

## Cue. Volume III, Issue 2 March 29, 1968

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# the CUE

VOLUME III

MARCH 29, 1968

ISSUE 2

## SOFTBALL ON THE WAY

Soon we'll be hearing again the umpire's tender call of "Play ball!" Again this year there will be softball competition among halls Hughes A, Hughes B, Kempster and Sherman. These are the same four teams that take part in the official volleyball and bowling competition.

Once more also a WSH All-Star team will take part in an eight-team league in Oshkosh on Friday nights. The league is conducted by the Oshkosh Department of Recreation.

On occasion our hospital team has played before several hundred spectators, according to Chuck LeMieux. Chuck and Dave Daggett, both activity therapy assistants, serve as playing managers of the team. The patient team is jointly sponsored by the hospital and by Local 48, a hospital employee association.

The intramural competition among the halls will begin around May 15. This year for the first time a 16 inch softball will be used instead of a 12 inch ball. The competition in Oshkosh will begin about the same time. Cool weather, lack of "mudmobiles," etc. prevent an earlier opening day. Both the intramural competition and the league in Oshkosh run through August.

And not to be forgotten are those budding big leaguers who only play as yet as unknown Charley Browns during their wards' recreation periods. If these blossoming heroes catch Chuck or Dave's eye, WSH may jump from last year's second place to this year's champions.

It has been adopted as hospital policy that patient mail is not censored. The only exception to this rule is the highly individualized case where censorship is judged to be absolutely essential for the best welfare of the patient and this will be the judgment made by the treating physician.---Dr. Kelly, Clin. Director

## MEN'S BOWLING TOURNAMENT

Team 2 of Hughes Hall A4 rolled a convincing 657 to capture the men's team bowling title. Each of the five team members will receive an individual trophy. The winners' individual scores were as follows:

Austin	138
Bob	79
Jim	121
Dale	145
Marv	174

This amounts to a respectable 131 average per man. Marv 174 was also the top individual score of the tournament.

Second place in the twelve team tournament was earned by team 1 of Hughes Hall A4. Their scores were as follows:

Bob	105
Peewee	134
Don	158
Bill	77
Tom	136
Total	610

A difficult 5-7 split was accomplished by Ralph Vought of Hughes Hall A-1.

Of course the team totals will be much higher tomorrow, Saturday, March 30 when the women's team bowling tournament will be held.

Gerry

Youth is not enough. And love is not enough. And success is not enough. And, if we could achieve it, enough would not be enough.

From Reader's Digest

# Editorial

In the March 1 issue of CUE the subject of awareness in current national and foreign news was discussed and it was brought to notice that some of us here at WSH are "inclined to surrender to boredom and finally to apathy" as far as following the political and foreign relations issues. As a result of the CUE editorial, there has been some talking about a possible informal discussion group here for those who are interested in the shape of the world outside.

The most significant pending news event is, of course, Wisconsin's primary election which comes up next Monday, April 2. On the Republican ballot will be Richard Nixon, Harold Stassen, and Gov. Ronald Reagan; the Democratic ballot offers a choice of President Lyndon Johnson or Sen. Eugene Mc Carthy and it is the outcome of this voting that not only the nation will watch with utmost fervor, but particularly Sen. Robert F. Kennedy, who is ever in the wings at this point. Although Bobby Kennedy is not officially on the Wisconsin primary ballot, he is now pursuing his bid for the presidential nomination with his fantastic energy and resources, all over the country.

CUE took a poll on the hospital grounds on how people felt about RFK before his bid for the nomination several weeks ago, and a sample of the results are across the page in "Issues and Answers." Bobby must feel somewhat uncomfortable under the avalanche of barbs which have fallen since his announcement that he would run against both Pres. Johnson and Sen. Mc Carthy. A midwestern newspaper has compared him to a cowardly boy who jumped into the fray only after a scholarly friend, (Mc Carthy), had the neighborhood bully (Johnson) on the ground after the astounding New Hampshire primary. Kennedy's major objective in trying to round up enough support for the nomination must be to win delegates in large states such as Michigan, Ohio, Pennsylvania and Illinois; he must persuade party leaders in key nonprimary states that he can help other candidates as a presidential nominee to a much greater degree than Pres. Johnson. And there is abundant evidence that Johnson will move every mountain to thwart Kennedy. Even though Wisconsin represents only a fraction of the 2,622 delegate votes needed for the nomination, the primary election here will indeed be a political thermometer on pro or anti-Bobbyism - and this assumes, of course, that the Democratic party is badly enough split to send anti-Bobby voters into the Johnson or even the Republican camp.

And so Tuesday's election should warrant our attention as responsible, loyal citizens whether or not we're voting; its outcome will be highly significant in political interpretations, including a key to the complicated puzzle of what makes Bobby run.

Ellen

## EDITORIAL STAFF

BOB  
JIM  
MAUREEN  
GEORGANNE  
BILL  
YVONNE  
ELLEN  
GERRY

## STAFF ADVISOR

CHUCK LEMIEUX

# Issues & Answers

WOULD YOU LIKE TO SEE BOBBY KENNEDY  
RUN FOR PRESIDENT IN 1968 OR WAIT UN-  
TIL 1972?

I'd rather see him wait until the year 2000.

Chet SH

I'd like to see him run in 1968. I think he'd make a great president because he understands the common man and would end the riots and the war in Viet Nam.

Gary SH

I'd like to see him run now because I feel he would make a great president.

Clem SH

He should wait until 1972. He needs more experience in the serious problems concerning the country and world peace.

Ralph SH

He should wait until 1972 so he can improve his image.

Byron SH

Neither. I'm against dynasties. This is a democracy, not an oligarcy.

Lois SH

I think he's a little too young for the presidency right now. I think he should run for the Senate and wait two terms before running for the presidency.

Bill 2E

I wouldn't like to see him run at all. I don't think he's a strong enough political figure to win the Democratic nomination running on the basis of his brother's qualifications.

Nancy 2W

I think he's responsible enough to take over the position right now. If he did as good a job as his brother he'd be a very adequate leader.

Evaline 2W

I think Bobby Kennedy will be a write in candidate in 1968. I'm in favor of him.

Mrs.

No, not in 1968. He's too young, inexperienced, and acts on the spur of the moment.

I think it's too early for him to be in the presidential race. He hasn't had enough experience.

name withheld

If he's got the brains and the power of this country behind him - great! What I want to know is where the brains are -- certainly not with LBJ, Nixon, or McCarthy.

B.

Neither. I'm not a democrat for one thing. I just don't care for him. He'll never take the place of J.F.K., and that's what he is trying to do.

name withheld

Definitely not in 1968. I would rather make my decision in 1972 when I feel he would be more mature.

Elin

Not in 1968, because I think he can do the most at the job he is doing now and by the time 1972 comes he will be more experienced.

name withheld



# Chaplain's Message

# Happy Birthday

## GOD'S LANGUAGE

We have heard jokes about the man of this or that nationality, who is sure that his language is really the one that God speaks. It seems foolish to say that God has any language. Yet in a way there is a language of God. What makes a language? The words and phrases that make it distinctive, that set it apart from other tongues. English is the language that says "chair" or "write." German is the language that says "Stuhl" or "schreiben."

Similarly, there are words that are characteristic of God, which taken all together make the "language" of God. Some of these are words like resurrection, sanctification, sacrament, or phrases like "bread of life," "led by the spirit," "living in God," which are used little if at all in any other connection than the religious. These words seem fairly unfamiliar to very many people, almost like foreign words.

Fortunately, a much larger part of "God's language" involves the use of ordinary English, and is therefore more familiar to us. The main things that religion has to say do not have to be said in large or strange words. The biggest message that God has for us is that He loves us, that He suffers with us and for us, that He has provided for our welfare in this life and beyond, that He forgives us, that He helps to make us brave and strong for life.

In other words, the language of religion is basically a language of love, hope, faith, forgiveness, power, courage, salvation. It is a language of the heart and spirit.

Chaplain Van Deusen

## BIRTHDAY LIST FOR THE MONTH OF MARCH

### MEN

Alexander  
Alvin  
John  
William  
Frank  
Walter  
Merrl  
Herman  
William  
John  
Gilbert  
John  
Marko  
George  
Robert  
Mike  
James  
Donald  
Wallace  
Alvin  
Bruce  
B. G.  
Robert  
Edward  
Grant  
Charles  
Howard  
Gerald  
Charles  
Constantine

### WOMEN

Lois  
Carol  
Dorothy  
Marcella  
Mary  
Lorraine  
Rosebud  
Donis  
Rozanne  
Lois  
Florence  
Gladys  
Domenica  
Robbie  
Katherine  
Esther  
Hazel  
Elsie  
Martha  
Gwendalyn  
Caroline  
Connie  
Carol

# Women's Page

## NOW, THAT'S AN IDEA!

Dry-clean suede gloves yourself!. Put them on and rub the soiled areas hard with a slice of stale bread. When the bread becomes dirty, switch to another slice. (Note: trick won't work on heavy soiling :e.g., grease spots.

Quick fix for an ugly ceiling light. Unscrew and remove the old fixture. In its place, over the naked light bulb, tack a white-tissue Japanese lantern right to the ceiling. Japanese lanterns are cheap (a dollar or two depending upon the size. They diffuse the light evenly and go with almost any decor.

Steamy bathrooms probably cause more hairdos to flop than the weather. Before you take a hot shower or bath run some cold water through the tub. For some reason, this cuts down considerably on the amount of steam that is produced.

When you've an onion that's sprouted, plant it. It'll grow quickly in any old pot of dirt. The slender green shoots that come up can be snipped and used just like fresh chives.

A scorched iron is best cleaned with silver polish. Run hot water over the ironing surface; apply the polish and rub evenly; rinse and dry.

## DOUBLE CHIN? "GRIT 'N BARE IT!"

Check your posture--double chins often result from poor posture. And no more slouching over your homework or reading in bed and without proper support for your back! Give a lift to your chin and jawline with a hairstyle swept up and away from your neck. Stay away from styles with long droopy lines over the sides of your face or your ears. Avoid clothes with high necklines which choke or frame your double chin. And, grit and bare it! That's right, stand in front of your mirror every night and grit your teeth at least twenty-times. It looks ferocious, but it certainly frightens away double chins.

## PORK CHOP 'N APPLE CASSEROLE

4 lean pork chops (trim fat)  
salt  
1 tbs. shortening  
4 cups sliced tart cooking apples  
 $\frac{1}{4}$  cup raisins  
1 tsp. grated lemon rind  
 $\frac{1}{4}$  cup Brer Rabbit Molasses  
 $\frac{1}{4}$  cup water

Preheat oven to 350 deg. F. Sprinkle pork chops with salt; saute in shortening until brown. Mix together apples, raisins and lemon rind and place in 2-qt. greased baking dish. Combine molasses and water; pour over apple mixture. Put in browned pork cover and bake  $\frac{1}{2}$  hour more. Makes four servings.

## LARGE SOFT MOLASSES COOKIES

- (1) Sift together  $2\frac{1}{4}$  cups sifted regular all-purpose flour, 1 spoon ground ginger, 1 teaspoon ground cinnamon and  $\frac{1}{4}$  teaspoon salt. Start heating oven to 400 deg. F.
- (2) Dissolve 2 teaspoons baking soda in 2 tablespoons hot water; set aside. With electric mixer at medium speed, beat  $\frac{1}{2}$  cup vegetable shortening,  $\frac{1}{2}$  cup granulated sugar,  $\frac{1}{2}$  cup light fluffy. Next beat in flour mixture alternately with 6 tablespoons cold water; then stir in soda mixture.
- (3) Drop this molasses cookie mixture, by rounded measuring tablespoonfuls, at least 2 inches apart on greased cookie sheets; place 4 or 5 raisins on top of each cookie.
- (4) Bake 8 to 10 minutes, or until done. Remove, with wide spatula, to wire rack to cool. Store, tightly covered. Makes about two dozen.

## LEMON FROTH WITH BLUEBERRIES

- (1) Prepare 1 package lemon flavor gelatin; dessert whip as label directs, substituting 1 7-ounce bottle (1 cup) cold lemon-lime carbonated beverage for carbonated beverage for milk and water called for, and adding 2 teaspoons gated lemon peel. Refrigerate until dessert time.
- (2) Serve in glass bowl or in sherbert glasses topped with a few blueberries. Makes 4 servings.

# Men's Page

## RULES COMMITTEE OUTLAWS SPITBALL

Spring is upon us. The crack of the bat hitting the ball and the call of the umpire have already begun to be part of the season's scene.

The no-spitter rule is in force in both baseball leagues, American and National, in the exhibition season games. Perhaps it is less in force in the National league, at least in the present exhibition games. The new rule forbids a pitcher from touching his hand to his neck or wrist or anywhere he might pick up moisture, before he throws the ball.

The highly respected Cal Hubbard who umpired in the majors from 1936 until 1951 when he became American league supervisor of umpires, predicted that the spitball rule would probably go the way of the short-lived balk rule in 1963. He also told the baseball rules committee of which he is a member, that the rule would not work. To the public he said that the rule is hardly enforceable and would not prevent a pitcher from throwing a spit-ter.

Since it is more of a psychological weapon than an effective pitch the spitter should be legalized and then there would be no more trouble. Chicago White Sox pitcher Tommy John has a habit of putting his hand to his mouth before each pitch, and relief pitcher Bob Locker, also of the White Sox, has a habit of blowing on his hand to warm it on cold days. Joe Niekro and Rich Nye of the Cubs lick their fingers and wipe them on their uniforms before each pitch. Habits like these cannot be overcome overnight.

Mr. Hubbard said it would take another vote of the rules committee to strike the spitball rule from the book. Meanwhile the umpires would have to enforce it to some degree; the first violation incurs a warning, the second, ejection of the pitcher from the game, although in the Cubs exhibition game with the Angels, the um-

pires were apparently instructed to issue warnings but not go to the extreme of banishing a pitcher from the game.

(This article was based on information contained in Chicago Tribune articles dated March 3, 7, and 7, 1968--three articles.)

James

## THE SPORTSMAN

Cal is a stocky, rugged 41 year old patient at Hughes Hall. This fact does not particularly distinguish Cal from the rest of the patients but his occupation does. He is a hunting and fishing guide.

Cal hails from , Wisconsin. Of French extraction he cut his eye teeth in the woods and on the streams and lakes of that area. As a youngster he used to accompany his father on hunting and fishing trips. At 11 he bagged his first deer and the die was cast.

I asked Cal if it took any special training or schooling to become a guide. He winced when I mentioned the word school and replied "No" all it takes is experience and know how. It didn't take Cal long to acquire both. At 17 he applied for and got his first registered professional license to guide.

At first the pickin's were mighty slim. Cal had no reputation as a guide. He toured the resorts and asked the owners if any of their guests would be interested in a guide that could show them some good hunting and fishing. Soon jobs began to trickle in and Cal had launched his new career.

As time went on business increased and once Cal had guided a party he found them writing in the winter asking him to take them out again next season.

Cal takes both individuals and groups. His trips last anywhere from one day to two months. He will furnish all equipment unless the customer prefers to use his own.

# Reader's Rhymes

## PSYCHOLOGY FOR LOVE

In deep thought my mind may see  
The experiences that has influenced  
me  
From past to present, but not much  
more  
I found myself to be a bore.

With others I'd want to learn and love  
Instead of giving myself a shove,  
To do all things that others do  
I want to be happy, don't you?

I like to think of all the times  
Of changing, clanging, clanging chimes  
Instead of sour, low, things as greed,  
I want to give to those in need,  
Don't you?

They say that life is hard to live  
But when it's going you've alot to  
give  
To think the right to think above  
But in any cost let there be love.

Bill

## MARY SCHULTY

We have a Food Service Supervisor I  
That has been with us a long time.  
She has made herself many friends  
In her "expert" food service line!

Kempster Hall has been her haven.  
She has kept it shining bright.  
Her cheerful manner and sunny smile;  
Has been a happy sight.

So, let's give our Mary a great big buss.  
For all the good she has done for us.  
The patients and employees all gives cheers  
For a wonderful record of 25 years.

C. 1

## PHANTOM OF A GIRL

She glides across the meadow land  
On steel, black nights  
When herds are bedded and  
Breathing warm against each other  
And the farmer's resting in young ranch  
house  
The one with cozy lights.  
She's all alone and moonlight  
Caresses her small lithe figure,  
filtering through her hair  
No one loves, no one knows other than  
she  
How she came to be nature's child.

## CHARTS OF W.S.H. OF WISCONSIN

Medical reports, and blowing steam,  
I wonder if it's all a dream,  
But if aids anger and start to veer,  
Stop, ask for help  
If they ask you questions why  
Answer them, but don't lie  
Shape up, then wave goodbye.

Bill

Shhh --- and shut your mouth  
For I heard everything you  
Said when you forgot to  
Close your mind. Pour it out  
Bam bam bam bam  
I think I just killed sin  
Would you help me bury it?

B.

## EPIGRAM



# ON THE SOBER SIDE

A REPORT FROM THE ALCOHOLIC UNIT

## ON THE SOBER SIDE

RECREATIONAL THERAPY is an important part of the treatment for an alcoholic's recovery to sobriety. One of the alcoholic's basic problems is too much leisure time. Mr. Lemieux has therapy classes for both male and female patients. Through these the patient's recreational interests are discovered and pointers and advice are given as to the best type of social activities. It is important that we choose a form of recreation that requires active participation. Getting actively involved in such things as bowling, roller skating, dancing, etc. has given a lot of encouragement and inspired ideas as to how to supplement the all too frequent cocktail hours.

The patients are also interested in having regular movies shown on the ward and have so requested in the hope that this will transpire in the very near future. For those of us who do not have weekend passes, the use of the gym has been appreciated.

Most patients on the alcoholic unit feel that these classes have helped them physically and mentally, and many have learned they can participate in all kinds of recreation and soberly enjoy themselves.

The program has come a long way in the past two years. Up until now there was no activity for A1 and A4 other than pool or ping pong. Many of the patients have given their thoughts and ideas on what they would like to have as outdoor activities. The following were suggestions: horseshoe, croquet, badminton, archery, cookeuts, fishing, etc. The men would like to have a basketball team representing the hospital and play against local teams. Suggestions of industrial tours to such places as dairy farms and fish hatcheries are of interest. We would like to have Red Cross volunteers visit the unit.

The following are comments by the head aide and one of the nurses of the unit.

"Anything that diverts your tensions is a useful way of spending spare time. An alcoholic has a need to develop recreational hobbies to use to their advantage."

Working on the basis of a team approach at the Alcoholic Treatment Unit, I see A.T. supervised by Mr. Lemieux as an important part of the team that has steadily expanded. His group discussions bring back many comments to the unit and the actual participation brings even more. Here are a couple after a morning of bowling. "I didn't realize I could bowl three games without having a drink." Another said, after a recent fishing trip, "That's the first time I went ice fishing without a bottle." These are just two of the many remarks about these newly rediscovered activities.

Georganne .

## RECREATIONAL THERAPIST - CHUCK LEMIEUX IN THE ALCOHOLIC SERVICE

The recreational therapist's role on the alcoholic treatment ward has long been a major one. The inability of the chronic, uncontrolled drinker to shape his leisure time appropriately, in other words, his ability to find adequate outlets for his day to day living outside of working hours, has contributed heavily to the development and maintenance of addiction. Mr. Lemieux has dedicated his time on the unit to try and impart that knowledge to his various groups of patients. At the same time involving them actively in programs designed to counteract the handicap in question. Day in and day out, he has been conducting classes, physical fitness programs, and game groups. He has led numbers of people to sporting events, concerts and plays and many other functions. At the same time, he has proven to be a valuable and respected counselor in matters people do when they are thru with work. That obviously is the key

Continued on page 13



# Around the Grounds

## FROM FOOD SERVICE

The American public consumes one-fourth of all its food outside the home in establishments that provide a variety of meal services. The task of planning meals for these institutions that provide so large a share of the total food consumed is the responsibility of management. It is the menu "heart" of the establishment upon which all activity is centered. The menu determines the foods to be purchased, the equipment and personnel needed, the work schedules, the supervision required, and is the basis of precosting food to be served. One of the objectives of every food service operation is attractive service of well-prepared, satisfying and nutritionally adequate food at a fair cost.

Considerations basic to good menu planning and food service are: 1. The nutritional requirements of the members of the group to be served are met as based on age, sex and occupation, with the food habits of the group considered. 2. The physical facilities including the equipment arranged in units for food storage, pre-preparation, cooking and service. 3. The number of workers available and their skills and abilities as well as efficiency, which affects the achievement of diversity in the food items offered. 4. The food items on the menu are influenced by the type and style of service used, as well as seasons and market conditions. The Food Service Department employs the above considerations in the participation of menus for the patients of this Hospital. A staff dietician analyzes and evaluates each menu relative to nutritional adequacy.

Richard Oberts  
Food Service Manager

## CLINICAL TRIALS



# Around the Grounds

## PATIENTS ATTEND SYMPHONY

On the night of Monday, March 11, 1968, eighteen Winnebago State Hospital patients went by hospital bus to Oshkosh Civic Auditorium to attend a performance by the Stockholm Philharmonic Orchestra presented by Town and Gown in association with S. Hurck of Hurok Concerts, Incorporated.

The conductor of the Stockholm Philharmonic Orchestra, Antal Dorati was born in Budapest. He has conducted nearly every major symphony orchestra in Europe and has appeared at nearly every major opera house and festival there. His compositions, Symphony, "The Way of the Cross," and "Missa Brevis" have been received with critical enthusiasm.

The orchestra was dominated by strings. There were rows and rows of violins, also cellos, violas and bass viols. There were some woodwinds and brass and two harps and a kettle drum. The strings were generally bowed but once the bows were jiggled on the strings and sometimes the strings were plucked to produce different musical effects.

In the presentation of the program, the first rendition was the Lenore Overture No. 3 by Ludwig Von Beethoven in one movement; the second, the Nils Castegren edition of the Symphony No. 2 in D Major by Franz Berwald in three movements; the third, the Symphonie Fantastique by Hector Berlioz in five movements. As an encore another short composition by Berlioz was played.

Everyone present in the completely packed auditorium was dressed to the occasion to appreciate this entertainment of a high order. The conversation of patients in the bus after the performance indicated they were glad they had come.

James

## SHOPPING

Last Tuesday evening the ladies of North Cottage did their part to keep the American dollar circulating. Escorted by the N\*C staff, and with Mr. Hoppe at the wheel of the bus, the ladies enthusiastically descended on Copps Dept. Store in Oshkosh for their monthly shopping trip. With lists clutched in hot little hands and wallets bulging as a month of saving, planning and some scheming would allow, the ladies had an hour and a half to browse and buy. And buy they did as was obvious when they assembled at the snack bar to compare bargains, count any remaining cash and try to think of something on which to spend that cash. Purchases included snacks, gourmet foods and other high calorie treats, gifts, records, Easter outfits, flowers, cosmetics, necessary miscellany, and miscellaneous bric-a-brack. A bit of community singing ended the bus ride and of course, back at the cottage everything had to be tried on, or tasted, displayed and put into a "proper place." The excursion was very successful and disproved the old axiom "Anticipation is 90% of the participation."

Donna

## JAMES BOND MOVIE TONIGHT

Tonight Agent 007 comes to WSH in the form of Sean Connery as agent James Bond. The title of the movie is "Thunderball." It will contain the usual James Bond ingredients: gorgeous gals, spies and vigorous adventure. There will be also be underwater scenes, a stolen airplane, blackmail, etc.

"Thunderball," a rather recent release is among the top ten money grossing films of all time. (The top two money grossers are "The Sound of Music" and "Gone with the Wind.")

The highly successful James Bond movies are based on the best selling novels of British author Ian Fleming.

Gerry

# Waterwood News

Are we doing enough for our school? If not, what can we do? These are the kind of questions Waterwood student-council members have been asking themselves.

We are trying to make our school as much like the outside schools as we can so that when our kids leave it won't be so hard for them to adjust.

During the last few months the council has been given the responsibility of keeping the school lounge clean, making sure our students are on their best behavior while in the school area and planning school parties and dances.

At our last meeting we discussed proper dress, and decided that if a student didn't look presentable he or she would be sent upstairs to change. We are glad to say we have only had to enforce this rule once.

At the present time we have six members. President, Dianna , Hughes Hall B-1; Vice President, Rose , Pat , Hughes Hall B-1; Anessa , Hughes Hall B-1; Phil , Hughes Hall A-2; and Chuck , Sherman Hall.

Our members do not run any specific term because we never know when any of them will leave.

When we elect new members we have to pick someone who will obey the rule he or she is going to have to enforce. We look for someone who will treat everyone equally and most important someone who is reliable.

Right now we are in the process of planning the spring prom with our A.T. department. Also, soon we will be holding a school assembly and an awards day.

Rose

## TEACHERS DOWN STAFF IN TURN LOSE TO STUDENTS.

On March 11, the staff of the wards in Hughes Hall took on the teachers and doctors in a basketball game. Hot-shooting Webster, Dynamic Vils, Go-Go Pils, Keep His cool Kleinke and Dennis the Menace Mezarus, really poured it on the ward staff.

During half time, the A-2 boys demolished the teachers in a gym hockey game. Dave scored 3 goals, John scored 3 goals and Bill scored 2 goals. Though Lyle and Mike didn't score they gave the teachers sore feet and backs.

The final score was 8-4 in favor of the students.

John

## A TRIBUTE TO THE STUDENT COUNCIL

The student council is a vital cog in the maintaining of obedience in Waterwood. They all act as monitors and have the power to enforce any actions they take against other students.

They sponsor dances and plan outings. They are now beginning to make plans for the Prom, which will be held in May.

John

\*\*\*\*\*

Doc: What's your favorite recreation in this hospital?

Rock: Home passes!

by Bill

# From Here 'n' There

## WHAT DOES A FATHER SAY TO HIS SON BEFORE HIS FIRST GAME?

This is your first game, son.  
I hope you win.  
I hope you win for your sake  
not mine.  
Because winning's nice.  
It's a good feeling.  
Like the whole world  
is yours.  
But it passes, this feeling.  
And what lasts is what  
you've learned.

And what you learn about  
is life.  
That's what sports is all about.  
Life.  
The whole thing is played out  
in an afternoon.  
The happiness of life.  
The miseries.  
The joys.  
The heartbreaks.

There's no telling  
what'll turn up.  
There's no telling  
whether they'll toes you  
out in the first five minutes  
or whether you'll stay for  
the long haul.

There's no telling how  
you'll do.  
You might be a hero  
or you might be  
absolutely nothing.  
There's just no telling.  
Too much depends on chance.  
On how the ball bounces.

I'm not talking about the  
game, son.  
I'm talking about life.  
But it's life that the game  
is all about.  
Just as I said.

Because every game is  
life.  
And life is a game.  
A serious one.  
Dead serious.

But that's what you do  
with serious things.  
You do your best.  
You take what comes.  
You take what comes

and you run with it.

Winning is fun.  
Sure.  
But winning is not  
the point.

Wanting to win is the  
point.  
Not giving up is the  
point.  
Never being satisfied  
with what you've done  
is the point.  
Never letting up  
is the point.  
Never letting anyone down  
is the point.

Play to win.  
Sure.  
But ~~lose~~ like  
a champion.  
Because it's not winning  
that counts.  
What counts is  
trying.

From "Sports Illustrated"  
March 11, 1968

### Lost

Man's gold wedding band inscribed  
"Forever" 6/17/67. Please return to  
ward 2 Sherman Hall

Stanley

Patient Library

Sherman Hall Basement

8:30 - 10:30 A.M. I:15- 3:30 P.M.

Monday thru Friday

Current Magazines, Paper Back, Boo's

USE YOUR LIBRARY!



THE SPORTSMAN (Continued from Page 6)

Cal's schedule includes camping and canoe trips for families who just enjoy being outdoors in Nature's wonderland. He takes both amateurs and experienced hunters and fisherman. When asked why an experienced outdoorsman would require a guide, Cal explained that the fish and game are somewhat nomadic in nature. They change their natural habitat from year to year and only an experienced guide who is familiar with the area can locate them swiftly.

Cal says very little on his expeditions and offers advice only when asked for. His principal job is to get his customers where the action is. He will often watch amateur fishermen cast, troll and still-fish with no results. Some will mumble "I don't think there are any fish in these waters." Then Cal will casually take out his gear and in a short time will start landing fish. At this point the somewhat embarrassed guests ask him how he does it and Cal patiently explains the art and technique that makes a good angler. Cal is quick to admit however that there are days when even the best fishermen get "skunked" and shrugs it off as an occupational hazard.

Clean, fresh, outdoor northern air does more for appetites than a good martini. When stomachs begin to growl the party heads for shore, a fire is started and soon a fresh catch of walleye, northern, bass or all three are sizzling in the pan. Other fare may include steak, hamburger, pork and beans and of course, the inevitable pot of hot steaming coffee.

Guiding is not always a bed of roses. Sometimes danger is involved. Cal has been upset in canoes while shooting rapids and lost all of the gear on board. Neither he nor any of his guest have ever been injured in such mishaps however.

Guiding is not a year 'round proposition. State game regulations limit hunting and fishing seasons which usually last from May to September. Then Cal takes to the woods to cut timber and pulp wood. He also makes money trapping beaver, otter, muskrat and mink.

When asked about the future of the guiding business Cal says it is falling off. Water sports such as skiing, surfing, and motor boating are growing in popularity and interfere with good fishing.

Cal has guided many celebrities and at the time of this interview recalled guiding Harold Eisenhower (the former President's brother), Ralph Capone (Al's brother), and Gypsy Rose Lee (Nobody's brother) thank God.

His work as acquainted him with many of Chicago's underworld characters. It seems as though when things get hot in the city they head north to cool off.

This Gypsy Rose Lee thing appealed to me for some strange reason and I asked Cal to tell me a little about the experience. "Nothin' to tell," said Cal. "I'd rather see a big muskie dance across the water than Gypsy dancing down a runway anytime.

I think he likes to fish.  
Jim

RECREATIONAL THERAPIST (Cont'd from P.8)

to his most valuable contribution as a member of our therapeutic team on the Alcoholic Unit. His concern is not so much what people think or feel but rather what they do in their free time, how they overcome the tensions of life's responsibilities in a way that is useful, healthy and also pleasant. By now it has become evident that Chuck's role in the Alcoholic Service is much more than just providing of recreational opportunities in the sense of "rounding out the day" or "helping kill time." His role is as vital in the therapeutic rehabilitative process of what the nurse or the physician does for and with the patient. I call for greater involvement on the part of each resident of the Alcoholic Service so as to enable him to benefit more fully from the available opportunities. The experience received while a patient here will have great application in the crucial period of the after-hospital adjustment, i.e., the ultimate return of the alcoholic to full community belonging. That involvement will reflect the overall involvement of the alcoholic patient, his desire to do something about that which has kept governing his life, bring into focus his ultimate victory over his alcoholic dependency.

G. O. Lysloff, M.D.



# THE WEEK AHEAD

## HOSPITAL ACTIVITIES FOR THE WEEK OF APRIL 1 - 7, 1968

April 1 Monday	3:45 pm 2:30 - 4:00 pm 6:30 pm 7:00 pm 7:30 pm	GH AT Area HH Music Rm. HHB 1-4 OT Area SH 5-6 HH Gym	Catholic Mass Record Listening Wood Working Outagamie Red Cross Wolf River Area Square Dancers
April 2 Tuesday	10:30 am 2:30 - 4:00 pm 7:00 pm	GHS HH Music Rm. 2-W	Luthern Ward Service Record Listening Gray Men
April 3 Wednesday	1:15 pm 2:00 pm 2:30 - 4:00 pm 3:00 pm 6:30 pm 7:00 pm 7:00 pm	1-E NC HH Music Rm. Ken. Rec. Rm. Gym Chapel SH 3-4	Appleton Red Cross Oshkosh Catholic Women's Club Record Listening Patients Planning Women's Recreation Luthern Service Mercy Hosp. Student Nurses #1
April 4 Thursday	10:00 am 2:30 - 4:00 pm	GHS HH Music Rm.	Protestant Ward Record Listening
April 5 Friday	2:30 - 4:00 pm 6:45 pm	HH Music Rm. Chapel	Record Listening Protestant Communion
April 6 Saturday	To be announced To be announced 10:00 am 10:30 am	GHS GHN	Catholic Confessions Catholic Mass Favorite Hymn Recital Favorite Hymn Recital
April 7 Sunday	8:45 am 10:00 am 6:30 pm	Chapel Chapel HHB-4	Protestant Service Catholic Mass Senior Pilgrim Fellow- ship.

*Nursing*  
*Mrs. Julie Farrow, R.N.*