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nrs Julaine Farrow nursing





HUSPITAL BIUGRAPHY

During my stay at the hospital, I oftimes wondered about the hospital, How long it's been here, why they chose this site, and other questions. I thought you might be interested in the answers to my questions. I went to the unofficial historian of the hospital and came up with these interesting facts.

The state of Wisconsin is first divided in half. The western half of the state goes to Mendota and the eastern half go to Winnebago. The state is then divided again. Take for example Sherman and Kempster. If the people in the North and South have similar problems, the people in the North go to Sherman and the people in the South go to Kempster. The CUE has been asked to announce that the Toastmasters Club will reconvene on Feb. 2, 1972. More information will be forthcoming in our next issue...

CUE'S EDITORIAL DEPARTMENT

Published by and for the Patients Bi-Monthly

January 14, 1972

Five Years Old But New Every Two Weeks

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Advisor: Chuck Lemieux



able at the Cue office if not on the wards, and all entries should be done in pen or pencil. The entries should be entered at the Cue office. The entries will be all displayed at the canteen. The prizes will be the following:

lst F	rize	\$1.5)
2nd F	rize	1.);
3rd I	rize	• 5 0

Patients are urged to enter the contest as soon as possible.

What You Should <

PATIENT ORIENTATION

1. WHAT IS THE ADVANTAGE OF BEING WELL ORIENTED ON ARRIVAL?

A well oriented patient can quickly adjust to the necessary routine established for a ward community. Others, less well-oriented do not grasp the many details explained to them and need frequent orientation sessions before becoming aware of the ward routine.

2. HOW IS THE STAFF INVOLVED IN THE ORIENTATION OF NEW PATIENTS?

Patience is needed by each staff member in order for a patient to realize the ward procedures. Time and consideration spent in explaining and re-explaining procedures results in a more relaxed patient and assists in his re covery.

3. WHAT ARE THE USUAL PROCEDURES NEW FATIENTS SHOULD EXPECT WHEN THEY ARRIVE AT THEIR WARD?

New patients should be given a tour of the ward, showing them the rooms, closets, bathrooms, dayrooms, and where they will eat their meals. The schedule for rising and going to bed, smoking rules, coffee privileges, liberties available to them, time when doors to the building are open and when they are locked should also be explained to them.

4. ARE OTHER PATIENTS INVOLVED IN A NEW PATIENT'S ORIENTATION?

A new patient is introduced to other patients to put them at ease in a new enviormment.

5. WHAT IS DONE WITH A NEW PATIENT'S VALUABLES AND CLOTHING?

All personal clothing is sent to a marking room for indentification. Valuables are sealed in an envelope and sent to the hospital business office for safe keeping except for rings and watches. If the patient desires to keep these, he must sign a form and assume responsibility for them.

6. WHAT ARE THE BENEFITS OF ORIENTATION MEETINGS HELD FOR THE NEW PATIENTS?

In these meetings, procedures and other matters specific to the ward are explained. The various therapies are described and it is explained to the new patients their attendence will depend upon an order from the doctor. The various departments that will serve them are delineated. These are medical clinics, social service, dental clinic, beauty parlor, barber shop, Fashion Korner, canteen, library, and volunteer groups. The types and hours of entertainment that is provided for them is also outlined.

During this meeting it is explained that the doctor dictates the amount of liberty afforded to each patient, all home visits, tours away from the hospital, and visits with relatives off the hospital grounds.



CUE

WHO? WHAT? WHY?

Have you ever wendered what the Tellurian Community is? It's structure? Who runs it? etc...

Let's start at the beginning. The word "Tellurian" means "Inhabitant of the Earth".

In order to get into the group, you first have to be recommended by the doctor.

You then have to go through a period of time which is called "Detoxification". But that's only the beginning. In order for you to understand, let's go through the structure of the group. You first go through 10 days as "aspirant", then 10 days as "Aspirant Royal". After this you then become a "Neophite", which lasts 3 months. Long stay? Not really. Not when you concider 2 months as "Patron", 2 months as "Junior Elder", 2 months as "Senior Elder", and 3 months as "Transition". Going through the whole term would take you about 1 year.

The Tellurian Community was started about 4 months ago and is doing quite well. When you first enter the group you must learn the Tellurian Community philosophy and prayer, and what they mean to you.

The idea of the group is that it's voluntary and for a person to change his or her life style and grow without the use of drugs.

At the present time, the group is composed of 10 members, 3 of which are women, and numerous staff members as councilors. Mr. Sack is the head director.

The Tellurian Community is now located in Sherman Hall 4, but will be soon moving to Gordan Hall for more room.

The Tellurian Community gets the majority of it's money from candy sales, etc. They are now working in leather craft for a future sale.

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Page 4



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CUE

NEW YEARS

Page 5

11:55	-	Ratl Father Time" We are thy	(
		faithful servants.	1
11:56	-	Why do you have that scythe	-
		with you, Father Time?	-
11:57	-	"I speak now to prove that my	
		time and yours, grows short."	1
11:58	-	"ITTAIL and a marker and the off	
		Knowledge. Let us worship	1
]
11:59	-	We are dying - because we can-	V
		not hope to turn again.	1
11:59.	5	- Let us Pray.	
12:00	-	Ignition	r
12:00.	5	- Hope be with us.	
12:01	-	We are alive in the eye of	
		God.	1
12:02	-	The guns sound and the whis-	(
		tles blew	r
		Are we what we always were.	
12:03	-	God, Jesus, Holy Spirit and us	
•		make the perfect square.	1
12:04	-	"And the Lord said, Arise and	1
		go in Peace."	
12:05	-	Happy New Year to All.	

THE LOVE FROM MY MAN

The name sounds so sweet and meaningful, When you whisper it from your lips. The touch so slight and loving as you reach with your finger tips. The means that sound so softly against my heaving chest. The simple words "I love you" that refuse my mind to rest.

To know that he cares and that he loves me makes my heart beat so. To know that when he holds me against his chest he doesn't want to let go. The things above are not really noticeable to others all around, But him and I know in our hearts that it's love that we have found. By

ROGER

Now Reger is a man I know, He's jolly and happy and I like him so. We'll spend our Christmas together, In hell or high water of good or bad weather, He's a nifty guy With a gleam of mischief in his eye, And Ill someday be sorry if I must bid him goodby. By I . -13

TONNENBAUM

Out to the woods To pick a beauty Trim it down To just the right size Time spent on soaking And then mounting it right. Loving care in dressing it up Midst ochs and ahs Beautiful What a sight And then comes the day It's purpose fully served The undressing And the trashpile Is its undeserving end. About that time Christmas love has left the air. T'would be nice If love stayed round the year Flooding people's hearts With peace and goodwill Toward men. By

1

Before the Christmas season is ended; And all the Spirit is wholly blended; And as we reach out with Christian love; Let's remember that a God Child has been sent from Heaven above; Let us rejoice with song as tender as the cooing of a Morning Dove; And to one another our glad spirit prove; So--as the day and months of an old year is past; Let our love for one another continue to last.

Love in Christ to all from Mat

WITHOUT YOU

If I could put on paper what I feel within my heart I'd tell you of the loneliness I feel when we're apart The days that seem like weeks The weeks that seem like years The silent hours of the night So often filled with tears My prayers will go unanswered My cries will go unheard Until the day your at my side And I am reasured.

By to

January 14, 1972

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1977 - 1986 1977 - 1986



"I'm sorry, lady, but we can't be responsible for the words your son spells with the blocks."

* * * * * *

<u>Customer</u>: "Does the water always come through the roof like this?" <u>Clerk</u>: "No sir, only when it rains."

Angry Customer (showing material): "You said this color was fast, but it came out the first time it was washed. Clerk: "Wasn't that fast enough?"

He: "May I join you, Madam?" She: "Heavens, am I coming apart?"

Doctor: "How's the man who swallowed the spoon?" Nurse: "He can hardly stir."

Then there was the old lady who wrote an angry letter to the company: "I bought some of your bird seed and planted it carefully. Not a single bird came up."

Many a woman has solved her financial problems by exchanging her wedding gown for a divorce suit.

Bartender: The only psychiatrist who works in an apron.

The average girl would rather have beauty than brains, because she knows the average man can see better than think. AND A AND A

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When an old bacheler talks to himself, It's a sign of approaching senility, When a married man talks to himself, It's a sign of marital hostility.

Many a fellow who starts Jut with a bottle ends up in the can.

After an evening of drinking, some girls get weak in the nays.

President Nixon has a great routine. He gets into his plane and tells the pilot: "Go anywhere -- we've got troubles all over."

All men are born equal -- and spend their life vainly trying to catch up with the women.

No matter how big a man is, he can always fit under a woman's thumb.

CHAMPAGNE HANGOVER: The wrath of grapes.



<u>NEW FOR "72"</u> Money and Programs

In a recent interview with Dr. Kelley, Clinical Director, the CUE was informed that some programs will be shifted in 1972 to meet the needs of the younger patient due to the higher influx of younger people to the hospital. However, two new cottages for younger patients have been slashed from the budget.

The new drug program (Tellurian Community) has also received a financial cut. However, Dr. Kelley stated that this program is an excellent one and due to the fact that no other drug rehabilitation facilities presently exist in the state, federal assistance will be sought to enlarge the program.

In conclusion, people from Sherman Hall will be happy to hear that new plans call for a remodeling of the SH recreation facilities. \$130,000., originally designated for the purpose has been finally made available.

CHOIR

A choir has been in existance for several months here at the hospital. During this time it has been rehearsing once a week, three times a month. Originally members of the choir came from Kempster Hall, however, it has been decided to include others from the different buildings in the hospital.

Rehearsal are on Tuesday nights from 6:30 to 7:30. We practice in the south occupational therapy area on the ground floor in Kempster Hall. Check the activity calendar in the Cue and join us for the next rehearsal.

C. Weber, M T.

"CAMING"

Arrangements have been completed for another big night at the Canteen. Thursday, January 20th will be the date, the time as usual at 7:00 P M. The artists will be a group known as the <u>New Dimensions</u>. This group has entertained in the Canteen about six months ago, and it turns out a very entertaining evening. This group sings to a background of guitar music played by several members of the group. You not only listen to the fine singing of these young artists, but you will be invited to sing-a-

C. Weber, M. T.

NEW YEAR'S MANCE

A New Year's Dance started off the new year here at the hospital. The dance was conducted by the Canteen Social Chairmen and found about 250 people attanding. Cookies and Kool---Aid were served free of charge.

By

NEV YEAR'S EVE DANCE

The new year was enjoyably welcomb-ed in here with a dance and party put on by the Tellurian Community (also known as the Drug group. The celebration was held in the Sherman Hall rumpus room, which had been decorated appropriately. Paper streamers, colored lights, and crepe paper transformed the room and gave it a very mellow atmosphere. The lights were low, the music loud, and the patients all apparently enjoyed themselves. There was a lot of dancing, a lot of talking, and a lot of laughter, which is always the key to a good time. Wards 5, 7, and 8 were invited, and enough ladies came to balance out the men's wards 3 and 4 very nicely, Typical new year's refreshments were served; coffee, fruit punch, herring, chips and dip. There were plenty of records, donated for the evening by members of the group.

The dance lasted from 6:30 to 10:00 at night, at which time a few grumbles were heard from those of us who can never get enough of a good thing, and goodbyes were said. Those stalwarts who didn't have to go to work the next day saw the new year come in at midnight back in their wards. Thanks are extended to the Tellurian Community for showing us all a very good time!

LOST

I have lost two albums somewhere on the hospital grounds.

1.) Girls! Girls! Girls'.

2.) Bobby Vinton's Greatest Hits. If found please notify Roger Steinke 2E HOSPITAL BIOGRAPHY (Continued from Page 1)

While I'm on the subject of twodifferant hospitals, I might add that Mendota was built in 1860 and at that time it was known as the "Wisconsin State Hospital for the Insane." Winnebago was built in 1873 and was known as "Northern Hospital for the Insane. It wasn't until 1935 that both hospitals changed their names to the present ones.

Since the beginning of Winnebago, the number of patients has increased but the stay is considerably shorter. At the beginning, the average stay was between 2 to 3 years. Now it is only 3 to 5 months.

The oldest buildings on the grounds are the North and South Cottages and the Blacksmith Shop. Incidently, the grounds cover 880 acres of land. When the first piece of land was boutht, it cost 4658,000.

In September of 1870, the Locating Comissioners were instructed to find a suitable site for the hospital. Their first thought was Green Bay but later decided to take this spot, four miles north of Oshkosh on the west shore of Lake Winnebago. In October of 1870, the building plans were adopted, and in February of 1871, the contracts were set.

About 2 years later, on April 21, 1873, the first patient was admitted to the hospital. At that time the only parts completed were the central building and the north wing. The south wing was completed in 1875.

Since the old buildings were primarily made of brick and wood, after a time these became a fire hazard. At the same time, this also provided a place to carve names, dates, etc.

On the top of the north and south wings as well as the central building were large domes. For many years, this. was the symbol of the hospital. When the buildings were being torn down, the wrecking crew tried to save the largest dome, to be used as a summer home for patients, but was to no avail. It crumbled in thousands of pieces.

If you're wondering what they did with the now antioue furniture, it's in the administration building. Some of the more beautiful pieces are in the lobby. I thought it was rather interesting to note that the hospital records date back to the first patient

in 1873.

At that time they didn't have folders, so they kept the records in books using longhand because they had no typewriters.

Before the state hospitals were built, the sick people were put in jails or in poor houses because they knew very little about mental illness at that time.

I'm sure that a number of you have said, "The doctor wants you to keep busy but there isn't anything to do!" Right? Well, back about 25 years ago the patients had it worse. A Mr. Nelson would take patients down to O.T. at different times because they didn't have a full O.T. staff. He would also take the patients <u>on occasion</u> to the Rec. Room to play ping pong or shuffle board.

It wasn't until 1950 or 1953 that the hospital got it's first television set. It was a 27" set and it was located in the main dining hall.

A few other brief facts are these: All the buildings (Sherman, Kempster, Gordon, Hughes) were names after ear ly hospital superintendents.

In 1902, the hospital started a small zoo for the patients. It consisted of 1 raccoon, 1 coyote, 7 elk, 1 wild pig, 2 muscovi ducks, 3 dozen wild ducks, 1 bull dog, 1 cagle, 1 deer, 1 fox, 1 pheasant, and a few peacocks. It was discontinued because of a lack of funds.

If any of the staff members complain about the wages, <u>don't</u>! In 1898 the women aides received \$12.00 per month and the male aides received \$14.00 per month.

Have you ever wondered what happened to all of the animals in the barn? No, they didn't die or get eaten. In 1954, Waupun prison entered into a contract with our hospital to take over the barns and farm property. This is now cared for by prisoners of Waupun.

One more small note is one that I feel is very interesting. Winnebage State Hospital is one of the highest rated in the nation. It rates bout third.

I would like to thank Mrs. Julaine Farrow for much of this interesting information.

THE WEEK AHEAD

HOSPITAL ACTIVITIES	5 FOR	THE	WEEK	OF	JANUARY	17	-	JANUARY	23,	1972	
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Jan. 17 Nonday 2:30	9:00 am - 4:15 pm - 4:00 pm HH Husic Rm. 3:00 pm 2-W 2:00 pm 2-E 4:30 pm GH-AT Area 6:30 pm HH Boys 7:00 pm SH 5-6-7-8	CANTEEN OPEN* RECORD LISTENING Book Cart Kings Daughters Canteen Social Chairmen Dinner ^A eeting Woodworking Gutagamie Red Cross
Jan. 18 Tuesday 2:30	9:00 am - 4:15 pm - 4:00 pm HH Husic Hm. 3:45 pm 2-E 6:30 pm SH 1,2,3,4,7, 2-E 6:30 pm GHS 7:00 pm SH 1-2 7:00 pm Humpus Hm.	Book Cart
- - -	9:00 am - 8:00 pm 1:15 pm SH 7-8 1:30 pm GHS - 4:00 pm HH Music Rm. 3:45 pm 2-E 7:00 pm Chapel	CANTEEN OPEN Appleton Red Cross Lutheran Ward Service Rev. Winter RECORD LISTENING Book Cart LUTHERAN SERVICE Rev. Winter
Jan. 20 Thursday 2:30	9:00 am - 8:00 pm 10:00 am GHS - 4:00 pm HH Music Rm. 7:00 pm Canteen	CANTEEN OPEN Protestant Ward Service Rev. Windle RECORD LISTENING SING-A-LONG
Jan. 21 Friday 2:30	9:00 am - 8:00 pm - 4:00 pm HH Husic Rm. 6:45 pm Chapel	CANTEEN OPEN RECORD LISTENING LUTHERAN COMMUNION Rev. Winter
Jan. 22 Saturday	9:00 am - 4:15 pm 10:00 am GHS	CANTEEN OPEN Favorite Hymn Recital Mr. Korn
Jan. 23 Sunday	8:45 am Chapel 11:45 am - 8:00 pm 7:00 pm Chapel	PROTESTANI SERVICE Rev. Van Deusen CANTEEN OPEN CATHOLIC MASS Fr. Barrett

PATIENT LIBRARY, SH Basement: 9:00 - 4:00 M thru F