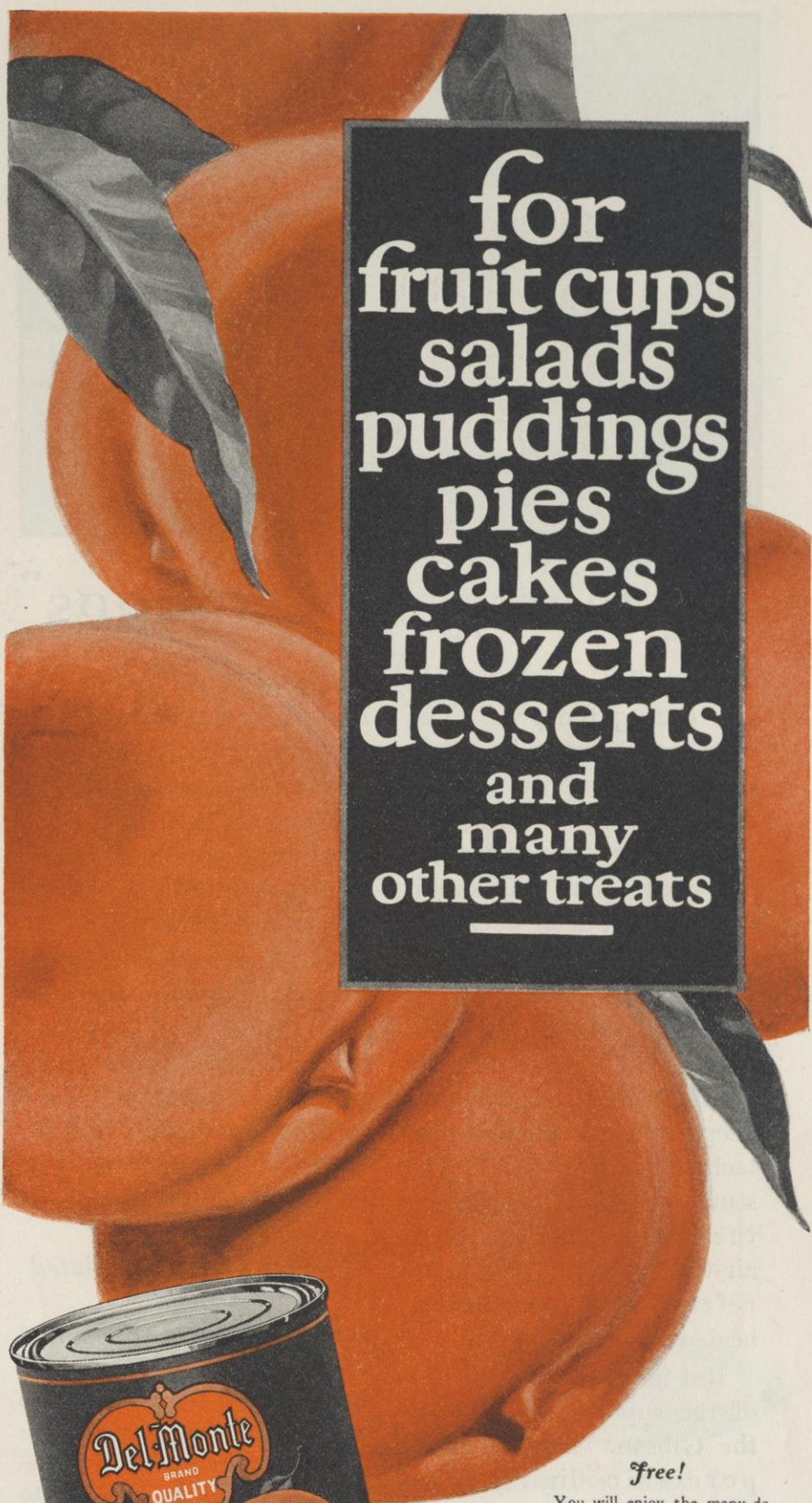
"Did I ask you to come into my room, or to criticize my reading matter?" she blazed angrily.

To do Stephanie justice, she seldom spoke unpleasantly, and Tom glanced up in surprise. Then he crossed the room, seated himself calmly on the window seat, and said: "Don't you think, Steve, that sometimes you carry this thing a little bit too far?"

"What thing?" asked Stephanie, her anger already cooling.

"Why—making me feel that I don't belong here—rubbing it in. I ask

(Continued on page 50)



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fruit cups  
salads  
puddings  
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cakes  
frozen  
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and  
many  
other treats**



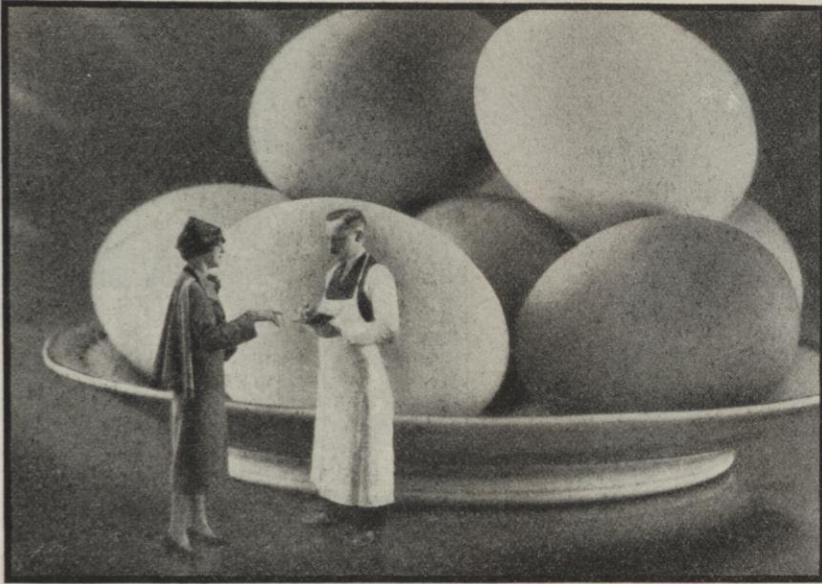
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## "I'll take 75 dozen eggs"

You easily buy that quantity during the year. Yet, whether it's a year's supply or a week's supply, the risk is just as great if your refrigerator is faulty, for every egg that you lose is real money out of pocket.

Putting eggs and other food in the Gibson is like putting cash in the bank. You know it is safe. Its fourteen walls of insulation keep in the cold air that protects perishable food. The sturdy, automatic locks on the doors make them air-tight *always*. No other refrigerator has better heat-defying insulation.

But insulation is only one of the superior features of the Gibson. The one-piece porcelain lining with rounded corners insures perfect sanitation and makes cleaning easy. The new style flat metal shelves are made so dishes can be moved

across without tipping. The one-piece cast aluminum trap never rusts or clogs. Instantly removable for scalding.

The Gibson comes in beautiful golden oak finish and in snow-white porcelain. All sizes, styles and prices. Before you buy a refrigerator you should read our new booklet, "What goes into your refrigerator?" Just mail the coupon below. Gibson Refrigerator Co., Greenville, Mich.

### The corkboard-insulated Gibson

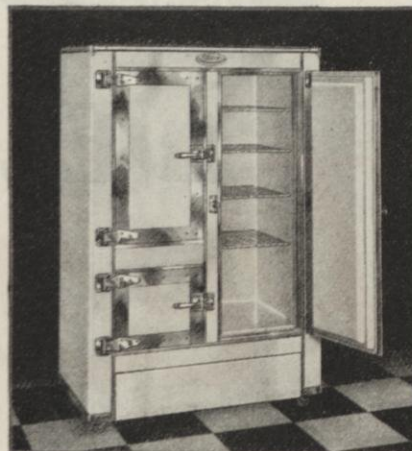
is the finest and most beautiful refrigerator made. It is heavily insulated with 100 per cent pure corkboard and is very economical in the use of ice. This refrigerator can be adapted to electric refrigeration at any time, as it comes equipped with the necessary fittings and is approved by manufacturers of electric units.

MP-4  
GIBSON REFRIGERATOR Co., Greenville, Mich.  
I want to know *why* I should buy a Gibson. Please send me your booklet, "What goes into your refrigerator?"

Name.....  
Address.....

# Gibson

REFRIGERATOR



## How Do We Eat—and Where?

(Continued from page 26)

to be laid over the cloth. We no longer lay one piece of linen over another. And by a centerpiece we mean an ornament, something lovely to look at.

The majority of replies, both with regard to the breakfast and the dinner centerpiece was in the negative. None was used. A considerable number admitted to a vase of flowers in summer. Others confessed the ubiquitous fern. Some did not reply at all. The result was not satisfactory. It gave one a feeling of dull and uninteresting meals served in dull and uninteresting homes; of men sitting sullenly down to uninspired meals and going from them, uninspired, to work; of children grumbling and hurrying through things they "ought to eat" and off to lessons they "ought to have learned" and hadn't.

Of course, not all the universe of family life revolves upon the axis of a centerpiece as this dismal picture might seem to indicate, but the happiness of a family does depend upon the amount of beauty that is brought into its life and this is, at least, one channel.

The question, "Who arranges the centerpiece?" was designed to show us whether children are being brought up to do their part in touching up the odd spots with beauty—and it did!

The question, "When do you prepare your dinner menu?" was ambiguous, since some people have dinner at noon and some at night. What we were getting at was—do you plan your dinner well in advance or do you, at the last minute say, "Oh *what* shall we have for dinner?" and then dash out to get something—usually inadequate.

The reply to this question was, in general, satisfactory. Mostly, "in the morning." A considerable number, however, said, "At the eleventh hour," which is exactly what we had in mind when asking. The woman who plans her menus well ahead, sees that all necessary foods and ingredients are on hand, and prepares such part of the heaviest meal as she can at times when other work is lightest, is showing executive ability, a quality quite as essential in homemaking as in any other business.

The question, "How long a time do you give to the preparation of dinner?" led to a possibly ambiguous result. With very limited exception the reply was one hour or more, with a great many giving two hours. Of course, in stating a more or less definite time with no room for explanation or elaboration, the reply may not be altogether clear. One might put a roast in the oven that would require two hours to cook and still not touch the remainder of the dinner until a half hour before serving. It would not be fair to say that the two hours devoted to the roast should be given as "preparation," and yet the woman answering may have done so.

What we were trying to get at is the amount of time that is spent, on the average, in getting the heaviest meal of the day. If the answer is "two hours" or even an hour and a half, it seems out of proportion to the time spent in eating it. A perfectly good meal, nourishing, appetizing and well cooked, placed at last on a well set table, should, it seems to us, be devised in less time than that. If a longer time is required for the meat the worker can be doing something else until the last rites are to be performed.

In asking whether "the breakfast hour, brief though it may be, starts all the members of the family off pleasantly for the day," we aimed more to arouse thought than to get a reply. It surprised us to find the majority of answers emphatically in the affirmative. I don't know why

we should have been surprised, because the affirmative is what we were seeking. Perhaps because we happen to have been made the confidante of the victims of unhappy breakfast hours. At any rate, we believe that the breakfast hour is the homemaker's rarest and most special opportunity for inspiring her family with cheerfulness and courage, and we are glad to learn that she believes she is doing so.

Some of the reasons given with negative replies were illuminating. "If the coffee is too weak the breakfast hour is spoiled," says one. "It all depends on the coffee," says another, thus showing the influence of this apparently most difficult—and yet the most popular—of brews on family life. "The children make too much confusion," confesses a harassed mother, "for the breakfast hour to be pleasant." "Yes," writes another, "when company is present." "Depends on how the man of the house feels," is another naive reply.

"Do you take pains in setting your table to have it as attractive and lovely as you are able to do," brought forth another majority of affirmative replies. Many of these, however, were amended. "Yes, when we have company." "I do for dinner." "If I have time." "As much as I know how."

A goodly number honestly confessed weakness in this direction. "I know I should do better." "I try to have my table neat, but I haven't given much thought to 'loveliness.'" "No, I'm too busy."

A good many did not give any answer at all.

The replies to, "Do you observe accepted rules of usage in serving meals?" were pretty equally divided. Again, "When guests are present," was an admission frequently made. "We eat to suit ourselves," was the independent assertion of several. "No, I don't know any accepted rules," was a frequent confession. In the main, however, the majority expressed themselves as making an effort to serve meals in an orderly and pleasant manner, which is, after all, the basis of all "accepted rules."

To, "Is the dinner or supper hour in your home a pleasant and orderly one—one to which your family looks forward with pleasure and satisfaction," the almost unanimous reply was, "Yes." Contrary replies expressed situations with which many of us are acquainted. "No, I'm too cross from over-work." "No, I am too tired at night to make the evening meal a pleasant affair." "There are too many children in our house—too much confusion to have an orderly meal."

Each confession here might be made the topic for a sermon on mismanagement, improper equipment, wrong attitude, but there is not room for the sermon, and—is there need for it? Is not the admission itself sufficient sermon? Our part is to point the way to remedy, and this, from month to month, we hope to do.

One of the most satisfactory features of this bit of research work was the comment of one of the State Chairmen of the American Home Department in the Federation of Clubs. She took occasion to voluntarily tell me that this effort on our part to investigate the dining habits in the home was, in her opinion, one of the most important pieces of work that had yet been done. "I am appalled," she said, "as, in my work, I go from home to home, to see the careless, casual, and negligent way in which meals are being served and eaten." She urged us to go ahead with this work and to follow it up with definite teaching on better habits and customs of serving meals.

This is what we propose to do. We have long been flying the banner of

(Continued on page 39)

Thank you for mentioning Modern Priscilla when writing advertisers.

## Three Meals a Day

(Continued from page 20)

### WEDNESDAY

Breakfast	Lunch or Supper	Supper or Dinner
Apple sauce Wheatena Toast Milk to drink and for cereal	Cream of pea soup Egg and lettuce sandwich Whole wheat bread and butter Few raisins Milk	Meat stew with vegetables Celery Bread and butter Gingerbread Milk

### THURSDAY

Breakfast	Lunch or Supper	Supper or Dinner
Sliced orange Shredded wheat with hot milk Toasted muffins Milk to drink	Vegetable chowder Bread and butter Prune whip Milk	Eggs à la Goldenrod Spinach Whole wheat bread and butter Cooked custard with sliced peaches Milk to drink

### FRIDAY

Breakfast	Lunch or Supper	Supper or Dinner
Prunes served on oatmeal Bacon (crisp) Toast Milk to drink and for cereal	Raw carrot sandwich Soft cooked egg Sauce Milk	Clam chowder with vegetables Toast squares Chocolate gelatine pudding Milk

### SATURDAY

Breakfast	Lunch or Supper	Supper or Dinner
Oatmeal cooked with raisins Eggs scrambled in milk Toast Milk to drink and for cereal	Macaroni and cheese Stewed tomato Junket Milk	Italian Savory Bread and butter Sauce Oatmeal cookies Milk

### SUNDAY

Breakfast	Lunch or Supper	Supper or Dinner
Orange juice Oatmeal Poached egg Toast Milk to drink and for cereal	Cream of tomato soup Croutons Cookie Milk	Roast of beef Baked potato Creamed cabbage Lettuce Tapioca pudding Milk

### Recipes

#### Raw Cabbage, Carrot and Celery Sandwiches

These vegetables should be shredded or grated in small pieces, and served between slices of bread and butter. Children from eighteen months upward may eat them with safety, if they are finely chopped.

#### Eggs à la Goldenrod

- 1 tablespoon butter
- 1 tablespoon flour
- 1 cup milk
- ½ teaspoon salt
- Pepper
- Parsley
- 3 hard cooked eggs
- 5 slices toast

Make thin white sauce with butter, flour, milk and seasonings. Separate yolks from whites of eggs. Chop whites fine and add them to the sauce. Cut four slices of toast in halves

lengthwise. Arrange on platter, and pour sauce over them. Force the egg yolks through strainer or potato ricer, letting them fall upon the sauce, making a mound of yellow. Garnish with parsley and remaining toast, cut into points. This may be served upon individual plates.

Recipe makes four servings.

#### Chocolate Gelatine Pudding

- 2 tablespoons gelatine
- 1 quart milk
- 1 cup sugar
- 4 tablespoons cocoa
- ½ cup cold water
- ¼ teaspoon salt
- 2 teaspoons vanilla

Mix gelatine with one-half cup cold milk and let stand for five minutes. Mix sugar, cocoa and water and cook three minutes. Bring milk almost to boiling point and add to cocoa mixture. Stir in gelatine and add salt.

(Continued on page 40)



## Peel Them Easily

The skin of California Sunkist Oranges comes freely from the fruit so that you may peel a Sunkist Orange very easily.

That's a real advantage when you wish to eat an orange whole or prepare oranges for salads and desserts.

### Cut them easily



Observe also the firm, tender "meat" of Sunkist Oranges—how easily you, or a guest, may cut it with a fork or spoon. No tough fibre to cause "sawing" or the loss of juice. Daintier salads and desserts which may be *handled* in a *daintier way* are thus made possible with Sunkist Oranges.

### Slice them easily

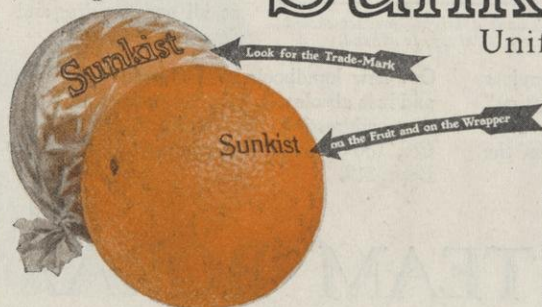


For like reasons Sunkist may be *sliced* more easily and, therefore, more *neatly*, too, because they're practically *seedless* oranges.

Send for our latest recipe booklet. Tells you all the newest ways to serve these oranges. Ideal for the hostess who likes distinctive variety. Write for this booklet today. A post card addressed to California Fruit Growers Exchange, Dept. 805, Box 530, Station "C," Los Angeles, Calif., will bring it to you FREE.

# California Sunkist Oranges

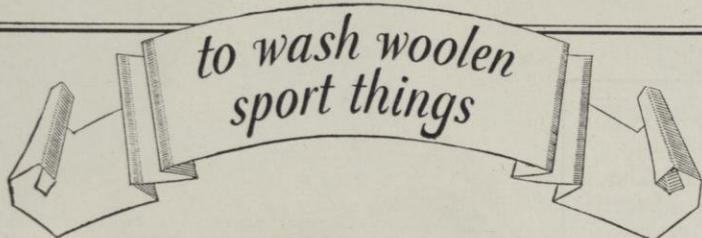
Uniformly Good



Always ask your grocer for the oranges trade-marked "Sunkist" on the fruit and on the wrapper. Rigid standards of selection make them uniformly good.

Ask your local dealer for Priscilla advertised food products.

THE BORAX WAY IS A BETTER WAY



For several seasons sport clothes have been gaining an ever-more-important place in the modern woman's wardrobe. And this year comes a wave of popularity for the knitted sportswear. Smart women are wearing them not only on the links—but at the informal tea or bridge as well. Soft pastel shades... horizontal stripes... these are the important notes in the new style.

Woolen sport things—their popularity has brought a real laundry problem. For there is no fabric that requires greater care in the washing process. So we know it will be really helpful to you to have these practical, safe directions for washing woolen things in your own home.

**The way to wash woolens.** Incorrect washing methods so often lead to shrinkage, to "yellowing" of white clothes and the ruin of lovely expensive garments. So when you are about to launder woolens—whether your own sport things or baby's soft little garments—give careful heed to these hints.

Use lukewarm water (about 110°F.), as extreme temperatures cause shrinkage. Have the rinse water at the same temperature as the wash water. Woolen things should never be boiled. Use any good mild soap but be sure never to rub it directly on the fabric.

Add 20 Mule Team Borax before the soap—one tablespoonful to a gallon, or if the water is very hard, enough more to soften. No matter what soap you use, the Borax will increase its suds from 3 to 5 times—and plentiful suds are all-important.

Avoid harsh washing "chemicals." 20 Mule Team Borax is mild and harmless, and yet as a water softener and as an aid to soap it acts almost like magic. Immerse the garments and squeeze the rich suds through the fabric with a gentle kneading motion of the hands. Do not rub or twist.

Thorough rinsing is essential. Add one tablespoonful of 20 Mule Team Borax to each gallon of the rinse water. The Borax insures complete removal of the soap, it prevents "matting" and leaves the fabric soft and fluffy after drying. Press the last rinse water from the garment gently without twisting.

WE OFFER in each issue of this magazine our practical suggestions for performing some household task in a better way with 20 Mule Team Borax. Get the habit of reading our "better way" page each month. You will find it well worth while.



Don't take chances when you launder your smart sport things. Do it the Borax way.

Squeeze the suds through the fabric. Don't twist or rub.



Don't take chances when you launder your smart sport things. Do it the Borax way.



Dry between turkish towels.



Such a helpful product should always be at hand.

Dry in a warm place but avoid direct sunlight as it tends to yellow the clothes. Sweaters should be carefully shaped to their original measurements and dried between turkish towels. It is best to press while still damp, using a medium hot iron.

**The action of Borax.** Not only in the washing of woolens but in your general home laundry work as well, you will find 20 Mule Team Borax a tremendous help. It is an aid to the cleansing action of soap and water—hard water as well as soft. By actual test Borax causes any soap to produce from 3 to 5 times more suds. And plentiful suds are so necessary to hold the dirt particles in suspension and to insure thorough cleansing.

Borax softens water and makes the clothes white—absolutely free from that streaked, greyish appearance. While it is well known that many water softeners are injurious to the clothes, Borax is safe for the finest of fabrics and for your hands. And then, too, Borax is a cleanser, a grease solvent a deodorant and an enemy to germ growth.

**A valuable handbook.** We have prepared a valuable handbook called "Better Ways of Washing and Cleaning." Your copy is waiting only for your request. It gives clear, practical directions for laundering delicate garments and for more easily handling the family wash; for washing dishes and cleaning paintwork; for keeping refrigerator, tubs and bowls sweet and clean. In fact, it covers the whole subject of home laundry and cleaning in a very thorough way—and shows how 20 Mule Team Borax can lighten so many household tasks. In the bathroom as well as in the kitchen and laundry, Borax is a useful and efficient aid. As a mild antiseptic for the bath it is delightfully refreshing.

If you are not a regular user of Borax, you should be. For Borax is helpful. It is pure. It is safe. The old reliable 20 Mule Team Brand is on sale at all grocery, drug and department stores.

Our new handbook is well worth having—and it is absolutely free. Write for your copy now, addressing the Pacific Coast Borax Co., 100 William Street, New York City, Dept. 219.

"Ask Me Another"

THE Priscilla Proving Plant shows its human side in more ways than one. Just now this evinces itself in the universal thirst for information—or giving information—whichever way you look at it. And so we go around bristling with interrogation points and learning to our chagrin how little we know.

Assuming that you, our readers, are as fond as we are of playing the Question game, the various members of the Priscilla Proving Plant have compiled a set of fifty-four questions which they offer herewith. We suggest you take them to your next club meeting.

1. What is the definition of an Ampere?
2. What is a Watt?
3. What is the highest degree of temperature above which your refrigerator must not register to safely preserve food?
4. What is the difference between porcelain enamel and enamel paint?
5. Where was the home of the man who wrote "Home Sweet Home," and who was he?
6. What product advertised in the April number of Modern Priscilla is named after a national building?
7. What article of house furnishing advertised in the same number has the name of the "harbinger of spring?"
8. Who is Lucy Wheelock who edits the Kindergarten Children's Hour advertised in the same number?
9. What is the Bureau of Home Economics? (b) Where is it located? (c) Who is its Chief Director?
10. Under what jurisdiction does the Co-operative Extension Service operate? Where does it function?
11. What is the difference between a Chenille and a Wilton rug?
12. Name the two labor saving devices that, in your opinion, are most essential to every home.
13. Why is oven insulation desirable?
14. In buying a refrigerator, what are the two most important points to consider?
15. For what reason is it desirable that the bag of a vacuum cleaner should be frequently emptied?
16. Name two of the four types of home washing machines.
17. What is the difference between a pressure cooker and a waterless cooker?
18. Complete the verse beginning "In Winter I get up at night," and tell who wrote it.
19. What two well-known cooking schools are located in Boston?
20. Define "food."
21. There are fifteen elements in foods—what are they?
22. What is the difference between a straight suction, a friction driven brush, and a motor driven brush vacuum cleaner?
23. What two steps are necessary in the care of a vacuum cleaner?
24. What are the essentials of a well-balanced meal?
25. Is the method used by the ancient Greeks to bleach clothes satisfactory today? What was it? Name two chemical bleaching agents.
26. What causes the gray scum often found on the inside of soapstone set tubs and galvanized iron tubs? How may it be removed?

27. When buying window drapery material what is the most important consideration?

28. What is a safe method of cleaning painted furniture?

29. Does cleaning rugs and carpets with a vacuum cleaner give them as hard wear as sweeping them with a broom and beating to clean them?

30. Why is hot soup an excellent course with which to start a dinner?

31. Why should wax be used on inlaid linoleum?

32. What is a Nursery School?

33. Who was "Mother Goose?"

34. What advertisement in this number of Modern Priscilla offers a book for children "The Chick That Never Grew Up."

35. What product advertised in this (The May) number is "Kitchen tested?"

36. What product advertised in this month is known by the slogan "It Floats?"

37. What advertisement in the April number shows a Spanish interior?

38. What advertisement in the same number has a drawing by Dorothy Hope Smith?

39. Give the next line of the Quotation used as a title on page 16 of the April number.

40. Look at the advertisement opposite page 20 for one minute and then, without looking, name all the ingredients used in the product advertised.

41. What is the color of the paper used in wrapping the product advertised on page 23, April?

42. Where is Mr. A. L. Dixon going, and in which advertisement of the April number does he appear?

43. Do you think the ring on the finger of the lady shown on page 27 (April) is an engagement ring?

44. Is the fish named in the advertisement on page 29 (April) a salt or fresh water fish?

45. To what is the gentleman on the page opposite 30 (April) pointing?

46. What is the real meaning of the word "Nectar" used on page opposite 33? April.

47. Why was the phrase "Twenty Mule Team" originally used with the product advertised on page 35? April.

48. What famous story had for its heroine the name of the dolly on page 37? April.

49. Of what period were the lady and gentleman looking out of the window on page 39? April.

50. Why are grapes shown in connection with the product advertised opposite on page 44? April.

51. What breed of dog is shown in the picture on the page opposite 47? April.

52. What kind of flower would the gentleman on page opposite 54 be likely to have in his buttonhole?

53. Read over the names on the various packages on page 57 (April) once, then close the book and see how many you can remember.

54. Why is the name given to products advertised on the back cover particularly appropriate?

Answers will be sent upon receipt of a two-cent stamp.

20 MULE TEAM BORAX

Buy advertised goods. Those advertised in Priscilla are reliable.

# How do you take your coffee?

Cream?  
Sugar?



Then you'll  
welcome coffee the  
Borden Way . . . . .

If you're one of those luxury-loving people who like cream and sugar in your coffee—and it is a luxury!—you've probably imagined there's nothing else quite so satisfying. But there is! Condensed Milk takes the place of cream and sugar perfectly. Actually many people prefer it.

You may raise incredulous eyebrows at that statement. But just try Borden's Condensed Milk in your coffee every morning for a week and see if I'm not right. Put a spoonful or two in your cup. Then add the coffee.

"Extra-heavy" cream could give no more wonderful color to your coffee—rich, amber, mellow. Nor more satisfying body—velvety smooth and creamy. And when it comes to flavor—well, there's a marvelous *blended* quality—different from anything you ever tasted—that only Condensed Milk can give.

You see, Borden's Condensed Milk is a unique product—fine, full-cream milk (*doubly* rich and thick because a large part of the water is removed) combined with pure sugar. The two are so thoroughly incorporated that they become one—smoothly blended as you could never blend milk and sugar yourself.



I've figured that one can of Eagle Brand (the finest condensed milk made) is equal in rich flavor to a pint of cream and a half pound of sugar—at *one-third the cost!*

All these advantages apply to cooking with Condensed Milk, too. That's a whole story by itself. If you're interested, send to the Borden Co. (637 Borden Bldg., 350 Madison Ave., New York City) for a free copy of my book, *Milk and its Place in Good Cookery*—a household encyclopedia on all forms of milk, full of practical information and recipes.

Meanwhile, try Condensed Milk for coffee. You can surely get Eagle Brand—one of the several Borden brands—at your grocer's.

*Mildred Waddocks Bentley*  
Formerly Director of Good Housekeeping Institute



# Borden's

Always the right milk for the right purpose.

*Borden's Eagle Brand*—the finest grade of condensed milk. For coffee and sweetened cooking. Famous for infants. *Borden's Other Brands Condensed Milk*—less rich, in smaller cans. For household use. *Borden's Evaporated Milk*—for unsweetened cooking. *Borden's Malted Milk*—a food-beverage, plain or chocolate flavor.



THE most attractive way to serve Condensed Milk for your coffee is from a covered container (marmalade or jam jar). Replenish from time to time and keep covered when not in use.

EAGLE BRAND   
CONDENSED  
MILK



# Add a handful of health to your favorite muffin recipe!

DOCTORS say we need to eat more bran—more “bulk.” You can get this healthful “bulk” into your cooking by using Kellogg’s ALL-BRAN. Muffins, griddle cakes, waffles, breads—made with ALL-BRAN—are more delicious and much better for you.

ALL-BRAN is far better to use in cooking than ordinary tasteless brans—its appetizing flavor adds goodness to any dish. And it is 100% effective because it is 100% bran. It accomplishes results no part-bran product can equal.

There are many delightful ways to serve ALL-BRAN. Sprinkle it over soups. Use it in puddings, cookies, dressings. Cook it in with other cereals. Serve it with milk or cream—and add fruits or honey. Comes ready to eat.

Order a package from your grocer. Insist on genuine Kellogg’s—the original ALL-BRAN. Kellogg’s ALL-BRAN is sold with this definite guarantee: Eat it according to directions. If it does not relieve constipation safely, we will refund the purchase price.

*Made in the famous Kellogg Kitchens at Battle Creek by the Kellogg Company, world's largest producers of ready-to-eat cereals. Makers also of Kellogg's Corn Flakes, Pep, Krumbles and New Oats. Other plants at Davenport, Iowa; London, Canada; Sydney, Australia. Distributed in the United Kingdom by the Kellogg Company of Great Britain. Sold by Kellogg agencies throughout the world.*



—as a cereal  
Serve ALL-BRAN with milk or cream—and add fruit if desired. Let it soak a few moments in the milk to bring out all its nut-like flavor. Sprinkle it over other cereals too. Just two tablespoonfuls of ALL-BRAN eaten daily—in chronic cases—with every meal—will relieve constipation.



—bran waffles  
1½ cupfuls of flour, ½ teaspoon salt, ½ tablespoon sugar, 3 teaspoons baking powder, ¾ cupful of Kellogg's ALL-BRAN, 1 egg, ¾ cupful of milk, 4 tablespoonfuls of melted shortening.  
Sift the flour, salt, sugar and the baking powder together; add ALL-BRAN, the well-beaten egg, milk, and melted shortening. Beat well. Bake in hot waffle iron.

### —bran muffins

2 tablespoonfuls shortening, ¼ cup sugar, 1 egg, 1 cup Kellogg's ALL-BRAN, 1 cup flour, ½ teaspoon salt, ¼ teaspoon baking powder, 1 cup sour milk.  
Cream shortening and sugar, add egg. Sift flour, soda, baking powder and salt. To creamed mixture add ALL-BRAN, then milk, alternately with dry ingredients. Pour into greased muffin tins. Bake in moderate oven (370 degrees) for 20 minutes. Yield: 12 large muffins.



KELLOGG CO.  
Home Economics Dept. MP 5  
Battle Creek, Mich.  
Please send me free ALL-BRAN recipes and other health suggestions.

Name \_\_\_\_\_  
Address \_\_\_\_\_

**Kellogg's**  
**ALL-BRAN**

## The Cook and the Vitamins

(Continued from page 19)

but that animal fats readily yielded it to ether extraction. He suggested that the animal first liberates the vitamin from vegetables by digestion and then the vitamin, being fat-soluble, exists in butter and cod oil, etc., in simple solution. Quinn (2) having this point in mind has studied quantitatively the heat destruction of the vitamin A in tomato juice when oxygen is eliminated. His experiments show that when the juice is heated four hours at 212° F. the destruction is 18 percent and that the removal of oxygen from the juice produces no detectible difference. If his results hold for other vegetable sources, we must conclude that heat alone is somewhat destructive to this vitamin in vegetable sources, but that we need take no special precautions against oxidation in our cooking operations when applied to vegetable sources. Practically there is probably less danger of loss of this vitamin by cooking than of any of the three discussed in this paper.

### The Heat Stability of Vitamin B (The Anti-beri-beri)

There is considerable evidence today that what we may have called vitamin B is a complex of at least two vitamins with distinct functions. If, however, we take as our definition the factor which produces growth in rats unaccompanied by the nerve disturbance known as polyneuritis, we can now state definitely that this vitamin is not appreciably affected by oxidation

but is slowly destroyed by heat in either presence or absence of oxygen, and that this destruction is increased by alkalinity and by raising temperatures. Sherman and Co-workers have recently published quantitative data bearing on this point that is summarized in Table II.

### How Shall We Tell the Cook?

The preceding data outlines some of the experiments on which our present knowledge of vitamin lability rests. To put the results in the form of terse direction for the cook is not so easy. In general, however, any process which keeps air away from the cooking vegetable or fruit will reduce the danger of vitamin C loss and this loss is lessened by forbidding the use of alkalis. Air will not harm vitamin B, but alkalis will hasten its heat destruction. The use of soda in cooking vegetables then, may work serious injury to their vitamin B and C content. Vitamin A in vegetables is so stable that there need be no special precautions taken in regard to these sources, but if animal sources are used, exclusion of air is desirable during heat application. Finally, all vitamins are more or less affected by high temperatures and long heating and this should be avoided when possible.

### REFERENCES:

- <sup>1</sup> Sherman, Lamer and Kenny. (Disc. C. T. Kenny, Columbia, 1926.)
- <sup>2</sup> Quinn, Columbia Univ. Disc., 1925.

TABLE I

### THE STABILITY OF VITAMIN C IN TOMATO JUICE UNDER DIFFERENT COOKING CONDITIONS

A. How destruction is reduced by removal of oxygen from the juice

	Percent destruction of vitamin C when juices were heated at 212° F for:		
	1 hour	2 hours	4 hours
1. Oxygen free juice.....	less than 10%	.....	20%
2. Natural juice.....	50%	59%	68%

B. Effect of raising temperature

Natural juice heated 4 hours at 212F—68% destruction of Vitamin C

“ “ “ 4 “ at 122F—42% “ “ “ “

“ “ “ 4 “ at 99F—35% “ “ “ “

C. Effect of changing acidity

Juice heated 1 hour at 212F Natural acidity.....50% destruction

“ “ 1 “ at 212F Half neutralized.....58% “

“ “ 1 “ at 212F Strongly alkaline .....65% “

TABLE II

A. Vitamin B destruction is increased by raising the temperature.<sup>1</sup>

Tomato juice heated	Temperature	Vitamin B loss
4 hours at 212° F	loses 20-24%	
“ “ “ 4 “ at 230° F	“ 33%	
“ “ “ 4 “ at 248° F	“ 45-47%	
“ “ “ 4 “ at 266° F	“ 55-58%	

B. Vitamin B destruction increased by alkalinity.<sup>2</sup> Temperature 212° F

Tomato juice heated	Condition	Vitamin B loss
1 hour at natural acidity	loses 9%	
“ “ “ 4 “ at “	“ 20%	
“ “ “ 4 “ at slight alkalinity	“ 63%	
“ “ “ 1 “ at strong	“ 100%	

C. Presence of oxygen has little effect on Vitamin B destruction.<sup>2</sup>

Source	Heated	Temperature	Reaction	Oxygen	Destruction
Tomato juice	1 hour	212° F	Alkaline	Excluded	60%
“ “	1 hour	212° F	“	Present	60%
“ “	1 hour	212° F	Nat'l Acidity	Excluded	less than 10%
“ “	1 hour	212° F	“	Present	less than 10%

<sup>1</sup>Sherman and Grose, J. Am. Chem. Soc. XLV, 2728 (1923)  
<sup>2</sup>Sherman and Burton, J. Biol., Chem. LXX, 639 (1926)

## How Do We Eat — and Where?

(Continued from page 34)

“Better Cookery” and now we add another, “Better Serving.”

If there is a dining room in your house make use of it. If not altogether as a dining room, then as something else.

Have the right kind of tablecloths for different occasions and use them.

Put a pretty centerpiece on the table and change it to add variety and interest to the meal. Let the children share in arranging it.

Give the same executive consideration to the planning and preparation of your meals that, if you were on a

Board of Education, you would have to give to laying out a curriculum. By doing so you will save yourself time, labor, and money.

Make the breakfast hour a cheerful greeting to the day, and your evening meal as amiable and hospitable a gesture toward the homecoming members of your family as possible.

I wish every woman who reads this page would sit down and write me the exact time she spends each day in getting dinner. If we could get the testimony of ten thousand women we should have something to go by.

# 88%

of these Teachers of Domestic Science in the higher institutions say —

## “Cream of Tartar Baking Powder is Best”



Contains no alum. Leaves no bitter taste

TEACHERS of domestic science in universities and technical schools have wide opportunities to test foods.

These women were asked — “What kind of baking powder do you prefer — and why?”

88% of those replying said unhesitatingly, “Cream of Tartar.” “Good results” — “No bitter taste” — “More dependable” — were the points they stressed.

FOR half a century Royal — in which are perfectly blended pure cream of tartar and soda — has been the most familiar package in millions of kitchen cupboards, the first ingredient set out when fine cakes or biscuits are being made.

An experienced cook knows she can always depend on the unvarying quality of Royal. Inexperienced cooks have better luck with it.

Pure cream of tartar derived,

with expensive care, from choice grapes grown on the sunny hill-sides of Southern Europe, and pure soda — these wholesome ingredients expertly blended in Royal insure the fine, creamy texture and full, sweet flavor of your cakes and biscuits.

2 cents worth insures success of large layer cake

It is false economy to use anything but the best when 2c worth of Royal is all it takes to make a gorgeous layer cake you'll want to show your neighbors.



COCOA CREAM CAKE—Melting chocolate is often troublesome. With cocoa, this cake is easily and quickly made.

FEATHER COCOANUT CAKE—An easy method is to sift dry ingredients in one bowl, mix the liquids in another, then combine.



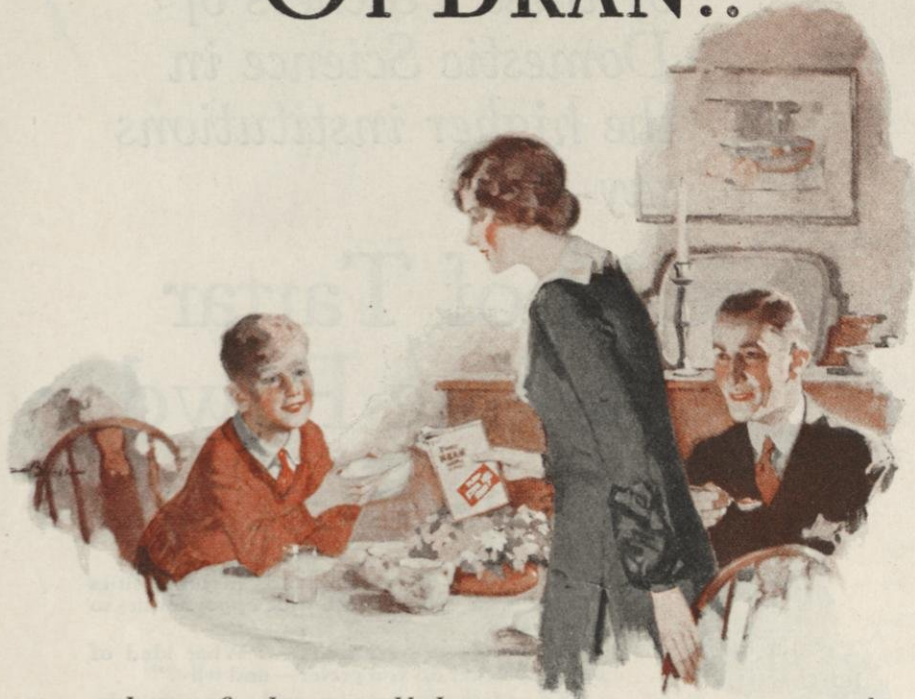
Send for the famous Royal Cook Book — It's FREE. Over 350 practical and delicious recipes of all kinds — including those pictured here. Let us send you a copy free — use this coupon.

THE ROYAL BAKING POWDER CO. Dept. E, 108 East 42nd St., New York

Send me free copy of the famous Royal Cook Book — over 350 delicious, tested recipes for all kinds of foods.

Name.....  
 Street.....  
 City..... State.....

# NOW.. We never tire OF BRAN..



*.. and we feel so well because we eat it every day*

**N**O matter how essential a food may be to your health, for you to eat it daily, it must tempt your appetite.

Your daily diet should include bran. It supplies natural bulk which, physicians will tell you, is so essential to regularity and health. But to eat bran every day, you must like it. You must not tire of the flavor.

Delicious Post's Bran Flakes was created to give you bran in a form you would really like. You eat it every day and the tempting flavor of the crisp, brown flakes is always a fresh delight. And in this pleasant way, without setting up a task, you help to protect your health and youth.

*Everyone Likes the Flavor*

Millions of men and women now get their daily bulk because they enjoy the delicious flavor of this health cereal. It is the most popular bran cereal in the world today. You never tire of the flavor and it does you so much good.

And in addition to necessary bulk, Post's Bran Flakes supplies such vital health essentials as: phosphorus, iron, protein, carbohydrates and vitamin-B.

Start, yourself and your family, with the

enjoyable health habit of eating Post's Bran Flakes as a daily "Ounce of Prevention." Enjoy it plain, with milk or cream. Also with fresh fruits and berries. And have it served in the form of inviting muffins, cookies and bread.

*Make this "Ounce of Prevention" Test*

Eat Post's Bran Flakes with milk or cream every morning for two weeks, as an "Ounce of Prevention." Then note how the flavor of the crisp, brown flakes grows on you. See how much better you look and feel. Don't put off this important diet correction another day. Keep on the "Road to Wellville" by making Post's Bran Flakes a daily habit.

*Free—Send for "Ounce of Prevention" Package:* At your request we will send you free an "Ounce of Prevention" package of Post's Bran Flakes and a booklet that has important bearing on health.

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*everybody—every day..eat*

## POST'S BRAN FLAKES

*as an ounce of prevention*



*"Now you'll like Bran"*

*Try*



### Three Meals a Day

(Continued from page 35)

When cool add vanilla. Mold in small molds or large pudding dish. When set serve with milk or cream, but no sugar.  
Recipe makes 8 servings.

**Vegetable Chowder**

- 1 onion sliced
- ¼ cup salt pork or bacon cut in small pieces
- 2 cups potatoes cut in cubes
- 1 cup cooked peas
- 2 cups cooked carrots
- 3 cups hot milk
- 1 teaspoon salt and dash pepper

Brown onion in fat in kettle. Add potatoes. Cover with water and cook until potatoes are tender. Add cold vegetables and when the mixture again comes to boiling point, add hot milk. Remove from fire and add salt and pepper. More salt may be necessary if meat is not very salt.  
Recipe makes 6 servings.

**Italian Savory**

- 2 cups freshly cooked or canned spinach
- 1 teaspoon salt
- Butter or other fat
- 3 hard-cooked eggs
- 2 cups cheese sauce
- Bread crumbs

Oil baking dish, put in layer of spinach seasoned with salt and fat, layer of sliced eggs, layer of cheese sauce. Repeat until all is used. Cover with bread crumbs to which a small amount of fat has been added. Bake until crumbs are brown.

Time in cooking, 25 minutes.  
Temperature, 350 degrees.  
Recipe makes 6 servings.

If spinach is fresh, wash well, cook with little or no water, for ten minutes. Cut up and season. Use juice as it contains valuable minerals and vitamins.

Cheese sauce is made with two tablespoons of flour, two tablespoons butter or other fat, one cup milk and ½ cup grated cheese.

A child should be taught to eat all good wholesome food, and even though he does not like one food as well as some others, he should eat at least a small amount of everything that is set before him. Too much attention at meal time is just as bad as too little. A child likes to be the centre of attention and often refuses to eat because he gains attention in this way. But his interest may be aroused and his co-operation gained if he understands why good food is important. A food habits score card will often interest him and help him to check his own food habits.

**CHILDREN'S FOOD HABITS SCORE CARD**

	First scoring	Second scoring	Third scoring	Fourth scoring
<b>CREDITS</b>				
<b>MILK</b>				
For individuals under 20 years,				
1 quart daily.....	25			
1 pint daily.....	15			
<b>VEGETABLES, other than dried beans</b>				
Potatoes may be included as one serving				
3 servings.....	15			
2 servings.....	10			
If one serving is a green or raw vegetable add 5				
<b>FRUITS, fresh, canned or dried</b>				
Two or more servings daily....	10			
Once daily.....	5			
<b>ORANGE or TOMATO</b>				
Twice weekly.....	10			
Once a week.....	5			
<b>MEAT, (lean), fish, eggs, cheese, dried peas and beans</b>				
One or two servings from above daily.....	10			
<b>WHOLE GRAIN CEREALS</b>				
One serving daily.....	15			
Three servings weekly.....	5			
<b>WATER</b>				
1-1½ quarts a day (total liquid)	10			
<b>DEDUCTIONS</b>				
Use of coffee or tea.....	10			
Meat more than once daily.....	10			
Eating sweets between meals.....	10			
No breakfast.....	10			
Complaining about food.....	10			
Total deductions				
Total score				

THE SCORE CARD does not give a complete diet but emphasizes the foods which most children do not eat in large enough quantities. To the foods listed will need to be added moderate amounts of butter and other fats, sweets and other desirable foods.

SIZE OF SERVING—The size of a serving of fruit, vegetable, or cereal is between ¼ and ½ cup, depending upon the age of the child.

**What advertisers often give away you can't afford to be without.**



### Reader's Recipes

#### Porto Rican Pot Roast

- 3 pounds beef (inexpensive cut)
- 1 small bottle stuffed olives
- ¼ pound salt pork
- 1 large onion, chopped
- 1 cup boiling water
- 1 pint canned tomatoes
- 2 teaspoons salt

Make incisions in beef and stuff with chopped olives and salt pork. Brown on all sides in a little fat to which onion has been added. Add boiling water and tomatoes and simmer until tender. Thicken liquid for gravy. Season with salt.

Time in cooking, 3 hours.

Mrs. J. R. M., Minnesota.

#### Asparagus Italienne

- 1 bunch asparagus
- 2 tablespoons butter
- 4 eggs
- Salt and pepper
- Grated Italian cheese

Cook asparagus until tender. Cut into inch pieces and put in pan with butter. Cook two or three minutes. Beat eggs well, add salt and pepper to taste and pour over asparagus. Before the mixture sets, sprinkle the cheese over it, enough to suit your taste, and stir until done.

Recipe makes 6 servings.

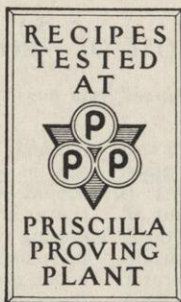
Mrs. E. F. F., New York.

#### Stuffed Banana Salad

- 6 bananas
- ½ cup figs
- ½ cup stoned dates
- ¼ cup nut meats
- Lemon juice
- Mayonnaise
- Powdered nuts

Peel the bananas and split lengthwise. Run the figs, dates, and nut meats through the food chopper and squeeze over the mixture enough lemon juice to make a paste. Fill the fruit sandwich-fashion with the paste. Dip in mayonnaise and then in powdered nuts, and serve on either lettuce or romaine.

Mrs. P. S. M., Connecticut.



#### Ham Muffins

- 4 tablespoons shortening
- 1 cup chopped cooked ham
- 1 egg
- 1 cup graham flour
- 1 cup white flour
- 3 teaspoons baking powder
- 1 cup milk

Cream shortening and add ham. Add egg well beaten and then the dry ingredients, mixed and sifted, alternately with the milk. Mix well and put into greased muffin pans. Bake in a hot oven.

Time in cooking, 30 minutes.

Temperature, 400 degrees.

Recipe makes 1 dozen muffins.

A. W., Wisconsin.

#### Maple Fluff

- 2 tablespoons gelatine
- 2 cups water
- 2 cups maple or brown sugar
- 2 egg whites
- ½ cup chopped walnut meats

Soak gelatine in one-half cup cold water. Boil maple or brown sugar with one and one-half cups water for ten minutes. Pour hot syrup slowly into soaked gelatine, stirring constantly. Let stand until it begins to set. Add stiffly beaten egg whites and walnut meats. If brown sugar is used add one-half teaspoon maple flavoring. Beat all together and pour into a mold to stiffen. Serve with custard sauce.

Recipe makes 6 servings.

Mrs. A. L. C., Toronto.

#### Date Pudding

- 2 eggs ½ cup sugar
- 2 tablespoons flour
- 1 teaspoon baking powder
- 1 cup dates 1 cup nut meats

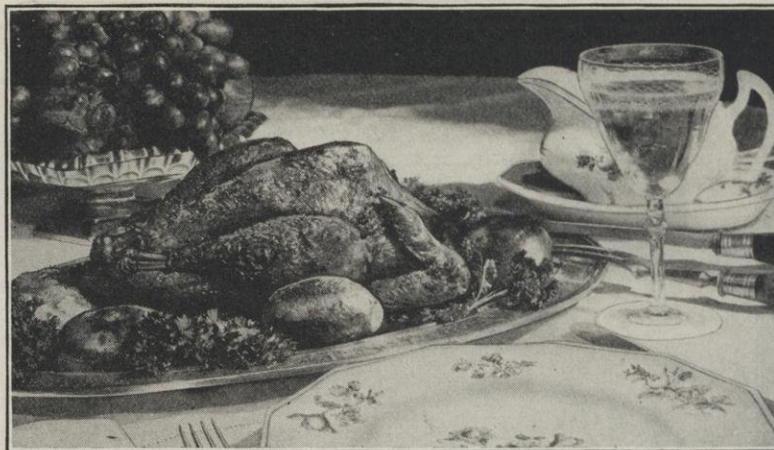
Beat eggs until foamy. Add dry ingredients and continue beating. Add dates, stoned and chopped and broken nut meats. Bake in a very slow oven. Cut in squares and serve with whipped cream.

Time in cooking, 1 hour.

Temperature, 250 degrees.

Recipe makes six servings.

Mrs. J. M. B., Kansas.



## To Women who love to serve flavorful exciting dinners-

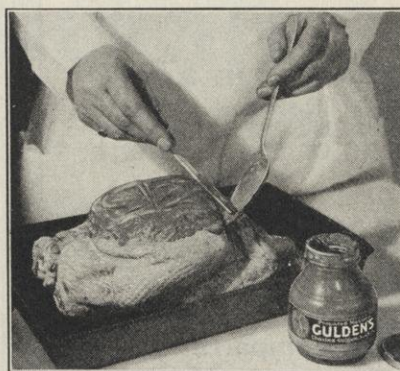
OVER in France cooks season food with half a dozen spices—a dash of this, a touch of that, a taste of something else. That is why over all the world the food of France is known for its delightful flavor. Here in America good cooks have found and learned to use one perfect seasoning that combines all the most delicate spices in one blended whole.

If you enjoy serving dinners to delight your friends and family, next time you cook, spread the surface of your meat—steak or chops, chicken, fish, roast or potroast—before cooking, with a generous layer of Gulden's Mus-

tard. In cooking vegetables, add the fragrant drops before serving. Mix them in sauces, soups and gravies. They give richer taste to every dish from spaghetti to *sauce Hollandaise*.

The basis of this perfect seasoning—as with famous chefs' methods—is a mellow, sun-ripened mustard, the kind that quickens appetite and adds to your appreciation and digestion of food. To this is blended, in deft exactitude, delicate spices from the far East.

Only in Gulden's do you get this blending of rich, mellow spices with the lively little mustard seed. That is why Gulden's is the *one complete seasoner* for cooking, giving delicious flavor and enjoyment to your food.



#### Delicious Roast Chicken

- For the stuffing:**
- 3 tbs. cooking fat
  - 1 tbs. Gulden's Mustard
  - 2 cups bread cubes
  - 1 tbs. salt
  - ½ tbs. sage
  - ½ cup boiling water
  - 1 medium sized onion

Cooked chopped onion in fat until slightly brown. Add mustard and mix in bread cubes (which should be stale or dried in oven and cut fine). Add salt and sage and moisten with about ½ cup boiling water.

Stuff chicken and sew, then cover the entire chicken with a thin layer of Gulden's Mustard. Roast in medium oven.

Send for sample bottle and 53 new recipes

SEND 10c. for a 2 oz. sample bottle of this delicious golden seasoning and a free copy of our recipe booklet, "Seasoning Secrets," containing 53 recipes with a new taste-thrill. Or check coupon for free booklet only. Charles Gulden, Inc., Dept. B-8, 50 Elizabeth Street, New York City.

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- I enclose 10c. for 2 oz. sample bottle of your delicious seasoner.
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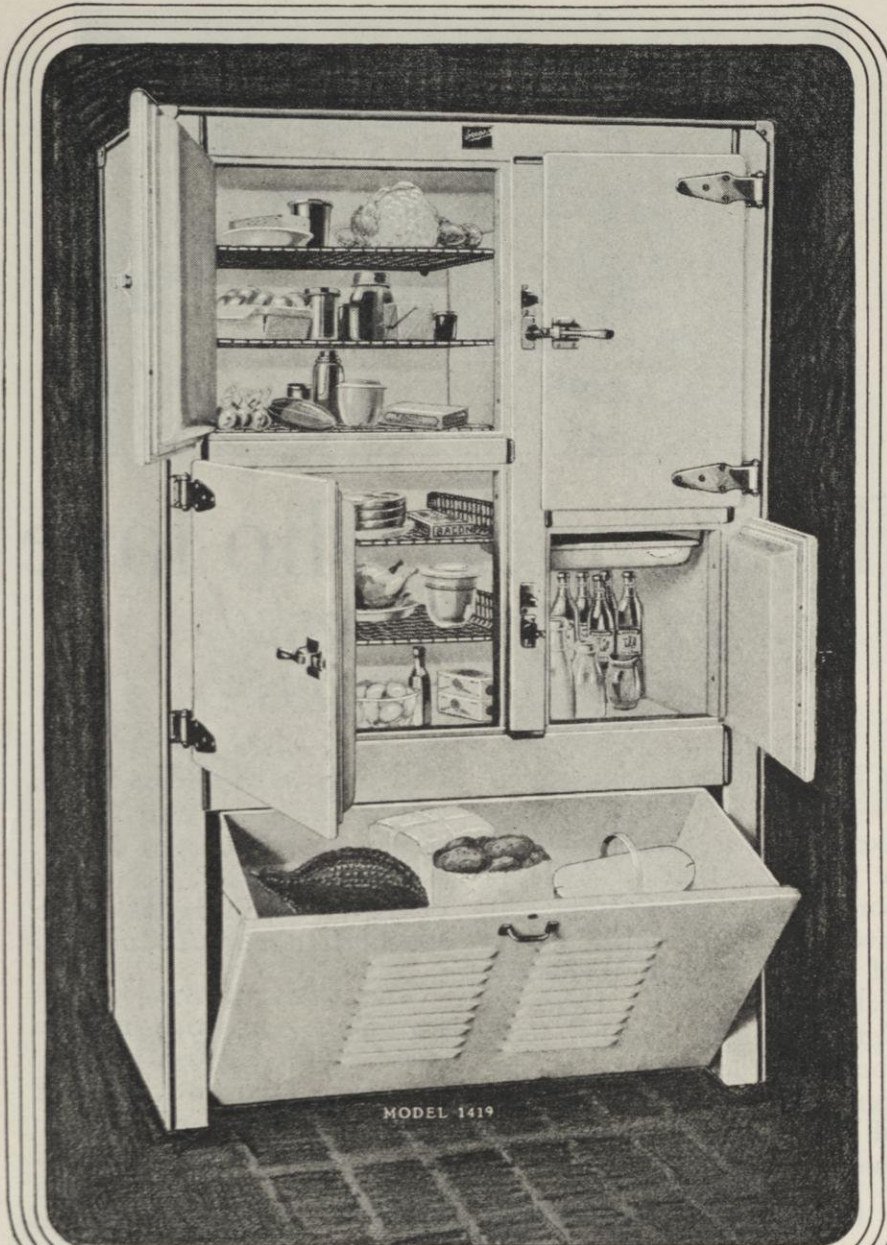


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USE IT AS A SEASONING IN COOKING

Buy advertised brands of household necessities. They are usually the best.



Send us your very best recipes. The ones that all your friends want to try because they are so good. Recipes submitted are read, compared, and if new to us, tested at the Priscilla Proving Plant before decision is made with reference to publication. Use level measurements always in writing out recipes. One dollar is the price paid for each recipe accepted. Contributions are not acknowledged, and unaccepted recipes are not returned unless stamped, addressed envelope is inclosed.



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CABINETS BY  
*Seeger*  
SAINT PAUL

Electrical Refrigeration installed in a New All Porcelain Cabinet by Seeger meets the most exacting demands of the present and of the future.

Among the many unique features of the New All Porcelain Cabinets by Seeger are

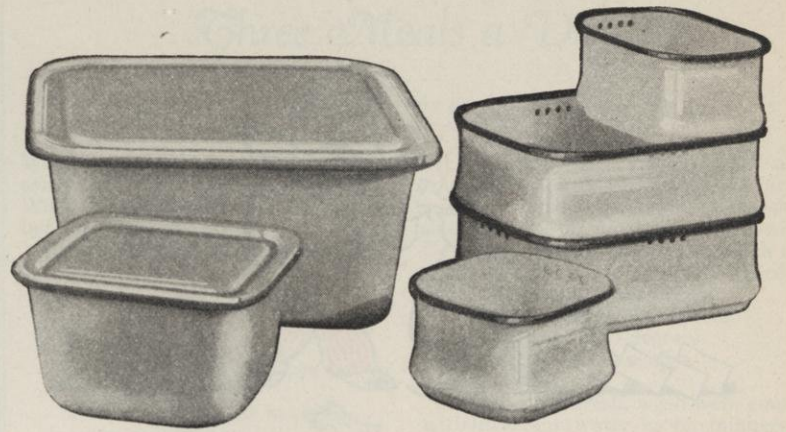
- Porcelain Vegetable Storage Compartment
- Porcelain Defrosting Pan—No Drain
- Removable Porcelain Baffle Wall

The Representatives of Electrical Refrigeration will be pleased to show and demonstrate the New All Porcelain Cabinets by Seeger in sizes to meet your requirements.

Cabinets by Seeger for use with ice and also for commercial purposes will continue to be shown by usual representatives.

SEEGER REFRIGERATOR COMPANY  
SAINT PAUL — NEW YORK — BOSTON — CHICAGO — LOS ANGELES — ATLANTA

*Standard of the American Home*



Dishes that can be piled one on top of the other help utilize refrigerator space advantageously. Those at the right have no covers but when they are stacked the upper ones cover those underneath

## Making the Most of Your Refrigerator

(Continued from page 17)

Make it a point to have each trip to the refrigerator count for as much as possible. Decide just what is needed for a certain task, get out all the materials at one time and do it quickly. Use a tray instead of walking back and forth from refrigerator to work table, leaving the door open meanwhile because both hands are full.

### Arrangement of Food

Never put warm food into the refrigerator. It will raise the temperature of the box and the steam from it will cause moisture which is another factor favoring food spoilage. But on the other hand do not let food stand in the kitchen or pantry after it has cooled to room temperature. Cool it and put it away as quickly as possible.

Do not fill up the refrigerator with the inedible portions of food. Carrot and beet tops, for instance, and celery leaves that are not to be used, might better be discarded as soon as they come into the house. They only take up space that might be used to better advantage for some other purpose, and extra work is demanded of the refrigerator in cooling them.

Meat may be left in the glazed or oiled paper in which it sometimes comes from the market, but it should never be left in contact with absorbent paper which draws out its juices.

Put the most perishable foods, milk and meat, in the coldest part of the box. In the side-icer type this is the bottom section directly under the cooling compartment. In a top-icer it is usually the centre of the bottom shelf. Test out your own refrigerator to see whether or not this theory holds.

Left-over moist cooked food should have the next coldest place. Fresh fruits and vegetables may occupy the warmest section.

Leave a little space between dishes to permit free circulation of air.

Foods of strong flavor, unless they are in closely covered containers, should be placed at the point where the air is about to pass into the refrigerating chamber, (that is, the warmest place in the box) so that odors which are picked up will be dropped there and not come in contact with other foods. Butter and other foods which readily absorb foreign flavors should have a place in the coldest section where the air is still fresh and free from odors.

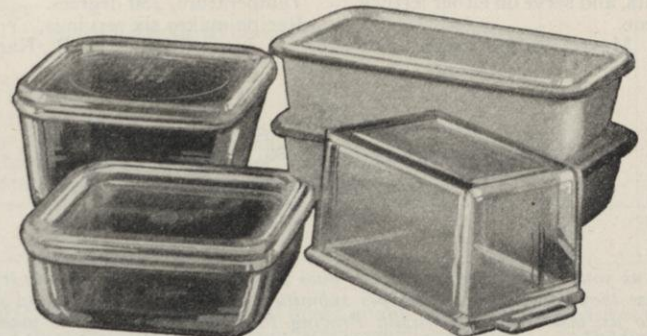
### The Value of Covered Refrigerator Dishes

Even though there is little danger of food flavors mingling when the refrigerator is efficient and properly arranged, covered dishes are still desirable as a preventive measure. They are essential, too, in electric refrigerators, to keep food from drying out. The atmosphere of these boxes is very dry and the air actually absorbs moisture from foods as it passes over them. Fresh green vegetables need not only to be covered but kept well moistened with water.

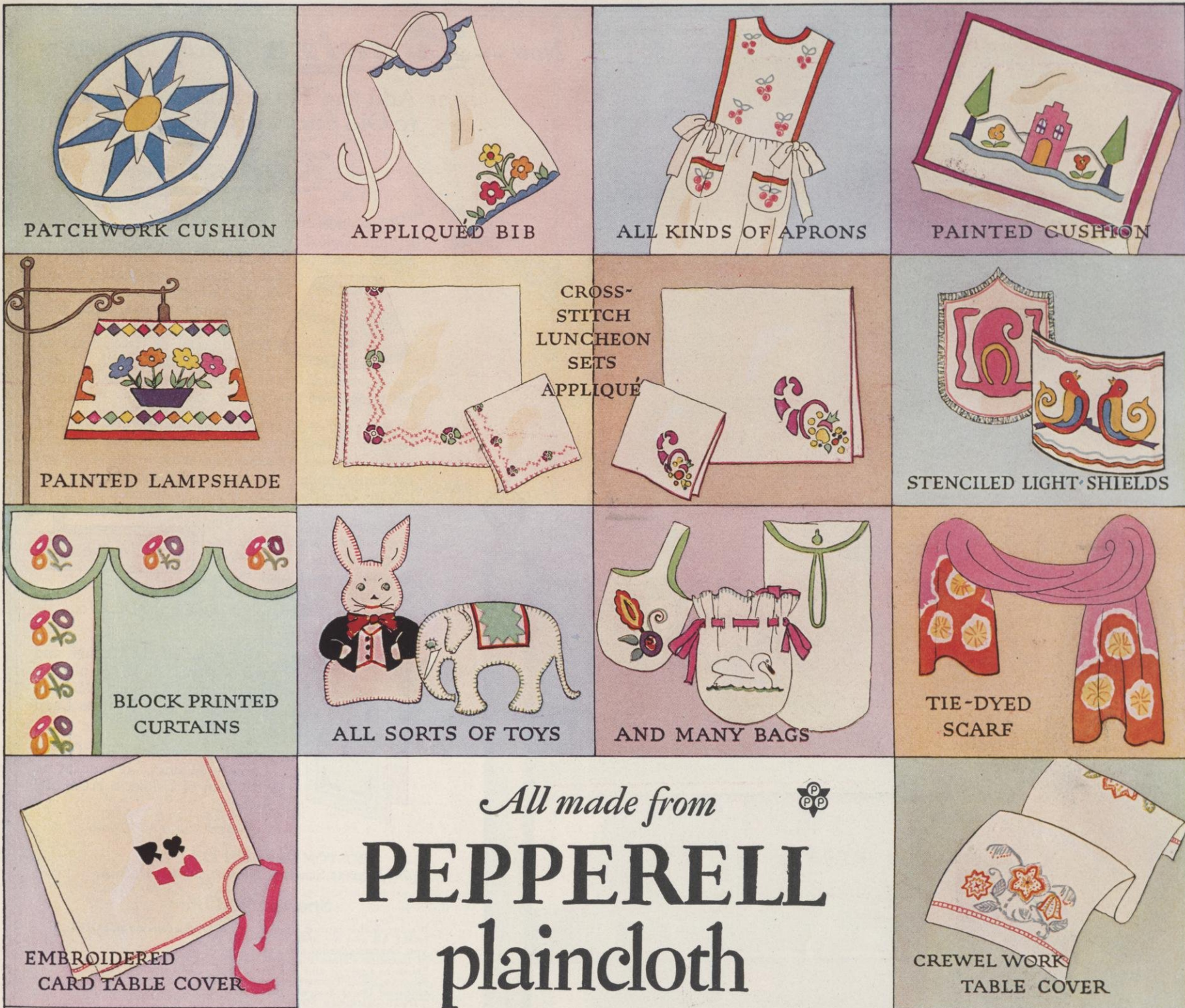
### Special Points for Ice Refrigeration

If your refrigerator is cooled with ice keep the ice compartment as full as possible. This is the only safe practice and an economical one as well. A piece of ice which has dwindled to a few pounds can not be expected to hold a temperature below the danger point of 50 degrees, even in the most heavily insulated of boxes, and the warmer the box becomes the more ice will be required to chill it again.

Never cover the ice in a refrigerator to keep it from melting. It must melt in order to cool the box, for it is by the absorption of heat from the food compartments that refrigeration is produced.



Convenient sets of refrigerator dishes can be obtained in either glass or enamel ware. Both are attractive in appearance and easily kept clean. They come in various sizes.



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CROSS-STITCH LUNCHEON SETS APPLIQUE

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ALL SORTS OF TOYS

AND MANY BAGS

TIE-DYED SCARF

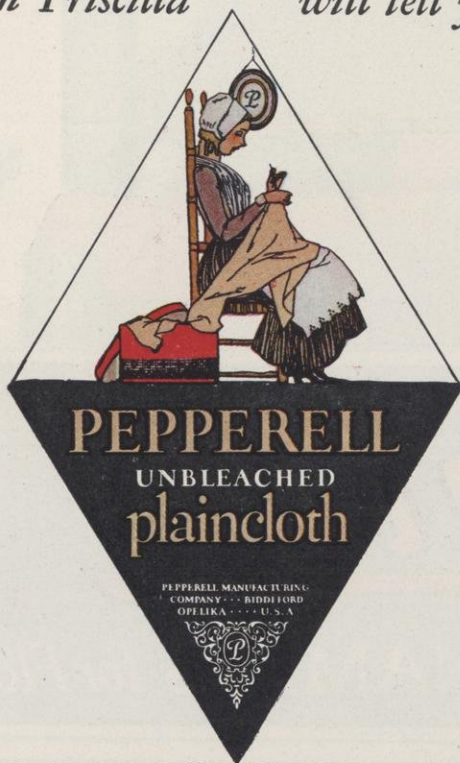
EMBROIDERED CARD TABLE COVER

CREWEL WORK TABLE COVER

*All made from*   
**PEPPERELL**  
 plaincloth

*Modern Priscilla will tell you how*

It was for the women who like to make these clever bits of handwork described in Modern Priscilla's pages each month that the makers of the famous Lady Pepperell Sheets created Pepperell Plaincloth—a new version of a fabric as old as civilization itself. Pepperell Plaincloth is simply this: beautifully woven pure cotton, in the natural unbleached shade which makes so subtle a background for the application of any sort of handwork in color, be it applique, painting, embroidery or batik.



It is so soft that clever mothers are using it for small children's dresses, and famous decorators drape windows with it in the most luxurious sort of rooms. Yet it is heavy enough to wear indefinitely, making it well worth while spending precious hours ornamenting it with the craft you like best to do. And, of course, it launders beautifully. You will find it at leading department stores, attractively packaged in a number of convenient widths, and at a price so low that it will amaze you.

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"Taking inventory of our furniture, before moving into our new home, my husband was all for throwing out an old kitchen set that had been in the family for a good many years. I said nothing at the time, but when we did move a week later I took with me, instead of a few shabby chairs and table, the loveliest breakfast room set you ever saw. I had simply used Kyanize Celoid Finish and a set of Kyanize Decals."

Mrs. H. H. Russell, New Castle, Pa.

## Now — *Kyanize* Decal Transfers

Add the Final Touch of Beauty to Old Furniture Refinished with

# *Kyanize*

Thousands of women have long known and used Kyanize Celoid Finish — the semi-gloss, solid tint enamel which works such wonders in transforming old pieces of furniture into usable, beautiful, good-as-new items. Even old black walnut or dingy oak hide their gloomy, worn-out surfaces behind one or two coats of Kyanize Celoid Finish. Lamp shades, vases, cabinets, trays—any number of pretty gift things owe their beauty to Kyanize.

And now — Kyanize Decals add the final touch of beauty! These exquisite floral and silhouette decorations—designed by recognized artists—can be applied by simply slipping the designs off the moistened paper directly onto the surface you have tinted.

Simply finish with Kyanize, either Celoid Finish for a satiny tinted effect — or Kyanize Floor Finish when you wish to reveal the wood grain. After the finish is dry slip the Decals on. It takes just a minute.

Give yourself the pleasure and thrill of refinishing an old piece of furniture with Kyanize Celoid and decorating it with Kyanize Decal Transfers.

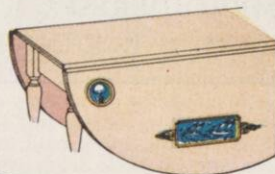
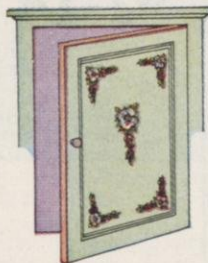
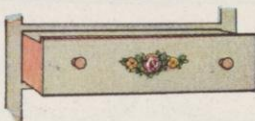
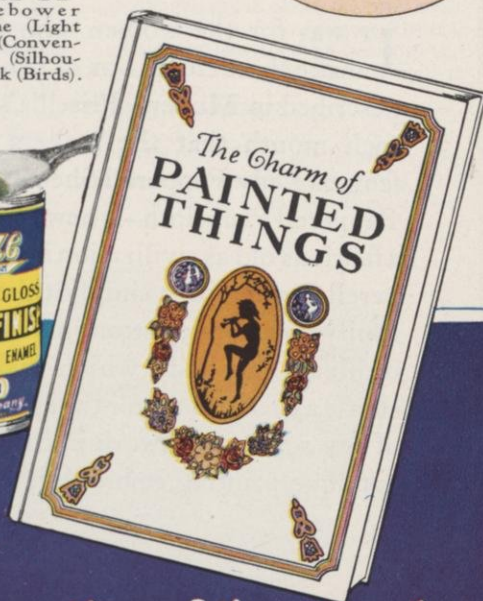
Send 10c for book, "The Charm of Painted Things," or a dollar for a trial can of Celoid, a brush and the book.

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768 Everett Station, Boston, Mass., U. S. A.

### Special \$1 Offer

If your dealer cannot supply you, send us his name and ONE DOLLAR and we will forward to you, charges prepaid, a full pint can of Kyanize Celoid Finish, a good brush to apply it and one sheet of Kyanize Decal Transfers. Mention tint and Decal desired. CELOID TINTS: Pale Ivory, Mellow Cream, Sunset Pink, Dixie Gray, Niagara Green, India Buff, Gulf Blue, Havana Brown, Granite Gray, Twilight Blue, Orange, Pure White. DECAL DESIGNS: Rosebower (Pink), Junetime (Light Blue), Balkan (Conventional), Cameo (Silhouette), Featherfolk (Birds).



# *Kyanize*

VARNISHES & ENAMELS for Floors~Furniture~Woodwork



### Helps—May

#### I Have a Square of Zinc Sheet

over a square of asbestos tacked at one end of my ironing board. This takes the place of the elevated stand that is commonly used. It cannot shift out of position as does the ordinary stand, and it means a considerable saving of energy because the iron can be pushed on to it instead of being lifted. — Mrs. S. E., Michigan.

#### I Have a Small Reel of Clothes Line

fastened to the wall of my sewing room. After cutting material I spread the pieces across the line and also lay sections of a garment over it as they are put together. The pieces are kept free from wrinkles and are all in plain sight. Of course the line is wound up when it is not in use. — Mrs. R. E. R., New Jersey.

#### I Put a Kettle of Water Over the Pilot Light

of my gas range every evening and in the morning have hot water ready for dish washing. — Mrs. F. K., New York.

#### When we Find that our Stock of Pickles is Running Low

we buy commercial dill pickles, cut them in quarters, and let them stand for a few days in the syrup left from pickled peaches and pears. — B. F., Washington.

#### There is Very Little Room in the Average Apartment Kitchenette

for storing even five pounds of potatoes, to say nothing of the various other root vegetables which one likes to keep on hand. I have solved the problem by purchasing an extra bread box which will slide under the gas stove. Cardboard partitions divide it into bins for white potatoes, sweet potatoes, onions and carrots. — M. B. A., New York.

#### I Use Paper Drinking Cups

instead of small bowls for the bits of cooking fat which I want to save. When I am ready to use the fat I peel off the paper or cut a slice the desired size right through the cup. No fat is wasted and I have no greasy dishes to wash. — Mrs. J. W. J., Minnesota.

#### Old Curtains of Muslin, Voile or Marquisette,

worn beyond service, can be used to advantage for tea balls. Cut squares from the unbroken parts of the cloth, measure into them the desired quantity and bring in the edges of the cloth to form a loose bag. Tie with clean cord, leaving several inches of cord on each bag to extend over the edge of the tea pot or cup. Many bags of tea can be prepared in a little leisure time and prove less expensive than the tea put up in individual bags. Pack the bags in an air tight container until they are to be used. — Mrs. D. H., Kansas.

#### When I Cook Dumplings

I cover the kettle with a glass pie plate so that I can readily see whether the water is boiling properly without removing the cover and letting cold air in. — Mrs. E. D. M., Massachusetts.

#### When Small Portions of Different Jellies,

preserves, and sauces are left over I mix them all together and cook them again, adding lemon or orange juice and sometimes nut meats. This makes a new and delicious conserve and uses up odds and ends that otherwise would probably be thrown away. — R. M. A., Kansas.

#### When I Want to Put Just a Thin Coat of Icing

on cookies, buns or cakes I use a long bristle brush. The icing must be quite thin. — Mrs. P. N. L., New York.

If you have discovered any unique "short-cuts" that save time, work or money, other homemakers want to know about them. We will pay one dollar for each one accepted. Suggestions must be original—never before published. Write on one side of paper. Sign name to each sheet. Mail to the Editor, Helps Department. No manuscript will be returned, so keep a copy. Payment will be made upon acceptance.



## A Delicious Roast Tonight

Ready to serve when He comes or ready at once on your own return.

Roasts are cooked crisp and brown outside, and rare or well done inside, as you wish them—not merely steamed. Bread, biscuits, cakes and pastry are baked light and flaky and to just the golden brown desired by every cook.

It also performs perfectly the simpler cooking operations of stewing, boiling and steaming.

### The UNIVERSAL Electric Oven-Cooker

It operates from any electric outlet, using less current than an electric iron; cooks an entire meal for an average family, and mostly in the absence of the cook. Cooking largely by stored heat, its current consumption is low, making it economical as well as efficient.

It is light enough to be easily handled; can be tucked away under table or sink, in closets, or on almost any shelf.

It is portable, too. The Oven-Cooker may easily be carried in autos on outings, and a delicious meal of home-cooked food can be served warm from it for the picnic or other outdoor occasions.

For every home need there is a "UNIVERSAL" Household Help only a few of which are shown in the border. Ask your neighbor or your dealer about their merits; they know and will be proud to tell you.

Universal Household Helps Sold by All Good Dealers

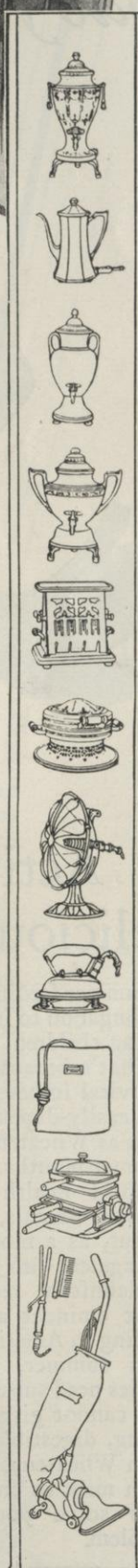
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The modern housewife's useful and handy reference book of beautiful table service and modern labor-saving appliances made under the well known UNIVERSAL Trade-Mark.



Landers, Frary & Clark - New Britain, Conn.

Makers of the Famous UNIVERSAL Household Helps for nearly seventy-five years



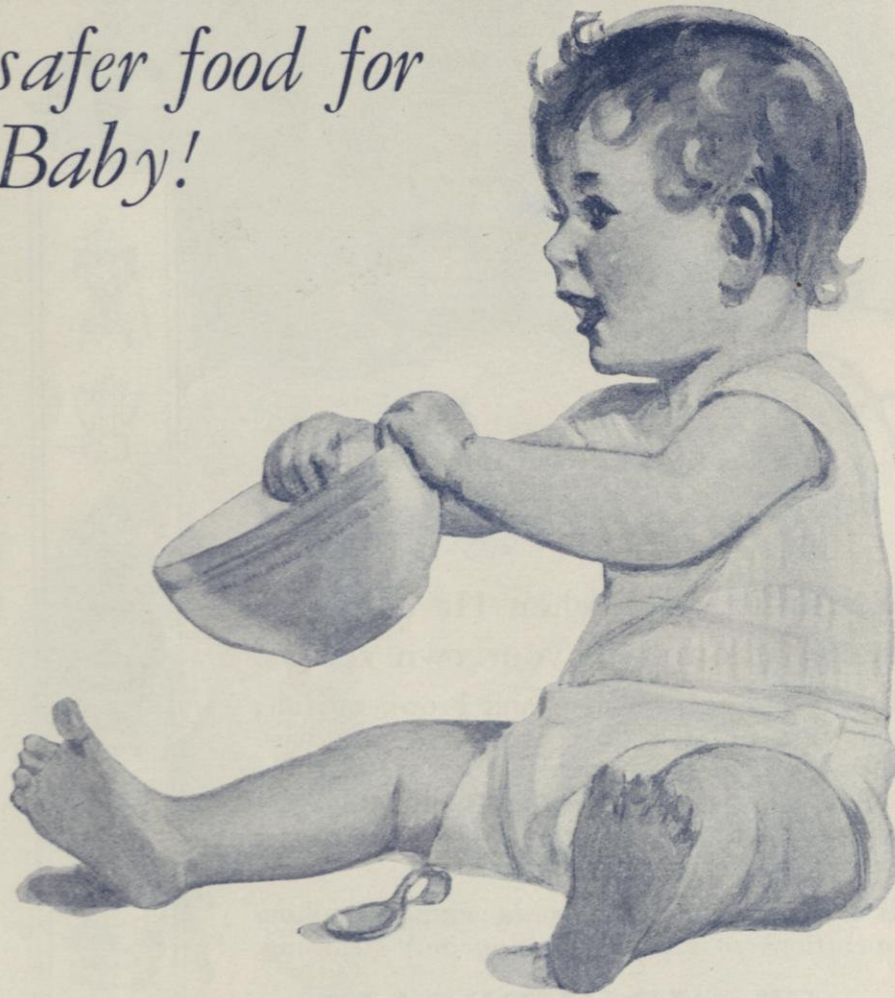
THE TRADE MARK KNOWN IN EVERY HOME  
**UNIVERSAL**  
 LANDERS, FRARY & CLARK, NEW BRITAIN, CONN.

Patronize your local dealer—but ask him for advertised goods.





In summer  
there's no better  
safer food for  
Baby!



Active little bodies need this  
delicious whole wheat nourishment!

Summer feeding is no longer a fearful bugaboo to intelligent mothers of young children.

That's because they have learned the vital importance of serving simple, easily-digested, nourishing food, such as Wheatena, during the trying summer months.

Child health authorities advise cooked cereals, preferably whole wheat, as a most healthful diet for youngsters—all year 'round. Wheatena is definitely recommended by the most eminent authorities on child feeding in America.

In summer, when active little bodies need substantial nourishment, you cannot give them a more appetizing, digestible and healthful food than Wheatena. Served hot or cold, with milk or cream, Wheatena will help solve your summer feeding problem.

Wheatena is whole wheat at its best. Children love it and never tire of it. Every spoonful contains essential nutrients: Carbohydrates for energy; Protein for body-building; Mineral Salts for bone and tissue; Vitamins B and E for growth and protection; Bran for safe regulation.

Give your child this safe, wholesome, whole wheat cereal regularly. Doctors recommend it for infants among the first solid foods.



FREE—FILL IN COUPON AND MAIL TODAY  
The Wheatena Company, Wheatonville, Rahway, N. J. Please send free sample package of Wheatena and recipe book, showing many appetizing and economical ways in which Wheatena may be prepared.

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**Wheatena**

The delicious whole wheat cereal

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PRISCILLA HOME FURNISHING BOOK. Rather different from the usual book on interior decoration, for it not only discusses how the family of average income may have an artistically and appropriately furnished house, but describes how certain of the suggested ideas can be carried out. Price \$2.00 postpaid.

Special Offer

Ten 10-cent booklets and any one of the 25-cent booklets for \$1.00.

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MAKE YOUR PORCH A PLAY ROOM



Keep the Kiddies Safe  
Away from the Street

WHERE children can play or baby can sleep, Aerolux Shades make any porch a wonderful outdoor room. Fashionable homes are first to adopt them, yet, lasting years, the cost is less than one-third that of awnings.

Ventilating top to bottom, yet draft, sun and rain-proof. Porch is always airy, cool and softly lighted for sewing, reading and rest. Complete privacy. Ideal for sleeping porch and summer cottage. Noiseless in wind. Anyone can install.

Many Designs and Colors



Verticolor comes only in Aerolux. Green with tan, or with French gray.

Choose between solid colors, or horizontal or vertical stripes—the vertical to give the last word in smart appearance to house and porch, and obtainable only in Aerolux. Weatherproof colors. See them at your dealer's.

THE AEROSHADE CO. 2724 Oakland Avenue Waukesha, Wis.



Porch Book FREE "Better Porches" shows many artistic ideas for delightful comfort and privacy at low cost. Send for free copy today.

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NO-WHIP  
VENTILATING  
PORCH SHADES

Keeps Curtains Clean

KEEPS the curtains clean and the starch in. Saves laundry work by protecting against wind, rain, and dusty screens. Attached to side of casing—envelops lower half of curtain—on or off in a jiffy. Does not cause wrinkles. Made of heavy durable cotton material, easily laundered. Sold by leading stores or sent by mail post paid on receipt of 50 cents per pair. Ask for Cottrell Curtain Cosy.

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Boston 11, Mass.

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CURTAIN  
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Write Today for Recipe Folder Telling How to Use Economical Crème Puff

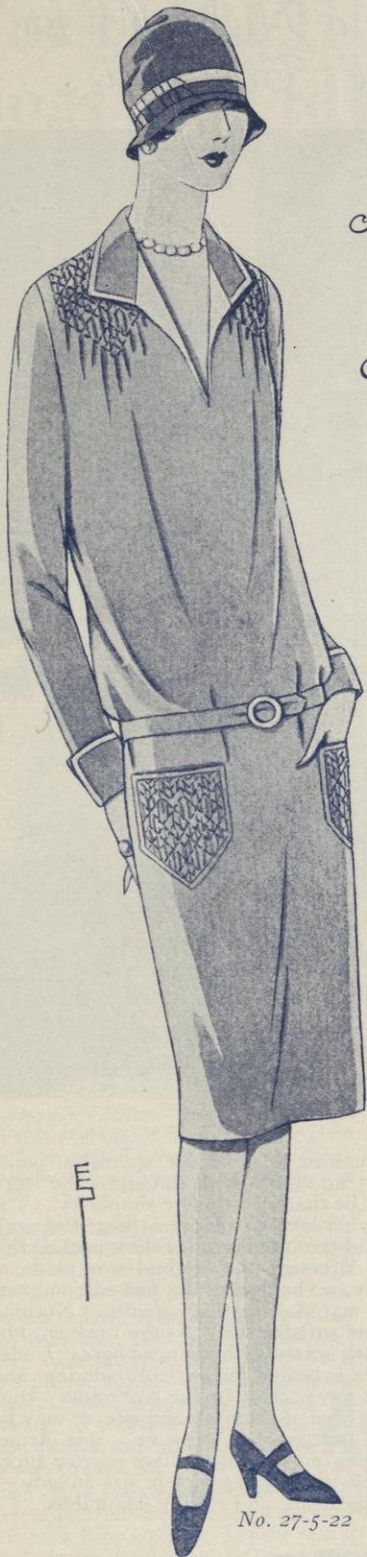
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Alice Bradley, famous teacher, shows just how to make her registered brands of APPROVED Home-Made Candies. Equipment, Work Sheet formulas, boxes, advertising cards, full selling plans—everything provided. Make money after 1st lesson! Write today for Free "Work Sheet" on FUDGE.

American School of Home Economics, 838 E. 58th St., Chicago, Ill.



*A Smocked Frock  
The Smartest  
Semi-Made  
For Sports Wear*



No. 27-5-22

**S**MOCKING is an outstanding feature of our indispensable sports wear this season — and if you are not versatile with your needle, 'twill give you great joy to know that the Shopping Editor has found this wholly delightful semi-made model with the pretty smocking all done in self color at the shoulders and on the clever pockets. The collar and cuffs with their white silk crêpe bindings are made up also. Facing back the front with white is a nice touch for those of us who cannot wear the collar closed becomingly, even if it is perhaps the smarter way.

A delightful all silk Honan, a Chinese fabric closely resembling pongee, but prettier, is selected for this model. It is color fast and washable and as joyfully easy to launder as our old friend pongee. (Smocking should be pulled into shape and lightly pressed over thick toweling.)

The dress is cut to your measure, as most of you know who have acquired the semi-made habit, and directions for completing the garment are included. The little pearl buckle is also provided for the belt.

If economy in clothes as well as style and service interests you, semi-made models will give you the utmost for your investment on every count, and there is so little to the making of them that any girl who can sew a seam can complete a dress perfectly.

No. 27-5-22 comes in sizes 14 to 20 and 34 to 44.

*If standard sizes do not fit you well, be sure to send your individual measurements.*

Dress may be had in Beige, Soft Green, French Blue, or Athenia Rose.

Price \$7.95

Address order to the Shopping Editor, 470 Atlantic Ave., Boston, Mass.

Send for your copy of "Vogues of the Season." (See page 63.)



*Already America has bought tens of millions of cakes*

*From France*  
**The gift of a Smooth Skin**

**B**EAUTY-WISE France! The country that can make any woman lovely. For hundreds of years all the world has looked to France for petal-smooth skin, for the magic of her fine toilet soaps.

Costly, extravagant—French soaps! But today, by the very method France uses for her finest toilet soaps, Lux Toilet Soap, white, delicious, is made in America!

That creamy smoothness you loved in French soap—that firm, fine textured cake! The instant, luxurious lather of Lux Toilet Soap tends your skin the true French way. It even lasts like French soap!

France with her passion for perfection—America with her genius for achievement! For Lux Toilet Soap is but 10c. Lever Bros. Co., Cambridge, Mass.



**LUX TOILET SOAP**

*To get full value out of your magazine read advertisements as well as text.*

# PITKIN

*Guaranteed  
Products*

delivered to your door

by this

*Money Saving  
Method*



**I**N the privacy of your own home, out of the rain or the beating sun, you may purchase Pitkin high grade food products and toilet preparations and have them delivered direct to your door.

This is a convenient way to shop; it is also very economical because you buy direct from the factory through factory representatives.

Every purchase of Pitkin Products is protected by our absolute guarantee of complete satisfaction. The full purchase price will be refunded—in cash—for any article which does not meet with your entire approval.

This guarantee is backed by the reputation of the Pitkin Laboratories, and we have never failed to settle a complaint to the complete satisfaction of the purchaser.

Save time and money — and — be assured of guaranteed products. Buy from the Pitkin representative in your community.

The Pitkin Laboratories  
Newark, New York

Positions available to reliable women.

We still have a few well-paying positions open for capable representatives. All active Pitkin representatives are protected in the territory assigned to them, but we will consider applications for positions in communities where we are not represented. This is a wonderful opportunity to secure a good, steady income in a highly respected occupation. Mail the coupon today.

THE PITKIN LABORATORIES  
Newark, New York

I am interested in a position, representing you in this territory. Please send full details.

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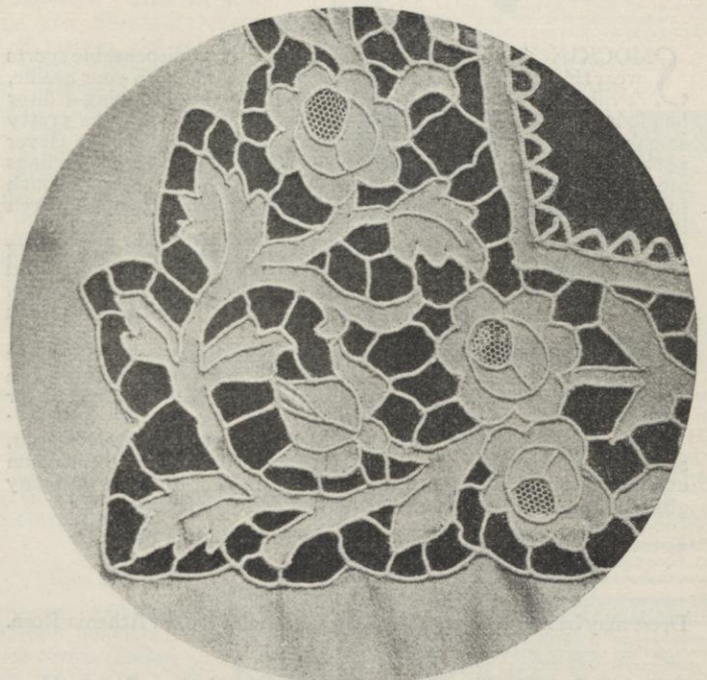
MISS E. M. SPICER  
TAKOMA PARK, D.C.  
HAS GIVEN 17 YEARS OF  
LOYAL SERVICE TO USERS  
OF PITKIN PRODUCTS

## Paris Designs a Nightgown for The Bride's Trousseau



No. 27-5-10

**W**HEN Paris designs trousseau lingerie, she spares no pains with her needle art, but no matter how elaborate the work may be, the effect must be that of exquisite simplicity. The bride who takes pride in having her lovely trousseau things the work of her own deft fingers will be glad the Needlework Editor packed this nightie in her portmanteau. Although the original was made of heavy coral pink crêpe de chine, we have chosen a fine silk and cotton fabric, the perfect lingerie material for this cutwork. Nothing will give longer service or greater satisfaction. As the work is to be kept delicate, the Italian cut work is used with wrapped bars. Under each rose bud a piece of fine net is basted before embroidering, and after working, the fabric is cut away close to the embroidery thus showing the net beneath. The edge of the neck and sleeves may be finished with buttonholing and buttonholed loops, or a fine Armenian, real Val, or plain net edging may be used. Five narrow tucks are used on each shoulder. This gown is designed in size 36 only — but it is a generously planned garment, and readily adaptable.



Price List of Patterns Obtainable from the Modern Priscilla Co.  
Will Be Found on Page 60

You can buy from Priscilla advertisers with a feeling of absolute security.

# “For THREE things vital to our babies’ comfort



*Handiest thing in the house”*  
Said 2000 women

WHAT makes baby cry? “Three things particularly,” say mothers. Little irritations that can easily be remedied with “Vaseline” Petroleum Jelly.

**To soothe chafing** — Spread a thin layer of “Vaseline” Jelly over the chafed parts, and be careful to avoid harsh or damp clothing.

**To avoid snuffles** — Gently rub the bridge of the baby’s nose and well up onto the forehead with a bit of “Vaseline” Jelly on the finger tip. Do this at frequent intervals. The chest may also be massaged gently with “Vaseline” Jelly and covered with a warm, soft piece of flannel.

**For freedom from scalp troubles** — Cradle scalp and yellow scurf which are so common among babies should be treated with a thorough massage with “Vaseline” Jelly before washing.

Purity is a particularly necessary quality in any product for baby use. That is why “Vaseline” Jelly enjoys such favor with mothers. It is refined by a private process depending on filtration, so that every bit of impurity is eliminated in the making. It is soothing and healing for any external medical use. At the same time it is absolutely safe to take internally.

“Vaseline” Jelly is on sale absolutely everywhere. Get a special bottle or tube for the baby and keep it with baby’s things. Let the rest of the family have another jar for their own uses.

And when you buy remember that the trademark “Vaseline” on the package gives you the assurance that you are getting the genuine product of the Chesebrough Manufacturing Company, Cons’d.

Write for free booklet of uses. Address Dept. MP 5-27 Chesebrough Mfg. Co., 17 State St., New York, N. Y.



# Vaseline

Reg. U. S. Pat. Off.  
PETROLEUM JELLY



## Special Values in Underwear

Found by  
The Shopping Editor

FOR graduation gifts — for replenishing your own supply of underthings — this opportunity is too good to miss — you cannot buy garments of this quality at this price but about once in a blue moon and nearly never in city shops. This fine glove silk underwear is pure silk (absolutely no rayon in it) Milanese weave of a beautiful texture. Garments are nicely finished. Samples of fabric will be sent on request.

Any Two Piece Set as listed, \$4.95  
Set No. 27-5-45. Vest and Bloomers  
Set No. 27-5-46 — Vest and Step-ins

Set No. 27-5-47 — Vest and Teddy  
Colors: Pink, Nile Green, Peach or Orchid.

Sizes: Vest and Teddy, 34 to 42.  
Bloomers and Step-ins, 4 to 8.  
(State color and size when ordering.)

Dance Set, No. 27-5-48, \$3.45  
Both Girdle and Bandeau are made of pink Swami cloth, in a rayon and cotton, pretty but durable material, and are trimmed with fine lace. Girdle is reinforced at the front, has two short bones at each side of front only and comes in sizes 25 to 32 waist measure and is 9 inches long at front and 11 inches at back.

Bandeau comes in sizes 30 to 38, and is 6½ inches wide at front and 2½ at back.

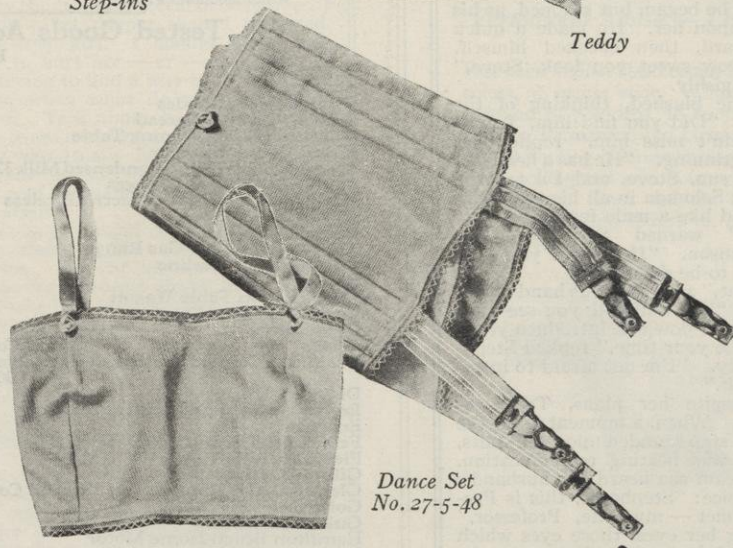
Address orders to The Shopping Editor, 470 Atlantic Ave., Boston.



Step-ins



Teddy



Dance Set  
No. 27-5-48



## FILM— Enemy of Your Teeth and Your Smile

To which many serious tooth and gum disorders are charged

Send Coupon for 10-Day Tube

RUN your tongue across your teeth, you will feel a film; a slippery sort of coating. Ordinary brushing does not remove it.

Film absorbs discolorations from food, smoking, etc. That is why teeth look dingy and “off color.”

Film clings to teeth, gets into crevices and stays. It invites and breeds the germs of decay. And that is why it is judged so grave a danger to the teeth.

Film is the basis of tartar. And tartar, with germs, is the chief cause of pyorrhea. That is why regular film removal is urged in correct gum protection.

Most dental authorities urgently advise thorough film removal at least twice each day. That is, every morning and night.

For that purpose, obtain Pepsodent, the special film-removing dentifrice which leading dental authorities favor. Different from any other tooth paste.

Pepsodent curdles the film, then removes it; then polishes the teeth in gentle safety to enamel. It combats the acids of decay and scientifically firms the gums. It multiplies the alkalinity of the saliva. And meets, thus, in all ways, the exactness of modern dental science.

On dental advice, people are adopting this new way of tooth cleansing. Obtain Pepsodent, the quality dentifrice, at drug stores. Two months’ supply at a moderate price—or send for 10-day tube.

### FREE — 10-DAY TUBE



FREE — Mail coupon for 10-day tube to The Pepsodent Company, Dept. 1080, 1104 S. Wabash Ave., Chicago, Ill., U. S. A. Only one tube to a family.

Name .....

Address .....

Canadian Office and Laboratories:  
191 George St., Toronto, Canada. 2389

## PEPSODENT

The Quality Dentifrice—Removes Film from Teeth

Cultivate the habit of reading advertisements. It pays real profits.


Saves Time, Work and Money

Easier, Quicker, Better

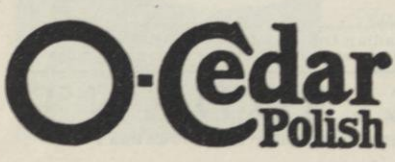
Cleaner Woodwork

Prettier Floors

Brighter Furniture



30c to \$3 Sizes At Your Nearest Store



(Continued from page 33)

very little of you, it seems to me, and if once in a dog's age you find me in your bedroom innocently glancing at a book, I don't see why you should feel obliged to raise the roof."

Stephanie flushed, but answered evenly: "Aren't you making a mountain out of a molehill?" She glanced at her watch. "Really," she said suggestively, "if I'm to dress for dinner..."

Tom's eyes flashed dangerously. "Go ahead and dress then!" he exploded. "We're married, aren't we?" Then he arose, but as he reached the door he turned, taking a step back into the room. The anger had left his face, replaced by a weariness that seemed to age him suddenly.

"I beg your pardon, Stephanie," he said quietly. "I have a whacking headache and didn't realize what I was saying. But don't dress on my account. I'm dining at the club."

Tom had left the house when Stephanie came down to breakfast in the morning, but at night he greeted her with his customary smile, and chatted pleasantly during the first courses of their meal. It was over the coffee that he electrified her, making the announcement as calmly as he might have asked for a glass of water.

"Oh, by the way, we've got to entertain a stranger tomorrow night—a male feminist, I believe, who lectures at the Woman's Club. Mrs. Porter couldn't get you, and called me up at the office. Junior's down with measles, so she had to dump the guest on us. You'll have to escort him to the lecture, Steve. I have a previous engagement."

Stephanie swallowed nervously. "What—what time does he arrive?" "On the five-fifty. I'll meet him and bring him up. It's an infernal bore, but I couldn't very well refuse. I'm sorry the worst of it will fall on you, dear, but I've an appointment with the publisher who's getting out the revised edition of that latest thing of mine. He's here for only a night at the Victoria."

"Oh, that's all right," said Stephanie, rather breathlessly. "I was going to the lecture anyway."

Tom threw her an amused glance. "I had forgotten that you were interested in the subject," he said good-naturedly.

AT last, thought Stephanie, she was to have her hour! She hadn't expected anything so wonderful. Of course, she would not be untrue to Tom, but, in some subtle way, she would show the professor what she had suffered. That was his due. Once in her room that night she read again the *Sheaf of Sonnets*, seeing on almost every page some little touch that meant herself.

Tom had his orders when he left the house next day. If Stephanie were not at the door to greet the guest, he was to be taken to his room. In this way she hoped that they might meet alone, since Tom was often leisurely about dressing.

Her own toilet was a sort of consecration. She spent a long, long hour arranging that "aureole of palest gold" as she had worn it in the days of her romance. Her gown was of cornflower blue—the blue he loved, and her eyes were shining; but there was far more color in her cheeks than had ever been in the cheeks of his "lily maid."

Her heart beat fast as his steps went past her room, and a moment later Tom rapped upon the door.

"Come in," said Stephanie. "Well," he began, but stopped, as his eyes fell upon her. He made a quick step forward, then checked himself. "How—how sweet you look, Steve," he said boyishly.

Stephanie blushed, thinking of the professor. "Did you find him, Tom?" "I couldn't miss him," replied her husband, grinning. "He has a head like the rising sun, Steve, and I'll tell the world that Solomon in all his glory was not arrayed like a male feminist!"

"Hush!" warned Stephanie, her cheeks crimson. "He'll hear you; and you ought to be dressing."

"All right," said Tom, his hand on the doorknob, "but wait till you see him! I'll try to get down to introduce you."

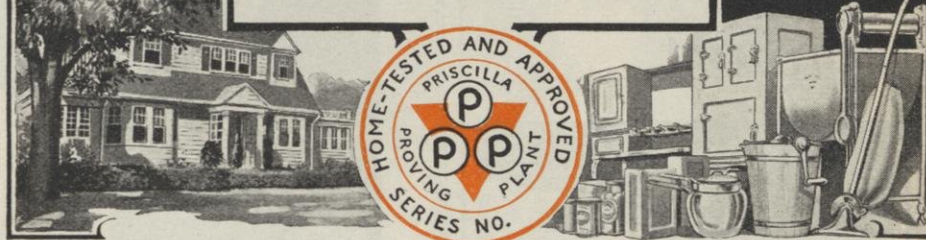
"Oh, take your time," replied Stephanie sweetly. "I'm not afraid to introduce myself."

But, despite her plans, Tom was down first. When, a moment later, the professor's step sounded upon the stairs, her heart was beating to suffocation. As in a dream she heard her husband's familiar voice: "Stephanie, this is Professor Wilmer—my wife, Professor," and raising her eyes, those eyes which had inspired the professor's sonnets, she met only a blank, unrecognizing, slightly puzzled gaze!

# HOME TESTED and APPROVED

Below is a list of the goods approved by the Priscilla Proving Plant after thorough tests, including actual home use; and advertised in Modern Priscilla during the past twelve months.

The Priscilla Seal of Approval, conspicuously affixed to these products for your protection, insures you of excellent quality and proven satisfaction. Look for this Seal when buying.



### For The Baby

- Borden's Eagle Brand Condensed Milk
- Dr. Denton's Sleeping Garments
- Horlick's Malted Milk
- Mellin's Food
- Mennen's Borated Talcum
- Nursery Aid
- Pet Evaporated Milk
- Vanta Baby Garments
- Wheatena—The Whole Wheat Cereal

### Dyes

- Colorite Fabric Dyes
- Diamond Dyes
- Putnam Fadeless Dyes
- Sunset Soap Dyes

### Food Products

- Borden's Condensed Milk
- Borden's Eagle Brand Condensed Milk
- Campbell's Soup
- Certo Fruit Pectin
- Crisco
- Del Monte Canned Fruits & Vegetables
- Fleischmann's Yeast
- Fould's Spaghetti and Macaroni
- Gold Medal Flour
- Gulden's Mustard
- Hawaiian Pineapple
- Horlick's Malted Milk
- Jell-O
- Kellogg's Pep and Bran
- Kitchen Bouquet
- Knox Sparkling Gelatine
- Kraft Cheese
- Mapleline
- Mellin's Food
- Pet Evaporated Milk
- Pillsbury's Best Flour and Pancake Flour
- Post's Bran Flakes
- Premier Salad Dressing
- Ralston Whole Wheat Cereal
- Royal Baking Powder
- Steero Bouillon Cubes
- Sun-Maid Raisins
- Swans Down Cake Flour
- Underwood Pure Deviled Ham
- Wesson Oil
- Wheatena—The Whole Wheat Cereal
- White House Coffee

### House Furnishings

- Aerolux Porch Shades
- Armstrong's Linoleum
- Caswell Rattan Cedar Lined
- Treasure Chests
- Combination Table Wagon
- Cottrell Curtain Cozy
- Judd "Bluebird" Curtain Rods
- Kirsch Flat Curtain Rods
- Majestic Underground Garbage Receiver
- Olson Rugs
- Ozite Rug Cushion
- Priscilla Electric Sewing Machine
- Sanitas
- Slyker Radiator Shield with Cane Grille

### Household Laundry & Kitchen Utensils

- Alaska Freezer
- Aluminex—Aluminum Ware
- Armstrong Table Stove and Waffle Iron
- Ball Fruit Jars and Rubbers
- Bicknell Folding Ironing Table
- Climax Food Grater
- Cupples Presto Jar Rings
- Darlo Dish Washer
- Fancy Cookie Press
- Fould's Vegetable Cooker
- Glenco Dustaway Mop
- "Good Luck" Fruit Jar Rubbers
- Ideal Fiber Cutter
- Kitchen Katch-all
- Real Seal Jar Caps
- Simplex Ironer
- Skimit
- Star Can Opener
- Mrs. Stewart's Bluing
- "Universal" Household Helps
- Viko Aluminum
- Whippit
- White Mountain Freezer

### Paints, Polishes & Lubricants

- Alabastine
- Butcher's Boston Polish
- Johnson's Prepared Wax, Waxer & Polishing Brush and Electric Floor Polisher
- Kyanize
- Metalglas (Metal and Glass Polisher)
- Nyoil
- O-Cedar Polish & Polish Mop

### Refrigerators

- Gibson Refrigerator
- Seeger Refrigerator (App. for Elec. Ref.)

### Soaps & Cleaners

- Bon Ami
- Chipso
- Energine
- Fab
- Fels Naptha Soap
- Gold Dust
- Ivory Soap and Flakes
- Lifebuoy Health Soap
- Lux
- Lysol
- P & G White Naphtha Soap
- Sani-Flush
- Sapolio
- Twenty Mule Team Borax

### Stoves & Ranges

- Armstrong Electric Automatic Range
- Campbell's Automatic Rapid Electric Range & Fireless Cooker
- Chambers Fireless Gas Range
- Glenwood Range
- Kitchen Craft Waterless Cooker
- Lorain Oven Heat Regulator
- Roper Gas and Electric Ranges

### Textiles

- Barbour's Linen Thread
- Boott Mills Absorbent Toweling
- Clark's O.N. T. 6 Strand Emb. Cotton
- Colonial Coverlets
- Cynthia Six Strand Embroidery Cotton
- Devonshire Cloth
- Indian Head Cloth
- Nashua Blankets
- Nun's Boilproof Embroidery and Crochet Cottons
- Old Bleach Linen
- Pepperell Sheets and Pillow Cases
- Pegnot Sheets and Pillow Cases
- Soiesette
- Startex Toweling
- Wright's Bias Fold Tape

### Toilet Articles & Druggists Supplies

- Chesebrough Vaseline
- Colgate's Ribbon Dental Cream
- Forhan's
- Frostilla Fragrant Lotion
- Ivory Soap
- Kotex
- Lifebuoy Health Soap
- Lux Toilet Soap
- Mennen's Borated Talcum
- Musterole
- Pepsodent Tooth Paste
- Sloan's Liniment

### Vacuum Cleaners & Carpet Sweepers

- Bissell Carpet Sweeper
- Sturtevant Household Cleaner

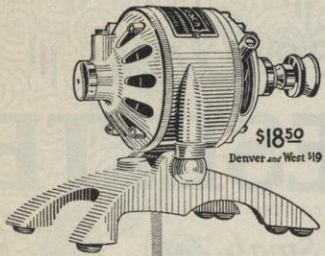
### Miscellaneous

- Embro Adjusto Embroidery Hoops
- Hamilton Beach Home Motor
- LePage's Glue
- Payson's Indelible Ink
- Perfect Hemstitcher
- Rutland Patching Plaster
- Sentry Anti-Moth
- Wiss Scissors and Shears

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We introduce our advertisers to you as friends. They can be trusted.



# This MOTOR Makes Sewing Easy



How pleasant and easy it is to sew, with the Hamilton Beach Home Motor operating your machine.

It eliminates all the hard work—makes your old machine as easy to operate as the finest electric. There's no tiresome pedaling, no racking back strain. *You merely guide the work.*

Simply place the motor against the hand wheel, rest your foot on the foot control pedal and sew—fast or slow—with never a broken thread.

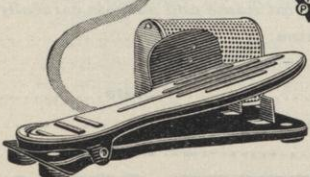
This same motor, with attachments, mixes cake batter and dressings, whips cream, beats eggs, sharpens knives, and polishes and buffs silver.

**Write** for interesting booklet. Learn how this \$18.50 Motor makes your old machine as easy to operate as the latest electric models. Sold by reliable dealers everywhere.

HAMILTON BEACH MFG. CO., Racine, Wis.



# Hamilton Beach Home Motor



Afterward Stephanie couldn't remember how they reached the dining room. She felt submerged in a sea of misery. Was she so changed? What had these six years done to her that he should not know her? With a tremendous effort she pulled herself together as the professor said, with a glance around the dainty dining room:

"You're from the East?"  
"Boston," replied Tom shortly, and was about to add that his wife was born in Mayburn, when the professor spoke again.

"I—thought so. For a moment I wondered if I hadn't met your wife before, but it's the Eastern look—of course. These Westerners are all so crude, you know."

"Yes?" replied Tom, with a glance at the professor's flowing necktie. "You know the West, then?"

The guest, who was at that moment conveying a delicious bit of turkey to his mouth, refrained from answering. When he spoke again, it was to make the startling statement that there was nothing so cramping to the human soul as marriage.

"Being a married man," responded Tom, suppressing his amusement as he threw a gallant little bow to Stephanie, "I shall be obliged to take exception to that remark."

THE Yorkshire puddings were being passed, and the professor helped himself liberally. It was then that Stephanie took her first long look at him. He seemed amazingly older than she remembered him. His hair was longer, too, or was it that she had become accustomed to her husband's smooth brown head? He had acquired a scant, red, pointed beard, and wore shell-rimmed spectacles, while his nails were polished in a way that struck her as effeminate. Only his voice remained unchanged. It stirred memories that brought color to her cheeks.

The professor was enjoying his dinner. He swallowed a mouthful of Yorkshire pudding, and spoke again.

"Yes, marriage is cramping. What man or woman married for ten years would not be glad to change his mate?"

"Rubbish!" exploded Tom, with unaccustomed rudeness.

Stephanie gasped, while the guest bent slightly forward, as if his ears might have deceived him.

"Are you married yourself?" asked Tom, still belligerent.

"Not I!" The professor's tone implied gratitude to a beneficent Providence. "Not that I haven't indulged in several little—er—romances, however."

He laughed lightly, as if relishing a pleasant tidbit, then went on dreamily: "I had a narrow escape once, years ago. In the West, too, though I can't just now recall the place. These western towns are all so much alike, and I've lectured at so many of 'em. I was lecturing then, on—er—poetry, I believe, and the innamorata, as she might be called, attended the lectures. Rather attractive, she was, in an unpolished sort of way; and devilishly in love with me, you know."

The professor paused to masticate a piece of turkey, but Stephanie had ceased to make any pretense of eating. Tom, glancing across the table in real amusement, stared at her, puzzled, then turned to the guest who had resumed his monologue.

"By the time the lectures were over, I was in a bit deeper than I intended. Nice little girl. I should have been sorry to hurt her—er—too much. I was trying to find a way to let her down easily, when what do you think happened? Talk about luck! Her father came to see me (a grim old hardware merchant who'd made the girl's life miserable from the day she was born), and offered me a cool thousand to leave town on the next train!"

Stephanie's hand crept to her throat in an effort to stifle the cry that rose to her lips. She did not see the one swift glance her husband threw her. When she looked at him, his face was turned resolutely toward their guest. He seemed to hesitate a moment, then said quietly: "Did you accept it?"

"Did I?" The professor shrugged. "Easiest thousand I ever made. Gave me my start, in fact. Paid for the publishing of my first book, 'A Sheaf of Sonnets'—perhaps you know it? Clever thing I did, too," (he laughed again, reminiscently), "dedicated it to 'A Memory,' and sent the girl a copy. Poetic justice, you know, and nothing tangible enough to injure me in any way. But she never thanked me. Queer that, for she was fond of me, that little girl—"

# During the twenty-four hours of every day...



For morning Dresses and School Dresses



Luncheon Sets

GOOD style, smart clothes from morning till night, and solid comfort all night long! That is what Indian Head gives to you and your family all the year round.

Indian Head is good-looking enough for sport, street and afternoon wear; sturdy enough for the hard use that growing children give their clothes. Its weave is interesting enough to make it attractive for luncheon sets and tablecloths. Its weight pleases the man who likes a shirt with some body to it. Its unchanging colors and laundry-proof quality make it a most suitable material for maids' uniforms. Its smooth, fuzzless texture makes it pleasing for sheets and pillow-cases, offering a cool surface delightful to the sleeper. The combination of weave, weight and finish makes Indian Head an ideal fabric for all kinds of embroidery.

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DEPT. 460, BOX 1206 - BOSTON, MASS.

Fast color Indian Head is covered by this unqualified guarantee: *If any garment made of Indian Head fails to give proper service because of fading or running of Indian Head colors, we will make good the total cost of the garment.*



# INDIAN HEAD

REG. U.S. PAT. OFF.

Permanent Finish — Linen Finish

Fast color Indian Head comes in 26 beautiful colors, 36 inches wide. White Indian Head is found in 7 widths, 18 to 72 inches; two finishes, Permanent and Linen. Indian Head Pillow Tubing is long-wearing, inexpensive, good-looking and soft. Four widths—30, 40, and 45-inch. Look for the name "Indian Head" in dotted letters on every yard of the selvage.



Tablecloths and Napkins

Indian Head is easy to embroider or hemstitch



Take No Chance Buy a Red Wheel Gas Range



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CLARK JEWEL LORAIN



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NEW PROCESS LORAIN



DIRECT ACTION LORAIN



DANGLER LORAIN

BACK of every Red Wheel Gas Range is an institution rivaling in every way America's greatest manufacturing organizations. With six great stove factories, huge foundries, modern enameling plants, expensively equipped research departments, skilled designers, thousands of highly trained workmen, and up-to-date equipment, American Stove Company is unquestionably able to build the finest gas ranges and sell them at the most reasonable prices.

Twelve years ago this Company gave to the World the first device to control automatically the heat of a gas range oven—Lorain, known everywhere by its famous Red Wheel.

Lorain eliminates all guess-work from oven cooking. It provides a means of cooking Whole Meals while you're miles away from the kitchen for hours at a time. It has created a new and easier canning process. In fact, Lorain has completely revolutionized home-cooking methods.

Tens upon tens of thousands of Red Wheel Gas Ranges are now in use and the number of owners is growing by thousands each week. Buy a Red Wheel Range and be happier.

AMERICAN STOVE COMPANY

Largest Makers of Gas Ranges in the World  
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Please send me free copy of your latest Lorain folder giving recipes for Cake—Plain and with Variations. (PRINT name and address plainly.)  
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M P-5-27

devilishly fond of me," he repeated, as if the phrase gave him pleasure.

"You must have been proud of yourself," said Tom, with blunt sarcasm quite lost on the professor.

"I was," responded the guest, helping himself bountifully to salad. "Easiest thousand I ever made."

There was a slight, grating sound as Stephanie's chair was pushed away from the table. "Tom," she said breathlessly, "I feel one of my dizzy attacks coming on. If you and Professor Wilmer will excuse me . . ."

She slipped from the room, while Tom also, arose. "Pardon me," he said, "but I must see that my wife reaches her room in safety. These attacks are very sudden. Here are the rolls, Professor, and more salad. I'll join you in a minute."

He closed the door carefully as he went out.

Stephanie was on the stair landing. She had dropped down on a window seat as if her feet could go no farther, but at sight of Tom she arose unsteadily, while her eyes, burning with shame, sought his. Tom's arm went 'round her, the first time in many, many months.

"Don't cry," he whispered, feeling the rising sobs. "He's not worth it, Stephanie. Go up to bed. I'll see to him. I'll say you're sick, and send him to the Victoria. He can't sleep under this roof! There, dear, just go to bed," (then savagely) "I hope the damned little cad chokes to death on his salad!"

His words brought an hysterical laugh from Stephanie—a heartrending laugh, it was so fraught with tears. "I'll do whatever you say, Tom," she said humbly. Then her head came up bravely. "Don't worry about me! But do whatever you want with him, Tom."

"If I did what I wanted," replied her husband vigorously, "I'd fix him so his own mother wouldn't recognize him!"

IT was several hours later when Tom returned to the house on the bluffs. He glanced up anxiously at the windows that were Stephanie's. They were open but a flickering light came from within, and he ran hurriedly upstairs, opening her door without his customary knock. But he paused on the threshold in amazement. Stephanie did not hear him. The bed clothes were thrown back as if she had risen hastily, and she sat on the floor before an open fire, feeding the flames with what seemed to her husband's frightened glance, an entire library. She was watching a little volume bound in limp brown leather curl into flame, and as the light grew dim she reached for a small blue book ornamented in gilt. It was then Tom stayed her hand.

"Stephanie—don't! My mother had books like those. I cannot let you burn them."

"They were what ruined me," she answered dully. "I was so fond of poetry, and," (her voice trembled), "he wrote such beautiful sonnets, Tom."

Tom smiled grimly, lifting the small blue books and replacing them upon the shelf. "I'll admit that," he said honestly. "I sometimes dipped into 'em when you were out."

"Why!" exclaimed Stephanie, "I didn't know you cared for things like that!"

"No?" said Tom; then added quietly: "Did you ever stop to think how little you do know about me, Steve?"

She looked up, her eyes brimming with tears, and he said quickly: "There, dear, we can't talk now. Why, Steve, you're cold! You're shivering, and sitting here between these windows! Hop into bed, and I'll bring you a hot drink."

When he returned, Stephanie had obeyed him. She lay against the pillows looking very sweet and young, two long braids framing a face which dimly reflected the rose-tinted shade of her bedside light. Tom slipped an arm beneath the pillow and raised her head till she had drained the last drop of the healing beverage. Then he said quietly: "I did a queer thing to-night, Stephanie. I inserted a dedication page in a perfectly dry book on practical electricity. I dedicated it to—my wife. I hope you don't object. It—it's not much, dear, but I fear it's the only sort of book I'll ever write."

"Oh, Tom!" breathed Stephanie. Her eyes shone with the madonna look that he had never seen there, but her voice broke, and lifting his hand she held it against her cheek, as she had that other day so long ago. He released it after a moment, to straighten the bed clothes and tuck them in; and something in the act stirred a faint, faint memory of Stephanie's childhood.

(Continued on page 63)

## For the care-free Dress

# SOIESETTE!

REGISTERED U.S. PAT. OFF.  
(Swah-Zet)

"COME on, Scottie! You don't have to sit back and look so funny with your head on one side.

"It's all right. We can play as hard as we want to. Mother says so.

"You see—I've got on my SOIESETTE dress. It's a Carefree Dress! Come on—let's play!"

**Ask your dealer for SOIESETTE to-day**

**Guaranteed Fast Colors!**

250 gay prints in a spirited range of colors! 32 Plain Colors! To make a lovely carefree dress that is *tubfast and scrubfast!*

The famous fabric for children's and women's dresses. It is a miracle of long wear. It washes perfectly. Its lustrous finish is a revelation. You can get it at a price that is most economical for such quality. Thousands of looms produce over a million yards each month to meet the demands of American housewives. Every yard of *genuine Soiesette* bears this imprint on the selvage "SOIESETTE—TUBFAST". Width 32 inches. Also famous for women's dresses, tea sets, draperies, pajamas. Pattern numbers 2959-5, 2991-5, 2805-5, and 3000-5 in this issue are specially suggested as suitable for Soiesette.

**SOIESETTE is made exclusively by the great Ponemah Mills, Taftville, Connecticut.**

## Send for "Soiesette Sally and Her Dresses"

This wonder portfolio—with the cutest paper dolls and a special package for mother.

**Soiesette Sally and Her Dresses**  
by Virginia Huntington

Miss Virginia Huntington  
c/o American Bleached Goods Co., Inc.  
Dept. 15, 39 Leonard St., New York, N. Y.

Please send Soiesette Sally and Her Dresses. Also the little surprise package for mother containing samples of the latest plain colors and printed patterns of SOIESETTE. I enclose ten cents for mailing. (Please print name and address carefully)

Parent's Name \_\_\_\_\_  
Address \_\_\_\_\_  
City \_\_\_\_\_ State \_\_\_\_\_  
My dealer's name is \_\_\_\_\_  
City \_\_\_\_\_ State \_\_\_\_\_

**The New Printed Cottons Have Smart Possibilities**

**N**EVER has a season shown such a wealth of attractive printed cottons, many soft as silks in texture, and all smartly patterned, some featuring quaint little old timey effects, others the ultra modern design developments. For house frocks, porch frocks, sports frocks, or any informal day dress they are the vogue, and for the kiddies' things they are without equal.

No. 2805-5 gives two-piece chic with one-piece comfort, and follows the mode for pleats at the front. This model is designed in sizes 16-18 years and 36 to 42.

No. 2991-5 is the simplest of bloomer dresses which is as adorable as it is practical if developed in a gay little soisette. This little costume comes in 2 to 8 year sizes.

No. 2959-5 is another dear little bloomer dress, this time pocketed, and pleated fashionably under the arm. In two to eight year old sizes is this model designed.

No. 3000-5 has a favorite neckline and the new pocket topped pleats. This frock may be had in sizes 16-18 years and 36 to 44.

No. 2984-5 has freedom giving pleating at the sides and is the ideal frock for active sports. Designed in sizes 16-18 years and 36 to 42.

Price of Cutting Patterns, 15 cents each



# Peace-of-Mind

Under Woman's Most Trying Hygienic Handicap

By ELLEN J. BUCKLAND  
Registered Nurse

**S**HEER frocks and gay gowns under difficult hygienic conditions used to present a serious problem—women thus were handicapped, both socially and in business. But today, to the modern woman, they come as the merest incident.

The old-time "sanitary pad," hazardous and uncertain, has been supplanted with a protection that is absolute. Wear lightest, filmiest things, dance, motor, go about for hours without a moment's thought or fear.

### Kotex—what it does

Unknown a few years ago, 8 in every 10 women in the better walks of life have discarded the insecure "sanitary pads" of yesterday and adopted Kotex.

Filled with Cellucotton wadding, the world's super-absorbent, Kotex absorbs 16 times its own weight in moisture. It is 5 times as absorbent as the ordinary cotton pad.

It discards easily as tissue. No laundry—no embarrassment of disposal.

It also thoroughly deodorizes, and thus ends all fear of offending.

### Only Kotex itself is "like" Kotex

See that you get the genuine Kotex. It is the *only* sanitary napkin embodying the super-absorbent Cellucotton wadding.

It is the *only* napkin made by this company. Only Kotex itself is "like" Kotex.

You can obtain Kotex at better drug and department stores everywhere. Comes in sanitary sealed packages of 12 in two sizes, the Regular and Kotex-Super.

Supplied also in personal service cabinets in rest-rooms by West Disinfecting Co.

Kotex Company, 180 N. Michigan Ave., Chicago, Ill.

Kotex Regular: 65c per dozen

Kotex-Super: 90c per dozen



PROTECTS—DEODORIZES

We introduce our advertisers to you as friends. They can be trusted.

**Easy Disposal**  
and 2 other important factors



① Disposed of as easily as tissue. No laundry.



② True protection—5 times as absorbent as the ordinary cotton pads.



③ Obtain without embarrassment, at any store, simply by saying "Kotex."

No laundry—discards as easily as a piece of tissue



# The Sins of Price

**P**PRICE cutting sins against quality. Price cutting sacrifices serviceability—because low prices are often made by “skimping,” by adulteration and substitution.

The United States Pure Food Law made the sins of price a crime. But this law protects you only on the things you eat.

In many other lines, the “manipulation” of merchandise to make price “baits” is not illegal—

For example, cutlery may be stamped and not hand forged. Aluminum ware may be made of light weight metal. Enamel ware may have two coats instead of the standard three. A price a few cents lower is always a tempting price.

In clothing, a cheaper lining saves 25 cents per coat; a cheaper sleeve lining alone saves 15 cents; composition buttons save 5 cents; cheaper pocket material 5 cents; a belt *not* interlined saves 5 cents.

A “skimped” pattern saves material. A leather lined coat can be made two inches shorter, with wide cloth facings—saving 50 cents per coat.

These are the sins of price. For fifty-five years, Montgomery Ward & Co. has sold only reliable, standard goods. Quality first—then low price—but we never sacrifice quality to make a seemingly low price.

*A Price too low—makes the Cost too great.*



**An example of Ward Quality**  
This shoe has a second sole as good as the outer sole. Similar appearing shoes are sold at 25 cents less—by making the second sole of leather costing 20 cents instead of 45 cents. Such shoes are worn out when the first sole wears through. The saving in cash is 25 cents—the loss in serviceability at least \$2.00.

Use Your Ward Catalogue for Greater Savings

ESTABLISHED 1872  
**Montgomery Ward & Co.**

Chicago Kansas City St. Paul Baltimore Portland, Ore. Oakland, Calif. Fort Worth

**"I Didn't Think Making Money Could Be So Much Fun"**



"I do not believe any but those who have gone into this work can really appreciate the joy it brings. All the big orders I placed with you have been sold. In four months we have taken in \$827.65."  
Would you like to make \$10 to \$25 a week at home and thrill to the joy of decorating lovely gift wares? You need no special ability. Other women with no previous experience are doing it. Fireside Industries teaches you amazing new methods—makes everything easy.  
**FASCINATING SPARE-TIME WORK**  
There's no more interesting diversion—and the money is always welcome! In your leisure time, and under personal direction of Gabriel Andre Petit, you decorate parchment shades, candle sticks, table runners, book shelves, baskets, book ends, and countless other art objects so much in demand. Work is just like play. Through membership in Fireside Industries, you get articles cheap—sell them at big profit. We furnish artist's outfit without extra cost to all members.  
**FREE—BEAUTIFUL NEW BOOK ON DECORATIVE ARTS**  
Gives full details of this wonderful new source of spare-time income. Illustrates beautiful home accessories you can decorate. Explains simple methods which enabled women who started work for pastime to build up steady incomes. If you long to express your personality a new way—if you want to turn your spare-time at home personally a new way—write for this 22-page book today, sure. Enclose \$10 to \$25 a week—write for this 22-page book today, sure. Enclose 2c to help pay postage. There's no other obligation at all.  
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Fireside Industries, Dept. 12-E, Adrian, Mich.  
Please send me at once your free book on Applied Art, with full details of membership in Fireside Industries. I enclose 2c stamp.  
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City..... State.....  
Write in pencil—ink will blot.

**SUNSET SOAP DYES**

Why Soap is used in SUNSET

There's real reason for "soap" in SUNSET Soap Dyes—it cleans the cotton, silk, wool or mixed goods; prepares it to receive the dye.  
The soap softens the fabric, opens it up so the dye penetrates and gives brilliant, even, lasting color unobtainable with other dyes.  
SUNSET is not an ordinary dye. It is manufactured exclusively by this company by a special process protected by U. S. Patents.  
Refuse substitutes—ask your dealer to get SUNSET for you, or send to us for colors wanted.

**NORTH AMERICAN DYE CORPORATION**  
Dept. 19  
Mt. Vernon, N. Y.

**AT YOUR DEALERS OR SEND TO US DIRECT 15c**

**Flower Frocks of Pastel Organdie**

By Eleanor Bliedling

No. 27-5-32

**L**OVELY enough for a rainbow of bridesmaids, festive enough for Tree Day, delightfully simple enough for any girl to wear on any summer day is this charming frock of crispy organdie. Sprinkling; the whole affair with bright little nosegays worked in wools is the most adorable notion we have imported from Paris in many moons. The dress is so utterly simple to make, with its demure straight bodice cut with the most abbreviated kimono sleeves and finished with bindings of self material, and its perfectly plain straight skirt full in at the low waistline, that one can afford to spend a bit of time on the embroidery. But at that the stitchery is so easily and quickly done with the yarns, the work becomes a pleasure. A slender little girdle of half-inch velvet ribbon in lavender on a blue or pink frock, and blue on an orchid frock would add to the enchanting ensemble.  
The dress may be had in blue, pink or orchid organdie and is designed in a sixteen-to-twenty year size.

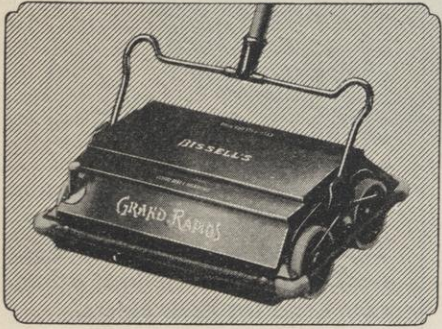


Gay peachy pink, forget-me-not blue, buttercup yellow, and lilac are combined with vivid jade green in the flower clusters and are equally attractive on the blue, orchid, or pink organdie. The detail at the left shows the familiar stitches used—daisy stitch, French knots, rambler roses and running stitch

Price List of Patterns Obtainable from the Modern Priscilla Co. Will Be Found on Page 60

The more you read advertising the more interesting it becomes.

# Gets the Dirt and Lint Instantly

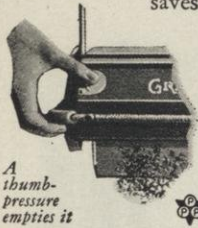


As a time saver the carpet sweeper has never been equalled. Housekeeping authorities confirm this fact. The Cyco Ball Bearing Bissell gathers up dirt, grit, lint from rugs—keeps them faultlessly neat and free from litter—requires less time than the same work done any other way.

A new Cyco Ball Bearing Bissell will delight you with its ease of operation. Rubber bumpers on all four corners protect the furniture and baseboards. Just a thumb-pressure on the dump lever empties the sweeper pans.

Efficient housekeepers keep a Bissell on each floor. The price is so low and the time it saves more than justifies having the extra sweeper.

The cost of the first half-dozen brooms it saves pays for a Bissell which lasts for years. Play-size Bissells for a few dimes. At department, house-furnishing, furniture and hardware stores. Booklet of Bissell Models, or suggestions for proper care and use of your present sweeper—on request.



## BISSELL

Carpet Sweeper Co., Grand Rapids, Mich.

### Carpet Sweeper

# Dinner Cooked While you rest

A whole meal can be cooked at one time over one low flame in the Kitchen Craft Waterless Cooker—while you rest or do other things. Foods will neither scorch nor burn and since they are cooked in their own juices, (no extra water needed) acquire delicious flavors seldom obtained in ordinary cooking. Meals are more healthful because all mineral salts and vitamins are retained in the foods—not boiled out and lost in water as in pan and pot cooking. Write for FREE booklet completely describing the Kitchen Craft Waterless Cooker as recommended by food authorities everywhere.

**THE KITCHEN CRAFT CO.**  
Health Hill West Bend, Wis.



Kitchen Craft Waterless Cookers are made of aluminum. Practical size for average family \$9.85. (Slightly higher in Canada and Far West.) Sold direct to the home.

### KITCHEN CRAFT Waterless Cooker

## CHO-ME QUALITY CHICKS

From Missouri, The Big Chicken State Hatched in our 1,000,000 Hatchery. Quality and delivery guaranteed. Prices lowest, quality considered. FREE POULTRY BOOK full of valuable information. ALSO FREE 1-year subscription to a famous poultry magazine. 10 Valuable Poultry Lessons free to customers. Write today for best baby chick offer ever made. SMITH BROS. HATCHERIES, Box 120, Mexico, Mo.

### One trip Clears the Table!

Saves Thousands of Needless Steps  
Speeds Housework! Better than a Maid! Helps at entertaining! Has 100 Other Uses!  
Write for Free Book and all details of this New Service Wagon.  
Combination Products Co., Dept. M-501, Cunard Bldg., Chicago, Ill.

(Continued from page 11)  
HONORE closed her eyes. Incredibly, it was a relief to have the girl there. The young thing was so poised, so serene, so capable. Impersonal, too,—like a trained nurse. She was moving about the room now, drawing down shades, making it dim and cool. . . .  
The mistress of the house slept. When she awoke, the quiet figure was still at her side. She sat up, confused and apologetic.  
"I must have dropped off," she murmured, "and kept you here. I'm so sorry. How long did I sleep?"  
"Only an hour. It was just what you needed. You feel almost normal now, don't you?"  
"Yes, I think so. Thank you so much."  
"Aunt Julia always did. When those attacks are over, they're over. That's one good thing about them."  
"You understand, I am sure," the patient brought out, "that this is my little secret—that Sterling is not to know."

The girl nodded.  
"Of course not," she agreed, and added slowly, as if to herself. "It explains a lot."  
"Explains?" The other was puzzled but still too drugged by the comfort of release from pain to make much mental effort.

"Yes. It shows me—but I mustn't talk now. I'll leave you to take another nap."

"No—stay, please." Honore emphasized her words with a detaining gesture. She was seeing a new side of the girl and it interested her. "I'd like to talk," she ended.

The guest hesitated.  
"Are you sure you feel up to it?"  
"Quite sure."

"Then I'll stay a little while," the girl agreed in her cool, comfortable voice, and settled down again in the low chair she had drawn close to the davenport. It brought her bobbed head on a level with the reclining head of her hostess and made it easy for them to look into each other's eyes as the older woman turned to face her. "I'm leaving tomorrow, by the way, so this may be our last chance for a farewell chat," the guest added.

"You're leaving?" Honore partly rose in her surprise. Isn't that very sudden?" she brought out. "We hoped you could give us a month."  
"No, I didn't expect to stay more than two weeks. And until today I meant to leave without saying anything and to send Sterling a letter after I was gone. But now that I understand things, I think it's better to have a talk. It will relieve your mind, too," she added comfortably.

Her hostess lay back and closed her eyes.

"I'm afraid I'm a very stupid woman," she sighed, "or perhaps my brain isn't working well. Would you mind telling me exactly what you mean?"

The girl nodded.  
"I'm going to," she promised. "I shouldn't have if I had only half understood, as I did up till now. But now—I don't know just where to begin," she slowly interpolated, "but it all amounts to this: None of the others will do!"

HONORE sat up again, but a firm, though gentle, young hand resolutely pressed her back into an easy position.

"I'm not being disagreeable," the clear voice cheerfully continued. "I'm paying you the highest compliment I know, for you're worth it. I'm being absolutely frank with you. You see, she went on, as the other woman took this in stunned silence. "I knew from the moment I met you that I wasn't at all the girl you'd have chosen for Sterling. I knew, too, just what Cassie thought of me and exactly what she would tell you. I knew that when I came here, I'd do exactly what you expected me to, just as I did exactly what I knew Cassie expected me to do when I went to her house, and just as I did exactly what the Judge expected me to when he decided that I was extravagant. I had only been extravagant once, at that time, but I've been extravagant ever since to live up to the reputation it gave me, just as I've lived up to the reputation of being a flirt which I got long before I deserved it. All my life some imp in me has made me live up to the worst people expected of me. I was a young fiend with teachers that did not like me, although I always got along all right with those who did."

She paused politely, but the older woman was still too much amazed to speak.

"I'm not apologizing for myself."  
(Continued on page 59)

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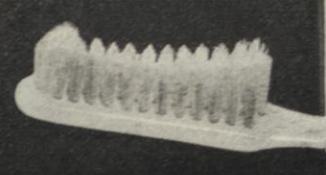
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No. 27-5-29

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Found by The Shopping Editor

To look like the sportsy things you find in the smart shops and to cost a dollar is some achievement for any hat — but here is the hat that does the trick, and it has taken the girls and the Fashion Editor by storm. The embroidery wools are included in this price, too!

Yes, you make it yourself out of two pieces of felt — a round piece for the crown, a straight strip for the brim. It won't take one evening to do it all.

Embroider the motif on the brim section. Blanket stitch leaves. Couch two strands of yarn to outline flower. Fill flower with running stitch and single stitch the centre. Work a fancy blanket stitch around edge of crown, and top edge and ends of head band section. As you make this blanket stitch, take the stems of two stitches into the same place each time, each group will make a little point. Then fagot crown to brim easing it in (don't draw your stitches too tightly) and fagot seam at back to the point where you wish to roll up the brim (a little more than half way down). Be sure to have the head band fit closely as these supple felts



are all shaped to the head. Turn up the brim (thus bringing the motif on the outside) and then stand before your mirror and roll it in the most becoming fashion. Brims are not monotonous this season, but varied in every imaginable way to "fit" the wearer, as well as for smartness. Every crown has its pleats, too, so lay one or two in the side of the band.

There is a generous color choice in the felts, so you can have one for every sport frock if you like — the hats come in black, white, lavender, jade green and light blue and the wool embroidery is done in a suitable and charming color scheme for each felt. A color diagram goes with each hat. Sport Hat, No. 27-5-29, Stamped on felt with wools for embroidery, \$1.00.

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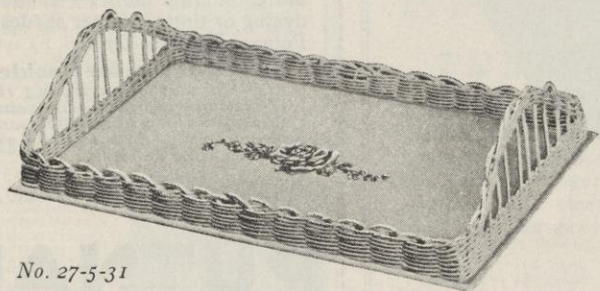
When you answer a Priscilla advertisement you do yourself and us a favor.



No. 27-5-30

## A Dainty Layette Basket and Bath Tray for Baby

By Norman Westlake



No. 27-5-31

AS a welcoming gift for the little newcomer nothing could be lovelier than this snowy little layette basket and bath tray. Not all of us can make exquisite baby things with our needles, but almost any proud auntie or uncle or sister or brother could work out this simple little basketry project. Campfire girls could easily be interested in providing these conveniences for their favorite baby.

The Layette Basket is of a usable large size, about 11 x 17 inches as to base and 12 inches high at the handle ends. At each end of the basket two holders for glass toilet jars are made. These heavy glass jars can be purchased almost anywhere and are most useful for powder, absorbent cotton, and other necessities for baby's toilet. Other little contrivances may be added to this convenient basket; a pretty pincushion at one side, perhaps, and a handy pocket at the other. Running the basket with pink or blue

ribbons adds beauty to its usefulness. Soft double faced satin ribbon gives the best effect, and you can add luscious big bows at the ends of the basket if you long for luxurious effects.

The little Bath Tray which measures 6½ x 9¾ inches, is a step saver which mothers will appreciate. On it may be placed all the little needfuls for that most important rite of baby's day, and then they are ready at mother's right hand on the bath table.

After completing the weaving of basket and tray, give them two coats of flat white and then a coat of ivory enamel. The addition of pretty decalomania flower sprays is the final decorative touch. These transfer pictures are easily and quickly applied and are as effective as hand decoration.

Instructions for weaving the Layette Basket, No. 27-5-30, and Tray, No. 27-5-31, are sent with the reed and bases for making them.

## Frocks and Hats

(Continued from page 15)

and front with "ribbons" of blue filled in with double back stitch and outlined on the edges. Clusters of daintily gay button-holed flowerets are caught into the ribbons and used on each diminutive sleeve. Two rows of Val are frilled around the scalloped skirt, and around the sleeves and neck. The three little rows of shirring on the shoulders draw the wee sleeves up perkily at the top. Running the Val up the seams on the pantie cuffs and adding the flower sprays is an espe-

cially captivating touch with a scallopy skirt that is sure to show them!

The little sunhat, No. 27-5-15, which matches this frock, is cunning enough to be worn with any light summer frock. As the design runs from the brim across the band and on to the crown the embroidery is not done until after the hat is made up. The addition of a knot of real blue ribbon with long streamers on the opposite side from the embroidered bow is most attractive.

## Crochet Stitches

**SLIP STITCH** (sl st). Hook through at st indicated: draw thread through work and loop on hook at same time.

**DOUBLE** (d). Hook through work, thread over, draw through,

making two loops on hook, over, and draw through both loops.

**TREBLE** (t). Thread over, hook through work, over and draw through giving 3 sts on hook, (over and draw through two) twice.

Price List of Patterns Obtainable from the Modern Priscilla Co. Will Be Found on Page 60

# The Furniture of Happiness

National Lloyd Week  
May 16 to 21



JUST as a basket of flowers brightens the room with a touch of color, so, too, will Lloyd Loom Woven Furniture in its colorful harmonizing or contrasting tints lend brightness and charm to your home. No woven furniture is finer than Lloyd's. It is woven on the famous Lloyd Loom, is fortified and permanently beautified with a steel wire center in every upright strand. Truly a symphony of comfort, beauty and service. The loom weaves thirty times faster than human hands. So the price is only moderate.

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No. 27-5-9

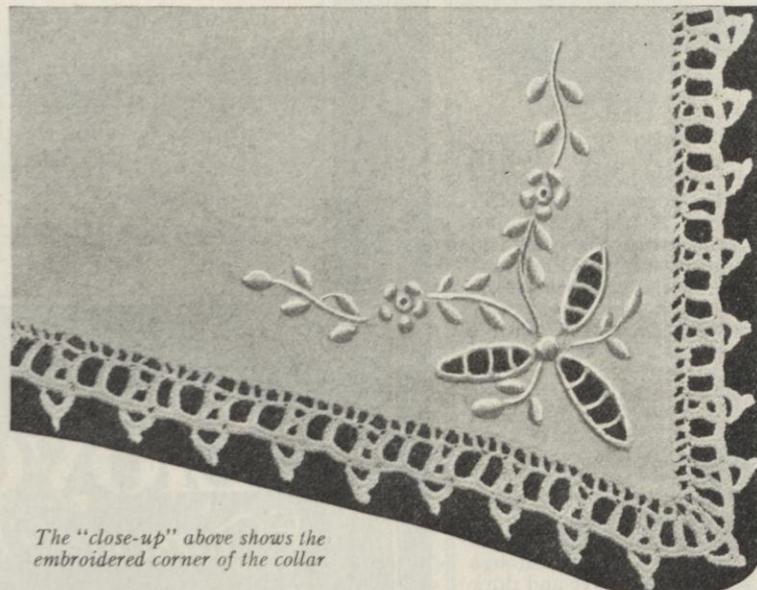
*The Fastidious Touch of White  
For the Tailored Costume*

By Emma L. Boardman

FOR street and business costumes the well dressed woman keeps always on hand fresh and dainty dress accessories—they give new life to the not-so-new frocks, and a feminine touch to the simplest new ones. The fastidious woman delights in the distinctive hand made neckwear and though it be costly to buy, it is most inexpensively made. With its little cutwork motifs and touch of dainty satin stitch and pretty crocheted edge this white linen set has a decidedly smart air.

For this edging you will need one ball No. 100 hand-twist crochet cotton; steel hook No. 14.

*Edging:* Chain (ch) 7, skip 1, double (d) in each of 6 sts, turn, \* ch 5, skip 2 d, d in next, ch 3, skip 2 d, treble (t) in next, turn, ch 1, 3 d in each of 2 meshes, turn, (ch 8, skip 5 d, t in next, turn, ch 1, 6 d under ch, turn) twice, repeat from \* for length required. For outer edge work 4 d in each space (sp), d in bar and make loop over two-mesh bar thus: 4 d in sp, d in bar, \* ch 6, remove hook, insert in 5th d back, draw dropped st through, ch 1, (4 d, picot of 4 ch, 4 d) in loop, (4 d in sp, d in next bar) 3 times, repeat from last \*. At inner edge work t in bar and t in sp, chaining 1 between trebles. Omit ch at corner and skip 2 bars.



The "close-up" above shows the embroidered corner of the collar

Price List of Patterns Obtainable from the Modern Priscilla Co. Will Be Found on Page 60



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(Continued from page 55)

I'm merely telling you about myself," Winifred resumed. "So perhaps this is a good time to make another point you didn't take in. You didn't get the fact that in our first meeting you were as big a jolt to me as I was to you. I'm not a sentimental person. I hate sentimentality as much as you do," she ejaculated almost harshly. "But—well—Sterling had talked a lot about you and I had decided that it was going to be mighty nice to have a mother again. You must admit that you didn't exactly come up to the specifications."

She watched the slow flush that covered the listener's pale face, and hurried on.

"Sorry. I don't want to hurt you. Wouldn't hurt you for the world. But this is straight talk, and it won't do you any harm, because it has a happy ending. What I'm trying to get at is that I hadn't been here three days before I saw what you were up to. You were determined to save your boy by turning me over to some one else, and incidentally by teaching him how generally worthless I was and what it was like to have a fiancée who flirted with every man that came near her. You weren't considering me or my feelings. Why should you? I was an outsider. You couldn't understand me. You couldn't realize what it is to a girl not to have a soul in the world belonging to her. Why, I was so desperately lonely that even the love-making of those cubs seemed better than nothing. That's what started me to flirting. I was so grateful because they cared for me! When I saw that Sterling was proud of my popularity, I lengthened my flirting stride. Then you got into the game," she went on rather wearily, when the other did not interrupt. "Oh, I'll admit that you played fair! You entertained me superbly, you gave me a wonderful time, you threw at my head every eligible lad in the whole countryside. If your theory that I didn't care for Sterling had been right, if I had only been 'out' for a husband and a family and position, as you thought I was, I could have chosen any one of three or four you offered me, and Sterling would have been saved and you would have been happy and I'd have been just as well or better off. That was your general idea—wasn't it?"

SHE waited for an answer, this time so definitely that it came.

"You began," her hostess reminded her, "by telling me you understood things better now. I'd like to hear about that better understanding before I make any comments on what you have said."

The girl nodded. She was now leaning forward on the low chair, clasping her knees with her hands and staring through a distant window at the flames of a flamboyant sunset. Her manner was as casual as if they were discussing nature's color schemes, and her voice had the flatness of indifference or of strong self-control.

"I thought it was all selfishness," she confessed. "Selfishness for Sterling, first, of course, because you were convinced that I wasn't the right wife for him. But partly your own selfishness, too, because you wanted your life with him undisturbed. I see now that it wasn't that. I understand now that you've been terribly worried about your health, and that you've faced the nightmare of leaving Sterling alone in the world, at my mercy—" She laughed, a little choked laugh. "It was big of you to think of him and not of yourself at such a time: it was big of you to start a finish fight for him. Of course, you knew in your heart that you had just about ruined him all his life," she added in the same casual tone, "and that made things harder for you. You know that he isn't a man at all—he's merely a big, horribly spoiled baby. He's not much better fitted to get along in the world without a mother, or a wife who would be a mother to him, than a child of five is. That realization must have made things pretty hard for you these last weeks. It seemed to you to justify what you were doing. Perhaps it did. Anyway, you made a dandy fight and I take off my hat to you. As I've said, I understand things better. I had meant to make Sterling choose between us—that is, I meant to go away and make him realize that nothing on earth would induce me to live under the same roof with you. But now—well, now I'm going to get out and stay out. I'm going to give him back to you. You deserve him. You deserve a whole lot more than he is."

(Continued on page 63)



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## Price List of Priscilla Patterns and Materials

Patterns and materials for MODERN PRISCILLA designs listed below may be had at prices given. Order by number, state colors and sizes wanted. Please *print* your name and address plainly. Orders are filled carefully and promptly, and satisfaction is guaranteed you.

STAMPING PASTE, for use with perforated patterns, with instructions for using, 10 and 25 cents per box. Colors: Blue and Black.

Blue graphite paper (8"x12") for use with tracing patterns, 12 cents per sheet.

Tapestry embroidery commenced on any one piece, \$1.50; all other classes of embroidery commenced for \$1.00 extra.

- No. 27-5-1. Luncheon Cloth (52"). Stamped on fine quality medium heavy White linen sheeting, \$4.25. White embroidery cotton, 95 cents. Perforated stamping pattern, one-half design (reversible), 60 cents.
- Nos. 27-5-2: 27-5-3: 27-5-4: 27-5-5: 27-5-6. Pillows (16"). Stamped on White Art cotton (back included) with patches, binding and embroidery cotton. Price \$1.00 each.
- Nos. 27-5-4 and 27-5-6 may also be had, same size, stamped on Black sateen with back, patches, binding and embroidery cotton included for \$1.35 each.
- Perforated Stamping Pattern for any one pillow, 35 cents; or hot iron transfer pattern, 25 cents.
- No. 27-5-7. Five Piece Luncheon Set, \$1.85. Price includes, White or Ecru craft net, not stamped, for one square (15 1/2" x 15 1/2") and four mats (11" x 18"); a chart giving stitch direction, with special instructions; and the needed embroidery cotton; or, Three Piece Chair Set, \$1.50. Price includes craft net, not stamped, for one square (15 1/2" x 15 1/2") and two arm guards (11" x 18"); a chart, with special instructions; and the needed embroidery cotton. Chart, with instructions only, 40 cents.
- No. 27-5-8. Five Piece Luncheon Set, \$2.75. Price includes White or Ecru filet net, not stamped, for one scarf (13 1/2" x 50") and four mats (13 1/2" x 22"); a chart giving stitch direction, with special instructions; and the needed embroidery cotton; or, Three Piece Divan Set, \$2.00. Price includes filet net, not stamped, for scarf (13 1/2" x 50") and two arm guards (13 1/2" x 22"); a chart, with special instructions; and the needed embroidery cotton. Chart, with instructions only, 45 cents.
- No. 27-5-9. Collar and Cuffs. Stamped on White linen, fine quality, with White embroidery cotton, 50 cents. White crochet cotton, 20 cents. Perforated stamping pattern, 25 cents; or, hot iron transfer pattern, 15 cents.
- No. 27-5-10. Nightgown (Size 36). Stamped flat on Peach silk and cotton fabric, \$3.00. White embroidery cotton, 60 cents. Perforated stamping pattern, 50 cents.
- No. 27-5-11. Dress with Bloomers (Size, 4 years), \$1.98. Stamped flat on Light Green chambray; White English broadcloth collar and bands; and colored embroidery cotton. Perforated stamping pattern, 65 cents (cutting lines given).
- No. 27-5-12. Dress with Bloomers (Size, 4 years), \$1.98. Stamped flat on Lavender chambray; White English broadcloth trimmings; and colored embroidery cotton. Perforated stamping pattern, 65 cents (cutting lines given).
- No. 27-5-13. Dress with Bloomers (Size, 4 years), \$2.95. Stamped flat on very fine dotted Swiss muslin. Colored embroidery cotton, 40 cents. Perforated stamping pattern, 65 cents (cutting lines given).
- No. 27-5-14. Hat (Size, 4 years), \$1.00. Stamped flat on Light Green chambray; White lawn for lining; with special instructions for making; and colored embroidery cotton. Perforated stamping pattern, 40 cents; or, hot iron transfer pattern, 25 cents.
- No. 27-5-15. Hat (Size, 4 years), \$1.15. Stamped flat on very fine dotted Swiss muslin, with special instructions for making; and colored embroidery cotton. Perforated stamping pattern, 35 cents; or, hot iron transfer pattern, 20 cents.
- No. 27-5-16. Hat (Size, 4 years), \$1.00. Crown stamped flat on Lavender chambray; brim on White English broadcloth; White lawn for lining; with special instructions for making; and colored embroidery cotton. Perforated stamping pattern, 40 cents; or hot iron transfer pattern, 25 cents.
- No. 27-5-17. Bridge Set. Stamped on Cream Art cotton, one cloth (36") and four napkins (12"), with Red and Black patches, 85 cents. Red and Black embroidery cotton, 35 cents. Perforated stamping pattern, 50 cents.
- No. 27-5-18. Refreshment Set. Stamped on Cream Art cotton, one cloth (36") and four napkins (12"), 75 cents. Embroidery cotton, 95 cents. Perforated stamping pattern, one-half design (reversible) for cloth, and one napkin, 50 cents.
- No. 27-5-19. Refreshment Set. Stamped on Jade Green linen, one cloth (36") and four napkins (12"), \$1.98. Black and Orange linen embroidery thread, 55 cents. Perforated stamping pattern, one-half design (reversible) for cloth, and one napkin, 50 cents.
- No. 27-5-20. Refreshment Set. Stamped on Black dotted percale, one cloth (36") and four napkins (12"), 75 cents. Black binding, 50 cents. Embroidery cotton, \$1.10. Perforated stamping pattern, 30 cents; or, hot iron transfer pattern, 25 cents.
- No. 27-5-21. Refreshment Set. Light Blue Art cotton, not stamped, for cloth (36") and four napkins (12"), design for tracing and Blue carbon tracing paper with special non-spreading embroidery ink and pen for working on cloth, \$1.75. Tracing pattern only, 25 cents.
- No. 27-5-23. Ship Design (3 3/4" x 5"). Cut Stencil for one color, 25 cents. Stenciling supplies, 50 cents. Price includes, one bottle textile paint, choice of Imperial Blue, Purple, or Black, and stencil brush; or, for 45 cents, one tube oil paint, choice of Permanent Blue, Mauve, or Black; thinning medium; and stencil brush.
- No. 27-5-24. Forest Scene (5 1/2" x 6"). Cut Stencil for one color, 50 cents. Stenciling supplies, 40 cents. Price includes, one tube oil paint, choice of Permanent Blue, Van Dyke Brown, or Black; thinning medium; and stencil brush.
- No. 27-5-25. "Village Maiden" Design (2 1/2" x 8"). Cut stencil for one color, 40 cents. Stenciling supplies, 45 cents. Price includes, one tube oil paint, choice of Mauve, Permanent Blue, or Black; thinning medium; and stencil brush. Cut stencil for several colors, 60 cents. Supplies, \$1.00. Price includes, one tube each color oil paints, Permanent Blue, Permanent White, Chrome Green, Mauve, and Alizerine Crimson; thinning medium; stencil brush; color placing diagram and special instructions.
- No. 27-5-25A. "Village Maiden" Design (4" x 12"). Cut stencil for one color, 50 cents. Stenciling supplies, 45 cents. Price includes, one tube oil paint, choice of Mauve, Permanent Blue, or Black; thinning medium; and stencil brush. Cut stencil for several colors, 85 cents. Supplies, \$1.00. Price includes, one tube each color oil paints, Mauve, Permanent Blue, Permanent White, Chrome Green, and Alizerine Crimson; thinning medium; stencil brush; color placing diagram and special instructions.
- No. 27-5-26. "Wee House" Design (4" x 5"). Cut stencil for one color, 40 cents. Stenciling Supplies, 50 cents. Price includes, one bottle textile paint, choice of Imperial Blue, Emerald Green, or Black; and stencil brush; or for 45 cents, one tube oil paint, choice of Permanent Blue, Chrome Green, or Black; thinning medium; and stencil brush.
- No. 27-5-27. "Old Castle" Design (6" x 9 1/2"). Cut stencil for one color, 60 cents. Stenciling Supplies, 80 cents. Price includes, one bottle textile paint, choice of Imperial Blue, Black or Brown; one bottle Black India ink; and stencil brush. Cut Stencil for Lamp Shade, 75 cents. Supplies, \$2.00. Price includes one bottle each color textile paints, Brown, Imperial Blue, Orange, Rose, Emerald Green; one bottle Black India ink; stencil brush; color placing diagram and special instructions.
- No. 27-5-28. "Chinese" Design (8" x 14"). Cut stencil for several colors, 95 cents. Stenciling Supplies, 85 cents. Price includes, one tube each color oil paints, Permanent Blue, Permanent White, Vermilion, Chrome Green, Black; thinning medium; and stencil brush; or for \$1.75 the complete textile painting outfit No. 3. Special instructions for stenciling sent with each order for cut stencils.
- No. 27-5-30. Layette Basket (11" x 17" base). Wood base (holes drilled) and reeds for making, \$2.85.
- No. 27-5-31. Bath Tray (6 1/2" x 9 3/4" base). Wood base (holes drilled) and reeds for making, \$1.85.
- No. 27-5-32. Organdy Dress (Size, 16 to 20 years). Stamped flat on Pink, Blue or Orchid organdy, \$2.50. Embroidery wool, 85 cents.
- No. 27-5-33. Kitchen Curtains (27" x 36"). Stamped on White cross bar muslin (2 pieces for one window), 60 cents; or, two stamped pieces and two pieces not stamped, for one window (as illustrated), \$1.00. Embroidery cotton, 25 cents. Perforated stamping pattern, 40 cents; or, hot iron transfer pattern, 25 cents.
- No. 27-5-34. Fruit Napkins (14"). Six napkins stamped on Tan cotton crepe with patches and embroidery cotton, \$1.00. Perforated stamping pattern, 35 cents; or, hot iron transfer pattern, 20 cents.
- No. 27-5-35. Hooked Rug (20" x 27"). Stamped on Tan burlap, 65 cents. Perforated stamping pattern, 45 cents.
- No. 27-5-36. Chair Back (10" x 18"). Stamped on unbleached cotton, with Red, Green and Brown patches, and embroidery cotton, 75 cents. Perforated stamping pattern, 45 cents; or, hot iron transfer pattern, 25 cents.

### Note Prices Omitted in April Priscilla

- No. 27-4-48. Jacket Costume, cut out, with instructions for assembling, \$5.95. Hot Iron Transfer Pattern of Design with embroidery cotton, 85 cents.
  - No. 27-4-49. Jacket Costume, cut out, with instructions for assembling, \$5.50. Hot Iron Transfer Pattern of Design with embroidery cotton, 35 cents.
- Sizes for both costumes, 14 to 20 years; 34 to 44.
- If standard sizes do not fit you send your measurements when ordering.

Order Through Local Dealer or Send Direct to  
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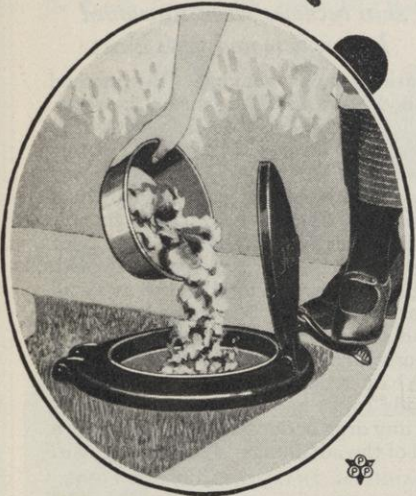
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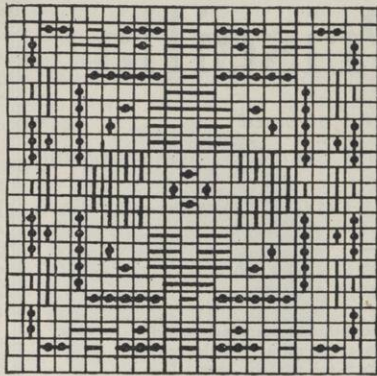
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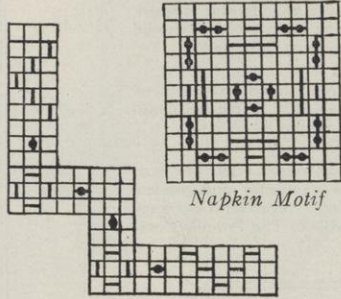
THE MAJESTIC COMPANY  
1400 Erie Street, Huntington, Ind.

## Colorful Darning

(Continued from page 14)



Motif for Luncheon Cloth



Napkin Motif

Edge for Luncheon Set

Weave over and under the fillet mesh, darning in the black and red spaces in turn as diagram indicates, the straight lines show direction of red stitches, the dot lines the direction of the black. The fillet mesh is natural linen color.

Small Corner Inset: Ch 26 and work 11 rows of 11 sp. Darn in as diagram indicates.

Yellow Luncheon Set

Though the borders are worked separately and whipped to the flat hem of the linen centre, they are crocheted in the length and consist of 3 rows of fillet spaces, edged with a row of trebles in contrasting color. The unit of the design requires 14 spaces (2½ inches), therefore add or subtract a multiple of 14 spaces if you wish to change the size of the border. The table centre pictured measures 13x28 inches, the place mat 10x13 inches.

TABLE CENTRE: Make foundation chain for length required and leave thread so that chains may be added for additional length. 1st round: Fasten another thread to 1st ch made, and, chaining 4 for 1st sp work t with 1 ch between in every other stitch until there are 137 sp, then for corner sp ch 3 and work t in same st where last t was made. Make 4 sp, keeping 2 loops on needle when working last t, skip 3 sts of foundation ch, t in next (for inner point of corner), working off last 3 loops on hook together, 4 sp, ch 3 for corner sp as before and t in same st where last t was made. Make 53 sp for end and work corner as before, then make 137 sp for second long side, corner as before, 53 sp, repeat corner ending with 3 ch for corner sp, join to 3rd of 4 ch of 1st sp made. Join foundation ch or simply lap the thread ends when whipping lace to linen. In 2nd and 3rd rounds work corners by making (t, ch 3, t) in 2nd of 3 ch, at reverse angle skip a sp on each side and work off 2 t as one st. For outer row of contrasting color work a t in each st, 2 t in each of 3 ch of corner sp, at reverse angle skip a sp on each side as before and work off 2 t as one st.

PLACE MAT: Proceed in the same way as for table centre making 53 sp between corners for length and 39 sp for width.

The straight lines on the diagram indicate the orange stitches and the dot lines the white as used on the yellow fillet mesh of the set illustrated.

# The New Style In Face Powder

THE style in face powder has changed. Smart New York women no longer use powder to cover the skin like a paint; they use a powder that improves the natural life-like beauty of their skin without showing conspicuously as make-up.

La-May (French, Poudre L'Amé) set this new style. La-May is different because it does not give the opaque appearance of the old-fashioned heavy powders. You cannot tell it from ordinary powder except that it goes on smoother and looks so much better. It gives a natural beauty you cannot detect from a youthful, naturally pretty complexion. It leaves no suggestion of make-up. The difference between this new style transparent La-May and the ordinary old-style opaque powders is that the opaque powders paint the skin, hiding the natural life-like glow of the complexion. The average old-style powder gives a corpse-like appearance instead of a fresh, healthy, natural tone. La-May meets all the requirements of a perfect face powder but also increases the natural lifelike glow of your skin.

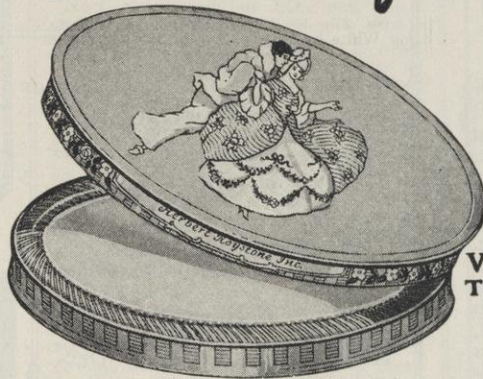
La-May is made by a secret formula; it contains only the finest and purest ingredients that doctors and skin specialists prescribe as a beauty medicine for your skin, to refine the texture of your skin and to prevent enlarged pores, blackheads and irritations. Over a million of our most intelligent American women are praising La-May; they say it keeps the skin young, stays on longer and looks better than any other powder.

When you ask for your package of La-May be wise enough to refuse substitutes. La-May is sold by first-class dealers everywhere at one dollar—in White, Flesh, Brunette and Tan. You can get a large trial size for only thirty-five cents. Remember, Five Thousand Dollars Reward is offered anybody who can buy a better, a finer, a purer or a safer powder than La-May anywhere at any price even at Five Dollars a box. If you want to try La-May—if you want a perfect Loose Powder vanity filled with this pure La-May—read the special offer printed below.

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Every girl that sees this wonderful new La-May Sport Vanity for loose powder wants one. That's why it is used by more women than any other vanity sold in America. It is not only charming in appearance but delightfully, perfectly convenient. Every time you open the box you find just enough powder on your puff. No spilling—no breaking and crumbling—no glue or plaster of Paris as in a compact. This vanity is very thin, dainty in size (two and one-half inches in diameter) made in lustrous blue enamel with mirror and holds a thick, soft, wool puff. You easily refill it with powder by lifting out the sifter tray. These La-May Sport Vanities were made to sell in the stores for fifty cents, but to get you to try La-May Face Powder we will send one to you filled with La-May in White, Flesh, Brunette or Tan for half price, twenty-five cents. But you must use the coupon below and send it to us with a twenty-five cent piece (not stamps). Only one to a person.

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## Miss Martin Hands Him Back

(Continued from page 59)

FOR a long moment silence held between them, while the mind of Sterling Busbee's mother frantically reached for the right words to say to this amazing young modernist at her side—this young modernist who was revealing so much and so little.

"Then I was right in one thing at least," she brought out at last. "You don't care for my son."

The girl's eyes clung to the rapidly fading sunset.

"We'll let it go at that," she muttered. "Do you?" The mother sat up abruptly and caught her shoulders, suddenly swinging her around to meet her eyes. "Do you?" she repeated almost fiercely. "You've talked about truth and frankness. Let us have some more truth and frankness now. Do you love my son?"

For a moment the girl's unhappy eyes clung to hers, their secret revealed. Then they dropped.

"Of course I do," her companion gulped, and she added chokingly, "If I didn't do you think I'd have wasted any time on the—the—darned baby? I promised myself I'd make a man of him—that I'd do it or die in the attempt—and it would have been a woman-size job!" She seized her handkerchief and dabbed angrily at her eyes and nose. "Well, that's that," she said rising and reverting to her characteristically casual manner. "I guess I've side-stepped a lot of trouble."

"Oh, no you haven't!" Honore seized her hands and pulled her down beside her on the davenport. "Now, that I've found the real you," she went on warmly, "and now that I know what's inside of that lovely little mask of yours, I won't let you escape us so easily." But it was not to be as simple as that. As the young eyes stared into hers, wet, doubtful and resentful, she added in a lower tone, "Can't you forgive me—and give Sterling and me another chance?"

Still the girl did not reply, perhaps because she could not, perhaps because she was not sure that she heard aright, so Honore Busbee brought down the flag of her pride and trailed it in the dust.

"You needn't live with me," she pleaded. "And you know you'll only be troubled with me a year or two, at the most. But I'd love to live long enough to see you make a man of Sterling," she added with a hopeful smile, as she watched the sudden softening of the girl's charming face.

"We'll all live together right here," Miss Martin announced in a severely practical tone, designed to remind her hearer that they two were not sentimental women. "I shall need a lot of help with Sterling—and with the first kids, too," she added blithely.

Honore Busbee winced. Tradition was strong in her conservative soul, and fiancées had not said such things in her day. Then, to her dismay, for she was as opposed to sentimentality as was her future daughter-in-law, she found her eyes filled with tears.

"How I shall love those babies!" she predicted, and added almost shyly, "My dear, would you mind very much if I kissed you, just this once?"

## Cleared Vision

(Continued from page 52)

"You—you are as good as a mother," she whispered brokenly.

Tom smiled. "A mother is not a bad thing to be likened to. Now be a good girl, Stephanie, and go to sleep."

He switched off the light, leaving the room flooded with silvery moonlight. For a moment he stood there looking down upon her, then, bending impulsively, he kissed her lips.

"Good-night, Steve." "Good-night—dear." But as he reached the door she spoke again: "Tom..." "Yes?" "Leave the door open, please," said Stephanie.

## "Vogues of the Season"

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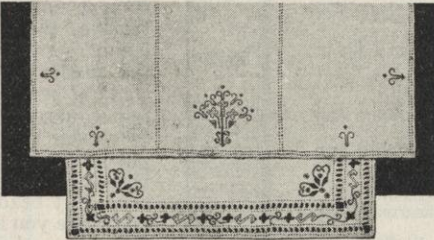
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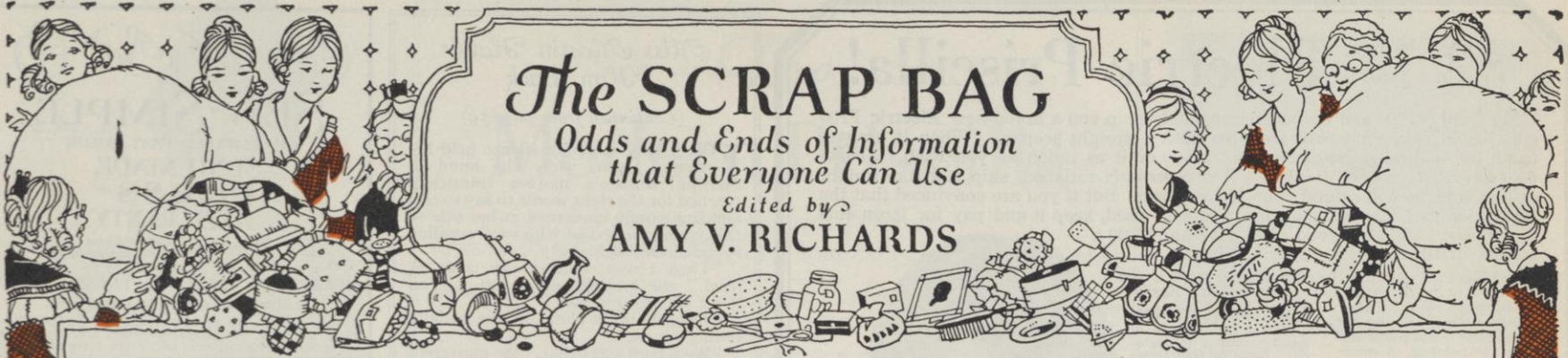
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# The SCRAP BAG

Odds and Ends of Information  
that Everyone Can Use

Edited by  
**AMY V. RICHARDS**



**FUNNEL FLOWER HOLDERS:** Tin funnels are useful for several purposes in life beside their legitimate offices, and as you can buy them for ten or fifteen cents, they are penny savers. Knock off the spout on a large size funnel, punch three holes at equidistant points, around the top. Fasten chains or cords in the holes to hang it from the edge of the veranda.

Enamel chains and funnel (paint with flat color before you put on enamel). Plug the hole at the bottom with a cork and fill half full of wet sand. Fill full of flowers or greenery and you will find they keep fresh a long time. This is especially good for the camp veranda where you spend but a month or so and cannot be there to plant or care for growing plants. The woods and fields will give you fresh supplies when you need them. Enamel funnels with the spout left on them for flower holders in the cemeteries, forcing the spout into the ground. These keep and hold large bouquets much better than the little commercial holders.



**SUNFLOWER HOUSE** was a Play House that Mother Nature helped make for the kiddies. The walls were tall sunflowers planted around the edge of a small plot, just big enough for the sandpile and the dollies' things, and perhaps a chair for Mother when she came to call. Interlacing the sunflower stalks were morning glory vines. So small the "house," so tall the "walls" that, even without a roof, there was shade almost all day. But an old sheet tied to four corner stakes would make a roof if need be, or a big umbrella fastened to a pole in the centre, or strings or wire crisscrossed overhead with the vines climbing over them would also serve. A space was left in the sunflower ranks for the door.



**TO MEET FELIX.**— A charming thing occurred in the little town where we spent last summer. A music teacher moved there, and with her she brought Felix, a cat as big and black and jolly as his cartoon namesake. And the boys of the town just couldn't understand that he was not likewise as invulnerable. At the

end of an harassing month one of two things became imperative — either Felix must be confined in a run for the remainder of his sleek, black life, or the mental attitude of his persecutors be completely reversed. And Mrs. Ingalls chose the latter alternative.

Felix gave a party! And to it he invited the young ruffians, every one, and the young ruffians' dogs. The invitations were in the shape of a large black cat, (water-colored), walking upright, and through a slit under his arm was slipped a bit of thin, foreign mail paper. On this was written the request to be present, crudely, and cat-scratched, and signed with Felix's name. Curiosity and bravo-brought the boys.

The party began in the house. Felix was educated. He shook hands, and walked upright, and upon his paws. He played (!) on the piano. He fetched a toy wagon across the room by dragging at a ribbon with his mouth. He rang a bell, by tapping, and drew a cart up an incline by thrusting a paw through a loop in a cord. After each act Felix was praised and petted, and given by the

boys, in turn, a tiny bit of meat as a reward. Then the party removed to the yard where the three invited dogs were tied. Felix, accustomed to friendly dogs, and unafraid, was led around and introduced, each dog's owner standing over it and adjuring it to do Felix no harm. There was ice cream, served under the trees, (extra dishes for the dogs and Felix, and a treat of meat), cakes, cut cat-shape, and brave candy cats, ordered from the city.

After refreshments, the dogs romped over the fenced yard, and Felix sat, by turn, in the laps of his former tormentors, while Mrs. Ingalls told stories from the history of the sacred cats of Egypt to Puss in Boots. And how Mohammed cut the sleeve from his robe rather than disturb his sleeping pussy, and Dickens' cat put out the candle with her paw when her master was too engrossed in his work to notice her. There were read the story of

*May Song*

By Mary Carolyn Davies

The month of May is made for play,  
Oh, yes, for work and duty!  
But even work, on a day in May,  
Is beauty, beauty, beauty!

The flowers have colored all the world;  
Their breaths by breezes shaken,  
Its sweetness makes the sweetness, too,  
In people's hearts awaken.

This month in Spring is made to sing  
And smile and kiss with laughter.  
Its memory like a flower makes sweet  
The months to come thereafter!

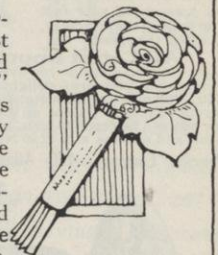
Rosa Bonheur and the lion, and several of the inimitable cat letters from Helen Hunt's collection.

There is no need to tell of Felix's treatment after that day. Every boy would have fought for him. "I knew if the boys could be made to understand —" said Mrs. Ingalls. "After all, kindness is only a matter of understanding."

And that, we felt, was a real happiness recipe. And what a cat party, or dog party, or pony party some little animal lover might give!

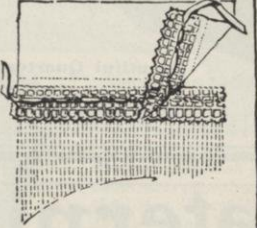
**SCRAPS WANTED:**—Nowadays attics are rare, but once upon a time every one cleaned the attic as soon as the sweet spring winds began to blow, and what treasures we youngsters fell heir to! I wish you folks would pull out all the good ideas you have up there under the eaves of your imagination and send them along to the Scrap Bag. I thank every blessed one of you for the friendliness of your letters and I wish I had a book big enough to hold all the good things you send.

**A PAPER WEDDING POSIE:** One of the most useful and cleverly presented gifts at a second or "paper" wedding anniversary party was given by a Pennsylvania lady who brought a big pink rose with a "Priscilla" stem! She wanted to give a year's subscription to Priscilla and did it in this unusual way. She bought a copy of the magazine, rolled it tightly in smooth paper glueing the wrapper to hold it fast. Then she made a big pink rose (seven inches across) tucking the flower centre and petals down into the end of the tube and wiring them. After covering the tube with green crepe paper, the calyx was glued around the top holding in the leaves and covering the joining of rose and "stem." This little verse accompanied the gift:



"Although I come in great disguise,  
I'll come in plainer dress  
To visit you, twelve times next year,  
Who am I? — can you guess?"

**FROM BRITISH COLUMBIA** is this most timely aid, as we are all wearing two piece dresses this season. Almost all our silk, flannel, jersey, or woolen skirts are made on bodice tops. It is a simple matter to remove the bodice for laundering if you follow the method of our friend from Victoria. Instead of sewing bodice top to skirt, set the skirt into a narrow band and sew a piece of beading (choosing lace with slots as close together as possible) over this band. Sew beading on the bottom of the bodice. Lap bodice top beading over skirt beading and run together with tape — and there you are! Be careful to match lace slots in bodice and skirt so dress will hang well.



**RAINBOW SOCIAL:**— After the showers the rainbows come — so May is an ideal month to entertain the young people with a rainbow social. Over alcoves, doorways, windows or any part of the room or hall which provides space make rainbows of crepe paper. Provide boys with caps and girls with aprons of paper in rainbow colors.



For games try these: Have long streamers in rainbow colors. Let each boy hold a streamer at one end, provide each girl with scissors and start her from the other end of her partner's strip; then let the girls race to see who cuts through the long strip up to her partner's finger tips first. Wrap six prizes each in a rainbow tint. Seat the guests in a circle on the floor with a monitor standing in the centre of the circle, and someone at the piano. When the music starts the packages start; that is, they are passed from guest to guest fast or slow according to the tempo of the music — when the music stops suddenly, the monitor calls one color aloud, "Blue!" for example, and the one holding the package wrapped in blue becomes its owner — and so on until each one of the six have fallen to the lot of someone. Have two sets of bean bags made in rainbow colors and gild an old bean pot. Toss the rainbow bags into the pot.

Have girls in rainbow organdie or paper costumes serve refreshments at small tables with rainbow covers of organdie or paper.



### Balloons

The Most Luscious Dainty Dessert!

No one will dream they are fried if you fry them in Crisco.

1 cup water	1 cup pastry flour
1 tablespoon Crisco	½ teaspoon salt
3 eggs unbeaten	

Bring Crisco and water to boil in a saucepan. Take from fire, add flour and salt. Return to fire, beat until it forms paste which leaves side of pan. When partly cool add eggs, one at a time, beating each one in thoroughly. Drop tablespoon of batter in moderately hot Crisco (350 to 360 degrees F. or when cube of bread browns in 60 seconds). Fry slowly until puffed and brown. Test with toothpick. Drain on soft paper. Cool. Make slit in one side, fill with jam mixed with sweetened whipped cream or crushed strawberries with whipped cream, or any other favorite fruit. Dust with powdered sugar.

In frying Balloons be sure and leave room enough in the kettle for them to puff.



# Time-saving desserts French fried

FRENCH FRYING in Crisco has become such a delight to me (it's so simple and easy and saves so much time) that I fry even some of my desserts! For now that days are growing longer and warmer, frying saves heating the kitchen with a hot oven.

On this page I am giving you recipes for four of my favorite fried desserts. They are as delicious and attractive "Frenchy" things as one could wish for.

For everything properly fried in Crisco comes out a beautiful golden-brown, and digestible—never greasy. Crisco, at proper frying temperature, puts a quick brown seal on foods which keeps them crisp and prevents the fat soaking in. And, at proper frying temperature, no smoke or unpleasant odors in your kitchen, either!

If you wished, you could even fry a whole meal in the same kettle of Crisco and no one food would taste a bit of any other. Fry in the same Crisco over and over again—simply strain the Crisco back into the can after each use.

Really I do not know how I could keep house without all the good things to eat that Crisco gives me: cakes of every kind that you simply cannot tell from butter cakes; tender, flaky pie-crust; fluffy, golden biscuits; feathery muffins and crisp, brown cookies.

Winifred S. Carter

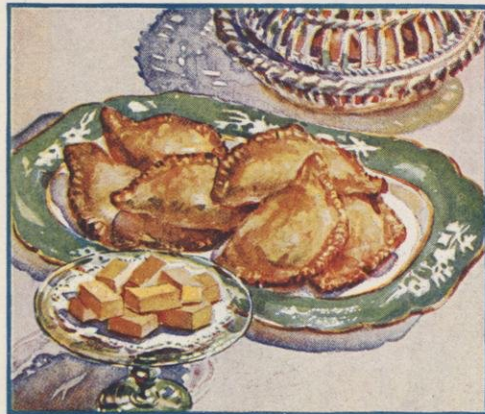


### Vanilla Creams

Make them the day before—you can fry them quickly when you are ready to serve them. They will not soak fat when fried in Crisco.

2 eggs (beaten)	1 teaspoon Crisco
½ cup sugar	1 teaspoon vanilla
6 tablespoons flour	¾ cup fine dried bread crumbs
¼ teaspoon salt	1 egg
2 cups scalded milk	2 tablespoons water

Mix sugar, flour and salt. Add two eggs alternately with milk and beat until smooth. Cook in double boiler, stirring constantly until thick. Add Crisco. When partly cool, add vanilla. Pour into Criscoed pan to ¾" thickness. The next day, cut into pieces 2" long and 1" wide. Roll each piece in crumbs. Dip in the egg beaten with the water and roll again in crumbs. Fry in deep hot Crisco (360° F., or when a piece of bread browns in 60 seconds) until brown. Drain on soft paper, dust with powdered sugar, or serve with maple syrup.



### Fried Tarts

Just the right thing for many occasions. Quickly cooked without heating the oven.

1 ½ cups flour	½ teaspoon salt
¾ cup Crisco	Cold water

Sift flour and salt. Cut Crisco in with two knives. Add only enough water to hold together. Roll about ¼" thick. Cut in 4-inch squares or in circles. Put tablespoon of thick, seasoned applesauce in center. Moisten edges, fold over to make semi-circle. Press edges together with fork. Fry in deep Crisco (heated 360° F., or when small piece of bread browns in 60 seconds). When cool, dust with powdered sugar.



### Rags

Just the thing to serve with ice cream, a dish of strawberries and cream, or freshly-stewed rhubarb. They will be dry and snappy and not a bit greasy if fried in Crisco.

3 eggs	2 tablespoons sugar
2 tablespoons Crisco, melted	¼ teaspoon vanilla
2 tablespoons milk	¼ teaspoon salt
	2 cups flour

Beat eggs light, add sugar, milk, Crisco, salt and vanilla. Last beat in flour. Take about ¼ at a time, roll to wafer-thinness on floured board. Tear it with a fork into ragged strips. Brown in hot Crisco (375° F. to 385° F. or when a piece of bread browns in 40 seconds). Fry until brown on both sides. Drain on soft paper, dust with powdered sugar. It takes only about half a minute to cook them.

ALL MEASUREMENTS LEVEL. All recipes on this page tested and approved by Good Housekeeping Institute.

### An Astonishing

#### BLINDFOLD TEST

See if this doesn't give you the greatest surprise of your whole cooking experience: Put a little Crisco on the tip of one spoon. On the tip of another place a little of the fat you are now using; have someone blindfold you, and give you first one, then the other to taste.

Now did you ever imagine there could be such a striking difference in the taste of cooking fats? Think what an improvement Crisco's own sweetness and freshness will make in your own cakes, pies, biscuits, and fried foods.



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PROCTER & GAMBLE,  
Dept. of Home Economics, Section P-5  
Cincinnati, Ohio

Please send me free the cook book entitled  
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To test your cooking fat, taste it. Crisco's sweet flavor will astonish you

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