

Cue. Volume IV, Issue 23 January 30, 1970

[s.l.]: [s.n.], January 30, 1970

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PUBLISHED BY AND FOR THE

DATIENTS DI-MONTHLY

Four years old, but new every two weeks.

VOLUME IV

January 30, 1970

ISSUE 23

ADMISSION ORIENTATION IN HIGH GEAR AT SHERMAN 3

is in full swing at Sherman 3 for new patients.

of arrival until transferring out, the patient is exceptionally well briefed during the group meetings and personal contacts.

This scribe recently had the opportunity to gather first-hand the day-by-day procedures used at this admission unit.

Initiated by the Sherman 3 regstaff and conducted by aides group meetings go into all facets of orientation.

A typical meeting has from two to three question answer sessions and usually with a short statement by an aide.

Many questions go beyond the ad-Justment to hospi-"Am I here on a commitment or what?" •ne patient asked.

"You. axee here: lease,

A thorough ori- on a 30-day obser- committed the aide.

> Most of the pa- in 12 months. for their during reason hospitalization.

The aide explained court procedure regarding a "detention period"; a given time for observation and the regular "commitmentby the court."

Thm. period of detention usually is for 10 days, but the doctor can ask for a longer peried if he determines that it would benefit the patient. The extension of time ordinarily would be an additional 20 days for a total of 30 days.

The regular time for observation is usually for 30 days and this period can also be extended.

A court commitment means that the patient will remain til released by the doctor.

After his re-

patient pregram vation," was the remains on what is immediate reply by known as "conditional release" and can be discharged From the time tients at the meet- patient can also ing were interest- return to the hosed in learning the pital, if need be. this 12 month period with a minimum amount of red tape.

> Under observation, the patient usually returns to court at the con-clusion of a given period.

> The importance of cooperating with all members of the hospital staff was stressed during the orientation meeting and also brought out was the fact that the staff is here solely to assist the patient on the road to recev-

> Problems facing the new patient during his stay in the admission unit were salsordiscussed thoroughly.

> The majority had personal questions regarding their immediate relatives and the main concern was visits.

the court (Continued Page 6)

SELF HFIP

A preven method of self-help aftercare to prevent chronicity in nervous persons and relapses in former mental patients is offered by Recovery Inc., a non-profit organization.

The group is non sectarian, even though the meeting place may be in a church or synagogue.

Its national program is offered in approximately \$00 group locations to 12,000 men and from women all walks of life in 43 states and provinces in Cana-

Recovery was founded by the late neuro-psychiatrist, Abraham A. Low atthe Psychiatric Institute of the Uni-versity of Illinois Medical school on November 7, 1937.

It is based on the system of selfafter-care help (Continued Page 9.)

COMMUNITY CONTACTS - PAGE 9



A WEEKEND WITH JANE DOE

A question and answer interview with an average patient about an average week-end at Winnebago State Hospital.

- Q. Miss Doe, how do you find the week-ends here at the hospital?
- A. The boredom is enough to drive one to distraction.
- Q. What do you, as an average patient, do in order to fight this boredom?
- A. Often I find myself pondering my problems, which causes me to cry a lot.

When this happens I distract myself by taking a trip to the drinking fountain. Consequently, I make very many trips to the fountain over the course of a Saturday and Sunday. I have tried reading, but one can only read just so long you know.

- Q. Don't you have visitors?
- A. Only about once a month as they live a long distance from here.
- Q. Is there no recreation available?
- A. I have counted every tile on the floor of the day room three times. This week-end I intend to start on the hallway.
 - Q. What then?
- A. After I am satisfied that my count is accurate in the hallway, I shall start counting ceiling tiles.
 - Q. Do you derive any satisfaction from this preoccupation?
 - A. No, but by math and geometry have improved slightly.

The above interview makes reference to a serious situation. The lack of entertainment and recreation over week-ends has been a bitter truth to too many patients here at minnebago State Hospital. We, the editors of CUE, hope something can be done about it soon.

EDITORIAL STAFF

Marie
Mary Ann
Beverly
Loretta
Roy
Bonnie
John
Vivian
Lynne

Advisor: Chuck Lemieux

ISSUES EANSWERS

WHAT ACTIVITIES WOULD YOU LIKE TO SEE AVAILABLE ON WEEKENDS?

I would like to have the Milwaukee Sentinel available to those who have no liberty to the canteen on weekends.

I would enjoy swimming in an inside pool.

I would enjoy roller skating.

I would like to go to the canteen and to the rec. room to play games.

I would like to have a social hour on Sundays including our husbands and possibly serving snacks.

I would like to go to the canteen and to the rec. room to play games.

I would like to see the rec. rooms open.

Dances at the auditorium.

Bowling.

Card parties -- wards get together.

I'd like volleyball.

Recreational therapy. Also groups should go to the canteen Saturday afternoons and Sunday evenings.

We need a big gym where the ladies could play cards, listen to records, or play volley all or basketball.

Dances, volleyball or basketball.

I would like to see the rec. rooms open. I think groups should go over to the canteen on Saturday afternoons.

Bowling. Swimming. Shopping. A visit to the Paine Art Center. A visit to the museum in Oshkosh. Roller skating and Concerts at the University.

The rumpus room opened more.

Growmobiling. Dancing.

I would enjoy watching er participating in hasketball.

I would be satisfied to just be able to participate in the activities that are available.

The remodelling of Hughes Hall B is almost completed. Soon the Boy's Ward A-2 will be moved back to B Side ward one.

There isn't a great deal happening activity-wise for the boys on A Side. A-4 however, sponsors a dance each Friday night for all the people in the school and refreshments are served. Anyone in the school may attend this activity.

The girl's side Hughes Hall B have dances regularly, also bowl and attend movies on weekends. During the week there is basketball, volley ball, and sometimes tobogganing. They will soon have ice skating.

There are also shopping trips for the girls and swimming on Fridays at the Y.M.C.A. in Oshkosh. Record playing if almost a constant activity with the girls. This is their "big" activity and affords them a great deal of pleasure.

John .

VALENTINE DECCRATIONS

*Although Valentine's Day is two weeks away, decorations are up from the tunnels to the various units.

Red hearts on paper lace and Cupid with the familiar arrow deck the halls and dining rooms.

The decorating is the work of student nurses and hospital personnel who already have captured the mood of the day set aside for sweethearts.

DID YOU KNOW?

The first mention of bowling at pins was in "Rip Van Winkle", Wash-

ington Irving's story of Dutch Settlers in New York and published in 1818.

CHAPLAIN'S

MESSAGE

MEET YOUR

DOCTOR

LIVING AND LEVING

As a human being the most basic fact about me is, that I live. This leads to the next most basic fact about me: because I live, I love. I live and love because love is tied in with life. Love gave birth to me. I am the offspring of my parents' love. In turn, my living and having a life that was a part of their life made them love me, and developed my love for them.

This love back and forth between us is an expression of the fact that there is mutuality in life. One living being resends to another. So fundamental is this attraction and this need that people naturally seek each other out. And a person who is unable to relate to people may therefore take a pet for a companion, think of it almost in human terms, lavish all his care upon it, make it an outlet for his emotions and the chief object of attention and affection. So much does life cry out for love.

The same need and the same mutuality are seen in relation to God. As with our parents, it was God's love that gave us life. Our being and our life awakened love in Him toward us, which led to further blessing from Him and to a stimulation of love from us toward Him. This love and mutuality, both in regard to God and in regard to our own family members, lead to shared feeling, gratitude, responsibility, and response.

In fact, life at its best is pretty much prempted and motivated by love. Because I love, I labor — to care for my wife, family, or anyone dependent on me. Because I love, I try to do good to others. Because I love, I seek to be a good and creative and productive citizen. Because I love, I mean to understand others and to respond to their need. Because I love, I strive to be true to my faith and to the highest goals and standards of which I am capable. Our loving comes from our living, and most of our living, ideally, comes from our loving.

Chaplain Van Deusen

Richard Louis kinnihan, 1. D., psychiatrist at Sherman Hall, was born in Jefferson, Loua, in 1939. He received his B. S. degree from the University of Loua and graduated from its medical school in 1965. He interned in California. Then he returned to the University of Loua for his residency in sychiatry.

Having just completed his residency, Dr. Minnihan began work at Winnebago State Hospital in November, 1909.

Dr. Minnihan is single. In his spare time he enjoys reading, watching television, and jogging.

How does the hospital benefit the patient? The hospital, first of all, taker the patient out of his stressful environment, says Dr. minnihan. It gives the doctor an opportunity to know the patient more intensely, to find his needs. Of, IT, AT help meet the needs of the individual. The hospital is a community in itself and can be adapted to the patient. It also provides reassurande to the patient that he is not alone in his illness and there are others who share his difficulties.

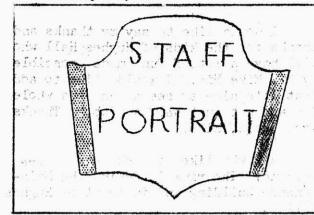
Lynne

AWARD TO

A medvate mental health scholarship has been awarded to John Voorhees of Oshkosh by the Vinnebago County Association for Mental Health, Inc.

He has a degree in elementary education and has been teaching here for the past 18 months. Voorhees was highly recommended by Faul Dreifuerst, principal, as demonstrating qualities necessary to work effectively with problem children.

Voorhees was granted a leave of absence to work on his master's degree at Visconsin State University-Oshkosh. He plans to return to this hospital in June to continue his work.



GOLDEN



VIEWS

MRS. BEIER

- B Brings a radiant smile to those so depressed.
- E Encouraging to the insecure tolo rable with those who refuse to conform.
- I The image that she depicts.
- E Always and ever will be there to confide in.
- R Retentive to the point that I'm so happy to see her each and every day.

Rena

Mrs. Beier is a registered nurse presiding over 2-W at Kempster Hall on the 3:00-ll:00 p.m. shift. She was born in Melvin, Ohio and has three sisters. Besides having a full-time nursing career she is the mother of twelve children and does splendid at both showing patience and perseverance. Her hobbies are reading, dining out and seeing good movies.

Meceiving training and education at Milwaukee County General Hospital she graduated in 1946, and was married the same year. She chose the psychiatric field because it is satisfying work as far as seeing people get better and returning to their homes. She likes people and likes to help them with their problems.

In the duration of seven years of service, she cited vast changes which have taken place. For example, the women have more liberty and more activities which is important to their mental well being.

· The

Mrs. Beier is well liked by all on 2-W Kempster and has a smile for everyone. She is devoted to her job and helps us whenever needed.

If you know of a particular employee who you feel should be featured in this column, send their name to the CUE.

THE OPPOSITE TALL ADOUT OUR MODERN DAYS

AND ALL THE SOMMENTENESS. THE HOW

MANY HOTHER TALL ADOUT OUR MODERN DAYS.

THE SELF- TRIER UTOMOBILE WAS C-TUALLY DEVELOPED IND PERFECTED MAY BACK IN 1911. MOVEBLE PRINTING TYPE CAME IN 1440 AND THE A-C MOTOR IN 1392.

THE ADDING M.CHINE W.S IN USE DURING 1888 AND THE RADIO SAME INTO BEING IN 1895. RAYON WAS PERFECTED IN 1883, AND THE FIRST KNOWN RAYON PATENT WAS IN 1855.

A-R.YS WERE BEING T.KEN BACK IN 1895
AND PSYCHOANALYSIS WAS PROCTICED IN
1904. ETHER WAS FIRST USED AN
AMESTHETIC IN 1842.

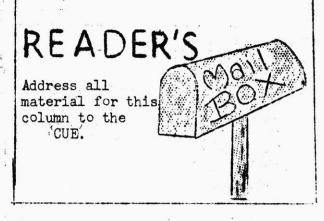
THE FIRST HELICOPTER FLET IN 1909
AND THE FIRST PASSENGER ELEV TOR CAME
IN 1857. THE DYNAMO WAS IN USE IN 1831
AND THE HIGH-OPEED INTERNAL-COMPULTION
ENGINE CAME INTO BEING IN 1885.

THEY V.CCIN.TED PEOPLE IN 1796 ..ND VITAMINS .., B, C, D, WERE DEVELOPED IN 1912-14, 1915-16, 1912, ..ND 1922.

SILENT MOTION PICTURES MERE FIRST

HOWN IN 1893 AND SOUND PICTURES MERE
IN THEATERS IN 1927.

(MORE IN THE NEXT ISSUE)



The dream I wish would come true:

Martin Luther King, Jr., had a dream about togetherness. When black people and other races join hands, when black CHILDREN can play in white children's backyards everyone should have understanding, including the whites. In the South there is a lot of hate, but now the dream is for real. Thanks for our Black God who risked his life for all of us black people to have freedom. The manner of the man was that nations were seeing his point about our freedom, but now he is gone and left a lot of good tracks for all of us to follow.

R

I would like to mention something that I think is of importance to all the women here at Winnebago State Hospital. There are several nice ladies who take care of our hair for us, until we are able to take care of it ourselves. The average patient can have her hair fixed every two weeks or so unless otherwise specified by the staff. Knowing our hair looks nice gives a great lift to our spirits. So let's all give a big cheer for all the beauticians. They are doing an A-number One job. I'm sure we all agree.

Anonymous

I would like to say that we at Winnebago State Hospital are very lucky to have a fine shoemaker in Mr. Mike Nie. Back some time ago I confronted Mike with thirty some pairs of skates to be repaired. He was very nice about it and gave many suggestions concerning the ice skates and rink. He did not give me a hard time like some of you would when a mess is brought to you.

It wasn't too long and Mike had over thirty pair of skates repaired in excellent condition. Things Mike did were rivet all skates that were loose, replace padded inner soles and tongues, and put straps on most of the skates.

I would like to say my thanks and thanks for the kids of Hughes Hall who will have a lot of fun made possible by Mr. Mike Nie. I would like to add that it's nice to see a man do a whole job and not just half a job. Thanks once again, Mike.

All who like to skate are welcome. The rink in behind the Maintenance building and in front of Hughes Hall B.

Wayne Matsche Activity Therapy

* * * * * * * * * * *

INTRAMURAL RESULTS (Jan. 24)

	W	L	TEAM SCORE
A.T.U.	4	ō	. 512
H.H.	3	1	489
K.H.	- 1	4	477
S.H.	1	4	468

HIGH INDIVIDUAL GAMES

Grant	(A.T.U.)	163
Marv	(H.H.)	132

KNOW WISCONSIN

Wisconsin was organized as a territory in 1836 and entered the Union on May 29, 1848.

Its present constitution was adopted in 1848. Its motto "Forward!"

The state flower is a violet and the maple is the state tree. The state bird is a robin and the state fish is a musky. The state song is On Wisconsin and its nickname is the Badger State.

Wisconsin leads the U.S. in milk and cheese products. Other important farm products are potatoes, cabbage, maple sugar, cranberries and cherries to name a few. The state ranks first in the production of peas, corn, and beets for canning.

Wisconsin pioneered in social legislation, providing pensions for the blind (1907), aid to dependent children (1913), and old-age assistance (1925).

In 1932, it was the first state to enact an unemployment compensation law. In labor legislation, the state has also pioneered in important laws, among them the first workmen's compensation law actually to take effect.

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DOWN

10. Hep: slang

11. Rude person

19. Sherbets

23. Go by train 26. Not in

27. Coastline 28. Lyre

22. Melt

21. Before: poet.

37. Desire strongly

44. Bambi's mother

47. Ship's diary

39. Miss Adams

40. Rib, e.g.

46. Toupee

- ACROSS 1. Twitch
- 4. Riding whip
- 8. Drop of paint
- 12. Commotion
- 13. Bellow
- 14. Divorce city
- 15. Scot's cap
- 16. Farm unit
- 17. Toward

- 18. Choose 29. House wings 20. Seller 31. Exposes 22. Train rails 32. Bench
- 24. Work unit 34. Nipped
 25. Employs 35. Teathers
 26. Unit 36. Challenged

- 27. The girl
- 30. Citrus drinks 38. Tip your hat
- 31. Groove
- 32. Make airtight
- 33. Marry 34. Wager
- 35. Oyster gem
- 36. Roman 504
- 37. Embraces

- 38. Argue (Answers in Feb. 13 Issue) 41. Miss Hussey
- 42. Aroma
- 43. First man
- 45. Wise bird
- 48. Very good
- 49. Adore
- 50. Grande 51. Nourish
- 52. Observes
- 53. Hen "fruit"

DOWN

- 1. Tit for
- 2. Miss Lupino
- 3. Likened
- . Crevices
- 5. Boulders 6. Paddle
- 7. Forestall
- 8. Fetch
- 9. _a hard

LAUGH HERE

A social worker who passed a certain har every night on her way home noticed that one of her former clients seemed to haunt the place. One evening, as he came staggering out she spoke to him. "Tell me," she said, "What makes you drink like this?"

The man waved his arm in good humored fashion. "Why, nothing makes me do it Miss, he replied grandly. "I'm a volunteer."

A man went to his doctor and complained of a pain in his ankle. After a careful examination, the doctor inquired, "How long have you been walking around like this?" TW STATE

"Two weeks," the patient replied.

"Say man, your ankle is broken! didn't you come to me sooner?"

Well doctor, everytime I say something is wrong with me, my wife declares, 'Now you'll have to stop smoking. ""

The reason why worry kills more reople than work is that more people worry than work. --Robert Frost

(Answers to puzzle that appeared in January 16 issue.)

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(Admission Orientation at Sherman 3) (continued from page 1.)

Relatives and friends can visit the patient any day during his stay in the admission unit. In some cases, the patient can have his visit in the main lobby.

There are no restrictions insofar as the number of visits permitted the patient. Visitors may come every day if they so desire.

The question of writing letters was also brought up. A patient can write any number of letters, as long as postage is paid. The state pays for the postage on two letters each week.

Letters may be sealed as there is no censorship here.

Other items on the agenda included meals, work details, recreation, and the importance of being prompt at "medicine time," together with an explanation of the various therapy groups available to the patient. (RM)

A WORD ON TAXES

From now until April 15, most of us will be concerned about taxes.

The burden of taxes falls unevenly. The sales tax falls disproportionately heavily on people with low incomes, who spend a greater proportion of their earnings than do the wealthy on the necessities which are taxed.

The taxing structure at all levels has just grown up in an unplanned, helter-skelter way. When new revenue was needed by any government, a new type of tax was devised and applied without a concern as to whether it fell on persons or groups already too heavily burdened. Another evidence of the lack of planning is that the income tax. which has become the major source of federal income, has been adopted by many states, and by some cities. Certain commodities, such as motor fuel and cigarettes, are subject to both federal and state excises.

Often when a new source of taxation is added, as for example the first tax on gasoline, the revenue from it is allocated, as for road-building. Then that tax revenue is placed in the general revenue and road funds taken from the general budget. So the tax (next column)

on gasoline never goes down even though it produces much more than is spent on roads.

FROM THE EDITORIAL DESK

The increase in mental illness can be attributed in part to the added burden thrown upon individuals who have had to take the responsibility for deciding what is moral.

We have learned silence from the talkative, toleration from the intolerant, and kindness from the unkind.

The greatest task before civilization at present is to make machines what they ought to be, the slaves, instead of the masters of men.

We ask not for a larger garden, but for finer seeds.

CALENDARS

Local residents recently shared a gift of 500 large wall calendars donated by the First National Bank of Oshkosh. A calendar was supplied for each room, as needed, so that patients might record important events and appointments.

VALENTINE'S DAY

St. Valentine's Day, Saturday, February 14. This day is the festival of two 3rd-century martyrs, both named St. Valentine. It is not known why this day is associated with lovers. It may derive from an old pagan festival about this time of year, or it may have been inspired by the belief that birds mate on this day.

Be that as it may, you can look forward to our next issue on February 13th — the day before Valentine's Day.

FREAK STATISTIC

There will be a bigger demand for blacksmiths through 1975 than for actors, actresses, anthropalogists or chiropractors.

COMMUNITY

A patient released from the hospital without close relatives or friends, has quite a task set before him. He can try to develop friendship with someone, or become a recluse. If the latter prevails, the patient might return to the hospital.

During his hospitalization, the patient has many close friends among the staff and fellow patients. He can discuss his problems with nurses, aides, social workers and of course, his doctor. He develops a feeling of belonging to the inside community.

He cuts these ties when the time comes for release. Perhaps some of the patients can make a quick adjustment to the outside world with its every-day trials and temptations, but there are those who find the "rat race" a little too much for comfort. They simply can not cope without help from someone.

It would appear that community contacts could play a number of roles in relation to the former patients that might be assigned to them.

The individual contacts at times could be a friend, a helper, a sounding board or a constructive critic. He or she may open doors to opportunities, break down prejudicial attitudes in the community, help the former patient make decisions, give advice, listen with understanding or critique an idea.

In order for the community contact program to succeed, it would become necessary to have volunteer contacts in every town and village in the state where former patients reside.

Whenever possible, the contact would visit the patient before his release so a rapport could be developed. In any event, the contact should see the former patient on the day of his release. If this is not feasible, the patient would be contacted within a few days following release.

In our judgment, the first 30 days after release are vital to the patient. It is during such time he needs some form of assistance. Above all, he requires friendship with the knowledge that someone is interested in him, that he can call on his community contact whenever a problem develops or when a situation becomes too irritating.

(SELF HELP - continued from page 1)

techniques described in Dr. Low's book 'Mental Health Through Will-Training, and in his other writings.

Recovery, Inc., group leaders are Recovery members trained in the Recovery Method who volunteers their leadership each week at the group meetings.

It does not advise, counsel, diagnose or treat. It expects each member to follow the authority of and to coperate with his personal physician or other professionals at all times. Recovery provides self-help after-care only and material discussed at the meetings is held in confidence.

Recovery, Inc., had been recog - nized in several professional journals magazines and newspapers. Included among the latter are "Medical Economics," "Medical Tribune," "Surgical Business," and the "Roche Report - Frontiers of Hospital Psychiatry."

Recovery, Inc., offers a one hour - Demonstration Panel, providing a clear picture of how Recovery functions to interested groups upon request. Further information may be obtained from National Headquarters, 116 South Michigan Avenue, Chicago, Ill. 60603.

There is, of course, no quick and easy method which will immediately banish your symptoms and fears. However, those who have patiently practiced Recovery's self-help after-care method and have participated regularly in the group meetings, have proved to themselves that the method really works!

This writer belonged to a Recovery group and can not express in words what it has done for me.

During this crucial period of my life, I feel that without my Recovery training and leadership I would never have been able to cope with the problems which confronted me, It seemed too simple when I first joined, but I have sincerely proven to myself that it actually does work by applying the different techniques.

I would recommend this *rganization to anyone who is experiencing difficulties.

Maryann

You Will find news, the best of features in each issue of the CUE.

NON COMPOS MENTIS

Dear Non:

It was midnight on the ocean
Not a street car was in sight
So the skipper called a taxi
And it rained all day that night.
Loco

You've had it. -Non

Dear Compos:

What is a no-deposit bottle?

Harry
The pint of no return. --Mentis

Dear Non:

What is a gossip? Dan

A person who burns the candor at both ends. --Non.

Dear Compos:

What is a senate investigation?

Jeane
A Congressional meddle. -- Compos

Dear Mentis:

Grandpa's skill with the
carving knife
Was definitely 'cool';
Though it hurts his pride,
He's now a mere guide
For a new-fangled slicing
tool.
Mary

Keep slicing, grandpa. -- Mentis

Dear Non:

What do you give a man who has everything? Helen

Encouragement, dear, encouragement.
-- Non

Dear Compos:

Is the Rainbow Grill in New York City very high? John

It is so high that it gets weather menty-four hours before the rest of Manhattan. -- Compos

Lear Compos:

What do you have when you have two doubles? Jack

Four quarters Jack. -- Compos

Dear Mentis:

Is three hundred dollars a lot for a baby? Muriel

Yes, but think how long they last.
--Mentis

Dear Non:

I have a friend who is very rich.

It's a pity his money is tainted.

Oscar

It's twice tainted. Tain't yours and tain't mine. —Non

Dear Compos:

My romance is such that if we were appearing on television, I would have to switch to another channel.

Diane
Would you rather fight than switch?

— Compos

Dear Mentis:

What is a guarantee good for when you buy a Saint Bernard puppy? Alice

Double your dog in a month, or your money back. --Mentis

Dear Non:

In these days of inflation how much land can a fellow get for five-hundred dollars?

Alex

Why don't you take your wheelbarrow and find out? -- Non

Dear Compos:

I think our steaks are prepared with the president of United States Rubber in mind. Bill

You are invited to submit ouestions to Non Compos Mentis.

Send your questions to Non Compos Mentis in care of the CUE.

Y ou can submit questions on any subject.

Remember the CUE is for You!

Next issue: February 13.

** **

IN THE NIGHT

In the night there is great power; In the night there is also a meek

But most of all the night holds within itself a beauty - all its own A moving noise lessness, a loud silence remaining unbroken seemingly Forever.

The Heavens glow with darkness. others won't stumble. They are painted with a black opaqueness disturbed only by tiny God is my light and my salvation. pinholes of light - starry eyes - He gives to me my spiritual sight. not speaking, only watching. It is a security presented to all of us, which no man, no human can destroy.

Only with the coming of the morn ! with the rise of the ominous sun. Gary

(Gary Rasbornick)

The Junior is boning up hard on his book. No records are moaning,

The phone's off the hook, As fiercely he furrows his brow as he quotes The experts and burrows

Through pages of notes. Don't think he's faking This mad study-fest; Tomorrow he's taking His driver's test.

Randy Andrew Market Andrew And

GRADUATION

CAPS GO'NS NERVOUSNESS EXCITEMENT PROUD FACES BOASTING PARENTS "THAT'S OUR CUILD" THITE DIPLOMAS BEAMING FACES TEARS YEARS OF FUN TERM PAPERS CLASS PLAY PROJECTS THAT F-ILED CHATTER-FILLED HALLS POP QUITZES

"GOD ANS VERS"

God knows our needs, Both great and small, He will answer our every call.

If we but ask and yield to His stay In the end He will pay.

We have to be humble and try not to crumble. And look up to Jesus, So

Penny

RETURN FROM THE DARKNESS

As I walk along the shore, I'm searching for that open door That will help to lead the way To a brighter, happier day.

As I come down off my shelf, I must gaze intently into myself To find out why I became sick and stiffen my backbone with a stick.

I finally see a ray of light And I rum toward it with all my might, And now I'm through that open door To return to darkness never more. Vivian :

> If times are hard and you feel blue, Think of others worrying too; Just because your trials are many, Don't think the rest of us haven't any

Life is made up of smiles and tears, Joys and sorrows mixed with fears. Although to us it seems one-sided, Trials are pretty well divided.

> If we could look in every heart, We will find that each has its part. And those that travel fortune's road Sometimes carry the biggest load.

> > Jerry i

THE WERK AHEAD

HOSPITAL ACTIVITIES FOR THE WEEK OF FEB. 2 - FEB. 8, 1970

February 2						
Monday	2:30 -			HH Music		Record Listening
	620	4:30	рm	GH Classr	MOOM	Canteen Social Chair- men Dinner Meeting
		6:30	nm	Scout Bar	racks	Woodworking
		7:00		SH 7-8	laons	Outagamie Red Cross
		7:00		2W		Circle K Club
		7:30	pm	HH Gym		Wolf River Square
						Dancers
February 3			*.			
Tuesday		10:30	am	GHS		Lutheran Ward Service
_ 400 43.5						Rev. Winter
	2:30 .	- 4:00		HH Music	Rm.	Record Listening
		6:30		Chapel		Catholic Mass
		7:00		2W		Gray Men
		7:15	рш	Gym		Movie - Assault on a Queen
						a queen
February 4					tar Alberta	
Wednesday		1:15		1 W		Appleton Red Cross
		2:00	pm	N/C		Oshkosh Catholic
	2.30	_ 4.00	n m	HH Music	Rm	Womens Club Record Listening
*	2.00	7:00		Chapel	11111 •	Lutheran Service
•		1.00	P			Rev. Winter
February 5		10.00		CTT C		B
Thursday		10:00	am	GHS		Protestant Ward Service - Rev.
						Windle
*	2:30	- 4:00	pm	HH Music	Rm.	Record Listening
	- 1	7:00	pm	Canteen		Sing-A-Long
		7:30	pm	SH 7-8		Oshkosh Vocational
						Homemakers
February 6						
	2:30	- 4:00	mor	HH Music	Rm.	Record Listening
- 2 - 400)	6:45		Chapel		Protestant Communion
## ## ## ## ## ## ## ## ## ## ## ## ##		· -	_	_		Rev. VanDeusen
February 7		10:00	om	GHS		Favorite Hymn Recital
Saturday		10.00	am	diib		Tavorroe Tymir 11002000
February 8				7-5		
Sunday		8:45	am	Chapel		Protestant Service Rev. Winter
		7.00	T	Chapel		Catholic Mass
		7:00	Ъш	onaper		Fr. Nelson

Burango

Garren RN.