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# AUGUSTA MAINE THE <br> DECEMBER 1918 AMERICAN WOMAN 




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\author{
Agnes Cuyler Stoddard, Editor Mrs. M. M. Hynes, $\quad$ Emma Chaimers Monroe, $\}$ Editors Special Departments

}

## AUGUSTA, MAINE, DECEMBER 1918

## Chats with Our Readers

MERRY Christmas?" Scarcely that, in the oldtime acceptance of the season's greeting, to which we have so often given utterance. We cannot make merry when we see the little service-flags fluttering here, there and every where, in many and many of which the blue star has changed to gold, when we realize the grief that has entered homes where Christmas merriment reigned so little time ago. No matter how bravely sorrow is hidden, we feel itperhaps especially those of us who have met just such sorrow face to face in days gone by-and we must bow ou hearts in sympathy. But we can do all in our power to make others happy; that is a beautiful privilege, and by exercising it to the utmost we cannot fail to feel the warm glow of reflected happiness. We can make sure that no one who needs the touch of Christmas cheer we can give goes unremembered. Our gifts must perforee be small as regards intrinsic value, but they may be wisely selected and scattered, and carry not only our loving thought but a message of the real Christ spirit, born within. And we can be thankful; we can all unite in making Christmas a day of true thanksgiving-not alone because our armies are vic torious in every encounter with the enemy, but because we who live to-day are witnessing the birth of "the new time" when the Christmas song, nearly two thousand centuries old, shall have the ring of verity, and "Peace on earth, good will to men" no longer be an empty phrase. "Behold, the old order changeth;" for that we may be deeply thankful With all our heart we believe that the time is at hand when it will not be asked of a man, "How much has he got?" but "how much has he given?" the time when service true service to our fellowmen, will be accounted of much larger value than the dollars we may have been enabled to accumulate-or may not have been. This greatest war of history has taught us many lessons-not the least of which is the value of cooperative service. We do not believe the world can ever go back to the old idea of "every man for himself." The true Christmas spirit, the realization that in every soul is the Christ, and that "as ye have done it unto one of the least of these . . . ye have done it unto Me," is with us. Let us be thankful.

## *

$G^{1}$
IVE!' that is the call of the day, as it has been the Christmas call from time immemorial. It is for us to heed it as we have never done before. And we must give not because we have to, but freely, gladly, to the fullest extent of our resources, esteeming the opportunity to aid in the great work for humanity a precious privilege. It is for us here at home, living in comfort and far from war's alarms, to support and cooperate with the great organizations for relief, without which our fighting line could not "carry on" and victory would be impossible. Just now has come the campaign of the seven organizations, so closely associated in their work of mercy and human salvage that it would be difficult indeed to draw any line-the Young Men's Christian Association, the Young Women's Chris tian Association, the National Catholic War Council (in cluding the work of the Knights of Columbus and special war activities for women), the Jewish Welfare Board, the Salvation Army, the American Library Association and the War Camp Community Service. In raising the amount required for their year's work they are cooperating instead of conducting separate campaigns as heretofore this at the behest of President Wilson. And it is a wise course. Each organization will have its own "budget," to be expended in the furtherance of its special work, as in the past; but the spirit of unity will be shown by their complete cooperation, each aiding the other in the performance of the duties they are called upon to perform. That every dollar asked for will be subscribed there is no question. We know that in thus giving we are placing in the hands of worthy agents funds to be used for the comfort and wellbeing of our soldiers, and for war-sufferers in desolated lands, and not for one moment will we hesitate to give to the very utmost; and that means that we must go without
come comforts we have considered quite essential, but which we now know can be lopped off and we be none the worse.


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AND with our giving, which must be hearty and spon taneous, we will not slacken one iota our work of con servation. We have told you of the necessity for saving paper-which grows daily more urgent. The thought must be constantly with us to do with just as little of this precious commodity as we possibly can. It has always been so plenty and so cheap that it does seem a littl strange to talk of saving it; we have never quite realized how many, many articles of daily use are made of it. But how that we understand the keen necessity of saving every scrap we can, of making every paper bag or piece of wrapping do double duty and as many times double duty a possible, we are facing this new requirement in the same spirit that we have faced every other. "Don't wrap it please," is the average shopper's reminder; and any pack age not absolutely needing the protection of wrapping is dropped into a capacious bag to be carried home. Paper bags are carefully folded and laid away, to be returned to the grocer for refilling, and the same with wrapping-paper and twine. The American housewife has taken hold of this need in the same practical, systematic fashion that has characterized all others. Said a man in our hearing reAmerica have done it," won-and it is-the women of that they have done, and will keep right on doing their full share. No call to action remains unanswered their ful share. No call to action remains unanswered. The where, in every department of labor, in the post is everyof it, here and overseas. Saving or serving, whenever the call comes, to whatever field, the answer is "Here!"


# This Is Your Last Chance 

To Subscribe to The American Woman At the Old Price

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Two Years for 50 Cents

Last month we told you why it was necessary to increase the price of The American Woman. Increased cost of everything that goes into the manufacture of a magazine has revolutionized the magazine-publishing business.
Increased wages and shortening of working hours have kept pace with rising costs of paper and every kind of supplies. This is not a condition that confronts The American Woman alone. All publications have found it necessary to readjust their standards in the face of these unusual conditions.

The Zone Postal Law fixes a gradually increased scale of postage for several years to come, and therefore magazine-prices will in all probability go higher.

The American Woman will always be published at the lowest possible subscription-price consistent with our established standard for a woman's good household magazine. We will not cut down the quality of our publication, and so

## The American Woman will be 35 cents after January 1, 1919

We did not want to advance the subscriptionprice of The American Woman. This move has been forced upon us by the changed conditions in the publishing business as explained above.

For two years your publishers have been bearing the increased cost without saying much about it. We hoped conditions would change for the better.

Now we learn from the paper-manufacturers that we must pay an increase of $333_{3}^{1} \%$ in the cost of our paper stock for the coming year. Still we do not ask you to bear even your proportionate share of this increase.
Last year we asked you to pay a slight increase of five cents. We hoped to stop there. This year we must ask for another five cents and must discontinue our special Club-Raisers' price after January 1. Be sure to read and take advantage of this

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1918

The American Woman
Augusta, Maine
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Club-Raisers should be sure to read our announcement on page 20. Get subscriptions now, while the old rate holds good, and earn your premiums more easily and quickly than ever before.

# (2) AMERICAN WOMAN 

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## THE YEARS FOR RACHEL

## CHAPTER IV

The Understanding

0
v the mantelpiece below stood a framed and tinted photograph of mother at seventeen, wearing an apple-green bustle and with her fair hair cut in a fringe those swords and that portrait of a pretty Welsh girl represented the two forces in my father's life. He would have run away to sea if he had not fallen in love with the daughter of his father's banker But he stayed, to give himself the chance of speedy marriage. Did he sigh? If so, nobody knew it, ithink sigh? If so, nobody knew it. Think thought very little of any loveproblem that hailed from a generation back.
That to which one owes one's being, the mutual attraction of one's parents, seems to eighteen such a shadowy thing!
Now came something important my very first real grownup talk with a man who was not a brother

Selby Harrison began by telling me very gravely that he had Mr. Brook's permission to let me know a certain amount about this wretched affair at the bank. His young he said: "The fact is that certain books have been discovered to be not-not entirely in order."
"What?" I said. I was too young to have learned how men loathe words" anything to do with their business. I know now that men demand the roundabout method of expression and that she who takes a crude feminine short-cut through it is guilty of trespass. But then I said, "Selby, do you mean that a lot of money has gone?
He reddened; he murmured something about his "precious cousin," and "probably on his way to Aus-
tralia by now ",
"Oh,", I said, looking at him,
and what is going to happen?", Selby ,, said nothing was to "happen," actually. There had bee rather painful scene between Mr
and some members of the board.
"It won't go further than that, but the whole affair has altered things," he said. "Your father won't be going away from here, Gwen! that's one difference
You know, my father's promotion was due in a month, and it had been first whispered then "hoped," and was by now practically certain that we should be leaving Tros-yrAvon, that we should go to a grander Our family had been looking forward to this, for all "change" means " "chance to better," to the young! But not for for the supposing it had meant leaving him?
And now, it seems, dad's promotion would be postponed, he would not get the better bank in England.
"It's a pity," I said, not too sadly. "But anyhow you will be staying on here, Selby,
won't you? That's what matters most," looked at him shyly again. "Things aren't altered for you.
He looked away from me, at my father's bookshelf with it's long red row of Captain Marryat's novels. He said:

Things are altered. It is my cousin who has disappeared, leaving this mess to be cleared up by the rest of us. The slur is on my family, as well as on the bank. I don't -

By BERTA RUCK

Author of "His Official Fiancee"

' Did you ever have a dream, Gwen, a day-dream of some desert island where you would be cast ashore ?'..
please don't. Even if we're not engaged it will not make any difference in what we feel for each other will it?'
"No, but if I'm not going to see you, Selby." I gulped. "think much as we do!
"But what do you mean? not see me?"' repeated the young man. As I sat there on the table swingin my toes disconsolately above dad wastepaper-basket, he slipped his arm about me. Always his jacketsleeve had that scent of Virginian cigarettes. For years I never got whifl of them without getting also little mental glimpse of Selby Harrison's blond, comely young face, he said tenderly. (This was a great expression of his, always, to "Of course you will see me This need not affect my coming here and all that sort of thing. only mean it won't be an official engagement. We shall have our understanding just the same, of course. You won't mind its being just that for the present, will you?' An "understanding!" Oh, rose by any other name! Oh, compromise beloved by man, bringing to him all the advantages and little of the gene of the official engagement! But Selby was sincere enough in thinking that right course to take. Chis was the "Mind?" I whispered, in relief "Oh, as if I would mind anything you liked! As long as I can just see you; as long as there can just be this-", "
And I pressed my cheek timidly against his sleeve. This was the flew ont that the door of dad's den the open and dad himself, ignoring himself had of lovers, (though he be disturbed until as late as nine o'clock.) dad himself burst into nine room as impetuously as one of the boys might have done
"Gwen!" he said sharply. I sprang off the table, (scarlet-cheeked, and the picture of guilt, no doubt!
shirk that, dear. And that's what will make "To us?' I said, startled. tanding a little selby, more gravely. And, sentence that sent my heart down again as low as it had gone during those moments of suspense in my bedroom yesterday. "While his lasts, I cannot ask you to be engaged to
Stunned, I murmured:
'Not engaged, Selby? You don't want us to be?" It would not be fair, dearest, to you," being explained, earnesty. This thing i you announce your engagement to a man

## What Has Gone Before

Gwen Brook, who tells the story, becomes engaged to Selby Harrison, a slowgoing conservative young English bank clerk. Though he can't offer her anything for "indefi-
nite ages" she is wonderfully happy, yet extremely reticent and shy about telling other nite ages she
of her engagement. She dreads to go to tea where she must meet the comments of her large family. Beside Mr. Brook and his quiet wife, there are Gwen's brothers Everard, Trevor and Jack and her sisters Hilda and Prudence. But the trying ordeal is lived for her a happy marriage, but not soon, to some one in uniform and with wings. Later
the excited Gwen receives a great fright when she thinks her the excited Gwen receives a great fright when she thinks her lover is being arrested; it
proves to be his cousin Tom, and not Selby in trouble, however. proves to be his cousin Tom, and not Selby in trouble, however. Her first love-letter,
merely a short informal note, fills Gwen with ecstacy and she goes happily to bed with
it beneath her pillow. it beneath her pillow. Roused by the sound of sobs she finds Hilda happily to bed with parents have refused to allow her to spend the coming Easter holidays with a rich school-
friend and have also forced her to return to Vernon Slinger, this school-friend's brother, a bracelet won from him by a bet.
whose own cousin had left the place under a Lily Maid!-into this sordid business. I would not.'
Now of course I adored Selby for saying this. It was noble, chivalrous. (The words a little bit of a prig" would never have occurred to me then; never!) At the same time, this sent my dreams crashing into ruin about me. Just when I thought I was going to be so happy - Two big tears, welling up from my eyes, splashed upon my serge-clad
"Darling, darling, don't cry," Selby besought me with the usual panic of a man "After all-I say, my little sweetheart
that rolled across the rug. "Gwen! What is all this about your sister?" "' looking at him. "Who?"
"Hilda!" rapped out my father sharply. "Did you know anything about this?".
Ho! What?" I asked wonderingly rida didn't come in to supper because she was going to wash her hair while the water into the bathren $t$ seen her since she went "You knew nothing about it?" insisted my ather, sternly
From the expression on my face he mus have seen that I did not. He said, looking angrier as well as younger than I had ever seen him before. This is too much. Upon my word, it is too much. "verything seem felt myself For eighteen years it seemed if nothing particular had been happening to me. And now, within a couple of crowded days I had been living in what seemed a per fect vortex of love and crime. "I pity any man who's got daughters," continued dad very bitterly and unjustly, it seemed to me "This is worse than any of the boys. You can reckon with them, but-Hilda! She said nothing to you, then, about intending to run away?"
"Run away?" I gasped. "Is that what she has done?", And I remembered Hilda's outburst in bed the other night: "I would love to run away from you all; love it.'
heard. "I thought it was just the way she "n is annoyed about somethi" Selby's face.
Selby had ${ }^{*}$ never really admired Hilda's dark prettiness, her defiant ways. Hilda, of course, was scarcely the type of the Lily Maid of Astolat; neither was she ever shy Nor, by the way, had she ever seemed to think very much of Selby Harrison.
Dad turned away, muttering something about "wiring to those confounded people. I caught him by the arm.
But, dad, what has happened? Where has she gone to?

Birkenhead, I suppose," retorted my father, with a short laugh
think that he must be joking.

## CHAPTER V <br> The Runaway

No joke, sober trut
Hrom Tros-yr-Avon station our rebellious Hilda had sent back a note (execrably spelled, as usual) by the outside porter, say
ing that she was off to Liverpool by the seven-o'clock express. She was going to "explane" to the slingers herself that it wasn't her fault about sending that bracelet back. She couldn't bear it any longer. She had wired to them and they were ex-
pecting her. She couldn't help it; she had to. And she didn't "care who said what?' This was the message on which her family had to sleep that night. Now, judging from what I have seen of the behavior of some present-day flappers, the mutiny of Hilda may not strike you who read it as the epic that it was to us then. The verdict of some day might be merely

> y might be merely: "Just imagine the
fying her people the cheek of that kid! Defying her people who said she wasn t that house! Planning it all out! Bicycling down to the station when she was supposed to be washing her hair! Borrowing her journey-money from her brother without saying what it was for! Wiring to those people at the other end, and all. Pretty cool, wasn't it?
They might take it in that way. But I am at a loss for words to describe the magnitude of the earthquake that shook our fam ily. Mother, after Selby had gone, wept like
"I suppose I might have known. I might have guessed the child meant to do something outrageous. But how was I to know? John! You've indulged her too much. You spoil her. You spoil all the girls, you know
you do!"
"Precious little spoiling in the family

Precious little spoiling in the family after this," came grimly from dad. "I
Imagined that any daughter of mine would have had more sense and better taste than to- She ought never to have met these people!"

But," sobbed mother, "you knew she had met them. The girl was sent to school here because of the mountain air, and you did say Hilda might go to Birkenhead at Christ-mas-
"My fault, of course. I've too much to think of as it is. I trusted to you, Anne, to see that the children don't make unsuit able friends!
"John! I made her send back the bracelet at once! I was firm!'
"When it was too late. These precious nouveau-riche Slingers that she's gone fling ing herself at the head of
"I do," piped up the voice of Prudence. scenting trouble, the youngest member of the family had pattered down from dad in her little blue-flannel dressing-gown, she had joined the aghast group in the drawing room, taking up an inconspicuous position on a stool behind the fire-screen. Her small face with its immense eyes and impish toothless mouth peered round the screen as she gave forth the gleaning of months "They live in a 'normous house outsid Birkenhead
"Yes; never mind their house, we know
${ }^{-}$about that
Mr. Slinger is an awfully nice, kind old gentleman, rather like King Edward. I saw him once at Prize Day in a very bulgy waist coat and a pink head, quks for his sons. heard him say so.

How many sons has he got?" demanded his youngest born.
"Two, daddy. Harry's at Eton. Vernon is the one that everybody likes, though. later on. He was twenty-one last Decem ber," Prudence informed us, reveling in this chance of an audience. "He's got a darling red setter puppy called 'Lassie,' and he is so nice if he were only taller. He's just two inches taller than Hilda; they measured last
Christmas under the mistletoe. Hilda alChristmas under the mistletoe. Hilda al-
ways teased Vernon awfully; she told him
"Where on earth did you hear all this?"
apped my father.
Prudencesaid simply, "I just picked it up, dad. And "
A giggle from Jack was suppressed at glare of dad's as Prudence explained:
"There's a little devil in Vernon's matchbox that puts out its tongue for you to trike matches on."

Dad turned to the sofa.
Isn't there a mother at all, Anne?
Hild afresh.

Prudence answered for her
Prudence answered for her:
Yes; there's Mrs. Slinger, who is so fat
and kind, just like a tea-cosy! She wears a
Hilda was staying there, she and Evelyn
Hina was staying there, she and Evelyn
Slinger hid it. Mrs. Slinger only laughed.
She does so love little babies," Prudence gab-
bled on, wiggling her bare toes on the hearth-rug. "She would so like to have a dozen grandchil-
"Why aren't you in bed?" dad interrupted violently swooping down upon her. "Do you all know that it is a quarter to eleven?" This was an hour of immoral lateness for in bed. If I had a car I'd motor up to Birkenhead to-night myself, but I couldn't

Selby smiled.
'You always see things in those odd, irrelevant details, my Gwen! Like a little re"What d'you mean?" I said, dashed. Why do you disapprove of details?
"I? 'Disapprove'? Of anything to do th you, darling?
Shy again, I turned back to the violets; "Wo to the subject of the runaway.
'Well, but she didn't even take anything for the night, Selby; I looked. And the slingers may not be nice about that bracelet after all. And then dad, turning up in his worst tempers and being awful!'
bout her needing a lesson "But," I sighed, "it'll be

But," I sighed, "it'll be such an awful think what a ghastly journey! Probably alone in a smoking carriage with dad, and he telling her exactly what he thinks of her friends! Or else saying nothing behind the newspaper, and leaving her to her own thoughts- Oh, poor little thing when she gets home and has to face all of us- What will happen-
Here a little breeze scattered a cloud of petals from the blossoming cherry-tree over Selby's fair head and his shoulders. It looked like confetti, I thought-and then I felt a little annoyed with myself for noticing that. There couldn't be any confetti strewn

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## The American Woman

Augusta, Maine

## orrow one without giving this business the first train in the morning. Anne! Early breakfast, please.

It was a rather dreadful day at the Bank House after he went. Hilda was on every body's minds. Even I, wandering in a world of my own, put aside for minutes at a time the thoughts of my peaceful, soul-satisfying understanding" with Selby Harrison, who loved me. I felt wretched on Hilda's account. I confided this to Selby, when he came that afternoon to find me at the bot om of our garden getting fresh violets for "with sunshine and rain for flowerful April that one when I became plighted to Selby that one when I became and when Hilda ran away.
'By this time she'll have left off feeling angry and she'll just be feeling silly," I told him sorrowfully, as I looked up at him from or two heavy showers that day. "Poor Hilda, Selby!" - the trouble in the house had aken away some of my shyness of his Christian name, of himself. I began to fee that, as I put it to myself "we had belonged to each other for ages now." Out among the wet grass and the fresh buds and the chill breezes I talked to him quite freely. "Just think of poor Hilda tearing off to those people whom she doesn't really know well,
for any of our family for a long, long time to come. Besides, who wanted any? Sadly had said dad thought of packing Hilda off to a convent near Paris where the WynnMatthews went, and where she'd be right away from the Slingers and everybody. "Gladys Wynn - Matthews says the Mother Superior is so frightfully strict she never lets the girls go anywhere or do anything at all," I told my lover. "O Selby! to think that I shall be here, so happy with you, and that poor little Hilda will be shut " in that stone cage.
'Don't be an absurd darling," said Selby, holding my wet violets while I dried my fingers on my handkerchief. "It will do your discipline of some sort for a time. She under your disposition my sweet Gwen. Personally I think this idea of the convent is anplan of Mr. Brook's," the convent is a wise

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* \\
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Poor Mr. Brook! To think that his "plan," too, was to be flung into Fate's waste-paper basket with so many other best
That evening he came home from Birkenhead alone. In the hall he shouted for mother. I ventured to go up to him; he looked grim, and very much overtired.
"Dad," I hazarded, "isn't Hilda coming
"No," he retorted. sister here again.

With a pang I realized that she must have been packed off to her convent straight from Birkenhead

I said blankly, as mother came running downstairs.
No," said dad, and looking over my head "When petrifying announcement.

When I got there, I found that she was married to that young scoundrel ten minutes before I reached the house this morning!'

## Chapter vi

## The Stay-at-Home Lovers

## Hilda, married?

The two words that made up this astoundng piece of news must have echoed and reand and been murmured and whispered Avon frormed outside wheess anter to the house people drove in to church, dealt. They aust have been discuere we every family in the place whether the people came to call at the Bank House or whether they only knew the tribe of us by sight. I am sure the affair must have been as much talked over (in both Welsh and English) as anything that had ever happened there to futter a tea-party. Wild interest raged in Hida's late school, of course; even, Jack told us, at the country school.
Hilda Brook married! Mr. Brook's one eloped! That girl from school; she'd run away and got married.
But never mind the effect of that news upon the sleepy but gossipy neighborhood to which it must have come as a veritable Godsend, this story must keep to the news as it affected me in my engagement. See what a gulf it fixed between me and the sister lately so near to me. Hida, who the night before had been a schoolgirl, sobbing ver mine was now a maried woman Hilda to whom I (the srown-up encaged sister) had felt quite motherly had outstripped me in a day by years of a woman's life. I had lost her never again to find the relationship as it had been. Yet I did not miss her as I should have thought I might. For, if I had lost my chum-sister, I had my Selby. Also, there was no sting in the thought that Hilda had "given me green stockings" by getting married over my head. For Selby was not in love with her. She was only Mrs. Vernon Slinger.

Dad, ignoring the attitude of the neighborhood, ignoring letters from Birkenhead, a call at the bank from Mr. Vernon Slinger himself, and almost chronic tears from mother, declared that he washed his hands of the whole disgraceful business
So that was that; and now I am going to skip on a little in the story.
At intervals during the next year or so, my father used to thank goodness that one of his girls knew how to behave herself, and that in the course of time, if all went well, h The sight of Selby and me must have some comfort to him. At least he have been Selby had not been making secret, half chaffing, but persistent cub-love to me since the first day he'd seen me (as Vernon Slinger had, it seemed, to Hilda during her first visit). At least, he was certain I had not flirted (while still too young to know about such things) and teased and coquetted with Selby to the verge of making him vow "You'll be sorry for this one day, you little devil; you'll get to like me. And as soon as I see that I'll pick you up and carry you off to the nearest church. I shall have the license made out to be ready at any minute!'
(Which had been, apparently, the HildaVernon climax.) Yes; at least dad could be sure that there could be no idea of specia licenses and of eloping motor-cars in th hard and working hard; winning solden opinions from the Tros-yr-Avon board.
"A man must earn happiness" was one of Selby's maxims. Selby considered that his sister-in-law elect behaved "disgracefully." But it was the man he blamed; young Vernon Slinger, one of those swift, well-off fellows without any idea in his head beyond racing and prize bulldogs and expensive res taurants. Marrying for a whim! Taking advantage of the headstrong folly of a mere
child! Probably getting desperately tired child! Probably getting desperately tired of her before the year was up

O Selby!" I said anxiously, listening to what was to me the Oracle-on-all-Subjects
"Impossible to say; we shall see as time
oes " pronounced Selby Harmison "'These violent delights have violent ends,' as Shakespeare says."
"Vernon Slinger seemed not so bad, from his letters." I pleaded. "Dad wouldn't see him, but even dad said his letters sounded
'M'yes. But his action, Gwen! Abduc-

# JEAN JOSSYLN GROWS UP <br> 3 

AA with a well balanced sentence about the ice and snow. This is should be a tang and snap to the air, sleighbells ringing, ears and fingers frosted, a bit of atmosphere in the flash of sun on frosted trees, and the cheery goodfellowship of a crisp, cold morning.
This will have to begin with no such assistance, for, though it was Christmas morning none of these things were present. The sun shone upon ordinary lawns, closely cropped and green, upon flowers and gardens, and, yes, upon Jean Jossyln descending the steps P her apartment-house.
Jean was dressed in white. A white suit, white furs and a duck of a white hat. In her furs, on the muff and neckpiece thrown
back from her pink throat, were sprigs of back from her pink throat, were sprigs of liant than the English. The clusters of red berries, as large as a child's fist, made little spots of color against the whiteness of her furs.
Furs were not necessary, but it was win-
and in winter one wears furs, even in ter, and in winter one wears furs, even in
California. So fashion dictates, and Jean was arnia. So fashion dictates, and Jean wanted to be, but because her bread and butter and the various other dishes which were served therewith, all depended upon it.
Women in Guatemala and Siam were waiting to copy that white hat. Ladies in Kamchatka and Peru were cutting patterns like that coat. Females of questionable age ing on kids to reproduce the curls in her neck, and Jean Jossyln, tripping down the steps of the smartest apartment-house in Los Angeles, sighed deeply and felt the weight of publicity descend upon her.
A small boy was waiting by her machine and at her appearance he uttered a shrill whistle, which brought three other small boys, liberally striped with red candy. They fought together momentarily, and the victor opened the door of her car with a sticky hand.
Jean registered a smile. There, it is out! That "registered" tells the whole sad story of her life. Jean Jossyln was a Movi Queen, a Film Princess, a pampered darling
of the screen. Daily she rose (somewhat of the screen. Daily she rose (somewhat and motored to the studio where she walked through a crowd of aspiring and perspiring extras to the room marked "Miss Jossyln, Private.'
After that her work was practically the same. She dared not and died not. Not for her the Dangers of Daisy or the Bravery of Bess. Her business was to look helpless
and appealing, to scream at the sight of a and appealing, to scream at the sight of a mouse, to faint in the arms of the hero every two hundred feet, and to shake her adorable curls and pout her equally adorable mouth when he proposed
The names of the films were different, the scenes were different, the plots were slightly
different, but Jean was always the same. The public would not have it otherwise, and The public would not have it otherwise, and hatred which was almost an obsession.
"I won't be helpless!" she stormed to the director. "Did you ever hear of a girl in this day and age who'd let a man help her it!" and she did
"Cut!" said the director, wearily, to the camera-man, and the latter stopped his grinding. "You've got to let him lift you over the fence," he explained to Jean. "That is where he discovers how helpless and innocent you are."

"Innocent!" snorted Jean, wrathfully, running a hand through her curls. "Innoent! any girl who det a man help her over him!"'
The director was used to temperament also temper. He lowered his voice to the honeyed tones which he employed with all those who drew salaries of over a hundred a week.
"But the public-" he began, and Jean shrugged her shoulders
All right; so be it! If the public wants , It goes! On with the dance. She draped hero, pointed to the fence bosom of the ooked up ped to the fence, shuddered, was lifted tenderly through her curls and what drivel!" she muttered to the leadin, man; and a month later a vast and tearful movie audience breathed as one

How sweet and helpless.
Behind the lead women were pining for love of him, and be it

By FLORENCE RYERSON

' Oh, I don't know why I'm telling you all this,' he broke off, suddenly
said in his favor that he was not far wrong. But no man is a hero to his valet, (it has fessional hero can keep up the pace all of the time. When he wasn't lifting Jean over three-foot walls and scaring away the read the Sunday Supplement. In the Sunday Supplement when a lady treats a man particularly badly it is a pretty sure sign she's pining for his love.
Jean treated him particularly badly, he was irresistible, (he had twenty mash notes a day to prove it,) ergo, she suffered from a hopeless passion. He called her "poor little girl," strictly to himself, and at times grew almost tender. He had decided to give her One Perfect Day, and so he had invited her o have dinner with him on Christmas at hat dear little inn at the beach.
ean was not an accomplished liar ahead, and epted in sheer astonishment, and regretted at her leisure. Not that there was something she cared about doing. When one has no family Christmas is a mockery at the best, but anything was better than an uninterrupted tete-a-tete with Byron de Vere.
and neare and, at the last minute she lost courage and fled.
T've been called away suddenly," she old the clerk, trusting to think of an excuse before the next day, and she betook herself o her machine as a ship-wrecked mariner takes to a lifeboat

On the other side of the city Brent All-
bury stood at his hotel window and stared gloomily over a busy street. Brent was two and some odd feet away twenty-two miles was counting every mile. from home, and he Los Angeles on business, hurried come to and the call was important enough to make him forget the fact that his trip would mean being away from home on Christmas.
Half unconsciously he straightened his shoulders and threw up his chin. "Got to buck up," he told himself other month of this before I can go home. And he turned once more to his typewriter which lay half buried under a sheaf of manuscript.
It was not from necessity that Brent Allbury was without an invitation for Christmas dinner. If he had wished to disclose his identity he might have been looded with invitations. He could, had he dinners on Adams Street. Allbury loathed publicity But Brentwood most more than he loathed it

Behind his six foot two of
Bened a soul which belon of masculinity the shrinking girl of thirteen. He dreaded the fierce white light of fame, and fled at the sound of his name, or rather, his nom-deplume, for Brent Allbury had built up a character for himself, a wholly imaginary mentality, consisting of all the things which he was not.
As Peter Mann, the iconoclast, the fearless smasher of tradition he was hated and But living up another matter, and one which Brent All-
managed to keep the dreadful truth quiet. $t$ was known in literary circles, of course, hing like identity cannot be kept entirely from others of the craft, but the country as a udacious, who dared tell the truth abo politics, about morals, and, above all, about women, was the shy and more than retiring young man who gazed dismally over Spring Street on a Christmas morning.
It was the knowledge of his own potential possibilities which added to Brent Allbury's gloom. He felt rather as though he carried eternally with him a stick of dynamite which might, if he did not exercise vigilance, explode and render him an object of interest for the leo-hunter.
Brent had viewed the spectacle of the lion-cage, surrounded by an interested places with the king of beasts.
places with the king of beasts
son he returned to his typewriter and began a fierce and heartless denunciation of Christmas in particular which was rendered still more caustic by the gone feeling about his heart. Later he knew that the article would be the bone of contention through the Press in every State, and as he wrote he grinned a little in anticipation of the row it would kick up. Then the grin faded from his face and his fingers ceased to tap the keys. A great distaste for the whole thing came over him, and, muttering a few uncomplimentary remarks to the spirit of Peter Mann he rose and made for the street. Anything, he decided, was better than spending Christmas alone in his rooms. Ahead of him a comfortable-looking trolsically, he sprinted a bit and board. Whim resioning simself a be and Goddess of Chance, and even as he did so he looked ahead and saw The Girl.
She was slender and young, and dresse in a suit of shabby blue, with a hat which in a suit of shabby blue, with a hat which takably pretty, and about her there was an air of self-reliance which captivated Brent. At California Street the girl left the car, and Brent, still in the hands of Chance, rose from his seat and followed her into a jolting "Dinky" which ran from the top of the hil to the wooded arroyo below. And, above him, the fickle goddess smiled. How was he a mere mortal, to know that the girl in blue was Jean Jossyln?
For while Brent Allbury stared at his typewriter in the noisy hotel that morning Jean had driven slowly through the city, watching the moving groups about her with wistful gray eyes. They all seemed to have thomes, and people who cared for them, she of the great public of the great public, had been deserted even by her paid chaperon. The girls in th she loved-
"I won't!" she had told herself savagely winking back the tears, "I won't think about them. I've got to stay here and make She turned
he turned her machine away from the family reunions, might not witness any mor boulevard to the studio.
"I might as well spend the day cleaning up my dressing-room," she thought. "No one will be there to bother.
Once on the lot she opened the door and let herself in. The room was in confusion due to the hastiness of her changes and the fact that her maid had hurried away to a Christmas-eve dinner. Her dresses wer strewn about in little mounds of silk and lace. Everywhere were scarfs and silk stockings, hair-ornaments and satin slippers. The place seemed to be full of every sort of luxurious dress, with one exception. In the a suit, a dingy blue suit with a worn collar and an equally dingy sailor hat By the side of it lay a pair of plain, common-sense shoe and a worn handbag, such as shop-girls are supposed to carry (and don't).

It was the clothing she had worn in the picture they had been taking the day before when, weary of the pursuit of two rich money men the heroine pretends to lose he of the proper clothin for a lady in reduced circumstances.
The director had regarded them wrathfully, sworn a little under his breath, and ordered them discarded.

Get something cuter!" he roared. "The fans wouldn't stand for it a minute!" so the clothing, promptly exchanged for a trim silk dress, reposed in the center of the floor

Continued on page 16

# Household Fittings Make the Best of Christmas Gifts 

By FRANCES HOWLAND


No. 169 A. The Fir Pillow is a Delightul Remembrance

In order to make the needlework pages of especial interest and value to every member of THE AMERICAN WOMAN'S large household, the editor asks the hearty cooperation of all. Every variety of needlework will be represented from month to month. If you have an original or especially desirable lace-pattern or bit of practical needle work, please share it with others
by sending it to THE NEEDLEWORKER.

Address all communications
for this department to
EMMA C. MO NROE,
Roxbury, Mass.


No. 170 A. An Interesting Design, and Very Quickly Worked

FRST, there is the fir pillow. What is quite out of proportion to the time and
could be sent from "the old home labor that must be expended to produce could be sent from "the old home down in Maine," or elsewhere, that would more appeal to us than one with the odor of fir or pine? How it soothes to sleep, carrying one back to the days of childhood before the cares of maturer years came to keep one open-eyed. Surely it is a comfort-just big enough to tuck in among the other pillows so that we can breathe its fragrance-and, as suggested, a nicer gift could not be found. Even if there is no old home-farm from which the precious "needles" may be had, the filled pillows may be purchased in any
The oblong pillow illustrated is just the right size, stamped on tan ticking twenty right size, stamped on tan ticking twenty
inches long and twelve inches wide, which will be the seam smaller when made up. The letters of the inscription: "Firs That Fill the Air with Fragrance," are outlined with green floss, the cones with golden brown, and the stems and needles also with green of a darker shade. If you wish to do so you may easily tint portions of the design. Stretch the stamped goods on a smooth surface covered with blotting-paper, fastened down with thumb-tacks. Dilute a small quantity of green paint with turpentine, and with a tiny brush carefully stain the letters between the stamped lines Darken the paint with black or Vandyke
brown for the stems or branches, shading brown lore lighter toward the tips, and sha these lighter toward the tips, and use base and a little lighter at the tipthe shading being accomplished by using less paint on the lighter porusing less paint on the lighter por-
tions. With care you can do such tinting nicely. Take up very little of ing nicely. The dye or paint on your brush at a time, and do not allow it to spread beyond the stamped lines.

The tray or oval centerpiece will be appreciated by any housekeeper who has an oblong table to cover. It is fifteen by thirty inches when finished with a narrow hem, and the material is the popular and serviceable Russian crash. The embroidsimple and rapidly executed. Black slue yellow and green are the colors, blue, yellow and green are the colors are filled in with darning-stitches of blue-a long stitch on the surface and a short one underneath, the outlining throughout is done with outack, and the center of two flowers of each group are filled in with French knots of yellow, the third with knots of green. The small forms are crossed by long stitches of green and outlined also with black. The work "goes" so very quickly that it is most fascinating, and the effect

No. 169 A. $\begin{aligned} & \text { Perforated stamping-pat- } \\ & \text { tern, } \\ & 25\end{aligned}{ }^{25}$ cents. $\quad$ Transfer-pattern, 10 cents. Stamped on $12 \times 20$-inch tan ticking, with plain back to match, 25 No. 170 A Peforated stam No. 170 A. Perforated stamping - pat-
tern, 30 cents. Transfer-pattern, 15 tern, 30 cents. Transfer-pattern, 15
cents. Stamped on $16 \times 32$-inch Russian crash, 25 cents. Floss to embroider, 30 cents extra
No. 171 A . Perforated stamping-pat-
terns, 30 cents. Transfer - patterns, 15 cerns, 30 cents. Transfer - patterns, 15
cents. A pair, stamped on $12 \times 48$-inch oyster-cloth, $\$ 1.00$. Floss to embroider the pair. 25 cents. Orochet-thread for
edges, 45 cents extra it. The lace edge may be purchased or handmade - that used
Those selfsame runners afford another Illustration of the value of simple stitchery given a pleasing design. The little diamondshaped forms, large and small, are worked in padded satin-stitch with a rather darkgreen floss, and outlined with black. These forms are arranged in two rows, the larger ones next the border, one between each two sections or scallops, the smaller ones above and between the first. The border is done golden-brown, and in each section is a little golden-brown, and in each section is a little provide doilies to match the runners and have a very attractive lunch-set
Finished with a narrow hem, the runners are about forty-five inches in length and eleven and one-half inches wide, to which the border adds two inches. Using No. 30 crochet-cotton (finer or coarser, if preferred) make a chain long enough to extend easily around the piece. It is far better to make such trimming of exactly the right length than to cut it.

1. Miss 3, 3 trebles in next 3 stitches, * (chain 2, miss 2,4 trebles) twice, (chain 7, picot) twice, chain 3 , miss 6,4 trebles in next 4 stitches; repeat from *
2. Slip over 1st 3 trebles, chain 3, 2

No. 171 A. A Pair of Table-Runners with Crocheled Border chain, miss 3 trebles, 4 trebles in next 4 still good.

> epeat from *.
3. Like 2 d row to $*$, (picot-chain, fasten petween picots of chain of last row) twice, 4 stitches; miss 3 trebles, 4 trebles in next 4. Slip repeat from *,
icot-chain over 4 trebles, and to middle of titch fhain, * (chain 6, fasten back in 4th stitch for a picot) 3 times, chain 2, fasten between picots of next picot-chain, repeat twice, chain 2, fasten back in 4 th stitch) picot-chain; repeat.
The joining is nicely accomplished; leave a little space (of 5 chain-stitches) between 1st group of 4 trebles and last group, at end, and the 2 groups of next row by 2 picot-chnect and so on. If preferred, the border may be sewed to the runner at end of 1st row, joining the ends of chain, and also the last picotchain to top of 3 chain which represents the ist treble of the row; after this join each row as completed. Instead of "fulling" the lace at corners, too, it may be made to turn the corner: Work the last of the 3 groups or blocks of trebles on one side of corner, make a picot-chain, then work the 1st of next ting 1st treble of 1st group in same place with last treble of preceding saup. Then continue as directed. The border may be
 trebles in space and treble in treble, * chain worked into edge of hem, if preferred, but tween the 2 picots of chain of last row, picot- come broken or worn while the linen itself is

Needleworkers' Exchange
IN making thin waists and other garments a pencil will be found of very great assistance. Rule your lines for tucks, etc., when you cannot turn the stuff down by a thread. Put a pencil-dot where a button is to go or a buttonhole is to be cut. One washing will remove all pencil-marks, which need not be heavy enough to be noticeable, anyway. Anothan is "dividers," which help to measure distances very much more quickly measure distances pieces of paper, although the latter plays a useful part once measurements are made.Mrs. C. W. B., Ohio.
F you find it difeite to
you find it difficult to work the initial monogram or other bit of embroidery in the corners of napkins or handkerchiefs, try if you the following methods, all good: First four of the number of corners to do, baste your embroidery-hoop without trouble. If you have but one or two, sew a piece of cloth to the corner, making it of sufficient pasterd out a square hole large square, cut pose the stamped initial, baste the handkerchief on the pasteboard so hat the initial comes over the opening, and you are ready for doing th

IN basting a long seam try threading the needle without cutting the thread from the spool; when the basting is finished the thread may be cut. This saves the time and trouble ond also saves threading the needie and would lengths on an empty spool for future use, if it can be pulled out in one long piece, after stitching the seam, one feels it to be a saving to wind it for use another time. - Anna C Rhode Island.

I HAD a very pretty waist of sheer material which had a bad ironrust spot on one side of the front, just below the shoulder. I made a tatted medallion, basted it over the spot, and in corresponding place on the other side, felled it securely, and cut away the material underneath. Beside repairing the waist it adds much to its attractiveness. A crocheted medallion may be used, if preferred, choosing thread to correspond with the ma terial of the waist.-D. R. D., Kansas.

WHEN embroidering initials in the corners of napkins or hand-
kerchiefs, baste the corners of four of kerchiefs, baste the corners of four of them together, then slip the embroidery - hoops in place, having the corners meet in the center. By adopting this method one can work four initials without changing the hoops. I trus other needleworters as it has been to me.-A. L. B., Maine.

# Emblem Pillow-Cover, Oddfellow Design 

By MRS. W. A. BUNCH

USE ecru crochet-cotton No. 20, and 7 trebles, 9 spaces, 11 trebles, 5 spaces, 11 make a chain of 192 stitches. (chain 1 miss 1 treble formin a space) 93 times, turn. It will be noted that, since the spaces are of 1 chain instead of 2 chain, a less number of trebles are used for the blocks or solid work; thus block. or 3 trebles, fills 1 space, 5 trebles fill spaces, instead of 7 trebles, as usual, and to each block or space, with 1 treble extra If preferred, the spaces may be of 2 chain, and 3 trebles used for filling each, as usual, which would result in a larger cover unless finer thread were used.
2. Chain 4, treble in next treble, for 1st space, 93 spaces, turn
3. Four spaces, ( 5 trebles, 4 spaces) 15 mes,
4,5 . Three spaces, ( 9 trebles, 2 spaces)
14 times, 10 trebles, 3 spaces, 4 times, 10 trebles, 3 spaces, turn.
7, 8. Ninety-four spaces.
9 to 14 . Like 3 d to 8 th row.
15. (Four spaces, 5 trebles) 5 times, 34 spaces, ( 5 trebles, 4 spaces) 5 times, turn. 16, 17. Three spaces, 9 trebles, ( 2 spaces, from * to beginning of row
18. Like 15 th row.

19, 20. Like 7th row.
21. (Four spaces, 5 trebles) 4 times, 46 spaces, ( 5 trebles, 4 spaces) 4 times, turn. 22, 23 . Three spaces, 9 trebles, ( 2 spaces, 9 trebles) 3 times, *44 spaces; work back.
24. Like 21st row. 27. (Four spaces, 5 trebles) 3 times, 18
spaces, 11 trebles, 35 spaces, ( 5 trebles, 4 spaces, 11 trebles, 35 spaces, ( 5 trebles, 4
spaces) 3 times, turn. 28. Three spaces, 9 trebles, ( 2 spaces, 9 trebles) twice, * 33 spaces, 15 trebles, 17 spaces; work back.
29. Like 28 th to *, 15 spaces, 19 trebles, 32 spaces; work back.
30. (Four spaces, 5 trebles) 3 times, 32 spaces, 7 trebles, 5 spaces, 7 trebles, 15 spaces, ( 5 trebles, 4 spaces) 3 times, turn. 31. Thirty-two spaces, 7 trebles, 7 spaces, 7 trebles, 49 spaces, turn. 32. Forty-eight spaces, 7 trebles, 9 spaces, 7 trebles, 31 spaces, turn. 33. (Four spaces, 5 trebles) twice, 18 spaces, $(5$ trebles, 4 spaces) twice, turn. spaces, ( 5 trebles, 4 spaces) twice, turn.
34. Three spaces, 9 trebles, 2 spaces, 9 trebles, 17 spaces; work back.
35. Like 34th to *; 17 spaces, 7 trebles, 11 spaces, 7 trebles, 6 spaces, 5 trebles, 18 spaces, 5 trebles, 6 spaces; work back.
36. (Four spaces, 5 trebles) twice, spaces, 45 trebles, 6 spaces, 7 trebles, 1 space, 19 trebles, 1 space, 7 trebles, 18 spaces, ( 5 trebles, 4 spaces) twice, turn. 37. Thirty spaces, 7 trebles, 1 space, 19 trebles, 1 space, 7 trebles, 6 spaces, 45 trebles, 19 spaces, turn.
7 trebles, Nineteen spaces, 45 trebles, 6 spaces, trebles) twice, 1 space 7 trebles. 30 spaces, 5 turn.
39. Four spaces, 5 trebles, $* 24$ spaces, 7 trebles, 1 space, 5 trebles, 8 spaces, 7 trebles, 6 spaces, 5 trebles, 18 spaces, 5 trebles. 13 spaces, $* 5$ trebles, 4 spaces, turn. 40. Three spaces, 9 trebles, $* 40$ spaces, 7 trebles, 8 spaces, 5 trebles, 1 space, trebles, 23 spaces, * 10 trebles, 3 spaces, turn. 41. Edge (like 40th to ${ }^{*}$ ), 23 spaces, 7 trebles, 1 space, 9 trebles, 6 spaces, 7 trebles, 40 spaces, edge (like 40th from *).
42. Edge (like 39th to *); 41 spaces, 7 trebles, 6 spaces, 9 trebles, 1 space, 7 trebles, 24 space, ; edge (like 39 th from *).
trebles. 47 spaces, turn.
44. Same as 43 d row, reversed
45. Edge (which now repeats from 39th to 42 d row) ; 25 spaces, 7 trebles, 9 spaces, 7 treble
46. Edge; 17 spaces, 25 trebles, 12 spaces, 7 trebles, ( 3 spaces, 7 trebles) twice, 24 spaces; edge
47. Edge; 25 spaces, 7 trebles, 1 space, 11 trebles, 1 space, 7 trebles, 11 spaces, 9 rebles, 8 spaces, 9 trebles, 15 spaces; edze 48 . Edge; 15 spaces, 7 trebles, 12 spaces
trebles, 11 spaces, 23 trebles, 27 spaces edge.
49. Thirty-two spaces, 9 trebles, 5 spaces, 9 trebles, 10 spaces, 7 trebles, 12 spaces, 7 trebles, 21 spaces, turn.
50. Edge; 15 spaces, 7 trebles, 12 spaces,

7 trebles, 9 spaces, 11
trebles, 25 spaces; edge.
51. Edge; 23 spaces, 35 trebles, 8 spaces, trebles, 12 spaces, 7 trebles, 14 spaces; edge.
52. Edge; 15 spaces, 9 trebles, 8 spaces, 9 trebles, 9 spaces, 11 trebles, ( 1 space, 11 53 ) twice, 23 spaces; edge.
Edge; 23 spaces, 11 trebles, 3 spaces,
trebles, 3 spaces, 11 trebles, 10 spaces, 25 rebles, 18 spaces, 11 t
54. Twenty-six spaces, 17 trebles, 12 spaces, 9 trebles, 11 spaces, 9 trebles, 29 55. Edge; 23 spaces, 9
trebles, 40 spaces; 9 trebles, 40 spaces; edge.
56. Edge; 39 spaces, 9 trebles, 1 space, trebles, 1 space, 9 trebles, 22 spaces; edge
57. Same as 56 th reversed.
rebles, 8 spaces, 9 trebles, 23 treb, 1 space, 5
59. Twenty-nine spaces, 9 trebles, 8


Emblem Pillow-Cover, Oddfellow Design
spaces, 5 trebles, 1 space, 9 trebles, 46 spaces, turn.
60. Same as 59th, reversed

9 trebles, 1 space, 9 trebles, 12 trebles, 6 spaces, trebles, 20 spaces; edge.
62. Edge; 17 spaces, 25 trebles, 10 spaces, 9 trebles, 1 space, 9 trebles, 6 spaces 9 trebles, 22 spaces; edge.
63. Edge; 22 spaces, 9 trebles, 11 spaces ( 9 trebles, 8 spaces) twice, 9 trebles, 15 spaces; edge.
64. Edge; 15 spaces, 7 trebles, 12 spaces, 7 trebles, 8 spaces, 9 trebles, 9 spaces, 9 trebles, 24 spaces; edge.
65. Thirty-one spaces, 9 trebles, 7 spaces, 9 trebles, 9 spaces, 7 trebles, 12 spaces, 7 trebles, 21 spaces, turn.
66. Twenty-one spaces, 7 trebles, 12 spaces, 7 trebles, 9 spaces, 9 trebles, 2 spaces, 7 trebles, 2 spaces, 9 trebles, 31 spaces, turn.
67. Edge; 26 spaces, 7 trebles, 1 space 11 trebles, 1 space, 7 trebles, 10 spaces, 7 trebles, 12 spaces, 7 trebles, 15 spaces; edge.
68. Edge; 15 spaces, 9 trebles, 8 spaces, 9 trebles, 12 spaces, 23 trebles, 26 spaces; edge.
69. Edge; 25 spaces, 9 trebles, 5 spaces, 9 trebles, 13 spaces, 25 trebles, 17 spaces; edge.
70. Edge; 20 spaces, 17 trebles, 14 spaces, 11 trebles, 5 spaces, 11 trebles, 25 spaces; edge
81. Edge; 22 spaces, 9 trebles, 1 space 19 trebles, 1 space, 9 trebles, 5 spaces, trebles, 6 spaces, 5 trebles, 23 spaces; edge 82. Edge; 32 spaces, 7 trebles, 5 spaces, 9 trebles, 23 spaces; edge.
83. Twenty-nine spaces, 9 trebles, space, 5 trebles, 8 spaces, 9 trebles, 5 spaces, 7 trebles, 38 spaces, turn.
84. Thirty-four spaces, 15 trebles, spaces, 9 trebles, 8 spaces, 5 trebles, 1 space 9 trebles, 29 spaces, turn.
85. (Four spaces, 5 trebles) twice, 17 spaces, 9 trebles, 1 space, 9 trebles, 6 spaces, 9 trebles, 5 spaces, 15 trebles, 22 spaces, ( 5 86 . Like 34 th twice, turn.
5 spaces 9 , 15 trebles space, 9 trebles, 16 spaces, work treble
space, 9 trebles, 16 spaces, work back.
spaces, 9 trebles, 34 spaces; work back.
88. (Four spaces, 5 trebles) twice, 36
spaces, 7 trebles, 9 spaces, 7 trebles, 19
spaces, ( 5 trebles, 4 spaces) twice, turn.
89. Thicty-two spaces, 7 trebles,
90.
turn.
91. (Four spaces, 5 trebles) 16 spaces, 19 trebles, 33 spaces, ( 5 trebles, 4 paces) 3 times, turn.
92. Like 28 th to *; 34 spaces, 11 trebles,
93. Like 28th to $* ; 56$ spaces; work back
94. Like 91st to $*: 58$ spaces; work back

## Terms Used in Crocheting

Ch, chain: a straight series of loops, each drawn with the hook through the one preceding it. Sc, single crochet: hook through work, thread over and draw through work and stitch on hook at same time. Dc, double crochet: hook through work, thread over and draw through, over, and draw through two stitches on hook. on hook, over, and draw through remaining two. Stc, short treble crochet: like treble, save that the thread is drawn through the three stitches at once. Dtc, double treble crochet: thread over twice before insertion of hook in work, then proceed as in treble crochet. P, picot: a loop of chain joined by catching in first stitch of chain.
71. Thirty-one spaces, 35 trebles, 47 72 space) twice, 11 trebles 30 , 11 turn
73. Edge; 23 spaces, 11 trebles, 3 spaces trebles, 3 spaces, 11 trebles, 40 spaces dge.
74.
74. Edge; 39 spaces, 9 trebles, 11 spaces, trebles, 22 spaces; edge.
76. Edge; 40 sparow, reversed
trebles, 23 spaces; edge.
77. Twenty-nine spaces, 9 trebles, 1 space, 9 trebles, 6 spaces, 9
45 trebles, 19 spaces, turn.
8. Same as 77 th row, reversed
79. Edge; 23 spaces, 9 trebles, 1 space, 5
trebles, 8 spaces, 9 trebles, 5 spaces, 45
trebles, 13 spaces; edge.
trebles, 5 ge; 23 spaces, 5 trebles, 6 spaces, 7
trebles, 5 spaces, 9 trebles, 8 spaces, 5

Now work like 26 th back to 1 st row, reversing the order, which completes the pil-low-cover. For the border:
stitch all around, with 6 trebles in each corstitch all around, with 6 trebles in each co
ner space, to turn easily; join and turn. ner space, to turn easily; join and turn. next, slip over next 2 trebles, turn; 24 trebles in loop of 10 chain, fasten in 2 d treble, chain 7 , miss 7 trebles, fasten, turn; * chain 3 , miss 1 treble, a quintuple treble over 5 times) in next, repeat from * 11 times, miss 7 trebles, fasten, slip to 2 d treble, turn; 4 trebles in 1st space, 2 trebles in next space, chain 9, fasten in top of last reble for a picot, 2 trebles in same space, (2 trebles in next space, chain 7, fasten in top of last treble for a picot, 2 trebles in space) 9 times, 2 trebles in next space, picot of 9 next space, fasten in 2d treble of last row chain 5 , miss 4 trebles, chain 5 , miss 4 , slip over 14 trebles, turn, and repeat Have a loop of chain come turn, and corner, covering the 4 trebles, and fastened in 1st and last of 6 trebles; this can easily be arranged, if need be, by missing or slipping over a treble more or less in making preceding scallops.

## Needlepoints

MRS. L. B. S., Maine.-A straight piece of lace may be used for a round centerpequired. If the lace be tightly rolled and tied and this edge dipped into boiling water for a minute, then allowed to dry, it will sometimes shrink sufficiently to give the required curve - that is, if the thread has not been previously wet. Be careful to moisten only the upper edge. If you are crocheting a strip of lace for the purpose, make a double instead of treble at end or beginning of every other row, at the top; in this way the curve is produced, and may be regulated at discretion. I have been unable to find the "large round centerpiece with crocheted border of a rose done in a diamond,"' but will gladly print your request for it, if desired.
ESTHER K. EVANS, Indiana. - Your sample of lace is beautifully done for a wee maiden of nine years. I am sorry it has been published-and that I cannot again illustrate it, but I have laid it away among my treasures. You will like to know, too, that a little friend of my own, just one year means to write, and thank you for it or has done so done so.
EDNA F., New York.-The patterns of any embroidery designs shown at any time may be had by enclosing the required amount to The American Woman, stating kindly MrS. A. J. South
MRS. A. J., South Dakota.-Crash, scrim, ny oyster-cloth, cotton crepe, linen or strips to set material may be used for the for a bedspread. Or one may use strips of plain crochet
MRS. N. M. L., New York.-You will find two very lovely yokes, such as you ask or, illustrated in the October issue ; this month; hence I do not print your request.
Thank you for your appreciation of The Thank you for
Needleworker.

## Requests

I SHOULD like to see some lace about two inches wide, with turned corner, for curtains, also some little edgings for baby's clothes. Mrs. P. H., W isconsin.
WILL some contributor kindly send a something sis cap in crochet? should like of two years.-Mrs. A. B. H., South Dakota. MRS. C. R., Pennsylvania. - I can disand several friends have written of having completed it, and desiring to thank Mrs Butler, who so kindly "shared" it. If you would like the yoke itself, or any assistance -other than I can give you-you might address the contributor at Butte City, Calif.
MRS. E. S., Wisconsin.-Send to The American Woman, enclosing price stamped; you will be able to obtain it, I am sure.

# THE WOMAN WHO WON 

WHEN Mahoney came into the room and saw the young
man sitting in an armchair man sitting in an armchair face was clouded with pity
and dismay.
"You shouldn't have come all this way, Jack!" he eried, hurrying,
The visitor raised his face. It was growing shadowy in the big, gloomy library, but a sudden leaping flame in the fire shone on worn features and vacant eyes that peered past Mahoney at nothing.
"I wanted to see you. At least -" He laughed. "I can't do that, but-
laughed. "I can't do that, but-" terrupted Mahoney, in his impulsive Irish way. of his feelings. He sat down and did not look at the boy
"Oh, well, one has got to grin and bear it! It was a cut I got on the head at Loos! Played the deuce with the optic nerve. Oh, I can't remember all the long words the doctors used!" He smiled drearily. "Words don't matter, anyway! The fact's there. I can scarcely see at all now, and in about a month or so-but I didn't come here for you to weep over me. The women do that. I, know you feel sorry. Let's cut out all that!' He moved impatiently in his chair. His face had been singularly handsome, in a boyish, clean-cut way, before the sufferings and hardships of war had set their mark face, and those peering, dark-rimmed eyes. face, and those peering, dark-rimmed eyes. to look at him! Mahoney remembered the Jack Dundas of other years-gay, highspirited, perfectly groomed; a trifler at life, weak and foolish, undoubtedly; but with a trick of winning and keeping the affection of his fellows. He had been the most popular member of clubs where Mahoney, selfmade and diffident and homely, had been quite civilly ignored by all but Dundas. rather odd friendship had sprung up between the irreproachably dressed young man of fashion and the simple, uncouthlooking Irishman, whose wealth had not been great enough to buy his admittance
into the world of society.
Then the war broke out. Dundas went social pretensions that had brought him nothing but disappointment, married a plain, good-natured Irishwoman who had been his secretary, and retired to live quietly in a huge, old-fashioned mansion at Hampstead.
"You got my letter congratulating you?" asked the elder man.
"Yes. Didn't I answer it? Oh, well, one hadn't much time for letter-writing out there. Ridiculous rot, my getting the V. C.: Matter of luck. Colonel happened to be in sight when I brought poor old Crossley in, "It ion't luck that makes a man do thing "the that my boy"" said the Irishman. "Put ' p ' before luck, and-
"Oh, shut up, man!" protested Dundas You're as bad as the newspapers!" After a moment of silence he leaned forward: "Mahoney, I want a business talk with you." Mahoney's genial face was troubled and embarrassed.
"My dear Jack, please don't think of it! At any rate, another time!
-But I came to see you about the matter -the ten thousand you lent me! Of course, things aren't particularly brilliant financially just now. I've got the three hundred a year the poor old mater left me. As for earning any more"-he laughed shortly-"unless I set the craze in society for artificial
I believe the blind can make 'em
'Don't talk like that, Jack!" said his friend uneasily. "Mustn't get bitter, whatever happens! And you know perfectly well money than-".

Mahoney could find no parallel
Dundas moved his eyes toward where he again not quite so bitterly
"That may be sentiment, but it's not
"I'm Irish," said Mahoney, hotly. "My feelings come first, business afterward!" "Yet you're on the way to being a millionaire!" said Dundas, with a smile.
Mahoney got up and crossed the room to a sofa that stood beside the desk. He unlocked
it, and knelt by it. Dundas lay back with it, and knelt by it. Dundas lay back with closed eyes.
The light of the February afternoon was fading swiftly.

"Shall I switch on the light," said Mahoney, "or is it more
"As it is, thanks!" ome papers in his hands.
"I think it's here."
He was sorting them.
"What is? You're deuced mysterious! Dundas spoke with the irritability that his affliction had brought with it. In the old days he had been the sunniest-tempered fefortunes.

## "It's the acknowledgment.

Mahoney found the paper that he had been seeking, and put it into the young man's hand.
"Well? I came here to
The paper was withdrawn from his hand fing fed.
"You've
Mahoney:
The boy's face was working. He thrust out a trembling hand and grasped Mahoney who had been kneeling by the fire. honey laughed.
"You shouldn't have done that! It's splendid of you to let me off.:" Dundas spoke chokingly. "Don't think I don't realize that, but-I could pay you somebefore the war, chucking money away as did! When you lent me that ten thousand,

Don't think of it again, now!' said the Irishman. "I'm proud to have been able to help you. Too old to fight, but not too old to do a good turn for a gallant V. C.! There now!' He laughed to hide his feelings. "The whole thing's done with. We'll not dig it up again!

But what can I say? You-" "Now don't begin. I won't have it, I tell "!"'
"You expect me to take a thing like this
"I'm very sorry, but I've got to get back. I'm with my brother, Ralph. You know him, don't you
Mahoney murmured a doubtful affirmative. The patrician Ralph, Lord Harminister, had always been politely rude to him on the few occasions on which they had met. Usually a silent man, Mahoney talked on cheerfully, anxious to distract his guest's
mind. He feared, too, another reference to mind. He feared, too, another reference to
the fact of his having destroyed the boy's acknowledgment of his debt. This he could acknowledgment of his
"Mahoney, my man will be coming for me in a few minutes," said Dundas. "Before he comes I must really tell you that what you did just now-
You make me wretched every time you refer
fly.
man began and, you know door opened.
"Miss Allerton, sir!" said the man-
"Jack!" The girl's voice was sweet, and a little nervous. She stood irresolute, peering into the shadowy room. "What a dark oom! Where are you? Oh, I see you."
She came forward into the firelight. Mahoney always shy of women, got up and
stood awkwardly by the fire. He saw that stood awkwardly by the fire. He saw th
she was slim and fair, and very lovely The boy stumbled to his very lovely
him. Seeing his face, she gave a went startled cry.
"O Jack! what is the matter? You look ghastly." She turned piteous eyes to look honey, who was altogether at a loss. "Is he ill?" Receiving no answer, she addressed Dundas again. "But Jack dear, you were all right this morning, when we had those ripping sets of tennis!" The silence that followed seemed as ittle agitated breath, realizing that there was something seriously amiss.
Then Mahoney put out his hand, and the

Dundas. The glare of light was dazzling eyes that were not blind.

What does this mean?" the girl said. Her frightened whimper passed unheeded. The two men had forgotten her presence. Mahoney sat down heavily, and leaned his head on his hand.
"Mr. Mahoney"-she grasped his arm insistently-"Jack's engaged to me. I dare say he told you.
"No!" The reply came in a muffled voice She looked from one to the other with agonized entreaty
"But this seems so awful! It's so-so horrible for me! Wo awrers it's You must.

Dundas, who had been standing with his head sunk on his chest looked up.
"Yes," he said quietly, "I'll explain Hilda. Before the war Mahoney lent m ten thousand pounds. He had my acknowl edgment for it. The other day he wrote to me. Someone had told him I was blind Well, I was tempted, and I didn't hold out I came here this afternoon, and pretended to be blind. I knew what a generous fellow he was-how simple. I hoped he'd let me off. He did. He burned the acknowledg ment. That's all! If you hadn't turned up I doubt if he'd ever have found out. We'd have gone to Austubs-he knew none of my friends. He wouldn't have found out friends. "H
She stood with her hands clasped together her face white as marble
"II can't believe it, Jack!" she said, in a little tremulous whisper
"It's true!" he said hoarsely. "Time you found me out, old girl, before it's too late Mahoney and everyone think me a hero because I saved Crossley. But I've no pluck. None at all. I'm a real rotter! I'm mean! I do vile, low things-things other fellows would scorn to do!
"I'm a coward!" the boy went on, vehe mently, "I lie and squirm out of things! can't face the music. I- I think yo understand now. Why did you come her this afternoon, Hilda?'

They told me you were here. I was lunching in Hampstead, and thought I'd Sall for you. Jack-
She we him, but he put out his hand and kept her away
"It's all up, old girl! Now that you know what I am, I don't keep you to your prom ise. Not such a blackguard as that!
'If you're a rotter Jack,"' she whispered, "you want someone to help you not to be I'm going to!"
"O my dear!"
His voice broke. They held each other close for a long moment. He spoke to Mahoney, a new tone in his voice.

I'll work hard, out in Australia. I'll send you the money never until it's sent Do you hear, Mahoney

You don't really think it's the loss of the id the man, who had never spoken harshly in his life, and did not do so now.
But there was that in his voice that made per pitifully
"Leave me alone with him, old girl!" he said, hoarsely
"No," she went to Mahoney-"Mr. Ma honey; I know what Jack is, now, yet I'm going to marry him. Won't you-can't "It's different for a woman," he replied very low. "I'm afraid I can't."" sees how dreadful it was."

I can't." He spoke with an effort. "We were friends. He needn't have thought I'd come down on him for the money., I'm not that sort. And-we were friends!
"He's quite right, Hilda," said Dundas "It's different with woman; but men can' stand this sort of thing. I know, because they've found me out before.
She bent over Mahoney and spoke in a
sob-choked voice sob-choked voice.
"Don't you see! There are different sorts of courage! Jack's done this thing and it nearly breaks our hearts, because we love him; but-think of the day when he dashed across that field in the face of awful fire and saved Major Crossley! Perhaps none of the anything mean anyth oull all saw the man any there sill. But the of them went for him but Jack mustn't forget that, we who love him, we don't know - perhaps it isn't the better sort of courage; but"-her voice broke; tears or courage; but -her voice broke; tear

# THE ALLEANZA FEMMINILE 

By KATE E. HORTON

THE great war with its far-reaching effects has brought a change per haps unequaled elsewhere in the realm of womankind into the lives of the women of Sicily. For in Sicily the traditions of the east, fostered successively by the saracen and Spanish invasions of the eighth and twelfth centuries, still prevailed at the beginning of the present war. The place of woman was not only figuratively but literally in the home." Rarely on the street or in public places was distasteful to the Sicilian woman in fact. so the thought of appearing publicly, that even shopping-that delight of the feminine heart-was left to others. The cloistered seclusion was not alone the custom of the higher classes, the women of the poorest classes as well, bound by the same oriental traditions, kept strictly to their homes.
Into this social state of an age long past, breaking down the bars of custom that hedged these women of Sicily from public affairs and lives of independence, the present war stretched a relentless and imperative hand. For sicily, true to her past, responded to the call for men, sending thousands of her best to fight on the Italian front. Left at home, the women of the peosuddenly forced to support themselves and their children, while upon the women of the higher class fell the task of caring for these poorer sisters-to see that they were en abled to earn their living, or to provide for those who through sickness became necessarily a public burden. All classes responded nobly. The spirit of patriotism and oyalty, the innate charity and love in every woman's heart, enabled these women of Sicily to break away from the customs that had hitherto bound them. The most prominent women of Palermo immediately organized what is known as the "Alleanza Femthemselves with splendid energy devoted most devotion to their suffering people.
It is through this Alleanza Femminile whose members understand the Sicilian people and their dialect-for the imprint of Saracen and Spaniard is to be found in the language as well as the customs of Sicilythat the American Red Cross has been able to aid in their time of need the people of sicily and the "profughi," as they call those from northern Italy who have taken refuge there. Upon the appeal of the Alleanza Femminile to the American Red Cross Commission in Italy, the American organization was enabled to save six hundred boys, orphans of the richiamati, from what These orphan boys established by the Alleanza Femminile - at considerable strain upon the slender finances of this organiza-tion-in the Villa Fillipina, a former recreatorio or playground of a Catholic institution, were subsisting on an orange and a piece of dry bread as a daily diet, when the appeal to the American Red Cross was made. The American organization immediately came to the rescue with the gift of a soup kitchen stationed on the grounds of the recreatorio, where each day these grateful boys receive a steaming bowl of rich soup, furnished through funds of the American Red Cross
A second activity, this time established directly and solely by the American Red Cross for the families of the richiamati of Sicily-the mothers, wives and children of
the soldiers at the front-is the public fooddistribution. This food-distribution under the personal direction of Mrs. Donald Shaw MacLaughlan, wife of the American Red Cross delegate to Palermo, takes place every Thursday, and is always attended by members of the Alleanza Femminile who understand the people and their dialect. Here quantities of meat, rice and condensed milk are given to the families whose need, particularly because of sickness, is vouched for by the Alleanza Femminile and other Italian charity organizations after careful investigation.

Cordial as have been the relations and splendid as has been the cooperation of all Cross throughout Italy and Sicily possibly Cross throughout Italy and Sicily, possibly the American organization and been of greater help than the Alleanza Femminite, whose members, for the first time, perhaps, in the course of sheltered lives, have thus undertaken tasks of public character. Reports from American Red Cross workers in
the Palermo district never fail to express Sicilians and Americans in a great work further a common cause.

## Looking Out for Our Nurses

Who is mothering and sistering the nurse in France, while she is spending he nurse in France, while she is spending her time and energy sistering and nursing back to
It may not have occured to


Villa Fillipina Where Six Hundred Boys, Sons of Soldiers at the Front, Are Cared for
it certainly has to the mothers of these girls and women that they can't spend all their
time bending over the beds of wounded time bending over the beds of wounded
soldiers. It is not all glamor, poetry and soldiers. It is not all glamor, poetry and
romance. Nurse or no nurse, they are still romance. Thurse or no nurse, they are still they must be clothed they must sleep day, sionally, and in order to stand the trying physical and heartbreaking strain they must rest-they must have their hours of must rest
In the early days of our part in the great war, back in August, 1917, Miss Martha Russell, in charge of army nurses, and Miss Elizabeth Ashe, in charge of the Red Cross nurses for civilian work, stopped in London on their way to France and went over with
Mrs. Whitelaw Reid the splendid work al
vices worked out by the Women's Bureau. For it takes more than a war market to "stump" the Women's Bureau. When instructions come from Washington, for instance, Miss Morgan and her staff proceed tions, not always an easy the instrucquality and quantity both matter with Miss Morgan is of the opinion that if But cannot be achieved in one way they can in another. Witness the new washable gray jersey uniform, the rubber boots which will go on over an ordinary shoe, and the "trench-coat" specially adapted to the peculiar kind of damp cold, to which the weather-man is so notoriously partial "over there.'
Just to illustrate how the Women's


Palermo Boys at the Villa Fillipina, Eating Soup Furnished Daily by the Red Cross
ready started there for American Red Cross Bureau tackles a problem, let us' take the nurses in London. And these women shoe difficulty. Kipling says somewhere: theoretically became the mothering angels "The marching man is no stronger than his A "leave" club where nurses found a home- nurse. We That is certainly equally true of the like environment in which to spend hours American nurse balked at compromising off duty
duty.
This answered a crying need and the work heeled French boot hearing the ordinary highsary to centralize And to-day there is in Bureau to be had easily in France. The

Paris an enormous bureau-the Red Cross ducing American models in the leadin whiman's Bureau of Hospital Service - French shops. important routine of most of these vastly Cross Army Cross Army nurse. At the head of this
bureau is Miss Ruth Morgan, and working with her is Miss Julia Stimson, the chief nurse.
The problem of equipment is compli cated by the eccentricities of the war market in France. Many ingenious substitutes have been involved and many adroit de-

There was the difficulty, too, of supplying the out-of-town nurses with necessary equipment. Travel is so burdensome in these days of many documents and leave so uncertain that it was found impracticable for the nurses to come to Paris for what they wanted. The Bureau found an an swer to that problem by opening a mail order service in a big Paris departmentstore.

The matter of housing has been another sticker." Conditions at the front are such that it is often next to impossible to provide the nurses with comfortable, or even livable quarters. Even the big base hospitals get so full that there is no room for the nurse to sleep. The plan has been for the Army to take a house outside the hospital in the vicinity. The Women's Bureau takes care of the equipment and furnishings of these homes, down to the least detail.
In two of its own hospitals where the rooming-space is not adequate, the Red Cross has opened similar homes for the nurses. In addition, they have taken ove a large house at 41 rue de Galilee as a per manent nurses' hotel. This house has ac commodations for seventy - five nurses There are two gardens, and balconies over looking them. There are a telephone, hot and cold water and steam-heat in every room. The assistant to the chief nurse lives there and holds herself in readiness to give advice and help whenever called upon.
Beside these necessary provisions for sleeping-quarters, the Red Cross is constructing at every base hospital a Nurses' Club in the shape of a small baraque with reading-, rest-, and class-rooms opening off a large main room where afternoon tea is served. The Y. W. C. A. has been asked to detail a secretary to each of these clubs, or where the work does not warrant it, to every two or three clubs. In Paris, a club for nurses as well as other Red Cross Worker has been opened at the Hotel Roblin

Recreation and "off time" have long been recognized as of equal importance with working hours. The recreation question has a way of looking out for itself. Whoever heard of a group of American girls who couldn't contrive to enjoy themselves in their playtime in a thousand and one ways? All they need is the time and place to relax and they will furnish their own entertain ment. They are as resourceful there as in other fields.
Where and how to spend a leave is an other "off-time" question which the Bureau has shown great discernment in handling They are ready with suggestions, as well a offering practical facilities such as the Pension Galilee for those who wish to spend their leave in Paris. Convalescent leave ha received special attention. Besides offerin the opportunity to consult specialists, the Bureau finds accommodations for conva lescents at Cannes and Biarritz during the winter and at LaCroisic during the summer For girls just out of the hospital details are attended to, trains looked up and rooms en gaged. Just now, the Bureau has under consideration a suitable place for convalescents in need of mountain air

Besides the various provisions for her well being the American nurse has revealed an amazing aptitude at "looking out" for herself.

In the last offensive, there were cases when nurses "just over" were set to work with practically nothing in the way of ac commodations and the tools to which they were accustomed. Six weeks later, the chief nurse says she found them installed in model hospitals. They themselves had created out of the material at hand all that was needful to place the hospital on a working basis. There is never a whimper at hardship and never a complaint at privations. They are true soldiers, ready to "do and do without," like the men whom-it is their mission to attend

# THE HOMEMAKER 

Conducted by MRS. M. M. HYNES

## Some Conservation Suggestions

YORKSHIRE pudding, taken from my English friends, is a most excellent stretcher. After a piece of meat is roasted, remove it from the gravy or drippings. Have drippings, and bake in the oven. It is delicious served with the meat, and makes the amount go twice as far. Do you catch the
possibilities? Flavored gravies is another excellent stretcher. Most housewives of the middle west know how to make gravy, but there are lots of women who never have
made it. The simplest and most inexpenmade it. The simplest and most inexpen-
sive way is to put into a skillet a heaping tablespoonful of lard, cottolene, crisco, or any other grease-substitute, and when hot put in a heaping tablespoonful of flour. brown, then add a pint of water, stirring brown, then add a pint of water, stirring
until the gravy is smooth and thickened. Add salt to taste, Now for the variations and the stretchings. Many housewives use gravy but it isn't essential. Suppose it's eggs you wish to stretch. Boil three eggs half dozen slices of bread about four inches square. When the eggs are hard, separate white and yolks; put the white through the vegetable-press, and mix thoroughly through the gravy. Arrange the toast on a platter, pour over it the gravy, and last
put the yolks through the vezetable-press, put the yolks through the vezetable-press,
sprinkling lightly over the whole. A pleassprinkling lightly over the whole. A pleas-
ing, tasty dish, and three eggs serving six ing, tasty dish, and
people is the result.
people is the result.
suppose it's only a few scraps of meat you have. Chop them up, mix them in the gravy, season well, toast a plateful of corn,
rice, or wheat flakes, or puffed rice or wheat until crisp, and pour the gravy over all. Meat for three will thus become a meat-dish for six or more. Or, mix a tablespoonful or two of peanut butter with a litte hot water, and stir into the gravy, then use it to put rice will soon become a family favorite.
The rice-and-curry, a favorite dish of the orient, offers such possibilities! I never knew how to use rice until I lived in the orient for some time. It is served at least
once a day. A day without rice there would once a day. A day without rice there would be like a potatoless day here. The rice is
boiled or steamed until tender, and then boiled or steamed until tender, and then
left to steam dry so it is not soggy. Then left to steam dry so it is not soggy. Then
with the gravy idea varied in endless ways it is served. First the rice on the plate, tals always flavor the gravy-combinations tals always flavor the graty-combinations
with curry-powder, but that is not necessary Put a tablespoonful of grease in a skillet, chop an onion fine, and fry it brown. Then add a tablespoonful of flour, and brown it, then the water. Add almost any leftover bits you have, after chopping them fine,. any bits that go well together, vegetables, fact. Then salt and pepper the mixture, add a little chili sauce, or tomato sauce, or chopped up pickle, and you have the essen-
tial idea of the oriental rice and curry, with tial idea of the oriental rice and curry, with
only the curry left out, and you wouldn't like that if you had it.
Rice served with stewed fruit is another
riental dish. It is called compote oriental dish. It is called compote or whatever kind of fruit you use. To serve,
put rice in the dessert-dishes and dip any put rice in the dessert-dishes and dip any
kind of juicy fruit over it, and serve. It goes splendidly together.
plendidly together.
Rice with tomato
Rice with tomatoes dipped over it, or macaroni, or spaghetti, with tomatoes
dipped over it, is an idea taken from the dipped over it is an idea taken from the
Italians, and is really worth while, but always, break the macaroni into small piece Mashed potatoes with tomatoes dip over is another wholesome combination; and by the way, if you have a vegetablepress small potatoes will have no terrors for you, nor need they be wasted. Simply
wash them clean, boil them tender, put wash them clean, boil them tender, put
them through the vegetable-press, and them through the vegetable-press, and
presto, the skins are left in the press, and the potatoes are ready to be seasoned and beaten up into fluffy, delicious mashed potatoes.
Make a bread pudding, leaving out sugar and flavoring or raisins, and add salt and dish at luncheon. I copied this from a Scotch friend.
The meat-loaf, or fish-loaf, or bean-loaf is another stretcher. All stale bread, as leftover crumbs or larger pieces that many
would discard, when put into the oven to thoroughly toast dry are rendered clean

This department is devoted to the interests of woman, especially the housewife. Anything that will lighten labor, brighten or make better the home and household, or
help us each and all to lead truer lives, will be cordially welcomed. All readers of help us each and all to lead truer lives, will be cordially welcomed. All refters
The American Woman will, it is hoped, give of their experience for the beneft of others, and ask any needful information for themselves. Send your tested and favorite receipts, hints on the training and care of children, cultivation, of flowers, etc., etc.,
letting what helps letting what helps you help others. This is the homemak
as such all are invited to have a share in its management.

Address MRS. M. M. H YNES, Boston Highlands, Mass.
and sterile. Then put them on the bread- ures of both proportionately higher, in a board and roll with a rolling-pin to fine crumbs. Put these into a covered tin, use in malep crisp, and keep them ready to are moisteng with of things. When they or milk, and mixed with ground-up meat, or nuts, or bean puree, and an egg or two sage or onion, or whatever seasoning you wish; and is packed in a bread-pan and baked in the oven, and the combination is cold, it can be sliced and made to serve the main portion of luncheon, or even dinner. Salmon can be used the same way, or a with sliced lemon is good

A hasty dessert for a party of six was made from a rather scanty bowl of dried apple sauce. It came as an inspiration to me, for was sixty miles from the nearest store, and that was all I had for dessert. It took two weeks to get supplies that sixty miles. I put the sauce in a deep saucepan or steamer, and added three cups of water and addi-
tional sugar, making a very thin sauce. Then I prepared dumpling-dough, making nice fat dumpling for each of the party semithickened applesauce dipped over them were hailed with delight by both sexes That dessert, since then, has become a favorite one in our circle of friends. We use any fruit we choose, simply adding enough water and sugar to make sufficient liquid to cook the dumplings in
As to dumplings, I find so many housewives who have given up trying to make few they are easy to make if you follow between the top of the liquid in which you intend to drop the dumplings and the top of will not touch the lid, when fully raised. Have the liquid boiling-hot when you drop lift the lid or let the stove be jarred in any way for ten or twelve minutes. They are quite sure to be done when this time has passed. If fully done uncover and serve at pot, break them into halves with the aid of two forks, so they can steam out, and set them aside. Leaving them covered on the stove in the pot, afte
surely produce failure
The phrase "a meatless day" causes a tell you why. Once a week the family buys a piece of meat, or kills a chicken, and that s all the meat that family has. The chicken, if it is chicken week, is dressed, and the
pieces good for frying are fried. It gives pieces good for frying are fried. It gives piece, unless the family is rather large. A milk gravy is made from the fryings and served with the potatoes. The bony pieces little flour, and seasoned, and dumplings are dropped in the soup, or half a cup of rice or barley is boiled until tender in the stock, making a substantial soup. The and minced, mixed with potato, or formed into croquettes, or some of the other stretchers. The rest of the days of the week are meatless, and I mean no meat. The protein element is supplied by eggs, cheese, nut-stretchers, or by one of the legumes: peas, beans, or lentils. If meat is purchased
that week, it is served in some of the ways spoken of before.
I once stayed successively with two housewives. One had a family of five children, the other of four. The former was accounted a fine cook, and I knew of people who came purposely to visit her to get their fill once in a while. Her grocery bill at that time, some years ago, averaged thirty dot-
lars a month. The latter housewife, with the smaller family, was not a good cook the smaller family, was not a bood cook, nothing was very tastefully served or store just before each meal, and put on the table what she had purchased. Her grocery bill was never less than sixty dollars. The same difference exists to-day, with the fig-
ures of both proportionately higher, in a
great many families. Economy means foresight, and intelligent planning.
Anybody can use lots of money and materials in cookin $y$ and feeding a family. doesn t take brains or education to does thate a real genius to economize intelligently and consistently day after day, intelligently and consistently day after day, happiness. But it's an object worthy of the attention of any housewife, for money saved is money earned. Eating for efficiency is the best economy I know of. It saves both your great crisis it saves food for the nations.
Whatever you have at hand, whate
you must buy, study the best ways of ser ing it, and the varieties of ways in which may be served. If it is eggs, specialize in egg-dishes; if milk, study up custards, junket, milk gravies, cornstarch, milk pudfound the last-named served in England with no salt or pepper added, but just cream, and then served with jelly or preserves.
Do not be misled by such receipts as the called "pumpkin pie without the pumpkin," and then it gave a lit of ingredients, eggs, milk, etc., that must have made that one pie cost as much as a whole big pumpkin. But choose rather the kind of make that came out later, telling how to egg.s, but substituting corn-flour instead, and which, upon trial, made so delicious a pie that the jury (the men of the family)
failed to mention that they detected any change.
In this connection I'd like to suggest the real economy of those little individual pie-, and a half inches in diameter and one and half inches deep. I make all $m y$ pies in these. They do away altogether with the bottom crusts, thus saving wheat-lour, and in case of open-faced pies, as pumpkin, is necessary. I find them really economical. They fit so nicely in luncheon-boxes, as well as for serving at the table.
Breakfast-foods, porridge, or cereals, whichever you call them, are pleasingly va-
ried by cooking a handful of raisins chopped date., or figs, with the oatmeal, or whatever is used, and frequently no sugar need be added, for the fruit gives it a sweet taste. It is better anyway to stop using raw sugar cooked in them, and corn syrup, or a
little jelly, make a very good substitute, if more is needed.
The only confections children need can be made from syrup. Taffy, in its various forms, is a wholesome confection. Raw growing children; as, raw apples, celery, leteach day should be eaten to furnish neces sary vitamines and cellulose. An intelligent study of essentials, and food-values, is not beyond any housewife, if she really wishes protein, starches, cellulose, vitamines, and mineral salts, should be taught in all grade schools, as it is being taught in some. The telligently
Much more could be added, and thou sands of homemakers who have learned long ago to economize because of necessity could help out; they very often keep quiet, however, because of the simplicity of their reall remember that these qualities are ex actly what we are looking for to-day, and lend a hand. Our pet economies may help
others to a variety.
J. H. W. Topeka, Kans.

## Baby Bonds and the Baby

$M^{\mathrm{Y}!\text { you have no idea how I enjoy this de- }}$ all of one way we have of doing our bit. Some
came into circulation in our locality, and before we saw the new dimes, I decided to save all the new nickels I chanced to receive in making change, believing that would be an easy way to earn my next winter's dres without really missing the money; "many a little makes a mickle," you know, and a few cents put away at a time soon count up. By the the I head whispers from ever, we heard whispers from afar that the stork was making other plans for my than ever. Then the new dimes began to than ever. Then the new dimes began to and by the time our precious wee daughter arrived, we had twenty dollars' worth to put in the bank for her. Then we decided to save the pennies, and any chance new quar ter or half-dollar we happened to get, and say! it is surprising how fast they count up.
Our baby is fourteen months old, and we have purchased for her fourteen "baby bonds," or war-savings stamps, one for each month of her life; and we shall keep right on through the year. Now we have neve missed this money, we know it is helping our Government, and in five years our little daughter will have a nice bank account of her own, as each baby bond is worth nearly would not think of spending any new mand for anything else, really this method is great help in "resisting temptation", Many great help husband and I have come Many without buying some article we thought we needed, just because we had received several new coins in change and would not spend them. He is as enthusiastic as I am and we never let a new coin get away from us; al go into baby's bank, and once a month the accumulation is "traded" for a baby bond.

I, too, have sent my precious ones into service, and am very proud of a son who has won his commission as lieutenant at the age of twenty-one, and is now stationed in Virginia helping train men for air-service in France He is anxious to go to the front, but the Government seems to think he is more needed on this side at present, which is of course quite a relief to me; although when prouder, if that is possible, to be the mother prouch a that is he My youn listed at listed at eighteen, but received an honorabl discharge seven months later because of ill health. He is very anxious to join the colors and should the war continue until he is physically fit he will still go to France to help whip the Kaiser. And we know the wa must go on, and we must all do our very best in saving and working, until permanent peace-a peace that will make the world a safe and happy place-is assured.

Now let me offer a few suggestions-discoveries of my own: Never put a crocheted yoke on a baby's dress; it is too rough fo the tender skin, no matter how fine the thread. Trim the bottom of dresses and skiits to your heart's content, but leave the neck plain. And do not let the little one wear a crocheted hood unless you put in silk lining.

Don't let baby sleep on your arm; this will cause the little body to be crooked. And do not lay the weight of your arm acros baby's body at any time; it is a thoughtles and careless habit many mothers have of going to sleep with one arm thrown over the little one. Not even when holding baby should any unnecessary weight be allowed to rest on it. Do not wean a baby during the hot months; if old enough to wean, and teeth are cut, let it go until September, a least. For several weeks before weaning feed the wee one a little at each meallittle rice, well-cooked oatmeal, orange-juice milk-toast, crackers in milk, even mashed potatoes with milk and butter well whipped in, or milk gravy, are good. Egg-soup is excellent-most babies and even grown folks like this for a change. It is made by pouring a cup of boiling water-be sure it is ver an egg broken into a bowl with salt and pepper to taste. Do not beat the egg, but stir it while adding the boiling water; crumb in a little bread or crackers All these and many other things will give
baby strength and relieve the mother, for after a child begins eating regularly it need not nurse so often. My baby eats a little of nearly everything we do. By watching her bowels closely I have found very little to disagree with her. She will eat nothing Concluded on page 12

# For the Holiday Season 

By ISABELLE CLARK SWEZY

AChristmas time, somehow, one half a cupful white flour, two level teaspoonreally does long for something fuls baking-powder, one half teaspoonful why we shouldn't is no reason salt, one half teaspoonful cinnamon and one vided we remember always that ually to the first mixture, together with one hose "over there" want it just as we do, and third cupful finely chopped suet. When need the sugar vastly more, and that we at well beaten, stir in one cupful of jam-prefhome should obtain our "sweets" princi- erably raspberry or strawberry. If desired pally from the sugar-
substitutes. It is just like sending Christmas presen phen we when we
save on
on save on
the sugar that it may be sent over there!
You see,
begin with, Americans have
 a cupful of
raisins and
half a cup-
ful of $\begin{aligned} & \text { nuts } \\ & \text { may } \\ & \text { me }\end{aligned}$ be added, which event be stirred in be stirred in
with the last of the flour. Turn into a greased tube cake-pan and bake in a slow oven until, when always eaten

A Christmas Cake a straw i inserted, it than the people of other nations, and more drawn clean and dry. It will require than is roplly time we are evening things up a bit There be served cold as a cake or hot as a is nothing which furnishes heat and energy pudding The illustration shows it as a so quickly as sugars and fat. While we all cake, decorated with a little sugarless frostneed some in our diet, it can readily be ing, for which you already have the receipt understood how extremely important it is and a few almond halves.
that those bearing the great physical hard- Some good Christmas cookies which the ships for us, exposed constantly to severe children will all relish are made as follows: weather and the greatest endurance, be not deprived of what they need. It must be a source of great satisfaction to each of us half cupful vegetable one who is doing so much for us. So in shortening and one cupful of honey. When land is doing so much for us. So in fat is melted and honey is somewhat thinned, planning our good things for the holiday set aside to cool. Mix and sift two cupfuls constantly in mind constantly in mind saving fat and far ving sugar, and ving sugar, and flours instead of all wheat, and I think with our consciences all clear we can sit down and enjoy our good things much more, surely, than if with every morsel we had to say to our elves, "Someone else really ought to ditions vary so in ditions vary so in
different localities different localities, accustom ourselves
$\qquad$ one cupful barleyteaspoonful baking teaspoonful baking powder, one hal one half teaspoonfu salt and one half tea spoonful nutmeg. Add one well beaten and - fat mixture then gradually sif in the mixed and sifted dry in-
gredients. Add one teaspoonful of vanilia, then add so they may be so they may the
rolled thin. The
amount of flour to using, as nearly as possible, the substitutes most easily ob- brands used. varies with the tainable where we live. In one part of amount given will be sufficient. Roll thin, the country, maple-syrup may be secured cut into fancy shapes with a cooky-cutter, without difficulty, while in others it cannot press a raisin or bit of date into each and be obtained at all, or the price is prohibi- bake in a moderately hot oven. If more tive. The same is true of honey. In some convenient, oat-fiour may be used and receipts, the white corn syrup works most spices added - one level teaspoonful of admirably, while in others, the dark corn cinnamon and a pinch of cloves, or all syrup is equally or more satisfactory, spices may be omitted and two squares of member always, when substituting syrup and honey before stirring in the flour fan for sugar, to reduce the quantity of nuts may be pressed in immediately anon liquid. When making puddings or cakes, removing the cookies from the oven, while jam or jelly may often be substituted satis- still soft. A cupful of cocoanut (first


Good Candies That Save Sugar
factorily. The following Christmas Cake steamed) may be added to the dough. A a good example

Christmas War= Cream together half a cupful of brown sugar, and ne third cupful of corn syrup. Add the yolks of three well beaten eggs. Mix toether one half cupful sour milk and half easpoonful soda, and add. Mix and sift together one cupful soy-bean-flour or rice-flour,
steamed) may be added to the dough. A
great variety may be made from this one great va
receipt.

Nut Spice Cake
(Sift flour before measuring and use half measurements.) Mix together one corn syrup and one cupful molasses. Pour over this two-thirds cupful boiling water


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trated Come reader who has copies of Illus1914, containing the story, "The Family Secret," kindly write me? I am very anx-
fous for the story, and will return the favor 1ous for the story, and will return the favor paying all postage. Perhaps some one has the story in book form. Please write first.
R. F. D., Dover, Tenn. Bessie Cox. Will any member of our band who knows a simple and sure remedy for thinness kindly are exercises very good for increasing weight, are exercises very good for increasing weight,
but do not know what they are. Am in good general health, but weigh only one hundred pounds, although I am five feet and five inches in height. Also what is useful to
make the hair glossy and correct dryness? make the hair glossy and correct dryness?
Palatka, Fla.
Hopeful. Can any reader tell me how to make a preparation of tansy that will remove the
tan, freckles and sunburn of years? My mother has a lovely skin but her face and hands are an even brown from exposure and the hardships of life. Those who have read where I got my idea of the tansy lotion Any good lotion will be appreciated.
Mulkeytown, Ill. A Farmer's Wife.
I was greatly interested in the letter from Mrs. H. H., Oakland, Calif., who told of
making over clothing for the war-stricken making over clothing for the war-stricken
children of Europe. I am president of a circle of little girls called the "Segreganset
Sunshine Club," and we want to do all we can for other children. Will not Mrs. H. H. write me, telling me where to send obtain patterns? The children are all enments, and we have a small fee for dues from each one so we might make something of new material once in a while. I have but
little time, myself, but I can at least cut out little time, myself, but I can at least cut out
garments and direct their making. We all like to feel that we are helping win the war and work for our little brothers and sister
"over there" seems a very essential part. R. F. D., No. Dighton, Mass. R. F. D., No. Dighton, Mass.
(Indeed, it does. Mrs. H. H. will be glad to write you, I am sure; meantime, you
might see the Belgian Relief Committee 422 Boylston St., Boston, American Com mittee for French Relief, 300 Boylston St. Italian War Relief, 294 Boylston St., or the
Polish Relief Association, 601 Boylston St. Polish Relief Association, Any of these workers will be glad of the cooperation of your little "Sunshiners," I feel sure, and will give you any possible
information. And there is always the Morgan Memorial, at 89 Shawmut Ave., and the Salvation Army - beside numerous other avenues through it. Sometimes, too, we find just
who need
the place for our "bit" almost at our own the place for our "bit" almost at our own
door.)

Has any one copies of The American Woman containing the story entitled "His
Official Fiancee"? I have the first four papers. Would also like some pansy-plants,
and will return all favors to the best of my ability. Please write first.
Lander, Wyo. Edna H. Snipe.
that is the least bit sour, however, does not care for a cooky or a piece of bread, but is
very fond of potatoes and bananas, and last spring would eat an onion and never make a face. She began by picking one off the table, and when i saw how she enjoyed it likes strip of rare steak to suck, and a bit of bacon, and none of these things seem to disagree as they are my hobby and I have alway made a special study of them.
Columbus, Nebr. Mrs. J. Shaneyfelt.

\section*{Note

## Note <br> Notes and Questions

Will some reader who has copies of Illus-
month; do you all memorize the verse for each day, as given? A convenient fire-kin-
dler is made by mixing ashes and dier is made by mixing ashes and coal-oil
to a stiff paste; keep the mixture in a tin can and leave an old spoon in it, and when you want to start your fire put a spoonful in the stove and touch a match to it. Sawdust may be used instead of ashes if you have it. Here is a bit of song I often sing, and find it help.
on the sunny side, always on the sunny side of life!
It will help you every day,
If you keep on the sunny side of life.'
Happy Old Maid.
Tyge Valley, Oregon.
Will somebody kindly send me a good Mrs. A. B. Wilson
Monroe St., Hartford, Conn.

The Homemaker's Receipt-Book
A Good War-Cake.-One cup of either of syrup, one cup of sour mill with one teap spoonful of soda dissolved in it, two table spoonfuls of shortening or vegetable-iil,
two full cups of barley-flour, and spices as liked, or none, as preferred. Add raisins of citron, candied peel, dates, cocoanut, or any
two of these combined nuts $m$, also, if liked. Bake in a rather moderate
Graham Pudding.-One cup each o sweet milk and molasses (scant), two cups of Graham flour, two-thirds cup each of chopped and whole raisins, one scant teaand salt, and a little citron and candied peel if liked. Steam three hours and serve with

## Stratford, Conn.

Preserved Citron (requested).-Pare the and soak overnight in salt and water, with a small piece of alum to help retain the shape Some cut the pieces in fancy shapes, which look very pretty, but are a great deal o
work. In the morning pour off the water and freshen by putting on in cold water and letting it just come to a scald, doing this several times. Grate the rind of two or
three lemons and use the juice, according to strength of flavor wanted. Let cook in clear
water, with the lemon-rind and -juice, until water, with the lemon-rind and -juice, und nice syrup, and simmer for a long time to let jars while boiling-hot and keep in a cool dark place. This is very nice. To make candied citron, such as we buy to use in cake the syrup almost candy, then dry quickly the syrup almost candy, then dry quickly
and keep in glass jars. It is superior to what you buy, as it is so tender; simply boil but cut the yellow rind off very thin. It can be taken out when the citron is put C.
B. L.

Carrot Mincemeat.-I have many times made mincemeat, using green tomatoes as a not get these, so used carrots instead, and found them far superior to anything I have pies used for dessert, and now that we ar asked to save meat it seems needless to pu it in mincemeat. Steam two pounds of carrots and chop finely; add two quarts of apples, chopped, and one pound each of seeded and seedless raisins, the latter taking the place of currants, one half pound of citron, cut in small bits, one cup of molasses, two cups of brown sugar, grated rind and juice cinnamon and three level teaspoonfuls of fuls of grated nutmeg, cloves and ginger, spice to taste. Mix the sugar molasses, spices and carrots and let stand three days before using. Use cider to moisten sufficiently. This is really good; many have asked me for the receipt, thinking it the "regulation" mincemeat. I dot the top of each pie with bits of butter before putting on the top crust.
Sweet-Potato Pie.-When squashes are scarce and sweet-potatoes plenty just try pint when pressed through a sieve or fine colander; add one pint of milk, three-fourths cup of sugar (or to taste, as some potatoes are sweeter than others), a pinch of salt, the yolks of two eggs whipped to a cream, and a teaspoonful of lemon-juice or lemon-extract. Bake in deep pie-plates lined with good
crust. When done cover with a meringue
made by beating the white of the eggs stiff with two tablespoonfuls of confectioner Indian Pudding - brown lightly in the oven
calded milk add a half pint of Indian meal stirred with ane small cup of molasses, meal spoonful of salt and a little cinnamon, if liked. Pare six sweet apples and cut in small pieces, and bake all in a buttered pudding-dish three hours. Serve with rich milk or cream, whipped or plain.
No. 2 -Scald three cups of milk; mix of molasses and a scant tablespeonful of flour, a teaspoonful of cinnamon and a scant teaspoonful of salt ond stir into the milk Butter a pudding-dish and place in the bottom three or four apples (sweet ones are best) pared, cored and cut in eighths. Pour
in the pudding-mixture, add one cup of in the pudding-mixture, add one cup of milk without stirring, and bake in a slow when baking beans, on Saturday this when baking beans, on Saturday. Serve the first part of the baking. Other fruit, such as dates, raisins, figs or prunes, cut in small pieces, will be found nice.

## Mrs. A. <br> L. Parmalee.

Onion - and - Potato Scallop.-Cut into thin slices enough cold cooked potatoes to fill three cups. Butter a baking-dish, put in half the potatoes, add one cup of cooked nions, sliced, season with pepper and salt the dot the potatoes, pour in one cup of thin white sauce, season again with pepper and salt, grated cheese and babs, sprinkle witb or until brown This makes a delicious, supper-dish in cool weather. Potatoes and Onions.- Cut two slices of Peel and slice six large potatoes and six onions, add to the pork fat, season with pepper and salt to taste, cover with cold water, and cook until the vegetables are tender. This is an inexpensive dish and very appetizing; if the onion-flavor is not wanted so Hashed Brown Potatoes more potatoes. Hashed Brown Potatoes. - Cut cold boiled potatoes into dice and season with salt and pepper. Melt a heaping tablepoonfur of butter in a frying-pan, and when until the butter is absorbed, then a fork brown crust forms fold, then cook until This is fine with stewed tomatoes. Meatdrippings may be used instead of butter Carrot Souffie.-Put enough cold boiled carrots through the food-chopper to make one cup, add three cups of mashed potatoes nd one haif cup of cream and beat thorang beat the well beaten yolk of one egg whipped to a froth. Mix thoroughly, and bake in a buttered baking-dish to a nice brown. Serve at once. I like new ways of using vegetables, as I think we should eat s many of them as possible to save other things needed by our soldiers. C. B. F.
Ginger Drop-Cakes.-Two tablespoonfuls of shoctening, one cup of molasses, a generful of soda, pinch of salt, one fourth teaspoonful each of ginger, cloves and allspice, one half teaspoonful of cinnamon, and flour to make a batter that will just drop from the spoon-I use half barley. May be baked as drop-cakes, in gem-pans or as a loaf, and is light and spongy. A half cup of chopped A square of this, served with a spoonful of whipped cream on the a spoonful of Oatmeal Gems.-One and one-half cups of flour, two-thirds cup of oatmeal cups cooked), four level teaspoonfuls of bakingpowder, two tablespoonfuls of melted butter, one cup of scalded milk and one egg. Pour the scalded milk on the oatmeal and let stand five minutes, then add the flour, sifted well with the other dry ingredients, the shortening and beaten egg. Bake in buttered gem-pans. These are fine.
Apple Custard Pudding.-Pare two large apples and quarter them, removing the cores. Put into a saucepan and cook until soft, taking care not to mash them, lift out and place in two dishes, sweetening to taste grating a little nutmeg over each, and covering with a soft custard. Place in the iceMix until ready to use. For the custard: ful each of flour and sugar, one cup of milland a pinch of salt, cook in a double boiler until smooth, and flavor with a half teaspoonful of vanilla. Beat the white of egg stiff with a tablespoonful of confectioners' sugar, and heap on top of each portion when served. This amount serves two-increase the quantity as required for your family. Little Homemaker.

## Yourself and Your Child

What To Do When Baby Does Not Thrive

By DR. C. B. SOUTHWICK

E
 than a year
old should be weighed once the child gains at the rate of about six or eight ounces in this period we may be sure but when the gain is only four ounces or less he should be carefully weight does not soon increase more rapidly $t$ is probable that he is not getting the proper amount or the right sort of food, and changes in his diet should be made. It is est to consult a docor about this. A well ourished baby usually grows about eight which averages nearly hree-quarters of an nch a month. During the second year the growth is not so rapid, being only about a ncreases about twelve ounces in a weigh So you can be certain that if your child does not gain at the rate of about a pound month during the first year and threequarters of a pound a month during the second year he is not as healthy as he hould be. It should always be remem bered that the chief business of the child is to grow, and a steady growth is essentia hungry at his regular feeding - times When his wants are attended to he should be satisfied and happy, and should soon fall asleep. During the first month or his should spend at least nime-nd month, if he normal, he begins to notice things and people and is attracted by bright objects. When baby first comes into the world he is deaf for about four days, but the hearing slowly develops so that at the end of a month or six woises disturb noises disturb and frighten him. From the third to the fifth month, according to his strength and vigor, the baby should be able from the sead erect without support, and should be able to sit alone. Teething usually begins at about the seventh month though a tooth may commence to month, way through the gums as early as the fifth At about six or eight months old the baby should begin to creep, and by the tenth month should make attempts to stand upright. From the twelfth to the eighteenth month he is learning to walk and by the time he is a year and a half old should be When a child ive nap of an hour and a half's duration in the morning and another half's duration in the two years one nap a day of a couple of hours duration is sufficient, but there should be twelve hours sleep every there should be twelve hours sleep every night. A fourhours sleep, and a six year old eleven hours, and this amount of sleep should be insisted upon until the tenth year.
It is well to insist on a daily nap until the child is four or five years old, and if he is a all delicate, keeping this up a year or two longer will benefit his health;for sleep is a great restorer
If the baby is small for his age, if he seems weak and ailing and does not gain in weight as he should, first look to his food. No gendelicate child is a law unto himself and it is necessary to adapt the milk to his individual digestion. Sometimes a child of six months
will thrive on a formula ordinarily for children of eight or ten months, or a ten months' child may need a formula usually given to a baby of three or four months. If the baby is breast-fed and yet does not show the proper increase in weight, the mother should at once consult a physician to learn what is wrong.
Constipation is one of the commonest troubles to which babies and young children are subject and it has many different causes


Our Mammas Do Just as the Doctor Says, and We Never Are Sick
here is something of all, try to find out the cause of the vomiting. If the baby
throws up his food as throws up his food as
soon as it is taken it is soon as it is taken it is
often because the often because the quantity given is arge for the stomach to hold readily. In such cases give less
food at a meal. Another cause for this other cause for this
kind of vomiting may be taking the food too rapidly. If he is him to nurse so fast, or if he is a bottlebaby make sure that
the aperture at the the aperture at the end of the rubber
nipple is not too large In some cases the baby will vomit because his band is too
tight, or because some tight, or because some
one jounces him about one jounces him about
just after a meal. just after a meal
Think of all these the mother who, almost without exception, suffers from this trouble herself. Perhap trated food, too little fruit and vegetables, or drinks too much tea or coffee. She should take bran or mineral oil, or some mild laxative, and be careful of her diet. If the tendency toward constipation still persists in the child even after it has been corrected in the mother, the baby should be given from one half to one teaspoonful of cream in a litle hot water three times a day. If this does not bring about the desired result it may be necessary to give it before every feeding for whe food with oume-baby it is best to dilute three tablespoonfuls of $t$ to soak in cold water overnight. The next morning add one quart of cold water and boil steadily down to one pint for about four hours and then strain through muslin This should be added to the milk formul instead of barley-water. After the sixth month a little orange- or prune-juice can b given to a constipated child the first thing in the morning. Sweet-oil (olive-oil) or pure odliver-oil is also often recommended for his purpose. This can be given in doses of feeding thirly drops three times a day after eeding. No child should ever be allowed to o more than wenty-four hours without lime-water in the mowels. Omitting the instead one quarter teasponfula and using bonate of soda sometimes relieves a con stipated baby.
In spite of the warnings given again and again about neglecting the throat-troubles of young children, many women will be careand delay sending for the doctor until it is too late to save the little sufferer. One mother who refused to send for her physician in a case of throat trouble not only ost her own child but spread the disease hrough a neighborhood, needlessly endan ering the lives of many children. When she was remonstrated with for her criminal folly ertificate she who made out the death didn't think it was didn't want to be ense enough to know that quarantine ha shutting out from the world, but apparently she did not have intelligence enough t heed the many warnings to call the doctor once when white patches appear in a child' throat
When something is wrong about a youn hild do not neglect it in the foolish belie hat he will outgrow it. Even so compara ively common a thing as vomiting should not be regarded as natural and but little at ention paid to it. No really healthy child omits frequently, and if your baby does so

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causes before you decide that the
If the baby keeps spitting up food at any ime between meals, or vomits soft curds, be caused by food that is too rich. Before you mix the formula for the baby's bottle If the some of the cream from the milk little by little. If this does not work try doubling the quantity of lime-water in the formula. If cane-sugar or malt-sugar is being used, cut down the amount at least one half; and in some cases milk-sugar should also be cut down. In a few cases it is neceswhile, then gradually go back to it. A nursing baby who vomits should be just before he is fed and then nursed for only fifteen minutes. The intervals between feedings should in such a case be increased from one quarter to half an hour.
If the vomiting is accompanid by rhoea do not give any food at all until you have given the baby a teaspoonful of castorno milk. Send for the doctor at once, for more deaths in infancy are due to diarrhœa diarrhoea can in an infant develop into a serious or even a fatal condition in a few

## hours.

digest always means that the food does no digest properly. If the baby screams and
draws up his legs, and has a tense abdomen turn him over on his stomach, letting him lie on a hot-water bottle with a flannel cover or a flannel cloth that has been heated in the oven, and gently pat his back. If the his mouth with drop a little hot water In severe cases it is well to put two or three drops of essence of peppermint in this. Don't give soothing-syrups or gin and water or herb-teas. If colic is frequent the baby's food is probably too strong. Use more water when making up the formula, or in the case of a breast-fed baby give an ounce of hot water (two tablespoonfuls) just before nursing and be very careful to avoid constipation both in mother and child.
One of the commonest troubles of childsome infarache, and often follows a cold let fever. Baby sometimes suffers or scar from earache without the cause of his screams being suspected. If the child presses his head against his mother when he holds him, or pulls at his ear with his in front of the ear, and if the baby cries out as if in pain, there is surely something wrong. Heat is the best remedy for this. Let the child lie with the sick ear on a hot-water bag only half filled and covered with a flannel, or the ear, or make a small bag, fill half full of salt and heat in the oven. If this does not cause the pain to subside, syringe the ear Fahrenheit. Don't poultice or blister, except under a physician's orders. You can use an ordinary fountain-syringe for an earsyringe by filling it with a pint of water at

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## The Years For Rachel

tion, I call it. Well, it's a big gamble. There s no basis to an attraction like that. sick of each other
were ever to get sick of me?
To utter this thought had all the fascina tion of gazing from the upper slopes of one of our mountains down, down into the black safe, up on the sunny slope-but supposing one fell?
"Don't have such absurd-darling fancies," said Selby, tenderly, as he patted my shoulder. "You know as well as I do that shall stick
on and on.
So our "understanding" went on and on Was there anybody in Tros-yr-Avon who was ignorant of the fact that "we were" (as Not a soul, I think, from our friends the Wynn-Matthews in their big house a mile Pritchard, the little boy who brought the laundry home on a wheel-barrow. In that place, in those days, it would have been impossible for a girl and a young man to be credited with a relationship which, for good or ill, becomes increasingly more possible to-day-"just pals." Everyone knew day afternoons always found us turning our backs an the always found us turning our mountains and the sea. sometimes bound on boating expedition with bait, sometimes on a tramp up toward the mountains, with rock cakes and milk chocolate in Selby ' none of these modern "artistic" villas had been put up) it found us rambling happily through the narrow, up-and-down Welsh lanes between the fern-bound stone hedges -that's what ruins everything," Selby had nce said. "let s walk.
And there were very few people in the parish who hadn't met us, from the rector to the whole Tros-yr-Avon County School football-team, once returning home jubilan I do remember that afternoon; I remembe the commotion of feet and laughter and Welshily accented talk breaking upon us from behind: and how two or three of the ing a music-hall song of six months ago (up to date for Tros-yr-Avon!) and one or two
others a verse of the eternal Sospan Bach

## She was a sister Bella

She was nev-var go without it, was you

## Was you ev-var see

I remember Jack's hail to me through the fast-gathering gloom of that afternoon; I taller figure striding free-limbed beside my brother turned and dragged off his cap.
Faces were pale blurs in the dusk above the overcoated shoulders and bare, splashed
knees. I didn't recognize O. T. Owen. Jack let me know about it afterward
"You might see when a fellow's saying rather sick, I can tell you. Must have thought you jolly rude. But when a girl's
wrapped up in an 'understanding,' as you call it, she might as well be deaf and dumb and blind!

## The

## I forget how soon it was that Prudence

 was allowed to say, quite unchecked and before visitors, "Gwen and Mr. Harrison areunderstanding' in dad's den," or "Those two have gone up to 'understand' in a boat on Quellyn Lake this afternoon.
Spring had passed; then summer. Autumn came. But those early days of my betrothal seem all spring as I look back
upon them. Perhaps it is because my state upon them. Perhaps it is because my state
of mind matched that season. So young, so girlish, so dreamy; so alight with glimpses of sunshiny happenings, yet not without its I laughed and laughed with Prudence and I laughed and laughed with Prudence and you would have thought I was the youngest of the three, Yet though I was generally as bright as a newly opened celandine, I could differences. Selby and I; "storms in teacups," mother said once (making me wonder
for a day at least how father could have borne to marry one so uncomprehending After these I was made miserable by the fear that I might have disillusioned Selby; he might see now that I was bad-tempered,
selfish, shallow, not worthy of him. What selfish, shallow, not worthy of him. What
young engaged girl does not know this panic? young engaged girl does not know this panic?
Another thing. It is difficult to put
down; it is difficult for me now to realize myelf as the Gwen who was as I must describe her. So close, so utterly unawakened on one kiss me. Indeed, his kiss did not mean as much to me as the sweet things he sometime said. I coveted the verbal petting. The other I scarcely wished. Am I the one and only engaged girl who has felt thus about
her fiance's caresses? Am I? I wonder. her fiance's caresses? Am I? I wonder
Once I confided to him that I "supposed I was not naturally demonstrative." He was "bother" me in this mood. I think it did not seriously "bother" him. I think it did I used to sigh. "O him.
rether, looking at the same bust to be to set cloud hovering saver beautiful pink sun and I! That seems so perfect! It seems as if any more sort of lovemaking would spoil it!"

My lily-maid," Selby used to reply, revorently, "how different you are from any tween us. Did ever two people in the world He such an understanding before
He meant that
And so this understanding went on; ge member, he sulked little or twice,. 1 renot neglect my practising, even for him. wanted to learn all his accompaniments by heart: Selby used to sing, in a light, cool
tenor, "My Dreams" and the "Indian Love Lyrics.'

## the month of moments pas

## I adored his voice. I adored him

Always, whenever I went shopping in the town, or carrying out little pottering duties boys, always the or mending socks for the me. Selby's face loomed before my inner eyes; radiant in the glow of pink sunset clouds I saw through everything those fair, transfigured features of Selby. For me, as
I then was, it fulfilled every need of my being. What more could love do? What more, after all, could happiness achieve? I I only wonder no
I only wonder now, over such vestal To such, even married, the ness that sufficed me then will be the happi the story "for ever after," Selby was de voted to me; lucky, lucky girl that I was It went on and on. Then came the day down into the dreamy landscape of my life

## CHAPTER VII

## The Finger of Change

It was mother-that gentle, plaintive, law about the banished Hilda into her own hands! A letter came one morning upon
thick, expensive stationery. Mother, lifting her head above the coffee-machine with a gesture of a worm that turns, said:
"John, I am going to her." She mentioned no name. We all knew whom she meant. Your father won't come!" she wept to me as I helped her to pack a portabout her.
That nigh hours later mother went off "Beautiful little boy; both doing well weighed nine and a half pounds. Writing.

Hilda, at eighteen, was the mother
"And I am a maiden-aunt!" I said, laughing at the absurdity of it. (We were all laughing, except father.)
dence, aged eight.
She, an elf in a pinafore and long black self airs on the subject continued to give herself airs on the subject during the whole time hat mother was away, and I kept house.
"Good practise for Gwen in years to
me," said dad, kindly
Then mother came
House a different woman; so to the Bank House a different woman; so elated with the
beauty of her gransdon whose advent seemed to have made her younger instead of older: so pleased with the whole of the Slinger menage!
"Vernon is devoted to Hilda; devoted," mother reported over the cup of cocoa that I family followed me. "I see they're really happy. And I'm very fond of him now-do you know he asked whether my hair wasn't longer than Hilda's? We're the greatest friends. He insisted on giving me a gold curb bracelet; look! Just to remind me of what had brought us together. And I don't mind old Mrs. Slinger saying her g's in that
fensively, taking sugar. "At all events she's been a splendid mother to those young keeping, and she's shown Hilda all about she worships that baby! And, as for the way they spoiled me all the time I was there! My dears, if you had seen my bed room! But the bathroom was almost the most wonderful

Really it looked for some moments as it even mother, who had brought us up on plain living and high thinking, had been 'I'm afraid you'll find it.
"I'm afraid you'll find it a deplorable contrast here, you know, Mrs. Brook," put in her son Jack, politely. "Still, when I go off to those engineering works of 0 . T.'s
uncle, I might be able to put you in a few gold-plated taps at wholesale prices?
"Don't be silly, John! You are coming with me very soon, aren't you?", ". snap-shot that mother had brought, showing herself holding a cascade of lace out of which emerged the tiny, senile face of Hilda's week-old boy
with a nod and a reassuring glance about the rest of her family that dad was presumed not to see. "Think of Lady Adelaide Hilda is so like that old portrait of her at your dear mother's! It must be from her that Hilda inherited-all that.
"All that there ever was to inherit in our family," said dad, grimly.
But presently, after all, Lady Adelaide won the day. She was that ancestress of our father's who had eloped with and married at Gretna Green the young Naval offi
So father and mother, ignoring all that they had ever said about nouveaux-riches, clandestine love-affairs, marriages-in-haste, disgrace upon a good old family, and the rest went off on a formal visit of reconciliation to the married daughter. (Another godsend to the Tros-yr-Avon gossips
Then, later still (I am scurrying over the time, you see), Hilda came to stay at her old A strange, incredibly chic Hilda, with Viennese hats in Vuitton boxes, a Hilda who was naughtily eager to toss the word goloshes" like a squib into the drawing She was accompanied by she was accompanied by a lady-nurse in and the baby, "Sonnie," my godchild whom "Little boy bach very prutty is Miss Hilda's little boy bach," said Mary-cook. Our eldest brother Everard, having won vowed it had Honor at Sandhurst (where he days before he took it) had passed out and had joined his regiment at the depot. His love-affairs had gone past our counting now: but he was blase, and he had told Gwladis Wynn-Matthews, (my best girl-friend in the
neighborhood) that girls were beginning to neighborhood) that girls were beginning to bore him to tearless, racking sobs. This he
didn't mind telling her, as she was engaged, and sensible
gor coll", cine coll, and had gone up to study medi Prudence was.
Frudence was being educated at the French Convent near Paris.
tined for Hilda's expatriation!
Jack, having been for a year captain of the football-team once led by his idol $O$. T., was now navvying in muddy blue overalls in some shops near Birmingham.
I, Gwen, was the only one at home. (I
didn't mind.) I had Selby. I had the pearl ring that had belonged to his mother. (This he gave me on the very day that news came of his recalcitrant cousin in Australia, so that our understanding was official now.) I had my bottom drawer for which to sew storing up a squirrel-hoard of trousseau things. The only thing unchanged was my understandin warrison. I seemed as if no change come to Ha
Happy (they say) is the kingdom whose annals are a blank!
Then something
Something brought change to me. I didn't realize it at the time. I've only just begun to realize it fully now. It began with a summer invitation from Hilda to me, spelt with the Elizabethan spaciousness of touch that was Hilda's own.
comen you dell dad that he must let you come and
she wrote
Now Lleyn is that purple-sleeved arm o Wales that stretches lazily out into the silve sea; dividing Cardigan Bay from Carnarvon Bay. Wine-strong air sweeps across it from either bay, and the whole peninsula is sweet with honeysuckle and bog-myrtle.
Vernon and Hilda had been prospecting
there on a walking-tour a year before; Ver-
non, with the Saxon's gift for taking the fert of all other countries, had decided that a foothold must be made in that Paradise. "We shall be there for most of the summer," Hilda wrote. "At least, I shall, and vernon for as many long week-ends as he self away from the great Selby for a fort night and come and help me with Sonnie while nurse has her holiday. Also we have an old bachelor sort of person staying with us who met Vernon in Switzerland ages ago, he's frightfully clever and rather a dear, but he's quite a crock poor thing, having hurt his back in an accident climbeung. So if you came and took little pottering walks on the shore with him so as to give me the chance of having a tramp with Vernon all to myself I would bless you for ever. He likes young people and you'd amuse him, talking to him. I can't describe things to him. But you can tell Selby he needn't be nervous about your
flirting with this Mr. Massingham, he's flirting with this Mr.
quite as old as the hills.
"Sonnie does say such wonderful things now; everybody says he is quite the most mother he does still lisp a little, but everybody says he is more like a child of eight! And tell dad I say he must let you come.

Your loving sister
Hilda Slinger
But even then I knew better than to say must" to a man of our father's type.
I said, coaxingly
"Dad, darling, I suppose you wouldn't let me go to Lleyn? "You mean you want some journeymoney?" grunted dad. And I got it and went.

## CHAPTER VIII

## The Desert-Island Theory

## Gwen!

Yes, Mr. Massingham
That's rubbing it in, rather," 'said my sister Hilda's other guest, in his soft voice that had a kind of edge in it. I had been at the Vernon Slinger's bungafrail, graceful Mr. Massingham had been there when I arrived. Of course I knew his age; Hilda had told me that he was fortyfour, and I was a little surprised that someone so old should not seem more elderly There was a fine network of wrinkles all over his lean face, from the keen eyes to the restrained but mobile mouth, but after the first glimpse of them one didn't notice those wrinkles as much as the almost young pose of the head, and the smile, that made one think he was catching his own eye over some joke that was not entirely funny, but a little bitter as well. When I with him I noticed what beautiful hands his were, and I realize, now, that his nails, his hair, his teeth, and the small details of his those of a woman who is still pretty but passee. I think it touching, now. We were sitting, on this afternoon that I remember, in the shade flung on to the sands by the rock that towered behind us. Beyond that shade stretched the golden sands, and beyond those the waters of Cardigan Bay glittered like a sheet of silver foil, spreading to the far-away amphitheater of mountains, the soft blue zig-zag that sweops from Snowdon to Saint David's Head.
Much further along the beach a collection of ink-black patches-a herd of Welsh bul-locks-were lazily moving down from the sand-hills. Sweet air and silence bathed the tiny nephew, paddling at the water's edge. I was dividing my time betweer givige. eye to Sonnie and an ear to Mr. Massingham, whom my sister had begged me to take off her hands while she (our hostess) went off on some inland expedition with her husband. She had also left with us Lassie, Vernon's young red setter who was so tiresome about rabbits. So Lassie lay beside me on the sand, at intervals heaving a sigh, giving a soft whine, or thrusting a paw across my lap to urge me to walk on.
I was in a lazy mood, glad to rest and to listen to Mr. Massingham, who lounged on the sands beside me; a long, loosely built fisure, too narrow in the chest, topped by eyes. "What is rubbing what in?" I asked him Then, between puffs, he said: ' ou see?", certainly old enough to call me by He was certainly old enough to call me by my Christian name, if he meant that?
"Oh," I said, looking up from the little grotto of pink shells that I was idly building up before me. "I don't mind your calling me Gwen.'
"That's not quite what I meant," he said, sitting puffing away. "Has it never oc curred to you that I might have another "Oh," I said, embarrassed. "But-I don't know what your other name is. And
-and besides, I can't imagine calling you Again but Mr. Massingham!' self. "Once upon a time," he said, "berere had reached the days when it was suitable por young girls to address me as 'Mr.' some mind that."
I was afraid I'd hurt his feelings, and blushed pinker than shells with and barrassment. All I could think of to say was:
"But-but Jack's one of our boys' names an engineer; he's $m y$ favorite brother.
Puff, puff.
"So that's Jack," remarked Mr. Massingham, amused. "And you can't imagine any other Jack.
'Oh, I didn't say so!'
No; you didn't, Gwen. I should have said couldn'timagine me -puff-as Jack." "Well, but you-" I checked myself. I was painfully pink all down my neck. I think he knew that, though he was not looksaid: hastily: "I mean, Jack is only nine said: hastily: "I mean, Jack is only nine-
teen!"
that's all I ever draid I always do see, and
momer do. That's what I meant
"I d ago. What did you think I meant?'
"I don't know. You-you talk as if I try to make out that I am about nine," I said, rather angrily scooping up the sand in Mr Massingam ou're always teasing me, well that I haven't been away from quite very much, and that I can't talk very easily to strangers, and-and that you're much too clever for me. I don't know what you mean very often!'
"My dear, (for if you can only imagine me as Mr. Massingham I can certainly call you my dear', you didn't think that I meant you should call me 'Jack,' did you?'

## say nothing.

"Oh, no"
Let us continu said in that attractive voice.
Gwen; Gwen and Mr. Massingham. Your instinct is entirely right. I wouldn't alter it, wouldn't risk spoiling a
He left unfinished whatever he was going to say, and looked away over the glittering At the water's edge Sonnie splashed and
pottered, intent upon a star-fish; slowly, lowly the black bullocks moved along the anged Mr. Massingham smoked; 1 arressed and braced one
Presently I said a little shyly
Please tell me what you were going to say just now; before you began to talk about my He you Mr. Massingnam?'
He knocked out his pipe against his boot, and settled his in a little hole in the sands, strong) a rainst the sum-warmed rock as trong), again
nswered.
"was thinking of desert islands," he told way, lonely place miles away from at-of rat-way-station that made me think of desertislands. Did you ever have a dream, Gwen, a day-dream of some desert-island where you would be cast ashore? Some unknown spot Last, loveliest, loneliest, exquisite, apart' surrounded by clear, deep waters and a coral reer, where there $d$ be dates and breadruit to eat, strings of shells and scarlet fowers to wear, and nobody else there but ne other person?, Did you, Gwen, ever now that

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## Jean Jossyln Grows Up

Jean
instant
"I wonder," she remarked to herself. "I sort all the time, and not have people starin after you when you go on the streets." Hal absently she took off her trim white hat and replaced it with the battered black, tucking her curls under the crown. Th she told herself in the glass. Whimsicall she slipped off her white suit and put on the ancient blue one. The reflection which miled back at her from the mirror left he chuckling. Then the desire for an audience
struck her.
"It would be fun to go out in it, just once." she thought. "I-I'm going to try." She picked up the battered handbag. "Im goent and perfectly able to take care of her self. It'll be a new kind of part." watching the effect in the mirror, then transferring a little cash from her silver purse to the old handbag she ran her ma-
chine inside the studio grounds and deerted it shamelessly for the nearby street cars. he was a long time since she had been in che street-cars and the holiday crow cheered her and seemed to stretch forth a would have been the target for curious lances, but to she sor about her
recognition.

## "Clothes

Clothes do make a difference," she tol The car ran out toward Pasadena and at California she transferred to a "dinky" which ran down the long street to the arroyo. There was a certain spot which she vished to explore. Once when they were had flashed through the place and some had flashed through the place and somehome. To-day she was making for it half unconsciously
The car stopped at the edge of the arroyo and she took a path which wound down into its wooded depths, stopping now and then scented sage. The sycamores had lost their leaves and stood gaunt and pale in the sunand there a bush of holly rose, brilliant with scarlet berries. She sat down for a time under the shade of one of the bushes; then, lured by the tinkle of
The arroyo is dry all summer, but at the first rain in the autumn a torrent rushes down from the mountains and the river-bed is filled until spring. At present there was a
very respectable stream and Jean sat upon a stone and threw twigs and bits of dry grass into the current as she had done when she was a child. A bit of rock, dislodged by and she reached for her handkerchief to dry it. Her handbag was gone
it. Her handbag was gone!
She had brought it from the car, of that she was sure; but she must have dropped it under the holly-bush where she sat for a minute. Turning to hurry up the tranding with the bag in his hand.
"Oh!" she breathed, relieved. "You've
The young man smiled and handed it to
her. He was tall and brown, she saw at a
glance, and when he spoke there was a boyglance, and when he spoke
ish shyness which she liked.
ish shyness which she liked.
"It's yours? I thought the owner was probably around here. I'm glad I kept on Jean took the bag with a little laugh
"I'm glad too! You see I might have had "On Christm
"But you're in luck said the young man. "But you're in luck to have a home to
to. Im not quite that lucky myself." before her, his hat in his hand, looking like a small boy who is anxious to make friends. He seemed to feel that he ought to be moving on, but, obviously, it was some-
thing which he did not wish to do. It would thing which he did not wish to do. It would not hurt to prolong the conversation,
thought Jean. He certainly did not recog nize her, and it would be rather fun to hav an audience for the new part.
"I haven't any place to spend Christmas either," she told him. "At least, no place that I care to go.
heartily "Tt's said the young man heartily. "It's harder on a giri the'
You don t belong out here, then?
rock by the edge of the water. The youn man hesitated for a minute, then selected
another stone and doubled his length upo
$\qquad$
$\qquad$ The the

## from!'

Jean nodded.
"I know. I could tell by your accent. That's the reason I let you speak to me You don't suppose I'd let every man sit and "Im
Trm sure you wouldn't." he declared. But you don't talk like a Bostonian.
"I've been out here four years," explained

## She bit her lip.

"Yes-" said the young man eagerly
He seemed anxious for her to go on, and
"I mean when a girl works,
neet very many cultured people.
"I know," he said sympathetically. "It's
pretty tough. Do you have to stay here? Jean nodded.
It's up to me to keep the old home stead going," she told him ruefully. "Ther is just mother and three younger girls in a house on Brattle; it'd kill them to have to give it up. And so it's up to big sister. Of
course they all hate it, because they've been brought up to believe that no real lady ever works, but just the same-" There same, they take the money! Sometimes I'd give a year of my life to be back in the now and ice and see a real Christmas once more." ". "I know," said the other. "Icicles an he added, pointing to a spray of Californi holly in his buttonhole. "It's so blatant."
"This looks like a little place we had beow Plymouth," said Jean, softly. "Tree and a st:eam and a wood all our own.
The man nodded.
"Trailing arbutus under the leaves, and wintergreen berries, and a cranberry bog ver the hill," he added dreamily.

You're mixing your seasons," complained Jean. "You wouldn't find arbutus

## by now.

"Just the same," said the man, "I bet you could find some red wintergreen-berries by "Don't!" "
ands. "Please don't! Remember, I'm in exile
The man was silent for a while, then
"Do you mind telling me your name?"
asked. "Mine's Brent Allbury. There's
other fixings, such as two middle names and
Jean looked at him for a minute. He was
itting bare-headed and his fair hair was
rumpled in a fashion which made him look
Also there was a ortain wistfulness to h. expression which was disarming
'My name?" she said, and hesitated,
spoke the truth. Jean Jossyln was a figment of the imagination. She held out her hand "I'm glad we met, comrade in exile." pressed it firmly

## "So am I!" he d

they were friends.
the surge talked of many things. Of Boston glimmerin crowd of the subway, of the quaint little twists of the narrow, streets, and the shops with their books and pictures. "'You've been there more recently than for two years, except on flying visits."
Bent hopefully keeps you busy?" asked Brent, hopefully. Confidences, he felt,
"Yes," she nodded. "It does." and ignoring his palpable interest carried the "You the enemy's camp
You are working in the city?"
Brent nodded.
"After a fashion. I'm a sort of a free
He you see. Do a little hack writing.
He spoke dismally, not from any intent Peter ive, but because the warning spirit of leaving him with the cown and over him, air of one who has been doing something he

## shouldn't

Jean leaned forward
"I thought you were a writer or an artist," she said. "I-I hope that you are havin
"not very," he admitted, feeling
'You won't find my name in any very big magazines, I'm afraid "

Well, don't get discouraged," said Jean. 'Things are always hard at first. I remember when I started-

She paused.
"Yes?" said Brent.
"When I began working," she amended. and and I had to fight hard. It's really only "Just what do you do? may I ask?" said Brent.

## Jean considered

"Oh, a little bit of everything," she said finally. It was no lie. In the course of her many roles there was not much which had been omitted. sm wis moving-picture company, you see, and I do a little typing, help the publicity department, (that's true, bit of sewing for the star.'
"Who is the star?" asked Brent, and, ooking at him, Jean took a chance.
"Jean Jossyln," she told him, and to her joy, saw no answering suspicion in his face. Never saw her," he said. "I'm not very hate thēse movies, as a matter of fact. I What I like to see is a girl who really has spunk enough to get out and do things, like you, for instance. Now I don't suppose the tar herself has half your pluck."
Jean smiled.
"I don't suppose things are always easy for her." she observed
after all, she's the perhaps not. But, strews her path with roses. She probably likes it too. Most of those clinging-vine ypes are deadly selfish in real life.
Jean came to the rescue of her shadow
"I don't believe she always likes to be so helpless," she told him. I think she must "et sick of it sometimes."
"Then why doesn't she play something worth while?" inquired Brent with the severity of youth. "I've never seen her because she's always been the very type I detested. If she's got anything in her it's high time she brought it out." Suddenly it ing her feelings. "I don't mean anything against your Miss Jossyln," he told her "I only mean that a woman who weeps and willows on the screen is bound to influence other women to do the same, and what this country needs is gleaners, not leaners." He stopped for an instant, struck by his wn epigram.
Jean stared at him, puzzled. It was not given her to know that she was no longer bit of wisdom from the lips of Peter Mann. Brent returned her look absently, then drew a notebook from his pocket and began writing something down. It was not until this formality was observed that sanity decended upon him.
rrified. "I warn't thin, he stammered, Jean nodded
'You're forgiven," she said. "But would you mind telling me what you were doing Brent blushed with embarrassment.

## II always try to write things down

## explained. "I'm so apt to forget."

"I see," she said." Then a sudden scenarios?" she asked,
"No," he admitted, "but I've been thinking about doing it lately.
which had have added that the business nected with him to California was conbooks. "You ought to," she told him. "They pay awfully well, you know, and it might ished in the marazines writers are doing it."
T'm afraid T'm
'I'm afraid I'm not very good at thinking about the money end of things," admitted Brent, vaguely. Suddenly he was moved to confidence by the sympathy of ner glance. suddenly. "So that they'll come out the "Yes,". she admitted. "I'm pretty good at arithmetic

Then," he hesitated, glanced at her, and went on,","do-do you suppose you could add this?" He brought forth a long line or figures from his pocket and laid it in her hand. "I suppose you think I'm crazy, kwu I can't seem to add. Never could. I get half through a column and something starts me to thinking and I can't ever get it to come out the same way. Now this, for
things to write about, but I never managed to add it twice the same Jean regarded the line of smeared figures lips. Here was a man after her own heart she reflected, no movie hero with broad shoulders and vainglorious conversation, but a human being who needed help. With a little mothering gesture she put out her hand.
"Of course I'll add it," she said, and an figures at the bottom of the toppling column.
"May I ask what the grand total means?" she inquired.
"It's the number of unmarried women in the United States," he said.

Unmarried women!"' she gasped
"Irent was staring at it absently.
"It seems like an awful lot, doesn't it?" he said. "Of course there's lots who are too want to, but there must be an awful number who'd like to have and have never been asked!"
"Why on earth-" began Jean, but he swept her aside.
"Then there's lots of men who really ough都 Suddenly a light kindled within him, and before Jean's astonished eyes, Peter Mann came to life. "Then why shouldn't those women have the right to go out and select the men who really ought to be married and make a home for 'em?"' he inquired. Why not register all the marriageable men above a certaim age and present the ". Ho the marren was flourishing the paper in had risen and was flourishing the paper in broad and expansive gesture which was peculiarly Peter's, but suddenly his roving eye fell upon Jean Jossyln where she sat, wideeyed, and he stopped short and sank down upon a stone, his head on his hands. "Now I've done it!" he said. "Please forgive m If I've scared you, but you see when I get an idea-
Jean nodded her head. There was a boyishness about Brent which went straight to her heart
"I think I understand," she told him; but he merely groaned

You-you'll think me crazy
No," she assured him, "I merely think you have been alone a great deal and you've He raised his head from his
He raised his head from his hands and looked at her with honest eyes.

It isn't that I've been alone," he said I can't tell 'em my thoughts somehow, except on paper. They either don't understand and pretend they do, or else they do understand and pretend they don't. Oh, I don't know why I'm telling you all this," he broke off, suddenly, "but you seem so sort of capable, somehow, and I've never seen a
girl just like you in all my life. Most of 'em girl just like you in all my life. Most of 'em
are so sort of soft and-and fluffy that a fellow can't talk about anything but Jheatres and ice-cream.
Jean Jossyln leaned forward, her lips "Do you know," she said, "I think that is the nicest complim

It was an hour later that she glanced down at the watch at her wrist and scrambled to her feet hurriedly.

It's four o' clock,
Brent Allbury shook his head.
"It might be midnight," he assured her, "and I'd not know about it. I never have any idea of time. I think trying to get to places at a certain hour is the most awful thing I know.
Jean threw back her head and laughed a little ringing laugh.
"You - you're perfectly delightful," she told him. "But anyway we're going to get somewhere at a certain hour this time, for I'm here to boss. If we don't leave we'll not find the way back in time for dinner, and wooded path to the station.
It was when they were
It was when they were seated in the almost deserted car that Brent turned to her. cheeky or anything, but don't you thinkcouldn't we have dinner somewhere? It seems as though I couldn't have Christmas dinner alone, and you said you didn't have anyone to eat with-
There was a wistful appeal in his eyes and Jean answered the look squarely
"I should love to have dinner with you," she said simply, and at that moment a little picture came into her mind of Byron de Vere waiting at her apartment, and she gave
a little laugh. "What is it?" shook her head
"Nothing," she told him. "I just happened to think of something, that's all. standing in his eyes
"Do you do that too?" he asked. "Laugh out at something funny you've just though It's an awful feeling, isn't it!" "." smiled, agreed Jean, the friendliness she his glance.

It was not until the next day that she had eally time to review the affair at her leisure They were taking "mob-stuff" on the lot
and the frenzied director had dismissed her while he trained a hundred would-be actors by brute force.
"'Go 'way!" he had pleaded almost tearfully. "Please go 'way somewhere. I-I got t' swear!" and chuckling to herself, she
had gone. had gone.

Now in her dressing-room, with the shout of the mob deadened by the closed door, she clasped behind her curly head, and reviewed the night before.
They had chosen a quiet place for dinner, the repast had been modest enough, considering the nature of the event, but still, the evening stood out even in her busy life end. Some conversation, she decided ifferent from the men she had known, so boyish, so
whimsical, so full of admiration for her capability, that the whole evening had been a sort of fairy-tale. She had come out of it with a fresh feeling that life was good after all, and that the world contained much was a wonderful privilege to view that world through the eyes of Brent Allbury "Why-I want to see more of him!"' she told herself, in astonishment. It was a feeling which she had never had before for any
Her thoughts went back to the evening before; and she smiled to herself.
"He thinks I'm only a stenographer," she told herself, happily. "I wonder what he'd say if he really knew?
There was a knock at the door, and, an swering it, she found the leading man standing before her, his arms folded in a con sciously masculine pose.
"I've come to tell you that you're going to dinner with me to-night," he said, mas terfully.
And looking at him with clear gray eyes
Jean answered with equal force: ean answered with equal force:
"I've got another engagement! thank ou," and shut the door firmly

## She wished to be alone with

"He'll call up," she told herself. "I know he'll call up! I told him to," and she started as the tinkle of the 'phone answered her thought.
But it was only her dressmaker with tiresome appointments for the eternal fitting of rocks, and she put down the receiver al most petulantly. She had waited all day to hear from Brent and as yet he had not called. He was to ask for Margaret Foster, was directed that and the telephone-gir was directed that all calls for that name
would be answered by Miss Jossyln in person. But still he had not called erson. But still he had not called.
scene and Jean, with a backward lanted in scene and Jean, with a backward look at the arms of the leading man, as specified by the script of the scenario.
As a matter of fact, it was three days be fore she heard from Brent. She had, in the meantime, gone all through the phases o emotion from disappointment to indignaion and from indignation to wrath. Bu at the sound of his voice her anger melted After all, one could not be angry with Brent, said eagerly. "I've been working like a nigger for two days, because I knew if I saw you again it would put the whole thing ou of my head. But now it's done, and ready "Of course", she told him
"or course!" she told him.
How about dinner?", he asked "ouldn't we go somewhere?"
Yes," said Jean. "We could," and arranged to meet him at the "Copper Kettle,
"Where we can
"Where we can really talk," she told him. "Would-would you mind calling me up 'I'd hate to keep you waiting, and I-I might get to writing and forget."
Chuckling a little, she wrote down the number on her pad. Here was novelty at least. Later she called him, and from his preoccupation judged that he was deep in some story, but when, dressed in the shabby blue suit, she reached the tea-room, she found him there before her, staring out "Hoor with eager eyes.
"Here you are!" "he said, boyishly, springmiss you that I've been so afraid I might minutes."
Jean laughed happily. The welcome in his face was so unmistakably genuine that it gave her a feeling of importance which was entirely new and strange.
Concluded on page 20


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6 DOILIES, 10 inches
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THE AMERICAN WOMAN Augusta, Maine


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THE AMERICAN WOMAN Augusta, Maine


Ladies' and Misses' Waist A A smartly buttoned vest and the waist, No. 9055, one of the most successful styles of the season. The waist is in semitailored style, so it will make up attractvely in materials such as pussywillow taffeta, crepe de Chine, or voile.
The ladies' and misses' waist-pattern, No. 3055 , is cut in sizes from 34 to 42 inches bust measure. To make the waist in the 36 -inch yize will require $1 \frac{1}{2}$ yards of 36 -inch, or $1 \frac{1}{2}$ inch lining.

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THE apron shown in No. 9051 is so simple
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## Children's Dress

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pilows, sewing-bag, doily, tidy, tea-cosy,
shoe-bag, tray-bottom, pincushion, couch-shoe-bag, tray-bottom, pincushion, couch-
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ed edge, consisting of single and triple scallops,
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Butcher-Cloth and is pretily grouped and
well balanced. The work is for solid and well balanced. The work is for solid and
eyelets. The only variation of the regular
methods of work is given by the shaded methods of work is given by the shaded
eyelets, or tear-drops which extend in a point toward the center from the larger
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Another Tasteful Selection A Pair Given for Eight Subscriptions No. 1676. These Pillowcases finish up
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THE AMERICAN WOMAN


Ladies' and Misses' Dress THE comfortable loose effiect which makes designer to cut from the least possibl this style of dress so attractive is the pmount of material. The dresss is all in one drawing feature of design No. 9072. The gram shows how the dress is cut to form dress is very simple to make, for it consists kimono-sleeves and a yoke at the back of a two-piece skirt which is joined to an underwaist
the head.

> the head. The ladi

The ladies' and misses' dress-pattern pattern, No. 9068, is cut in sizes for 16 and 9072 , is cut in sizes for 16 and 18 years, and 18 years, and from 36 to 40 inches bust from 36 to 42 inches bust measure. Width measure. Widrest in the in $1 \frac{1}{2}$ yards. at lower edge of skirt is $1 \frac{3}{4}$ yards. To make require $3^{\frac{1}{4}}$ yards of 36 -inch material and 21 the dress in the 36 -inch size will require $4 \frac{3}{8}$ yards of binding lining, and $\frac{1}{2}$ yard of 36 -inch silk.

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terial and still be comfortable and wearable terial and still be comfortable and wearable. this season come in the 54 -inch width and are well suited to a plain skirt.

$$
\begin{aligned}
& \text { are well suited to a plain skirt. } . \\
& \text { The ladies' one-piece skirt }
\end{aligned}
$$

9083 , is cut in sizes from 26 pattern, No waist measure. The width at lower edge is $1 \frac{1}{2}$ yards. To make the skirt in the 26 -inch size will require only $1 \frac{1}{8}$ yards of 54 -inch material.
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The pin looks very rich, and on The pin looks very rich, and only an
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shows the actual size. shows the actual size.
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The American Woman
Augusta, Maine

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That was a dreadful waste of time!" she declared. "The world may have lost a masterpiece just through me," Later, at a little table she looked across at him ques-
tioningly. "What have you brought to show me?
"A scenario. I've never done one before, day I got to thinking and this is the result. I thought they might put it on at your studio.'
He handed it over, blushing like a schoolboy with his first poem, and Jean began to read.
The waitress came with her dinner, but she left it untasted and read on while Brent watched her face wistrully. After a time she laid down the paper and there were tears in her eyes.
'It-it's lovely!" she said softly.
"It's true, isn't it?"' he said eagerly. made the heroine support her mother and sister, you see, and fight up through the from want. That makes the fight better than if she only worked for herself betcer the end she wins not in spite of them, but the end she wins " She turned away her head.
"It's a wonderful story," she said softly "but I don't know-
Her voice trailed into space. "." he asked.
She shook her head
"I'm afraid not. It isn't the type of thing Miss Jossyln plays. The fans wouldn't stand for her in that kind of a part."
"Miss Jossyln!" he almost snatched the story from her hand, "What has Miss Jos-
syln to do with it? symote it for wou wrote it for you. Do you the play the part? one else play the part? Don't you see?,
wrote it so as to give you your chance?" whean stared at him and suddenly she the truth. To him she was a little stenog rapher in a great studio, wearing out her heart to be a star. And to help her he had this beautiful thought
"I-I don't know how to thank you properly," she began, and choked. "Don't!" he said, earnestly. "Please don't. Just let me try what I can do. Perhaps if I talk to the head of the studio he'll let you try for the part anyway. I know if they'd only give you a chance you'd make good,you re so-so pretty and-and sweet.
Berore Jean's eyes rose the picture of an interview with the sought-after to gain her studio. His chances of gaining admisher studio. His chances of gaining admis "Well, if you'd like to try," she conceded, at last, "but I'm afraid you couldn't even get him to talk with you. He's fearfully hard to see, you know?

Just leave that to me," said Brent, and she did.
After that their talk turned to books and ranged from Dickens to iater and from Du Maurier to Maeterlinck and, quite nat-
urally, it paused for an instant at Peter urally,
Mann.
"I loathe him," said Jean, positively "He's the very sort of man I abominate. Do you know-" she leaned forward sud-
denly. "Do you know, he reminds me of denly. "Do youn de Vere.
Byron
"Oh, no!" said Brent, feebly
He had heard about the invincible Byron earlier in the evening
"Yes." Jean nodded. "He's the caveman type who wants to beat everything in his way. He'd like to drag a woman off by strike her. "I think he'd really like Jean Jossyin. She's exactly the clinging type which would appeal to him." She paused and gazed at Brent
regarding the atmosphere with dreamy eyes.
"What's the matter?" she asked and he shook his head.
"Nothing!" he said, but the rest of the evening his conversation was pervaded by a sort of mental haze for behind a surface in-
terest in events he was wondering. What would Peter think of Jean Jossyln?

Later that night he decided the question. It was after he had put Jean on the car. (She absolutely refused to be taken home) and was once more in his room. He smoked a thoughtful cigarette, staring out over the street. He had never seen Jean Jossyln, but he had heard a good deal-who hadn't? And after all she was merely the manifestation of a type. What would Peter think of
her?
After a time he descended upon his typewriter, and, until late in the night, clicked learned what Peter Mann thought of Jean Jossyln.

Jean, clipping in hand, faced Brent across the table.
"Didn't I tell you?" she inquired, triumphantly. "Didn't I tell you he'd like her? She's the caveman's ideal. The perfect clinging vine to twine about the rugged oak.
I knew he'd approve." Across from fortably.
"I know," he said. "Mann would like her, of course, but personally I detest the type. Perhaps," he grinned whimsically, as his sense of humor got the best of him, 'perhaps it's because I haven't a single thing for one of 'em to cling to!'

Across the table Jean smiled back at him. Never mind," she comforted. "We can't all be Peter Manns. And, by the way," she changed the subject abruptly
you do anything about that scenario
No," he shook his head. "Your man$r$ is out of town.
Yes," she smiled, a little relieved. "In
"But he'll be back next week,". assured her. "I intend to see him then
bother. Give me the script. Perhaps I can take it to him myself. He-he's really quite nice to me. Don't come unless he sends for you.

Brent nodded.
"Just as you say. You're the boss, you
know. And by the way, I've got to ask you something. Do do you mind adding up
some accounts? I've gotten all mixed up on
my check-stubs again.
And for twenty minutes, Jean Jossyln, the moving-picture queen, wrestled with unculy accounts.

And now," she said, severely, at the end of that time, "now they're straight, and for thing don't subtract it from your tomel" with which parting injunction she left him for her car.

Then a week later it happened. She had known something was coming. There are times when the immensity of some oncoming event casts a shadow before it and the whole day had gone wrong.
It began that morning when the director produced the script for her new play

I will not, I positively will not play the part of that little fool!" she declared. Aren't you ever going to let me grow up? high time I left this sweet-sixteen business to the children

The director looked about suspiciously for
"Don't!" he said, "please don't. You've got to stop telling people your age like that, Miss Jossyln. You know the public wants
"But I can't keep on forever!" wailed Jean. "I've got to grow up sometime. I don't want the critics writing caustic things
about perennial youth! Now I've got a scenario here-"
The director interrupted hurriedly

## If you think this heroine is too youn

 we'll make her a year or two older," he said, Nineteen is Jossyln, honest it is.'"I don't care what they'll stand for!" said Jean. "I'm not going around in short skirts and curls any longer! Now I've got a

You know I don't pass on scenarios!' said the director, desperately. You'll have to talk to his Nibs," and he passed her on to the general manager, lately returned from New York.
His Nibs listened to her tactfully. He had seen too many stars through the teething of temperament to be much impressed.
"If you don't like the part you don't have to play it, of course," he told her, "but I don't think you d better grow up for a little as you are, and the public-".

Jean threw up her hands in despair
him desperately "I've public!" she and worked for it five years now, and just once I'm going to please myself. My hair goes up and my skirts are going to be lengthened to-morrow.

She stood in the doorway, her eyes blazing and her mouth set, a picture of defiance, and the general manager raised a deprecatory hand.
Very well," he capitulated. "If you feel that way, go ahead; but before you do I've a story here which might interest you.
Impressively he thumbed the Impressively he thumbed the typewritten copy on his desk. "It's a story which is probably one of the biggest catches of the written for you by Peter Mann, and the heroine is a dear little thing of sixteen."

An hour later Jean sat in her dressing room, defeated. She had read the story and she saw that Fate was stronger than she, for Peter Mann had written a play for Jean Jossyln which was all the public might wish. Deep down in her heart show her shadow was stronger than
and even pas bor
And even as she looked Byron de Vere
"His Nibs is waiting
"His Nat picture", "There's a peach of a part for me in it D'ye know, sometimes I think I'm an awful lot like that Peter Mann guy!

Wearily Jean climbed the steps to the manager's office and crossed the threshold. There was a man standing beside him, but for an instant she did not raise her eyes, and across the room came the voice of his Nibs. "Jean Jossyln," he said, "I want you to $\underset{*}{\text { meet Peter Mann., }}$
It seemed to Jean that they would never be alone. That there would never be a chance to thrash out all that there was beof ways and means, he dragged them over the lot and introduced them to countless actors and directors, he even took them to lunch in his car, and flaunted them before the admiring gaze of the multitude. And over all the babel of congratulations and conversation, the thought beat in on Jean "He will think I was laughing at him." For she knew Brent, knew his shyness, his fear of ridicule
At last there was a little lull and Jean bent "I for an instant.
"I must see you," she told him hurriedly.
He nodded dully. There was' hur
He nodded dully. There was a hurt in his "If you wish", he said and she tumed his Nibs.

Mr. Mann and I want to talk over the story," she told him. "Do you mind if we ert you
I mind-but I resign you to a handsomer nann! said His Nibs with heavy gallantry, and he

Almost blindly they stepped into the litthe dinky and sought the green arroyo
somehow, Jean told herself, it was the only place where they could really talk, for though Brent Allbury and Margaret Foster might eat in peace at the largest restaurant, Jean Jossyln and

But once beside the rushing stream she turned on him

Why did you come?" she wailed. "Why didn't you stay away, as I told you? Then hings might have gone on as they were!" dully. "You told me to come when he did." But I haven't even shown him your scenario," she told him.
"Yes," he nodded. "When I got there I found that he had located me through my agent. He wanted a story for Jean Jossyln, I mean, for you, from Peter Mann," he shrugged wearily. "But that isn't what really matters. The only thing I care abou is that you've been playing with me al
along." "Bu
But I haven't!", she told him. "Please He turned to her
her and his eyes wore the "I thought child.
Ihought you were a working-girl who he said. "The struggled and understood," he said. "The things I said weren't intor a public idol. Well-you've had your bit of fun, and I suppose I oughtn't to row about it. But you see, I've lost some thing pretty dear to me.

Don't you suppose I've lost something too?" cried Jean. "Don't you suppose I'd gotten fond of Brent? I was lonesome and blue, and nobody talked to me as though I were a human being, and then he came along and made me forget myself. I thought he liked his helplessness, and now I find he's Peter Mann, who not only helps himself, but goes about reforming the world. Do you suppose I like that?
Brent turned suddenly and looked into her face.

You really think that's me?" he said. m awful bruiser? Why, he's everything the thing I only made him up for the fum of does you sometimes mes mader write him that way because he-he's Peter Mann. Why, my dear- He stopped and sud"Wenly a rittle smile came into his eyes. Would you mind telling me which one you really are?" he asked simply. "Because I And with a little
walked into a little laugh Jean Jossyln

## For the Holiday Season

Concluded from page 11

and let stand until cool. Mix and sift two half cupfuls white flour, one teaspoonful cinnamon, one half teaspoonful nutmeg, one half teaspoonful ginger, pinch of salt and one level teaspoonful soda. Beat two eggs until light. Sift gradually a part of the flourmixture into the fat and syrups, and when of rather a soft consistency, but too stiff to run, add the beaten eggs, then sift in the
balance of the dry mixture, adding a cupful of broken nut-meats and half a cupful of raisins with the last of the flour. Turn into greased patty-pans or bake in a loaf or layers. The oven should be rather slow when pans, the heat put in. If baked increased after the batter is fully risen. If baked in a loaf, the entire baking should be done slowly. It is done when the cake shrinks from the sides of the pan.

## Christmas Caramels

(Without
together one half cupful corn syrup and half cupful of honey and bring to a boil, then add gradually about seven-eighths cupful rich, top milk or cream and a pinch of salt. Stir constantly and cook until it will form a very firm ball when dropped in cold water. It should not be brittle, but must be quite firm. Then add one half teaspoonful vanilla and pour into a greased pan. When cold cut
into squares. For Chocolate Caramels add into squares. For chocolate Caramels add chocolate when first putting on the fire For cocoanut caramels, strew on the fire. steamed shredded cocoanut on the pan be fore pouring out the mixture. For nut fore pouring out the mixture. For nut broken nut-meats-any kind, but preferably walnuts or Brazil nuts.

## Maple Caramels

Two cupfuls crushed maple sugar, one cupful very rich milk or part cream, threeBoil, stirring constantly until.a firm ball is formed when dropped in cold water, then add one half teaspoonful vanilla and pour, to a depth of half an inch, into a greased pan. For cocoanut, or nut caramels, follow direc tions as given above.

## Cocoanut Balls

Cook together until
it will spin a thread, one and one-quarter cupfuls honey, threequarters cupful corn syrup, two tablespoonfuls of water. Then pour on to the stiffly beaten white of one egg, pouring in a thin stream and beating constantly until quite thick. Add one hal teaspoonfl vanilla and When quite stiff stir in all the steamed
shredded cocoanut it will hold-about one cupful. Roll into balls or flat cakes, lay on greased paper and brown in a moderate oven. Part nuts and part cocoanut may be used if preferred.

## Chocolate Fruit=and Nut Bars

Put through the meat grinder one cupful figs, one cupful stoned dates, one cupful wainut- or Brazil-nut-meats and haif a fuls of honey or if more convenient, a very little strawberry-preserve or orange-marmalade enough to make it mold easily Press down into a greased pan, having it about three-fourths of an inch deep. Let stand a few hours in a cool, dry place under a weight. Cut into oblong bars or any preferred shape and dip part into melted choco late. Some of the balance may be rolled in cocoanut, and some rolled in finely ground nuts.

Butterscotch Mix together threesyrup, one fourth cupful honey, cupful corn brown sugar and one third cupful butter cold water, then pour intor dropped in cold water, then pour into a buttered pan
and when nearly firm cut in squares.

## Christmas Pop= Have ready abou Corn Balls <br> freshly quarts o

Make a candy as follows: Mix half a cupful of maple or other syrup with one half cupof maple or other syrup with one half cupthread. Pour it quickly through the popped corn, stir in a cupful or more of shelled and halved peanuts and mix all thoroughly. When cool enough to handle, roll into balls or form into other shapes. If desired, a square of chocolate may be added to the syrup when first put on the fire.
If maple syrup is too expensive or difficult to obtain in your locality, use a mild-flavored
molasses or sorghum. Half a cupful of molasses or sorghum mixed with half a cupful of corn syrup is a good combination. Simply boil until it spins a thread and stir through the popped corn while hot, molding the balls before the syrup has a chance to become cold.

## Yourself and Your Child

## Concluded from page 18

the temperature just mentioned and holding not more than two feet above the little satient's head and placing the tip of the opening of the ear. The ear can be syringed every hour until the pain subsides or the doctor comes, for when the attack is long continued it is best to call in a physician to make sure there are no complications or serious trouble
Eczema is, unfortunately, very frequent among little children. Infants, subject to this disease, usually show a skin that is ture on nnees or cheeks, forehead onder the riety of causes that salves and lotions are of little avail unless they are used in connec tion with proper diet or internal medication when rop crateh the . Do not allow child to cratch the raw surfaces, as this irritates and poisons them. The child's hands can be ied up in thumbless mittens made of linen or pieces of cardboard can be bound on the arms like splints in the way described in a previous article or special babe-mits made of celluloid can be bought for this purpose. Very often it makes the eczema worse to touch the parts with water and soap, and they should be bathed with olive-oil instead The local areas of eczema should be kept dry and the part bandaged. It is unsafe for any mother to experiment on her own accoum with a severe case of eczema.
Croup is greatly dreaded by most mothers, but though very distressing, simple spasmodic or catarrhal croup is really not so dangerous as it seems. The child may be put to bed apparently in his usual health, or with perhaps a slight cold, when suddenly, after sleeping quietly for a little while, it will begin to gasp for breath, and after an attack of loud, hollow coughing, will be covered with perspiration. Dip a piece of flannel in hot water, wring it out and place on the child's throat and chest as hot as can be borne, or open an umbrella over a child's crib, throw a sheet over this and then place a teakettle of boiling water on a firm chair or table so that the spout comes under the sheet and the baby can inhale the steam, but be very careful that the spout of the kettle is not near enough his face for the steam to burn him.
This usually affords great relief, but if the attack continues give a teaspoonful o syrup of ipecac, and if the child does not vomit at the end of an hour, give another teaspoonful. For a young baby you can give ten drops every fifteen minutes until it has the desired effect. If the croup is not quickly relieved by the measures just de scribed, it is best to send at once for the doctor, for it may be of the membraneous or diphtheretic variety, which is a very serious and dangerous diesase.



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may be taken off and put on, and additiona may be taken off and put on, and additiona
dresses may be made as desired. Her dressi white pique, lace-trimmed around neck, and with hem, sleeves, and yoke edged with pink-and-white trimming. White stockings, white
pique hat with pink pique hat with pink cord and balls, held in
place by an elastic under chin. Pink cheeks, mouth red, eyes blue, and light hair.
Grumpy's head is made of unbreakable
bisque, her features are permanently stamped.


No. 1801. Since the first Teday Bear appeared in Toyland, his popularity has
 and smiling countenances, Hilis limbe can
be placed in such natural positions as to be placed in such natural positions as to
appear s.live. Press Teldys back and he
squeaks. Made of clean silky plush solidy appear alive. Preas Tedy's back and he
squaks. MVade of cleand dilk plush solidy
stuffed and sewed to withstand rough usage. stuffed and sewed too
He is 16 inshes high


Name or Initial Pin No. 1975. This handsome pin is No 1975. This handsome pin is made
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The American Woman
Augusta, Maine

## The American Woman Calendar

December 1. Sunday
Our Father never faileth

To give His children strength, The need but lean, to measure Its height di<br>Its height and breadth and length This is the promise true

That knows no shade nor turning-
December 2. Monday
You cannot run away from a weakness: you
must sometime fight it out or perish, and if that be so, why not now, and where you stand A brotherhood is breaking across the world agai A force on earth is dawning, triumphant with And soon will come the morning of victory for December 4. Wednesday The sun will shine after every storm, there is a
olution for every problem and the soul's highest duty is to be of good cheer.

December 5. Thursday
Give me to feel with kindness rare
Give me to act with courage fair,
Give me to bless. This is my prayer
Along the way.
December 6. Friday Keep out of the past. Let its mistakes, its
follies and its sins go. Make to-day happy, irtuous and useful. To-day alone is yours. December 7. Saturday
If I could do the kind of things
There never were invented strings
And when you've fought the winning fight
'Gainst fear and doubt and ill,
You'll know you can do all that's right-
You can do what you will. December 8. Sunday For every need there is fulfilment; for every que every need there is fulfilment; for every
question there is an answer: and for every prayer
there is the reply-straight from the Heart of December 9. Monday When we sow the seeds of anger, discouragement We should not

$$
\begin{aligned}
& \text { tue seeds of anger, discouragement } \\
& \text { bt, be surprised to see the crop of }
\end{aligned}
$$ For weeds they sprout! And be they flo

And be they flowers or noisome weeds, their
origin is MIND.
December 10. Tuesday

December 10. Tuesday
Keep your mind young by fresh vigorous
thinking, and your heart sound by cultivating a cheerful, optimistic disposition. Hold young
thoughts persistently and expect a good, long. useful li
December 11. Wednesday

When we're waitin' for the sunshine why not Wulth creatin', homemade sunshine, just to keep
us feelin Just to keep us from complainin' when there's Makin, brightness for our pathway, and a
heaven that shines more blue heaven that shines more 12. Thursday
Judging by appearances, and trying to find
light and guidance in them, we are very apt to become negative fearful, we are very apt to
Walking in the light that shines Walking in the light that shines from within we
become positive, fearless and free. My life isn't free as I'd choose it to But I'll be courageous and merry For hating my burdens won't help me at all-
It will just make them harder to carry! People never nber 14. Saturday love and giver need grow old, nor poor, if they more. comes, if we give, like rivers which increase as they constantly refresh all along the banks,
and never run dry. We attract the blessings
we bestow.
December 15. Sunday Trust you to Love, and never think to fear him,
Follow you closely the light of his white flame, The trail is safe, his lamp is trimmed and burning
Hold you the password of his Holy Name: December 16. Monday Youth is not a time of life. It is a state of
mind, a temper of the will, a vigor of the emomind, a temper of the will, a vigor of the emo-
tions, a freshness of the deep springs of life.
Nobody grows old by merely living a number of It is easy December 17. Tuesday It is easy enough to take wrong roads, But the task of life, as we lift its loads
Is to follow the compass and come safe back. December 18. Wednesday
Our highest welfare, both spiritual and phys-
ical, is made to depend upon our acceptance and
use of the blessing use of the blessings within our reach.
December 19. Thursday
Plant lilies and lilies will bloom; Plant hate, and hate to wifl grow:
Plall spring
Plant love, and love will Plant love, and love will bring
The fruit of the seed you sow.

$$
\begin{aligned}
& \text { December 20. Friday } \\
& \text { There are sufficient latent potenci }
\end{aligned}
$$

$$
\begin{aligned}
& \text { There are suffcient latent potencies in every } \\
& \text { one of us, if we would only arouse and make } \\
& \text { them operative, to keep us in health and har }
\end{aligned}
$$ them operative, to keep us in health and harDecember 21. Saturday The thing that is wisest is holding on dearly

To the big ideal in a practical wayFor out of such purpose at last shines clearly
The ultimate splendor, the infinite ray December 22 Sunday Repeat to yourself this truth over and over:
"The spirit of divine love and wisdom goes be fore me and makes plain and successful my way. That which I seek is seeking me, and God guides
me into an expression of that which is for my highest good."
December 23. Monday
When you put on your clothes in the morning Your gloom and your growl, your frown and your scowl. your growl, your frown and

The lesson of Christmas amounts to this: none shall have cause to be sorry because we were born; and by patient continuance in well
doing we may add our voices to the song which
is yet to resound, "Glory to God men. December 25. Wednesday A song across the sunlight for the boy in khaki And a prayer above the waters for the gallant A hymn for every mother from whose heart dear Have gone to fight our battles and to save our Hurrah for blue and khaki, and God bless them As they guard the sundered oceans, as they face
the front-line fray!

December 26. Thursday
Instead of saying "I want," let us ask "What can I give? What can I do this day, this mo-
ment, to make somebody else happier? we give we get, in pressed down measure only
we must give for the love of giving, and without
thought of reward. December 27. Friday Make the pills you have to take
Out of sunshine, for the sake Of what ails you; try 'em when That the healing of their power. May rebuild the sunny hour Of lile's hope and cheer and glee,
And the love that sets us free. December 28. Saturday "Gladness of heart is the life of a man, and
the joyfulness of a man prolongeth his days." December 29. Sunday
Pain there is not-pain nor sorrow, they have When the morning sunlight glimmers from the Fear I know not-like the shadows that take In the brightness of thy Being all my fears have passed away

December 30. Monday
Your dreams are coming true -never forget that; just a step just around the turn there
awaits a glad fulfilment of your dearest hopes. December 31. Tuesday Hold fast this prophecy
The best is yet to bel

## se

## The Woman Who

 Wonwere streaming down her face " $I$ 'm sure we must forget this! We must help him! I as his wife-you as his friend. she had one eyes were imploring him "I've takard men who were out there with him"" she went on. "They told me such tales of his bravery -how he kept the men from panic once or twice under fire-how he volunteered to carry a dispatch through a wood and got through, wounded in three places. Oh, and how he cheered them all last winter in the trenches, kept up their spirits by his plucky jokes! I can't forget all that- 1 can't.
Mahoney said nothing, but the glimpse that she had of his face must have reassured her, for she continued, pleadingly
"If we left him, he'd give up trying-he'd sink lower and lower! Oh, please, forgive him! Don't - don't be hard! I know he's hurt you-I know! But-you're big enough Dundas,
Dundas, standing with bowed head, spoke in a low voice.
It if no good! I'd do the same if were in his place. Let's go, Hilda
it, Jack!""
it, She looked at Mahoney, who got up, ill at ease and fumbling with his hands.

It's all right, Jack," he said.
Mahoney had never been able to express himself fluently
Dundas looked at him in silence; he, too could find no adequate words. The girl smiled upon them both through her tears. "We won't try to thank him now, Jack," she said, trying to speak steadily, "but we'll show him-won't we?- that we're grateful. We won't forget his kindness.
She took Mahoney's hands in hers. His plain face flushed. Women of her world had usually looked disdainfully upon him with his ill-made clothes, his shy, awkward manner
"Some day," she whispered, "you'll be glad you weren't hard-glad that you helped a man to find, at last, the better sort * *

And Jack Dundas with her help, did find it. No one would recognize in the burly sun-burned, steady-eyed squatter the im maculate weaking of the old days. In time they paid Mahoney the full sum, of course, but there are other debts, less easily paid and that is why they value the simple homely man as their best and truest friend

Earn one of these Premiums before Jan. 1, while our special Club-Raisers' price of 25 cents holds good-The American Woman, Augusta, Maine


## Combination Fountain-Pen and Pencil

Given for Nine Subscriptions
No. 1893.- If you have searched in vain for a satisfactory fountain-pen, here is the goal of your quest. Every pen
must meet the exacting test of daily general use, or it may be returned. The rubber contained in it comes from Para,
 A smooth writer, the ink flow
factory way by the
filler To ineer ness of this superb writing
article, the end opposite the gold pen is eqd opposipped with a
propelling lead-pencil. A few lead into writing position o
return it to its protective sith a safety clip to insure against loss and is is manied in a box


Schooldays

## Pencil-Assortment

Given for Four Subscriptions No. 1335.- Here is something to delight the splendid selection of articies most needed for
the children whether in school or at home. ach box contains


Aberdeen-Crash Runner
Given for Five Subscriptions
No. 1890.-The moment you take this runne ram its wrapper it is ready for use on you or hemming
A floral pattern is stamped, stencil-like, in fringe adds a finishing touch, it is an neaa inches; and, as you probably know, Aberdee Crash, a material that resembles gray linen
will stand long wear and rough usage beside always looking fresh and clean.


36-Inch Measure
Given for Two Subscriptions
No. 1742.- Pull the ring and the measure secured. When you release your hold the neasure winds back into place ready for the next call to duty. Case is made or silver
ine, beautifully
embossed.
Convenient eautifu, inexpensive, needed, and a good


## Eveready Flashlight

Given for Seven Subscriptions No. 1791.- The wonderful efficiency and have established them as indispensable articles
of family use. For finding one's way about of hamily use. For finding ones way about
the house at night, looking down dark stairs
and halls, finding things in dark attics or and halls, finding things in dark attics or cosets, for the sick-room, and even protecting
oneself against burglars for all these and
countless other purposes countless other purposes there is nothing so
convenient and economical as this Eveready into daylight. A simple pressure of the thumb instantly produces a clear, white, brilliant tration shows the Comet, wantit. The Eveready equipped with a genuine Eveready Mazda Battery is guaranteed against depreciation for six months when not in service. New batteries may be obtained at all hardware and
general stores, or will be sent by us for three general stores, or will be sent by us for three
subscriptions. When ordering separate batteries be sure to give us the number 1791


Ivory-White Manicure-Set
Given for Eight Subscriptions No. 1920.-At a glance the illustration
shows what a practical and useful set we
have presented
In addition to the $4 \times 7$-inch tray which
holds all of the other articles there are a 3 . inch buffer, a box of nail-polish, a 6 -inch
flexible nail-file and a nickel-plated buttonflexible nail-file and a nickel-plated button-
hook. Each article, except where metal must be used, is made of clean, white celluloid, which so much resembles ivory. board box. An agreeable surprise and genuine satisfaction is in store for everyon
who is fortunate enough to receive one



## Premo Junior

No. 1502. features found in no other camera exclusively, loads in daylight, and single exposures may be removed at
any time for development. To load: any time for development. To load:
Open back, drop film-pack in place close the back, and camera is loaded
in daylight. Has automatic shutter in daylight. Has automatic shatter ${ }_{2} \frac{1}{2} \times 3 \frac{1}{2}$ inches.

ogany-Finish Candlesticks

A Pair Given for Six Subscriptions No. 1924.-In the revival of antiques, place of former usefulness and is now an accepted ornament in nearly every home.
Simple and graceful lines give to this pair of sticks a quiet dignity and refinement
not often found. Made of birch and stained to a deep mahogany tone About 8 inches high. Fell-cloth bottom.
Brass ferrule to hold candles in socket.


Gold Filled Birthstone-Rings

Premium No. 146
Any Ring Given for Two Subscriptions

No. 1464.- In what month were you born? Each month of the year has its gem, ative of one's birthmonth. Our terms place a beautiful ring within everyone's reach Each stone is as near a perfect representation of the genuine as science and skill ference. They hold their color indefinitely and are not easily scratched or marred. Each gem is firmly mounted in the universally popular Tiffany setting,
sure to fit. Each ring is accompanied by thegauge at the foot of this page. Your ring will then

## SPECIAL OFFER

Select the gift that you would most like to have and send us the required number of yearly subscriptions to The American Woman a our special Club-Raisers
subscriber this of of 25 cents each; we will womd each
magazine one year, and we will send you, pre subceriber this magazine one year, and we will send you, pre
paid, the premium of your choice. Order by name and number.
Send all subscriptions


## Sailor-Boy Jack

 Given for Five Subscriptions No. 1839.-Jackie is anxious to join the No. 1839.-Jackie is anxious to join thedoil family. He han't told us in words,
but his expressive little face tells!you of his but his expressive little face tellslyou of his
desire more plainly than volumes.
What joy this little boy doll will bring to childish hearts! He's so lifelike! Mothers will see in Jackie's face the image of
their own youngster. His large inquisitive their own youngster. His large inquisitive
blue eyes, cupid-bow hips and baby-pink
cheeks are true ac life. cheeks are true as life.
Jackie had his sailor-suit on when he Jackie had his sailor-suit on when he
had his picture taken, but it can be slipped had his picture taken, but it can be slipped should wish to change it. The sailor-suit
is very becoming, with its white blouse is very becoming, with its white blouse Like all true sailors, Jackie has nine lives
and will stand many hard knocks and danand will stand many hard knocks and danordinary doll. Jackie is practically in-
destructible. destructible.
All his limb All his limbs are jointed. When standing
he is 12 inches high. His weight is elever ounces. He is reaching out his arms to you. Let us send him.


5-Piece Toilet-Set No. 1730. -In this convenient set are in-
cluded: A famous "Keeplean", Hair-Brush,
size 10x 2 , length, best bristles- $7 \frac{1}{2}$-inch Comb Sho Horn, Shoe-Hook, and Flexible Nail-File. Handles, and all parts where metal is not a composition closely resembling genuine ivory. It is clean, white, washable, and
durable. All are carefully packed in an atractive box.


## Ladies' Patriotic Pin

Given for Two Subscriptions
No. 1976.-Here is a little pin that wil appeal to all our women readers. It is in the outer edge being set with Rubies, Pearls and Saphires, making the colors, of our flag
Red White and Blue, in a setting of
nold-flled stock
 The OPAL
Symbol of Hope


## September

Symbol of Constancy



December
The TURQUOISE
Symbol of Prosperity

RING SIZES
 Baby Glory is a madein-America." love their Uncle Sam ony for children who
in any costume you choose but dress her in any costume you choose, but none will
be more appropriate and inspiring than this be more appropriate and inspiring than this
costume becoming real offspring of Uncle
Sam, which we furnish for sam, which we furnish for her traveling-
foom, Baby Glory is yours on the most
liberal terms.


Given for Four Subscriptions
No. 1810. It is safe to say that no cro-chet-set ever intro-
ducer ind
greater
satisfaction tion outint No. 1810. Holder for Croinet-
Cotton is the an adjustable bracelet which is silipped on
 held in such a manner that the thread russ
of smoothly as you crochet. Made entirely
 Needles- large. medium and small size
enclosed in woden holder. and a Bail or
medium - size crochet - cotton, are also medium


3-Piece
Turkish Towel-Set
Given for Nine Subscriptions No. 1919. Take a careful look at this illus-
tration and you will get a good idea of the excellent quality of this 3 -piece Towel-set. Bith-towel is 4xice inches a magnificent
size the face and hand piece e is $25 \times 13$ and
the face-cloth of matching design and mathe face-cloth of matehing design and ma- mace
terial is about 12 nches suare
has the Jacquard border, daintily colorece terial is about 12 inches square. Each piece
has the Jacuard border, daint Eliy colored
across the ends. They are made of the best cotton yarn, bleached toa a snowy whitenest,
hemmed at the ends and guaranteed to give hemmed at the ends and gu.


## Hemstitched-Scarf

Given for Four Subscriptions No. 1812. The butterfly-motif never ceases to
be popular. and its combination here with a hemstitched scarf gives the maximum of desir-
ability The design is stamped on fine-quality
 but on each the same sesign is stamped.
Every home finds a use for a pretty new
scart


Stork Embroidery-Scissors
Given for Four Subscriptions
No. 1728. When our supply of these splendid
scissors is exhausted it will be extremely difficult scissors is exhausted it will be extremely difficult
to obtain more, and the price will probaly
 Beades are finest nickel-steel, smoth-cutting
and with stiletto points. Shown about one and with stile


## Sweetgrass Basket

## Given for Ten Subscriptions

No. 1809. Fragrance is remarkably pleasant and lasting, One of the most treasting top it makes a neat and appropriate basket for the sewing-cluin or to take with you when
calling or traveling. In your own home it keeps your sewing-work and materials aloways
handy Average diameter 9 inches. Articles hn basket not included in offe


## Six Lawn Handkerchiefs

Given for Four Subscriptions
No. 1180. Exceptional value is offered in these six hemstitched handkerchiefs of soft, white lawn,
They are dainty in size, about 12 inches square and each in stamped with a dirferent and tatese ter
fuld desig.
For finishing, we include two skeins ful design. For finishing, we include two skeins
of mercerized cotton.

## Every Premium Guaranteed

The American Woman


## Long Silk Scarf

Given for Six Subscriptions
No. 1212. Material of this 60 -inch scarf is effecti vely doubled. Ifinitcomes hemstitched ready to wear in white. pink or blue. Wh
will be sent unless you choose a color.


Dripless

## Tea-Strainer

Given for Four Subscriptions No. 1922. There are a host of teastrainers on the market, but none or them
can compare with the worth of this new style. It is beautiful, useful and practical.
Where tea is served from the table it is the Where tean is served from the table it is the
one straine that you can set on the tabe
withoutstaning the cloth It is abolutely without staining the cloth. It is absolutely
dripless. Good quality throughout. Ebon dripless. Good quality through
ized handle. Gold-lined bowl.

## Ni

## Two Silver Hatpins

Given for Two Subscriptions No. 1797. In keeping with millinery tendencies
 esigns are both unique and handsome, and the
very latest in style and popular favor. The neads are real stering-silver, and there is not hat or trimming with which they will not The illustration is of actual size and the design is the same on either side. The stems are of
polished steel and of just the right length to be in keeping with prevailing millinery style.


Given for Four Subscriptions
No. 1036. You must see this dish to fully appreciate outside is thrice coated with sterling
gold. The silver and the inside is bright, with a fine deposit
of gold.


Show Your Patriotism
Ring or Pin Given for Two Subscriptions No. 1873 . Every loyal American should wear the emblem of our country in these patriotic
times. It is a duty you owe to yourself and to your country" is here represented on a pin and on a ring. Both are ruaresented on a pin and with enameled colors. red, white and blue. For
waist. bandeau, tie, or man's lapel the pin is or waist, bandeau, tie, or man 's lapel the pin is of
just the right size. The ring should be worn
jut on the little finger. It is furnished in sizes $3 \leqslant$ to



Silver Thimble
Given for Three Subscriptions No. 1290. A genuine guaranteed
sterling-silver thimble strong, perfectly modeled and beautifully engraved. Be sure to state
size desiredi we have them in sizes sizz desired: we have them in sizes
from 5 to 11:


Given for Ten Subscriptions
No. 1918. With the aid of this powerful glass the finest print bediameter eniarging print to twice its actual size. It is buind with a composition resembling ebony. Total length. including handle. is about ${ }^{7}$
inches
breaking. We will send it without


Silver-Plated Dessert-Set
Given for Ten Subscriptions
No. 1035. Each set consists of a sugar-bowl, creamer, and
tray. of quadruple plate. A very dainty, useful set in a quality that looks and wears well.


Cut-Glass Bonbon-Dish
Given for Eight Subscriptions
No. 1907. For bonbons, spoons, and many other purposes, in the latest satin-finish, and the floral and mitre cutting
 inches wide. A very attractive high-grade, ston
dish. Sent prepaid and safe delivery guaranteed.


Silver Service-Pin
Given for Three Subscriptions
No. 1954. If you have a friend or relative in the United States Military or Naval Service, you should wear one of
these handsome service-pins with one star, if you have two friends you should wear one with two stars, or if three
friends, three stars. These pins are made of Sterling Sliver, the stars are blue, set in white enamel, surrounded by a red



Soldiers'

## Testament

Given for Three Subscriptions
No. 1905. With this neat little book tucked away in an inside pocket,
there is an added feeling of security or friend at home who che mother The protecting home infuence opresents it it
or the Word
of God, the constant reminder of God, the constant reminder of His
teachings. will give
one strength ceachings, will
face every
trial.
Tive ons en edition is is gotten up especially for the soldier
bound in khaki-colored it it ith with is bound in khaki-colored cloth with an
American flag embossed in colors on the front cover. The thy-leaves contain
 America; and The Battle-Hymn of the Repubbic. Several references are also
made to favorite chapters and verses There is a space for owner's name addross and service. The size is only
$3 \times 4$ inches.

## Special Offer

Select the premium that you would most like to have and send uw the to The American Woman at our special and we will send each subscriber this magazine one year, and we will senc
you prepaid, the premium of your
phoice order you prepaid, the prem and of yor
choice.
Send all subscriptions to

THE AMERICAN WOMAN
Augusta, Maine


Make this a Red Cross Christmas
MERICA'S second war-time Christmas is almost here. Our thoughts, our interests, our hearts are not in the trivial things now-they are with the boys in France, and our war-tried Allies.

Their thoughts, their interests, their hopes are in the Red Cross and the knowledge that it is ever present and ready to lend them aid most needed.

Let our Christmas message to those loved ones be that we
stand solidly behind the American Red Cross - that there is full membership in every American home. No other word we can send will give them greater encouragement, or fortitude for that which must be accomplished.

## All you need is a heart and a dollar

# 00 A Room Full of Furniture <br> Send only $\$ 1.00$, and we will ship you this handsome 6-piece library set. 

 Only $\$ 1.00$ down, then $\$ 2.50$ per month, or only $\$ 24.90$ in all. A positively staggering value, D O W N and one of the biggest bargains ever offered. Look at this massive set, clip the coupon below and have it shipped on approval. Then see for yourself what a beautiful set it is. If you do not like it, return it in 30 days and we will return your money. All you have to do is send the coupon with $\$ 1.00$. This magnificent library set is not shown in our regular catalog. The value is so wonderful and the demand so great that there aren't enough to go around, so send today sure. Either have the library set sent for you to see, or tell us to mail catalog.> 6 Pieces ${ }^{\text {This superb six-piece library set is made of selected solid oak throughout, finished in rich dull wax, brown fumed }}$ oak. Large arm rocker and arm chair are 36 inches high, seats $19 \times 19$ inches. Sewing rocker and reception chair are 36 inches high, seats $17 \times 17$ inches. All four pieces are luxuriously padded, seats upholstered in brown imitation Spanish leather. Library table has $24 \times 34$ inch top, with roomy magazine shelf below and beautifully designed ends. Jardiniere stand measures 17 inches high, with 12 inch top. Clip the coupon below, and send it to us with s1.00, and we will ship the entire six pieces, subject to your Order by No. B5ı86A. Send $\$ 1.00$ with order; $\$ 2.50$ monthly. Price $\$ 24.90$. No discount for cash.

## Act Now-While This Special Offer Lasts

Don't wait a day longer. Sit down today and send in the coupon for the 6-piece Fumed Solid Oak Library Set. For a limited time only are we able to offer you this stupendous bargain. Prices, as you know, on everything are going up, up, up. It is impossible to tell just what
day it will benecessary for us to increase the price of this wonderful Fumed Solid Oak Library Set. So act, but act quick. Fill out the coupon and send it to us with the first small payment and we will ship you this wonderful 6-piece Fumed Solid Oak Library Set. Pieces not sold separately.

## FreeTrialCoupon straus \& SCHRAM,(Ine.) Dept. 3039



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