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the CUE

VOLUME IV

APRIL 18, 1969

ISSUE 4

VOCATIONAL REHABILITATION

Am I ready to get a job?

What kind of work am I capable of doing?

Where am I going to obtain employment when I leave the hospital?

Questions such as these often are raised by patients preparing to leave the hospital. Many patients, however, are not aware that prior to discharge they may obtain assistance with these problems through the services of Vocational Rehabilitation, or voc rehab as it is commonly referred to. At the present time, there are three full-time and one part-time voc rehab counselors working in the hospital. They serve all of the adult psychiatric services, the Alcoholic Unit, and the Adolescent Unit.

Depending upon a person's individual needs, voc rehab offers various services. If the person is uncertain of the kind of work he/she can perform, for example, the counselor can arrange for vocational interest and aptitude testing, can discuss various occupational possibilities with the individual, and/or can provide for a vocational evaluation in a workshop designed for this purpose. Workshops are also used to help persons adjust or re-adjust to the daily activities involved in working. The workshops are located away from the hospital, so a person participating in this experience leaves the hospital early in the morning, travels to the shop via public transportation, and returns in the afternoon.

Not all individuals need a workshop experience. Some may need training, some may need physical restoration, while others may require certain tools or equipment to get a job. Still others may need job placement services or maintenance and transpor-

MUSIC THERAPY

This department was founded in Hughes Hall in 1957 by Miss Rubin who left here to accept the position of Music Therapist at Milwaukee County Hospital.

At the present time there is one full time personnel, Clarence Weber, who many of you know for his organ playing. For those of you who don't know him, he will be at the Canteen playing on Thursday nights at 7:00 P.M., beginning April 23.

Barry Levine is a part time worker in Music Therapy. In about another year he will join the staff on a full-time basis.

Music Therapy is responsible for Music to all areas, lessons on most all instruments and programs with music to all wards. There are 23 children and 10 adults taking music lessons at the present time. All dance bands are hired by this department. They also do piano tuning and other music instrument repair.

There are also four Red Cross Volunteers who help out in Music Therapy.

The Music Therapy Department is located in the basement of Hughes Hall A. To obtain orchestral music lessons a patient must have a Doctor's referral. Any liberty patient is welcome to go to the area however, between 2:15 and 4:00 P.M., Monday through Friday, for the purpose of listening to records. All types of records are located there for your listening pleasure. Why not take advantage of these opportunities and stop at your earliest convenience and spin a few records.

There is also a disc jockey show that is put on the hospital radio network Monday thru Friday at 1:30 P.M. The disc jockey panel consists of from 6 to 8 patients from various wards. A doctor's referral is necessary to par-

Chaplains Message

Happy
Birthday

Let me give you a wonderful promise out of God's Word which should be a great source of encouragement comfort to you. In Philippians 4:19, we read: "BUT MY GOD SHALL SUPPLY ALL YOUR NEED ACCORDING TO HIS RICHES IN GLORY BY CHRIST JESUS". All of us have needs such as sorrow, discomfort, trial, anxiety and many, many hardships. But we need not ever face them alone. Nor will we be overlooked or forgotten by the gracious and loving hand of God. Let's look at this verse for a few minutes and see just what our supply is.

I THE SOURCE OF SUPPLY

"My God shall supply all your needs". You may have friends who are interested in helping you or loved ones who are concerned about your best welfare, but there isn't any one in the whole wide world as interested in you as God. God knows no limits; His presence fills the world and His Word brings planets into existence. His wondrous eyes pierce even the thoughts and intents of the heart of all men.

II THE CERTAINTY OF THE SUPPLY

"My God shall supply". There appears no doubt in the mind of the apostle. Never once in his writings does Paul doubt even in shipwreck and in prison, He knew that the Lord could and would meet His ever need.

III THE SUFFICIENCY OF THE SUPPLY

God doesn't promise to supply some of your needs but all of them. Notice I didn't say he has promised to supply all of our wants ... We have so many wants and wishes ... But Paul says God will supply all of your needs ... All of us have needs. Because a man is a millionaire doesn't mean that he doesn't have needs. Rich and poor alike have needs before God, which only the Lord can supply. Of

LADIES

APRIL 12

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around the grounds

To the Editors:

Recently I spent a few days at a hospital and had a chance to be quiet and let my thoughts wander for a bit.

I thought of how many nice people there are in the world that are sort of unknown and not recognized for what they really are.

When some character or group gets out of hand and wrecks things they get to be well known and make as though they are idols of a sort.

We just don't hear enough about the fine people in white uniforms in our hospitals -- homes for aged and wherever they are. I have seen some put their arm around a poor confused elderly person and lead him back home to his room -- and a fine young aid help some old man lost and confused and a worker drop everything and help someone in need. It really gets to you.

And here at the hospital everyone is so nice to everyone. It seems to make them feel good to make one feel good. I really think that's why medication works better around them. I love them all.

As long as we have so many nice people like that, I am glad I am alive.

Anonymous

NEWSPAPERS FOR SALE IN CANTEEN

DAILY - "THE PAPER"	10¢
"MILOUKEE SENTINEL"	10¢
SUNDAY - "APPLETON POST-CRESCENT"	30¢
"MILOUKEE JOURNAL"	40¢

Both Sunday papers must be ordered from Canteen by Saturday and paid for in advance.

The news of success or failure of the heart transplant operations through-out the world has been of inestimable value to me as an alcoholic.

The lives of these patients depended on their bodies accepting and not rejecting the new heart being given to them.

My life depended on my body, mind and will accepting and not rejecting the offer of sobriety.

For my transplant operation I shall always be grateful to my Surgeon.

Anonymous

HIGHROAD TO HAPPINESS

What is happiness? To me, happiness is contentment. How do you get it? Well, one thing is certain: you will never find it if you go out in search of it. "Happiness is that certain something you acquire while you are too busy to be miserable." I couldn't agree more.

Over the years, I have found that the way for me to gain happiness is to forget about it and concentrate on my sobriety and on being satisfied to do what I can every day, and each day try to be just one bit better than the previous day. Somewhere along the line, happiness crawls in. You do not see it coming. Yet one day you suddenly realize that you are happy and contented.

Happiness does not consist in getting all the things you think you want. In my case, physically I am not very well. Financially I am not well off. But I am able to accept these things and feel contented. When I realize how much better off I am now than when I was drinking, even with all these lacks, then I am very content.

D.H.

Library Corner

The following books are missing from the patients' library and much overdue. It would be greatly appreciated if anyone noticing these books lying around would return them to the library.

<u>TITLE & AUTHOR</u>	<u>CALL NO.</u>
THE SILVER OAR Dreslin, Howard	F Br
FAVORITE DOG STORIES Alcock, Margurite	592 Bl
COMPLETE WORKS Browning, Robert	811 Bl
INVITATION TO CHESS Cherney & Harkness	793 Ch
THE LAST OF THE MOHICANS Cooper, J. Fenimore	F Go

Also a reader from S.H. 8 has reported a book missing, LIFE WAS SIMPLER THEN by Loula Grace Erdman. Would anyone seeing this book please return it.

Patients' Library
Joyce Marsh

* * * * *

CHAPLAIN'S MESSAGE CONTINUED FROM PAGE 2

course man's greatest need is salvation. And only God the Lord can supply or provide this through His Son the Lord Jesus. But man has scores of other needs and God is able to meet them.

IV THE MEASURE OF THE SUPPLY

"He will meet every need according to His riches in glory by Christ Jesus". This is the unlimited resources and capital of the Bank of Heaven. We should take careful note that there is no mention here of God's riches on earth. But rather His riches in Glory. It is not merely earthly treasures that are put at the disposal of

VOCATIONAL REHABILITATION CONTINUED FROM PAGE 1

tation funds during the interim between the onset of employment and the first pay day. If the person's home is a considerable distance from the hospital, voc rehab may finance a two-to-three day job hunt shortly before discharge to assure that a job awaits the individual upon his return to the community. The previous illustrations exemplify the range and diversity of vocational services available to patients in the hospital. The specific services offered to any one person depend upon that individual's particular needs.

Considering the number of patients in the hospital in relation to the number of voc rehab counselors, it is obvious that the counselors cannot work with every patient. Instead, they function as part of the professional team on each service, and they depend upon the social workers and doctors to tell them when a particular person needs or desires their services. When the doctor or social worker refers a person to a counselor, the evaluating -- counseling -- training process aimed at eventual competitive employment in the community commences.

Voc Rehab

MUSIC THERAPY CONTINUED FROM PAGE 1

ticipate in this activity. According to Mr. Weber, there is room for a few new faces on the program so why not speak to your Doctor about joining.

* * * * *

the people of God but far more, heavenly wealth. What a marvelous provision God has made for His own.

V THE CHANNEL OF HIS SUPPLY

"By Christ Jesus" ... God channels all of His blessing through His Son the Lord Jesus Christ. 1st. Timothy 2:5 says, "FOR THERE IS ONE GOD AND ONE MEDIATOR BETWEEN GOD AND MAN, THE MAN CHRIST JESUS". The Lord Jesus is the connecting link between the Creator and His creatures. I trust that you have accepted the Lord Jesus as your Savior. He will meet the sin need, and give forgiveness as well as meet every need that you may have. May the Joy of the Lord's be yours day by day.

Rev. J.B. Windle

Womens

Page

ON CHILDREN
By Kahlil Gibran

And a woman who held a babe against her bosom said, Speak to us of Children. And he said:
Your children are not your children. They are the sons and daughters of Lifes longing for itself. They come through you but not from you, And though they are with you yet they belong not to you.

You may give them your love but not your thoughts,
For they have their own thoughts.
You may house their bodies but not their souls,
For their souls dwell in the house of tomorrow, which you cannot visit, not even in your dreams.
You may strive to be like them, but seek not to make them like you.
For life goes not backward nor tarries with yesterday.
You are the bows from which your children as living arrows are sent forth.
The archer sees the mark upon the path of the infinite, and He bends you with His might that His arrows may go swift and far.
Let your bending in the Archer's hand be for gladness;
For even as he loves the arrow that flies,
So He loves also the bow that is stable.

* * * * *

Baking bread is a good way to relieve pressure and tension. I do it whenever I am angry, depressed, or otherwise moody. Then, as I knead it, I punch it and sock it and really get that tension out of my system. It makes me feel so much better. Also makes my family happy because I don't take it out on them!

* * * * *

An excerpt from one of our favorite columns goes like this:

DEAR ABBY: We are ordinary married people with no big problems, but there is a little one which gives me trouble. I like to do my housework in the nude. I don't know why, but I just enjoy the freedom of not having any clothes on.

I
a
t

I am no nudist, and wouldn't think of appearing that way in front of anybody but my husband. Is that so peculiar?

My husband knows this, and he doesn't think it is right, so I have to start getting dressed just before he gets home from work. Don't tell me it's bad for the children because we don't have any. My husband bowls once a week and belongs to the Knights of Columbus, and I don't say anything about his preferences, so do you think it's fair for him to say anything about mine?

NETTIE

DEAR NETTIE: If you keep your shades drawn, what you do within the privacy of your own home strikes me as being your own business. However, I'd suggest you put an apron on while frying bacon!

* * * * *

Spring is the time for a new hue--the season to refresh your old makeup habits.

Choose shades of foundation and powder that match your skin. Sample the color at your throat, not at your wrists-- your wrist color isn't the real hue.

When the foundation is blended, it hardly should be visible, but still it should cover flaws.

If your skin is a little too red, lean toward beige tones. Sallow complexions need the help of a blusher.

Powders may change color over a foundation base, so the best thing for a sheer, fresh, no makeup look is a translucent powder. Add color with a blusher rather than in your base or powder. It looks more natural.

Your blusher should be applied in an upward blend from just above the jawbone to cheekbone, then out to the hairline. This is where your skin naturally blushes, not on the fat of your cheeks.

Lipstick adds a hint of color and helps widen or thin your lips. For spring, pastels are the thing for new fashions.

When you have picked the colors for you, learn how to apply them sparingly and effectively. Experiment with your new makeups until you feel confident when you use them.

* * * * *

Reader's Rhymes

LONELINESS

People get angry
over something to do
But then again
just who is who?

Faced with problems
that are here today
The Loner is here
and here to stay

People today as well as yesterday
play their role sometimes phony.
But tend to believe in the eyes of all
they are not lonely.

We see in all
at sometime or another.
Our worst enemies
and sometimes our brother.

People are lonely
people are sad
The fact remains
some are good some bad

In this world of too many followers
there is a need for more leaders
Leaders that are good
not conceitors

People are funny
people are strange
Often goofy
and out of range

The loner is alone
thru day and night
With thoughts of his own
to himself he is right

A person in a crowd
can often be loud
But when not in a herd
he'll seldom say a word

People are moody
with different personalities
Judged today
by race and nationality

Loneliness is good
for some of us
It gives us a chance
to give ourselves a fuss

The bad can hurt
the good can heal
Of those confused
try to be real

The younger generation
is filled for all
It all depends
where the line shall fall

Lonely are we all at times
a loner can be anyone
But when we get down to it
does he have any fun?

IN THIS ROTUNDA

There are expressions of nostalgia
coming from America's heart

There are words echoing a vision
preserving America's future

There are bonds of national unity
sealing America's strength

In this rotunda:

Where young and old are passing by
in thousands;

They walk in rhythm of the caisson

They walk in reserved silence and its
prayer

They walk in the strength of unity

And they follow the hopeful spirit
Now at rest with his nation

RJK

TO THE ELEPHANT

Beast of the ages, the doting of sages,
Known to Hannibal of Carthage and Grecian
Pyrrhus,
Bigness and immensity with imperturbable
memory
Gigantis of Hindustan and of your lore,
Be he Moti Guj of Kipling or vedantals
Ganish,
What magician could or would make him
vanish?
Intelligence with adaptability, and of
royal favor,
Nobler than the lion and friendlier to
man.
I'm an elephant fan, I am, I am, I am.

Reader's Rhymes

PSYCHEDELIRIUM TREMENS

By Jane Goodsell

Remember when HIPPIE meant big in the hips,
And a TRIP involved travel in cars, planes and ships?
When POT was a vessel for cooking things in,
And HOOKED was what Grandmother's rug might have been?
When FIX was a verb that meant mend or repair,
And BE-IN meant simply existing somewhere?
When NEAT meant well organized, tidy and clean,
And GRASS was a ground-cover, normally green?
When lights and not people were SWITCHED ON and OFF,
And the PILL might have been what you took for a cough?
When CAMP meant to quarter outdoors in a tent,
And POP was what the weasel went?
When GROOVY meant furrowed with channels and hollows,
And BIRDS were winged creatures, like robins and swallows?
When FUZZ was a substance that's fluffy like lint,
And BREAD came from bakeries, not from the mint?
When SQUARE meant a 90-degree angled form,
And COOL was a temperature not quite warm?
When ROLL meant a bun, and ROCK was a stone,
And HANG-UP was something you did to a phone?
When CHICKEN meant poultry, and BAG meant a sack,
And JUNK trashy cast-offs and old bric-a-brac?
When JAM was preserves that you spread on your bread,
And CRAZY meant balmy, not right in the head?
When CAT was a feline, a kitten grown up,
And TEA was a liquid you drank from a cup?
When SWINGER was someone who swung in a swing,
And a PAD was a soft sort of cushiony thing?
When WAY OUT meant distant and far, far away,

And a man couldn't sue you for calling him GAY?
When DIG meant to shovel and spade in the dirt,
And PUT-ON was what you would do with a shirt?
When TOUGH described meat to unyielding to chew,
And MAKING A SCENE was a rude thing to do?
Words once so sensible, sober and serious
Are making the FREAK SCENE like PSYCHE-DELIRIOUS.
It's GROOVY, MAN, GROOVY, but English it's not,
Methinks that the language has gone straight to POT.

Ladies Home Journal
January 1968

I SHALL BE GLAD

If I can put new hope within the heart
Of one who has lost hope
If I can help a brother up
Some difficult, long slope
That seems to steep for tired feet to go

If I can help him climb
Into the light upon the hill's far crest
I shall begrudge no time
Cr strength that I can spend for well I know
How great may be his need
If I can help through any darkened hour
I shall be glad indeed.

For I recall how often I have been
Distressed, Distraught, Dismayed
And hands have reached to help and voices called
That kept me unafraid
If I can share this help that I have had
God knows I shall be glad.

Grace
Submitted By
Joan

MY MIND

My mind is a wandering place
It's like a young bird of flight
Many uncertainties along the way
But it tries until it succeeds
And conquers the world astride

THE WEEK AHEAD

HOSPITAL ACTIVITIES FOR THE WEEK OF APRIL 21 - APRIL 27, 1969

April 21

Monday

2:00 pm	2-E
2:30 - 4:00 pm	HH Music Rm.
6:30 pm	Barracks
7:00 pm	2-W
7:00 pm	GH AT Area
7:00 pm	SH 1-2

Kings Daughters
Record Listening
HHB1-4, Woodworking
Circle K Club
Card Club
Outagamie Red Cross

April 22

Tuesday

10:30 am	GHS
2:30 - 4:00 pm	HH Music Rm.
6:30 pm	SH Basement
7:30 pm	Humpus Rm.
7:30 pm	NC

Lutheran Ward Service
Record Listening
Fashion Korner Open
Dance - Bob Yost Orch.
VFW Auxiliary

April 23

Wednesday

1:15 pm	1-E
2:30 - 4:00 pm	HH Music Rm.
3:00 pm	Kem. Rec. Rm.
3:45 pm	Auditorium
4:30 pm	HH Cafe
7:00 pm	Auditorium
6:30 pm	SH 3-4
8:00 pm	GHSP

Appleton Red Cross
Record Listening
Patients Planning
Catholic Mass
Canteen Social Chairman
Dinner Meeting
Lutheran Service
Gamma Delta
St. Vincent DePaul

April 24

Thursday

10:00 am	GHN
2:30 - 4:00 pm	HH Music Rm.
6:30 pm	Sherman Wards
7:15 pm	Gym
7:30 pm	GHSP

Protestant Ward Service
Record Listening
Patients' Library
Book Cart
Movie - Last Safari
Mercy Student Nurses

April 25

Friday

2:30 - 4:00 pm	HH Music Rm.
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Record Listening

April 26

Saturday

10:00 am	GHS
10:30 am	GHN
6:00 pm	Auditorium
6:30 pm	Auditorium

Favorite Hymn Recital
Favorite Hymn Recital
Catholic Confession
Catholic Mass

April 27

Sunday

8:45 pm	Auditorium
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Protestant Service

*Mrs. Julaine Farrow
Nursing*