



Elgin Complete Exercise Unit advertisement.

[s.l.]: [s.n.], 1948

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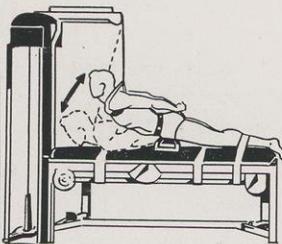
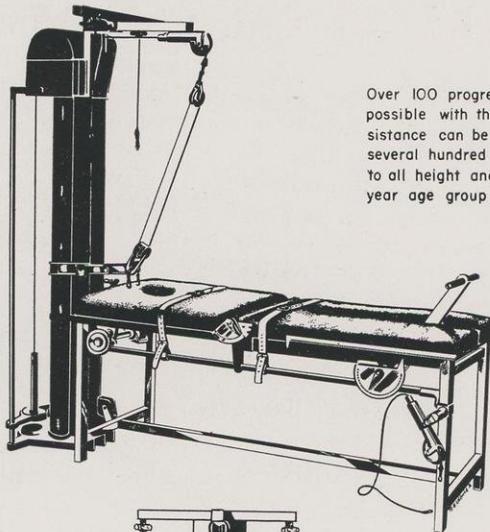
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The New Elgin

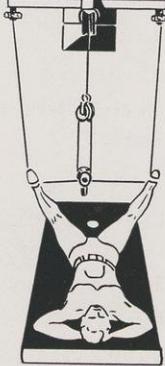
Complete Exercise Unit

The Complete Exercise Unit may be employed not only for all types of resistance exercises (light, medium, heavy), but also for passive exercises, passive stretching, cervical traction, etc. It is particularly adaptable to exercising and stretching amputees.

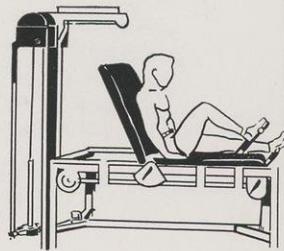
Over 100 progressive resistance exercises are possible with this Complete Exercise Unit. Resistance can be varied from a few ounces to several hundred pounds. The unit is adaptable to all height and weight individuals in the six year age group and over.



Counterbalanced trunk extensor exercise.



Bilateral hip abductor exercise. Only one of the many hip abductor exercises possible on the complete exercise unit.



Combined hip and knee extensor exercise. Of particular value in restoring hip and (or) knee function following disease, injury or surgery.

ELGIN EXERCISE APPLIANCE CO.
Box 132, Elgin, Illinois

MANUFACTURERS OF REMEDIAL EXERCISE EQUIPMENT