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the C U E

Volume III

June 21, 1968

Issue 8

WSH PROGRAM FOR JULY 4th

For the third consecutive year, patients will be able to entice their families to the hospital for a 4th of July picnic.

Listed below are activities that you might enjoy sharing with your family:

- 12:00 Picnic lunch--You provide the lunch, and we'll supply the coffee and lemonade.
- 1:00 Ball Game--Patients' team vs. Staff Team. (Staff squad will be comprised of some members of medical staff, aides, teachers, office personnel, maintenance and others.)
- 1:30-3:30 Street Dance (Adjacent to ball field)
- 3:00-7:00 Swimming Beach Open
- 7:00-9:00 Movie (in gym)

The Hospital Canteen will be open all day.

Fishing---Bring own equipment and tackle.

Copies of reservations to be sent to relatives of patients will be available on patient's wards. Patients may send them to their relatives who will complete them and return them to the hospital.

Les

FEATURE FILM PREVIEW

"When the Boys Meet the Girls" will be shown in the Hughes Hall Gym at 7:00 P.M. on Thursday, July 4th. You are invited to bring your guests of the day.

Connie Francis and Harve Presnell star in this MGM presentation. A college senior (Presnell) is sent to a small college in Nevada to keep out of the headlines. When he meets Connie Francis she isn't impressed because she's worrying about holding on to the

family homestead. Presnell offers the idea of turning the house into a dude ranch for potential divorcees. Despite the complications, Herman's Hermits, Sam the Sham, Louis Armstrong and Liberace perform, and all ends well.

"When the Boys Meet the Girls" should prove to be a light, fun way to end the 4th of July festivities.

Evelyn

BOOK REVIEW

MENTAL HEALTH THROUGH WILL TRAINING was written by Dr. Abraham A. Low in 1950 and was published by The Christopher Publishing House, Boston, Mass. It is now in its 14th printing.

At the time of his death in 1954, Dr. Low was nationally recognized as an authority in the field of psychiatry. He has written some 60 papers on related topics which have been published in book form. MENTAL HEALTH THROUGH WILL TRAINING represents 13 years of pioneer work in psychotherapy in mental hospitals in Illinois and in his own active private practice. Written simultaneously with the development and growth of RECOVERY, INC., it is used as the preeminent reference in the activities of the organization.

The aim of the book is not psychoanalysis but rather symptom analysis, temper control and will training, and is not meant to replace the physician.

The four major headings that divide the book outline a process of psychotherapeutic self-help for individuals in small groups under the leadership of a specially trained layman. The gamut of distressing situations and emotions is presented in the form of case studies, interviews, panel discussions and group therapy sessions that are immediately followed by a professional analysis of such points as symptoms, patterns and possible routes for arrest and correction. (Continued on Page 3)

Editorial

RECOVERY, INC.

Several inquiries about RECOVERY, INC. have prompted the editorial staff to investigate the organization and report its findings to the readers of the Cue. As evident in the 'Issues and Answers' feature in this issue, RECOVERY, INC. is unfortunately not well-known or understood by the people who would most benefit from its services.

RECOVERY, INC. is a non-sectarian, non-political, non-profit, self-governing organization with National Headquarters at 116 South Michigan Avenue, Chicago 3, Illinois.

From its inception in November of 1937, the founder, Dr. Abraham A. Low, working in a controlled environment, developed a program of self-help for emotionally disturbed persons and their families. By 1950, the research and experimentation of his pioneer work was sufficiently coordinated to be documented in his book MENTAL HEALTH THROUGH WILL TRAINING and the program was figuratively 'thrown open' to the public. Patterned somewhat along the same lines as ALCOHOLICS ANONYMOUS, which was founded in 1935, the organization has expanded and refinements have evolved, but the basic aims and purposes of the program remain unchanged. They are: "1) to prevent relapses in former mental patients and 2) to prevent chronicity in nervous patients."

RECOVERY, INC. makes no pretense to replace the physician with painless, do-it-yourself psychoanalysis. Rather, the objectives are "will-training, temper control and symptom analysis"; to place at the individual's disposal the means and tools with which he may help himself to bridge the gap between the realm of crippling emotional problems and the normalcy of a relatively untroubled, productive, purposeful life.

Under the supervision of specially trained laymen, small groups of 10 to 30 persons meet regularly in group therapy fashion to air their problems. These meetings are versatile in content according to the needs of the group. The only text used is Dr. Low's MENTAL HEALTH THROUGH WILL TRAINING, which is reviewed on page 1. Within each group there is inevitably a cross-section of persons at various stages of confrontation and resolution of distressing experiences. Therein lies the key to the success of the program - companionship, comparison, motivation, compensation.

The news of RECOVERY, INC. is spread 'by work of mouth.' Chapters are usually started through the National Headquarters in Chicago by persons who have themselves 'been through the mill.'

Statistics show that approximately 38% of all mental patients return. Perhaps this figure could be reduced by informing outgoing patients and their families of the after-care, follow-up program which RECOVERY, INC. offers for the asking. We have not polled the staff of this hospital, but we welcome their comments.

Editorial Staff

EDITORIAL STAFF

Bob	Evelyn	Dick
Sam	Ralph	Glenn
Vicki	Jim	Barbara
Kathy	Donna	
	Les	Advisor:

Issues And Answers

Have you heard about RECOVERY, INC.?
What have you heard about it and what
do you think about it?

Of the 35 patients we interviewed, only 9 had ever heard of RECOVERY, INC. Read their comments below.

It's a good program if they use up-to-date material.

Gary

I think it's a very good thing for people who are shy. It helps you make friends and get acquainted with people. I've been to a few meetings.

Ray K.

I think it would be good for certain types of people.

Thomas

I think it's OK.

Gary

I think it's a good idea. When I get out of here I sure would like to get into a group like this to help me settle my mental and emotional problems and nervousness.

Marvin

It's self-explaining, it's good to know something about it.

Frank

I'm thinking of investigating it when I leave.

Mary

I think it's a good organization. It stresses the power of positive thinking. Read about it in the newspaper, have attended meetings. Also, they help alcoholics.

Emily

Yes, but I don't know much about it.

Les S.

BOOK REVIEW

(Continued from Page 1)

Confusing medical terms are abandoned as often as possible for a very fluid, readable text that is at the same time understandable to the layman and valuable to the profession.

The book costs \$5.00 and, to our knowledge, is not available in paperback. Your local library may have a copy, or you might put it on a gift list.

The editorial on page 2 gives more information about RECOVERY, INC.

Donna

SWIMMING

The swimming schedule will be as follows as of June 12th:

12:15 to 2:30 Swimming Lessons
2:30 to 3:30 Escorted Ward Groups
3:30 to 7:30 Liberty Patients and Escorted Groups

A copy of the rules to be observed when using the beach can be found on the bulletin board in your ward.

Hospital swimsuits will be issued to wards for the season by June 13, if there is a request to Activity Therapy stating the number and size suits needed. Each patient is responsible for hand washing his assigned suit.

Please do not send suits to the Laundry.

You will return all swimsuits to Activity Therapy at the end of the swimming season.

Glenn

L O S T: 1 medium brown sport jacket bought at Lev's Department Store of Plymouth; without owner's name in it; lost in area of Main Baseball Field on Thursday, May 23rd; please return to MARVIN , Sherman Hall 4.

The Golden View

Letters to the Editors

A GOLDEN VISION 'THE CARPENTER OF CHRIST'

ART'S,

SIXTEEN YEARS AGO ART LEFT HIS REGULAR CONSTRUCTION WORK IN CEDAR RAPIDS, IOWA, AND BEGAN HIS UNUSUAL MINISTRY OF BUILDING FOR THE LORD WITHOUT ACCEPTING FIXED WAGES. TODAY HUNDREDS OF CHURCHES OF ALL DENOMINATIONS, CHRISTIAN DAY SCHOOLS AND BIBLE CAMPS HAVE BENEFITED FROM HIS SKILL.

SEVERAL THINGS INFLUENCED ART'S DECISION: HE WANTED TO BE A FOREIGN MISSIONARY, BUT FELT HIS AGE WAS AGAINST HIM. AFTER MUCH PRAYER, HE DECIDED TO BE A DIFFERENT KIND OF MISSIONARY, GOING WHEREVER THE LORD MIGHT LEAD HIM AND LIVING ON FAITH.

ART HAS WORKED THROUGHOUT IOWA, KANSAS, MISSOURI, ILLINOIS, WISCONSIN AND MINNESOTA AND RECENTLY WAS ON TOP OF LOOKOUT MOUNTAIN NEAR CHATTANOOGA, TENNESSEE, HELPING COVENANT COLLEGE OF ST. LOUIS REMODEL THE FORMER "CASTLE IN THE CLOUDS" RESORT FOR CLASS ROOM USE.

SOME PEOPLE HAVE ASKED "COULDN'T YOU LEAD A GOOD CHRISTIAN LIFE WITHOUT LEAVING A (Continued on Page 7)

Dear Editor:

There seems to be some distention about patient attendance to the dancing parties given by the Patient Planning Committee. The question that comes to the mind of some patients is "just because the Cuo stated patients do not get off the ward." It is wise to remember that Dr. Dachtera makes it obligatory for all North Cottage patients to attend at least one activity a week, otherwise they cannot remain as patients there.

Erwyn

Dear Editor:

I think most patients will agree that Sherman Hall is the most modern and comfortable building in the hospital complex. However, the front lawn is beginning to look like a discarded picnic grounds.

The trash can in front should be handy enough for everyone's use.

Let's be a little more considerate of others and do our best to "help keep America beautiful."

Donna
Sherman 8

Dear Editor:

Although I am not very good at this sort of thing, I wish to try to express the gratitude that I am sure all patients on 2 E feel toward the staff for the very wonderful picnic we had last Sat. It couldn't help but make good feelings between the patients and staff.

All the staff took part including Dr. Bachhuber, nurses, and all the aides, and student nurses on duty. Even though the patients won the ball game (I won't embarrass the staff by mentioning the score) there didn't seem to be any serious hard feelings by the staff. (Continued on Page 7)

Chaplain's Message

Kappy Birthday

IN TUNE WITH LIFE

In some of our hymns, we sing about our world, the universe we live in, the nature of which we are a part. This implies awareness of a Creation to which we respond, and in which we participate. When we feel at our best we do respond to life in this way, we see the beauty in life's beauties, we feel ourselves a part of Creation, and in tune with it all.

This is among the expressions we use for saying that things are really well with us; in tune with life, in step with the rest of the world, in harmony with the universe. All of these are ways of saying that we feel ourselves in a basically right relationship with the whole of life.

We have another expression that says this same thing, but in a more religious way--being "right with God." When we say this it means not only that we have said yes to God and accepted Christ. It means that we have related our life to God in a fundamental way which expresses itself in our being tuned to the joys and meanings of life. To be well related to God, throughout our whole being, could include being well-adjusted to life in its various aspects. Our religion indicates, by calling God a Father and us His sons, that we do have a relationship with the Creator and can have a harmonious relationship with His Creation.

To have a good relationship with the whole of life - including, and especially, being right with God - has a great deal to say about our welfare in life. How much more secure we are if we are on warm, heart-to-heart terms with the Creator, and in good relationship with His whole universal

TO THE LADIES

24 Cynthia
26 Kathleen
27 Melissa
28 Carla
29 Grace
29 Veronica
30 Ruby
30 Dorothy
31 Ivonne

AND TO THE GENTLEMEN

24 Ezra
24 Paul
24 Willard
24 Roger
24 Jerome
26 Chris
26 William
27 Ronald
30 Kenneth

system. How much less frightening fearful things are if we know that He Who made the mighty forces of nature holds us in the palm of His hand. How much more stable our life can be when we know that there is in life a solidness and dependability greater than that of the mountains because we know, and have a good relationship with, their Maker and all that He has made. This is not something that any of us ever achieve fully. But it is something which, with help, we can reach for, and toward which we can grow.

Chaplain Van Deusen

Around the Grounds

THE DIFFERENCE BETWEEN A CLINICAL PSYCHOLOGIST AND A PSYCHIATRIST

Often there is confusion on the part of people as to what the difference is between a clinical psychologist and a psychiatrist. Both are called doctor and this is probably why the confusion exists. This article will attempt to explain the difference so we as patients can avoid the confusion.

The psychiatrist has 8 years of medical training plus 3 years as a resident in a psychiatric setting. He is a medical doctor and has an M.D. degree. His duties in a psychiatric hospital range from administering the general activities on the wards and making patient treatment plans to prescribing medicine and making rounds.

The clinical psychologist has at least 8 years of university training in psychology and human behavior plus a 1 year internship. Then he receives a Doctor of Philosophy degree in Psychology. The clinical psychologist is trained to do individual and group psychotherapy, psychological and diagnostic testing, and research into the causes and treatment of emotional problems.

Wayne

THE PICNIC FOR 2-EAST

Last Saturday, Kempster Hall 2-East had an exciting picnic with games, baseball ventures, prizes and refreshments.

The sack race was good, too. It gave me a feeling that all the patients were really enjoying themselves. The picnic included the patients, aides, nurses and social workers.

I want to thank these people for making me happy with this picnic and their time and effort to give all of us a good time.

I'm sure ~~the~~ rest of the patients will also agree that ~~they~~ were interested and enjoyed it.

I hope there will be another one like it and it would be a good feeling to be happy if they make you happy by having these special activities.

Frank Faust

FISHING TRIP

Bill McClellan and Chuck LeMieux took a group of patients from various halls on a camp-out fishing trip last week. We left after lunch on the 10th, and returned about noon on the 12th.

We loaded the bus with tents, sleeping bags, mess kits, food, and headed north, arriving at our campsite outside of Neopit in the Menominee Indian Reservation at about 2:30. After getting our tents up, and camp arranged, there was still time for fishing before dinner.

We fished all day Tuesday, and Chuck helped us prepare a wonderful trout dinner: Then, a trip to the Trading Post for coffee for Wednesday's breakfast.

We left for Winnebago at about 8:30 Wednesday morning, arriving here about 11:00 A.M. All our thanks to Bill and Chuck for helping us have such a wonderful time.

Dick

SIDEWALK SERMON

The past is dead and gone.
Regret can't alter a line.
It is emotional dyspepsia
a sharp sting in the
soul.
Silly futile self-torture
to lament the unalterable

FORGET IT!!!!

Submitted by Flora

The CUE is your paper; the medium by which you can express your creative talents, your opinion of various issues, your gratitude, your dissatisfaction. Submit articles to the CUE Office on the Monday following publication — to be published in the next issue. How original can you be?

ON THE SOBER SIDE

AM I AN ALCOHOLIC?

A question asked most often is, "How can I tell if I am an alcoholic?" This is not easy to answer for healthy young men and women; their natural healing ability brings them out of hangovers and the shakes so quickly. There are 4 characteristics to watch for:

1. Boasting of sexual exploits, a good 90 per cent of which never happened, wishful thinking, perhaps.

2. The same is true of alcohol consumption; maybe this is good, let them blow off steam. But watch very carefully if they find themselves saying that they have had a couple of drinks. When they know they have had ten or fifteen, something is very wrong.

3. Early morning drinking, one of the peculiarly unattractive characteristics of the good (?) old days.

4. So called "closet drinking," alone. Most, if not all "social-drinkers," like to drink together and not alone. Watch out for lone drinking.

A word about "blackouts," the inability to remember what happened the night before, the day before, or the week before. Not to be confused with "passouts."

These are a few of the rudimentary things to watch for. There are many others. Consult a booklet put out by A.A. on this. They are readily available; Gordon Hall, North, has them.

Les

ALCOHOLIC NOTES

Wayne (Half-Liver) when told that he also had tired blood quipped, "No problems," and laid in another case of Geritol.

Big John the handily qualified as the heavy-weight of GHP. "Nothing to it," said he. "Just my diet plus my regular meals."

Jess (Greasy Thumb) is the "China Clipper" at Food Service.

Dick is a candidate for the meanest "Alky" in Gordon Hall. He was caught taunting a big black dog through the glass door with a large juicy hamburger.

Les

THE GOLDEN VIEW

(Continued from Page 4)

STEADY JOB FOR THE UNCERTAINTIES OF NOMADIC WORK?"

"GIVING YOUR HEART TO GOD IS NOT ENOUGH", ART ANSWERS. "I BELIEVE THAT THERE HAS TO BE A COMPLETE CHANGE IN YOUR LIFE."

WHETHER BUILDING A CHURCH IN THE VALLEY OR A SCHOOL BUILDING ON A MOUNTAIN TOP, ART'S FEET REMAIN FIRMLY PLANTED ON THE BEDROCK OF FAITH WHICH SUPPORTS HIS QUIETLY DARING LIFE AS "CARPENTER FOR CHRIST."

GUIDEPOSTS MAGAZINE
FEBRUARY 1966

LETTERS TO THE EDITORS

(Continued from Page 4)

The lunch was very good and everything went off in fine style. By having it on Saturday it helped shorten a long weekend.

Thanks again for a memorable and exceedingly fine day.

A Grateful 2 East Patient

FOR SALE: Automobile
1963 Chevrolet Biscayne 4 door
6 cylinder, standard shift
Call Dick Hansen - 233-3682 weekdays
See car at 1004 South Westfield

Sports

INTRAMURAL STANDINGS

Sherman 3-----2
 Kempster 3-----2
 Hughes A 3-----2
 Hughes B 1-----4

Members of the travelling squad to Oshkosh were: David [redacted], Don [redacted], David [redacted], Chuck Lemieux, David Daggett, John Ferrate, John [redacted], Marvin [redacted], Langer, Erhard Vogel, Windell [redacted], and John [redacted].

DAGGETT PITCHES ONE-HITTER

Dave Daggett of Winnebago Local 48, tossed a one-hit masterpiece at Oshkosh, Friday, June 7, as the Locals downed McDermott Pumps 7 to 0.

Daggett hurled a hitless ball until two men were down in the last inning. Jenson of McDermotts then stroked a double to right. Meanwhile Winnebago players backed up Daggett's pitching gem with a barrage of 15 hits and scored in every inning but the second. Don [redacted] led the attack with four hits in as many times at bat.

Norris

LEAGUE GAMES OF JUNE 8th.

On June 8th. Sherman Hall won from Hughes B 8 to 5 in an overtime game; Kempster-Gordon won from Hughes Hall A by a 6-5 score.

In the Sherman-Hughes ball game the teams were tied at 5-5 all at the end of seven innings. Then in an extra inning, Sherman players pushed three runs across the plate and held Hughes B scoreless.

Kempster got one run in the 7th. inning of their contest with Hughes A to win 6 to 5 in another close battle.

LOCAL 48 WINS AT OSHKOSH

On Friday, June 14, the Winnebago Local 48 travelled to Oshkosh defeating Penny's Bar, 13-3. The Local collected 13 runs on 18 hits.

The big guns for the Local were Webster and Daggett hitting home runs in the fifth to bring in five runs.

KEMPSTER V. SHERMAN

Saturday, June 16, Sherman squeaked by Kempster 11-10.

Demonster's Carter blasted a triple to bring in three runs in the top of the third to even the frame at 6 runs apiece. Then in the bottom of the 3rd., Sherman scored four runs and held the lead to the final out.

David [redacted] was the startling performer for Sherman collecting three hits, one for a home run.

WOMEN'S TWILIGHT SOFTBALL LEAGUE

On June 5, the Cougars ran over the No Soxs 21 to 8; on the 12th of June, the No Soxs sought revenge and turned down the Cougars 11 to 8.

ANNOUNCEMENT

Hear Yea! Hear Yea! Every Wednesday the gals don the baseball gear and they extend an open welcome to all new comers. The present members care not about how talented one is -- they just want full participation. All of the aides and the student nurses are invited as well. The time is 6:30 P.M. The place is Kempster Hall Diamond. List shall be placed on the wards and all those interested please sign. These lists shall be delivered either to Sue Meyer or Janet Janecek at the Activity Therapy Room at approximately 6:20 P.M. every Wednesday. In the event of rain all activities shall be transferred to Hughes Hall Gym.

Women's Page

MERMAID MAKE-UP

Summer is upon us and the average woman will be swimming. Water does not necessarily have to spoil make-up. Waterproof make-up is on the counters at your favorite stores. Let's tackle the real tester. Let's say you do more than just splash. Ideally all make-up should be in cream form. It stands to reason that creams are less water soluble than other makeup. (That means the water is less likely to mix in and wash it away.) A cream stick foundation can give your skin all the color it needs and protects it against the sun's rays, too. A medicated cream is particularly good because it covers blemishes and heals the skin at the same time. For an extra glow many are wearing new blends of cream rouges to take the place of powdered blushers that splash away. The brownish reds are the most popular. For the eyes, the essence of the water baby look is a cream tube mascara that wouldn't drip if a five foot wave broke right over you. For touch-ups later on the sand, a wand type mascara that is good and creamy can deepen the impact. A pale eye shadow in creamy stick is the final stroke in a hue to match your eyes, or just a whitener to highlight your eyelids. (Pale mauve looks wonderful in the daylight.) For lip-lovers, there are special waterproof sticks, too. An almost colorless pom-aid type, if you prefer. Happy Splashing!!!

A Hint from *INGENUE MAGAZINE*

PAINT A ROCK

A small one, that is. Presto! you have a new paperweight or door-stop. After washing your selection, examine it closely. If it's relatively smooth, use acrylic paints available in jars or tubes at most art supply stores. Paints come in regular or fluorescent colors. If your rock actually feels glassy, try adding a decal.

On the other hand, you may need a primer for a very rough stone or special paint that will not flake and can go on with a prime coat. Check with your dealer about this.

(FAMILY CIRCLE)

BEAT THE HEAT AND KEEP YOUR COOL

There are a few things you can do to try to "beat the heat" and "keep your cool" these hot summer days. Thinking cool, trying not to dwell on the heat, can have some effect. Eat light for a full stomach and the resulting sluggish feeling only add to your discomfort. Pace yourself sensibly - slow down a bit when the heat seems unbearable but don't neglect physical exercise during the cooler hours of the day. Wear clothes! A layer of clothing next to the skin absorbs perspiration and keeps you cooler and dryer. Wear light colors; they reflect the sun's rays while dark colors absorb the sun's rays. Wear fabrics that are porous, that breathe. The weight of the fabric isn't as important as the porosity. Occasionally throughout the day refresh the pulse points (wrists, temples) with a dab of lukewarm to cool water. Drinking cold things isn't always as effective as you might think. The contrast between a cold drink and hot weather just accentuates the negative.

STUFF YOUR HUSBAND'S TROUT

When your eager angler brings home a prize catch, don't cringe. You're luckier than you think. For tender trout whatever the size make fine feasting. Assuming he's handled the cleaning, do your share with this savory stuffing: In a large bowl lightly mix 4 cups cooked rice, 1 carton (12 ounces) pot cheese or uncreamed cottage cheese, 1 cup diced dill pickle, $\frac{1}{4}$ cup minced onion, and $\frac{1}{4}$ teaspoon pepper; lightly pack about $\frac{1}{3}$ cup into the cavity of each of 6 half-pound Trout. Place trout in a single layer in a greased jelly-roll pan; top each with a slice of bacon. Bake in moderate oven (350) for 30 minutes, or until fish flakes easily. Serve with lemon wedges.

(FAMILY CIRCLE)

Oh! why does the wind blow upon me so wild?
Is it because I'm nobody's child?

Phila

Reader's Rhymes

ODE TO THE FADING SOUL

Of long past psychotic dreams
That everything ended in plush flowing
streams,
There did my time begin
With each year drawing me closer
to my kin
And shutting out friends.
Then the bubble burst,
Reality was wearing a blackened
cape--
And I learned...
And I became humble...
And I opened my eyes to
The universe found inside,
The precious non-definable soul.
And then I started to live (again).

Mary S

When I look at life and see
The broad river that it must be,
For life cannot be measured;
It is too broad for me to know,
Too deep for me to do but treasure.
I know not what stir my life will make
Or what the swiftness of life's
current does measure,
But a voice echoes, "Thine own course
thou must make."

Gary

When I look at life
And look and see man's strife
To know his inner creature
I know only that experience is the
best teacher.
But experience, too, has a teacher
of its own;
It is reality, no one need condone.
So then, it follows, if man wants
to be free,
He must needs conform to reality.

Gary

I once knew a child who was
Richer and wiser than five,
For her innocence, trust and
Her eloquent curiosity of life.

Love, hope and strength
Cast a mist on my soul
Recalling her gusto for
Lessons, discoveries and aims.

My needs renew the contagion;
But sometimes smiles come hard.
One of her goals was
To be able to read soup can labels.

Unsigned

THE RETURN OF ALBERT EINSTEIN

A reflection in the window
As I watched from thick darkness
Through the pane I moved
Into the darkness
above the city life
And the image of Albert Einstein
Peered through the mirror
An inflorescent, infinitesimal image
Searching in the world he created.

CONFUSION

When you told me your dream
And I left, all confused
Walking down the endless corridors
of my mind
I heard footsteps behind me
invisible footsteps of my
conscience
Show yourself, I cried in vain
I ran, but the haunting steps
followed
I entered a door way, and glanced
into a mirror, I saw nothing,
for I was nothing.
And then you told me your dream
I left, all confused.

Barbara Jean

THE WEEK AHEAD

HOSPITAL ACTIVITIES FOR THE WEEK OF JUNE 24 - JULY 1, 1968

June 24 Monday	2:30 - 4:00 pm	SH 1-2 HH Music Rm. GH AT Area HHB 1-4 OT Area SH 5-6 GH AT Area SH 3-4	Catholic Daughters Record Listening Catholic Mass Wood Working Outagamie Red Cross Bridge & Sheephead Oshkosh Gray Ladies
June 25 Tuesday	10:30 am 2:30 - 4:00 pm 7:30 pm	GHS HH Music Rm. NS	Luthern Ward Service Record Listening VFW Auxiliary
June 26 Wednesday	2:30 - 4:00 pm 1:15 pm 4:00 pm 3:00 pm 4:30 pm 6:30 pm 7:00 pm 7:30 pm	1-E HH Music Room Kemp. Rec. Rm. HH Cafeteria Kemp. Diamond Chapel GHSP	Appleton Red Cross Record Listening Patients Planning Canteen Social Chairmen Dinner Meeting Girls Softball Luthern Service St. Vincent DePaul
June 27 Thursday	10:00 am 2:30 - 4:00 pm 7:30 pm	GHS HH Music Rm. GHSP	Protestant Ward Service Record Listening Mercy Student Nurses #2
June 28 Friday	2:30 - 4:00 pm 3:45 pm	HH Music Rm. Catholic Mass	Record Listening Chapel
June 29 Saturday	10:00 am 10:30 am 9:30 am	GHS GHN To be announced To be announced Kemp. Diamond Main Ball Park	Favorite Hymn Recital Favorite Hymn Recital Catholic Confession Catholic Mass EHA & GHNP vs Kemp & GHN Sherman vs EHB & Ward A2
June 30 Sunday	8:45 am 10:00 am	Chapel Chapel	Protestant Service Catholic Mass

LISTEN TO THE DISC JOCKEY SHOW - 12:30 - 1:00 - Mon. thru Fri.

Ms. Juliana Yanow R.N.