

Women's Athletic Association (WAA) scrapbook. ca. 1911/1918

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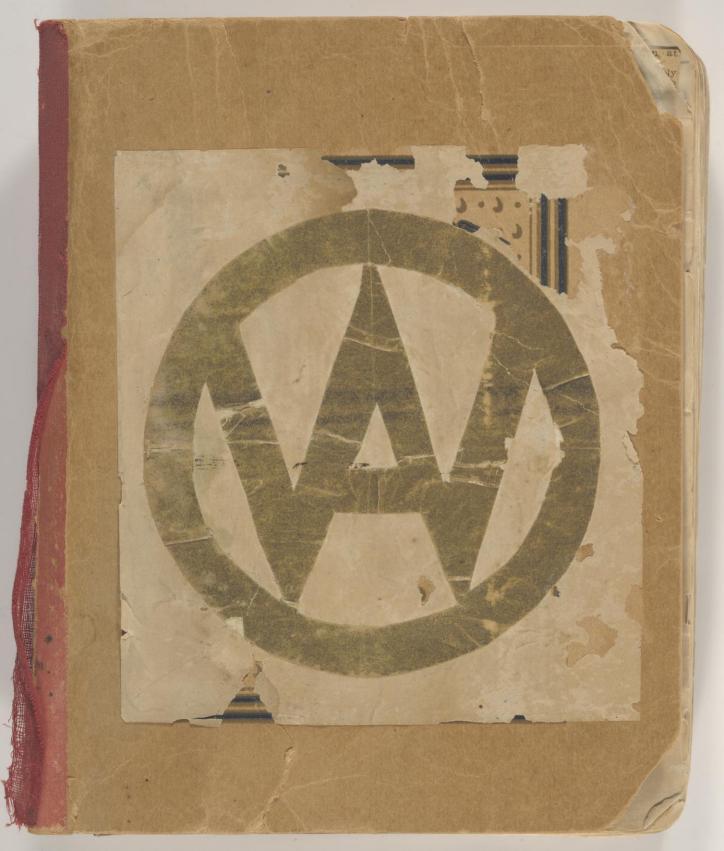
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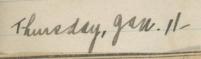
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STUDENT SENATE WILL HOLD. REGULAR MEETING TONIGHT

Question of Nominating Class
Officers Will Come Up For
Consideration

A regular meeting of the Student Senate will be held at the office of the president tonight at seven o'clock.

It is very probable that the question of revising the present method of nominating class officers will again be brought up for consideration. A new election law was passed at the last meeting of the senate, which was a virtual ratification of the old system of nomination by petition, the only change being that of requiring one hundred signatures instead of twenty-five. The proposition which has been proposed is that of nominating candidates at class meetings, and this proposition will be reported on tonight by a judiciary committee freaded by George Service. In order to make the new proposal a law, it will have to pass as an amendment to the bill which passed at the last session.

SENATE PROVIDES

YEAR TERM FOR

CLASS OFFICERS

Only Three Senators Opposed the Passage of Bill; Elections to Be Between Oct. 15-Nov. 15

May Change Nomination of Class Officers to Popular Vote Instead of By Petition

The first step in a program of legislation affecting student election raws was accomplished by the student senate last night, when that body passed by a vote of 13 to 3 a regulation providing for one class election a year in each of the four classes instead of one each semester. The law goes into effect Sept. 15, 1917.

The senators who voted against the adoption of the law are Eugene Grant, Arthur Couture, and Robert Wiley.

Service Makes Amendment

The reduction in number of class elections is expected to increase the student respect for class offices and add to the interest in balloting. The amendment, which was framed by the judiciar committee or the senate, of which George Service is chairman, follows:

"Freshman, sophomore, junior and senior elections shall be held on a Friday between Oct. 15 and Nov. 15. The date shall be definitely decided and made public by the committee on elections at least four weeks in advance of the election."

May Change Election Laws

More changes in class election laws are pending as a result of the report of the judiciary committee. It is probable that class officers will be nominated by popular vote next year instead of by petition of twenty-five qualified voters as is the plan at present. Gang rule is expected to be eliminated to a great extent by the adoption of the popular primary and a chance for every student to express his choice of men and women to fill class offices will be an advantage from the point of view of the student body. The committee will formulate a reg-

ulation to this effect which will be voted on by the senate on Jan. 25.

Minnesota Man Present

Interested onlookers at last night's session of the senate were Prof. Edward E. Nicholson, assistant dean of the college of science, literature and the arts at the University of Minne-

SENATE EXTENDS OFFICE TENURE

Continued from Page 1

sota, and Prof. Scott H. Goodnight. Prof. Nicholson is on a tour of inspection and before his return to Minneapolis will probably visit Chicago, Illinois and Michigan. He outlined to the senators the system of self-government at the University of Minnesota. He declared that the honor system has worked out very satisfactorily at Minnesota, and although dishonesty has not been abolished, conditions are improved. Cases of dishonesty are reported to the student council, the case

is tried by the council, and this body recommends a form of punishment to the faculty, which takes final action on the case. He attributed the success of the honor system to the desire of the student to hold the good opinion of his fellows.

SEVERE TANGLE IN FINANCES OF AWK

Senate Finds Business Troubles
of Mag May Lead To Its
Discontinuance

The Awk, university humorous publication, is in the deep sea of financial distress.

Information was submitted to the student senate, at its special meeting Saturday, to the effect that he business affairs of the magazine are in a tangle and that Lloyd Hammer, business manager, expects to leave the university at the end of he semester.

As a result of the Awk muddle the senate appointed a committee, composed of George Baldwin, Kenneth

Curtis, and Frank Birch, to investigate the financial condition of all student publications, and especially to make an attempt to put the affairs of the Awk in shape before its discontinuance, if it is to be discontinued.

Senate Exercises Power

The senate will at once enforce the provision in its charter requiring every student group, organization and publication to register with the senate. In the charter listed among the powers of the senate is the following:

"To require all student groups, organizations and publications, save as are hereinbefore accepted, at present existing, or which rereafter shall be organized or funded to register with the student senate as a prerequisite to their recognition and existence as authentic student groups, organization, or publications."

The petition of the new Commerce magazine for permission to publish was granted by the senate and official recognition was given to the publication. The first issue of the magazine will appear about Feb, 21 at the time of the State Industrial congress.

Caturday, Jan 134

SENATE IN SPECIAL MEET TO PASS ON COMMERCE MAG

The student senate will meet in special session at 1 o'clock today to pass on and authorize the publication of the new Commerce magazine. In proceeding with this action the senate is using for the first time its grant of power to pass on proposed university publications. This power has formerly been held by the university faculty.

monday. gan. 15

CARDINAL BOARD

The board of control of The Daily Card inal, at their last meeting before the holidays decided that hereafter not more than one woman member shall be on the board, and that the business staff and the news staff shall each have one ex-officio member of the board to be present at all meetings but not to have a vote.

the novel - Romance - Fiction to intention to plead here for ideas which I shall try to ideas which I shall try to is in of the being of people which I have underlateen gean.

Wisconsin Women

Wisconsin women are doing themselves prond. Already they are stepping into the tasks ordinarily assumed by the men of the University and at the present time are carrying on many movements better than the sterner sex could be doing. They appear to have assumed the leadership. There is ample proof for these statements. One has but to investigate along any of the lines of student activity to be thoroly convinced. They are today at the head of every progressive movement concerning students or relating to student welfare. They are always called upon whenever there is need of menurally "putting a thing across." To them belongs the credit; they are the leaders in Wisconsin today. Witty??

Is it that there is a shortage of men? Can it be true that the war afready has made such innoads upon the male attendance that they are not here? Or are all the men who ordinarily have assumed the leadership in movements of momentious import gone? No, emphaffically. NO. To excuse the immitence of the men of Wisconsin in this way, is folly. To maintain that the war has taken from the Junior and Sophomore classes of last year the cream of its men students, is to speak in ignorance of the true facts of the case. The Roll of Honor does not contain a very large number of representatives of these classes. This is not the real reason.

What is then the truth of the matter? It is this. There exists among the men of the University an apathy and disinterestedness in the real opportunities of the time, like as to that never known here before. The men are not awake to the realities of the situation in which the world and the institution we cherish, finds itself. There is no need to point out concrete examples to prove this. It is grossly self-evident.

Quite to the contrary with Wisconsin Women however. Eagerly they accept the gauge of battle. Each suc-

ceeding day finds them adding new lines of endeavor to their already multitudinous tasks. Never a word of complaint as to interference with their studies. Yet their scholasic record this year will be fully up to that of any previous year. The news columns of The Cardinal have moved to the Woman's Page as far as Student activities is concerned. They are taking seriously the vastness of the word "Service." They are growing under the joyful tasks that they have assumed. All honor to them. They have assumed the position of leadership. Truly the prophecy that "The coming Man will be a Woman" is startling in its truthfulness.

VARSITY HOCKEY TEAM ANNOUNCED AT SPREAD

About seventy-five women enjoyed themselves at the hockey spread at the hockey spread at the Field house Saturday afternoon. Three big fires supplied the means whereby to roast "wienies" and marshmallows.

The varsity team as announced by Miss Trilling consisted of: Forwards—Clara Kepke, Lutie Nelson, Clara Williams, Florence King and Viola Pleuss; halfbacks—Marie Bollman, Jean Patterson and Phyllis Hamilton; fullbacks—Emma, Damkoehler and Marcia Hinkins; goal—Gladys Fellows.

The game between the varsity and the post-grads resulted in a victory for the former, 2-0. Before the spread, the sophomore team and the post-

LARGE CROWD SEES HONORS WON IN TANK

Swimming honors were won Thursday night by Grace Greerup, Julia Hanks and F. Lebasque. This is a great honor as the judging is unusually strict this year. The large audience present showed as much enthusiasm in the pretty dives and in the form of the swimmers as the lives were being saved.

The last tryouts before January will be held Thursday evening, Nov. 22, at 7:30.

grads played a tie game, while the senior seconds beat the juniar "Boobs" 2 to 1.

WOMEN'S COUNCIL GETS WASHINGTON INQUIRY

Ask Information From First Coeducational War Work Organization

The Women Students' War Work Council, which is the first body of its kind for the direction of women's war work to be organized in a co-educational school, has received an inquiry from a large Washington bureau of information for detailed infromation.

Plans for the management of women students' share in war work through a women's council were begun the first week of hool this fall, and culminated in a patriotic rally of the Women's Self Government association, held in Lathrop hall, the evening of October 18th. Definite action was then taken by endorsing the plans of the council and by passing a resolution against formal parties during the war.

The present phase of the women students' work towards winning the war began with the entrance of the various committees into active work im-

mediately after the rally.

me, while the

junior "Boobs"

An average of seven dollars has been invested in Liberty Bonds by every girl in school, or a total of \$12,-000. Red Cross work goes on every week day afternoon except Saturday. By last Friday night 400 women had signed the Students' Food Saving Pledge cards.

The council will issue a brief descriptive outline of the various kinds of work women students can do here to help win the war, through the S. G.

A. Board next Wednesday.

The Outing Club

Are you interested in the pleasure of the open country? Do you like to hike, to camp, to do all kinds of picnicing? In other words, do you like to "bat" to use good University slang—in the

beautiful outdoors?

The Outing club was organized last spring just because so many girls like yourself felt that the countryside needed to be used, and to be enjoyed many times more than it has been in the past. So the Outing club pleads as its object: "To foster the non-ath-letic outdoor life among the women of the University." It is worth nothing that Wisconsin is one of the first schools to pay any concentrated attention to the organization of informal, outdoor athletic activities. A number of eastern universities for men have in recent years paid considerable attention to winter sports, and to hiking; but it is reserved to the women of Wisconsin to work out for the first time a scheme for the better enjoyment and appreciation of outdoor life for themselves.

The Outing club meets this noon to consider an attractive plan for reorganization; the officers want you to hear of plans for the future. They want you especially to learn of their plans for an Outing club pin. This meeting will be in the concert room, at 12:40 today. If you are already a member, make it your duty to be there—and on time; if you want to become a member—make it your pleasure to be there—and join the Outing club.

JUNIORS WIN ARCHERY CHAMPIONSHIP

The funiors won the championship in the archery tournament. The final scores by classes were as follows: junior 41, sophomore 37, senior 19.

The silver loving cup, won last year by Juanita Nelson, was awarded to Lois McDonald for the highest individual score of 81. Archery honors, awarded to anyone shooting a score of 80, were awarded to Lois McDonald

The shooting on the whole was good in spite of the fact that the back weather has interfered with practice.

The teams are as follows:
Senior—Marion Corey, Irma Marohn.
Junior—Catherine Ritchie, captain,

Ruth Stromme, Lois McDonald, Sophomore—Mary Johnston, captain, Ruth Marie Urban, Gretchen Vottler, Helen Dick.

NIORS WIN ARCHERY

RACE OPENS FOR VILAS ESSAY PRIZES OF \$75

Essays in literary criticism are to be the subject of this year's contest for the William F. Vilas prises. The subjects of the essays are limited to two general fields of criticism, but they really offer a wide choice as they may include not only English,, but also foreign literature.

The contest is open to all undergraduate students of the university, and two prizes, of fifty and twenty. five dollars, are offered for the two best essays submitted. The essays best essays submitted. must not exceed 6,000 words, and must all be handed in before April 29, 1918,

to Professor R. E. N. Dodge.

"OUTERS" SPECIFY PIN REQUIREMENTS

25 Hours Work For One Semester in 3 Sports Necessary For Emblem

The qualifications for winning the Outing club pin were introduced and accepted at the regular meeting of the year of the Outing club yesterday.

The emblem is to be awarded upon completion of 25 hours work subject

to the following regulations:
1. Twenty-five hours may not be won in less than three lines of activi-

2. No more than three hours may be

won in one day.

3. No credit shall be given for a period of less than one-half hour. This shall only be reported upon the completion of an hour.

4. The pin may not be won in less

han one semester.

II. No one shall be eligible for a pin who has not attended at least onehalf of the meetings during the semester.

III. Hours may be credited in the

following activities:

1. Skating; horse-back riding; bicy-cling; skiing; boating; roller-skating; coasting.

2. Chairmanships of any sport shall

count for 3 hours.

3. The secretary of the Outing club

shall be awarded 3 hours.

4. Any woman acting as chairman of a committee for preparing food and caring for the financial end of an outing club picnic shall receive credit for I hour.

Hiking credit shall be subject to the following rules:

a. Each hike of 25 or more miles in length shall count for 3 hours, provided that: no more than 7 hours, actual walking time be taken per 25 miles and that no more than I hours be taken for resting.

A committee composed of Velma Reid, Ligred Mae and Eleanor Gail, was appointed to see about the pin.

Regular meetings will be held the second Thursday of each month in the concert room at Lathrop hall. These meetings will be short and peppy, and will begin promptly at 12:40.

Several Outing club hikes will start the work of the Hiking department. Sunday morning Erma Hayssen will lead the first hike which will be a ten miler. Since these hikes will comply with W. A. A. rules they can be taken for W. A. A. credit as well as for ful-filling a requirement for the Outing club pin.

All women who were not present at the meeting yesterday and who wish to join the organization are requested to hand their names, with the sports in which they are interested, to either Mary Glover, the president, or Helen Weiss, secretary of the club.

CHICAGO WELCOMES 20 OF OUR W. A. A.

Conference, Hockey Game, Luncheon, and Tea Included in Program

Twenty members of W. A. A. were guests of the W. A. A. of he University of Chicago on last Saturday, the day of the Wisconsin-Chicago game. The Chicago organization entertained at a luncheon, and arranged for a board meeting and a hockey game as other features of the program.

The W. A. A. boards of Wisconsin. Northwestern and Chicago met at 8:30 Saturday morning to discuss plans for the national conference to be held at Chicago in the spring and to outline the work of Wisconsin in preparing for the convention. Wisconsin is represented on the national board by Magdalen Cronin, corresponding secre-

tary.

A scoreless hockey game was played on a snowy field at 10:30 before an excited group of spectators. Since inter-collegiate games are prohibited in women's athletics, a meLiber from each school had to be exchanged. Margaret Schultz and Magdalen Cronin played half-back positions on the Chicago team. The Wisconsin taam was composed of I. Rudd, C. Culver, M. Frazier, H. Haessler, M. Thwaits, G. Fellows, L.Wallrich, J. Patterson, G. Palmer, M. Schultz, and M. Cronin.

Wisconsin delegates were guests at a luncheon given at ida Noyes hall at 12:15. Pauline Kallen, president of Chicago W. A. A. was toastmistress and Dean Talbot was one of the speakers. Margaret Frazier represented Wisconsin and Katherine Cronin, '13, former Wisconsin W. A. A. member, now head of physical education at the Latinguistic of Chicago, gave a toast.

University of Chicago, gave a toast.

Louise Patterson, '17, instructor at Chicago, and Katherine Cronin, '13, gave a tea at Ida Noyes hall after the game for all Wisconsin and Chicago W. A. A. women.

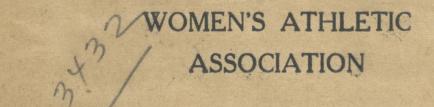
PATRIOTIC LEAGUE NOW UNDER WAY

New Organization in Close
Rising Vote

CENTRAL COMMITTEE OF 25 LEADERS ELECTED

William Balderston, president of the class of 1919 was elected president of the newly organized Wisconsin Loyalty legion which was perfected last night in a mass meeting of the students of the university held in the gymnasium.

The other officers chosen were: Honorary president, President Charles R Van Hise; honorary vice-presidents, Professors C. R. Fish and A. B. Hall; vice-president, Ruth Stolte; members of the Council of Dsfense, Margaret Rogers, Norma Stauffer, Alice Van Hise, Helen Bul, Ingrid Nelson, Sarah Spensley, Elsie Howell, Helen Davis, Helen B. Smith, Susan Ramsay, Ray Erlandson, Howard Hancock, Verne Varney, Arthur Nielsen, Robert Brewer, Cecil Holman, Charles Carpenter, Donald McGinnis, Marcus Baxter, Harry Scott, James Peterson, Martin Fladoes, Richard Te Linde, Lerny Burlingame and Lucy Wallrich.



UNIVERSITY OF WISCONSIN

REVISED CONSTITUTION AND BY-LAWS
WITH APPENDIX

JANUARY, 1918.

ARTICLE L

Name.

Sec. I. This Association shall be known as the Women's Athletic Association of the University of Wisconsin.

Object.

Sec. 2. The purpose of this Association shall be to promote a high physical efficiency among the women of the University of Wisconsin by fostering an interest in gymnastic and athletic activities.

Colors.

Sec. 3. The colors of the Association shall be red and white. These colors shall be awarded when membership is granted,

ARTICLE II.

Membership. (Active)

Membership in the Association shall be open to all undergraduate women of the University of Wisconsin as provided for in By-law VII,

- Sec. 2. No woman shall be eligible to membership until she has been in the university one semester and unless she has a weighted average of 77.
- Sec. 3. Each woman desiring membership shall present her name and points in writing to the secretary; and after being passed upon by the Executive board, reading the constitution, taking the pledge of membership, and paying the initiation fee into the treasury, she shall be declared by the president an active member of the Association and her name shall be placed on the secretary's roll. Compliance with these conditions must be within two regular meetings of the Association.
- Sec. 4. At the time of initiation each girl shall be granted a certificate of membership.

Associate.

Sec. 5. All graduate members and all members who have left the university before completing their college course may become associate members by paying the annual dues.

Advisory.

Sec. 6. Members of the Department of Physical Education for Women shall constitute the Advisory Board and shall be known as advisory members of the Association.

Honorary.

Sec. 7. Honorary membership in this Association may be extended by invitation of the members. LAND WEST STORY

Sec. 8. Any member absent from two successive regular meetings shall be notified by card by the secretary that if an excuse is not handed to the president and accepted by the Executive Board before the next meeting, her name will be dropped from the roll.

Sec. 9. Any member failing to fulfill requirements for retention of membership in the Association as provided for in the y-law VII,

Sec. 2, shall forfeit her membership.

Sec. 10. Any member guilty of conduct deemed by the Executive and Advisory Boards unworthy of a member of the Association shall be reprimanded or expelled according to their discretion.

Sec. 11. Any member dropped from the roll by the Executive and Advisory Boards under Sections 8 and 9, Article II, shall forfeit her certificate of membership, and all association honors except letters and numerals.

Sec. 12. Any member dropped from the Association by the Executive and Advisory Boards under Section 10 shall forfeit her certificate of membership and all Association honors.

ARTICLE III.

Officers.

Sec. 1. The officers of the Association shall consist of a president, vice-president, secretary, and treasurer, who shall hold office for one

Sec. 2. The Executive Board shall consist of the president of the Association, who shall be chairman of the Board, the vice-president, secretary, treasurer, the head of each sport, and any officer of the Athletic Conference of American College Women which Wisconsin may have. The head of Graduate Athletics shall be a regular member of the Executive Board, with all discussion and other privi-leges, except that of voting. The Director of Physical Education for customs Women shall be a member ex-officio.

Duties of the Officers.

President.

Sec. 3. It shall be the duty of the president to call and preside at all meetings of the Association and of the Executive Board. She shall be a member ex-officio of all committees.

Vice-President.

Sec. 4. (1) It shall be the duty of the vice-president to perform all the duties of the president in the absence of that officer from the chair; (2) she shall have charge of all hikes, and in that capacity she shall be a member ex-officio of the executive committee of the Outing Club; (3) she shall have charge of Junior-Senior gymnasium Out, A.c. if or Athletic Association credit; (4) she shall have charge of the perfect record in physical education, awarded during the freshman and sophomore years in the university; (6) she shall have charge of the squad leadership plan.

Secretary.

Sec. 5. It shall be the duty of the secretary to keep a record of all proceedings of the Association and of the Executive Board and to preserve the same in the Association record which shall be accessible to all members of the Association; (2) she shall conduct all the regular correspondence pertaining to the Association; (3) she shall notify all persons of their election to membership. All applications for membership and awards shall be made to her, and she shall order and take charge of all emblems and awards; (4) she shall keep a permanent record of the names of all persons winning points; (5) she shall meet with the head of each sport before the end of the administration of that head of sport and shall verify all points made in that sport.

Sec. 6. (1) It shall be the duty of the treasurer to take charge of the funds of the Association, and to record her report in the record; (2) she shall pay out money, belonging to the Association only on the written order of the president of the Association, and her accounts shall be audited by someone not a member of the Association and chosen by the Executive Board; (3) it shall be her duty to post notices of all Association meetings in ample time in advance; (4) she shall keep a permanent record of all points made by any individual whatsoever whether she be a member of the Association or not.

Executive Board.

Sec. 7. It shall be the duty of the Executive Board to make appropriations for running expenses, to appoint all committees, to authorize new sports, to decide upon the eligibility of those applying for membership according to Article II, Secs. 1 and 2, and to make recommendations and suggestions regarding all affairs pertaining to the interest of the Association and to perform other duties such as are provided for by the constitution.

Advisory Board.

Sec. 8. It shall be the duty of the Advisory Board to have supervision of all affairs pertaining to the interests of the Association.

Election of Officers.

Sec. 9. Only active members who have won the Association pin shall be eligible to office in the Association.

Sec. 10. No member shall hold more than one once in the Association at the same time. No member is eligible for office whose record for the preceding semester is not free from conditions and The state of the s

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Sec. 11. Nominations for president, secretary, and treasurer shall be made at the second meeting in February. There shall be at least three nominees for each office, two of which shall have been recommended by the Executive Board. The names of the nominees shall lie on the table until the first meeting of March, when they shall be voted upon, in turn, by ballot. In case of a tie the decision between X the two nominees shall be made by vote. Of the candidates running for president, that person receiving the second highest number of votes shall be vice-president of the Association.

Sec. 12. Heads of sports shall be nominated and voted upon at the X

second meeting of March, and shall hold office for one year.

Sec. 13. The installation of the president, vice-president, secretary, and treasurer, together with the heads of sports shall occur at X the second meeting of March. The officers and the heads of sports shall enter upon the duties of their respective offices at this time. The Head of Graduate Athletics shall be nominated and voted on by the Association, and shall enter upon the duties of her office at the first regular meeting of the Association in October. Her term of office shall be for one school year, and if she has not been an Association member, she shall become an honorary member upon election.

Sec. 14. A plurality of votes cast shall elect all officers of the As-

sociation.

Vacancy.

Sec. 15. In case of a vacancy occurring in any office, an election to fill such vacancy shall be held at the meeting in which it is made known, and the officer elected shall at once assume the duties of her office.

Honors.

Sec. 1. Every member of a class team shall be awarded her class numerals and the initial letter of the sport in which they were won. Sec. 2. The following honors shall be awarded by the Association in accordance with the point system as stated in By-Law VIII.

OUT CHOOKED IN THE THE		*		765	-											
Pin																300
Small Emblem	-		 -								1		*			600
Large Emblem																800

Final Entry th.

1. This clause concerning the selection of the wearers of the Final Emblem is to be read to the Association at the second meeting in the fall:

Final Athletic Emblem.

1. All senior "W" women are eligible.

- 2. Athletic accomplishment is to be the essential criterion. In addition, the following points are to be considered as aids in selection:
 - (1) Spirit.
 - (2) Service.

(3) Scholarship.

3. The selections are to be posted on the Wednesday following the first Tuesday in May, in Main Hall, in a manner similar to the customary announcements of the Mortar Board election; and are to be read at the following meeting of the Athletic Association.

4. The Final Emblem Committee, which shall be announced at the

first meeting of March, shall consist of six members:

(1) The Head of the Department of Physical Education.

(2) Another faculty member of the same department.

(3) An all-university representative senior woman (if the best fitted senior woman happens to be an Association member, this shall not bar her from receiving the appoint ment to the committee).

(4) An Association Junior.

(5) Two Association Seniors.

5. The committee for choosing the Final Emblem Committee shall be selected as follows: The president of the Association shall appoint a nominating committee of three who shall prepare a list of nominees for the Final Emblem committee. This list shall consist of: four Association Seniors; three Association Junits; tw. all-University 0/0/2-c. Seniors. This list shall be submitted in the form of a ballot to the Association at a meeting, the time of which shall be decided upon by the Association.

Meetings.

Sec. 1. There shall be a regular meeting of the Women's Athletic Association at 7:15 p. m. on the second and fourth Tuesdays of every month, unless otherwise voted by the Association.

Sec. 2. A meeting of this Association may be called at any time by the president, and must also be called by the president upon receipt of a written request signed by fifteen members of the Association.

Sec. 3. One-fifth of the members of the Association shall constitute a quorum for any meeting except in cases otherwise provided for by the Constitution.

Sec. 4. There shall be a regular weekly meeting of the Executive Board.

ARTICLE VI

Dues.

Sec. 1. Annual dues of one dollar shall be paid by each member of

the Association.

Sec. 2. Annual dues shall be paid before the first regular meeting in November, of the Association, and a fine of twenty-five cents shall be imposed upon each delinquent for each regular meeting following until the dues are paid. If such dues, including fines, are not paid before the regular meeting of the Association on the second Tuesday to February, the delinquent shall be dropped from the roll of the Association.

Sec. 3. New members of the Association shall pay their dues at the time of their initiation.

ARTICLE VII.

Amendments.

Sec. 1. This Constitution may be amended by a two-thirds vote of the membership of the Association. The proposed amendments shall be posted at least one week before action is taken on them.

ARTICLE VIII.

Enacting Clause.

Sec. 1. This Constitution shall take effect and be in force from and after March 1, 1913.

BY-LAWS

W.

Rules of Order.

- All questions of order shall be decided by Roberts Rules of Order.

II.

Installation of Officers.

Each officer, before entering upon the duties of her office, shall be required to take the following oath of office, administered by the president of the Association: "I do hereby solemnly promise before these witnesses to execute faithfully the requirements of this Constitution, to uphold and maintain the dignity of the office to which I have been elected, and to perform faithfully all duties that devolve upon such an office, to the best of my ability."

III.

Initiation of Members.

The members-elect shall be presented to the president who shall put to each the following question: "Have you read the Constitution and By-Laws of this Association?" If an affirmative answer is given, the president shall then require the candidate to make the following affirmation: "I do solemnly promise to take an active part in women's athletics in the University of Wisconsin, to abide by the Constitution and By-laws of the Women's Athletic Association, and to do all in my power to promote its best interests".

Awarding of Honors.

All honors of the Association shall be awarded by the president.

The Regulation of Sports.

Sec. 1. Each sport shall be governed by its own rules and regulations and by such inter-sport legislation as shall be enacted by the Executive and Advisory Boards.

Sec. 2. Judgment in awarding positions on class teams shall be

based on official record as follows;

- (1) Health.
- (2) Scholarship.
- (3) Spirit.

Sec. 3. The rules and regulations for Heads of Sports. See Appen

dix p. 1.



Sec. 4. The rules and regulations for Managers of Teams. See Appendix p. 2.

Sec. 5. The rules and regulations for Captains of Teams. See Ap-

Sec. 6. The training rules. See Appendix p. 3.

VI.

Scholastic Eligibility for Winning Points.

No woman shall be able to win any points soever, or be a member of a squad or team unless she has a weighted average of not less than 77 for the preceding semester (mid-semester marks shall not be considered except in the case of first semester (in the university) students, and those who have incurred some disciplinary penalty); and X unless she has no unsatisfied failure, condition, incomplete, probation, or disciplinary penalty incurred either during the academic year or the summer session. Association points gained by means of Perfect Records in Physical Education the first and second years; third year in Physical Education for Association credit; fourth year in Physical Education for Association credit; and walks, equivalent to 40 miles per semester are the only exceptions to the above scholastic ruling.

Membership.

Sec. 1. A total of 125 points is necessary for membership in the Association.

Sec. 2. Faithful tryout for any point-giving activity each semester is necessary for retention of membership in the Association.

Sec. 3. Names of all those forfeiting membership shall be reported to the Association by the secretary.

VIII.

Point System,

den t Dainte shall be amounted according to the sall		
Sec. 1. Points shall be awarded according to the following	lowing	point
list		
A. Teams.	100	*
	100	
	100	
	100	
	100	
	100	
Swimming	100	
Archery	100	
Rowing	100	a mari
Field and Track	100	
Sub teams	25	,
Squad Leadership	25	1
For additional year on team:		20 1
Soph	50	
Junior	75	
Senior	75.	
	-india	State Line
B. Honors.		
*Dancing	50	
#Swimming	. 50	1
H/L.C. Apparatus (Four events out of Eight)	50	
*Archery	50	
*Tennis	50	
C. Other Points.	4 %	
	. 3	201
*Third year in Physical education for Athletic Association credit		=
First semester	25	
Second semester	25	
*Fourth year in Physical Education for	20	
Athletic Association credit		
First semester	35	
Second semester	40	
Perfect Record in Physical Education, first year	50	
Perfect Record in Physical Education, second		
year	50	
Walks equivalent to 40 miles per semester ac-		
cording to rules	25	

Sec. 2. No person shall be allowed to make more than one team each season. Within three weeks after the beginning of each new season all persons must have decided for what teams they are trying out.

Sec. 3. Such sports as the Department of Physical Education and W. A. A. may agree upon shall be added to this list and shall receive points and be treated in all respects on a similar basis as the sports here listed.

IX.

These By-laws may be amended by a one-fourth vote of the Association.

^{*} To be developed under departmental regulation.

THE 1918 EDITION OF THE W. A. A. CONSTITUTION.

including

RULES AND REGULATIONS FOR HEADS OF SPORTS. RULES FOR MANAGERS AND CAPTAINS OF TEAMS, TRAINING RULES, MISCELLANEOUS REGULATIONS

and

THE OUTING CLUB SECTION.

RULES AND REGULATIONS FOR HEADS OF SPORTS.

(See By-Law V, Section 3.)

Duties of the Heads of Sports.

I. Cooperation with the coach in:

A. Choosing class and varsity teams and squads.

B. Coaching various teams for the purpose of obtaining a personal knowledge of the ability of the team members.

C. Picking assistant coaches who shall be proficient in that sport.

D. Recommending good candidates for managers for the various teams and meeting with those managers at least once a week during the season of that sport.

E. Performing the executive duties (the managers and appointed

coaches assuming the duties assigned).

F. Planning the schedule of games for the season.

II. Personal duties are to:

A. Exert personal influence in arousing and stimulating keen interest in her sportfencouraging especially those who are uninterested.

B. Require through her managers strict adherence to the training

To be vitally interested in her sport and have full technical knowledge of it.

D. Propagate an ideal of good sportsmanship and fair play, and love for the game as such.

III. Her duties to .W. A. A. shall be:

A. To accept the position with full realization of these duties, which this position involves.

B. To attend regularly all board meetings, and to present to mem-

bers all plans, suggestions, and business pertaining to her sport.

C. To cooperate with other members of the Board in working for

the best interests of the Association. D. To record and file the scores of all games and the names of the members of the squads and teams of all classes for the season in the W. A. A. sport book, which shall be maintained by the Association and kept in the office of the Department of Physical Education.

E. To present at the end of her season an informal report of all activities in her sport including therein anything which she desires (description of unique plans, schemes, pictures, etc.) and which she considers to be of value to succeeding heads of her sport. This informal report shall be maintained in a separate book for each head, and shall be placed in the office at the end of the season of her sport where it shall be considered W. A. A. property until the next season when it shall be handed over to the new head.

F. To hold a conference with the secretary of the Association within two weeks after the activities of her sport have ended, to ascertain if the secretary's lists of teams, squads, etc. are correct.







Duties of the Manager of a Team. (By-Law V. Sec. 4) She shall keep a record of attendance at all practices and games, 2. She shall notify all members of her squad of all extra practices and games. 3. She shall suggest names for the team upon the request of the Captain, Head of Sport, or Coach. 4. She shall see that all necessary equipment such as balls, hockeysticks, blankets, etc. is on hand for all match games; and she shall be responsible for providing a uniform costume for her team. 5. She shall be a member of the committee in charge of the spread held at the end of the season. 6. She shall cooperate with the Head of the Sport and the Coach in: a. Securing officials for all match games. b. Securing a picture of her team for the informal report of the Head of the Sport. c. Arousing interest, and advertising games of which sport she is a manager. Duties of the Captain of the Team. (By-Law V, Sec. 5) 1. She shall inspire her team, and encourage them to clean play and good sportsmanship. 2. She shall determine the lineup of her teams in all games. 3. She shall assist the coach and the head of the sport in: a. Coaching the team at all practices and games. b. Helping select the team where possible, and where requested by the fead of the sport or the foach.

The Training Rules. (By-Law V. Sec. 6)

The following are the training rules which have been adopted by the Athletic Association. They are uniform for all sports.

These rules are to be observed rigidly. The Association will consider a girl who does not keep training unworthy of a place on a squad or a team.

I. Eight consecutive hours of sleep every night, starting not later than eleven o'clock each night. The eleven o'clock provision may be waived on one week-end evening each week.

II. Only one (social) dance each week, unless special dispensation is granted.

III. Only one cup of tea or coffee a day is allowed.

IV. There shall be no eating between meals, except of the food on the following list:

Fruit, milk, soup, graham and white crackers, bread and butter. plain ice-cream and ices, malted milk.

V. Three regular meals per day, except on Saturday and Sunday, when sleep may be substituted for breakfast.

All reports must be made to, and decisions made by, the head of the sport and the coach.

The Perfect Record Rule.

(All freshmen and sophomores who are trying out for perfect record credit of fifty points in W. A. A., must observe these rules, as well as those of the Department of Physical Education.)

1. Twelve doctors' excuses for illness are allowed per year. cuses may come in any total for each semester, just so that the whole number of excuses for illness for the entire year does not exceed twelve). An excuse for illness comes from the following sources: (1) from the medical department of the University (i. e. the Clinic); (2) or from the Department of Physical Education for Women, issued either by Miss Trilling or by Miss Lippitt.

2. For each day of absence through illness from a gymnasium class, one doctor's excuse is counted against a person's attendance red. X ord. Therefore, no person can be eligible for perfect record points who has been absent through illness more than twelve days on which she has had a gym. class.

3. There can be absolutely no unexplained or unexcused cuts.

4. The extra days required each month by some individuals shall not be counted as unexplained or unexcused cuts, or as cuts of any kind.

5. Make-up slips must be secured in advance for cuts that seem a

necessity. Excuse must be very good.

The Squad Leadership Plan.

1. Requirements.

A. Eligibility-Any Freshman or Sophomore.

- B. Ability-Must be a good leader, and be efficient in the work.
- C. Extra Work—(1) One or two meetings for first two weeks of winter term for theory work (¾ fiour); (2)
 One period a week of extra apparatus practice.

2. Try Outs.

A. Time-Thanksgiving week.

B. Must give a practical demonstration during their classes; must be examined on intelligence of theory.

C. Judges or Squad-leader Committee.

- 1. Two faculty members, one Ass'n Senior, one Junior, and one Physical Education Sophomore.
- 2. Chairman shall be elected from one of last three.
- Committee to hold office during entire term, and shall consider it its duty to supervise squadleaders.
- 3. Number of leaders chosen.
 - A. The number is left to judgment of the instructors as to conditions in their classes.

4. W. A. A. Points.

A. Twenty-five points shall be awarded to Sophomores; Freshmen shall receive no points.

Rules and Regulations for Junior-Senior Gymnasium for W. A. A. Credit.

Regulation Amount of Work

Fall and Spring—Any one sport (The number of hours per week to be set by the Department)

Winter Season—Any one sport and Junior-Senior gymnasium work. Or any one sport and Dancing. (choice)

Attendance:

Members of the Department of Physical Education to keep the attendance (for the present at least)

All regular departmental rules governing Freshmen and Sophomores govern those taking Junior-Senior Gymnasium for W. A. A. credit.

XO Registration

1. Those wishing to take this work must sign up at the beginning of each semester for the ensuing semester's work.

2. Time limit is to be the same for registration as for Freshmen and Sophomores.

3. Method-

a. See W. A. A. bulletin board for special instructions.

b. Schedule cards to be made out and denoted in some special way (to be determined later) that the maker-out is taking Jr.-Sr. Gym. for W. A. A. credit.

c. These cards are to be kepf in a separate filing case by the Department.

Miscellaneous:

 The Vice President of the W. A. A. shall hand in a complete list at the beginning of each semester of the people taking this gym. work for W. A. A. credit.

2. The Vice-President's final list at the close of registration is the authoritative one so far as the department is con-

3. All appeals shall be handled by the Vice-President.

1. Hikes can be taken for a known distance of either five or ten miles.

Only one ten-mile or two five-mile hikes can be taken in one Not more than twenty miles can be hiked in any seven consecutive days.

3. Forty miles, the equivalent of four ten-mile or eight five-mile hikes, must be hiked in a semester in accordance with the hiking rules. in order to win Athletic Association credit.

4. Credit of twenty-five points in the Athletic Association shall be awarded for hiking forty miles in one semester in accordance with the rules. Credit will not be given for more than forty miles or for less each semester.

5. Hikes must be made within a reasonable length of time; no picnics or long delays are permissible.

6. No men are allowed on these hikes.

7. At least one Athletic Association girl must be a member of each hiking group. The leader of each hike must be an Athletic Association girl.

8. Hikes may be taken from the first day of school of each semester to the last day of examinations each semester, with the exception of the Christmas holidays.

9. A report of each hike shall be made out by the leader of the hike and be deposited in the Athletic Association box in Lathrop Hall within forty-eight hours after said hike.

10. The report must contain the following data

a. Date of report; date of hike.

b. Specification of length of hike; of place to which hike

c. Time of day when hike was begun; time when hike ended; total time; time out for rest.

d. Names of the members of the hiking party.

Report must be made out and signed by the leader.

A non-Association girl may obtain permission to lead a hike when it is impossible for an Association girl to go. These occasions are rare, and the girl applying for such permission must be familiar with hiking and hiking procedure. Such permission shall be granted by the following persons only:

The recorder of the hikes.

The President of the Outing Club.

The Vice-President of the Athletic Association. The President of the Athletic Association.

The Outing Club.

The Outing Club was organized in the spring of 1917 for the purpose of promoting the outdoor activities of the women of the university. It had long been felt that some impetus should be given to the natural interest in skating, boating, and other sports of this character/so the organization was formed to meet this need. It has met with a surprisingly large response. Already the members number one hundred and fifty-five (December, 1917).

This year it was decided to award an Outing Club pin for activities in the various sports, and the rules governing the award of the pin

are as follows:

Qualifications for Pin.

I. The honor of wearing an Outing Club pin shall be awarded upon completion of 25 hours' work, subject to the following qualifications:

1. 25 hours may not be won in less than 3 types of sport.

2. Not more than 3 hours may be won in one day.

3. No sport shall be taken for credit in less than one-half hour periods and these shall only be reported upon the completion of one hour.

4. The pin may not be won in less than one semester. 5. Credit shall be given for a maximum of ten hours of activity during Christ vacations.

Persons having missed more than 30 per cent of the meetings during a semester are not eligible for a pin. III. Hours may be counted in the following activities: 1. Skating. 2. Horse-back riding. 3. Bicycling. 4. Roller-skating. 5. Boating. 6. Skiing. 7. Coasting. 8. Chairmanship of any sport shall count for 3 hours. 9. The Secretary of the Association shall be awarded 3 10. Any girl acting as chairman of an Outing Club picnic, preparing the food and caring for the financial end of it, shall receive credit for one hour. 11. Hiking shall be given credit subject to the following rules: 1. Each 25 mile hike or longer shall count for 3 hours, provided that, (1) No more than 7 hours, per 25 miles, actual walking time be taken. (2) No more than 3 hours be taken for resting. By special arrangement, the practical management of the W. A. A. hikes has been transferred to the Outing Club chairman of Hikes. The meetings of the Outing Club shall take place the second Thursa day in each month at 12:40 p. m. in the Concert Room,

Summary of and opportunities for University Women. See what you can do. Then do what you can.

"What we are asked to do is not only to give but to save" and to lend. . . And why should we do all this? To show that the woman powerr of this university is back of democracy."

- Mrs. Mathews at S.G.A. Rally. October 18.17

I. The Red Cross: 2 to 5 P.M. every week day except Saturday-S.G.A. Room, Lathrop Hall:

Helen Bull, chairman; telephone 2335

1. Surgical Dressings- Ruth Noer- telephone 2335

2. Sewing- Elizabeth Wilson- telephone 1488; 6988

Work does not require previous experience. The American Red Cross has promised three times the number of dressings so far sent per month. So much more help is needed.

II. Emergency War Work. Helen B. Smith, ch'rm'n, telephone 4902.

- 1. Girls needed to cut attractive material from magazines for Joke Books, etc. City Library, LO to 12 A. M. every Saturday. 3 ee the representative from your house on the War Emergency Committee, or call Helen B. Smith, telephone 4902 for the following service:

2. Making of Hospital Books. Sign up on Y.W.C.A. bulletin board.
3. Making of Joke Books.

4. Collection of Cardinals for War Camps.

" pennants; etc. for War Camps.

" magazines for War Camps. Bring to Y.W.C.A. or

.G.A. office or notify office, tel. 4902.

7. Give names and addresses of all former University students ow in war service.

8. French War Orphan Fund - Deposit 10¢ per month in box in your buse or in Y.W.C.A. office. University women can support 30 ornanss this syear if all give amount asked for.

9. 50 French newspapers printed in the trenches on sale in .W.C... effice at fifteen cents per copy. Benefit of Orphan Fund. II. Regulation of Student Activities. Helen Davis, ch'rm'n,

elepiona 155. . 1. Sign Student's Food Saving Pledge- thru S.G.A. Representative

r S.G.L. office.

22. Avoid extravagance in amusement, dress, and all other exmenditures.

Suggestions for war work among the women students of this University are welcome; hand in at the S.G.A. office

This sheet is issued

The Women Student's War Work Council of the University.

Co-eds Organize To Take Hand In War Relief Work

Ingrid Nelson Will Preside at Mass Meeting Thursday Night

"Joan of Arc, let your spirit guide us through!"

The immortal Joan of Arc will be the patron saint of a patriotic rally of all university women to be held Thursday night in the gymnasium of Lathrop hall under the direction of the Women Student's War Work council.

Wisconsin is the first university in the country in which the women have organized for patriotic service during the war and the reconstruction period

to follow.
"This is by far the most important council for a specialized purpose ever organized among the women here, and if the existing conditions in the country fast for any length of time, it bids fair to become a regular organization," said Ingrid Nelson of New Brunswick, N. J., who as president of the Self-Government association helped plan the council and is a member ex-offi-

Club Women Invited

Delegates to the State Federation of Woman's Clubs who will be in Madison this week have been invited to attend the university mass meeting, as well as women of the University league. Seats will be reserved for them, and university students will sit by classes.

America, Varsity, and The Star Spangled Banner will be sung in addition to Joan of Arc, the French trench seng. Mrs. Lois K. Matthews, dean of Comen, will speak on the Liberty Loan, and Prof. Abby L. Marlatt, head of the Some economics department, will address the meeting on conservation. Miss Helen Dunn, executive secretary of the University Y. W. C. A., will explain work in war camps. She spent most of the summer in Y. W. C. A. work at Fort Snelling, Minn. Miss Alice Van Hise who is chair-

man of the war 'council committee which deals with the county council of defense, will explain the work and the opportunity given to university girls to co-operate with the Dane county council of defense, of which Mrs. Joseph Jastrow is chairman for the wo-men. Miss Van Hise's committee, which will endeavor to sell a Liberty Bond to each campus organization, is composed of the Misses Anna Ely, Eleanor Stanchfield, Alice King, Imogene Burch, Margaret Lathrop, and

Discuss Outside Activities

What the war will do to outside activities will be discussed by Miss Helen Davis of Delavan who is head of the war council committee on regulation of activities. Her committee is composed of Misses Elsie Howell, Helen Snyder, Elizbeth Pratt, Helen Marie Neilson and Joanna Hayes.

The fact that university girls can carry on the work of Americanization will be explained by Miss Helen B. Smith of Madison, who is head of the social service work of the war council. She will explain her plans for enlarging the Little Sister movement and the writing of campus letters to be sent to soldiers at war camps thruout the country. Her committee is composed of Misses Gladys Sapp. cl Esther Werden, Florence Whitheck m

Ingrid Nelson, president of S. G. A. who will preside at the patriotic rally Thursday night. Photo by De Longe.

Margaret Reinking, Mildred Frazier, Claire White and Louise Emerson.

Plan Active Service

Altho the university girls may not be Florence Nightingales or Clara Bartons, they may do active Red Cross service while going to school, according to Miss Helen P. Bull of Oak Park, Ill., who is chairman of the war council and also head of the Red Cross division. She will announce at the mass meeting that the S. G. A. room in Lathrop hall will be open for Red !

W. A. A. GIVES POINTS TO UPPERCLASSMEN IN GYM

Juniors and Seniors Eligible If They Register Between Feb. 27 and March 2

Registration for Junior and Senior gymnasium to be taken for W. A. A. credit will be held from February 27 to March 2, inclusive, and actual work

will begin Monday, March 4.

All junior and senior women can register for gymnasium with W. A. A. credit, only with the committee in charge. Majors and minors in physical education are required to register both with the department and with the W. A. A. committee.

Four hours of gymnasium each week will be required. Those registered will be allowed to take one sport and floor work or one sport and dancing. These rules will be in force during the remainder of the winter season.

Points in W. A. A. will be awarded

as follows:

Junior gym, first semester, 25 points; junior gym, second semester, 25 points; senior gym, first semester, 35 point; senior gym second semester, 40 points.

Registration for junior and senior gymnasium for W. A. A. credit will be held in the office of the department of physical education on the fourth floor

of Lathrop hall.

The W. A. A. committee in charge of the registration is composed of Elizabeth Kundert, chairman; Alma Luesson, Elvira Osalund, Marjorie Scudder, Katherine Boll, Phyllis Hamilton and Elsie Howell.

OUTING CLUB SELECTS PIN FOR POINT WINNERS

The pin which will be awarded to members of the Outing club who have secured twenty-five points was chosen at a special meeting of the club held yesterday noon in Lathrop.

Velma Reid, chairman of the pin committee, displayed a large number of designs, but the members of the club unanimously selected an odd and clever Roman gold figure. A triangular shaped O is linked with a C of the same proportions. The Outing club pin will be something entirely different from other pins worn about the

campus.

Many of the members of the club have almost completed the required work for the pin. The twenty-five points must be secured in three different sports and not more than three hours of work can be taken in one day. Any member of the Outing club who wishes to see the pin may do so by calling at Velma Reid's room in Barnard.

The next regular meeting of the club will be held the second Thursday

in March.

ALL-UNIVERSITY ICE CARNIVAL MARCH 2

The Wisconsin Ice carnival will be held on March 2. Speed and fancy skating, skiing, relay racing, and broad jumping for both men and women students, will be the principal events of the affair.

The custom of having an annual ice carnival was inaugurated last year. The feature of last year's program was a varsity hockey game with Northwestern, and efforts to secure a game here on the carnival day will

be made.

Arrangements for the carnival will be in the hands of Eber Simpsorchairman of the Athletic board, and Miss Elsie Howell, president of the Women's Athletic association. A committee of women has been chosen to encourage co-eds to practice for the meet. A list of the events will be posted on the skating building of the rink behind the gymnasium.

It is expected that interest in the ice carnival this year, on account of the temporary curtailment of most other forms of athletic activity, will be keener than usual. Combination skating by men and women students will be one of the features of the carnival

program.

W. A. A. CHANGES ITS CONSTITUTION

Book Contains Many New Amendments and Revisions of Articles

The new W. A. A. constitution has been published and is now ready to be distributed among the members. The printed form of the booklet has been changed and enlarged, and the constitution has been amended and revised. Numerous changes have been made in the articles of the constitution by rearrangement and additions to each section.

The revision of the constitution has taken almost a year, and was made necessary by the rapid growth of athletics among the women. The work was begun last March by a committee composed of Helen Barr, Katherine Whitney and Magdalen Cronin. During this school year definite plans have been made by the W. A. A. board and amendments were made at each meeting.

The cover design of the new booklet is the same as that of the old booklet issued in 1913. The book has been made larger and contains many new pages. The constitution occupies the first half of the book, and the remainder is devoted to rules and regulations for sports, managers and captains of teams and training rules. The first printed rules for hiking appear in this book.

The Outing club has a special section which names the qualifications for the pin, the regulations for activities, and the relation of the club to W. A. A.

The publishing of the new constitution was done under the supervision of Jean Patterson.

COMMUNICATION

Wisconsin has been proud of the attitude taken by her college women on all war issues.—active Red Cross work, food and fuel conservation, and the curtailment of lavish, unnecessary expenditures have been prominent features.

One of the most noticeable ways of curtailing expenses has been the postponement of conventions planned for this year. Fraternities have given up annual or biennial conventions.

The National Playground association has given up plans for their annual convention.

New the question has arisen whether the W. A. A convention scheduled to meet in Chicago during April is justifiable. Realizing that W. A. A.'s propaganda for physical fitness and athletic living is most splendid, and never more timely than during the present, we ask if such a convention, planned as it has been with unrestricted attendance, is the best method of attaining the desired ends.

One may say that the enthusiasm and interest generated depends largely on the number present. To be sure that is true, but should there not be a contrast of values? Is it right to encourage California or Washington to send one delegate when the car-fare of either one would alone support one French war orphan for two years? Is it right for twenty or thirty Wisconsin students to plan to attend, as they are at present when the money for their railroad fares alone would almost complete the sum Wisconsin must subscribe before she becomes a member of the American Union in Paris which will give to her graduates the rights and privileges other colleges have given to theirs?

We might partially justify such a convention were the results not obtainable in any other way. Why will not meetings called together with but one representative from each college, bear the same fruit? Never have college women been more responsive and a live representative is bound to meet with success upon her return. Moreover, why should not district meetings be scheduled, one for Wisconsin or one for the Central States in place of this coast to coast conference. The East already meets in such conventions, and it is W. A. A.'s plan to have such districts eventually aff over the country. Would not such small meetings with limited representation be a stepping stone to that system which W. A. A. plans? We presume nothing can replace the good fellowship and sheer

pleasure of such gatherings, but what a small pleasure to forego at a time when the entire world is in agony and strife. We believe that the serious consideration of these questions may lead to some definite action.

It is possible that Chicago feels she is in no position to suggest changes, since she is the hostess. Will Wisconsin's W. A. A. think about it, and

then take the forward step?

Ruth Stolte.

COMMUNICATION

Communication to yesterday's Cardinal, signed by Miss Ruth Stolte, criticises the position of the Women's Athletic association as regards a first nation-wide conference of college women's athletic associations, to be held April 12 and 13, at the University of Chicago.

Because she believes that the expenditure of money in this way could not be justified, Miss Stolte, apparently, urges the local association to use its influence either towards: (1) sending only one delegate from each college represented, with special reference to the Wisconsin association, which expects to have a delegation of twenty. five; or towards: (2) giving up this first nation-wide conference entirely.

To reply to the communication: It is urged that each school should send one delegate. Distant schools do not expect, at present, to send more than one delegate. In the case of the local Association it is a fact that practically every girl who will go is mak. ing personal sacrifices by foregoing new clothes, by earning extra money. and by cutting down on miscellaneous expenses. Moreover, sixty percent of the Wisconsin delegation either live in Chicago or have friends there; and in a considerable number of cases, the girls have given up other trips to Chicago in order to go to the conference.

Miss Stolte is not a member of the Women's Athletic Association, but she may know that last fall the Association seriously discussed the advisableness of holding the conference. The local Association and thirty other college associations all over the United States, approached on the subject, without exception, have agreed that the conferen is justified.

Why did they come to this unanimous conclusion?

The war is going to make greater and greater demands on the women of this country; and therefore the women must keep themselves physically fit to do what is asked of them. Through athletics the college women can not only prepare themselves physically, but they can help other women in their home communities to do so.

The ideal and the idea back of the conference means that the women's athletic associations of the colleges of America, through careful national organization, are going to try to make the army of the women of America, inside the college first, and later, outside the college, through the influence of college women, able to carry on their part of the war better than at present. The Women's Athletic Association

believes that it is justified in its position, with the facts as they are. Elsie M. Howell,

President of the Women's Athletic Association.

CONSTITUTION OF STUDENT COUNCIL OF DEFINSE.

The Students' Patriotic league of the University of wisconsin shall consist of all students who wish to aid in prosecuting the war to victory.

The purpose of the Students Patriotic league of the University of Wisconsin is to aid in the presecution of the war in every possible way, acting in co-operation with the National and State Councils of Defense and with the patriotic leagues of other universities and colleges.

The officers of the league shall be as follows: An honorary president, who shall be a member of the faculty; a president, who shall be a student; a vice-president, who shall be a student.

The governing body of the league shall be a Students' Council of Defense, consisting of twenty-five students.

The Students' Council of Defense shall be organized as follows:

The president of the league and the vice-president shall be additional members of the Council, and shall act as chairman and vice chairman.

The Council shall elect a secretary and treasurer.

It shall also elect three others of its own members who, with the president of the league, the vice president, the secretary, and the treasurer, shall constitute a managing committee, whose powers shall be such as are assigned to it by the Council of Defense.

The Council of Defense shall be authorized to fill vacancies arising in its membership.

The officers of the league and the members of the Council of Defense shall be elected at a massmeeting of all students who have signed or wish to sign the Wisconsin Loyalty Pledge, to be held in the gymnasium on December I2, at 7 p.m., 1917.

The manner of subsequent elections shall be determined by the Council of Defense, but the second election shall be held not later than June I, 1918, and shall be of such character as is approved by the Student Interests committee as giving a full opportunity to all members of the organization.

Present Committees of Students' Council of Defense. (I) Propaganda and Publicity; (2) Conservation; (3)

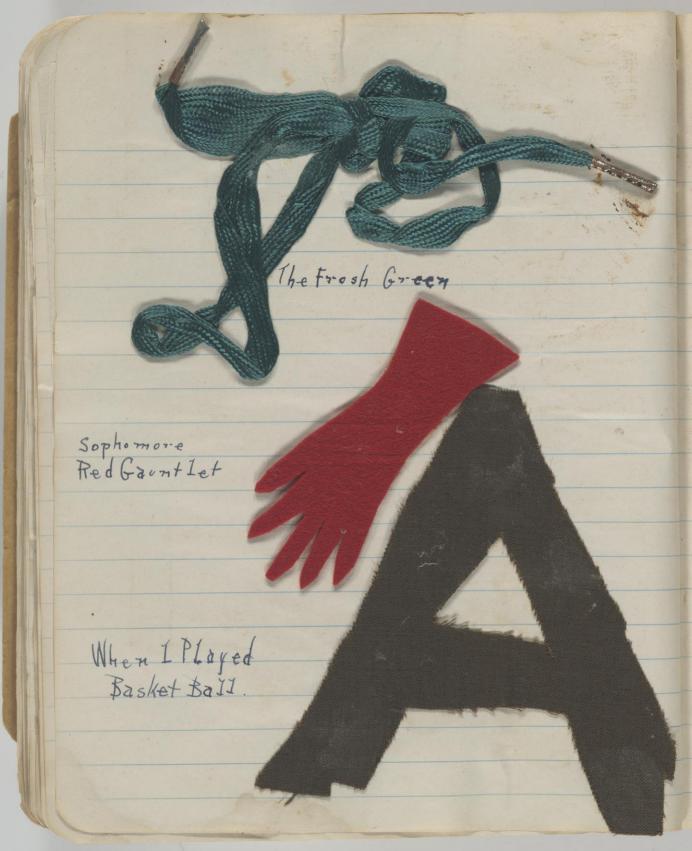
Red Cross: (4) Literature for Soldiers, and Allied Relief;

(5) Cooperation with Faculty and Other Colleges; (6) F Finances and Canvassing.

JUNIORS AND SENIORS -- Be Patriotic and Prepared. Take Physical Education and Get Credit in the Women's Athletic Association. To the Juniou and Senior Women of the University mof Wisconsin: Because of the greater demands which the war is making on the strength of the vomen of this country, the Department of Physical Education and the Women's Athletic Association wish to help every girl in the University to make herself physically more fit. Belle Fligelman, president of the Wisconsin S.G.A. in 1912, now secretary to Miss Jeannette Rankin, congresswoman from Montana, wrote that the biggest thing the college woman can do to help win the war is to get herself in the best possible physical condition now. Look Into This: RULES FOR TAKING JUNIOR -- SENIOR GYMNASIUM FOR W.A.A. CRIDIT. I.6 Regular work begins Monday, March fourth, (for Juniors and Seniors). How to register: a. All Juniors and Seniors can register only with the committee on Junior-Senior Gym. for W.A.A. credit. (Committee as stated below). Note: Majors and Minors in Physical Education must register with this committee as well as with the Department, if they wish W.A.A. credit. b. Registration hours are: I2 to I:30 p. m. from Wednesday, February 27, to Saturday, March 2, inclusive.

c. Register in the Physical Education Office, Lathrop Hall, fourth floor, with the member of Committee stationed there. d. All must register again before the Spring season opens. Ample notice will be given in advance of this time. 3. Amount of work: a. 4 hours per week for rest of winter season and 3 hours per week for spring season. 4. Kind of work: a. Winter season: any one sport and floor work, or any one sport and dancing. b. Spring season: any one sport. Attendance regulations: a. Same as the Department requires of Freshmen and Sophomore classes. (2 unexcused cuts and doctors' excuses for one-third semester). b. All must sign up for regular cuts and put them in W.A.A. cut card bex, on the book case in the Physical Education office. Note: Majors and Minors in the Department of Physical Education not included in this rule. 6. W.A.A. Credits: a. All Juniors and Seniors who take Junior-Senior Gymnasium for W.A.A. credit will receive points as follows: First Semester Junior Year ---- 25 points in W.A.A. 11 _____ 25 Second Seffior " ---- 35 " First manana 40 T T Second For any further information, inquire of the comwittes on Junior-Semior Gym. for W.A.A. Credit as fellows: Alma Prosson tel. 2914. Marjoria Scuider tel. 6230. Elvir. Ostland " 5448. KKatherine Bell " "171. Divir. Ostland " Bliz. both Mundert-Ch. irm. n of Committee. " 6769. Phyllis H. milton-Vice resident of W.A.A. " I400. Lisio Howell -- President of W.A.A.--070 5248.

Please Keep Posted during Entire Semester.



This is to certify that Alletic Association of the University of Misconsin, and is entitled to all the privileges thereof.

Methie E. Karcher

President

Pulsa Fosker avery

Birector of Physical Education Dept,

1916

This is to certify that Martha Healey is a member of the Moman's Athletic Association of the University of Misconsin, and is entitled to all the privileges thereof.

Ruth b. Slassow Brendent

Branchet Many Language & Misconsin, and Misconsin, and is entitled to all the privileges thereof.

This is to certify that Agree Burrie 1916 is a member of the Woman's Athletic Association of the University of Wisconsin, and is entitled to all the privileges thereof.

Elsie M. Howell Bresident

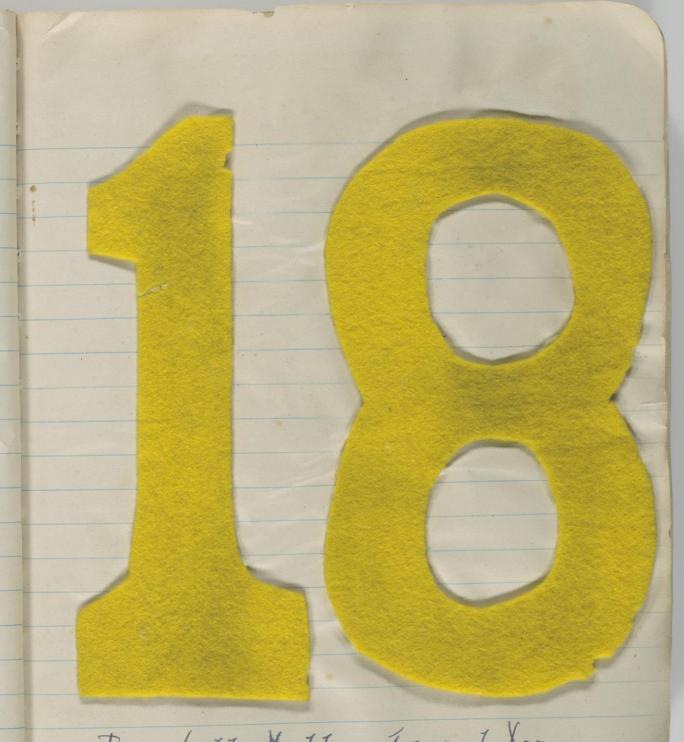
D. Caushe Mysical Education Bept.

Signatures of Presidents before
my Time as President.

THIS IS TO CERTIFY THAT February 27 1917 IS A MEMBER OF THE WOMAN'S ATHLETIC ASSO-CIATION OF THE UNIVERSITY OF WISCONSIN, AND IS ENTITLED TO ALL THE PRIVILEGES THEREOF. Elsie M. Hawell SECRETARY DIRECTOR OF PHYSICAL EDUCATION DEPT. POINTS WON IN 19 19 19 19 TOTALS

- And Heb's.

GRAND TOTAL



Baseball- Vellow Izssel Year-When we won the Championship and I "caosht" Ray Chadwick-

Fare Ball Learns Spring 1915 Servior, P. marrie E. Chapman S. dehler E. Dregu n. Karcher E. Stane S. Kelly D. mille gunror F. ackerman P. Dillman R. anspaugh I. Spierry R. Peterson B. Baker R. Glassow F. Palmer D. mitadden 4: Reed H. d'Shea m, wahl Sophamore. H Ban E. mygrand H. Bull I. mettalf m. Davis m. mitully m. Eastman J. Trutchinson &. Palmer E. Ramsay V. Simon Freshman:

When I broke into Athletics in earnest

Fase Ball Learns Spring 1915 Servior. R. marrie E. Chapman S. dehler E. Dregge n. Karcher E. Slane S. Kelly D. miller gunror F. ackerman R. Dillman R. anspaugh L. Spiering B. Baker R. Peterson R. Glassow F. Palmer D. mcFadden y: Reed H. d'Shea m, wahl Sophomores. H. Ban E, mugrant H. Bull I. meltalf m. Davis m. mehully m. Eastman J. holl J. Trutchinson &. Palmer E. Ramsay V. Surion Freshman: Rlingle R. Cooley g. Evans E. mueller m. Fraser L. nelson 2. Grell 4. Reid H. Smylid?) E. Howell n. Westgard E. Xendall

FIELD DAY

of

All University Women

CAMP RANDALL

Saturday Afternoon

June 2, 1917

2:30 o'clock

VELVET ICE CREAM

IT'S ALL CREAM

Kennedy Dairy Co.

618 UNIVERSITY AVE.

PHONE 778

LIKE YOUR FILMS

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TODAY'S EVENTS POST CARDS

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KODAK FINISHING

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PROGRAM OF EVENTS

- I. Championship Baseball Game—2:30 p. m.
- II. Interclass Track Meet—3:00 p. m.
- III. Archery Tournament—3:00 p. m.
- IV. Tennis Tournament—3:00 p. m.
- V. May Pole Dance—4:15 p. m.
- VI. Archery Pageant—6:30 p. m.
- VII. Plays and Games—4:30--5:45 p. m. Supper.
- VIII. "The Wooing of Thetis"-6:00 p. m.

"We Can Live Without Pictures But Not So Well."

-Ruskin.

McKILLOP ART COMPANY 527 State Street

ARCHERY PAGEANT

ROBIN HOOD AND HIS MEN

SYNOPSIS.

ACT I.

To Robin Hood, an outlaw, and his yeomen, returning to the Greenwood Tree after hunting comes a messenger from the Queen, bidding him shoot for her at the grand archery tourney given by the King. Robin, ever fond of an archery contest, decides to go, taking with him Will Scarlet and Little John, his trusty henchmen.

ACT II.

The three best archers of all the tourney are the king's own men. The queen makes a wager that she can produce three men better than his. The wager is accepted, and she sends a messenger to Robin and his two men, who, in disguise, have mingled with the crowd. The king agrees to pardon the men of any offense if they win this match, and, in addition, will bestow on them the prizes.

CAST	PrologueM. Morrison
HeraldLeona Dresen	Allan A'DaleA. Henzie
Robin HoodG. Kleven	Will ScarletJ. Nelson
Little JohnH. Masten	Friar TuckT. Nelson
Will StutelyM. Johnstone	MessengerR. Chadwick
ForresterL. McDonald	Queen ElinoreM. Sanford
King HenryI. Nelson	Pages_R. Stromme, J. Patterson
JesterJ. Post	

Courtiers and Villagers—M. Lathrop, A. Pieh, G. Botteler, C. Noyes.

King's Archers—H. Smith, D. Head, M. Reinking, K. Huber, M. Rusten, M. Frazier, M. Netherwood.

Coaches-Miss Brownell, M. Bollman.

Manager-G. Wise.

DANCING PAGEANT

"The Wooing of Thetis"

(A Part of the Mythological Story in Pantomime and Dancing)

SYNOPSIS.

Peleus, a mortal, is inspired by the gods to fall in love with Thetis as she dances on the sea shore with the Nereids, her older sisters. He frightens all away, save Thetis, and in trying to escape, she changes three times to the form of an animal, but Peleus catches her each time. Thus she is forced at last to yield, and as they go back through the woods, the tree nymphs and wood fawns come out to welcome them.

CAST		NEREIDS	NYMPHS AND	
Thetis	M. Fraser	I. Noll	FAWNS	
Peleus	E. Bond	L. Patterson	M. Schultz	
Leader of Fav	vnsB. Ochsner	M. Weiss	L. Winter	
Mrs. Hafner	J. Patterson	L. Clark	L. Everett	
R. Chadwick	C. Williams	E. Sawyer	M. Adams	
H. Gath	M. Hjermstad	C. Kejke	M. Emery	
J. Post	M. Goldmann	K. Mabis	D. Rietbrock	
M. Miller E. Schroeder	M. Lathrop M. Ahern	C. Pierce	R. Urban	
C. White	A. Donkle	E. Runge	E. Moore	
F. King	G. Hawthorne		W. Wallis	
Coach—Miss M. Stevenson				

THE KAMERA KRAFT SHOP

STATE AND FRANCES STREETS

Pianist-Miss Ayre

KODAKS, STATIONERY,
PICTURE FRAMING

TRACK OFFICIALS

Clerk of the Course	G. Fellows
Scorer	D. J. Patterson
Asst. Scorer	J. Post
Timers	M. Weiss, C. White, E. Schroeder
Judges_L. Winter, Chief, worth, J. Post, M.	E. Freim, H. Olesen, M. Weiss, J. Opgen-Thwaits.

Committees:

Managed by the Women's Athletic Association.

General Chairman—Emma Damkoehler.

Faculty Advisors—Miss Brown, Miss Forbes.

Publicity	Finance	Field Marshals
Florence King, Chr. Madeline Stanchfield Garnet Gleven Phyllis Hamilton Dorothy Gould	Mary Glover, Chr. Mary Heiskell Janet Reid Ethel Dummer Lucille Yates	Marie Hjermstad, Chr. Velma Reid Emma Corstvet Margaret Melaas
Games Winifred Bartholf, Chr. Julia Post Gertrude Wollaeger Estelle Sawyer Tennis	Archery Ruth Stromme, Chr. Faith Wilcox Gladys Wise Track	Baseball Ray Cooley, Chr. Eleanor Murphy Clara Kepke
Catherine Culver, Ch. Catherine Horner Helen Younker Louise Hammon	Lutie Nelson, Chr. Jean Patterson Katherine Lees Marjorie Scudder	Dancing Edith Bond, Chr. Margaret Fraser

TRACK MEET

Order of Events

I.	Preliminary Heats of	Dash.			
II.	a. High Jump. Record, 4' 41/2", M. Fowler, '19.				
	1	_ 2	3		
	b. Javelin Throw.				
	1	_ 2	3		
III.	Final heat of Dash.	Record, 6½ secon	ds, M. Clancy, '18.		
	1	_ 2	3		
IV.	a. Baseball Throw.				
	1	_ 2	3		
	b. Hop, Step and Jun	rp. Record, 27' 1'	", E. Newman, '14.		
	1	2	3		
v.	V. Broad Jump. Record 13' 1", M. Emery, '17.				
	1	2	3		
	b. Basketball Throw.		,		
	1	_ 2	3		
VI.	. a. Fence Vault. Record, 4' 103/4", M. Fowler, '19.				
	1	_ 2	3		
	b. Hurl Ball. Record	d, 63′ ½", M. Reite	er, '15.		
VII.	Relay Race.				

STUDENT DANCE AT BERNARD'S PARK

TONIGHT

Boats at Park Street Landing

FIELD DAY

OF

All University Women

FOR

EVERYBODY

Camp Randall

Saturday, June 2

2:30 O'CLOCK

Championship Baseball Game Track Meet Archery Pageant Dancing Pageant

ALL OUT!

Elsie Howell.



First Annual Banquet

Women's Athletic Association

Lathrop Hall Tune first, nineteen sixteen

One of the great Banquets.
of my College Life.

W. A. A. Song

TUNE-Old Heidelberg.

Here's to the spirit of W. A. A., Here's to the girls so grand, Here's to ideals we hold for them, Finest in all the land; Here's to the teams that play for us, Here's to the strength achieved, Here's to the fun and the honors won And power that we've received.

We give to thee our heart and hand In everlasting praise. In after years though far away, Our voice to thee we'll raise.

The games we've played,
The friends we've made,
We never can forget.
In our athletics we have found
The finest spirit yet.
In our athletics we have found
The finest spirit yet.

Initiation of New Members

"Eat, drink, and be merry."-By all.

Toasts

Toastmistress - - Gladys Palmer

Yesterday, Today, Tomorrow - - Miss Blanche Trilling

Convincing Conflabs Concerning:-

- Kate Whitney Swimming - Theodora Nelson Archery - Magdalen Cronin Hockey - Miriam O'Neil Bowling Basketball - Jessie Evans - Margaret Schulte Baseball Elizabeth Kelley Track - Charlotte Bodman Tennis

Awarding of Honors

Grand Finale

- Anita Pleuss

Officers

1916-17

PRESIDENT VICE PRESIDENT SECRETARY TREASURER Gladys Palmer Kate Whitney Elsie Howell Helen Boll

Athletic Board

Gladys Palmer Kate Whitney Elsie Howell Helen Boll Theodora Nelson Louise Patterson Helen Barr Mary Eastman Eleanor Mueller Magdalen Cronin Margaret Fraser Laura Hayward

Carrie Gurney

Final Emblem Wearers

1915-16

Ruth Glassow Charlotte Bodman Elizabeth Kelley Anita Pleuss

PRINT SHOP MENU

I. "Dive In

PROGRAM FOR THE W. A. A. SPREAD. June I-- 1917.

The W. A. A. Song. The Initiation of the new members. First Course.

Second Course.

announcements Awarding of Honors. Track:

TOASTS.

Elsie Howell.

Toastmistress

Running off the Field Day in the following events:-

Freshmen: The Dash.

Sophomores: Oh, Shoot.

Juniors: Home Run.

Seniors: The Broad Jump.

The Umpire's Decision:

Variety

The Final Score.

Miss Blanche M. Trilling.

Cornelia Cress.

Ruth Stromme.

Clara Kepke.

Myra Emery.

Auful Time first experience às Toast Mistressa

"Ready Serve"

I. "Dive In"

II. "The Meet"

III. "Near the Finish"

IV. "Just Desserts"

Toasts

Toastmistress-Capt. Howell

I. "Dash" - Cornelia Cress

II. "Oh Shoot" - Ruth Stromme

III. "Home Run" - Clara Kepke

Iv. "Broad Jump" - Myra Emery

V. "Final" - Umpire Trilling

The Same

OUTLINE OF COURSE IN PHYSICAL EDUJATION OF WISCONSIN

Liberal & Foundation Studies English	0 or 14 6 or 10 10 E 10 12 E E 3 7 3 3 or 10
Education Electives	E R 3 3 2)J(2) II 3
Physical Training Activities Personal Practice- Courses in4 yearsReq Technical Analysis and Adaptation General Rinesiology (Struct. Anal.) (56)II General Rinesiology (Struct. Anal.) (56)II Principles of Ex. for Functional Analysis) (See Phys. of Ex. for Functional Analysis) Principles of Adapt. (Teaching and Adapt) (67) II Methods of Teaching and Teaching Organization Methods of Teaching (Teaching & Adapt.) (67) I Special Technique, or Specail Methods	uired 2 2 4 to 8 1+
Examination and Therapeutic Gymnastro. I Hist of Phys. Ed	e) I 3E II 2E E

SUGGESTED ORTER OF COURSES FOR MAJORS IN THYSICAL EDUCATION

Note: Strong students can complete this course in four years by doing summer session work; many students vill need to take more time. Zo-ology, chemistry, anatomy and psychology must be completed before the work listed in the junior year.

PROTEIN	YEAR		
First Sem	Second Sem.		
English	English		
Chemistry (or Zoology)5 Anatomy3 Language(4) English(3) Physical Ed. 20 (Practice).0 Electives	YEAR Chemistry (or Zoology)5 Anatomy3 Language		
JUHIOR Y	MEAR TO THE REPORT OF THE REPO		
Physiology 114	Physiology 115		
SEHIOR Y	TEAR		
Physiol. of Ex. (Phys. 106, Phys. Ed. 107)	Phys. Diagnosis		
Electives in Phy	sical Education		
Playground Ma	the Injust I. 1.		
Prine of Organization and Administration.			
History of Ph	nysical Education II. 2.		
apec. recn.,	Spec. Org. & Methods (21-59)		

VI. GRADES.

Grades will be determined by:

- 1. Improvement in carriage.
- 2. Improvement in muscular control and skill.
- 3. Effort.
- 4. Record of attendance.

VII. SUITS.

The regulation gymnasium suit and shoes will be required for all class work. Failure to appear in the required costume (suit, black shoes and stockings and no corsets) will count as an unexcused absence.

VIII. SHOWERS.

It is strongly urged that all students take a shower after any work in the gymnasium.

IMPORTANT:

NO STUDENT MAY CHANGE HER COURSE AFTER THE FIRST TWO WEEKS OF THE SEMESTER WITHOUT CONSULTING THE DIRECTOR OF THE WOMEN'S GYMNASIUM.

all classes meet mon.

THE UNIVERSITY OF WISCONSIN

READ THE FOLLOWING RULES AND REGULATIONS CAREFULLY. E A C H STUDENT WILL BE HELD RESPONSIBLE FOR THE NOTICES HERE GIVEN. ANY NOTICE NOT PERFECTLY CLEAR WILL BE EXPLAINED UPON REQUEST BY ANY INSTRUCTOR IN THE DEPARTMENT.

I. REGISTRATION.

The college year is divided into 3-terms.

Autumn—Sept.-Nov.
 Winter—Nov.-April.

3. Spring—April-June.
At the beginning of each of these terms all freshmen and sophomore students must register in the gymnasium office for their work for the coming period.

II. PHYSICAL EXAMINATIONS.

A physical examination is required of each student on entering college and at the end of her first and second years. Appointments for these examinations must be made and kept otherwise the student receives a failure in Physical Education.

III. FEES.

1. All students taking required work must rent a locker. The fee is \$1.25 per semester. All clothing must be removed from locker at the end of the year.

2. A swimming fee of \$.50 a semester is charged for those who are not in reguar gymnasium work, but who use the real.

IV. ABSENCES.

- 1. Three unexcused absences in a semester, constitute a condition which must be made up the first semester of the Junior year.
- 2. Three tardinesses count as one unexcused absence.
- 3. If a student's absences in one semester, whether excused or unexcused, amount to one third of the work required, credit will not be given for that semester. Arrangements for making up this work must be made with the director.
- 4. Absences due to convocations other than "All University Convocations" must be reported to the instructor in charge at the next class period.
- 5. Single absences may not be made up without the instructor's permission which must be obtained before the absence.
- 6. In case a student has an occasional conflict between other University classes and her period in Physical Education, arrangements may be made with her instructor for another class period on that day.

V. EXCUSES.

- 1. All excuses for illness must be handed in at the gymnasium office within a week of the absence. These excuses may be procured from Dr. Johnson, Miss Trilling, or the Medical Department.
- 2. A student is excused from class work the first four days of her menstrual period. If more time is required, a doctor's excuse must be obtained. These absences must be registered in the gymnasium office on the first day of her return to class.

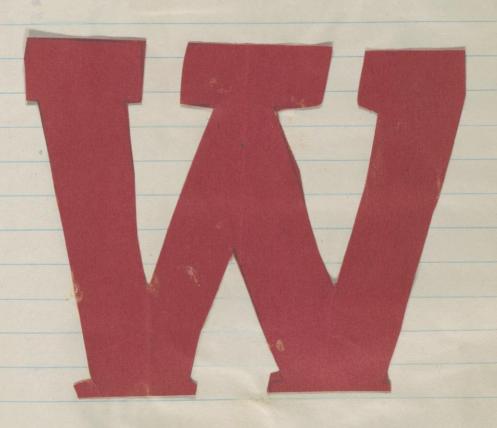
MI CHICAGO ILL FEB 120P 21-17

MISS ELSIE M HOWELL

YEGATH INTO MADISON WIS

MY HEARTIEST CONGRATULATIONS ELSIE YOUR OFFICERS ARE EXCELLENT

GLADYS PALMER



From Some Old WAA Banquet or Other.

DATED Ams Williams indruerseon ordebusch sawyer will we miss you shintrale movement! to adjour The gang + + + + When the Conference was at Chica go and I was home with an operation. Release Thursday January 4.

ALL-WESTERN ATHLETIC MEET

PROPOSED BY BADGER WOMEN

Madison, Wis., Jan. 4- The first convention of women's athletic associations in colleges and universities of the West is expected of be the result of a movement recently started by women students at the University of Wiscosnin.

A questionnaire has been sent out by Wisconsin women students to athletic associations of twenty-three colleges of the Middle lest and Far Vest, asking about the nature of the various organizations, the sports included, honors awarded, methods of financing associations, basis of membership, organization of departments of physical education, meets and tournaments, and the most difficult problem in each association.

When all the answers have been secured it is the hope of the Visconsin association to publish a digest to be distributed among the associations so that each may benefit by the work of the others.

The last question on the questionnaire concerns the holding of a convention of all western athletic associations for women. The answers that have been returned so far are affirmative and indicate that delegates will be sent. The convention will probably be held at the University of Wisconsin.

The institutions to which the questionnaire was sent include Leland Stanford Junior university, Mills college of California, the University of California, the University of Colorado, the University of Kansas, the University of Nebraska, the University of Missouri, the University of Illinois, State University of Iowa, Northwestern university, the University of Chicago, Rockford college, De Pauw university, Purdue university, the University of Indiana, the University of Minnesota, Milwaukee Downer college, Ohio State university, Oberlin college, the University of Texas, Washington university of St. Louis, and Cornell university.

Some of Bud's Publicity

JANUARY 10, 1917

PLAN ATHLETIC MEET OF UNIVERSITY WOMEN

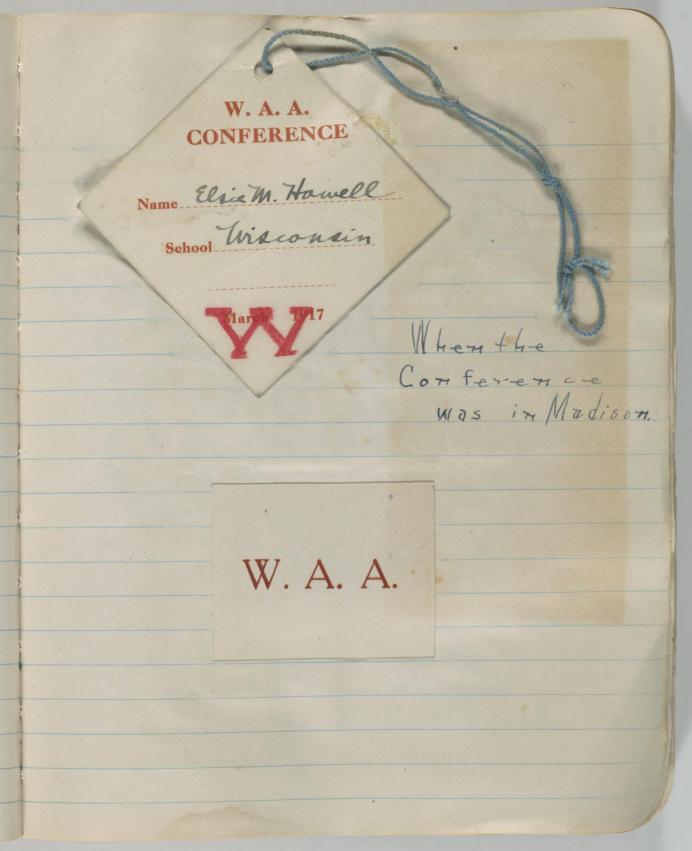
The first convention of women's athletic associations in colleges and universities of the West is expected to be the result of a movement recently started by women students at the University of Wisconsin.

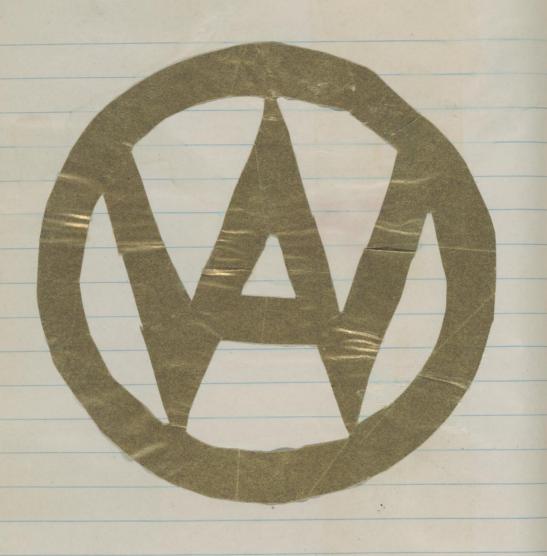
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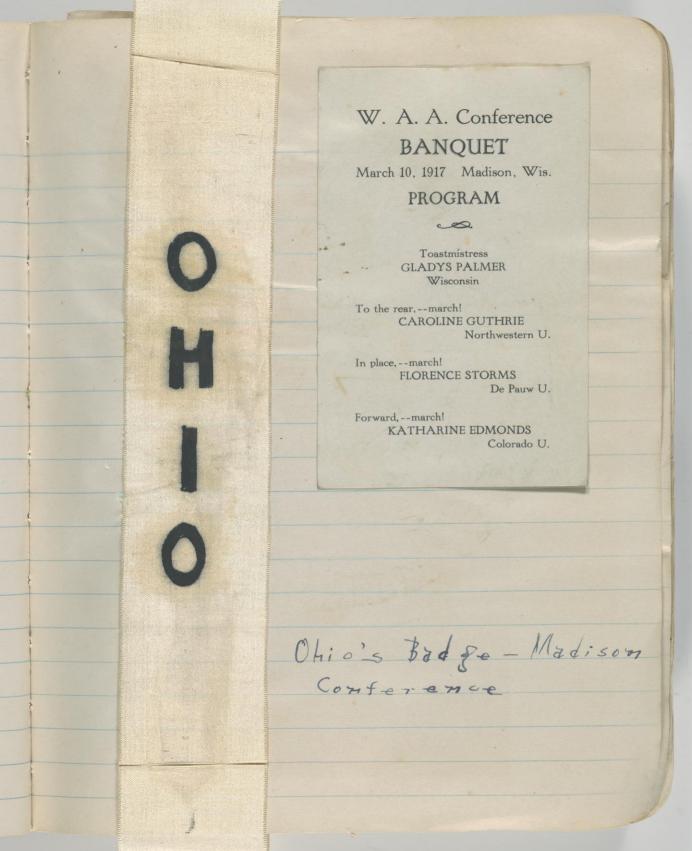
The institutions to which the questionnaire was sent include Stanford university, Mills college of California, Northwestern university, University of Chicago, Rockford college, De Pauw university, Purdue university, Milwaukee-Downer college, Oberlin college, Washington university of St. Louis, Cornell university, and the state universities of California, Colorado, Kansas, Nebraska, Missouri, Illinois, Iowa, Indiana, Michigan, Minnesota, Ohio, and Texas.

More of it



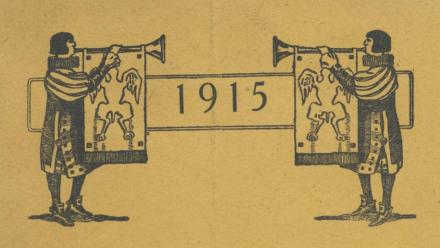


From Madison Conference Banquet- Ithink-



Safter the Conference farty Delta Lamma House
Dinner March !!, '917Heb margaret France
Prum
Frans Pat.
Frans Pat.
Mary Heighell
Mary Pat.
Mary

Chiengo 20 apr 13-1918 Moodhue De We are all kere songs and Deople at least fifty strong Michain faculty / skcipt mids Forbes Conference big Ducous must one inpegua twenty one our only regret is that you are not with us Hope you will sobs return to Madison Was consin Dillegation. When Conference Was of Chicago



MAY FETE

UNIVERSITY OF WISCONSIN

MAY DAY

CELEBRATED

by

THE WOMEN STUDENTS

of

THE UNIVERSITY OF WISCONSIN

May 21, 1915

AT HALF PAST FIVE

THE ORDER OF EVENTS

I. There will be a Procession. The order of the Procession will be as follows:

The Heralds

A Number of Children

The Queen's Attendants

The Queen of the May

A Group of Villagers

Robin Hood and his Companions, including

Robin Hood and Maid Marian

Will Scarlet and Little John

Friar Tuck and Jack-in-the Green

The Foresters

Another Group of Villagers

The Shepherdesses

The Chimney Sweeps

The Milkmaids

The Morris Dancers

The Procession will be accompanied by the Jesters and the Hobby-horses. After the Procession will march the Procession of the Seniors. There will be sung during the Procession:

HAIL, HAIL, SWEET MAY

Hail! hail, sweet May!
The Blossoms' Queen!
Glad welcomes wake the morn;
Hail, hail, sweet May,
Thy sister fay—
The month of flowers is born.
The meadows wear their tend'rest green,
All nature greets thee; hail! oh, Queen!

Hail! hail, bright May
In sunshine drest,
A-dancing o'er the lea,
The song-bird's note,
From chaunting throat,
Thrills homage, Queen, to thee.
Our voices add glad harmony
When music finds her theme in thee!

Hail! hail, glad May,
For hearts grow light
Where beauty holds her sway.
The air, the bird,
And earth are blythe
To greet our Queen of May.
Thy presence brightens fairest scene,
All nature gladly hails thee Queen!

II. The Queen of the May will be enthroned while there is sung:

LAVANDER'S BLUE

Lavender's blue, dilly, dilly, lavender's green, When I'm a King, dilly, dilly, you shall be Queen; Who told you so, dilly, dilly, who told you so? 'Twas mine own heart, dilly, dilly, that told me so!

Call up your men, dilly, dilly, set them to work, Some with a rake, dilly, dilly, some with a fork; Some to make hay, dilly, dilly, some to thresh corn, Whilst you and I, dilly, dilly, keep ourselves warm.

If it should hap, dilly, dilly, I hope it may chance, We shall be merry, dilly, dilly, and we shall both dance; Lavender's blue, dilly, dilly, lavender's green, When I'm a King, dilly, dilly, you shall be Queen.

- III. The Children will dance
 - (a) London Bridge
 - (b) Sellinger's Round
- IV. The Villagers will dance
 - (a) Hunsdon House
 - (b) Newcastle
- V. Robin Hood, Will Scarlet, Little John and 3 Foresters will paticipate in an archery Contest, after which the Queen will present a Bow to the Winner.

During the Presentation there will be sung:

A BALLAD OF ROBIN HOOD

Now Robin, he was an outlaw bold,
An outlaw bold was he!
He ranged with his men in the forest glades,
And dwelt in the greenwoods free.

CHORUS—For Robin, he was an outlaw bold, An outlaw bold was he!

His val-i-ant men, his comrades ten,
The green would gladly don;
Will Scarlet and Allan, and old Friar Tuck,
And honest, brave little John.

CHORUS—For Robin, he was an outlaw bold, An outlaw bold was he!

"Maid Marian fair, wilt be my queen?"
Thus Robin the King, quoth he!
With Friar at his side, he claimed his bride,
All under the greenwood tree.

CHORUS—For Robin, he was an outlaw bold, An outlaw bold was he!

He aided the weak and spoiled the strong, For sake of fair Ladye! And Robin he was the merriest King, That reigned in the greenwoods free!

CHORUS—For Robin, he was an outlaw bold, An outlaw bold was he!

- VI. Robin Hood and his Men will dance the Bow and Arrow Dance to celebrate the Victor.
- VII. The Morris Men will dance
 - (a) Sally Luker
 - (b) Off She Goes
- VIII. The Milkmaids will dance
- IX. The Villagers will dance again
 - (a) Confess
 - (b) The Old Mole
- X. The Shepherdesses will dance
- XI. Four groups of May-pole Dancers will dance on the Green:
 - (1) The Children
 - (2) The Shepherdesses and Foresters
 - (3) The Villagers
 - (4) The Milkmaids and Morris Dancers
 During this Dance there will be sung again, Hail,
 hail, Sweet May!

NOTE.—The music for the Milkmaids' dance and the Shepherdesses' dance is taken from the music arranged by Edward German for the Henry Irving production of *Henry VIII*. The music for the other dances is that arranged by Cecil Sharp, Mrs. Tuke, and F. W. Galpin.



CLASS BASEBALL TEAMS ARE PICKED

Games Will Start Next Week; Special Contest For Field Day

Baseball teams for the four classes have been chosen as follows:

Freshmen: P. Hamilton, C. Cress, W. Wagner, E. Candee, C. McLay, I. McLay, L. Weld, C. Skolas, Carlson, E. Gaik, D. Haessler, and L. Kremers.

Sophomore: W. Bartholf, K. Boll, Lohe, K. Maurer, M. Peterson, A. Porterfield, S. Sinaiko, H. Skinner, M. Hjermstad, F. King, V. Reid, and L. Saul.

Junior: A. Benson, R. Chadwick, R. Cooley, E. Dummer, M. Glover, E. Howell, C. Kepke, E. Murphy, D. Rietbrock, H. Single, A. Titus, C. Willaim.

Regular games will start Tuesday or Wednesday, and a complete serits will be played off by Field Day, June 2. On Field Day the champions will be challenged by the team next to championship and if the latter win, a third game will be played to decide the final championship.

May Fête-

TO MEMBERS OF SQUADS The following are the basket ball training rules: Members of squads are requested to abserve them strictly as they are written. 1. 8 consecutive hours of sleep every night. II. Only one dance a week. III No eating between meals. except, -- fruit, milk, soups, graham or white crackers, plain ice-cream and frozen ices. IV. No pie-crust; no hot breads: only one piece of aake at a meal. V. No tea, coffee or candy at any/time. The result of strictly kept training rules is to put girls into such physical condition that bey can get the most fun possible out of their sport, play the best class of basket ball, and come thru the unavoidable strain of the season in better health than they had when the season began. Any girl who had not sufficient self-control to observe training would, of course, not be the kind of a girl who could be kept on a squad; There are conceivable rare occasions on which a girl might thru necessity, or accident, break training. The reporting of every such instance is to be done on the honor system. If a squad member ever breaks training (as specified above) in any way, she shall report same by leaving a slip with her name, the date, and what was done, in a box, placed for the purpose in the gym. office. Training rules went into effect when the squads were announced, but since some girls did not see the notification, it will be considered that training formally begins when you receive this letter. Girls who are going to Prom. will sign up in the usual way. The "management" has perfect confidence in the conscientiousness you will show about reporting any breaking of We urge that girls get any extra sleep that they training. can, since added rest means added energy. Harriet O'Shea Head of Basket Ball

COLLEGE GIRLS ARRANGE PLANS FOR WAR WORK

Athletic Union Prepares to Utilize Services of Its Members.

BY GEORGE SHAFFER.

The athletic conference of American college women, which held its concluding sessions of the 1918 national meeting at Ida Noyes symmetric properties of the University of Chicago yesterday, decided that war work constituted the best scope for activities of the college organizations under its direction. Twenty-two colleges pledged to do war work according to some definite plan as soon as the co-ed undergraduate delegates return from the conference here to their respective schools.

Farming and war garden work, recreational work in cantonments for the soldiers and in various cities for factory and high school girls, Red Cross service, campaigns to raise funds for the Y. M. C. A., and leadership in conducting thrift stamp sales in the colleges represented are some of the definite phases of the war aid scheme. The recreational war work probably will be the most fully organized, as the various colleges are planning to conduct this work on a coöperative basis.

War Work Committee Named.

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A war work committee of three universities was formed, these being universities of Minnesota and Wisconsin and Smith college. The women enlisted through the respective women's athletic associations at the colleges will organize girls of their cities in groups for games and playground activities to aid in physical development, and provide amusements and meeting places for high school and shop girls, factory workers, and all other young women interested.

Not the least of their plans is one

for "peaceful penetration" of our army camps, where dances will be held and supervised and recreation work of numerous sorts carried on for the benefit of the soldiers in training. Miss Clara Williams is head of the campaign at University of Wisconsin, Miss Dorothy McGraw at University of Minnesota, and Miss Elizabeth Atterbury at Smith college. These three institutions will head the war work and recreational work campaign for three years.

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How Members Can Transfer.

The conference voted on a system of intercollegiate recognition of athletic work done by women at the various universities. The plan is to make an undergraduate W. A. A. member from one college an associate member of the W. A. A. at another college to which she transfers. She will have to earn 40 per cent of the points necessary for full membership in the W. A. A. at the new college, and then will receive the other 60 per cent in credit from her point standing at the college which she left.

The women voted in favor of non-material awards for competition on girls' basketball, baseball, hockey, swimming, or other teams, but left the matter to the various colleges. Material awards include pins, sweaters, blankets, medals, etc. Instead of these awards, class numerals or letters were favored.

The athletic girls at the conference divided into sides for a baseball game, with the "White Sox," captained by Miss Mayme MacDonald of the University of Washington, defeating the "Giants," led by Miss Helen Hoppin of Milwaukee-Downer college, 6 to 4.

Badger Girls Play Basketball.

A basketball game also was played the team of University of Wisconsin undergraduates defeating the Wisconsin alumnæ, 16 to 14. The lineup in the basketball game follows:

U. of Wis. [16]. Alumnæ [14].
Lucy Walrich [C.] R. F. L'se Pat'rson [C.]
Gladys Fellows. L. F. Katherine Cronin
Jean Patterson. C. C. Brown
Clara Williams. R. G. Mary McKe
Rachel Chadwick. L. G. Marjorie H. Dobler

Next Meeting at Indiana.

The next meeting will be in 1921 at the University of Indiana. It is planned to make the conference a triennial feature. The presidency in 1921 was awarded to Indiana, the treasurer-ship to University of Washington, the secretaryship to Vassar college. The offices will be filled by vote of the W. A. A. at the respective schools. The president of the conference which closed yesterday was Miss Helen Driver of University of Chicago. Miss Magdalen Cronin of Wisconsin was secretary.

HEMBERSHIP LIST FOR THE TOMEN'S
ATHLETIC ASSOCIATION OF THE UNIVERSITY OF TISCONSIN.
OCTOBER, 1917.

Bonson, A. Chamborlein, B. Chambor, E. Condill, B. Coroin, B. Cooley, R. Coroy, B. Coros, B. Coroy, B. Coroy, B. Coros, B. Coros, B. Coroy, B. Coros, B. C			TOTO.	Soni	perores 1020.	
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Report of the Women's Athletic Association for the Year of 1917-1918.

Thru-out this year the Association has been passing thru a period of great expansion.

Made Out for the rew Dean

Report of the Women's Athletic Association for the Year of 1917-1918.

Thru-out this year the Association has been passing thru a period of great expansion.

The membership has increased as follows: 1915-1916--110 members; 1916-1917--150 members; 1917-1918--200 members.

In the spring of 1917 W. A. A. found itself with a serious deficit of (40, which had to be met by a tax on the members of fifty cents each. In April, 1918, the old Administration went out with \$160 in the treasury, and with no debts of any kind. In October, 1917, the May Fete Fund of \$100.was turned into a Liberty Bond. Again in April, and in June, the Association bought \$100 bonds, making a total of \$300 invested the government bonds.

The abolishment of material awards on February 26, 1918, was the greatest work of the year, in my judgment. An ideal in women's athletics has thus been brought about that it has taken years to reach. Practically, as a result of this action, the Association is relieved of a serious and growing financial burden and is rid of the only handicap to the freer/granting of points in new and old athletic activities. Addition points are already given for dancing, Outing Club work, secondary teams, and apparatus work. fairly

By spring this wear the Association had pretty well perfected its/plans for Junior-Senior gymnasium work, and had carried on a successful campaign for all University women to keep themselves physically fit for the extra duties of the war.

The Outing Club was organized in the spring of 1917 to promote outdoor life. It has much the same status in the Association as any of the major sports, as hocky or base ball.

Until December much time was spent in revising the constitution. whe new constitution was printed in January, 1918, and contains, besides the revised constitution, an appendix of rules for the Outing Club activities, training rules, etc.

During the year to come, the Association plane to occupy itself with helping every woman in school to keep herself physically fit, and with getting her to see why she should. Due to the war probably many plans for expansion will have to be discontinued, but the Association earnestly hopes, thru its membership, to help all the women of the University towards a clear appreciation and application of the principles of wholesome living, of the sheer happiness of butdoor recreation, of the few simple, but direct rules of the good sportswoman. .

fundamental



Germie and I infront of Malison City Post Office.

"Now and Then"

A portrayal of the growth of physical training for women at the University of Wisconsin

Under the direction of The Women's Athletic Association

May thirteenth, nineteen sixteen 7:45 P. M.

Agrest deal of historical masterial was bound winthis.

"Now and Then"

PROLOGUE—The Spirit of Play

Act I. 1890 A gymnasium class in Ladies' Hall. Work is carried on under the direction of Miss Ballard whose new ideas of exercise prove fatiguing but fascinating to the girls.

Act II. Scene I. 1897 An open lesson in gymnastics. Under Miss Mayhew the work has been made compulsory, and has progressed so far that they are now giving annual exhibitions.

Scene II. 1911 The new gymnasium in Lathrop Hall. With the increased opportunities, interest in athletics becomes a vital factor.

ACT III. Scene I 1916 Aesthetic Dancing. A Normal Class in Physical Education. Not only are the girls being developed themselves, but they are also learning to train others.

Scene II. 1916 Field Day at Camp Randall, showing the culmination of interest in outdoor activities.

Scene III. 1916 Women's Athletic Association Meeting. The power promoting enthusiasm for physical training of all kinds.

EPILOGUE—Spirit of Play

Spirit of Play
Stage Director Helen A. Barr
Prologue and Epilogue written by Anna Heise
Musical DirectorLucile Pritchard

Scenario by Faith Wilcox, Ingrid Nelson and Helen Boll.

PERIOD I.

Two Cyclists	MARY EASTMAN, LOUISE BROWN
	MARY HEISKELL, VIOLA PLEUSS,
	ELSA SCHMIDT, REBECCA PETERSON,
	LILLIE SPIERING, MARI BOLLMAN,
	FLORENCE KING
Teacher	Miss Ballard

PERIOD II

Scene I.

Miss Mayhew Dorothy Miss Harris Mario	BELLEVILLE ON CONOVER
Miss Pickarts Louise	PATTERSON
George, a happy-go-lucky sophomore	A HAYWARD
Anne, a freshman heroine worshipper ED	ITH MARTIN
Sophomores	LA LINGLE, TH KENDALL
Freshmen Ruth Stromme, Margari Margaret Schultz, Flore Viola Pleuss, Julia Pos	ENCE PARDEE

Scene II

Miss Manhew	DOROTHY BELLEVILLE
Dr. Elsom	
An unathletic freshman	MARY HEISKELL
Basketball Girls	ELEANOR RAMSAY, MYRA EMERY,
Swimming girls KATE	WHITNEY, CARRIE GURNEY, JESSIE DOBIE
Tennis Girls	CHARLOTTE BODMAN, ANITA PLEUSS, JEAN GORDON SMITH
Hockey Girls	Marion Clancy, Dorothy Williams Louise Patterson

PERIOD III

Scene I

Solo Dancer	EDITH BOND
Freshman	
Her Mother	Ruth Speerstra
Peggy	Myra Emery
Miss Brown	ELIZABETH KELLY
Miss Trilling	THEODORA NELSON
Normal Gym Class	Charlotte Bodman, Mary Elwell Anita Pleuss, Ruth Glassow, Margaret Fraser, Myra Emery Elsa Schmidt, Imogene Kriskey

Scene II

Maypole Dancers	Florence King, Martha Healy, Viola Pleuss, Kathryn Boll, Florence Pardee, Susan Ramsey, Julia Post, Marie Hjermstad
Milkmaids	ELEANOR RAMSAY, PAULA LINGLE
Shepherdesses	Laura Hayward, Dorothy Williams
Cheerleaders	J. Post, E. Kendall, K. Whitney
Track Team	.M. EASTMAN, M. EMERY, M. CLANCY
	J. Patterson
Miss H'Doubler	M. Fraser
Miss Brownell	M. BOLLMAN
Archers	L. Brown, E. Schmidt
Tennis Team	
Miss Stevenson	A. Heise
Dr. Johnson	M. Mc Nulty
Baseball People	G. Palmer, M. Davis

PLAY COMMITTEE

Helen Barr, Chairman Helen Boll FAITH WILCOX INGRID NELSON

JEAN PATTERSON

PROPERTIES COMMITTEE

Jean Gordon Smith, Chairman Eleanor Mueller HELEN HAESSLER ERNA ADLER

Advertising Committee

CATHERINE COOMBS, Chairman VIOLA PLEUSS

M. HEISKELL M. CRONIN

C. KEPKE

TICKET COMMITTEE

EDITH BOND, Chairman LOUISE PATTERSON HELEN GATH ELIZABETH KUNDERT

CLAIRE WHITE

We wish to acknowledge our indebtedness to Miss H'Doubler, Miss Stevenson, Miss Johnson, Miss Pickarts, Miss Ballard, Dr. Elsom and to all others who have given their generous assistance.







Two Views of the Field House.

FIELD DAY

All University Women for Everybody

CAMP RANDALL

Saturday Afternoon
June 1, 1918
4:00 O'clock

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THE PHOTOART HOUSE

WM. J. MEUER, President

PROGRAM OF EVENTS

- I. Interclass Track Meet-4:00 P. M.
- II. Championship Baseball Game-4:00 P. M.
- III. Championship Interclass Tennis Matches—4:00 P. M.
- IV. Archery Tournament-4:15 P. M.
- V. May Pole Dance-5:45 P. M.
- VI. Archery Pageant-6:00 P. M.
- VII. Supper-6:15 P. M.
- VIII. Dancing Pageant-6:30 P. M.
- IX. Community Singing—7:30 P. M. Led by Prof. Dykema.

"We Can Live Without Pictures But Not So Well."

-Ruskin.

McKILLOP ART COMPANY
527 State Street

COMMITTEES

Managed by the Women's Athletic Association.

General Chairman—Phyllis Hamilton.

Faculty Advisor—Miss H. R. Brown.

Advisory	Publicity	Finance
Emma Damkoehler '18 Margaret Fraser '18 Mary Glover '18 Jean Patterson '19	Florence King '19, Chr. Katherine Boll '19 Ruth E. Johnson '20 Laura Kremers '20 Lulu Saul '19 Irene Thompson '21 Ethel Vinje '20 Marian Johnson '20 Marie Wilcoxon '20	Gladys Wise '19, Chr. Eleanor Gaik '20 Grace Gleerup '21 Marjorie Hall '21 Irma Hayssen '19 Margaret Johnson '19 Elizabeth Kundert '20 Alma Luesson '18 Hilda Mabley '21 Louise Weld '20
Arrangements	Tennis	Dancing
Winifred Bartholf '19, Chr. Dorothy Haessler '20 Marcia Hinkins '21	Margaret Craighill '20, Chr. Laure Conklin '19 Cornelia Cress '19	Bertha Ochsner '19, Chr. Mavis Chubb '19 Frances Dummer '20 Lillian Winter '20
Archery	Baseball	Track
Marie Hjermstad '19, Chr. Sada Buckmaster '21 Lois McDonald '19 I. Marohn '18	Rachel Chadwick '18, Chr. Margaret Schulte '19 Margaret Shepard '21	Lucy Wallrich '19, Chr. Gladys Fellows '19 Marjorie Scudder '20

STUDENT DANCE AT BERNARD'S PARK TONIGHT

Boats at Park Street Landing

TRACK MEET

Order of Events and Record Holders

I.	a. Basketball Throw. Record, Gladys Palmer, '18; 215' 11".
	b. Preliminary Heats of 50 yd. Dash.
П.	a. Running Broad Jump. Record, Phyllis Hamilton, '20; 14' 1/2"
	b. Basketball Throw. Record, Margaret Swift, '21; 69' 91/2".
Ш.	a. Hurl Ball. Record, Mari Righter, '15; 63' 1/2".
	b. High Jump. Record, Mary Fowler, '20; 4' 41/4". 133
IV.	a. Fence Vault. Record, Mary Fowler, '20; 4' 103/4".
	b. Hop, Step, and Jump. Record, Lucy Wallrich, '19; 29' 91/4".
V.	Javelin Throw. Record, Gladys Palmer, '18; 71' 8". 13
VI.	Final Heat of 50 yd. Dash. 13

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THE KAMERA KRAFT SHOP

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ARCHERY PAGEANT

The Foresters

Directed by Miss Brownell

CAST

Robin Hood	Ruth Urban
Maid Marian	Gretchen Volteler
Marian's Maid	Cleo Lamb
Sir Richard Lee	Catherine Ritchie
Little John	Helen Roth
Prince John	Helen Ulrich
Sheriff of Nottingham	Georgia Fess
King Richard	Verna Tucker
Abbot of York	Marian Corey
Clerk	Marion Felix
Friar Tuck	
Old Woman	Catherine Dodge
Pages	Catherine O'Malley, Leona Feuer
	1 Dinas John's Man

Court Ladies, Foresters, and Prince John's Men.

MAYPOLE DANCERS

Charlotte Baer
Lucile Bieberman
Bertha Blaul
Marian Dinnette
Blanche Ferrey
Jean Ford

Helen Gill

Frances Good
Marjorie Hall
Annie Laurie Hoard
Louise Ingalls
Mildred Kitselman
Dorothea McLaurin

Louise McFadden

Edith Martin
Catherine Munson
Kathleen Robinson
Elizabeth Sammis
Mildred Schwartzburg
Louise Weld
Dora White

Hilda Mabley

Directors-Miss Mary McKee and Lulu Saul, '19.

DANCING PAGEANT

I. Persephone: Story of the Seasons

II. The Hamodryads

III. The Tapestry.

IV. Olympian Games

V. The Marseillaise

DRAMATIS PERSONAE

1918—Ada Benson
Lucille Everett
Irma Marohn
Dorothy Rietbrock
Estelle Sawyer

1919—Mavis Chubb
Anita Donkle
Madeline Goldman
Leona Hickman
Alice Naffz
Gertrude Noetzel
Bertha Ochsner
Julia Post
Margaret Schultz
Sohnia Sinaiko
Pauline Shortess
Margaret Sperry

Katherine Whiteside

1920—Dorothy Bridge
Adeline Briggs
Mary Bushnell
Delma Donald
Dorothy Evans

Claire White

Elinor Gaik
Constance Hawthorne
Laura Kremers
Janet Lindsay
Louise Sammons
Christine Schneider
Lillian Winter
Hazel Wolfe
Lois Wuerpel
Marian Warner

Sada Buckmaster
Frances Dummer
Elizabeth Fisher
June Gray
Julia Hanks
Julia Harrington
Helen Harper
Mary Parkinson
Charlotte Peabody
Eleanore Riley
Agnes Samuels
Katherine Schmedeman
Frances Tucker

Coach—Miss Margaret H'Doubler Pianist—Mrs. E. C. Trumpf

Conference

of

Women's Athletic Associations

of the

Middle West

MADISON, WISCONSIN MARCH 9--10, 1917

Compliments of the University Co-operative Company

\$ announce announce announce announce continuous \$ \$ announce announce announce announce ₹

Program

"Forward March"

FRIDAY, MARCH 9

REGISTRATION-S. G. A. Room

1:30—Delegates Meeting

2:45—Open Meeting

Welcome and Announcements

Helen Barr, Pres. Wis. W. A. A.

Address—Athletics and University Ideals

Mrs. Lois K. Mathews,
Dean of Women, Univ. of Wis.

Reports and Discussion

I. Point System and Awards

Delegate from Univ. of Chicago

II. Organization of Activities

Delegate from Milwaukee-Downer

6:00-Supper-S. G. A. Room

7:00—Play Hour—5th Floor Gym

7:30—Basketball Game—2nd Floor Gym

8:30—Swimming Meet

SATURDAY, MARCH 10

MORNING SESSION

9:00 A. M.—Open Meeting

Address—Association Ideals

Miss Blanche M. Trilling

Head of Dept. of Phys. Ed. for Women, U. W.

Reports and Discussion

I. Eligibility

Delegate from Univ. of Illinois

II. Stimulation of Athletic Interest

Delegate from Univ. of Wisconsin

III. Practical Administration of Athletic Associations

Delegate from Univ. of Minn.

12:00—Lunch

SATURDAY, MARCH 10

AFTERNOON SESSION

1:00—2:30 P. M.—Sight Seeing—(Meet at Lathrop

2:30—Delegates Meeting

3:30-Fina! Meeting

Address-Organization of Physical Educa-

tion for Women

Dr. C. W. Hetherington, University of Wisconsin

Delegates Report 5:30—Banquet—Candy Shop

List of Colleges Represented

Beloit College University of Chicago Depauw University University of Illinois Indiana State University Milwaukee-Downer College University of Minnesota Rockford College Washington University, St. Louis University of Wisconsin University of Missouri University of Colorado

RESUME

FROM MATERIAL GATHERED FROM
ANSWERS TO WISCONSIN'S QUESTIONAIRE AND CONSTITUTIONS OF WOMEN'S ATHLETIC ASSOCIATIONS IN UNIVERSITIES AND COLLEGES OF THE WEST.

Editor: Mary E. Henry '17.
Assis. Editor: K. Bernice Stewart '16.

OUTLINE.

- I. 1. Is the association an organization by itself?
 - 2. Organization of the association.
 - a. Boards-Executive and Advisory.
 - 3. Finances.
- II. 1. Eligibility.
 - a. Membership.
 - b. Officers.
 - c. Teams.
- III. 1. Department of Physical Education.
 - a. Departments of work.
 - b. Required work.
 - c. Equipment.
 - 2. Co-operation between Association girls and faculty.
- IV. 1. Sports.
 - a. Organization.
 - b. Schedule of sports.
 - c. "Meets", "Tournaments", etc.
 - d. Rules used.
 - 2. Special rules.
 - a. Training rules.
 - b. Hiking rules.
 - V. 1. Point system.
 - 2. Awards.
- VI. Official report of Athletic Conference.

 Issued by

 Women's Athletic Association of University of Wisconsin.

IS THE ASSOCIATION AN ORGANIZATION BY ITSELF?

California is afiliated under the Associated Women Students.

Texas. W. A. A. is a branch of the Athletic Association of the University of Texas with a committee of faculty men at its head.

In all other schools the association is an organization by itself and stands as one of the best organizations of the school.

The purpose of these organizations is to promote a keener love of sports and a greater interest in class competition in sports.

ORGANIZATION OF ASSOCIATION.

a. BOARDS.

Chicago.

1. Executive committee. Shall consist of president, secretary, treasurer, and director of Physical Education. They shall have charge of all property and funds of the association.

2. Advisory Board. Includes the executive committee, vice president, recording secretary and chairman in charge of various sports. They supervise all movements for promotion of athletic spirit and interest.

De Pauw.

1. Executive Board; Shall consist of the officers and representative of each class. The director of Physical Education shall be a member ex-officio.

Duties are to make appropriations for running expenses, to appoint all committees, membership, decide upon eligibility of candidate and to make recommendations and suggestions regarding association interests.

2. Advisory Board consists of members of the Department of Physical Education for women.

Illinois.

1. Executive board consist of officers and directors of Physical Education

2. Advisory Board consist of Faculty members of the Department of Physical Education.

Together they decide on eligibility of candidates for membership; make appropriations for running expenses; appoint all committees; make recommendations regarding all affairs pertaining to the interest of the association.

Mill's College.

1. Executive Committee composed of the officers of the association. Duties—to advise regarding expenditures and to make recommendations and suggestions regarding affairs pertaining to the interest of the association.

2. Advisory Committee consists of the managers of each sport and the Physical Education Directors with the president as chairman. Duties are to determine status of membership and supervise all affairs pertaining to the interests of the association.

Milwaukee Downer.

The executive authority is vested in a board composed of the usual officers and a student manager of each department.

Minnesota.

The board of control shall conduct the general business of the Association, it shall draw up rules for governing contests and the award of emblems, shall appoint managers for tournaments, shall adopt bylaws and in all ways work to further the interests of the Association.

Missouri.

The board of control shall consist of the officers and the two ranking instructors in Physical Education. The duties shall be to control the financial affairs of the association, to formulate a policy for the regulation of interclass competition, and to create new committees when necessary.

Ohio.

Advisory Board shall consist of officers of the Association, Director of the Department and a member representing each branch of organized work. Duties: Arrange dates for tournaments, Decide upon honors, awards, trophies; shall arrange through sub-committees appointed by the Advisory Board, rules of the tournaments, judges, referees, methods of procedure. Shall arrange for all "A" tryouts, judges, awards, etc.

Texas.

There are fifteen members of our Council, fourteen are students and Miss Aden, our adviser, makes the fifteenth.

Wisconsin.

1. Executive Board shall consist of the officers and heads of sports. Duties are to make appropriations for running expenses, to appoint all committees, to decide upon the eligibility of those applying for membership, and to make recommendations and suggestions regarding all affairs pertaining to the interest of the Association.

2. Advisory Board shall consist of the faculty of the Department of Physical Education and it shall be their duty to have supervision of all affairs pertaining to the interest of the Association.

FINANCE.

California.

Financed by the Association Women Students. Fee for honorary members is \$1.00 per year.

Chicago.

We have a special fund for pins and medals. This fund consists of \$500 raised by the Alumnae and \$500 contributed from the men's Athletic fund by Mr. Stagg. This fund was added to by the proceeds of the "Campus Follies" until it reached \$1600. Our incidental expenses through the year for numerals, spreads, banquets, etc., are covered by the proceeds from "Campus Follies", a performance given by the women every two years. There shall be no regular membership fee.

De Pauw.

Annual dues are 50 cents.

Illinoi

Dues are 50 cents per year. Money raised by special assessments and entertainments.

Indiana.

- 1. Dues.
- 2. Receipts from annual vaudeville, and from the final basket ball games.

Iowa.

Dues and May pageant.

Kansas.

Membership fee of 50 cents and by special fees charged at competitive games.

Mill's College.

Dues, 50 cents per semester.

Extra expense defrayed by levying a special tax by vote of Association.

Milwaukee Downer.

Membership fee, 50 cents annually. This buys the girl a ticket which admits her free to all contests held by the Association for which an admission fee is charged.

Minnesota.

Dues, 25 cents per year. Candy sale, money making party (penny carnival) and admissions to basket ball tournament are other ways of making money.

Missouri.

Dues are 25 cents per semester.

Other means of getting money are

- 1. Help from University Physical Training Department.
- 2. Money from season tickets to girl's games.
- 3. Annual entertainment

Northwestern.

The financial basis of the association shall be the percentage of the student enterprise fund allotted to the W. A. A. The dues are 25 cents per year.

Ohio.

Dues are 25 cents per semester.

Special events are paid for by the department.

Texas.

Membership fee of 25 cents and additional fee from the different sports, meets and tournaments.

Wisconsin.

Dues 50 cents per year.

May Fete. There was no May Fete in 1916 because of the Shakespeare celebration, so W. A. A. gave a pageant representing the growth of physical education at the University of Wisconsin. Sandwich sale at Vocational conference, country fair. Folk dancing nights, and sale of home-coming buttons.

APPENDIX TO PART I.

IS THE ASSOCIATION AN ORGANIZATION BY ITSELF?

Colorado—a branch of the Associated Students of the University of Colorado.

Michigan—a branch of the Women's League.

At Grinnell and Washington the Association is one by itself.

ORGANIZATION OF THE ASSOCIATION.

a. Boards.

Colorado.

The Board of Directors shall consist of: A president, who shall be one of the women members of the Commission of the Associated Students of the University of Colorado; a vice-president, who shall also be the general manager of women's athletics and who shall be appointed by the president of the A. S. U. C. upon recommendation of the Board; a secretary, who shall be one of the women members of the Commission of the A. S. U. C.; the Director of Physical Education for Women; the Dean of Women, ex-officio; and one other member, selected by the President of the University. The Assistant Manager of Women's Athletics, who shall be appointed by this Board of Directors, the coach or coaches of Women's Athletics, and active captains of the Women's Athletic Teams shall be advisory members of the Board, and shall have the privilege of the floor, but no vote.

Grinnell.

The head of each sport belongs to the central board, which is composed of president, secretary, treasurer and the five captains of the sports.

FINANCES.

Colorado.

Finances derived from the general fund of the Associated Students, at least five hundred dollars (\$500) being allowed by the General Manager's budget; and from the receipts of games and from any other source.

Grinnell.

A per cent of the semester fee (required of each student)—we get the same apportionment as other organizations. A fee is charged the townspeople at all meets, tournaments, entertainments, etc. Students with semester fee are admitted.

Michigan.

Out of the dues paid the Women's League the Athletic Association is given ten cents (\$.10) for each member that joins the Association. We also raise money by parties, skating carnivals, etc.

Washington.

Annual dues of 50 cents and 50 cents on all season tickets held by women. Parties are sometimes given to raise money.

Oberlin.

Dues \$5.00 per year.

ELIGIBILITY.

1. Membership.

California.

All women registered as students in the University of California may become members by the payment of the regular semi-annual assessment of the Associated Students.

Any women outside the student body may become an honorary member upon the unanimous vote of the Executive committee and the payment of annual fee of \$1.00.

Chicago.

- 1. Active: All women who have obtained 100 units according to the schedule found in Section 7 of the By-Laws (point system).
- 2. Associate: All women registered in the University, not active members.
 - 3. Honorary: University faculty alumnae.
- 4. Loss of Membership: A minimum of 50 additional points the second year and 25 the next two years is necessary for the retention of active membership.

De Pauw.

- 1. Active: A total of 25 points is necessary for membership in the association.
- 2. Honorary: Honorary membership in this Association may be extended by invitation of the members.
- 3. Loss of membership: Any member absent from two successive regular meetings shall be notified from the secretary that if an excuse is not handed to the president and accepted by the Executive Board before the next meeting her name will be dropped from the roll.

Illinois.

1. Active: A total of $12\frac{1}{2}$ points is necessary for membership in the association.

No woman shall be eligible for membership until she has been in the University one semester and has attained a satisfactory scholastic record.

- 2. Associate: All former members who have left the University before completing their college course may become associate members by paying the annual dues.
- 3. Honorary: Honorary membership in this association may be extended by invitation of the members.
 - 4. Loss of membership:
- 1. Any member absent more than two regular meetings will be dropped from the roll, unless excused by the executive board.
- 2. A minimum of $2\frac{1}{2}$ points additional per semester is necessary for retention of active membership in the association.

Milwaukee Downer.

- 1. Active: Students of Milwaukee Downer College shall be eligible for membership upon payment of the annual dues.
- 2. Honorary: The director of Physical Education shall be eligible for honorary membership.

Mill's College.

- 1. Active: The membership shall consist of those students or members of the faculty desiring to join, who pay their dues regularly and endeavor to live up to the spirit of the constitution.
- 2. Loss of membership: No student can withdraw without a written resignation accepted by the executive committee.

Minnesota.

1. Active: All women connected with the University are eligible to either active or associate membership and may join on payment of the annual dues of 25 cents. No person can join the association between the time of nominations and elections.

Missouri.

- 1. Active: Any woman who is a student or an alumnae of this University is eligible to membership in this organization.
- 2. Loss of membership: Two successive absence or any three absences during the one semester shall cause a member to be dropped from the roll unless these absences be canceled by payment of a tencent fine for each absence.

Northwestern.

- 1. Active: Any woman paying the incidental fee of Northwestern University thereby holding a coupon book, may become a member of the Woman's Athletic Association, on the paying of 25 cents yearly for the membership badge.
- 2. Loss of membership: Any member guilty of conduct deemed by the Board unworthy of the association, shall forfeit the right of membership and all association honors.

Ohio.

- 1. Active membership shall be granted to those who win at least 100 points.
- 2. Associate membership shall be granted to any student or faculty member in the University or any alumni of the University.
- 3. Loss of membership: At least 25 additional points must be made each year.

Texas.

1. Active: Membership is limited to regular students of the University who pay their membership fee.

Wisconsin.

- 1. Active: A total of 125 points is necessary for membership in the Association. No woman shall be eligible to membership until she has been in the University one semester and unless she has a weighted average of 77.
- 2. Associates: All graduate members and all members who have left the University before completing their college course may become associate members by paying the annual dues.
- 3. Honorary: Honorary membership may be extended by invitation of the members.
- 4. Loss of membership: Any member absent from two successive regular meetings shall be notified by the secretary that if an excuse is not handed to the president and accepted by the Executive Board before the next meeting, her name is dropped from the roll. Faithful tryout for any point giving activity per semester is necessary for retention of membership.

ELIGIBILITY.

2 Officers.

De Pauw: Must have numerals.

Illinois and Wisconsin require the girls to have their pins.

California: The vice president must be a Junior, the secretary and treasurer must be Junior or Sophomores.

3. Teams.

California.

- 1. No girl may participate in any athletic contest without the sanction of the medical advisor.
- 2. No regular or graduate student taking less than nine hours of college work shall be allowed to compete in any intercollegiate contest
- 3. When coming from another school, must have one year of residence.
- 4. An amateur is defined as being one who has not entered in any open competition for a stake, or has not competed with or against a professional for any prize.

Chicago.

1. Must be regular in attendance at practice periods and at extra practice and do faithful and conscientious work.

2. Must maintain a good attendance at gymnasium class work.

De Pauw and Illinois.

1. Each sport shall be governed by its own rules and regulations and by such inter-sport legislation as shall be enacted by the Executive Board.

Mill's College.

1. Members of all team must maintain satisfactory scholarship.

2. No student not a member of the association shall take an active part in any department supported by the association.

Milwaukee Downer.

No student may play on a class team who is not taking 15 hours of work, regularly classified in a class, or is free from condition on the past semester's work.

Missouri.

No one shall be eligible for competition unless she be enrolled in a gymnasium class during the season of the sport in which she wishes to compete, unless she be a member in good standing of this Association and unless she be in proper physical condition.

Northwestern.

1. Only members of the association can take part in the interclass athletics or any other activities carried on in the name of the Association.

2. No member shall be eligible to a team whose record for the preceding semester shows less than twelve hours of C.

Wisconsin.

No woman shall be able to win any points what-so-ever, or be a member of a squad or team unless she has a weighted average of not less than 77 for the preceding semester: no unsatisfactory failure condition, incomplete, probation, or disciplinary penality incurred either during the Academic year or summer session.

APPENDIX TO PART II.

ELIGIBILITY.

1. Membership.

Colorado.

Every regularly registered woman student of the University of Colorado shall be a member of this association.

Any woman member of the faculty may become a member of the Association by a two-thirds vote of the members of the Board of Directors.

Michigan.

Membership is based on membership of the Women's League and interest in athletics.

Washington.

All women students in Washington University are eligible.

1. Active: Those who are taking active part in athletics.

2. Associate: Those who do not take such part.

2. Teams.

Colorado.

A student is eligible for a given class team provided she is registered in the class, and is in good academic standing.

Exception shall be made for any student whose registration is subject to change at the beginning of the second semester because of the passing off of a condition or a basic subject.

DEPARTMENT OF PHYSICAL EDUCATION.

1. Department of work.

California.

Dancing, gymnastics, and sports.

Chicago.

Graded class work, corrective gymnasium, organized games, dancing, swimming, bowling.

Illinois.

Dancing, games, hygiene, corrective work, two years teachers' course.

Indiana.

- 1. Gymnasium work including tactics, Swedish floor work, exercise with wands, dumb bells, clubs, folk dancing, games, and heavy apparatus.
- 2. Dancing, asethetis and folk.
- 3. Sports, hockey, basketball, indoor baseball, tennis, and track.

Iowa.

Folk dancing, aesthetic dancing, basketball, heavy apparatus, swimming, indoor baseball.

Kansas.

Sports and dancing.

Mill's College.

Dancing (aesthetic and folk), sports, gymnastic and Eurhythmics. A normal course is given of four years, B. S. degree.

Missour

German and Swedish gymnastics, floor and apparatus work.

Light apparatus and free hand drills, sports, Russian, aesthetic, and folk dancing.

Minnesota.

Gymnastics, organized games and folk dances, fencing, sports, aesthetic dancing, hygiene and normal courses.

Ohio.

Formal floor work, aesthetic dancing, tactics, apparatus, swimming, athletics.

Rockford.

Dancing, sports, and gymnasium.

Texas.

Dancing, sports, calisthenics.

Wisconsin.

- 1. Gymnasium including tactics, regular floor work and apparatus.
- 2. Light gymnastics, including volley ball. Corrective gym.
- 3. Sports.
- 4. Special classes in apparatus and plays and games.
- 5. Dancing, including aesthetic and its technique and folk dancing.
- 6. Normal course giving a course for major and minor students.

2. Required work.

California.

1. Two hours of work for two years.

Chicago

Ten quarters of work. Four of these may be elective work twice a week with the approval of the department. A quarters work consist in taking two hours a week of graded gym. Class work and two hours a week of some elective work.

De Pauw.

Two hours of gymnasium work per week is required for Freshmen and Sophomores.

Illinois

Three hours of floor work for one year. One hour of hygiene work one semester.

Indiana.

Two hours a week for Freshmen.

Iowa.

Two years work required—three hours per week.

- 1. Three hours of Swedish gymnastics and military tactics.
- 2. German gymnastics for Sophomores.
- 3. Manual therapy for those needing special attention.

Kansas.

Two years of work, three hours during the freshman year and two during the Sophomore year.

Mill's College.

Two years of gymnasium is required of all students not excused by the physician. Two hours a week.

Milwaukee Downer.

Two years of physical education and two years athletics are required of four year students (health permitting) and one year of physical education and one year of athletics are required of students in the two year Home Economic course. This means gymnasium classes meet twice a week and two hours of athletics are required in any selected sport as listed in the hand book. Athletic reports are required each week.

Minnesota,

Freshman gymnasium.

Ability to swim. Lectures in preliminary hygiene.

Gymnasium—3 hours a week. Lectures once a week for one semester.

Missouri

One year required in the University, three hours per week.

Ohio.

Four hours a week for two years, Hygiene for Freshmen and First Aid for Sophomores included in these hours.

Rockford.

One hour of exercise every day not used in sport.

Two hours of some special activity.

Work in physical education is given college credit and counts towards a degree.

Texas.

Two years of three hours a week are required for a degree.

Wisconsin.

All Freshmen and Sophomores are required to take four periods of gymnasium a week, two of which must be regular floor work and apparatus, the other two may be chosen in any one sport.

A physical examination is required of each student on entering college and at the end of her first and second years.

3. Equipment.

California.

Two gymnasiums, athletic field (3 basket ball courts, 2 hockey backstops, hand ball court and rack).

Use of lake, 3 tennis courts and partial use of 8 others, an outdoor platform and swimming pool and several hundred showers.

Chicago.

Three gymnasium floors, well equipped with apparatus.

Swimming pool (60x25), two bowling alleys, two hockey fields, ½ city block adjoining gym. which as yet is undeveloped.

Tennis courts on the campus, golf links (public links in parks).

Illinois.

Large and small gymnasiums and outdoor athletic field.

Indiana

Gymnasium, swimming pool, athletic field.

Iowa.

Swimming pool (30x60) adjoining is shower room with 44 showers, dressing room and 600 lockers—also hair drying and laundry room. Three teaching floors, large gymnasium fully equipped with all types of apparatus. Second gymnasium walled with mirrors five feet high for dancing. Third floor suitable for floor work, school and playground games, and sports.

Rest room—medical room—study room; kitchenette—4 tennis courts—use of men's fields.

Kansas.

Have exclusive use of hall, of the gymnasium, and a field for out door work, which includes tennis courts, and a basketball field.

Mill's College.

Athletic field, gymnasium, four tennis courts, outdoor basketball court, baseball diamond.

Milwaukee Downer.

Tract of land along Milwaukee River and a cement boathouse. Hockey field, four dirt tennis courts on the back campus. Bowling alleys.

Minnesota.

Gymnasium, athletic field, swimming pool, W. A. A. club room, ice rink used by men and women.

Missouri.

Gymnasium and athletic field.

Ohio.

Armory floor, small gymnasium, swimming pool, use of University tennis courts, gridiron for hockey.

Rockford.

A gymnasium (40x80) equipped with Swedish apparatus, a hockey field, four clay tennis courts, and the use of the high school swimming pool once a week.

Texas.

Gymnasium with indoor baseball and basketball courts, tennis courts, small swimming pool, small out door court for girls gymnastics.

Wisconsin.

One large gym floor with all necessary equipment, small for corrective gym small gym floor, swimming pool, dressing-rooms and showers, athletic field used for archery, hockey, baseball and track, many tennis courts.

CO-OPERATION BETWEEN ASSOCIATION GIRLS AND THE DE-PARTMENT.

Girls assist in managing games, seeing that there are score keepers and other proper officials at the games. They also assist in tournaments and getting students interested in different athletic work or sports.

APPENDIX TO PART III.

DEPARTMENT OF PHYSICAL EDUCATION.

1. Department of work.

Colorado.

Dancing and sports.

Grinnell.

Aesthetic and folk dancing, military marching and Indian clubs.

Nebraska.

Dancing, sports, Swedish and German gymnastics and corrective work.

Michigan.

Regular gymnasium work, apparatus, dancing, indoor games, sports.

Washington.

Regular gym. classes have apparatus work, drill, tactics, club exercise, calisthenics, dancing, games, out-door work in pleasant weather, etc. There are advanced classes in dancing, fencing, and playground work.

2. Required work.

Colorado.

Freshmen only. Athletics in spring and fall, gymnastics and dancing in winter. Three 50 minute periods per week.

Grinnell.

A two hour course given two semesters which gives 4 hours college credit. In this course two hours of floor work and one hour of theory are required per week.

Nebraska.

Two hours per week for two years.

Michigan.

Two hours per week is required of all girls for the first two years of residence unless excused by doctor's certificate.

Washington.

Two years of gymnasium work of two hours each week from Nov. 17 to April 30. In addition to this, one hour a week for hygiene lectures is required during the first year.

3. Equipment.

Colorado.

- 1. Gymnasium Hall equipped with 2 horizontal ladders, 2 swinging booms, 2 bar saddles, 2 vaulting boxes, 2 beat boards, 2 pair jumping standards, 4 balance beams, 4 climbing ropes, 1 piano. Floor marked for basketball and indoor baseball.
- 2. Small corrective room equipped with: 4 plinths, 2 bar stalls, 2 benches, 1 doz. wands, 1 wicker couch, Anthropometric instruments.
- 3. Office, locker and dressing room, 3 toilets, 2 showers.
- 4. Eleven tennis courts-good condition.
- 5. Athletic field consists of: 1 baseball field, 2 basketball courts, 1 captain ball court, 1 archery field.

Grinnell.

Gymnasium with necessary equipment, tennis courts and athletic

Nebraska.

Two gynasiums and tennis courts.

Michigan.

Gymnasium, athletic field with eight tennis courts, hockey field, baseball diamond, cricket field, archery.

Washington.

Gymnasium, hockey field, out-door basketball court, 2 baseball diamonds, use of five of men's tennis courts.

SPORTS.

1. How organized.

California.

General manager of all sports. Class manager of each sport.

Chicago.

Sports are organized into class teams and into Junior and Senior College teams. (Junior college included Freshmen and Sophomores—Senior College includes Juniors and Seniors).

De Pauw.

There is a chairman appointed to take charge of each sport that is to schedule games, furnish referees, etc.

Illinois.

Each sport is organized by a faculty coach. Managers appointed by executive board, Captain elected. Schedule for class tournament by manager and captain.

Indiana.

A head of each sport who assists the instructor of Athletics.

Iowa.

Bulletin posted stating date of registration for the sport.

Any girl who has "come out" for a sport may try out for her class team. A series of try-outs are held at the end of the season and the teams are chosen by the coach. The season closes with interclass games for the championship and class winning has numerals engraved on cup awarded for that sport.

Kansas.

Each sport is organized by classes.

Mill's College.

Each department of athletics is represented by a manager appointed by the president at the first meeting of the school year. It is the duty of this manager to arrange for games or tournaments, to publish notices, to keep apparatus for that sport in order, and see that each person gets her "M" who has fulfilled the necessary requirements.

Milwaukee Downer.

A manager shall be elected by acclamation from each class for the several departments. Each manager shall be responsible for the appearance of the requisite number of persons for team or crew on regular practice days, and for all keys and other property of this association used by that team or crew.

As soon as possible captains shall be elected and take the duties of the manager.

Members of teams are chosen by director of Physical Education and manager of the department.

Minnesota.

Members of W. A. A. Board of Control are appointed heads of sports and are responsible for creating and maintaining interest in their sport; and for managing the tournament.

Missouri.

Business managers for each class shall be appointed by the executive board at the beginning of each season of sport to serve for the season. Squads not to exceed twice the number constituting a team. These squads shall elect the captains, who shall choose their teams.

Northwestern.

The duties of the heads of sports shall be to have supervision of the sports of their classes. The senior member shall be the custodian of the records and of the roll of honor.

The heads of sports shall be elected by the women of their respective classes during the first month of the fall term.

Ohio.

There are class (academic registration) teams, and general class work for those not eligible for class teams.

Rockford.

Each sport is organized by classes. At the beginning of the season a squad captain is chosen in each class. When the teams are picked, a permanent captain is chosen.

Texas.

Each sport has its manager who is a member of the athletic council. In such a sport as basketball and baseball each sport has its captain. The captain is responsible to the manager, the manager to the council.

Wisconsin.

There are heads of sports who constitute part of the W. A. A. board. These heads oversee and aid the class captains in arranging the schedule of interclass games and are responsible to the Executive and Advisory Boards for all matters pertaining to that sport.

Each team has a captain and manager, the latter need not be a member of the class team. It is her duty to notify all members of practice and official games, to keep a record of attndance and to cooperate with the coach and other managers in securing officials for all games

In a tournament each class must meet every other class in a match game and three victories or two out of three decides the winner. At the end of the season the "Varsity" teams are chosen. The managers and captains of all class teams and the head of that sport and the coach pick this team which is merely honorary and does not participate in inter-school games.

2. Schedule of Sports and "Meets", "Tournaments" etc.

California.

Fall—Tennis, hockey, swimming & diving, fencing.
Spring—Basket-ball, track, baseball, fencing, crew, water polo.
Meets, tournaments, etc. A spring and fall sports day with interclass and intercollegiate events.

Chicago.

Fall—Hockey, hikes, golf, captain ball, swimming.
Winter—Basket ball, base ball, swimming, bowling.
Spring—Tennis, baseball, hikes, swimming, golf.
Meets, tournaments, etc.
Championship games in hockey, basket ball, base ball.
Swimming, meets, tennis tournaments
Spring fete is held yearly, "'Campus Follies', every 2 years.

De Pauw.

Fall—Tennis, swimming, basket ball. Winter—Swimming, basket ball. Spring—Tennis final, track, indoor base ball.

Illinois.

Fall—Hockey.
Winter—Basket ball, bowling.
Spring—Baseball, tennis, swimming.
Meets, tournaments, etc.
Annual May Fete. Swimming meet, annual tournaments in hockey, basketball, tennis, bowling, and baseball.

Indiana.

Fall—Hockey, hiking, swimming (all year).
Winter—Basket ball, indoor baseball.
Spring—Tennis, track, hiking.
Meets, tournaments.
Interclass hockey, basketball, and baseball games.
Interclass and university tennis tournaments.
Swimming meet, W. A. A. Vaudeville.

Iowa.

Hockey, basket ball, indoor base ball, volley ball, and tennis. Meets, tournaments etc. May pageant, annual home coming program, Des Moines Convention (state teachers), sport matches.

Kansas.

Fall—Hockey, tennis, swimming.
Winter—Basket ball, skating.
Spring—Swimming, archery, indoor base ball, volley ball, tennis.
Meets, tournaments, etc. Tournaments held annually in inter-class basket ball, swimming, archery, tennis.

* Gymnasium exhibition is held at end of each year showing work of each department during the year.

Mill's College.

Fall—Basket ball, hockey, crew, tennis (all year). Winter—

Spring-Basket ball, hockey, crew, baseball.

Meets, tournaments. Field day tournament held in spring. Other exhibitions subject to change.

Milwaukee Downer.

Fall-Rowing, hockey, walking, riding.

Winter-Basket ball, bowling, swimming, skating, walking riding.

Spring-Riding.

Meets, tournaments.

Annual regatta held in June.

Field day, at end of year. Among the events are dashes, jumps, shot putting, hurdling, relay races, baseball, soccer game. Annual competitive gymnastic drill.

Minnesota.

Fall-Hockey, tennis, swimming.

Winter-Basket ball, ice hockey, swimming.

Spring-Base ball, tennis, swimming, cricket.

Meets, tournaments.

Fall and spring tennis tournament.

Tournaments in field hockey, ice hockey, swimming, baseball, basket hall.

Group contest in volley ball, german bat ball.

Gymnastic contest and exhibition of dancing classes.

Missouri.

Fall-Hockey, tennis, Basket ball swimming (all year).

Winter-Basket ball.

Spring-Baseball, track.

Meets, tournaments, etc.

Meets in track, indoor gymnastics, swimming and tennis.

There shall be at least two social events during the year, one in the fall and the other in the spring. If feasible, an entertainment for the general public shall be given during the second semester.

Ohio.

Fall—Hockey, tennis, archery.
Winter—Basket ball.
Spring—Volley ball, baseball, tennis, archery.
Meets, tournaments.
Swimming meet.
Basket ball, hockey and tennis tournaments.

Rockford.

Fall—Hockey, hiking (all year).
Winter—Basket ball, Swimming.
Spring—Tennis.
Meets, tournaments, etc.
Hockey final, tennis final.
Gymnasium exhibition, dancing exhibition at Washington party.
May party, and class day.

Texas.

Fall—Indoor base ball (all year.)
Winter—Basket ball.
Spring—Swimming, tennis.
Meets, tournaments, etc.
Matched games in base ball and basket ball.
Tennis tournament, swimming contest.
Athletic rallies in spring and fall.
"Baby Party" given in spring.

Wisconsin.

Fall—Hockey, archery, tennis, hiking (all year).
Winter—Basket ball, indoor base ball, bowling.
Spring—Baseball, archery, tennis.
Meets, tournaments, etc.
Tournaments in tennis and archery.
Matched games in hockey, indoor baseball, bowling, basket ball.
Gymnasium meet including dancing exhibition.
Field meet, including baseball games, track and field.
May fete.

Swimming meets.

3. Rules used.

All the schools use Spaulding's rules, but Chicago, Minnesota, and Ohio have made some modifications.

DUTIES OF HEADS OF SPORTS.

I. Cooperation with the coach in:

A. Choosing class and varsity teams and squads.

B. Coaching various teams for the purpose of obtaining a personal knowledge of the ability of the team members.

C. Picking assistant coaches who shall be proficient in that sport.

D. Recommending good candidates for managers for the various teams and meeting with these managers at least once a week during the season of that sport.

E. Performing the executive duties (the managers and appointed coaches assuming the duties assigned).

F. Planning the schedule of games for the season.

II. Personal duties are to:

A. Exert personal influence in arousing and stimulating keen interest in her sport-encouraging especially those who are uninterested.

B. Require through her managers strict adherence to the training

C. To be vitally interested in her sport and have full technical knowledge of it.

D. Propagate an ideal of good sportsmanship and fair play, and love for the game as such.

III. Her duties to W. A. A shall be:

A. To accept the position with full realization of these duties, which this position involves.

B. To attend regularly all board meetings, and to present to members all plans, suggestions, and business pertaining to her sport.

C. To cooperate with other members of the board in working for the best interests of the association.

D. To record and file the scores of all games and the names of the members of the squad and teams of all classes for that season in the W. A. A. sport book, which shall be maintained by the association and kept in the office of the Department of Physical Education.

E. To present at the end of her season an informal report of all activities in her sport including therein anything which she desires (description of unique plans and schemes, pictures, etc.) and which she considers to be of value to succeeding heads of her sport. This informal report shall be maintained in a separate book for each head, and shall be placed in the office at the end of the season of her sport where it shall be considered W. A. A. property until the next season when it shall be handed over to the new head.

F. To hold a conference with the secretary of the association within two weeks after the activities of her sport have ended, to ascertain if the secretary's lists of teams, squads, etc. are correct.

SPECIAL RULES.

1. Training rules.

Chicago, Kansas and Rockford have training rules but did not give them in answer to the questionnaire.

Indiana.

For basket ball and track students must take gymnasium work or athletic work during the months preceding the seasons for those two sports.

Texas.

The council as a whole and certain instructors of physical training over see the training for sports and guard against any girl hurting herself in her enthusiasm for the sport.

California and Wisconsin rules given on separate pages.

2. Hiking rules.

Kansas and Texas have rules but did not give them.

Hikes are taken in the country and are of a specified length.

Illinois.

Girls taking hikes for points must wear sensible clothing and report for inspection to a faculty member.

Mill's College.

A walking club is organized to which any member of the Association is eligible. The manager must post list of walks giving direction, distance, and number required to go on each.

Each member must keep a record of her walks, giving the date, route taken and distance of each walk. In walking in the hills, altitude shall be considered one-fourth of the distance walked.

Hike must be organized and leader approved by department.

Illinois.

No men allowed to accompany girls.

Not more than 10 or less than 5 miles at a time. Must hand in written report to Director of Physical Trainer within 24 hours.

TRAINING RULES ADOPTED BY THE SPORTS AND PASTIMES ASSOCIATION OF THE UNIVERSITY OF CALIFORNIA

General health suggestions.

A. Eat at regular intervals three good meals a day. Avoid sweet foods especially candy. Do not eat sweets between meals or before going to bed. Eat freely of fruit. Do not study or exercise violently immediately after meals. Do not eat heartily when fatigued.

B. Drink freely of cool, but not ice cold water especially on retiring and rising and between meals except after violent exercise. Avoid strong coffee, and tea, sodas and iced beverages. Use tea and coffee in moderation with meals only.

C. Eight hours sleep in a well ventilated room is the minimum. If possible one or two short periods of complete relaxation during the day should be obtained.

D. At least three hours of the working day should be spent in the open. The time need not be consecutive and should be divided into periods of rest recreation. At least one hour per day of exercise in the open air should be taken.

E. The cold plunge or sponge bath on rising is recommended if a good reaction follows the brisk rub-down. It is a tonic, a preventative of colds, a mental stimulus, and a strengthener of the muscles. The warm tub occasionally on retiring. The hot tub never, except as a remedial agent in case of a chill or stiffness. It is debilitating and must never be taken as a luxury.

F. Care of the body after vigorous exercise. Run or walk rapidly to the gymnasium before skin is cool and shower off with warm water and then with cold. Rub briskly with a Turkish towel, till the skin is in a glow. Occasionally rub in a little alcohol with hand especially on legs, back and soles of feet. Go home and relax in lounging robe on the bed. Rest absolutely. It is most important that repose should follow exercise, in order that the circulation may be come normal, the stomack ready for food, and that all traces of fatigue should be overcome. Wear wraps on the Athletic Field when not exercising.

The following training rules shall be observed by all members of teams during three weeks preceding final competition.

It is required that all members of teams

A. Be in bed at or before 10 p. m. every night. The following exceptions may be made only by previous consent of the manager. Friday night, Saturday night. The night before a match be in bed at 9:30.

- B. Take a cold or tepid bath, sponge or plunge every morning.
- C. Eat nothing between meals except fresh fruit.
- D. Refrain absolutely from eating candy and drinking coffee and tea. Avoid pastries, hot bread and fried foods.
- E. Eat three regular meals a day (at morning, noon and night.)
- F. Rest undisturbed for one consecutive quarter hour (at least) every afternoon preferably following a call out.

Sports and Pastimes Association expects that all members of all squads will consider that the honor system applies to the keeping of training rules as it does to all other aspects of student government.

Training Rules 1916—17.

The following are the training rules which have been adopted by the Athletic Association. They are uniform for all sports.

These Rules Are to Be Observed Rigidly. The Association will consider a girl who does not keep training unworthy of a place on a squad or a team.

I. Eight consecutive hours of sleep every night, starting not later than eleven o'clock each night. The eleven o'clock provision may be waived on one week-end evening each week.

II. Only one (social) dance each week, unless special dispensation is granted.

III. Only one cup of tea or coffee a day is allowed.

IV. There shall be no eating between meals, except of the food on the following list:

Fruit, milk, soup, graham and white crackers, bread and butter, plain ice-cream and ices, malted milk.

V. Three regular meals per day, except on Saturday and Sunday when sleep may be substituted for breakfast.

All reports must be made to, and decisions made by the head of the sport and the coach.

Hiking Rules, Wisconsin.

- 1. Hikes can be taken for a known distance of either five miles or ten miles.
- 2. Only one ten-mile or two five-mile hikes can be taken in one day. Only twenty miles can be hiked per week.
- 3. Forty miles, the equivalent of four ten-mile or eight five-mile hikes, must be hiked in a semester in accordance with the hiking rules, in order to win Athletic Association credit.
- 4. Credit of twenty-five points in the Athletic Association shall be awarded for hiking forty miles in one semester in accordance with the rules. Credit will not be given for more than forty miles or for less
- 5. Hikes must me made within a reasonable length of time; no picnics or long delays are permissible.
 - 6. No men are allowed on these hikes.
- 7. At least one Athletic Association girl must be a member of each hiking group. The leader of each hike must be an Athletic Association girl.
- 8. Hikes may be taken from the first day of school of each semester to the last day of examinations each semester, with the exception of the Christmas holidays.
- 9. A report of each hike shall be made out by the leader of the hike and be deposited in the Athletic Association box within forty-eight hours after said hike.
 - 10. The report must contain the following data:
 - a. Date of report; date of hike.
- b. Specification of length of hike; of place to which hike led.

- c. Time of day when hike was begun; time when hike ended; total time; time out for rest.
- d. Names of the members of the hiking party.
- e. Report must be made out and signed by the leader.
- f. A non-Association girl may obtain permission to lead a hike when it is impossible for an Association girl to go. These occasions are rare, and the girl applying for such permission must be familiar with hiking and hiking procedure. Such permission shall be granted by the recorder of hikes.

APPENDIX TO PART IV.

SPORTS.

1. How Organized.

Colorado.

The play in all sports is supervised by the Department of Physical Education for women.

Grinnell.

Each sport is organized separately with one girl at the head.

Michigan

Interclass games in each sport and interclass tennis tournament.

Washington.

A general manager for each sport, assisted by a manager from each class. After the teams are chosen each one elects a captain.

2. Schedule of Sports.

"Meets" and "Tournaments", etc.

Colorado.

Fall-Tennis, archery, base ball.

Winter-Basketball.

Spring-Tennis, archery, baseball, track field.

Tournaments: Archery in spring; tennis, singles and doubles, held in spring and fall; Inter class basket ball in winter.

An annual demonstration of Freshmen required gymnastic work.

A Biennial Field Day of Women's Athletics.

A Biennial May Day is given by the Women's League but is trained by this department.

Grinnell.

Fall and Spring—Tennis, outdoor basket ball, outdoor base ball, hockey, time and distance walking.

Winter.

Basketball, baseball, hockey tournaments.

A gymnasium exhibition the last of March.

Colonial Ball for girls on Washington's Birthday.

A May Fete the first part of May.

Nebraska.

Hockey, soccer, tennis. Basket ball, swimming.

Baseball, track, tennis.

Matched hockey or soccer game. Basket ball tournament, Gymnasium exhibition, and track meet.

Michigan.
Fall—Hockey, tennis, archery, cricket.
Winter—Basket ball. Spring—Base ball, tennis, archery.
Annual gymnastic demonstration, Spring and Fall Field Days.
Washington. Hockey, tennis, swimming, hiking.
Basket ball, indoors and out, swimming, hiking.
Base ball, tennis, indoor meet, field meet, swimming, hiking.
Indoor track meet, field and swimming meets, tennis tournaments both doubles and singles.
both dodolog and singloss
Rules Used.
All use Spaulding's rules.
Special Rules.
None sent.
POINT SYSTEM
Chicago.
100 points to be made in 1 year. I. Sports.
i. Sports.
A. Teams—Baseball, basketball and hockey.
1. Winner of pin
3. Member of college squad
4. Member of college second squad 20
5. Member of class team
Those qualifying as members of college teams, squads and secon
squads, or class teams and squads will be designated by the coach a
the end of the playing season.
B. Gymnastic contest.
1. Winner of pin
2. Member of class gymnastic team
4. Second in major event
5. Winner in minor event
6. Second in minor event
The last four are given on condition that a compact.
C. Swimming.
1. Winner of pin
3. Member of squad
D. Tennis. 1. Championship
2. Runner up
3. Playing one round 10
E. Golf (in tournament or under direction of department.)
1. Within 5 of bogy
2. Within 10 of bogy
3. Within 15 of bogy 10

II. Gymnasium.	
A. Class excellence on recommendation	35 35
B. Dancing excellence	35
D. Perfect record of class attendance	25
4 hours a week for one quarter or 2 hours a week for 2 quarters.	
E. One quarter of elective work	50
F. Dancing in "Spring Festival"	15
III. General.	
A. Walking (under thed irection of Athletic Department)	30
1. Ten miles cross country	20
D. I	
B. Improvement of Physical Condition, 1. General improvement of physical condition (on	
recommendation)	25
2. Posture (on recommendation)	50
Chest strength (gain of 10 units)	25
3. Lung capacity (20 cu. in.)	25
IV. Executive positions.	
A. Managers of college teams	25
B. Member of Advisory Board	50
C. Officers of W. A. A.	
1. President	100
2. Vice president	50
Vice president when acting as President for one	1
quarter	75
3. Secretary-treasurer	75 75
Recording secretary	13
D. W. A. A. play.	
1. General manager	100
2. Business manager	
3. Property man	50 75
4. Coach(Assistants' units on same basis.)	10
E. Chairman of Banquet	75
E. Chairman of Danquettini	
F. Committees. (See "Classification")	
1. Chairman of major	50
2. Member of major	25
3. Chairman of minor	25 10
4. Member of minor	
major committee units will not be added.	1 01 0
V. Miscellaneous.	
A. W. A. A. play cast	50
P W A A play chorus	50
C. Authors and composers of the various W. A. A. enterments—units to be awarded in each case according	to im
portance and relative amount of work done, such g	radini
to be determined by the Advisory Board.	

Classification of Committees. 1. Reception of Freshmen. 2. Chicago night for Chicago women. 4. Wisconsin Luncheon. 5. Banquet. 6. Nominating committee......Minor 7. Election committee......Minor De Pauw. Any team 100 Each additional year on teams 50 Honors in the following 50 Track Dancing Swimming Apparatus Bowling Tennis Archery Fencing Third year Physical Education 50 Perfect record in Physical Education per semester..... 25 Four walks, ten miles each, in one semester 50 Illinois. Hockey 10 Basketball 10 Bowling 10 Second 5 Swimming honors 10 Swimming meet 10 Second 5 Third 2½ Attendance 2½ 1st year, 3 times a week 2nd year, 2 times a week Membership Championship team, 4 halves Member of sub team Additional year on team Sophomore Junior Senior Av. Grade of 95, 2 consecutive semesters 10 Av. Grade of 95, 1 semester

Dancing honor grade Third year Gym., 1 year Third year Gym., 1 semester Fourth year Gym., 1 year Fourth year Gym., 1 semester Walks—100 miles One walk must not be more than 10 miles or less than 5 miles.	10 4 15 6 10
Perfect record, 2 consecutive semesters Perfect record, 1 semester Class leader 5 periodls of work a week per year. 4 events out of 8 on Apparatus	2 10 2 ½ 5
Indiana. Hockey Basketball Tennis class champion Swimming Field and track Sub-teams	100 100 100 100 100 25
Sub playing one half in two games	25
Additional year on team: Sophomore Junior Senior Tennis champion Swimming champion Gymnasium Second year physical training Third year physical training Freshman honor Sophomore honor Junior honor Dancing honor 4 events out of 8 on apparatus 4 ten mile hikes in one semester Milwaukee Downer.	50 75 75 50 50 75 100 75 75 50 50 25
A. Athletic officers	
President Vice president Secretary Treasurer Heads of Departments Class managers of sports B. Athletic teams	. 2
1 College	0
Hockey Basketball Bowling Baseball Regular substitutes	2 2 2 2 1
2. Class Hockey Basketball Bowling Tennis Baseball Rowing Field and track Regular substitutes	1 2 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1
Regular substitutes	1

C. Athletic Champions Members of winning crew Breakers of record in field and track Champion of tennis D. Physical Education "A" in physical education one year Third year in physical education Members of the winning class teams in competiti gym. drill Winners of first places in apparatus work in competive gym. drill Minnesota.	2 1 1 ive ¼
Required points.	
 Membership in the W. A. A. at least for the year in we seal is sought. An academic standing which is up to grade in all ways The right attitude toward hygienic living. A sportsmanlike attitude toward athletic competition. Good posture and carriage. 	
Elective points.	
Sports shall be classed as, 1. Major— a. 75 entrants b. 3 months' duration	
c. 12 practices required for try-outs. 2. Minor— a. Individual sports—10 entrants. organized sports—enough for two teams. b. 2 months' duration (approx.) Minor sports fulfilling the requirements of major sp	orts may
be classed as such at the discretion of the Control (i. e., croquet, Newcomb, etc., would recome major sports).	Board of
 Making a first team in a major sport gives Making a first team in minor sport gives Making a second team in a major sport Making a second team in a minor sport Second team members playing two match games get ext 	2 1½ 1 ra ½
6. Substitutes playing two second team games 7. In individual contests the winner shall receive as man points as a first team member in a sport the same rank, major or minor.	ny of
8. The runner-up shall receive as many points as a secont team member, etc. 9. In tennis the winner of consolations shall receive one point 10. Points will be conferred on members of regular class elective work in the gymnasium upon the instructor's recommendation (based upon class).	nt. in n-
work and attendance—no grade lower the "C"). a. A year's enrollment in a class meeting 3 times	an
week	3 a 2
c. A year's enrollment in a class meeting 1 times week	1

11. Membership in the winning class in the annual gymnasium contest	1
(winning Freshman class)	
12. Women walking one hundred miles during the course of three consecutive semesters	2
Missouri.	
Numerals in hockey, baseball, and basketball and track. 10 Members of squads in hockey, baseball, basketball and	
	each
year 2	each
Grade of S in gymnasium	
Swimming.	
Beginners (one who has learned to swim within a month)	
Swim across tank any stroke	
Advanced (one who has known how to swim longer than	
a month) 3 different strokes done in correct form 1	
Swim for 15 minutes	
Front dive, perfect form 1	
Swim under water from spring board to end of tank 1	
Pick up object from deepest bottom	
Second place	
Swim. Four length, three turns, 1st place 2	
2nd. place 1 Diving-front, back, side, and one chosen dive, in perfect	
form	nona
Interclass championship shall count two extra points for win Any woman winning 50 or more points during one year sha	ll be
given 10 additional points toward her total.	
One stripe shall be awarded for every 50 additional points above	100
Northwestern.	10
Playing on championship team	6
Playing on class team	
Greatest number of points in track or swimming	.10
Second place	. 5
Third placeQualifying	1
First place in tennis interclass tournament	.10
Runner-up	. 7
Class championship 5	9
Making class team	. 3
Winning team in group contest	. 2
During the year in any meet with an outside team there shall	1
be given	
Winner of one first	. 1
Winner of two seconds	. 1
Winner of four fourths	. 1

Ohio.

Points for Membership.

Swimming—each stride twice the length of pool	
partment.) Member of team	5
Marks— Merit 5 Good 2 Posture—on recommendation by departemnt 1 Extra work with regular class enrollment 2 Points for an "A."	5 5

The work is grouped under seven heads, each group counting 15 points towards a possible 100 points, except personality which shall count 10 points.

The grouping shall be as follows:

1. Floor work-

Marching.

Free-hand exercises.

Club swinging.

2. Apparatus.

- a. Flying rings-swing; Turn in rings.
- b. Traveling rings-full length and back.
- c. Buch-straight away jump.
- d. Horse-Support vault; Flank vault.
- e. Parallel bars-Front vault; Rear Vault.
- f. Window ladder-climb up and down-straight, spiral.
- 3. Folk dancing; name, describe and execute ten dances.
- 4. Aesthetic dances, name, describe and execute 3 dances.
- 5. Athletic games; have an average knowledge of tennis, archery, field hockey, volley ball, indoor baseball, basketball.
- 6. Swimming;
 - a. Float on back.
 - b. Two different strokes twice the length of pool.
 - c. Jump into deep end and swim.
- 7. Personality:
 - a. Interest in work.
 - b. Neatness.
 - c. Sportsmanlike attitude.
 - d. Initiative.

Wisconsin.

A.

ams.	
Hockey 100	
Basket ball 100	
Bowling 100	
Baseball 100	
Tennis 100	
Swimming 100)
Archery 100)
Rowing 100)
Fencing 100	
Field and track 100)

Sub teams	25
	50
	75
	75
B. Honors.	
Dancing.	
Swimming.	
Apparatus (four events out of eight)	
Archery.	
To be developed under departmental reguation.	
C. Other points.	
Third year in Physical Education	50
	75
	50
	50
Walks equivalent to 40 miles per semester according	
	25
to ruics	
No person shall be allowed to make points in more than one s	POIL
a season.	

APPENDIX TO PART V.

POINT SYSTEM.

Grinnell.
Tennis finals
3 out of 4 base ball games a season
All hockey games a season 1
All base ball games a season
Time walking 1
Distance walking 1
Michigan.
Basket ball. Substitute position 5 honors.
Class team 8 honors.
Championship team
Outdoor inter-class team sport.
Substitute position 3 honors.
Class team 5 honors.
Championship team 6 honors.
Archery—Second place 2 honors.
First place 3 honors.
Tennis—Tournament play 1 honor.
Class championship 3 honors.
Runner up 4 honors.
University championship 5 honors.
Swimming—Passing first test 3 honors.
Passing second test 5 honors.
Walking—Ten mile hike 1 honor.
Skating-4 periods of an hour minimum on 4 different
days within 2 week time limit 1 honor.
Indoor Meet—Third place 1 honor.
Second place 3 honors.
First place 5 honors.
Gymnasium Work—Perfect record
Perfect attendance in elective work 5 honors.
Dancing festival—Participation 3 honors.
Special dancing 5 honors.

Squad leaders—Spring or fall	nors.
Winter 4 ho	
Captains or managers of class teams 2 ho	nors.
Athletic Board—Membership 1 h	
Sport managers 2 ho	nors.
Business manager 3 ho	nors.
Publicity manager 3 ho	nors.
	nors.
berlin.	
For playing on the regular basket ball team 100 pe	oints.
For playing as sub. in 3 halves of a regular match	
game 50 pc	oints.
For playing as sub. in 2 halves of a regular match	
game 25 pc	oints.
Being member of "Yale" or "Princeton" team 50 pe	oints.
Bein sub. on "Yale" or "Princeton" team 25 pc	oints.
Chosen as one of five best players on field hockey	
team 100 pc	oints.
Class tennis champion 100 pe	
Tennis champion of the institution	oints.
Winning skating honors 100 pe	oints.
Excellency in gymnasium work in the Freshman or	
Sophomore year 100 pe	oints.
Four ten-mile walks during one semester 50 pe	oints.

AWARDS.

California.

- 1. Numerals are to be awarded to the first team of every class in each sport, and substitutes at the discretion of Manager.
 - 2. Qualification for "C".

Efficiency in Physical Education.

Skill in two sports.

Correct carriage and appearance.

Sportsmanlike spirit.

Hygiene living.

General scholarship.

The committee for granting the "C" shall consist of the Coaches and Managers of the different sports, the head of the Physical Education Department, the President of Sports and Pastimes, who shall te Chairman of this committee.

The "C" shall be a Blue and Gold block letter and presented on a white sweater.

Chicago.

1. Winning a W. A. A. pin.

A committee of three, consisting of the Director of the Department, the Athletic Instructor, and one other, shall consider and vote on each candidate and recommend the student to the Association as eligible to receive the pin.

Points to consider:

- 1. Student must play in at least one championship game, or win first place in an approved gymnastic event.
- 2. Must have done faithful work in both athletics and gymnastics.
- 3. Must have shown good ability in athletic work .
- 2. Winning a W. A. A. fob.

Winning a W. A. A. pin for four years.

De Pauw.

1. The following honors shall be awarded by the Association according to the point system as stated in By-law VII:

Numeral-200.

Letter-500.

Sweater-800.

2. A list of the points of each member of the Association shall be recorded in a Roll of Honor kept by the Class Representatives and the Secretary.

Illinois.

1. The following honors shall be awarded by the association in accordance with the point system as stated in By-law X.; Pin, 30; Small emblem, 60; Large emblem, 80; Final, 100.

2. A list of the points of each member shall be recorded in a Roll of Honor kept by the Vice-president for this purpose and on certificate of membership.

Indiana.

- 1. A numeral is awarded for each 300 points.
- 2. I. U. sweater is awarded for 900 points.
- 3. University tennis champion is awarded a silver cup.
- 4. Class champion is awarded a middy with numerals.
- 5. Swimming chapion is awarded monogram to wear on swimming suit and has her name engraved on the W. A. A. Swimming cup.

fowa.

Pin, seal and arm band.

- 1. Numerals to those in competitive events.
- 2. "A" for athletic efficiency in the required number of sports.

Mill's College.

- 1. "M" shall be awarded to those students who have played on a College team, to those students who walk four hundred miles a yearnot less than one hundred and seventy-five miles a semester-and to those students showing a high proficiency in gymnastics or dancing.
- 2. An "M" with a diamond in each wing shall be awarded to all students who win "M's" in any three of the above mentioned activities.

Milwaukee Downer.

- 1. A Block numeral shall be awarded to any member of the Association who may be chosen for any class team or crew.
- a. In order to receive a class numeral in Baseball or Basketball a student must play in at least two games of the series of class games. In order to receive a class numeral in Hockey a student must play in one game of the series of class games.
- b. A student must practice during the entire season of a sport in order to obtain and to maintain her position on a class team.
- 2. A small dark blue block M. D. monogram shall be awarded to any member of the Athletic Association for a position on a college team or winning crew, or to a champion of Tennis, or breaker of record in Field or Track.
- 3. A large dark blue block M. D. monogram shall be awarded to any member of the Athletic Association who shall obtain any ten of the honors designated in Art. IV. Section 1, A, B, C, D.
- 4. Only one emblem of the same kind shall be awarded to any one person, but for every subsequent emblem of that kind to which she may be entitled a dark blue chevron shall be awarded.

Minnesota.

Trophies.

1. The Weld cup for basketball will be awarded to the class that wins the basketball tournament two years in succession.

2. The Hudson cup for tennis will be awarded to the winner of the three successive spring tennis tournaments.

3. The Jacobs cup will be awarded to the winner of three successive fall tennis tournaments.

4. The small Norris cup for swimming will be awarded to the winner of the swimming tournament. This cup may be exchanged for a larger one upon winning a second year.

5. The Department of Physical Education will present a plaque to

the class showing greatest excellence in esthetic dancing.

6. A banner is to be presented to the class making the highest score in the gymnastic meet.

Emblematic Arm-Bands.

Arm bands in class colors and bearing class numerals shall be conferred upon those making points in sports. Emblems symbolic of the sports shall be added as won. A star shall indicate the winning of a seal.

The W. A. A. Seal.

The leather athletic seal shall be granted to all women who make 21 athletic points, of which 5 shall be required and 16 elective.

a. No more than 8 elective points may be won in one year.

b. After the Freshman year two points per year must be earned in the regular elective classes (i. e., gymnasium, gymnastic dancing, fencing, organized games, etc.).

c. If the requirements for winning a seal are fulfilled twice a star shall be placed in the corner of the leather seal and a second star shall be placed on the arm band.

Required points unchanged except for the omission of No. 6.

Required Points.

- 1. Membership in the W. A. A. at least for the year in which the seal is sought.
- 2. An academic standing which is up to grade in all ways.
- 3. The right attitude toward hygienic living.
- 4. A sportsmanlike attitude toward athletic competition.
- 5. Good posture and carriage.

Missouri.

- 1. Any woman who competed during one whole game or its equivalent, in any sport, shall be awarded her class numerals and the initial letter of the sport in which she so competes.
- 2. A block "M" on a white coat sweater shall be awarded to any woman who fulfills the requirements for eligibility for competition, and wins a total of 100 points, according to the following schedule.

Points system follows:

Northwestern.

1. Pin. The pin of the association shall be a small purple W. A. A. to be awarded when membership is granted.

2. Numerals and Ns. Class numerals and the official N of the Woman's Athletic Association shall be awarded to any member winning 15 points in one year, 20 points in two years, 30 points in three years,

40 points in three years. N. B. points counted once for an N may not be counted for a second N.

- 3. Sweaters will be granted to members winning 40 points.
- 4. A trophy shall be awarded to the class whose members have won the greatest number of points at the close of the athletic year.
- 5. Any member acquiring 50 points shall be awarded a laurel wreath. Any member acquiring 75 points shall be awarded a gold wreath.

Ohio State University.

- 1. An "A" shall be awarded to any student who has a record of 80 per cent in Physical Education.
- 2. An "A" candidate shall pass an examination in each line of work and personality and shall have an average of 75 per cent in each.

The grouping of the work is given under the point system.

Rockford.

Numerals, Senior "R", and Gold R. C. pin.

- 1. The award is an orange "T" which they are allowed to wear on left arm of their white sweaters.
- 2. When "T" has been worn in same sport more than once, then a bar is given for each "T" which is worn on the right arm with "T" on
- 3. In basket ball the winning team of the series of class games wins the Louis H. Wright loving cup for that year and has their class and date engraved on it.

Wisconsin.

- 1. Upon making a team, a girl is given a red chevron on a white serge background, which has her class numeral embroidered in red at the top. The chevron has the initial letter of the sport embroidered in white at each end.
- 2. The following honors shall be awarded by the Association in accordance with the point system.

Pin	300
Small Emblem	600
Large Emblem	800
Final Emblem.	2 - 12 - 13 - 13

- 3. Final athletic emblem.
- 1. All senior "W" women are eligible.
- "W" women are those who have earned the large emblem.
- 2. Maintaining womanliness as the essential criterion, the selection is to be made on the following basis:
- a. Personal presence.
- b. Athletic accomplishment
- c. Spirit.
- d. Service.
- e. Scholarship.
- 3. The selections are to be posted on the Wednesday following the first Tuesday in May, in Main Hall, in a manner similar to the customary announcements of the Mortar Board election; and are to be read at the following meetings of the Athletic Association.
- 4. The Final Emblem Committee, which shall be announced at the March meeting shall consist of five members;
- a. The head of the Department of Physical Education.
- b. Another faculty member of the same department.

- c. An all-university representative senior woman (if the best fitted senior woman happens to be an association member, this shall not bar her from receiving the appointment to the committee).
- d. An association Junior.
- e. An association Senior.
- 5. The committee for choosing the Final Emblem Committee shall consist of three seniors from the Women's Athletic Association, appointed by the president at the January meeting.
- 6. A list of the points of each member of the Association shall be recorded in a Roll of Honor kept by the secretary for this purpose, and on the certificate of membership.

Colorado.

Letters and sweater.

Each member of the championship team shall receive a white sweater with an official gray and gold monogram of felt thereon.

Not more than one sweater may be granted to a player during her college career.

Numerals are given to players not on championship teams.

Loving cups are given to the winners of both doubles and singles in tennis and the person having highest score in archery.

A loving cup is given to winning team in basket ball.

Grinnell.

For 3 points in 3 different sports an honor pin.

For 6 points in 3 different sports a G. A. emblem.

For 8 points in 4 different sports a sweater.

Nebraska.

Letters, sweaters, blankets, "N" certificates, medals for track.

Michigan.

For position on class team in hockey, basket-ball and baseball, an appropriate arm band, a chevron added for each year on the team.

For thirty honor points, an M armband.

For sixty honor points, a gold M pin.

For one hundred honor points, an M sweater.

Washington.

Hockey—armbands in class colors bearing numerals under crossed hockey sticks for individuals.

Champion team is also awarded a banner in the class colors with "Hockey", the class numerals, and year won, on it.

Basket ball—class numerals on a circular background 6 inches in diameter, in University colors for members of teams.

Members of champion team have "B.B." awarded them also and have the numerals engraved on the basket ball cup.

Base ball—class numerals on a diamond shaped background in University colors.

Tennis singles—name of champion is engraved on the tennis cup.

Washington State University at St. Louis.

Pennants.

Oberlin.

O. C. Sweater granted for five hundred points.

Sweet Briar.

Each student who plays on her class team in two-thirds of the games is entitled to her class numerals.

Every member of the Varsity team shall be awarded her "S. B."

Freshmen are excluded from the Varsity team.

Every member of the Special Team shall be awarded her "S. B. S." Every member of the Academy Team shall be awarded her "S. B. A." Each student who makes or breaks a record in any Field Day entry is entitled to an "S. B." or "S. S." or "S. B. A."

An "S. B." or "S. S." or "S. B. A." shall be given to all winners of the Tennis Singles and Doubles.

Winners of class tournaments are entitled to the class numerals.

An "S. B." or "S. S." or "S. B. A." shall be given to any one who shall break a record in swimming.

OFFICIAL REPORT

of the

ATHLETIC CONFERENCE OF AMERICAN WOMEN.

This Conference was held in Lathrop Hall of the University of Wisconsin, at Madison, Wisconsin, on the ninth and tenth of March, 1917. Twenty colleges and universities were represented, as follows: Ames College, Iowa; Beloit College, Wisconsin; De Pauw University, Indiana; University of Indiana; University of Colorado; Grinnell College, Iowa; University of Illinois; Lawrence College, Wisconsin; Milwaukee—Downer College, Wisconsin; University of Minesota; University of Missouri; Nebraska State University; Northwestern University, Illinois; Ohio State University; Rockford College, Illinois; Sweet Briar College, Virginia; University of Washington; Washington iState University, St. Louis, Missouri; University of Wisconsin.

Section One.

Minutes of the Meetings of the Official Delegates.

First Meeting: Friday, March 9, 1917; 1:45 P. M.

At the first meeting of the official delegates of the Athletic Conference of American College Women, Miss Helen Barr, president of the loal Athletic Association, was in the chair, and Miss Elsie Howell, secretary of the local Athletic Association, acted as secretary.

The chairman outlined the history of the evolution of the Conference. For two years Wisconsin has felt the need to learn definitely of other Women's Athletic Associations over the country. Consequently, last fall the Association prepared a short questionnaire entitled "Co-operative Questionnaire for College Women's Athletic Associations of the Middle West and Far West". The scheme as stated in this questionnaire was that to every school that answered, Wisconsin would return an informal resume of all material sent in. All answers were to be in by the twentieth of January. Amongst the questions asked, was whether or not a Conference of Women's Athletic Associations of the West would be favored and supported. To this question there were returned so many favorable replies from the twenty-three schools receiving the questionnaire, that the local Association felt justified in undertaking the issuance of a proposal for such a Conference to be held in Madison. This was sent out to twenty-six schools on January 30th, 1917. The response immediately was favorable, and through the hearty support of twenty schools, the Conference became a reality.

The Wisconsin delegate, Miss Louise Patterson, welcomed the dele-

gates. She explained that the body of official delegates would be the executive body of the Conference. She proposed the following measures upon which to take action:

(1) Intercollegiate athletics.

- (2) Inter-relation of the Physical Education Department and the Athletic Association.
 - (3) Spalding's Rules.

Discussion began on the first and second proposed subjects for resolutions.

Motion carried that delegates think over first proposed resolution until the next meeting, and that each in the mantime investigate and come with some conclusion on the matter.

Second Meeting: Saturday, March 10, 1917; 8 A. M.

The chairman, Helen Barr, called the meeting to order. Roll call. The minutes of the previous meeting were read and approved.

The delegate from the University of Illinois moved: That this body discourage intercollegiate athletics in the sense that one school go from one school to another; but that we encourage the keeping of different events between schools for competitive comparison and that at regular times these records be selected and kept by the secretary of the Conference. Seconded and carried.

The delegate from the University of Wisconsin moved: That the chairman appoint a committee of three delegates to go over the resolutions and draw them up in a compact manner, and yet in a man-

ner not ambiguous. Seconded. Carried.

The delegate from the University of Illinois stated that it would not be necessary for the delegates to spend time in discussion over the relations between the Department and the Association, for the reason that the opinion was unanimous on the cordiality.

The delegate from the University of Wisconsin moved: That a resolution be drawn up on the opinion on co-operation between the Department of Physical Education and the Athletic Association. Seconded. Carried.

The delegate from the University of Missouri moved: That a resolution be drawn up that Spalding's rules be adopted as the official rules. Seconded.

The delegate from the University of Illinois suggested: That the motion be amended by addition of the words: wherever it is possible to use them.

The motion carried.

The delegate from De Pauw University wanted the sentiment of the delegates on the emblem question.

The delegate from the University of Wisconsin moved: That the delegate from De Pauw University arrange a paper for circulation among the delegates with two lists: (1) colleges that have letters. numerals, etc., and (2) colleges not allowed to have them, and why, amongst the co-educational schools. Seconded and carried.

The delegate from the University of Wisconsin moved: That this Conference become a permanent institution. Seconded. Carried.

The delegate from the University of Wisconsin presented tentative ideas for a constitution. The main body should be short. The bylaws should be flexible. The constitution proper should consist of the following:

Article I. The name shall be Article II. The purpose shall be Article III. The Conference shall meet (how often)

Article IV. The constitution can be amended at any Conference meeting by a majority vote.

The delegate from the University of Wisconsin suggested that committees by schools work out this system.

The delegate from the University of Colorado asked that officers at least be elected to see that the Conference go through in the future.

The delegate from the University of Wisconsin suggested that there be sectional conferences and only occasional national conferences; and that the basis of membership be such that any school (college or university) rated as A No. 1 be admitted.

The delegate from the University of Illinois moved that: A committee be appointed with the Wisconsin delegate as one member to suggest a name and purpose for this Conference, and that three be on this committee. Seconded. Carried.

The delegate from the University of Minnesota wanted the sentiment on the material value of athletic awards.

The delegate from Northwestern University thought that all should work towards not having material awards; but she thought that it is necessary to have material awards for interest in some cases.

The delegate from Grinnell College thought that the Conference

could not decide on the matter of awards.

The chairman appointed the following committees: (1) Committee for the resolution on intercollegiate athletics; the delegates from the University of Minnesota, Northwestern University, and Rockford College. (2) Committee for the resolution on the inter-relation between Department and Association: the delegates from Grinnell College, the University of Chicago, and the University of Missouri. (3) Committee for the resolution on the name and purpose of this Conference: the delegates from the University of Colorado, Sweet Briar College, and the University of Wisconsin.

Third Meeting: Saturday, March 10, 1917; 2:30 P. M..

The meeting was called to order with the chairman, Helen Barr, in the chair. The minutes of the previous meeting were read and approved.

The delegate from the University of Wisconsin moved: That resolution No. I (see Section 2 of Conference proceedings) be adopted. Seconded and carried.

The delegate from the University of Minnesota moved: that resolution No. II (see Section 2 of Conference proceedings) be adopted. Seconded and carried.

The delegate from the University of Colorado presented as a name for the Conference: The Athletic Conference of American College

The delegate from the University of Minnesota stated objection that "American" ought to be substituted by some more specific word. Objection not sustained.

The delegate from De Pauw University moved that this name as presented by the delegate from the University of Colorado be adopted as the official name for the organization. Seconded. Carried.

The delegate from Milwaukee-Downer College moved: that the purpose be: to further athletic interest for women in American colleges, and that the delegates adopt this purpose. Seconded. Carried.

The delegate from the University of Illinois moved: that a meeting of the Conference be held next year to finish the organization. Seconded and carried.

A motion carried that the meetings of the Conference be stated in the By-laws.

A motion carried that Article IV of the Constitution be accepted as

This body decided that a committee should draw up and present to each Athletic Association the necessary by-laws.

The delegates from the University of Illinois and the University of Chicago extended their invitations for the holding of the Conference at their schools.

The delegate from Northwestern University moved: that the delegates accept Chicago's invitation, and that the president of the Athletic Association at the University of Chicago be the chairman of the Conference. Carried.

A motion carried that a corresponding secretary for the Conference be elected.

It was decided, that such a secretary be selected by the chairman at the University of Wisconsin from among the members of the local Association.

The delegate from the University of Minnesota was in favor of the delegates taking a stand about inexpensive awards.

The delegate from the University of Wisconsin moved: that committees for the next Conference be appointed by the Wisconsin chairman, the University of Minnesota to have charge of the committee for the by-laws. Carried.

The delegate from the University of Illinois moved that resolution No. IV (see Section 2 of Conference proceedings) be adopted. Carried.

The delegate from the University of Wisconsin moved: that resolution No. V be adopted. (See Section 2 of Conference proceedings). Carried.

The delegate from the University of Colorado moved: that all business transacted by the Conference be made available to the official delegates. Seconded and carried.

Adjournment followed.

By the official conference secretary, Elsie M. Howell, University of Wisconsin.

Madison, Wisconsin, March 10, 1917.

Section Two.

Statement of Definite Accomplishment of the Conference.

Resolutions Passed. Be it resolved that:

- (1) The Woman's Athletic Associations in universities and colleges have a close relationhsip with the departments of physical education for women.
- (2) This body go on record as opposing intercollegiate athletic competition for women in so far as it involves the necessity of a team going from one college to another, but that the keeping of records of events be maintained by the Conference secretary for competitive comparison between colleges.

(3) The Women's Athletic Associations in colleges and universities adopt Spalding's rules as the official rules in all games.

(4) This body go on record as in favor of keeping up scholastic standards by discouraging the playing of any girl on a class team unless she has a satisfactory scholastic standing.

(5) This body recommend that sportsmanship be seriously considered in choosing a girl for any team.

The Official Constitution Adopted by the Official Conference Delegates.

Article I. The name of this Conference shall be the Athletic Conference of American College Women.

Article II. The purpose of this Conference shall be to further athletic interests and activities for women in American colleges.

Article III. Meetings of this Conference shall be held as directed in the by-laws.

Article IV. This constitution may be amended by a majority vote of all members of the Conference present at any meeting.

Committees for the Next Conference to be Held at the University of Chicago, Chicago, Illinois, the Year of 1917—1918.

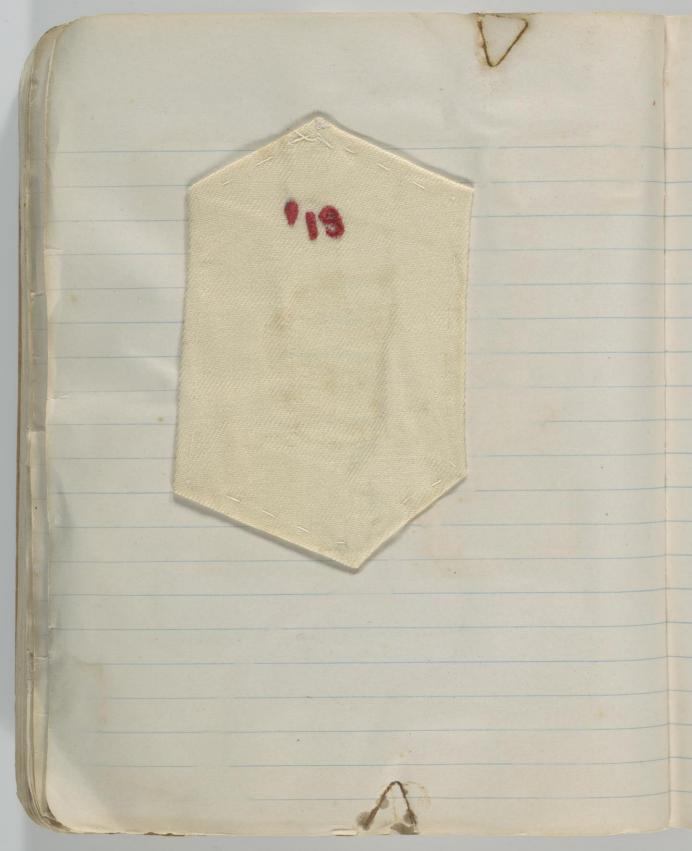
- (1) Committee on By-laws:
 The University of Minnesota. (chairman)
 Sweet Briar College.
 Grinnell College.
- (2) Committee on the 1918 Conference: The University of Chicago (chairman). Northwestern University. The University of Illinois.
- (3) Committee for the Extension of Representation:
 University of Wisconsin (chairman).
 University of Colorado.
 Ohio State University.

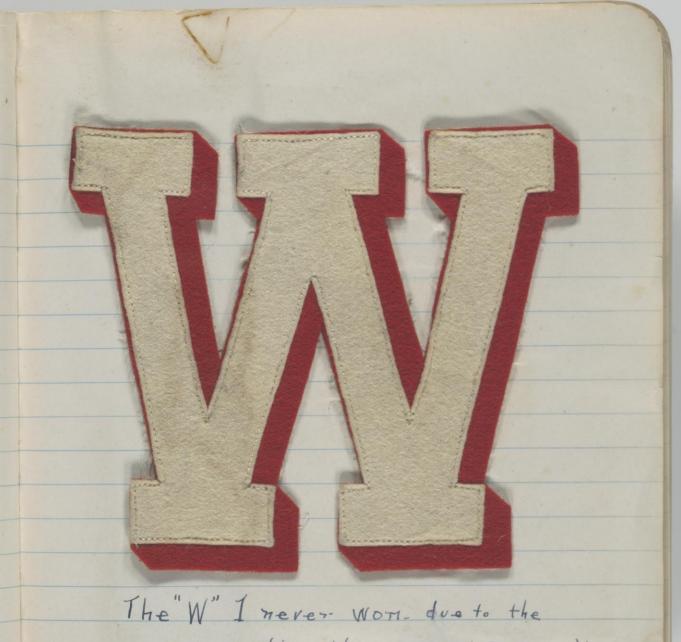
Corresponding Secretary for the Athletic Conference of American College Women is Miss Magdalen Cronin of the Women's Athletic Association of the University of Wisconsin.

COOPERATIVE CURCIFICENTIAN INPEROR COLLEGE WOMEN'S ATHLETIC ASSOCIATIONS OF THE MIDDLE WEST AND FAR WEST. Subject: Athletics in College athletic Associations for Women Students and the Problems Arising Therefrom. The Purpose: The Women's Athletic Association of the University of Wisconain we organized in 1908 with the purpose, so its constitution states, for promoting high physical affiency among the roman students of the univereity by fost ring an interest in gyanastic and athletic activities. Athletic facilities have been improved, the interest in athletics has greatly increased, and each year the membership has rapidly grown. In view of the fact that the present development of athletics for women is still incomplete, we believe that a number of athletic associations c uld learn a great deal from a study of the methods and problems of other wemen's athletic associations. The Scheme: Therefore, this athletic association is a nding a questionn ire to twenty women's athletic associations in colleges of the middle and far west. When the questionnaires have been anasered and returned we propose to arrange the material in an informal resume, which shall be available for such schools as respond by answiring the questionnaire. We believe that with the help of all, this quest onnaire and a resulting resume will represent definite progress towards a broader view of women's athletics, towards unity and greater enthusiasm. But the value of this effort will depen upon the composition of each school. The quetions are necessarily general; it is spected that you will adept them and organize your answers so you deem best. The questionnaires are to I ave Madison December 16; they should be answered as carefully and as probptly as resulting they must be returned not later than January 20, 1917. The Questionnaire. A. Have you a printed constitut on? Any descriptive booklets of your ath-letics? If so, send them in. If not, answer the following, or answer if points re not covered in the constitution: I. Is your association an organization by itself, or a branch of anothort 3. Organization. a. Memb rahip is based upon what? Size? Limited? b. Rank or status of your associat on as commerced with the other organizations in your school? 3. Special Rules. a. Have you ony rules for training for an rts, order-country hitse, etc. 4. Sports. a. How have you organized each sport? b. Do you have seasonal rotation of sports; o. What exorts are included in your schedule for each season! d. Do you use the uniform rules (Spaulding's)? 5. How is your association financial 6. Do you have a point system for measur ng athletic activity? 7. What are your awards for athletic activities? 8. Department of Physical Education. a. That work is required, and how many hours par week, if required?

b. What are the departments of the work (dancing, sports, etc)?

c. What equipment have you (sym, tannis courts, athletic field, etc)? d. Do the Association girls help the Department (in tournaments, etc)? 9. That re your hardest problems? IO. What "Meets", "Tournaments", "Exhibitions", or "Demonstrations" or e an ually? What particular subjects or departments would you want to see emphasized in a resume? I. Constitutions? E. Awarde? 3. Standards for measurement of athletic activity? If a convention of west rn athletic associations were to be held, at Madison, for example, would you favor it? If so, would you send a delagate or delegates?





operation the spring of Senior Year

Constitution By-laws and General Rules

of the

Vassar College Athletic Association

Poughkeepsie, N. Y.

Constitution By-laws and General Rules

of the

Vassar College Athletic Association

Poughkeepsie, N. Y.



CONSTITUTION.

ARTICLE I.

(Name.)

The name of the organization shall be the Vassar College Athletic Association.

ARTICLE II.

(Object.)

The object of this organization shall be the promotion of athletic sports.

ARTICLE III. (Members.)

All officers and students of Vassar College are eligible for membership.

ARTICLE IV. (Officers, Election, Duties.)

Section 1. The officers of the Association shall be a president, vice-president, secretary and treasurer and an athletic board composed of the officers of Association, the captains and managers of the hockey and basketball teams, and the managers of the track teams and of tennis.

Section 2. Election of Officers.

(a) The president shall be chosen from the incoming Senior class, the vice-president and the

secretary from the incoming Junior class, and the treasurer from the incoming Sophomore class.

(b) Said officers shall be nominated and reduced to two in March, elections to take place in April.

(c) Said officers shall enter upon their duties at the beginning of the following collegiate year.

Section 3. Duties of the Officers.

- (a) It shall be the duty of the president to call and preside at all meetings, and to exercise a general supervision of the interests of the Association.
- (b) It shall be the duty of the vice-president to perform the duties of the president in the absence of said president. Also to act as chairman of the Grounds Committee.
- (c) It shall be the duty of the secretary to record the proceedings of all meetings and to keep a permanent record of the same, to see that members at large are well informed as to the time and subject matter of all open Board Meetings which shall be announced at least one week in advance, to report to the Faculty of the college all amendments to the constitution or the by-laws adopted by the Association, and to perform all other duties pertaining to the office of secretary of the Association.
- (d) It shall be the duty of the treasurer to have charge of all funds of the Association, and to keep a strict and permanent account of all receipts and expenditures, to present a report of the same at an open Board Meeting in the Spring,

and to perform all the duties pertaining to the office of the treasurer of the Association.

(e) It shall be the duty of the athletic board to look after the general management of the affairs of the Association.

ARTICLE V.

(Jurisdiction.)

Section 1. The Association shall have jurisdiction over the following:

- 1. Basketball.
- 2. Tennis.
- 3. Field day (indoor and out).
- 4. Hockey.
- 5. Archery.
- 6. Croquet.
- Sec. 2. The Association shall give an annual ice carnival if the season permits. The president of the Association shall act as chairman and file a report with the secretary of the Association.
- Sec. 3. An indoor meet shall be held in February or March under the jurisdiction of the Association and the gymnasium department.
- Sec. 4. The election of captains and managers of class teams shall be approved by the Association. It shall be the duty of the managers of the various teams to report promptly to the secretary of the Association the selection of members of their respective teams.

ARTICLE VI.

(Dues.)

The dues of the Athletic Association shall consist of an annual tax of 75 cents (\$.75) and an entrance fee of 25 cents (\$.25).

ARTICLE VII.

(Meetings.)

Section 1. Open Board Meetings.

Meetings of the Board, open to all members of the Association to have the right to discuss and vote, shall be called by the president whenever business concerning and requiring the attention of the members shall come up.

Sec. 2. Closed Meetings.

A meeting of the Board may be called at any time by the president of the Association.

Sec. 3. Requested Meetings.

Open meetings shall be called by the president at the request of any five members of the Association.

Sec. 4. Quorum.

A quorum shall consist of two-thirds the membership of the Board for Closed Meetings; one-fourth the entire membership of the Association for Open Meetings; and one-half the entire membership of the Association to amend the Constitution.

ARTICLE VIII.

(To Amend Constitution.)

The constitution may be amended by a vote of two-thirds of the members present at any meeting held for the purpose, but the amendment must be proposed at least one week before action is taken on it. All amendments extending the power of the Association beyond that stated in the constitution shall be submitted to the Faculty of the college for ratification.

BY-LAWS.

ARTICLE I.

(Committees.)

Section 1. Basketball.

(a) The basketball committee shall consist of the captains and managers of the class teams, Senior manager to act as chairman, Sophomore manager as secretary.

(b) Duties. It shall be the duty of the basketball committee to arrange the rules for the match games and the dates, under the supervision of the social engagements committee.

Sec. 2. Hockey.

(a) The field hockey committee shall consist of the captains and managers of the class teams, Senior manager to act as chairman, Sophomore manager as secretary.

(b) It shall be the duty of the field hockey committee to arrange the rules for the match games and the dates, under the supervision of the social engagements committee.

Sec. 3. Tennis.

- (a) The tennis committee shall consist of the four class managers, the Senior manager to act as chairman.
- (b) The managers shall be elected at a Board Meeting.
- (c) It shall be the duty of each tennis manager to arrange for her class tournament and to choose her class team. It shall be the duty of all the managers to arrange interclass matches. The chairman shall file a report with the secretary of the Association.

Sec. 4. Field Day Committee.

- (a) A Field Day Committee shall consist of a chairman from the Senior class, and four members, one from each class.
- (b) Duties. It shall be the duty of the Field Day Committee to arrange for the annual Field Day. The chairman shall file a report with the secretary.

Sec. 5. Indoor Meet Committee.

(a) A committee to arrange for the indoor meet shall consist of a chairman, elected by the Athletic Board, and four members, one from each class appointed by the chairman and the president of the Association.

(b) The chairman shall file a report with the secretary of the Association.

Sec. 6. Grounds Committee.

- (a) There shall be a committee to care for the grounds used by the Association.
- (b) The committee is to consist of three members: the vice-president of the Association as chairman, and two members appointed by the chairman and the president of the Association.

Sec. 7. Varsity Teams Committee.

(See General Rules, Art. I, Sec. 1 (d) and Sec. 2 (d).

ARTICLE II.

(Amending By-Laws.)

The by-laws may be amended under the same conditions as the constitution. (See Article VII of Constitution).

GENERAL RULES.

ARTICLE I.

Section 1. Basketball.

(a) Annual match games shall be played by the class teams for the championship of the college. These games are to be played in the spring.

(b) The rules used in these games shall be the basketball rules for women by A. G. Spalding, as revised and amended by the basketball committee.

(c) Basketball teams may be chosen without reference to hockey teams.

(d) There shall be a varsity basketball team chosen each spring by the varsity basketball committee, which shall consist of the president of the Association, the two upper class managers and the four class captains. Amended to include the two lower class managers.

Sec. 2. Field Hockey.

- (a) Annual match games shall be played by class teams for the championship of the college. These games must be played before Thanksgiving. Amended to allow for playing of hockey games after Thanksgiving.
- (b) Rules. The rules shall be those of the American Field Hockey Association, as revised and amended by the Hockey Committee.
- (c) All match and practice hockey games shall be played under the supervision of the gymnasium department as coaches.
- (d) There shall be a varsity hockey team chosen each fall by the varsity hockey team committee, which shall consist of the president of the Association, the three upper class captains, and one member from the gymnasium department, to be appointed by the head of the department. Amended to include three upper class managers.

Sec. 3. Tennis.

(a) Class tournaments shall be held for the class championship in the fall.

(c) The shall be a Termis varsity have of of chouse by the termin variety committee which shall ensect of the president and The fore class three's maps.

(b) Interclass matches shall be held for the championship of the college in the fall if possible, otherwise in the spring.

Sec. 4. Field Day.

(a) Field Day shall take place early in May and shall consist of the following events:

50 yard dash. 75 yard dash. 100 yard dash. 100 yard hurdle. 300 yard relay. Running high jump. Running broad jump.

Standing broad jump. Hop, step and jump.

Fence Vault

Throwing basketball.

Throwing baseball.

Putting 8-pound shot.

(b) Rules. The rules shall be those of the Amateur Athletic Association Union.

(c) Each class shall be represented in Field Day by a class team consisting of the girls who shall enter Field Day and whose number shall not exceed fifteen

(d) Managers for the following year shall be elected by the class teams after Field Day, except in the case of the Freshmen. The Freshman manager shall be elected by the class in the fall previous to Field Day.

ARTICLE II.

Section 1. Sweaters.

The Association shall award a grey sweater with a large old rose "V" to any member of the Association who breaks a record in competition on Field Day.

Sec. 2. The Association shall grant a small old rose "V" to the winners of the tennis tournament in the singles and doubles.

Sec. 3. The Association shall grant an old rose "V" to any member of the Association who makes a varsity team.

Sec. 4. The Association shall award:

(a) Block numerals to members of class basketball teams, who have played in a match game.

(b) Round numerals to members of class hockey teams who have played in a match game.

(c) Small round numerals to members of class track teams, who have entered Field Day.

(d) Small block numerals to members of class tennis teams.

(e) Arm bands to members of ice hockey teams who have played in two match games.

(f) Arm bands to members of water basketball teams who have played in two match games.

Sec. 5. Half numerals may be worn by any member of the Association, who has played in a match game of hockey or basketball. Amended by adding that if a substitute plays through two whole match games or their equivalent a set of whole numerals shall be awarded her.

Sec. 6. The Association shall award a championship banner to:

- (a) The class winning the basketball championship;
- (b) The class winning the hockey champion-ship;
- (c) The class winning the greatest number of points in Field Day.
- Sec. 7. The Association shall award an all championship banner to the class winning all three of these contests.
- Sec. 8. The Association shall award the hockey stick with small banners attached, to the Senior team—if that team holds the hockey champion-ship.

Note. The Association voted in the spring of 1913 to award a banner to the class winning both doubles and singles in tennis (the banner not to be awarded unless both tournaments are won by the same class), and a banner to the class winning indoor meet.

Wellesley College
Athletic
Association



CONSTITUTION AND BY-LAWS

CONSTITUTION

PREAMBLE

We, the members of the Wellesley College Athletic Association, in order to promote a greater interest in Physical Education among the members of Wellesley College, do hereby organize under the following Constitution and By-laws.

ARTICLE I. NAME

The name of the organization shall be the Wellesley College Athletic Association.

ARTICLE II. MEMBERSHIP

Sec. 1. All members of the College shall be eligible for membership in this Association.

Sec. 2. All members of organized sports shall be *ipso facto* members of this Association.

Sec. 3. The Director of Physical Training shall be member *ex officio* of this Association.

Sec. 4. Honorary members may be elected by the Executive Board of this Association.

ARTICLE III. OFFICERS

Sec. 1. The officers of this Association shall be a President, Vice-President, Secre-

tary, Treasurer and Custodian.

The President, Vice-President, Secretary and Treasurer together with the Director of Physical Training and the Heads of the Organized Sports shall constitute an Executive Board.

SEC. 2. DUTIES OF OFFICERS

(1.) It shall be the duty of the President to appoint the time and place of meetings, to preside at the same, to appoint a temporary substitute for any vacancy in office, to appoint all committees unless otherwise ordered, to enforce all regulations and By-laws, to act as chairman of the Executive Board, and to perform other duties usually incident to the office.

(2.) It shall be the duty of the Vice-President to perform the duties of the President in the case of the inability of the latter to perform such duties, and to act as Chairman of the Field Day Committee.

(3.) It shall be the duty of the Secretary to conduct all correspondence of the Association, to keep a check list of all members, and to record all the proceedings of the Association.

(4.) It shall be the duty of the Treasurer to care for the finances of the Association.

(5.) It shall be the duty of the Custodian to care for the properties of the Association, subject to the direction of the

President.

(6.) It shall be the duty of the Executive Board to exercise legislative powers over the Organized Sports, to have a general oversight over the business of the Association, and to act on all matters pertaining to the Association not otherwise provided for.

ARTICLE IV. ELECTIONS

Sec. 1. The election of the officers of this Association shall take place before June first.

Sec. 2. Only members of the organized

sports shall be elected to office.

Sec. 3. The President shall be elected from the incoming Senior Class, the Vice-President and the Treasurer from the incoming Junior Class, and the Secretary and Custodian from the incoming Sophomore Class.

Sec. 4. Candidates for President, Vice-President, Secretary, Treasurer and Custodian shall be determined by two informal

ballots at least three days before the final ballot is taken. Three nominees having the largest number of votes shall be candidates in the formal ballot. A plurality of votes cast shall be necessary to elect. In case of a tie, a decision shall be made by lot.

ARTICLE V. QUORUMS

A majority of the members of this Association shall constitute a quorum for the amendment of the Constitution and By-laws. One-fifth $(\frac{1}{5})$ of such members shall constitute a quorum for the transaction of all other business.

ARTICLE VI. MEETINGS

An annual business meeting shall be convened before December first.

ARTICLE VII. AMENDMENTS

Sec. 1. A notice of any proposed amendment to the Constitution shall be given in writing to the Secretary, who shall post it on the Athletic Association bulletin board two weeks before action shall be taken upon it.

Sec. 2. A three-fourths $(\frac{3}{4})$ vote of the members present shall be required for the adoption of the same.

Sec. 3. Such amendments to the Constitution shall not become valid until approved by the Faculty, and until a copy of such amendments, dated and signed by the Chairman of the Faculty Committee on Constitutions is in the hands of the Secretary of the Association, and a copy similarly dated and signed has been placed in the President's office.

BY-LAWS

I. RULES OF ORDER

All questions shall be decided by Robert's "Rules of Order."

II. FUNDS

1. An annual contribution of twenty-five cents (2002) shall be solicited from each member of an organized sport.

2. An annual contribution of twenty-five cents () shall be required of all

other active members.

3. Special funds shall be raised by voluntary subscriptions.

III. MEETINGS

Notices of all meetings shall be posted on the Athletic Association bulletin board at least one day in advance.

IV. Rules of Procedure Governing Election of Officers

1. Heads of sports shall be elected by the members of their respective sports.

2. All other elections shall be in charge of a committee appointed by the President. This committee shall hold office hours for elections, shall keep a check list of votes, and shall conduct all business pertaining to elections.

(a.) After the second informal ballot, a regular ballot shall be printed at the expense of the Association. At the top shall

be directions for voting.

(b.) In case one person should be a candidate for two or more offices, her name shall be placed on the ballot at the discretion of the committee, as a candidate, either for that one of the offices which, in the estimation of the committee is most important, or for that one for which she has received the greatest number of votes.

(c.) Names of candidates shall not be

disclosed by the committee.

(d.) In case a voter violates the printed instructions in the preparation of her ballot, such ballot shall be considered a blank in

connection with that office.

V. For the validity of any measure appropriating money in the treasury, it shall be necessary that there be in favor of it a three-fourths (\frac{3}{4}) vote of the members of the Executive Board. All expenditures shall be subject to the approval of the Executive Board. All accounts shall be audited annually by someone not a member of the Association and chosen by the Executive Board.

VI. Appropriations exceeding the sum in the treasury shall not be made until pledges have been received covering the amount.

VII. Each sport shall be governed by its own Rules and Regulations and by such Inter-sport Legislation as shall be enacted by the Executive Board not in contravention of any regulations of the Department of Hygiene and Physical Training.

Athletic Association

RULES AND REGULATIONS

September, 1916

Wellesley College

RULES AND REGULATIONS

ARTICLE I

Membership

Any regularly enrolled undergraduate may be admitted to membership for one year upon payment of dues.

NOTE: Members of sports are "ipso facto" members.

ARTICLE II

Officers

I An officer may hold but one office in Athletic Association, i. e., officers of the respective sports shall be other than the President, Vice President, Secretary and Treasurer of the Association.

II The officers of sports shall consist of a Head, and Class Squad Captains, to be succeeded by Class Team Captains.

III The Class Team Captains shall hold office as Class Squad Captains from the Field Day Competition until the selection of teams the following year.

IV An officer of a sport must be non-conditioned.

ARTICLE III

Election of Officers

I Election of Heads.

A The Head shall be elected by the Sport during the second week following Field Day.

B The Head shall be elected from the Junior class by a majority vote in one formal ballot on the names of candidates nominated by the Executive Board.

C The outgoing Head goes out of office at the beginning of the second semester; the incoming Head enters office the first Friday of the new semester

D At a meeting of the sport the members present shall constitute a quorum, provided each class is represented, except for the election of a Head when a quorum shall be constituted by one third of the members of the sport.

II Election of Captains.

A The Class Team Captains shall be elected by the respective class teams at the date of the make-up of the class teams three weeks before the first matched game preceding final competition.

ARTICLE IV

Duties of Officers

Duties of Heads.

A The Head shall have general control of the sport and further its unity and success.

1 She shall have general supervision of the class squads through her captains with regard to

a Health.

b Discipline (including attendance, costume, effort and training)

c Skill.

2 She shall make a fortnightly inspection of

the Captains' Record Books.

- 3 She shall keep a book containing a summary of the individual record of Health, Discipline and Skill marked on scale of 100%, of each member of the class squads as noted in the Captains' Record Books. This record shall be filed in the Athletic Association Office at the end of each season. A copy of this record shall be filed also in the Department office immediately at the close of each season.
- 4 She shall make a complete roll-call of members of her sport on the first Tuesday of the fall term, at which she shall record the health of members during the summer.

B She shall have charge of the qualifications and disqualifications for her sport.

1 Qualifications.

a She shall give to the respective Class Squad Captains their Record Books in which she has entered the accepted candidate list.

2 Disqualifications.

By inspection of Record Books and consultation with Class Squad Captains,

a She shall report cases for lack of discipline to the Board which shall act on disqualification.

b She shall send, as soon as disqualification occurs, the name and reason to the

Physical Training Office.

c She shall bring before the Board all cases of disqualifications other than health

and discipline.

C She shall grant excuses from call-outs with discretion to those members of the sport who are not doing required work in the Department; all Freshmen, Sophomores, and upper classmen doing required work must be sent to the Department for excuses.

Appointments:

1 She shall confer with the Hygiene Office which shall appoint the Freshmen Squad

Captain.

2 She shall appoint a temporary captain in case of a vacancy occurring in the office of a Class Squad Captain until the squad has elected another. She shall appoint subcaptains when necessary.

3 She shall send the name of any new officer to the Secretary of the Athletic Association.

E She shall meet her Class Squad Captains for the purpose of explaining respective duties.

F She shall notify the President of the Athletic Association immediately after the posting of teams, of the kind and number of numerals she will need for her sport.

G She shall file in the Athletic Association office a copy of any instructions or exercises which

she has printed for her sport.

H Reports to Department of Hygiene.

1 At the beginning of each season she shall send promptly to the Department an official schedule of call-outs and subsequently report any changes that are made. Such schedules should be dated and signed.

2 At the opening of the Fall season she shall send promptly to the Department a list of those members of the freshman and Sophomore squads who have dropped out of college, also a report of the health of members of her squad during the summer.

She shall call business meetings and conduct

all correspondence.

J She shall call a meeting during the second week following Field Day for the election of a new Head upon recommendations of the Executive Board.

K Postponement of call-outs.

- 1 She shall post the notice of postponement of call-outs by 12.30 P. M. in case of
 - a Unsuitable condition of weather or grounds.
 - b Student Government Meetings.

c Class Meetings.d Mass Meetings

e Any other adequate reason (For those doing voluntary work only).

2 She shall notify the Department by 12 o'clock of postponement, except in cases of obviously bad weather.

II Duties of Captains.

- A The Captain shall enter a record of the health, discipline, and skill of every member of her squad in the Record Books given her by the Head of the Sport. These Record Books are inspected fortnightly by the Head of the Sport.
- B Basis of Records.
 - 1 Health.
 - a She shall maintain or improve the physical condition of her squad through training.
 - b She shall keep the Head of the Sport informed as to the physical condition of members of her team.

c She shall report at once to the Department any accident on the Field.

2 Discipline.

a She shall enter a record of the individual attendance affected by

1 Tardiness

2 Unsuitable Costume.

b In making final grades she shall consider general attitude and effort.

3 Technical Skill.

a At the end of each season she shall grade the individual on a basis of 100%.

C Filing of Records.

Absences excused by the Head shall be filed a. All other absences must be plainly marked cut. Captains may not grant any excuses whatsoever. Heads may grant excuses to those not doing required work; all others must come through the Department.

D Posting Notices.

1 Line-Up for the day.

- a She shall collect her excuses on or after 10.30 A. M., and return them to the box before 12.30 for use of the Hygiene Dept.
- b She shall post the line-up for the day by 12.30 P. M.

E Voluntary Practice.
She shall post volunteer call-outs not oftener than once a week after the teams are chosen.
She shall notify the Department of such call-outs

F She shall choose the members of the Class team in conference with the instructor, three weeks before the first matched game preceding

the final competition.

ARTICLE V

Season

I The sport season begins in the Spring and ends in the Fall with Field Day. The season for indoor Baseball, however, extends from Field Day until the opening of the out-door sport season.

- II An accepted candidate *must* practice in the same sport during the entire season unless officially disqualified.
- III During the entire season there shall be required three periods of practice per week.
- IV The Novice Season shall close June 1 with the awarding of the individual novice cups.

ARTICLE VI

Application for Sports

- I Applicant list books.
 - A Applicant list blooks are posted at the Athletic Association bulletin board after Christmas vacation. Ample time is given for signing up. The lists are then closed and those who have signed await further notice in the form of the Accepted Lists. For Indoor Baseball, applicant list books are posted in November.
 - B Only one sport may be signed for.
 - C Each student is responsible for the signing of her own name.
- II Accepted Lists.
 - A The fact that a student has signed for a sport does not signify that she is an accepted candicate. The applicant list and the Accepted list are not the same. If a student's name is not on the Accepted List, she is not accepted for the sport for which she has signed.
 - B If a medical examination is required, the time and place for such will be posted.
 - C Students should watch the Athletic Association bulletin board for notices relative to physical examinations.

ARTICLE VII

Instruction for members

- I Equipment.
 - A Each member shall provide her own costume, in acordance with the following regulations:

- 1 Regulation sport costume shall consist of a Blue bloomers, as required by the Department.
 - b White middy blouse worn with a black
 - c Black shoes and stockings.
- d Black hair-ribbon if one is worn.
- 2 This costume may be worn on campus without a long coat; but in *all* buildings (except dormitories) and in the village, students are required to wear either a long coat, or (preferably) a long skirt.
- B Each member shall provide her own "play things," with the exception of archery bows, baseballs and bats, basket balls and hockey balls.

II Discipline.

- A Consult Athletic Association bulletin for practice schedule. The call-outs for the day will be posted by the Captain by 12.30 P. M.
- B Consult Athletic Association bulletin when weather is unsuitable for practice.
- C Absences.
 - 1 When the condition of an individual is unsuitable for practice, a statement of the definite reason for absence must be filed in a labelled box before 10.30 A. M.
 - 2 Only menstrual excuses must be filed in the boxes
 - 3 Absence for illness, or any reason other than m. recurrent at regular intervals, and tardiness do effect the individual standing.
 - 4 Cuts.
 - a Each cut influences the final grade.
 - b Three tardy marks will count as a cut.
 - c Failure to file an excuse at the proper time and place will count as a cut.
 - d For each cut above two, two points will be deducted from the total points made by the Class in the final competition.

5 Excuses.

a All excuses (other than m) for those doing required work must be obtained from the department, Room 4, Mary Hemenway Hall.

b Excuses for those not doing required work must be obtained from the Head.

6 Disqualifications.

a For Health.

1 A student is not disqualified from an organized sport until the Head and Captain of the sport have been notified by the Department. A student who wishes to be disqualified reports to the Resident Physician who sends to the Department a disqualification slip after which the Department notifies the Head and Captain of the sport.

b For other reasons than health.

- 1 Honorable disqualifications are granted by the Department (to those doing required work) and by the Athletic Association Board (to those doing work not required) for adequate reasons.
- 2 Dishonorable—If a member of a squad cuts three or more times, she will receive a dishonoarble disqualification, the cuts so taken being recorded not only against her class, but against her individual sport record. This disqualification will debar a student from any other sport.
- D Each member *must* appear in regulation costume at every call-out.
- E Training reports from members of teams shall be handed to the respective captains each week.

III Health—General suggestions.

- A Do not study violently immediately after meals. Avoid sweet foods especially candy, except in great moderation. Do not eat sweets between meals or before going to bed. Eat freely of fruit, especially apples.
- B Drink freely of cool, but not ice cold water, especially on retiring and rising, and between meals. Avoid chocolate, strong coffee, and tea sodas, and iced beverages, except "cafe au lait" the (milk very hot) lemonade, bouillon, (Amber's capsules recommended ready for boiling water) and milk. Never use tea or coffee as a stimulant. If dependent on either abstain completely.
- C Eight hours sleep in a well ventilated room is the minimum. If possible one or two short periods of complete relaxation during the day should be obtained.
- D At least one hour per day of exercise in the open air should be taken.
- E The cold plunge or sponge bath on rising is recommended, if a good reaction follows the brisk rub down. It is a tonic, a preventive of colds, a mental stimulus, and a strengthener of the muscles. Use no soap with cold bath. The warm tub occasionally on retiring. The hot tub never, except as a remedial agent in case of a chill or stiffness. It is debilitating and must never be taken as a luxury.
- F Care of the body after vigorous exercise—Run or walk rapidly home. Before the skin is cool, sponge off with warm water if convenient, and then with cold. Rub fast with Turkish towel till the skin is in a glow. Occasionally rub in a little alcohol with hand especially on legs, back, and soles of feet. When inadvisable to use cold water, give a dry friction. Do not bathe if perspiration is not induced. Relax, in

fresh underclothing and loung ing robe on the bed. Rest absolutely. It is most important that repose should follow exercise, in order that the circulation may become normal, the stomach ready for food, and all traces of fatigue overcome.

- IV The following training rules shall be observed by all members of teams during three weeks preceding final competition. Infringency of these rules debars one from a 'W'. It is required that all members of teams:
 - A Retire at 10 P. M. and not rise before 6.30 A. M.
 - B Take a cold bath or plunge every morning. In special cases permission may be obtained from the Head of the Sport for the substitution of tepid bath or dry rub.
 - C Eat nothing between meals, except fresh fruit. (Apples, pears, grapes, oranges, grape-fruit.)
 - D Refrain absolutely from eating candy, coffee and tea.
 - E Eat three regular meals each day (at morning, noon, and night).
 - F Rest *undisturbed* for one *consecutive* quarter hour (at least) every afternoon, preferably following a call-out.
 - G File training reports by 12.30 P. M. on Saturdays in the sports excuse boxes on the pink slips.
 - Note: It is earnestly suggested that all members of sports keep these rules approximately (especially A, B, and F) during the entire season.

ARTICLE VIII

Teams

- I Number of members of teams.
 - A Archery—6.
 - B Baseball—13 of which 4 are substitutes.
 - C Basket-ball—10 of which 4 are substitutes.
 - D Golf—6 of which 2 are substitutes.
 - E Hockey—15 of which 4 are substitutes.
 - F Running—14 of which 4 are substitutes.
 - G Rowing—14 of which 5 are substitutes.
 - H Tennis—8 of which 3 are substitutes.
 - I Indoor Gym—8 of which 3 are substitutes.
- II In selecting members of class teams judgment shall be based on official record of:
 - A Health (including carriage).
 - B Discipline (including costume, attendance, effort)
 - C Technical skill.
- III Numerals.
 - A The Class numerals and Index letter shall be awarded to each member of a Class Team.
 - B A player winning her class numerals may wear them with the following limitations:
 - 1 A member of a Class Squad may not wear numerals won in another sport.
 - 2 The members of a Class Team may wear numerals only until the date of the next award.
 - 3 The members of a Class Team on winning numerals a second time may wear them always.

ARTICLE IX

Awarding of W's

I W's shall be awarded at the close of the final season by the Athletic Association Executive Board upon recommendations by the Instructor, the Head, and the Class Team Captains. Judgment shall be based on

- A Health (including posture) i. e., requiring at least a "B" carriage).
- B Discipline (including costume, attendance, effort, training and spirit).
- C Technical skill.
- II With the exception of Seniors, W's shall be awarded only upon at least two years work in a sport.
- III A player winning her W may always wear it.
- IV A second letter is never awarded but a certificate may be awarded every time a team member attains W grade.

ARTICLE X

Senior Coaching

The privilege of assisting in coaching Freshmen and Sophomore Squads is open in the spring of the year, to Seniors of recognized high standard in the sport.

ARTICLE IX

Amendments

These rules and regulations may be amended upon majority vote of the Athletic Association Executive Board.

See Westerman as to best history for La Verne to peruse. meet tries mabel Grayon the 18th. Remember about: 3 advisels for Emma Corstvedt: L. Erickson wants names of her freshmen. Write my C. F. sisters once a month. Let data on the folk dance for miss Type for Paul Send Paul bitter sweets.



