

Cue. Vol. V, Issue 16 September 25, 1970

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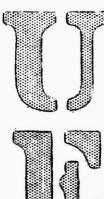
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CUE REPORTER

Interview

of



John McKay, Director of Rehab Services for Goodwill Industries, grants CUE an exclusive interview in connection with "National Employ The Physically Handicapped Week," designated by President Nixon for the week October 4.

Goodwill Industries started in Boston around the turn of the century by Rev. Edgar J. Morgan who recog-nized the need in his congregation for clothing and em-ployment. The concept eventually spread throughout the United States.

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"Goodwill is always open. . .for the patient"

Q -- How does a patient get to be assigned to the workshop?

A -- A patient is referred to the Rehab counselor who makes the decision.

Q -- What is the general purpose for placing patients there?

A -- Programs vary depending on the need of a patient: (a) to acclimate them to working a full day again; (b) for a woman who is going back to household duties; it helps her prepare for stresses she will meet as a housewife; (c) teaches skills such as radio and TV technician; sales slerk; mechanical work, or will arrange for onthe-job training in local business enterprises or factories.

Q -- Are some patients paid for their work at the workshop?

A -- We don't pay patients coming in under work-evaluation as they are not producing. We try to find out the individual's skill during this time. The pay scale, ranging from 11¢ to 55¢ per hour, is based not only on quantity and quality of work, but on how they relate to the supervisor and how they become part of a work team. Their appearance as well as how they adhere to working is also taken under consideration. Salary is adjusted according to productivity.

Q -- Is the Goodwill workshop selfsupporting?

A -- It is 75% self sufficient. The other 25% comes from the Division of

Vocational Rehabilitation, Department of Mental Health and the community through private donations.

Q -- Is Goodwill Industries a nonprofit corporation?

A -- Yes. The national headquarters is located in Washington, D.C. Here a skilled, professional staff provides assistance to existing Goodwill Industries and in initiating new operations.

Q -- Is there a community Board of directors that oversees the operations of the workshop?

A -- Yes. There is a board in each community comprised of a cross section of leading citizens representing expertise in the professions, business and banking. They are not paid for their services.

Q -- Do you have much success in placing patients on jobs in various communities?

A -- Yes. This has been a most successful program, for both white and blue collar workers. We work closely with the State Employment service. However, the door to Good-will is always open to the patient who has difficulty adjusting to one or more jobs.

(EDITOR'S NOTE: The Neenah workshop staff consists of 12 professional members, 29 service employees and 22 extended (handicapped) employees. The latter are 80% mentally handicapped and 20% physically.)

CUE'S CREED: It is the individual's duty to hold out for what he knows is right and it is society's duty to listen to him. Sounding Board

IS BOMBING NEW?

The furor caused by the bombing of a UW building in Madison had editorialists wondering what this country was coming to.

"These are days of youthful rebellion across the world," one wrote. "Never before has civilized society experienced such outrages."

Oh, NO? On September 17, 1920, a time bomb explosion at the J. B. Morgan & Company banking house on Wall Street and Broad Street, killed 35 persons and injured 300 others. The bomb exploded at noon aboard a horse drawn red wagon that had been drawn up in front of the bank and left there.

Federal, state and city officials believed that the blast "signalled the loosing of the long threatened fury of radicals against American society." Does this sound familiar to you?

> * * * 3%

WEAPON OF A PEOPLE FREE

When you pull down those little levers on a voting machine, you have played an important part in the operation of a free society. * * * ٭ *

*

The fact that voting is one of our greatest privileges makes it even more a duty. Nothing you do through the rest of the year is of greater importance.

To vote is a good thing in itself; but to have a good reason for the way you vote is a better thing. If you're old enough to vote, you're old enough to have convictions of your own. Your decision to vote for a certain candidate should be based on information and judgment. Don't be taken in by subtle propaganda.

The ballot is stronger than the bullet.

SLEEP

Nature requires five; custom gives seven; laziness takes nine, and wickedness eleven hours.

WHAT'S IN A NAME?

A dry-cleaning establishment is a "cleanser" in Boston.

A rubber band is a "rubber binder" in Minnesota.

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STAY CUED IN WITH THE CUE!

CUE'S EDITORIAL DEPARTMENT

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Published By And For the Patients Bi-Monthly

16 PAGES SEPTEMBER 25, 1970

Four Years Old, But New Every Two Weeks

Eugenia Vicki Mary

*

Roy

James Robert Robert

Chuck Lemieux Advisor

* *

STAFFING TO DISCHARGE

Page 3

CUE

You are ready to be released or you're going out to hunt a job. All of a sudden, you realize that you need additional clothing. This is where the Fashion Korner service comes to your assistance.

Located in the basement of Sherman Hall and supervised by James O'Reilly, volunteer coordinator, the Fashion Korner service rates high with all patients. Here you will find all types of clothing, from under garments to outer dress.

Everything you see at the Fashion Korner has been donated from stores in Oshkosh, church groups, staff employees, and from rummage sales. Various clothing for men and women are placed on racks in different size groups for your convenience. It is the same as if you walked into a department store You can even in your community. browse around before selecting the The major difference items you need. is that the clothing you "buy" doesn't cost you one penny.

Naturally, you must be in need in There order to qualify for clothing. is one rule that you must follow and that is having an aide or nurse on your unit go with you to the Fashion Korner. This person signs for the items you select and you also sign for things received. The first step, is to consult an aide or nurse on your ward as to what time you can visit the Fashion Korner. The time arranged is when the aide can go with you. You will not be served on your own.

Patients at Hughes Hall have their own clothing department and all children's clothes received by the Fashion Korner are sent directly to Hughes.

At this time of year, the Fashion Korner makes sure you have sufficient clothing for your return to the community. If you're not sure of your size, a clerk will measure you.

In selecting clothing, do not take

items you might never use. You will have plenty time to select things that fit you. The inventory is complete and clothes are constantly placed on racks for your benefit.

DISCHARGE OFFICE

When you were admitted, you received clothing and personal items belonging to you and the remainder was stored in the unit that admitted you. Sometimes, you may wish to have one or more clothing items from your personal effects. In such a case, you see your doctor and he will sign a request for the items desired. If this request is in the Admission & Discharge Office by 10 o'clock in the morning, you will be called around 3:30 P.M. at which time you'll pick up the things requested.

We now come to the day of your release. If you plan to leave the hospital before 8:00 A.M., you can pick up your personal possessions the day before.

If you're departing anytime between 8 A.M. to 4:30 P.M. you can pick up your possessions within that period.

Any money in the cashier's office together with personal items such as Social Security cards, etc., will be returned to you at the time of your release. Again, if you leave before 8 A.M. -- the possessions in the Cashiers Office will be given you the day before. Personal valuables retained in the Business Office safe, include auto titles, drivers license, keys, bank books, legal papers, service records, special coins, medicare cards and jewelry.

If you're taking a bus south, you leave the Oshkosh terminal at 8:40 AM; -- 1:55 PM and 7:00 PM. If you're going north, you can take the 9:15 AM bus or the afternoon bus that leaves Oshkosh at 2:45 PM; 6:00 PM and 8:00 PM.

-- Vicki

Issues an' Answers

CUE

WHAT IS YOUR OPINION ON

SCHEDULED DANCES FOR ADULT

PATIENTS. SHOULD DANCES BE

HELD ONLY ON SPECIFIC HOLIDAYS

OR ON A MONTHLY BASIS?

I'm for dances once a month, but they should be held in the gym instead of the Rumpus Room. It is too hot in the Rumpus Room and there is poor ventilation there. (Kempster)

If bands booked are of Dodo Ratchman's caliber, we should have dances twice a month. (Sherman 4)

No recorded music can match a live band for dancing. I would like to see dances scheduled for Sunday, if possible, as Sunday is a long day here. (Sherman 7)

I would say that one dance a month is okay. Although it would be nice if we had dances on holidays. (Kempster)

We should have dances twice a month at least. I know one can get tired of anything, but dances offers us an opportunity to meet other patients in the hospital. (Sherman 1)

We should have dances once a month. (Mr. Baldry, Sherman 1-2 Aide)

Most of us are here for such a short time that we might have only one dance if they were scheduled on a monthly basis. (Gordon ATU)

I'm for one dance a month. Perhaps it would be difficult to get good bands for weekly dances. (Kempster)

Having a dance each month gives the patient a chance to dress up and function in another hospital activity. (Mrs. Lee, Sherman 7-8 Staff)

I think patients in Hughes Hall, if allowed, should be invited to dances as they would appreciate it.

(Sherman 4)

Dancing is excellent therapy for everyone and once a month would be just fine with me. (Kempster)

I would like to see relatives and outsiders invited to our dances. This shouldn't be much of a problem if we danced once a month. (Kempster)

I attended the last dance and it was the only time I felt out of the hospital. I think dances do a lot for a patient and they should be scheduled once a month. (Sherman 8)

I'm hoping that we can have dances on weekend afternoons as there isn't enough time in evenings. (Sherman 1)

I think we should have dances once a month and on specific days, like Halloween, Thanksgiving, etc. (Gordon)

Why not have dances once a week as many patients have nothing else to do. If good bands can be had, I believe it would be a successful event.

(Kempster)

Once a month doesn't seem right, as that would be 12 dances a year. Why not have birthday dances for everyone having a birthday that month, and then schedule another dance two weeks later. (Sherman)

I'm not a dancer, but I do like to sit back and watch others dance. I'm for everything that helps the patient forget problems. There should be more social activities organized here. (Gordon ATU)

Let's have dances twice a month, as it's good exercise plus something to look forward to. I get tired siting on the ward on weekends. I hope we have a dance soon. (Kempster)

When you dance you forget all your bad thoughts and it helps break the monotony of being in the hospital. I'd like to see dances each month. (ATU)

I suppose it's up to those in charge of scheduling dances. I feel we should have dances as frequently as possible. (North Cottage) CUE

Volunteers Are Honored

The 14th annual dinner honoring area volunteers who sponsored activities for patients during the year was held in the employees cafeteria on September 13.

Dr. Darold Treffert, superintendent of WSH, welcomed the volunteers who contribute their own time to work at the hospital. He told the group that he was deeply appreciative for their constant interest in the patients, "especially in these days of apathy."

Speaker for Volunteer Recognition Day was Dr. Edward R. Loftus, assistant clinical director at WSH. Appearing in military garb, he pointed out the analogy between one's duty to his country and the duty one feels for the less fortunate people in hospitals. "Your duty to these people has been fulfilled," he said. "You have given your time for the benefit of the patients."

Dr. Loftus also described the great changes that has taken place in the hospital over the years. He included the volunteers with "the team" who work for the benefit of the patient in all phases of treatment.

James'O'Reilly, volunteer coordinator, presented certificates of recognition to the groups participating in the activities scheduled each week of the year and Dr. Treffert bestowed special awards.

Volunteers who received awards included Mrs. Milton Benner and Mrs. C. F. Hyde, Oshkosh; Mrs. Owen Lloyd and Mrs. Arthur Hermann, both of Appleton, who worked 500 hours during the year.

Mrs. A. N. Kronschnabel, Oshkosh; Mrs. George Mac Kelvie and Mrs. Harold Schlack, Menasha; Mrs. Esther Oestrieich, Neenah, for 1,000 hours.

Mrs. Margaret Dahms, Menasha; Mrs. William Pickett and Miss Evalyn Reetz, Appleton, for 1,500 hours.

Mrs. R. L. Avery and Mrs. Robert J. Petersen, Appleton, and Mrs. Melvin Grant, Menasha, for over 3,000 hours of service.

Groups receiving recognition were Altrusa Club of Neenah-Menasha; Business and Professional Women's Club of Oshkosh and Neenah-Menasha; Catholic Daughters of America, Neenah-Menasha; Circle K Club; Gamma Delta Sorority, Gamma Sigma Sigma Sorority, Kappa Delta Sorority, of Wisconsin State University-Oshkosh; Jaycettes, Junior Women's Club; Vocational School homemakers; Redeemer Lutheran Church; Four H Club; St. Vincent De Paul Society; Women of First English Lutheran Church all of Oshkosh; Lantern Organization, Appleton; Winnebago County Medical Auxiliary and the Wolf River Area Square Dancers.

The invocation and benediction were given by the Rev. Louis Winter, WSH Lutheran chaplain.

Clarence Weber, at the organ, furnished delightful music during the afternoon program.

The patients were represented by a member of the CUE'S editorial staff.

For the benefit of new arrivals, the volunteers honored are the people sponsoring evening activities on all units during the week. You will find such activities on the weekly Hospital Activity sheet.

The Oshkosh Northwestern featured Dr. Loftus, Mrs. Ray Robertson, Chairman of the Oshkosh Red Cross Chapter, Mrs. Earl Panton, Executive Secretary of the Twin City Red Cross chapter and president of the Altrusa Club, and Mrs. Milton Benner, Oshkosh, in a four column pix in the Sept. 15 edition.

* * * * *

I've got no time for the blues I'm trying to report the NEWS The typewriters click And the ink runs so thick While I watch all the P's and the CUES.

-James

Mains Break-Water Flows



"NO PAIN - WITH JIM

FOLLOW THE ADVENTURES

OF "NEWGUY" IN THE

PAGES OF CUE

1.115.

A new cartoon series makes its appearance in this issue of CUE.

"No Pain - With Jim Payne" is bound to tickle your funny bone.

James Payne, the cartoonist, joined CUE last week. He will do reportorial work besides running the CUE'S press.

So, have a laugh on "NEWGUY!"

Two water mains leading to hydrants east of Kempster Hall and Gordon Hall broke open within a two-day period last week.

The first break near the backstop of Kempster Field caused two large puddles of water to form on the first base line. At first, the appearance of the water was credited to the rain storm on the previous night, however when the puddles grew larger, an investigation revealed the line break.

The second break occurred on September 12 adjacent to the east sidewalk of Gordon Hall.

There have been at least eight breaks in hydrant water lines during the past two years, according to Robert Wischnewski, WSH plumber. It is believed that cinders in the soil acidulates and corrodes the pipes from the outside in. These cinders were part of the old system of roads around the grounds.

While the present cast iron mains are of good quality, the acidulation caused by cinders apparently remains a constant threat to their stability. If the breaks continue, it may be necessary to replace all hydrant water lines with plastic mains.

Inspection of the recently broken lines reveal no evidence of damage resulting from water pressure.

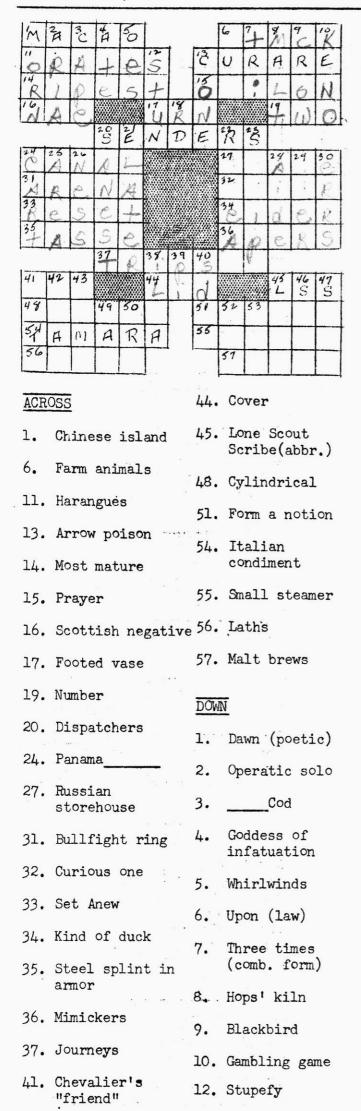
A tractor with scoop attached was brought in for digging purposes and this caused some consternation from softball players housed at Kempster Hall who felt the diamond would be ruined.

Kempster Field remains in top shape for football players. The turi is solid bolstered by new grass.

* * * * *

When it's raining in Winnebago It's raining in my heart I'm trying to find the road home But I'm having a slow start.

-- James



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FIVE FREE ANSWERS

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Sec. Carl

(Answers to PUZZLE that appeared Sept. 11)

CUE

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reader's RHYMES

LAKE WINNEBAGO

You say they all have passed away That noble race and brave That their light cances have vanished From off the crested wave That 'mid the forest where they roamed There rings no hunter's shout But their name is on your waters You may not wash it out.

-- R.

TOO LATE

While we wait for the napkin, the soup gets cold

While the hair is trimmed, the face grows old

When we've matched our buttons, the pattern is sold And everything comes too late -too late.

-- Fritz L.

WHY O WHY?

- Why are we so far apart, yet so close? Why are we so close, yet so far apart?
- We love each other, but why can't our parents see?
- We have our own lives to live . . . But why can't they accept this?

-- Randy

O THAT TIGER

Tiger! Tiger! burning bright In the forests of the night What immortal hand or eye Could frame thy saddened sigh. -- Bill S.

IT'S THE TRUTH

- It may be right, it may be wrong But it takes a worried woman to sing a somber song
- When a woman's sad, she wrings her hands and cry
- But when a man's unhappy, he heads for the nearest bar and gets high. -- J. S.

GIANT

Oh, it is excellent To have a giant's strength But it is tyrannous To use it like a giant.

-- W. S.

WAS IS DAS?

So hoch ass en Haus So nidder ass en Riegel So glatt ass en Spiegel So bitter ass Gall Un is gut fer uns all.

-- Kescht

BLACK

They say black is sad I say it isn't so Your eyes are black And you're my happiness.

-- M. R.

THEM

Them as buys meat, buys bones Them as buys land, buys stones Them as buys eggs, buys shells Them as buys wine, buys nothing else. -- 0. L.

SABOTAGE

I took my girl For an auto ride The moon was shining Up so bright Step on the gas; The jalopy fell apart. Sabotage!

-- D. K.

THE POLITICIAN

The big-belly man He runs the town The local graft Is now going down. He runs the town to perfection So, give him your vote Bub, next election.

-- L. P.

non compos mentis

Dear Non:

To err is human -- but usually a much better excuse is demanded.

Dear Compos:

Thanks to jogging, we have more people collapsing in perfect health than ever before.

Dear Mentis:

The trouble with most boards of education is that they are not used in the right place.

Dear Non:

The man who figures he can't afford to have children is usually a father.

Dear Compos:

An old-timer is a fellow who recalls when the worst thing to occur in a long hot summer was crabgrass.

Dear Mentis:

I don't smoke, drink or gamble. I have nothing to do with women. I am hard working, cuiet and obedient. I'm in bed early and rise with the dawn. I go to chapel every Sunday without fail and I've been like this for eight months. Just wait until next week when they let me out of here.

Dear Non:

It's only natural that student revolt should spread to high schools. After all, we wouldn't want our kids to enter college unprepared.

Dear Compos:

I wouldn't say inflation has gotten out of hand, but in the good old days dime stores didn't have to use layaway plans.

Dear Mentis:

Scratch a cat and you'll find a boarder.

Dear Non:

I found out why you can't buy Geritol at the Canteen -- the stuff has as much alcohol as champagne.

Dear Compos:

I love girls. I think that man and woman go well together.

Dear Mentis:

There's a group campaigning for "See-thru-garbage-can-covers. They'd like to window-shop before deciding what to eat.

Dear Non:

Did you ever hear of Alexander Bell Kowalski?

Sure. He was the first telephone Pole.

Dear Compos:

There's one thing we'd like to say to sufferers of chronic anxiety: "Drop dread!"

Dear Mentis:

I wish someone would come out with an automobile muffler that would last as long as a beer can.

Dear Non:

I read this page regularly, but I think the best definition of gossip is "ear pollution."

Dear Compos:

My favorite sign is at a poultry farm in Waushara County -- "Better laid than ever."

Dear Mentis:

My boy came home from school last week and said, "Mom, I sure learn a lot of stuff, but it really cuts into my day."

SMILE -- You look prettier!

Contributors

SEPTEMBER SONG

From north and south and east and west tired vacationers have packed and dressed for that sweet journey home to rest.

-- Gene

SEPTEMBER

Come out, 'tis now September The hunter's moons begun; And through the wheaten stubble We hear the frequent gun; The leaves are turning yellow, And fading into red While the ripe and bearded barley Is hanging down its head. All among the barley Who would not be blithe While the ripe and bearded barley Is smiling on the scythe!

-- Swan

SUSPICION

Suspicions among your thoughts are like bats among the birds -- they never fly by twilight. . . They dispose rulers to tyranny, husbands to jeal-ousy, wise men to irresolution and melancholy.

-- Mary Jane

AUTUMN FLOWERS

Those few pale Autumn flowers, How beautiful they are Than all that went before How lovelier far! And why? They are the last ---

- The last! -- the last The last!
- 0, by that little word How many thoughts are stirred! That sister of the past!

-- Vicki

DISSIMILARITY

- Your unlike color I can see, An alien voice, another life broken by hate and worn with strife
- None of these can frighten me; nor that you walked other roads.
- What causes me to shake and flee Is that these divergent goals mean you do not think like me.

-- Randy

TO GOD A PPAYER

Dear God:

I know I have sinned, but God please forgive me.

I know I haven't been a good follower. But God I turned to You for help.

Not just me, but everyone wants help. Please help Linda Rose and Toby. They, too, need help.

They are lost in a world all their own.

God, help everyone find Love and Happiness. I was in a world of my own, but I still need help -- the help only You can give me.

Please God, help Linda Rose find herself. Toby needs help to make her life happier.

-- Cheryl

WHY I PAY MY RENT

I gladly pay the rent of my house on Lake Winnebago because I get the horizon and the woods for which I pay no rent. For golden daybreak and red sunsets, I pay no tax. I think it is a glorious bargain when I look at the houses in town.

-- Lake Dweller



"The majority of marijuana smokers start out on milk," says a patient who took part in the recent seminar on drugs at WSH. "Everyone in the world is born with a marijuana deficiency," he added.

Another addict, trying to work his way back to society by "kicking" his habit, said "The worst thing about marijuana is the laws against it."

"When you smoke pot you see life in new dimensions," said another patient. "You really see the futility of life as it is. When I'm high, I have a feeling of great excitement, exhilaration, joyousness and even exaltation."

There is no question that the drugabuse situation is bleak. Some say it is turning bleaker, and some conclude that it is black. This country has faced and found solutions to at least two major drug-addiction sprees before, and the present one isn't likely to do the younger generation in.

Dr. William A. Burrows, associate director of the Nebraska Psychiatric Institute in Qmaha, says "Americans apparently still misunderstand the current drug-abuse epidemic. They are overly pessimistic and some have even reached hysteria."

Dr. Burrows suggested that the public's apparent willingness to accept the bizarre "Drug Stories" at face value and the press' willingness to retell it, sometimes without attempting to verify it, is one manifestation of society's overreaction to the drug problem. Among others, Dr. Lois Chatham, chief of the Narcotic Addict Rehabilitation Branch of the National Institute of Mental Health, has seen the signs. "In many communities," she explains, "people have become somewhat hysterical. It's unpolitic to mention cities, but one thing that has happened is that hysteria is being fanned by politicians who are using the drug issue to get votes. Many candidates for governor are coming in on the platform of ridding their states of addiction, for example."

"Citizen groups," she continues, "frequently call up here and say they must have money immediately because they have a 'horrendous drug problem.' When you say: 'How many addicts do you have? How many kids are smoking pot? In what area of town are addicts living?' they just don't know.

"I was in a Midwest community that wanted money very much to treat addiction. When I asked the committee handling the drug-abuse problem how many addicts they had, it didn't know. I had discovered earlier that no one from that community had been committed to treatment centers though our existing programs are there. And so T said: 'How many in this room know of one addict?! No one in the room did. That's scary."

Dr. Chatham's job affords her a good over-all view of what's taking place in the effort against drug abuse, and she has other observations:

"Overreaction is manifested by the (next page)

(DRUG ADDICTS from page 11)

amount of legislation suggested. Many, many bills on drug control are being proposed. People get in back of legislators and say, 'Do something!' And Congress panics too. If you had an epidemic of smallpox how many bills would you need to take care of it?

"Look at the tremendous rush to have youngsters' urine analyzed. There have been efforts to have the urine of every school child in the District of Columbia tested. This is true in many other places too. That's panic. Number one: The urine test won't always pick up drug addiction. Number two: Sometimes it gives a false positive, which means the person is not on drugs, he has merely taken a cold tablet or eaten a food dye that produces a urine reaction. Beyond that there are serious problems of invasion of privacy."

From our plateau, it appears that zeal for quick action has caused many sincere teachers, preachers, civic leaders, and parents to neglect learning enough about narcotics. So when they campaign to frighten youths from "speed" (methadon), "coke" (cocaine), and the rest, they trot out halftruths and exaggerations, which youths easily spot.

Today's young people know more about drugs and their effects than their elders. Inept scare tactics just feed the youths' distrust.

The general public has tended to disregard distinctions between drug addicts and drug experimenters. In some places, courts and public opinion treat gullible adolescents much as if they were hardened "pushers."

The public has also tended to sanction laws so stern that they frighten addicts from voluntarily seeking help to withdraw from narcotics.

THREE MAJOR 'EPIDEMICS'

The recent seminar at WSH was held in order that people in authority would gain a better perspective of the drug problem.

"If I have my facts straight, and I think I do," Dr. Burrows said, "there have been three major drug-abuse epidemics in the past 100 years. There was an epidemic of morphinism and heavy use of codeine in Victorian England and here. You remember Sherlock Holmes used to say something like 'Quick Watson, the needle!' The mythical Holmes was an addict.

"The second epidemic centered on the use of cocaine here and in Europe after World War I. Our present epidemic is the third. This one is different in that it involves so many drugs all abused simultaneously. And a lot more people are making money out of keeping it going. So it will be harder to control. Nonetheless, in recent history society has come to grips with major drug problems and subdued them. That is some reason for confidence."

The most commonly used drug is marijuana, which is also called pot, grass, reefer, weed, tea, hay and Mary Jane. Use of LSD is a much more dangerous drug.

Society always has drug addicts. We declare epidemics of addiction, it seems, when the number of addicts grows to the point that the majority in the society begins to believe society itself may succumb to the view that addiction is more or less acceptable.

OPIUM AND RESPECTABILITY

We have had such threats periodically since 1851, when opium came to San Francisco. By 1900, "eating opium" which was made for chewing instead of smoking, and laudanum, an opium derivative, were sold openly. Respectable citizens stoned on opium were said to have "opium sickness."

Richard H. Blum, principal author of "Society and Drugs," points out that for a short time American society had ultra-respectable white, middleclass ladies seeking out the opium sellers. Children's medicines contained opiates, and physicians prescribed them freely.

Finally, early in the 1900s, restrictive laws choked off legal opium supplies. Many addicts simply stopped buying and fought off their addiction. A lesser number took its trade to the newly created underground dope peddler.

Opium use contended for a while with morphine abuse. In 1898, heroin arrived. Pharmacologists at first (SEE: DRUG ADDICTS page 13) j. j

(<u>DRUG ADDICTS</u> from page 12)

hailed it as a harmless, nonaddicting substitute for morphine. As a result, numbers of addicts switched their addiction. Cocaine, too, caused major trouble.

But regardless of which surges of addiction one considers worst, it is clear that there were drug-addiction epidemics before this current one and that they subsided as a result of social action. Some of the factors that helped in the past are present today.

ADDICTS DO QUIT

Addicts do sometimes decide on their own that their addiction is ruining them; they seek help and quit drugs. Youths do sometimes heed warnings that steer them away from drugs. Or they try narcotics, find they do nothing for them, and try no more.

One often hears that there are more than 50,000 heroin addicts in the U.S. -- but that reflects only the hard list of names reported to the federal authorities. In New York City_ alone, estimates on the number of heroin addicts run from 30,000 to 100,000 -depending on who is keeping score.

Even fuzzier are the statistics on marijuana use. Dr. Dana Farnsworth, director of the Harvard University health services, has estimated that up to 35 per cent of students at major universities on both coasts have tried marijuana at least once, and that about half of that number repeat the experiment.

The New York Times estimated that 100 million Americans (half of the population) use some form of mind-altering drug, including excessive alcohol, amphetamines, barbiturates and tranquilizers. Excluded were the psychedelic drugs, such as LSD.

FORMING THE HABIT

Although there is no definite evidence that the use of marijuana has harmful effects, it is true that some heroin addicts claim they graduated to "big H" from pot.

Goodman and Gilman, in their authoritative text, "The Pharmacological Basis of Therapeutics" - 1965, state: "There is no lasting ill effects from the acute use of marijuana and no fatalities have ever been reported."

Dr. James L. Goddard, former chief of the Food and Drug Administration, has said that 20 million Americans may have tried marijuana and that 400,000 may be using it regularly.

In 1969, as many as 200,000 children were treated with two kinds of stimulant drugs. One was amphetamine -- the other Ritalin which is a potent "speed" drug that can hook adults but not youngsters, or so it is believed. This estimate comes from the National Disease and Therapeutic Index. The index is supposedly based on druggists prescription files. We have no way of knowing who tabulated the number of children treated, or if it is correct.

"Marijuana in itself doesn't hurt you," a former (junkie' told the CUE before his release from WSH. "The pusher doesn't really make much profit on marijuana, either. But the fact that marijuana is illegal forces the pot smoker into the pusher's domain. Then, sooner or later, maybe the pusher gets you to try (big H). But that is another story. I think marijuana should be made legal, like whiskey."

THE ADDICT IS SICK

Medical authorities agree that the addict is a sick person. He needs treatment for his addiction and for his withdrawal illness. Then he needs help to prevent his going back to drugs later.

One of the pioneers in battling drugs is the Addiction Services Agency of New York City, whose commissioner, Dr. Efren Ramirez, founded a similar project in his native Puerto Rico.

The Ramirez approach in dealing with addicts covers three fronts: Induction, treatment and re-entry.

Induction takes place in the addict's neighborhood. He is confronted by trained ex-addicts, challenged to face up to his self-destructive attitudes.

If, after long sessions, the addist shows he is ready, he is referred to a day center or detoxification unit in a hospital.

In the treatment phase, following (SEE: DRUG ADDICTS page 14)

(<u>DRUG ADDICTS</u> from page 13)

withdrawal, the addict resides in a neighborhood building where he is given work and made to feel a part of his small community. There are more "encounters" with former addicts who know what he has been through. He is imbued with the idea that he must survive and help others.

There are successes today in other areas, too. Halfway houses and rehabilitation centers do convert some addicts into sober citizens. Government cure centers like the one in Lexington (since 1935) Kentucky, do manage at times to wean addicts from drugs. Perhaps Barney Ross, former fighter, was one of the better known addicts who credited the U.S. Public Health Service Hospital at Lexington for curing him.

We feel there is no reason for the public to let itself be stampeded by sensation-hunting reporters or political candidates. There is every reason that the nation can cope with its drug-abuse problem without the help of charlatans. (RM)



HUGHES HALL EDGES

KEMPSTER HALL, 14-0 .

Playing up-and-at-em flag football on September 16, Hughes Hall turned back Kempster Hall, 14-0.

Ken , quarterback for Hughes, rifled two bombs to Ron and Bob for the touchdowns.

Ed led the hard-nosed defensive line for Hughes and Jim fired up the Kempster defense, despite the loss. Don was his usual brilliant self in the backfield for Kempster Hall. It was a thrilledpacked contest that finally was called because of darkness.

A great deal of interest has been

generated in the sport from both the players and spectators and all look forward to coming games.

LOCAL 48ERS WIN TWO

FROM SOUTHERN COLONY

TO END 1970 SEASON

MAIN BALL PARK -- The Local 48ers wrapped up a highly successful softball season by taking a twin-bill from Southern Colony, 15-8, 10-1.

The threat of rain kept local fans from filling the bleachers, but a fair representation of the patient body was on hand to see the Industrial League Champions romp over the visitors.

Dave Daggett held Southern Colony to nine scattered hits in the first game and Chuck Radtke allowed only seven hits in the second contest.

FIRST GAME

Local 4	8ers	307	113	1	15	16
South.	Colony				8	9

SECOND GAME

Local 48ers 332 010 01 10 16 South. Colony 000 000 10 1 7

LEADING HITTERS: Norm Bauman, 3x3; Dave Daggett, 2x2; Ron Schneider, 2x3; Dennis Mezzaros, 3x4. 3B Bauman, Daggett. 2B Mezzaros (2); Webster, Wasco.

* * * * * *

THEY'RE TALKING ABOUT: The Core group from Kempster Hall under the tutelage of Bill , Ken , Judy and Ken , who meet every Friday from 1:30 to 3:00 P.M. to participate in activities ranging from bicycle riding to fish watching. The group was organized to help disturbed patients to take or have a part in fun and relaxation at the start of an otherwise humdrum weekend.

Football fans are eagerly looking forward to telecasts of the Green Bay Packers games this season. One unit at Gordon Hall south is without TV.

THE INVISIBLE REPORTER

. . <u>IS EVERYWHERE</u>!

We have had reports concerning certain aides sleeping during the night shift. What would they do if an emergency developed on the ward?

Is it necessary to have the front door locked at Gordon Hall during early evening hours? Visitors from the Geriatric unit are forced to walk to the ATU unit in order to leave the building. If a fire occurred in the office area of Gordon at night, how would anyone get in to report such a happening? We are referring to persons not employed at WSH.

There continues to be some laxity in a certain cafeteria here. There is no prior check of the milk cooler before the line starts coming in, and patients have to wait until a milk can is replaced.

How much force is necessary when a woman patient is escorted from one unit to another for a given reason. A member of CUE'S editorial staff recently witnessed a young lady being taken to Kempster Hall by a male and female aide. The male aide had the patient's right arm in a hammer lock and the female aide held the patient firmly on the left side. The hammer lock was pressured by the aide and the patient's head responded, evidently from pain. The patient in question was a slim young lady weighing no more than 110 pounds. It appears that she could have been transported without the hammer lock bit. WSH does have canvas restraints. .

Heat being left on in Kempster Hall when the temperature outside hits 80 degrees has caused a flood of complaints. Certainly, someone has the authority to turn off the heat.

New prices in the Canteen reflect the run-away inflation that is gripping the country. A small box of pipe filters was raised six cents this past week. The 10¢ box now costs .16¢. We receive daily complaints about the high cost of items.....

"The coffee that you drink during breaks and at lunch is placed there for your convenience. The coffee is not free. For each cup you drink, you must pay 5¢. Should you not pay for the coffee, we will have to do away with it." This was the memo handed to patient-workers at the Goodwill workshop in Neenah. WSH furnishes the patients a bag-lunch, but they must pay for their coffee. We feel those patients should be given enough money to pay for coffee until they're placed on the Goodwill payroll. Such action the Goodwill payroll. would be cheaper than thermos bottles. . . . Patients are called "clients" -by workshop supervisors -- which means "a person who is receiving benefits ... services...etc...of a social welfare .. agency." Apparently, coffee is not part of the services. • •

Cigarettes for 20¢ a pack . . . It happened here. . . Vending machines do get out of order. . . Patients from Sherman Hall still want to know how they can get a bike to ride. . .

Who was the pretty aide who created a five-alarm-emergency?. . . .She could run a 100 yards in 8 seconds.... Wanna bet?

* * * * *

WELCOME LADIES

A new group of student nurses arrived during Labor Day week. They're from St. Joseph Hospital at Marshfield and St. Luke's at Racine.

They will be here for three months studying to be Registered Nurses. CUE welcomes the young ladies to WSH. We hope their stay will be most pleasant and rewarding in all areas.

SURPRISE PARTY

Members of CUE'S editorial stati held a surprise birthday party for the editor last week. A decorative cake, coffee and punch were quickly devoured before the group settled down to the business of getting out this issue.

* * * * * HARPER -- First of the great Milwaukee BREWERS!

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THE WEEK AHEAD

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HOSPITAL ACTI	VITIES FOR THE WEEK OF SEP	T. 28 - OCT. 4, 1970
Sept. 28 Monday 2:30	9:00 am - 4:15 pm - 4:00 pm HH Husis Rm , 4:30 pm GH AF Area	CANTEEN HOURS* KECORD LISTEN ING Canteen Social Chair-
	7:00 pm SH 7-8 7:30 pm SH 3-4	men Dinner Meeting Outagamie Red Cross Gray Ladies
Sept. 29 Tuesday 2:30	9:00 am - 4:15 pm - 4:00 pm HH Music Rm. 6:30 pm GHS	CAFTEEN HOURS RECORD LISTENING Redeemer Lutheran /*Movie - "Number ONE
Sept. 30 Wednesday 2:30	9:00 am - 8:00 pm 1:15 pm 2W 1:30 pm GHS - 4:00 pm HH Husic Rm.	CANTEEN HOURS Appleton Red Cross Lutheran Ward Service Rev. Winter BECORD LISTENING
-		
Oct. 1 Thursday	9:00 am - 8:00 pm 10:00 am GHS	CALTIEN HOURS Protestant Ward Service Rev. Windle
2:30	- 4:00 pm HH Music Rm. 7:00 pm Canteen 7:30 pm SH 7-8	
Oct. 2 Friday 2:30	9:00 am - 8:00 pm - 4:00 pm HH Music Rm. 6:45 pm Chapel	CANTEEL HOURS RECORD LISTENING PROTESTANT COMMUNION Rev. Van Deusen
Oct. 3 Saturday	11:30 am - 8:00 pm 10:00 am GHS	CAITEEN HOURS Favorite Hymn Recital Mr. Korn
Oct. 4 Sunday	8:45 am Chapel 11:45 am - 8:00 pm 7:00 pm Chapel	PROTESTALT SERVICE Rev. Winter CANTIEN HOURS CATHOLIC MASS
		Fr. Feirce
*ALL activit:	les in CAPITAL LETTERS are	for all Patients.
Patients Lib:	rary Hours: SH Basement	
		1:00 - 4:00 M-T-W-F 1:00-2:30 Thursday

Mus. Julaine Juur, P. N.