



LIBRARIES

UNIVERSITY OF WISCONSIN-MADISON

Cue. Volume II, Issue 21 January 5, 1968

[s.l.]: [s.n.], January 5, 1968

<https://digital.library.wisc.edu/1711.dl/SMA5A7P2GJMTA8O>

This material may be protected by copyright law (Title 17, US Code).

For information on re-use see:

<http://digital.library.wisc.edu/1711.dl/Copyright>

The libraries provide public access to a wide range of material, including online exhibits, digitized collections, archival finding aids, our catalog, online articles, and a growing range of materials in many media.

When possible, we provide rights information in catalog records, finding aids, and other metadata that accompanies collections or items. However, it is always the user's obligation to evaluate copyright and rights issues in light of their own use.

the

CUE

VOLUME II

JANUARY 5, 1968

ISSUE 21

THE OPEN DOOR IS COMFORTABLE

Rochester State Hospital has always been progressive and not simply a dumping ground for the mentally ill. But opening the wards was somewhat frightening to both personnel and patients. However, the open door has proved practical and even comfortable.

The therapeutic value of abolishing regimentation is priceless. Patients now feel important as individuals. No longer do we scrub and shampoo them on admission, as though we assume they are unclean as well as ill. Treatment has speeded up, and patients are encouraged to keep in touch with community and family. Because of the excellent ties between the hospital and the community, discharged patients are accepted back into the mainstream of life. This has done much to reduce the stigma once attached to everyone in a mental hospital, employee as well as patients.

Rochester State Hospital has never been the snake pit so often portrayed in movies and magazines. Perhaps this is why unlocking the doors created few problems. Indeed, the feeling that patients had of "having to escape" seemed to disappear once they realized that we trusted them. They are free to carry cigarettes and matches; they may have their own glass articles in their rooms; their clothes are not marked unless they wish it; the more needy patients are no longer identified by a state hospital uniform. One of the services made possible by our many volunteers is the Campus Clothesline, where all may choose good-looking clothes without charge. Much of the stock is bought by the volunteer council fund.

Patients no longer have a set bedtime; they can plan their own evenings. Sometimes they see a late movie on television, pop corn, have a dance, or engage in group singing or any other entertainment offered by our activities department. The library supplies the latest reading material. Con't on Page (3)

OPEN DOOR AT NORTH COTTAGE

North Cottage now has an open Door Policy of it's own. It originated on December 2, and was O.K.'ed by Dr. Dachtera, 2-West service chief. According to Miss Klamrowski, Head Nurse, things have been working out just fine.

Elizabeth I

DECORATING CONTEST WINNERS

The Patient Planning Committee was divided into two groups to judge the Christmas decorations. Each ballot was secret until Christmas night. Mr. Ben Walter, Sherman Hall, made the presentations to the following:

Gordon Hall, North.....1st award
Kempster Hall, 2 West.....2nd award

Gordon Hall, Activity
Therapy.....1st award
Sherman Hall, Activity
Therapy.....2nd award

Gordon Hall Cafeteria.....1st award
Sherman Hall Cafeteria2nd award

Congratulations from the CUE staff.

Elizabeth I

EDITORIAL

Some of us (the 1967 Hospital Report estimates 35-39% of the patient consensus) here at WSH are starting the New Year with a double-barreled challenge: we are here on a re-admission commitment and let's face it, we have failed in some way to adjust to our old problems on the outside. And it is very cold and very real out there,

Being human beings and therefore rather self-centered creatures, the first thought for most of us is to blame others on the outside for our re-admission. Someone tattled unjustly, someone did not give us enough support and confidence, and now we are bound to say, "can this be?"

The first days and weeks of our second (or third) time around are crucial ones in setting a mental attitude as a lodestone which will most assuredly determine our progress here. In the words of Johnny Mercer's memorable song, "You Gotta Ac-Cen-Tu-Ate the Positive," and the sooner the better, if we mean business.

What are the positive aspects of our second time around? First, we must view our re-admission as a span, a link towards our ultimate goal of mental health, solid relationships with our families and a life of fulfilled normality and happiness. Secondly, we must realize that the hospital staff is solidly behind us and wants to put its finger on why our first time here wasn't fully effective - and this is no cinch, for most likely we, the hospital and our families are to blame in various degrees. Perhaps this can lead to a better rapport with our doctor and the staff, for in their concern they are no doubt more anxious to help us this time. Then, we can be of enormous help to other patients who share our mutual problem: having been "out there" we can sympathize, empathize and give tangible advice to our friends here; obviously, this is excellent therapy for own own recovery.

And there are other everyday plus signs right on the grounds: having been here before, last summer or two years ago, we know the ropes and can more quickly grasp what the hospital has to offer, whether it's a chance to take organ lessons from Mr. Weber or to join the Patients' Planning Committee. Another item in the silver lining department is the constant renewal of old friendships, smiles and faces.

Of course the lining isn't all silver. Our progress isn't always steady or even chartable. But time is only what we make of it, and six months can be telescoped into six, happy fruitful days with an almost incomprehensible magic. We have to remember Mr. Mercer's old lyrics and keep the old chin ever up.

Ellen

EDITORIAL STAFF

Staff Advisor
Chuck Lemieux

Chaplains' Letters to Message the Editor

If a person has a pretty low opinion of himself, being fairly convinced that he is basically a no-good rotten, a trouble-maker or an immoral, unprincipled, worthless reject, someone whom no one could esteem or admire, love or appreciate, this miserable man will inevitably behave accordingly. He can't possibly pull himself up by his bootstraps, even if for a fleeting moment he would truly like to. Really he is caught up in a painful self-deception. He has rendered a harsh judgment on himself and provides no court of appeal.

The Lord Jesus entered our world to free man from this vicious cycle, to counteract that severe condemnation in which man tends to lose himself. Christ's very presence indicated that all is not lost, such a man is not destined to eternal hellfire, unalterable, incapable of a better existence, of forgiveness, or of launching into a gradual but genuine transformation.

Even at his lowest ebb, through his most disgraceful conduct, man has a dignity a value, which, though in these periods he has forgotten it. Our Lord has not. Even though at times he has badly defaced it, he nonetheless, has been made to the image and likeness of God. In addition to his human weakness, all kind of extenuating circumstances may well have contributed to his unacceptable behavior. Further, man is - or can be - far more than just the grand total of all his behavior.

The Lord Jesus has stressed that we are truly the objects, the recipients of the Father's personal love. We really DO count - we are worthy of God's attention, and concern - we ARE somebodies. The sooner we realize that, the easier it will be to conduct our lives accordingly.

Father Nelson

In the last issue of the CUE you ran an issue on how the patients felt about the Friday night movies. A few replied that the kids make too much noise. All who made such complaints did not sign their names, but put anonymous instead.

I have heard that the movies are going to be closed off to the Children's Unit pretty soon. All because of some people who stuck their necks out to speak up and did not make their names known. A majority of these kids who make noise are the little kids from some of the boys wards - Hughes Hall B. I do not think this is any reason to make the movies off limits to Hughes Hall A-2, where the boys are older and more responsible than the younger children.

Sincerely,
Karl HHA2

Continued from Page 1

Patients keep their rooms neat and take care of their personal grooming. The hospital beauty shop is always busy. In the patients' coffee shop on the grounds they may meet their friends, entertain their visitors, and shop with their own money. Perhaps most important of all is the freedom most patients have to go downtown, escorted or unescorted, to take in a movie or some other entertainment or to shop.

Most people no longer dread coming to the hospital, because the fear of a long, bleak term away from home, is gone. They come for help earlier; commitment is rare. More young people are asking for help. When patients leave the hospital, they have no trouble getting jobs in Rochester or the surrounding communities.

Dolorbe Tuttle - Nina Townsend
Rochester State Hospital (Minn.)
taken from Staff Magazine

Issues & Answers

WHAT IS YOUR NEW YEAR'S RESOLUTION AND WHAT WILL YOU DO ABOUT IT HERE AT THE HOSPITAL?

To participate in more relaxing activities such as going to Florida, bowling, etc.

Mrs. Krings

None that I'd want to be printed!

Mrs. Jezwenski

I'm going to cut down chewing gum from a pack a day to a stick a day.

Miss Schmidt

I resolve to give up eating so much because I'm gaining too much weight.

Myrtle

To stay out of hospitals!

Pat

I won't stick to this resolution but I'll make one anyway: to diet to 95 lbs.

Sherry

Quit smoking.

Rodney

Gain weight.

Neal

Stay the same.

Roy

I resolve not to be so clumsy around the A.T. room and everyone.

Jeanie Marshall

Keep a smile on my face - love the human race and try to stay healthy, wealthy and wise.

Wayne Edward

Not run away.

John I

I resolve to remain cool and calm as each CUE deadline approaches --and refrain from raving and shouting at the Editorial Staff.

Chuck Lemieux

Give up parachute jumping.

Ken

Give up taking half holidays.

Don

I'm going to meditate on becoming a better husband, father and citizen and to do all God grants me to be a better neighbor.

Marshall

Get to meet more girls!

John

To lose about 20 lbs.

R.

I resolve to **have** patience with hair rollers, procrastinators, dull speakers, jammed typewriter keys, and people I can't quite understand.

Ellen Grafts

I resolve to start taking nystop-smoking pills.

Nancy Norgard

ON THE SOBER SIDE

HOLIDAY NOTES

Many of the patients in the Alcoholic Section were given passes for the Christmas holiday to spend with their families and friends. All reported upon their return that they had a very enjoyable holiday in their respective homes. Those who remained in the hospital were treated to a fine Christmas dinner with all the trimmings. Both of the wards were gayly trimmed by the personnel of the wards. One oversight was noted--the mistletoe was missing so the visiting women patients could not be accommodated.

On Saturday prior to New Year's Eve the AA group from the Waupaca area hosted a party for the patients. They brought refreshments and everyone attending had a ball. Our heartiest thanks to those persons who made this event possible. On New Year's Eve many of the patients watched the special shows on TV which concluded with a telecast of Guy Lombardo at the Waldorf-Astoria in New York. On New Year's Day the patients interest was concentrated on the parades and the bowl games.

Many of the patients are looking forward to discharges early in January to return to their jobs and families with a good insight to handling their problems and full of optimism for their future lives.

Roy

AN ALCOHOLIC IS...

A Word game for AAs

Now that Tom Swifties are dead (he said while coffin), there may be gaps in your spare time. Instead of playing cards (he added whistfully), try your hand at adding to our list of definitions on the dotted lines at bottom.

An alcoholic is one who...

- ...changes a fuse when a power plant is knocked out.
- ...puts on his rubbers when an ocean liner sinks.

- ...prays for victory and plans for failure
- ...supports Freedom Now and is himself a slave.
- ...loves a girl passionately, marries a bottle.
- ...considers himself wronged because he's always right.
- ...is fighting mad after the battle is over.
- ~~...amputates a leg to relieve corn.~~

.....

W.R., South Norwalk, Conn.
 AA GRAPEVINE
 August 1967

AA

Alcoholics Anonymous is a fellowship of men and women who share their experience, strength and hope with each other that they may solve their common problem and help others to recover from alcoholism.

The only requirement for membership is a desire to stop drinking. There are no dues or fees for AA membership; we are self-supporting through our own contributions. AA is not allied with any sect, denomination, politics, organization or institution, does not wish to engage in any controversy, neither endorses nor opposes any causes. Our primary purpose is to stay sober and help other alcoholics to achieve sobriety.

While the alcoholic unit here at W.S.H. has been having "open" AA meetings twice a week with outside speakers from nearby chapters from Oshkosh, Neenah, Appleton, Green Bay, Waupaca, and so forth, tentative plans are in the offing for a permanent W.S.H. chapter affiliated with the National Alcoholics Anonymous headquarters.

Around the Grounds

SHEARS FOR THEM

New Year's cheers to all the good women of the W.H.S. beauty shop in whose hands we become (more) glamorous, coiffed and sometimes shorn. The staff, headed by Mrs. Laretta Doman, seems to enjoy making a clean start of things; Mrs. Doman will have been at the salon for 13 years come the first of February, assistant Sharon Zentner will mark her third anniversary here next April 1, and Carol Hoeft celebrated her first birthday here on New Year's Day. They are aided, much to the benefit of us all by patients Carrie Lange and Betty Rotsted.

"Our customers go away both satisfied and unsatisfied," says Mrs. Doman, but we try to please within reason." She estimates the shop services from 20-25 patients a day, offering everything from a cut or trim to dandruff and oil treatments, cold wave permanents and creme rinses, to a "White Minx" treatment which helps remove the yellow cast from grey hair. Special attention is given to negro patients by treating their hair with hot irons, followed by application of a straightening jell. Most permanents given here, says Mrs. Doman, will last from two to four months. The three shops are located in Kempster, Gordon and Sherman Halls, although some haircuts are given on the wards when necessary for geriatric and post-operative patients.

"Hair rollers used in setting are definitely here to stay, she says, "although we still give bobby pin sets for patients who don't want to sit under the drier." We all hope that Mrs. Doman and Co. will, like the indispensable roller, most definitely be here to stay.

--Ellen

Larson's detail goes out 9:00-11:00 and for some 1:00-3:30. This includes hauling logs, leaves, snow shoveling, and general work around the grounds. Some patients dislike Larson's detail; but I enjoy the good exercise and fresh air. He often goes out in near zero temperatures. There usually are two dozen fellows at one time.

--John

EMPLOYEE OF THE MONTH

We're sure that all of us at W.S.H. look to a particular employee as being our favorite. It may be someone with whom we've associated on our Industrial Therapy Assignment, or someone on the ward who made a little extra effort to cheer us or to be helpful. It might be our doctor who took time to look on us as individuals with individual problems. It may be any one of the more than 700 employees working at Minnebago. Have you ever wished you could express your appreciation to this individual? Here's your opportunity;

Since July 1966 CUE's editorial staff has sponsored an "Employee of the Month" feature from time to time and we hope to resume it during the new year on a regular basis. To be eligible for this individual recognition, an employee must be nominated by a patient. To do this the patient must submit a letter to the CUE in care of the Activity Therapy Department, stating his or her reasons for nominating a particular employee. All hospital employees are eligible for nomination. Evaluation of entries will be the sole responsibility of the editorial staff and does not involve the administration. Each month the nominated employee will be interviewed for the CUE. The nominating letter will also be published, but remember it must be signed. (anonymous letters will be disregarded.) The deadline for the next issue will be one week from today, Friday, January 12, so let's get busy and submit those letters!

MAIL ROOM REPORT AND PLEA

The mail room staff has cheerfully submitted its annual Post-Christmas report on incoming holiday packages, and the word here is swamped! The staff reports that at the height of deluge at least 50-60 packages arrived a day; in fact some gifts were so beautifully wrapped that the mailroom had an occasional problem re-wrapping after inspection.

A plea comes from Mrs. Shirley Dagner
Cont'd on page (7)

Readers' Rhymes

RING OUT, WILD BELLS

Ring out, wild bells, to the wild sky,
The flying cloud, the frosty light;
The year is dying in the night;
Ring out, wild bells, and let him die.

Ring out the old, ring in the new,
Ring happy bells, across the snow;
The year is going, let him go;
Ring out the false, ring in the true.

Ring out the grief that saps the mind,
For those that here we see no more;
Ring out the feud of rich and poor,
Ring in redress to all mankind.

Ring out a slowly dying cause,
And ancient forms of party strife;
Ring in the nobler modes of life,
With sweeter manners purer laws.

Ring out the want, the care, the sin,
The faithless coldness of the times;
Ring out, ring out my mournful rhymes
But ring the common love of good.

Ring out old shapes of foul disease;
Ring out the narrowing lust of gold;
Ring out the thousand wars of old;
Ring in the thousand years of peace.

Ring in the valiant man and free,
The larger heart, the kindlier hand;
Ring out the darkness of the land,
Ring in the Christ that is to be.

Alfred Lord Tennyson

Hope springs as the New Year comes
near,
Holiday gladness one can hear
As the New Year comes to pass
Everyone is in the Middle Class.
Hatreds become a forgotten thing,
And people let their feelings go on a
fling,
As people wait for 12 o'clock at night.
A pandemonium of Joy does ignite.

John

Continued from page 6

of the admissions department concern-
ing clothing brought back by patients
who have been on home leave: unless
all items of clothing are reported and
marked they are held (helplessly) for
two months in the mailroom and finally
sent to the Fashion Korner.

Ellen

BLOW, THOU WINTER WIND

Blow, blow, thou winter wind,
Thou art not so unkind
As man's ingratitude;
Thy tooth is not so keen,
Because thou art not seen,
Although thy breath be rude.

Heigh-ho! heigh-ho! unto the green holly:
Most friendship is feigning, most loving
mere folly:

Then, heigh-ho, the holly!
This life is most jolly.

Freeze, freeze, thou bitter sky,
That dost not bite so nigh
As benefits forgot:
Though thou the waters warp,
Thy sting is not so sharp
As friend remember'd not.

(Song from As You Like it)

William Shakespeare

LAKESIDE PARK CHRISTMAS LIGHTS

On a bitter cold Tuesday, December
26, about two dozen patients from 2
West Kempster boarded a bus, manned by
Activities Therapy staff member Ralph
Hoppe, to view the outdoor Christmas
displays at Lakeside Park in Fond du-
Lac. The group was accompanied by
Mrs. Beier, Mrs. Krings and Mrs. Betts
of 2 West for the 26-mile trip south.

Lakeside Park, spreading over the
lake for about ten acres, was at its
most lustrous that evening in spite of
the season. The dozens of displays
(such as Snow White and the Seven
Dwarfs, Santa's workshop, and a rail-
road scene with an old-fashioned loco-
motive) were brilliantly floodlighted
as were groups of pine, fir and balsam
trees. The park was flooded with
Christmas carillon music which inspired
all the patients to join in carolling
on the way home in the bus. We under-
stand that several other units from the
hospital were lucky enough to make the
same buoyant trip.

Ellen

It's easy to tell from the ex-
pressions on people's faces just who
managed to get an income tax refund
and who had to pay extra.

Mrs. Julaine Farrow
Nursing

THE WEEK AHEAD

HOSPITAL ACTIVITIES FOR THE WEEK OF JAN. 8 - 14, 1968

Jan. 8 Monday	2:15 -	1:15 pm 4:00 pm 3:45 pm 6:30 pm 7:00 pm 7:00 pm 7:00 pm 7:30 pm 7:00 pm	SH 5-6 HH Music Rm. GH AT Area HHB 1-4 OT Area Canteen SH 3-4 HHA Boys' Ward HH Gym SH 5-6	Menasha Red Cross Record Listening Catholic Mass Wood Working Bridge Club Alpha Phi Omega Fraternity Gamma Sigma Sigma Sorority Wolf River Area Square Dancers Outagamie Red Cross
Jan. 9 Tuesday	2:15 -	10:30 am 4:00 pm 7:30 pm 7:30 pm	GHS HH Music Rm. 1W 2W	Lutheran Ward Service Record Listening Jaycettes of Oshkosh Oshkosh Gray Ladies
Jan 10 Wednesday	2:15 -	1:15 pm 2:00 pm 4:00 pm 3:00 pm 6:30 pm 7:00 pm	SH 12 GHSP HH Music Rm. Kem. Rec. Rm. Gym Chapel	Appleton Red Cross Menasha Vocational School Homemakers Record Listening Patients Planning Committee Women's Recreation Lutheran Service
Jan. 11 Thursday	2:15 -	4:00 pm 6:30 pm 7:00 pm 7:00 pm	HH Music Rm. GHSG HHB Section 1E	Record Listening Alpha XI Delta Sorority Dance - Children's Unit Only Mercy Hospital Student Nurses #2
Jan. 12 Friday	2:15 -	10:00 am 4:00 pm 6:45 pm	GHS HH Music Rm. Chapel	Protestant Ward Service Record Listening Protestant Communion
Jan. 13 Saturday		To be announced To be announced 10:00 am 10:30 am 2:30 pm	To be announced To be announced GHS GHN HHB-3	Catholic Confessions Catholic Mass Favorite Hymn Recital Favorite Hymn Recital Rachel Circle
Jan. 14 Sunday		8:45 am 10:00 am 6:30 pm	Chapel Chapel HHB-4	Protestant Service Catholic Mass Senior Pilgrim Fellowship