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the

CUE

VOLUME II

FEBRUARY 5, 1968

ISSUE 23

SPECIAL PEOPLE

When a new patient comes to the hospital, the first people to help her are the aides. It is a time honored fact that first impressions are the most lasting, and so this initial contact with the staff is crucial. Unless there is a kindness mixed in with the firmness needed to get a patient ready for life on the admitting ward, the reaction of the patient might be fright or defiance.

During her every waking hour the patient is aware that the aides live a life divided: they must accomplish necessary housekeeping tasks and still be available to the patient who is in need of personal attention. As in any job the attitude of the worker is very important, but in few jobs is a worker required to change her approach so frequently. An aide here at the hospital must be firm with one patient, gentle to a second, and initiate some humor for a third.

The aides in the admitting ward have to be very special people, and on KEMPSTER TWO WEST they are! Being responsive to the needs of a variety of overwrought patients is not easy, and I have been impressed by the tact and flexibility of our aides.

In many ways, the willingness of the aides to escort a patient so she can participate in the off-ward activities scheduled by other departments (such as Recreational Therapy) means the difference between a full and happy stay here, or a boring and drab hospitalization. Our aides add interest and variety to the hours on the ward by thinking of new activities for the patients, perhaps even bringing into the Ward their own personal sup-
play of games, etc.

We were all impressed by the way the aides provided materials to let us really dress up the ward at Christmas, but how many of us are aware of the little things they provide the other eleven months? I have noticed the aides from One East prepare trays for

some of the patients on One West meal after meal. Many are willing to traipse to the farthest corner of the hospital to the library or the Fashion Korner. During the holidays the aides on Two West bundles up most of the Ward one evening and took us by bus to see holiday decorations from here to Fond du Lac and Oshkosh. Some aides bring in their own copies of current magazines, or dress the hair of elderly or otherwise incapacitated women. A stick of gum, a sympathetic question or a show of delighted enthusiasm when announcing an unexpected visitor -- in these and numerous other ways the aides on KEMPSTER TWO WEST are very special people.

Elin .

THE NEW BUILDING

The old administration building, constructed in 1873, will soon be demolished to make room for a shiny new building.

According to Mr. Paul Thies, Hospital Business Manager, the first floor of the new building will provide office space for 65 staff presently located in the Old Building. Second floor will house the library, Nursing Service Offices and the office of the Clinical Director.

There will be 27,000 sq.ft. of total floor space in this building including an auditorium with a capacity of 125 people.

The interior of the building will be plastered, along with brick, wood and paneling. The front lobby will include chipped brick from the Old Building to blend the new with the old. The outer walls of this modern, three level building will be of brick construction similar to that used on Gordon Hall.

The building will cost in the neighborhood of \$800,000.00 and be completed in late October or early November of this year.

Elizabeth

Editorial

Word has come to the Cue office that Charlie Patient (we'll call him), a recently admitted patient here on an alcoholic commitment, is pretty confused as to the "general system" at W.S.H. CUE is publishing a map on page 9 and will try to un-confuse Charlie. His brief history here (and we've exaggerated it) is this: he was admitted to 2 East Kempster on Monday; Tuesday he was told to start attending evening A. A. meetings at Hughes Hall; Wednesday he was sent for a routine dental checkup at Gordon Hall; Thursday he was assigned to a dishwashing job at the Food Service Building; Friday he was transferred to the alcoholic ward at Hughes Hall, and Saturday Charlie, poor soul, had an appendicitis attack which placed him on 3-K for emergency surgery. Sunday, instead of attending chapel, Charlie just lay back on his pillow and pondered the week's meanderings.

All patients, like Charlie, are admitted to one of five admissions units, depending on their age, sex, and county of legal residence - these units also function as active treatment centers. 2 East Kempster receives only male patients and its service chief is Dr. Bachhuber; as in the other admissions units, patients may stay here for the duration of their hospitalization if placement here seems appropriate. However, other 2 East patients may be transferred to 1 East, to Hughes Hall A-3, to the Alcoholic Unit at Hughes Hall, or to the Geriatrics Unit at Gordon Hall. The women's counterpart of 2 East is, of course, 2 West Kempster which is headed by Dr. Dachtera; patients here may be referred to 1 West, North Cottage or Gordon South (Geriatrics) or Gordon South Psyc. The Sherman Hall Admissions units serve another part of the state: Sherman Male Unit includes 1, 2, 3, and 4, and is headed by Dr. Baker. The Sherman Female Unit consists of wards 5, 6, 7, and 8, headed by Dr. Maleug - here again, patients may be transferred to the Geriatrics Wards at Gordon or to South or North Gordon Psyc. All patients 16 and under are admitted directly to the Children's Unit at Hughes Hall; some selected patients in this age group may subsequently be transferred to adult units.

The other non-admitting service units include the Geriatrics Unit at Gordon, with Dr. Loftus as assistant clinical director; the Alcoholic Unit at Hughes Hall with Dr. Lysloff as chief; and the Medical-Surgical infirmary unit (3-K) in Kempster which also has Dr. Loftus as its assistant clinical director. On each of these eight service units are represented the services of Psychiatric Nursing, Social Service, Psychology, and Activity Therapy (which includes Occupational Therapy, Recreational Therapy, Music Therapy and Industrial Therapy which took Charlie to washing dishes at Food Service). The physicians and other personnel assigned to a patient's unit treat him during the entire length of his hospitalization and thus insure him in a continuity of service.

Further questions Charlie may have as to the Hospital's physical plant will be answered (hopefully) in the next issue of CUE.

The Editorial Staff

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Issues & Answers

Question: What Would Your Idea Of A Really Surprising Valentine Be?

Valentine from anyone telling me my hospital bill has been paid.

Pat

Valentine from the United Airlines with a plane ticket to Hawaii for a month.

Mrs. Kring

Valentine stating I had received a million dollars.

Joan

Valentine so startling I'd lose 50 lbs.

Nancy

Valentine from my fiancée saying I got the ladder - let's elope.

Miss Hartman

If our coed group would plan its own party for O.T.

Joyce Marsh

The doctor would let me go home for Valentine's Day.

Charlie

If Mr. Ceelen would take me out of Science Class.

Vicky

Two weeks in swinging Miami Beach.

Roy

Two season tickets for 1968 compliments of Vince Lombardi.

Chuck Lemieux

My release papers!

Karen

A box of chocolate candy with good fortunes inside.

Dorothy

The thought of being remembered.

Mrs. Parfitt

A box of candy.

Mrs. Cole

My idea of a really surprising valentine would be one from an aide.

Jim

A box of candy from my wife.

Ray

World peace--to get all of our boys back from over there; let's all say a prayer for it.

Mrs. MacAdam

A valentine dance for all patients --restricted and liberty.

Lou

For everyone to wear a red paper heart on their chest with their name on it.

Eleanor

Chaplains' Message

Employee of the Month

Psalm 42:3 "Where Is Thy God?"

When Joseph Lister, the father of antiseptic surgery instituted his elaborate measures in sterilization he provoked elaborate hilarity. The scientific looked upon Lister's procedures as children playing house. The professional scorned, and ridiculed as a pharmacist might react to the routine of a witch doctor.

Lister and his aides appeared childish to them. They covered themselves with clean towels and washed their hands repeatedly and soaked their instruments, sponges and towels in disinfectant. Then they went to work on the patient and syringed the wound with the same kind of antiseptic.

A great professor laughingly said "But where are the germs? Show them to us and we will believe."

Today it is the doubters of Lister who appear childish and the scoffers who are ridiculed. No sensible man would even ask. "Has anyone seen the germs?" A surgeon who would laugh at sterilizing instruments would be asked to leave the hospital.

The Psalmist marvelled that he was surrounded by these questions, "Where is thy God." Can you show Him to us? Anything that has not been doubted probably is not true. It is the persistent finger of unbelief that strengthens faith, and we need not be disturbed by the antagonism to the truth. But surely our reactions are important here. We need to stand firm on our faith in the Word of God, that there is not only a God, but there is a God who is interested in me as an individual and who has given me the invitation to come unto Him in prayer.

The Bible says, "The faithful fervent prayer of a righteous man avail-eth much." Have you tried praying lately?

Rev. J. B. Windle
Chaplain

Many patients on Kempster Two West would like to nominate Mrs. Beier as Employee of the month. During any shift when she is on duty, a cluster of patients will congregate at the nurses' desk in order to talk with her. Mrs. Beier's attitude is one of complete acceptance and understanding, and the advice she gives is sensible. In addition to helping groups of patients in this informal way, Mrs. Beier can sense the need of a particularly upset patient and take her aside for a quiet counselling session. In both these ways, Mrs. Beier shows each patient her concerns are important. The kindness on the part of this nurse is multiplied throughout the ward like the bread and fishes.

Some Girls on Two West

Mrs. Eugene Beier has been a P.M. nurse for Kempster Two West for more than four years. During that time she has earned the reputation of being exceptionally understanding. With typical modesty she accredits her reputation to the fact that the demands made on the P.M. shift are less than on the A.M., giving her time to talk with more patients.

Mrs. Beier is an exceptional person in a number of ways, but of particular interest is her family -- thirteen children who range from three to a nineteen year old (who we might add is following in her mother's footsteps and is enrolled in a school of nursing). Fortunately for all concerned, Mrs. Beier had taken her nurses' training at Milwaukee County before marriage. At that time she had no particular interest in psychiatric nursing, but as stated by her "...As I got older, I found it something I could do."

The Truth about European Women

Feel free to stand up and hoot the next time you hear a European actress declare that we American women don't know how to treat our men. Sociologists have been comparing Detroit women with women of Paris and Athens and their findings show how lucky American husbands are!

The Detroit woman likes to be with her husband. Once his income reaches \$7,000 a year she often complains he works too hard and that he doesn't spend enough time with her. She would be without material possessions if she could see him more. The Parisian woman on the other hand, loves money. The higher her husband's income, the happier she is. French women in modest circumstances say that they have had bad marriages while the rich woman says she has a good marriage. Rich French women never complain that they don't see enough of their hard-working husbands.

According to the Journal of Marriage and the Family, the Detroit woman is most content for a 50-50 marriage when it comes to important decisions. The Athens woman wants to be boss. Only 4 percent of Athenian women still allow their husbands to dominate. Far more frequently, the women rule the roost. She and she alone decides how the money is to be spent and their children raised. At the same time she is discontented while her children are growing up because she cannot get out of the house nights for recreational purposes. She measures her "marital satisfaction" in terms of how much time she can spend away from the home.

All you housewives of America stand up and hoot! The European women may think herself far more glamorous and worldly but we can say our husbands are content, the children happier and our homes their castles.

QUOTABLE QUOTES

A girl of 15 generally has a greater number of secrets than an old man, and a woman of 30 more mysteries than a chief of state.

--Jose Ortega y Gasset
Houston Post

How Long Can Frozen Meats be Stored?

Ground beef and sausage can be stored from one to three months; fresh pork, three to six months; veal and lamb, six to nine months; beef, six to twelve months. Smoked meats should never be frozen. Note: This freezing time guide should only be followed if you have a separate freezer or your refrigerator freezing compartment maintains zero temperature or below. All meats to be frozen should be very fresh.

Can Nasturtiums be Eaten?

Yes, and they're extremely good flowers and all. Just mix them in with a plain green salad to brighten things up.

Did You Know?

In a sandwich made with 3 tablespoons of peanut butter, you get more calcium than you would from a sandwich containing 2 ounces of beef or egg, twice the niacin, half as much iron and riboflavin and about the same amount of thiamine. When it comes to protein, this much peanut butter provides 12 grams compared to 14 from beef and 6 from an egg. Peanut butter does contain more fat and calories than the other two but most people add butter or mayonnaise to any sandwich and this would bring the fat-calorie content up approximately to the peanut type.

Coffee Jelly

1 envelope of unflavored gelatin
1/3 cup granulated sugar
1 tablespoon instant coffee
1/2 cup cold water
1 teaspoon lemon juice
1 cup of boiling water

1. In a medium bowl, mix together gelatin, sugar and instant coffee; stir in cold water, let stand 5 minutes to soften gelatin.

2. Add lemon juice and boiling water; stir until mixture is completely dissolved. Cool slightly; refrigerate until consistency of soft pudding.

3. With hand beater or electric mixer, beat gelatin mixture until light and fluffy. Refrigerate until firm. Makes 4 servings.

MEN'S

Page

'68 OUTBOARDS:

Things are really percolating in the outboard pot this year. You'll see a flood of new models, new convenience features, new engineering--in fact, so many new developments that it's impossible to pick out any single trend-setter. There are trends all over the place.

If you're interested in more horsepower, Merc's all new 125-hp 1250 is the most powerful stock outboard in history. At the opposite end of the scale both Johnson and Evinrude are introducing tiny 1½-hp fishing motors. These little shrimps weigh in at 19 lbs. fully fueled, making them just about the lightest conventional outboards ever to hit the market.

In between, almost every company is offering either completely new models or new features to dress up carry-over models.

For 1968, Chrysler has concentrated its development efforts on the under-10-hp fishing models. The company's four new fishing motors are "the most deluxe outboards ever offered in this horsepower range," according to Don Milton, general manager of Chrysler's Marine Products Operations. Showing off the new engines, he makes a pretty good case for this statement.

All are compact, low profile designs with one-piece lower units. Styling is less Spartan than on most fishing motors--they look like little versions of the high-horsepower models. Available in either standard or long shaft, they all have "depth-minder drive" which allows the engine to be locked in a tilted drive position with the propeller running five inches above the normal level. A low water intake provides sufficient cooling.

All models except the 3.5 feature rubber-cushioned spline drive which eliminates shear pins. The splined shaft drives the propeller through a rubber bushing which permits slippage if the prop happens to strike an underwater object.

With a line stretching from 1½-hp to 115 hp, Evinrude's big news is the three-in-line 55-hp Triumph and that pint-sized 1½ called the Mate.

The 19-lb. Mate is engineered for high thrust (for its size) and very slow trolling. It uses 2 to 1 gear reduction to swing a "big" 7½-in. prop. The motor pivots 360° and the steering handle flips completely over to give easy control when backing. It's an ultra-simple motor with adjustable high and low speed needle valves. You can take off the motor cover by loosening four screws with a coin. The built-in fuel tank holds a quart.

In addition to the new Mercury 1250, Kiekhaefer is introducing a new 100-hp six-in-line. Other highlights include Thunderbolt ignition for every model above 50 hp and a new electric-starting version of the 20-hp Merc 200. The latter is an easily-installed accessory which provides turn-key starting either at the engine, or if you have remote controls, up forward.

The big gun, though is the Merc 1250. Kiekhaefer engineers claim that this is the world's most advanced outboard. The powerhead incorporates a new piston design, a rugged new power train and improved carburetion for greater acceleration.

Johnson's Sea Horse stable for 1968 includes just about any size motor you could want. At the top end, there's the high-performance GT-115, a "super engine" that will kick a light high-speed hull up to 65 mph. The smallest is the 1½-hp minimotor, which is just about as far as you can go in portable power for a boat.

From Montgomery Ward a new motor--a 20-hp model--is the only new addition to the Sea King line for 1968. Other models remain unchanged.

No major changes for 1968 in the Sears lineup. The feeling seems to be, "When you've got a good line, why tamper with it?" Who can argue with that?

ON THE SOBER SIDE

A-4 NOTES

Newly elected Patient Government Officers are as follows: Chairman: Criville, Vice Chairman: Bob Secretary: Max Canteen Social Chairman: Mary & Max

WHAT IS AN ALCOHOLIC?

In 1956 the American Medical Society identified alcoholism as "a serious, complex disease". There are many other definitions offered to the above question. Marty Mann, Executive Director of the National Council on Alcoholism, states "An alcoholic is someone whose drinking causes a continuing problem in any department of his life."

Straus & McCarthy define alcoholism as "a condition in which the drinking of alcoholic beverages becomes persistent, repetitive, uncontrollable and progressively destructive of the psychological and social functioning of the individual."

The World Health Organization and many others have published definitions of alcoholism. One thread, however, runs through most of the answers: The alcoholic is in serious trouble, emotionally, physically and economically because of his or her uncontrollable drinking.

WHAT'S THE CAUSE OF ALCOHOLISM?

No one seems to be able to pinpoint it. But much has been discovered and, again, various theories are offered. I believe it is generally accepted as a three fold illness involving one's physical, emotional and economic welfare. It is thought by some that there is a chemical change which takes place in some individuals upon the intake of alcohol which sets up a craving and renders the alcoholic incapable of exercising his "will power".

One's emotions and attitudes, his ability to accept life as it is-reality- all play a part in this destructive disease. And it is destructive because it ends in either death or in-

sanity if not properly treated in time.

ARE ALCOHOLICS REALLY SICK?

They are not bedridden, at least not after the severe physical part has been medically treated. They are not helpless unless permanent brain damage has taken place. Therefore alcoholics stand out in sharp contrast to what is generally thought to be a sick person. Many are resentful, resist treatment, seem ungrateful, are demanding and are very difficult to help. But these and others are the very symptoms which are unmistakable to the professional person indicating that the individual is very sick and in great need of treatment and help.

I recently read that it is now 1 out of 12 persons in the U.S. who are alcoholic. Alcoholism is no respecter of age, sex, intelligence, race or religion. It may strike anyone regardless of social status or occupation, alcoholism is not caused by alcohol alone because about 70% of the adult population in the U.S. drink and some heavily (only one out of 12 become alcoholic.) Why? Is it physical, chemical or organic? Is it psychological, psychosomatic or emotional? General scientific opinion is that it is a combination of all of these and that there are different types of alcoholism, not just one.

I'd like to add a fact I just read today: "A drunk may not be an alcoholic, an alcoholic may not necessarily be a drunk and although a drunk may act abnormally he may not be a victim of the disease of alcoholism."

So, in closing, may I leave you with the knowledge that many alcoholics DO recover and stay sober and live normal, useful lives. But remember, they must WANT to recover if any treatment is to succeed.

Mary

From Here 'n' There

People say. "I had a nervous breakdown," when actually there have been no changes in the nervous system --no wearing out or weakening. What is the cause of this emotional state that temporarily prevents a person from carrying on his life as usual? I feel that what is involved usually is a tremendous blow to pride. Whether it is a failure in marriage, a business reversal or flunking an examination, it is a blow to one's image and expectations of oneself. The result is self-hate and self-doubt, which is converted into anxiety and depression.

A better term for the so-called breakdown, I think, is "breakup." Many people cannot grow or change remarkably without the breakup of old, often rigid, patterns, and the pain accompanying the process. People who will never have a breakup or any symptoms of emotional disturbance are often, in the deeper psychoanalytic sense, sicker people than those who do. For they cannot let go and experience the re-evaluation and growth that can follow a breakup. The person who can let go, who in fact must let go, is often demonstrating healthy flexibility--with the possibility of establishing new, healthier ways of life.

--Theodore Issac Rubin, M.D.
McCall's

Why Lincoln Grew a Beard

Though he wore his beard only four years, today we cannot think of Abraham Lincoln without whiskers. He often talked about the little girl in upstate New York who was responsible for the famous beard. Few know her name: there is no mention of Grace Bedell in some of the thickest Lincoln books. But Lincoln himself would tell the story with relish and add, with a chuckle, "How small a thing will sometimes change the whole aspect of our lives!"

Westfield, Chautauqua Co., N.Y.
October 15, 1860

Hon A B Lincoln

Dear Sir

I am a little girl 11 years old, but want you should be President of the United States very much so I hope you wont think me very bold to write to such a great man as you are.

Have you any little girls about as large as I am if so give them my love and tell her to write me if you cannot answer this letter. I have got four brothers and part of them will vote for you any way and if you will let your whiskers grow I will try to get the rest of them to vote for you. You would look a great deal better for your face is so thin. All the ladies like whiskers and they would tease their husbands to vote for you and then you would be President.

Grace Bedell

Private

Springfield, Ill. Oct. 19, 1860

Miss Grace Bedell
Westfield, N. Y.

My dear little Miss,

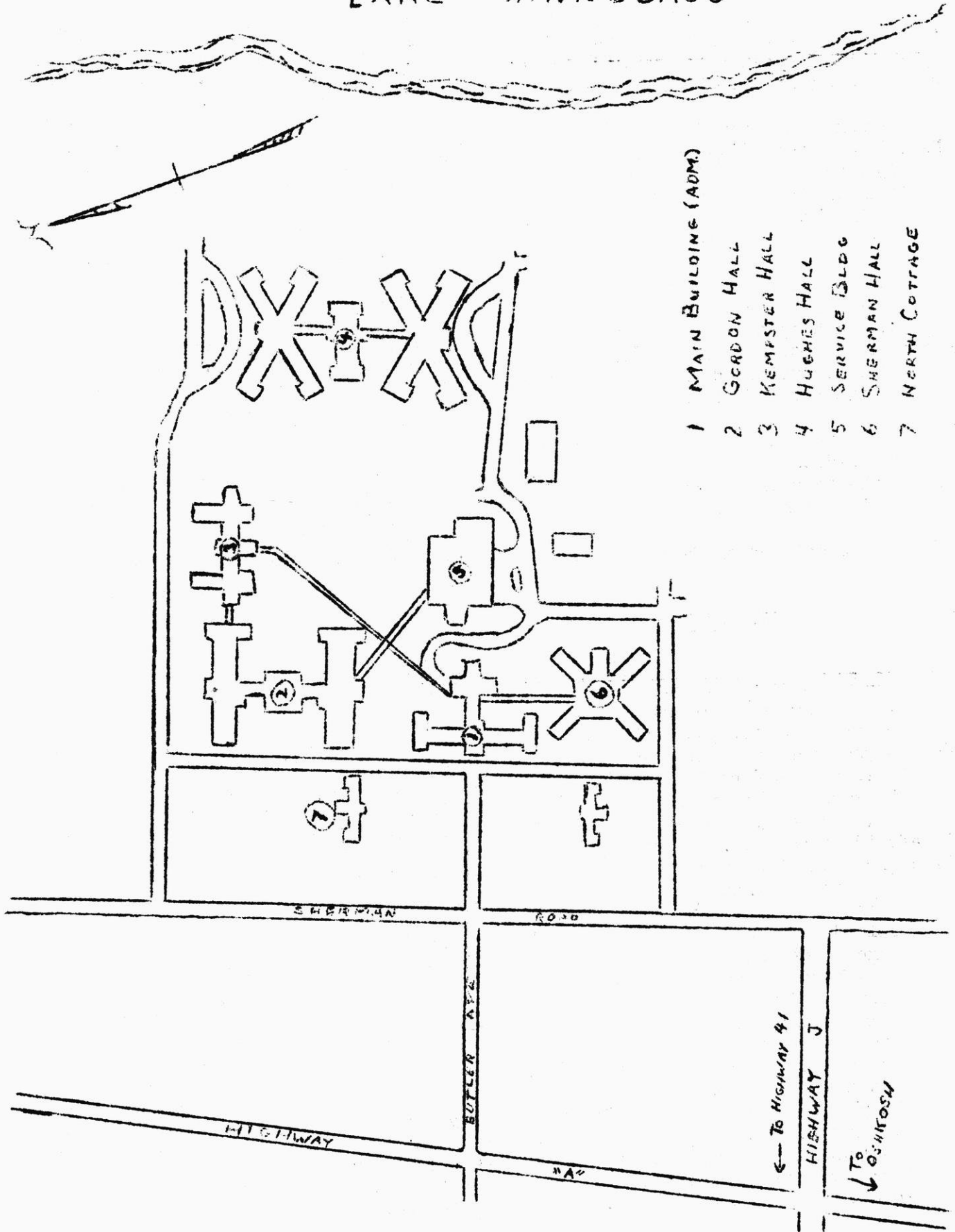
Your very agreeable letter of the 15th is received. I regret the necessity of saying I have no daughters. I have three sons, one seventeen, one nine, and one seven years of age. they, with their mother, constitute my whole family. As to whiskers, having never worn any, do you not think people would call it a piece of silly affection(sic) if I were to begin it now?

Your very sincere well-wisher,
A. Lincoln

(Lincoln's carefully penned reply remained in the Bedell family until two years ago when it was sold at auction for \$20,000 by three of Grace's grandsons.)

Around the Grounds

LAKE WINNEBAGO



- 1 MAIN BUILDING (ADM)
- 2 GORDON HALL
- 3 KEMPSTER HALL
- 4 HUGHES HALL
- 5 SERVICE BLDG
- 6 SHERMAN HALL
- 7 NORTH COTTAGE

Around the Grounds

CANTEEN EVENING HOURS HUGE SUCCESS

With much anticipation the Canteen Planning Committee officially kicked off the new 6 to 8 P.M. Canteen hours Monday night, January 22nd.

Under the watch-dog guidance of Msr. Ben Walthers and Company approximately 40 patients of varying ages exhibited exotic variations of the Watusi, the Froh, and a more practical version of the Y (Why?) dance.

The opening occasion was marked by exemplary behavior by all in attendance, with special notice toward the young ladies of Hughes Hall B, whose dance floor ambitions did much to increase the revenue of the juke-box.

Kempster One West was represented by nine ladies with escort, this ward being the only closed ward on the facility in attendance.

Continued on Page 13

MOVIE REVIEW

HAWARI—John Wayne, Red Buttons, Bruce Cabot. Directed by Howard Hawks. A team of professional hunters headed by John Wayne capture wild animals for the Momella Game Farm in Tanganyika to send to zoos. The team includes Red Buttons, a Brooklyn ex-taxi driver who is afraid of animals. Two unglamorized girls furnish love interest that is more humorous than romantic. The chase and capture of the beasts make for splendid animal shots, filled with excitement as the quarry in a galloping herd is lassoed from a pursuing truck and brought home for shipment. It is three baby elephants who steal the show and a chase in which they act as bloodhounds is captivating. There is a notable lack of violence and the pleasure in watching the animals, knowing they won't be harmed, is accentuated. From a story by Harry Kurnitz; music by Henry Mancini. Paramount. Color. 159 minutes.

MUSIC THERAPY

There is an area in the Music Therapy Department that is set aside for record listening by liberty patients who are over 18 years of age. The hours for using this area are 2:15 to 4:00 P.M. daily, Monday through Friday. All types of records are in the library that is located there for your enjoyment. You can pick out some of your favorites in either Rock and Roll, Old Time, Standards, Opera, Classical and semi-classical. There are two rooms and two record players set up for this activity. It is left up to the people who use these facilities to take turns making use of this equipment. Thus far this has caused no problem with the people who are interested in using this area.

In case you do not know where the Music Therapy Department is located, let me inform you. It is located in the basement of Hughes Hall under A side. The door is plainly labeled Music Therapy. (Cont'd -- Page 13)

PRACTICAL CODE BY WHICH TO LIVE AND HAVE HAPPINESS

Health includes emotional stability and maturity of character as well as strength to withstand stresses of living. Health implies ability to judge reality accurately and see things in terms of long-term values. It implies ability to love. It means ability to work in one's chosen field both pleasurably and productively. It demands the presence of an effective honest conscience to yourself.

The best cure of all is yourself !
You know yourself best.

Justice is good; mercy is more favorable in the eyes of our Creator... if you repent and amend your ways. But don't cast pearls before swine lest society become that of instability and immorality, causing turmoil and uprisings.

Reader's Rhymes

"A Poem For Your Favorite Man"

Blessings on the, little man,
 Always do the best you can,
 When you marry be her guy
 'Til the very day you die,
 Be her lover, be her slave
 Listen to her and behave,
 Don't be skinny, don't be fat
 Work to give her this and that,
 All her quirks must be endured -
 And make sure you're well insured,
 Shave and shower, comb your hair
 And watch that little bald spot there,
 When in slacks still look your best
 Don't blame her if there not pressed,
 You may find that she acts quite contrary
 For example: if your full of fun
 She may wonder what you've done,
 If you fret and leave her be
 She'll complain, "You don't love me!"
 Toil at night to make more dough
 Don't be late for dinner though,
 You must know much more than she
 Yet must never disagree,
 You must let her have her say
 You must let her have her way
 But you should curse a lot
 For there's something you forgot,
 If she didn't pick on you
 She would miss it, you would too,
 Her's would be the dullest day
 If you weren't in her way,
 Your a man - no other sex,
 Can make women nervous wrecks,
 So be glad, stick out your chin
 It's not her fault you're masculine,
 What's the good of being you
 Without her to prove it too?
 You can take it, yes you can
 That's your duty---You're a man!

Donna

We must not hope to be mowers,
 And to gather the ripe gold ears,
 Unless we have first been sowers
 And watered the furrows with tears.

It is not just as we take it,
 This mystical world of ours,
 Life's field will yield as we make it
 A harvest of thorns or of flowers.

The Winding Path

Did you ever stroll off to a quiet spot
 Where no one could trouble you,
 With only God's creatures to sympathize
 When you're feeling downcast and blue?

Just walk in the quiet woodland
 To a little secluded spot,
 And choose a path at random,
 But where it leads, know not?

You follow it on not caring,
 Or thinking what you're about -
 Through briars and thorns and bushes,
 As it winds its way in and out.

You pass a little babbling brook,
 And pause on its mossy brink
 To catch its sparkling waters,
 For a cool and refreshing drink.

Nature's children are happy,
 The violets and buttercup
 That nod and sway in the summer breeze,
 Their little heads down and up.

As you look up in the treetops,
 You can hear the little birds sing
 Their many different melodies,
 As they perch on the branches and swing.

You forget your cares and worries,
 And leave all to Him above,
 To rejoice with the birds and flowers,
 Whose hearts are filled with love.

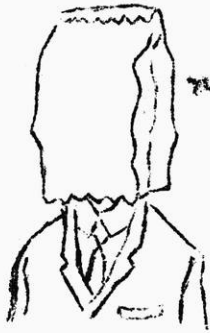
You're no more burdened with sorrow,
 'Cause that is wafted away by the breeze,
 Leaving you carefree and happy
 With a heart that's now at ease.

The shadows of evening are falling,
 And dusk makes the woodland look black;
 But you follow the winding path back.

Four Things

Four things a man must learn to do
 If he would make his record true:
 To think without confusion clearly;
 To love his fellow man sincerely;
 To act from honest motives purely;
 To trust in God and Heaven securely.

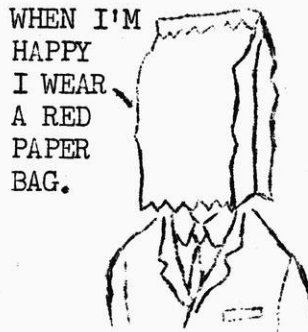
Hospital Chuckles



I WEAR
A PAPER
BAG
OVER
MY
HEAD.



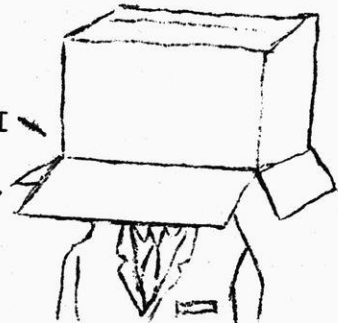
WHEN I'M
DEPRESSED
I WEAR
A BLUE
PAPER
BAG.



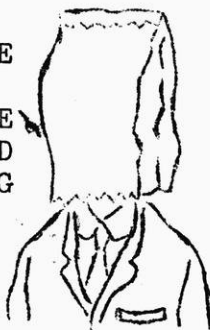
WHEN I'M
HAPPY
I WEAR
A RED
PAPER
BAG.



WHEN I
FEEL
ORDINARY
I WEAR
A BROWN
PAPER
BAG.



WHEN I
FEEL
GRAND I
WEAR A
CARTON.



YET PEOPLE
INSIST ON
TELLING ME
I'M AFRAID
OF SHOWING
EMOTION.



HOW ELSE
DO YOU
SHOW
EMOTION?

Beginning this issue, the CUE will be running a cartoon page and ideas for cartoons in future issues will be appreciated by the staff. Look for humorous situations on your ward, in the canteen or the cafeteria! A small prize will be given for every idea used. Send them c/o the CUE office.

CANTEEN HOURS ** Continued from Page 10

Congratulations to the supervisor of this ward for pioneering closed ward participation in this type of activity, which is the product of much earnest planning and extra work by the seven members of the Canteen Committee.

May this practice be encouraged by all closed wards--fortunately our new Canteen has the capacity and facilities for all patients.

And don't forget--this evening activity is every week, Monday thru Thursday.

Submitted by
Warren

MUSIC THERAPY ** Continued from Page 10

Besides record listening in the afternoon, patients who have a doctor's referral can obtain music lessons on various orchestral instruments. Remember, this requires a doctor's Music Therapy Referral.

The Music Therapy Department also runs a disc-jockey show, Monday thru Friday. This activity begins at 1:30 P.M. and ends about 2:15 P.M. If you enjoy music and you would like to become a member of this panel, this too, should be cleared with your doctor. It is a group activity which consists of from 6-10 people. Music on the disc-jockey show ranges from the Classics all the way up to present Rock and Roll favorites.

Yes, if it's music you want, I feel sure that the Music Therapy Department can help you out.

Jim

EMPLOYEE OF THE MONTH ** Continued from Page 4

During the time she has been on Two West, she has noticed an increase in advantages for the patients, such as more liberty and the change of bedtime from 9:30 to 10:00. This changing of the bedtime is particularly enjoyed by the women on Two West because it gives them more chance to talk with their favorite nurse.

Elin

AROUND THE GROUNDS ** ContinuedCELEBRITY IN OUR MIDST

Among the patients staying at our hospital is Wayne, a band-leader who performs under the name of Wayne.

by Wayne, and another recording will be coming out when Wayne gets out of the hospital.

Wayne has been playing the guitar since he was thirteen years old and is now twenty-seven. Wayne plays the steel guitar and electronic bass in

Dick

MENS' INTRAMURAL ACTIVITIESVOLLEYBALL

<u>TEAM</u>	<u>W</u>	<u>L</u>
Sherman Hall	18	2
Hughes Hall B	10	5
Kempster Hall	5	10
Hughes Hall A	2	18

BOWLING

<u>TEAM</u>	<u>W</u>	<u>L</u>
Sherman Hall	4 $\frac{1}{2}$	1 $\frac{1}{2}$
Hughes Hall A	3 $\frac{1}{2}$	2 $\frac{1}{2}$
Kempster Hall	4	4
Hughes Hall B	2	6

A butcher had sold all his hens except one. When a woman came in and asked for a hen, he went into his refrigerated room and brought out his lone fowl.

"The price is \$1.50," he told her. "I really wanted a larger one," she said.

Thinking fast, the butcher went back into the refrigerated room, stood there for a moment and then came out with the same one and only chicken.

"This weighs a pound more," he told her, "This will cost \$2.10."

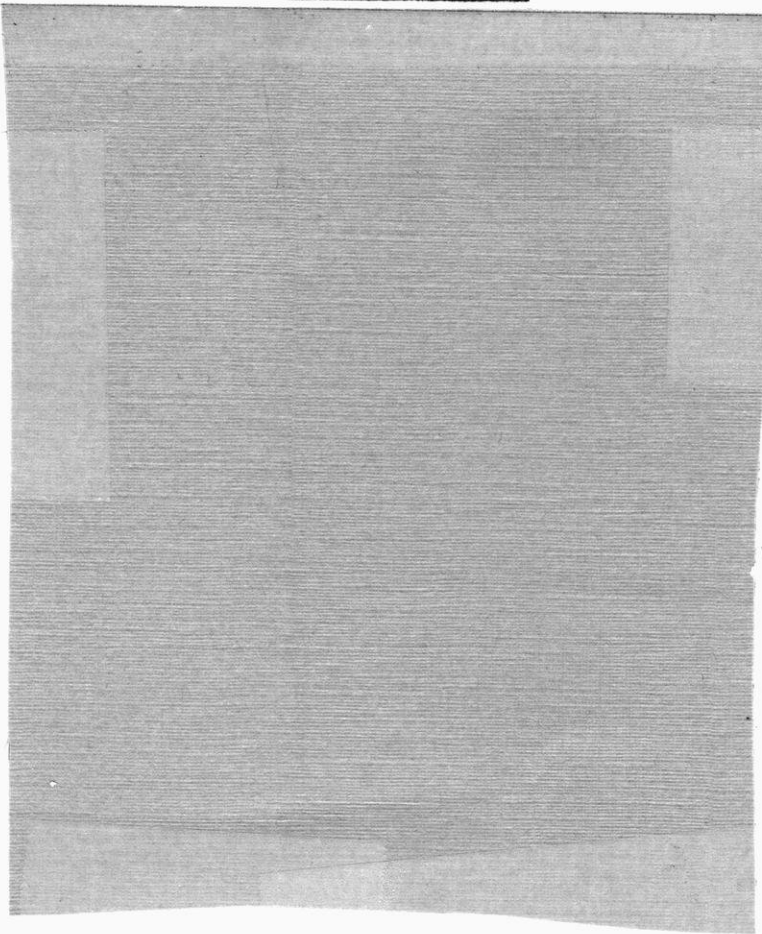
"I'll tell you what," she said, "I think that I'll take them both."

Waterwood News

"Waterwood News," written entirely by students of the WSH elementary and high school, makes its debut in this issue of the CUE. The page will contain school news, extra-curricular activity coverage, recipes from the Home Economics Class, and creative writing from the students.

Waterwood School, located in the basement of Hughes Hall, under the "B" section, was named over a year ago by Marilyn Higgenbottom, a student, was judged most appropriate of 150 names submitted in the name contest. The school includes pre-school classes through the 11th grade with an attending staff; Waterwood's principal is Mr. Paul Dreifuerst. Mr. Dave Webster of the teaching staff will act as editorial advisor for the very cool "Waterwood News."

STUDENT COUNCIL



WATERWOOD HIT PARADE

1. Love is All Around
2. I Wonder What She's Doing Tonight
3. Spooky

POINT PARTY

On Tuesday, January 18, 1968, the Waterwood School's Student Council sponsored an ice skating party for the kids of the junior and senior high school.

While Mr. Dave Webster and Larry Weber tended the fire all the kids danced and sipped hot chocolate.

We found the ice too slushy to ice skate so we stayed in by the fire all evening.

Teachers giving up their evening to be chaperones were Mr. Webster (Student Council Advisor), Mr. and Mrs. Kleinke, Miss Benniger, Miss O'Gorman, and Mr. Pilsel.

Diane

WARD A-2 FLASHES

On January 18, members of this ward were invited to a dance sponsored by the Student Council at the shelter house at Picnic Point. A grand time was had by all. Familiar faces seen were: Dave B. & Pat G. Judy S & Neal S. Lyle K. & Karen T. and Jon E. & Deb D.

It appears that the boys from HH have not combined all of their efforts in Volleyball and Bowling. The bowling team has a 1-5 record and the Volleyball team a 10-5 slate. Members of these teams are Bill

Dave , Lyle
 Bob Jerry Roney
 , Mike and Bill

A new constitution is in the process of being written for our ward with Dave , Lyle and Jon working on it.

We think that the Dr's and the Teachers are afraid to play the A-2 boys in basketball. Several dates had been scheduled but it seems as though the faculty always back out. How about accepting our challenge?

Jon

THE WEEK AHEAD

Mrs. Julaine Farrow
Nursing

HOSPITAL ACTIVITIES FOR THE WEEK OF FEB. 5 - 11, 1968

Feb. 5 Monday	2:15 - 4:00 pm	HH Music Rm.	Record Listening
	3:45 pm	GH AT Area	Catholic Mass
	6:30 pm	HHB 1-4	
		OT Area	Wood Working
	7:00 pm	GH AT Area	Bridge Club
	7:00 pm	SH 5-6	Outagamie Red Cross
	7:00 pm	GHS	Altrusa Club
	7:00 pm	2W	Circle K Club
	7:30 pm	HH Gym	Wolf River Square Dancers
Feb. 6 Tuesday	10:30 am	GHS	Lutheran Ward Service
	2:15 - 4:00 pm	HH Music Rm.	Record Listening
	7:00 pm	2W	Gray Men
Feb. 7 Wednesday	1:15 pm	1W	Appleton Red Cross
	2:00 pm	NC	Oshkosh Catholic Women's Club
	2:15 - 4:00 pm	HH Music Rm.	Record Listening
	3:00 pm	Kem. Rec. Rm.	Patients Planning Committee
	6:30 pm	Gym	Women's Recreation
	7:00 pm	Chapel	Lutheran Service
	7:00 pm	SH 3-4	Mercy Hospital Student Nurses
Feb. 8 Thursday	10:00 am	GHS	Protestant Ward Service
	2:15 - 4:00 pm	HH Music Rm.	Record Listening
	6:30 pm	GHS	Alpha Xi Delta Sorority
	7:00 pm	1E	Mercy Hospital Student Nurses #2
Feb. 9 Friday	2:15 - 4:00 pm	HH Music Rm.	Record Listening
	6:45 pm	Chapel	Protestant Communion
Feb. 10 Saturday	9:15 am	Gym	Volleyball-Kempster vs Hughes A
	9:15 am	Rumpus Rm.	Bowling-Sherman vs Hughes B
		To be announced	Catholic Confessions
		To be announced	Catholic Mass
	10:00 am	GHS	Favorite Hymn Recital
	10:30 am	GHN	Favorite Hymn Recital
	2:30 pm	HHB-3	Rachel Circle
Feb. 11 Sunday	8:45 am	Chapel	Protestant Service
	10:00 am	Chapel	Catholic Mass
	6:30 pm	HHB-4	Senior Pilgrim Fellowship

MRS. JULAINE FARROW
NURSING