



LIBRARIES

UNIVERSITY OF WISCONSIN-MADISON

Cue. Volume VII, Issue 4 April 21, 1972

[s.l.]: [s.n.], April 21, 1972

<https://digital.library.wisc.edu/1711.dl/SMA5A7P2GJMTA8O>

This material may be protected by copyright law (Title 17, US Code).

For information on re-use see:

<http://digital.library.wisc.edu/1711.dl/Copyright>

The libraries provide public access to a wide range of material, including online exhibits, digitized collections, archival finding aids, our catalog, online articles, and a growing range of materials in many media.

When possible, we provide rights information in catalog records, finding aids, and other metadata that accompanies collections or items. However, it is always the user's obligation to evaluate copyright and rights issues in light of their own use.

CATIE

VOLUME VII

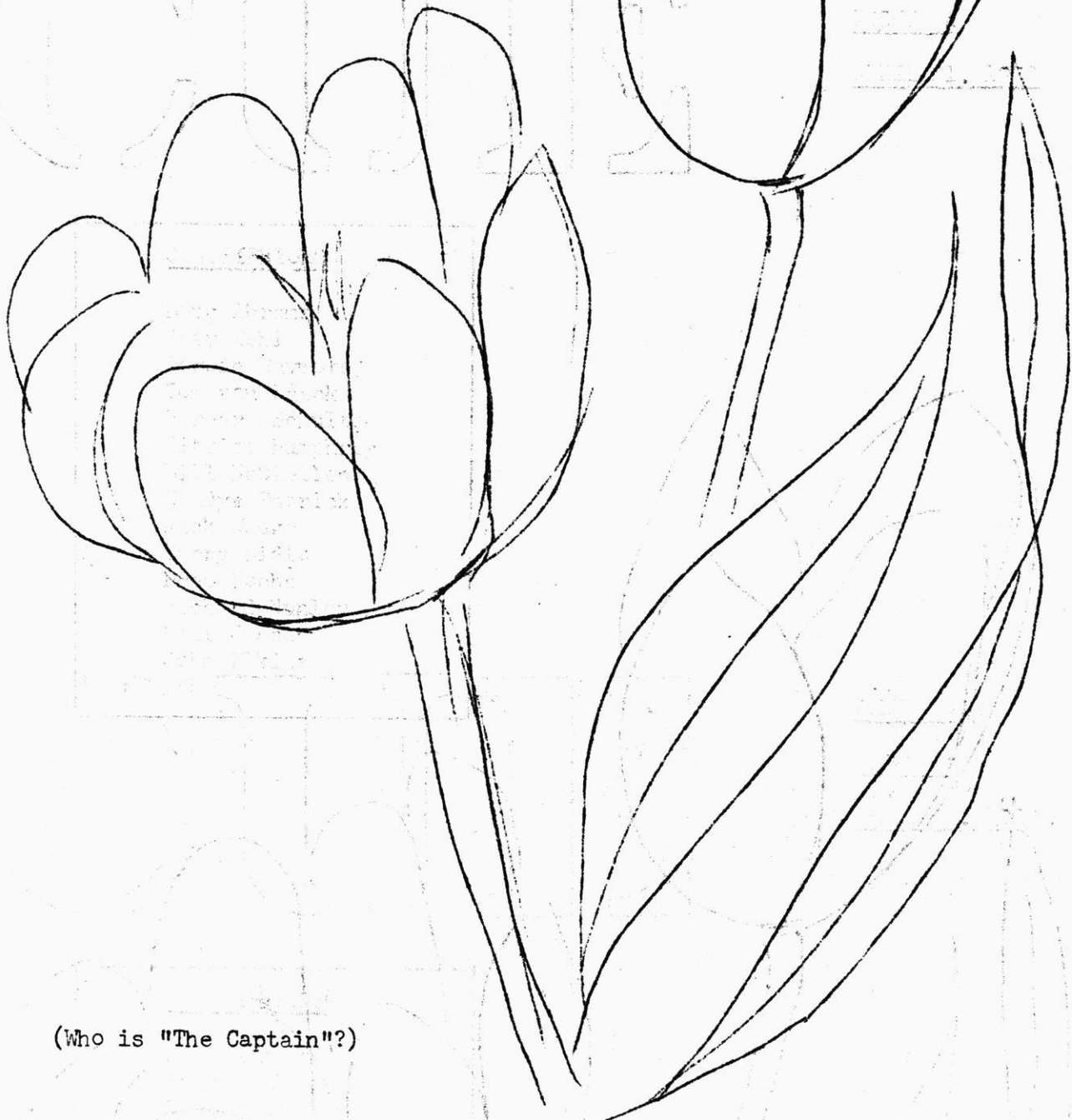
ISSUE 4

APRIL 21, 1972

Mrs. Julaine Farrow R.N.
Nursing

CONTRIBUTORS

Doug
Katy
Darwin
Tom
Barbara
Vitrice
Bill
Gladys
Jack
Larry
Fred
Richard
Paul
John



(Who is "The Captain"?)

ISSUES and ANSWERS

DO YOU READ THE CUE, WHY OR WHY NOT?

Yes, I get a lot of information from reading the CUE which I can't get from anyone or anything else in this institution.

Corneliuse

Yes, because I like news about people I know and live with.

Yes, I read the CUE because I like to keep informed as to what's going on.

I read the CUE because it is by people who are good at writing poems and stories.

Clarence

I read the CUE every time it comes out. It gives up to the minute news of our total community -- the whole hospital family.

No, so far I haven't.

Barbara Z.

Yes, because I'm curious.

Yes, the puzzles and especially the poetry from the last issue.

Yes, because it's interesting and nice to hear other people's opinions on subjects.

Yes, I read the CUE because I enjoy hearing what other patients at WSH have to say. I especially like the poetry section because it reveals many true feelings that some of us have.

Barbara

Yes. There's nothing else to do.

I enjoy reading it to better understand emotional stability.

No, I can't read.

Yes, because it's sensuous.

Yes, I read the CUE every now and then. I enjoy the jokes the best.

C.B. & E. R.

Yes, because it's interesting to find out what's going on in the life of the hospital.

I read the CUE because of the many varied and provocative articles printed in it. The Poetry Corner catches my interest because of my like for poetry. Some improvement in printing is needed. Oh yes, are there any openings on the CUE staff? (Yes)

Richard

Yes. I like it and read it all the time. There is nothing that I don't like, however, I wonder if it would be possible to have pictures (not drawings) included where they apply to a feature.

Ed

I like the CUE because of the good articles that are put in it.

Ed

I read it when I can get a copy. Some things don't interest me. Nothing that I don't like.

Bernardo

Yes, because I like it.

I like the poetry section. The word puzzle is confusing. Is it possible to have pictures and/or drawings illustrating the ideas of the poems?

Tony

ISSUES and ANSWERS

I like the puzzles and the poetry which are both very good.

Rose Marie

I read it when it's available.

Chuck

Yes, I like it.

Ruth

I like to read it when I can get ahold of a copy. They disappear so fast.

Harry

I read every issue. It's a good paper.

Bob

I read it all the time when I can get a copy.

Gordon

I read it for lack of anything better to do.

M.A.

Yes, because it has something for everyone.

Rae Eilyn

Yes, mainly because of the puzzles which are really far out.

I like the CUE because I like to know other peoples opinions of the hospital and its' function.

Pete

I read the CUE because of some of the informative articles. I also enjoy the jokes and puzzles.

Don

Yes... Because all these other fools write such stupid stuff.

Ken

I usually have other things on my mind. However, I do browse through it with some interest.

Kevin

I read it all the time, cover to cover. In fact, I usually go down and get the first copy.

Don

I have not been able to get ahold of a copy and don't know much about it.

Jeff

Yes. I like to read about what's going on in the hospital.

Jim

I read it when I feel like it. English and History were my best subjects in high school in which I got all A's and B's. I would like to write and contribute articles to the CUE.

Barbara

I can't read but I would like to have someone read it to me.

Vince

I like it very much and read it all the time. I have submitted articles and they have been published. It's a good paper.

Clarence

Yes, it's very informative. A couple of issues back I especially liked the explanation of the workings of the hospital, its origin and function.

I enjoy it and wish it were larger.

Ann

PERSEVERENCE

Perseverence is a virtue that is linked to man's healthy emotions. It is an inward fight to win life's many battles. And if one perseveres but loses a battle, he certainly will rise above that situation. He will pick himself up to soar to the highest "wrung" of life's ladder.

Throughout history there have been some heroic, strong presidents in the United States. They were indifferent to strong opposition. In fact, some died as martyrs for causes of justice. To mention a few outstanding men there were George Washington and his war against the tyrannical British; Abe Lincoln and Civil War issues; F. D. Roosevelt and his helpful projects to the needy up throughout Work War II; and there was John F. Kennedy, involved with Civil Rights and the Vietnam War.

Applying the principles of perseverance there is presently a strong desire for W.S.H. patients to get well quickly as possible so that they can return to peaceful living and face trials on the outside. One who lacks a will to succeed will certainly lack in perseverance.

A winner never quits and a quitter never wins!

Paul

A SHORT COURSE IN HUMAN RELATIONS

The Six Most Important Words:

"I admit I made a mistake"

The Five Most Important Words:

"You did a good job"

The Four Most Important Words:

"What is your opinion?"

The Three Most Important Words:

"If you please"

The Two Most Important Words:

"Thank You"

The One Most Important Word:

"We"

The Least Important Word:

"I"

Compliments of Fronter Hotel,
Las Vegas, Nev.

CREATIVITY

Creativity is a broad subject to cover, simply because it shows itself not continuously but in cycles. It is however the impulses of every human being to communicate in some appropriate form of his own.

The ingredients of a creative mind accumulates continuously in the nervous system and motor adjustment. Through this man has the power to create new patterns of thought. Those thoughts begin with an unsuccessful struggle to put together a coherent, logical body of ideas. Then dealing altogether with an involvement of new diverting type of work.

The steps in the cycle of creative work, although the problem may seem quite different are essentially the same as any other problem.

First, to relaxed the body and mind, flowed with a sudden unaccountable emotion, then accompanied by a vague notion. Often the brain has to fill in the gaps - matter of conscious struggle, disappointment and above all failure.

Turning from the stages of creative work to characteristics of creative thinking, there is an equally clear agreement on two distinguishing features an indispensable preparatory period, marked by conscious effort and intense concentration; and then the sudden and unexpected flash of illumination marked by a strong feeling of certitude.

A creative mind is wonderful to have as long as your creative senses don't turn into an imaginary mind-then your in trouble.....

V.

T.

EDITORIAL STAFF

Katy
Jerry
Paul
Vitrice
Paul
Pat
Tom
Jack

Advisor:
Chuck Lemieux

WHAT YOU SHOULD KNOW

WHO CAN HAVE A HOME VISIT?

Home visits are granted to both single and married individuals. Your doctor will decide when you are well enough to have a home visit.

WHOM DO I ASK FOR A HOME VISIT?

Contrary to the printed card in the "Pamphlet" (if you received one), your doctor is the person to see when you desire a home visit. While you can contact the nurse's station in your ward for an appointment with your doctor, it is he who okays the visit.

WHEN WILL I HAVE MY FIRST HOME VISIT?

Ordinarily, home visits are granted when your doctor feels that it would be beneficial to you. In case of emergency, however, a home visit will be granted upon informing your doctor of the circumstances.

WHAT TYPE OF PREPARATIONS SHOULD I MAKE FOR MY HOME VISIT?

When you ask your doctor for a home visit, be sure you know the method of transportation. Will someone pick you up and return you to the hospital, or will you take the bus.

If you need clothing or personal items from your stored luggage, contact your nurses' station and they will make out a slip, listing the items required. You then take this slip to the Admission and Discharge Office. You should have your doctor sign a money withdrawal slip if you need money from your account in the Cashier's Office.

WHEN IS THE CANTEEN OPEN?

The Canteen, located in the Service Building, is open: Monday and Tuesday from 9 a.m. to 4:15 p.m., Wednesday through Friday from 9 a.m. to 8 p.m., and Saturday and Sunday at 12 noon to 8 p.m.

ARE DAILY NEWSPAPERS AVAILABLE?

Each ward receives a copy of The Daily Northwestern Monday through Saturday.

WHEN ARE SING-ALONGS HELD IN THE CANTEEN?

Sing-alongs are held every Thursday evening at 7 o'clock with Clarence Weber at the organ. Special programs with visiting artists will be announced in advance.

DOES THE HOSPITAL HAVE A LIBRARY?

The Patients' Library is located in the basement of Sherman Hall. Mrs. Joyce Marsh is head librarian.

Library hours are 8:30-11:45 a.m. and 1:00-4:00 p.m. Monday through Friday.

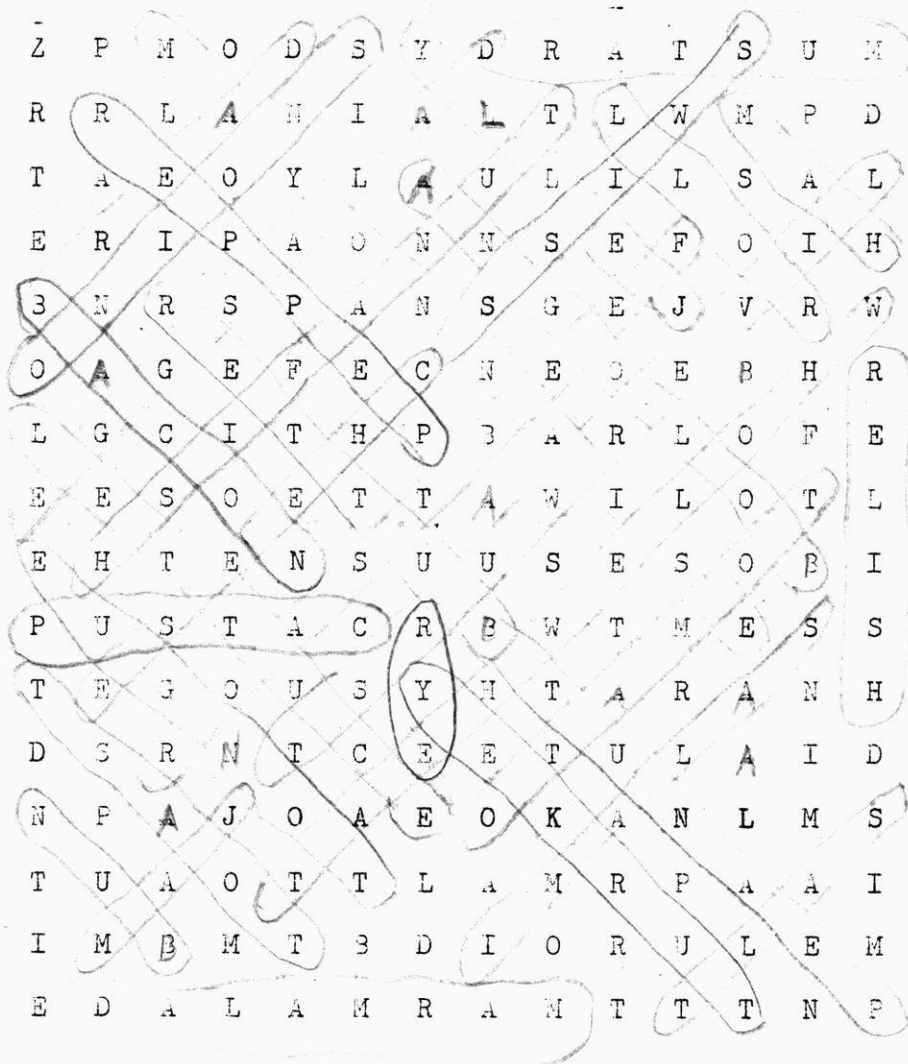
WILL I HAVE A JOB WHILE I'M HOSPITALIZED?

Your assignment to a job will be initiated by the Industrial Therapy Department upon a recommendation by your doctor.

PUZZLE

PAGE

Welcome to hours of word search fun. Below are listed 36 different sandwiches. Circle them in the diagram of letters by reading UP, DOWN, FORWARD, BACKWARD and DIAGONALLY. The words are always in a straight line and they never skip letters.

Word List

- | | | |
|----------------|---------------------|--------------------|
| ✓ 1. Bacon | 13. ✓ Jelly | ✓ 25. Roast beef |
| ✓ 2. Bologna | ✓ 14. Lettuce | ✓ 26. Roll |
| ✓ 3. Bread | ✓ 15. Liver | ✓ 27. Rye |
| ✓ 4. Bun | ✓ 16. Liverwurst | ✓ 28. Salami |
| ✓ 5. Butter | 17. Marmalade | ✓ 29. Salt |
| ✓ 6. Catsup | ✓ 18. Mayonnaise | ✓ 30. Swiss cheese |
| ✓ 7. Cheese | ✓ 19. Mustard | ✓ 31. Toast |
| 8. Eggs | ✓ 20. Onions | ✓ 32. Tomato |
| ✓ 9. Egg salad | ✓ 21. Pastrami | ✓ 33. Tongue |
| ✓ 10. Fish | ✓ 22. Peanut butter | ✓ 34. Tuna fish |
| ✓ 11. Ham | ✓ 23. Pepper | ✓ 35. Turkey |
| ✓ 12. Jam | ✓ 24. Relish | ✓ 36. Whole wheat |

HOROSCOPE FOR SLEEPERS

LETTER TO THE EDITORS'

THANKS

I am writing this letter to thank the staff for the good job they do at WSH. Some people think it is just the Dr. that cures you-they're wrong.

It is the Dr., nurses, O.T., R.T., M.T. workers, social workers and many more people that make life a bit easier for all of us. I would like to give special thanks to the student nurses and their teachers also some advice. It goes like this; love the world because you are God's future leaders for this country.

John

ARIES (March 21-April 20): Arians are highly imaginative and frequently become artists and inventors. Sometimes they get their best ideas while asleep. Arians are hyperactive and often sexually demanding, which can be exhausting for the mate who may need more sleep. Omar Sharif was born under the sign of Aries as were David Frost and Steve McQueen.

TAURUS (April 21-May 21): These are sensual, theatrical people. Their dreams are imaginative and dramatic, expressing many of the things they don't express when they are awake. They enjoy the dreams where they are applauded, dread the ones in which people hiss and boo them. Taurus people delight in good food and tend to be overweight. They should use firm mattresses to avoid back trouble. Barbara Streisand is a taurean as are Carol Burnett and Albert Finney.

GEMINI (May 22-June 21): These are restless people who frequently toss about in bed at night. As youngsters. They suffer from nightmares. As adults they are afflicted with insomnia, often the result of too many pills or stimulants or resentment over what they feel is "wasted" time in bed. Gemini people include Bob Dylan, Paul McCartney, Joe Namath and Peggy Lee.

CANCER (June 22-July 23): Cancerians are attached to their family and frequently dream about their parents or the old family house. They are often shy and won't talk about their dreams unless someone draws them out. They tend to store up grievances from the day, and this produces troubled sleep. When insomnia hits, they raid the refrigerator. Happy Cancerians dream about inheriting a fortune so they won't have to go off to work in the morning. Unhappy ones have nightmares of their home being invaded by criminals or eaten by termites. Ringo Starr is a Cancer. So are Lena Horne and Bill Cosby.

LET'S KEEP OUR RECREATION ROOMS OPEN!

Things are getting out of hand in the Rec. Rooms. By that I mean that we are missing ping pong balls, cards, recordings, parts of games, dice etc. At present we are concerned with people swiping things.

If this keeps on we are going to be forced to lock up the Rec. Rooms whenever there is no supervision.

We are appealing to each others sense of "fair play". We are not interested in tattling on each other, but rather, as adults we should be responsible for each other's actions.

Since these supplies come out of the same fund, by having to replace them, the rec. room is only further limiting supplies to the wards.

If you want the Recreation Rooms to remain open, what are you going to do about keeping them open?

Bill

AN "AYE" FOR INTRA-HALL TRACK COMPETITION

Every sunny day brings us closer to an accustomed warm Spring! Among the spring sports is track. What would happen if each hall would sponsor a

(Continued on Page 11)

POETRY

MYSTERIES OF A LEATHER POUCH

Tonight as I lie here thinking,
and listening to James Taylor sing;
I noticed an old leather pouch on my
bed post which was a gift from a
very special person.
Curiosity got the best of me;
What are the mysteries within the
leather pouch?

Extremely fine craftsmanship was taken
in the making of the pouch.
There is a lot of lacing
to insure that the pouch is strong.
I know that my leather pouch
will last more than a lifetime.

Upon opening the pouch
I find the first mystery.
A work of art---a drawing;
Pictured are the;
the sun for warmth
two flowers for beauty
a tree for wisdom
two people for love

I then came to another leather pouch
which is smaller than the first.
This pouch is made of softer leather.
One can smell and touch the warmth
it radiates.
A rosary of lead beads
is the third mystery of the pouch.
This is the holiness of the pouch
which keeps peace of mind.
Next to come forth
is a white guitar pick.
This represents cheerfulness
and expressing one's self.

Last of the mysteries is a penny;
It's date is 1971-D
This date is no mystery to me
for in December 1971 I found love.

I was just thinking;
If all the mysteries of the leather
pouch were combined into one person,
It would almost be like finding "a
Jeannie in a bottle".
A greater love than this; I could never find.

"The Captain"

"PEOPLE"

Plastered on smiles
Plastic smiles
Some happy
Some sad
Some sit
Some rock
Some gaze, openly
In space
Some reading
But words
Mean nothing
Great Mortals
Broken into crumbs
Thrown like grains
Of sand
To the wind
Empty shells
Once overflowing

Richard

TAKE TIME

To think--It is the source of power.
To work--It is the price of success.
To play--It is the secret of perpetual youth.
To read--It is the fountain of wisdom.
To love and be loved--It is a God-given privilege.
To be friendly--It is the road to happiness.
To laugh--It is the tonic for the soul.
To give--It is not being selfish.
To pray--It is the greatest power on earth.
To worship--It is the soul's greatest need.

Paul

UNTITLED

Thought, Age Creed, or faith,
May keep us now apart,
I claim you still for my own love's sake,
Delayed thought it may be,
For more lives yet,
Through worlds we shall ravel not a few,
Much to learn, much to forget,
Ere the time be come for taking you,
.....But the time will come.

POETRY

WINDOW WATCHIN

In comes the sun
 So sudden
 So quick
 Warmth brings comfort
 I gaze solemnly, at
 Barren trees
 Looking out, my mind
 Drifts,
 Miles many miles
 I pause
 Sorrow strikes
 Sharp, cutting
 I cling, like a vine
 Wrapped around a
 Structure
 Hope
 Recovery
 God watches over the
 Window
 He also knows I'm here

Richard

GIVE LAVISHLY! LIVE ABUNDANTLY!

The more you give the more you get;
 The more you laugh the less you
 fret.

The more you do unselfishly,
 The more you live abundantly.

The more of everything you share,
 The more you'll always have to spare.

The more you love, the more you'll
 find
 That life is good and friends are
 kind.

For only that which we give away
 Enriches us from day to day.

Paul

UNTITLED

Escape for a while into the beautiful
 world of the mind.
 Listen to silence instead of a word.
 For reality is often unlined.
 There are symbols like the cross
 and a white bird.
 Love is there for people to find.

UNTITLED

You're strong and young
 The world is yours
 Your heart is free
 But I'm not so
 I can't escape
 My destiny
 To grow attached
 To learn to care

In open woods
 You never fear
 Which path to take
 The world intrudes
 I seek confinement
 Like the lake
 I know my boundaries
 Where to sleep
 And where to awake

By being you
 You've shown me how
 To really see
 My heart and mind
 Now love and think
 In harmony
 I've peace of mind
 But still my love
 Beats frantically

Foxi

FEELINGS

I feel depressed
 I know its not the best
 I can run and cry
 But then I think suicide
 I feel alone so alone
 That I feel my friends here
 Think my voice is a ugly tone

I feel like giving up
 My friends have left me here
 Oh my friends have left me sit
 They don't realize I should fit

When I'm depressed I think about drugs
 To me I think this is the best
 Oh life is such a bore
 But when you're on drugs it is not

The halls I walk, the tears I shed
 I feel like a bunch of lead

Lock doors here and there
 Oh God they don't trust me anywhere

I hear them preach
 But for help where do I reach.

LIBRARY CORNER

HELP US SOLVE THE MYSTERY

MISSING BOOKS!

Please do not take books belonging to the Patients Library from the Hospital Proper. Due to a small budget and small collections, the Library does not have second copies of the most popular books. Please remember that if books are not returned promptly, you are depriving others of desired reading materials.

A special request at this time is to ask patients to please return the Rod Mc Kuen books listed below. There are many requests for his books of poetry which are all out and overdue.

Rod Mc Kuen: "IN SOMEONE'S SHADOW"
 "STANYAN STREET AND OTHER SORROWS"
 "CAUGHT IN THE QUIET"
 "LISTEN TO THE WORM"
 "LONESOME CITIES"

LIBRARY HOURS: 9:00 - 11:45 A.M. and 1:00 - 4:00 P.M. - MON. thru FRIDAY

NEW BOOKS!

Bernstein, Morey 154.7
 Ber
THE SEARCH FOR BRIDEY MURPHY

The search for Bridey Murphy led through the mysterious and therapeutic powers of hypnosis, the wonders of ESP, and the question of life after death. This new edition contains chapters on the Irish research into Bridey's past, including a chronology of her life.

Janeway, Elizabeth 301.412
 Jan
MAN'S WORLD WOMAN'S PLACE

A deeply significant exploration of one of the fundamental issues of our time--the relationship between the sexes. It has been in preparation for over five years, and in its course Mrs. Janeway rigorously examines all the forces, both social and psychological, which influence women and their women's rights.

Vivian, Frederick 100
 Viv
THINKING PHILOSOPHICALLY

In this delightful introduction to philosophical reasoning, Mr. Vivian discusses--simply, clearly, and with a wealth of illustration--the major branches of philosophy from logic and epistemology to ethics and metaphysics.

LETTERS TO THE EDITORS
(Continued from Page 7)

"Junior Olympics Day" with a modified decatholon as one of the events? In any case, the types of competition would be varied and everyone no doubt would fit in some where if wanting to compete.

Large signs could be made out for the results. Based on times, lengths, and so forth, one could compare each other when pasted together on a final composite chart indicating the best tries for each hall.

One advantage of a Junior Track Olympics would be simply its appeal to every one. There is at least one of several events that all could enter. Events would be running and include field events. Entrants would have to limit their choice to three events so as to encourage those, who would say, enter only one.

Larry

* * * * *

"WHAT IS A TREE?"

Some might relate it as something tall and beautiful. Or on the other hand something mystical and huge, with its many branches of life.

How can we as people compare ourselves with this timely creature? Let's start at the beginning.

1. The Trunk

A start of life with its "roots" deeply in the ground. The beginning of your life.

2. The Branches

Always sprouting out and adding new additions to your future. Again as many call it, "branching out", to different horizons.

3. The Leaves

The final aspect of our life. Beautiful and meaningful are the leaves. All perfect in every way and completed in every way. The beauty of a "giant".

Well now, we have a beginning, a future, and at last a meaningful life. Some might call it mission accomplished, or mission impossible.

If you keep this story alive you will find that you have a future worth waiting for and enjoyed!

Barbara

OUR NEW STUDENT NURSES

What pure delight to see the pretty, pleasant, happy young faces of our new groups of student nurses. How it lifts the heart and hope of those of us confined here for treatment to receive the benefit of their kindly assistance, concern, and comradery, and for just voluntarily being with us, making us happy.

Thus, in addition to appreciation for the wonderful people who help us here in this fine hospital all the time -- our doctors, nurses, and attendants, the fine girls in the kitchen, and all the people in the myriad necessary services for our care, we give a most cordial and hearty welcome to these student nurses, who arrived here April 3, and who will be with us for approximately eight weeks from that date.

In order that we may get to know them and appreciate them a little more, the following seven student nurses are serving at Kempster Hall, second floor East; and each of them is in their second year of nurses training with one more year to complete before graduating as Registered Nurses.

Miss K. Badtke, 19, from St. Lukes Hospital, Racine
Miss Linda Schulta, 20, from Bellin Hospital, Green Bay
Miss S. Thomsen, 20, from Bellin Hospital, Green Bay
Miss L. Vogler, 19, from St. Lukes Hospital, Racine
Mr. G. Blohowiak, 21, from Bellin Hospital, Green Bay
Mr. E. Ring, 24, from Bellin Hospital, Green Bay

The following student nurses are from Marion College, Fond du Lac, Wis; all in their third year of nurses training with one more year to complete before graduating as Registered Nurses.

Miss Mary Ann Bednarek
Miss Pat Schmitz
Miss Jane Glass
Mrs. Pat Hammer

Again, it is a great pleasure to have you here serving among us; and if any of us can be of any assistance to you in any way during your stay here with us, please don't hesitate to ask, and we will be only too happy to oblige.

Jack

ON THE SOBER SIDE

THE IMPORTANCE OF THE INDIVIDUAL IN MODERN SOCIETY

Nature in its infinite wisdom went out of its way to create each and every person totally different in every respect. For example, each human being is endowed with different finger prints and a unique voice print and of course, distinguished facial features.

It is always the individual who develops and creates the ideas that the group lives by. By the same token, it is the individualist who invents new objects that the group uses.

The person who is an individualist in this or any other society is usually a very strong and independent person, who lives his life as he sees it, not as others would like him to see it. He must live his life this way because it is built into his very soul to conform to a group of ideas or to a mode of living, that society or the group lives by is easy. But to think for yourself or to develop your own way of living is a lot harder, but much more rewarding.

A person should develop his own life style and his own pattern to live by. This form of philosophy is more or less called "doing your own thing," but let me add to this philosophy the idea that to do your own thing is fine as long as you don't hurt someone else by your own actions. To be an individualist is fine, but one must always respect other human beings -- their opinions and ideas.

When I write about individualism, I am referring to constructive individualism. Any fool can rebel against society with its ideas and moral code. But to develop your own life style and do something constructive with it, so you grow as a human being and make your life important to you, is of paramount importance.

A man must learn to be a non-conformist for his own sake. I write of constructive non-conformity. Teaching yourself to be a free thinking, free living human being isn't easy because we have all been taught to conform. This process of conformity started from school, church, our parents, relatives and our own peer group. To be free is to fight against the forces of conformity.

One must develop and create new positive, constructive ideas pertaining to how you as an individual want to live. One must free his mind of conforming to a group's conscience or a group's thought just because the group say's some idea is right. You as an individualist must constructively conform to your own ideas of what is morally right and try your best to live by them.

Because some ideas have been in existence for thousands of years, doesn't mean that they are true. Many thoughts and ideas have been handed down from one generation to the next, and many people believe because of this that these ideas are the eternal truth; yet are they? Only you as a free thinking being can decide this for yourself through your power of reason.

One of the greatest distinctions between man and other animals is his ability to use his power of reason to decide if some thought or form of action is right for him to live by. Animals live by instinct which they have been endowed with by nature.

When a man conforms just for the sake of conforming, because this way of living is more comfortable and less stressful and it fills his life with more security, he is living by the same standards that an animal lives by, namely, instinct. He allows himself to lose those precious gifts of freedom of thought and action. He becomes part of the group and he loses his identity with himself and nature.

(Continued on Page 13)

(Continued from page 12)

In the long run, society loses when men conform, because many thoughts ideas, and inventions, and new patterns of living a fuller life are never conceived because of the idea that group thought and group behavior are put above individual thought and accomplishment.

In the past many men and women who dared to be different and questioned the ideas and action of their peers or the authority under which they lived where many times labeled social misfits, criminals or heretics. They were feared by many of their peers and by the authority of their age in which they lived because these noble individualists dared to be different. Many were mocked and ridiculed and some were banished from their own societies, and some were put to death because they dared to be different and questioned and thought for themselves that maybe there is a different way to live. Society and many people in whatever society there is are usually afraid of change and new ideas because it is a threat to their own security and way of life. People become complacent with themselves and their environment and resent people who think differently.

The most important being is the individual to himself. Also his thoughts feelings, and aspirations for his life, for this constructive selfishness is very important. Now what do I mean by this phrase "constructive selfishness." It means that a person's first and foremost duty is to himself and not to his society, country or other human beings. Our society and the Christian religion teaches us that the other person, no matter what, always comes first and we come second, that to give is better than to take. To lay down your life for another is a sign of life or a form of self sacrifice which is supposed to endear you to God. I personally disagree with this premise, the individual should not feel guilty because he wants and takes those objects and ideas that are important to his mode of living.

A man must learn to live his life as he sees it and give only if he wants to; not because others expect him to.

If an individual has unpopular ideas that don't conform to what others think, it doesn't matter what others think; these ideas belong to the individual and to this person these ideas are precious and shouldn't be given up because of others disagree. If someone can show a person why his ideas are wrong than the person can change or modify his ideas. But to be true to yourself one must never give up his thoughts because they are considered wrong by the group just to conform or belong.

Darwin

THE BAR

The name of each Saloon's a Bar
The fittest of its names by far.
A bar to heaven, a door to hell;
Whoever named it named it well.
A bar to manliness and wealth;
A door to want and broken health.
A bar to honor, pride and fame,
A door to grief and sin and shame.
A bar to hope, A bar to prayer,
A door to darkness and despair.
A bar to honored useful life,
A door to brawling, senseless strife.
A bar to all that's true and brave.
A door to every drunkard's grave.
A bar to joys that home imparts,
A door to tears and aching hearts;
A bar to heaven, a door to hell
Whoever named it, named it well.

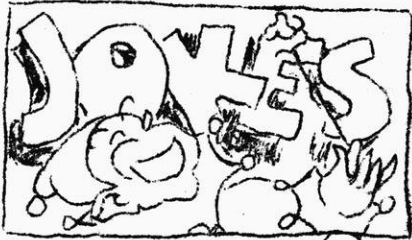
Written by a convict in the
Joliet, Illinois Prison

WERE LUCKY

Would not the cancer sufferer facing a lonely painful death, gladly take our place? Or the sufferer from a heart condition, knowing the end will come suddenly and without warning be glad to change with use? Or the cripple facing a life of pain and immobility, wish he were and alcoholic instead?

The cancer victim can rarely escape his fate; the heart sufferer though he spends his fortune, knows his days are numbered; the cripple must forever be cared for, and be dependant on others and be provided with special equipment all of which must be paid for.

But we alcoholics, don't have to spend a penny, and our sickness need never cause us any suffering or pain, never need any treatment and will certainly never kill us -- unless we let it. All we have to do is go one day without a drink, WERE LUCKY!



The only exercise some people know is jumping to conclusions.

Wife: "When are you going to fix the fence, Hiram?"

Hiram: "Oh, the next time when Silas comes home from College."

Wife: "But what will the boy know about fixing fences, Hiram?"

Hiram: "He ought to know a heap. He wrote me that he'd been takin' fencing lessons for a month."

A parrot got out of his cage by himself just before his mistress was about to take a bath. He perched up on a shelf while she ran the water and was unnoticed until he piped up: "I see sights, I see sights." Before the bird could say anything further, his mistress grabbed him, wrung his neck and threw him out into the back yard. Landing next to a dead chicken that had been killed for the Sunday dinner, the parrot woke up, looked at the chicken and asked, "Oh, did you see sights too?"

Pat: "Dad, what should I wear with my new purple and green socks?"

Dad: "Hip boots!"

Clerk: "This is a lovely Valentine Card with such stirring sentiments... "To the only boy I ever loved."

Co-ed: "That's fine...give me one dozen of them please."

A young man looked at the high prices on the menu and then turned to his date and said, "What will you have my plump little doll?"

Financial Wizard: "Where in heaven's name does all that money go that I give you?"

Wife: "Stand sideways and look in the mirror."

He(at a football game): "See that man playing end? I think he will be our best man next year."

She: "Oh, this is so sudden dear."

Youth is an age when you can be a track star during the day -- but can't go to the drugstore at night without the family car.

TELLURIAN COMMUNITY DANCE

The Country Trio group provided a very good selection of music, from country and western ballads and rock to foot-stomping polkas, as well as a few oldies with a boogie beat, in the Hughes Hall Rumpus Room on Tuesday, April 18, from 7:00 to 9:00 P.M.

With the dimming of the lights the group set the mood with a smooth and danceable ballad. From then until the closing strains of "Goodnight Irene" the floor was never empty.

"Great"... "Lotsa fun"... "Liked the music"... "He's really a neat dancer" to "When will there be more of these" were the comments overheard from the large and diversified age group from Kempster, Sherman, Gordon, and Hughes halls. The praise reflected the appreciation to the Country Trio Group and the Tellurian Community for sponsoring a fun time.

Patricia

WILL-POWER OR STRONG MOTIVATION?

Most people think it takes a lot of will-power for a heavy smoker to abruptly quit smoking for good. What is required is a reason or motive.

At the time I quit smoking seven years ago, I was smoking 3 packs/day. About a month ago, someone handed me a cigarette which I took and soon found myself back to 2 packs/day -- the habit returns and grabs you hard and fast.

Perhaps I'm a "tobaccoholic" but I now realize that at 50¢ a pack, 2 to 3 packs each day is a lot of money wasted.

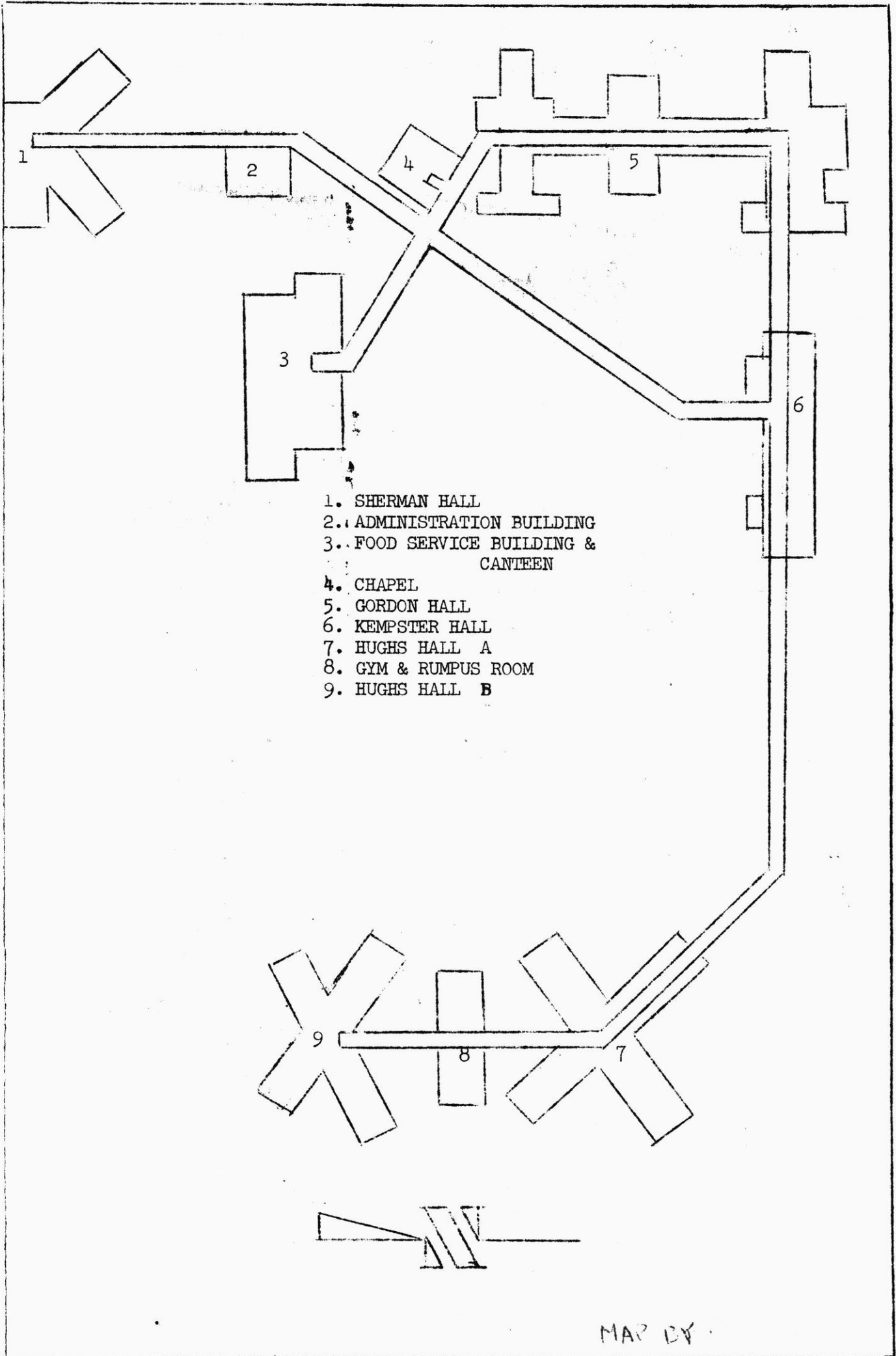
Recently, I got to thinking of my little daughter, Cathy, whose father is here and not working. That \$1. each day will buy her things that she needs. I was so overcome with a sense of shame and selfishness, I quit smoking on the spot and haven't smoked since, nor will I again.

If you try to help someone you love by sacrificing for them some of the money otherwise wasted on really nothing of value, you will find that very little will-power is needed in overcoming smoking.

Jack Wedge

(AS REQUESTED)

TUNNEL SYSTEM



THE WEEK AHEAD

HOSPITAL ACTIVITIES FOR THE WEEK OF APRIL 24 - APRIL 30, 1972

April 24
Monday

	9:00 am - 4:15 pm	CANTEEN OPEN*
2:30	4:00 pm HH Music Rm.	RECORD LISTENING
	3:00 pm 2-W	Book Cart
	1:30 pm SH 1-2	Catholic Daughters of America
	4:30 pm GH-AT Area	Canteen Social Chairmen Dinner Meeting
	6:30 pm HH Boys	Woodworking
	7:00 pm SH Wards	Cutagmie Red Cross
	7:00 pm GH-AT Area	CARD CLUB

April 25
Tuesday

	9:00 am - 4:15 pm	CANTEEN OPEN
2:30	4:00 pm HH Music Rm.	RECORD LISTENING
	3:45 pm 2-E	Book Cart
	6:30 pm SH Basement	FASHION KORNER
	6:30 pm KH-AT Area	CHOIR

April 26
Wednesday

	9:00 am - 8:00 pm	CANTEEN OPEN
	8:45 am KH-AT Area	Toastmasters Club
	1:15 pm SH 3-4	Appleton Red Cross
	1:30 pm GHS	Lutheran Ward Service Rev. Winter
2:30	4:00 pm HH Music Rm.	RECORD LISTENING
	3:45 pm 2-E	Book Cart
	7:00 pm Chapel	LUTHERAN SERVICE Rev. Winter
	7:30 pm 1-E	St. Vincent De Paul

April 27
Thursday

	9:00 am - 8:00 pm	CANTEEN OPEN
2:30	4:00 pm HH Music Rm.	RECORD LISTENING
	6:30 pm GHS	Trinity Lutheran Youth Group

April 28
Friday

	9:00 am - 8:00 pm	CANTEEN OPEN
2:30	4:00 pm HH Music Rm.	RECORD LISTENING

April 29
Saturday

	10:00 am GHS	Favorite Hymn Recital Mr. Korn
	12:00 am - 8:00 pm	CANTEEN OPEN
	7:00 pm Chapel	CATHOLIC MASS Fr. Barrett

April 30
Sunday

	8:45 am Chapel	PROTESTANT SERVICE Rev. Winter
	12:00 am - 8:00 pm	CANTEEN OPEN
	6:30 pm Canteen	RECORD HOP

*ALL activities in CAPITAL LETTERS are for all patients.

PATIENT LIBRARY, SH Basement: Open 9:00-4:00 M thru F