

Cue. Vol. V, Issue 15 September 11, 1970

[s.l.]: [s.n.], September 11, 1970

https://digital.library.wisc.edu/1711.dl/SMA5A7P2GJMTA8O

This material may be protected by copyright law (Title 17, US Code).

For information on re-use see: http://digital.library.wisc.edu/1711.dl/Copyright

The libraries provide public access to a wide range of material, including online exhibits, digitized collections, archival finding aids, our catalog, online articles, and a growing range of materials in many media.

When possible, we provide rights information in catalog records, finding aids, and other metadata that accompanies collections or items. However, it is always the user's obligation to evaluate copyright and rights issues in light of their own use.

VI VIssue 15 Sept. 11, 1970 S 7, 300,000 Pay Roll VI Feeds Area Economy The Case For Wages

With an annual pay roll of 7 million, 300 thousand dollars, WSH is an effective force of the over-all economy in Winnebagoland, CUE learned this week.

The two-week pay roll for 820 employees who reside in a four-county area is \$235,000, according to Paul H. Thies, Business Manager. Out of a total budget of 8 million plus, \$7,300, 000 is allocated for salaries and fringe benefits while \$700,000 is set aside for operating costs.

A predetermined amount of nutritional, balanced food for a one year period costs .2992¢ per meal. A total of 688,525 meals are served annually and food served on trays to the various units amount to 151,378. A further break-down reveals that 129,660 lunches are packed for Work Adjustment patients and 190,000 pounds of raw foods are used a year.

A break-down of operating costs show that the June telephone bill was \$2,100 and the same month's light bill came to \$6,200. The utility bills took a \$8,300 bite out of the approximate \$58,333,00 monthly budget.

It may surprise many that the yearly postage bill is \$5,400,00. Other interesting figures show that the cost of linens is \$5,000 annually and the purchase of robes, gowns, and slippers amount to \$11,000.00.

The cost of drugs for one year is \$66,000,00.

(SEE: PAY ROLL on page 13.)

When an adult patient enters WSH for the first time he has a feeling of being overwhelmed by change, numbed by the assault on established values and familiar patterns of living.

He comes from a community based on order and permanence to one based on transience and novelty. Two thousand patients come and two thousand patients go each year. Friendships are short-lived and superficial. He avoids getting involved. Hospital procedures are standardized from the time of admission to the day of release.

Patterns are the same only the patients have different names. John Roe is staffed today and Jane Doe tomorrow. Richard Rick is admitted today and Dick Richard is released tomorrow.

He is assigned to a job. It may entail washing dishes, pressing shirts in the laundry, cutting weeds on the grounds or peeling produce in the paring room. Whatever the work, it is called therapeutic, or in common words -- a part of the curative process.

The patient's work assignment is minimized in the over-all curative process. A psychiatry professor at the University of Illinois says that the minimizing of the work performed by the patient is particularly curious in a culture where the answer to "What do you do?" is a job title.

Writing in "Hospital & Community Psychiatry" (the Journal of the American Psychiatric Association-July 1970) the psychiatry professor and a psychologist from the University of Texas Medical School feel that "a significant portion of most adults" lives is

(Continued on page 12)

Sounding Board ---

TO WHOM IT MAY CONCERN:

Does the practice of dynamic psychiatry include the abandonment of observing national holidays at WSH?

Labor Day was just another Monday for the patients -- with one exception -- most of the patients were confined to their respective wards.

This past 4th of July was identical -- although the flag is flown on other days, it turned up missing on July 4th and 5th.

Every holiday since January 1 has been ignored. The hospital routine, in fact, grew more restrictive on such days. There was no change in cafeteria menus and nothing was done to uplift the spirit of the mentally ill.

Obviously, 1970 has been a year of procedural change. On February 16, a new policy ended the pay-for-work program. Weekly dances were discontinued and the patients in one unit of Gordon Hall were deprived of television a few weeks ago. On one unit, a patient is never allowed more than an hour of liberty even on the day before release.

It appears there is too much emphasis on the custodial regressive approach. If patients were permitted to partake in normal social activities it would improve their morale. However, this cannot be accomplished by taking away a privilege from one group and giving it to another.

The meaning of "equity" is to be fair, impartial and just. When you stray away from equity, the manic-depressive becomes more depressed; the schizoid becomes more dissociated and the paranoiac becomes more hostile.

-- (R. M.)

SOBER SEVENTIES

Matched with the Soaring Sixties, this decade has begun as the Sober Seventies, a business analyst said this week. Some of the "accomplishments" of the sixties are in terrible shape. Some are being undone.

Doubts have arisen about the conglomerate concept in business which was, believe it or not, patterned after Al Capone's syndicate in the roaring 20's. Al's plan of merger, acquire, and take over, was highly successful in his day. The prohibition mobs were considered glamorous as were the conglomerates in the 1960's.

* * * * *

The government may still be one of checks and balances, but the checks are gaining on the balances like nobody's business.

There is no security on this earth -- there's only opportunity.

CUE'S EDITORIAL DEPARTMENT

Published By And For The Patients Bi-Monthly

16 PAGES SEPTEMBER 11, 1970

Four Years Old, But New Every Two Weeks

Eugenia Vicki Mary

Roy

Robert Armin Florence

*

*

*

*

Chuck Lemieux Advisor Recreation--

(SECOND IN A SERIES)

With autumn approaching and winter a few months ahead, it is only natural to think about indoor sports and entertainment.

What is scheduled for patients during the next seven months when most outside activities are curtailed?

The answer to that question was supplied by the Recreational Therapy Department.

Activities planned for autumn and winter include football, basketball, volley ball, bowling, ice skating and ice fishing, ping pong, shuffleboard and a bevy of social hours.

There will be trips to museums and theaters for stage plays and outstanding movies. Coeducational programs are planned, such as ice skating, ice fishing, pool, ping pong, and shuffle board tournaments.

Recreational therapy is the use of many recreational activities, such as physical, social and leisure-time activities, which help meet the individual needs together with offering self satisfying experiences.

The main function is to be an active, participating member of the unit team, contributing to the ongoing treatment process.

When your doctor refers you to Recreational Therapy, your general health is considered along with the ultimate goal to maintain or increase your physical skills.

You have the opportunity to enter competitive sports and you'll enjoy group relationships when making trips to museums and theaters.

Ken Iles and Jan Janachek are the Supervisors of the Recreational Therapy department. The following Recreational Therapists are in charge of various units: Sherman Hall, Chuck Radtke and Jo Howard.

Gordon Hall, Art Cuisnier. Kempster Hall, Bill McCullen and Sue Abrahamson. Hughes Hall, Gloria Bratener.

Assisting the above, are C.O.T.A's Ralp Hoppe at Sherman Hall; (Hoppe is also the movie projectionist) -Dave Daggett and Wayne Matsche at Hughes Hall; Tom Mulvey at Gordon Hall, and Don O'Neil at Kempster Hall.

Chuck Lemieux is in charge of the ATU at North Gordon and supervises all recreational activities.

If you plan on playing basketball, you might be interested to know that basketball is unique in sports because it is the one game that can safely be pinpointed as to who started the sport.

During the winter of 1891-92, Dr. James Naismith, an instructor in the YMCA Training College at Springfield, Massachusetts, deliberately invented the game of basketball in order to provide indoor exercise and competition for the students between the closing of the football season and the opening of the baseball season.

Naismith affixed peach baskets overhead on the walls at opposite ends of the gymnasium and, with a soccer ball, organized teams to play his new game in which the purpose was to toss the ball into one basket and prevent as far as possible, the opponent from tossing the ball into the other basket. Fundamentally, the game is the same today, though there have been improvements in ecuipment and changes in the rules.

Bowling is the favorite sport of millions of "keglers" in the United States. The sport was supposedly introduced by early settlers of New Amsterdam (New York City). It was originally played with nine-pins, but the tenth pin was added at the turn of the century. -- Gene Doty



PRAYERS FOR THE DAY

Eternal God, when our world grows phony with velvet flatteries, hollow smiles and empty words, lead us back to the genuine with talk that means something, smiles that beam true, and promises that do not crack. Amen.

Help us to face the morning with gladness, O God, for today comes as a fresh page. Help us to sign it with the gaiety of a cardinal, the courage of a sparrow, and the cleanness of a dove. Amen.

Our Father, relax our home that everyone in it may feel free to make a merry sound, to retell an often-told story, and to pray with the easy rhythm of a child who knows no fear. Amen.

Keep me livable today, 0 God, that I not continue to be an interminable borrower, nor a grinder of other people's feelings, nor a cloud burst on someone's enthusiasm, nor a disaster when everyone cooperates. Be kind and keep me as an asset. Amen.

Forgive us, our Father, for our enthusiasms for the illegal and the impossible things -- jet speeds on the crowded highways -- private arithmetic to use on tax forms -- and the hope that pies and cakes do not add inches. So root us in the facts of life, and discipline us to face the awful truths we would hide from. Amen.

When love has grown cold, O God, life is like a cinder hill of ashes in my mouth. By Thy infinite mercy, relight the fires in me that I will care again, laugh again, share again, and find life like a green hill and my heart like a glowing coal. Amen.

(Contributed by Chaplain Van Deusen and written by Richard Wong, in "Prayers From An Island" -- John Knox Press.)

* * * *

MEET YOUR NEW

CATHOLIC CHAPLAIN

FATHER MARC PIERCE

The Rev. Marc Pierce has replaced Father Andrew Nelson as WSH'S Catholic Chaplain, effective August 25.

Father Pierce is a native of Michigan. He formerly was associate pastor of St. Pius X Catholic Church in Appleton and completed a ll-week clinical pastoral training course here two weeks ago.

The new Catholic Chaplain was an assistant at St. Jude, Green Bay, which was his first assignment after ordination in May 1968.

He is a graduate of the University of Michigan, Ann Arbor, and received a bachelor of philosophy degree from Holy Cross Seminary, La Crosse. He studied theology at St. Francis Seminary, Milwaukee.

* * * * * *

CUE REPORTER ATTENDS

MASS AT FATHER NELSON'S

NEW PARISH IN OSHKOSH

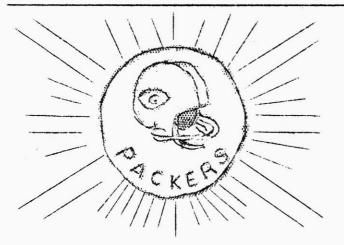
It was a pleasant sight to see Father Nelson at 7:00 P.M. Mass, Sacred Heart Church at Oshkosh this past weekend. He acted as Lecturn rather than saying the Mass, explaining he would like to observe for a short time. His assistant, Father Egan, fairly new to the Parish, readily admitted his pride and eagerness to be working with Father Nelson.

Having many friends and relatives attending Sacred Heart, with an age range from the 80's on down, it was heartening to see them embraced by his vibrant and infectious personality.

Father Nelson truly has the Sacred Heart congregation "in his hands." -- Flo

* * * * * *

Cruelty and falsehood destroy us. The perfect prevention of these errors is treasuring mercy and truth as precious virtues.



What do you think of the Green Bay Packers? Do you feel they have a chance of going all the way this season?

Some fans may have forgotten, but the Packers won their last two games in the 1969 season. They beat the Chicago Bears, 21-3, and romped over the St. Louis Cardinals, 45-28.

How would you like to have 1,083 pounds of brawn and muscle hit you all at once? Well, when the big four of the Packers nail you, that's the total weight involved. Bob Brown, who is 6-5, weighs 275 pounds and Rick Moore at 6-6, also weighs 275. Terrible Mike McCoy, stands 6-5, and tips the scales at 283 pounds. Lionel Aldridge is the lightweight of the "Big Four." He's only 6-4 tall and weighs 250.

Fred Carr, who replaced Lee Roy Caffey as a linebacker, showed his superb caliber when the Pack played the Oakland Raiders August 30 and won 37-7. John Hilton, former Pittsburg Steeler, showed great form as a tight end in that contest.

Whether you listen to the radio or watch TV, you'll want to know the men who make up the Pack this season. Here is the roster:

NUMBER

POSITION

84 Lionel Aldridge Defensi	ve End
44 Donny Anderson Runnin	g Back
&	Punter
57 Ken Bowman	Center
61 Dave Bradley	
78 Bob Brown Defensive	Tackle
53 Fred Carr Line	
49 Jack Clancy Wide Re	
84 Carroll Dale Wide Re	
55 Jim Flanigan	
81 Marv Fleming Tig	
68 Gale Gillingham	Guard

33 25 43	Jim GrabowskiRunning Back Dave Hampton Running Back Doug Hart Defensive Back Bill Hayhoe Offensive Tackle
77 86	Dick Himes Offensive Tackle
13	Don Horn Quarterback
27	Claudis James Wide Receiver
21	Bob Jeter Defensive Back
88	Ron Jones Tight End
62	Bill Lueck Guard
32	Booth Lusteg Kicker
87	J. MacKinnon Tight End
70	Rich Moore Defensive Tackle
66	Ray Nitschke Linebacker
71	Francis Peay Offensive Tackle
89	Dave Robinson Linebacker
85	John Spilis Wide Receiver
15	Bart Starr Quarterback
10	Bill Stevens Quarterback
83	Phil Vandersea Defensive End
31	Perry Williams Running Back
23	Travis WilliamsRunning Back
58	Frances Winkler Defensive End
24	Willie Wood Defensive Back

(NOTE: The foregoing Roster List is subject to change before the first regular season game.)

RADIO AND TV INFORMATION

WISN-TV will have the Buffalo Bills-Packer game at Green Bay, tomorrow, at 8 P.M. This is the last exhibition game of the season. Most Wisconsin radio stations will broadcast the evening tilt, September 12.

The regular season starts on September 20 when the Detroit Lions travel to Green Bay for the 1 P.M. game. As you know, all games played at Green Bay are blacked-out in this area, but Milwaukee's WISN-TV will telecast the opener on September 20.

The Green Bay Packers Radio network will broadcast all games. You can tune in WMKC-FM Oshkosh, or WHBY at Appleton. Some radios will pick up a station in Green Bay, such as WBAY or WNFL. WSH's public address system -should carry most games.

Games played at Green Bay and telecast by WISN-TV, Milwaukee, include the Buffalo game tomorrow night; the Lions game on September 20 at 1 P.M.; the Falcons tilt on September 27 at 1 P.M.; the Rams game on October 13 at 1 P.M.; the Chicago Bears contest on November 15 at 1 P.M.

(SEE: PACKER GAMES on page 6.)

(PACKER GAMES from page 5.)

Here is the regular season schedule with games telecast by Channel 2 -Green Bay - marked with an asterisk:

Date

TIME

Sept.	20	Lions v Green Bay	l	PM
11	27	Falcons v Green Bay	l	PM
Oct.	4	Vikings v Green Bay(*)	3	PM
11	12	Chargers v Green Bay(*)	8	PM
11	18	Rams v Green Bay	l	PM
11	25	Eagles v Green Bay(*)	1	PM
Nov.	1	49ers v Green Bay (*)	3	PM
11	9	Colts v Green Bay (*)	8	PM
11	15	Bears v. Green Bay	1	PM
tt .	22	Vikings v Green Bay (*)	l	PM
n	26	Cowboys v. Green Bay(*)	2	PM
Dec.	6	Steelers v. Green Bay(*) <u>N</u>	OON
rt	13	Bears v Green Bay (*)	l	PM
11	20	Lions v Green Bay (*)	N	OCN
	~			

GO - GO PACKERS - GO! Follow the Pack as they come back!

* * * * *

SOUTHERN COLONY TEAM

WILL PLAY THE 48ERS

IN BIG DOUBLE HEADER

Everyone is going out to the Main Ball Park tomorrow to watch the 48ers play Southern Colony in a big doubleheader.

The first game is scheduled to get underway at 1 o'clock.

The Southern Colony team is managed by Tom Mulvey's brother. Tom was the regular catcher for the champs this past season.

--next column-

You read about the 48ers in CUE'S August 28th issue, and now you'll have an opportunity to see them in action.

Come early so you'll get a seat in the bleachers. A capacity crowd is expected for this event. Remember the date - tomorrow September 12 - at the Main Ball Park.

* * * * * *

EVIDENCE IN THE ROUND

SUPPORTS FISH STORY

TOLD TO SPORTS EDITOR

At this time of year, sports news falls short at WSH, so our readers come in with fish stories.

We know that solitude begets whimsies so we listened to CUE'S advisor as he related a fish story the other day. Whether it be the advisor or what, we usually listen with one ear tuned to the soothing music emanating from the office radio.

It was only moments after the advisor departed when Jeannie Marshal, the smiling A.T. supervisor sauntered into our domain. "It can't be true," she said wide-eyed, "but it is. I saw them. I saw them! "You saw what?" we asked calmly. "The fish," she pointed east-by-northeast. "All six of them."

Knowing Jeannie to be reliable, we followed her to the "catch." Sure enough the advisor displayed six fat German brown trout, the largest one was 27 inches long and weighed in at 8 pounds and 4 ounces. All together, the six trout weighed 43 pounds and 7 ounces. One was 8 pounds, another 7 pounds & ten ounces, one was 7 pounds on the head, another 6 pounds, twelve ounces, and the smallest was 5 pounds, 2 ounces. They were caught in four hours of fishing in Lake Michigan, off Sturgeon Bay.

* * * * * *

"Deadly as a snake" may not be so! Snakes are peaceful, patient and tolerant toward their own species, but different kinds will fight each other.

The trouble with telling a good story is that it reminds the other fellow of a dull one.

1 12 3 4	56789		
10	11 12	8. Acts	39. Fates
13	14	9. Steinbeck heroine	40. Roofed gallery
18 19 20		10. Lake	42. Wheat bundle
22 25 26 27	23 29 30	12. Asterisk	45. Upper limit
31	32 33	13. Great physician	47. Arm bone
34 35 36	42 4 43	16. Screen actress West	49. Dutch coin
44 45	46 47	20. And so on (abbr.)	(abbr.) 50. Fellow of
41B 49 51 51	50	21. Three feet	Chartered Accountants (abbr.)
63	54	24. Southern general	* * * * * * * * *
ACROSS	38. Unemployed	26. Anger	Who said "Come up and see me some
l. Lake	41. Vats	27. Choler	time?" She is in this puzzle.
5. Lake of the	43. Greek letter	29. Lake	The Porcupine
10. Pointed arch	44Canal	30. Transition area (ecology)	Mountains in Upper Michigan has a Lake
ll. Farewells	45. Male Swan	32. Lair	can you name it? It is in this
13. Part of sundial	46. Lake	33. Scottish	puzzle.
14. Basest	48. Lumberman	nobleman	Royale is in Lake Superior and
15. Rose essence	50. Cat	35. House level	near Passage Island
16. Chess pieces	51. Female name	36. Short barrel	have you?
17. Diameter (abbr)	52. Light boat	38Royale	Have fun!
18. Indo-Chinese language	53. Gloomily 54. At a distance	SAILREEIDEDE	D S H O P R A U R A
19. Period of time		E D O N P L	Y M E A L
21. Belgian river	DOWN	SALUTE	DEADLY
22. Bitter vetch	1. Self admirers	R E S A	O A R C T A E O N
23. American inventor	2. Philippine breadfruit	LACS ST	K S D O E
25. Common acid	3. Elephant	O V A S P E W E L D E R S	S / F A Z E T I M E D
28. Gaelic	tusks	ERA	СОТ
31. Glacial ridge	4. Even (contr)	W I N D O W	LETTER
32. Subtract	5. Flickers	A N O A L E	O E R S E C R E N A
34. Exploit	6. Norse god		C R E N A C S E E D
37. Exclamation	7. Lubricant	(Answers to PUZZLE tha	t appeared Aug. 28)

reader's RHYMES

ODE TO THE SLAVES

There are slaves who fear to speak For the fallen and the weak There are slaves who will not choose Hatred, scuffing, and abuse

Rather than in silence shrink From the truth their needs must think

There are slaves who dare not be In the right with two or three.

-- F. P.

MY HEART LEAPS UP

My heart leaps up when I behold A rainbow in the sky

So was it when my life began

So is it now I am a man

So be it when I shall grow old Or let me die

The child is father of the man And I could wish my days to be

Round each to each by natural piety.

-- W. W.

DO YOU HAVE A FRIEND

What is a friend? A friend is one you can trust and you hope to hell he won't tell

A friend is one that understands your problems so this means you can tell him every name in the book and hope to hell he won't slug you.

A friend is one that is a really cool guy and won't squeal when you are in trouble

A friend is one that needs trusting just like you need understanding, just like you need someone that won't squeal on him when he's in trouble

If you can find a person like this let me know for I need a friend

I don't care what creed, race or color he might be, or if he is rich or poor, big or small, fat or skinny, he or she can be beautiful or pretty. For I'm a lonely person. I'm a loner. I need love and a chance to prove to the world I'm someone or is it better to say somebody.

-- Randy

DELIRIUM

The delirium's nose is deepest red The one bright spot on his empty head To get his booze he begs and steals Half-snaked he goes without his meals

And when delirium gets a job He's satisfied, the dirty slob A pile of straw will do for a bed On which to rest his wooden head

To stick around and hold the job It never pierced his empty nob For fifty cents will get him drunk And fifty cents a lousy bunk

Oh point to him with nose so red With tangled feet and soggy head For all this life to him will yield In just a grave in Potter's field. (Written in 1780 author unknown)

HIGGLEDY PIGGELDY

Higgeldy, Piggledy see how they run Hopperty hopperty what is the fun Has the sun or the moon tumbled into the sea

What is the matter, now - pray tell it to me

Higgledy, piggledy how can I tell Hopperty, popperty hard to the bell The rats and the mice even scamper away Who can say what may not happen to me. -- R. G.

EPITAPH

He that's here interred needs no versifying

A virtuous life will keep the name from dying

He'll live, though poets cease their scribbling rhyme

When this stone shall be mouldered by time.

-- Anonymous

Page 9

non compos mentis

Dear Non:

Roses are red, chocolate is fudge. Watch out, hopheads, here comes da judge!

Dear Compos:

Since man to man is so unjust, it's hard to say whom I trust. I've trusted many to my sorrow - so pay me today, I'll trust tomorrow.

Dear Mentis:

Man has been on the skid since the Golden Age of Greece to the greasy gold age of today.

Dear Non:

I would rather sit on a pumpkin and have it all to myself than be crowded on a thick rubber cushion.

Dear Compos:

I think things will be as bad as they were over the past thousand years as people are too greedy, have too big egos, and think only of themselves.

Dear Mentis:

In taking revenge, a woman is but even with her enemy, but in passing it over, she's superior.

Dear Non:

As I stand dripping in the shower My voice sings out with surging power Strong and clear, with melodius might Rising, swelling in grand final flight But when the bath has come to a close And I am clad in suitable clothes I'd be the first to agree, to vote I absolutely can't sing a note. -- Ima Bare

Dear Compos:

Can you give me a good definition

for frustration?

How about a bald-headed hippie?

Dear Mentis:

I have a hot tip. Invest your money in taxes. They're always going up.

Dear Non:

When the party starts to bore me I just utilize my dome Corner some cute babe, then say "Come on, honey, let's go home!" -- Big Jack

Dear Compos:

My favorite sign fronts a liquor store in Milwaukee -- "Pay now, glow later."

Dear Mentis:

Nixon is planning another cabinet post -- Department of Ogre Culture -for horror movies.

Dear Non:

She loves him, she loves him, she loves him In spite of the fact that she knows That he's complicating their marriage plans By being so slow to propose! -- I. M. Alonee

Dear Compos:

Did you know that NULL is a four letter void.

Dear Mentis:

I see the scientists seek to control the weather. If they succeed, this may solve the riddle of how to forecast it.

Dear Non:

A guy said to his wife (after she gave him hell) "How do you expect me to remember your birthday when you never look any older!"

"It's easy to trigger a person to violence •••

Mrs. Olive Cordes who retired on September 2, after 24 years of service as a psychiatric aide, began her career at a time when the female nursing staff at WSH consisted of 32 aides and 7 registered nurses.

The aides did their own housekeeping, served their own meals and washed their own dishes. "At one time," she told the CUE, "we had 100 patients in a ward that was designed to handle 36 patients. At night we would set up 84 folding cots and take them down in the morning."

Regimentation was the mood and tempo throughout the hospital. This was an era of experimentation in most mental institutions and psychiatrists believed that dementia $\operatorname{praeco}_X \operatorname{could}$ be cured by insulin or other shock treatment. It was before the time of psychosomatic medicine although psychotherapy was in use.

The first use of drugs for mental illness wouldn't come until January 8, 1955, when the New York mental hygiene department had a certain amount of success with two new drugs, thorazine and reserpine.

"Words can't describe the improvement in care and treatment of patients since 1946," Mrs. Cordes said. "The change was so tremendous that one would have to live through it in order to understand it."

She said that patients are now recognized as human beings and are under much less regimentation. She also pointed out the better grade of employees now working here. "As far as male employees in 1946," she emphasized, "we had the same type as those attracted to penal institutions." Male aides acted as guards rather than aides as the custodial scene was identical with that in a prison. Violent patients were considered dangerous and they had to be kept in constant restraint.

"It is easy to trigger a person in to violence," she confided, "and there were employees who constantly were in difficulty with the patients. Some shifts had all the fights while others had none."

She admits that there were incidents of brutality by male employees, but in most cases brutality was not what it seemed to be. "A casual visitor viewing the metal mesh on the windows and patients in strait-jackets would think it was reprehensible," she said, "but actually such things were necessary in order to keep a patient from harming himself or other patients."

She quickly pointed out, however, that WSH in those days was a "Snakepit" as were other state mental hospitals. (Snake-pit was the title of a book that revealed the horrible conditions in a mental hospital. There was also a movie based on the book.)

WSH came into operation a hundred years after the first mental hospital was established. The oldest mental hospital of its kind in the United States was opened in 1773 at Williamsburg, Virginia. Originally called Public Hospital For Persons of Insane and Disordered Minds, it later became Eastern Lunatic Asylum and is now called the Eastern State Hospital.

It wasn't until 1937, that a new approach to mental illness was advanced by Karen Horney's "The Neurotic (Continued on next page.) Personality Of Our Time," which adequately stressed cultural factors in place of the traditional factors of heredity.

Mrs. Cordes talks about a time before the Department of Health, Education and Welfare was created by joint Congressional action. The State Mental Health Board at Madison did make annual visits to WSH and prior to their coming "a thorough cleaning spit and polish job" was made by all the employees, she said.

The day the State Board visited the hospital was the only time when restraints were removed from the patients. "Everything looked spic and span to them," she commented and there was no visible evidence that patients were being mistreated. As soon as the Board departed, the patients were once again placed in restraints.

Improvements were talked about in those years, she recalled, but the big lobbying force in Madison prevented remedial change in both treatment and building programs. "They wanted to hold down taxes," she said. "At least that was their excuse when improvement measures were planned and presented."

The administration during those years requested more space, additional facilities and more doctors, but there was no money for it. The hard rock opposition in Madison didn't relent until 1950, when Kempster Hall was constructed. That was the start of a major construction program that ended when the Administration Building and the Interdenominational Chapelwere completed.

Mrs. Cordes also served as an aide to patients being transported to hospitals in other states. She recalled the time when she took a patient to Dallas, Texas on the day after President Kennedy had been assassinated. "You could just feel the tension," she related. "Everyone had tears in their eyes from the cab driver to the nurse who met us at the airport. We passed a school yard filled with kids and the nurse remarked that integration would never happen in Dallas, even though it might occur other places."

On another occasion she took a woman to Birmingham, Alabama. They had to appear in court and the Judge asked the patient whether or not she was going to drink anymore. "As long as you folks make it," came the reply, "I'll drink it."

Mrs. Cordes feels she has done her share in life and in her own words, "If I assisted some poor soul along the way, I'm satisfied; If I made one patient smile, I'm thankful. I only wish I could have done more."

CUE trusts her days ahead will be filled with sunshine.



An incident took place on our last publication date that made us wonder if we are too hard on ourselves and on each other.

We were alarmed by the multiciplicity of ways human beings devise for hiding their humanity. They can not easily let their hair down and be people. To do so is too great a risk, threatening to reveal things about themselves they are afraid to reveal. They take life too seriously, and too often find themselves either making and enforcing rules that stifle human growth, or being on the receiving end of such rules.

We are too hard on ourselves and on each other, but life will never be lived successfully under such suppression.

We can not restrict others without creating more anxiety in them. If we can no longer express our human feelings, we become deformed and no longer can we act humanly. At that point, a person strikes out destructively.

Man never fastened one end of a chain around the neck of his brother that God did not fasten the other end around the neck of the oppressor. (RM)

* * * * * *

What this hospital needs is a computer that can figure out the things that don't add up. 11

`..a cheap labor..." force...."

(From the front page)

spent in work, and both conflict and growth will be manifested as clearly in work activities as in interpersonal relationships. Thus the exploration of work activities should be regarded as a potentially valuable part of psychotherapy. Furthermore, work assignments should be thought of as potentially therapeutic agents and be structured as deliberately as social relationship."

"One reason for the relative disregard for work," they claim, "has been the emergence of dynamic psychiatry and the subsequent focus on interpersonal issues. . . only recently have the patients transactions with nursing and other staff members come to be regarded as potentially therapeutic."

They further point out that "work has long been used with the hospitalized mentally ill, for reasons ranging from keeping patients busy to capitalizing on a cheap and readily available labor force to training patients for post-hospital employment."

The two distinguished scholars conclude "The extent to which work can be therapeutic and the ways it can be most effectively used as therapy merit careful, controlled study. Because work is so much an integral and important part of our culture, such study seems not only merited, but long overdue.#

In the furtherance of such study, one point is clear, work <u>is</u> an important part of our culture. Whether work involves certain reward contingencies is a matter of dispute, not only at WSH but in other hospitals.

On March 13, 1970, CUE published a memorandum from WSH's clinical director. It concerned a policy change with regard to the pay received by patients for work performed by them. Prior to February 16, 1970, patients received - next column - approximately 50 cents a week when placed on Industrial Therapy assignments.

"An individual," the clinical director said at that time, "will not be automatically paid for participating in his own treatment program."

Webster defines "treatment" as "management in the application of medicines, etc." However, the over-all treatment program is designed to "restore a patient to a good condition" -- which is the meaning of rehabilitation.

Legally, section 1 of the 13th Amendment prohibits "involuntary servitude, except as a punishment for crime . . . whereof the party shall have been duly convicted . . ."

Prisoners confined in Wisconsin's penal institutions are paid 45 cents a day for work performed, although such labor is part of the over-all rehabilitation program.

If state prisoners are paid for participating in their own rehabilitation program, it seems feasible that state mental patients should be paid likewise.

While a wide disparity is evident in the 50 cents a week pay to that of 45¢ a day, the crux of the matter lies in the difference manifested by administrative edict.

It all boils down to this: Why should a person convicted of a crime be paid for his rehabilitation when a person, mentally ill, is deprived of such remuneration?

Social workers agree that it is difficult for a person to retain his self-respect when deprived of ordinary needs. Patients with personal funds can take advantage of the Canteen facilities, but a patient without money is deprived of this privilege.

- next page -

(From page 12)

The good Book tells us that a laborer is worthy of his hire and in the Emancipation Proclamation, President Abraham Lincoln said, "that man . . . labor faithfully for reasonable wages."

A few proponents of "No pay for patient labor" contend that the W.S.H. budget of 8 million dollars-plus (annually) has no provision for such a cash outlay. They overlook the fact that working patients perform certain productive and operative activities that otherwise would have to be done by staff employees who are paid for their services.

Furthermore, such money that the patients would receive would be spent at the Canteen. Thus a portion of it would return to WSH's coffer.

If patients were restricted to the ward without work assignments, it goes without saying that more staff employees would have to be hired and a bigger budget would become a necessity.

The men and women who comprise the patient body worked for wages prior to their admission and the greater number will have to work upon their release in order to survive.

Therapeutic values of work assignments would not dissipate if the accepted normal standard of working for wages be reinstated at WSH. It isn't the amount of money earned each working day, but the accrued benefits that come from the knowledge that a person's labor is deserving of a monetary award. No one works for nothing, not even the clinical staff.

Money still is a proven incentive throughout the entire world. What would you do without it? (RM)

* * * * *

(PAY ROLL from front page)

While the hospital pumps 82,000 gallons of water from two wells on a yearly basis, it is necessary to buy 14,000,000 pounds of coal.

The Laundry handles 1,571,195 pounds of wash during a year and 14, 226 pieces of clothing are mended or altered in the Sewing Room in a 12 month period. Mike Nie in the Shoe Shop repairs 1,499 pairs of shoes. -next columnWSH is big business with 820 employees and approximately 500 patients who spend money that goes directly to the area's economy. -- Flo

* * * * * *

NEW FLAGSTONE WALK

ON WSH'S FRONT LAWN

Ira Carlson, head gardener, completed the flagstone walk that starts at the Administration Building's front sidewalk and extends 70-feet to the flag pole.

The flagstones cost \$12.00 a ton, but the stones around the flag pole were taken from storage.

The new walk will facilitate snow removal this coming winter so that access to and from the flag pole will be easier than last winter.

-- Bob

* * * *

TWO WINNERS SOLVE

LAST ISSUE'S RIDDLE

Two persons tied as winners for being first in solving the Riddle that appeared in the August 28 issue of CUE.

Robin M. and D. submitted the correct answer at the same time. Their prizes have been ordered and they will be notified when they arrive.

The correct answer was either "coffin" or "casket."

* * * * *

WOMAN'S VIRTUE

There is in every true woman's heart a spark of heavenly fire, which lies dormant in the broad daylight of prosperity; but which kindles up, and beams and blazes in the dark hour of adversity.

* * * * *

Time on earth is so short let us not be guilty of wasting one minute of it on unworthy pursuits.

CUE September 11, 1970 Page 14 CUE renders a great Service to the community." - R.N. -(EDITOR'S NOTE: When THE PAPER quit "The only source of publishing as a morning newspaper in knowing what patients Oshkosh a representative of a federal are thinking ... " "Don't muffle agency commented "It's like losing a our voice ... " friend." This made us wonder what our "It should come out readers would say if circumstances made every week. . . " "It's real good it necessary to halt the publishing of for everyone ... " CUE. This page includes part of the reaction from readers.) "I think CUE gives us an idea of what is "I look forward to the CUE. It has on the minds of the patients. I would like so many interesting articles. It would to see more ideas and suggestions from the be a shame to stop it." patients, signed or unsigned because it - Kempster Cafeteria gives us a feed-back. I would be opposed to the discontinuing of the CUE." "I like to read it to find out what -- Dr. Minnihan is happening and I wouldn't want it "I think the CUE is a very informative discontinued." Gladys L. N. C, paper. I think it would be a disappointment if discontinued because of patient "The CUE is very interesting confinement, and personnel work ing on one ward. We can keep up and I like to read it in order to keep up with events, etc." on things in other wards and their activities." -- Betty -- Mrs. Cornell, R.N. Sherman 5 Sherman Hall "It would be awful to not have the "I think the CUE is very important and CUE to read. I think most people read would be sorry if it ceased publishing." every word in it. I do!" Mrs. C. Copps. O. T. Rosemary "I agree with Rosemary." "I feel that the CUE is an expression -- Mrs. of the patients' voice and if it ceased Aide publishing there would be a terrible loss as no one would be able to express them-"I would not like it if the CUE was selves." discontinued." -- Anthony F. Mrs. E. Berrell North Cottage Dietary "It is informative, humorous, and con-"The CUE presents the viewpoint of structive. I would miss it. the patient. Without the CUE we would -- H. H. Patient not have the patients' viewpoint." "The CUE provides us with information -- Canteen Worker on what's going on in the hospital." -- Kempster Lab. "I think the CUE means a lot to not only the patients, but staff employees "It is a source of news happenings in as well. It would be very wrong to stop the hospital. If it stopped publishing, it." we would be in the dark." -- Housekeeper Presents the Viewpoint of Patient. It's the Voice of the Patient." my 6. Ward LPN

"CUE is our eyes and ears, the only way we have of knowing what's new." Aide II.

---- Hotline----

CUE JOINS LARGE CROWD

AT RUMPUS ROOM DANCE

WITH DODO RATCHMAN'S BAND

WOWING THE DANCERS

The entire editorial staff of CUE were on the Rumpus Room's dance floor this past Tuesday evening.

Vicki, Gene, Mary Ann and Flo were really on the go. Dodo dedicated a swinging number to the CUE's staff members and a'swinging they did romp throughout the musical evening.

Dodo Ratchman's band is a versatile group and they changed their style at a flip of the coin. With dancers numbering in excess of 200, the event goes down as the most successful ever.

Dodo has a vocal group that sounds big-time and their rendition of "Release Me" was well received. The band played for "The Flying Dutchmen" that really was a blast. Whatever the request, Dodo's band played it. The dancing space, at times, overflowed with spirited dancing couples.

Everyone attending hoped that Dodo would return at an early date. CUE salutes all who had a hand in bringing Dodo Ratchman's band to WSH.

VOLUNTEERS DAY

TO BE HELD SUNDAY

The 1970 "Volunteer Recognition-Day" will be held this Sunday, September 13. Dr. Treffert will welcome the volunteers and other guests.

Dr. Edward Loftus, assistant Clinical director, will address the group.

The awards program will be conducted by James O'Reilly, well-known volunteer coordinator, who will present the individual awards and Dr. Treffert, the special awards.

THE INVISIBLE REPORTER

. . <u>IS EVERYWHERE</u>

The food service ladies do a good job serving food to the patients, but there is one irritation -- and that is why the milk can is empty when the line of patients enter the cafeteria.

We were amused at the male patient from Kempster Hall who tried to hit a squirrel with a stick. The squirrels are a bit too shifty to be caught by a numbskull.

We feel the nurses and aides who take patients for evening walks deserve a lot of praise.

Why is it that the Geriatric Ward is shorthanded on weekends? We know of one unit that was overstaffed on two weekends in a row. The aides have a big job in the Geriatric Ward as it is necessary to put most of the patients to bed. We are amazed at their patience day in and day out. They should have more help. And they merit a million "thank you's."

THIS DATE TEN YEARS AGO

The Joint Commission on Mental Illness and Health stated that 25% of all Americans have at one time or another been sufficiently mentally disturbed to require professional advice.

IN OUR MAIL BAG

The first cocktail was made by Betsy Flanagan, barmaid at Halls Corners, Elmsford, New York. The year --1776! The back of the bar was decorated with tail feathers. When a drunk called for a glass of "those cocktails" -- she made him a mixed drink and put a feather in it.

REMEMBER

YOU are the only one that can PREVENT a fire!

	TF	HE WEEK AHEAD	
HOSPITAL ACTI	VITIES FOR TH	E WEEK OF SEPT.	14 - SEPT. 20, 1970
Sept. 14 Monday 2:30	7:00 pm 3 - 4:00 pm H	SH 5-6 SH 7-8	CANTEEN HOURS* Menasha Red Cross Outagamie Red Cross RECORD LISTENING Altrusa Club
Sept. 15 Tuesday 2:30	6:30 pm 6:45 pm 1	HH Music Rm. GHS	CANTEEN HOURS RECORD LISTENING Business & Professional Women of Oshkosh MOVIE: BUENA SERA MRS. CAMPBELL Grey Men
Sept. 16 Wednesday 2:30	9:00 am - 1:15 pm 1:30 pm - 4:00 pm	8:00 pm SH 7-8 GHS	CANTEEN HOURS Appleton Red Cross Lutheran Ward Service Rev. Winter RECORD LISTENING
Sept. 17 Thursday 2:30	- 4;00 pm 7:00 pm	GHS	CANTEEN HOURS Protestant Ward Service Rev. Windle RECORD LISTENING Business & Professional Women's Club SING-A-LONG
Sept. 18 Friday 2:30	9:00 am - - 4:00 pm 6:45 pm	HH Music Rm.	CANTEEN HOURS RECORD LISTENING LUTHERAN COMMUNION Rev. Winter
Sept. 19 Saturday	11:30 am - 10:00 am	8:00 pm GHS	CANTEEN HOURS Favorite Hymn Recital Mr. Korn
Sept. 20 Sunday	11:45 am -	Chapel 8:00 pm Chapel	PROTESTANT SERVICE Rev. Van Deusen CANTEEN HOURS CATHOLIC MASS Fr. Pierce

*ALL activities in CAPITAL LETTERS are for all Patients

Patients Library Hours:

9:30-11:45 am 1:00-4:00 pm 1:00-2:30 pm

M-T-W-Th-F M-T-W-F Thursday

N () ()