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C U RE

Vol V Issue 21
Dec. 18, 1970



Some things change quickly; some not at all. "Peace on Earth, Good will toward men" has changed not one bit in its aptness or its hopefulness. Only its urgency has changed. In man's haste to become unitized, not only has he become more polarized and divided as a society, but also he has become more lonely and alone as an individual. Not that it must be that way but that it is that way.

Yet that polarization and that loneliness can be turned around toward unity and community if each of us would simply try. Try to listen, to accept, to love, to understand, to help, to reach out and to care. To become intolerant of stereotyping, classifying, ranking, passing judgment, smugness and apathy. In this larger struggle we are not then "patients" and "staff", but we are people in a predicament together about which we can do something collectively only if each of us is willing to do it individually.

To that struggle, to that endeavor, to that kind of peace external and internal, together, we continue to strive in the year past and the year ahead. In the struggle toward health the staff hopes to help you; in the struggle toward real peacefulness and purpose we can all only help each other.

Merry Christmas and a happy, peaceful New Year.

Darold A. Treffert, M. D.

CUE'S CREED: It is the individual's duty to hold out for what he knows is right and it is society's duty to listen to him.

DEEDS FOR ALL

CHRISTMAS IN THE HOSPITAL*...a contradiction in terms...for what does Christmas mean? The feast has come to symbolize not only the coming of Christ but also many extensions of His coming: warm relationships, gay and spontaneous associations, mutual giving and forgiving. On this we are agreed...Christmas is a time of love, both in giving and receiving.

Let us look next at the connotation of HOSPITAL, the second of our terms. Typically, we associate with hospitals the passive role of being sick and taking medicine and shots, following rules to govern the minutiae of daily living, conforming to doctors' and nurses' orders looking expectantly toward recovery and a freer mode of behavior.

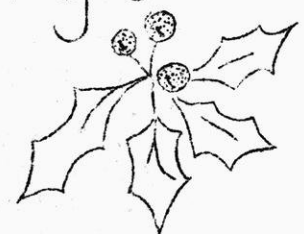
Do we, in fact, find a contradiction between these two, the spirit of Christmas and the daily living out of hours and days in the hospital setting? So long as human interaction is present, there is the opportunity for everyone, patients and staff, to experience genuine encounters with others and so express his or her love in the manner of Christ.

Why not approach Christmas 1970 with this goal in mind, exerting opportunities for love in the hospital setting? No one can identify these opportunities for...they are all around, but you must find them yourself.

It is in this spirit that the CUE extends good wishes for all in the hospital community. The wishes are two-fold: first, that we all share abundantly in the graces of Christmas, and second, that we have the courage to accept the challenge to extend Christmas (the coming of Christ) through relationships with one another. THAT IS CHRISTMAS IN THE HOSPITAL!

*Reprinted from a previous issue of the CUE.

Holiday Greetings FOR ALL:



CUE'S EDITORIAL DEPARTMENT

Published By And For The Patients Bi-Monthly

13 PAGES DECEMBER 18, 1970

Four Years Old, But New Every Two Weeks

Ann
Harriet
Vivian

Gloria
Courtney

Gene
Bob
Tom

Chuck Lemieux
Lucie Jeffers
Advisors

* * * * *

Issues an' Answers

WHAT CAN BE DONE TO MAKE CHRISTMAS MORE ENJOYABLE ON THE WARDS?

"Have a tree in every room."

"Have Mr. Weber visit every ward, play the organ, and have everyone sing Christmas carols."

"Have patients sleep until 10:00 a.m., and have breakfast served on the ward."

"Get rid of all the staff."

"Make little favors for each patient."

"Give everyone a 5-year pass."

"Have a Santa Claus visit each ward and sing carols Christmas eve."

"Let every patient go home for Christmas, no matter what, no matter who. The place for Christmas is with the family."

"Have a corsage for each patient in the hospital for Christmas."

"Have a Santa Claus visit the wards to cheer up everyone."

Dione

"Have Christmas caroling, morning and afternoon, on each ward among the patients."

"Let each ward make some cookies for their own use."

"Have Santa Claus visit and carol with each ward between 7 and 11 p.m."

"Allow patients to have company in the cafeteria for free coffee."

"Have Christmas music by record or radio, rather than TV."

"Serve eggnog with brandy or wine with Christmas dinner."

"We want to see Santa Claus on each Ward."

"Show compassion and understanding toward one another."

WHAT CAN I DO AS A PATIENT OR STAFF MEMBER TO MAKE CHRISTMAS MORE ENJOYABLE ON MY WARD?

"I have resolved, definitely, to give up gossip during this season. I also won't listen to any."

"Hang tinsel from my glasses."

"Even though I am confined for the season, I shall think positive, not negative, and try to project this feeling to my fellow patients."

"Smile."

"Help older people in the cafeteria with trays and chairs."

"From now on through the Christmas season and afterward, as well, I will use four-letter words sparingly."

"Do a favor for someone we ordinarily would not do a favor for."

"Say 'hello' and be pleasant to everyone."

"We try, on 2-west service, to create as much of a homelike atmosphere as possible. We encourage all the residents to participate in decorating the ward and making individual things they would like. There are also various parties and off-ward activities that are very enjoyable. We are planning a bus trip to Fond du Lac Park on Dec. 18, to see the unusual decorations that they have each year. But we wish each resident could go home for Christmas. In some cases this may not be possible, so we, as aides, try to share ourselves with each resident and try to give them a spirit of hope and eventual recovery."

Rita

"I would like to sing carols on another ward in the hopes they will sing carols for us."

"Exchange gifts with patients on the ward (value 10¢ to 50¢)."

"Have those attending midnight mass attend at 11:30 for a half hour of carols."

chaplain's message

AN OPEN HEART FOR CHRIST

During this Advent season the Christ of Christmas would have us open our hearts to Him so that He might enter in and grant us His blessings. He has this very thing in mind when He says: "Behold, I stand at the door and knock; if any man hear My voice and open the door, I will come in to Him and will sup with him and he with Me." He wants us to respond to His voice, His message of salvation. Only an open heart will receive the priceless blessings, the forgiveness of sins, life, and salvation, which He offers in the Gospel. Only He has good news for the sinner, for He tells of the Father's great love for lost mankind in sending His own Son to be our Redeemer; tells us of His great love for us in laying down His life for us upon the altar of the cross; and assures us that the Holy Spirit lovingly calls us by the Gospel; makes us wise unto salvation and makes us God's children by bringing us to faith in our blessed Redeemer. When this message enters our hearts we have comfort and hope, light and life, peace and joy.

By nature our heart has a closed, locked, barricaded door. But through His Spirit Christ opens our hearts and causes us to receive Christ as our Redeemer. Through His Word He enters our hearts, feeds us with the Bread of life, and fills our souls so that we shall never hunger.

All too often we are prone to listen to other voices, the voices of Satan and the unbelieving world, voices which would tell us that we do not need a Savior from sin, that Christ is not God's Son and our Redeemer, and that the message of Christmas is utter foolishness. To these voices we must keep the door of our heart closed or we will never have open hearts for Jesus.

How appropriate it is therefore, that we, during the Advent season, take up the refrain with which we so often open our worship services: "Lord, open Thou my heart to hear and through Thy Word to me draw near; Let me Thy Word e'er pure retain, Let me Thy child and heir remain." And when we hear our Savior say: "Behold, I stand

xmas specials

CHRISTMAS, COURTESY OF THE VOLUNTEERS

When the regular monthly volunteers bring the Christmas spirit to patients, caroling tops the list of special events according to Mr. O'Reilly. On the 6th Gordon Geriatrics unit was visited by a caroling group from a Neenah church. Sherman Hall was the scene of caroling by the Medical Career Club of Winneconne on the 8th. Kempster was the next to be visited by St. Thomas of Neenah on the 9th, accompanied by violin and flute. Rev. Winter did the same with his group on the 16th.

Partying was in store for the Vets in the Hospital on the 11th. Generous students from the University held a party for the Childrens Ward A3 on the 17th. The 16th was a date reserved for the New Dimensions to make their appearance at our Canteen at 7 p.m.

Our thanks go out to the generous people of the near-by community for providing gifts for patients who will be here at Christmas time. Volunteers have asked the patients for their preference of gifts and the presents will correspond with this list as closely as possible. The volunteers also mail each donor a note expressing our thanks. Gifts are passed out the evening of the 24th. Christmas day donations of sweet goodies are pooled and divided up and sent to the wards to be passed out in the afternoon.

Harriet

CANTEEN HOLIDAY HOURS

December 24th.	9 A.M. - 11:45 A.M.
Christmas Day	9 A.M. - 4:15 P.M.
December 31st.	9 A.M. - 11:45 A.M.
New Years Day	9 A.M. - 4:15 P.M.

at the door and knock", may we utter the prayer: "Ah, dearest Jesus, holy Child, Make Thee a bed, soft, undefiled, Within my heart, that it may be a quiet chamber kept for Thee."

Chaplain Louis A. Winter

GREETINGS

It is our hope for each of you that this season will be filled with the finding of love in the eyes of friends and with people with whom you can find small places of that peace on earth which we celebrate.

The Chaplains

* *

Season's Greetings from the Canteen

Alice, Adeline, Bernice, Esther,
Karin and Mr. E. Loos

We wish everyone at W.S.H. a very Merry Christmas and a Happy New Year.

Vocational Rehabilitation

* *

The Food Service Department extends its very sincere wishes to each of you for a joyous holiday season and all the best for the year ahead.

* *

Social Service wishes everyone a Merry Christmas and peace in the new year.

* *

To all our patients and other friends we wish a very Merry Christmas and Happy New Year--God Bless

Volunteer Service & all the Volunteers

* *

Wishing our community the spirit of the season: love, understanding, and peace.

Communications
Sandy Baker
Lucie Jeffers

* *

We wish all a Merry Christmas and a prosperous New Year.

Richard & Harold
(The Barbers)

* *

The members of the Department of nursing extend Christmas greetings to all patients and also wish them a happy New Year

* *



Mary Campfield, Medical Library

* *

We wish you a Merry Christmas and hope the New Year brings you health, joy, peace and contentment

The Activity Therapy Department

ROOM
226

wishes you a



and a

Happy

YEAR
NEW



* *

Holiday Greetings from the CUE.

* *

reader's RHYMES

QUIET BEAUTY OF THE IRISH

Still south I went and west and south
again,
Through Wicklow from the morning till
the night,
And far from cities, and the sights
of men
Lived with the sunshine, and the
moon's delight.

I knew the stars, the flowers, and the
birds,
The grey and wintry sides of many
glens,
And did but half remember human words,
In converse with the mountains, moors
and fens.

John

PEACE

Peace is the beauty of a rose,
A small child's quiet smile;
The brilliance of a sunset sky,
Birds chirping all the while.

Peace is the knowledge that a friend
Stands closely by your side,
Knowledge that God in heaven lives
In this universe of wide.

Peace is a ray of hope held high,
Its impact to hold and share;
Peace is the posture of your soul
And a joy to spread everywhere.

Gloria

Christmas is the time for winter fun;
Look at the snow and the children run.
Populations hurrying to buy their
Christmas gifts,
The wind blowing the snow into drifts,
which
Gives peace a chance to enter in.

Goodwill and brotherhood are the
themes,
The eyes of children and surprised
screams.
Christmas trees glitter with tinsel
and lights,
Parents smile at their children's
delight, which
Gives peace a chance.

Tom

CHEERFULNESS

Cheerfulness means a contented spirit;
A pure heart,
A kind and loving disposition;
It means humility and charity,
A generous appreciation of others,
And a modest opinion of self.

CHRISTMASTIME

Let's have an old-fashioned Christmas
While the mellow candles glow;
Let's lay the apples by the fireside
In a long crimson row.

Let's invite friends to meet us
In an old-fashioned country way;
Let's watch the spirit of the Yuletide
Light up each merry bay.

Let's see the silvery pathway
That the Wise Men followed there;
Let's see the humble camels
In a starlight's brilliant radiance.

Let's go to the manger
Where the infant Jesus lay;
Feel the texture of His clothing
There all cuddled on the hay.

Let the Judean shepherds lead you
To where you'll find peace and rest;
And at this Christmastime
Let the Christ Child be your guest.

Let the Christ Child enter in,
Where we share what we can;
Let us think of others first and
Especially our fellow patients at
Winnebago State Hospital, all those
we come in contact with as well.

Anne

CHRISTMAS IN MY HEART

It is Christmas at the hospital,
Yule-log fires and silken frocks;
It is Christmas in the country,
Mother's filling little socks.

It is Christmas on the highway,
In the vast, busy mart;
But the dearest, truest Christmas
Is the Christmas in my heart.

Anne

FOR USE FOR ALL SING-ALONG HOLIDAY EVENTS - KINDLY MAKE GOOD USE OF THIS PAGE

CHRISTMAS CAROLS

AWAY IN A MANGER

Away in a Manger
No crib for His bed,
The little Lord Jesus
Laid down His sweet head.
The stars in the sky,
Looked down where He lay,
The little Lord Jesus
Asleep in the hay.

O LITTLE TOWN OF BETHLEHEM

O little town of Bethlehem,
How still we see thee lie,
Above thy deep and dreamless sleep
The silent stars go by;
Yet in thy dark streets shineth
The everlasting light;
The hopes and fears of all the years,
Are met in thee tonight.

O HOLY NIGHT

O Holy Night, the stars are brightly
shining,
It is the night of the dear Savior's
birth;
Long lay the world in sin and error
pining,
Till he appeared and the soul felt
its worth.
A thrill of hope the weary world
rejoices,
For yonder breaks a new and glorious
morn;
Fall on your knees,
Oh, hear the angel voices,
O night divine, O night when Christ
was born!
O night divine, O night, O night divine.

JOY TO THE WORLD

Joy to the world, the Lord is come;
Let earth receive her King;
Let every heart prepare Him room,
And heav'n and nature sing;
And heav'n and nature sing,
And heav'n and heav'n and nature sing.

I HEARD THE BELLS ON CHRISTMAS DAY

I heard the bells on Christmas Day,
Their old familiar carols play;
And wild and sweet the words repeat,
Of Peace on Earth, Good will to men.

DECK THE HALLS

Deck the hall with boughs of holly,
Fa, la, la, la, la, la, la, la, la,
Tis the season to be jolly,
Fa, la, la, la, la, la, la, la, la,
Don we now our gay apparel;
Fa, la, la, la, la, la, la, la, la,
Troll the ancient Yuletide carol.
Fa, la, la, la, la, la, la, la, la,

LET IT SNOW

Oh! the weather outside is frightful
But the fire is so delightful,
And since we've no place to go,
Let it snow! Let it snow! Let it snow!
It doesn't show signs of stopping
And I brought some corn for popping;
The lights are turned way down low,
Let it snow! Let it snow! Let it snow!
When we finally kiss good-night,
How I hate going out in the storm!
But if you'll really hold me tight,
All the way home I'll be warm.
The fire is slowly dying,
And, my dear, we're still good-by-ing.
But as long as you love me so,
Let it snow! Let it snow! Let it snow!

WHITE CHRISTMAS

I'm dreaming of a White Christmas
Just like the ones I used to know
Where the tree tops glisten
And children listen to hear
Sleigh bells in the snow.
I'm dreaming of a White Christmas
With every Christmas card I write
May your days be merry and bright
And may all your Christmases be white.

WE WISH YOU A MERRY CHRISTMAS

We wish you a Merry Christmas,
We wish you a Merry Christmas,
We wish you a Merry Christmas
And a Happy New Year.
Good Tidings to you,
Where ever you are,
We wish you a Merry Christmas
And a Happy New year.

WINTER WONDERLAND

Sleigh-bells ring
And you listenn!
In the Jane snow is glistnin!
A beautiful sight,
We're happy tonight
Walking in a Winter Wonderland.
Gone away is the bluebird,
Here to stay is a new bird,
He sings a love song,
As he goes along,
Walking in a Winter Wonderland.
In the meadow we can build a snowman
Then pretend that he is Person Brown
He'll say, are you married?
We'll say, No, Man!
But you can do the job when you're
in town.
Later on, we'll conspire
As we dream by the fire
To face unafraid the plans that we made
Walking in a Winterland.

MEMORANDUM

Date sent 12-6-70

To: Dear Dr. Stafford
From: Joe
Subject: Tree

I don't like a tin Christmas tree it can't have lights or smell good I would like a preen Christmas tree with lights on it. and I will clean up the mess it makes so would you tell Santa about my tree.
Love Joe

* * * * *

DATE OF CHRISTMAS

The exact date of Christ's birth is unknown and the Bible gives no date. It was not until the third (3rd.) century that the anniversary was observed to any appreciable extent. There was no general agreement regarding the date it should be celebrated, but December 25, January 6, and March 25, and the Emperor went to church in state to celebrate the birth of Christ, the date as we know it became established and has become one of the greatest festivals of the Christian Church.

The selection of December 25 was due largely to the fact that it coincided with that of the greatest of pagan festivals, which celebrated the winter solstice, which occurs December 22-the birthday of the new sun about to return once more toward the earth. The days which had been growing shorter and shorter now become longer, and the sun gives promise of the distant

but certain approach of spring. The worship of the sun was a large part of the religion of the ancient pagan races and it was therefore natural that the change in the sun's course should be hailed with rejoicing.

In Scandinavia, England and North Germany there was a December festival to honor the "god of golden sunshine" observed by feasting, dancing, and the performance of religious rites, the time was known as Jule of Yule, hence our Yuletide. As centuries passed, in England the name Christmas superceded are still known in Scandinavia. The transition to the Christian point of view was a long one, and the Christian holiday was set to celebrate the birthday of Christ, the Sun of the spiritual world, for the purpose of drawing the people away from heathen festivities.

Courtney

CHRISTMAS CAROLS

The singing of Christmas carols was one of the most charming customs of the old Christmas celebrations, and is still followed in England and some other parts of Europe, the United States and other parts of the world. The practice seems to be as old as the observance of Christmas. The carols were of two kinds, the religious songs originally chanted by the bishops and their congregations at break of day on Christmas morning and the lively verses of good cheer which were sung at the Christmas feasts. Carols were imported into England soon after the Norman Conquest.

Today when we use the word "Carol," we mean almost any Christmas hymn. In early days the word was used to discriminate between a hymn and a song of merrymaking.

CHRISTMAS CUSTOMS

Christmas customs in America have been transplanted from Europe. Added to these are Santa Claus from Holland, the Christmas stocking from Belgium, France and Italy; "Merry Christmas" the old English greeting, much good cheer, plum puddings and mince pie, and last of all Christmas cards from England.

CHRISTMAS GIFTS

"God so loved the world that he gave His only begotten Son." This amazing gift of God came to us on Christmas Eve. At Twelfth Night the three kings offered the Holy Child gifts of gold, frankincense and myrrh (a type of perfume). Christ, Himself, eventually gave His own life to save the world. In an attempt to acknowledge the greatness of the Divine-Gift, His followers marked this season by general exchange of gifts. That the practice of giving at this time of the year originated years earlier in the Roman Saturnalia.

Courtney

A HOLIDAY HINT FROM SPARKY

Place tree away from heat and not blocking exits.

GROUP TO HAVE CHRISTMAS TREE HUNT

On Wednesday, December 16, a group consisting of approximately twenty-eight patients and five staff members, will travel to Wautoma, Wisconsin, to "relive" the old days, when everyone went out into the woods to cut themselves a Christmas tree.

The day will begin at about 9:30 in the morning, when the group climbs aboard a state bus to proceed to a point a little south of Wautoma.

Once at the tree farm, the group will split into five smaller groups, each consisting of one staff member and about five patients. The individual groups will then select and cut their own trees, which will be dragged to a road to be loaded onto a truck.

Early in the afternoon, the group will sit around a blazing camp-fire to eat bag lunches, prepared by Food Service and drink hot chocolate.

The group will start back to Winnebago soon after that; tired but happy for the knowledge that the trees they cut will grace the halls and cafeterias of the hospital.

Tom

JUDGING THE WARDS AND CAFETERIA DECORATIONS

December 22 will mark the day the following places will be judged for the best Christmas decorations: Kempster, Hughes, Sherman, and Gordon North and their cafeterias.

The judging will be done by Art [unclear] and a male and female representative from each of the wards. Two separate prizes for these wards and cafeterias will be offered.

I received this information from Nancy [unclear] who also stated that because not all patients participate as ardently as others, it has always been the custom not to name those participating. But a very grateful "Thank You" is extended to all who worked so hard towards this day. We also "thank you."

Gloria

Read the results of this contest in Dec. 31 issue of the CUE.

FOR THE CHEFS AND COOKS: some Christmas recipes to test your skills on a holiday home pass.

THREE-WAY CHEESE APPETIZER

1-8 oz. pkg. cheese, softened
 4 tbs. butter-1 tsp. steak sauce
 $\frac{1}{2}$ cup dairy sour cream
 1 tb. snipped parsley
 For basic mixture: Combine cream cheese butter and sour cream; beat til fluffy. Stir in parsley and steak sauce.
 Make Cheese Ball: Chill basic mixture. Shape into ball and coat with $\frac{1}{3}$ cup finely chopped toasted almonds and $\frac{1}{3}$ cup snipped parsley.
 Salmon Spread: Stir one (7- $\frac{3}{4}$ oz.) can salmon, drained and flaked and $\frac{1}{4}$ tsp. dillweed into basic mixture-chill
 Smoky Dip: Have 4 oz. (1 cup) shredded smoky cheddar cheese at room temperature. Beat into basic mixture with 1 to 2 tbs. milk and 1 teasp. prepared mustard to make dipping consistency. Chill. Stir before serving.
 Make an Appetizer Trio: Triple basic recipe; prepare all 3 variations.

JOLLY JINGLE BELL POPCORN BALLS

12 cups popped corn $\frac{1}{2}$ teasp. vanilla
 $\frac{1}{2}$ cups snipped gumdrops- $\frac{3}{4}$ tsp. salt
 1 cup light corn syrup - 3 tbs. butter
 $\frac{1}{2}$ cup honey - $\frac{1}{2}$ tsp. vinegar
 Toss together popped corn, 75 pieces gum drops. In heavy kettle, combine corn syrup honey, vinegar & salt. Bring to boiling cook to hard ball stage (260°). Add butter and vanilla immediately, stirring til butter is melted. Pour over popcorn mixture, stirring to coat. As soon as mixture is cool enough to handle, & butter hands and form into small balls about 2" in diameter. Wrap each in wax paper; tie with yarn bows. Makes 4 to 5 dz. depending upon size of each ball. String the small balls with needle and colored thread to hang on the Christmas tree.

COCONUT-RUM BALLS

2 cups finely crushed chocolate wafers
 1 cup finely chopped pecans or walnuts
 1 cup sifted confectioners' sugar
 $\frac{1}{4}$ cup light corn syrup- $\frac{1}{4}$ cup dark rum
 1 cup flaked coconut
 1. In medium bowl, combine the wafers crumbs, sugar, nuts, corn syrup & rum. With hands, mix til ingredients are well combined (the mixture will be a bit stiff and sticky).
 2. Shape into 1-inch balls. Roll in coconut.
 3. Refrigerate, covered, overnight. This makes approximately 2 dozen.

OVEN BEEF BURGUNDY

2 lbs. chuck or round beef-4 carrots
 1 tb. Kitchen Bouquet - 2 tsp. salt
 $\frac{1}{4}$ cup cream of rice - $\frac{1}{8}$ tsp. pepper

CARRIBEAN COMPOTE FRUIT DISH

4 bananas-1 can drained pineapple
 1 lb. shredded coconut-1 qt. strawberries
 1 lb. ladyfinger grapes 1 cantaloupe
 First, give banana slices a cool dip in blue cheese dressing. (Roka by Kraft) Roll them in shredded coconut. Place them in your compote bowl with pineapple cubes, chilled cantaloupe balls, Fresh grapes, and ripe strawberries. Makes 8 to 10 servings.

SCRAMBLED EGGS WITH BLACK CAVIAR

8 scrambled eggs- $\frac{1}{4}$ tsp. salt- $\frac{1}{8}$ teasp. pepper- $\frac{1}{2}$ tbs. butter- $\frac{1}{4}$ tsp. chives
 1 tbs. chopped parsley
 2 tbs. chopped fresh tarragon
 Place in heated skillet and cook over low heat, stirring gently, until eggs are lit set but still moist. Place in heated serving dish. Spoon 1 cup dairy sour cream over center. Then top cream with 1 (2 ounce) jar of black caviar. Serves 6.

OLD-FASHIONED IRISH CHRISTMAS STOLLEN

1 (13- $\frac{3}{4}$ oz.) pkg. hot roll mix
 1 cup golden raisins - 1 tb. milk
 $\frac{1}{2}$ cup chopped mixed candied fruits
 1 egg-1 egg yolk-1 (8oz.) can almond paste
 Sprinkle yeast from hot roll mix over $\frac{3}{4}$ cup warm water. Stir til dissolved. In large bowl, combine flour mixture from hot roll mix, 1 cup golden raisins and $\frac{1}{2}$ cup chopped mixed fine candied fruits. Mix until fruit is well coated. Stir in dissolved yeast. Beat 1 egg & add; then beat dough 2 or 3 mins. Cover bowl with damp towel & set in warm area (85°), free from drafts. Let dough rise 45 mins. or til double in bulk. Shape $\frac{3}{4}$ (8oz.) can almond paste into a 12 inch long rope. Set remaining almond paste aside. Turn out risen dough onto lightly floured cloth or board & knead 3 or 4 min. Then shape into a 12"x 4" rectangle. Place almond paste in center bring edges together, pinch to seal, and place roll, seam side down, on lightly greased cookiesheet. Bring ends together to make a ring, pinching ends to join. Cover with waxed paper and damp towel and set in warm area to rise, til double in bulk, about 40 mins. Preheat oven to 350 degrees.
 Bake roll at 350° 30 mins. While roll bakes, shape or cut reserved almond-paste into small balls & leaves. Beat together 1 egg yolk & 1 tb. milk. Remove roll from oven & quickly brush surface with egg yolk mixture. Place almond paste leaves & balls to resemble clusters of grapes. Bake 10 min. longer or until golden. Remove to wire rack to cool to warm before serving. Serves 7.

YUM-YUM CHRISTMAS RECIPES continued--

OVEN BEEF BURGUNDY (CONTINUED)

2 cups thinly sliced onions
 1 cup thinly sliced celery
 1 clove garlic, minced
 1/8 tsp. crushed marjoram, thyme & chives
 1 cup Burgundy or dry red wine
 1 can (6oz.) Bin B mushroom crown & broth
 Trim excess fat from meat. Cut into 1 1/2" cubes. Place in a 2 1/2 qt. casserole and toss with Kitchen Bouquet coating meat on all sides. Mix in cream of rice. Cut carrots in quarters lengthwise and in half crosswise. Add in carrots & remaining ingredients. Mix gently. Cover and bake in a pre-heated 325° oven until meat & vegetables are tender, about 2 1/2 hours. Stir meat every 30 mins. Serve with potatoes (Irish White) & dessert. Makes 6 to 8 servings.

ORIENTAL BARBEQUED CHICKEN

1 cup soy sauce - 1 tsp. sugar
 1 cup sake, red wine or grapefruit juice
 1/2 tsp. grated fresh ginger root or ground ginger
 1 (3 1/2 lb. to 4 1/2 lb.) fryer, cut up or 12 drum sticks
 1/4 cup Mazola Corn Oil or Mazola Margarine (melted)
 Mix together soy sauce, sake, red wine or grapefruit juice, sugar and ginger in large shallow dish. Add chicken pieces, turning to coat both sides. Cover & marinate in refrigerator several hrs. or overnight, turning occasionally. Remove chicken from marinade and brush with corn oil or margarine. Grill or broil, about 6" from source of heat, brushing with marinade and turning frequently, 45 to 60 min. or until brown and tender. Makes 4 servings.

FRUIT & CHEESE-STUFFED PORK CHOPS

6 pork chops, 1 1/4 - 1 1/2" thick (3 1/2 lbs. - 4 1/2 lbs.)
 1 1/2 cups toasted bread cubes
 1/2 cup chopped unpared apples
 1/2 cup shredded sharp cheddar cheese 2oz.
 2 tb. light raisins - 1/4 tsp. salt
 2 tb. orange juice & butter (melted)
 1/8 tsp. ground cinnamon
 Have meatman cut a pocket in each chop along the fat side. Sprinkle inside of pocket in each chop with a dash of salt & pepper. Combine bread cubes, apples, cheese and raisins; toss to mix well. Stir together melted butter, orange juice, salt & cinnamon. Pour over bread cube mixture; mix. Stuff chops. Place in shallow baking pan. Bake in a moderate oven - 350° for 1 1/4 hrs. Cover lightly with foil; bake 15 min. more. Serves 6 to 8.

SAUCY FRUIT WHIP (CONTINUED)

Garnish with reserved orange pieces, & top with whipped topping (frozen) Serves 4.

AFTER DINNER IRISH MOCHA

1/4 cup sugar - 3 cups of milk
 1/4 cup instant coffee powder
 1 1/2 cups water - 4 inch stick of cinnamon
 1 square (1 oz.) unsweetened chocolate
 1 cup Irish whiskey - 1 can Whipped Cream
 In saucepan, combine sugar, coffee powder a dash of salt, water, cinnamon & chocolate. Cook and stir over low heat until chocolate melts. Simmer 5 min.; remove cinnamon. Add milk; cook & stir until heated through. Pour in whiskey & stir entire mixture over low heat. Top each serving with whipped cream and chopped nuts. Serves 6 delightfully.

CHRISTMAS MINT CUPS

1 cup slightly crushed crisp rice cereal
 1/3 cup flaked coconut & chopped walnuts
 1 cup (6oz. pkg.) semisweet chocolate pieces & 1 qt. peppermint ice cream
 In mixing bowl, toss together crushed cereal, coconut & walnuts; set aside. In heavy saucepan, heat & stir chocolate pieces till melted. Remove it from heat; stir into cereal mixture in bowl, press 1/3 cup mixture firmly onto bottom & sides of a greased deep muffin pan to form a shell. Repeat with remaining cereal mixture, thus making six shells. Chill till shells are firm. Fill each shell with a large scoop ice cream & cover lightly, then freeze firm. Remove from freezer a few min. before serving & carefully remove each filled shell from muffin pan. Makes 6 servings.

PECAN LACE CRISPS

1 cup each sifted flour & chopped pecans
 1/2 cup light corn syrup - 1/2 cup butter
 1/2 cup brown sugar - 1 tsp. vanilla
 1 tsp. brandy extract
 Mix flour & pecans. In a heavy saucepan place corn syrup, sugar & butter. Bring to a boil over medium heat, stirring constantly. Remove from heat. Gradually blend in flour-nut mixture, then stir in vanilla & brandy extract. Drop batter onto foil-covered cookie sheets by scant tsp. 3" apart. (They spread as they bake.) Bake at 350° F. (Moderate Oven) for 8-10 min. Cool on wire racks until foil can be peeled off easily (3 or 4 mins.) Continue to cool cookies on rack covered with absorbent paper. Makes 4 1/2 doz. Very elegant and good looking!

SAUCY HOLIDAY FRUIT WHIP DESSERT

1 cup ea. applesauce & frozen Whipped Topping
 2 oranges - 1 tb. orange peel
 In bowl, combine 1 cup ea. applesauce & frozen whipped topping. Grate 1 tb. orange peel & fold into mix. Peel 2 oranges & cut into bite-size pieces, save a few for garnish & fold remaining pieces into mix, having a grainy texture. Spoon into serving dishes and

TIP TOE DOWN THE STAIRS

Mommy told us today was the night that Santa would come with all his power and might. We've been trying all this year to be such good little dears. With school starting early this year, we began hearing information we were longing to hear. Math and History is hard to learn, but we've got midnight oil lamps to burn. In our letter to Santa we not only asked for gifts for ourselves, but for Mommy and Daddy and each little elf amongst us. For Mommy we want a real pretty pin and for Daddy a brand new tie. Little sis wants a doll that walks, and brother wants a robot that walks, and me - I'd like some big girl stuff-anything! Then we got cookies in a great big pile so Santa can sit and relax a while, while gazing over another well done job. We've got our stocking in the proper place so Santa can fill the empty space. Our tree is really pretty this year because we made strings of colored popcorn so dear. we strung them together in different ways to show what the holidays really says. We also made snowflakes to put in the windows to show how pretty snow really is. we had to go to bed early tonight even if we were not sleepy so Santa could make an early delivery. Oops - what was that noise I heard. I'll go and see. I tiptoed down a couple of stairs and guess what I saw - Sants eating some of our cookies and putting the presents around. Gee Wizz - I finally saw Santa! The End.

Vivan

"SHOPPING SPREE"

Tuesday evening four of the girls from two west, and one from one west, were taken, on a shopping spree, by SUE, as part of their "RECREATIONAL THERAPY" to "COPPS", in OSHKOSH.

COPPS, one of the main stores in OSHKOSH, features just about anything you might want, from necessities, to those little impracticals everyone likes to receive, but never seems to buy during the year.

Shopping and buying are in full swing, and the ever complaining about getting a clerk at this time, was the NO. 1 TOPIC. The gals stood in line for their turn to purchase.

On the way back they stopped for some goodies at one of the restaurants and returned happy and well feed.

BROKE, PREHAPES, BUT HAPPY.

Gloria

CHRISTMAS MENU

Chilled Blended Juice
Roast Turkey with Sage Dressing
Rich Natural Turkey Gravy
Cranberry Sauce
Mashed Potatoes
Candied Yams
Early June Peas
Assorted Relishes
Pumpkin Pie with Whipped Topping

WAYS "MERRY CHRISTMAS" CAN BE SAID

FROEHLICHE WEIHNACHTEN!

JCYEUX NOEL!

FELIZ NAVIDAD!

BUON NATIDAD!

GLEDELIG JUL!

GELUKKIG KERSTMIS!

CHRISTI FAILLE!

MERRY CHRISTMAS TO YOU WHEREVER
YOU MAY BE!

LIBRARY CORNER

The following books on christmas are available in your Patient Library for your use and convenience.

MACY "The True Story of Santa Claus"

VAN DYKE "The First Christmas Tree"

ALDRICH "Christmas Stories"

GOUDGE "A Christmas Book"

A BLESSED CHRISTMAS 1970

The joy of Christmas, like beauty, lies in the giving of ourself, rather than in the receiving from others for ourself. It encompasses our entire being for a few brief weeks while we wait as children do with child-like anticipation. Our individual joy then will only find fulfillment in the giving and sharing of what we have with our fellow man and in the creating of an atmosphere most appropriate for this season of the year. Anne

THE WEEK AHEAD
HOSPITAL ACTIVITIES FOR THE WEEK OF DEC. 21 - DEC. 27, 1970

Dec. 21 Monday	9:00 am - 4:15 pm	CANTEEN OPEN*
	9:30 am KH Wards	Book Cart
2:30 -	4:00 pm HH Music Rm.	RECORD LISTENING
	2:00 pm 2 E	Kings Daughters
	4:30 pm GH AT Area	Canteen Social Chairmen Dinner Meeting
	6:00 pm SH Wards	Book Cart
	6:30 pm Barracks	Woodworking
	7:00 pm SH 7-8	Outagamie Red Cross
Dec. 22 Tuesday	9:00 am - 4:15 pm	CANTEEN OPEN
2:30 -	4:00 pm HH Music Rm.	RECORD LISTENING
	6:45 pm Gym	Movie - "More Than A Miracle"
Dec. 23 Wednesday	9:00 am - 8:00 pm	CANTEEN OPEN
2:30 -	4:00 pm HH Music Rm.	RECORD LISTENING
	1:30 pm GHS	Lutheran Ward Service Rev. Winter
	7:00 pm Canteen	SING-A-LONG
	7:30 pm 1-E	St. Vincent DePaul
CHRISTMAS EVE		
Dec. 24 Thursday	9:00 am - 11:45 am	CANTEEN OPEN
	10:00 am GHS	Protestant Ward Service Rev. Windle
M E R R Y C H R I S T M A S		
Dec. 25 Friday	9:00 am - 4:15 pm	CANTEEN OPEN
	8:45 am Chapel	Lutheran Communion Rev. Winter
Dec. 26 Saturday	10:00 am GHS	Favorite Hymn Recital Mr. Korn
	11:30 am - 8:00 pm	CANTEEN OPEN
Dec. 27 Sunday	8:45 am Chapel	PROTESTANT SERVICE Rev. Winter
	11:45 - 8:00 pm	CANTEEN OPEN
	7:00 pm Chapel	CATHOLIC MASS Er. Pierce

*ALL activities in CAPITAL LETTERS are for all patients.

Patient Library - Sherman Basement: Tuesday Afternoon only
this week

Mr. John Tamm, Jr.
Mining Dept.